

THE KWAJALEIN HOURGLASS



THIS WEEK

**SCHOOL AWARDS
FOR TEACHER EXCELLENCE 2**

**TRAINING TIME
WITH KWAJ SWIM COACH 3**

**20 YEARS
9/11 REMEMBERED 4**

SAN JUAN EMPLOYEES CONTINUE WORK ON THE BUILDING 803 HEAVY EQUIPMENT REPAIR FACILITY RENOVATION PROJECT THIS WEEK. THE ISLAND COMMUNITY IS REMINDED TO STAY CLEAR OF THE CONSTRUCTION ZONE.



U.S. ARMY PHOTOS BY JAN POTTER



Community Activities Director Dwight Whitehead, left, Kwajalein High School English teacher Sarah Smith, center, and KSS Head of School Paul Uhren start the schoolyear with a SPOT Award for innovation and dedication on the job in implementing new program activities for the school year. 2) George Seitz Elementary School fifth and sixth grade math and science teacher Misti French, center, accepts her award from Uhren.

AN “A” FOR EFFORT: ISLAND TEACHERS RECOGNIZED FOR INNOVATION

BY JESSICA DAMBRUCH

Two Kwajalein School System teachers earned SPOT Awards Sept. 9 for their innovation, dedication and a summer job well done.

Amentum-DynCorp International Community Activities Director Dwight Whitehead, KSS Head of School Paul Uhren and Community Activities Senior Manager Jan Potter awarded the honors to Kwajalein High School English teacher Sarah Scott and George Seitz Elementary School fifth and sixth grade math and science teacher Misti French.

Scott spent the month of July generating course plans to coordinate the high school’s English classes, Uhren said. The task was not small: Smith worked to accommodate existing student course schedules to ensure the school could

successfully staff and meet its curricular requirements.

Scott additionally prepared to teach Advanced Placement English after an incoming teacher was unable to travel to Kwajalein—and she went the extra mile.

“She created many different options for KHS Principal Matt Gerber and I to consider,” said Uhren. “Sarah, thank you for all that you do.”

French utilized the island volunteer power and her own resources to prepare for the opening of a KSS-wide initiative: a shared lab for science, engineering, math and science, or STEM, in partnership with technical advisors for the Massachusetts Institute of Technology, Lincoln Laboratory and the Army Corp of Engineers.

Check ou an upcoming Kwajalein Hourglass for more news about the

STEM Lab. The facility, next door to the GSES Library, will be a resource available for elementary, high school and homeschool students to use.

With the help of fellow teachers and staff from the Host Nation Activities Office, French additionally coordinated the donation of gently used curriculum, learning aids and books directly to Marshallese schools.

Visiting Marshallese educators checked out the resources available and selected items they needed for their upcoming classes before the items were delivered, said French. The team initiative was a success. This year, Ebeye students will have the benefit of the new tools in their classrooms at the beginning of the schoolyear.

“For all the extra things that Misti has done for KSS, thank you,” said Uhren.

SEPTEMBER IS



PATRIOT DAY

The year 2021 marks 20 years since 9/11. USAG-KA will host a special memorial observance for the community at the Island Memorial Chapel Saturday at 4 p.m.



HISPANIC HERITAGE MONTH

We are proud of the rich cultural heritage of our U.S. military service members. From Sept. 15 to Oct. 15, read more about National Hispanic Heritage Month in The Kwajalein Hourglass.



THE SCIENCE OF FALL

Whether or not it still feels like summer on island, the fall season begins Sept. 22, on the autumnal equinox of the northern hemisphere. On that date, the sun crosses the celestial equator in a southerly direction.



DODEA SUICIDE PREVENTION AWARENESS

The Department of Defense has declared September as the month to raise awareness about a year-long issue important to us all: suicide prevention. Read more in this week’s Health Connection.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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COURTESY OF AMBER BATES

SUMMER READING PROGRAM WAS A REAL PAGE-TURNER FOR THESE FINALISTS

BY JESSICA DAMBRUCH

Grace Sherwood Library staff would like to thank and recognize the final readers for the Library's Summer Break Reading Challenge.

Over the summer, young island readers grouped by grade level competed in the world travel-themed program for bragging rights and the most pages and books read.

Congratulations to Kwajalein's readers. It is hoped that the students will keep

up the page-turning action throughout the school year.

The GSL team appreciates the island's personnel as they continue to return uncatalogued books for processing in the facility's new electronic card catalog system.

Want to grab a book and read? The Grace Sherwood Library is in Building 805. Stop in to sign up for a library card, check out a book and review the latest class offerings and news from US-AG-KA Morale, Welfare and Recreation.

Above: The finalists in this year's Grace Sherwood Library Summer Reading Program. 1) For grades K - 1: Nova Miller - Six books and 398 pages read; 2) for grades 2 - 3: Holley Lisle - 68 books and 1,169 pages read; 3) for grades 4 - 5: Ember Miller - Six books and 1,205 pages read; 4) and for grade 6: Jade Sanchez - 20 books and 3,929 pages read.

JUMPING INTO THE DEEP END: SWIM COACH TALKS TRAINING

BY JESSICA DAMBRUCH

The next Olympic swimming champion might be getting their start at the Millican Family Pool this summer.

Kwajalein Atoll joined the world in watching the Summer Olympic Games and cheered on competitive swimmers Colleen Furgeson and Phillip Kinono.

The Games may be over, but as coaches will vouch, the end of the competition is the beginning of the next training season for athletes and coaches alike.

On Kwajalein, scores of new swimmers are taking training to the deep end at as they compete on Kwajalein's Swim Team. Young high school-aged athletes are considering careers in physical training and sports medicine, and coaches are learning how to help train their new athletes. The sky's the limit, but one thing is for sure: When someone gets serious about training, it's good to seek the advice of an expert. So, we did.

The Kwajalein Hourglass reached out to Amy LaCost, Kwaj swim coach and chef de mission for the RMI Olympic swim team, for her thoughts on training and staying in the game before the Games.

What LaCost has to say about swimming and training may surprise you and encourage you to keep doing those extra laps.

Kwajalein Hourglass: You've been a swim coach for years. Why do you love this sport and coaching people in it?

Amy LaCost: I started swimming at age five on a swim team and swam throughout high school. I believe that swimming is the best exercise to stay fit and healthy. It provides cardiovascular benefits without the pounding and stress on all your joints. In addition, everyone should know how to swim for their own safety.

After all, the earth is 70 percent water.

So, the odds are you are going to find yourself surrounded by some type of water in your lifetime.

I decided to get into coaching when my children were small to pass on my knowledge and swimming skills to them and their friends. Competitive swimming is a wonderful way to push yourself both physically and mentally and to aim to improve your time (getting a personal best is the most rewarding part of competitive swimming).

Being part of a swim team encourages team spirit, sets goals, builds confidence and promotes a healthy lifestyle. In addition, swimming in a 25-yard pool helps kids count by 25's. It makes them smarter!

KHG: As a swim coach, how do you get to help educate young swimmers about life-long health and physical training?

AL: From a coaching perspective, I get to see and help swimmers learn about and improve upon their body position in the water, streamlining, diving, flip turns, finishes, breath control, kicking, pulling and all four recognized swimming strokes.

Beginning swimmers are sometimes fearful of the deep end and can barely swim one length of the pool in just one stroke. During the season, I help them develop into the best swimmers they can be, and I love watching them learn and get better at all aspects of swimming.

It is very satisfying to help them understand stroke mechanics and streamlining, building endurance and learning how to sprint as well.

I've been coaching swimmers from age 3 and up now for more than 20 years, and I never get tired of seeing them learn new skills or exceed their goals and pass their love of swimming

onto others as well.

When I coach swimmers, I encourage them to try new ways to push themselves. I want them to develop confidence and envision finishing a race in good form and with a great time. Not everyone who starts out swimming on a team will want to continue.

There are so many great sports to try, but the skills learned in swimming can be taken to other sports and aspects of one's life to help a person be more successful. That is what it did for me.

I don't compete in swim events any longer, but I do swim for fun and fitness. There is a lot of thinking that goes on when you swim in the ocean or you swim a mile between two walls in a pool. Swimming helps me manage my stress and work out problems so I can be successful in other things that I do the rest of my day.

KHG: What would you like everyone at home in the Marshall Islands to know about your work and love of the water?

AL: Living and working in the Marshall Islands has been a wonderful life changing experience. It is a unique and dynamic place with lots of history and so much rich culture and tradition. Being able to use my skill set in swimming, scuba diving and ships to teach people how to be safe in and around the water and how to enjoy all aspects of the water is a dream come true.

Kwajalein is very lucky to have not one, but two pools to use to enhance one's swimming skills. Take advantage of all the water activities available on island. Learn to swim, dive or sail. Encourage the kids you know who are on the swim team to bring their best to practice and they will do well in the competition. You get better results when you put forth a good effort.



By Jessica Dambruch

The cataclysm occurred 20 years ago, but it feels like it happened yesterday.

The events of 9/11 in New York, Pennsylvania and Washington, D.C. are among the most documented moments in human history. Nevertheless, the experiences of that day and its aftermath remain deeply personal.

The years that followed ushered in a period of mourning for loved ones, lost ideals and a sense of national security. It defined two decades in the careers of civil servants and U.S. service members. Intermixed with the stories of the tragedy are moments of kindness and courage that flare like a torch in the dark.

The stories of the victims, survivors and how we remember them will shape the next 20 years. Tell their stories, and they are not be forgotten.

The years 2001 and 2021 share Sept. 11 as a common Kwajalein Hourglass publication date. The articles that follow are selected from the milestone Sept. 14, 2001 edition. They record the community's first emotional steps forward.

On Kwajalein, in the hours following the attacks, community members attempted to contact loved ones in the United States.

Some, disconnected from the news due to the lack of a computer or television, didn't fully understand the events for hours.

Threat protection levels increased across the Department of Defense, and security protocols changed. Bucholz Army Airfield was closed. Island events were cancelled. The Island Memorial

Chapel held a memorial service.

Some Kwaj residents did what they often do best: buy supplies in case of an emergency and comfort each other.

In the KHG accounts that follow, you'll hear the voices of former KHG Managing Editor Jim Bennett and Associate Editor Peter Rejcek, who shared their personal feelings about the healing process in their Sept. 14 editorial articles.

Describing his own initial reactions in "Terrorism can't be allowed to disrupt lives in negative ways," Rejcek answered a tough question.

"Now what?" Rejcek writes. "We heal. Now we live."

Rejcek's insights are echoed this year by a 9/11 survivor. This week, WMUR.com published an interview by Jocelyn Brumbah with Bruce Stephen, who has shared his story of life after the World Trade Center.

