

# THE KWAJALEIN HOURGLASS



CHAPERONES AND STUDENTS FROM THE EBEYE DEAF EDUCATION CENTER COMMEMORATE USAG-KA TRICK-OR-TREAT NIGHT WITH A PHOTO ON NOV. 3.

 JESSICA DAMBRUCH

**TEAM KWAJ 2**  
WELCOMES RECRUITERS

**RMI LIAISON 3**  
ASSISTS COMMUNITY

**TRICK-OR-TREATING 6**  
ON USAG-KA



# WHERE IS TEAM KWAJ THIS WEEK?



Sgt. Auguston Lelet, 25th Combat Aviation Brigade, center, returned to Kwajalein to assist Staff Sgt. James Smith, left, commander of U.S. Army Micronesia Recruiting Station, with recruiting efforts in the Marshall Islands. Lelet grew up on the island of Ebeye and graduated as a Ri-Katak student from USAG-KA's Kwajalein High School. This week, Smith and Lelet are currently conducting ASVAB testing at the Wilmer Bolkeim Gym and on USAG-KA, and commemorated their visit with a photo including USAG-KA Host Nation Activities Director Maj. Dae Choi.

U.S. ARMY PHOTO BY USAG-KA

## LUNCHEON KICKS OFF NATIVE AMERICAN HERITAGE MONTH ON KWAJALEIN

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

**U.S. Army** Garrison-Kwajalein Atoll hosted a Native American Heritage luncheon at the Zamperini Dining Facility with Matt Griffin, Parsons archeologist, as the guest speaker. Griffin is a member of the Chickasaw Native Tribe from Oklahoma.

“Various nations in the United States have actually fought alongside the Americans through the fledgling beginnings of the country all the way up until they were allowed to serve in the military,” Griffin said during his remarks. “In fact, after WWI, the Native Americans were one of the, per capita, biggest contributors to the U.S. military forces.

“Here on Kwajalein, we actually had a few native Americans who were Code Talkers. A forward-thinking officer in WWI heard two tribal members speaking to each other and didn’t realize what was going on. They were having a conversation and no one could understand



U.S. ARMY PHOTO BY MIKE BRANTLEY

what they were talking about. So they decided to use them.”

Griffin explained that there were 21 tribes in WWII who worked with various Code Talkers in both the European and Pacific theaters.

“Here, we had six at the Battle of Roi-Namur with the U.S. Marines. They helped clear out the Japanese from the outer islands as well. The Code Talkers were a vital part of Operation Flintlock.”

FROM LEFT: Chief Warrant Officer 4 Yessenia Johnson, Senior Food Service Manager Kim Short hold up the flag of the Chickasaw Nation as guest speaker and nation member Matthew Griffin speaks on Native American Heritage Month at the Zamperini Warrior Restaurant during a Nov. 3 lunch event.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or US-AG-KA. It is published Saturdays in accordance with Army Regulation 360-1. Phone: Defense Switching Network: 315-580-5169 Local phone: 480-5169

Garrison Commander.....Col. Drew Morgan  
Garrison CSM.....Command Sgt. Maj. Ernest Miller  
Public Affairs Officer.....Mike Brantley  
Editor.....Jessica “JD” Dambruch  
Communications Specialist.....Stephen Elson  
Contributor.....Yolanie Korab



# RMI LIAISON SUPPORTS COMMUNICATION

BY YOLANIE KORAB

The office of the RMI Liaison to US-AG-KA is an important part of life for the Marshallese citizens who work and live on the garrison. The relationship between the office and garrison began with the signing of the first Compact of Free Association in the 1980s. As our allied nations joined forces, their operational partnership grew.

You may be surprised to learn how many activities the liaison supports.

I interviewed Kalani Riklon, RMI deputy liaison to USAG-KA, to ask questions many Marshallese wonder about the office and its purpose.

**In her role** as the RMI deputy liaison, Riklon's daily work helps to strengthen the relationship between the RMI government and Kwajalein Atoll.

She facilitates the visits of Marshallese jobhunters to the garrison and also serves as a translator to facilitate both their dialogues and discussions between the garrison and the RMI workforce at official functions. She ensures that communication flows smoothly, that information is exchanged accurately and that both parties are well informed.

**Functions of the RMI Liaison Office**  
**Communication and collaboration:** The liaison helps to bridge the communication gap between the U.S. military and the RMI government. They facilitate regular discussions, meetings, and exchange of information, ensuring that both sides are informed about activities and developments on the atoll.

**Cultural understanding:** The RMI liaison provides cultural expertise and knowledge, helping to foster understanding and respect between the American and Marshallese personnel. This understanding promotes a positive working relationship and helps to address any cultural sensitivities or issues that may arise.

**Addressing local concerns:** The liaison represents the interests of the Marshallese people and government, ensuring that any concerns or issues raised by the local population are appropriately addressed by the U. S. military. They can advocate for the rights and well-being of the Marshallese.

**Implementation of Agreement:** The RMI liaison plays a crucial role in implementing agreements and arrangement between the U.S military and the Marshallese government. They help to ensure that any agreements related to land use, environmental protection, compensation, or other matters are properly conducted.

**DSC Clearance:** The RMI liaison can clear individual personnel from Ebeye to enter the Dock Security Checkpoint for job searching or to validate their visit to meet family arriving and departing from the garrison.



*Kalani Riklon, Republic of the Marshall Islands deputy liaison to USAG-KA, facilitates communication and outreach initiatives between the RMI and the garrison.*

**Medical Help:** Early in the pandemic lockdown, before the arrival of COVID-19 on the atoll, the RMI Liaison Office negotiated with the U.S military to seek help in providing medicines to the Ebeye Hospital and residents.

**Mortuary Affairs:** The RMI government utilizes Kwajalein's morgue when necessary to support mortuary affairs. If the Ebeye morgue is full, the island's medical personnel may transfer the body to Kwajalein's morgue.

**Coordinating Donations:** With the help of the RMI Liaison Office, Kwajalein residents have made multiple donations of clothing, school supplies and foods to communities in the outer islands.

This year, the RMI Liaison Office is sharing in developmental plans to facilitate the third annual USAG-KA Angel Tree outreach program.

The first program was organized by former USAG-KA Chief Warrant Officer Three Michael Schafer as a community volunteer initiative to provide gifts for Ebeye families in great need. After a special gift-giving event at the AAFES Food Court, staff from the RMI Liaison Office delivered gifts door-to-door to families who could not attend.

The following year, a similar outreach event occurred for the remote community of Namu, and included school supplies, foods, sporting equipment and toys for children.

With coordination and support from the RMI Liaison Office, USAG-KA has also continued its program of donated secondhand and gently used government furniture, such as tables, dressers, shelving and chairs. Past events have included donations of school supplies and disused hospital equipment furnished by Kwajalein work departments. These items were transported to communities on Majuro and Ebeye.

