RTS WEATHER CHIEF METEOROLOGIST JASON SELZLER PREPARES TO LAUNCH A WEATHER BALLOON.

THIS WEEK
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THE MID-ATOLL CORRIDOR WILL BE CLOSED FROM 4:01 P.M. HOURS, 31 JULY 2020 THROUGH MISSION COMPLETION. THE CAUTION AREA EXTENDS FROM THE SURFACE TO UNLIMITED ALTITUDE.

QUESTIONS REGARDING THE ABOVE SAFETY REQUIREMENTS FOR THIS MISSION SHOULD BE DIRECTED TO REAGAN TEST SITE MISSION SAFETY OFFICE AT (805) 355-5625.

THE MID-ATOLL CORRIDOR CLOSED FROM 31 JULY 2020 AT 1601 THROUGH MISSION COMPLETION.

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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Bwebwenato

JUST KEEP GOING

Judi Batlok remembers the merchants who throw fish at Seattle’s Pike Place Fish Market like it was yesterday. He moved to Seattle after graduating from high school to check out the stateside world before returning home to Ebeye.

“It was amazing. I was like ‘whoa!’” said Batlok, of his years in the city. “I saw things you’d never see here, on the island: The big buildings, the traffic. It was exciting like, ‘we don’t have that in the islands.’”

Batlok lived in the community of Lynnwood. He saw the Space Needle. He remembers water so cold he’d never want to swim in it. Despite the wonders of the whirlwind trip, Batlok decided to come home.

“I was homesick,” Batlok said. “Seattle has a lot of neat stuff, but I wanted to come back and help my parents.”

Batlok is the youngest member of his family.

“I was spoiled because I was the youngest one,” he laughed. “My siblings got mad at me because I wasbossy. But you know, it was good, growing up with them.”

The Batlok family can probably see any bossiness has worn off. Batlok’s father and brothers work on Kwajalein. His sisters work on Ebeye. Like any hardworking guy, Batlok remembers just having more freedom. Since 2013, he has worked a number of jobs on U.S. Army Garrison-Kwajalein Atoll—everything from cashiering at AAFES to the dining hall at the Space Fence life support area. He joined MWR in March to work part-time and was offered a full-time position in cart rentals checking out carts to visitors and residents. All told, that’s five years of hard work on Kwajalein, and he’s just getting started.

The soundtrack to Batlok’s work week would be country music and any Marshallese music. He enjoys country because the songs “have meanings, like stories.”

“If it’s Marshallese, I like it,” said Batlok. “I don’t go by the artist.”

Wherever he is, Batlok’s characteristic enthusiasm shines through, as his former AAFES customers and friends can attest. Batlok is a people person.

“I love to talk to people,” said Batlok. “I like to meet people, share stories, you know. In Ebeye, everybody knows me. Some people I talk to don’t say nothing. Some people have an attitude. They don’t want to talk. I’ve met the meanest ones [and] the good ones. I say ‘hi.’ If they don’t say anything, I say ‘bye.’”

Life was different growing up before cellphones and computer access in the Marshall Islands.

“Before, in school, we didn’t have computers or cellphones,” he said. “Kids these days have phones and tablets. We finished school and would go play and hang out with friends. It seems like it’s different now. They call each other [first]: ‘I’ll be right there.’”

Though in hindsight, the past is often charmed, some things remain constant. Batlok treasures the ocean. He missed it when he was stateside.

“I live near the lagoon,” he said. “I used to get up in the morning and go swimming. Living near the water—the ocean—it’s the best.”

These days, though, Batlok thinks about the families and friends in the Seattle communities.

“We have a big Marshallese community over there, right now,” Batlok said. “You can go there, and if they know you are Marshallese, they will invite you. We always invite each other—to parties, eating, church. They’ll be like, ‘you’re home.’”

The pandemic has made it harder for Marshallese families to observe traditions like memorial services and gatherings. This spring, Batlok and a close friend lost family members in the Marshallese communities.

“Weberall Marshallese families to observe traditions like memorial services and gatherings. This spring, Batlok and a close friend lost family members in the Marshall Islands.”

Judi Batlok returned to home to Ebeye after living in Seattle following high school graduation. He shared his thoughts with the Kwajalein Hourglass about looking to the future—during a pandemic—while living in the Marshall Islands.

The pandemic has made it harder for Marshallese citizens growing up after him, facing the pandemic, but Batlok would encourage them to just keep going.

“You never know what you’re going to face tomorrow, what you’re going to face next year or 10 years from now. We never knew we were going to face COVID-19.”

Even though the pandemic has made life difficult, Batlok looks to the future. Perhaps this is what the next generation needs to remember: Just live.

“I want to see Korea,” Batlok said. “I just want to work. I want to experience everything.”

“Bwebwenato” is Marshallese for “conversation, dialogue or story,” and is a new initiative by The Kwajalein Hourglass to share stories of life and work on Kwajalein Atoll. Participation is open to anyone who works or lives in Kwajalein Atoll. Want to be a storyteller or know someone who would like to share? Contact The Kwajalein Hourglass at 5-5169 or at kwajaleinhourglass@dyn-intl.com.
Are you looking for something interesting and fun to do on the island and don’t know where to turn? Do you like the idea of volunteering and supporting the local Marshallese communities and Kwajalein? Then the Yokwe Yuk Women’s Club may be the right place for you.

The YYWC, established in 1956 as the Kwajalein Officer’s Wives Club, supported projects to aid the Marshallese and provided social activities for the women of the island and their families. The club’s name changed to the Yokwe Yuk Women’s Club in 1961.

“The mission of our club is to promote cultural exchange, support education throughout Micronesia and the Marshall Islands, and encourage friendships between residents of Kwajalein, as well as our Marshallese neighbors,” said Debbie Proudfoot, YYWC president.

Proudfoot said that some of the activities the club is considering include Marshallese language, weaving classes and supporting education for local islands. She added that upcoming activities include the Annual Meet and Greet, the Bargain Bazaar and the Micronesian Handicraft Shop.

“The idea of supporting the community was a big draw,” she said. “I liked the idea that I could start very small and see how I liked it. I’ve volunteered there off and on for the past four years and am happy now as the chairperson.”

As someone who spends her time there, Redmond has a few words of encouragement for potential volunteers at the BB.

“Under the Bargain Bazaar, I feel I’ve developed a deeper connection to our Marshallese friends. I truly enjoy making our little island home better in any way I can.”

