VOLUME 64 NUMBER 40 CTOBER 7, 2023 CTOBER 7, 2023 CTOBER 7, 2023

THIS WEEK

RTS OPERATION NOTICE SAFETY INFORMATION 2

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MANIT DAY celebrations

BATTLE FOR KWAJ

GEHH CLEAN UP BY KHS STUDENTS

A SHARPENED PIECE OF WOOD IS JAMMED INTO THE GROUND AS A TOOL TO HUSK COCONUTS.

O PHOTO BY STEPHEN ELSON

RONALD REAGAN BALLISTIC MISSILE DEFENSE TEST SITE RANGE OPERATION ANNOUNCEMENT

A RANGE OPERATION IS SCHED-ULED FOR OCT. 3 – 17. DAILY CAU-TION TIMES ARE 9 P.M. THROUGH 5:18 A.M. IN CONJUNCTION WITH THIS OPERATION.

DURING OPERATIONS, NOTICE TO MARINERS (NOTMAR) and NOTICE TO AIR MISSION (NOTAM) CAUTION AREAS WILL EXTEND INTO THE OPEN OCEAN NEAR THE KWAJA-LEIN ATOLL AND SURROUNDING AREAS.

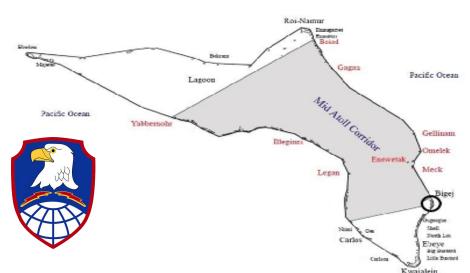
THE MID-ATOLL CORRIDOR WILL BE CLOSED FROM 4:01 P.M., SEPT. 29 THROUGH ACTIVITY COMPLE-TION. THE CAUTION AREA EXTENDS FROM THE SURFACE TO UNLIMIT-ED ALTITUDE.

SEE THE ROLLER AND HOUR-GLASS FOR A MAP OF THE CLOSED AREAS. QUESTIONS SHOULD BE DIRECTED TO REAGAN TEST SITE (RTS) MISSION SAFETY OFFICE AT (808) 580-8445.

JUON IEN KOKEMELMEL ENAJ KOMAN ILO RAN KO OCT. 3 – 17. AWA KO REKAUWOTOTA EJ JEN 9 P.M. JOTA LOK NAN 5:18 A.M. IN JI-MAROK. ILO IEN KOMELMEL, ILO KILAAN KARONG NAN MARINERS (NOT-MAR) IM AIRMEN (NOTAM), JIKIN KAUWATATA KEIN RENAJ LAPLAK IM KITBUUJ MALO ILO TURIN AILIN IN IM MALO KO TURIN BELAAK IN AILIN IN BAREINWOT.

ENE KO ILO IOLAP IN AELON IN (MID-ATOLL CORRIDOR) RENAJ KILOK JEN 4:01 P.M. AWA ELKIN RAELEP ILO RONOUL RUWATIM-JUON (29) RAN IN SEPTEMBER NAN NE EDEDELOK KOKEMELMEL KEIN.

LALE ROLLER IM HOURGLASS EO 23 IM 30 RAN IN SEPTEMBER AM LALE IA KO REJ KILOK. NE EWOR AM KAJITOK JOUJ IM CALL E LOK KWAJALEIN RANGE SAFETY OPIJA RO ILO (808) 580-8445.



The mid-atoll corridor will be closed from 4:01 p.m. Sept. 29 through mission completion.



THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or US-AG-KA. It is published Saturdays in accordance with Army Regulation 360-1. Phone: Defense Switching Network: 315-580-5169 Local phone: 480-5169

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POWER · PRESENCE · PROTECTION

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UNITED STATES NAVY BIRTHDAY CELEBRATION ZAMPERINI WARRIOR RESTAURANT OCT. 13, FROM 11 A.M. – 1 P.M. CAKE CUTTING CEREMONY AT 11:30 A.M.

ALL U.S. NAVY VETERANS, ACTIVE-DUTY PERSONNEL AND COMMUNITY MEMBERS ARE INVITED TO A LUNCHEON HONORING THE 248th BIRTHDAY OF THE U.S. NAVY. PLEASE JOIN US AT THE ZAMPERINI WARRIOR RESTAURANT FOR THIS SPECIAL HOLIDAY MEAL.** **THE DINING PRICE FOR THIS HOLIDAY MEAL IS \$11.20 FOR ALL PATRONS.**

USAG-KA CELEBRATES MARSHALLESE CULTURE





1) Senator Kitlang Kabua, the RMI Minister of Culture and Internal Affairs, gives her remarks for USAG-KA Manit Day. 2) Basket weavers were in full force. 3) USAG-KA Commander Col. Drew Morgan enjoys the first coconut of Manit Day. 4) Ri-Katak Students serve the community samples of Marshallese cuisine. 5) Ri-Katak Students dance for the Manit Day celebration.

A MESSAGE FROM THE COLONEL

On behalf of Col. Drew Morgan, USAG-KA commander, thank you and kommol tata to all of our garrison residents and our Marshallese friends from Ebeye and Majuro for participating in this year's Manit Day celebration.

And a special kommol tata to all of our special guests, performers, workers, and volunteers whose efforts made this year's celebration an unforgettable one:

RMI Senator and Iroijlaplap Mike Kabua; RMI Minister of Culture and Internal Affairs, Senator Kitlang Kabua; Kora in Kwajalein Atoll Danc-







ers; Kwajalein Jr/Sr High School Ri-Katak Dancers; Kwajalein Jr/Sr High School Teachers Dance Troupe; Lamejo Band; Sons of Mon KuBok Band; CB Band; Kakinono-Kalimomo Band; Yokwe Yuk Welcome Club; Jinetiptip Women's Club;

Marshallese Cultural Society; Heavy Equipment Crew; Cold Storage Staff; Building and Grounds staff; Pest Control crew; and the Island Memorial Chapel staff.

NAME THAT ISLAND

Last Week's Image: Kwajalein The aerial photograph featured in last week's Kwajalein Hourglass is none other than Kwajalein, Republic of the Marshall Islands.

You and your family can watch for new Name That Island challenge images from U.S. Army Garrison-Kwajalein Atoll Commander Col. Drew Morgan in an upcoming issue of The Kwajalein Hourglass.

NASA PHOTOS COURTESY OF USAG-KA COMMANDER COL. DREW MORGAN



Two species of giant clams are found at Kwajalein Atoll, Tridacna Gigas and Tridacna squamosal.

Both are protected throughout the atoll by the USAKA Environmental Standards and the Endangered Species Act.

- Please do not harass or collect living species.
- Please do not collect or export Giant Clam shells.
- Giant clam shells found in pack-outs or mailed packages can result in large fines.

Ruo kain mejen wod ko rellap rej bed ilo malo in Kwajalein, juon ne Tridacna gigas im Juon Tridacna squomosa. Mejen wod kein rej bed umin kejbarok eo an USAKA Environmental Standards im Endangered Species Act eo ak.

- Jouj im jab ireji ak boki mejen wod kein.
- Joij im jab aini, kakoni, im komakiti ak jilkinlok nan ilikin mejen wod kein.
- Enaj wor fine ko rellap elane mejen wod kein renaj bed ilo mweik in pack-outs ko ak ilo mail ko.