Overall, the presence of the RMI liaison helps to foster cooperation, understanding, and a mutually beneficial relationship between the American and Marshallese personnel working on the atoll. It ensures that the interests and concerns of both parties, the U.S and RMI governments, are communicated and understood by those seeking guidance and support.

The office helps to promote a harmonious working environment on the garrison and continues to be an important part of TEAM KWAJ.



## EARN YOUR TEAM KWAJ TAB

### PUBLIC NOTICE

1. Attend Col. Morgan's TEAM KWAJ brief (either Teammate or Community version), read and adhere to the TEAM KWAJ Teammate Pact, presented at initial town halls, and periodically thereafter.

2. Attend the Island Newcomer's Briefing.

3. Attend at least one group greeting at air terminal for personnel arriving on island. Make them feel welcome and show them we are happy they are on Kwaj with us.

4. Attend at least two garrison after-hours team-building or social events (TEAM KWAJ Happy Hour, Commander's Call, Hail/Farewell).

5. Attend at least two TEAM KWAJ PT/Wellness sessions. Become a regular attendee!

6. Visit Marshallese Cultural Center in last 3 months prior to tab award.

7. Visit Ebeye, Third island or Majuro in last 3 months prior to tab, use a Marshallese phrase or two and visit a store/restaurant.

8. Tell three co-workers how to earn the TEAM KWAJ tab.

9. Swim, snorkel, boat or paddle on the lagoon at least once with a teammate.

10. Complete the TEAM KWAJ Circle-island 6-mile ruck march/walk/bike and read all historic battlefield markers. This is an organized USAG-KA hosted event several times per year.

11. Mission Partner wild card event—discuss with your supervisor any additional organizational requirement. Could be knowledge-based, achievement-based, or physical challenge.

12. Final event, "Board of Review" -- meet with Col. Morgan face-to-face individually or in a small group with all requirements fulfilled. Schedule with garrison front office. Discussion items may include but are not limited to; TEAM KWAJ pact - "Healthy Community of Excellence," Kwaj history, Marshallese culture, military/strategic missions and their significance, and future operational potential.

Once you have the first 11 items completed, contact Terri Wilson at 480-4322 or at [terri.l.wilson20.civ@army.mil](mailto:terri.l.wilson20.civ@army.mil) to set up a date/time with the commander for the final event.





NOAA PHOTO COURTESY OF THE OCEAN EXPLORATION TRUST

A vessel skims oil spilled after the Deepwater Horizon explosion in the Gulf of Mexico in April 2010.

## What is a Natural Resource Damage Assessment?

### EXTERNAL REPORT

**A Natural Resource Damage Assessment is a process to determine the appropriate type and amount of restoration needed to offset impacts to fisheries, wildlife, habitats, and human uses impacted by oil spills, hazardous waste sites, and vessel groundings.**

**Natural Resource Damage Assessment** is the legal process that federal agencies like NOAA — together with states and Indian tribes — use to evaluate the impacts of oil spills, hazardous waste sites, and ship groundings on public natural resources along the nation’s coasts and throughout its interior.

NOAA and these partners, referred to collectively as natural resource trustees, work together to identify the extent of natural resource injuries, the best methods for restoring them, and the type and amount of restoration required.

In addition to studying impacts to the environment, the NRDA process includes assessing and restoring the public’s lost use of injured natural resources (such as recreational fishing or swimming).

In the event that the responsible party (the entity whose property or actions caused the injury) refuses to pay to restore the injured resources, NOAA and its co-trustees may file a lawsuit or, in the case of an oil spill, submit a claim to the Oil Spill Liability Trust Fund.

- A preliminary assessment to determine whether any impacts have occurred. Scientists may collect data, review scientific literature, and use mathematical models to help predict the effects of the incident on trust resources.
- Injury assessment and restoration planning, during which the trustees quantify the injuries through scientific and economic studies and then identify potential restoration projects to offset the losses. These projects may include beach and shoreline enhancements, creation of oyster reefs or other shellfish habitats, and programs to monitor the recovery of species and habitats. A restoration plan is then released for public feedback.
- Restoration aims to return the in-

jured resources to their original condition and compensate the public for lost use of the resources as well as the time it takes the resources to recover. Throughout the NRDA process, the co-trustees often work with the responsible party, which pays for the assessment and restoration and may participate in restoration activities.

Working with our co-trustee partners and industry, NOAA has helped recover over \$10.4 billion dollars to restore ecosystems across the country that were injured by pollution.

These restoration projects have restored wetlands, beaches, coral reefs, and seagrass. They have removed dams to open up rivers for migratory fish; funded initiatives that bolster outdoor recreation like building fishing piers, trails, and boat ramps; and restored many other coastal resources across the country.

These projects, in turn, benefit the communities and economies that depend on healthy coastal environments. From commercial fisheries, green jobs, and tourism, to public green space and coastal resiliency, NRDA is a process designed to help the American public recover after environmental disaster.



*Grand Reopening*

**The Richardson Theater**

Kwajalein Atoll

Nov. 25 5-9 p.m.



Food & Beverage Sales

Live Entertainment

Guest Speakers



## U.S. ARMY SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

Forty years ago on Nov. 11, 1983, President Ronald Reagan became the first American President to address the 700 members of the Japanese Diet. During his speech, Reagan reiterated a concept that is the basis of the Strategic Defense Initiative that “A nuclear war can never be won and must never be fought.” He pledged to work toward peace and nuclear disarmament. This philosophy was subsequently repeated in Geneva as Reagan and Soviet President Mikhail Gorbachev declared two years later that the two nations had opened talks to reduce nuclear risk and promote the arms control.



## EAP IS HERE FOR YOU

COMMUNITY CONNECTION / KWAJALEIN HOSPITAL

Employee Assistance Program counselor (EAP) Kenneth Thomas MHS, LPC, LCADC, can be reached at [kenneth.thomas@internationalosgs.us](mailto:kenneth.thomas@internationalosgs.us) or 480 – 5362. The EAP provides mental health services on Kwajalein, Roi Namur and Meck which include but are not limited to the following:

- Psychological assessments
- Counseling
- Anxiety and depressive disorders
- Family distress
- Post-traumatic stress disorder assessment and counseling
- Job and work related counseling
- Cross-cultural adjustment issues in counseling
- Crisis management consultation
- Conflict mediation/resolution
- Addiction counseling
- Consultation on violence in the workplace
- Crisis management for employees assigned to USAGKA

EAP services are also available to the management structure to improve employee retention, performance improvement plans, workplace resilience, and the development of people management skills to build and maintain effective teams.

WIN A SIGNED COPY  
OF THE RAREST  
BOOK ON KWAJ!

TICKETS & INFO  
AT THE MIC SHOP  
NOV. 1-DEC. 18



OPEN MONDAY 12-2 P.M.  
WEDNESDAY & FRIDAY 5-7 P.M.

