

THE KWAJALEIN HOURGLASS



THIS WEEK

USAG-KA HONORS
PATRIOT DAY 2

LONGTIME TEACHER
IS BACK IN ACTION 3

ACTION HEALTHY
AND LIVE STRONGER 4

ELAISA RIKLON SINGS THE NATIONAL ANTHEM OF THE REPUBLIC OF THE MARSHALL ISLANDS AT THE ISLAND MEMORIAL CHAPEL DURING THE SEPT. 12 USAG-KA PATRIOT DAY CEREMONY.

 JESSICA DAMBRUCH



1) John Broadnax sings the national anthem of the United States. 2) Kwajalein High School clarinet players play the U.S. national anthem during the Patriot Day ceremony Sept. 12.

USAG-KA COMMUNITY HONORS PATRIOT DAY

HOURLASS REPORT

The **USAG-KA** community gathered at the Island Memorial Chapel on Sept. 12 to pay tribute to the lives lost in the 9/11 terror attacks in New York; Washington, D.C.; and Pennsylvania.

The remembrance ceremony included special musical performances by the Kwajalein High School marching band, Elaisa Riklon and John Broadnax, who performed the national anthems of the Marshall Islands and United States, respectively.

USAG-KA Command Sgt. Ernest Miller delivered remarks, paying tribute to the heroism of first responders.

At the culmination of the ceremony, the island community of Kwajalein bowed their head in silence, vowing to

remember the significance and heroism of the fateful day.

Now 22 years after the event, a recent White House press release describes the transformation of the American spirit in the aftermath of the tragedy—a reminder for future generations never to forget.

“Today we remember all the heroes who were forged in the hours, days, and years that followed that terrible morning of September 11, 2001—ordinary Americans who, amidst the terror, smoke, and flames, demonstrated extraordinary courage and selflessness. Together, their bravery helped prove to our Nation and the world that what those terrorists most hoped to wound could never be broken: the character of our Nation.

In the crucible that was September 11th, we saw just how deep that character goes. We saw it in the civilians, service mem-

bers, and first responders who leapt into action that day, running into the searing flames and crumbling buildings — risking and losing their own lives to save others. We saw it in the incredible courage and resolve of the passengers on board Flight 93, who refused to let their plane be used as a weapon against more innocent Americans. We saw it in the police officers and firefighters who returned to the twisted steel and broken concrete slabs of Ground Zero and the Pentagon for months—breathing in toxins and ash that would damage their own health but nonetheless refusing to stop searching through the destruction. And we saw it in the millions of Americans across our country who responded to the September 11th attacks by signing up to defend our Constitution and join the greatest fighting force in the history of the world.”



THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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CARMEN JEADRIK

BY YOLANIE KORAB

One of the atoll’s most remarkable individuals is Carmen Jeadrik, a teacher who has dedicated more than 26 years of her life to serving the community of U.S. Army Garrison-Kwajalein Atoll as a Child & Youth Services program assistant.

Carmen’s commitment and passion for supporting children and youth aged 3 to 4 years-old has made her an invaluable part of the community while parents go to work for many years.

Carmen started working with CYS years ago as an employee of former island contractor Raytheon. Over the years, she has worked for Raytheon, Kwajalein Range Services, DynCorp International, Amentum, and now Vectrus-V2X. Through it all, Carmen has worked to serve the island’s children, ensuring their safety. Her compassion with CYS daycare has touched the lives of countless children who are now adults.

Carmen had retired from her position in 2022 as child youth program lead. In her current role, Carmen works as a child daycare assistant. She said she recently came back because she loves to go to work and seeing the children every day is better than staying home.



U.S. ARMY PHOTOS BY YOLANIE KORAB

1) Carmen Jeadrik, right, reads to children at the Child Development Center during a recent class. 2) CYS employees interact with children during a fieldtrip to Emon Beach on Sept. 2. From left: Carmen Jeadrik; top, Velma Matthew; and right Jamilah Avery. Children in the photo range from ages 3 to 4 years-old.

U.S. ARMY SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

The ARROW Continuation Experiments program concluded on this date in 1998.

The Israeli Air Force completed a successful fly-out of the ARROW-2 launched from the Palmachim Test Site. Although the target failed to launch, during this test the various Arrow system components detected a virtual target with the Green Pine fire control radar and relayed the information to the command center - Gold Etrog.

A follow-on to the Arrow program, the ARROW-2 was equipped with a back-up warhead and was designed to intercept targets at a distance of up to 100 km.

About the Command: USASMDC is built upon a lengthy history of achievement in space and missile defense. Since 1957, when the Army created the first program office for ballistic missile defense, the command has dedicated itself to missile defense research, development and deployment.

In December 1962, the command made history with the first successful intercept of an ICBM reentry vehicle with the Nike-Zeus. History was repeated in the 1980s with a new non-nuclear technology.

The kinetic energy concept of "hitting a bullet with a bullet" was first proven in June 1984 with the intercept of an ICBM warhead in the Homing Overlay Experiment. In 1987, the Flexible Lightweight Agile Guided Experiment confirmed the concept against shorter-range tactical missiles.

Nearly a decade later, the command demonstrated the missile defense applications of directed energy systems. In February 1996, the Mid Infrared Advanced Chemical Laser destroyed a short-range rocket in flight.



USASMDC PHOTO

An undated photo of the ARROW test, courtesy of U.S. Army Space and Missile Defense Command.



Check out more news and entertainment about Kwaj life on the USAG-KA YouTube Channel, at <https://www.youtube.com/USArmyGarrisonKwajaleinAtoll>.