The U.S. Army Garrison-Kwajalein Atoll is interested in bringing Starlink capability to our residents. Currently, Starlink has not been approved on installation for commercial, private or official use. US-AG-KA is currently in the process of assessing mission impacts. Please be patient while we study the problem. If Starlink is approved for use on the installation, we will notify all residents.

THE BATTLE FOR KWAJALEIN / PART 2



The U.S. Navy aircraft carrier USS Yorktown is pictured Aug. 31, 1943 during the raid on Marcus Island. Lt. Cmdr. James H. "Jimmy" Flatley, Commander of Air Group 5, sits in his Grumman F6F-3 Hellcat before takeoff. During the Battle of Kwajalein, the Yorktown's aircraft continued to fly air cover over the atoll from Jan. 29 through 31, and from Feb. 1 to 3. (U.S. Navy photo by Lt. Charles Kerlee)

This week, we continue our exploration of the battle to liberate Kwajalein Atoll.

These stories come from a report by former Kwaj resident and Kwajalein Hourglass editor Pat Cataldo. They were printed in 1994 in a special edition for the 50th anniversary of the Battle of Kwajalein.

What follows are a series of stories on the invasion of Kwajalein Atoll, the fulcrum of Operation Flintlock, with a focus on Kwajalein Island, where the Army's 7th Infantry would take on the men of Japan's 6th Base Force, 6th Defense Force, amphibious brigades, naval special landing forces and South Seas detachments.

Jan. 31, 1944 7th Infantry Troops Ashore Near Strongholds

After a series of highly successful amphibious landings, American troops were ashore on four small islands near Kwajalein and on five islets flanking Roi and Namur. They closed in on the two major Japanese strongholds. Every objective was gained. U.S. casualties were classified as light.

In Jan. 31 actions around Kwajalein island (codename: Porcelain), U.S. troops captured Enubuj (Carlson), Ennylabegan (Carlos), Gea (Carter) and Ninni (Cecil) islands and brought Gea Pass under U.S. control. American casualties were one dead, two wounded.

Forty-eight 105-mm howitzers were set up on Enubuj and harassed Kwajalein, as heavier 155mm guns rapidly landed. The naval bombardment of Kwajalein's defenses continued, and the wall of destroyers delivered harassing fire on Ebeye (Burton), Japan's chief seaplane base in the Marshalls. It was known to harbor several hundred Japanese troops.

At the northern end of the atoll, the 25th Regimental Combat Team of the 4th Marine Division secured five islands near Roi and Namur at a cost of 18 American dead, eight missing and 40 wounded. Artillery was established ashore, and North Pass was later safe for the passage of ships.

As evening fell, fresh landing troops were poised for the next day's strikes against Kwajalein, Roi and Namur, the main objectives for the invasion.

The action began at dawn, when battleships Pennsylvania and Mississippi began firing on the western end of Kwajalein. By o830, Enubuj, Ennylabegan, Kwajalein, Ebeye and South Guegeegue (Beverly) were systematically raked by the fire of four battleships, three cruisers and four destrovers.

In preparation for landings by the 17th Regimental Combat Team on Enubuj and Ennylabegan, more than 2,000 rounds of 5-inch shells poured onto the islands. Twenty-one tons of bombs and 50,000 rounds of 50-caliber ammunition were expended by 51 escort carrier planes in bombing and strafing runs.

The landing on Gea was made shortly after by B Troop, a provisional unit made up of men of the 7th Calvary Reconnaissance Troop and Co. B, 11th Infantry.

After a short fight, the island was secured at 0930. Twenty-two Japanese were killed, and one was taken prisoner. American losses included one killed and one wounded.

U.S. troops captured Enubuj at noon, taking 20 prisoners after very light resistance. Within an hour, divisional artillery began coming ashore. By 1800, the howitzers were registered on Kwajalein.

Ninni, which with Gea, guards an important entrance to the lagoon, was captured by A Troop at 1230. The men first mistakenly landed on Gehh, the next island northwest of Ninni, after fighting strong currents and offshore winds in their rubber landing craft. The error was discovered after a brief reconnaissance, during which four Japanese were killed and two taken prisoner. When troops proceeded to Ninni, they found it unoccupied and took possession at once.

Opposed only by a few Japanese firing light rifles and automatic weapons, the 17th RCT captured Ennylabegan by 1300 without a single American casualty. Organization began immediately to set up supply dumps and repair stations.

A unique part of the day's operation was the use, for the first time in the Pacific, of an underwater demolition team. At 1000 hours, and again at 1600, this team worked its way within 300 yards of the beach at the western end of Kwajalein island where U.S. forces landed the next day.

They searched for underwater obstacles and anti-boat mines.

As light faded on Jan. 31, troops of the 32nd and 184th Regimental Combat Teams (RCTs) of the 7th Infantry Division moved from transports to LVTs. They were scheduled to make the initial landings on Kwajalein the next morning.

Feb. 1, 1944 A Day on Kwajalein

After a near-perfect amphibious assault on beaches at the west end of Kwajalein, troops of the 32nd and 184th RCTs, and the 767th Tank Battalion advanced approximately one-third the length of the island against stiffening Japanese resistance.

The most devastating naval, artillery and air bombardment yet seen in the Pacific began at dawn and continued until H-Hour. At one time, two shells per second were hitting specific targets and areas ahead of the assault troops.



A B-24J bomber flies over the island of Kwajalein, softening up Japanese defense positions in anticipation of the ground assault.

STUDENTS CLEAN UP GEHH ISLAND





1) KHS Marine Biology class lay out their art installation of water bottles. 2) A portion of the trash transported from Gehh Island. 3) Students of the Marine Biology class pose in a group shot.



KHS Marine Biology Students Tackle Waste on Gehh Island

BY THE KWAJALEIN SCHOOL SYSTEM

The KHS Marine Biology class confronted the increasing problem of human-made waste in ocean ecosystems during their annual trip on Sept. 28. to Gehh Island. Their findings were both enlightening and alarming.

In just one afternoon, seven students collected 32 garbage bags of refuse, totaling about 350 pounds. The waste included around 600 discarded water bottles, underscoring the widespread problem of single-use plastics in oceans.

Anna Colello, one of the students, was struck by the variety of waste. "From flip flops to spray cans and plastic toys, the amount of debris is both vast and concerning," she said. Such refuse poses a significant threat to marine life and the health of the oceans.

Many marine species confuse plastics with food, leading to ingestion-related issues. Moreover, as these materials decompose, they release toxins that have far-reaching effects on both marine and human life.

Dr. Matt Gerber, Kwajalein High School principal, emphasized the trip's educational value. "Each year, students see firsthand the human impact on marine ecosystems," he said. "This experience highlights the importance of sustainable habits and personal responsibility."

Beyond its role as a cleanup mission, the Gehh Island trip serves as a tangible lesson in the consequences of human actions. Students leave with the weight of the trash they've collected and the knowledge they've gained, hoping to effect positive change.

In a demonstration of KHS's commitment to environmental conservation, and as a practical extension of their Marine Biology curriculum, the class spearheaded their yearly beach cleanup on Gehh Island. The effort not only protected marine life but also restored some of the island's natural beauty.

This activity deepens students' appreciation for marine conservation. Engaging directly, they get a firsthand look at environmental stewardship and the importance of sustainable habits. After their efforts, many pledged to reduce their single-use plastic consumption, favoring more sustainable alternatives.

STORIES FROM THE TWO WEST VIRGINIANS WHO WENT TO SPACE

EXTERNAL REPORT

BY Sam Gorski via 12WBOY

CLARKSBURG, W.Va. — It was 1961 when the very first human went into space, and in the 62 years since then, two West Virginians have followed those footsteps and ventured into space themselves.



