# volume 62 number 21 THE KNAALEN HOURGLASS





UPDATES FOR SUMMER 6

KYE LOROK WALKS DOWN THE AISLE AT THE 2021 BACCALAUREATE CEREMONY AT THE ISLAND MEMORIAL CHAPEL MAY 16.

'O' JESSICA DAMBRUCH



The Kwajalein High School Class of 2021 poses for a photo before the Island Memorial Chapel Baccalaureate ceremony May 16. Back row from left: Logan Lelet, Brent Cote, Hunter Gray, Connor Charleton, Tyler Cote, Zach Hill. Front row, from left: Cameron Dodson, Abbie Warren, Julia Sholar, Hannah Finley, Kye Lorok, Rod Hazzard, Hilai Reimers, OJ deBrum, Iolani Anjolok, Alyssa England, Maegan Aljure, Katie O'Rourke, Minnie Snoddy, Ayele Corder and Ashley Homuth.

# **COMMUNITY BLESSES 2021 GRADUATES**

Sometimes the best way to face the future is with the support of the entire community.

As is tradition in churches and schools around the world, the graduating class receives a blessing from the community at a faith-based baccalaureate ceremony.

On May 16, Kwajalein's Island Memorial Chapel and lawn were packed with family members and friends for the 2021 baccalaureate ceremony to bless this year's graduates.

This year's event was inspired by a verse from the biblical New Testament book of 2 Corinthians, 3:17: "Now the Lord is that spirit: And where the Spirit of the Lord is, there is liberty."

The central themes of freedom, forgiveness and grace formed the core of the night's special performances and messages.

Passages from a responsive reading led by IMC Ch. Brian Conner emphasized the thankfulness of the commu-nity for its new, young members: "We give you blessings of goodwill and love as you journey forth into the world. We thank you for the laughter and fellowship that you have shared with us and pray that as you begin your next journey, remember the times that we all have shared with you."

The night included the presentation of USAG-KA Command coins awarded to each graduate by USAG-KA Command Sgt. Maj. Ismael Ortega, and a special worship hula performance by the graduating ladies, as well as special invited Kwajalein School System keynote speakers Christi Cardillo and Jane Christy. In their remarks, both guest speakers encouraged the graduates to be bold and forgiving as they explored the next phase of their lives off-island and to share the kindness and wisdom

they received as students with others.

Christy, shared the story of why she chose to begin teaching art on Kwajalein 21 years ago, calling her move both the biggest and most important step of her entire life. Cardillo, a history teacher, imparted how growing in faith from childhood to adulthood had shaped her outlook and values. She encouraged the students to stay connected and to seek out meaningful ways to continue their own personal walk on their respective future campuses and military installations.

The evening culminated with an island-style buffet under the stars with music provided by Bed Shamory and Samantha Samson.





1) Logan Lelet heads back down the aisle to the post-ceremony party and buffet for friends and families of the graduating class. 2) Special top honors were in store for the graduating class of 2021. Pictured here, U.S. Army Garrison-Kwajalein Atoll Command Sgt. Maj. Ismael Ortega, left, presents Iolani Anjolok with a Command coin during the ceremony.

Congratulations to the Class of 2021. Check out next week's Kwajalein Hourglass for photos from the 2021 Kwajalein High School Commencement ceremony.

### THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944 The Kwajalein Hourglass is an authorized publication

for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or US-AG-KA. It is published Saturdays in accordance with Army Regulation 360-1.

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#### **BY JESSICA DAMBRUCH**

**The graduating class** of 2034 took their first steps toward K-12 education at the US-AG-KA Child and Youth Services Child Development Center Pre-K Graduation ceremony at the Corlett Recreation Center May 15.

During the event, CDC Director Chelsea Webber congratulated the graduates on completing the CDC Pre-K program, an Army-accredited battery of courses and activities designed to prepare students for public school through programs that facilitate fitness, enrichment and education.

Together with their guests, the graduates watched a photo-slideshow showcasing many of those activities—among them, visits to different island worksites, the RTS Weather Station, and the Kwajalein Fire Department and Memorial Gardens—and what students have learned throughout the year.

After turning tassels, following the ceremony, guests and grads enjoyed a celebratory reception prepared by staff and parent volunteers.

1) The class of 2034 gathers onstage at the Corlett Recreation Center May 15 for their Pre-K graduation ceremony. 2) With much pomp and circumstance, the young grads enter the CRC. 3) Ruby Strouse, center, poses for a photo with her diploma and CDC Director Chelsea Webber, left, and CDC Lead Teacher Lisa Forester. 4) Proud mom Claudia Caro, center, bestows a flower lei on her son, Mateo. 5) Let the party begin: This reception only needs grads. 6) Confetti decorates the CRC stage and small empty chairs ready for next year's Pre-K students.

SATURDAY, MAY 22, 2021 / VOLUME 62 NUMBER 21











U.S. ARMY PHOTOS BY JESSICA DAMBRUCH





 1) Roi Dining Services employee Cinderella Garcia, left, is hard at work at Cafe Roi after a lunch hour rush last week.
2) Roi resident Tammy McDermott bikes into an oncoming rainstorm last week. 3) Roi AAFES Manager Dani Watson helps a customer at the checkout. 4) Logistics personnel supporting Transient Housing and Billeting haul furniture up the stairs at the Roi Spartan BQ May 12.







1) These nighttime visitors at the Small Boat Marina formed a feeding school near the retaining wall and continued dinner until well after dusk. 2) Kwajalein residents are creative in how they get from point A to point B. Pictured here, Allena Childress transports a full-sized mattress on the canopy of her tricycle

last week. 3) Boston Lang, left, and logistics personnel are part of the team assembling the new Emon Beach swim platform. 4) Behind the Kwajalein Scuba Club tank house, the wheel and seat from a small boat are stationed on the grass. Could this be a new B-boat training simulator?



A recent success in the global fight for a cleaner environment took place on Majuro this past week.

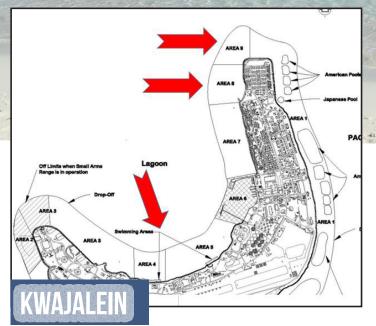
Personnel from U.S. Embassy Majuro hosted representatives of the Diplomatic Corpsand Ba Eniwot Juon to serve as witnesses of the embassy's signing on to the organization's single-use plastic petition. With this pledge, embassy will no longer be purchasing any single-use plastic items, including water bottles, utensils and cups.

"We encourage other organizations and offices to take this pledge and reduce waste," said an embassy spokesperson in a recent social media post. "Every bit counts when addressing the needs of a cleaner and more sustainable environment."

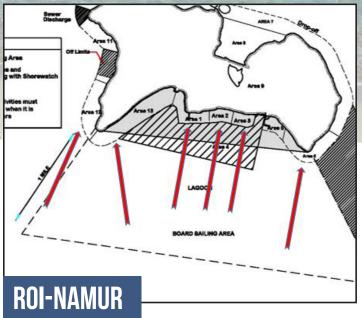
# **SUMMER SAFETY UPDATES** Check out the maps to become reacquainted with the safe swim zones around Kwajalein and Roj-Namur.

