

# THE KWAJALEIN HOURGLASS



## THIS WEEK

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**CHARLIE**  
DOD HPCON LEVEL 15

IMMANUEL WILTROUT, LEFT, JANET LANG AND THEO PARTAIN ANNOUNCE THE NEXT ACT AT THE 2020 PARENT TEACHER ORGANIZATION TALENT SHOW MARCH 20.





U.S. ARMY PHOTO



U.S. ARMY PHOTO BY JESSICA DAMBRUCH



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

1) Chief Warrant Officer 5 Randy Johnson, command CWO for CASCOT and president of the U.S. Warrant Officer Association Carter Chapter, presents Col. Mary Beth Taylor, 23rd Quartermaster Brigade commander, a memento of appreciation during a May 2015 ceremony at the Army Logistics University. Taylor was recognized for her continued mentorship and support of warrant officers working and training at Fort Lee, Virginia. 2) Retired U.S. Army Col. Taylor addresses community members at the U.S. Army Garrison Kwajalein Atoll Women's History Month observance. 3) Command Sgt. Maj. Kenyatta Gaskins and Taylor visit together following the ceremony.

# MAKING HISTORY: TAYLOR SPEAKS ON WOMEN'S FIGHT TO SERVE

BY JESSICA DAMBRUCH

There is nothing quite like learning about history from a woman who fought to make it.

For retired U.S. Army Col. Mary Beth Taylor, women's impact in the U.S. Armed Forces is a powerful given but not one always recognized. Helping others understand it is a bit like explaining to someone who has never visited the Middle East how to build a desert outpost from scratch.

"If you've never been there, it's hard to understand," Taylor said. But it's worth every minute of it.

U.S. Army Garrison-Kwajalein Atoll paid special tribute to women in the U.S. Armed Forces for their contributions to American history and military service. Taylor, the day's special guest speaker, shared experiences from her 32 years of service and encouraged the community to take women's efforts on the battlefield to heart.

The ceremony began with a benediction given by USAG-KA Maj. Joshua Noble, and Taylor hit the ground running with the early history of women's military service.

"Long before women were allowed to vote, they were serving our country," said Taylor.

Women served unofficially as members of George Washington's army during the American Revolutionary War and on both sides during the Civil War, Taylor said. Many may be familiar with casual

war nurses who tended to the wounded during American conflicts, but few may realize women served as contract Army Nurse Corps personnel as early as 1901. By August of 1945, the corps was more than 57,000 members strong.

"I don't know about you, but I got a little excited telling you about all of these accomplishments of women throughout the years," said Taylor. "Never once did you hear me say they were forced to serve or drafted. They were volunteers. They were willing, able, qualified and raised their hand volunteering to serve."

By the early 2000s, more than 300,000 women served in the U.S. military.

"One of every seven troops deployed in Iraq was a woman," said Taylor. She is one of them.

In March 2003, Taylor served as the operations officer of the 180th Transportation Battalion and coordinated the Army's first movement of multiple heavy divisions via heavy equipment transport vehicles in the Middle East.

Taylor, who was born into a family of service members, acknowledged that her own competitive spirit and drive to excel spurred and sustained her work as a female Army officer. Following her return to the United States, Taylor shared the story of getting to complete Air Assault School at Fort Campbell. Out of the class of 50 students, she was one of only 10 members from her unit to graduate.

While serving as a Brigade Commander at Fort Lee, Virginia, Taylor embraced her leadership role and took advantage

of the opportunity to mentor fellow female Soldiers and younger officers.

"To the women who are seated in here today," said Taylor, "be proud of what you've accomplished in life. Strive to continue to move forward if that is what you desire."



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

From military to mentor: Taylor describes her experiences in the U.S. Army at the USAG-KA Women's History Month observance.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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Garrison Commander.....Col. Jeremy Bartel  
Garrison CSM.....Sgt. Maj. Kenyatta Gaskins  
Public Affairs Officer.....Mike Brantley  
Communications Manager.....Jordan Vinson  
Communications Specialist.....Jessica "JD" Dambruch



# “HI” TO THE CHIEF

## ISLAND WELCOMES KFD CHIEF CHARLES CHAMBERS

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

**Kwajalein welcomed** its newest fire chief in November 2019 when Charles Chambers arrived on-island, taking the helm of the fire department and emergency medical services here.

Chambers is in charge of approximately 50 fire fighters and EMS personnel at three stations on Kwajalein, Roi-Namur and Meck.

The Miramar Beach, Florida native arrived from Afghanistan and has worked previously as a fire fighter in Tennessee, Diego Garcia and Spain, as well as in the Marine Corps from 1977-1981.

Chambers has worked in civil service since departing the Corps in 1981, working at Fort Polk, Louisiana, Eglin Air Force Base, Florida and Lackland AFB, Texas. Following retirement, he has worked in contracting fire protection.

**PAO: What made you decide to take the position here?**

**Chambers:** I was in Kandahar (Afghanistan) and this position came open. I had heard a lot about Kwajalein, and from a contracting standpoint it needed some help. I figured I'd try to bring things to where they're supposed to be. It's a year contract here.

**PAO: How long have you been a fire fighter?**

**Chambers:** Since 1977. I worked in Crash Rescue at Marine Corps Air Station Beaufort in South Carolina, and in Iwakuni, Japan. I've been doing this for a very long time. Pretty much the only job I've ever had – fire protection.

**PAO: Why do you serve?**

**Chambers:** Providing emergency services and an emergency response to the people in need is very important because people don't generally think about it: they don't think about fire departments, hospitals or ambulances until something comes up. Then, those people who show up have to help them out and solve the problem, and providing that service is all I've ever wanted to do – to help people out.

It's an interesting career. You have to want to do it. It's not a job. I would have done this for free years ago. Helping people, that's what it's all about. People get into situations in their life whether it's in vehicles or at home or out playing, and somebody needs to be there to help them.

With emergency services, especially fire protection, every emergency is different. You have to work off your experience through the years to make command decisions on the scene.

**PAO: What are two things you want everyone on the island to know about your department or fire safety?**

**Chambers:** The interesting thing about being on an island is we are the only ones. There is no other emergency response service – we have no mutual aid or help. There is no one for us to call. When you are talking about fire safety or home safety, people don't pay attention to their dryers.

Dryer fires are one of the leaders around the U.S. in home fires. Remove lint after every use, ensure the vent is clean, and make sure the underneath part of the dryer where the heating element is cleaned. The simple task of just taking that little section off the bottom of the dryer and vacuuming it out, prevents fires. They never think about cleaning the lint out from under the dryer. It's a simple thing to prevent but nobody does it.

The other thing is unattended cooking. People get distracted. If you're cooking something, pay attention to it and keep the children away from it. Those two things are important to the family. Considering we are the only force here, with a small community everybody has to do their part to prevent a fire situation.

With the winds that we have here, if something gets started it will be tough to put out. You could very easily lose a couple houses. The wind feeds the fire.

If everyone does their part in paying attention to what is going on, we can reduce the possibility of a fire or an incident on Kwajalein.

**PAO: What is your impression of Kwaj?**

**Chambers:** It's quiet. I came from Kandahar so this is definitely a nice change. The scenery is great. There's nothing really to worry about on the outside. You go to work and do your job.

In this position I can't really do a whole lot of extracurricular activity, even when off duty that will take me out of commission. I'm always prepared, always ready – fully functional at any time.

**PAO: What is the pulse of the fire station?**

**Chambers:** The fire department is doing very well. We are very short on manning at the time, with flight restrictions. We have people who can't get back in and new hires that we cannot get in here.

We are working on a skeleton crew right now. You would think that would be bad for morale, but it's having the opposite effect. The firefighters are pulling together and doing a great job.

**PAO: How do you keep the morale of your men up?**

**Chambers:** My way is treat to everybody with respect and communicate well. The key to anything is communication. If I know it, they know it.



U.S. ARMY PHOTO BY MIKE BRANTLEY, USAG-KA PAO

If I have a problem, they know what the problem is. One force, all for all.

A fire department is like a family. We live together all the time. We do a lot of things like cooking dinners and watching movies together. Going to the DFAC is okay but buying some food and cooking it, well, that is something else. Home cooking. Some of these guys know how to cook. That is a morale booster. When they have a meal, they are good meals, plenty for everybody.

Fire protection is a very interesting career, as you come up through the years you learn sometimes the hard way, how to do things and how things are supposed to be done.

When you get to be my age, you're a little wiser, not as shoot-from-the-hip. You learn everybody's personalities and it is easier to get things done or work through problems.

It's not my way or the highway; it doesn't work that way. I don't have all the ideas or the answers, but the staff as a whole does. If I don't know it, somebody has experienced it or done it before.





1) U.S. Army Garrison-Kwajalein Atoll Commander Col. Jeremy Bartel addresses community members at a March town hall meeting. 2) Command Sgt. Maj. Kenyatta Gaskins discusses social distancing procedures. 3) Community member Liz Mefford takes the mic to ask the community to work together and wash hands.

# USAG-KA SHARES READINESS PLANS AT COMMUNITY TOWN HALL MEETING

BY JESSICA DAMBRUCH

Community members gathered at the Island Memorial Chapel March 27 to meet with U.S. Army Garrison-Kwajalein Atoll Command staff and learn the latest about garrison construction projects and health updates. Unlike town halls in the past, the community’s attention is focused on the world outside the garrison.

Earlier that day, the state government of Hawaii put a 14-day quarantine in effect for all transit travelers. Since early March, USAG-KA has been protected from the spread of the novel coronavirus, COVID-19, by transit strictures started by the Republic of the Marshall Islands government. Last week, the Department of Defense raised the Indo-Pacific regional Health Protection Level to CHARLIE in response to the increased number of confirmed cases throughout the region.

USAG-KA Col. Jeremy Bartel and Command Sgt. Maj. Kenyatta Gaskins addressed the community and questions submitted prior to the town hall. While there are no current cases of COVID-19 in the RMI, Bartel needed the community to be prepared in the event of active cases on the garrison. “This is to protect us, but also to protect the Marshallese,” said Bartel.