Jon McBride — 1984

The first West Virginian to go to space was U.S. Navy Captain Jon McBride in 1984. McBride made his first trip to space as pilot of the Space Shuttle Challenger during the STS-41-G mission, the 13th flight of NASA's space shuttle program.

In a 2012 interview for the NASA Johnson Space Center Oral History Project, McBride said one of his biggest inspirations to become an astronaut was John F. Kennedy's pledge to get a man on the moon and return him safely to earth before the end of the 1960s. Only a year earlier, Kennedy had visited McBride's high school in West Virginia during his presidential campaign.

"That just added more fuel to my fire," McBride said. "I met this guy last year. Now he's challenging us to go to the Moon. Boy, that would be something. That really got me more engaged in college and more reason to go off to the Navy as soon as I could and keep dreaming, reaching for the stars. I'm a lucky guy, I guess."

McBride officially became an astronaut in 1979 but wouldn't actually make it into space until five years later on Oct. 5, 1984. For his first and only mission to space, McBride piloted the Challenger with six other crew members, making it the largest-ever crewed space mission at the time. McBride and his crew spent the next eight days in orbit while they conducted observations of Earth; during this time Kathryn D. Sullivan became the first American woman to complete an Extravehicular Activity (EVA), or spacewalk.

In a 2012 interview, McBride said he is often asked if anything happened during the mission he wasn't expecting and recalled an experience he had during mission takeoff. The moment the booster rockets on his spacecraft separated, McBride said the windshield of the cockpit went completely black, blocking his vision. Thinking something catastrophic had happened, he turned to look at his commander Bob Crippen, who had already gone on three previous space shuttle flights.

Once the crew had made it into orbit, McBride left the pilot seat to prepare the ship for their upcoming mission. When he opened the bay doors, he got his first complete look at Earth about 150 miles above the surface.

During the mission, McBride said he came to enjoy sleeping in the Challenger's airlock because of how quiet and cool it was between the space suits. He and his crew also received a call from President Reagan while they were in orbit.

"To be able to talk to the President from space was a real pleasure and honor. He was one of my favorites. I liked him a lot," McBride said.

McBride was assigned to be the commander of his next space shuttle mission, STS-61-E in the space shuttle Endeavour. However, about one month before he and his crew were scheduled to launch, the Challenger suffered a catastrophic failure and was lost along with all seven of its crew members. His mission was deferred, and although he never got to return to space, he spent the following years working as NASA's Assistant Administrator for Congressional Relations where he worked with U.S. congressmen like Jay Rockefeller and Robert C. Byrd to secure funding for future NASA projects.



COURTESY NASA

Andrew Morgan — 2019-2020

The other West Virginian to make it to space is U.S. Army Colonel Andrew Morgan. Morgan spent nine months aboard the International Space Station (ISS), from July 2019 to April 2020. During that time Morgan spent more than 45 hours in outer space across seven spacewalks, an American record for a single spaceflight.

Morgan was born in Morgantown, West Virginia while his father was studying dentistry at WVU. Morgan's father was an officer in the Air Force, and so Morgan spent his childhood living across the United States in places like New York, California, Texas and even in

Great Britain.

Inspired by his father to join the armed forces, Morgan enlisted in the U.S. Army and trained extensively in parachuting and skydiving, but later worked as a military physician and surgeon and was deployed to Iraq, Afghanistan and Africa.

¹² News interviewed him about his experience.

"All I ever wanted to [do] was to serve in the military," Morgan said. "When I was 18 years old and I made the decision to attend West Point, there's no way that I would've been able to imagine that I'd be here now."

In 2013 Morgan was selected for NA-SA's astronaut program, but it wouldn't be until 2019 that he would actually board a spacecraft bound for the ISS. During the six years in between, Morgan said he had to learn about robotics, how to spacewalk, and how to fly supersonic jets. As a member of an international crew, Morgan also learned Russian and spent about six months training in Russia and Kazakhstan leading up to his flight.

Morgan officially began his ninemonth space journey on July 20, 2019. When reflecting on his first first time in space, Morgan said being weightless is just as fun as it sounds, but after a while, it starts to feel normal.

Even in such a small space, Morgan and his five other crew members had no shortage of tasks, experiments and repairs that needed to be completed. Morgan said that nearly every minute of every day is blocked out for astronauts by mission control; when they wake up, when they go to sleep, when to eat, and what to do are all planned ahead of time, all while keeping the place clean on top of that.

"You can imagine after 20-plus years of humans living on board, you can create quite a mess," Morgan said.

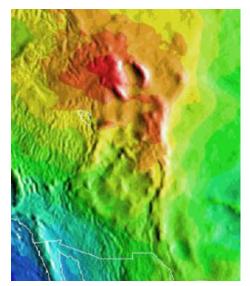
However, even with such a tight schedule, being able to plan on the fly is critical. Morgan recalled an instance where one of the critical battery units that supplied power to the space station had failed and needed to be replaced. Two of his crewmates, Jessica Meir and Christina Koch were tasked with replacing the part, with Morgan as the airlock operator. For seven and a half hours Meir and Koch worked to replace the battery and completed the first all-woman EVA in the process. The repair was broadcast live and can still be watched on YouTube.

When Morgan and his crew finally returned to Earth, they were coming back to a planet much different than the one they left only nine months earlier.

Morgan is still an active astronaut and said he doesn't think there's a single active astronaut he hasn't interacted with in some way.

"One of the most valuable things that [astronauts] have is the demonstration of international partnership and friendships that last for a lifetime," Morgan said.

In 2023, Morgan is currently the commander of the U.S. Army Garrison Kwajalein Atoll in the Marshall Islands.



NOAA PHOTO

What is geodesy?

EXTERNAL REPORT

Geodesy is the science of accurately measuring and understanding the Earth's geometric shape, orientation in space, and gravity field.

By NOAA

Geodesy is the science of accurately measuring and understanding three fundamental properties of the Earth: its geometric shape, its orientation in space, and its gravity field— as well as the changes of these properties with time. By using GPS, geodesists can monitor the movement of a site 24 hours a day, seven days a week.

Many organizations use geodesy to map the U.S. shoreline, determine land boundaries, and improve transportation and navigation safety. To measure points on the Earth's surface, geodesists assign coordinates (similar to a unique address) to points all over the Earth. In the past, geodesists determined the coordinates of points by using Earthbased surveying tools to measure the distances between points. Today, geodesists use space-based tools like the Global Positioning System (GPS) to measure points on the Earth's surface.

Geodesists must accurately define the coordinates of points on the surface of the Earth in a consistent manner. A set of accurately measured points is the basis for the National Spatial Reference System, which allows different kinds of maps to be consistent with one another.

To measure the Earth, geodesists build simple mathematical models of the Earth which capture the largest, most obvious features. Geodesists have adopted the ellipsoid as the most basic model of the Earth. Because the ellipsoid is based on a very simple mathematical model, it can be completely smooth and does not include any mountains or valleys. When additional detail of the Earth is needed, geodesists use the geoid: a model of global mean sea level that is used to measure precise surface elevations.

A geoid has a shape very similar to global mean sea level, but this exists over the whole globe, not just over the oceans.

WEATHER

MARSHALLESE LANGUAGE LESSON

Similar to Native Americans in North America, the Marshallese traditionally kept time by moons, and not days or weeks. Therefore, the days and weeks have their etymology based in the English language.