After 9/11, Stephen, a self-professed "workaholic," and his wife, Joan, reassessed their lives. They prioritized each other and what made them happiest. They moved to a small community people. They spent more time together and began to participate ardently in civic life.

Stephen's description of the couple's new home—the size of the town, the activities they enjoy—also puts one in mind of Kwajalein: a small community matters in a big way. For Stephens, a man who evaded hell and lived to tell the story, a community is what counts.

As Stephens says in Brumbah's account: "One of the things that that we discovered as a result of the disasters was that being in a community ... is maybe the biggest reward you can have."

Threatcon Delta initiated after attacks, USAKA downgrades to Threatcon Charlie

As the world kept a constant watch on news outlets for information and updates, the 9/11 attacks earned many tragic distinctions. Millions of tons of debris were generated. More than 2,000 lives were lost. Today, the process of identifying victims continues at the Office of the New York They are among the most photographed and documented events in recorded human history. To date, they remain the largest terrorist attacks committed on American soil.

The Kwajalein Hourglass staff chronicled the evolution of the garrison's security plans and photos that would help capture the tense feeling on the island. This article featured by former Editor Jim Bennett took island residents right into the command conference room.

By Jim Bennett, Editor
Sept. 14, 2001
The Kwajalein Hourglass

USAKA department heads, site managers and specialists sat around the conference table quietly around 8 a.m. Wednesday morning mulling over the day's terrorist strikes on the World Trade Center in New York City and the Pentagon in Washington, D.C.

"The nation and community are in a state of shock," said Col. Curtis L. Wrenn Jr., USAKA commander.

On the table for discussion: What to do following a Department of Defense directive to go to Threatcon Delta, the highest security level a post can maintain.

"People might ask, 'Why establish Threatcon measures after-the-fact?'" Wrenn said. "Well, you can never tell where a terrorist will choose to stop, so you check and make sure you're not vulnerable."

The day started early for the commander and company, most getting calls around 2 a.m., telling them to turn on their televisions. Central Pacific Network had already cut to live coverage of the terrorist attacks and would continue to run the coverage on both channels through today.

By 3 a.m., Lt. Col. Steve Morris, USAKA chief of Operations, was at headquarters brainstorming the effects of Threatcon Delta.

Meanwhile, Jim Mawhar of Kwajalein's Federal Aviation Administration office was on the phone with stateside FAA officials finding out about the grounding of all commercial airlines and the effects on Kwajalein. In short, Bucholz Army Airfield was closed.

By 8 a.m., when the Crisis Management team convened, most had an idea of what their departments could expect for the day and possibly the future.

"We're fortunate we've practiced this recently, but now we're—no kidding—doing this," Morris told the group.

The first priority was safety.

"We've closed off the pipelines in here, by sea and air," Morris said. "We've isolated ourselves from outside threats."

That said, Maj. Mark Harmon, USAKA provost marshal, outlined the Delta procedures for installation security. Among them: Locking unoccupied buildings, checking packages, checking the outside of buildings for suspicious items and moving vehicles 50 feet away from buildings.

"These have to be done," Harmon said. "We don't have military personnel to draw from. This has to be a team effort."

Added Sgt. Donnell Jones of the Provost Marshal's Office: "This is not limited to CIS. If you're

the senior person in your facility, you need to check it."

The Threatcon message resulted in one morning discovery of a package at the Reef BQ. The package turned out to be tiki torches, but security and emergency officials were gratified that the public was paying attention. The group also focused on public information and transportation.

"We have to keep the public informed," Morris said.

The command focused its immediate communication efforts on "the crew," the messages written across the bottom of the television screens; a special edition of the Roller; and a lunchtime address by Wrenn on local radio.

"I assure you that I will do everything possible to return to a sense of normalcy as quickly as possible to Kwajalein and Roi, and to our Marshallese workforce and neighbors," Wrenn said.

The command also embraced technology, utilizing an email network to send out periodic updates on special hours of operations for local outlets and events, to name a few.

By 8 a.m. Wednesday, all transportation—air and sea—had been shut down, including the lights between Roi and Kwajalein and the ferries for Marshallese working on Kwajalein and Roi.

Wrenn authorized contractors to pay for the day employees who were unable to travel to work because of the restrictions. Travel restrictions were lifted Thursday for badged workers, Marshallese students and domestic workers. Guest sponsorship, sports and religious activities, however, remain suspended until further notice.

The commander also followed the Marine Department to move a fuel tanker out of the harbor and bring the Barge Islander to the pier. But with the majority of Marshallese stevedores unable to come to work, unloading operations were delayed 24 hours. That forced the Marine Department to push back an operation to move rocket fuel from Meck.

Cancelled intra-atoll lights left two power plant workers stranded on Meck as well, though they had a place to stay and ate at the Meck Café.

Glory Trips 176 and 177, schedule for Friday, were delayed indefinitely, though at first, it appeared the operation might still go as late as Thursday afternoon.

"Today was an Army family team building day, in its truest sense," said LuAnn Fantasia, of the USAKA Public Affairs office. "It doesn't require a uniform. It's not about rank. On Kwajalein, its civilian contractors working and leading, rolling up their sleeves and making things happen because they care. It's their Army installation, too, and they kept it running today in the face of adversity."



The American flag flies at half-staff near the Kwajalein terminal building following Wednesday's terrorist attacks. The RMI flag was lowered as well.

Community in disbelief over terrorist attacks

On 9/11, Kwajalein phones began ringing at 2 a.m. as stateside family members delivered news of the tragedy.

Island services were directly impacted, as members of the Marshallese workforce were stuck on Ebeye due to the elevated Threatcon level.

In the days that followed, the community rallied to face the unknown challenges that lay ahead. We called home, and we prepared.

By Peter Rejcek, Associate Editor
Sept. 14, 2001
The Kwajalein Hourglass

Disbelief. Phone calls at 2 a.m., 3 a.m., 4 a.m. Surreal scenes of smoking, crumbling buildings. Disbelief.

“Everybody got calls this morning,” Paul King said, shaking his head in shock as perhaps the worst tragedy in American history unfolded on a big screen TV in Café Pacific, Wednesday. The Sodexo USA general manager, the rest of the company’s manager’s and a handful of Marshallese workers arrived early to prepare breakfast. Most of the Marshallese employees were stuck on Ebeye, as all egress and ingress to the installation was shut down per Threatcon Delta procedures, which were initiated worldwide for all Department of Defense installations, including USAKA.

“All the managers were working in the kitchen doing the dishes,” King said.

Meanwhile, over coffee, eggs and biscuits, residents sat glued to the TV, as CNN broadcast additional information about the apparent terrorist attacks at the World Trade Center in New York City and the Pentagon in Washington, D.C. Stateside reports indicated four commercial airplanes were hijacked, three of them used as weapons to destroy the World Trade Center towers and severely damage the Pentagon.

“I just heard this morning,” said Jordan Pemberton at breakfast. He was a rare case, however, as many on Kwajalein and Roi-Namur received early morning phone calls from stateside relatives and friends.

James Curtis said his father called him early that morning, but the call was almost dream-like. It wasn’t until later did the reality sink in. “I couldn’t believe it,” he said.

No one could.

“I used to be able to see the World Trade Center from my bedroom window on a clear day,” said Dotty Miller, watching a TV in the Community Activities office. “When [husband] Bob told me, I didn’t believe him.”

The Weisrocks sat glued to their TV set all morning until they couldn’t stand it any longer. They sought respite at the library, which opened for normal business hours Wednesday, though the front door was locked until patrons presented identification badges.

“It’s hard to believe that something like this could happen in the United States,” said James Weisrock, a J.A. Jones employee who usually takes an early morning flight to Roi for work. All intra-atoll flights were cancelled Wednesday. “Like something out of a movie.”

The strikes against America immedi-

ately brought analogies to the 1941 attack against Pearl Harbor by the Japanese. About 2,400 people were killed that fateful Dec. 7, mostly service members. The number of dead from the two attacks is unknown at this time, but estimates put the number in the thousands.

“We’re just devastated, said Vanessa Longhurst, who was discussing the implications of the attacks with librarian Pat Wanslow and assistant librarian Susannah Jones. Longhurst said she was awakened by friends in Australia around 2:30 a.m. and never got back to sleep.

“It’s like something right out of a movie,” Jones said.

But no Hollywood endings, no Bruce Willis to save the day. Besides destroying the two WTC towers, a third building collapsed about six hours later. A fourth building went down Thursday and several more are threatening to collapse. As many as 200 firefighters, initially on the scene, are believed to have perished in New York City alone. Damage estimates at the Pentagon are pending; more than 100 are believed dead there.

Wanslow said she was incredulous when she got an early morning call from a stateside friend. But after seeing the confirmation for herself on TV, she immediately called family back home to make sure everyone was OK.

“You don’t feel comfortable until you touch base with everyone back home, she said. The island itself was eerily quiet Wednesday, as more than 1,200 Marshallese workers could not get to work because the Dock Security Checkpoint was closed off. Roi was similarly shut down, with volunteers employed to help run such services as Café Roi, according to King. Marshallese employees returned to work Thursday.

One place that wasn’t quiet Wednesday was the Ten-Ten store, where residents flocked after 10 a.m. to stock up on groceries despite assurances by officials that regular shipments would resume Thursday.

Paul Divinski, Retail manager, said he wasn’t surprised by the rush, considering the circumstances, but was very encouraged by the civility of the patrons as check-out lines reached deep into the aisles.

“This has gone very smoothly. Everybody has been very nice and accommodating,” he said.

Since other facilities were closed, employees were shuffling back and forth from Surfway and Sunrise Bakery bringing in additional supplies, according to Divinski. He said that no one was being allowed to hoard groceries. “We need to share. We need to make sure we have enough for everybody.”

The Rev. John Dorr and Father William Sullivan offered residents a chance to share their emotions at a memorial service at Island Memorial Chapel Wednesday afternoon.

“We live in a difficult world and bad things happen,” said Dorr, who is often asked to have the answers in such crises.

“I don’t know ,why’ entirely. From my perspective, God is still in control,” he said. “There are answers, there is comfort, there is hope.”

Many find connection to terrorist targets

Some members of the community had family traveling and living near the epicenter of the attacks in New York.

By KW Hillis, Feature Writer
Sept. 14, 2001
The Kwajalein Hourglass

For many residents the news of terrorist attacks on New York City and Washington, D.C. was made more horrible because they didn't know the fate of family and friends near the epicenters of the attacks or possibly on the hijacked planes.

"I got a call from Cris [Lindborg's] sister, speaking in Spanish at 2 a.m.," said Sue Rosoff, who is house-sitting for the Lindborgs. Worried about Andrea Lindborg, who is working in New York City, the sister called to make sure her niece was OK.

