

U.S. ASSISTANCE TO THE REPUBLIC OF THE MARSHALL ISLANDS ON COVID-19

EXTERNAL REPORT

U.S. Embassy Majuro Press Release

The U.S. government continues to work closely with the government of the Republic of the Marshall Islands to prepare for and respond to the COVID-19 pandemic.

U.S. Embassy Majuro is closely coordinating with U.S. interagency partners including the U.S. Centers for Disease Control and Prevention, the Department of Health and Human Services, USAID, the Department of Interior and U.S. Indo-Pacific Command.

The U.S. response in the Pacific Island countries is currently prioritizing the U.S. Freely Associated States—the Federated States of Micronesia, Republic of the Marshall Islands and Republic of Palau—with whom we have a uniquely close relationship rooted in the Compacts of Free Association and longstanding public health programs.

Preparedness and Emergency Response: For many years, the U.S. Centers for Disease Control and Prevention has engaged with the RMI to develop and continuously refine emergency response plans. Now the lead agency on U.S. COVID-19 response, the CDC is in frequent communication with the RMI Ministry of Health and Human Services to determine needs and provide guidance and assistance.

The CDC also leads a weekly call with healthcare professionals in the U.S. Pacific territories and Freely Associated States. Currently, CDC is collaborating with World Health Organization colleagues and others in the region to help the FAS adapt and apply their existing national response plans for the current COVID-19 threat.

The CDC is providing technical assistance and developing additional funding options to support established regional mechanisms for infectious disease response.

Testing: The United States through the CDC is supporting COVID-19 testing for the FAS. In addition to the CDC's laboratory in Atlanta, Hawaii's state public health laboratory and the Guam Public Health Laboratory are now available to serve the COVID-19 testing needs of the FSM, RMI and Palau. The CDC is currently acting to supply additional test kits to support increased testing demands in Guam.

Supplemental Funding: The U.S. Department of Health and Human Services received a share of the U.S. government's recent \$8.3 billion supplemental funding package for coronavirus-related research and assistance.

The following amounts have been made available to the Pacific territories and FAS to support their response to COVID-19: American Samoa (\$370,246.50), Guam (\$479,431.80), Commonwealth of the Northern Mariana Islands (\$369,765.90), RMI (\$367,754.40), FSM (\$420,402.60), and Palau (\$336,793.50).

Personal Protective Equipment: The U.S. Freely Associated States are eligible to receive allocations of personal protective equipment from the strategic

national stockpile managed by HHS and Office of the Assistant Secretary for Preparedness and Response.

Donor Coordination: Embassy Majuro and U.S. interagency partners are coordinating with like-minded partners including Australia, New Zealand, Japan, and Taiwan, Pacific Islands Health Officers Association, and the WHO to address requests for personal protective equipment, medical supplies, testing, and technical assistance. The U.S. government has provided longstanding public health assistance to the people and government of the RMI.

The RMI came to terms with this reality early on and I have been impressed by their determination to protect the people here," said U.S. Ambassador Roxanne Cabral. "I would like to thank and commend all health professionals for their hard work and unwavering dedication to stop the spread of COVID-19 in the country, the United States, and around the world. We must all come together and fight this pandemic as one. The United States is proud to be a close partner and friend of the RMI and this assistance is another clear demonstration of our unwavering cooperation. Together, we promote peace, democracy, and prosperity for the RMI, the United States, and for the broader Indo-Pacific region. We will continue to stand by our Marshallese friends and neighbors in these challenging times."

For more information, please visit the U.S. Embassy Majuro online at https://mh.usembassy.gov/embassy/majuro/



THINGS ARE TAKING PLACE.

With multiple awareness month themes and COVID-19 social distancing, there is a lot going on this spring. It's not too late to submit pictures of your military kid to run in The Kwajalein Hourglass. For more, see page 12.





PREVENTION MONTH Strong and Thriving Families



THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the *Hourglass* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1.

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U.S. ARMY PHOTO BY JORDAN VINSON

Island employees sanitize incoming USAG-KA mail with a bleach and water solution.

SMELLS LIKE SAFETY: SANITIZING THE MAIL

BY JORDAN VINSON

It may look weird, but purple-gloved men hosing your mail down with a bleach solution is just what the doctor ordered.

According to the National Institute of Health, the COVID-19 virus can survive on cardboard up to 24 hours and on plastics and stainless steel for up to three days. That's why the garrison's Vector Control team has paired with the Kwajalein Post Office to sanitize all inbound mail coming to Kwajalein, Ebeye and Roi-Namur, until further notice.

It's a tedious, time consuming process that more than doubles the hours needed to take in, break apart, scan, sort and distribute the garrison's mail. But it's essential, said Joeseph Dacanay, Vector Control manager, as his team donned their personal protective equipment April 10 to tackle a fresh pallet of newly delivered mail pulled out of an Air Force C-17.

Using pressurized canisters and the help of Post Office staff, Vector Control team members sprayed a light mist of diluted bleach onto roughly 100 packages at a time. They then flipped the parcels over one-by-one and sprayed them again before postal clerks scanned in the packages and moved them into the building for sorting.

The whopping 16,000 pounds of mail that arrived aboard the C-17 was a tall order for the Post Office and Vector Control staff. But they persevered, pulled some overtime hours and opened the Post Office an extra day to distribute the bulk of that mountain of mail.

And for that, garrison residents were grateful.

"We play a major role on this island," said Isaac Larios, postal operations supervisor for Kwaj and Roi. "We are the reason people smile every day after work, when they get off at 4 o'clock. Because, if you're having a bad day, and you come by the post office, and you're seeing a care package from your mom or dad or family member, that is a morale boost."

So, next time you swing by to pick up your mail, pay no mind to your packages' funny smell. A little bleach goes a long way to keep the COVID-19 virus at bay in these trying times.

SATURDAY, APRIL 18, 2020 / VOLUME 61 NUMBER 16

ISLAND SCHOOLS AND YOUTH CENTERS TAKE SQUEAKY-CLEAN A STEP FURTHER

HOURGLASS REPORT

The Kwajalein School System and Child and Youth Services are adjusting their cleanliness standards per advisement from U.S. Army Medical Command and Installation Management Command in order to better serve children and youth given the current Health Protection Condition Level directed by the Department of Defense in

Read on for more information about the latest changes and improvements to practices and standards adopted by island youth and child programs.

Kwajalein School System

Soap and hand sanitizer are available at all classroom sinks. Additional hand sanitizer dispensers have been installed around both school campuses.

Teaching staff clean all frequently touched reas, including desks and tables, after students are released for lunch.

Custodial staff have taken extra precautions in the past weeks to maintain a clean learning environment. An additional crew cleans all frequently touched areas after school with a 10-to-one solution of water and bleach. During cleaning, custodial staff use gloves and cleaning cloths that are replaced often.

These procedures will continue as long as necessary to keep students safe from any possible COVID-19 contamination.

Child and Youth Services

At Kwajalein Child and Youth Services, the staff maintains high standards for cleanliness at all their island facilities to help ensure the wellbeing of registered child participants, according to CYS Coordinator Dr. Stephanie McCutcheon.

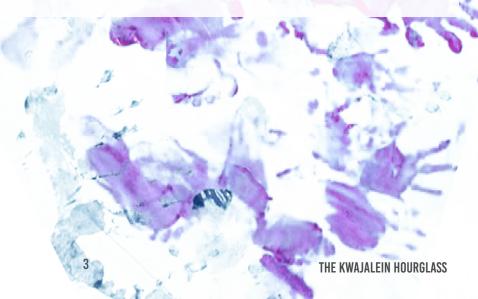
This has allowed CYS to contin-

ue operating as normal. Hygiene is incorporated into each's day's lessons. Upon entering the CYS facility and during activity transitions, students are asked to wash their hands. High-traffic areas in CYS classrooms are bleached daily, and toys and high-touch objects undergo weekly deep-cleanings.

CYS exclusionary health criteria remain the same. If a child or youth has a fever of 101 degrees, they must remain at home and cannot return until the fever has been absent for a complete 24 hours without use of fever-reducing medication.

CYS and staff are also following precautions advised by AMC, IMCOM and USAG-KA.

- 1. Hand sanitizer is accessible for adults in Central Registration. Visitors are encouraged at check-in to use sanitizer before continuing to their child's classroom.
- 2. In the past, family-style dining activities at CYS have allowed teachers to instruct students in the acts of sharing, patience and teamwork. For the time being, the family-style dining plan will be restricted to teachers serving plates to reduce germ exposure.
- 3. CYS children also are no longer brushing teeth at the center. Toothbrushes and toothpaste were sent home.
- 4. Dress up clothes and plush toys that are required to be laundered will be removed temporarily.
- 5. The distance between napping children will increase from the standard three to six feet from each other for social distancing.
- 6. Additional carpet and floor cleaning has also been completed.