Helpful Words

Wot	rain	
Bwil	hot	
Molo	cold	
Dret	sunny	
Ekodrodro	cloudy	
Ellor	shade	
Ekototo	windy	
lju	stars	
Aeboj	water	
Kulor	cooler	

Common Phrases

Enaj ke wot boninin? Will it rain tonight?

Einwot enaj baj. Ijab elolo iju. It looks like it. I don't see any stars.

Inna, enaj, lukkon wot bonniin. Yes, it will really rain tonight.

Ak kio ekodrodro. Now it's cloudy.

Ebar dret ak ekototo. It's also sunny but windy.

lkukkin bwil. I'm so hot.

Etal nan ellor en. Go under the shade.

Elon ke aeboj molo? Is there any cold water?

Aet, elon jet ilo kulor en. Yes, there are some in the cooler.



Oncidium Orchid

EXTERNAL REPORT

From "Gardening on Kwajalein," by the Garden Club of the Yokwe Yuk Women's Club, 1983

One of Kwajalein's most enthusiastic orchid growers, former island resident Linday Taylor, offered the following information about one of the easiest orchids to grow on Kwajalein. Linda's yard was a profusion of tropical plants.

- The orchid blooms profusely in sprays and comes in many colors, though yellow is by far the most common hue
- Flowers are usually small.
- The plant enjoys wide temperature-climactic tolerance and likes heavy fertilizer of about half-strength of solution used on non-orchid plants. Orchids should be fed biweekly.
- The orchid prefers a bit of sun.
- If you are repotting an orchid, repot it in a compost of bark and tree fern, as plants become crowded. Only repot the orchid after flowering, every two to four years.



EARN YOUR TEAM KWAJ TAB

PUBLIC NOTICE

1. Attend Col. Morgan's TEAM KWAJ brief (either Teammate or Community version), read and adhere to the TEAM KWAJ Teammate Pact, presented at initial town halls, and periodically thereafter.

2. Attend the Island Newcomer's Briefing.

3. Attend at least one group greeting at air terminal for personnel arriving on island. Make them feel welcome and show them we are happy they are on Kwaj with us.

4. Attend at least two garrison after-hours team-building or social events (TEAM KWAJ Happy Hour, Commander's Call, Hail/Farewell).

5. Attend at least two TEAM KWAJ PT/ Wellness sessions. Become a regular attender!

6. Visit Marshallese Cultural Center in last 3 months prior to tab award.

7. Visit Ebeye, Third island or Majuro in last 3 months prior to tab, use a Marshallese phrase or two and visit a store/restaurant.

8. Tell three co-workers how to earn the TEAM KWAJ tab.

9. Swim, snorkel, boat or paddle on the lagoon at least once with a teammate.

10. Complete the TEAM KWAJ Circle-island 6-mile ruck march/walk/bike and read all historic battlefield markers. This is an organized USAG-KA hosted event several times per year.

11. Mission Partner wild card event discuss with your supervisor any additional organizational requirement. Could be knowledge-based, achievement-based, or physical challenge.

12. Final event, "Board of Review" -meet with Col. Morgan face-to-face individually or in a small group with all requirements fulfilled. Schedule with garrison front office. Discussion items may include but are not limited to; TEAM KWAJ pact - "Healthy Community of Excellence," Kwaj history, Marshallese culture, military/strategic missions and their significance, and future operational potential.

Once you have the first 11 items completed, contact Terri Wilson at 480-4322 or at terri.l.wilson20.civ@army.mil to set up a date/time with the commander for the final event.

WARDROBE TIPS FOR VISITING EBEYE

BY YOLANIE KORAB

When visiting Ebeye in the Marshall Islands, it is advisable to dress modestly and respectfully, considering the local cultural norms and the warm tropical climate.

Here are some general guidelines for both men and women:

FOR MEN

LIGHTWEIGHT CLOTHING: Opt for lightweight, breathable fabrics such as cotton or linen to stay comfortable in the warm and humid weather.

SHIRT: Wear collared shirts or T-shirts that cover the shoulders. Avoid sleeveless shirts or tank tops, as they may be seen as inappropriate.

SHORTS OR TROUSERS: Choose kneelength shorts or trousers. Avoid wearing excessively short shorts or swimwear in public areas.

FOOTWEAR: Comfortable shoes or sandals are suitable for walking around the island. Remember to remove your footwear when entering homes or certain establishments, as it is customary in the Marshall Islands.

FOR WOMEN

DRESSES OR SKIRTS: Wear knee-length or longer dresses, skirts, or sarongs. Loose-fitting and lightweight fabrics are recommended.

TOPS: Select modest tops that cover the shoulders and avoid low necklines or revealing clothing.

FOOTWEAR: Comfortable shoes or sandals are suitable. Bring a pair of sandals that are easy to slip on and off when visiting homes or certain establishments.

ADDITIONAL TIPS

SWIMWEAR: If you plan to swim or visit the beach, it is acceptable to wear swimwear. However, it is best to cover up with a sarong or cover-up when leaving the beach area.

HEAD COVERINGS: Hats or caps are useful for protecting yourself from the sun, especially during the hot daytime hours.

SUN PROTECTION: Apply sunscreen, wear sunglasses, and carry a light shawl or umbrella for extra sun protection.

Remember, these guidelines are intended to respect the local customs and traditions of Ebeye Island.

Please be respectful and observe and follow the dress code of the local community to ensure a positive and culturally sensitive experience.

MOVIES

YUK THEATER

Saturday, Oct. 7 "Paw Patrol: The Movie" (G) 86 min.

Sunday, Oct. 8 "The Lord of the Rings: The Two Towers" (PG-13) 179 min.

> Monday, Oct. 9 "Candyman" (R) 9 min.

Saturday, Oct. 14 "Clifford the Big Red Dog" (PG) 96 min.

Sunday, Oct. 15 "The Lord of the Rings: The Return of the Ring" (PG-13) 201 min.

> Monday, Oct. 16 "Halloween" (R) 91 min.

Saturday, Oct. 21 "Despicable Me 2" (PG) 98 min.

Sunday, Oct. 22 "Ticket to Paradise" (PG-13) 104 min.

Monday, Oct. 23 "A Nightmare on Elm Street" (R) 91 min.

Saturday, Oct. 28 "Fantastic Four: The Rise of the Silver Surfer" (PG) 92 min.

Sunday, Oct. 29 "So I Married an Axe Murderer" (PG-13) 93 min.

Monday, Oct. 30 "The Rocky Horror Picture Show" (R) 100 min.

ROI-NAMUR C-BUILDING

Saturday, Oct. 7 "The Hate U Give" (PG-13) 132 min.

> Sunday, Oct. 8 "Tully" (R) 95 min.

Saturday, Oct. 14 "Jumanji : Welcome to The Jungle" (PG-13) 119 min.

Sunday Oct. 15 "White Boy Rick" (R) 114 min.

Saturday, Oct. 21 "Scary Stories to Tell In The Dark" (PG-13) 108 min.

Sunday, Oct. 22 "Murder on The Orient Express" (PG-13) 114 min.

Saturday, Oct. 28 "Wonder Women 1984" (PG-13) 51 min.

> Sunday Oct. 29 "The Old Man & the Gun" (PG-13) 93 min.

All shows start at 7:30 p.m.

BUSTING PTSD MYTHS

Fact: While not everyone who experiences trauma will develop Posttraumatic Stress Disorder, it is a common invisible wound.