Gaskins shared the garrison’s developing quarantine plan, in the event of active cases of COVID-19. Ill employees who are residents of bachelor quarters will not be permitted to self-quarantine in their BQ rooms. Ill residents will be granted a comfort package of housing items and confined to quarters prepared as quarantine houses. Additional information will be made available.

## COVID-19 Response Plans

The garrison has adopted the social distancing tactics stipulated by HPCON CHARLIE. Additional changes may follow in the coming weeks as necessary, Bartel said. Some of the signs of community self-distancing have already begun.

Workers are encouraged to stay home if they experience flu symptoms. Tables and chairs in the Zamperini Dining Fa-

cility have been removed or relocated throughout the dining room to ensure six feet of distancing.

The Kwajalein Hospital continues preparations to support the garrison. The hospital currently maintains a negative-pressure quarantine chamber with four hospital beds, and two ventilators are coming to the garrison. In the past weeks, staff have adapted and changed response protocols and safety measures to be ready for any change in the community’s health outlook.

Bartel is routinely in contact with the island’s chief medical officer to make informed decisions about the garrison’s response, he said. One item currently under review are large social gatherings, such as the annual Yokwe Yuk Women’s Club Basket Auction and fundraiser. The coming months will dictate what the decision will be about large gatherings.

In the week following the town hall meeting, Bartel consulted with the Kwajalein Yacht Club and Kwajalein Art Guild to determine the safest way forward to continue their events while observing social distancing.

New social distancing rules and guides are now placed throughout the island, especially at points of sale, such as AAFES and Surfway. Residents are expected to follow social distancing guidelines and may continue to exercise and do necessary work outside. Having no active cases on island gives the community the opportunity to practice performing safety measures in all aspects of life.

Bartel thanked the garrison’s LOGCAP partners for their continued support and teamwork in addressing the ever-changing battery of variables prompted by shipping and transit changes. Regular barge shipments are on schedule and expected to continue, Bartel said, and he encouraged residents not to hoard supplies.

Residents thanked hospital staff for their hard work and voiced concerns over the nature of flights and travel. Visitors from the U.S. Embassy on Majuro assured the gathering that the only flights in the RMI at present are internal—meaning no external visitors or incoming travelers are making use of

these flights—on Air Marshall Islands.

Travel in the event of stateside family emergencies would be addressed personally, said Bartel. With a general guess, he did not expect inbound flights to begin again for several months.

The commander introduced two members of the Command team to the community: Deirdre Wyatt-Pope, safety officer; and Chief Warrant Officer 4 Jamey Norton, whose duties as marine engineering officer have expanded to include director of logistics. USAG-KA Director of Public Works Derek Miller shared floorplans for the upcoming Army Family Housing build allocated for different fiscal years.

The construction project is expected to add additional floorspace and a half-bathroom to island quarters. The nature of the award may entail building over the Kwajalein Dog Park.

Bartel assured the gathering another dog park would be established should the new build require it.



A community member at the town hall meeting sports a backpack prepared with must-haves for Kwaj life in 2020: a water bottle, carabiner, bleach wipes and hand sanitizer. Residents are encouraged to step up social distancing and handwashing practices in the coming weeks.



# PRACTICING CHANGE ON KWAJALEIN

BY JESSICA DAMBRUCH

**To quote** the lyrics of a Jimmie Buffet song, “Nothing remains quite the same.” This week, Buffet could be describing the current world situation.

Change has been on everyone’s mind this week. There are currently more than one million active global cases of COVID-19, the novel coronavirus, according to April 3 reports issued by the World Health Organization. The U.S. also reports more than 236,000 cases with more than confirmed 5,600 deaths. National and state governments continue to issue orders for residents to confine themselves at home. These counts and situations will change in the coming weeks as government, industrial and healthcare teams around the world work to respond to the pandemic.

With no active cases of COVID-19 yet identified in the Republic of the Marshall Islands, residents of U.S. Army Garrison-Kwajalein Atoll find themselves in a unique situation. Quick action by the Republic of the Marshall Islands govern-

ment to impose safety restrictions on air travel and port activity in early spring greatly minimized the potential for further spread of the virus throughout the country.

Then again, nothing remains quite the same.

This week in a press release, representatives from the World Health Organization noted that active COVID-19 cases continue to spread throughout the Pacific region. At the time this article was drafted, RMI Government Issuance 10 had stood as the latest regulation on transit advisories for several weeks. Issuance 11 became available April 3. Readers can read the full issuance in this Kwajalein Hourglass and online at the RMI Ministry of Health and Human Services Facebook page.

To better prepare military installations throughout the Indo-Pacific region, last week the Department of Defense also elevated the regional Health Protection Level to “substantial” or CHARLIE. Among its directives, the heightened level indicates personnel may need to

adopt remote work practices and can experience curtailed and postponed group activities.

In response to the evolving changes in the worldwide health community, US-AG-KA has initiated new safety and sanitation procedures around the island. Per directive of Col. Jeremy Bartel, USAG-KA commander, the community shall abide by the directives.

If you stopped in at the store to make a purchase, you have already seen signs of the garrison’s “new normal.” Please observe and follow USAG-KA Command’s lead as it adapts to preserve and help us keep the RMI community safe and healthy.

Community residents are encouraged to communicate questions about safety to their contract safety representatives, Kwajalein Hospital staff, and USAG-KA Command staff to learn more about how upcoming changes may impact island life.

Practice may not make perfect, but it will help communities prepare for a disaster.



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U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

**1) The Island Memorial Chapel sports new hand sanitizer dispensers. 2) Anyone entering the Kwajalein Hospital and Zamperini Cafeteria will first need to wash and sanitize their hands. 3) Kwajalein Dining Services staff removed tables and seating from the Zamperini to increase the dining distance between meal-goers. 4-7) Signs posted at points of sale throughout the island, including AAFES and Surfway, remind shoppers of the six-foot distance requirement for shopping.**



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# TWO TEAMS, ONE GOAL



## GET TO KNOW THE ISLAND SECURITY PROS



*Chief Don Muse, Kwajalein Alutiiq Security and Access Control Contractor; and Sgt. Miles Eiswirth, Kwajalein Department of the Army Civilian Police.*

### ALUTIIQ: SECURITY AND ACCESS CONTROL CONTRACTOR

*Alutiiq personnel* maintain operations 24 hours per day at the Dock Security Checkpoint and call desk at the Kwajalein Police Department (5-4444), as well as jurisdiction over access control programs and 480 forms through island human resources departments.

#### NEED HELP?

*Give them a call.*

**SACC: 5-4444**

**DACP: 5-4444, 5-4429 or 5-4449**

### DEPARTMENT OF THE ARMY CIVILIAN POLICE

*DACP personnel* represent your island law enforcement agency. They can handle potential law enforcement calls, such as traffic, theft, damage, government or private misuse, and any crimes against humanity.

DACP can be contacted through the SACC desk at 5-4444. You can also contact DACP directly at 5-4429 and 5-4449. DACP also maintains a Facebook page where island residents can file confidential reports via private message. Visit the page at <https://www.facebook.com/kwajaleinpolice/>.



## THINK INSIDE THE BOX.

### IT'S HARD TO MISS SUCH A GREAT, BIG HINT TO RECYCLE.

It's the color of a public school bus.

It's within walking distance of the Kwajalein Army Post Office.

It's for you to discard unwanted cardboard.

If the box is full, there are several other cardboard recycling bins as options just 50 yards away in front of the Sunrise Bakery, under the water tower.

If you choose to just leave your cardboard near the box or a bin, island law enforcement will pick it up, check your name and provide a receipt (read: citation) for their efforts. Avoid a ticket and help us keep our community clean.

### THINK INSIDE THE BOX.





# DEPARTMENT OF DEFENSE TESTS HYPERSONIC GLIDE BODY

*A common hypersonic glide body (C-HGB) launches from Pacific Missile Range Facility during a Defense Department flight experiment, Kauai, Hawaii, March 19, 2020.*

EXTERNAL REPORT

Department of Defense Press Release

**The Department of Defense** successfully tested a hypersonic glide body in a flight experiment conducted from the Pacific Missile Range Facility, Kauai, Hawaii, March 19 at approximately 10:30 p.m. local time Hawaii Standard time.

The U.S. Navy and U.S. Army jointly executed the launch of a common hypersonic glide body, C-HGB, which flew at hypersonic speed to a designated impact point.

Concurrently, the Missile Defense Agency monitored and gathered tracking data from the flight experiment that will inform its ongoing development of systems designed to defend against adversary hypersonic weapons.

Information gathered from this and future experiments will further inform DOD’s hypersonic technology development, and this event is a major milestone towards the department’s goal of fielding hypersonic warfighting capabilities in the early- to mid-2020s.

“This test builds on the success we had with Flight Experiment 1 in October 2017, in which our C-HGB achieved sustained hypersonic glide at our target distances,” said Vice Adm. Johnny R. Wolfe, Director, Navy’s Strategic Systems Programs, which is the lead designer for the C-HGB. “In this test we put additional stresses on the system, and it was able to handle them all, due to the phenomenal expertise of our top-notch team of individuals from across government, industry and academia. Today we validated our design and are now ready to move to the next phase towards fielding a hypersonic strike capability.”

Hypersonic weapons, capable of flying at speeds greater than five times the speed of sound, are highly maneuverable and operate at varying altitudes. This provides the warfighter with an ability to strike targets hundreds and

even thousands of miles away, in a matter of minutes, to defeat a wide range of high-value targets. Delivering hypersonic weapons is one of the department’s highest technical research and engineering priorities.