Between calls trying to track down the Lindborgs, Rosoff said she sent an e-mail to her own cousin, Julie Wolf, who lives near the World Trade Center to see if Julie and her family was all right. Julie emailed her right back with good news. Meanwhile, one of the Lindborg's relatives was able to find out that Andrea Lindborg was unharmed and reported the news by phone.

It was one story on an island full of Kwajalein connections with the attacks.

Maggie Fuller saw the news reports when she awoke and went for her morning walk, not realizing her brother-in-law Brian Fuller, who works in New York, could be in danger.

"I didn't know until I got to work and Alan [Fuller, another brother-in-law] called me," Maggie Fuller said.

Alan Fuller didn't know anything about the attacks until he got to the Café Pacific at 7 a.m., where a big screen television showed the collapse of the World Trade Center towers.

"I don't have a TV or radio in my room," Alan Fuller said. "I did talk to a co-worker on the way in and asked how he was. He said, 'OK, considering someone wiped out the World Trade Center and the Pentagon.' I thought they were kidding."

Although Alan Fuller's big brother Brian lives in Connecticut, he works as a regional security manager for Macy's department store, about four miles from the World Trade Tower, Alan Fuller said.

"[Brian] takes the train in and switches trains underneath the World Trade Center," Alan Fuller said.

Arriving at work, Alan Fuller left a voice mail message on his brother's work phone in New York. He then alerted family members on the mainland and on island including his sister-in-law, Maggie.

At 9:20 a.m., Alan Fuller received an e-mail message from his brother Brian. It read, in part, "Hey, little brother—it looks like a war zone here."

Alan Fuller immediately forwarded the message to others in his family.

Ironically, Brian Fuller knows what a war zone looks like—he's a member of Special Forces Delta Team working against terrorist attacks.

Although a group of people from the Reagan Test Site, including RTS commander Lt. Col. Clarence Johnson Jr., was supposed to be at the Pentagon on Sept. 11, the commander's secretary, Debra Oglesby, wasn't worried when she arrived at work.

"I didn't get a phone call or hear the news," Oglesby said. "When I came into work, I saw it was Threatcon Delta. I wondered what was going on."

More confusing to Oglesby was the voice mail messages awaiting her at work.

"I was listening to my voice mail messages and a relative of one of the ladies in D.C. called to let me know that [the traveler] was OK," Oglesby said.

"What do you mean she's OK," I said to myself. Then I put it all together."

Soon, calls from various people, including RTS technical director Stan McMurtrie, reassured Ogles-

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Many find Kwaj connection to terrorist targets

By KW Hillis
Feature Writer

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A chain-link fence cordons off the emergency area of the Pentagon near the heliport as fire and rescue workers and FBI and other crime scene personnel attend to their work Sept. 12 (GONLUZ time).

(Photo by Chris A. Gomez)

worried about my wife's mother because she was at home not knowing where her sons were."

The Riordans had to wait until noon to find out about their relatives.

"We talked to Janice's mother at noon [Wednesday], that is when we discovered everyone was okay," Riordan said. "They had flown out of Boston just before those [hijacked] flights left."

Throughout Wednesday, stories of relatives and friends secure and safe and nowhere near the devastation surfaced as calls and e-mails flew approximately 7,500 miles between Kwajalein Atoll and the mainland.

Even though relatives and friends may not have been near New York City, the Pentagon or an airport, residents checked in with loved ones to find out how they were faring.

"I asked Shane if he was worried about the terrorists," Beverly Schmidt said when she called her daughter and nine-year-old grandson Shane in Detroit. "He said he wasn't worried because that's the president's job."

Unfortunately, there are family and friends here and around the world who still don't know the fate of their loved ones since the identity of the victims from the hijacked planes, the World Trade towers and the Pentagon have not all been determined or released.

Writing his brother Alan Fuller from a New York office where he had watched the World Trade towers collapse, Brian Fuller stated, "Life as we know it has changed."

To donate money to the Red Cross by assisting victims of the attacks, call 1-800-HELP-WOM. To donate to the United Way fund to help the victims of Tuesday's attacks and their families, call (212) 251-4933. To make donations to the Salvation Army for helping the victims, call 1-800-SAL-ARMY.

by that the Kwaj group had left earlier from D.C. and was already in California.

Former Kwajalein residents also accounted for their safety by calling or e-mailing. Nancy Jones, wife of former RTS commander Lt. Col. Raymond Jones, called Oglesby.

"She left the message around 3 a.m. saying her husband was all right," Oglesby said.

Others on island were worried about who could be traveling on the hijacked planes.

"We heard two of the [hijacked] flights originated in Boston, so we didn't know," said Jack Riordan, explaining that his brothers-in-law Joe and Tom Gardner were flying to Chicago from Boston that morning. "We were mostly worried about my wife's mother because she was at home not knowing where her sons were."

The Riordans had to wait until noon to find out about their relatives.

"We talked to Janice's mother at noon [Wednesday], that is when we discovered everyone was okay," Riordan said. "They had flown out of Boston just before those [hijacked] flights left."

Throughout Wednesday, stories of relatives and friends secure and safe and nowhere near the devastation surfaced as calls and e-mails flew approximately 7,500 miles between Kwajalein Atoll and the mainland.

Even though relatives and friends may not have been near New York City, the Pentagon or an airport, residents checked in with loved ones to find out how they were faring.

"I asked Shane if he was worried about the terrorists," Beverly Schmidt said when she called her daughter and nine-year-old grandson Shane in Detroit. "He said he wasn't worried because, that's the president's job."

Unfortunately, there are family and friends here and around the world who still don't know the fate of their loved ones since the identity of the victims from the hijacked planes, the World Trade towers and the Pentagon have not all been determined or released.

Writing his brother Alan Fuller from a New York office where he had watched the World Trade towers collapse, Brian Fuller stated, "Life as we know it has changed."

Attacks prove people are at their best in the worst times

By Jim Bennett, Editor
Sept. 14, 2001
The Kwajalein Hourglass

My six-month-old daughter is having a terrific week. She's learning to hold her-self up, push-up style, in anticipation of crawling, I think. She's learning to play with our cats, giggling as she slaps hand to paw with the fat, fuzzy resident of our household. And she smiles and laughs every time she sees a friendly face.

She's blissfully unaware of this week's events, but she won't always be that young and innocent.

A lot has been written about how America lost its innocence to terrorism on Sept. 11.

We've known about terrorism before this week. We've even been hit by it, with the 1993 bombing of the World Trade Center and the 1994 Murrah Federal Building bombing in Oklahoma City. Dharan, Kenya, Tanzania, the USS Cole—all sites of terrorist attacks, too. Previous events, however, don't make these latest attacks any easier to deal with, and they really don't compare.

On Sept. 11, we lost more than 260 people on board aircraft, between 100 and 800 at the Pentagon and thousands in New York.

The numbers are impossible to fathom. We can look at a car bomb that kills 20 people and say, "Why? We feel regret and sadness. But how do you multiply the emotion felt for 20 to that felt for thousands?"

Take your average small town in America, wipe it off the face of the map, and you'd have about the same effect.

But with every horror story, you have stories of heroism. People risking their lives to save others: hundreds of New York firefighters and police killed while responding to the victims of the attack. Who knows what really happened on the plane that crashed in Pennsylvania? And what of the thousands who have pitched in since the attack?

I'm reminded of the saying, "People are at their best when things are at their worst. I believe that, though I wish it didn't have to come to 'the worst for people.'"

I've also seen editorials question what we're doing on Kwajalein: missile testing. One writer stated that national missile defense would have been useless on Sept. 11.

True. But just because terrorists picked an unconventional approach this time, doesn't eliminate the threat we're working to negate. A war on terror has a lot of fronts.

Someday I'll have to explain to my daughter that bad things happen, and bad people roam the planet. I'll also tell her the world is generally a good place with good people protecting us against the bad. I just don't look forward to that conversation.

Terrorism can't be allowed to disrupt lives in negative ways

By Peter Rejcek,
Associate Editor
Sept. 14, 2001
The Kwajalein Hourglass

Now what?

The story is still being pieced together. We're still waiting for a name, a target for our vengeance. Don't think it's anything but revenge. You can couch our response in whatever politically correct terminology that comes to mind, but once we have evidence of who was responsible for that mass murder in New York City and Washington, D.C., you can bet retaliation will be swift and deadly.

We know that. But now what?

Shock and surrealism have slowly faded, giving way to anger. Anger not only for those murdered, our sympathy reaches out to those directly affected, though at best we can only have a vague sense of their pain, but outrage for the bludgeoning of our sense of security, the paranoia that must rise up like bile every time you step aboard an airplane or enter a crowded public building.

Here, on our little island paradise, so far removed from the shockwaves of destruction, is a sense of Catch-22: apparently safe by virtue of our isolation, but helpless by virtue of our isolation. A phone call back home to make sure everybody is OK is reassuring, but how much more comforting is a hug from a father asking for reassurance from his son 7,000 miles away?

Now what? How many more times should we watch the airliner hurl itself into the World Trade Center tower? How many more recaps can we sit through before screaming at the TV, 'Enough! Enough!' But you can't look away. You don't want to know the final number of how many are dead, but you wonder how much longer the tally will take.

The brutal shock to our psyches, to our daily routines is maddening. But we can't be overwhelmed—that's what they want. Only hours into this tragedy, the media pundits already began speculating on how the attacks would affect our future civil liberties. But we can't put ourselves in a cage—That's what they want.

Now what? Now we get back to work. Now we return to the ballfields. Now we visit our friends and turn off the TV for a little while.

Now what? Now we hug each other a little harder—but not just today and tomorrow. Every day, because the most valuable lesson to be learned from these monstrous acts is that we are always vulnerable to tragedy. To be vulnerable is not to be weak, but to be compassionate, to appreciate our lives and each other.

Now what? Now we heal. Now we live.



20TH ANNIVERSARY
9/11 REMEMBRANCE CEREMONY

SATURDAY, SEPT. 11 AT 4 P.M.
THE ISLAND MEMORIAL CHAPEL

U.S. SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

Twenty years ago, Al-Qaeda terrorists hijacked and crashed commercial airplanes into the World Trade Center, the Pentagon and a Pennsylvania field. Virtually no one was unaffected by the events of that day.

On the home front, as the THREATCON shifted to Delta, U.S. Space and Missile Defense Command, like other government entities, instituted force protection measures with new security protocols and checkpoints. Even on the remote island of Kwajalein all egress and ingress to the island was shut down, leaving many workers on Ebeye.

At the same time, the USASMDC moved out to address the new “asymmetrical threat.” As early as Sept. 11, for example, the Battle Lab’s Advanced Warfighting Experiment or AWarE system was provided to the 1st Air Force at Oceana Naval Air Station in Virginia. The AWarE software enabled the team to provide the Air Force with a complete and integrated air picture of the East Coast of the United States.