# Holiday Open House

hosted by Colonel & Mrs. Morgan

The Commander's Residence  
Monday, December 18 from 6 – 9 p.m.



Bring a holiday treat to share and an ornament to add to the Team Kwaj tree that reflects you or your Kwaj story







U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



USAG-KA Trick-or-Treat Night was postponed due to inclement weather forecasts. On Nov. 3, 600 sponsored guests from Ebeye joined USAG-KA residents for a belated Halloween night, roving the island for tricks and treats. Enjoy these photos from the festivities, as young ghouls and goblins visited the porches of Kwaj. 1) Stephen King's IT, center, fist bumps a young costumed Venom. 2) Christine Zink, center, is haunted by four young ghouls on Halloween night. 3) Rachel Melody is a cheerful trick-or-treater in her home-made refrigerator costume on Halloween. 4) Tenille DeMillo, center, commemorates Halloween with a photo. 5) Stacey Morgan, right, bewitched Qtrs. 241 for Halloween. 6) A young Kwajalein resident gives treats to a costumed Buzz Lightyear on Halloween.





U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

1



2



3



4



5



6

1) These costumed superheroes and scary goblins were photographed haunting the AAFES Foodcourt before Halloween festivities kicked off at 6:30 p.m. on Nov. 3. 2) Hands down, this is our favorite costume of the year: The USAV Worthy walked the streets of Kwajalein on Halloween night. 3) Argie Alvarez, left, and costumed friends, are ready with treats at a porch on Halloween night. 4) A young costumed Sailor visits a treats table. 5) Irina Kass, left, is out of candy! 6) Amber Bates, left, and Jenna Houston give treats to young visitors.



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- Consultation on violence in the workplace
- Crisis management for employees assigned to USAGKA

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## AN OPEN CALL FOR STUDENT REPORTERS

HOURLASS REPORT

Help The Kwajalein Hourglass tell the story of TEAM KWAJ.

The Kwajalein Hourglass content creation team seeks youth reporters writers to feature their original work with our community.

### Are you a student who loves to write?

Please consider sharing your experiences and thoughts about living and growing up on Kwajalein Atoll.

Student content creators with interests in visual arts, photography and graphic design are invited to submit original short poetry, photography and comics for an upcoming community arts insert. Students of all ages are invited to participate in this program. Additional information and resources will be made available to teachers and island school administrators regarding program objectives and outcomes.

Please forward questions to [kwajaleinhourglass@vectrus.com](mailto:kwajaleinhourglass@vectrus.com).

## 2023 HOUSING INSPECTIONS

PUBLIC NOTICE

The U.S. Army Garrison-Kwajalein Atoll Housing Office will begin conducting their annual 100 percent Army Housing Inspection for all Family Housing on Tuesday, Nov. 7.

Inspection notices will be posted on quarters approximately 72 hours prior to inspection time.

Inspections are scheduled from 8:30 a.m. – 4:30 p.m. and are approx. 15-20 minutes per quarters.

### BEFORE YOUR INSPECTION

Please complete your posted inspection form.

- Move personal items away from white government property tags for inspectors.
- Email [antonia.fraser@vectrus.com](mailto:antonia.fraser@vectrus.com) if you have a dog/cat residing in your quarters. (This is a requirement, as some team members may be allergic to cat dander).
- Please secure pets before & during inspections.
- Thank you for your cooperation and assistance.
- Inspections last approx. 15-20 minutes per quarters from 8:30 a.m. – 4:30 p.m. on inspection days.

### Tuesday, Nov. 14

411, 412, 413, 414, 415, 416, 417, 418, 419, 420

### Wednesday, Nov. 15

421, 423, 424, 425, 426, 427, 436, 437, 438, 439, 440

### Thursday, Nov. 16

449, 450, 451, 452, 453, 454, 455, 456, 457, 459, 460, 461

### Friday, Nov. 17

462, 463, 464, 465, 466, 477, 478, 479, 480, 481, 482, 483

### Saturday, Nov. 18

484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495

### Tuesday, Nov. 21

102, 103, 104, 105, 106, 203, 204, 205, 206, 207

### Wednesday, Nov. 22

208, 209, 210, 211, 212, 213, 214, 225, 227, 241

### Friday, Nov. 24

215, 216, 217, 218, 219, 222, 223, 224, 226, 229

### Saturday, Nov. 25

Domes 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167

### Tuesday, Nov. 28

Domes 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180

### Wednesday, Nov. 29

Domes 181, 182, 183, 184, 85, 186, 187, 188, 189, 190, 191, 192

**Generation Change Fellows Program**  
**Pacific Islands Application**

The Generation Change Fellows Program strengthens youth leaders' capacity to build peace and contribute to social change in their communities

**Application Due:**  
**November 30th, 2023 at 11:59 pm, EST Time**

Fiji,  
 Kiribati,  
 Papua New Guinea,  
 Solomon Islands,  
 Cook Islands,  
 Vanuatu, Republic of the Marshall Islands,  
 Palau, Tuvalu,  
 Federated States of Micronesia, Nauru,  
 Samoa, Tonga,  
 Niue

## U.S. Army Garrison-Kwajalein Atoll has resumed processing U.S. passports.

Please contact the USAG-KA Passport Facility at the following email address to schedule an appointment or if you have any questions:

[usarmy.bucholz.id-pacific.mbx.usag-ka-passports@army.mil](mailto:usarmy.bucholz.id-pacific.mbx.usag-ka-passports@army.mil)



# NAME THAT ISLAND



 NASA PHOTOS COURTESY OF USAG-KA COMMANDER COL. DREW MORGAN



## PACIFIC PARTNERSHIP 2023

 US NAVY PHOTO

*A member of Pacific Partnership 2023, a peaceful joint naval exercise, has worked throughout Marshall Islands communities over the past several weeks providing healthcare and humanitarian outreach. Pictured here, Yastamon Bolkeim, right, of Power 103 FM, Majuro, interviews a member of the Pacific Partnership during a recent radio interview.*

NO MATTER WHAT FIELD  
YOU ARE IN,  
OPSEC APPLIES TO YOU.



# THE CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to [kwajaleinhourglass@vectrus.com](mailto:kwajaleinhourglass@vectrus.com) Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.



**Island Memorial Chapel's  
Thanksgiving Dinner**

**Monday, Nov. 13  
6 p.m. in the REB**

Bring a friend or dish to share!  
Write to [kwajchapel@gmail.com](mailto:kwajchapel@gmail.com)  
for more information.

**All are welcome!**

## ACTIVITIES

**Kwajalein Boating Orientation Class.** Nov. 15 & 16, 6:30 – 8:30 p.m. CRC Room #6. Class fee is \$40 per person. Register for the course in person at the Kwajalein Small Boat Marina Friday-Monday. Must attend both class sessions. Contact Rick Jameson at 480-9205 or Gary John at 480-3643 with any questions.

