

THE KWAJALEIN HOURGLASS



THIS WEEK

SEEING CLEARLY
WITH KWAJ OPTOMETRIST 2

EBEYE POSTMASTER
AND HOPES FOR THE FUTURE 3

RADIO DJ FAN BASE
GROWS ON KWAJALEIN 4

OPTOMETRIC ASSISTANT KASSANDRA PHILLIPS, LEFT, AND DR. WILLIAM BLACK ACCEPT GIFTS FROM RI-KATAK STUDENTS AFTER THEY RECEIVED SPRING EYECARE EXAMS.



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Optometric assistant Cassandra Phillips, left, performs an eye check for Jonielle Tagoilelagi with an occluder device at George Seitz Elementary School.

KWAJ WELCOMES BACK OPTOMETRIST

BY JESSICA DAMBRUCH

Kwajalein optometrist Dr. William Black returned to Kwajalein Atoll last week to resume optometry appointments for the island community. Appointments can be scheduled by calling 480-2220.

Black began visits to provide optometry services after the retirement of longtime eyecare doctor Chris Yamamoto. Over the years he has made multiple visits with his clinical assistant, Cassandra Phillips, and expanded services beyond basic eyecare to include eye health checks, prescriptions for spectacles and contact lenses, and general consultations about optical questions.

During this visit, one special group of atoll residents is due for their first follow-up optical appointment. Volunteering his own time and resources, in the spring, Black administered eyecare to Marshallese Ri-Katak students from George Seitz Elementary School and Kwaja-

lein High School.

Kwajalein School counselors Lauren Wallach and Mindi Gerber assisted in ushering in all 24 elementary school students and high schoolers for appointments, Gerber said.

“Dr. Black put out a general call for interest to Ri-Katak parents,” she said. “The response was overwhelming. Everyone at the school was super-excited. Anyone who we felt like needed to be seen more thoroughly for prescriptions, got a second appointment.”

The youngest students were as interested in chatting with an optometrist as they were in receiving eyecare, Gerber said.

“They were very interested to check out the optical hardware at the clinic. When he had them in the chair in front of the phoropter machine, some of my first graders said: ‘That is the coolest thing ever! How does it work?’” Gerber said. “The generosity of his time was unbelievable.”

Students thanked Phillips and Black at a Ri-Katak stu-



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

dent lunch with gifts and a special thank-you song.

“I was so emotional about it. Being a teacher here since 2011, I’ve had so many high school kids who have gone so long without glasses. There is a big difference when you can see. You don’t know until you know. I was grateful to be there.”

Dr. William Black, Kwajalein’s optometrist, left, reads an eyecare thank-you card from Jonielle Tagoilelagi, right, during a lunchtime event to recognize the optometry team for their kindness and volunteer contributions, at George Seitz Elementary School earlier this spring.



The U.S. Army Garrison-Kwajalein Atoll is interested in bringing Starlink capability to our residents. Currently, Starlink has not been approved on installation for commercial, private or official use. US-AG-KA is currently in the process of assessing mission impacts. Please be patient while we study the problem. If Starlink is approved for use on the installation, we will notify all residents.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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THE EBEYE POST OFFICE

BY YOLANIE KORAB

By Yolanie Korab, Anjowest Naisher and Caston Zackious

Wayne Korok has served the Ebeye community as postmaster for more than one year. He is a dedicated individual who knows every resident by name and offers assistance whenever needed. Korok works under the postal authority of the Marshall Islands and the atoll's main post office, located on Majuro Atoll.

Originally located inside an Ebeye church, today, the island's post office is located in a much smaller facility near the Ebeye dock. Over time, the Ebeye post office has become more than just a functional space that is small.

Despite its size, it is a post office that has played a significant role in the lives of island residents. It has become a symbol of hope and resilience for the island.

Even though it is small, residents who do not have mailboxes, communities and the government imagine that they could someday come together to build a much bigger post office and to relocate postal operations to this larger facility. They could find solace in the simple act of sending and receiving mail for a long time to come.

To this day, Korok and Ebeye post office personnel look forward to that future facility, and to providing more and better services to handle incoming and outgoing mail.

Questions and Answers

How do you handle situations where mail or packages are lost or damaged?

The Ebeye Post Office has inspectors located at Hawaii, Guam and Majuro, and they check all inbound and outbound mail, and damaged packages, before coming to Marshall Island. They follow procedures if the incoming mail arrived is damaged or lost.

What measures do you have in place for the security and privacy of mail and packages?

The values of all the mail coming from all over world is important as to take full responsibility for mail received from families and friends.

Can you explain the process for tracking delivery packages within your system?

The Ebeye post office has an inter-atoll local system for only the Marshall Islands. It does not include the United States. They use the local system to track all incoming and out going mail.

How does your team handle high volumes of incoming and outgoing mail?

The Ebeye Post Office has scheduled and incorporated with United Airlines when mail arrives. The employees must come and pick up inbound mail from Kwajalein airport.

Can you provide insights into the challenges and opportu-



U.S. ARMY PHOTO BY YOLANIE KORAB AND CASTON ZACKIOUS

Wayne Korok, Ebeye postmaster, heads the a large postal operation at the small Ebeye Post Office. Learn more about Ebeye postal operations in an upcoming episode of *The Kwaj Current* on the official USAG-KA YouTube Channel.

nities facing postal service in the current market?

The Ebeye Post Office authority has plans in the future to build a new post office in a much bigger building so all the residents of Ebeye can have their own mailboxes.

How do you ensure timely and reliable delivery in various weather conditions or unforeseen circumstances?

The Ebeye Post Office has procedures to follow, and if the weather is not good, to bring mail to Ebeye. They must leave all mail in storage on Kwajalein.

What steps do you take to maintain positive relationships with customers and to address their concerns or complaints?

All Ebeye Post Office employees take full responsibility for customer rights, concerns or complaints to build a relationship for better customer service.



U.S. EMBASSY MAJURO

COURTESY PHOTO

Three young citizens of the Marshall Islands answered the Oath of Enlistment on Majuro last week. Army recruiters from Guam and a team from Honolulu Military Entrance Processing Station spent the week facilitating medical exams and career selection as a next step toward service in the U.S. Army. Expect to see the team back on Majuro in the fall to administer another round of the Armed Services Vocational Aptitude Battery (ASVAB) test.



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Associate Audio Visual specialist Anjowest Naisher films a recent community town hall on U.S. Army Garrison-Kwajalein Atoll at the Kwajalein High School Davye Davis Multi-Purpose Room.

TUNE IN AND CHILL OUT: DJ WEST IS ON THE AIR

EDITORIAL / JESSICA DAMBRUCH

A friend has shared with me that his shop has the radio on all the time. We run into each other at the dining hall, and he tells me about how the live programming sounds.

This week, there is one show in particular that has got his attention.

“West—he’s on later in the week—he is our favorite.”

Tell me more.

“All of the guys in our shop run over to hear him during broadcasts,” he said. “They’re like, ‘This guy is good! Turn that up!’”