U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

ISLAND TEAMS CONDUCT COVID-19 RESPONSE DRILL

BY JESSICA DAMBRUCH

You must be wondering about the golf cart driver on Ocean Road this week wearing a face mask and biohazard suit. If you missed him, here's a recap of how he got there.

This week, with help from visiting dignitaries from the U.S. Embassy Majuro and the Republic of the Marshall Islands government, U.S. Army Garrison-Kwajalein Atoll practiced a COVID-19 response drill with support from its LOGCAP partners. The goal was to perform the steps in a scenario in which island personnel prevent a COVID-19 threat and take preventative measures.

In the scenario, three persons under active surveillance were confined in quarantine on Lagoon Road after arriving from Majuro April 15 at Bucholz Army Airfield. They were met by personnel from Vector Control, Kwajalein Hospital and Alutiiq Security and Access Control.

Members of the visiting delegations assumed the roles of PUAS for the drill. The visitors sanitized their hands and donned protective coverings before receiving medical and security screenings and transportation to quarantine.

The remaining visitors, prominent advocates of RMI healthcare, observed the drill and followed their colleagues to the quarantine house: U.S. Ambassador to the Republic of the Marshall Islands Roxanne Cabral; RMI Ministry of Health and Human Services Secretary Jack Nieden-

thal; MOHHS Deputy Secretary Mailynn Konelios; Seaport Port Authority General Manager Thomas Maddison; RMI Dr. Aina Garstang and Dr. Frank Underwood; U.S. Department of the Interior Fred Nysta; and Kwajalein Atoll Senator David Paul.

The threat of COVID-19 has led to unprecedented teamwork throughout the atoll community to prevent the spread of the virus. With no known active cases in the RMI, the garrison continues planning for the unexpected.

If the visitors were actual persons under active surveillance or persons under investigation, they would remain under surveillance until such time as their departure was medically approved and permitted by Col. Jeremy Bartel, US-AG-KA commander.

"We have community health first and foremost in our hearts," said Command Sgt. Maj. Kenyatta Gaskins of the effort. "We are definitely planning for the worst, but we are hoping for the best."

Quarantine Road

The route from the airfield took the visitors from Ocean Road through the sunny back reaches of Old Navy Housing. It's one of many neighborhoods in which USAG-KA Directorate of Public Works has identified domiciles to serve as quarantine houses, said Gaskins. Four of those units stand ready on Lagoon Road. The rooms are spacious and spare, with minimal furnishings and instruction cards printed in English and Marshallese. The

entire delegation fit comfortably—at a distance—inside the living room. A large "comfort package" of basic toiletries and housing items funded with money authorized by USAG-KA Command and Kwajalein's Army Contracting Officer, rests on each bed.

For Scott Masingill, LOGCAP Quality, Environment, Safety and Health director, these small details matter. The simple fact of a comfort package toothbrush at the ready means fine details and specific needs are visible in USAG-KA's big-picture response plans.

"Those [visitors] that would potentially be passing through may or may not have basic amenities for an unanticipated stop," Masingill said.

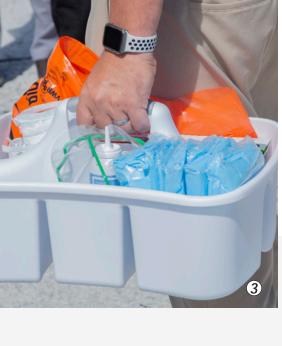
During the post-drill briefing, LOG-CAP personnel shared QESH-developed quarantine plans that were developed to address and refine the process for everything from meal delivery, to cleaning and waste disposal at quarantine homes, to the decontamination of PUI and PUAS transport vehicles. DI has also incorporated USAG-KA DPW's quarantine response plan into the overall quarantine plan for the task order to ensure key teammates work off the same "playbook."

One of these teammates is Vector Control manager Joseph Dacanay, the man in the biohazard suit and the first in the scenario to approach the drill's PUAS participants and distribute protective

Kwajalein Hospital input has been







integral in the quarantine planning process, Masingill said. Following the exercise, delegation members toured the hospital to view its facilities firsthand and to talk with the administrative team.

Steve Kass, Kwajalein Hospital senior administrator. "We are always practicing an abundance of caution when interacting with anyone from outside the RMI. The science surrounding COVID-19 is changing regularly, and we are in the fortunate position to be able to modify our processes to engage best practices and lessons learned from our colleagues around the world."

Practice Makes Progress

For Gaskins, the drill scenario leader, successful containment of a COVID-19 event will be the product of months of teamwork and practice with subject matter experts and island personnel.

'We are all in this together," said Gaskins. "If it gets to one island, it will spread. We have to help protect our neighbors in the RMI."

Masingill credits USAG-KA Command for uniting the garrison community.

'Command was the driving force behind bringing the community together to look downrange and proactively prepare for the protection of our RMI community, military and civilian contractors," he said.

Kevin Guidry, Food Service Operations manager, believes that by staying focused on people and safety, it will be possible to overcome the challenges ahead.

'I feel very confident in our ability to handle such a crisis if it should ever arrive," said Guidry. "The main thing is to take every precaution needed to protect one another if there is a situation.

The Road Ahead

The threat still seems far away. Coordinated efforts to prevent a major health disaster will aid atoll communities in the event of an outbreak. RMI restrictions on ports and air travel have held fast since early March. To date, there are currently zero known cases of COVID-19 in the RMI.

For now, USAG-KA Command works to prepare for various scenarios and fully expects the unexpected. Gaskins has no illusions about the danger COVID-19 poses to the Marshall Islands.

"It's not a matter of if COVID-19 arrives," Gaskins said, "it's a matter of when. We are preparing for when."



1) Joseph Dacanay, Vector Control manager, talks with Scott Masingill, LOGCAP Quality, Environment, Safety and Health director. 2) Kwajalein Hospital Senior Administrator Steven Kass checks out instructions at the quarantine house in English and Marshallese. 3) A portable container of personal protective equipment is ready for drill members to use. 4) Kwajalein Hospital Deputy Administrator Shana Darrah checks the temperature for Seaport Port Authority General Manager Thomas Maddison during the live COVID-19 drill April 15 on U.S. Army Garrison-Kwajalein Atoll. Using her dental hygiene credentials, Darrah acted as a healthcare provider during the drill.





BY JESSICA DAMBRUCH

It was a weekend of rainbows, egg hunts and challenges as religious communities and families worldwide tried nontraditional approaches to celebrate the Easter holiday. Kwajalein was no exception. With a little ingenuity, MWR and Community Activities coordinated fun events for families to enjoy at a distance.

INSET: Katie Potts checks out the prizes she's gathered on the field. 1) Pictured here, a lone figure strides past athletic fields full of Easter eggs. Multiple fields, with candies and prizes, were spread far apart to ensure that children could egg hunt at a recommended distance. 2) The leprechauns have got it all wrong: There is definitely an Easter Bunny at the end of the rainbow. 3) The cross from the Is-

land Memorial Chapel is erected at Emon Beach for the Sunrise Service. A rainbow broke through the clouds after the service to make for a fantastic photo opportunity. 4) A close-up of the egg hunting fields reveals how MWR helped Kwaj kids "go the distance" for this year's egg hunt. We're not sure, but it's possible MWR might turn Easter into a field fitness event in the future.





INSET: A sign posted at the MWR Easter Egg Hunt encourages kids to continue their hunt for prizes. The event was spread out over Kwajalein's spacious Brandon Field to ensure that social distancing was practiced. 1) The Island Memorial Chapel held the annual Easter Sunrise Service at Emon Beach. The Kwaj community joined together to hear a special guest sermon delivered by Ebeye missionary Michael Diaz. Attendees had their choice

of seating beneath large, shaded tents and the main pavilion to practice social distancing. A potluck meal followed, served by members of U.S. Naval Mobile Construction Battalion 5. 2) Mark Charles Battise spotted this giant egg right away. 3) Emeri Gerber, left, and her mother Mindi, visit together at the egg hunt. 4) Solomon Howe displays a mega-haul of Easter loot. 5) Brendan Nolan inflates a balloon from his postegg hunt bucket.



RiKatak students and their exchange program guests from Ebeye Public School enjoy a day together to build friendships at Kwajalein Jr.-Sr. High School in early March 2020.

RIKATAK STUDENT EXCHANGE BUILDS STUDENT FRIENDSHIPS

COMMUNITY CONNECTION

By Jacilynn Nam and Iolani Anjolok, students of the Kwajalein School System Ri-Katak Student Program

The RiKatak student exchange program took place March 11 at Kwajalein Junior Senior High School. We invited students from Kwajalein Atoll High School and Ebeye Public Middle School to experience what a day in the life of a RiKatak student is like.

We invited 23 students and three chaperones to accompany us that day. The number of students was based on the number of RiKatak students from each grade level. Unlike other school days, we all decided to ride the 6:45 a.m. boat to ensure that all students were present. Our guests were processed through the DSC and escorted to the Davye Davis Multi-Purpose Room to have breakfast provided by National Honor Society members.