Check out the maps to become reacquainted with the safe swim zones around Kwajalein and Roi-Namur. Forward any questions to USAG-KA Safety at 5-1442 or FMWR at 5-3400.

# WHERE TO MAKE A SAFE SPLASH

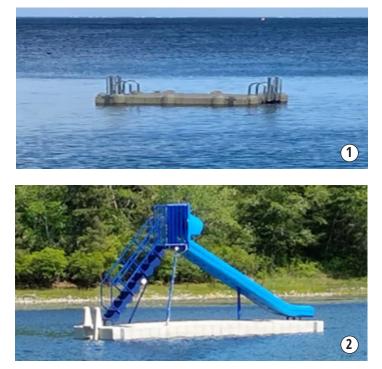


The highlighted areas are the only unrestricted swimming areas at Kwajalein: Coral Sands, Camp Hamilton, Emon Beach and North Point. A flotation device is recommended 100 feet from shore and required for distances of more than 300 feet from shore. The buddy system or shore watch is required.



 $\Box$ 

The highlighted areas are the only unrestricted swimming areas at Roi-Namur (Areas 1, 2, 3, 6, 12 and 13). A flotation device is recommended 100 feet from shore and required for distances of more than 300 feet from shore. The buddy system or shore watch is required.



1) The new ski boat dock is open for action in the Kwajalein lagoon. 2) Coming soon: Kwaj residents will be able to enjoy an Emon Beach waterslide.

## **CHANGES COMING TO EMON BEACH**

#### **The Swim Platform**

Get ready to enjoy Emon Beach like never before. This summer, a new swim platform and attached waterslide will be open and ready for swimmers to use.

Island personnel are working on bringing this fun new feature online in the coming weeks.

Please refrain from using the slide until all safety assessments have been completed and the community has been notified that the slide is open.

#### The Ski Boat Dock

This spring, Kwaj residents received a new ski boat dock in the lagoon swimming area. Please remember that there is no lifeguard on duty in the ski boat area. The buddy system is required at all times. To swim in the ski boat area, swimmers must first contact the Small Boat Marina at 5-3643 or Harbor Control at 5-2318.

Additionally, children under 10 years of age must be accompanied by and supervised by a responsible person at least 15 years-old.

Be safe and have fun. Contact the USAG-KA safety office with questions on recreational water safety at 5-1442.







#### RMI DRIVER'S LICENSE RENEWAL

The Republic of the Marshall Island's Department of Motor Vehicle will visit USAG-KA to process RMI driver's license renewals and new issues Monday, May 24 from 9 a.m. - 5 p.m. at the RMI Liaison Office, in the downtown area.

The cost for a renewal or new issue is \$20. To renew or apply for a new RMI driver's license, please bring a current picture or identification card (e.g. state-side driver's license, K-badge, C-badge or passport).

For more information, please call the RMI Liaison Office at 5-3620/3600 or the USAG-KA Host Nation Office at 5-2103/5325.



## **KWAJ SCOUTS THANK MIT LL**

#### HOURGLASS REPORT

A little generosity goes a long way. Massachusetts Institute of Technology Lincoln Laboratory recently provided corporate donations to Kwajalein's Boy and Girl Scout troops. Funds will be used to purchase supplies for troops and to support scouting activities in and around Kwajalein Atoll.

"The Kwajalein scouting organizations are thankful for the continued local support," said GSA representative Carrie Aljure in a statement to the Kwajalein Hourglass this week.

From left: Tina Legere of MIT LL, center, poses for a photo with Kwajalein Girl Scouts representative Carrie Aljure, left, and Boy Scouts representative Andrea Strong at the Kwajalein Scout Hut.

#### **ATTENTION PET OWNERS**

All USAG-KA residents and pet owners are encouraged to attend this community town hall to receive the latest on pet ownership policies and recent updates to the garrison animal control policy.

Please bring your questions, concerns and compliments for US-AG-KA leadership to this event. Contact the USAG-KA Public Affairs Officer with questions at 5-4848.

#### THE PFIZER VACCINE IS NOW APPROVED FOR CHILDREN AGED 12 TO 15 YEARS

To schedule your child's vaccination appointment, please contact USAG-KA Health Systems Specialist Sue Mosier at suzanne.m.mosier.civ@mail.mil or 5-2354.

# **E-WARENESS: GIANT CLAMS**

**Two species** of giant clams are found on Kwajalein Atoll: Tridacna Gigas and Tridacna squamosa.

Both are protected throughout the atoll by the USAKA Environmental Standards and the Endangered Species Act. Please do not harass or collect living species, collect or export Giant Clam shells. The giant clam shells found in pack-outs or mailed packages can result in large fines.

Ruo kain mejen wod ko rellap rej bed ilo malo in Kwajalein, juon ne Tridacna Gigas im Juon Tridactna squomosa.

Mejen wod kein rej bed umin kejbarok eo an USAKA Environmental Standards im Endangered Species Act eo ak .



Jouj im jab ireji ak boki mejen wod kein.

Joij im jab aini, kakoni, im komakiti ak jilkinlok nan ilikin mejen wod kein

Enaj wor fine ko rellap elane mejen wod kein renaj bed ilo mweik in packouts ko ak ilo mail ko.



**Headed off island** this summer? Be prepared.

# **FRAVEL AND QUARANTINE**

Tracking changes to RMI travel restrictions and travel regulations? Check back here each week for updates to island flight information, quarantine and Covid-19 testing information from U.S. Army Garrison-Kwajalein Atoll and Republic of the Marshall Islands.

The Kwajalein Hospital reminds everyone that it is not possible to have prescriptions filled while you reside in quarantine. Please bring enough refills to last through your two weeks of quarantine in Honolulu and on U.S. Army Garrison-Kwajalein Atoll. A 90-day supplement is recommended. Also, while off island, it is recommended that island

residents seek any routine or specialized medical and dental treatment they may need—including mammograms, root canals and surgical extractions for wisdom teeth—if it is possible to schedule such appointments in advance with a primary healthcare provider. For more information, please contact the Kwajalein Hospital at 5-2224.

## **RMI TRAVEL BAN EXTENDED TO MAY 31, 2021**

**RMI NOVEL COVID-19 UPDATED INTERIM HEALTH TRAVEL ADVISORY &** RESTRICTIONS **ISSUANCE 25:** AS OF APRIL 29, 2021

An extension of the total suspension of international travelers coming into the RMI via air travel will continue until May 31, 2021.

For more information about the Republic of the Marshall Islands Issuance 25, please contact the Commander's Hotline at 5-1098 or the USAG-KA Host Nation Office at 5-5235.

## **ISLAND HOPPER** FLIGHT SCHEDULE

United Airlines has confirmed reinstitution of the full Island Hopper flight schedule. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change.

For more information, please contact United Airlines reservations at 1-800-864-8331.

**MAY CHECK-IN TIMES** UA 155 - 3:30 - 4:50 p.m. UA 154 - 10:45 - 11:15 a.m.

**MAY FLIGHTS** UA 155 - May 24 (HNL) UA 154 - MAY 25 (GUM)

**JUNE CHECK-IN TIMES** UA 155 - 3:30 - 4:45 p.m. UA 154 - 10:45 - 11:15 a.m.

**JUNE FLIGHTS** UA 155 - June 7/21 (HNL) UA 154 - June 8/22 (GUM)

## OUTBOUND COVID TEST POLICY AND FLIGHT REQUIREMENTS

#### **FLIGHT REQUIREMENTS**

No Covid-19 flight test is required if flying on the ATI or United Airlines if you are flying with official government orders.