DJ West is Anjowest Naisher, an associate audio visual specialist on Kwajalein. Audio Visual Manager John Thygerson brought him over from the IT crowd to work on the Kwaj Current and to perform radio shifts. It was one of John’s best ideas as he built out the studio team.

West is humble, hardworking, helpful and has an unparalleled sense of humor.

Check out his live shows and you will hear some of his favorite genres, ranging from folk rock and sea shanty tunes to Jawaiian beats and Marshallese music. He is also the mastermind crafting our recent Kwaj Current public safety announcements and Marshallese language

lessons. Check out the last few episodes on the USAG-KA YouTube Channel to follow along and learn more.

When he’s not doing creative work, West is out documenting official garrison events with the Audio Visual Department or maintaining our equipment and resources. His growing radio fan base spans numerous island communities.

Over the years, the island community has tried to convince me that a) there is no radio because they do not listen to it; b) that no one owns a radio anymore. Neither of these is true. Someone is always tuned into the radio on Kwaj.

We sometimes forget that the laborers, surveyors, forklift operators, carpenters, electricians construction technicians, drivers, and all-night security personnel use radio tunes as a morale booster. Now, thanks to West, they can crank up the volume to pick up one of the few audible frequencies—Kwaj—and hear a familiar friendly voice over the airwaves playing their favorite songs.

You can also hear the live DJ team while watching the AFN roller channel. Tune in to AFN 99.9 (Kwaj) or 97.9 (Roi), Tuesday through Saturday from 7 – 9 a.m., 11 a.m. – 1 p.m. and 4 – 6 p.m. You’ll hear West on Wednesday, Friday and Saturday from 11 a.m. – 1 p.m.

U.S. ARMY SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

On July 20, 2010, in a letter to the Chief of Staff of the Army, following Unified Quest 2010, Gen. Martin Dempsey, Commander of the U.S. Army Training and Doctrine Command, recognizing the growing dependence upon space, observed that “The Army must prepare to fight in a Degraded, Denied and Disrupted Space Environment.”

RIGHT: Gen. Martin Dempsey, Commander of the U.S. Army Training and Doctrine Command.



USASMDC PHOTO

KWAJALEIN SCUBA CLUB
IS HOSTING
Women's Dive Day!



MONDAY, AUGUST 14, 2023
EMON BEACH
BE READY TO SPLASH @ 2 P.M.
TANKS & BURGERS PROVIDED

PLEASE EMAIL VIVIANA TO RSVP
WITH YOUR TSHIRT SIZE:
VIVIANA@KWAJDIVECENTER.COM



What is a lagoon?

This NASA satellite image shows the lagoons and reefs of New Caledonia. This French-governed archipelago contains the world's third-largest coral reef structure.

EXTERNAL REPORT

By the National Oceanic and Atmospheric Administration

A lagoon is a body of water separated from larger bodies of water by a natural barrier.

Lagoons are separated from larger bodies of water by sandbars, barrier reefs, coral reefs, or other natural barriers. The word “lagoon” derives from the Italian word laguna, which means “pond” or “lake.”

Although lagoons are well defined

geographically, the word “lagoon” is sometimes used as a name for a larger region that contains one or more lagoons. For example, Laguna Madre on the Texas Gulf Coast is actually made up of smaller bays and lagoons, while Laguna Beach in Southern California is actually a beach and not a lagoon at all.

There are two types of lagoons: atoll and coastal. Atoll lagoons form when an island completely subsides beneath the water, leaving a ring of coral that continues to grow upwards. At the center of the ring is a body of water that is often deep.

The combination of coral growth

and water creates a lagoon.

It may take as long as 300,000 years for an atoll formation to occur.

Coastal lagoons form along gently sloping coasts. They are generally shallower than atoll lagoons and tend to be separated from the ocean by an island, reef, or sand bank. Most of the time, coastal lagoons are connected to the ocean by an inlet.

Sea level rise, the amount of existing sediment, and tidal range all contribute to the formation of coastal lagoons. Younger and more dynamic than atoll lagoons, coastal lagoons may have shorter “lifespans” due to their exposed locations on the shore.

BAKING NEWS



COURTESY OF DEVIN BUTLER

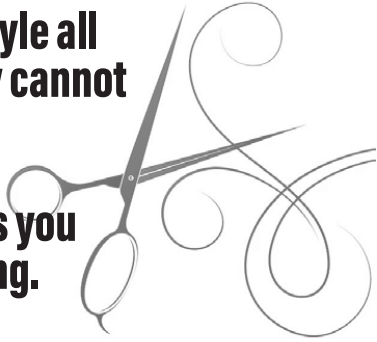
Get them while supplies last! The Sunrise Bakery is producing batches of fresh baked breads and other pastries for Surfway customers to purchase. Keep an eye out for the bread table, located near the checkout lanes. Bon appétit!