We then got partners to attend our classes. Each RiKatak student was assigned a partner based on grade level. After breakfast, we chatted with our partners to get to know them better and went about our morning schedules. It was an interesting morning to say the least.

In between classes, you heard one person ask, "Has anyone seen my partner," while running down the stairs. Then another person would come running out of the bathroom asking the same thing, but in Marshallese. You could hear some students calling their partners' names, some explaining where to go next, and some just laughing at how the scene unfolded.

Everything went smoothly from then on.

For lunch, we gathered at the MP Room and had baked spaghetti, garlic bread, cookies and fruit that we prepared the day before. Everyone was getting along well and seemed comfortable with each other.

After eating, we all gathered together to take a group photo. RiKatak student Litokne Kabua stepped up and said a few words of encouragement to our guests. He explained how important it is to create strong relationships with one another as kids who come from the same island and share the same ethnicity.

He said, "Bokedrikdrik Lokwojwojmaal."

It basically means that something small will grow over time into something more significant.

Kabua explained how this small event is something bigger to all of us in a beneficial way. We will grow to be united leaders of our nation in the future. We ended lunch on a good note and went through our afternoon classes. Next, our guests had the chance to experience class meetings during the last period of the day. When school ended, we all went to the CRC and played basketball, volleyball and Marshallese dodgeball.

At the end of our eventful day, Dave Bobo, a senior student representative from Kwajalein Atoll High School gave us a moving speech thanking us on behalf of everyone at both schools and spoke of plans to complete the exchange program by inviting us in the future.

We look forward to visiting our new friends and hope to continue building positive and progressive relationships in the upcoming years.

Although this meaningful event went

smoothly, there were multiple challenges to overcome. Some of the most challenging parts of rebooting this program were putting the program proposal together in a short amount of time, asking for logistical help from different departments and persuading the Command Team of U.S. Army Garrison-Kwajalein Atoll to accept the proposal. It is our goal to continue shifting perspectives of our communities on Ebeye and on Kwajalein in understanding what RiKatak students may experience being in two different environments. Being in both environments demands and requires RiKatak students to have a broader understanding when it comes to navigating cultural identity as there are certain expectations they have to meet in both places.

Thank you to the USAG-KA Command team for listening and approving our proposal and our guests and staff from Kwajalein Atoll High School and Ebeye Public Middle School for accepting our invitation to participate in the exchange program.

We also thank the Kwajalein Automotive Department for providing extra transportation; the Marine Department for providing logistics information for the ferry boat; and, the USAG-KA Host Nations Office and PMO for coordinating the sponsorship of our guests.

Thank you to Lee Davis, for allowing the use of space in the CRC; Rebecca Hiller, for providing sports equipment; Alberto Pandya from AFN TV, and Jessica Dambruch from *The Kwajalein Hourglass* for event coverage and interviews; the Management team from Surfway for helping us purchase essential ingredients; the Kwajalein Junior Senior High School Department Chair and all staff who helped welcome our guests and the National Honor Society for making us delicious break-

Finally, Masina McCollum and Tarah Yurochak for starting the original RiKatak exchange program and still supporting Ri-Katak students in rebooting this program.

KWAJ TEEN WINS ASIA-PACIFIC MILITARY YOUTH OF THE YEAR

BY JESSICA DAMBRUCH

Each year the Boys and Girls Club of America seeks to recognize outstanding youth in a tiered scholarship competition. This year a winner was chosen from U.S. Army Garrison-Kwajalein Atoll.

Alyssa England was named Military Youth of the Year on April 10 for the Asia-Pacific Region after competing virtually before a panel of judges from U.S. military installations. Due to Covid-19 restrictions, England participated in the competition for Military Youth of the Year online via Zoom.

"I sat there in shock for a couple of seconds before I could say anything," said England of her achievement. "I was really excited. I can't wait to take the next step."

England competed against youth from every military installation in the region to achieve the honor. She was inspired to strive for the distinction after becoming more involved in island youth leadership opportunities like the Pacific Teen Panel and Boys and Girls Club of America.

"This is something I really wanted to do because I could make a difference," said England. A rising senior at Kwajalein High School, England has worked to increase student participation and interest in the Namo Weto Youth Center by expanding programs and making the center feel like a more welcoming, vibrant facility for all junior and senior high school students.

"We've seen change happen," England

said. "The numbers here have grown and the variety of people coming to the teen center is changing. There are more program opportunities to grow as a person."

One of those opportunities is Smart Girls, a health and wellness workshop for young women, and Smart Moves, a program aimed at junior high students to help them navigate challenging life questions.

"She demonstrated poise, maturity and a commitment to service leader-ship," reported Child and Youth Services Coordinator Dr. Stephanie McCutcheon of England in a report to USAG-KA Command. "She is an exemplary ambassador for youth on Kwajalein and beyond."

England is recognized amongst her peers as a mentor, leader, volunteer and spokesperson for the teen community. Her involvement with BCGA's Keystone Club has helped her develop public speaking and organizational skills through club service work.

England will compete in August in the Overseas Regional competition, and she's considering a future career in physical therapy that might start with U.S. Navy NROTC. While she considers her options, she stays busy helping Kwaj teens connect to their community through the Youth Center.

To give center patrons more options for social gatherings and cooking skills classes, she'd like to get a three-basin sink installed. She also reports that Keystone Club members will begin mentor-



ing the Torch Club, a BCGA offering for junior high school, and she wants to help connect interested students to leader-ship opportunities and extend participation to younger teens.

England leads by example, but she understands that leadership is a team project. She has worked with mentors and team members from CYS including Andrew Rawls, former Youth Center lead; Sam Partain, Youth Sports lead; and Linda Webb, Youth director, who have guided her personal leadership development.

"Leadership means not leading people in one task but encouraging them to find out why they want to do it," said England. "They have to want to do it. When you want to encourage a group to accomplish a common goal or task, you can tell them how to do it. But if you take all their ideas into consideration and say, 'Okay, how can we do this with all of the different strategies,' it gets them excited about the task. If everyone doesn't want to do it, it won't work. They have to be excited about it. You want to get them to find the leader within themselves."

KWAJALEIN YACHT CLUB SUNFISH REGATTA

Sunday, April 19 12:30—5:30 p.m.

Life is better on a boat-especially when you know what you're doing. Come on down to the Kwajalein Yacht Club Sunday, April 19 for an afternoon regatta and watch Kwaj's sailing enthusiasts show their stuff. You'll also have the chance to hop in a sunfish or a hobie cat for a ride through the lagoon with a pro. This event is free and open to the public.



COME SEE A MOVIE UNDER THE STARS

ISLAND-STYLE THEATER APRIL 25 AND 26

Star Wars: ne Rise of Skywalker April 25 7:15 p.m.

Onward
April 26
7:15 p.m.
at Emon Beach

For more information, please contact MWR at 5-3331.









COMMUNITY CONNECTION / LIZ NOLAN

When we look back through history, female composers have stood alongside their male counterparts with equal ability and creativity, while navigating their assigned "station" or position in life. Over the next few weeks we will examine some female composers who have had a profound influence on the history and development of music through the ages.

In the 19th century, the middle class began to thrive in Europe. So, too, did the piano. The instrument gained widespread popularity due to its accessibility to the general public. Society was more focused on the home, with many people entertaining and holding intimate musical gatherings. German art song, known as "Lieder," developed and spread to France where it morphed into a unique song style known as French Mélodie. The names of Schubert, Brahms, and Schumann were synonymous with both piano and vocal works, but one of the most understated composers of the time was Clara (Wieck) Schumann (1819 -1896). A child prodigy who became a distinguished and highly sought-after concert pianist, Clara Schumann composed both instrumental and vocal works, one of her most famous being "Sechs Lieder Op. 13," a song cycle comprised of six short pieces.

Clara was the daughter of Friedrich Wieck, composer Robert Schumann's piano tutor. Following her marriage to Schumann, she continued to perform grueling concert tours. Robert was a highly successful pianist, composer and music critic and both he and Clara were a formidable musical couple. Eventually due to family commitments and time constraints, her compositional work began to diminish. The Schumanns had eight children together. When Robert became ill and was institutionalized. Clara became the sole bread winner, performing and gaining renown as a piano teacher. Following Robert's death, she continued her concert tours and teaching piano to the next generation of female pianists and composers. Clara never wavered from her devotion to her Robert, editing the publication of his music, and continuing to promote and perform his works until her death in 1896.

The United States also shares in the history of unsung female composers. Moving from Germany to the United States, pianist and composer, Amy Beach (1867 - 1944) forged a name for herself as one of the most successful composers of her generation. Beach had a list of "firsts" attached to her name. She was the first successful female composer of a symphonic work, with her "Gaelic Symphony" being performed by the Boston Symphony Orchestra in 1896. She was the first female composer to have her work performed by the esteemed "Handel and Haydn Society Orchestra." During this period, many American composers travelled to Europe for musical training. Beach was one of the first successful composers who had not received any musical tuition in Europe. Instead, she had been trained solely in the U.S.