1 in 5 active duty service members show signs of a psychological health concern



7 to 8% of people will experience PTSD at some point in their lives



10 to 14% of service members

who served in Iraq and/or Afghanistan have developed PTSD

5 MYTHS & FACTS ABOUT PTSD

Seeking help is a sign of strength, but the myths about PTSD can discourage service members from taking the first step.

MYTH: PTSD is always combat-related

FACT:

PTSD can be caused by many types of traumatic experiences like house fires, car accidents and sexual assaults. MYTH: Service members with PTSD all have the same symptoms

FACT:

Everybody experiences PTSD differently. Symptoms vary in intensity and can include nightmares, flashbacks and trouble concentrating. MYTH: Only service members experience PTSD

FACT:

Anyone who faces a traumatic event can develop PTSD. It can affect people of any age, gender, race or income level.

MYTH: Service members can never recover from PTSD

FACT:

PTSD is treatable and getting help early can significantly improve your symptoms. PTSD can recur, but treatment can make you feel in control and give you tools to cope.



MYTH: Getting help for PTSD will hurt my ability to get or maintain a security clearance

FACT:

Most service members who seek help from a psychological health professional are able to get or maintain a clearance.



PTSD symptoms may not appear until months or years later¹. If you have gone through trauma and are experiencing anger, trouble sleeping, nightmares, intrusive memories, sadness or other concerns, seek care as these may be signs of PTSD. Contact a health care provider to assess your symptoms and discuss treatment options.

WANT TO LEARN MORE?

Psychological Health Resource Center Cal/Chat with a health resource consultant 24/7 at 886-966-1020 Military Crisis Line Cell 800-273-8255 and press 1, or chat online at veteranscrisisline.net/get-help/chat for confidential help

National Center for PTSD Visit ptsd.va.gov for PTSD treatment and care options

Connect with Us on Social Media facebook.com/realwarriors

twitter.com/realwarriors

REAL WARRIORS - REAL BATTLES

MHS MHS health.mil

* https://www.pind.va.gov/understand/what/pind_hasins.anp

THE CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@vectrus.com Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.



Contact Event Coordinator, by email <u>Kara.Larson@Vectrus.com</u> or sign up in the Grace Sherwood Library by Oct 11

ACTIVITIES

FIRE STATION OPEN HOUSE Friday, Oct. 13, 6-8 p.m. Meet our dedicated firefighters and staff. Take a tour and see the fire trucks up close. Enjoy sweet treats and cold drinks.

ICE CREAM WITH SPARKY! Saturday, Oct. 14, 4-5 p.m. at the Food

Court

All school-aged children get FREE ice cream courtesy of The Sugar Shack. Join us for photo booths and a chance to snap a picture with SPARKY. Note: Regular Sugar Shack sales unavailable during this hour.

SUNRISE YOGA

The USAG-KA Garrison Commander will host yoga with Annalise Castillo outside the Garrison Headquarters on Saturday, Oct. 14, from 6:30 to 7:15 a.m.

The event is open to the entire community. Attendees should bring a yoga mat and water bottle.

CAC OFFICE

Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you to your appointment. Walk-in appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Questions? Call 480-8496.

CHAPEL

PRAYER AND PRAISE NIGHT. Every first Sunday at 7 p.m. in the large chapel on Kwajalein. This open worship night is free and open to everyone.

ROI SERVICES. Catholic Mass will take place on Roi at 6:30 p.m. on the second and fourth Fridays of each month. Protes-

tant services will take place every first and third Friday of each month.

NWR

CHAPEL COUNSELING AVAILABLE. For those who seek religious guidance, general counseling, and who may have questions related to family counseling, all are welcome to schedule an appointment with Ch. Brian Conner at the Island Memorial Chapel by calling 480-3505. **E-WARENESS**

ASBESTOS REMOVAL AND ASBESTOS WASTE MANAGMENT. There are specific environmental requirements for controlling asbestos emissions and properly disposing of asbestos-containing waste. Contact Vectrus EHS at 480-0722 for more information.

Emoj karoki wawein ko non bobrae an ajeeded bunal in asbestos im wawein ko retiljok non jolok kwobej ko ewor asbestos ie. Kir Vectrus EHS ilo 480-0722 non melele ko relap lok.

FACILITIES & HOURS

RACQUETBALL COURT CODE. Residents can obtain the door code from the MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 480-3331 with questions.

MILLICAN FAMILY POOL. Closed for cleaning on Thursdays. Open noon to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. on Sundays and Mondays. Closed Thanksgiving and Christmas.

ARMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

Service Now is the new Remedy. Please be patient as the NEC transitions to Service Now. To submit new tickets, call 480-3000. For urgent requests, email usarmy.bucholz.516-sig-bde.mbx.kwajalein-nec-change-management@army.mil.

FIRE SAFETY

The early signs of a fire: Fire drills are conducted annually by the Building Manager/Evacuation Coordinator. The BM/EC should ensure the facility has a Fire Evacuation Plan in place. Fire Reporting Procedures: Call 9-1-1, activate the fire alarm, or shout, "Fire, fire, fire!"

Once outside, report to a predesignated area for accountability. Once out, stay out. No one is to return, until the "all clear" is given. Complete a fire drill report to document that the fire drill was conducted. Maintain a record of all the fire drills conducted at your facility. Please contact our office for questions or assistance at 480-2489.

If you notice any of these signs, evacuate the building and call 911.

FLIGHTS

Please note that all flights are subject to change. For the latest update on your flights on United, ATI or Air Marshall Islands:

ATI: 480-2169; AMI: 480-3469; United: 480-4852 or 1-800-UNITED1; Air Terminal Services: 480-2660; Flight Information Recording: 480-3589



UA Schedule Effective Now Monday and Friday—UA 155 (HNL) Check-in 2 – 4:50 p.m. Wednesday—UA 133 (HNL) Check-in 2 – 4:15 p.m. Tuesday and Saturday—UA 154 (GUM) Check-in 10:45 – 11:15 a.m.

HEALTH

Employee Assistance Program counselor, Kenneth Thomas, can be reached at kenneth.thomas@internationalsosgs.us or 480-5362. Clients can expect education about mental health disorders from a multicultural perspective with the goal of moving toward acceptance and ultimately to mitigate symptoms.

COVID-19 BOOSTERS. A bivalent COVID-19 vaccine booster is available for those aged 12+ if it has been more than 120 days since their initial bivalent COVID-19 vaccine dose. To register, please email judy.wiser@internationalsosgs.us, or call 480-2223.

NOT FEELING WELL? Call 480-2223 to make an appointment for a COVID-19 test, Tuesday through Saturday from 7:30 a.m. – 4:30 p.m. If you are not feeling well, please wear a mask when you are around others in the community.

NOTIFY THE VET. Pet owners must notify Kwaj Vet Services before vacation. A pet sitter authorization form for treatment is required prior to departing Kwaj. Reach Vet Services at 480-2017 Tuesday through Saturday from 7:30 a.m. – 4:30 p.m.

THE KWAJ SALON can style all kinds of hair, but they cannot treat lice. The salon staff thanks you for your understanding.

HEALTH TIP. Invest in Health: Treat Yourself & Your Family to Abundant life. Treat yourself and your family as valuable people. To add life and health to your family, replace all processed vegetable oils with nutritious naturals. Use olive, avocado and coconut oil. Discard all others (canola, vegetable, safflower, corn and soy), including packaged foods that contain these as ingredients. They are toxic to your body and brain, causing inflammation and weight gain. You can look good, feel good and share the good. Questions: Matthew. Conner@internationalsosgs.us.