HEALTHFUL TIPS FOR ISLAND LIFE

COMMUNITY CONNECTION

By Dr. Matthew Connor,
Kwajalein Hospital

By now we are all very weary of anything to do with COVID, but here it is, along with other viruses, affecting our tight community on the beautiful island of Kwajalein. Thankfully, no one has become seriously ill, but we do have many people who are susceptible to severe COVID due to age, existing medical problems, weight and other factors. The good news is that there are many things we can do to help others avoid a virus, and steps you can take to keep yourself from getting any virus.

Microbes can be transmitted by touching any surface with a virus present and then touching yourself in some way, putting the virus on your body.

If you touch an object with the virus, and then rub your eye or your nose and eat with your hands, you essentially place that virus directly into your body. You can prevent this by always keeping your hands out of your face and mouth. Even if you wash your hands and then enter the dining facility and touch a door handle or a serving utensil another

person has touched who has just rubbed their own nose or coughed onto their hand and then touched it--I've seen it happen--you can get a virus. Consider not using your hands to eat. Even things like sandwiches or fruit can be sliced and eaten with a fork. Use a fork or wrap a napkin around the morsel to prevent touching the food.

Does this sound extreme? Maybe, but these are things you can control to prevent spread of any bug to yourself. It could make the difference between spending a week at home with a fever, cough and diarrhea; getting work accomplished and playing at our beautiful beaches; or spreading COVID to someone who could succumb and die.

Remember, if you are sick with COVID, stay away from others for at least five days as directed per standards set by the Centers for Disease Control and Prevention CDC. Follow up that initial isolation with an additional five days of masking when in public, at work or around others. The virus is spread via respiratory droplets from coughing and breathing.

We are all in this together. If we act like a family, Team Kwaj, who wants to keep each other healthy, we can take steps to help others. One way to do this is to keep ourselves healthy.

Healthful Tips

You can prevent yourself from getting sick from most microbes by the way you take care of yourself on a daily basis. Choices you make daily determine your immune strength tomorrow.

Here are some quick ways to destroy your immune system: Consuming sugar, processed oils and inflammatory foods; weight gain; losing sleep; and staying stressed and angry.

Ways to strengthen your immune system include eating a colorful diet low in sugar; obtaining plenty of good sleep (approximately seven to eight hours per night); decreasing sources of stress; and enjoying the sun: a great free source of Vitamin D.

Remember, during the COVID surge of 2020-21, Vitamin D levels made a huge difference in whether someone became seriously ill and was hospitalized. Good social relationships and even having a strong spiritual life can help you maintain good health—and believe it or not, this fact is reflected in science literature.

Think of your path as a series of S's: sweat, sun, social, spirit, sleep, decrease stress, swallow things that bring life and health, and avoid sugar. People who are healthy on the inside really don't get sick, even if infected by a virus. The choices you make today determine your (and other's) tomorrow.



1) Lance Posey, Chargé d'affaires of U.S. Embassy Majuro, center, visited Ebeye Public Elementary School during his first visit to Kwajalein. 2) Posey, left, meets with Capelle Antibas, acting deputy city manager; and Anjo Kabua, the executive director of the Kwajalein Atoll Development Authority. The KALGOV and KADA leadership provided a tour of Ebeye, highlighting COFA-funded projects. 3) Last week, the U.S. Department of Veterans Administration (V.A.) team enrolled many local veterans in Majuro. Posey visited and met members of the Post 22 Returning Warriors and the V.A. team. Over two dozen veterans were able to register and update their claims, benefits, pensions, and much more. The embassy thanked Manila's VA team for assisting the former service members.



MANIT DAY

MARSHALLESE CULTURAL DAY

MONDAY, OCT. 2

11 A.M. - 2 P.M.

MARSHALLESE CULTURAL CENTER

U.S. ARMY GARRISON-KWAJALEIN ATOLL



IAKWE AOLEP!

Join the Kwajalein community for a celebration and showcase of “manit,” or Marshallese culture, Oct. 2 at the Marshallese Cultural Center, 11 a.m. - 2 p.m. Sample traditional dishes and check out crafts and exhibitions.

This Marshallese cultural celebration provides our community an opportunity to learn more about and to appreciate Marshallese culture. It is a free event open to the entire community.

For more information about Kwajalein’s annual heritage celebration, please contact the USAG-KA Host Nation office at 480-2103.





REAGAN TEST SITE SUPPORTS AIR FORCE GLORY TRIP

U.S. SPACE FORCE PHOTO BY AIRMAN 1ST CLASS KADIELLE SHAW

An operational test launch of an Air Force Global Strike Command unarmed Minuteman III intercontinental ballistic missile launches from Vandenberg Space Force Base, California, on Sept. 6, at 1:26 a.m. PT. The purpose of the ICBM test launch program is to validate and verify the safety, security, effectiveness, and readiness of the weapon system, according to Air Force Global Strike Command.

EXTERNAL REPORT

By Jason Cutshaw, USASMDC

REDSTONE ARSENAL, Ala.—A U.S. Army Space and Missile Defense Command team played an important behind-the-scenes role in supporting the Air Force's Glory Trip-247, Sept. 6.

An unarmed Minuteman III intercontinental ballistic missile launched from Vandenberg Air Force Base, California, during Air Force Global Strike Command's operational test and impacted in a pre-established target zone roughly 4,200 miles away near USASMDC's Ronald Reagan Ballistic Missile Defense Test Site on Kwajalein Atoll in the Republic of the Marshall Islands. RTS is a range and test facility located 2,300 miles southwest of Hawaii.

The purpose of the ICBM test launch program was to validate and verify the effectiveness, readiness and accuracy of the weapon system and to ensure the United States' nuclear deterrent is safe, secure, reliable and effective to deter 21st century threats and reassure America's allies.