- All other UA passengers must have a negative Covid-19 test one to three days before traveling.
- This testing requirement is mandated by the Centers for Disease Control and Prevention.

#### **GETTING YOUR COVID-19 TEST ON KWAJALEIN**

#### To schedule a test on Kwajalein, call the Kwajalein Hospital at 5-2224.

- Tests cost \$125.
- Please bring a copy of your UA flight itinerary to testing.

The Kwajalein Hospital is not a trusted partner for Hawaii. All travelers extending stay in Hawaii must verify safe quarantine requirements with the State of Hawaii's Safe Travels site.

All destinations and hotels have their own Covid testing and documentation requirements.

It is the responsibility of the traveler to verify requirements before travel.

#### FOR OUTBOUND UNITED AIR-LINES PASSENGERS FLYING WITHOUT GOVERNMENT OR-DERS

Passengers will visit the Kwajalein Hospital on the last hospital business day before their flight departs.

- Testing hours: 9 11 a.m.
- Results pick-up time is 4 p.m. on the day of testing. The Kwajalein Hospital closes for the weekend at 4:30 p.m. No test results will be given after 4 p.m.

These CDC requirements do not change or impact the state of Hawaii's testing requirement or quarantine procedure.

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the logo to visit the site.

Hawaii also offers a Save Travels Premium Text Message Subscription Service to connect travelers with breaking news alerts, \*\*USAG-KA does not officially endorse the Safe Travels app.

tion fee is required to use the app.

COVID-19 VACCINATIONS ARE NOW IN PROGRESS. Contact your tenant organization and Human Resources department for an information packet on the vaccine, and forms you need to have pre-filled before your date and time slot. Your organization will notify you of your time slot. Still have questions about getting the COVID-19 vaccine? Contact USAG-KA Family and MWR Health Systems Specialist Suzanne Mosier at 5-2354 for more information.

# **UNITED AIRLINES POLICIES FOR DEPARTURE**

Customers at Kwajalein's airport boarding United Airlines flights need to present the items described below:

Customers with a negative test result need to present written or electronic documentation which clearly indicates:

- **Customer name.** (The customer name and any other personal identifiers must match the customer ID).
- Date the test was taken. Test must be taken within three calendar days of flight.
- **Type of test.** The CDC rule requires a viral test, which means a molecular COVID-19 test (such as PCR or LAMP) or antigen test.
- Results must state "negative," "SARS-CoV-2 RNA not detected" or "SARS-

CoV-2 antigen not detected." A test marked "invalid" is not acceptable

Customers who have previously tested positive must present written or electronic documentation, dated within the last 90 days, of recovery from COVID-19 after previous infection.

This should be in the form of a positive viral test result and a letter on official letterhead that contains the name, address and phone number of a licensed healthcare provider or public health official stating that the passenger has been cleared for travel.

## All United customers must also comply with the following requirements:

Presentation of a disclosure and attestation form. The form can be found on the CDC website and will also be available at the departure airport. Customers are encouraged to print and complete the form prior to arriving at the airport.

- **Check-In.** All international originating customers will be required to check-in with a Customer Service representative to verify digital or paper documentation. This mirrors the process we've set up within the U.S. for many international destinations.
- **Failure to Comply Will Result in Boarding Denied.** Customers who do not show proof of a test or refuse to test prior to travel will be denied boarding. Denied boarding compensation will not be paid. Customers in this situation shall be offered a refund or rebooked for a later date at no additional charge.

NOTE: These documentation requirements do not apply to customers flying from U.S. territories such as Guam to the mainland.

## **QUARANTINE PHASE TWO REDUCED TO TWO WEEKS**

#### PUBLIC NOTICE

The RMI Phase 2 Quarantine Changes for Persons Traveling into the RMI from Countries with Covid-19 Community Transmission

As of March 25, 2021, the duration of the Second Phase of Quarantine on Kwajalein Atoll has been revised to 14 days. The total period of quarantine is now 28 days. This applies to all individuals entering the RMI from countries deemed high-risk for Covid-19 transmission (where community transmission is present).

The two-phase quarantine strategy

remains in place and includes the following components:

**1) Phase 1 –** Secure and monitor hotel quarantine for 14 days in Hawaii. This includes a Covid-19 PCR test and an antibody test prior to entering quarantine, another Covid PCR test on day one and a final Covid PCR test within 48 hours of scheduled departure from Honolulu.

**2) Phase 2 –** Secure and monitored quarantine on Kwajalein Atoll for 14 days. This includes Covid-19 PCR tests and antigen tests on days 7 and 14.

This guidance is consistent with cur-

rent WHO guidance on travel quarantine as well as other national health ministries and other public health agencies. This time period reflects the maximum incubation period for Covid-19 and includes individuals vaccinated against Covid-19 as well as unvaccinated individuals. Covid-19 variants of concern currently follow an incubation period of 14 days.

These quarantine procedures are subject to periodical review by the Ministry of Health. Bunton kein im jerbal kein ikijjen jerbal in etalle/kakkolkol rej ped wot iumwin jerbal ko an MoHHS (ak jikin Ejmour eo).

# THINKING ABOUT PCS'ING WITH A PET?

#### PUBLIC NOTICE

**Depending on** your final destination please notify vet services to discuss travel planning for your pet(s) during the recommended timeframes below:

- CONUS 45+ days prior to PCS
- Honolulu and Guam Three to six months prior to PCS
- Other countries Six months or more prior to PCS

If you plan to leave Kwajalein within the next three to six months, please reach out to Kwajalein Veterinary Services at 5-2017 to ensure your pet is up to date on annual diagnostics and vaccinations.

For more information, email the Kwajalein vet tech at kwajaleinveterinaryclinic@internationalsosgs.us. **Travel Checklist for Kwajalein Residents** 

#### Are you ready to travel?

- COVID-19 Negative Test Result test must be taken during the three calendar days prior to departure.
- Non-U.S. citizen must have a final destination with a valid U.S. address (including Guam and Hawaii).
- If traveling to or through Guam, health questionnaire forms are being distributed at the United Airlines office, Building 712 (downtown) or upon check-in.
- If traveling to or through Hawaii, all customers must be registered with Hawaii's Safe Travels program.



Register by scanning the QR code or visiting travel.hawaii.gov

For more information on travel requirements and up to date flight information, please visit united.com or contact United Airlines Kwajalein Office at 805-355-1015.

# CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@dyn-intl.com Wednesday by close of business. Ads received after deadline will be published in the next issue of the Kwajalein Hourglass.

#### HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Done hiring? Write to kwajalein. hourglass@dyn-intl.com to remove your help wanted listing.

Truestone, an AKIMA company, seeks a telephone operator. For more information about this position and to apply, please click the URL below to visit https://akima.ta-leo.net/careersection/akimallc\_cs/jobdetail.ftl?job=TRU01055&tz=G-MT-05%3A00&tzname=.

**MIT Lincoln Laboratory** seeks a rising senior high school or college student to serve as an Office Assistant during the summer. Interested applicants must have sponsorship and housing on Kwajalein for the duration of the internship (June-August 2021). Contact Tina Legere, MIT LL Site Administrator at 5-5105 or at tina.legere@Il.mit. edu for more information. To apply, visit https://careers.ll.mit.edu/job/ Lexington-Summer-Office-Assistant-MA-02420/717698200/.