“This test was a critical step in rapidly delivering operational hypersonic capabilities to our warfighters in support of the National Defense Strategy,” said U.S. Army Lt. Gen. L. Neil Thurgood, director of hypersonics, directed energy, space and rapid acquisition, whose office is leading the Army’s Long Range Hypersonic Weapon program and joint C-HGB production. “We successfully executed a mission consistent with how we can apply this capability in the future. The joint team did a tremendous job in executing this test, and we will continue to move aggressively to get prototypes to the field.”

The C-HGB – when fully fielded – will comprise the weapon’s conventional warhead, guidance system, cabling, and thermal protection shield. The Navy and Army are working closely with industry to develop the C-HGB with Navy as the lead designer, and Army as the lead

for production. Each service will use the C-HGB, while developing individual weapon systems and launchers tailored for launch from sea or land.

The similarities in hypersonic weapon design for sea and land variants provide economies of scale for future production as we build the U.S. hypersonics industrial base.

“Hypersonic systems deliver transformational warfighting capability,” said Mr. Mike White, Assistant Director, Hypersonics, OUSD Research and Engineering (Modernization). “The glide body tested today is now ready for transition to Army and Navy weapon system development efforts and is one of several applications of hypersonic technology underway across the Department. These capabilities help ensure that our warfighters will maintain the battlefield dominance necessary to deter, and if necessary, defeat any future adversary.”

Additionally, MDA is working closely with Army and Navy in sharing data that will inform their development of enhanced capabilities for a layered hypersonic defense to support warfighter need and outpace the adversary threat.

DEPARTMENT OF DEFENSE PHOTO



To read the full article and watch a video of the March 20 test, please visit <https://www.defense.gov/Newsroom/Releases/Release/Article/2119458/department-of-defense-tests-hypersonic-glide-body/>





# KIDS SHINE AT PTO TALENT SHOW



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

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1) Students in Misti French's fifth grade class perform "Geometric Lines." 2) Penny Africano, Kwajalein's own Dorothy Gale, sings "Somewhere Over the Rainbow." 3) A scene-change helper signals the next act in a skit entitled "Got Talent?"

BY JESSICA DAMBRUCH

**Before** they headed out on spring break, George Seitz Elementary School students let their talents shine March 20 at the annual Parent Teacher Organization Talent Show in the Davye Davis Multi-Purpose Room.

It can be hard to sum up a show in one word, but this year I'll choose "amazing." The PTO event showcased more than 20

acts and more than 40 K-6 students as they performed songs, dance numbers and original skits with the help of parent and community volunteers.

Friends and classes banded together to present group performances, but a handful of brave students took the mic on their own to display their talents in singing and musicianship, as well.

In between acts, the masters of ceremonies team demonstrated their

multi-talents. They kept jokes flowing and occasionally left the podium to perform in their own skits and dances.

The talent show was a welcome shot of joy. It is good to know that we live in a community with so many talented young musicians and performers.

If you missed this year's show, make plans to attend next year, and arrive early to get a seat and a snack at the PTO fundraiser bake sale.





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1) Ladies and gentlemen, the 1990s are back, thanks to Lucas Howe's theme from "The Fresh Prince of Bel-Air." 2) Ember Miller accepts applause following her performance of "Speechless." To date, The Kwajalein Hourglass has enjoyed two of Miller's talent show performances and can't wait for the next one. 3) Chevelle Eiswirth sings a hauntingly beau-

tiful rendition of "Hallelujah." 4) Students perform in "Twinning TikTok." 5) Jane Premo's fourth graders are larger than life dancers as they perform "The Pillow People." 6) Nora Wamsley defies gravity in her freeform dance performance "Try Everything." 7) Kwajalein School System teacher Kyle Miller runs tech during the performance.



# USAG-KA CELEBRATES MONTH OF THE MILITARY CHILD

## EXTERNAL REPORT

*April is designated* as the Month of the Military Child, underscoring the important role military children play in the community of the U.S. Armed Forces.

Sponsored by the Department of Defense Military Community and Family Policy, the Month of the Military Child is a time to applaud military families and their children for the daily sacrifices they make and the challenges they overcome.

The Month of the Military Child is part of the legacy of former Defense Secretary and WWII veteran Caspar Weinberger who established the April theme to commemorate the role military kids play in the families of U.S. servicemembers.

DoDEA joins the Department of Defense and the military community in celebrating April as the Month of the Military Child.

In DoDEA communities around the world, our most essential strategic imperatives are: establishing an educational system that progressively builds the college and career readiness of all DoDEA students; and establishing the organizational capacity to operate more effectively and efficiently as a model, unified school system.

We aim to challenge each student to maximize his or her potential and to excel academically, socially, emotionally and physically for life, college and career readiness.

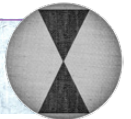


Learn more about how you can celebrate the Month of the Military Child at <https://www.dodea.edu/dodeaCelebrates/Military-Child-Month.cfm>



Want to learn more about former Defense Secretary Caspar Weinberger and the Month of the Military Child? Check out <https://www.dodea.edu/dodeaCelebrates/Military-Child-Month.cfm> to learn about how the month is celebrated around the world. Call Central Registration at 5-2158 and check out the USAG-KA CYS Spotlight for more information on Kwaj MOMC events.

## CELEBRATE USAG-KA'S MILITARY KIDS



**April is Month of the Military Child.** If you are an active duty service member or military veteran with children residing on Kwajalein, submit a photo of your Kwaj kid(s) to the Kwajalein Hourglass newspaper to be published in a special tribute to our military children and their support of their parents' service.

Please include the child's name, age, school grade and the parent's military branch, rank and years of service. Send photos and information to [kwajaleinhourglass@dyn-intl.com](mailto:kwajaleinhourglass@dyn-intl.com) by April 21 to be included.

For more information, visit the official USAG-KA Facebook page or call the USAG-KA Public Affairs Office at 5-4848.

CYS has changed a few days and times of activities to better fit the busy schedules of our kiddos.

**The next two sessions of Open Rec will be held April 4 from 3:30-5:30 p.m.**

**4-H will also be held Wednesday and Friday 4:30-5:30 p.m. until the last meeting April 29.**

## We Care.

To residential internet customers impacted by COVID-19 travel restrictions:


We understand that some residents have been affected by current travel restrictions in place and are unable to utilize their internet service. Please reach out to [KwajNet.Billing@dyn-intl.com](mailto:KwajNet.Billing@dyn-intl.com) if you have questions or concerns regarding your internet billing and/or service and we will be glad to assist you.



# RMI MINISTRY OF HEALTH AND HUMAN SERVICES

## UPDATED INTERIM HEALTH TRAVEL ADVISORY & RESTRICTIONS

### ISSUANCE 11: AS OF 2 APRIL 2020

 **REPUBLIC OF THE MARSHALL ISLANDS**  
**OFFICE OF THE SECRETARY**  
**MINISTRY OF HEALTH AND HUMAN SERVICES**  
P.O. Box 16 ~ Majuro ~ Marshall Islands ~ 96960  
Tel. No. (692) 625-5327 Email: sechhs.rmi@gmail.com

**REPUBLIC OF MARSHALL ISLANDS**  
**2019 NOVEL CORONAVIRUS (COVID-19)**  
**UPDATED INTERIM HEALTH TRAVEL**  
**ADVISORY & RESTRICTIONS**  
**ISSUANCE 11: As of 2 April 2020**

*(Subject to regular review, as required)*

On 30 January 2020, World Health Organization declared the current novel coronavirus (COVID-19) outbreak a Public Health Emergency of International Concern (PHEIC). The virus was first detected in Wuhan city, Hubei Province, PRC, and subsequently cases of COVID-19 have been detected in 203 countries and territories.


The new virus is a coronavirus, which is a family of viruses that include the common cold, and viruses that cause severe respiratory infections. The virus can be transmitted from person to person, similar to other influenza viruses.

In response to the declaration of PHEIC, the Republic of Marshall Islands' (RMI) former COVID-19 travel advisories and restrictions (**Issuance 1:** 24 January 2020, **Issuance 2:** 31 January 2020 and **Proclamation declaring State of Emergency** dated 7 February 2020, **Issuance 3:** 13 February 2020, **Issuance 4:** 26 February 2020, **Issuance 5:** 25 February 2020, **Issuance 6:** 3 March 2020, **Issuance 7:** 5 March 2020, **Issuance 8:** 7 March 2020, **Issuance 9:** 8 March 2020, **Issuance 10:** 17 March 2020) have been reviewed and updated as of **31 March 2020 (Issuance 11)** with the following interim inbound and outbound travel restrictions for all visitors to RMI. **Because COVID-19 is a national threat these requirements will come into effect immediately.**

- An extension of the **total suspension of international travelers coming into the RMI** via air travel until **May 5, 2020**. All aircraft that need to land in the RMI for refueling purposes must adhere to the National Disaster Committee approved Amata Kabua International Airport Standard Operating Procedures (SOP). Periodic spot checks will be conducted on airport ground crew handling aircraft in the RMI. Ground crew not adhering to the strict no human-to-human contact protocols will be subject to immediate quarantine.
- Suspension of all domestic passenger air travel between Kwajalein and Majuro on international airlines. Air travel between Kwajalein and Majuro on Air Marshalls is still permitted.
- All cruise ships and yachts at this time are suspended from visiting the RMI until further notice.