"RTS serves as the supporting range for all Glory Trip missions," said Col. Juan Santiago, RTS director. "The Reagan Test Site maintains custody of the article under test from launch to impact to ensure a safe test environment for all. RTS is part of the Department of Defense's Major Range and Test Facility Base, which provides vital test and evaluation support to mission partners conducting development and operations testing of critical capabilities for the nation's defense.

"I am honored to lead and work with such a dedicated group of passionate professionals," he added. "In addition

to executing its test and evaluation mission, the RTS team works around the clock supporting U.S. Space Command's space-domain awareness mission."

Supporting the launch from Huntsville were members of USASMDC assigned to the RTS Operations Center-Huntsville, which controls sensors at the RTS. ROC-H is the command and control facility for missile defense testing and for space operations at RTS despite being more than 6,500 miles from Kwajalein.

RTS sensors, including high-fidelity metric and signature radars, as well as optical sensors and telemetry, play a role in the research, development, test and evaluation in support of America's defense and space programs. RTS provides range instrumentation, ground range safety, meteorological support and data analysis and uses a full spectrum of support, including multiple radar frequencies, telemetry, and multiple high-speed optical and camera systems to capture every measurable data opportunity and provide data and information critical to system performance evaluations.

RTS is one of the major range and test facility bases supporting Glory Trip missions. They collect radar, optical and telemetry data in the terminal phase of flight on behalf of the Air Force customer and track vehicles down range using radars, telemetry and optics instrumentation. For GT-247, RTS provided scoring data from when the vehicle impacts into the Kwajalein Missile Impact Scoring System.

The test results will verify the accuracy and reliability of the ICBM weapon system and provide valuable data. The ICBM test launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, cred-

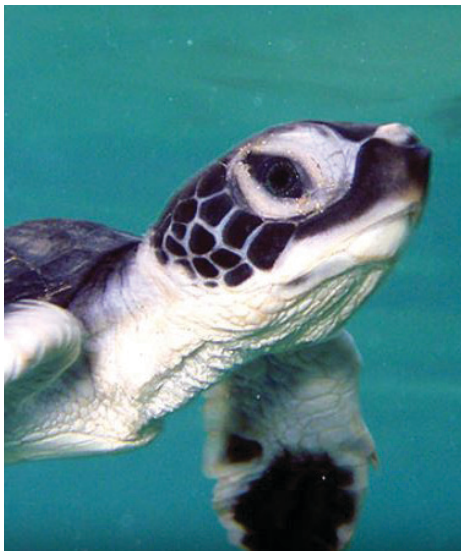
ible nuclear deterrent as a key element of national security and the security of U.S. allies and partners.

Vanessa Kacer, RTS mission manager, said as it has done for decades, RTS captured critical data collection on the Minuteman III missile set as it was in flight, including radar, optical and telemetry data.

"The data that was collected will be analyzed by our team, and will provide the Air Force with information on how the system performed, providing key insight into accuracy and readiness of the operational system," Kacer said. "The remote location of the sensor suite in the middle of the Pacific Ocean not only provides the ability to collect data in a location where no other data collection assets exist, but it also provides a relatively safe location for testing."

Kacer added that the Air Force has conducted flight tests with many of these same sensors supporting their Glory Trip missions for more than 50 years. During these tests, RTS has been able to provide a wealth of data for the Air Force to measure against.

"The excitement for a launch builds exponentially as you get within the last several minutes of launch, after the system checks are passed, assets are primed and ready, and the long, and often late night, countdown is behind you," Kacer said. "You know you have done everything possible to prepare, the last thing to do is hold your breath as you watch the video of the launch before shifting to action to wait for what we see when it eventually breaks our horizon. From that point on, in many cases we actually hope for an unexciting test, which generally means that the system under test as well as the sensors supporting the data collection performed as expected."



NOAA PHOTO

How do sea turtles hatch?

EXTERNAL REPORT

Baby sea turtles hatch from their nest en masse and then rush to the sea all together to increase their chances of surviving waiting predators.

In summertime when the weather is warm, pregnant female sea turtles return to the beaches where they themselves hatched years before. They swim through the crashing surf and crawl up the beach searching for a nesting spot above the high water mark. Using her back flippers, the reptile digs a nest in the sand. Digging the nest and laying her eggs usually takes from one to three hours, after which the mother turtle slowly drags herself back to the ocean.

The sea turtle lays up to 100 eggs, which incubate in the warm sand for about 60 days. The temperature of the sand determines the genders of baby sea turtles, with cooler sand producing more males and warmer sand producing more females. The phenomenon is called Temperature-Dependent Sex Determination, or TSD, and governs the genders of other reptiles, too, including alligators and crocodiles. Current NOAA research suggests that warming trends due to climate change may cause a higher ratio of female sea turtles, potentially affecting genetic diversity.

When the tiny turtles are ready to hatch out, they do so virtually in unison, creating a scene in the sandy nest that is reminiscent of a pot of boiling water. In some areas, these events go by the colloquial term “turtle boils.” Once hatched, the turtles find their way to the ocean via the downward slope of the beach and the reflections of the moon and stars on the water. Hatching and moving to the sea all at the same time help the little critters overwhelm waiting predators, which include sea birds, foxes, raccoons, and wild dogs. Those that make it through the gauntlet swim to offshore sargassum floats where they will spend their early years mostly hiding and growing.

SAILING

MARSHALLESE LANGUAGE LESSON

Sailing is a common Marshallese pastime. Although powerboats have replaced outrigger canoes for the most part, traditional races are still held periodically between outriggers that range in size from models, up to large outrigger canoes.