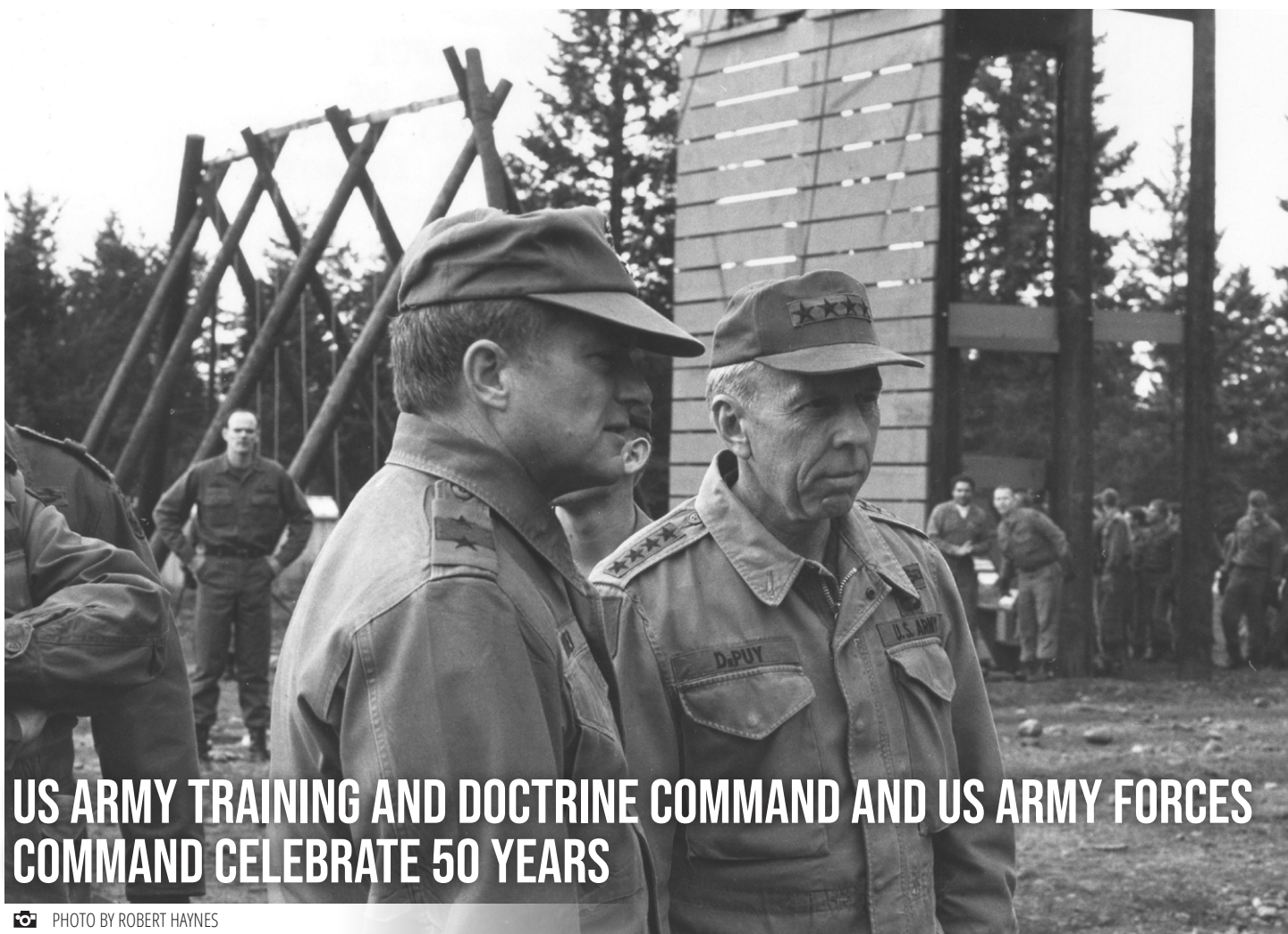
UPCOMING COVID CLINICS

Ages 5 - 11 years Wed., Aug. 2, 1:30 - 4:30 p.m.	Ages 12+ and Adults Wed., Aug. 30 1:30 - 4:30 p.m.
Ages 6 mos. - 4 years Wed., Aug. 16 1:30 - 4:30 p.m.	Contact Judy Wiser at 480-2223 or email judy.wiser@internationalsogs.us

The Kwaj Salon can style all kinds of hair, but they cannot treat lice.

The salon staff thanks you for your understanding.





US ARMY TRAINING AND DOCTRINE COMMAND AND US ARMY FORCES COMMAND CELEBRATE 50 YEARS

PHOTO BY ROBERT HAYNES

Gen. William DePuy, the first commander of U.S. Army Training and Doctrine command, stands with Maj. Gen. Volney Warner, Army Forces Command assistant deputy chief of staff for operations. The Army recently celebrated the 50th anniversary of TRADOC and FORSCOM. (Courtesy photo)

U.S. ARMY REPORT

By Sgt. 1st Class Michael Reinsch

WASHINGTON—This year marks 50 years since the founding of U.S. Army Training and Doctrine Command and U.S. Army Forces Command.

“TRADOC today is not exactly like the TRADOC established in 1973, but throughout that time, the command has persevered as an organization and fulfilled its numerous missions — especially training” said Britt McCarley, TRADOC chief historian, who has been with the organization since 1988.

TRADOC and FORSCOM were founded during World War II as one organization known as the Army Ground Forces. When formed in 1942, the Army Ground Forces was the largest training organization ever established in the U.S. with 780,000 troops, which peaked at 12.2 million Soldiers by July 1, 1943.

After several reorganizations, Army Ground Forces finally settled into the two organizations they are today: TRADOC and FORSCOM. TRADOC and FORSCOM’s split 50 years ago came from a need to support two separate missions.

“TRADOC recruits and trains the next generation of Soldiers — develops adaptive leaders, helps modernize the force and shapes the culture of the Army. TRADOC was born out of innovation and that is still our mission today,” said Gen. Gary M. Brito, commanding general, TRADOC. Brito added that TRADOC provides institutional training throughout a Soldier’s career.

“TRADOC is improving our Army’s

ability to fight and win large scale combat operations through the conduct of multi-domain operations.”

In addition to recruiting, training and education, TRADOC also establishes standards and drives improvement in the Army wherever it can. Whereas FORSCOM’s mission is to train and prepare the force to be globally responsive to build and sustain readiness for commander requirements.

“For me, the most rewarding part [of working for TRADOC] is the chance to be part of an organization that contributes to the common good of the United States,” McCarley said. “Defense of the nation is fundamental to the life of any country, and the opportunity to contrib-

ute to the larger American defense mission is the most rewarding part of my civilian service.”

On average, TRADOC trains more than 750,000 Soldiers and service members every year in its 32 Army training centers.

“I could not be more honored to serve with the dedicated team of civilian and military members, who support our Army mission every day,” Brito said. “But this 50-year anniversary isn’t TRADOC’s alone — it carries added significance to the Army as it is also the anniversary of U.S. Army Forces Command and the all-volunteer force. I look forward to our next 50 years and what the future has in store for our great Army.”



M551 Sheridan light tanks cross the desert during an Opposing Forces exercise at the National Training Center in Fort Irwin, California. The tanks have visual modifications designed to make them resemble Soviet armor, 1986.



WHAT YOU NEED TO KNOW ABOUT NASA'S SPACEX CREW-7 MISSION

U.S. ARMY REPORT

By NASA

A new cadre of four crew members is preparing to launch to the International Space Station as part of NASA's SpaceX Crew-7 mission.

NASA astronaut Jasmin Moghbeli, ESA (European Space Agency) astronaut Andreas Mogensen, JAXA (Japan Aerospace Exploration Agency) astronaut Satoshi Furukawa, and Konstantin Borisov of Roscosmos will lift off from Launch Complex 39A at NASA's Kennedy Space Center in Florida to perform research technology demonstrations, and maintenance activities aboard the microgravity laboratory.

The flight is the seventh crew rotation mission with SpaceX to station, and the eighth human spaceflight as part of NASA's Commercial Crew Program. The international crew will fly aboard the SpaceX Dragon spacecraft, named Endurance, which previously flew NASA's Crew-3 and Crew-5 missions.

As teams progress through Dragon milestones for Crew-7, they also are preparing a first-flight Falcon 9 booster for the mission. Once all rocket and spacecraft system checkouts are complete and all components are certified for flight, teams will mate Dragon to the Falcon 9 rocket in SpaceX's hangar at the launch site. The integrated spacecraft and rocket will then be rolled to the pad and raised to vertical for a dry dress rehearsal with the crew and an integrated static fire test prior to launch.

The Crew

This will be Moghbeli's first trip into space after being selected as a NASA astronaut in 2017. The New York native earned a bachelor's degree in aerospace engineering with information technology at the Massachusetts Institute of Technology in Cambridge, Massachusetts, and a master of science in aerospace engineering from the Naval Postgraduate School in Monterey, California. Moghbeli, a helicopter and Marine Corps test pilot, has more than 150 combat missions and 2,000 hours of flight time in over 25 different aircraft. She is also a graduate of the U.S. Naval Test Pilot School in Patuxent River, Maryland.