Coupled with the Future Operational Capability Tactical Operations Center or FOCTOC, also developed within the command, AWarE provided a single integrated operational picture from a reduced footprint. One year later two ARSPACE liaison officers and the FOCTOC based equipment remained in support of Operation Noble Eagle.

During that same period, the U.S. Space Command directed the Army Space Command “to stand up a capability to provide blue force tracking data services to U.S. Central Command



U.S. ARMY PHOTO BY DOTTIE WHITE

Force protection measures taken at USASMDC facilities: Joe Green and Ed Shaddix, security officers with Paragon Systems, conduct a vehicle inspection at the Huntsville, Alabama, U.S. Army Space and Missile Defense Command facility. Following 9/11, similar force protection measures were instituted throughout the command and at Department of Defense installations around the world.

within 30 days.” The Blue Force Tracking Mission Management Center was up and running by 23 October manned with internal staff, Space Command J33 staff and mobilized National Guard NCOs.

Similarly, SMDC’s Army Space Program Office expedited the fielding of their Grenadier Beyond line-of-sight Reporting and Tracking or BRAT program, a blue force tracking system that uses a small, lightweight transceiver and GPS signals to identify its location. Then, from October 2001 and the begin-

ning of Operation Enduring Freedom, SMDC also deployed Army Space Support Teams, a JTAGS Detachment and a Space Electronic Warfare Detachment while Soldiers in Colorado Springs, Colorado provided reach back capabilities through the Space and Information Operations Element – Rear.

These observations, each worthy of their own article, recall the impact of 9/11 and help to demonstrate the growing significance of Army space personnel and capabilities since Desert Storm, the first space war, just 10 years earlier.

ISLAND SAFETY REMINDER

Kwajalein residents are requested to stay clear of construction areas and perimeter roadblocks as construction teams and other personnel carry out work in and around thoroughfares and routes of travel.

Only authorized personnel wearing appropriate personal protective equipment may enter worksites.

Please take your personal safety seriously, both on and off the job. Before visiting a construction area, please consult with the appropriate authority on the scene.

If you have questions regarding island construction or work zones, please contact USAG-KA Safety Officer Deirdre Wyatt-Pope at deirdre.l.wyatt-pope.civ@mail.mil.

DINING CHANGES ARE HERE

Dining privileges at the Zamperini Cafeteria and Cafe Roi changed at the beginning of this month. Read on for a list of new rules and reminders.

- Diners are reminded that backpacks are not be allowed inside the facilities.
- Diners are welcome to leave their backpacks on storage racks provided around the facilities in a non-secure storage area.
- Please remember that valuables, personal belongings and items like CAC cards, government property or documentation containing personal identifiable information should never be left unattended in non-secure areas.
- Diners are also reminded that the use of personal containers, like cups, thermal beverage containers and plastic baggies are not permitted on the premises of the dining facility. All to-go meals must be carried out utilizing to-go containers provided.



- Diners are permitted to enjoy one serving of fruit from the dining facility fruit carts per meal and should not carry out more than one serving.
- Diners are reminded to please be courteous to other diners during mealtimes. Children are to be monitored by adults at all times.
- Diners without meal cards are invited to enjoy the dining facilities during times and dates indicated, and to use cash or credit cards to purchase meals using the advertised meal rates.

The LIBERTY PASS

It's time for the weekend. Be sure to check out "The Liberty Pass" for information on upcoming activities and weekend events.

Coming Up Next



Swap and Shop

Saturday, Sept. 11
2 - 6 p.m.

Building 602 Lawn
on Lagoon Road

Visit the Grace Sherwood Library during hours of operation to register and reserve your table. Registration costs \$5. For more information, contact MWR at 5-3331.

Welcome Back Picnic & Bike Blessings

Monday, Sept. 13
12:30 to 2:30 p.m.

Emon Beach
Main Pavilion

Join the Island Memorial Chapel as we welcome everyone back from summer break. We provide lunch, free bike maintenance, and you provide the fellowship. You are welcome to bring a dish to share, but not required. Call 5-3505 or email kwajchapel@gmail.com for more information.

Yokwe Yuk Welcome Club Annual Meet and Greet

Monday, Sept. 27
4 - 6 p.m.

Hosted by Shawna Hughes
at the Pugsley residence,
Quarters 241

Join the YYWC for door prizes, food and fun. All island residents interested in giving back to the Republic of the Marshall Islands are welcome to visit and learn more about the YYWC. Membership fees are only \$10. Please RSVP and send questions to Julie Markovec on Facebook or email juliemak247@gmail.com

Yuk Theater Kwajalein

Saturday, Sept. 11
"The Nut Job 2" (PG)
91 min.

Sunday, Sept. 12
"Shazam!" (PG-13)
132 min.

Monday, Sept. 13
"Equalizer 2" (R)
121 min.

Saturday, Sept. 18
"Tom & Jerry" (PG)
102 min.

Sunday, Sept. 19
"Holmes & Watson" (PG-13)
91 min.

Monday, Sept. 20
"Girls Trip" (R)
123 min.

C-Building Roi-Namur

Saturday, Sept. 11
"Little" (PG-13)
109 min.

Sunday, Sept. 12
"Rocketman" (R)
161 min.

Saturday, Sept. 18
"Shazam!" (PG-13)
132 min.

Sunday, Sept. 19
"Equalizer 2" (R)
121 min.

Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special "Movies Under the Stars" events.

MWR Fitness is Free Through Oct. 5

All MWR fitness classes are free for one month only. Class slots are available on a first-come, first-served basis with no pre-registration required. Call MWR at 5-3331 with questions.

Tuesday

Zumba Dance, 9:15 a.m.
Yoga, 5:30 p.m.
Spin, 6:40 p.m.

Wednesday

HIIT (High Intensity Interval Training), 5:30 a.m.
Zumba Toning, 9:15 a.m.
Zumba Dance, 6 p.m.

Thursday

Spin, 5:30 a.m.
Water Aerobics (Adult Pool), 9:15 a.m.
Yoga, 5:30 p.m.

Friday

HIIT (High Intensity Interval Training), 5:30 a.m.
Zumba Toning, 5:30 p.m.
Spin, 6:40 p.m.

Saturday

Spin, 5:30 a.m.
Water Aerobics (Adult Pool), 6 p.m.

Join MWR fitness.

Zumba Dance and Zumba Toning meet in CRC Room 1. All other fitness classes will be held in CRC Room 7 unless otherwise noted. All MWR fitness classes require an MWR Fitness Pass. Purchase your pass from MWR in the Grace Sherwood Library, Bldg. 805.

All class dates and time are subject to change without notice. For more information, call MWR at 5-3331.

Contact MWR at 5-3331 for updates and events about the garrison's bars and clubs.

OUTRIGGER CLUB

Check with MWR for meal specials and activities at the Outrigger Club by calling 5-3331.

COUNTRY CLUB

Birthday Bash

Come celebrate island birthdays with MWR every third Sunday from 6 - 9 p.m. Enjoy complimentary shuttle service available from the Ocean View Club every 30 minutes from 5 - 9 p.m.

Saturday

Enjoy happy hour and play Uno every Saturday at 6 p.m.

OCEAN VIEW CLUB

Wednesdays

Raise your glass and toast Wednesday at happy hour from 5 - 7 p.m.

Saturdays

Enjoy fun activities like game nights, karaoke, theme nights and live music.

Mondays

Enjoy Monday meal deals on Men's Night from 5 - 7 p.m.

Shuttle Service

MWR offers shuttle service to and from the Country Club every 30 minutes from 5 - 8 p.m. Saturdays. For more information, contact Nikeya Childs at 5-9205 or 5-3331.

Kwajalein MIA Project



NEVER FORGET.
<https://kwajaleinmiaproject.us/>

MANIT DAY



**SEPT. 27, 2021
11 A.M. - 2 P.M.
MARSHALLESE CULTURAL CENTER
U.S. ARMY GARRISON - KWAJALEIN ATOLL**



IAKWE AOLEP

Join the atoll community for a celebration and showcase of “manit,” or Marshallese culture, Sept. 27 at the Marshallese Cultural Center, 11 a.m. - 2 p.m. Sample traditional dishes and check out crafts and exhibitions from Ebeye and Enniburr. Visit the MCC to learn more about Marshallese history.

Manit Day is a free event open to the entire community. Guests are advised to hydrate, wear a hat and to bring cash for vendor sales of Marshallese jewelry and traditional baskets and decorative items.

The U.S. Army Garrison-Kwajalein Atoll Directorate of Host Nation Activities thanks the many volunteers and assistants whose hard work and dedication make Manit Day a special celebration for Kwajalein.

Special recognition and sincere thanks also go to the following individuals and organizations for their continued patronage and event support:

- Traditional leaders of the Marshall Islands
- USAG-KA RMI Liaison Office
- The Marshall Islands government
- Kwajalein Atoll Local Government
- U.S. Embassy Majuro
- Jinetiption Women’s Club
- Ri-Katak students
- USAG-KA Morale, Welfare and Recreation
- USAG-KA Directorate of Host Nation Activities
- Yokwe Yuk Welcome Club
- Kwajalein School System
- Marshallese Cultural Center

For more information about Kwajalein’s annual heritage celebration, please contact the USAG-KA Host Nation office at 5-5033.

U.S. ARMY GARRISON-KWAJALEIN ATOLL CHILD AND YOUTH SERVICES



NAMO WETO YOUTH CENTER

Tuesdays - Closed

Wednesdays - Tremendous Trivia - 4:30 p.m.

Thursdays - Movies/documentary with Popcorn - 3 p.m.

Fridays - Frappaccinos - 3 p.m.

Fridays - Fitness Challenge - 4 p.m.

Saturdays - Smoothies - 3 p.m.

Sundays - Art Activity

Youth Center Special Events

Sept. 11 - Patriot Day - 9/11

Sept. 12 - Lemon Volcanoes - 4 p.m.

Sept. 12 - Hip Hop Class - 6 p.m.

Sept. 19 - Positive Message Painting - 4 p.m.

Sept. 25 - Get Your Glow on (grades 7 - 12) - 8:30 - 9:30 p.m.

Sept. 25 - Island Music Hour (grades 9 - 12) - 8:30 - 9:30 p.m.

Sept. 26 - Worldwide Day of Play - 4 - 6 p.m.

CHILD DEVELOPMENT CENTER

Baru Classroom

Fridays are Water Play Days for infants and young toddlers. Saturdays are Water Play Days for toddlers. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

Bako Classroom

Tuesdays - STEAM Swim Day. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

Wednesdays - STEAM Functional Fitness

Thursday - Pre-K music class

Saturday - Pre-K music class

STEAM

Tuesdays - Swim Day. Please send your

child with water clothes, a towel, and dry clothes.