The Micronesian Handicraft Shop

Anyone who has walked “downtown” on Kwaj has undoubtedly seen the Micronesian Handicraft Shop, affectionately known as the Mic Shop. Established in October 1963, the Mic Shop provides Kwaj residents with quality handicrafts from the Marshall Islands, in addition to the Micronesian states of:

An array of shell art, fans, wooden carvings and postcards are just a few of the items the Mic Shop has for purchase.

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

The Bargain Bazaar

Established in 1958 as a thrift shop, the Bargain Bazaar closed after one year. It began life as the Bargain Bazaar in January 1962 and continues to flourish today.

“The Bargain Bazaar is the island’s thrift store,” said Kelly Redmond, Bargain Bazaar chairperson. “All proceeds benefit the YYWC in its mission to support Marshallese and Micronesian education.” She added that the BB provides used clothing, housewares, linens, décor, games, toys and other goods to both Kwaj and Ebeye residents at greatly reduced prices.

Redmond arrived on Kwajalein in 2015 and attended the YYWC’s meet and greet at the commander’s house six days later, she said. It was that day she signed up to volunteer at the BB.

“The idea of supporting the community was a big draw,” she said. “I liked the idea that I could start very small and see how I liked it. I’ve volunteered there off and on for the past four years and am happy now as the chairperson.”

As someone who spends her time there, Redmond has a few words of encouragement for potential volunteers at the BB.

“The BB is a great place to volunteer if you want to assist the Marshallese people directly,” she said. “It’s a great place to help if you want to meet people, like to organize and enjoy a busy environment.”

She added that volunteers commit to working a two- to three-hour shift once a month, opening and closing the shop, sorting, displaying, pricing and selling merchandise while the store is open.

“We try to work in pairs so volunteers can switch duties during their shift,” she added. “All volunteers are welcome to help as little or as much as they like. It’s a fast-paced and happy atmosphere where we work together for the common good.”

“I’m fortunate to be able to spend my Kwaj life as a volunteer,” Redmond said. “By giving my time at the Bargain Bazaar, I feel I’ve developed a deeper connection to our Marshallese friends. I truly enjoy making our little island home better in any way I can.”

U.S. ARMY PHOTO BY MIKE BRANTLEY, USAG-KA PAO

Meet the faces of the Yokwe Yuk Women’s Club. From left to right: Debbie Proudfoot, Leti Sanchez, Joanna Battise, Christina Dodson, Sally Bulla, Sandee Colby, Kelly Redmond, Liz Haggerty, Regan Bartel and Kay Hong. Not pictured: Grant Day, Jill Grabowski and Ashley Howe.
icrafts for their intricate weaving and innovative designs. A kili bag can take more than 55 hours to produce one medium-sized bag. The kili bag even has a famous claim to fame from the 1960s: Jackie Kennedy purchased one in Paris and wore it as they did 60 years ago. Kili bags are made from young coconut palm leaf fibers on the outside and pandanus fibers on the inside. It appears in various crafts, she said.

"Tourism has decreased in the Republic of the Marshall Islands due to the COVID-19 travel ban so we have increased purchases from local artisans to help support their businesses during this time," she added.

Battise likes being a helper and serving others and says people should volunteer their time at the Mic Shop because proceeds go to education and the shop supports and promotes artwork from craftsmen in the area.

"I agree with what Anne Frank wrote: "No one has ever become poor by giving."

The Educational Assistance Committee

Change is happening everywhere, and we feel it is a good time for the club to assess its role in the community, said Proudfoot. "New guidelines specifically address making the club available to anyone wishing to join, male or female." She wants to encourage all K- and C-badge holders to bring their ideas and talents to help support our mission, join in educational activities, and become a member of the club.

"The YYWC will continue to raise funds for education, and committee members will have the opportunity to determine how and where funds will be distributed," she said.

The Educational Assistance Committee, formed in October 1963 to assist Micronesian students, aids in the distribution of monies raised by the YYWC. In an effort to reach more students, schools from Micronesia and the Marshall Islands were encouraged to submit an application for a grant for funds, said Proudfoot. "Once a year, the EAC committee meets to vote on dispersal of money raised the Mic Shop, the Bargain Bazaar, and EAC at the highest level, and are committed to carrying on the legacy of the YYWC.

"The club has a long-standing, rich history on this island, but changes are happening everywhere, and we feel it is a good time for the club to reassess its role in the community," said Proudfoot. "New guidelines specifically address making clubs available to anyone wishing to join." She wants to encourage all K- and C-badge holders to bring their ideas and talents to help support the mission of the YYWC, and join in educational and cultural activities, as we evolve and work to support the local communities."

Proudfoot says that she has been fortunate to work with an incredible group of volunteers who support the Mic Shop and Bargain Bazaar, and EAC at the highest level, and are committed to carrying on the legacy of the YYWC.

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Volunteerism

Proudfoot, who first came to Kwajalein with her husband in 1995, started as a volunteer with the Mic Shop when it was located at the airport, she said. She left for the U.S. in 1999 and returned to Kwaj in 2003.

"I knew that I wanted to be involved with the club again, so I joined and became a buyer for the Mic Shop," said Proudfoot. She would later leave in 2006 and return in 2018, again working in the Mic Shop, before taking on the role of president.

"The club and shop have always held a special place for me," she said, "from working with our artists, meeting new people during the cultural exchanges, and providing an outlet for island residents to appreciate and purchase crafts that hopefully will remind them of their stay on the island."

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Join the Yokwe Yuk Women's Club

Community Meeting
Monday, July 27
6:30 - 8 p.m.
Emon Beach Main Pavilion
Refreshments provided

Learn how you can help support the mission, and opportunities for the future.

Open to all K-badge and C-badge holders.

Questions? Please email YYWCinfo@gmail.com or visit our Facebook page @Kwaj YYWC.

Bargain Bazaar Hours

First and third Mondays, 2 – 4 p.m.; Wednesdays, 4:30 - 6:30 p.m.; Saturdays, 3 - 5 p.m.

Donations can be dropped off during any of those times listed or message them if you have a large donation to arrange a more convenient time. Send a private message on Facebook at Kwaj Bargain Bazaar YYWC. Please note that the hours of operation may change.

Mic Shop Hours

Mondays and Fridays, 10 a.m. – noon; Tuesdays, Noon – 2 p.m.; Wednesdays, 4:30 – 6:30 p.m.; Saturdays, 3 – 5 p.m.

A random and bazaar selection of island goods: In this 1973 photo, shoppers from Kwajalein Atoll check out the Bargain Bazaar dress rack.