Helpful Words

Wa	boat/car
Kilep	big
Jiddik	small
Kolla	pay
Jemoot	Let’s go
Kottar	wait
Lukkun lon	too many
Ettor	run
Tutu	wet
Rumwij	late
Loon	boat

Common Phrases

Wa ta ne kwoj etal ie lok?
Which boat are you going on?

Ij etal ilo wa en me kilep.
I am going on the big one.

Ewi ikutkut in aer ettor?
How often do they run?

Aolep awa ewor ej ettor. Ak kwe?
There’s one running almost every hour. What about you?

Ij uwe ilo wa jiddik en bwe elukun mokaj.
I am going on that small boat because it’s really fast.

O, ko rumij ke?
Oh, are you late?

Aet ij aikuij bok juou loon nan Kwajalein.
Yes, I have to catch a boat to Kwajalein.

Ak jej ke kola ilo wa kan.
So, do we pay when we get on those boats?

Jej kola im jejab tutu.
We pay, and we don’t get wet.

Jemoot im uwe ilo wa jiddik ne.
Let’s go and get on the small boat.

Jejab kottar bwe enaj lukkun lon lak ruwe.
Let’s not wait, because there may be too many people.

Wa en eban kadikdik ne emoot.
The boats won’t slow down, once it’s off.



Kamani Trees

EXTERNAL REPORT

From “Gardening on Kwajalein,” by the Garden Club of the Yokwe Yuk Women’s Club, 1983

The Kamani Tree

The very large tree behind the Richardson Theater is a kamani tree. The flowers are very fragrant and white. The leaves are thick and leathery. The tree is native to India. It was sacred to the Polynesians and is mentioned in Hawaiian chants.

The tree produces a nut called the punnai nut, which yields dilo oil. The oil is used medicinally. The nut can be planted for propagation, and the tree can grow to a height of 60 feet.

The False Kamani Tree, or False Almond

The false kamani is a 30-foot, salt-resistant tree seen extensively throughout the South Pacific islands. The white flowers are fragrant.

The false kamani can be recognized by its horizontal branches, which grow in wide, spreading circles at different levels on the trunk. The large, leathery leaves turn red before falling and are suggestive of autumn leaves.

The tree bears a flat, almond-shaped, edible fruit which is really a nut. The nut is very difficult to separate from its outer covering. It is probably one of the finest tropical nuts. The tree can be propagated by planting a fruit.

Locations on Kwajalein where false kamani trees have been found in the past include Qtrs. 224-A, Qtrs. 105-B and Qtrs. 223-A.

MOVIES

KWAJALEIN
YUK THEATER

Saturday, Sept 16
"Sing 2" (2021)
(PG) 93 min.

Sunday, Sept. 17
"The Magnificent Seven" (2016)
(PG-13) 132 min.

Monday, Sept. 18
"Step Brothers" (2008)
(R) 98 min.

ROI-NAMUR
C-BUILDING

Saturday, Sept. 16
"Captain Marvel"
(PG-13) 123 min.

Sunday Sept. 17
"The Good Liar"
(R) 109 min.

Saturday, Sept. 23
"Escape Room 2"
(PG-13) 88 min.

Sunday, Sept. 24
"The Grudge"
(R) 91 min.

Saturday, Sept. 30
"Searching"
(PG-13) 102 min.

Sunday Oct. 1
"Black Klansman"
(R) 134 min.

All shows start at 7:30 p.m.

ACTIVITIES

VOLLEYBALL SEASON 2023. Register now through Sept. 26. Season begins Oct. 3. Contact Kevin Robertson at 480-4198 for details and registration.

CAC OFFICE

Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you to your appointment. Walk-in appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Questions? Call 480-8496.

CHAPEL

PRAYER AND PRAISE NIGHT. Every first Sunday at 7 p.m. in the large chapel on Kwajalein. This open worship night is free and open to everyone.

ROI SERVICES. Catholic Mass will take place on Roi at 6:30 p.m. on the second and fourth Fridays of each month. Protestant services will take place every first and third Friday of each month.

CHAPEL COUNSELING AVAILABLE.
For those who seek religious guidance,

THE CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@vectrus.com Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.

Island Memorial Chapel

STUDENT SPONSORSHIP PROGRAM

Do you want to help a child on Ebeye?
Consider sponsoring school tuition.
Call Paula Fluhrer at 480-5345 or
email IMCSSP@gmail.com for more information.

general counseling, and who may have questions related to family counseling, all are welcome to schedule an appointment with Ch. Brian Conner at the Island Memorial Chapel by calling 480-3505.

E-WARENESS

Stormwater Pollution Prevention

Stormwater discharges are a significant source of pollutants. Stormwater can become polluted as it flows over contaminated surfaces. This leads to contamination of lagoon waters and potential damage to corals and other marine species.

What can you do?

- Good housekeeping
- Preventive maintenance
- Spill prevention and quick response
- Sediment erosion control
- Manage storm water runoff
- Employee training

For more information on storm water pollution prevention or training opportunities, contact Vectrus Environmental at 480-0722.

Ijoko elap an toor dren ie rej jikin ko elap menin paijin/kij ko remaron in bar walok ie. Ekka wot an jede paijin kein jen ijoko dren eo ej toorlok ie. Elane ej toor dren kein nan lojet innem enaj kakure lojet eo, wod ko ie im menin mour/eddrek ko ie.

Ta komaron komane?

- Karreo
 - Kejbarok wot jerbal ko bwe in driklok an nej walok jorren
 - Kojerbal spill kit ko im mokaj nan jerbal ko
 - Lale men ko rej elejo bwe renjab toor nan lojet
 - Manage e drenin wot ko ial ko
 - Etal nan Training ko nan ekatak
- Nan melele ko relaplok ikijeon wewein kein ak training, call e Vectrus Environmental ilo 480-0722.