As mission commander, she will be responsible for all phases of flight,

from launch to re-entry. She will serve as an Expedition 69/70 flight engineer aboard the station. Follow @astrojaws on Twitter.

Mogensen was selected as an ESA astronaut in 2009 and became the first Danish citizen in space after launching aboard a Soyuz for a 10-day mission to the space station in 2015. As the pilot on Crew-7, he will be responsible for spacecraft systems and performance. Aboard the station, he will serve as an Expedition 69/70 flight engineer.

Mogensen is from Copenhagen, Denmark. He completed undergraduate studies and received a master's degree in aeronautical engineering from Imperial College London in England before gaining his doctorate in aerospace engineering from the University of Texas at Austin. Mogensen has since served as a crew member for NEEMO (NASA Extreme Environment Mission Operations) missions 17 and 19. Mogensen was the European astronaut liaison officer to NASA's Johnson Space Center from 2016-2022, working as a CAPCOM for astronauts aboard the station and as ground support for spacewalks, relaying tasks and direction from mission control to the spacewalkers. Follow @astro_andreas on Twitter.

Furukawa will be making his second trip to space, having spent 165 days aboard the space station as part of Expeditions 28 and 29 in 2011. Furukawa is from Kanagawa, Japan, and was selected as a JAXA astronaut in 1999. He is a physician and received his medical degree from the University of Tokyo, and later a doctorate in medical science from the same university. Furukawa served as a crewmember on the 13th NEEMO mission, and later, was appointed head of JAXA's Space Biomedical Research Group. Aboard the station, he will become a flight engineer for Expedition 69/70. Follow @astro_satoshi on Twitter.

Borisov will be making his first trip to space, and will also serve as a mission specialist, working to monitor the spacecraft during the dynamic launch and entry phases of flight. He entered the Roscosmos Cosmonaut Corps as a test cosmonaut candidate in 2018 and will serve as a flight engineer for Expedition 69/70.

Mission Overview

Lifting off from Launch Pad 39A on a

Falcon 9 rocket, Dragon will accelerate to approximately 17,500 mph, in order to intercept with the space station.

Once in orbit, the crew and SpaceX mission control in Hawthorne, California, will monitor a series of automatic maneuvers that will guide Endurance to the space-facing port of the station's Harmony module. After several maneuvers to gradually raise its orbit, Dragon will be in position to rendezvous and dock with its new home in orbit. The spacecraft is designed to dock autonomously, but the crew can take control and pilot manually, if necessary.

After docking, Crew-7 will be welcomed inside the station by the seven-member crew of Expedition 69, and conduct several days of handover activities with the departing astronauts of NASA's SpaceX Crew-6 mission. After the handover period, NASA astronauts Stephen Bowen and Woody Hoburg, along with UAE (United Arab Emirates) astronaut Sultan Alneyadi, and Roscosmos cosmonaut Andrey Fedyaev of Crew-6 will undock from the space station and splash down off the coast of Florida.

Crew-7 will conduct new scientific research to prepare for human exploration beyond low Earth orbit and benefit humanity on Earth. Experiments will include the collection of microbial samples from the exterior of the space station, the first study of human response to different spaceflight durations, and an investigation of the physiological aspects of astronauts' sleep. These are just a few of the more than 200 science experiments and technology demonstrations that will take place during their mission.

While aboard the orbiting laboratory, Crew-7 will see the arrival of both the SpaceX Dragon and the Roscosmos Progress cargo spacecraft. Crew-7 also is expected to welcome the agency's Boeing Crew Flight Test astronauts, the Axiom Mission-3 crew, and the first cargo flight of Sierra Space's Dream Chaser during their expedition. The Soyuz spacecraft with three new crew members also is planned for launch during their stay, and the Soyuz carrying NASA astronaut Frank Rubio and Roscosmos cosmonauts Sergey Prokopyev and Dmitri Petelin will depart after 371 days on the station.

After completing a short handover with Crew-8 at the completion of the mission, Dragon with the four crew members aboard will autonomously undock, depart the space station and re-enter Earth's atmosphere. After splashdown just off Florida's coast, a SpaceX recovery vessel will pick up the spacecraft and the crew, who then will be helicoptered back to shore.

Commercial crew missions enable NASA to maximize use of the space station, where astronauts have lived and worked continuously for more than 22 years testing technologies, performing research, and developing the skills needed to operate future commercial destinations in low Earth orbit, and explore farther from Earth. Research conducted on the space station provides benefits for people on Earth and paves the way for future long-duration trips to the Moon and beyond through NASA's Artemis missions.



Roi-Namur Fogging Schedule

Aug. 2 - 3
5:30 - 7:30 p.m.

Fogging operations are weather dependent. Residents should avoid fogged areas for approximately 30 minutes.

About Fogging Operations

On USAG-KA, fogging operations are performed using EcoVia EC, the eco-friendly insecticide.

- Liquid botanical oil insecticide
- Active ingredients include thyme oil & rosemary oil
- Safe to use in and around homes and near water
- Safe for use near children and pets

Some uninvited guests are real pests! Help island pest control

professionals by doing your part around your quarters and in communal areas.

- Everyone can help to eliminate mosquitoes and flies.
- Check for standing water where mosquitoes breed
- Dump any accumulated water at least weekly
- Manage vegetation and eliminate accumulated leaves
- Do not add food waste directly into open trash cans such as the Emon Beach trash containers, large black trash cans, or residential green trash receptacles.
- Always seal food and animal waste inside trash/plastic bags before adding to trash cans.
- Periodically clean outdoor trash receptacles.

TODDLER SWIM/LEARN TO SWIM CLASS REGISTRATION WITH USAG-KA CHILD AND YOUTH SERVICES

Enrollment dates: Aug. 1 – 11
Session dates: Aug. 15 – 26
Classes meet on Tuesdays, Wednesdays, Fridays and Saturdays

Toddler Swim registration is open to students aged 6 months to four years old.

Learn to Swim is open to students aged four years and older. Sign your child up for Session 1 (3:45 – 4:15 p.m.) or Session 2 (4:30 – 5 p.m.).

Call CYS Central Registration (Bldg. 358) at 480-2158 to register. For more information, email Shawn Brady at shawn.brady@vecrus.com.

SCHOOL-AGED CHILDCARE REGISTRATION FOR THE 2023-24 SCHOOLYEAR

School-aged care is open to students in kindergarten through fifth grade. Options are available for a.m., p.m. and combination care for up to five days.

Morning Program: 7 a.m./beginning of school day
Afternoon Program: End of school day until 5:30 p.m.

Fulltime care includes holidays and school break camps. For more information or to register, contact CYS Central Registration at 480-2158, and email christy.wagnon@vecrus.com.