**CYS WORLDWIDE DAY OF PLAY.** Nov. 12, 4 – 6 p.m. at the Namu Weto Youth Center Field. Student-led games open to all ages/everyone. Register at the small tent for a bracelet. Wear it and attend each game to receive a sticker. The number of stickers you receive equals the number of balls you throw at the dunk talk. Enjoy facepainting, slip and slide, tug-of-war, cup stacking, musical chairs, water balloons and more.

**ASVAB TESTING.** The military entrance Processing Station – Hawaii, will Administer the Armed Services Vocational Aptitude Battery (ASV-AB) test on Kwajalein and Ebeye on the following dates: Nov. 6, Enlistment Test, Ebeye; Nov. 7, Kwajalein Atoll High School, Ebeye; Nov. 8, Kwajalein High School, USAG-KA; Nov. 9 – 10, all Ebeye schools. Contact Mike Sakaio at 480-2103.

**CHAPEL THANKSGIVING DINNER.** Monday, Nov. 13, 6 p.m. in the REB. Bring a friend or dish to share. Write to [kwajchapel@gmail.com](mailto:kwajchapel@gmail.com) for more information. All are welcome.

**HOBBY SHOP** Holiday Workshops: Tabletop Christmas Tree Workshop. Spruce up your space with a one-

of-a-kind hand-built Christmas tree. Nov. 15 from 6 – 8 p.m. Fee is \$10 for members and \$15 for nonmembers. Hobby Shop hours are Tuesday – Closed; Wednesday and Thursday, 1 – 8 p.m.; Friday, noon – 8 p.m.; Saturday – Monday, noon – 6 p.m.

**MWR SMOKED TURKEY SALES.** Limited quantities are available for pre-order. Turkeys will be available for pickup from 9 – 11 a.m. on Thanksgiving Day at the MP Room parking lot. Contact Rick Jameson at 480-9205 or email [Richard.jameson1@vectrus.com](mailto:Richard.jameson1@vectrus.com) for more information.

**RICHARDSON THEATER.** Get ready for the grand opening of the Richardson Theater, tentatively planned for Nov. 25 on Kwajalein. Please keep watch on island social media for more information.

**SCAVENGER HUNT.** Thanksgiving-Themed Scavenger Hunt for Teens. Sunday, Nov. 26. Meet with your team at 5:30 p.m. at the Namu Weto Youth Center. Students are required to register with the Youth Center to attend.

**KWAJALEIN HOLIDAY MARKET.** Nov. 27, 9 a.m. – 1 p.m. at the REB. Complete your holiday shopping here.

**HOBBY SHOP** Holiday Workshops: Christmas Tree Bell ornament workshop. Jingle your way to the Hobby Shop for a belltastic time. Nov. 30 from 3:30 – 5:30 p.m. Fee is \$10 for members and \$15 for nonmembers. Hobby Shop hours are Tuesday – Closed; Wednesday and Thursday, 1 – 8 p.m.; Friday, noon – 8 p.m.; Saturday – Monday, noon – 6 p.m.

**53rd ANNUAL KWAJ OPEN GOLF TOURNAMENT.** Nov. 26 & Dec. 3. Entry fee is \$80, which includes a shirt, prizes, drinks, a banquet and a great game. The banquet will be at the Country Club on the evening of Dec. 3 for you and a guest. RSVP is required. Register Nov. 18 at the Country Club from 4:30 – 7 p.m. No registration is available on the day of the event. Round 1: Sunday, Nov. 26; Chip, Putt & Drive: Wednesday, Nov. 29; Horse Races: Thursday, Nov. 30; Putting Competition: Saturday, Dec. 2; Final Round: Sunday, Dec. 3; Banquet: Follows last round at Country Club. For information or to preregister for your team's tee time, contact Shelley Benkert ([shellybenkert@yahoo.com](mailto:shellybenkert@yahoo.com)) or Mike Winks ([winksme@gmail.com](mailto:winksme@gmail.com)). This event is cosponsored with USAG-KA MWR.

**KWAJALEIN TREE LIGHTING & HOLIDAY PARADE CEREMONY.** Participants wanted for Saturday, Dec. 2. 1) Decorate a parade float for parade; 2) Decorate a golf cart for parade; 3) Decorate bikes for parade; 4) Performers for downtown ceremony; 5) Vendors during downtown ceremony; Stop by the Grace Sherwood Library or call 480-3331 or email [Kara.Larson@Vectrus.com](mailto:Kara.Larson@Vectrus.com) to register.

**VENDORS & entertainers** Wanted during Tree Lighting Ceremony on Saturday, Dec. 2. Visit the Grace Sherwood Library, call 480-3331, or email [kara.larson@vectrus.com](mailto:kara.larson@vectrus.com) to register.

**HOLIDAY-THEMED QUIZZO NIGHT.** Sunday, Dec. 3 from 8 p.m. – midnight at the Oceanview Club.

**HOBBY SHOP** Holiday Workshops: Tropical Chip & Dip Bowl. Be prepared for your next gathering. Join us in making a personalized chip & dip bowl. Dec. 6 from 9 – 11 a.m. Fee is \$10 for members and \$15 for nonmembers. Hobby Shop hours are Tuesday – Closed; Wednesday and Thursday, 1 – 8 p.m.; Friday, noon – 8 p.m.; Saturday – Monday, noon – 6 p.m.

**HOLIDAY KARAOKE NIGHT.** Saturday, Dec. 9, from 8 p.m. – midnight at the Oceanview Club. Enjoy holiday-themed music at this special event.

**HOLIDAY-THEMED SCAVENGER HUNT FOR TEENS.** Thursday, Dec. 21. Meet with your team at 5:30 p.m. at the Namu Weto Youth Center. Students are required to register with the Youth Center to attend.

**TEEN HOLIDAY PARTY.** CYS-enrolled youth are invited to a potluck and white elephant gift exchange at the Namu Weto Youth Center Dec. 22, at 4:30 p.m. Bring one gift. Do not bring candy or soda. Register at the youth center. Call 480-3796 for more information.

**TEEN MOVIE MARATHON.** HOME ALONE Movie Marathon for CYS-en-



# Hobby Shop Tabletop Christmas Tree Workshop

**Date: Nov. 15**  
**Time: 6 – 8 p.m.**  
**Members: \$10**  
**Nonmembers: \$15**

**Spruce up your space with a one-of-a-kind hand built Christmas Tree.**

**Hobby Shop: Bldg. 815, Phone: 480-1700**  
**Hours: Wed. & Thur. 1-8 p.m.; Fri. 12-8 p.m.**  
**Sat.- Mon. Noon - 6 p.m.; Tue. - Closed**




**Contact the USAG-KA Sexual Harassment/ Assault Response and Prevention Victim Advocate**

**Chief Warrant Officer 2 Nate Elkins**  
**SHARP Victim Advocate**  
**Work: 480-0660 or 480-3421**  
**USAG-KA SHARP Pager:**  
**808-580-3241**  
**DOD SAFE Helpline: 877-995-5247**

rolled youth at the Namu Weto Youth Center. Saturday, Dec. 23 at 5 p.m. Register at the youth center. Call 480-3796 for more information.