YYWC Leadership

Debbie Proudfoot, President
Sandie Colby, Secretary, Mic Shop
Liz Hagerty, Chair, Special Events
Joanna Battise, Publishing, Treasurer, Mic Shop
Kelly Redmond, Chair, Bargain Bazaar
Kay Hong, Volunteer Coordinator, Mic Shop
Christina Dodson, Shell wuuts, Mic Shop
Ruth Sanchez, Grant Day, Mic Shop
Ashley Howe, Chair, EAC

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Each week, The Kwajalein Hourglass, the Small Boat Marina and other island customers receive and publish weather data that helps us stay safe on and off the job. After months of just receiving the weather, I decided to go see where meteorological data is processed on U.S. Army Garrison-Kwajalein Atoll.

Getting a visual on what’s going on in the sky depends upon one of the most fragile pieces of mission technology available on USAG-KA: a weather balloon.

It was 86 degrees, sunny and warm when I arrived at the RTS Weather Station to speak with the meteorologists. The winds were coming out of the east, and the skies were clear and bright. It was a good day to do science in the sky.

Encountering weather data in the news is quite different from collecting it. Raw weather data is usually so complicated it goes right over most people’s heads. To figure out what’s going on, it’s good to have an interpreter.

The RTS Weather team includes a corporate office in Norman, Oklahoma, 10 personnel on Kwajalein and three meteorologists in Huntsville, Alabama. Together they man consoles and supply weather data to the National Weather Service for free global distribution. On Kwaj, the data informs decisions about traffic.

“They’re going to remember all of this—aren’t you?” Chief Meteorologist Jason Selzler asked me. He joined us to oversee the launch and to give me a crash course in meteorology.

Growing up, Selzler was the kid who ran to the window when lightning struck the neighbor’s tree. He wanted to be a pilot—and earned his independent pilot’s license—before an epiphany drove him to check the weather fulltime. "You're going to remember all of this, aren't you?" Chief Meteorologist Jason Selzler asked me. He joined us to oversee the launch and to give me a crash course in meteorology.

"Pilots," said Selzler, "babysit computers all day and are overpaid bus drivers." Weather—with its changeability and storms, clouds and capricious precipitation—proved far more exciting. From the second floor of the station, Selzler had a good view of these things.

“One thing I like about Kwaj is you can see the sharp edge of the storm as it comes at you,” said Selzler. He looked out across the sandy green of the Holmberg Fairways.

“You can see a sharp edge where it’s raining and a couple 100-yards away, it’s as dry as a bone.”

The weather balloon was a pale noodle before the helium did its work. Taking care not to touch the balloon’s sides, Pavia secured it to a table with a clamp. By the end of the visit, I’d given the balloon a name: Bob.

Balloons are used to test for varying weather conditions, said Selzler. On nice days (read: most days on Kwajalein), RTS Weather uses balloons capable of expanding up to 12 feet in diameter. As the balloon ascends, atmospheric pressure causes it to expand and carry a small but precious cargo ever onward and upward.

“We can’t just [send up] a balloon,” Selzler said. He held up a small sensor embedded in a Styrofoam ballast.

"[Weather balloon] sensors called radiosondes, have a GPS receiver in them. The sensors measure characteristics of the air like temperature, humidity and wind speeds in a vertical profile as the balloon ascends."

The term radiosonde has its roots in maritime depth tests, said Selzler. Data collected in radiosondes is transmitted by the sensor trailing on a 25-foot tether to reduce aerial friction while ascending.

“That’s how sensitive the sensor is,” he said. "You can bias the measurement if it is too close to the balloon."

Stations synchronize their launch time to 1200 hours. On Kwajalein, weather balloons are inflated an hour ahead of launch to ensure the temperature of the helium inside the balloon equalizes with the atmosphere. As fragile as the meters are, they can withstand temperatures well below zero. Once launched, they transmit data in once-per-second bursts of latitudinal, longitudinal and altitudinal readings. Picture the balloon sending tweets back to Earth.

The station uses balloons mostly for lightning forecasting to determine the height of freezing levels. I’m new to weather science, so Selzler paused to explain.

“Lightning is frozen particles interacting with super-cool liquid,” he said.

A cluster of yellow helium tanks sprinkled with rust and checked out progress on the afternoon’s launch preparations. Engineering technician Cyndi Pavia had one careful eye on a helium meter as she prepared the day’s balloon and sensors.

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"Lightning is frozen particles interacting with super-cool liquid," he said.

Inside the compact balloon hangar, a few inquisitive finches hopped up on yellow helium tanks bedded in a Styrofoam ballast. Precious cargo ever onward and upward.

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A week after the launch, Selzler sent the diagram to The Kwajalein Hourglass. Bob the Balloon didn’t exactly make weather history but traveled very far. Check out the diagram above.

“Super-cool liquid, ice and radar data.”

At the same time the balloon is tweeting, meteorologists on Kwajalein are deriving information and correcting abnormalities in the data as it emerges in a series of graphics. After the data is crunched by stateside computers, it is shared by the NWS.

A weather balloon cannot maintain altitude forever. Wherever it falls is where it lands, whether it be the ocean or dry land. Twice, an instrument package has fallen right back where it started—Kwajalein—and landed near the station, said Selzler. Residents dutifully collected the meters and returned them to the station.

Would it hurt to get hit by a falling meter?

“Well, this one is just Styrofoam,” said Selzler, of the sensor case. “They are designed to be light. It would probably feel like [being hit by] a baseball.”

I unhitched Bob, and the meteorologists and I walked out to the station field. In a moment, when I let him go, Bob would rise up and brave the skies in the name of science. It was a tough job. He would be joined by fellow balloons from most corners of the world.

I let Bob go, up, up into the sky. We watched as he shrank from view in a haze of low, wispy clouds. After several minutes, Bob was a dot the size of a star; a far-off speck.

Inside the station, Bob’s tweets were already registering on console monitors. He’d made a fast ascent. The data from his instruments poured back down to earth as he described clouds, airspeeds and humidity that signaled the onset of the rainy season.

I wondered what the weather was like up there in the cold, blue reaches, as Bob’s numbers stacked up into a glimpse of the atmosphere.
**Communities Discuss Concerns Amid Repatriation Efforts**

This week, communities and countries throughout the Indo-Pacific region continue to develop COVID-19 prevention plans and contingencies for mitigating the effects of the disease. Federated States of Micronesia President David Panimelo advised during a meeting of the 21st FSM Congress not all States are ready to begin repatriation of citizens stranded abroad. He has requested for the congress to extend the FSM travel ban until Sept. 30. The request was publicized in a press release this week, as new cases of COVID-19 continue to appear throughout the Pacific.