- Fishing vessels that transited through or departed from COVID-19 infected countries are temporarily suspended from entering the RMI ports until further notice. All fishing vessels exempted by MOHHS, RMI Ports Authority, MIMRA and RMI Immigration are strictly required to spend **14 days** at sea prior to entry and must adhere to the National Disaster Committee approved Standard Operating Procedures-Maritime (SOP). Human-to-human contact is strictly prohibited.
- To make sure that we can continue to allow food and supplies to enter the country, all **container vessels and fuel tankers** are exempt but are strictly required to spend **14 days** outside of the RMI after departure and prior to arrival at the RMI Pilot Station. All container vessels and fuel tankers must adhere to the National Disaster Committee approved Standard Operating Procedures-Maritime (SOP). Human-to-human contact is strictly prohibited.
- Citizens and residents of the RMI with plans to travel abroad are **strongly advised** to consider postponing their travel arrangements. If travel arrangements cannot be postponed, **individuals should be aware that they may be subject to restrictions on reentering the RMI.**
- All GRMI officials, including elected officials, SOEs and auxiliary bodies, are required to suspend all international trips paid for by the GRMI or sponsored by outside agencies or organizations with the exception of patients approved by the RMI Medical Referral Committee.
- RMI Residents and Citizens who are planning to attend **missions, conferences, trainings and group trips** held outside of the RMI are **strongly advised** to postpone their travel until further notice.
- The Chief Secretary, as the head of the National Disaster Committee, together with the Secretary of Health and Human Services, based on recommendations from the RMI Public Health division and the National Disaster Committee, reserve the right to make exceptions to any of the above restrictions to allow for essential services. All safety protocols developed by the Ministry of Health and Human Services in compliance with WHO and CDC guidelines will be followed in these instances.

These are interim travel restrictions, which have been introduced by the Government of the RMI as part of current health emergency preparedness measures for COVID-19. These restrictions will be reviewed and updated as needed and communicated to the public.

  
**Jack Niedenthal**  
**Republic of the Marshall Islands**  
**Secretary of Health & Human Services**

April 2, 2020

## READ UP ON THE BIG PICTURE WITH JOHNS HOPKINS UNIVERSITY

The global outlook for COVID-19, the novel coronavirus, is constantly changing. To help keep you stay informed, we'd like to share a live map of COVID-19 global cases published by the Johns Hopkins University Center for Systems Science and Engineering. The map is a tool to help travelers and researchers understand the spread and containment of the virus around the globe.

Click the logo to the right, or visit <https://systems.jhu.edu/research/public-health/ncov/> to view the map.







U.S. ARMY PHOTO BY SENIOR AIRMAN SEAN MADDEN



U.S. ARMY PHOTO BY SGT. JAMES HARVEY

1) New York Army National Guard Soldiers with the 133rd Composite Supply Company demonstrate assembling a cot at the Jacob K. Javits Convention Center in New York City March 26. The convention center will be an alternate care site to ease the bed shortage of New York Hospitals as part of the state response to the COVID-19 outbreak. 2) Chief of Staff of the Army Gen. James C. McConville speaks during a COVID-19 press briefing in the Pentagon in Arlington, Virginia, March 26.

## ARMY SEEKS RETIRED MEDICAL SOLDIERS TO SUPPORT COVID-19 EFFORTS

### EXTERNAL REPORT

By Devon Suits, Army News Service

WASHINGTON—More than 14,000 retired Soldiers have already shown interest in returning to active duty after the Army recently reached out to over 800,000 of them to assist in the COVID-19 pandemic response, G-1 officials said Friday.

“The U.S. Army is actively seeking retired officers, noncommissioned officers, and other Soldiers to assist with COVID-19 pandemic response efforts,” officials said in a statement. “When the nation called, they have answered, and now that call has come again. This extraordinary challenge requires equally extraordinary solutions.”

The Army is currently looking for the following medical specialties:

- Critical care officers, 60F
- Anesthesiologist, 60N
- Nurse anesthetist, 66F
- Critical care nurse, 66S
- Nurse practitioner, 66P
- Emergency room nurse, 66T
- Respiratory specialist, 68V
- Medic, 68W

### Medical support

Army Chief of Staff Gen. James McConville also announced Thursday that two Army hospitals are heading to New York and expected to start treating non-COVID-19 patients by Monday, as part of an interagency approach to help decrease the burden on state healthcare facilities.

The 531st Hospital Center at Fort Campbell, Kentucky, and the 9th Hospital from Fort Hood, Texas, are expected to set up at the Javits Center this weekend, McConville said during a Pentagon press briefing.

Soldiers with the 627th Hospital at Fort Carson, Colorado, are also slated to deploy to Washington state on Sunday, McConville added.

An advance party arrived in the state on Wednesday and started coordinating with local officials to determine a suitable hospital location. Overall, the units will provide close to 300 hospital beds in New York and about 250 beds in Washington, he said.

“Soldiers that are called upon to deploy -- in this case here to support the government and our nation -- we look at cross leveling within [Army] Medical Command,” said Army Surgeon General Lt. Gen. Scott Dingle.

With portions of the active-duty force deployed, the Army looks to leverage the recalled volunteers and its reserve force to support impacted medical treatment facilities to ensure the readiness of the force.

Protecting U.S. citizens from COVID-19 requires a vital call to action, Army officials said in a separate message to the retired Soldiers.

### Return to service

Former active and Army Reserve Soldiers who have been retired for less than five years must meet the necessary certifications and eligibility criteria be-

fore returning to service, officials said. By law, retirees currently serving in key medical positions cannot be recalled into service, as their absence could impact current state medical operations.

If a Soldier is selected to return to service, their retirement pay will stop, as the Army places them on active-duty pay. A Soldier’s length of tour and location would be based on the needs of the force, officials said.

Recalled Soldiers will not be eligible for promotion, and the Army will consider waivers for those who cannot meet current height and weight requirements, officials said. Uniforms will be determined at a later date, as Army leaders continue to develop an onboarding process for returned personnel.

Once a Soldier’s service is complete, their years of service would be recalculated, which could increase their retirement pay.

“We’re asking our ‘Soldier for Life’ family to once again answer the call to duty and rejoin our ranks for this noble cause,” officials said. “If you are interested in becoming an important part of the solution against this pandemic, please visit Army Human Resources Command website ... for more information and to apply. It would be our honor to have you on the Army team again.”



PHOTO BY JOHN WAYNE LISTON

Krystal Moore, a licensed practical nurse, takes the temperature of a Soldier during a secondary screening on March 24, 2020, at Madigan Army Medical Center’s Winder Clinic on Joint Base Lewis-McChord in Tacoma, Wash. Winder Clinic has been designated as the JBLM enhanced COVID-19 screening site.





**USNS Comfort (T-AH-20)**



**USNS Mercy (T-AH-19)**

# HOSPITALS + AT SEA

## MISSION

The two Mercy-class hospital ships have become prime assets in the Navy's efforts to provide humanitarian assistance and disaster relief. Military Sealift Command Hospital Ships are being deployed in support of the nation's COVID-19 response efforts. Ships will treat non-COVID-19 patients which will allow local health professionals to further focus on treating COVID-19 patients.

## THE BASICS ► BOTH SHIPS



Length: 894 feet  
Beam: 106 feet  
Draft: 32 feet  
Displacement (full): 70K metric tons  
Speed: 12 knots

Both ships can staff up to



**1200**  
MEDICAL PERSONNEL

And also  
have capabilities  
& equipment  
comparable to a  
**MODERN HOSPITAL**  
**A SHORE**



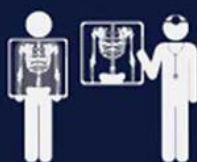
Maintain up to  
**5000**  
UNITS OF  
**BLOOD**



## Inside Each Ship



**ONE**  
CT SCANNER



**FOUR**  
RADIOLOGY  
SUITES



**TWELVE**  
OPERATING  
ROOMS



**1000**  
PATIENT BEDS



**ONE**  
ISOLATION  
WARD



**EIGHTY**  
INTENSIVE  
CARE BEDS

When not deployed, each ship is kept in reduced operating status. Comfort in Norfolk, Virginia, and Mercy in San Diego.

In full operating status, both ships are navigated and maintained by a crew of

## Operating Status & Crew

UP TO **1200** MEDICAL STAFF  
AND **71** CIVIL SERVICE MARINERS

For more information go to: [www.navy.mil/covid19](http://www.navy.mil/covid19)



# A Medevac Insurance Primer

Traveling to the Republic of the Marshall Islands is an exciting experience. It is important to ensure your medical insurance is in order before cleared visitors make their departure. To learn more about what you need to do as an on island sponsor, read below.

## PUBLIC SAFETY ANNOUNCEMENT

Once the Department of Defense travel restrictions have been lifted and you have visitors traveling to Kwajalein on a 480 or 55R, medical evacuation insurance is a very important part of the on-boarding process to consider.

Ensure your visitor is covered by a medevac insurance plan before travel plans are finalized. Failing to do so could net you, the visitor's sponsor or the garrison, \$130,000-250,000 in uncovered costs associated with performing a medical evacuation for a serious illness or injury to Hawaii or beyond. It's like buying a house—but not getting a house.

Of course, we all want our friends, family and staff who visit to have a fun and safe time, and to have a safety net if something happens. Fortunately, that safety net can cost a fraction of a fraction of the price of an uncovered medevac from Kwajalein Atoll.

To shop around for plan prices, simply use your favorite internet browser to take you to online insurance plan exchanges where you can compare different plans and prices to fit your visitor's needs.

Here are some pointers to keep in mind during the shopping process.

Travel insurance does not equate to medical evacuation insurance. Unless your travel insurance plan explicitly states medical evacuations, you should only assume medical expenses, such as medical procedures and medicine, are covered—not the costs of physically relocating the patient from point A to point Z.

If your visitor has health insurance (typically plans offered through employers), there is no guarantee medevacs are covered. Again, you must read the plan's details and know ex-

actly what is covered and what is not. For most stateside residents, medevacs from nations as remote as the Marshall Islands will not be covered. Your visitor will need to contact their insurance provider for additional information and to verify service areas.

If your visitor has a credit card that offers medical evacuation coverage as part of their membership benefits, again, it's important to read the fine print. For instance, is Kwajalein Atoll/Marshall Islands within the area of responsibility of the credit card company's coverage provider? A medevac from the Bahamas may be covered by a credit card company, but a medevac from the Marshall Islands may not be covered. Your visitor will need to call customer support to find out more before traveling.