JOBS

To apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Email kwajaleinhourglass@vectrus.com to remove a listing.

AKIMA is hiring for the following on-island positions: Communications Clerk (ID: TRU01001); Communications Specialist (ID: TRU01000); and Fiber / Cable Technician (ID: TRU01099). Applicants must reside on USAG-KA and possess a valid passport. For information and a list of required qualifications, visit https:// akima.taleo.net.careersection/akimallc_ cs/jobsearch.ftl. Apply online or send resume to Jeannette McIlwain at jeannette. mcilwain@akima.com.

ENVIRONMENTAL HEALTH AND SAFETY MANAGER. KFS LLC is accepting resumes for a Health and Safety Manager to support an upcoming Environmental Project on Kwajalein. Visit https://honuservices.jobs.net/en-US/job/ health-and-safety-manager/J3N1RL6K-DG9RWPTYQDF for additional information, including the full job description, qualifications, and resume submission instructions.

NAN, INC. seeks a project engineer, welder, welding inspector, quality control manager, and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari at 480-2632, 480-4995 or 480-4996.

PARSONS is accepting applications for an office clerk, heavy equipment operator, quality control technicians, concrete finisher, general labor and masonry. Please visit the Parsons office to apply or apply online http://parsons.com/careers.

TRIBALCO is hiring for Intermediate Systems Administrator, Intermediate Networks Administrator, Senior Networks Administrator, Cyber Security Specialist, Unified Capabilities (UC) Specialist, Infrastructure Technician, Infrastructure Drawing Specialist (AutoCad). Applicants must meet job requirements. Apply online at tribalco.com/jobs, www.kaihonua.com, and www.akima.com. Contact Tribalco Human Resources at 480-4344. Visit www. tribalco.com/careers.html. An active security clearance is required.

QUANTUM DYNAMICS, INC., is accepting resumes for positions on Kwajalein and Roi-Namur in the following areas: vehicle maintenance, transportation motor pool, movement control and custodial. Apply at https://qdyncorp.com/home/careers/. You may also visit the HR Office in Bldg. 700. Contact the Human Resources manager at 480-0782 or administrative assistant at 480-4916 for more information. RGNEXT, LLC seeks qualified candidates to fill open positions on Kwaj and Roi in engineering, technical, COMSEC and other areas. For information and to apply, visit rgnext.com.

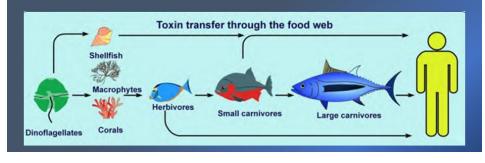
SUBSTITUTE TEACHERS WANTED. Kwajalein School System is now hiring substitute teachers. Qualifications: 4-year degree; confidentiality; love of working with children; favorable status for CNACI (will receive background check after accepting offer). Send resumes to uhrenp@ kwajaleinschools.org. For more information call 480-3601.

Environmental Public Announcement: Ciguatera

Dredging and Filling Operations will commence at Emon Beach to cover exposed beach rock on Oct 17.

Shoreline construction activity can increase the potential for Ciguatera poisoning in fish, and residents are advised to avoid consuming fish from this area thru **Oct 26**.

Questions? Call 480-0722.

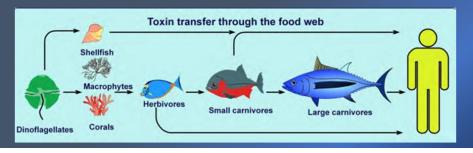


Environmental Public Announcement: Ciguatera

Kójjelã ñan aolep bwe enaj wór jerbal in kób ion bedbed ak bulón lojet eo iturin wót Emon Beach Oct 17 raan ñan kókmanman lok im pinej drekã ko rewalok.

Enaan in kakkól bwe jerbal kein remaroñ kóllaplok paijin in Ciguatera ilo eek ko im jej karoñ aolep bwe komin jab enwód ak móñã eek ko jen area in Oct 26.

Call e 480-0722 ñan melele ko relaplok.



TRUESTONE is hiring for multiple positions. Contact Tribalco Human Resources at 480-4344 and visit https://www.akima. com/careers/. Visit www.tribalco.com/careers.html.

V2X has new opportunities for on-island hires: Custodial Services Coordinator (35001), Stock Control Coordinator for Surfway (35069), Logistics Analyst (32717), Inventory Associate (35067), and Bartender (32355). Apply online at www.careers. vectrus.com or stop by the HR office in building 700.

MWR FITNESS CLASSES

All classes meet in Corlett Recreation Room 7 unless otherwise noted. All classes require a Fitness Pass. Purchase annual, 6-month and 8-month passes at the MWR desk in the Grace Sherwood Library (Bldg. 805). All classes are subject to change without notice. Call MWR at 480-3331 for information.

TUESDAY

5:30 - 6:30 a.m. FREE SPIN CRC7 10:30 a.m. BEGINNERS YOGA CRC7 5 p.m. YOGA CRC7 6 p.m. ZUMBA CRC1 6:30 p.m. SPIN CRC7

WEDNESDAY

9:15 a.m. ZUMBA TONING CRC1 5 p.m. BEGINNERS YOGA CRC7 6 p.m. WATER AEROBICS ADULT POOL

THURSDAY

6 a.m. SPIN 9:15 a.m. ZUMBA CRC1 11:30 a.m. TRX BOOT CAMP CRC7 5 p.m. YOGA CRC7 6 p.m. WATER AEROBICS ADULT POOL FRIDAY 5:30 - 6:30 a.m. FREE SPIN CRC7 6 a.m. YOGA FLOW (EMON BEACH) 9 a.m. ZUMBA CRC1 5:30 p.m. POWER HOUR (Strength & cardio circuit) CRC7 6 p.m. ZUMBA TONING CRC1

SATURDAY

5:30 - 6:30 a.m. FREE SPIN CRC7 8 a.m. TRX + CORE CRC7 10:30 a.m. WATER AEROBICS **ADULT POOL**

SCHOOL

SCHOOL SYSTEM EMAILS. KSS emails have changed. School email addresses now end with @kwajaleinschools.org. Ex: uhrenp@kwajaleinschools.org.

NEWCOMERS

ISLAND ORIENTATION and Newcomer's Briefings occur in the REB, behind the Island Memorial Chapel. To register, email KWAJ_OSO_Ops@Vectrus.com or call 480-3511.

AUTOMOTIVE LICENSING. The Automotive Licensing Office has moved to Bldg. 808. Visit during regular hours of operation to complete license testing and documentation.

OPERATIONAL SECURITY KWAJALEIN RESIDENT OFFICE (500th MI)

Counterintelligence aims to detect and deter threats by safeguarding information vital to the preservation of national security.

Operational Security (OPSEC): Be cautious about sharing work details on social media or in public settings.

Participate in Training: All employees on USAG-KA (military, contractor, civilian, and local nationals) are required to receive annual Threat Awareness and Reporting Program (TARP) training provided by KRO.

Reporting: Report suspicious activities to the Kwajalein Resident Office at 480-9859/1293/8006 or Bldg. 1163. SEE SOMETHING, SAY SOMETHING.