Substitute teachers wanted. Kwajalein School System seeks student-centered adults available from 8 a.m. – 3:30 p.m. to serve as substitute teachers or teacher aids. Contact Paul Uhren for more information at uhrenp@kwajalein-school.com or 5-3601.

**USAG-KA Child and Youth Services** seeks a Lead Preschool Teacher. Send your resume to CYS Coordinator Dr. Stephanie Mc-Cutcheon at stephanie.mccutcheon@dyn-intl.com.

**Community Bank** seeks a parttime Banking Center Service Specialist, or teller. Submit applications and resumes to www.dodcommunitybank.com. Contact Rita Pyne at 5-2152 for more information.

**Nan Inc.** seeks a qualified quality control manager and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari or Kevin Short at 5-2632, 5-1260 or 5-2998.

**Tribalco** seeks experienced and highly motivated senior, mid- and junior network technicians to join their team. Apply via http://www. tribalco.com/jobs.html.

**RGNext, LLC** seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

Amentum is looking for qualified candidates for various positions. Current open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works, among others. To apply, contact your local HR representative.

**USAG-KA Child and Youth Services** is hiring coaches. No experience necessary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

#### ACTIVITIES AND EVENTS

The Kwajalein Golf Association needs men, women and youths who want to play golf. Golf on Kwaj is a fun way to stay fit, meet new people and just have fun. Members of the KGA can establish a handicap that is valid in the United States. KGA Membership costs \$60. For information about joining the KGA contact Shelly Benkert (shellybenkert@yahoo.com) or Mike Winks (winksme@gmail.com).

Wet and Wild Summer Sports Fun for CYS Kids. Get ready to have some splashy fun in the sun. CYS is planning summer sports fun for kids aged 2 to 5 years. Sign up in Central Registration through June 2. Events will take place June 9, 16, 23 and 30 from 5 - 5:30 p.m. Registration costs \$25. Contact Central Registration with questions at 5-2158.

**CYS Inner Tube Water Polo**. Register through May 28. Season runs Tuesdays and Fridays from June 4 - July 2. Kindergarten – grade 2 plays 4 - 5 p.m.; Grades 3 - 6 play 5 - 6 p.m. Registration costs \$45.

### SILENT AUCTION Under the Sea 72" × 53" Quilt





Bright & whimsical Kwaj keepsake! Enter at The Mic Shop - Bidding Ends May 31<sup>st</sup>



For more information, contact Central Registration at 5-2158.

#### HOURS AND OPENINGS

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. - 6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and upkeep projects.

**Kwajalein Furniture Warehouse.** To schedule deliveries and pickups of Family Housing or BQ furniture please call the Army Housing Office at 5-3450.

Small Boat Marina Summer 2021 Hours of Operation are now through Oct. 31 from 8 a.m. – 6:30 p.m. Questions? Call the Small Boat Marina at 5-3643.

#### NOTICES

Alcoholics Anonymous open meetings are Tuesdays at 6:30 p.m. in the REB, room 213.

**Ongoing Smoking and Tobacco Cessation.** Please call EAP at 5-5362 or make an appointment with a physician.

**Tobacco Use on USAG-KA.** Smoking permitted only in designated smoking areas. All smoking and cigarette butt receptacles must be at least 50 feet from entrance of facilities. USAG-KA Policy Memorandum 600-8 sets forth specific policies designed for the protection from the negative impact of tobacco use. Smoking cessation programs are available. Contact Mary Beth Dawicki @internationalsogs.us.

PCS'ing with a Pet. Depending on your final destination please notify vet services to discuss travel planning for your pet(s) during the recommended timeframes below: CONUS, 45+ days prior to PCS; Honolulu and Guam, three to six months prior to PCS; and other countries, six months or more prior to PCS. If you plan to PCS in the next six months, contact Kwajalein Veterinary Services at 5-2017 to ensure your pet is up to date on annual diagnostics and vaccinations. For more, email the Kwajalein vet tech at kwajaleinveterinaryclinic@ internationalsosgs.us.

**Electric bikes** are not allowed on the garrison per USAG-KA Regulation 56-4. You are authorized use of the bike on USAG-KA If you disconnect the motor. For more information, contact the PMO at 5-3530.

Kwajalein Drug Take Back Program. Safely discard expired materials Tuesday through Saturday during business hours at the Kwajalein Hospital Pharmacy and the 24-hour collection bin at the Kwajalein Police Department, Bldg. 803. Collection items include overthe-counter drugs; pills, tablets and capsules; ointments; creams;

#### **ENJOY PUBLIC WI-FI**

Capt. Louis S. Zamperini Cafeteria, Cafe Roi, Surfway, Roi Surfway, the Ocean View Club and the Sunrise Bakery

lotions; powders and no more than 4 oz. liquid medicines.

#### MEMORIAL DAY WEEKEND

Kwaj fitness challenge. Memorial day, May 31, 7 a.m. Complete 50 pull-ups, 100 push ups, 150 squats, a 1-mile run and one halfmile swim. Competition catagories include the following: a two-person team with and without a weight vest; an individual male and female competitors with and without weight vests. Register for free with MWR at the Grace Sherwood Library by May 29 to participate.

**Memorial Day Cannonball Competition** at the Adult Pool. May 31 from 6 – 7 p.m. No pre-registration needed. All participants must be aged 21 or older.

**Calling all vendors.** Come join us for a day of fun at the Memorial Day Kickball Tournament, May 31 at Brandon Field. Register at the MWR Desk in the Grace Sherwood Library by May 14 to sell crafts or concessions. Contact MWR at 5-3331 to reserve a table. Vendors must have a valid FMWR vendor's license. All fundraisers must be approved by the FMWR office.

Memorial Day Weekend Movie Under the Stars. Join us for a special screening of "Captain America: The First Avenger," on May 31 at 7 p.m. on Ragan Field.

**Memorial Day Kickball Tournament.** May 31 from 4 – 9 p.m. at Brandon Field. Teams must register by May 19 at the MWR Desk in the Grace Sherwood Library. All team members must be Kwaj residents. Space for teams is limited.

#### TRAINING

American Red Cross Lifeguard Class. Registration is open through May 22. Participants must be at least 15 years old by the last day of the course. All course members must complete a prerequisite swim test on May 25 from 3 – 5 p.m. at the Millican Family Pool. Classes meet June 8 – 12 from 8:30 a.m. – 12:30 p.m. The \$150 course fee is due by May 25 and includes the online class, pocket mask and certification fees. Contact Cliff Pryor to register or with any questions at 5-2848 or clifford.pryor@dyn-intl. com.

Building Manager Evacuation Coordinator Training (Required for all managers by AR 420-1). Kwajalein training occurs on the first and third Wednesdays of each month beginning at 10 a.m. in the Religious Education Building. Roi-Namur training occurs on the second Wednesday each month at 9:30 a.m. at the C-building. Call 5-3364 to register.

#### COUNSELING SERVICES

Island Memorial Chapel Counseling Services. The IMC chaplains are available for appointments on Roi-Namur and Kwajalein. Contact the Chapel office at 5-3505 to schedule a meeting. Discussions are kept private. Confidentiality belongs with the client.