FACILITIES & HOURS

RACQUETBALL COURT CODE. Residents can obtain the door code from the

MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 480-3331 with questions.

MILICAN FAMILY POOL. Closed for cleaning on Thursdays. Open noon to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. on Sundays and Mondays. Closed Thanksgiving and Christmas.

ARMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

Service Now is the new Remedy. Please be patient as the NEC transitions to Service Now. To submit new tickets, call 480-3000. For urgent requests, email usarmy.bucholz.516-sig-bde.mbx.kwajalein-neck-change-management@army.mil.

FIRE SAFETY

The early signs of a fire: Fire drills are conducted annually by the Building Manager/Evacuation Coordinator. The BM/EC should ensure the facility has a Fire Evacuation Plan in place. Fire Reporting Procedures: Call 9-1-1, activate the fire alarm, or shout, "Fire, fire, fire!"

Once outside, report to a pre-designated area for accountability. Once out, stay out. No one is to return, until the "all clear" is given. Complete a fire drill report to document that the fire drill was conducted. Maintain a record of all the fire drills conducted at your facility. Please contact our office for questions or assistance at 480-2489.

If you notice any of these signs, evacuate the building and call 911

FLIGHTS

Please note that all flights are subject to change. For the latest update on your flights on United, ATI or Air Marshall Islands:

ATI: 480-2169; AMI: 480-3469;
United: 480-4852 or 1-800-UNITED1;
Air Terminal Services: 480-2660; Flight
Information Recording: 480-3589

UA Schedule Effective Now
Monday and Friday—UA 155 (HNL)
Check-in 2 – 4:50 p.m.
Wednesday—UA 133 (HNL)
Check-in 2 – 4:15 p.m.
Tuesday and Saturday—UA 154 (GUM)
Check-in 10:45 – 11:15 a.m.

HEALTH

Employee Assistance Program counsel-
or, Kenneth Thomas, can be reached at
kenneth.thomas@internationalsosgs.us
or 480-5362. Clients can expect educa-
tion about mental health disorders from a
multicultural perspective with the goal of
moving toward acceptance and ultimately
to mitigate symptoms.

COVID-19 BOOSTERS. A bivalent
COVID-19 vaccine booster is available for
those aged 12+ if it has been more than 120
days since their initial bivalent COVID-19
vaccine dose. To register, please email
judy.wiser@internationalsosgs.us, or call
480-2223.

NOT FEELING WELL? Call 480-2223 to
make an appointment for a COVID-19
test, Tuesday through Saturday from 7:30
a.m. – 4:30 p.m. If you are not feeling well,
please wear a mask when you are around
others in the community.

NOTIFY THE VET. Pet owners must noti-
fy Kwaj Vet Services before vacation. A pet
sitter authorization form for treatment is
required prior to departing Kwaj. Reach
Vet Services at 480-2017 Tuesday through
Saturday from 7:30 a.m. – 4:30 p.m.

THE KWAJ SALON can style all kinds of
hair, but they cannot treat lice. The salon
staff thanks you for your understanding.

HEALTH TIP. Invest in Health: Treat Your-
self & Your Family to Abundant life. Treat
yourself and your family as valuable peo-
ple. To add life and health to your family,
replace all processed vegetable oils with
nutritious naturals. Use olive, avocado
and coconut oil. Discard all others (cano-
la, vegetable, safflower, corn and soy), in-
cluding packaged foods that contain these
as ingredients. They are toxic to your body
and brain, causing inflammation and
weight gain. You can look good, feel good
and share the good. Questions: Matthew.
Conner@internationalsosgs.us.

JOB

To apply for government employment op-
portunities on U.S. Army Garrison-Kwaja-
lein Atoll and worldwide, visit usajobs.gov.
Email kwajaleinhourglass@vectrus.com to
remove a listing.

AKIMA is hiring for the following on-is-
land positions: Communications Clerk
(ID: TRU0101); Communications Spe-
cialist (ID: TRU0100); and Fiber / Cable
Technician (ID: TRU01099). Applicants
must reside on USAG-KA and possess a
valid passport. For information and a list of
required qualifications, visit https://akima.taleo.net/careersection/akimalc_cs/jobsearch.ftl. Apply online or send re-
sume to Jeannette McIlwain at jeannette.
mcilwain@akima.com.

CHILD AND YOUTH SERVICES is hir-
ing a facility director (req. 31990) and
lead teacher (req.31991). All required
background checks must be successfully
completed and maintained. A health as-
sessment is also required. Apply online at
www.vectrus.com.

ENVIRONMENTAL HEALTH AND
SAFETY MANAGER. KFS LLC is ac-
cepting resumes for a Health and Safety
Manager to support an upcoming En-
vironmental Project on Kwajalein. Visit
<https://honuservices.jobs.net/en-US/job/health-and-safety-manager/J3N1RL6K-DG9RWPTYQDF> for additional informa-
tion, including the full job description,
qualifications, and resume submission
instructions.

NAN, INC. seeks a project engineer, weld-
er, welding inspector, quality control man-
ager, and site safety and health officer. To
apply, visit www.nanhawaii.com and con-
tact Clint Ueatari at 480-2632, 480-4995
or 480-4996.