According to Livingston Talung, chair of the FSM COVID-19 Task Force, Pohnpei State is ready to practice mitigation strategies and welcomes the COVID-19 National Task Force. In the coming weeks, Pohnpei will conduct an additional COVID-19 drill and training exercise after gaps in the containment process were identified in an earlier test. Similar to the test on U.S. Army Garrison-Kwajalein Atoll this spring, the drill will allow emergency and medical services personnel to practice steps to manage inbound persons under active surveillance and persons under investigation all the way from the airport to quarantine facilities.

However, not all states are ready to begin repatriation. The State of Chuuk requests additional time to prepare before drilling. Throughout the world in recent weeks, there are multiple reports of high instances of COVID-19 among communities of Pacific islanders living abroad. In the past 14 days, the Community Pacificifique reported eight new cases of COVID-19 in Papua New Guinea; four in the Commonwealth of the Northern Mariana Islands; one case in Fiji; and one case in New Caledonia. A health care worker inbound to Honolulu was identified with an active case of COVID-19 after beginning work in a Hawaii state hospital. The individual is currently in quarantine.

**Open Mic Poetry Night Begins July 27 at Country Club**

Maya Angelou, e.e. cummings, Tennessee Williams, Carl Sandburg and Shakespeare all have something new in common: Country Club Poetry Night.

Beginning July 27 from 6-7:30 p.m., the last Wednesday of each month on the Country Club bar will be open for beverage sales. The Captain! My Captain! (“O Captain! My Captain!”), but the Country Club bar will be open for beverage sales during the event.

**Children Enrolled in U.S. Army Garrison-Kwajalein Atoll Child and Youth Services Summer programs have had a busy summer. Since early June, program participants have had their pick of two months of age-specific program activities designed to educate, entertain and above all, promote learning and core curriculum objectives of the U.S. Army and its accredited youth programs. Over the past few weeks, summer camp participants in school-age programs have experienced everything from outdoor sports and water safety, to science experimenting and 3-D printing in classroom labs, to lessons in karaoke and self-portraiture. Last week, students toured facilities at the island’s Security and Access Control and emergency services headquarters. They also visited various points of interest and work sites around the island like the RTS Weather Station and Dive Shop.**

So far, the most popular week for Summer Camp was last week’s, “Color Wars.” Participants engaged in colorful activities and competitions like blind drawing, paper airplane-making, three-legged races, making Kool-Aid pies and a photo scavenger hunt. More than 20 participants were enrolled last week, said CYS Facility Director Ashley Howe. It’s not too late. There are still two weeks left of camp. Mini City, a week themed on running civic works and basic job skills, runs from July 28 through Aug. 1. The program wraps Aug. 6 with Island Fiesta, a camp-wide party before the early beginning of the 2020-2021 academic schoolyear.

**Summer Camp Adventures Continue**

For more, click on the logo to check out Summer Camp activities on the official CYS Facebook page. For more, click on the logo to check out Summer Camp activities on the official CYS Facebook page.
Female scuba divers of Kwajalein gathered for a group dive off Emon Beach Sunday morning in an international Women’s Dive Day event held every July at dive locations around the world. A dozen or so ladies were treated to coffee and doughnuts and chatted before a pre-dive yoga session led by Kwaj yoga instructor Leigh Ewbank. While the participants limbered up with a round of warrior poses, Richard Beiler, the event organizer, sipped from his cup and helped organize gear.

“We’re having some coffee, having a doughnut and going to go do the thing,” said Beiler. “We’re celebrating what tends to be a male-dominated sport. But we’re celebrating the ladies who take part in it and enjoy it.”

Noel Widdowson, who took on the herculean job of hauling everyone’s scuba tanks from the tank house to the beach, echoed Beiler.

“It’s obviously very important to empower the women to dive as much as men do,” Widdowson said. “It’s predominantly a male-oriented sport. So, it’s very important that we continue growing the sport, especially for the next generation.”

Kristin Miller and Heather Miller, who led the group on the dive, thanked Widdowson and Beiler for their help before splashing into the water and taking the participants on a tour through the high-lights of an Emon Beach dive: red carpet anemones, coral head, nudibranchs, map puffers and even an octopus.
Get Ready to Grill Safely

Separate
When shopping, pick up meat, poultry, and seafood last and separate them from other food in your shopping cart and grocery bags.

Chill
Keep meat, poultry, and seafood refrigerated until ready to grill. When transporting, keep below 40°F in an insulated cooler.

Clean
Wash your hands with soap before and after handling raw meat, poultry, and seafood. Wash work surfaces, utensils, and the grill before and after cooking.

Cook
Use a food thermometer to ensure meat is cooked hot enough to kill harmful germs. When smoking, keep temperature inside the smoker at 225°F to 300°F to keep meat at a safe temperature while it cooks.

<table>
<thead>
<tr>
<th>Temperature</th>
<th>Meat Type</th>
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<tbody>
<tr>
<td>145°F</td>
<td>beef, pork, lamb, veal (then let rest 3 minutes before serving)</td>
</tr>
<tr>
<td>145°F</td>
<td>fish</td>
</tr>
<tr>
<td>160°F</td>
<td>hamburgers and other ground meat</td>
</tr>
<tr>
<td>165°F</td>
<td>poultry</td>
</tr>
</tbody>
</table>

Don’t cross-contaminate
Throw out marinades and sauces that have touched raw meat juices. Put cooked meat on a clean plate.

Refrigerate
Divide leftovers into small portions and place in covered, shallow containers. Put in freezer or fridge within two hours of cooking (one hour if above 90°F outside).

www.cdc.gov/foodsafety
Accessible version: https://www.cdc.gov/foodsafety/communication/bbq-sq.html
Child Development Center

**Bako Classroom:**
- **Tuesdays** - Water Play Day. Please send your child with water clothes, a towel and dry clothes.
- **Thursdays** - Functional Fitness
- **Fridays** - Library

**Start Smart Sports - (ages 2-5):**
- **Tumbling** - now through July 30.

**Baru Classroom Reminders**
Saturdays are Water Play Days. Please send your child with swim clothes, a swim diaper (if needed), a towel, and dry clothes.

**School-Age Care**

Summer Camp: Visit CYS Central Registration to receive a schedule of weekly activities and to enroll your child. Check out details about each summer camp theme week in the on the right.

**July 28 - August 1 - Mini City**

**Sports (Grades K-2 and 3-6):**
- Scooter Hockey, now through August 15.
- Extreme Dodgeball - Now through August 14.

**Namo Weto Youth Center**

MIT Summer Institute - now through August 2, Tuesdays, Thursdays, and Sundays, 1 - 6 p.m.