Wednesdays - Functional Fitness

Thursdays - Library

Sports

Start Smart Sports - Ages 3 - 5:

Basketball - Season runs through Sept. 22

SCHOOL-AGE CARE

Tuesdays - Art

Wednesdays - Culture and Functional Fitness

Thursdays - STEM

Fridays - Recreation

Saturdays - Character Counts

Sports

Basketball - Season runs through Sept. 30.

Register in Central Registration.

MAKE FRIENDS AND MAKE A DIFFERENCE: VOLUNTEER AT THE BARGAIN BAZAAR



Many hands make light work. The Yokwe Yuk Welcome Club invites you to volunteer. All experience levels are welcome. Leadership roles are available.

For more information, email yywcinfo@gmail.com or visit the Bargain Bazaar Facebook page @KwajBargainBazaarYYWC. Proceeds benefit the YYWC Education Assistance Fund and support education grants.

Donations to the Bargain Bazaar are welcome during hours of operation only.

- Saturdays from 3 - 5 p.m.
- Wednesdays from 4:30 - 6:30 p.m.
- First and third Mondays of the month from 1 - 3 p.m.

KWAJALEIN AT THE MOVIES



MOANA
(PG) 103 min.
Sept. 18, 7:15 p.m.
Emon Beach



SNAKE EYES
(PG-13) 121 min.
Sept. 19, 7:15 p.m.
Ocean View Club



THE CROODS: A NEW AGE
(PG) 95 min.
Oct. 9, 7:30 p.m.
Yuk Theater



Vendors welcome! Registration fees for a vendor table are \$5. Call 5-3331 to reserve your table today. Registration closes Sept. 16.

Did You Know?

Kwajalein is home to AFN 99.9 The Wave—the only contract-run American Forces Network radio station in the world.

Join the Crew

Listen to the AFN crew on the air Tuesday through Saturday from 7 – 9 a.m., 11 a.m. – 1 p.m. and 4 – 6 p.m. for the latest news and greatest hits of Kwaj life on U.S. Army Garrison-Kwajalein Atoll.

This Just In: Listen to AFN 99.9 The Wave on Roi

AFN 99.9 The Wave is now available on Roi-Namur. Tune in to listen on the radio and also on the AFN roller channel, 19-1. For questions, comments and more information, contact AFN Communications Manager Randall Hisle at 5-2114 or at Randall.hisle@amentum.com.

Don't own a radio?

Don't worry. You can tune in on the local AFN roller channel, 19-5.

Want to learn more?

Contact AFN Manager Randall Hisle at 5-2114.



AFN INTERVIEWS

CATCH THE LATEST ON AFN 99.9 'THE WAVE' RADIO, AS DJ RANDALL HISLE INTERVIEWS MEMBERS OF THE KWAJ COMMUNITY. LISTEN TUESDAY THROUGH SATURDAY FROM 7 TO 9 A.M., 11 A.M. TO 1 P.M. AND 4 TO 6 P.M.

E-WARENESS

NO WIPES IN OUR PIPES

Many household products are labeled as flushable. They are not. Call Environmental at 5-1134 with questions.

KOJBAROK PIPES KO: JAB FLUSH WIPES KO

Jab Likiti "Flush ii" ak julaki" ilo toilet bowl ko. Kajitok, kiir Environmental ilo 5-1134.

WHERE CAN I FIND ISLAND WATER QUALITY REPORTS?

[Click here to read the 2020 US-AG-KA Water Quality Report in English and Marshallese](#)

The 2020 Water Quality Report is available to all USAKA residents with important information about drinking water at USAG-KA. Contact Environmental at 5-1134 for information.

Available at Kwajalein and Roi-Namur:

- Post Offices
- Libraries
- Air Terminals
- Dock Security Check Points

2020 Water Quality Report ebojak non aolep armij ro ilo USAKA lale ej kwalok kin melele ko raurok kin dren in idrak eo ion USAG-KA

Ebojak ilo Kwajalein im Roi-Namur:

- Post Offices
- Libraries
- Air Terminals
- Dock Security Check Points



U.S. Army Garrison-Kwajalein Atoll Biggest Loser Challenge Sept. 21 - Dec. 14, 2021

Join the challenge with a \$20 entrance fee for the chance to split the mystery pot prize between this annual fun fitness contest's male and female winners.

Roi and Kwaj residents: Are you ready to make a lifestyle change, lose a few pounds, and begin a happier and healthier tomorrow? Need motivation, accountability and support? Then this 12-week program is for you.

Roi Residents

Email: kwajaleinpublichealth@internationalsosgs.us, call 5-8836, or stop by the Roi Dispensary Sept. 22 from 7 – 10 a.m. with your \$20 entrance fee to participate in the first weigh-in.

Kwaj Residents

Register by Sept. 16 by emailing kwajaleinpublichealth@internationalsosgs.us, calling 5-8836 or visiting the Kwajalein Hospital front desk.

You can also visit Building 566 (across from the AAFES food court) on Sept. 21 from 6 – 7 a.m. or 11 a.m. to noon with your \$20 entrance fee to participate in your first weigh-in.



USAG-KA DINING GUIDE

DINING FACILITY MEAL PRICES

Meal	Standard Rates*
Breakfast	\$3.65
Lunch	\$5.85
Dinner	\$5.10
Holiday	\$9.55

*Customers without meal cards are welcome to pay with cash and credit card.

REMINDERS AND REGULATIONS

- Families are welcome to dine at the Zamperini Cafeteria on Tuesdays, Thursdays, Sundays and Mondays.
- Please enjoy the dining facility fruit carts by taking one piece of fruit. Diners are not permitted to take more than one serving of fruit from the cart.
- Backpacks are not allowed beyond the entrance of the Zamperini Cafeteria or Cafe Roi. For your convenience, a storage rack is provided near the entrance of both facilities.

THE MISSING MAN TABLE

from pow-mia.families.org

Military dining installations around the world have one table in common to honor service members missing in action. The story of the table is told through the missing man honors table ceremony. Next time you stop in to dine, take a moment to remember those who we hope to invite back to take their empty chairs.

As you entered the room, you may have noticed a special table; it is reserved to honor our missing men. Set for six, the empty chairs represent Americans who were or are missing from each of the services—Army, Marine Corps, Navy, Air Force, and Coast Guard—and civilians, all with us in spirit.

Some here were very young, or not yet born, when the Vietnam War began; however, all Americans should never forget the brave men and women who answered our nation's call and served the cause of freedom in a special way.

Let me explain the meaning of this table, and then join me for a moment of silent prayer.

The table is round to show our everlasting concern. The cloth is white, symbolizing the purity of their motives when answering the call to serve.

The single red rose reminds us of the lives of these Americans, their loved ones and friends who keep the faith, while seeking answers.

The yellow ribbon symbolizes our continued uncertainty, hope for their return and determination to account for them.

A slice of lemon reminds us of their bitter fate, captured or missing in a foreign land.

A pinch of salt symbolizes the tears of our missing and their families.

The lighted candle reflects our hope for their return. The Bible represents the strength gained through faith to sustain us and those lost from our country, founded as one nation under God.

The glass is inverted to symbolize their inability to share a toast.

The chairs are empty. They are missing.

SUNRISE BAKERY (5-3445)

Tues - Thursday
6 a.m. - 2 p.m.

SUNRISE BAKERY PIZZA KITCHEN (5-3445)

Friday, Saturday and Sunday,
5 - 9 p.m.

Monday, 5 - 9 p.m.

Don't forget about the late-night menu of rotating specials at the Roi-Namur Outrigger Club and Ocean View Club.

For more information, please see the "Bars and Clubs" page.

AMERICAN EATERY

Located at the Kwajalein Dock Security Checkpoint
(5-1605)

Sunday - closed

Monday - closed

Tuesday - Saturday,

8 a.m. - 6 p.m.

BURGER KING

Located at the AAFES Food Court
(5-3402)

Sunday, 11 a.m. - 6 p.m.

Monday - Friday,

11 a.m. - 7 p.m.

Saturday, 11 a.m. - 8 p.m.

ANTHONY'S PIZZA

Located at the AAFES Food Court
(5-2735)

Sunday, 11 a.m. - 6 p.m.

Monday - Friday,

11 a.m. - 7 p.m.

Saturday, 11 a.m. - 8 p.m.

SUBWAY

Located at the AAFES Food Court
(5-3402)

Sunday, 11 a.m. - 6 p.m.

Monday, 11 a.m. - 7 p.m.

Tuesday, 10 a.m. - 7 p.m.

Wednesday, 8 a.m. - 7 p.m.

Thursday, 10 a.m. - 7 p.m.

Friday, 8 a.m. - 7 p.m.

Saturday, 10 a.m. - 7 p.m.

ISLAND DINING FACILITIES

CAPT. LOUIS. S. ZAMPERINI CAFETERIA (5-3425)

TUESDAYS - SATURDAYS*

5:30 - 8 a.m.

11 a.m. - 1 p.m.

4:30 - 7 p.m.

SUNDAYS AND HOLIDAYS*

6:30 a.m. - 9:30 a.m.

11 a.m. - 1 p.m.

4:30 - 7 p.m.

MONDAYS*

6 - 9 a.m.

11 a.m. - 1 p.m.

4:30 - 7 p.m.

CAFE ROI - ROI-NAMUR (5-6535)

TUESDAYS - SATURDAYS

5:30 - 8 a.m.

10:45 a.m. - 12:30 p.m.

5 - 6:45 p.m.

SUNDAYS AND HOLIDAYS

7 - 9 a.m.

10:45 a.m. - 12:30 p.m.

5 - 6:45 p.m.

MONDAYS

6 - 8:30 a.m.

10:45 a.m. - 12:30 p.m.

5 - 6:45 p.m.

TRAVEL AND FLIGHT INFORMATION

United Airlines Flights

United Airlines has confirmed reinstatement of the full Island Hopper flight schedule. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change.

WEEKLY JULY-OCTOBER CHECK-IN TIMES

UA 155 - 3:30 - 4:45 p.m.
UA 154 - 10:45 - 11:15 a.m.

WEEKLY JULY-OCTOBER FLIGHTS

Mondays- UA 155 - (HNL)
Tuesdays- UA 154 - (GUM)

NOVEMBER FLIGHTS SCHEDULE

UA155 (HNL)
Mon/Fri
Check-in 3:30 - 4:50 p.m.

UA154 (GUM)

Tues/Sat
Check-in time: 10:45 - 11:20 a.m.

Electronic Guam Customs, Quarantine Agency Form

The Guam Customs and Quarantine Agency form has transitioned to an Electronic Declaration Form. All passengers and crew arriving and processing into the Guam International Airport Main Terminal will fill out the EDF on their mobile devices or desktop computers, 72 hours prior to their arrival into Guam.