POST OFFICE

Kwaj Post Office Holiday Closures 2023

- Oct. 9 Indigenous Peoples' Day (formerly Columbus Day);
- Nov. 11 Veterans' Day;
- Nov. 27 Thanksgiving;
- Dec. 25 Christmas Day;
- 2024:
- Jan. 1 New Year's Day;
 - Jan. 15 Martin Luther King Jr. Day;
- Feb. 19 George Washington's Birth-

KWAJALEIN SCUBA CLUB PRESENTS OUR ANNUAL Munted Wreck Dive

MONDAY, OCT 23, 2023 AT THE SKI STEPS

MUST BE PRESENT FOR THE BRIEFING

day;

Haunted

May 27 – Memorial Day.

PCS & VACATION TIPS. Customers must notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and james.e.smith2295@ army.mil.

TO USE ICE. Step 1: Visit ICE Home at disa. mil. Step 2: Click "search." Step 3: Choose USAG-KA Post Office and select "general site comment." Step 4: Click submit.

REGULATIONS

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On US-AG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

VEGETATION. Per USAG-KA Regulation 420-1, vegetation may not be planted in the ground without approved permits. Residents may be asked to remove items if planted without approval. Do not place sprouted coconuts in yards.

DON'T TAKE CULTURAL ARTIFACTS. It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Do not remove these pieces of atoll history from Kwajalein. Contact the Kwajalein Archaeology Office at 480-8867.



EMERGENCY MANAGEMENT., If an emergency or disaster occurred, would you and your family be notified? 1) Visit the USAG-KA Emergency Management webpage, https://home.army.mil/ kwajalein/index.php/my-fort/EM 2) Click on "Mass Notification" 3) Follow the registration instructions.

CANDLES and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

RADIO FREQUENCY EQUIPMENT. Bringing new Radio Frequency equipment or wireless devices on island? It may require three months approval process. Report any interference problems ASAP. Home use of commercial electronics do not require approval. Contact NETCOM Spectrum Management for more information at 480-8007.

TAXI SERVICE

Call 480-TAXI (8294) or 3341 to book your ride at least 24 hours in advance of your check-in time for United Airlines and ATI.

DRIVER'S TRAINING & LICENSING. Kwajalein Classes: Every Wednesday, 9 – 11 a.m. (RMI) and 1 – 3 p.m. (U.S.) at Automotive Area, Bldg. 856, Rm. 103. Roi Classes: second Friday of the month, 9 a.m. – 11 a.m. and 1 – 3 p.m. (U.S.) in C-building. Please email wkaisha@rmi.qdyncorp.com or barnett@rmi.qdyncorp.com to register. Class size is limited. ***Note: Bring a valid US, International, or Marshall Islands License with you to class***



Calling All Vendors The Fall Craft Fair is Coming! October 16, 9 a.m. - 1p.m.

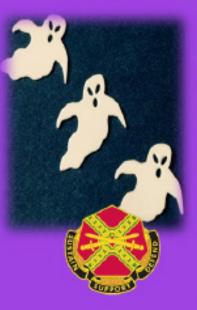
Vendors Wanted! Sign up to sell your Art!

Paperwork available by emailing Mike at travelratz2@yahoo.com.

Get your Vendor License and Fair Application turned in by Oct. 9

Halloween Pottery Time at the Hobby Shop

Need a candy dish for Halloween or some ghostly goblins to spookify your space? The Hobby Shop has all you need to make memorable handmade Halloween decorations.



Short on time? We have ready to glaze ceramics available for purchase. Stop by the Hobby Shop for pricing and more information.

Hobby Shop Hours: Bldg. 815, Phone: 480-1700, Closed: Tue., open: Wed. & Thur. 1-8 p.m., Fri. 12-8 p.m., Sat.- Mon. 12-6 p.m.



KUN







Contact the USAG-KA Sexual Harassment/ Assault Response and Prevention Victim Advocate

Chief Warrant Officer 2 Nate Elkins SHARP Victim Advocate Work: 480-0660 or 480-3421 USAG-KA SHARP Pager: 808-580-3241 DOD SAFE Helpline: 877-995-5247

ARMY FAMILY HOUSING DEMOLITION IN PROGRESS

The demolition of the North Point Army Family Housing area is in progress. Construction operations will continue until January 2025.

Operations will accommodate commute times for maximum safety. All island residents should exercise caution near and around the North Point neighborhood. Please look out for large vehicles in transit.

During operations, you may see and hear some the following:

- An increase in traffic
- Felled trees and loud noises
- Heavy equipment in operation
- Breaking concrete and sheet metal
- The removal of debris and construction material
- Construction crews clearing foliage with bladed hand tools

SAFETY FIRST: Please stay away from the demo area, follow posted safety warning signs, and keep your distance from trucks transporting debris.



PLEASE USE CAUTION ON THE ROADS SURROUNDING THE RED AND GREEN SAFETY AREAS.

PLEASE EMAIL KWAJ_OSO_OPS@VECTRUS.COM TO SHARE ANY CONCERNS AND QUESTIONS.

Check out more news and entertainment about Kwaj life on the USAG-KA YouTube Channel, at https://www.youtube.com/USArmyGarrisonKwajaleinAtoll.

Island Memorial Chapel STUDENT SPONSORSHIP PROGRAM

Do you want to help a child on Ebeye? Consider sponsoring school tuition. Call Paula Fluhrer at 480-5345 or email IMCSSP@gmail.com for more information.



COMMUNITY INVOLVEMENT for The Oct. 15 ZOMBIE RUN

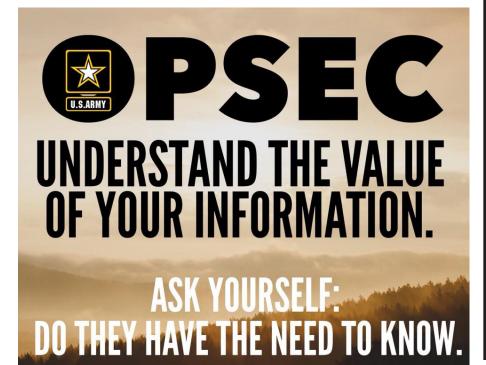
Email the Event Coordinator to learn if your residence is along the Zombie Run Route.

encourage the community to add to the fun.

*Add your own Spooky twist to this event at your residence *decorate your residence *play spooky sounds *dress up and scare runners * invite your friends over and watch zombies chase the runners from your front or back yard*



Contact Event Coordinator, by email <u>Kara.Larson@Vectrus.com</u>



EMERGENCY PREPARATION

PUBLIC SAFETY ANNOUNCEMENT

Imagine a disaster affecting the entire USAG-KA community, leaving residents without electricity, water, access to shops, and communication. Are you and your family prepared? Discover essential items to assemble your survival kit, so in the face of calamities like a devastating typhoon, you're ready.

Start by selecting a sizable travel bag or suitcase. These are the items to pack, as you might need them at an evacuation shelter:

Evacuation Go-Bag:

- One-gallon jug of water per household member.
- One-day supply of non-perishable food for each person.
- Manual can opener.
- Eating utensils, plates, and cups.
- Practical clothing.
- Rain gear, e.g., ponchos.
- One blanket for each family member.
- First-aid kit.
- Short-term supply of necessary prescription medications for household members.
- Limited supply of common overthe-counter medications.
- Personal hygiene essentials: travel-sized shampoo, soap, toothpaste, etc.
- Battery-powered radio.
- Flashlight and fresh batteries.
- Entertainment for children, such as books and small toys.
- Bags for water protection.
- Pet food.

Additionally, prepare a post-disaster supply kit. Store this in a watertight container inside your residence.