**Frisbee Golf Tuesdays**
- 3:15 - 4:15 p.m.

**Water Wednesdays**
- 1 p.m.
  - July 29 - Kwaj Kayaking

**Fridays**
- July 30 - A Life Lesson from a Volunteer Firefighter

**Thursdays**
- Trivia - 7 p.m.

**Summers Smoothies Fridays**
- 3 p.m.

**Sundays**
- Zumba - 6 p.m.

**SPECIAL EVENTS**
- July 30 - Bob Ross Night - 7 p.m.
- July 31 - Yoga - 7 p.m.

Teachers’ Note
Unless otherwise indicated, all programs for the Namo Weto Youth Center start or meet at the Center. Dates and times for events are subject to change. Please check in at your CYS location for the latest information.

**CYS Summer Camp**

Join CYS for Summer Camp. All campers must be fully registered with USAG-KA Child and Youth Services. To enroll your child, please come to Central Registration in Building 358. For any other questions, contact Central Registration at 5-2158.

**Mini City**
**July 28-August 1**
CAMPERS will get a job, receive a pay-check and run their own city. In Mini City, campers will also learn about various career fields in our community and even job shadow.

**August 5-6**
**Island Fiesta**
The summer is coming to an end, and it’s time to say goodbye, but before we do, let’s fiesta. This week campers will do all things that make our island fun. Let’s enjoy the island life together and get ready for school.

**AUGUST 6:**
**3:30 - 4 p.m. - Drop off school supplies to homeroom classrooms.**

**AUGUST 7:**
**8:30 a.m. - First day of school. All students in grades K-6 meet at the George Seitz Elementary School flagpole.**

**School-Age Care**

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**3:30 - 4 p.m. - Drop off school supplies to homeroom classrooms.**

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On 30 January 2020, World Health Organization declared in Wuhan, Hubei Province, China, and subsequently cases of COVID-19 have been detected in 213 countries and territories.  

COVID-19 is a novel virus, which is a family of viruses that include the common cold, and viruses that cause severe respiratory infections. The virus can be transmitted from person to person, similar to other influenza viruses. In response to the declaration of PHEIC, the Republic of Marshall Islands’ former international travelers coming into the Republic of Marshall Islands (RMI) as part of current health emergency. The new virus is a coronavirus, which is a family of viruses that cause respiratory illnesses, and viruses that cause severe respiratory infections.

Ground crew not adhering to the strict non-human contact protocols will be subject to an immediate minimum 14-day quarantine.

Suspension of all domestic passenger travel between Majuro and international airlines. Air travel between Kwajalein and Majuro on Air Marshall is still permitted.

All cruise ships including live aboard vessels and yachts at this time are suspended from visiting the RMI until further notice.

All fishing vessels that have transited or departed from COVID-19 infected countries are required to produce company policy and or SOPs in compliance with the travel advisory and the Maritime SOP requirements, such as no human-to-human contact, etc. Said SOPs shall be amended as this travel advisory is current and shall remain in effect unless otherwise revised by the Maritime Working Group (Chair of the NDC, RMI Port Authority, MoHHS, RMI Ports Authority, MIMRA and the RMI Immigration Division). MIMRA shall provide a list of eligible fishing vessels and carriers for entry purposes. Vessels not on the list may apply to the NDC through the Maritime Working Group for entry permit to depart from their originating port. 

To make sure that we can continue to allow food and supplies to enter the country, all container vessels and fuel tankers are exempt but are strictly required to spend 14 days outside of the RMI after departure and prior to arrival at the RMI Pilot Station. All container vessels and fuel tankers must adhere to the National Disaster Committee approved Operating Procedures-Maritime (SOP).

COVID-19 TRAVEL ADVISORIES AND RESTRICTIONS

EL COVID-19 UPDATED INTERIM HEALTH OFFICE OF THE CHIEF SECRETARY 2019 NOVEMBER 06

In '92

The Meck Island drinking water system recently exceeded a drinking water standard. This incident is not an emergency. However, public notification is required to meet the requirement in the USAKA Environmental Standards. The information below is a summary of cause of non-compliance and actions taken to ensure drinking water quality.

Testing results from the first quarter of fiscal year 2020 (1QFY20; October – December 2019) showed the Meck Island drinking water system exceeded the standard, or maximum contaminant level (MCL), for the TTHM LRAA is 0.080 mg/L determined by averaging the results of samples collected at each sampling location for the past four quarters. The level of TTHM averaged at one location for 1QFY20 was 0.083 mg/L.

What Should I Do?

Nothing. You do not need to boil your water or take other corrective action.

If you have a severely compromised immune system, are pregnant, or are elderly, you may be at increased risk. Be sure to drink water that is safe for human consumption. If you are unsure of the safety of the water you are drinking, consider bottled water.

What Does This Mean?

This is not an emergency. The Meck Island drinking water system includes natural organic chemicals which form when disinfectants, such as chlorine, react with natural organic matter in the water. Long term consumption of water with levels of TTHM in excess of the MCL may result in increased health risks.

Lelele ko raourau kin dren i 'idraak eo iol meck

Jeronon Jonatan Trilateralomethees (TTHM) iol dren i naen i jikin eco io Meck ekar lae je 'atrak en ko ejm an kien karoke (MCL)


To make sure that we can continue to allow food and supplies to enter the country, all container vessels and fuel tankers are exempt but are strictly required to spend 14 days outside of the RMI after departure and prior to arrival at the RMI Pilot Station.

All container vessels and fuel tankers must adhere to the National Disaster Committee approved Operating Procedures-Maritime (SOP).

Human-to-human contact is strictly prohibited.

Residents and citizens of the RMI with plans to travel abroad are strongly advised to postpone their travel arrangements.

All travel arrangements cannot be postponed, individuals should be aware that they may be subject to restrictions when returning to the RMI.

It is also strongly advised that at this time all citizens and residents currently residing in the RMI who are intending to travel to the outer islands to reside or work, do so as soon as possible.

All GRMI officials, including elected officials, NGOs and auxiliary bodies, are required to suspend all international travel paid for by the GRMI or sponsored by outside agencies or organizations with the exception of patients approved by the RMI Medical Reference Committee.

The Chief Secretary, as the head of the National Disaster Committee, together with the Smart Metering, Energy and Water Services, based on recommendations from the RMI Public Health Division and the Meck Island drinking water system, has the right to make exceptions to any of the above restrictions to allow for essential services. All safety protocols developed by the Ministry of Health and Human Services in compliance with WHO and CDC guidelines will be followed in these instances.


For more information, please contact Kino S. Kabua, Chair of the National Disaster Committee.
The Ronald Reagan Carrier Strike Group and units from the Japan Maritime Self-Defense Force and Australian Defense Force participate in trilateral exercises supporting shared goals of peace and stability, while enhancing regional security and the right of all nations to trade, communicate and choose their destiny in a free and open Indo-Pacific. The Ronald Reagan Carrier Strike Group is the U.S. Navy’s only forward-deployed strike group and one of America’s most visible symbols of resolve.