NAN, INC. SAYS SAFETY FIRST BEFORE FY21 AFH DEMO

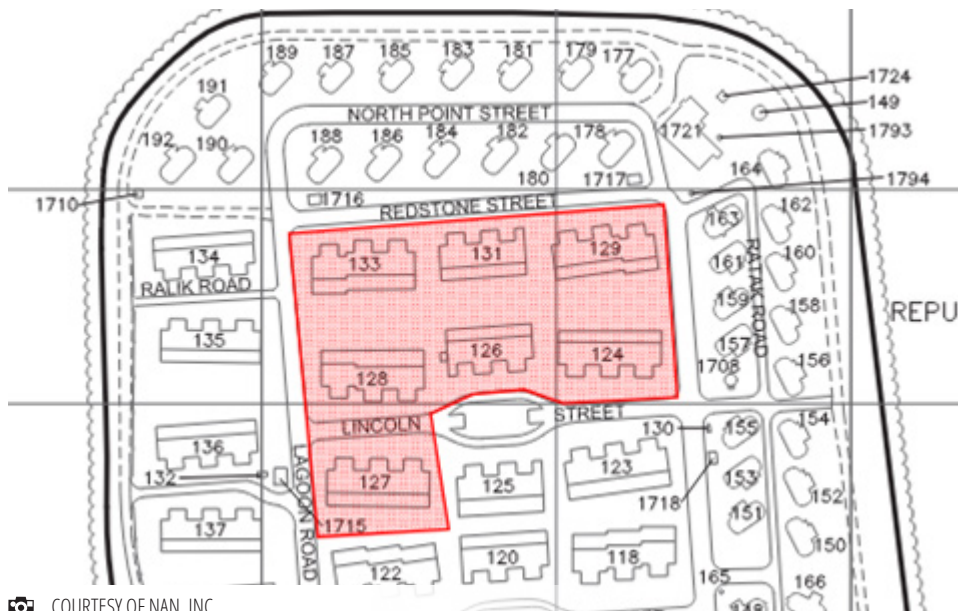
COMMUNITY CONNECTION

Nan, Inc. construction company has begun mobilization and preliminary activities for the upcoming FY21 Kwajalein Army Family Housing project in our community.

From June to August 2023, Nan personnel will establish clear boundaries by setting up fencing around the construction site. Additionally, vegetation removal will be carried out in compliance with environmental regulations.

Nan prioritizes safety and will implement strict protocols throughout the construction process. The company aims to minimize disruptions and to maintain open communication within the community and with residents.

For inquiries or more information, please contact the project team at 480-2632. Nan, Inc. appreciates the support and cooperation of the community for this transformative construction project.



COURTESY OF NAN, INC.

Above: Nan, Inc., will erect a safety perimeter around select areas of North Point Housing as the demolition of the 1980s-era homes is scheduled to begin this summer.

**It's everyone's problem.
Please lend a hand.**

Pollution and litter in and around the world's oceans poses a growing problem. Plastic waste and other discarded trash endangers wildlife, negatively affects natural habitats and ruins the natural world for all of us. Please remember to discard trash in the proper receptacles around Kwajalein.

THE CLASSIFIEDS

MOVIES

Kwajalein Yuk Theater

Saturday, July 15
"Toy Story 3" (G)
103 min.

Sunday, July 16
"The Bob's Burgers
Movie"
(PG-13) 102 min.

Monday, July 17
"John Wick: Chapter 4"
(R) 169 min.

Saturday, July 22
"UP" (PG)
96 min.

Sunday, July 23
"The Blues Brothers"
(PG-13) 133 min.

Monday, July 24
"Cocaine Bear"
(R) 95 min.

Saturday, July 29
"Sonic The Hedgehog
2" (PG)
122 min.

Sunday, July 30
"Talladega Nights –
The Ballad of
Ricky Bobby"
(PG-13) 108 min.

Monday, July 31
"Scream VI"
(R) 122 min.

Saturday, August 5
"Trolls" (PG) 92 min.

Sunday, August 6
"Dungeons & Dragons:
Honor Among Thieves"
(PG-13) 134 min.

Monday, August 7
"There's Something
About Mary"
(R) 119 min.

Roi-Namur C-building

Saturday, July 29
"The Star"
(PG-13) 86 min.

Sunday, JULY 30
"Suburb icon"
(R) 105 min.

Saturday, Aug. 5
"CREED II"
(PG-13) 130 min.

Sunday, Aug. 6
"Angel Has Fallen"
(R) 121 min.

Saturday, Aug 12.
"The Art of Racing in
the Rain"
(PG) 123 min.

Sunday, Aug. 13
"The Possession of
Hannah Grace"
(R) 86 min.

Saturday, Aug. 19
"Downton Abbey"
(PG) 125 min.

Sunday, Aug. 20
"Searching"
(PG- 13) 102 min.

The community wants to hear from you. Email announcements and advertisements to kwajalein-hourglass@vectrus.com Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.

ACTIVITIES

QUIZZO. Every second Wednesday at the Ocean View Club is Quizzo night. Bring a friend and get ready for mind-bending, face-melting trivia!

CAC OFFICE

Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you to your appointment. Walk-in appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Questions? Call 480-8496.

CHAPEL

PRAYER AND PRAISE NIGHT. Every first Sunday at 7 p.m. in the large chapel on Kwajalein. This open worship night is free and open to everyone.

ROI SERVICES. Catholic Mass will take place on Roi at 6:30 p.m. on the second and fourth Fridays of each month. Protestant services will take place every first and third Friday of each month.

CHAPEL COUNSELING AVAILABLE. For those who seek religious guidance, general counseling, and who may have questions related to family counseling, all are welcome to schedule an appointment with Ch. Brian Conner at the Island Memorial Chapel by calling 480-3505.

THEOLOGY ON TAP. Monday, July 17, 6:30 p.m. at the ARC. "Idols: Blocks to a Meaning-Filled Life."

MAN CAMP BBQ. 11 a.m. – 1 p.m. July 24 at Coral Sands Pavilion. Join us as we show our love for the men and women at the LSA. The Chapel will provide

A red and black poster for a movie night. At the top, it says "The Movie 'Trolls'" with a star rating of four stars. Below that, it says "(PG) 92 min." and "Yuk Theater". The main text is "MOVIE NIGHT WITH DAD" in large, bold, yellow letters. At the bottom, it says "AUGUST 5 @ 7:30 P.M." in yellow letters. On the right side, there is a silhouette of a family (two adults and two children) walking together.



Power Update

Power to Kwajalein's Family Housing/BQs was briefly dropped twice on Saturday, July 29.

Each time, power was restored in less than 10 minutes. Two outages in a month are rare, much less a day.

hotdogs, hamburgers, sides and desserts to share.

E-WARENESS:

Reclaimed vs. Drinking Water
Kwajalein Island has two water systems. The reclaimed (non-potable) system, color-coded with red labels, is not suitable for drinking. Landscaping with reclaimed water conserves drinking (potable) water. **Contact Environmental at 480-0722 for more information.