Beach made her professional concert debut at age 16 performing music by Chopin. Two years later, Beach was married. Her husband was highly controlling of her musical career, ensuring that she lived according to his wishes and societal status. She agreed to never teach piano, limited her public performances and didn't hire any private tutors. This caused Beach to self-teach, which developed her abilities in composing. During this period, music was considered a male career. For women, it was simply deemed an amusement. Two years after the death of Beach's husband in 1910, she re-dedicated her life to the study of music, eventually devoting her life to music education. She leaves a legacy of instrumental works and beautiful songs such as "Chanson D'amour," "Take, o Take those Lips Away," and many others. Beach became the most acclaimed woman composer of her era. Her music is still prized and performed to this day.



Clara Schumann https://youtu.be/xhDFHqOLgeQ



Amy Beach https://youtu.be/VmLU1CfHcJw









1) Girl Scout Troop 801 ambassadors Maegan Aljure, left, and Katie O'Rourke earn their First Aid badge in March with support from Devon Jones and James Ezekiel of the Kwajalein Fire Department. The badge focuses on careers in extreme conditions and how to care for and move a critically injured person. 2) In this March photo, Kwajalein School System Administrator Susan Davis and the new mascot for George Seitz Elementary School visit together at the school office. Students will vote on the name for the dolphin this month. 3) Solomon Howe goes after a prize during the MWR Easter Egg Hunt. 4) Maria Sadowski tries out a giant punching balloon from the MWR Easter Egg Hunt. 5) Kwaj dogs make for great entertainment during the windy season. Pictured here is an artistic view of former island pooch Khaleesi, from the 2017 April Fools' Day edition of The Kwajalein Hourglass.

The U.S. Army has delayed Month of the Military Child until September due to COVID-19. To participate in this worldwide celebration, the MOMC carnival on Kwaj will also be postponed. Date and time are to be determined. Purple Up Day on April 24 and all other CYS program events for MOMC will continue as scheduled this month. Thank you, military families!



USAG-KA CELEBRATES MONTH OF THE MILITARY CHILD

EXTERNAL REPOR

April is **designated** as the Month of the Military Child, underscoring the important role military children play in the community of the U.S. Armed Forces.

Sponsored by the Department of Defense Military Community and Family Policy, the Month of the Military Child is a time to applaud military families and their children for the daily sacrifices they make and the challenges they overcome.

The Month of the Military Child is part of the legacy of former Defense Secretary and WWII veteran Caspar Weinberger who established the April theme to commemorate the role military kids play in the families of U.S. servicemembers.

DoDEA joins the Department of Defense and the military community in celebrating April as the Month of the Military Child.

In DoDEA communities around the world, our most essential strategic imperatives are: establishing an educational system that progressively builds the college and career readiness of all DoDEA students; and establishing the organizational capacity to operate more effectively and efficiently as a model, unified school system.

We aim to challenge each student to maximize his or her potential and to excel academically, socially, emotionally and physically for life, college and career readiness.

PURPLE UP for military kia

Learn more about how you can celebrate the Month of the Military Child at https:// www.dodea.edu/dodeaCelebrates/Military-Child-Month.cfm



April is the Month of the Military Child. If you are an active duty service member or military veteran with children residing on Kwajalein, submit a photo of your Kwaj kid(s) to The Kwajalein Hourglass newspaper to be published in a special tribute to our military children and their support of their parents' service.

Please include the child's name, age, school grade and the parent's military branch, rank and years of service. Send photos and information to kwajaleinhourglass@dyn-intl.com by April 21 to be included.

For more information, visit the official USAG-KA Facebook page or call the USAG-KA Public Affairs Office at 5-4848.



Want to learn more about former Defense Secretary Caspar Weinberger and the Month of the Military Child? Check out https://www.dodea.edu/dodeaCelebrates/Military-Child-Month.cfm to learn about how the month is celebrated around the world. Call Central Registration at 5-2158 and check out the USAG-KA CYS Spotlight for more information on Kwaj MOMC events.



CYS APRIL SPOTLIGHT



U.S. ARMY GARRISON-KWAJALEIN ATOLL CHILD AND YOUTH SERVICES



CYS Needs You!

Want to help coach for CYS? Contact Central Registration at 5-2158 for how to become a registered volunteer.

Child Development Center STEAM Afternoons

Join the CDC as we explore science, technology, engineering, art and mathematics.

- Tuesdays-Swimming at Millican Family Pool, 1 p.m.
- Wednesdays-Functional Fitness at 1 p.m.
- Saturdays-Reading Buddies with Ms. Crump's third grade class, 2:10 p.m. STEAM- Swimming at the Pool will be on Tuesday afternoons.
- Yoga on the patio will be on April

Upcoming CDC Events

Start Smart Sports. Fitness is fun in this program for children aged 3-5 years.

Tumbling. Inquire at Central Registration about program care openings. Season runs now through May 27.

Baru Classroom Special Reminders

Saturdays are Water Play Days. Please send your child with swim clothes, a swim diaper (if needed), a towel, and dry clothes.

Special Events

April is Month of the Military Child

April 18 – Music Saturday April 24- Wear Purple for Month of the Military Child

School-Age Care

Mentor Program

Meets daily 7-8:30 a.m.

Teamwork is the highlight of this fun, new program, as School-Age Care kids mentor the CDC "littles" in fun projects and activities.

Open Rec

This free fitness program for K-6 students meets first and third Saturdays from 4:30-6:30 p.m.

Drama with 4-H Program

Join us as we get into creative theatrics and acting onstage. Please register at Central Registration.

Functional Fitness—Join this free physical exercise program. Meets Wednesdays from 2:30-3 p.m.

CYS Sports

Inner Tube Water Polo season runs now to May 2.

Special Events at SAC

April is the Month of the Military Child April 26- 3rd Annual MOMC Family Carnival 1-3 p.m.

April 29- 4-H Drama Celebration of Learning

Daily Focus

Let SAC help you foster your child's growing talents and interests with our special one-day activity programming: Art Tuesdays; STEM Thursdays; Recreation Fridays; Character & Leadership Development Saturdays

Namo Weto Youth Center April 26—Drama Club, 4 p.m.

April 26—Drama Club, 4 p.m. **Tuesdays**—Keystone Club at 11:30 a.m. **Wednesdays**—Smart Girls at 4 p.m. **Thursdays**—Trivia Night at 8 p.m. **Saturdays**—Keystone, Torch Club Officers meetings at 4 p.m.

Special Events at Namo Weto Youth Center

Extreme Dodgeball- Register now in Central Registration- Season runs now through May 1.

Movies

April 19- The Boy Who Harnessed the Wind April 26- October Sky

Parents' Corner

Special Note

Many CYS programs require preregistration. If you have questions or would like to learn more about registering your child or volunteer opportunities with CYS, please contact Central Registration at 5-2158.

New Hours of Operation for CYS Programs

The new hours of operation for 4-H are 4:30 to 5:30 p.m. The new hours of operation for Open Rec are 3:30-5:30 p.m. The Namo Weto Youth Center will now be open during the following days and times: Monday- Closed; Tuesday- Outdoor Recreation from 3:15-4:15 p.m. only; Wednesday- 2-9p.m.; Thursday- 3-9 p.m.; Friday- 3-9 p.m.; Saturday- 3-9:30 p.m.; Sunday-1-9:30 p.m.

Teachers' Note

Unless otherwise indicated, all programs for the Namo Weto Youth Center start or meet at the Center. Dates and times for events are subject to change. Please check in at your CYS location for the latest information.



Visit USAG-KA CYS on Face-book for more pictures and information about our events and programs. https://www.facebook.com/USAGKACYS/



MWR MOVIES

All movies begin at 7:30 p.m.

KWAJ YUK THEATER

April 18 "Annabelle Comes Home" (R) 106 min.

> April 19 "The Predator" (R) 107 min.

Monday, April 20 "A Quiet Place" (PG-13) 90 min.

April 25 7:15 p.m. at Emon Beach "Star Wars: The Rise of Skywalker" (PG-13) 142 min.

Sunday, April 26 7:15 p.m. at Emon Beach "Onward" (PG) 102 min.

April 27 "Indivisible" (PG-13) 119 min.

ROI TRADEWINDS THEATER

April 18
"Abominable"
(PG) 97 min.

April 19
"Ready Player One"
(PG-13) 140 min.

April 25 "Annabelle Comes Home" (R) 106 min.

> April 26 "The Predator" (R) 107 min.

For more information or questions about the movies, please contact MWR at 5-3331.

READ UP ON THE BIG PICTURE WITH JOHNS HOPKINS UNIVERSITY

The global outlook for COVID-19, the novel coronavirus, is constantly changing. To help keep you stay informed, we'd like to share a live map of COVID-19 global cases published by the Johns Hopkins University Center for Systems Science and Engineering. The map is a tool to help travelers and researchers understand the spread and containment of the virus around the globe.

Click the logo to the right, or visit https://systems.jhu.edu/research/pub-lic-health/ncov/ to view the map.