AUSTRALIA, JAPAN, JOIN U.S. FOR TRILATERAL NAVAL EXERCISE

U.S. NAVY REPORT

By Commander, Task Force 70 Public Affairs


U.S. Naval forces routinely operate alongside regional allies, strengthening shared commitments to regional stability, and a free and open Indo-Pacific through integrated training and cooperation.

“The opportunity to work alongside the U.S. and Japanese is invaluable,” said Commodore Michael Harris, commander, Australian Joint Task Group. “Maintaining security and safety at sea requires navies to be able to cooperate seamlessly. The combined tasking between our navies demonstrates a high degree of interoperability and capability between Australia, the U.S. and Japan.”

Throughout the cooperative exercise period, participants will operate and train together, exercising integrated maritime operations in an all-domain warfighting environment. Professional, integrated engagements allow the U.S. Navy and allies the opportunity to build upon existing strong relationships and improve collective readiness and response to any situation.

Australia and Japan have both fostered long-standing alliances with the United States. This year also marks the 60th anniversary of the treaty of mutual cooperation and security between the United States and Japan.

“I believe strengthening cooperation with the U.S. Navy and Royal Australian Navy is vitally important for Japan, and also contributes to a Free and Open Indo-Pacific in the region,” said Capt. SAKANO Yusuke, commander, Escort Division 4. “The experience in this exercise will give us tactical and operational advantages and make our friendships stronger, in addition to our regular joint exercises with both like-minded navies.”

The Ronald Reagan Carrier Strike Group consists of Carrier Air Wing 5, the Ticonderoga-class guided-missile cruiser USS Antietam, and Arleigh Burke-class guided-missile destroyer USS Mustin. The ADF Joint Task Group comprises HMA Ships Canberra, Hobart, Stuart, Arunta and Sirius. Participating from the JMSDF is JS Teruzuki.

“The high-end interoperability we enjoy with the JMSDF and ADF provides us the unique ability to meet at-sea and immediately operate at an advanced level. This highlights the enduring nature of our alliances with Japan and Australia,” said Capt. Russ Caldwell, commanding officer, USS Antietam. “The United States is fortunate to routinely operate alongside its allies across the Indo-Pacific and coordinated operations like these reinforce our mutual commitments to international maritime norms and promoting regional stability.”

The Ronald Reagan Carrier Strike Group is the U.S. Navy’s only forward-deployed strike group and one of America’s most visible symbols of resolve. Operating together alongside allies from the ADF and JMSDF strengthens each nation’s collective commitment to international rules-based order.

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JULY IS HISTORY. ALMOST.

Fifth Month.
July is named for the family of ancient Roman emperor Julius Caesar. Before that, the month was aptly named “Quintiliius” or “fifth month.”

Second Battle for Guam
July 21- Aug. 10, 1944.
The Second Battle for Guam led to the Allied recapture of Guam, then a U.S. territory in the Marianas Islands which had been held by Japanese combatants since 1941. B-24 bombers flying from the Marshall Islands and more than 200 carrier aircraft assisted in a naval and air bombardment beginning the month prior. The battle would yield four Medal of Honor recipients for members of the U.S. Marine Corps: Capt. Louis H. Wilson, Jr.; Private First Class Leonard F. Mason; Private First Class Luther Skaggs Jr.; and Private First Class Frank Witek. Mason and Witek were awarded posthumous honors.

Apollo 11 and the Kwajalein Missile Range
July 20, 1969

Bikini Tests.
Nuclear testing at Bikini Atoll
July 1, 1946 - July 22, 1958
The United States nuclear testing at Bikini Atoll was a series of 23 nuclear weapons tests detonated between 1946 and 1958 at various sites on the atoll. Combined, the fission yield from the tests was 42.2 Mt. One of the ships used in the testing, the German cruiser Prinz Eugen, is visible from Emona Beach. Data achieved through testing came at an inestimably high price for communities in the Marshall Islands. More than 50 years after the tests, Marshallese citizens throughout the world share histories and folkways shaped by nuclear tragedy, as well as the loss of ancestral homes.

The Roswell Incident—July 1947
Even though personnel at Roswell Army Air Field, now Walker Air Force Base, issued a statement declaring the crash-landing of an aerial Department of Defense testing device as harmless happenstance, there are few who can resist a good story. In the more than 40 years after the Roswell incident, a combination of public interest and popular imagination has spawned countless tales of extraterrestrial life visiting Earth. The rest, as they say, is history—and alien life.
School is just around the corner, but it’s not too late to check out summer programming for family members and young island residents at the US-AG-KA Family and MWR Facebook Page. Click the MWR logo to learn more. Contact MWR at 5-3331 with questions.

THESE ARE THE WORST JOKES IN THE UNIVERSE

Some folks can’t stand rocket jokes because the humor goes right over their heads—but rocket jokes are out of this world. Try these out on your friends and coworkers. Think you’ve got the best worst jokes on island? Keep them rated G and forward them to kwajalein-hourglass@dyn-intl.com.

1) “Rockstar” DaBaby featuring Roddy Ricch
2) “Blinding Lights” The Weeknd
3) “Whats Poppin” Jack Harlow featuring DaBaby, Tory Lanez and Lil Wayne
4) “Savage” Megan Thee Stallion featuring Beyonce
5) “Roses” SAINt JHN
6) “For The Night” Pop Smoke featuring Lil Baby and DaBaby
7) “Watermelon Sugar” Harry Styles
8) “Blueberry Faygo” Lil Mosey
9) “Say So”—Doja Cat featuring Nicki Minaj
10) “Intentions” Justin Bieber featuring Quavo

COOKING WITH KW AJ

Pohnpei Pancakes
from The Kwajalein Hourglass
July 17, 1990

2 cups Bisquick
1 cup milk
2 eggs
1 stick butter
1/2 to 2/3 cup brown sugar
1 tablespoon cornstarch
1 small can fruit cocktail
1 banana

Make a batch of pancakes. Set aside. Melt butter and add sugar and cornstarch. Add fruit cocktail and cook until slightly thickened. Slice in the banana and serve over warm pancakes. This recipe should serve three—but you can never have too many pancakes. Have fun and try different combinations.

Breakfast for dinner!

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MUSICAL NOTES

What are you streaming these days? Here are last week’s top 10 radio songs from Billboard.com. Listen to these songs and more of your favorites at AFN 99.9 The Wave.