**CAC OFFICE.** Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you to your appointment. Walk-in appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Call 480-8496.

**ROI SERVICES.** Catholic Mass will take place on Roi at 6:30 p.m. on the second and fourth Fridays of each month. Protestant services will take place every first and third Friday of each month.

**CHAPEL PRAYER AND PRAISE NIGHT.** Every first Sunday at 7 p.m. in the large chapel on Kwajalein. This open worship night is free and open to everyone.

**CHAPEL COUNSELING AVAILABLE.** For those who seek religious guidance, general counseling, and who may have questions related to family counseling, all are welcome to schedule an appointment with Ch. Brian Conner at the Island Memorial Chapel by calling 480-3505.

**E-WARENESS: COMPRESSED GAS CYLINDER STORAGE**

- Protect cylinders from weather and heat
- Contents must be labeled per OSHA
- Separate by type and compatibility
- No flames or sparks within 50 feet
- Label empty cylinders as empty

Jikin Kakon Compressed Gas Cylinder Ko

- Kejbarok cylinder ko jen menen im dret
- Renaj aikuj label nan read im melele kaki ekar non OSHA
- Kejenolok ko aerwojtjuon jen ko jet
- Ejjelok kobatat ak kijeek turinlok 50 ne
- Label e kin EMPTY elane ejjelok kobban

**FACILITIES & HOURS**

**RACQUETBALL COURT CODE.** Residents can obtain the door code from the MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 480-3331 with questions.

**MILICAN FAMILY POOL.** Closed for cleaning on Thursdays. Open noon

to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. on Sundays and Mondays. Closed Thanksgiving and Christmas.

**ARMA.** Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

**FIRE SAFETY: MONTHLY TIP FROM THE USAG-KA FIRE PREVENTION OFFICE**

Cooking fires are the number one cause of home fires and home injuries, yet nearly all of them are preventable. The leading cause of fires in the kitchen is unattended cooking. On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. For an oven fire, turn off the heat and

## ENTERTAINERS WANTED

During Tree Lighting Ceremony on  
Saturday, Dec. 2

Stop by the Grace Sherwood Library or  
call 480-3331 or  
email [Kara.Larson@Vectrus.com](mailto:Kara.Larson@Vectrus.com) to register

‘Tis the season to sparkle





keep the door closed. Have a "kid-free zone" of at least 3 feet around the stove. Stay in the kitchen, be alert, and cook with caution.

#### FLIGHTS

**\*\*Please note that all flights are subject to change.\*\*** For the latest update on your flights on United, ATI or Air Marshall Islands:

ATI: 480-2169; AML: 480-3469;

United: 480-4852 or 1-800-UNITED1;

Air Terminal Services: 480-2660;

Flight Information Recording: 480-3589

#### UA Schedule Effective Now

Monday and Friday—UA 155 (HNL)

Check-in 2 – 4:50 p.m.

Wednesday—UA 133 (HNL)

Check-in 2 – 4:15 p.m.

Tuesday and Saturday—UA 154 (GUM)

Check-in 10:45 – 11:15 a.m.

**FLYROI.** Effective immediately, FLY ROI has a new email address for reservations and correspondence related to flights: LCVKwajaleinFly-Roi@wsp.com.

#### HEALTH

##### KWAJALEIN HOSPITAL WALK-IN CLINICS.

Available to the community now, 1:30 – 6 p.m. Flu shots are also available on a walk-in or appointment basis, Tuesday through Saturday, from 7:30 a.m. 4:30 p.m. A bivalent COVID-19 vaccine booster is available for those aged 12+ if it has been more than 120 days since their initial bivalent COVID-19 vaccine dose. To register, please email judy.wiser@internationalsosgs.us, or call 480-2223 for additional questions.

**EAP COUNSELING.** Employee Assistance Program counselor, Kenneth Thomas, can be reached at kenneth.thomas@internationalsosgs.us or 480-5362. Clients can expect education about mental health disorders from a multicultural perspective with the goal of moving toward acceptance and, ultimately, to mitigate symptoms.

**NOT FEELING WELL?** Call 480-2223 to make an appointment for a COVID-19 test, Tuesday through Saturday from 7:30 a.m. – 4:30 p.m. If you are not feeling well, please wear a mask when you are around others in the community.

**VET SERVICES.** Pet owners must notify Kwaj Vet Services before vacation. A pet sitter authorization form for treatment is required prior to departing Kwaj. Reach Vet Services at 480-2017 Tuesday through Saturday from 7:30 a.m. – 4:30 p.m.

**KWAJ SALON** staff cannot treat headlice. Thank you for your understanding.

#### JOBS

To apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit [usajobs.gov](http://usajobs.gov).

**AKIMA** is hiring for the following on-island positions: Communications Clerk (ID: TRU01101); Communications Specialist (ID: TRU01100); and Fiber / Cable Technician (ID: TRU01099). Applicants must reside on USAG-KA and possess a valid passport. For information and a list of required qualifications, visit [https://akima.taleo.net/careersection/akimallc\\_cs/jobsearch.ftl](https://akima.taleo.net/careersection/akimallc_cs/jobsearch.ftl). Apply online or send a resume to Jeannette McIlwain at [jeannette.mcilwain@akima.com](mailto:jeannette.mcilwain@akima.com).

**ARKEL International** is hiring. Send CVs and resume to christopher.fuents@arkel.com and jasper.gomez@arkel.com. Visit Arkel online at <http://arkel.com>. Call 480-1006 for more information.

#### ENVIRONMENTAL HEALTH AND SAFETY MANAGER.

KFS LLC is accepting resumes for a Health and Safety Manager to support an upcoming Environmental Project on Kwajalein. Visit <https://honuservices.jobs.net/en-US/job/health-and-safety-manager/J3N1RL6KDG9RWPTYQDF> for additional information, including the full job description, qualifications, and resume submission instructions.

**NAN, INC.** seeks a project engineer, welder, welding inspector, quality control manager, and site safety and health officer. To apply, visit [www.nanhawaii.com](http://www.nanhawaii.com) and contact Clint Ueatari at 480-2632, 480-4995 or 480-4996.

**PARSONS** is now accepting applications for an office clerk, heavy equipment operator, quality control technicians, concrete finisher, general labor and masonry. Please visit the Parsons office to apply or apply online <http://parsons.com/careers>.