Counseling Available. Schedule an appointment with the Employ-ee Assistance Program by calling Mary Beth Dawicki at 5-5235 or emailing marybeth.dawicki@internationalsosgs.us. Information shared in appointments is confidential. As an alternative to in-person meetings, phone consultation or virtual meetings are available utilizing a HIPAA compliant plat-form. Call 5-5362 for more information.

**ENVIRONMENTAL NOTICES** 

Recycle Safely. Please ensure

Monday, May 24, from 7 a.m. – 3 p.m.

Special Projects Office

**DOE Medical Facility** 

Sewage Lift Station Near FAC 1060

Warehouse

Boresite Tower

Firing Range

Environmental

Warehouse

Warehouse

Warehouse

Warehouse

Warehouse

Warehouse

24 from 3:15 - 3:30 p.m.

LLNL Warehouse

GBI/NMD Warehouse

**THAAD** Operations

**IDT** Administration

1002

1022

1036

1041

1050

1059

1060

1105

1108

1114

1115

1116

1118

1148

1172

1173

857

872

886

888

893

POWER OUTAGE NOTICE

On Sunday, May 23, the following facilities will experience an

eight-hour power outage from 7 a.m. - 3 p.m. and again on

1198

1224

1310

1338

1516

1517

1500

1520

1521

1522

1527

1529

1542

1549

1551

that all aluminum cans are separated from household trash to prevent damage to the island incinerator. Doing your part keeps our island clean. For more information on where you can discard batteries and other specialized items, please contact DI Environmental at 5-1134.

**BSR Berthing** 

RTS Annex

Incinerator

LN2 Bldg.

Batch Plant

**Batch Plant** 

Solid Waste

Management

Connection Pad Barge Slip Ramp

Lift-Station for LSA

Recycling Center Hazmat Warehouse

Pest Control Bldg.

Storage Maintenance

Incinerator Control Bldg.

## USAG-KA DINING GUIDE

#### **ISLAND DINING FACILITIES**

#### CAPT. LOUIS. S. ZAMPERINI CAFETERIA - KWAIALEIN

**TUESDAYS** -SATURDAYS\* 5:30 - 8 a.m. 11 a.m. - 1 p.m. 4:30 - 7 p.m.

SUNDAYS AND **HOLIDAYS\*** 6:30 a.m. - 9:30 a.m. 11 a.m. - 1 p.m.

**MONDAYS\*** 6 - 9 a.m. 11 a.m. - 1 p.m. 4:30 - 7 p.m.

\*Families are welcome to dine at the Zamperini Cafeteria on Tuesdays, Thursdays, Sundays and Mondays.

4:30 - 7 p.m.

Want to receive a daily copy of the menu? Contact Asia Williams at asia.williams@dyn-intl.com to be added to the weekly emailed menu.

#### **CAFE ROI - ROI-NAMUR**

**TUESDAYS** -**SATURDAYS** 5:30 - 8 a.m. 10:45 a.m. - 12:30 p.m. 5 - 6:45 p.m.

**SUNDAYS AND** HOLIDAYS 7 - 9 a.m. 10:45 a.m. - 12:30 p.m. 5 - 6:45 p.m.

MONDAYS 6 - 8:30 a.m. 10:45 a.m. - 12:30 p.m.

5 - 6:45 p.m.

**SUNRISE BAKERY** 

**PIZZA KITCHEN** 

Friday, Saturday and Sunday,

### **DINING DOWNTOWN**

#### **SUNRISE BAKERY**

Tues - Thursday 6 a.m. - 2 p.m.

Monday, 5 - 9 p.m.

5 - 9 p.m.

Don't forget about the late-night menu of rotating specials at the Roi-Namur Outrigger Club and Ocean View Club. For more information, please see the "Bars and Clubs" page.

#### AAFES - KWAJALEIN DINING LOCATIONS

AMERICAN EATERY Located at the Kwajalein Dock **Security Checkpoint** 

Monday - closed Tuesday – Saturday, 8 a.m. – 6 p.m.

Located at the AAFES Food Court

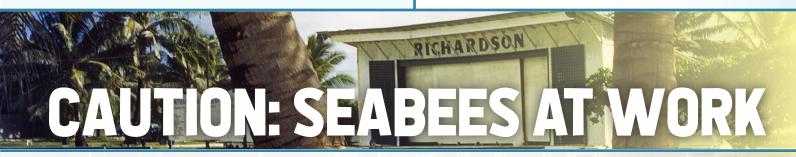
Monday – Friday, 11 a.m. – 7 p.m. **Saturday,** 11 a.m. – 8 p.m.

**ANTHONY'S PIZZA** Located at the AAFES Food Court

**Sunday,** 11 a.m. – 6 p.m. **Monday - Friday,** 11 a.m. – 7 p.m. Saturday, 11 a.m. – 8 p.m.

#### **SUBWAY**

Located at the AAFES Food Court Sunday, 11 a.m. - 6 p.m. Monday, 11 a.m. - 7 p.m. **Tuesday,** 10 a.m. – 7 p.m. Wednesday, 8 a.m. - 7 p.m. Thursday, 10 a.m. - 7 p.m. Friday, 8 a.m. – 7 p.m. **Saturday,** 10 a.m. – 7 p.m.



It's been three years since Kwajalein residents watched movies at the Richardson Theater. Now, with expertise from U.S. Naval Mobile Construction Battalion 4, Detail Marshall Islands, U.S. Army Garrison-Kwajalein Atoll is happy to report that construction on a new Rich is underway.

NMCB 4 will continue work at the theater foundation

from 7:30 a.m. to 5 p.m. Tuesday through Saturday. Please adhere to the caution tape and safety barriers around the site and keep the area clear.

Special thanks to NMCB 4 for rebuilding a Kwajalein community landmark. Please contact Deirdre Wyatt-Pope at 5-1442 with any questions.

Sunday - closed

**BURGER KING** 

**Sunday,** 11 a.m. – 6 p.m.

Sewage Lift Station Additionally, the following facilities will experience a 15-minute planned power outage May 23 from 7:15 a.m. - 7:30 a.m. and May

NAN LSA Near EOC 1054 Information Training Yacht Club Sewage Lift-Station Near LSA Sewage Lift-Station n

1009 Range Command 1010 (ocean-side of bldg. 1034 Comm Bldg

Near ĽSA GPS Admin Office NMB including 2nd Floor) RMI Fiber Optics

1067	Radar Supply
	Warehouse
1071	EOC Bldg
1163	500th MI Brigade
1247	MUX Site
1273	Camp Hamilton Pavilio



USAG-KA Child and Youth Services Child Development Center Director Chelsea Webber, left, poses for a photo with members of the graduating class of 2034 just prior to their Pre-K graduation ceremony at the Corlett Recreation Center May 15.

# CYS MAY SPOTLIGH



## U.S. ARMY GARRISON-KWAJALEIN ATOLL **CHILD AND YOUTH SERVICES**



facebook.com/USAGKACYS/.

#### **Child Development Center**

#### **Baru Classroom**

Baru classroom: Fridays are Water Play Days for infants and young toddlers.