1) “Rockstar” DaBaby featuring Roddy Ricch
2) “Blinding Lights” The Weeknd
3) “Whats Poppin” Jack Harlow featuring DaBaby, Tory Lanez and Lil Wayne
4) “Savage” Megan Thee Stallion featuring Beyonce
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9) “Say So”—Doja Cat featuring Nicki Minaj
10) “Intentions” Justin Bieber featuring Quavo

Disconnect from work when the day is over

Be kind: unwind.

At the end of each day, turn off your devices and take time to visit with family and friends.
Back in the Day: Before it fell in 2018, Kwajalein’s Richardson Theater (pictured here circa 1944) received renovations and at least one complete rebuild. American actor and USO performer Bob Hope entertained Soldiers stationed on Kwajalein on this very stage.

Join Kwajalein at the movies. Unless otherwise indicated, all movies begin at 7:30 p.m. Sometimes may vary for special “Movies Under the Stars” events. Contact MWR at 5-3331 for more information.

AT THE MOVIES

KWAJALEIN YUK THEATER

Saturday, July 25
“Under the Stars”
(R) 152 min.
Starring Edward Norton and Gugu Mbatha-Raw
Lionel Essrog is a lonely private detective who doesn’t let Tourette’s syndrome stand in the way of his job. Gifted with a few clues and an obsessive mind, Lionel sets out to solve the murder of Frank Minna -- his mentor and only friend. Scouring the jazz clubs and streets of Brooklyn and Harlem, Essrog soon uncovers a web of secrets while contending with thugs, corruption and the most dangerous man in the city.

ROI-NAUM TRADEWINDS THEATER

Saturday, July 25
(2000) 91 min.
Starring Sarah Michelle Gellar
Join Kwajalein at the movies. Unless otherwise indicated, all movies begin at 7:30 p.m. Sometimes may vary for special “Movies Under the Stars” events. Contact MWR at 5-3331 for more information.

AT THE MOVIES

KWAJALEIN YUK THEATER

Saturday, July 25
“The Star”
(PG) 86 min.
Featuring the voice talents of Kelly Clarkson and Zachary Levi
A small but brave donkey named Bo years for a life beyond his daily grind at the village mill. One day, he finds the courage to break free, embarking on the adventure of his dreams. On his journey, he team up with Ruth, a lovable sheep who has lost her flock, and Dave, a dove who has lofty aspirations. Along with three camels and some eccentric stable animals, Bo and his new friends follow the Star and become accidental heroes in the greatest story ever told—the first Christmas.

Sunday, July 26
“The Turning”
(R) 95 min.
Featuring the voice talents of John Cena and Feisty character who serves as the leader of a group of orphans at an isolated Gothic mansion in the Maine countryside. She soon learns that the children—Miles and Flora—are emotionally distant and unstable. When strange events start to plague Kate and the siblings, she begins to suspect that the estate’s dark corridors are home to a malevolent entity.

Monday, July 27
“War Room”
(PG) 120 min.
Starring Priscilla Shirer and Alex Kendrick
With great jobs, a beautiful daughter and a dream house, the Jordans seem to have it all.Appearances can be deceiving, however, as husband Tony flirts with temptation and wife Elizabeth (Priscilla Shirer) becomes increasingly bitter, crumbling under the strain of a failing marriage. Their lives take an unexpected turn for the better when Elizabeth meets her newest client, Miss Clara who encourages the couple to find happiness through prayer.

Saturday, August 1
“The LEGO Ninjago Movie”
(PG) 102 min.
Featuring the voice talents of Dave Franco and Kumail Naniani
The battle for NINJAGO City calls to action young Master Builder Lloyd, aka the Green Ninja, along with his friends, also secret ninja warriors. Led by Master Wu, a wisecracking as he is wise, they must defeat the evil warlord Garmadon, who also happens to be Lloyd’s dad. Pitting father against son, the warlord Garmadon, who also happens to be Lloyd’s dad. Pitting father against son, the

Sunday, August 2
“Ford vs Ferrari”
(R) 152 min.
Starring Christian Bale and Matt Damon
American automotive designer Carroll Shelby and fearless British race car driver Ken Miles battle corporate interference, the laws of physics and their own personal demons to build a revolutionary vehicle for the Ford Motor Co. Together, they plan to compete against the race cars of Enzo Ferrari at the 24 Hours of Le Mans in France in 1966.

Monday, August 3
“Motherless Brooklyn”
(PG-13) 183 min.
Starring Edward Norton and Gugu Mbatha-Raw
Lionel Essrog is a lonely private detective who doesn’t let Tourette’s syndrome stand in the way of his job. Gifted with a few clues and an obsessive mind, Lionel sets out to solve the murder of Frank Minna -- his mentor and only friend. Scouring the jazz clubs and streets of Brooklyn and Harlem, Essrog soon uncovers a web of secrets while contending with thugs, corruption and the most dangerous man in the city.

AT THE CLUBS

COUNTRY CLUB

Country Club Bunch - Begins August 2 and takes place the first Sunday of each month, from 10:30 a.m. - 12:30 p.m. Cost is $20 for adults and $12 for children. Price of meal includes drink. A pre-paid registration for a brunch time slot is required. No walk-ins accepted. Seating is limited to pre-reserved guests. Social distancing will be observed in dining arrangements. To make reservation, call 5-3331.

Poetry Wednesdays - The last Wednesday of every month from 6 - 7:30 p.m.

Uno Saturdays - Come play Uno every Saturday at 6 p.m.

OCEAN VIEW CLUB

Ladies Night Sundays - 7 p.m. - 11 p.m. Enjoy wine flights and jazz.

Men’s Night Mondays - 5 - 8 p.m. Enjoy drinks and pizza specials. Purchase two medium pepperoni or cheese pizzas from the Sunny Cafe for $21.

Trivia Tuesdays - 5 - 6 p.m.

Happy Hour Wednesdays - 5 - 7 p.m.

Top 10 Thursdays - 7 p.m. - 11 p.m.

Reggae Fridays 7 p.m. - 11 p.m.

Saturdays - Join in fun activities like game nights, karaoke and live music.

Legend has it that “we are not all on social media,” and it’s true. Sometimes getting the word out calls for a little old-school elbow grease. Send your upcoming event announcements to kwajaleinhourglass@dyn-intl.com.

GLOW WITH THE FLOW

OCEAN VIEW CLUB

SUNDAY, AUGUST 29
8 P.M. - MIDNIGHT
GLOW THE BEAT TO THE BEAT. WEAR BRIGHT CLOTHING AND ENJOY THE FLOW. FOR MORE, CONTACT MWR AT 5-3331.