Most importantly, if your visitor is not covered by medevac insurance via one of the methods already described, they should take this to heart: Medevac coverage does not have to be pricey. Yes, it is possible to visit USAG-KA without medevac insurance; it is not a require-

ment to enter the garrison on a 480 pass, for instance. But a three-week period of full coverage can cost as little as \$120. That's \$40 per week for peace of mind—and freedom from the catastrophic effects a full medevac bill will cost a sponsor in the event of a medical evacuation.

When selecting a plan, be sure to take note of any plan activation conditions associated with the plan. For instance, some providers stipulate that the plan must be purchased a month or so before the start of the travel period. Not understanding these conditions could make or break the bank in the event of a medevac.

As you consider policies, make sure that you select a medical evacuation insurance policy that includes a mini-mum of \$1 million of emergency medical evacuation (costs vary from \$130,000 to \$250,000), medical expenses, repatriation to home of record and repatriation of mortal remains (\$25,000-50,000), as well as 24/7 access to a travel assistance center.

The policy should also include coverage for emergency medical expenses, as your home country insurance may not extend to Kwajalein. Moreover, if you are evacuated, the destination health-care system may not accept your current insurance plan.

Finally, make sure Kwajalein Atoll is within the geographic area of responsibility of the medevac provider. Ask this at the beginning of the process, during the shopping process, and verify at the end before purchasing. For questions regarding medevac coverage for you and your dependents, contact your human resources office.



## When using alcohol-based hand sanitizer:

Check out the Centers for Disease Control online for more information at <https://www.cdc.gov/patientsafety/features/clean-hands-count.html>

PUT PRODUCT ON HANDS AND RUB HANDS TOGETHER



COVER ALL SURFACES UNTIL HANDS FEEL DRY



THIS SHOULD TAKE AROUND 20 SECONDS





# DOD RAISES HPCON LEVEL

**CHARLIE**  
**SUBSTANTIAL**  
Sustained community transmission

PUBLIC SAFETY ANNOUNCEMENT

The Department of Defense has raised the HPCON level worldwide to level Charlie (Substantial).

With that said, there are still no suspected or confirmed COVID-19 cases in the Republic of the Marshall Islands. Continue all previous actions and:

- Expect cancellation of in-person gatherings (e.g., schools, daycare, all community activities) and restricted ability to travel.
- Plan activities for family mem-

bers, especially children, in case you are restricted to your home for prolonged periods of time.

- Prepare for the potential of limited access to supplies and services, including severely restricted access to military installations.
- Implement remote work procedures as directed by your employer.
- If outside the United States, authorized or ordered departure actions may be implemented.

**0**  
**ROUTINE**  
No community transmission

**ALPHA**  
**LIMITED**  
Community transmission beginning

**BRAVO**  
**MODERATE**  
Increased community transmission

**CHARLIE**  
**SUBSTANTIAL**  
Sustained community transmission

**DELTA**  
**SEVERE**  
Widespread community transmission

## UNDERSTANDING HEALTH PROTECTION CONDITION LEVELS

PUBLIC SAFETY ANNOUNCEMENT

By The Army Public Health Center

The Department of Defense Instruction 6200.03 “Public Health Emergency Management Within the DoD,” and supplements, provides military commanders with policy applicable to the COVID-19 outbreak. Commanders review and update the health protection condition based on the risk level in the local community and in cooperation with local, state, or host nation guidance.

Commanders and public health personnel use HPCON levels to guide specific actions you can take in response to a health threat.

While it’s always important to prevent the spread of germs, there are additional steps you can take if COVID-19 transmission becomes more widespread in your community.

This page lists potential actions that may be indicated as a result of COVID-19. Regardless of the current HPCON level, always follow the guidance from your installation and local public health agencies.

**O ROUTINE:**  
**No community transmission**

Take everyday actions to stop the spread of germs:

- Avoid close contact with people who are sick.
- Wash hands often and for at least 20 seconds with soap and water.
- Cover your coughs.
- Sneeze with a tissue and throw the tissue in the trash; cough/sneeze into your elbow if tissues are unavailable.
- Avoid touching your eyes, nose and

mouth.

- Ensure all immunizations are up to date, including seasonal flu shots.
- Stay home if you are sick.
- Avoid close contact with family members and pets.

**ALPHA LIMITED:**  
**Community transmission beginning**

Continue all previous actions and: Routinely clean and disinfect frequently touched objects and surfaces.

If you are sick, call your medical provider for instructions on receiving care before going to the clinic

Stay informed by routinely checking reliable sources of information such as the Centers for Disease Control and Prevention (CDC) and your local public health agencies.

**BRAVO MODERATE:**  
**Increased community transmission**

Continue all previous actions and:

- Avoid unnecessary contact with others, such as shaking hands and hugging.
- Avoid unnecessary travel, especially to areas known to be experiencing active disease transmission.
- Ensure supplies of food, medication, and other items needed for babies and pets are available to last at least 14 days.
- Prepare for travel restrictions and cancellation of public gatherings, such as school, religious, and other community activities; make alternative arrangements for childcare.
- Observe local guidance on movement restrictions and access requirements for military installations.

- Seek guidance from employers and unit leaders about changes to work practices (e.g., telework) and training events.
- Comply with medical orders for self-isolation or quarantine.

**CHARLIE SUBSTANTIAL:**  
**Sustained community transmission**

Continue taking all previous actions and:

- Expect cancellation of in-person gatherings (e.g., schools, daycare, all community activities) and restricted ability to travel.
- Plan activities for Family members, especially children, in case you are restricted to your home for prolonged periods of time.
- Prepare for the potential of limited access to supplies and services, including severely restricted access to military installations.
- Implement remote work procedures as directed by your employer.
- If outside the United States, authorized or ordered departure actions may be implemented.

**DELTA SEVERE:**  
**Widespread community transmission**

Continue taking all previous actions and:

- Expect to remain at home for extended periods of time as movement in the community may be restricted.
- Expect that home isolation or quarantine may be directed.
- Follow all directives and guidance from local, state and Federal authorities. These actions are to protect the health and safety of you and your Family.



# UPDATE

## FLIGHT DELAYED

### UNITED AIRLINES' KWAJALEIN TO MAJURO DOMESTIC FLIGHT IS SUSPENDED.

PASSENGERS TRAVELING TO MAJURO MUST UTILIZE AIR MARSHALL ISLANDS FLIGHTS ONLY. AS OF MARCH 20, UNITED AIRLINES HAS SUSPENDED THE ISLAND HOPPER FLIGHT SCHEDULE UNTIL MAY 3 WITH THE FOLLOWING EXCEPTIONS: FLIGHTS SCHEDULED FOR APRIL 13 (EASTBOUND TO HONOLULU) AND APRIL 14 (WESTBOUND TO GUAM). **NO PASSENGERS WILL BE ALLOWED TO DISEMBARK IN THE REPUBLIC OF THE MARSHALL ISLANDS, TO INCLUDE KWAJALEIN.** THESE FLIGHTS ARE SUBJECT TO CHANGE. THESE CHANGES ARE DUE TO UNITED AIRLINES' WORLDWIDE REDUCTION IN FLIGHTS BY 80 PERCENT.

**QUESTIONS? CONTACT UNITED AIRLINES AT 1-800-864-8331.**

#### Coronavirus Disease 2019 (COVID-19): Protect Yourself and Your Family

- Avoid close contact with people who are sick



- Ensure all immunizations are up to date, including your seasonal flu shot

- Stay home if you are sick and avoid close contact with family members and pets

- Wash your hands often for at least 20 seconds with soap and water



- Use hand sanitizer when soap and water are unavailable

- Avoid touching your eyes, nose, and mouth



- Cover your cough/sneeze with a tissue, then throw it in the trash; cough/sneeze into your elbow if tissues are unavailable



- Create an emergency preparedness kit



Prevent COVID-19:  
**Take everyday actions to prevent the spread of germs**



For more COVID-19 information:  
<https://phc.amedd.army.mil/topics/diseases/Pages/2019-nCoVChina.aspx>  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Emergency Kit Checklist for Families:

<https://www.cdc.gov/childrenanddisasters/checklists/kids-and-families.html>

The Military Health System Nurse Advice Line is available 24/7 by phone, web chat, and video chat. Visit <https://www.health.mil/Am-A/Media/Media-Center/NAL-Day-at-a-glance> for more information.



TA-505-0320  
03/04/20

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version 1.0

#### Coronavirus Disease 2019 (COVID-19): Protect Yourself and Your Family

- Continue taking everyday actions to stop the spread of germs



- Routinely clean and disinfect frequently touched objects and surfaces



If COVID-19 is present in your community



- If you are sick, call your medical provider for instructions on receiving care before going to the clinic

- Stay informed by routinely checking reliable sources of information such as the Centers for Disease Control and Prevention (CDC) and your local public health agencies before going to the clinic



For more COVID-19 information:  
<https://phc.amedd.army.mil/topics/diseases/Pages/2019-nCoVChina.aspx>  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

The Military Health System Nurse Advice Line is available 24/7 by phone, web chat, and video chat. Visit <https://www.health.mil/Am-A/Media/Media-Center/NAL-Day-at-a-glance> for more information.



TA-506-0320  
03/04/20

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version 1.0



# MANAGE COVID-19 STRESS

COMMUNITY CONNECTION / KWAJALEIN HOSPITAL

As we all read and learn about COVID-19, we are bound to have different reactions. The impact of the disease may feel somewhat distant. It might also elicit a sense of panic or fear.

Many of us have family and friends that are losing jobs or transitioning to a more isolated way of life back home while we try to offer whatever form of support we can from a distance. Some of our residents may feel guilt for not being there with loved ones who are affected by the greater impact while others are practicing gratitude for the separation.

What is most important right now is to practice awareness of our mental health and support healthy strategies to maintain a positive approach to the changes.