**TRIBALCO** is hiring for Intermediate Systems Administrator, Intermediate Networks Administrator, Senior Networks Administrator, Cyber Security Specialist, Unified Capabilities (UC) Specialist, Infrastructure Technician, Infrastructure Drawing Specialist

(AutoCad). Applicants must meet job requirements. Apply online at [tribalco.com/jobs](http://tribalco.com/jobs), [www.kaihonua.com](http://www.kaihonua.com), and [www.akima.com](http://www.akima.com). Contact Tribalco Human Resources at 480-4344. Visit [www.tribalco.com/careers.html](http://www.tribalco.com/careers.html). An active security clearance is required.

#### QUANTUM DYNAMICS, INC.,

is accepting resumes for positions on Kwajalein and Roi-Namur in the following areas: vehicle maintenance, transportation motor pool, movement control and custodial. Apply at <https://qdyncorp.com/home/careers/>. You may also visit the HR Office in Bldg. 700. Contact the Human Resources manager at 480-0782 or administrative assistant at 480-4916 for more information.

#### RGNEXT, LLC

seeks qualified candidates to fill open positions on Kwaj and Roi in engineering, technical, COMSEC and other areas. For information and to apply, visit [rgnext.com](http://rgnext.com).

#### SUBSTITUTE TEACHERS WANTED.

Kwajalein School System is now hiring substitute teachers. Qualifications: 4-year degree; confidentiality; love of working with children; favorable status for CNACI (will receive background check after accepting offer). Send resumes to [uhrenp@kwajaleinschools.org](mailto:uhrenp@kwajaleinschools.org). For more information call 480-3601.

#### TRUESTONE

is hiring for multiple positions. Contact Tribalco Human Resources at 480-4344 and visit <https://www.akima.com/careers/>. Visit [www.tribalco.com/careers.html](http://www.tribalco.com/careers.html).

#### V2X JOBS.


V2X has several opportunities for on-island hires: Harbor Controller I (35649), Logistics Analyst (32717), Inventory Associate (35067), and Bartender (32355). Apply online at [www.careers.vec-trus.com](http://www.careers.vec-trus.com) or stop by the HR office in building 700.

#### MWR FITNESS CLASSES


All classes meet in Corlett Recreation 7 unless otherwise noted.

# SHAVING CREAM SOCIAL

## Emon Beach, Sunday, Nov. 19



4:30 – 4:40 p.m. Pre-School



4:30 – 5 p.m. K – 2<sup>nd</sup> Grade

Must be accompanied by an Adult in the Pit.


5:10 – 5:30 p.m. 3<sup>rd</sup> – 6<sup>th</sup> Grade

5:40 – 6 p.m. Jr. and Sr. High

Meet at the Main Pavilion

Each participant will receive 1 free can of shaving cream.  
Participants are encouraged to wear goggles.  
No gel, menthol, or mint creams allowed.

Inflatables, sprinklers and water slides will be set up for more fun after the shaving cream social.



For more information stop by the Grace Sherwood Library or call 480-3331.





All classes require a Fitness Pass. Purchase annual, 6-month and 8-month passes at the MWR desk in the Grace Sherwood Library (Bldg. 805). Call MWR at 480-3331.

**TUESDAY**

5:30 - 6:30 a.m. **FREE SPIN, CRC7**  
 10:30 a.m. **BEGINNER YOGA, CRC7**  
 5 p.m. **YOGA, CRC7**  
 6 p.m. **ZUMBA, CRC1**  
 6:30 p.m. **SPIN, CRC7**

**WEDNESDAY**

9:15 a.m. **ZUMBA, TONING CRC1**  
 5 p.m. **BEGINNERS YOGA, CRC7**  
 6 p.m. **WATER AEROBICS ADULT POOL**

**THURSDAY**

6 a.m. **SPIN**  
 9:15 a.m. **ZUMBA, CRC1**  
 11:30 a.m. **TRX BOOT CAMP, CRC7**  
 5 p.m. **YOGA, CRC7**  
 6 p.m. **WATER AEROBICS ADULT POOL**

**FRIDAY**

5:30 - 6:30 a.m. **FREE SPIN CRC7**  
 6 a.m. **YOGA FLOW (EMON BEACH)**  
 9 a.m. **ZUMBA, CRC1**  
 5:30 p.m. **POWER HOUR (Strength & cardio circuit) CRC7**  
 6 p.m. **ZUMBA, TONING CRC1**

**SATURDAY**

5:30 - 6:30 a.m. **FREE SPIN, CRC7**  
 8 a.m. **TRX + CORE CRC7**  
 10:30 a.m. **WATER AEROBICS ADULT POOL**

**NEWCOMERS**

**ISLAND ORIENTATION** and New-comer's Briefings occur in the REB, behind the Island Memorial Chapel. To register, email [KWAJ\\_OSO\\_Ops@Vectrus.com](mailto:KWAJ_OSO_Ops@Vectrus.com) or call 480-3511.

**OPSEC.** See something, say something. Counterintelligence aims to detect and deter threats by safeguarding information vital to the preservation of national security. Be cautious about sharing work details on social media or in public settings. Participate in Training: All employees on USAG-KA (military, contractor, civilian, and local nationals) are required to receive annual Threat Awareness and Reporting Program (TARP) training provided by KRO; Reporting: Report suspicious activities to the Kwajalein Resident Office at 480-9859/1293/8006 or Bldg. 1163.

**POST OFFICE**

**Kwaj Post Office Holiday Closures 2023:**

**Nov. 11 – Veterans Day;**  
**Nov. 27 – Thanksgiving;**  
**Dec. 25 – Christmas Day;**  
**2024:**

**Jan. 1 – New Year's Day;**  
**Jan. 15 – Martin Luther King Jr. Day;**  
**Feb. 19 – George Washington Birth-day;**  
**May 27 – Memorial Day.**

**HOLIDAY MAILING DATES, 2023.** For expected delivery before Dec. 5, ship by the recommended mailing dates. Ground Advantage Service: Nov 6; Priority Mail Service: Dec. 9;



**HOLIDAY PALLET TREE LOT**

**Monday, Dec. 4**  
**Noon – 6 p.m. behind AAFES**

- \*Pick up pre-cut pallet tree or pallet on Dec. 4.
- \*Decorate with your own supplies.
- \*Display your pallet tree.

\*Obtain votes in the Facebook Reaction Challenge:

- 1) To win votes, post tree pics to Kwaj Community Events FB page, OR
- 2) Email Event Coordinator [Kara.Larson@Vectrus.com](mailto:Kara.Larson@Vectrus.com) to post the pic.

\*Voting ends 6 p.m. on Tuesday, Dec. 19.  
 \*Prizes for top three pallet trees.

First class Mail Letters & Cards: Dec. 9; Priority Mail, Express Mail: Dec. 15.

**PCS & VACATION TIPS.** Customers must notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and [james.e.smith2295@army.mil](mailto:james.e.smith2295@army.mil).