United encourages everyone to take advantage of the 3-day eligibility window prior to boarding for a completely touchless entry process with Guam Customs.

toms. Links are as follows:

Mobile device link: <https://traveller.guamedf.landing.cards>

Desktop computer: <https://guamedf.landing.cards>

The EDF kiosks are accessible in Guam airport baggage claim area for convenience.

Flight Requirements

- No COVID-19 test is required if flying on the ATI or United Airlines if you are flying on official government orders. All other UA passengers must have a negative COVID-19 test one to three days before traveling. This is a requirement of the Centers for Disease Control to enter the United States.
- Call the Kwajalein Hospital to schedule your test at 5-2223. The cost for the test is \$125. Passengers must bring a copy of their UA flight itinerary at the time of appointment as proof of flight.
- All passengers tested are required to pick up results at 4 p.m. on the day of testing.

For UA departure policies and requirements, contact Aliceia Haacke at 5-1015 or 5-4852. For more information on outbound test requirements, contact the Kwajalein Hospital at 5-2223.

ATI FLIGHTS

ATI flights now occur on a twice weekly basis. Additional flights are for cargo

RMI TRAVEL ADVISORY

RMI COVID-19 TRAVEL ADVISORY & RESTRICTIONS ISSUANCE 29: APPLIES THROUGH SEPT. 30, 2021

As of Aug. 27, 2021, an extension of the total suspension of international travelers coming into the RMI via air travel will continue until otherwise announced.

For more information about the Republic of the Marshall Islands issuances, please contact the Commander's Hotline at 5-1098 or the USAG-KA Host Nation Office at 5-5325.

movement. Check with your ATI flight representative to confirm check-in and flight departure times.

What does this mean for the community?

- Guidelines for incoming passengers remain the same
- Outbound passengers will have more opportunities to depart
- Travel remains official for duty only. Please note the RMI travel ban is still in effect

OUTBOUND ATI SCREENING PROCESS

The ATI medical screening process has changed.

- You must visit the hospital to complete your medical clearance on the last business day before your flight.
- Monday and Tuesday departures are screened 8 a.m. - 1 p.m. Saturday.

NEED TO SHOP AAFES ONLINE?

1) Find an item on <http://www.shopmyexchange.com> to request.

2) Visit the Kwajalein AAFES store during hours of operation and bring the item number, a description and/or page printout with the desired product information.

3) An AAFES supervisor or manager will verify the product data and take customer contact information.

4) AAFES submits a request for fulfillment and purchase support.

5) If the desired product is available and approved for shipment, it will be shipped by container to an AAFES facility in Hawaii or on the west coast before it arrives on USAG-KA.

6) Fulfillment times vary due to supply shortages and inventory constraints.

* Please know not all furniture and appliance items on the site are available for delivery to Kwajalein.



For more information, please visit AAFES and speak to a supervisor or manager.

ShopMyExchange.com Access

Who is eligible to shop at AAFES?

- U.S. Citizen Employees of firms under contract to the DoD when employed outside the U.S.
- U.S. Civilian DoD employees when stationed outside of the U.S.
- Full list of eligibility available at shopmyexchange.com

For more information, request an account form from Ian Morales at mo-alesic@aafes.com. Hardcopies are also available at the store.

Accounts are good for up to two years. These forms can be reactivated after employment verification.

CONNECT TO PROTECT

"SEEING MY TEAMMATES FROM YEARS AGO... MAKES ME HAPPY."

-SFC CHELSEA PORTERFIELD



ARMY RESILIENCE

SEPTEMBER IS SUICIDE PREVENTION MONTH

BY KWAJALEIN HOSPITAL

Far too often, those who battle thoughts of suicide are doing their best to hide or mask their feelings. The truth is, we cannot always know or recognize the possible signs that someone is struggling with suicidal thoughts, but we can certainly try to help prevent suicide as much as possible.

Researchers have identified signs that are exhibited by many who have attempted or completed suicide. If you notice a friend or colleague showing the following behaviors, ask them if they are suicidal and refer them for help:

- Talking about wanting to die or to kill themselves
- Looking for a way to kill themselves, like searching online or buying a gun

- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated, behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

Grief support and counseling is available on island. Contact the EAP counselor at 5-5362 or the Island Memorial Chaplain at 5-3505.

NATIONAL
SUICIDE
PREVENTION
LIFELINETM
1-800-273-TALK (8255)
suicidepreventionlifeline.org



HEALTH CONNECTION

BY KWAJALEIN HOSPITAL

Q: How do I prevent a charley horse?

If you have ever had an incredibly painful leg cramp, it is likely you have experienced a charley horse.

This type of muscle spasm is the result of involuntary muscle contraction. This type of muscle spasm can last for minutes or even hours. They can occur anywhere in the body but its most common locations are the back of the lower leg/calf muscle, hamstrings/back of thigh or quadriceps/front of thigh.

Common causes of charley horses include muscle injury, overuse or strain from vigorous exercise, not stretching before or after a workout, and the biggest cause is dehydration.

How to treat a charley horse

Most of the time muscle spasms will resolve on their own. To help ease the pain when they happen, you can try one of the following:

- Gently stretch the muscle: if you are suffering from a calf cramp, straighten your leg and pull your toes towards your nose. This causes the muscle to move in the opposite direction of the contraction

and will help loosen the muscle

- Massage the muscle
- Drink plenty of fluids
- Apply heat during the cramp and ice after it ends

How to prevent a charley horse

- Drink plenty of water
- Stretch before and after a workout
- Eating foods high in potassium, magnesium and calcium
- Wearing comfortable, supportive shoes
- Adjusting your workout

Q: How do I maintain good posture?

Posture is the position in which someone holds their body when standing or sitting. When you have good posture, you are standing or sitting placing the least amount of strain onto your joints and ligaments.

Poor posture can affect your body in many ways. A forward head and neck position can cause headaches and migraines. Prolonged slouching while standing or sitting can cause kyphosis of the spine, also known as hunchback.

Improper form or posture, especially during exercise and weightlifting, will cause your body to compensate and misalign creating extra stress on the muscles, joint and tendons placing them at a greater risk of strains or tears.

Here are some easy tips for maintaining better posture.

- Straighten up- stand up tall. Pull your shoulders down and back and pull your belly button towards your spine-engaging your core.
- Don't slump at your desk- Keep your feet flat on the floor with your knees at 90 degrees or slightly higher than your hips. Use a lumbar back support to help you sit upright.
- Change your position- Every 30-60 minutes change your position. A standing desk or exercise ball are great tools to aide in good posture.
- Exercise- Find an exercise program that emphasizes on core muscle strength. Swimming is one example of exercise that helps with core strength.

The Health Connection supports the Commander's Ready and Resilient Council, an Army-wide initiative focused on the health and resiliency of Soldiers, family members and civilians. CR2C implements initiatives to address behavioral, physical, spiritual and environmental issues identified in the community. Want to ask a question? Send it to kwajaleinadministration@international-sosgs.us. Questions will be reviewed and answered by an International SOS staff member before being published.

"SEEKING HELP IS NOT A SIGN OF WEAKNESS; IT IS A SIGN OF STRENGTH. ALL OF US ARE RESPONSIBLE FOR THE CARE AND SAFEKEEPING OF OUR TEAMMATES AND THEIR FAMILIES, AND FOR BEING THERE FOR ONE ANOTHER AND ENCOURAGING THOSE IN NEED TO HELP."

- 24TH SECRETARY OF THE ARMY RYAN D. MCCARTHY AND CHIEF OF STAFF OF THE ARMY, GENERAL JAMES C. MCCONVILLE

SUICIDE PREVENTION MONTH

CONNECT TO PROTECT

SUPPORT IS WITHIN REACH

1 A Soldier's schedule can get hectic. Leaders calling Soldiers just to check in shows you care and helps them feel connected.	2 Haven't seen your battle buddy in a while? Invite them over for movie night.	3 Tag a fellow Soldier on Instagram to share memories or stories.	4 Think someone you know may be having thoughts of suicide? Support is within reach, text 838255 to connect with caring responders.	5 Put a smile on a Soldier's face by sending a funny meme. Humor can make a person's day!	6 Schedule a video chat social hour to catch up with friends and Family.	7 Email an old friend just because. Reconnect to reminisce about the good old days.
8 Write a letter to a relative and let them know you are thinking about them.	9 Walk your dog with your neighbor. Daily chores are more fun when done with other people.	10 Do the dishes with your significant other. Couples who do chores together, stay together!	11 In need of spiritual guidance? Connect with your unit chaplain. They're there to listen to and guide you through any concerns or problems you may be experiencing.	12 Coming home from training or TDY? Plan a game day with friends and Family.	13 Spend time with your nieces or nephews. Kids and adults benefit from a connected and supportive extended Family.	14 Lost contact with a battle buddy after their ETS? Reach out and ask them how civilian life is going.
15 Normalize and discuss with your Soldiers safe firearm storage during weekend safety briefings. More than 65% of military suicide deaths involve the use of a firearm.	16 Run errands with your pet. They make great companions and help break the ice when socializing with new people.	17 Go for a scenic run or bike ride with a battle buddy. Exercise releases endorphins which gives you a positive boost.	18 Make someone's day by "paying it forward." Buy a coffee for the person behind you in line.	19 Meet new people in your community by taking a creative class or trying a new hobby. Combining your interests and building new skills redirects your focus on something positive.	20 If you're in crisis, visit www.veteranscrisisline.net/get-help/chat to talk to caring professionals. Support is free, anonymous, and confidential.	21 Join a local sports league or play a pickup game with other Soldiers for some friendly competition & to build a sense of belonging.
22 Need to talk to someone right away? Professionals are waiting to listen. Call 1-800-273-TALK (8255) and press 1 for the Military Crisis Line.	23 If your spouse is deployed, gather the Family for a group video chat to say "Hi!"	24 Go fishing with your battle buddies. Unwinding together helps you destress and decompress.	25 Thank someone in your support circle. Expressing your gratitude shows how much you appreciate and reaffirms your relationships.	26 Create a phone free zone and set aside time for a face-to-face conversation with a friend or Family member.	27 Don't be afraid to talk to someone who is in crisis – you don't have to be a professional to listen and help them get the resources they need.	28 Learn the risk factors and warning signs for suicide https://go.usa.gov/xFa65 .
29 Haven't spoken to a friend in a while? Give your time and attention. Listen to understand, not to respond.	30 Develop empathy and active listening skills. Schedule ACE-SI training through your local installation ASAP office or the Suicide Prevention Program Manager. https://go.usa.gov/xFvGn	 <p>30-DAY CONNECT TO PROTECT CHALLENGE</p>				



Military Crisis Line  
1-800-273-8255 **PRESS 1**

www.ArmyResilience.Army.mil
@ArmyResilience  

REMEMBER THE THREE RS OF UXO

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures.

Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

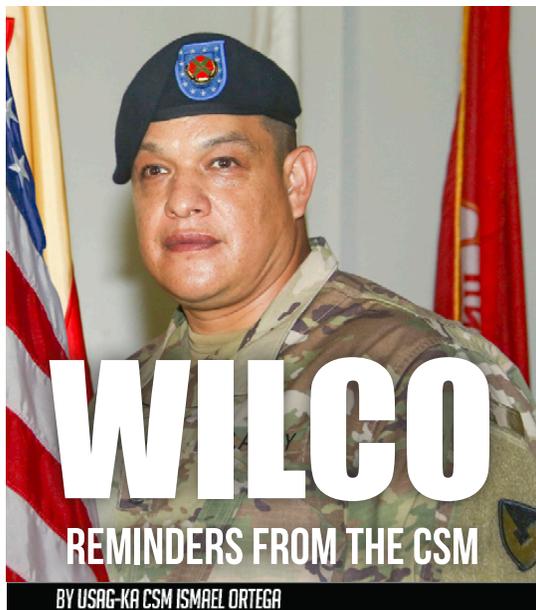
Kemeymej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein

kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445). Ken melele kein: la eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekawotata. Kalimjek wot jab jibwe. Non bar kakemeymej eok, eokwe jouj im koba lok ilo Island Orientation allon otemej.



**Leaders Inspire
Culture Change.**

**DEMONSTRATE
HUMILITY.**



Do your part as a Kwajalein resident.

- How can you improve you work space or facility where you work?
- Is the outside of your facility clear of rubbish, or do you need to get rid of unwanted trash?
- Stop parking in no parking areas, and park only in designated areas.
- Make proper use of the recycle bins located outside your facility. Please ensure you separate recyclable materials before you discard them.

Every time you do your part, you make Kwajalein a more enjoyable and beautiful place for us all.



Sign up for your ARMA Account. All routine service order requests for Bachelor Quarters and Army Family Housing must be reported through ArMA. Reporting jobs using ArMA provides residents with the ability to send pictures and have permanent records of their issues. Register for your account and submit tickets at <https://www.armymaintenance.com>. To report emergency service order requests, call 5-3550.

Examples of emergency SORs include major water leaks, loss of all AC, no operational toilets, inoperable appliances, plumbing, smoke detectors or door locks. For ArMA questions, contact Scott Hill at 5-0133 or michael.s.hill86.civ@mail.mil.

COMMUNITY CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@dyn-intl.com Wednesday by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Done hiring? Write to kwajalein.hourglass@dyn-intl.com to remove your listing.

Truestone, an AKIMA company, seeks a telephone operator. For more information about this position and to apply, please click the URL below to visit https://akima.ta-leo.net/careersection/akimallc_cs/jobdetail.ftl?job=TRU01055&tz=G-MT-05%3A00&tzname=.

Truestone is hiring for a fiber/cable technician and a communications clerk/specialist. For more information, contact Tribalco Human Resources at 5-4344 and visit <https://www.akima.com/careers/>. Applicants must meet job requirements.

Substitute teachers wanted. Kwajalein School System seeks student-centered adults available from 8 a.m. – 3:30 p.m. to serve as substitute teachers or teacher assistants. Contact Paul Uhren for more information at uhrenp@kwajalein-school.com or 5-3601.

USAG-KA Child and Youth Services seeks a Lead Preschool Teacher. Send your resume to CYS Coordinator Dr. Stephanie McCutcheon at stephanie.mccutcheon@dyn-intl.com.

USAG-KA CYS seeks a Sports and Fitness teacher. This position is unaccompanied. Requirements: Undergraduate degree in physical education, recreation or related field with six months' experience in a sports program/two years in a similar program with individual and team sports. Send resumes to Dr. Stephanie McCutcheon at stepha-

nie.mccutcheon@dyn-intl.com and apply online at WRSSrecruiting.com, requisition ID: 2101305.

Community Bank seeks a part-time Banking Center Service Specialist and a Center Operations Supervisor. Send applications and resumes to www.dodcommunitybank.com. Call Rita Pyne at 5-2152 for more information.

Nan, Inc. seeks a qualified quality control manager and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari or Kevin Short at 5-2632, 5-1260 or 5-2998.

Tribalco seeks experienced and highly motivated senior, mid- and junior network technicians to join their team. Apply via <http://www.tribalco.com/jobs.html>.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

Amentum seeks qualified candidates for various positions. Current open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works, among others. To apply, contact your local HR representative.

USAG-KA Child and Youth Services is hiring coaches. No experience necessary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

Tribalco seeks an Enterprise Services Customer Support Manager, Cyber Security Specialist, Operations Manager, Configuration Manager, Telecommunications Infrastructure SME/Planner and Systems administrator. Candidates must meet job requirements. Contact Tribalco Human Resources at 5-4344. For more information, visit www.tribalco.com/careers.html.

KaiHonua is hiring for intermediate and senior network technicians. For more information or to apply, please contact Tribalco Human Resources at 5-4344 and visit <https://honuserVICES.jobs.net/page/kai-honua>. Applicants must meet job requirements.

Kwajalein referees wanted for paid and volunteer positions for soccer, volleyball, basketball and softball. Schedules are flexible and training is provided. Contact Dolly Bakhsh at 5-3872 or dolly.bakhsh@amen-

tum.com for more information.

TRAINING

Building Manager Evacuation Coordinator Training (Required for all managers by AR 420-1). Kwajalein training occurs on the first and third Wednesdays of each month beginning at 10 a.m. in the Religious Education Building. Roi-Namur training occurs on the second Wednesday each month at 9:30 a.m. at the C-building. Call 5-3364 to register.

ENVIRONMENTAL NOTICES

Recycle Safely. Please ensure that all aluminum cans are separated from household trash to prevent damage to the island incinerator. Doing your part keeps our island clean. For more information, contact DI Environmental at 5-1134.

EVENTS

Volleyball Registration. Registration open through Oct. 1. Season runs Oct. 12 through Nov. 30. Registration costs \$100 per team. Register with MWR in the Grace Sherwood Library.

Free MWR Fitness Classes run through Oct. 3. All MWR fitness classes are free for one month only. No need to preregister. Classes are subject to space and availability. Contact MWR at 5-3331 for more information.

Oktoberfest. Sept. 26, 2021 from 6 – 11 p.m. Free shuttle service between the Ocean View Club and Camp Hamilton Beach. First shuttle from the Ocean View Club leaves at 5:30 p.m. The last shuttle leaves at 11:15 p.m.

Kwajalein Ukulele Club. The Kwajalein Ukulele Club is open to ukulele enthusiasts of all ages and skill levels. Bring your uke and join us for a strum-along each Friday in CRC room 6 from 6 – 7:30 pm. This club is free for everyone. Join the mailing list to receive updates and sheet music: kwajukeclub@gmail.com.

Kwajalein Youth Fellowship. Join us in the REB this fall at 6 p.m. on the following dates: Sept. 20, Oct. 4 and 18; Nov. 1 and 15; and Dec. 6. For more information, contact the Island Memorial Chapel at 5-3505.

Night of Prayer and Praise. Join the Island Memorial Chapel for a night of worship. Event meets monthly at 7 p.m. on first Sundays in the IMC main sanctuary.

NOTICES

The Common Access Card Office is open Tuesday through Saturday from 8 a.m. to 4 p.m. Schedule appointments at <https://idco.dmdc.osd.mil/idco>.

Security and Access Control will be conduct a small arms live-fire range on Sept. 16, 2021 from 9 - 11 a.m. Please observe the red flag hazard area. If you have any questions, contact Chief Chris Ramsey at 5-4445.

The Kwajalein Girl Scouts are open to all school-aged K-12 girls on Kwajalein (USAGSO.org). Membership fees are \$45. Also seeking adult volunteers. For registration questions or more information contact Carrie Aljure at whatacod@aol.com.

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. - 6 p.m. Visit Self Help to pick up tools to complete household maintenance and upkeep projects.



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE



CW3 Michael Schafer
SHARP Victim Advocate
Work: 805 355 3421

USAG-KA SHARP Pager:
805 355 3241 #0100

DOD SAFE Helpline:
877 995 5247



Weto in Mour

FREE AND CONFIDENTIAL SUPPORT SERVICES FOR WOMEN AND GIRLS AGAINST GENDER-BASED VIOLENCE

MAIN EBEYE OFFICE: 625-4296
455-1724, 456-1724 AND 456-6409 TO GET HELP.

*The NEC Testing Center
Is Open to the Community*

Giving you the head start you need to thrive!

Open Tuesday through Saturday by appointment

Authorized Pearson VUE Test Center. Schedule A Test Today!
usarmy.bucholz.516-sig-bde.mbx.nec-testing-center@mail.mil

NEC Testing Center
FN1008-153
#5-5332



HAVE QUESTIONS?

CALL THE COMMANDER'S HOTLINE AT 5-1098 WITH QUESTIONS ABOUT ISLAND LIFE AND GARRISON POLICIES.

Kwajalein Furniture Warehouse. To schedule deliveries and pick-ups of furniture, please call the Army Housing Office at 5-3450.

Small Boat Marina Summer 2021 Hours of Operation are now through Oct. 31 from 8 a.m. – 6:30 p.m. Questions? Call the Small Boat Marina at 5-3643.

Alcoholics Anonymous open meetings are Tuesdays at 6:30 p.m. in the REB, Room 213.

Ongoing Smoking and Tobacco Cessation. Please call the EAP at 5-5362 or make an appointment with a physician.

Tobacco Use on USAG-KA. Smoking is permitted in designated smoking areas. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. Smoking cessation programs are available. Contact Mary Beth Dawicki at 5-5362 or Marybeth.Dawicki@internationalsofsgs.us.

CYS Parent Advisory Board Meeting. Meets first Saturday of the month at 11:30 a.m. in Central Registration, Bldg. 358. All parents are invited to attend. For more information, please call 5-2158.

CYS Caregiver Class. Learn how to be an expert caregiver. This class is free. Register at the Namo Weto Youth Center. Class runs for three days and three hours for a total of nine credit hours. Participants must attend all three sessions. Classes are offered over Thanksgiving and Spring Break. Call 5-2158 for more information.

Open Your Library Account Today. Visit the Grace Sherwood Library to sign up for an account to begin checking out books. Information needed includes the following: ID badge, quarters number, mailbox number and email address. Individual and family accounts are available. Contact the Grace Sherwood Library with questions at 5-3331.