PARSONS is accepting applications for
office clerk, heavy equipment operator,
quality control technicians, concrete fin-
isher, general labor and masonry. Please



**Contact the USAG-KA Sexual
Harassment/ Assault Response
and Prevention Victim Advocate**

**Chief Warrant Officer 2 Nate Elkins
SHARP Victim Advocate
Work: 480-0660 or 480-3421
USAG-KA SHARP Pager:
808-580-3241
DOD SAFE Helpline: 877-995-5247**

Theology
ON TAP
Led by Fr. Jim Ludwikoski
Monday, Sept. 18
6:30 p.m. at the ARC
This Month's Topic -
"Forgiveness: A Human Essential"
kwajchapel@gmail.com

SPADES TOURNAMENT
SEPT. 21, at 6:30 P.M.
ADULT REC CENTER (ARC)
FOR MORE INFORMATION VISIT US AT THE GRACE SHERWOOD LIBRARY, THE KWAJALEIN
COMMUNITY EVENTS PAGE OR CALL 480-4198.

visit the Parsons office to apply or apply online <http://parsons.com/careers>.

TRIBALCO is hiring for desktop support specialist, intermediate systems administrator, unified capabilities technician, and infrastructure technician. Applicants must meet job requirements. Apply online at tribalco.com/jobs, www.kaihonua.com, and www.akima.com. Contact Tribalco Human Resources at 480-4344. Visit www.tribalco.com/careers.html. An active security clearance is required.

QUANTUM DYNAMICS, INC., is accepting resumes for positions on Kwajalein and Roi-Namur in the following areas: vehicle maintenance, transportation motor pool, movement control and custodial; and apply at <https://qdyncorp.com/home/careers/>. You may also visit the HR Office in Bldg. 700. Contact the Human Resources manager at 480-0782 or administrative assistant at 480-4916 for more information.

RGNEXT, LLC seeks qualified candidates to fill open positions on Kwaj and Roi in engineering, technical, COMSEC and other areas. For information and to apply, visit rgnext.com.

SUBSTITUTE TEACHERS WANTED. Kwajalein School System is now hiring substitute teachers. Qualifications: 4-year degree; confidentiality; love of working with children; favorable status for CNACI (will receive background check after accepting offer). Send resumes to uhrenp@kwajaleinschools.org. For more information call 480-3601.

TRUESTONE is hiring for multiple positions. Contact Tribalco Human Resources at 480-4344 and visit <https://www.akima.com/careers/>. Visit www.tribalco.com/careers.html.

V2X has new opportunities for on-island hires: Custodial Services Coordinator (35001), Stock Control Coordinator for Surfway (35069), Logistics Analyst (32717), Inventory Associate (35067), and Bartender (32355). Apply online at www.careers.vectrus.com or stop by the HR office in building 700.

MWR FITNESS CLASSES

All classes meet in Corlett Recreation Room 7 unless otherwise noted. All classes require a Fitness Pass. Purchase annual, 6-month and 8-month passes at the MWR desk in the Grace Sherwood Library (Bldg.

805). All classes are subject to change without notice. Call MWR at 480-3331 for information.

TUESDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
10:30 a.m. BEGINNERS YOGA CRC7
5 p.m. YOGA CRC7
6 p.m. ZUMBA CRC1
6:30 p.m. SPIN CRC7
WEDNESDAY
9:15 a.m. ZUMBA TONING CRC1
5 p.m. BEGINNERS YOGA CRC7
6 p.m. WATER AEROBICS ADULT POOL

THURSDAY

6 a.m. SPIN
9:15 a.m. ZUMBA CRC1
11:30 a.m. TRX BOOTCAMP CRC7
5 p.m. YOGA CRC7
6 p.m. WATER AEROBICS ADULT POOL

FRIDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
6 a.m. YOGA FLOW (EMON BEACH)
9 a.m. ZUMBA CRC1
5:30 p.m. POWER HOUR (Strength & cardio circuit) CRC7
6 p.m. ZUMBA TONING CRC1

SATURDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
8 a.m. TRX + CORE CRC7
10:30 a.m. WATER AEROBICS ADULT POOL

SCHOOL

SCHOOL SYSTEM EMAILS. KSS emails have changed. School email addresses now end with @kwajaleinschools.org. Ex: uhrenp@kwajaleinschools.org.

KWAJALEIN HIGH SCHOOL STREET PAINTING. Monday, Sept. 18. Please avoid Lagoon Street in front of the high school from 7 a.m. - 10 p.m.

NEWCOMERS' ISLAND ORIENTATION and Newcomer's Briefings occur in the REB, behind the Island Memorial Chapel. To register, email KWAJ_OSO_Ops@Vectrus.com or call 480-3511.

AUTOMOTIVE LICENSING. The Automotive Licensing Office has moved to Bldg. 808. Visit during regular hours of operation to complete license testing and documentation.

Reservable Pavilions

EMON BEACH #1 - #6



1

FN 1880



2

FN1878



3

FN 1877



4

FN1882



5

FN1883



6

FN 1884

CAMP HAMILTON



FN1273

CORALSANDS



FN 1272

Visit the MWR Desk at the Grace Sherwood Library or MWR 480-3133 to reserve.



CYS SEEKS YOUTH BASKETBALL VOLUNTEER COACHES

Dates: Sept. 7- Oct. 3

Days: Tuesday/Thursday/Saturday

Time: 5 – 6 p.m.

Location: CRC Gym



UNITED STATES ARMY
CHILD & YOUTH SERVICES

We have an unprecedented number of youth who want to play youth basketball this year and to serve everyone we need volunteer youth coaches! No experience needed! Volunteers must be Must be aged 18+. Training and support will be provided by the sports lead.

For more information, email christy.wagnon@vectrus.com and call 480-2158.

SATURDAY, SEPTEMBER 16, 2023 / VOLUME 64 NUMBER 37

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THE KWAJALEIN HOURGLASS

POST OFFICE

Kwaj Post Office Holiday Closures
2023: Oct. 9 - Indigenous Peoples' Day (formerly Columbus Day); Nov. 11 - Veterans' Day; Nov. 27 - Thanksgiving; Dec. 25 - Christmas Day.