Saturdays are Water Play Days for toddlers. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

#### **Bako Classroom**

Tuesdays - STEAM Swim Day. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

Wednesdays - STEAM Functional Fitness Thursdays - Pre-K Music Class Thursdays -STEAM Library Saturdays - Pre-K Music Class

Saturdays - STEAM Reading Buddies

#### School-Age Care

SAC Regular programming: Tuesdays - Art Wednesdays - Functional Fitness and Culture Thursdays - STEM Fridays - Recreation Saturdays - Character Counts

#### Namo Weto Youth Center Tuesdays - Closed

Wednesdays - Trivia - 4:30 p.m. Thursdays - Ted Talks - 4 p.m. Fridays - Frappuccinos - 4 p.m. Saturdays - Smoothies - 3:15 p.m. Saturdays - MIT Summer Institute -RMI - 4 - 6 p.m. Sundays - MIT Summer Institute -4 - 6 p.m. Sundays - Surprise - 6 p.m.

#### **Youth Center Special Events**

May 26 - Water Wednesday - noon May 27 - Movies and Popcorn -6 p.m. May 30 - Facial Masks

Visit USAG-KA CYS on Facebook for more

pictures and information about our events and programs. https://www.



#### Summer Camp

Join CYS for Summer Camp May 25 -July 31 from 8:30 a.m. - 4:30 p.m. For more information and to register, please contact Central Registration at 5-2158.

May 25 - May 29 - Ocean and Sharks June 2 - June 5 - Gaming June 8 - June 12 - Rainforest June 15 - June 19 - Around the World June 22 - June 26 - Color June 29 - July 2 - Pirates and Mermaids July - 6 - July 10 - STEM July 13 - July 17 - Sports July 20 - July 24 - Harry Potter July 27 - July 31 - Science and Space Aug. 3 - Aug. 7 - Mini City



## REMINDER

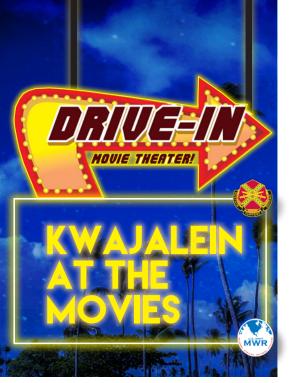


#### UNAUTHORIZED **ISLAND CHILDCARE**



As you assess your family's needs and plans for summer childcare, please note Army policy requires that anyone providing child care on a regular basis for more than 10 hours per week must be certified through Child and Youth Services as a Family Child Care provider if care is provided outside of a child's home.

If care is provided for children in their own home, the parent is responsible for ensuring the caregiver is qualified. Providing unauthorized childcare in government owned housing puts your housing privileges at risk. Unauthorized childcare by an uncertified person puts your child at risk.



Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special "Movies Under the Stars" events.

#### **KWAJALEIN - YUK THEATER**

#### Saturday, May 22 "Playing With Fire" (PG) 96 min. John Cena, Tyler Mane

When straight-laced fire superintendent Jake Carson and his elite team of firefighters come to the rescue of three siblings, they quickly realize that no amount of training could prepare them for their most challenging job yet—babysitting. As their lives, jobs and depot get turned upside down, the three men soon learn that children—much like fires—are wild and unpredictable.

#### Sunday, May 23 "The Darkest Minds" (PG-13) 104 min.

Amandla Sternberg, Harris Dickinson When teens mysteriously develop powerful

when teens mysteriously develop powerful new abilities, they are declared a threat by the government and detained. One of the most powerful young people, Ruby, escapes from her camp and joins a group of runaways who are seeking a safe haven. Betrayed by the adults in power, this newfound family soon realizes that running is not enough—they must use their collective powers to wage a resistance and take back their future.

#### Monday, May 24 "The Little Things" (R) 128 min. Denzel Washington, Jared Leto Deputy Sheriff Joe "Deke" Deacon joins

Deputy Sheriff Joe "Deke" Deacon joins forces with Sgt. Jim Baxter to search for a serial killer who's terrorizing Los Angeles. As they track the culprit, Baxter is unaware that the investigation is dredging up echoes of Deke's past, uncovering disturbing secrets that could threaten more than his case.

#### **ROI - C-BUILDING**

Saturday, May 22, "Land" (PG-13) 88 min. Robin Wright, Warren Christie A local hunter brings a grieving lawyer back from the brink of death after she retreats to the harsh wilderness of the Rockies.

#### Sunday, May 30 "Superfly" (R) 116 min. Trevor lackson, lason Mitch

**Trevor Jackson, Jason Mitchell** Cocaine kingpin Youngblood Priest realizes that it's time to get out of the game after surviving a violent attack from a crazed rival. Hoping for one last score, Priest and his partner travel to Mexico to arrange a deal. The career criminal now finds himself trying to outmaneuver the cartel, two corrupt police officers and all the double-crossers that threaten his path to freedom.

# ONE ARMY FAMILY ONLINE AND OFFLINE

#### PUBLIC NOTICE

**Army regulation 600-200** describes the harmful practice of bullying.

"Bullying is any conduct whereby a service member or members, regardless of service, rank or position, intends to exclude or reject another service member through cruel, abusive, humiliating, oppressive, demeaning, or harmful behavior, which results in diminishing the other service member's dignity, position or status. Absent outside intervention, bullying will typically continue without any identifiable end-point.

Bullying may include an abuse of authority. Bullying tactics include, but are not limited to, making threats, spreading rumors, social isolation, and attacking someone physically, verbally or through the use of electronic media."

According to the reg, every service member and civilian who lives and works on Kwajalein Atoll deserves the right to work and live in an environment free of hostility. Please, think twice before you post.

# **USAG-KA WEATHER WATCH**

#### **RTS WEATHER STATION STAFF**

**WEATHER DISCUSSION:** After generally pleasant conditions throughout this past week, weather is ready to get active again for the weekend.

Beginning tonight, a broad surface level trough will develop just to the west of Kwajalein Atoll causing the active Intertropical Convergence Zone to move north and over the atoll. Showers from this development will likely begin overnight Friday, eventually enhancing to numerous showers for Saturday with scattered showers persisting through early Monday morning.

Conditions will eventually calm on Monday afternoon as weak trade winds set in for the first half of the work week. **FRIDAY:** Partly sunny with isolated showers, increasing to widely scattered showers overnight. Winds NE-E at 13-18 knots with higher gusts near showers

**SATURDAY:** Mostly cloudy with numerous showers and stray thunderstorms. Winds ENE-ESE at 13-18 knots with higher gusts near showers.

**SUNDAY:** Mostly cloudy with scattered showers and stray thunderstorms. Winds ENE-E at 12-17 knots with higher gusts near showers.

MONDAY THROUGH WEDNES-DAY: Mostly to partly sunny with scattered showers Monday morning, then isolated showers through Wednesday. Winds NE-E at 8-13 knots with occasional higher gusts.