MWR Rentals. When requesting a tent, two weeks' notice is required for dig permit approval. To request tables and linens, chairs, bounce houses, to MWR equipment or for more information, call 5-3331/3332 or visit the Grace Sherwood Library in Bldg. 805 Tuesday through Friday from 8 a.m. – 5 p.m.

Gym Reminder: Gym wipes are available at the Ivey Gym to clean equipment. Please remember to wipe down equipment after use.

Electric bikes are not allowed on the garrison per USAG-KA Regulation 56-4. You are authorized use of the bike on USAG-KA if you disconnect the motor. For more information, contact the PMO at 5-3530.

Island Memorial Chapel Service Times

Everyone is welcome. Please come join us.

Protestant Services
Sunday, 8:15 a.m.
Traditional Worship
Small Chapel

Sunday, 11 a.m.
Contemporary Service
Main Sanctuary

Catholic Services
Sunday - 9:15 a.m.
Main Sanctuary

Roi Services
Protestant Services
1st & 3rd Fridays at 6:30 p.m.

Prayer Requests Link: m.me/IMCKwajalein
Counseling sessions available by appointment.

USAG-KA SHARP TIPS

COMMUNITY CONNECTION

You are the change agent that can advance the program by intervening using the 3Ds:

Direct

- Address the perpetrator
- Remove either party from the situation/hostile environment (potential victim or perpetrator)
- Have personal courage to intervene

Distract

- Anything that distracts perpetrator
- Change the subject
- Ask either person to go do something
- Or say: "I think someone is coming"

Delegate

- Delegate the intervention to others
- Have friends, squad/section members, or co-workers take either person out of the situation
- Send someone for help to intervene (ex. Someone in your chain of command or a police officer)

Building Manager / Evacuation Coordinator Training

(Required for all managers by AR 420-1)

- **Kwajalein**- 1st/3rd Wednesday of each month. 10 a.m. at Facility 671, Religious Education Building (REB).
- **Roi-Namur**- 2nd Wednesday of each month. 9:30 a.m. at Facility 8212, C Bldg.
- Please Call 5-3364 to register.



SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:39 a.m. 6:51 p.m.	11:05 a.m. 11:07 p.m.	7:09 a.m. 3.5' 7:36 p.m. 3.8'	1:08 a.m. -0.1' 1:14 p.m. -0.0'
MONDAY	6:39 a.m. 6:51 p.m.	12:05 p.m. -----	7:52 a.m. 2.8' 8:28 p.m. 3.3'	1:57 a.m. 0.3' 1:53 p.m. 0.4'
TUESDAY	6:39 a.m. 6:50 p.m.	1:06 p.m. 12:02 a.m.	8:56 a.m. 2.2' 9:57 p.m. 2.9'	3:08 a.m. 0.8' 2:49 p.m. 0.9'
WEDNESDAY	6:39 a.m. 6:49 p.m.	2:07 p.m. 1:00 a.m.	11:47 a.m. 1.9' -----	5:36 a.m. 1.0' 5:03 p.m. 1.3'
THURSDAY	6:39 a.m. 6:49 p.m.	3:07 p.m. 2:01 a.m.	12:20 a.m. 2.9' 1:51 p.m. 2.2'	7:42 a.m. 0.6' 7:18 p.m. 1.0'
FRIDAY	6:39 a.m. 6:48 p.m.	4:03 p.m. 3:01 a.m.	1:47 a.m. 3.4' 2:39 p.m. 2.8'	8:34 a.m. 0.2' 8:20 p.m. 0.5'
SEPTEMBER 18	6:39 a.m. 6:48 p.m.	4:54 p.m. 3:59 a.m.	2:39 a.m. 3.8' 3:14 p.m. 3.2'	9:10 a.m. -0.2' 9:03 p.m. 0.0'



Click the logo to visit RTS Weather online.

WEATHER WATCH

RTS WEATHER STATION STAFF

After unseasonably dry weather over the last month or so, a healthy amount of precipitation is expected for this weekend and the start of next week for Kwajalein Atoll.

Currently, the Intertropical Convergence Zone is located to the east, near the International Date Line, waiting to move west and over the atoll.

Saturday is expected to be mostly dry after some early morning showers, but Sunday looks to be the beginning of more significant showers.

Current model forecasts indicate at least widely scattered showers for most of Sunday, with activity enhancing on Monday to scattered levels.

Unsettled weather then persists into the start of the work week where more showers are anticipated through Wednesday, before calming down for the mid-week.

Winds throughout this period will be light, generally around 10 knots on average, but quite variable out of the east due to the ITCZ.

SATURDAY: Mostly to partly sunny with widely scattered showers early, decreasing to isolated showers for the afternoon. Winds from the ENE-ESE at 4-9 knots with higher gusts near showers and periods of light and variable winds.

SUNDAY: Partly sunny with widely scattered showers. Winds from the ENE-ESE at 7-12 knots with higher gusts near showers.

MONDAY: Mostly cloudy to partly sunny with scattered showers. Winds from the ENE-ESE at 7-12 knots with higher gusts near showers.

NEXT WEEK: The ITCZ remains in place for Tuesday and Wednesday before finally clearing by Thursday, leaving mostly dry weather to finish the week.

MARINE CORPS TO BUILD INNOVATIVE WARGAMING CENTER

EXTERNAL REPORT

By Matt Gonzales
Marine Corps Systems Command

MARINE CORPS BASE QUANTICO, VIRGINIA—The Marine Corps will soon build a state-of-the-art facility to better visualize the threat environment, gain competitive advantages and simulate future operating environments.

The center is expected to break ground in fiscal year 2021 and will be uniquely designed to leverage modern simulation technologies to enhance the wargaming experience for Marines. Once complete, the Marine Corps Wargaming and Analysis Center will enable better equipped and trained Marines, and improved decision-making on the battlefield.

Located aboard Marine Corps Base Quantico, Virginia, the 100,000-square-foot facility is expected to house more than a dozen wargames each year, including two large-scale, 250-person exercises. Simulations will offer a realistic representation of future operating environments.

“In order to stay ahead of peer competitors, it is vital that the Marine Corps conduct constant wargames,” said Lt. Gen. Eric Smith, deputy commandant, Combat Development and Integration. “The data that comes from such wargames enables us to more rapidly determine which capabilities we will need for future fights.”

“A wargaming center at Quantico ensures that these wargames take place at the home of Combat Development, the Warfighting Laboratory, Marine Corps University and our Acquisitions Command, and ensures that this purpose-built facility is easily accessible for all those in the National Capitol Region who similarly need this capability.”

21st-century capabilities

Once established, the wargaming center will comprise an auditorium, gaming classrooms, conference room and other spaces to support wargaming needs.

“...The data that comes from such wargames enables us to more rapidly determine which capabilities we will need for future fights.” Lt. Gen. Eric Smith, deputy commandant, a Combat Development and Integration deputy commandant

As part of its mission to acquire information technology and ground weapon systems for the Marine Corps, Marine Corps Systems Command is working with CD&I, MCWL and industry to build the facility and procure the required capabilities.

“The Marine Corps Wargaming and Analysis Center will serve the Commandant of the Marine Corps, Headquarters Marine Corps staff, and the Operating Forces,” said Sharleene Prieur, MCSC’s deputy program manager for the Wargaming Capability. “It will also support the Corps’ ability to wargame with the Office of the Secretary of Defense and our [Joint, Interagency, Intergovernmental and Multinational] partners.”

The wargaming center’s capabilities will enable users to identify issues, consider objectives, and scope and analyze



U.S. MARINE CORPS PHOTO BY STAFF SGT. EZEKIEL KITANDWE

The Capital Marine Detachment Marine Corps League, presents the 32nd annual United States Marine Corps Enlisted Awards Parade and Presentation at Lejeune Hall, Marine Corps Base Quantico, Va., Sept. 24, 2014. Quantico is set to receive a virtual warfighting facility in fiscal year 2021 to enhance training opportunities.

the problems. The resulting wargames will provide data and analytics to inform decisions affecting force development, force management, system functionality and service functionality.

“The true value proposition of wargaming lies in the construction of a competitive framework allowing the thinking enemy to confront and thwart his opponent and thereby challenge concepts, capabilities and force design,” said William J. Lademan, Ph.D., technical director for the Wargaming Division at MCWL. “Constructing this framework produces the added benefit of being able to investigate hypotheticals, concepts and technologies in a timely and cost effective manner.”

Through the wargaming center, Marines will be able to run “excursions” and iterations while controlling specific factors. When Marines are able to game a multitude of scenarios, they can make necessary, educated assessments to validate or adjust force design-related decisions. Simulations will support all existing and developing weapon platforms and capabilities in all regions of the globe.

Preparing for future fight

Wargames simulate realistic warfare and may include computer-based exercises or other artificial vehicles that allow users to consider scenarios for obtaining success in a hostile environment. The Marine Corps employs wargames to enhance tactical and strategic decision-making, to test new tactics and strategies, and to predict trends in future conflicts.

Wargaming has become increasingly important in recent years, as the United States’ adversaries continue to strengthen. To combat growing threats, several branches of service are leveraging wargaming simulations into their training and education process.

In his 2019 Commandant’s Planning

Guidance, Gen. David Berger, the 38th Commandant of the Marine Corps, emphasized the importance of wargaming in supporting the future Marine. He called the effective integration of wargaming into force design, education and training, “essential to charting our course in an era of strategic fluidity and rapid change.”

In 2019, Maj. Gen. William F. Mullen, commanding general for the Marine Corps’ Training and Education Command, spoke about the importance of building a wargaming center to house 21st-century simulation activities.

“We have to get Marines to make more decisions under pressure against a live, thinking enemy trying to defeat them,” said Mullen. “[The wargaming center will] help us gain that intellectual edge.”

The new wargaming facility, and associated architecture and staff are explicitly designed to achieve advanced wargaming and analytics.

“By using sophisticated wargaming and analytic methods and technology to enhance design methodologies in considering complex and fluid problems, the Marine Corps will produce refined outcomes that support concept development, force design and operational problems in compressed time periods—and will do so continuously,” said Col. Timothy Barrick, director of the Wargaming Division at MCWL.

The wargaming center is scheduled for completion in 4th quarter of fiscal year 2023. It is expected to reach Initial Operating Capability in fiscal year 2024 and hit Full Operational Capability in fiscal year 2025. The Wargaming Capability Program Office at MCSC will continue to provide acquisition support for the facility throughout its lifecycle.

For more, visit <https://www.marines.mil/News/News-Display/Article/2323771/marine-corps-to-build-innovative-wargaming-center/>



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HOW OUR NEWSPAPER GOT ITS NAME

The shoulder sleeve insignia of the 7th Infantry Division consists of two black, equilateral triangles placed vertically on a red circular disc giving it an hourglass shape. The hourglass of the insignia was consequently used in the title of the island newspaper, The Kwajalein Hourglass.

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