**REGULATIONS**

**TOBACCO USE.** USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

**VEGETATION.** Per USAG-KA Regulation 420-1, vegetation may not be planted in the ground without

approved permits. Residents may be asked to remove items if planted without approval. Do not place sprouted coconuts in yards.

**DON'T TAKE CULTURAL ARTIFACTS.** It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Do not remove these pieces of atoll history from Kwajalein. Contact the Kwajalein Archaeology Office at 480-8867.

**EMERGENCY MANAGEMENT.** If an emergency or disaster occurred, would you and your family be notified?

- 1) Visit the USAG-KA Emergency Management webpage, <https://home.army.mil/kwajalein/index.php/my-fort/EM>
- 2) Click on "Mass Notification"
- 3) Follow the registration instructions.



**CANDLES** and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

#### RADIO

Ham Shack Amateur Radio Operators. All amateur operators will now be required to file for a Marshall Islands callsign. Please contact Lisa @V73ML1@gmail.com for an application and information.

**FM99 THE WAVE & 97.9 ROI RAT RADIO.** Tune in 7 - 9 a.m., 11 a.m. - 1 p.m. and 4 - 6 p.m. Tuesday through Saturday for live broadcasting, music, and community updates.

**RF EQUIPMENT.** Bringing new Radio Frequency equipment or wireless devices on island? Please contact the NETCOM Spectrum Management Office. This may require three months' approval process. Report any interference problems ASAP. Home use of commercial electronics does not require approval. For more information, please call 480-4135.

#### TAXI SERVICE

Call 480-TAXI (8294) or 3341 to book your ride at least 24 hours in advance of your check-in time.

#### WARDROBE FOR VISITING EBEBEY

*When visiting Ebeye in the Marshall Islands, it is advisable to dress modestly and respectfully, considering the local cultural norms and the warm tropical climate. Here are some general guidelines for both men and women by Yolanie Korab.*

#### CLOTHING FOR MEN

Opt for lightweight, breathable fabrics such as cotton or linen to stay comfortable in the warm and humid weather. Wear collared shirts or T-shirts that cover the shoulders. Avoid sleeveless shirts or tank tops, as they may be seen as inappropriate.

**SHORT OR TROUSERS:** Choose knee-length shorts or trousers. Avoid wearing excessively short shorts or swimwear in public areas.

#### CLOTHING FOR WOMEN

**DRESSES OR SKIRTS:** Wear knee-length or longer dresses, skirts, or sarongs. Loose-fitting and lightweight fabrics are recommended.

**TOPS:** Select modest tops that cover the shoulders and avoid low necklines or revealing clothing.

**HEAD COVERINGS:** Hats or caps are useful for protecting yourself from the sun, especially during the hot daytime hours.

**SUN PROTECTION:** Apply sunscreen, wear sunglasses, and carry a light shawl or umbrella for extra sun protection.

**FOOTWEAR FOR MEN AND WOMEN:** Comfortable shoes or sandals are suitable. Bring a pair of sandals that are easy to slip on and off when visiting home or certain establishments.

## EOD OPERATIONS – THURSDAY, NOV. 16, 2023

UXO Demo Team will be conducting operations at UXO Disposal Site Roi-Namur approx. 9:30 – 10:30 a.m.

**The area indicated on the map will be off-limits until the operation is complete.**



### A fun Kwaj tradition



**Saturday, Nov. 11**

Meet at Emon Pavilion at 4:30 - 4:45 p.m. to register.

Run starts at 5 p.m.

- A 2-mile prediction run/walk
- There are turkeys to be won by those who finish closest to their estimated time.
- Other fun prizes in other eclectic categories
- To be fair, the use of watches/music is not allowed



Check out more news and entertainment about Kwaj life on the USAG-KA YouTube Channel, at <https://www.youtube.com/USArmyGarrisonKwajaleinAtoll>.



# December Winter Break Special Youth Center Activities For Teens!

**FRI. Dec. 15**  
**National Lemon Cupcake Day 3:15PM**

**SAT. Dec. 16**  
**Guardians of the Galaxy Movie Marathon 5PM**

**SUN. Dec. 17**  
**Marshallese Movie 3:10PM**

**Wright Brothers Day Paper Airplane Race 3:45PM**

Youth Center Phone #480-3796

**WED. Dec. 20**  
**Bath Bomb Making 3PM**  
**Holiday Trivia 3:45PM**  
**Ping Pong Tournament 4:45PM**

**THURS. Dec. 21**  
**Holiday Themed Scavenger Hunt 4PM**

**FRI. Dec. 22**  
**Holiday Party White Elephant & Potluck 4:30PM**

**SAT. Dec. 23**  
**Green & Red Jello Making 4PM**  
**Home Alone Movie Marathon 5PM**

**WED. Dec. 27**  
**New Year Resolution Group Poster 3PM**

**THURS. Dec. 28**  
**Pool Tournament 4:45PM**

**FRI. Dec. 29**  
**Tie Dye Making 3PM**

**SAT./SUN. Dec. 30-31**  
**Lock-In 9PM-6AM**



Students are required to be registered at the Youth Center to attend

## Got pests?

Put in a service ticket for pest control services by calling 480-3550.

### Kwajalein Mosquito Fogging Schedule

Nov. 14 – 16 and 21 – 23, from 5:30 – 7:30 p.m.  
Weather dependent  
Avoid fogged area for ~30 minutes

#### Do your part to eliminate mosquitoes

Check for standing water where mosquitoes breed  
Dump any accumulated water at least weekly  
Manage vegetation and eliminate accumulated leaves



#### Do your part to eliminate flies

- Do not add food waste directly into open trash cans such as the Emon Beach trash containers, large black trash cans, or residential green trash receptacles.
- Always seal food and animal waste inside trash/plastic bags before adding to trash cans.
- Periodically clean outdoor trash receptacles.

#### Fogging with Eco-friendly EcoVia EC Insecticide

- Liquid botanical oil insecticide
- Active ingredients include Thyme Oil & Rosemary Oil
- Safe to use in and around homes and near water
- Safe to use around children and pets



## 53rd Annual Kwaj Open

Nov. 26 – Dec. 3

Entry: \$80 (includes shirt, prizes, drinks, banquet).

Banquet: Dec. 3 at the Country Club for entrants & a guest. RSVP needed.

Sign up: Nov. 18, 4:30-7 p.m. at Country Club. No same-day registration.



Round #1 – Sunday, Nov. 26

Chip, Putt, Drive – Wednesday, Nov. 29

Horse Races – Thursday, Nov. 30

Putting Competition – Saturday, Dec. 2

Final Round – Sunday, Dec. 3

Banquet – Follows last round at Country Club

Questions or tee time pre-registrations:

Shelly Benkert: [shellybenkert@yahoo.com](mailto:shellybenkert@yahoo.com)

Mike Winks: [winksme@gmail.com](mailto:winksme@gmail.com)

Co-sponsored by USAG Kwajalein Atoll - Family & MWR.