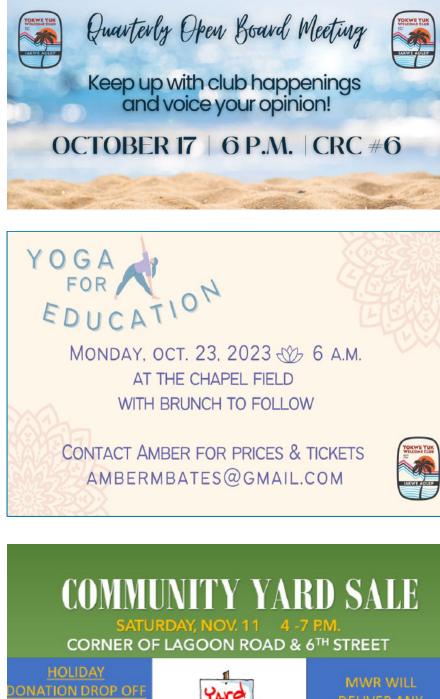
Post-Disaster Supply Kit:

- At least one gallon of freshwater per person, per day, for three days.
- Three to five-day supply of non-perishable food for all family members.
- Hats.
- Sunscreen.
- Insect repellent.Baby wipes.
- Baby Wij
 Towels.
- Matches/lighters.
- Propane or charcoal for grilling.

UPPORT

ajitok? Abnono Questions?

Call the Commander's Hotline at 5-1098.



OONATION DROP OFF OR RMI RESIDENTS OF EBEYE, CARLOS & SANTO, GENTLY USED BOOKS, TOYS & CLOTHING FOR



MWR WILL DELIVER ANY ITEMS NOT SOLD AT THE YARD SALE TO BARGAIN BAZAAR.

MWR

To reserve tables & chairs underneath tent contact via email <u>Kara.Larson@Vectrus.com</u> or sign up in the Grace Sherwood Library by Nov. 8.

UXO SAFETY

PUBLIC SAFETY ANNOUNCEMENT

Unexploded ordnance should be treated like dangerous sea creatures: Look, but do not touch.

You can play an important role in keeping Kwajalein safe by knowing what to do when you spot unexploded ordnance.

- Remember the three R's of UXO:
- Recognize an item as possible unexploded ordnance;
- Retreat from the area of the UXO;
- Report suspected UXO immediately.

If you discover an object that could be UXO, notify Kwajalein Explosive Ordnance Disposal immediately by calling 480-1433.

You can also call CPS at 480-4445.

Provide the following information about what you found:

- Location. Note helpful details like the building number, GPS coordinates and any prominent landmarks
- Size of the UXO as compared to common items like a football or scuba air cylinder

For a detailed refresher on UXO safety, attend the new island orientation or call Kwajalein EOD at 480-1433.

Kemejmej R ko 3:

- Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO).
- Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo.
- Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (480-1433) ak CPS (480-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.

SMALL BOAT MARINA HOURS OF OPERATION & RENTAL DETAILS

Kwaj SBM is open 7 a.m. - 6:30 p.m. Friday, Saturday, Sunday, Monday & holidays. Attendant window opens at 7 a.m. Boats goes out starting at 7:30 a.m. and return at noon. Afternoon boats go out starting at 1 p.m. and return at 5:30 p.m.



For Fire or ambulance, dial 911. Security: On Kwaj and Roi, dial 805-355-4000; on Meck dial 911 Security Department Non-Emergency Desk Sergeant, dial 805-355-4445 or 4449; on Roi dial 805-355-6445 or 6447 Emergency Operations Center, dial 805-355-1777; Explosive Ordnance Disposal, dial 805-355-1433 (after-duty hours, dial 805-355-4444) Sexual Assault Victim Advocate, dial 805-355-2758



WEATHER WATCH

RTS WEATHER STATION STAFF

Expect a relatively unsettled pattern to carry Kwajalein into the next few days. There will be a series of troughs that will transit through the central RMI for the weekend and into the beginning of the workweek. We are in the thick of the wet season for the Marshall Islands, so one should expect the next couple of months to be quite wet, even though Kwajalein has been a bit on the dry side.

As we enter the weekend on Saturday, we will see a surface circulation with the help of the Intertropical Convergence Zone (ITCZ) transit to the south of the central RMI, to be followed by a rather robust trough for Saturday late afternoon into Sunday with increased showers and the risk of strong gusty winds in the vicinity of any shower activity due to strong mid-level winds. The risk will be greatest during the decay phase of the larger shower cells, as down drafts bring those strong mid-level winds down to the surface.

Monday will see continued off and on showers, but they will be less widespread than on Sunday. Winds will be east-northeast to east-southeast mostly in the upper single digits, and will occasionally become calm at times. As we start the workweek, unstable conditions will continue. Expect more shower laden troughs with intervening fair weather periods and winds mostly in the single digits.

SATURDAY

Partly sunny with stray showers increasing into the afternoon. Winds ENE-ESE at 7-12 knots, decreasing to 4-9 knots by early afternoon with gusty winds near showers.

SUNDAY

Partly sunny to mostly cloudy with isolated to widely scattered showers in the morning, decreasing to stray to isolated showers by afternoon. Winds ENE-E at 4-9 knots with higher gusts near showers.

MONDAY

Partly sunny with isolated shower chances throughout the day. Winds ENE-ESE at 3-8 knots and calm at times with higher gusts near showers.

NEXT WEEK

Expect isolated to widely scattered showers Tuesday morning in the daylight hours. Winds will be mostly in the middle single digits.



SUN-MOON-TIDES

		and the second second		
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:37 a.m.	1:20 a.m.	2:11 p.m. 1.9'	7:38 a.m. 1.0'
	6:37 p.m.	2:19 p.m.		7:06 p.m. 1.5'
MONDAY	6:37 a.m.	2:11 a.m.	1:20 a.m. 2.6'	8:10 a.m. 0.6'
	6:36 p.m.	3:04 p.m.	2:22 p.m. 2.3'	7:57 p.m. 1.0'
TUESDAY	6:37 a.m.	3:00 a.m.	2:04 a.m. 3.0'	8:32 a.m. 0.3'
	6:36 p.m.	3:45 p.m.	2:39 p.m. 2.8'	8:27 p.m. 0.5'
WEDNESDAY	6:37 a.m.	3:46 a.m.	2:35 a.m. 3.4'	8:53 a.m0.0'
	6:35 p.m.	4:23 p.m.	2:59 p.m. 3.2'	8:54 p.m. 0.1'
THURSDAY	6:37 a.m.	4:30 a.m.	3:01 a.m. 3.7'	9:14 a.m0.3'
	6:35 p.m.	5:00 p.m.	3:20 p.m. 3.6'	9:20 p.m0.2'
FRIDAY	6:37 a.m.	5:14 a.m.	3:26 a.m. 3.9'	9:36 a.m0.5'
	6:34 p.m.	5:36 p.m.	3:43 p.m. 4.0'	9:46 p.m0.5'
OCTOBER 14	6:37 a.m.	5:58 a.m.	3:51 a.m. 4.1'	9:58 a.m0.7'
	6:34 p.m.	6:12 p.m.	4:06 p.m. 4.2'	10:13 p.m0.7'

LISTEN FOR UPDATES ON WEATHER AND COMMUNITY EVENTS ON 99.9 THE WAVE AND 97.9 ROI RAT RADIO TUESDAY THROUGH SATURDAY FROM 7-9 A.M., 11 A.M.-1 P.M. AND 4-6 P.M.



FOR KWAJ COMMAND TEAM INFO & UPDATES