RMI MINISTRY OF HEALTH AND HUMAN SERVICES UPDATED INTERIM HEALTH TRAVEL ADVISORY & RESTRICTIONS ISSUANCE 11: AS OF 2 APRIL 2020

REPUBLIC OF THE MARSHALL ISLANDS
OFFICE OF THE SECRETARY
MINISTRY OF HEALTH AND HUMAN SERVICES
P.O. Box 16 ~ Majuro ~ Marshall Islands ~ 96960
Tel. No. (692) 625-5327 Email: sechhs.rmi@gmail.com

REPUBLIC OF MARSHALL ISLANDS 2019 NOVEL CORONAVIRUS (COVID-19) UPDATED INTERIM HEALTH TRAVEL ADVISORY & RESTRICTIONS ISSUANCE 11: As of 2 April 2020

(Subject to regular review, as required)

On 30 January 2020, World Health Organization declared the current novel coronavirus (COVID-19) outbreak a Public Health Emergency of International Concern (PHEIC). The virus was first detected in Wuhan city, Hubei Province, PRC, and subsequently cases of COVID-19 have been detected in **203 countries and territories.**

The new virus is a coronavirus, which is a family of viruses that include the common cold, and viruses that cause severe respiratory infections. The virus can be transmitted from person to person, similar to other influenza viruses.

In response to the declaration of PHEIC, the Republic of Marshall Islands' (RMI) former COVID-19 travel advisories and restrictions (Issuance 1: 24 January 2020, Issuance 2: 31 January 2020 and Proclamation declaring State of Emergency dated 7 February 2020, Issuance 3: 13 February 2020, Issuance 4: 26 February 2020, Issuance 5: 25 February 2020, Issuance 6: 3 March 2020, Issuance 7: 5 March 2020, Issuance 8: 7 March 2020, Issuance 9: 8 March 2020, Issuance 10: 17 March 2020) have been reviewed and updated as of 31 March 2020 (Issuance 11) with the following interim inbound and outbound travel restrictions for all visitors to RMI. Because COVID-19 is a national threat these requirements will come into effect immediately.

- An extension of the <u>total suspension of international travelers coming into the RMI</u> via air travel until <u>May 5, 2020</u>. All aircraft that need to land in the RMI for refueling purposes must adhere to the National Disaster Committee approved Amata Kabua International Airport Standard Operating Procedures (SOP). Periodic spot checks will be conducted on airport ground crew handling aircraft in the RMI. Ground crew not adhering to the strict no human-to-human contact protocols will be subject to immediate quarantine.
- Suspension of all domestic passenger air travel between Kwajalein and Majuro on international airlines. Air travel between Kwajalein and Majuro on Air Marshalls is still permitted.
- All cruise ships and yachts at this time are suspended from visiting the RMI until further notice.

- Fishing vessels that transited through or departed from COVID-19 infected countries are temporarily suspended from entering the RMI ports until further notice. All fishing vessels exempted by MOHHS, RMI Ports Authority, MIMRA and RMI Immigration are strictly required to spend 14 days at sea prior to entry and must adhere to the National Disaster Committee approved Standard Operating Procedures-Maritime (SOP). Human-to-human contact is strictly prohibited.
- To make sure that we can continue to allow food and supplies to enter the country, all **container vessels and fuel tankers** are exempt but are strictly required to spend <u>14 days</u> outside of the RMI after departure and prior to arrival at the RMI Pilot Station. All container vessels and fuel tankers must adhere to the National Disaster Committee approved Standard Operating Procedures-Maritime (SOP). Human-to-human contact is strictly prohibited.
- Citizens and residents of the RMI with plans to travel abroad are <u>strongly advised</u> to consider postponing their travel arrangements. If travel arrangements cannot be postponed, individuals should be aware that they may be subject to restrictions on reentering the RMI.
- All GRMI officials, including elected officials, SOEs and auxiliary bodies, are required to suspend all international trips paid for by the GRMI or sponsored by outside agencies or organizations with the exception of patients approved by the RMI Medical Referral Committee.
- RMI Residents and Citizens who are planning to attend missions, conferences, trainings and group trips held outside of the RMI are <u>strongly advised</u> to postpone their travel until further notice.
- The Chief Secretary, as the head of the National Disaster Committee, together with the Secretary of Health and Human Services, based on recommendations from the RMI Public Health division and the National Disaster Committee, reserve the right to make exceptions to any of the above restrictions to allow for essential services. All safety protocols developed by the Ministry of Health and Human Services in compliance with WHO and CDC guidelines will be followed in these instances.

These are interim travel restrictions, which have been introduced by the Government of the RMI as part of current health emergency preparedness measures for COVID-19. These restrictions will be reviewed and updated as needed and communicated to the public.

Jack Niedenthal

Jack Niedenthal Republic of the Marshall Islands Secretary of Health & Human Services **April 2, 2020**



ALPHA LIMITED

Community transmission beginning

MODERATE Increased community

transmission

SUBSTANTIAL
Sustained community
transmission

CHARLIE

DELTA SEVERE

despread community

UNDERSTANDING HEALTH PROTECTION CONDITION LEVELS

PUBLIC SAFETY ANNOUNCEMENT

By The Army Public Health Center

The Department of Defense Instruction 6200.03 "Public Health Emergency Management Within the DoD," and supplements, provides military commanders with policy applicable to the COVID-19 outbreak. Commanders review and update the health protection condition based on the risk level in the local community and in cooperation with local, state, or host nation guidance.

Commanders and public health personnel use HPCON levels to guide specific actions you can take in response to a health threat.

While it's always important to prevent the spread of germs, there are additional steps you can take if COVID-19 transmission becomes more widespread in your community.

This page lists potential actions that may be indicated as a result of COVID-19. Regardless of the current HPCON level, always follow the guidance from your installation and local public health agencies.

O ROUTINE: No community transmission

Take everyday actions to stop the spread of germs:

- Avoid close contact with people who are sick.
- Wash hands often and for at least 20 seconds with soap and water.
- Cover your coughs.
- Sneeze with a tissue and throw the tissue in the trash; cough/sneeze into your elbow if tissues are unavailable.
- Avoid touching your eyes, nose and mouth.
- Ensure all immunizations are up to date, including seasonal flu shots.
- Stay home if you are sick.
- Avoid close contact with family members and pets.

ALPHA LIMITED: Community transmission beginning

Continue all previous actions and: Routinely clean and disinfect frequently touched objects and surfaces.

If you are sick, call your medical provider for instructions on receiving care before going to the clinic

Stay informed by routinely checking reliable sources of information such as the Centers for Disease Control and Prevention (CDC) and your local public health agencies.

BRAVO MODERATE: Increased community transmission

Continue all previous actions and:

- Avoid unnecessary contact with others, such as shaking hands and hugging.
- Avoid unnecessary travel, especially to areas known to be experiencing active disease transmission.
- Ensure supplies of food, medication, and other items needed for babies and pets are available to last at least 14 days.
- Prepare for travel restrictions and cancellation of public gatherings, such as school, religious, and other community activities; make alternative arrangements for childcare.
- Observe local guidance on movement restrictions and access requirements for military installations.
- Seek guidance from employers and unit leaders about changes to work practices (e.g., telework) and training events.
- Comply with medical orders for self-isolation or quarantine.

CHARLIE SUBSTANTIAL: Sustained community transmission

Continue taking all previous actions and:

- Expect cancellation of in-person gatherings (e.g., schools, daycare, all community activities) and restricted ability to travel.
- Plan activities for Family members, especially children, in case you are restricted to your home for prolonged periods of time.
- Prepare for the potential of limited access to supplies and services, including severely restricted access to military installations.
- Implement remote work procedures as directed by your employer.
- If outside the United States, authorized or ordered departure actions may be implemented.

DELTA SEVERE: Widespread community transmission

Continue taking all previous actions and:

- Expect to remain at home for extended periods of time as movement in the community may be restricted.
- Expect that home isolation or quarantine may be directed.
- Follow all directives and guidance from local, state and Federal authorities. These actions are to protect the health and safety of you and your Family.



UNITED AIRLINES' KWAJALEIN TO MAJURO DOMESTIC FLIGHT IS SUSPENDED.

Passengers traveling to Majuro must utilize Air Marshall Islands flights only.

As of March 20, United Airlines has suspended the Island Hopper flight schedule until May 3. No passengers will be allowed to disembark in the Republic of the Marshall Islands, to include Kwajalein.

These flights are subject to change. These changes are due to United Airlines' worldwide reduction in flights by 80 percent.

Questions? Contact United Airlines at 1-800-864-8331.

CHARLIESUBSTANTIAL

Sustained community transmission

CURRENT DOD HPCON LEVEL IS CHARLIE

PUBLIC SAFETY ANNOUNCEMENT

The Department of Defense has raised the HPCON level worldwide to level Charlie (Substantial).