Ewor ruo kain system in dren ion Kwajalein. Reclaimed (non-potable) system eo, ekokalle kon label biroro, ejjab emman nan idrak. Utrikrik kon reclaimed water ekobarok drenin idrak (potable). Ne ewor am kajitok kaki, call e lok Vectrus Environmental ilo 4805-1134.

**Kir lok Vectrus Environmental ilo 480-0722 kin kajitok.

FACILITIES

RACQUETBALL COURT CODE. Residents can obtain the door code from the MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 480-3331 with questions.

FIRE SAFETY

You are required to inspect each fire extinguisher in your areas of operation monthly or every 30 to 31 days. Check for the following: The extinguisher is properly mounted in its assigned location; immediately accessible (unobstructed) and visible; tamper seal and safety pins are in place, and the nozzle is free of obstructions; the pressure gauge is in the "green" to indicate it's charged; and the cylinder in good shape. After the inspection, initial the extinguisher tag for that month. Contact the Public Works Service Desk at 480-3550 if any of the above steps require attention. For questions, email PublicWorksServiceDesk@Vectrus.com.

FLIGHTS

Please note that all flights are subject to change. For the latest update on your flights on United, ATI or Air Marshall Islands:
ATI: 480-2169; AMI: 480-3469;
United: 480-4852 or 1-800-UNITED1;
Air Terminal Services: 480-2660; Flight Information Recording: 480-3589

UA Schedule Effective Now
Monday and Friday—UA 155 (HNL)
Check-in 2 – 4:50 p.m.
Wednesday—UA 133 (HNL)
Check-in 2 – 4:15 p.m.
Tuesday and Saturday—UA 154 (GUM)
Check-in 10:45 – 11:15 a.m.

HEALTH

Employee Assistance Program counselor, Kenneth Thomas, can be reached at kenneth.thomas@internationalsogs.us or 480-5362. Clients can expect education about mental health disorders from a multicultural perspective with the goal of moving toward acceptance and ultimately to mitigate symptoms.

OPTICAL CARE APPOINTMENTS will be available July 25 through Aug. 12. Call 480-2220 to schedule a visit with Dr. Black of Kwaj Eyecare. Eye exams to examine dry eyes, eye disease, prescriptions for contacts and glasses for residents of all ages are available. For more information, visit www.kwajeyes.com and email drwtblack@aol.com.

COVID-19 BOOSTERS. A bivalent COVID-19 vaccine booster is available for those aged 12+ if it has been more than 120 days since their initial bivalent COVID-19 vaccine dose. To register, please email judy.wiser@internationalsogs.us, or call 480-2223.

NOT FEELING WELL? Call 480-2223 to make an appointment for a COVID-19 test, Tuesday through Saturday from 7:30 a.m. –

4:30 p.m. If you are not feeling well, please wear a mask when you are around others in the community.

COVID-19 TESTS. Get free at-home tests. Every US household is eligible to order four free at-home COVID-19 tests. Need help placing an order for your at-home tests? Call 1-800-232-0233 (TTY 1-888-720-7489).

RMI ENTRY REQUIREMENTS. Updated entry requirements for the RMI by air or seaport include the following requirements: Adults aged 18-years-old and up must have completed one primary COVID-19 vaccine series. Primary series: Johnson & Johnson single dose; Pfizer completed series (two doses); or Moderna completed series (two doses) Boosters are not currently mandated. There is no vaccination requirement for children under age 18.

NOTIFY THE VET. Pet owners must notify Kwaj Vet Services before vacation. A pet sitter authorization form for treatment is required prior to departing Kwaj. Reach Vet Services at 480-2017 Tuesday through Saturday from 7:30 a.m. – 4:30 p.m.

HOURS OF OPERATION

BARGAIN BAZAAR Summer Hours. Through Aug. 30, Wednesday only, 4:30 – 6:30 p.m. Jino Jen 1 ran in June nan 30 ran in August. Wenje Wot, 4:30 – 6:30 p.m.

MILLICAN FAMILY POOL. Closed for clean-



Contact the USAG-KA Sexual Harassment/ Assault Response and Prevention Victim Advocate

Chief Warrant Officer 2 Nate Elkins
SHARP Victim Advocate

Work: 480-0660 or 480-3421

USAG-KA SHARP Pager:
808-580-3241

DOD SAFE Helpline: 877-995-5247

Labor Day
Calling all vendors
MWR invites you to participate in Kwajalein's Labor Day celebration. Ask for Kara at 480-3133 or email @Kara.Larson@vectrus.com for more information.

VOLLEYBALL
3-DAY TOURNAMENT
JULY 29- 31
CRC Gym
BEGINS AT 6 P.M.

July 29 – 5:30 p.m. registration at the CRC Gym. No late entries after 5:45 p.m. Games start @ 6 p.m.
July 30 - Games start at 4 p.m.; July 31 - Games start at 4 p.m.; Teams - Six-person COED (two of the opposite gender on the court at all times). Kwaj Rules. Single Elimination.

CALL 480-4198 FOR DETAILS

ing on Thursdays. Open noon to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. on Sundays and Mondays. Closed Thanksgiving and Christmas.

JOBS

To apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Email kwajaleinhourglass@vctrus.com to remove a listing.

AKIMA is hiring for the following on-island positions: Communications Clerk (ID: TRU01101); Communications Specialist (ID: TRU01100); and Fiber / Cable Technician (ID: TRU01099). Applicants must reside on US-AG-KA and possess a valid passport. For information and a list of required qualifications, visit https://akima.taleo.net/careersection/akimalc_cs/jobsearch.ftl. Apply online or send resume to Jeannette McIlwain at jeannette.mcilwain@akima.com.

CHILD AND YOUTH SERVICES is hiring a facility director (req. 31990) and lead teacher (req.31991). All required background checks must be successfully completed and maintained. A health assessment is also required. Apply online at www.vctrus.com.

ENVIRONMENTAL HEALTH AND SAFETY MANAGER. KFS LLC is accepting resumes for a Health and Safety Manager to support an upcoming Environmental Project on Kwajalein. Visit <https://honuservices.jobs.net/en-US/job/health-and-safety-manager/J3N1RL6KDG9RWPTYQDF> for additional information, including the full job descrip-

tion, qualifications, and resume submission instructions.

NAN, INC. seeks a project engineer, welder, welding inspector, quality control manager, and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari at 480-2632, 480-4995 or 480-4996.

TRIBALCO is hiring for desktop support specialist, intermediate systems administrator, unified capabilities technician, and infrastructure technician. Applicants must meet job requirements. Apply online at tribalco.com/jobs, www.kaihonua.com, and www.akima.com. Contact Tribalco Human Resources at 480-4344. Visit www.tribalco.com/careers.html. An active security clearance is required.

QUANTUM DYNAMICS, INC., is accepting resumes for positions on Kwajalein and Roi-Namur in the following areas: vehicle maintenance, transportation motor pool, movement control and custodial; and apply at <https://qdyncorp.com/home/careers/>. You may also visit the HR Office in Bldg. 700. Contact the Human Resources manager at 480-0782 or administrative assistant at 480-4916 for more information.