PROTECT YOUR WORKERS FROM

# HEAT STRESS

## Develop an acclimatization plan

**Acclimatization** is the result of beneficial physiological adaptations (e.g., increased sweating efficiency and stabilization of the circulation) that occur after gradual increased exposure to a hot environment.

### TIP 1

Gradually increase the time spent in hot environmental conditions over a 7–14 day period.

### TIP 2

For new workers, the schedule should be no more than 20% exposure to heat on day 1 and an increase of no more than 20% exposure on each additional day.

### TIP 3

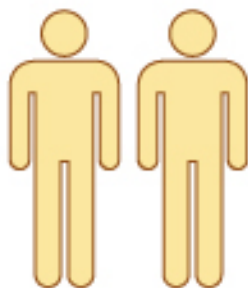
For workers who have had previous experience with the job, the acclimatization schedule should be no more than:

DAY 1	DAY 2	DAY 3	DAY 4
50% EXPOSURE	60% EXPOSURE	80% EXPOSURE	100% EXPOSURE

## Set up a buddy system

Check your workers routinely to make sure...

- ☑ they make use of readily available water and shade.
- ☑ they don't have heat-related symptoms.



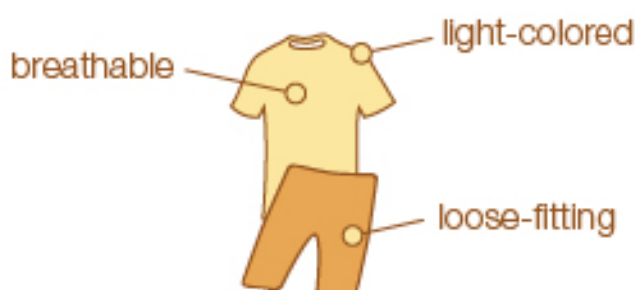
## Schedule and encourage frequent rest breaks...

...with water breaks in shaded or air-conditioned recovery areas.



## Emphasize the need for appropriate clothing

Encourage workers to wear clothing that is...



Cotton clothing can be soaked in water to aid cooling.

⚠ Be aware that protective clothing or **personal protective equipment** may increase the risk of heat stress.





# MOVIES

## KWAJALEIN YUK THEATER

Saturday, Nov. 11  
"Lightyear"  
(PG) 100 min.

Sunday, Nov. 12  
"Harry Potter and the  
Deathly Hallows Pt. 1"  
(PG-13) 146 min.

Monday, Nov. 13  
"Heat"  
(R) 170 min.

## ROI-NAMUR C-BUILDING

Sat., Nov. 11  
"Ford Vs. Ferrari" (PG-13) 51 min.

Sun. Nov. 12  
"Phantom Thread"  
(R) 131 min.

Saturday, Nov. 18  
"Love Simon"  
(PG-13) 110 min.

Sunday, Nov. 19  
"Night School 1"  
(PG - 13) 112 min.

Saturday, Nov. 25  
"Night School 2"  
(PG-13) 112 min.

Sunday, Nov. 26  
"Ready Or Not"  
(R) 95 min.

All shows start at 7:30 p.m.



# KWAJ WEATHER WATCH

## RTS WEATHER STATION STAFF

### WEATHER DISCUSSION

Although last week saw elevated wind speeds and relatively dry weather, the upcoming week looks like it will generally be more wet but less windy. The Near Equatorial Trough lies south of the RMI, and this synoptic feature will drive an active weather wave through the region Saturday and Sunday.

Trade wind convergence and abundant moisture will amplify rain chances during this time, elevating shower coverage to scattered or even numerous as the wave reaches Kwajalein Atoll.

Deep convection may allow periods of heavy rain as well as stray thunderstorms, particularly on Saturday upon the arrival of the forward edge of the wave. However, the weakening subtropical ridge to the north of the RMI will cause the pressure gradient to loosen over this period, decreasing sustained wind speeds to the lower to mid-teens.

By Monday morning, the wave should exit the region, and regional shower coverage may temporarily decrease for the day.

### SATURDAY

Cloudy with scattered showers, increasing to numerous showers periodically.

Occasional heavy rain and a thunderstorm or two are also possible. Winds NE-E at 11-16 knots with higher gusts near showers.

### SUNDAY

Cloudy with scattered showers, increasing to numerous showers periodically. Occasional heavy rain is possible. Winds ENE-ESE at 9-14 knots with higher gusts near showers.

### MONDAY

Cloudy to mostly cloudy with widely scattered showers in the early morning, decreasing to isolated showers during the day. Winds ENE-ESE at 8-13 knots with higher gusts near showers.

### NEXT WEEK

The NET will linger near the region throughout next week, sending additional waves to continue a relatively cloudy and wet pattern.

However, the pressure gradient will also remain relatively weaker to allow a decrease in wind speeds compared to this previous week. Next week's winds will tend to be easterly to southeasterly with speeds generally in the lower to mid-teens.



	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
<b>SUNDAY</b>	6:41 a.m. 6:26 p.m.	5:23 a.m. 5:27 p.m.	3:20 a.m. 3.6' 3:36 p.m. 4.3'	9:21 a.m. -0.5' 9:52 p.m. -0.6'
<b>MONDAY</b>	6:41 a.m. 6:25 p.m.	6:12 a.m. 5:11 p.m.	3:49 a.m. 3.6' 4:05 p.m. 4.5'	9:48 a.m. -0.6' 10:24 p.m. -0.7'
<b>TUESDAY</b>	6:41 a.m. 6:25 p.m.	7:05 a.m. 7:00 p.m.	4:20 a.m. 3.6' 4:35 p.m. 4.6'	10:16 a.m. -0.6' 10:58 p.m. -0.7'
<b>WEDNESDAY</b>	6:42 a.m. 6:25 p.m.	8:02 a.m. 7:53 p.m.	4:53 a.m. 3.4' 5:07 p.m. 4.5'	10:46 a.m. -0.6' 11:34 p.m. -0.6'
<b>THURSDAY</b>	6:42 a.m. 6:25 p.m.	9:02 a.m. 8:52 p.m.	5:28 a.m. 3.1' 5:42 p.m. 4.3'	11:17 a.m. -0.4' -----
<b>FRIDAY</b>	6:42 a.m. 6:25 p.m.	10:03 a.m. 9:53 p.m.	6:06 a.m. 2.8' 6:21 p.m. 4.1'	12:14 a.m. -0.4' 11:52 a.m. -0.1'
<b>NOVEMBER 18</b>	6:43 a.m. 6:25 p.m.	11:03 a.m. 10:55 p.m.	6:51 a.m. 2.5' 7:09 p.m. 3.7'	1:00 a.m. -0.1' 12:33 p.m. 0.3'



**Kajitok? Abnōnō?**  
Questions? Concerns?  
Call the Commander's Hotline at 480-1098.