You may notice increased feelings of nervousness or uneasiness. Symptoms of stress and anxiety may begin to show up in your mood and behavior. When our routines shift and impact our interactions, these feelings are expected and common. Signs of a shift may be changes in sleep, difficulty concentrating, appetite changes, restlessness, irritability or becoming short tempered and moody. Those with pre-existing anxiety conditions may feel worsened symptoms. These increased feelings could potentially elicit depression or hopelessness. There is also the reality of experiencing health anxiety:

- You feel unable to stop seeking out information on COVID-19
- Constantly evaluating yourself for symptoms
- Experience extreme anxiety or fear over contracting the disease.
- Become trapped in a thought loop of imagining worst-case scenarios

You might also experience the impact of socialization changes—fear of having to work from home and experiencing increased loneliness. Scarcity of goods, food or resources could also drive anxiety.

No matter what you are feeling or which area of concern feels the most impactful, it is important to remain steady and aware of how to best care for yourself and those around you. Creating a plan, focusing on the areas within your control and maintaining a consistent routine can be extremely beneficial.

## Schedule your visit with the Kwajalein Employee Assistance Program Advocate today.

*Sometimes it helps just to talk over things. Appointments with the Kwajalein Employee Assistance Program Advocate are available at no charge to all island residents. To schedule an appointment, call 5-5362 or email [marybeth.dawicki@ms.internationalsos.com](mailto:marybeth.dawicki@ms.internationalsos.com).*

Other ideas and strategies to manage any fear or anxiety:

- Maintain a realistic connection with updates and information from trusted sources like the Centers for Disease Control or World Health Organization in order to stay appropriately informed of best practices.
- Remain social through digital platforms such as Skype or WhatsApp.
- Practice good selfcare.
- Subscribe to an at-home exercise program to stay active or find classes on YouTube or Netflix for free. Keep those endorphins working to limit stress.
- Continue a healthy, balanced and nutritionally sound meal plan.
- Try to keep a clear sleep schedule by limiting screen exposure and keeping devices out of the bed.
- Start implementing meditation practices, deep breathing and other relaxation techniques.
- Sunlight and fresh air can also go a long way so make sure to get outdoors.
- Do things you enjoy that you may not always have had the time to do such as reading, cooking or baking, watching movies, playing video games or board games.
- Use the emerging online resources to tour a museum online, create an uplifting playlist or learn a new language.
- Catch up on cleaning or other repairs.
- Practice an old skill like art, music or poetry writing.

It is not uncommon to have some anxiety around the changes happening around the world. This situation is certainly unprecedented, and uncertainty can cause a lot of fear.

If you're experiencing trouble staying positive or are feeling an increased hopelessness, remember you're not alone. There are tele-health resources both on- and off-island.

If you're having thoughts of suicide or feel in crisis, consider reaching out to the National Helpline either online or by phone 1-800-273-8255. Crisis text: HOME to 741741 and speak with trained and compassionate counselors for free support 24/7.

At this time, on-island EAP/ counseling services are being providing confidentially through a secure and HIPAA compliant tele-health platform.

Additionally, please check with your HR or supervisor. Many companies offer additional EAP services and support for you during difficult times.

*To schedule an appointment, call 5-5362 or email [marybeth.dawicki@ms.internationalsos.com](mailto:marybeth.dawicki@ms.internationalsos.com).*



# ARTS AND MUSIC

## Kwajalein Yacht Club 20th Annual Spring Break Music Fest

APRIL 5 AT KYC AND CAMP HAMILTON

**Celebrate 20 years** of outdoor music this weekend, as the Kwajalein Yacht Club kicks off the annual Spring Break Music Fest.

This family-friendly live music event begins at 3 p.m. Come early to hear solo and acoustic sets and stay late for favorite Kwaj bands and combo acts.

In between sets, grab snacks and dinner at the MWR cash bar and grill at Hamilton Beach. Proceeds raised at SBMF are donated to support the Kwajalein MIA Project, an organization dedicated to the recovery of missing WWII aircraft.

Check out the MWR menu to plan your late-afternoon snack attack, and enjoy the show.



**MWR Bar Service Options**  
*Enjoy a specialty cocktail and a selection of beers and wines*

**Non-alcoholic beverages**  
*(water, soda and Gatorade)*

**Food Service Options**  
Grilled Turkey Burger—\$4  
BBQ Pulled Chicken Burgers—\$4.50  
Grilled Chicken on a Stick—\$3  
10 wings (Small)—\$5  
Chips—\$1

### MUSIC FEST LINEUP

3:15 P.M.- JIM WORTHY  
3:45 P.M.- MEGAN AMEIGH  
4:15 P.M.- JESSE DAMBRUCH  
4:25 P.M.- DAN LAVERTY  
5:15 P.M.- FANNAPINOS  
5:30 P.M.- JORDAN VINSON  
5:50 P.M.- MON LA MIKE  
6:50 P.M.- MINNIE SNODDY  
7:15 P.M.- DAN LAVERTY AND RICKY MEDEIROS  
8 P.M.- PURE ALOHA

*Social distancing will be observed during this weekend's events. Thank you in advance for your patience and assistance with this community health endeavor.*

### Kwajalein Art Guild Spring Art and Craft Bazaar

Join Kwaj crafters, vendors and artisans April 6 in the CRC Gym for an annual island favorite. It's never too early to stock up on holiday gifts to send to your loved ones, or to pick up a vendor's licence to participate in next year's fair. Contact Teresa Mitchell with USAG-KA FMWR to learn more about how to acquire a vendor's licence at 5-3400.



### MWR MOVIES

All movies begin at 7:30 p.m.

#### KWAJ YUK THEATER

**April 4**  
"Toy Story 4" (G)  
100 min.

**April 5**  
"Men in Black: International" (PG-13)  
115 min.

**April 6**  
"Scary Stories to Tell in The Dark" (PG-13) 108 min.

**April 11**  
"Abominable" (PG)  
97 min.

**April 12**  
"Ready Player One" (PG-13) 140 min.

**April 13**  
"Courageous" (PG-13)  
129 min.

#### ROI TRADEWINDS THEATER

**April 4**  
"Miss Bala" (PG-13)  
104 min.

**April 5**  
"Father Figure" (R)  
113 min.

**April 11**  
"Men in Black: International" (PG-13)  
115 min.

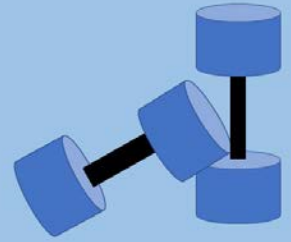
**April 12**  
"Scary Stories to Tell in The Dark" (PG-13) 108 min.

**For more information or questions about the movies, please contact MWR at 5-3331.**



# AQUATIC EXERCISE CLASS

Tuesday and Thursday  
9:15 – 10:15 a.m.  
at the Adult Pool  
Classes begin on April 7



\*All MWR fitness classes require a wellness class pass—buy yours at the MWR desk at the library!



## SAME GREAT CLASSES, NEW TIMES! BEGINING ON APRIL 7:

### STRENGTH AND CARDIO

TUESDAY AND THURSDAY  
**NOW AT 1:30 p.m.**  
IN CRC7

### SPIN CLASS

WEDNESDAY AND SATURDAY AT 5:30 a.m.  
**SATURDAY EVENING AT 6 p.m.**  
IN CRC7

\*All fitness classes require a Wellness Pass which can be purchased at the MWR desk at the Grace Sherwood Library

## Open Swim at the Family Pool

The shallow end of the Millican Family Pool  
will be reserved for CYS Water Polo  
April 7 – May 2  
On Tuesdays and Saturdays only  
from 4:30 to 5:15 p.m.



The deep end of the pool will be available for  
open swim during regular afternoon  
operating hours: 3-6 p.m.



## EASTER EGG HUNT

APRIL 11  
4:30 – 7 P.M.  
BRANDON FIELD

EGG HUNT STARTS AT 5 P.M.  
FUN FOR THE WHOLE FAMILY:  
GAMES, CRAFTS,  
SLIP 'N SLIDE AND BOUNCE HOUSES.  
BRING YOUR OWN BASKET.



CHECK OUT THE U.S. ARMY GARRISON-KWAJALEIN ATOLL FAMILY AND MORALE, WELFARE AND RECREATION NEWSLETTER, THE REEF, FOR HOURS OF OPERATION AND PRIVATE ORGANIZATION EVENT INFORMATION. FOR MORE INFORMATION, CONTACT TERESA MITCHELL AT 5-3400.



# CYS APRIL SPOTLIGHT



U.S. ARMY GARRISON-KWAJALEIN ATOLL  
CHILD AND YOUTH SERVICES

Visit USAG-KA CYS on Facebook for more pictures and information about our events and programs. <https://www.facebook.com/USAGKACYS/>



## *Child Development Center*

### STEAM Afternoons

Join the CDC as we explore science, technology, engineering, art and mathematics.

- Tuesdays-Swimming at Millican Family Pool, 1 p.m.
- Wednesdays-Functional Fitness at 1 p.m.
- Saturdays-Reading Buddies with Ms. Crump's third grade class, 2:10 p.m. STEAM- Swimming at the Pool will be on Tuesday afternoons.
- Yoga on the patio will be on April

### Upcoming CDC Events

**Start Smart Sports.** Fitness is fun in this program for children aged 3-5 years.

**Tumbling.** Inquire at Central Registration about program care openings. Season runs April 9 through May 27.

### Baru Classroom Special Reminders

Saturdays are Water Play Days. Please send your child with swim clothes, a swim diaper (if needed), a towel, and dry clothes.

### Special Events

April is Month of the Military Child

April 11 - Classroom Easter Celebration  
April 14-18 - Week of the Young Child Celebrations  
April 14-Tasty Tuesday  
April 15- Work Together Wednesday  
April 16- Artsy Thursday  
April 17- Family Friday  
April 18 - Music Saturday  
April 17 Army Wide CYS 40th Birthday Celebration  
April 24- Purple Up Day- Wear Purple for Month of the Military Child  
April 26- 3rd Annual MOMC Family Carnival 1-3 p.m.

## *School-Age Care*

### Mentor Program

Meets daily 7- 8:30 a.m.  
Teamwork is the highlight of this fun, new program, as School-Age Care kids mentor the CDC "littles" in fun projects and activities.