RGNEXT, LLC seeks qualified candidates to fill open positions on Kwaj and Roi in engineering, technical, COMSEC and other areas. For information and to apply, visit rgnext.com.

SUBSTITUTE TEACHERS WANTED. Kwajalein School System is now hiring substitute teachers. Qualifications: 4-year degree in any

field; confidentiality; love of working with children; favorable status for CNACI (will receive background check after accepting offer). Send resumes to uhrenp@kwajaleinschools.org. For more information call 480-3601.

TRUESTONE is hiring for multiple positions. Contact Tribalco Human Resources at 480-4344 and visit <https://www.akima.com/careers/>. Visit www.tribalco.com/careers.html.

MAINTENANCE

ARMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

Service Now is the new Remedy. Please be patient as the NEC transitions to Service Now. To submit new tickets, call 480-3000. For urgent requests, email usarmy.bucholz.516-sig-bde.mbx.kwajalein-neck-change-management@army.mil.

MWR FITNESS CLASSES

All classes meet in Corlett Recreation Room 7 unless otherwise noted. All classes require a Fitness Pass. Purchase annual, 6-month and 8-month passes at the MWR desk in the Grace Sherwood Library (Bldg. 805). All classes are subject to change without notice. Call MWR at 480-3331 for information.

TUESDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
10:30 a.m. BEGINNERS YOGA CRC7
5 p.m. YOGA CRC7
6 p.m. ZUMBA CRC1
6:30 p.m. SPIN CRC7

WEDNESDAY

9:15 a.m. ZUMBA TONING CRC1
5 p.m. BEGINNERS YOGA CRC7
6 p.m. WATER AEROBICS ADULT POOL

THURSDAY

6 a.m. SPIN
9:15 a.m. ZUMBA CRC1
11:30 a.m. TRX BOOTCAMP CRC7
5 p.m. YOGA CRC7
6 p.m. WATER AEROBICS ADULT POOL

FRIDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
6 a.m. YOGA FLOW (EMON BEACH)
9 a.m. ZUMBA CRC1
5:30 p.m. POWER HOUR (Strength & cardio circuit) CRC7
6 p.m. ZUMBA TONING CRC1

SATURDAY

5:30 - 6:30 a.m. FREE SPIN CRC7
8 a.m. TRX + CORE CRC7
10:30 a.m. WATER AEROBICS ADULT POOL

SCHOOL

SCHOOL SYSTEM EMAILS. KSS emails have changed. School email addresses now end with @kwajaleinschools.org. Ex: uhrenp@kwajaleinschools.org. The former email addresses will work through the summer. However, please begin using the new email addresses.

NEW KWAJ KID? New parents & students are invited to a school information meeting. New to GSES (K-6): Aug. 4, 6 – 7 p.m. at the elementary school Coconut Room. New To KHS (7 – 12): Aug. 5, 5 – 7 p.m. MP Room. Visit kwajaleinschools.org for more.

New Kwaj Kid?

New parents & students are invited to a school information meeting:

New to GSES (K-6) ~ Aug 4
6 - 7 p.m., Coconut Room

New to KJSHS (7-12) ~ Aug 5
5 - 7 p.m., MP Room

KwajaleinSchools.org



2023 SOCCER SEASON

Registration Now - August 8

Season begins August 15



For registration and details, visit us at the Grace Sherwood Library or contact (480-4198)



NEWCOMERS

ISLAND ORIENTATION and Newcomer's Briefings occur in the REB, behind the Island Memorial Chapel. To register, email KWAJ_OSO_Ops@Vectrus.com or call 480-3511.

AUTOMOTIVE LICENSING. The Automotive Licensing Office has moved to Bldg. 808. Visit during regular hours of operation to complete license testing and documentation.

PASSPORTS

Passport services are temporarily on hold until the U.S. State Department approves a new head of facility for Kwajalein. The community will be notified when services resume. Questions? Contact Mike Sakaio at 480-2103.

Complete the passport application at travel.state.gov. Print completed forms and ensure you have a copy of your existing passport and other documents, including parents' identification cards, and birth certificates. Photos must not be older than six months, taken without glasses. Free passport photos are available. Contact Host Nation Activities at 480-2103 for details.

PASSPORT FEES. Adult passport renewal: \$130; Adult passport (first application): \$165;

Minor passport (15 and younger): \$135; Adult Passport Card: \$30; and Minor Passport Card: \$15. Only money orders and cashier's checks payable to "U.S. Department of State" are accepted and can be purchased from Community Bank or the post office.

POST OFFICE

PCS & VACATION TIPS. Customers must notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and james.e.smith2295@army.mil.

TO USE ICE. Step 1: Visit ICE Home at disa.mil. Step 2: Click "search." Step 3: Choose USAG-KA Post Office and select "general site comment." Step 4: Let your voice be heard. Then, click submit.

REGULATIONS

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On USAG-KA, smoking is permitted in designated smoking

areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

VEGETATION. Per USAG-KA Regulation 420-1, vegetation may not be planted in the ground without approved permits. Residents may be asked to remove items if planted without approval. Do not place sprouted coconuts in yards.

DON'T TAKE CULTURAL ARTIFACTS. It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Do not remove these pieces of atoll history from Kwajalein. Contact the Kwajalein Archaeology Office at 480-8867.

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

SAFETY

EMERGENCY MANAGEMENT., If an emergency or disaster occurred, would you and your family be notified?

- 1) Visit the USAG-KA Emergency Management webpage, <https://home.army.mil/kwajalein/index.php/my-fort/EM>
- 2) Click on "Mass Notification"
- 3) Follow the registration instructions.

CANDLES and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

TAXI

CALL 480-TAXI (8294) or 3341 to book your ride at least 24 hours in advance of your check-in time for United Airlines and ATI flights.

TRAINING

DRIVER'S TRAINING & LICENSING. Kwajalein Classes: Every Wednesday, 9 – 11 a.m. (RMI) and 1 – 3 p.m. (U.S.) at Automotive Area, Bldg. 856, Rm. 103. Roi Classes: second Friday of the month, 9 a.m. – 11 a.m. and 1 – 3 p.m. (U.S.) in C-building. Please email wkaisha@rmi.qdyncorp.com or barnett@rmi.qdyncorp.com to register. Class size is limited. ***Note: Bring a valid US, International, or Marshall Islands License with you to class***

Teens, do you need service hours?
Trash Clean Up For Teens!
Sunday, August 20 1:45 P.M.



Do your part for our environment by meeting at the Youth Center to be part of a trash clean up crew.



Students are required to be registered at the Youth Center to attend.

KWAJALEIN SCUBA CLUB
IS HOSTING
Women's Dive Day!
MONDAY, AUGUST 14, 2023
EMON BEACH
BE READY TO SPLASH @ 2 P.M.
TANKS & BURGERS PROVIDED
PLEASE EMAIL VIVIANA TO RSVP
WITH YOUR TSHIRT SIZE:
VIVIANA@KWAJDIVECENTER.COM



The regatta challenges participants to design and build boats made entirely from corrugated cardboard, duct tape and glue. The regatta is open to participation for teams up to two people of all ages. We are excited to see your boats, so start crafting away and may the best boat win!