With that said, there are still no suspected or confirmed COVID-19 cases in the Republic of the Marshall Islands. Continue all previous actions and:

- Expect cancellation of in-person gatherings (e.g., schools, daycare, all community activities) and restricted ability to travel.
- Plan activities for family members, especially children, in case you are restricted to your home for prolonged periods of time.
- Prepare for the potential of limited access to supplies and services, including severely restricted access to military installations.
- Implement remote work procedures as directed by your employer.
- If outside the United States, authorized or ordered departure actions may be implemented.

A Medevac Insurance Primer

Traveling to the Republic of the Marshall Islands is an exciting experience. It is important to ensure your medical insurance is in order before cleared visitors make their departure. To learn more about what you need to do as an on island sponsor, read below.

PUBLIC SAFETY ANNOUNCEMENT

Once the Department of Defense travel restrictions have been lifted and you have visitors traveling to Kwajalein on a 480 or 55R, medical evacuation insurance is a very important part of the onboarding process to consider.

Ensure your visitor is covered by a medevac insurance plan before travel plans are finalized. Failing to do so could net you, the visitor's sponsor or the garrison, \$130,000-250,000 in uncovered costs associated with performing a medical evacuation for a serious illness or injury to Hawaii or beyond. It's like buying a house—but not getting a house.

Of course, we all want our friends, family and staff who visit to have a fun and safe time, and to have a safety net if something happens. Fortunately, that safety net can cost a fraction of a fraction of the price of an uncovered medevac from Kwajalein Atoll.

To shop around for plan prices, simply use your favorite internet browser to take you to online insurance plan exchanges where you can compare different plans and prices to fit your visitor's needs.

Here are some pointers to keep in mind during the shopping process.

Travel insurance does not equate to medical evacuation insurance. Unless your travel insurance plan explicitly states medical evacuations, you should only assume medical expenses, such as medical procedures and medicine, are covered—not the costs of physically relocating the patient from point A to point Z.

If your visitor has health insurance (typically plans offered through employers), there is no guarantee medevacs are covered. Again, you must read the plan's details and know ex-

actly what is covered and what is not. For most stateside residents, medevacs from nations as remote as the Marshall Islands will not be covered. Your visitor will need to contact their insurance provider for additional information and to verify service areas.

If your visitor has a credit card that offers medical evacuation coverage as part of their membership benefits, again, it's important to read the fine print. For instance, is Kwajalein Atoll/Marshall Islands within the area of responsibility of the credit card company's coverage provider? A medevac from the Bahamas may be covered by a credit card company, but a medevac from the Marshall Islands may not be covered. Your visitor will need to call customer support to find out more before traveling.

Most importantly, if your visitor is not covered by medevac insurance via one of the methods already described, they should take this to heart: Medevac coverage does not have to be pricey. Yes, it is possible to visit USAG-KA without medevac insurance; it is not a require-

ment to enter the garrison on a 480 pass, for instance. But a three-week period of full coverage can cost as little as \$120. That's \$40 per week for peace of mind—and freedom from the catastrophic effects a full medevac bill will cost a sponsor in the event of a medical evacuation.

When selecting a plan, be sure to take note of any plan activation conditions associated with the plan. For instance, some providers stipulate that the plan must be purchased a month or so before the start of the travel period. Not understanding these conditions could make or break the bank in the event of a medevac.

As you consider policies, make sure that you select a medical evacuation insurance policy that includes a mini-mum of \$1 million of emergency medical evacuation (costs vary from \$130,000 to \$250,000), medical expenses, repatriation to home of record and repatriation of mortal remains (\$25,000-50,000), as well as 24/7 access to a travel assistance center.

The policy should also include coverage for emergency medical expenses, as your home country insurance may not extend to Kwajalein. Moreover, if you are evacuated, the destination health-care system may not accept your current insurance plan.

Finally, make sure Kwajalein Atoll is within the geographic area of responsibility of the medevac provider. Ask this at the beginning of the process, during the shopping process, and verify at the end before purchasing. For questions regarding medevac coverage for you and your dependents, contact your human resources office.





When using alcohol-based hand sanitizer:

Check out the Centers for Disease Control online for more information at https://www.cdc.gov/patientsafety/ features/clean-hands-count.html









U.S. ARMY GARRISON-KWAJALEIN ATOLL

FMWR RECREATION AND FITNESS CLASSES

Kick your spring fitness plan into high gear with this handy class calendar from USAG-KA FMWR Recreation.

Pick Your Class and Buy a Pass

It only takes a few minutes to register for the FMWR wellness pass. Once you have this special voucher, you can use it to participate in FMWR recreation and fitness offerings. Wellness Passes can be purchased from the MWR desk at the Grace Sherwood Library in Building 805.

Class Locations

Unless otherwise noted, all FMWR fitness classes meet in CRC Room 7. Other class locations include the Adult Pool and the Ivey Gym. Double check your class location in the course schedule.

Learn More

For more information, please call 5-3331. Check out the U.S. Army Garrison-Kwajalein Atoll Family and Morale, Welfare and Recreation newsletter, The FMWR Reef, for hours of operation and private organization event information.

MONDAY

5:30 p.m.: Yoga (one hour)

TUESDAY

9:15 a.m.: Water Aerobics (one hour, Adult Pool)

1:30 p.m.: Strength & Cardio (one hour)

5:30 p.m. Yoga (one hour)

WEDNESDAY

5:30 p.m.: Spin (45 min.)

9:15 a.m.: Core Cardio (one hour)

5:30 p.m.: Circuit (one hour)

THURSDAY

6 a.m.: Power Walk EX (one hour, Ivey Gym)

9:15 a.m.: Water Aerobics (one hour, Adult Pool)

1:30 p.m.: Strength & Cardio (one hour)

5:30 p.m.: Yoga (one hour)

FOR MORE INFORMATION, PLEASE CALL 5-3331.

FRIDAY

9:15 a.m.: Core Cardio (one hour)

5:30 p.m.: Yoga (one hour)

SATURDAY

5:30 a.m.: Spin (45 min.)

6 a.m.: Power Walk EX (one hour, Ivey Gym)

9:15 a.m.: Circuit (one hour)

5:30 p.m.: Circuit (one hour)

6 p.m.: Spin (45 min.)

SPRING SWIM, LIFEGUARD CLASSES TO BEGIN

Two water safety courses are about to start at the Millican Family Pool. If you need to refresh your swimming skills or want to certify as a lifeguard, check out the course information below. For details and to register, please call MWR Pools and Beaches Manager Cliff Pryor at 5-2848. For more information, contact MWR at 5-3331.

AMERICA RED CROSS LIFEGUARD CLASS

Students enrolled in the American Red Cross Lifeguard Class must attend all six class sessions to pass the course. Sessions are held on the following dates and times:

Friday, April 24

Prerequisite Swim Tests 5-7 p.m. at the Millican Family Pool

May 3, 10 and 17 1-5 p.m.

Monday, May 4, 11 and 18 8 a.m.-noon

The course materials include an online class, book, pocket mask and certification fees. Registration is open April 14 through 24. Class size limited to nine students. The \$150 course fee is due the day after the prerequisite skills session, April 25. Participants must be at least 15 years old to enroll.

LEARN TO SWIM CLASS

Join this May 5-16 class to learn to swim. Classes take place at the Millican Family Pool Tuesday, Wednesday, Friday and Saturday.

Levels III, IV, and V-3:45 – 4:15 p.m. Levels I and II-4:30 – 5 p.m. Cost: \$50 per participant

Participants must be at least 4 years old to enroll. Registration is open April 21 through May 2.

VOLUNTEERS NEEDED FOR RACE DAY.



SWIM (1K) • BIKE (42K) • RUN (10K)

The 41st annual RustMan Triathlon is scheduled for April 27. Participant registration is due on or before April 23 at Qtrs 473-A, Palm Road and volunteers are needed to serve as timers, bike course safety marshals, BBQ cooks, morning setup and clean-up crews are needed. Information packets are available at the downtown area bulletin board. For more information, event updates or to volunteer, please contact Bob and Jane Sholar at H:5-1815, Qtrs. 473-A.



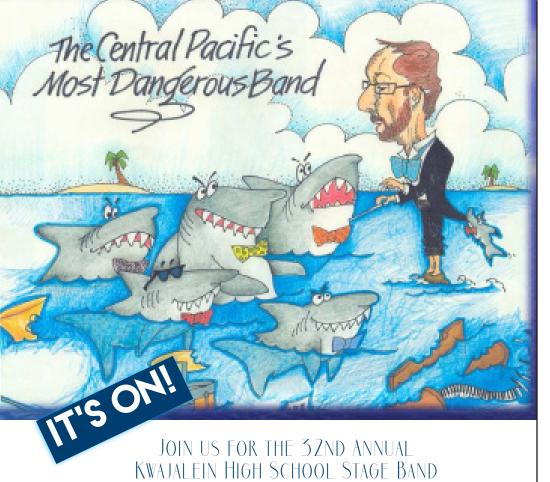






U.S. Army Garrison-Kwajalein Atoll Command headquarters hosted special visitors from the Kwajalein Child Development Center April 16 to celebrate the Month of the Military Child. Col. Jeremy Bartel and Command Sgt. Maj. Kenyatta Gaskins visited with the kids and let them check out Bartel's personal collection of command coins. 1) Command Sgt. Maj. Gaskins, left, Col. Jeremy Bartel, right, and CDC kids, center, visit at USAG-KA headquarters April 16. 2) Gaskins shares command coin stories with the young visitors. 3) Bartel lets kids examine his personal collection of coins. Don't forget to "Purple Up" on April 24 to support military kids.