### Open Rec

This free fitness program for K-6 students meets first and third Saturdays from 4:30-6:30 p.m.

### Drama with 4-H Program

Join us as we get into creative theatrics and acting onstage. Please register at Central Registration.

**Functional Fitness**—Join this free physical exercise program. Meets Wednesdays from 2:30-3 p.m.

### CYS Sports

Inner Tube Water Polo season runs April 7 to May 2.

### Special Events at SAC

April is the Month of the Military Child  
April 26- 3rd Annual MOMC Family Carnival 1-3 p.m.  
April 29- 4-H Drama Celebration of Learning

### Daily Focus

Let SAC help you foster your child's growing talents and interests with our special one-day activity programming: Art Tuesdays; STEM Thursdays; Recreation Fridays; Character & Leadership Development Saturdays

## *Namo Weto Youth Center*

**Sundays**—Drama Club, 4 p.m.- April 12 and 26

**Tuesdays**—Keystone Club at 11:30 a.m.

**Wednesdays**—Smart Girls at 4 p.m.

**Thursdays**—Trivia Night at 8 p.m.

**Saturdays**—Keystone, Torch Club Officers meetings at 4 p.m.

### Special Events at Namo Weto Youth Center

Extreme Dodgeball- Register now in Central Registration- Season runs April 8- May 1.

April 26- Third Annual Month of the Military Child Family Carnival- 1-3 p.m.

### Movies

April 5- Rudy

April 12- Groundhog Day

April 19- The Boy Who Harnessed the Wind

April 26- October Sky

## *Parents' Corner*

### Special Note

Many CYS programs require preregistration. If you have questions or would like to learn more about registering your child or volunteer opportunities with CYS, please contact Central Registration at 5-2158.

### New Hours of Operation for CYS Programs

The new hours of operation for 4-H are 4:30 to 5:30 p.m. The new hours of operation for Open Rec are 3:30-5:30 p.m. The Namu Weto Youth Center will now be open during the following days and times: Monday- Closed; Tuesday- Outdoor Recreation from 3:15-4:15 p.m. only; Wednesday- 2 -9p.m.; Thursday- 3-9 p.m.; Friday- 3-9 p.m.; Saturday- 3-9:30 p.m.; Sunday- 1-9:30 p.m.

## *Teachers' Note*

Unless otherwise indicated, all programs for the Namu Weto Youth Center start or meet at the Center. Dates and times for events are subject to change. Please check in at your CYS location for the latest information.



## *CYS Needs You!*

Want to help coach for CYS? Contact Central Registration at 5-2158 for how to become a registered volunteer.



# COMMUNITY NOTES

## UPCOMING EVENTS AT THE ISLAND MEMORIAL CHAPEL

**April 5**  
Palm Sunday Services  
ID Service- 11 a.m.  
Catholic Service- 9:15 a.m.

**April 9**  
Mass of the Lord's Last Supper/  
Holy Thursday 7 p.m.

**April 10**  
Catholic Good Friday Service  
7 p.m. in main sanctuary. All are  
welcome to attend.

**April 11**  
Easter Vigil  
8 p.m. in the main sanctuary

**April 12**  
Easter Sunday  
Sunrise Service at Emon at  
6:30 a.m. followed by a brunch  
potluck.

Easter Mass of Renunciation  
9:15 a.m.

**April 13 and 27**  
Youth Fellowship—7-9 p.m. in  
the REB

**April 19**  
Christian Women's Fellowship at  
12:30 p.m. in the REB

**April 20**  
Theology on Tap at the  
Adult Recreation Center  
6:30 p.m.

**Services on Roi**  
Catholic Mass—6:30 p.m. on  
second and fourth Friday of every  
month.

Interdenominational Service—  
6:30 p.m. first and third Friday of  
each month

## HELP WANTED

To research and apply for govern-  
ment employment opportunities on  
U.S. Army Garrison-Kwajalein Atoll  
and worldwide, visit [usajobs.gov](http://usajobs.gov).

RGNext, LLC seeks qualified candi-  
dates to fill several open posi-  
tions on Kwaj and Roi in engineer-  
ing, technical and other areas. For  
more information and to apply, go  
to: [www.rgnext.com](http://www.rgnext.com).

DynCorp International (DI) is look-  
ing for qualified candidates for  
various positions. Current DI open  
positions on USAG-KA include  
administrative services, data ana-  
lysts, education services, aviation  
and airfield operations, marine op-  
erations and public works among  
others. To apply, go to: [www.dilog-cap.com](http://www.dilog-cap.com) or contact your local HR  
representative.

Kwajalein School System seeks  
substitute teachers. If you enjoy  
having a flexible schedule and  
working with children, we have a  
perfect opportunity for you. Please  
contact Susan Davis at 5-3601.

## NOTICES

AA meets weekly on Tuesdays  
from 6:30-7:30 p.m. upstairs in the  
REB (Rm. 213).

Ongoing Smoking and Tobacco  
Cessation offered. Please call  
EAP at 5-5362 or make an appoint-  
ment with a physician.

Internet customers can access  
their account and pay online. Sim-  
ply visit [KwajNetBilling.dyn-intl.com](http://KwajNetBilling.dyn-intl.com)  
to log in and pay via our se-  
cure, online payment gateway us-  
ing the payment method of your  
choice. You may also pay online  
for future months in advance! For  
support, contact us via phone @  
805-355-0843 (5-0843) or email  
[KwajNet.Billing@dyn-intl.com](mailto:KwajNet.Billing@dyn-intl.com).

USAG-KA 2020 Home Business  
License. Vendors who want to sell  
goods or offer services need to ob-  
tain a license. Stop by the FMWR  
Office on the first floor of Building  
805 for an application. For more  
information or to submit an appli-  
cation, contact Teresa Mitchell at  
5-3400 or [teresa.j.mitchell4.naf@mail.mil](mailto:teresa.j.mitchell4.naf@mail.mil). Please include the fol-  
lowing with your application: Appli-  
cable licenses and certifications;  
pictures and examples of goods of-  
fered; proof of insurance; and other  
relevant business information.

No food and drink on Metro Flights.  
Eating and drinking on Metro and  
helicopter flights is strictly prohib-  
ited. For your own safety and the  
sanitation of flights, we ask that you  
refrain from consuming food and  
beverages during flights. All drinks  
and snacks should be enjoyed in  
the air terminals or upon arriving  
at your destination. We appreciate  
your cooperation. For questions,  
please contact Lee Holt at 5-2102  
and Fly Roi at 5-6359.

Need to report a non-emergency  
incidents or information? Send in  
secure reports online at the US-  
AG-KA Police Department Face-  
book page. For more information,  
visit <https://www.facebook.com/kwajaleinpolice/>.

Self Help is located in Bldg. 1791.  
Hours of operation are Monday,  
Wednesday and Friday—9:30 a.m.-  
6 p.m. Visit Self Help to pick up tools  
to complete a number of household  
maintenance and upkeep projects,  
including the following:

- Various appliance and house-  
hold lightbulb replacements
- Pest control traps and sprays
- Lawn and garden tools
- Hand tools and power tools
- Painting supplies
- Miscellaneous
- Plumbing supplies
- Appliance accessories

Power Walk Ex. Stand strong,  
move forward and get to stepping  
with Power Walk ExClass meets  
Thursday and Saturday from 6  
a.m.-7 p.m. Walk will begin and end  
at the Ivey Gym. All MWR fitness  
classes require a wellness class  
pass. For more information and to  
purchase your pass, visit the MWR  
desk at the Grace Sherwood Li-  
brary and call 5-3331.

## FERAL CAT INFORMATION

The Kwajalein feral cat population  
must be controlled to prevent fed-  
erally-protected endangered spe-

cies from being hunted. For more  
information about the Trap-Neuter-  
Adopt/Release Program, please  
call 5-2017. To report a feral cat  
sighting, call Veterinary Services at  
5-2017 or Pest Control at 5-4738.

Coaches needed for Child Devel-  
opment Center Activities. Call CYS  
Central Registration at 5-2158 to  
volunteer.

Interested in losing weight or just  
making healthier choices? Kwaja-  
lein Hospital staff are here to help  
with coaching and support. We will  
work with you to design a custom-  
ized nutrition and exercise plan to  
meet your goals. Call the Public  
Health Nurse for an appointment at  
5-8836 or 5-2224 or stop by Bldg.  
566.

Beginning April 9, Surfside Salon  
will now accept walk-in customers  
for haircuts only Thursdays from  
2-6 p.m.

Due to safety reasons from wear  
and tear, the playground equipment  
at George Seitz Elementary School  
has been designated off limits.  
Please do not climb on or around  
the equipment and leave the red  
tape in place. Parents, please do  
not send your children unattended  
on the school playground.

Please consider wearing water  
shoes/aqua socks at the Millican  
Family Pool and Adult Pool as  
there may be sponge spicules on  
the pools' floor. While the sponge  
spicules are always present in the  
seawater used in the pools, they will

be more common in the Adult Pool  
while the pump system stabilizes.

New TV antennas have been in-  
stalled on Shell and Coral BQ's.  
Also A.R.C. and Country Club  
buildings. If you are experiencing  
TV or radio reception issues on  
Kwaj, call AFN at 5-3743 and we  
can help.

Island Memorial Chapel Yoga is  
cancelled April 6.

Effective immediately and until  
further notice, the Vets Hall is re-  
stricted to members only. Those  
coming to the Vets Hall must have  
a current American Legion mem-  
bership card indicating they are  
a member of Post #44. Spouses/  
significant others/immediate family  
are welcome to come to the Hall  
with their member. Social distanc-  
ing guidelines are to be observed  
at all times while at the Vets Hall.  
This is a temporary restriction only,  
in light of the COVID-19 pandemic  
concerns. Questions? Contact Dan  
Farnham.