2024: Jan. 1 - New Year's Day; Jan. 15 - Martin Luther King Jr. Day; Feb. 19 - George Washington's Birthday; May 27 - Memorial Day.

PCS & VACATION TIPS. Customers must notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and james.e.smith2295@army.mil.

TO USE ICE. Step 1: Visit ICE Home at disa.mil. Step 2: Click "search." Step 3: Choose USAG-KA Post Office and select "general site comment." Step 4: Click submit.

REGULATIONS

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On US-AG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

VEGETATION. Per USAG-KA Regulation 420-1, vegetation may not be planted in the ground without approved permits. Residents may be asked to remove items if planted without approval. Do not place sprouted coconuts in yards.

DON'T TAKE CULTURAL ARTIFACTS. It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S.

federal and RMI law. Do not remove these pieces of atoll history from Kwajalein. Contact the Kwajalein Archaeology Office at 480-8867.

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On US-AG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

SAFETY EMERGENCY MANAGEMENT. If an emergency or disaster occurred, would you and your family be notified?

- 1) Visit the USAG-KA Emergency Management webpage, <https://home.army.mil/kwajalein/index.php/my-fort/EM>
- 2) Click on "Mass Notification"
- 3) Follow the registration instructions.

CANDLES and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

RADIO FREQUENCY EQUIPMENT. Bringing new Radio Frequency equipment or wireless devices on island? It may require three months approval process. Report any interference problems ASAP. Home use of commercial electronics do not require approval. Contact NETCOM Spectrum Management for more information at 480-8007.

TAXI CALL 480-TAXI (8294) or 3341 to book your ride at least 24 hours in advance of your check-in time for United Airlines and ATI.

TRAINING DRIVER'S TRAINING & LICENSING. Kwajalein Classes: Every Wednesday, 9 - 11 a.m. (RMI) and 1 - 3 p.m. (U.S.) at Automotive Area, Bldg. 856, Rm. 103. Roi Classes: second Friday of the month, 9 a.m. - 11 a.m. and 1 - 3 p.m. (U.S.) in C-building. Please email wkaisha@rmi.qdyncorp.com or barnett@rmi.qdyncorp.com to register. Class size is limited. ***Note: Bring a valid US, International, or Marshall Islands License with you to class***



MUSIC

STEIN GAMES

OKTOBERFEST

MONDAY, OCT. 9
5:30 - 9 P.M. AT CAMP HAMILTON
ADULTS ONLY. MUST BE 21 TO ATTEND.
COSTUME CONTEST FOR
LEDERHOSEN & DIRNDL WEAR
YODELING CONTEST & MORE!



ARMY FAMILY HOUSING DEMOLITION IN PROGRESS

The demolition of the North Point Army Family Housing area is in progress. Construction operations will continue until January 2025.

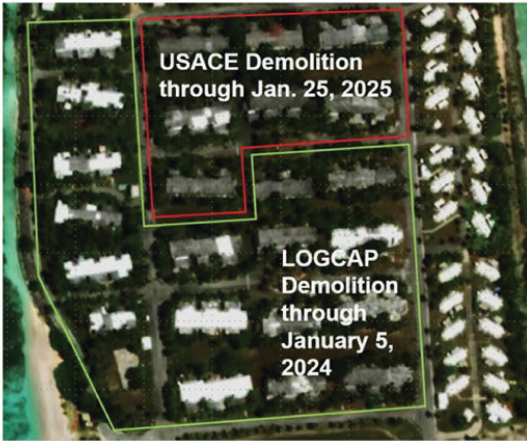
Operations will accommodate commute times for maximum safety. All island residents should exercise caution near and around the North Point neighborhood. Please look out for large vehicles in transit.

During operations, you may see and hear some the following:

- An increase in traffic
- Felled trees and loud noises
- Heavy equipment in operation
- Breaking concrete and sheet metal
- The removal of debris and construction material
- Construction crews clearing foliage with bladed hand tools

SAFETY FIRST: Please stay away from the demo area, follow posted safety warning signs, and keep your distance from trucks transporting debris.

PLEASE EMAIL KWAJ_OSO_OPS@VECTRUS.COM TO SHARE ANY CONCERNS AND QUESTIONS.



PLEASE USE CAUTION ON THE ROADS SURROUNDING THE RED AND GREEN SAFETY AREAS.

KWAJALEIN RESIDENT OFFICE (500TH MI)

Counterintelligence aims to detect and deter threats by safeguarding information vital to the preservation of national security.

Operational Security (OPSEC)

Be cautious about sharing work details on social media or in public settings.

Participate in Training

All employees on USAG-KA (military, contractor, civilian, and local nationals) are required to receive annual Threat Awareness and Reporting Program (TARP) training provided by KRO.

Reporting

Report suspicious activities to the Kwajalein Resident Office at 480-9859/1293/8006 or building 1163.

SEE SOMETHING, SAY SOMETHING.



SMALL BOAT MARINA HOURS OF OPERATION & RENTAL DETAILS

Kwaj SBM is open 7 a.m. – 6:30 p.m. Friday, Saturday, Sunday, Monday & holidays. Attendant window opens at 7 a.m. Boats go out starting at 7:30 a.m. and return at noon. Afternoon boats go out starting at 1 p.m. and return at 5:30 p.m.

USAG-KA Directorate of Emergency Services

For Fire or ambulance, dial 911.