To register, stop by the Library before close of business Saturday August 26, or call (480-3331).

REGATTA RULES

Boat, paddles, sails, and engines must be made entirely of cardboard, tape and glue structurally. Decorations of any type are allowed but cannot improve buoyancy. Boat cannot have excessive amounts of tape or paint used to waterproof hull of the boat.

At least 2 – 3 individuals must crew the vessel during the voyage. There is no limit to participation per vessel. Have fun!

Prizes:

Ship Shape Award (appearance)

Shipwreck Award (most dramatic sinking)

Cardboard Cup (boat traveling the furthest/fastest)



WANTED

Soccer Referees for the 2023 Soccer Season

starting August 15

Inquire with MWR for details at the library or call 480-3133



EOD OPERATIONS



KWAJALEIN

Friday, Aug. 4, 2023
UXO Disposal Site
Kwajalein

Kwajalein EOD will be conducting operations at UXO Disposal Site Kwajalein from 9:15 – 10:30 a.m. The area indicated in the map will be off-limits until the operation is complete.



ROI-NAMUR

Friday, Aug. 11, 2023
UXO Disposal Site
Roi-Namur

Kwajalein EOD will be conducting operations at UXO Disposal Site Roi-Namur from approximately 9:30 – 10:30 a.m. The area indicated in the map will be off-limits until the operation is complete.

UXO SAFETY REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Unexploded ordnance should be treated like dangerous sea creatures: Look, but do not touch.

You can play an important role in keeping Kwajalein safe by knowing what to do when you spot unexploded ordnance.

- Remember the three R's of UXO:
- Recognize an item as possible unexploded ordnance;
- Retreat from the area of the UXO;
- Report suspected UXO immediately.

If you discover an object that could be UXO, notify Kwajalein Explosive Ordnance Disposal immediately by calling 480-1433.

You can also call CPS at 480-4445.

Provide the following information about what you found:

- Location. Note helpful details like the building number, GPS coordinates and any prominent landmarks
- Size of the UXO as compared to common items like a football or scuba air cylinder

For a detailed refresher on UXO safety, attend the new island orientation or call Kwajalein EOD at 480-1433.

Kemeymej R ko 3:

- Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO).
- Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo.
- Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (480-1433) ak CPS (480-4445).

Ken melele kein: la eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jib-we. Non bar kakemeymej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.



WEATHER WATCH

RTS WEATHER STATION STAFF

WEATHER DISCUSSION

The Intertropical Convergence Zone (ITCZ) has returned to the Marshall Islands and should deliver beneficial rainfall to Kwajalein Atoll over the next several days.

July has been exceptionally dry with only 3.36" of rainfall at the weather station through the 27th.

Normal July rainfall is 10". Occasional downpours and stray thunderstorms, along with strong wind gusts possible near rainfall, can be expected.

Winds will be generally light to moderate from the ENE-ESE, with more periods of SE-S winds possible next week.

King tides will occur with the 01 August full moon. Dai-

ly peak tides will be especially high from 01 to 05 August, exceeding 5 feet from 02 to 04 August.

King tides happen when the sun, earth, and moon are aligned (i.e., Spring tides), and when the moon's orbit around the earth is at one of its closest distances for the year.

The risk for tidal flooding will be low with this episode of King tides as seas and swell should be near seasonal levels.

SATURDAY

Mostly cloudy with scattered showers and stray thunderstorms. Winds ENE-ESE at 11-17 knots, with higher gusts near showers.

SUNDAY

Mostly cloudy to partly sunny with scattered show-

ers and stray thunderstorms, mainly in the morning. Winds ENE-ESE at 10-15 knots with higher gusts near showers.

MONDAY

Mostly cloudy to partly sunny with widely scattered showers and stray thunderstorms. Winds ENE-ESE at

6-12 knots with higher gusts near showers.

NEXT WEEK

The ITCZ brings occasional periods of showers and stray thunderstorms, with winds light to moderate, through mid-week. The second half of next week looks to be drier.

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:40 a.m. 7:11 p.m.	4:41 p.m. 3:29 a.m.	2:06 a.m. 3.7' 2:49 p.m. 2.8'	8:52 a.m. 0.2' 8:31 p.m. 0.4'
MONDAY	6:40 a.m. 7:11 p.m.	5:46 p.m. 4:33 a.m.	3:00 a.m. 4.2' 3:38 p.m. 3.2'	9:39 a.m. -0.2' 9:22 p.m. -0.0'
TUESDAY	6:40 a.m. 7:10 p.m.	6:49 p.m. 5:40 a.m.	3:48 a.m. 4.7' 4:21 p.m. 3.5'	10:22 a.m. -0.6' 10:08 p.m. -0.4'
WEDNESDAY	6:41 a.m. 7:10 p.m.	7:47 p.m. 6:46 a.m.	4:31 a.m. 5.0' 5:01 p.m. 3.8'	11:02 a.m. -0.8' 10:52 p.m. -0.6'
THURSDAY	6:41 a.m. 7:10 p.m.	8:40 p.m. 7:50 a.m.	5:13 a.m. 5.1' 5:41 p.m. 3.9'	11:40 a.m. -0.9' 11:34 p.m. -0.6'
FRIDAY	6:41 a.m. 7:10 p.m.	9:28 p.m. 8:49 a.m.	5:53 a.m. 5.1' 6:20 p.m. 4.0'	12:18 p.m. -0.8' -----
AUGUST 5	6:41 a.m. 7:09 p.m.	10:14 p.m. 9:45 a.m.	6:33 a.m. 4.8' 6:59 p.m. 3.9'	12:15 a.m. -0.5' 12:54 p.m. -0.6'

USAG-KA COMMUNITY WELLNESS FAIR 2023
Head to the downtown covered walkway by AAFES for a community "one stop" for Wellness and Health information!
Aug. 12, noon – 2 p.m.
Registration: Aug. 5, close of business

Information on: Emotional Fitness, Suicide Prevention, Behavioral Health, Physical Health, Spiritual Fitness, SHARP, and other available services and program information. Are you a Private Organization? Call 480-3338 or email usarmy.bucholz.im-com-hq.mbx.wellness-health-fair@army.mil, or stop by DFMWR Office FN 805 to reserve a table.



UPDATED ENTRY & EXIT PROCEDURES

Permanent residents (current K-Badge holders) temporarily traveling off-island, TDY or leave as an example, will no longer be required to submit an "exit" 55r form. Residents will need to maintain possession of their K-Badge and display it at the Hickam terminal, if flying ATI, and upon arrival through entry and exit.

If residents do not have their K-Badge, they will need to contact their HR on-island and submit a 55r for processing prior to initiating their return travel. This does not eliminate any travel documents required by the RMI government, United Airlines, or AMC.

See you later - Bar lo eok!