# **SUN - MOON - TIDES**

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:29 a.m.	3:52 p.m.	1:49 a.m. 3.7'	7:54 a.m. 0.5'
	7:03 p.m.	3:25 a.m.	1:59 p.m. 3.9'	8:14 p.m0.0'
MONDAY	6:29 a.m.	4:48 p.m.	2:31 a.m. 4.3'	8:43 a.m. 0.0'
	7:03 p.m.	4:11 a.m.	2:47 p.m. 4.1'	8:53 p.m0.3'
TUESDAY	6:29 a.m.	5:47 p.m.	3:11 a.m. 4.7'	9:29 a.m0.4'
	7:03 p.m.	5:00 a.m.	3:31 p.m. 4.2'	9:32 p.m0.5'
WEDNESDAY	6:29 a.m.	6:49 p.m.	3:51 a.m. 5.1'	10:13 a.m0.6'
	7:03 p.m.	5:53 a.m.	4:14 p.m. 4.1'	10:11 p.m0.5'
THURSDAY	6:29 a.m.	7:54 p.m.	4:31 a.m. 5.2'	10:57 a.m0.7'
	7:04 p.m.	6:50 a.m.	4:56 p.m. 3.9'	10:49 p.m0.4'
FRIDAY	6:29 a.m.	9:00 p.m.	5:12 a.m. 5.1'	11:42 a.m0.6'
	7:04 p.m.	7:52 a.m.	5:39 p.m. 3.7'	11:29 p.m0.2'
MAY 29	6:29 a.m. 7:04 p.m.	10:03 p.m. 8:56 a.m.	5:54 a.m. 4.9' 6:23 p.m. 3.3'	12:27 p.m0.3'



### Click the logo to visit RTS Weather online.

# **MWR FITNESS CLASSES**

From left, Maria Sadowski, Pam Carroll, Shawn Carroll, Cherrilyn Ranis, Maui Wyatt and Christina Sylvester pose for a photo at Zumba class with MWR instructor Allena Childress, center. Check out the monthly class schedule below for ways to plug into an island fitness program.

#### Yoga

Tuesday and Thursday at 5:30 p.m. in CRC Room 7

#### Water Aerobics

Tuesday and Thursday at 9:15 a.m. at the Adult Pool

#### Zumba Toning

Wednesday at 9:15 a.m. in CRC Room 7

#### Zumba Dance

Wednesday and Saturday at 6 p.m.; Friday at 9:15 a.m. in CRC Room 7

#### Spin

Tuesday at 6:40 p.m.; Thursday and Saturday at 5:30 a.m.

Unless otherwise noted, all classes are held in CRC Room 7 and are subject to change without notice. All classes require an MWR fitness pass. Passes can be purchased at the MWR Desk in the Grace Sherwood Library.

For more information, please call MWR at 5-3331.



Members of the Island Memorial Chapel Catholic congregation participate in an evening service.

Contact the Island Memorial Chapel office at 5-3505 for more information about religious services and activities on U.S. Army Garrison-Kwajalein Atoll.

#### **The Church of Jesus Christ**

of Latter-day Saints Services Sundays at 10 a.m. in CRC Room 1. Please contact Conrad Acosta at 5-2965 for more information.

#### **Protestant Services**

- Sundays at 8:15 a.m. in the small sanctuary and 11 a.m. in the main sanctuary.
- Kingdom Kids children's program meets during Protestant services at 8:15 a.m. and 11 a.m.

#### **Catholic Services**

- Sundays at 9:15 a.m. in the IMC main sanctuary.
- Weekdays at 5:15 p.m. in the IMC chapel offices
- Saturdays at 5:30 p.m. in the IMC small sanctuary.
- Children's program meets Sundays during the 9:15 a.m. Catholic Mass.

#### **Activities**

**Men's Bible Study** meets Thursdays at 5:45 p.m. in the chapel conference room.

Ladies' Bible Study meets 9:15 a.m. Thursdays at Qtrs. 405-B Taro. Contact Sally Bulla at 5-9804 for more information.



Contact MWR at 5-3331 for updates, activities and events about the garrison's bars and clubs.

## **COUNTRY CLUB**

#### **Birthday Bash.**

Come celebrate island birthdays with MWR every third Sunday from 6 - 9 p.m. Enjoy complimentary shuttle service available from the Ocean View Club every 30 minutes from 5 - 9 p.m.

#### Brunch.

Country Club Brunch typically meets on the first Sunday of the month from 10:30 a.m. - 12:30 p.m., though times and dates may vary for special brunch events (**please check out a special event ad for June 20 brunch in this Hourglass).** Enjoy a variety of sweet and savory brunch foods. Cash only; monthly prices and menu items are subject to change. No reservation required. Seating is limited. Shuttle service available every 30 minutes. Customer pick-up is in front of the Food Court starting at 10 a.m. There is a 45-minute time limit per table.

**Saturday.** Enjoy happy hour and play Uno every Saturday at 6 p.m.

### **OCEAN VIEW CLUB**

**Wednesdays.** Raise your glass and toast Wednesday at happy hour from 5 - 7 p.m.

**Saturdays.** Enjoy fun activities like game nights, karaoke. theme nights and live music.

**Mondays.** Enjoy Monday meal deals on Men's Night from 5 -7 p.m.

#### **SHUTTLE SERVICE**

MWR offers shuttle service to and from the Country Club every 30 minutes from 5 - 8 p.m. Saturdays. For more information, contact Nikeya Lagrone at 5-9205 or 5-3331.

### **OUTRIGGER CLUB**

Check with MWR for meal specials and activities at the Outrigger Club by calling 5-3331.



### Join the reading challenge this summer at the Grace Sherwood Library

**Get ready to read around the world.** This fun activity runs June 2 through July 28 and is open to all Kwajalein children finishing grades K – 6.

Enjoy travel-themed story time and crafts every Wednesday at 10:30 a.m. and 3:30 p.m., and a reading challenge and weekly scavenger hunt for readers in grades K-6.

Enter for the chance to earn prizes in each age group (grades k-1, 2-3, 4-5, and 6) for the most books and/or pages read.

To participate, pick up reading logs at the GSL, fill them out and

return them to a library staff member.

June 2: Around the world June 9: Antarctica June 16: Asia June 23: Australia and the Pacific June 30: North America July 7: South America July 14: Africa July 21: Europe July 28: Reading celebration

For more information, call the MWR desk at the Grace Sherwood Library at 5-3331 or 5-3332.

ONCE A KWAJ RESIDENT, ALWAYS A KWAJ RESIDENT. Help us protect the mission. Opsec doesn't end when you pcs. Please think before posting photos And videos to social media.

+ () +



# **UXO REMINDER**

PUBLIC SAFETY ANNOUNCEMENT

**Remember the three Rs** of UXO: **Recognize** an item as possible Unexploded Ordnance. **Retreat** from the area of the UXO. **Report** suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.

# **Did You Know?**

Coconut water can be a substitute for blood plasma. Its sugars and salts make it possible to add to the bloodstream, similar to how an IV solution works.

Replacing plasma with coconut water was a field medicine practice for emergency transfusions in tropical regions during WWII.







SATURDAY, MAY 22, 2021 / VOLUME 62 NUMBER 21

THE KWAJALEIN HOURGLASS

# LUNAR ECLIPSE IS MAY 26



**Kwajalein residents** have a special opportunity to join Massachusetts Institute of Technology Lincoln Laboratory volunteers May 26 for a night of sky- watching at the oceanside area of North Point.

Dr. Sarah Willis will meet with community residents at the oceanside North Point area from 9:30 to 11:30 p.m. with an MIT LL telescope to check out a total lunar eclipse and the "most super" of the 2021 supermoons.

While no special gear is necessary to view the eclipse, those who want a closer look can use the MIT LL telescope.

"In the event of widespread rain or clouds we'll have to make a weather call day-of," wrote Willis in a recent letter to the Kwajalein Hourglass. "Extremely isolated rain showers will not necessarily send us back indoors."

To learn more about the May 26 eclipse, visit NASA online at https://moon.nasa.gov/news/161/super-blood-moon-your-questions-answered/.