## WE'VE ALL GOT ISSUES, BUT WE CAN FIX YOURS.

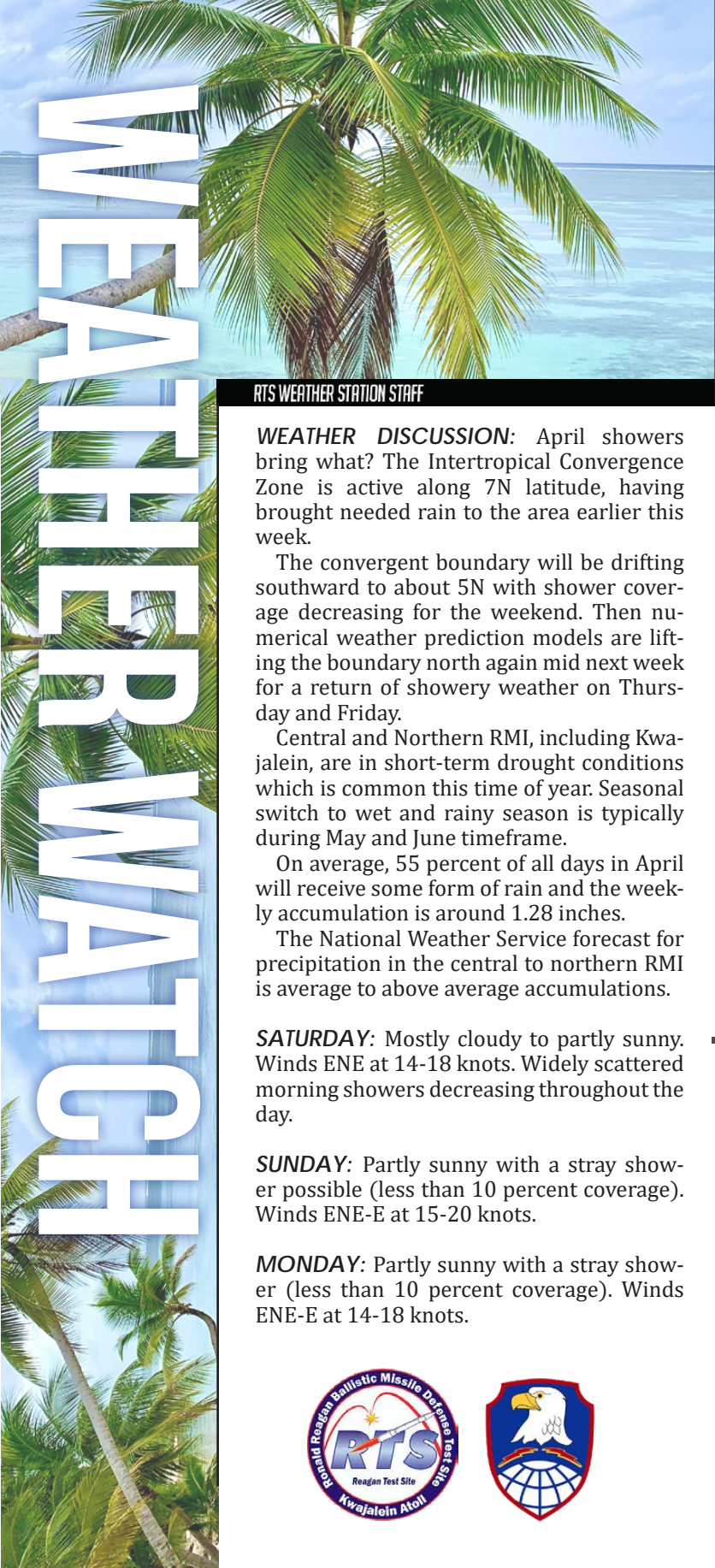


Call the Public Works Service Desk at 5-3550  
Tuesday through Saturday, 7:30 a.m. to 4:30  
p.m. For emergencies after regular hours of  
operation, call 5-3139. After going through  
the service desk process, if you continue to  
experience issues, contact us. We will work  
with you to resolve your issue.

Derek Miller, 5-2283  
[derek.d.miller14.civ@mail.mil](mailto:derek.d.miller14.civ@mail.mil)

Scott Hill, 5-0133  
[michael.s.hill86.civ@mail.mil](mailto:michael.s.hill86.civ@mail.mil)





RTS WEATHER STATION STAFF

**WEATHER DISCUSSION:** April showers bring what? The Intertropical Convergence Zone is active along 7N latitude, having brought needed rain to the area earlier this week.

The convergent boundary will be drifting southward to about 5N with shower coverage decreasing for the weekend. Then numerical weather prediction models are lifting the boundary north again mid next week for a return of showery weather on Thursday and Friday.

Central and Northern RMI, including Kwajalein, are in short-term drought conditions which is common this time of year. Seasonal switch to wet and rainy season is typically during May and June timeframe.

On average, 55 percent of all days in April will receive some form of rain and the weekly accumulation is around 1.28 inches.

The National Weather Service forecast for precipitation in the central to northern RMI is average to above average accumulations.

**SATURDAY:** Mostly cloudy to partly sunny. Winds ENE at 14-18 knots. Widely scattered morning showers decreasing throughout the day.

**SUNDAY:** Partly sunny with a stray shower possible (less than 10 percent coverage). Winds ENE-E at 15-20 knots.

**MONDAY:** Partly sunny with a stray shower (less than 10 percent coverage). Winds ENE-E at 14-18 knots.



## SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:45 a.m. 6:59 p.m.	4:16 p.m. 4:07 a.m.	2:38 a.m. 3.4' 2:44 p.m. 4.3'	8:28 a.m. 0.4' 9:08 p.m. -0.3'
MONDAY	6:44 a.m. 6:59 p.m.	5:15 p.m. 4:59 a.m.	3:14 a.m. 4.0' 3:25 p.m. 4.8'	9:11 a.m. -0.2' 9:43 p.m. -0.7'
TUESDAY	6:44 a.m. 6:59 p.m.	6:13 p.m. 5:50 a.m.	3:49 a.m. 4.5' 4:03 p.m. 5.0'	9:51 a.m. -0.6' 10:17 p.m. -0.9'
WEDNESDAY	6:43 a.m. 6:59 p.m.	7:11 p.m. 6:40 a.m.	4:24 a.m. 4.9' 4:40 p.m. 5.1'	10:31 a.m. -0.9' 10:50 p.m. -1.0'
THURSDAY	6:42 a.m. 6:59 p.m.	8:09 p.m. 7:30 a.m.	4:59 a.m. 5.1' 5:16 p.m. 4.9'	11:09 a.m. -0.9' 11:22 p.m. -0.8'
FRIDAY	6:42 a.m. 6:59 p.m.	9:09 p.m. 8:21 a.m.	5:34 a.m. 5.1' 5:52 p.m. 4.5'	11:48 a.m. -0.8' 11:54 p.m. -0.6'
APRIL 11	6:41 a.m. 6:59 p.m.	10:08 p.m. 9:14 a.m.	6:09 a.m. 4.9' 6:27 p.m. 3.9'	12:27 p.m. -0.4' -----

## E-WARENESS

### PETROLEUM PRODUCT STORAGE TANK ANNUAL INSPECTION

Each department must inspect tanks annually via trained custodian:

- Examine for and remove water.
- Examine secondary containment areas to ensure they are impervious to water and draining properly.
- Inspect for paint failure and corrosion.
- Examine leak detection, gauges, vents, and valves.

*Aolep department ko rej aikuj etale nien dren ko aolep yio ippen juon eo ewor an jela ikijen jerbal kein:*

- Lale dren ko im jolok dren ko renana.
- Etale nien dren ko jet me emaron wor ettal ie.
- Etale uno ko im ijoko rej elejo.
- Etale ijoko rettal, anol ko, vent ko, im valve ko.

Contact Environmental at 5-1134 for information.

## CHOOSE YOUR NEWS.



### YOUR WEEK IN PICTURES

Check out Kwajalein Hourglass photos online at the HG Flickr website online at <http://www.flickr.com/photos/kwajaleinhourglass>



### SATURDAY

5 p.m. Saturdays and noon on Tuesdays on AFN 99.9 The Wave. Turn on the TV and listen in on Channel 29-1 or on the Roller.



### KWAJ CURRENT

Catch the latest episode of Kwaj's local TV show on AFN 29-1 and also at <https://www.youtube.com/channel/UCQC-QruYhYdy9psTPSj-cF6A/videos>



### ROLLER ONLINE

An island mainstay comes to the Internet at last. Stay in-the-know with the AFN Roller Channel online! Check out the USAG-KA Facebook page connect.





**SHARP**  
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

**CONTACT THE  
USAG-KA SEXUAL HARASSMENT/  
ASSAULT RESPONSE  
AND PREVENTION  
VICTIM ADVOCATE**

**Staff Sgt. Yadira Vazquezrodriguez**  
*SHARP Victim Advocate*  
Work: 805 355 0660 / 1419

**USAG-KA SHARP Pager:**  
805 355 3243/3242/3241/0100  
USAG-KA SHARP VA

**DOD SAFE Helpline:**  
877 995 5247



## UXO REMINDER

### PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekawotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.



f/2.8



f/4



f/5.6



f/8



f/11



f/16



f/22



**CLASSIFIED/  
CRITICAL/SENSITIVE**

**NOT SURE?  
DON'T SHOOT.**  
**HOBBIES SHOULDN'T  
COMPROMISE OPSEC.**

If you're not sure, don't shoot. Whether your photographs are for work or for recreation, visitors and residents on U.S. Army Garrison-Kwajalein Atoll must abide by applicable physical security regulations for island photography. Please contact an island security representative for more information about how you can do your part to take great pictures while supporting the mission of the U.S. Army.

## VISIT USAG-KA ONLINE.

For community updates, and episodes of the Kwaj Current, please visit the official USAG-KA Facebook page and YouTube channel. For command information questions, please contact Public Affairs at 5-4848.



**YouTube**