BALLROOM DINNER DANCE

SUNDAY, MAY 3 AT 6:30 P.M. KWAJALEIN JR.- SR. HIGH SCHOOL MULTI- PURPOSE ROOM

TICKETS ARE \$45. TO PURCHASE TICKETS, PLEASE CONTACT KYLE MILLER AT 5- ZO11 OR MILLERK@KWAJALEIN-SCHOOL.COM

E-WARENESS

APRIL 22 IS INTERNATIONAL DAY OF ENVIRONMENTAL AWARENESS

What can you do for the Earth?
Clean Up the Beach
Pick Up Trash Anywhere
Reusable Water Bottles
Turn Off Lights
Cloth Napkins
Meatless Meals

Questions or Ideas? Contact DI Environmental at 5-1134.

APRIL 22 RAAN EO AN LAL IN IKIJEEN KARON DRON KIN BELAAK KO BELAKID

Ta eo komaron kommane nan lal in?

Karreo torerein aelon eo ak Beach ko Julok Kobij Ko Beladkid Kejbarok im bar Kojerbale Water Bottle ko

Kuni Teinki ko Kejerbal Mottan ko nan Napkins Mona mona ko ejjelok kaniek'ier

Ewor ke kajitok ak Kelmenlokijen ko jet? DI Environmental, 5-1134.

We Are Family Serving Family

Dear Soldiers, Airmen, military families, retirees and Veterans,

The Army & Air Force Exchange Service is truly honored to serve you—our nation's heroes—during the COVID-19 pandemic.

These are unprecedented times. Our way of life has been disrupted. One constant is your Exchange's steadfast commitment to supporting you. Just like you, our Exchange family is dealing with the same uncertainty and frustration during this uncertain time.

Eighty-five percent of our associates have a military connection. We are Veterans, military spouses and dependents who are honored to serve with you.

The Exchange has served Warfighters for nearly 125 years, and our associates live by our core value of family serving family. During this national emergency,

your Exchange family is on point for yours.

Please know your Exchange team is working around the clock to serve you. Your Exchange benefit is transforming based on the demands on the situation. We have procured masks for all customer-facing associates and are in compliance with Department of Defense guidance on cloth face coverings.

Exchange restaurants are delivering orders and providing pickup options; buy online, pick up in store service and curbside pickup are minimizing time spent in stores; school lunch services overseas continue during virtual learning; and our bakeries and water bottling plants are ramping up production to keep baked goods and purified water in stock. As changes are made to ensure shopper and associate safety, we thank you for your patience.

Your Exchange benefit matters now more than ever. We remain fully nested with installation commands to safely provide critical support and are committed to ensuring your well-being when shopping with us.

We appreciate your service to our Nation. Thank you for counting on us. We are honored to be here for you. Our Exchange family continues to stand with yours.

> Army Strong! Air Force Strong! Exchange Strong!

All the best, Tom

Tom Shull, Director/CEO Army & Air Force Exchange Service



COMMUNITY NOTES

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to: www.rgnext.com.

DynCorp International (DI) is looking for qualified candidates for various positions. Current DI open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works among others. To apply, go to: www.dilog-cap.com or contact your local HR representative.

Kwajalein School System seeks substitute teachers. If you enjoy having a flexible schedule and working with children, we have a perfect opportunity for you. Please contact Susan Davis at 5-3601.

NOTICES

AA meets weekly on Tuesdays from 6:30-7:30 p.m. upstairs in the REB (Rm. 213).

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

Internet customers can access their account and pay online. Simply visit KwajNetBilling.dyn-intl. com to log in and pay via our secure, online payment gateway using the payment method of your choice. You may also pay online for future months in advance! For support, contact us via phone @ 805-355-0843 (5-0843) or email KwajNet.Billing@dyn-intl.com.

USAG-KA 2020 Home Business License. Vendors who want to sell goods or offer services need to obtain a license. Stop by the FMWR Office on the first floor of Building 805 for an application. For more information or to submit an application, contact Jeffrey Suis at jeffrey.w.suis.civ@mail.mil or Teresa Mitchell at 5-3400 or teresa.j.mitchell4.naf@mail.mil. Please include the following with your application: Applicable licenses and certifications; pictures and examples of goods offered; proof of insurance; and other relevant business information.

No food and drink on Metro Flights. Eating and drinking on Metro and helicopter flights is strictly prohibited. For your own safety and the sanitation of flights, we ask that you refrain from consuming food and beverages during flights. All drinks and snacks should be enjoyed in the air terminals or upon arriving at your destination. We appreciate your cooperation. For questions, please contact Lee Holt at 5-2102 and Fly Roi at 5-6359.

Need to report a non-emergency incidents or information? Send in

secure reports online at the US-AG-KA Police Department Face-book page. For more information, visit https://www.facebook.com/kwajaleinpolice/.

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday—9:30 a.m.-6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and upkeep projects, including the following:

- Various appliance and household lightbulb replacements
- Pest control traps and sprays
- Lawn and garden tools
- Hand tools and power tools
- Painting supplies
- Miscellaneous
- Plumbing supplies
- Appliance accessories

Power Walk Ex. Stand strong, move forward and get to stepping with Power Walk ExClass meets Thursday and Saturday from 6 a.m.-7 p.m. Walk will begin and end at the Ivey Gym. All MWR fitness classes require a wellness class pass. For more information and to purchase your pass, visit the MWR desk at the Grace Sherwood Library and call 5-3331.

The Kwajalein feral cat population must be controlled to prevent federally-protected endangered species from being hunted. For more information about the Trap-Neuter-Adopt/Release Program, please call 5-2017. To report a feral cat sighting, call Veterinary Services at 5-2017 or Pest Control at 5-4738. Coaches needed for Child Development Center Activities. Call CYS Central Registration at 5-2158 to volunteer.

Interested in losing weight or just making healthier choices? Kwajalein Hospital staff are here to help with coaching and support. We will work with you to design a customized nutrition and exercise plan to meet your goals. Call the Public Health Nurse for an appointment at 5-8836 or 5-2224 or visit Bldg. 566.

The Surfside Salon now accepts walk-in customers for haircuts only Thursdays from 2-6 p.m.

Please consider wearing water shoes/aqua socks at the Millican Family Pool and Adult Pool as there may be sponge spicules on the pools' floor. While the sponge spicules are always present in the seawater used in the pools, they will be more common in the Adult Pool while the pump system stabilizes.

New TV antennas have been installed on Shell and Coral BQ's. Also A.R.C. and Country Club buildings. If you are experiencing TV or radio reception issues on Kwaj, call AFN at 5-3743 and we can help.

The Vets Hall is restricted to members only until further notice. Those coming to the Vets Hall must have a current American Legion membership card indicating they are a member of Post #44. Spouses/significant others/immediate family



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE

Staff Sgt. Yadira Vazquezrodriguez SHARP Victim Advocate Work: 805 355 0660 / 1419 **USAG-KA SHARP Pager:** 805 355 3243/3242/3241/0100 USAG-KA SHARP VA

DOD SAFE Helpline: 877 995 5247

are welcome to come to the Hall with their member. Social distancing guidelines are to be observed at all times while at the Vets Hall. This is a temporary restriction only, in light of the COVID-19 pandemic concerns. Questions? Contact Dan Farnham.

To residential internet customers impacted by COVID-19 travel restrictions. We understand that some residents have been affected by current travel restrictions in place and are unable to utilize their internet service. Please reach out to KwajNet.Billing@dyn-intl.com if you have questions or concerns regarding your internet billing and/or service and we will be glad to assist.

The 2020 Yokwe Yuk Women's Club Basket Auction and Fundraiser is officially postponed. The event will be rescheduled for a future date. Ticket refunds will be issued. To receive a refund after April 10, please contact Melissa Selzler at 5-3787 or on Facebook. VIP and Reserved ticket holders will be given first priority to repurchase their same tables when tickets go back on sale. For more information, please contact basketauction2020@gmail.com.

UPCOMING EVENTS AT THE ISLAND MEMORIAL CHAPEL

April 19 Christian Women's Fellowship at 12:30 p.m. in the REB

> April 20 Theology on Tap at the Adult Recreation Center 6:30 p.m.

April 27 Youth Fellowship—7-9 p.m. in the REB

Services on Roi
Catholic Mass – 6:30 p.m. on
second and fourth Friday of every
month.