Security: On Kwaj and Roi, dial 805-355-4000; on Meck dial 911

Security Department Non-Emergency Desk Sergeant, dial 805-355-4445 or 4449; on Roi dial 805-355-6445 or 6447

Emergency Operations Center, dial 805-355-1777; Explosive Ordnance Disposal, dial 805-355-1433 (after-duty hours, dial 805-355-4444)

Sexual Assault Victim Advocate, dial 805-355-2758

UXO SAFETY

PUBLIC SAFETY ANNOUNCEMENT

Unexploded ordnance should be treated like dangerous sea creatures: Look, but do not touch.

You can play an important role in keeping Kwajalein safe by knowing what to do when you spot unexploded ordnance.

- Remember the three R's of UXO:
- Recognize an item as possible unexploded ordnance;
- Retreat from the area of the UXO;
- Report suspected UXO immediately.

If you discover an object that could be UXO, notify Kwajalein Explosive Ordnance Disposal immediately by calling 480-1433.

You can also call CPS at 480-4445.

Provide the following information about what you found:

- Location. Note helpful details like the building number, GPS coordinates and any prominent landmarks
- Size of the UXO as compared to common items like a football or scuba air cylinder

For a detailed refresher on UXO safety, attend the new island orientation or call Kwajalein EOD at 480-1433.

Kememey R ko 3:

- Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabok-kolok (UXO).
- Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo.
- Report (Ripoot e) bokitun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (480-1433) ak CPS (480-4445).

Ken melele kein: la eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am koprok menin mour in lojet ko rekawotata. Kalimjek wot jab jibwe. Non bar kakememey eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.



WEATHER WATCH

RTS WEATHER STATION STAFF

A series of waves are expected to pass through the region and will bring periodic showers with longer intervening periods of fair weather for the majority of the weekend.

In general, evenings will likely be wetter than the daylight hours, especially on Saturday and Sunday. The first wave made its way through Kwajalein Atoll Friday night.

However, the weekend looks to start off relatively calm and dry with the RMI sitting in between waves on Saturday. Winds will be mainly in the upper single digits and may even be light and variable at times early Saturday. Shower coverage will only be stray with no thunderstorms expected.

The next wave will move through on Sunday and will elevate shower coverage to isolated while slightly raising thunderstorm chances as well. The incoming waves will be driven by a much larger robust trough which lies just east of the International Date Line.

When it reaches Kwajalein Atoll by late this Sunday, this trough will likely generate showery weather and thunderstorms for the RMI starting late Sunday, continuing on Monday, and lasting through early Tuesday morning. The main threats during this time period look to be heavy showers and potential lightning as winds are not be-

lieved to be a major threat at this time.

SATURDAY

Partly to mostly sunny with stray showers. Winds ENE-E at 7-12 knots.

SUNDAY

Partly sunny to mostly cloudy with isolated showers. A stray thunderstorm or two will be possible. Winds ENE-ESE at 6-11 knots.

MONDAY

Mostly cloudy with widely scattered to scattered showers and stray thunderstorms. Winds E-SE at 7-12 knots, gusting to the mid-upper teens near showers.

NEXT WEEK

Showers and thunderstorms will be possible early Tuesday morning as the trough exits the RMI. Relatively dry, doldrum-like conditions are expected to follow for the majority of Tuesday after the passage of the trough.

Winds will gradually increase on Wednesday before returning to normal trade winds by Thursday with on and off stray to isolated showers during this time.

The next significant chance of showery weather looks to be at the end of the workweek into the early weekend as shower coverage, along with thunderstorm chances, will once again be elevated after a few relatively calm weather days Tuesday through Thursday.



RTS



WEATHER STATION

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:39 a.m. 6:49 p.m.	8:00 a.m. 8:13 p.m.	5:10 a.m. 4.3' 5:25 p.m. 4.2'	11:19 a.m. -0.7' 11:31 p.m. -0.5'
MONDAY	6:39 a.m. 6:48 p.m.	8:45 a.m. 8:51 p.m.	5:35 a.m. 4.1' 5:50 p.m. 4.2'	11:41 a.m. -0.6' 11:59 p.m. -0.4'
TUESDAY	6:39 a.m. 6:47 p.m.	9:32 a.m. 9:32 p.m.	5:59 a.m. 3.8' 6:16 p.m. 4.0'	12:04 p.m. -0.4' -----
WEDNESDAY	6:39 a.m. 6:47 p.m.	10:23 a.m. 10:18 p.m.	6:25 a.m. 3.4' 6:45 p.m. 3.8'	12:29 a.m. -0.2' 12:27 p.m. -0.1'
THURSDAY	6:39 a.m. 6:46 p.m.	11:17 a.m. 11:08 p.m.	6:55 a.m. 2.9' 7:20 p.m. 3.5'	1:04 a.m. 0.2' 12:54 p.m. 0.2'
FRIDAY	6:38 a.m. 6:46 p.m.	12:14 p.m. -----	7:32 a.m. 2.4' 8:12 p.m. 3.1'	1:49 a.m. 0.6' 1:26 p.m. 0.6'
SEPTEMBER 23	6:38 a.m. 6:45 p.m.	1:15 p.m. 12:04 a.m.	8:45 a.m. 1.8' 10:06 p.m. 2.7'	3:09 a.m. 1.0' 2:26 p.m. 1.1'

TV & RADIO OUTAGES EXPECTED SEPT. 23

On the evening of Sept. 23, users may experience short TV and radio outages for approximately five minutes due to sunspot outages.

This is a normal occurrence in the fall and spring.

For more information, contact the V2X IT Department at 480-3000 and select option 2.

FOR KWAJ COMMAND TEAM INFO & UPDATES



TEAM KWAJ COMMANDER



@TeamKwajCommander

KEEP FOLLOWING



U.S. ARMY GARRISON - KWAJALEIN ATOLL



NASA ASTRONAUT ANDREW "DREW" MORGAN



@AstroDrewMorgan