The Kwajalein Hourglass
HUNGRY? GRAB DINNER WITH AAFES

AMERICAN EATERY
Saturday – closed
Monday 10 a.m. – 4 p.m.
Tuesday – Saturday
8 a.m. – 6 p.m.

BURGER KING
Sunday, 11 a.m. – 6 p.m.
Monday – Friday
11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.

ANTHONY’S PIZZA
Sunday, 11 a.m. – 6 p.m.
Monday – Friday
11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.

EXCHANGE
Sunday, 11 a.m. – 6 p.m.
Monday – Friday
11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.

SUBWAY
Sunday, 11 a.m. – 6 p.m.
Monday – Thursday
11 a.m. – 7 p.m.
Tuesday, 10 a.m. – 7 p.m.
Wednesday, 8 a.m. – 7 p.m.
Thursday, 10 a.m. – 7 p.m.
Friday, 10 a.m. – 7 p.m.
Saturday, 10 a.m. – 7 p.m.

SUNDAY SERVICE
The Island Memorial Chapel conference
Call 5-3505 for more information.
The Island Memorial Chapel
invites you to family movie night in
the main sanctuary Sunday, July
26 at 6:30 p.m. Not Dead 2. Everyone
is welcome to bring snacks and
drinks. Popcorn will be provided.
Yoga Faith will be suspended for
May 2021 due to new Yoga Faith dates.
NOTICES

Substance Recovery Group.
Please join this confidential, clinician-led group for support
to maintain sobriety until AA
resumes. Group meets upstairs
in room 202 at the Community Center Tuesday
nights at 6:30 p.m.

Ongoing Smoking and Tobacco Cessation.
Please call EAP at 5-5362 or make an appointment with a counselor.
Veterinary Services are now open.
Call 5-1701 to schedule an appointment during normal business
hours Tuesdays through Saturday.
Kwajalein School System offices are open from 8 a.m. to 4 p.m. July
29 through August 1.
Beginning August 4, office hours are 7:30 a.m. to 4:30 p.m. Please contact
Paul Uhren at uhrenp@kwajalein-school.com with KSS questions.

Double Elimination Softball Tournament through August 1.
A list of 16 teams may register for this. Sign up at the MWR Desk at the Grace Sherwood
Library in Building 805, and 5-3331 with questions or ask online at https://www.facebook.com/kwajaleinpolice.

The Ivey Gym will be closing on August 11, 2020 at 8 a.m. for main-
tenance and painting. The gym will reopen Aug. 18, 2020 at 8 a.m.

The community wants to hear from you. Send your comments and Classified Ads to The Kwajalein Hourglass. Submit ads and announcements Wednesdays by close of business to kwajaleinhourglass@dyn-intl.com.
Remember the three Rs of UXO:
- **Recognize** an item as possible Unexploded Ordnance.
- **Retreat** from the area of the UXO.
- **Report** suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information:
- Location (building #, GPS, landmarks, etc.; Size (compared to common items - football, scuba cylinder, etc.). Treat UXO like you would treat dangerous sea creatures. Look but do not touch.

For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

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**UXO REMINDER**

**PUBLIC SAFETY ANNOUNCEMENT**

**UXO REMINDER**

**CLASSIFIED/CRITICAL/SENSITIVE**

All visitors and residents on U.S. Army Garrison-Kwajalein Atoll must abide by applicable physical security regulations for island photography. Please contact an island security representative for more information about how you can do your part to take great pictures while supporting the mission of the U.S. Army.

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**HELP US PROTECT THE MISSION. ONCE A KWAJ RESIDENT, ALWAYS A KWAJ RESIDENT. OPSEC DOESN’T END WHEN YOU PCS. PLEASE THINK BEFORE YOU POST VIDEOS TO SOCIAL MEDIA.**

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**NOT SURE? DON’´T SHOOT.**

**HOBBIES SHOULDN’T COMPROMISE OPSEC.**

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**SWIM SAFELY THIS SUMMER**

Check out the maps below to reaquaint yourself with where it is okay to swim around Kwajalein and Roi-Namur. Forward any questions to USAG-KA Safety at 5-1442 or FMWR at 5-3400.

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**KWAJALEIN**
- The highlighted areas are the only unrestricted swimming areas at Kwajalein (Coral Sands, Camp Hamilton, Emon Beach and North Point).
- Rotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.

**ROI-NAMUR**
- The highlighted areas are the only unrestricted swimming areas at Roi-Namur (Areas 1, 2, 3, 6, 12 and 13).
- Rotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.

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**SWIM SAFELY THIS SUMMER**

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**ROI-NAMUR**
- The highlighted areas are the only unrestricted swimming areas at Roi-Namur (Areas 1, 2, 3, 6, 12 and 13).
- Flotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.

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**KWAJALEIN**
- The highlighted areas are the only unrestricted swimming areas at Kwajalein (Coral Sands, Camp Hamilton, Emon Beach and North Point).
- Rotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.

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**Help us protect the mission. Once a Kwaj resident, always a Kwaj resident. Opsec doesn’t end when you PCS. Please think before you post videos to social media.**

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**Not sure? Don’t shoot.**

**Hobbies shouldn’t compromise Opsec.**

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**Swim safely this summer**

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**UxO reminder**

**Public safety announcement**

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc.; Size (compared to common items - football, scuba cylinder, etc.). Treat UXO like you would treat dangerous sea creatures. Look but do not touch.

For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokkolok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.) Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am koiparok menin mour in lojet ko rekaauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.
United Airlines has confirmed reinstitution of the full Island Hopper flight schedule for two flights August 2020. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change. The flight schedule is as follows: August 24 UA 155 (eastbound to Honolulu); and August 25 US 154 (westbound to Guam). These flights are for outbound travel only. No passengers are authorized to disembark. For more information, please contact United Airlines reservations at 1-800-864-8331.

COCONOTES

Many of us are familiar with coconuts used as food and fuel—but a coconut pallet is a novel idea. As corporations around the world look for green solutions for production, some are relying on alternative materials for everything from construction to shipping. Then there’s CocoPallet, a company that produces shipping pallets from coconut waste. The shredded coconut husk materials used to make the pallets require no adhesive or chemical binders, and as biodegradable materials, the pallets require no nails to fasten individual pieces, according to the company website. Pallets by CocoPallet are said to withstand 3,000 kilograms of weight and are sturdy and biodegradable. Using coconut pallets cuts down on unnecessary waste and landfill issues by relying on trees for production rather than cutting them down. In the next few years, it might be possible to build a healthier future with coconuts in more ways than one.

Click the coconut to listen to CocoPallet’s Michiel Vos discuss alternative materials at the 2016 Hello Tomorrow Summit.