Interdenominational Service— 6:30 p.m. first and third Friday of each month

The Island Memorial Chapel wishes to say thank you to all the volunteers and staff who helped make Easter 2020 a success. Kommol Tata to Michael Diaz for his message; Naval Mobile Construction Battalion 5; the MWR crew; the Makovec family; the Bulla family; and all the great volunteer island cooks and chefs who stepped up to make Easter Brunch on the beach. We appreciate you.



The Yokwe Yuk Women's Club (YYWC) is looking for new board members for 2020-2021. Open positions are president, vice president, secretary, & treasurer. A meeting for nominations & voting will be held at the beginning of May.

Please contact Kaitlin Chase through Facebook or email (ysing90@gmail.com) with nominations or questions.



Department of Defense personnel are encouraged to visit the Centers for Disease Control online the most accurate and up-to-date information on the global status of COVID-19.

I knew I should have checked the weather report in last week's Kwajalein Hourglass. Pictured here, a large raincloud prepares to pass over the west end of Kwajalein and thoroughly douse everyone in its path with one of the RMI's legendary two-minute rainshowers.

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: GWe picked up nearly 1.5 inches of needed rainfall earlier this week, but the area is still experiencing a moderate, short-term drought. Below average rainfall is expected to continue for the upcoming seven days. The forecast for the weekend could generally be re-stated into mid next week. Looking at the long term, we expect average rainfall accumulations for the April-June period.

SATURDAY: Partly clear. Winds ENE-E at 15-20 knots. Stray showers (less than 10 percent coverage).

SUNDAY: Partly sunny with a stray shower or two (less than 10 percent coverage). Winds ENE-E at 13-17 knots.

MONDAY: Partly sunny with a stray shower (less than 10 percent coverage). Winds ENE at 15-20 knots





SUN-MOON-TIDES

	State of the latest and the latest a			100
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:38 a.m.	4:04 a.m.	2:52 a.m. 3.3'	8:45 a.m. 0.7'
	6:59 p.m.	4:10 p.m.	2:51 p.m. 3.7'	9:08 p.m. 0.2'
MONDAY	6:37 a.m.	4:43 a.m.	3:15 a.m. 3.7	9:14 a.m. 0.3
	6:59 p.m.	4:55 p.m.	3:19 p.m. 4.0'	9:30 p.m0.0'
TUESDAY	6:37 a.m.	5:21 a.m.	3:39 a.m. 4.0'	9:41 a.m. 0.0'
	6:59 p.m.	5:39 p.m.	3:45 p.m. 4.1'	9:52 p.m0.2'
WEDNESDAY	6:36 a.m.	5:58 a.m.	4:02 a.m. 4.3'	10:08 a.m0.2
	6:59 p.m.	6:22 p.m.	4:10 p.m. 4.2'	10:15 p.m0.3
THURSDAY	6:36 a.m.	6:36 a.m.	4:26 a.m. 4.5'	10:35 a.m0.3
	6:59 p.m.	7:07 p.m.	4:36 p.m. 4.2'	10:38 p.m0.4
FRIDAY	6:36 a.m.	7:16 a.m.	4:51 a.m. 4.6'	11:03 a.m0.4
	6:59 p.m.	7:53 p.m.	5:02 p.m. 4.1'	11:02 p.m0.3
APRIL 25	6:35 a.m.	7:57 a.m.	5:16 a.m. 4.6'	11:32 a.m0.3
	6:59 p.m.	8:41 p.m.	5:29 p.m. 3.9'	11:26 p.m0.2

LIFE WITHOUT A RAINCOAT

RY IFSSICA DAMRRIICH

When I arrived on Kwajalein I did not bring a raincoat. I didn't even bring a simple poncho. I took for granted that I could buy one on island.

The trouble was not that I didn't have a raincoat. The trouble was that neither did AAFES, Macy's or anyone else, and it was the beginning of a rainy season with above-average precipitation. I communed with nature as it pelted me with drops that felt like hail. I learned that I could catch a chill in 72-degree weather.

"You knew better," I told myself one afternoon, shivering, as I took impromptu shelter down by the Holmberg Fairways. Then again, maybe I didn't.

It hadn't occurred to me that I should have stayed inside that day. I know enough to come in out of the rain, but I love clouds. I like how they soak up the rays of a sunset. For me, rain is always a surprise.

I have mail-ordered raincoats and windbreakers. They let rain drip into the sleeves or into my eyes. I gave them all away, except for one that disappeared on its own, along with my old drybag. I'd tell you where it went, but I still don't know.

I never actually got to wear that raincoat. I have a feeling it was a good one and that whoever wears it now stays dry.

There are so many rain stories we can all tell. I had a college friend who couldn't afford a raincoat or an umbrella. He relied on the city and its awnings to get him home in every season.

One day, I met former Kwaj resident Jess Holland. She was from New Hampshire and liked climbing "fourteeners" on her mountaineering vacations. She knew about the outdoors, so, I asked for her opinion on raincoats.

"I don't even use a raincoat anymore," she said. "I wear my swim gear to work and bring dry clothes with me."

This news blew my mind. Jess worked with MIT LL. Her morning commute was nine whole minutes. In Kwaj distance, that is a long time to be in the rain.

I once attended an outdoor beach wedding in coastal Virginia. Then, a thunderstorm happened. It was a good one. The guests were shielded—albeit trapped—by a giant pavilion designed to protect sand sculptures. Waiters launched a rescue escort operation with table umbrellas to get us across the street to the neighboring reception.

That region of Virginia is

called Tidewater. During hurricane season, urban floods disguise themselves as large puddles and float cars away. I remember the night a heavy rain pooled and overfilled the back yard so much that it spilled over into the living room. The next morning I awoke to an indoor pool.

Then, there is "Doc" Mitchell, my high school Advanced Placement U.S. History teacher and a U.S. Navy Seabee veteran of Vietnam. Doc helped me understand that how you deal with rain speaks volumes about your state of mind. In that way, no two rainstorms are alike for anyone.

Doc was a cyclist and an automechanic from the Pacific Northwest. Once, while his ex-wife was badgering him, he simultaneously had a cardiac event and threw out his knee. I know this because Doc told students stories about his life to keep us awake. When that didn't work, he enjoyed dropping heavy books on the floor next to the kids who fell asleep. Other times, he would let them sleep and made a decent show of checking any drool puddles for whitecaps.

When Doc needed a substitute, he called up the U.S. Marine Corps veteran on staff; I'll call him Mr. Bostic. Once, long ago, Bostic had served in an office with a British coworker who didn't like him. To the detriment of that unfortunate Brit, and for the duration of his duty, every Fourth of July, Bostic would stand on his desk and sing patriotic tunes.

Here's the point: Doc told my class that he knew when someone had served in combat just by how they walked in the rain. I have never forgotten this. In a downpour, while other teachers ran for their cars, Doc simply trudged—Doc and Bostic.

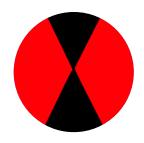
"In Vietnam, we got rained on so much, we don't even notice rain anymore," said Doc. "Watch Bostic walk across the street sometime, when it's raining."

Bostic wore shrapnel in his leg that couldn't be removed. It couldn't be helped, he said. That helicopter covering him on the hillside that day saved his life, and the doctors saved his legs. He was okay with that.

I once saw Bostic, tie flapping in the wind, as he made his way across the parking lot to his far-off car. The rain that day was gentle. Bostic's umbrella was tucked into his briefcase. He was in no hurry. He seemed content: One man on a plain of asphalt under a slate gray sky.

After all, there are worse things than a little rain.

KEEP UP IN ISLAND STYLE.



YOUR WEEK IN PICTURES

Check out Kwajalein Hourglass photos online at the HG Flickr website online at http://www.flickr.com/photos/kwajalein-hourglass



SATURDAY

Check out this original, Kwaj radio show on AFN 99.9 The Wave at 5 p.m. Saturdays and noon on Tuesdays. Tune in to listen on on Channel 29-1 and the AFN roller channel.



KWAJ CURRENT

Catch the latest episode of Kwaj's local TV show on AFN 29-1 and also at https://www.youtube.com/channel/UCQCQruYhYdy9psT-PSj-cF6A/videos



ROLLER ONLINE

An island mainstay comes to the Internet at last. Stay in-the-know with the AFN Roller Channel online! Check out the USAG-KA Facebook page connect.



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.















CLASSIFIED/ CRITICAL/SENSITIVE

NOT SURE? DON'T SHOOT.

HOBBIES SHOULDN'T COMPROMISE OPSEC.

If you're not sure, don't shoot. Whether your photographs are for work or for recreation, visitors and residents on U.S. Army Garrison-Kwajalein Atoll must abide by applicable physical security regulations for island photography. Please contact an island security representative for more information about how you can do your part to take great pictures while supporting the mission of the U.S. Army.

VISIT USAG-KA ONLINE.

For community updates, and episodes of the Kwaj Current, please visit the official USAG-KA Facebook page and YouTube channel. For command information questions, please contact Public Affairs at 5-4848.