## **ATI RETURNS TO NORMAL FLIGHT OPERATIONS JUNE 8**

Additional flights are for cargo movement. What does this mean for the Kwaj Community? Incoming passengers remain the same, outbound passengers will have more opportunities to depart, travel remains official for duty only and the RMI travel ban is still in effect. Please continue to have patience while we receive the latest guidance processed from ATI and AMC.

## SUPPORT THE YOKWE YUK WELCOME CLUB

The last Bargain Bazaar donation pick-up day of the summer is June 7. For a donation pickup, please private-message Kelly Redmond on Facebook or send email to kellyredmond.lmt@gmail.com.

Additionally, check out the new hammerheads, the Kwaj book "Airplane Graveyard," hooks, stick charts, wallets, spirit masks and shark carvings. The Mic Shop Has Gifts For Father's Day. Donations and purchases benefit the Yokwe Yuk Welcome Club Education Assistance Fund.

# JUNETEENTH BRUNCH

Join MWR in June for a special edition of Sunday brunch in celebration of Juneteenth at the Kwajalein Country Club on June 20 from 10:30 a.m. - 12:30 p.m. No reservation is required for this event. Cost of meal is \$25, cash only.

#### Menu

Crab legs Greens Macaroni and cheese Potato salad Waffles Grits Sausage Bacon Biscuits and gravy Cornbread dressing Scalloped potatoes Fried chicken Sauteed vegetables



Shuttle service will be provided from the food court to the Country Club from 10 a.m. to 12:30 p.m. Contact MWR with questions at 5-3331.



# Ladies Line Dance Night

May 22 from 7 to 9 p.m. Ocean View Club

Bring a friend and come on out to the Ocean View Club to enjoy and enjoy the fun with R&B and country line dancing with a cash bar. Call MWR at 5-3331 to learn more.

## **HYDRATION TIPS**

There are many simple tricks to staying hydrated throughout the day. Here are a few of the lesser-known benefits of drinking water.

- Water helps the body reduce toxins
- Water can relieve nausea
- Water improves the body's overall immunity
  Water baland discolutions in the second secon
- Water helps dissolve minerals and nutrients in the body
  Water carries overen and putrients
- Water carries oxygen and nutrients to cells
  It might cound create but enter the
- It might sound crazy, but water can assist the body in regulating its own temperature
- Hydration is just as important for pets as for humans. Bring water or ice for your dog to enjoy on their next walk.
- Water provides much-needed moisture to help maintain delicate tissues in the mouth, eyes and nose



Soldiers and civilians stand as their degrees are conferred by their colleges' representatives during a Fort Knox Army Education Center college graduation ceremony at Waybur Theater, Oct. 17, 2019, on Fort Knox, Kentucky.

# ARMY POLICY OFFERING UP TO THREE-YEAR SERVICE BREAK

#### **EXTERNAL REPORT**

#### By Thomas Brading, Army News Service

**WASHINGTON**—A retention policy offering Soldiers a chance to take a break in service while receiving pay and benefits for up to three years is now a permanent program.

The sabbatical program, called the Career Intermission Program, or CIP, is a way for Soldiers to take a knee in service for personal or professional goals when they might have otherwise left the Army, said Rowland Heflin, a personnel policy integrator with the Army G-1.

The Army allows officers and enlisted Soldiers a chance to transition from the Regular Army and Army Reserve Active Guard Reserve, or AGR, program to the Individual Ready Reserve for a length of time not to exceed three years.

During their sabbaticals, Soldiers might use the time to start families, care for ailing parents, attend college, or whatever else they need a break for, he said.

While in the CIP program, Soldiers are given a monthly stipend of two-thirtieths of their basic pay along with the same medical benefits and commissary privileges. In addition, they can carry forward up to 60 days of leave on their return to active duty, Heflin said.

Lawmakers first allowed a version of the program as a pilot in 2009. The Army initiated the pilot program through a directive in 2014, which the new policy supersedes and makes the program permanent, Heflin said.

#### **How The Program Works**

Under 10 U.S.C. 710 and Department of Defense Instruction 1327.07, Soldiers in the CIP program must pay back time away from the Army by incurring a two for one obligation. In other words, "for every month that they spend in the program, they incur a two-month obligation," Heflin explained.

Although Soldiers receive a fraction of their base pay, any special or incentive pay or bonus is suspended until they return to active duty. Upon their return, Soldiers will begin to receive any special or incentive pay or bonus they had before entering CIP.

While in the program, Soldiers are also entitled to travel and transportation allowances to a location in the U.S. designated as their residence, followed by the designated location of their assignment upon their return to the Army, according to a policy letter signed earlier this month by acting Secretary of the Army John Whitley.

"This is retention from a different angle," Heflin said. "The Army spends a lot of resources in training Soldiers so they can perform whatever mission they have. But, when a Soldier runs into a personal issue or a desire to increase their civilian education they don't always find it amenable to do that on active duty."

CIP is an alternative for that. "It provides a way for them to be relieved from active duty, focus on their personal goals, and then return to active duty," Heflin added.

By investing in time away today, Heflin believes Soldiers will better themselves professionally and personally before returning to active duty with a longer service commitment. However, Soldiers who do not meet eligibility requirements on return to active duty will be subject to the repayment provisions of their pay or bonus agreement, the letter read.

Although education is cited as a major reason for entering CIP, Soldiers are not eligible for tuition assistance while in the IRR. Instead, many use their Post-9/11 G.I. Bill, Heflin said.

Eligible Soldiers include active-duty officers in all competitive categories, including the Chaplain Corps, Judge Advocate General's Corps and the Army Medical Corps, active-duty warrant officers, and active-duty enlisted Soldiers in the ranks of sergeant through master sergeant are eligible for the program.

In addition, Army Reserve AGR officers, warrant officers and enlisted Soldiers who have completed their initial three-year term of qualified duty may be approved, the letter read.

Now that the directive has been signed, G-1 plans to codify it into a permanent Army regulation, Heflin said.

Soldiers who are interested can be counseled on the benefits, compensation, medical care, and other obligations associated with entering the program. The counseling will be documented in writing, with a copy placed into the Soldier's Army military human resource record.

"When these applications are received at our Army Human Resources Command, the career management branch gets a chop on the decision, then there is a panel at HRC that reviews the files of applicants to make a recommendation to the [commanding general] for approval or disapproval," Heflin said.

Soldiers can go to the HRC's website or speak with their local Army career counselor, who can provide them guidance on the program along with the documents required for the application.

"We don't want to lose good Soldiers," Heflin said. "We want to be able for them to keep that balance between the things that happen in [their] lives along with their professional responsibilities."



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SATURDAY, MAY 22, 2021 / VOLUME 62 NUMBER 21



# WE'RE HERE BECAUSE THEY GOT HERE FIRST.

## HOW OUR NEWSPAPER GOT ITS NAME

THE SHOULDER SLEEVE INSIGNIA OF THE 7TH INFANTRY DIVISION CONSISTS OF TWO BLACK, EQUILATERAL TRIANGLES PLACED VERTICALLY ON A RED CIRCULAR DISC GIVING IT AN HOUR-GLASS SHAPE.

THE HOURGLASS OF THE INSIGNIA WAS CON-Sequently used in the title of the Island Newspaper, the kwajalein hourglass.

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