

VOLUME 60 NUMBER 40

OCTOBER 5, 2019

THE KWAJALEIN HOURGLASS



THIS WEEK

MONTH OF MANIT

KWAJALEIN CELEBRATES CULTURE 2

COL JAKE WAMSLEY

RTS RANGE DIRECTOR PROMOTION 5

GET INTO CYS SPORTS

WITH SAM PARTAIN 6

RIKATAK STUDENTS TATINA SAMSON, RIGHT, ROD HAZZARD, CENTER, AND HILAI REIMERS PERFORM AT THE KWAJALEIN MANIT CELEBRATION SEPT. 30.



JESSICA DAMBRUCH



1

U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



2

COURTESY OF MISTI FRENCH



3

1) Rikatak students and Cathy Furgeson, center, are decked out in their finest festive garments for Kwajalein Mani Celebration. 2) Kwajalein Schools students taught by Misti French work on their winning entry for the annual coconut boat race at the Millican Family Pool. 3) USAG-KA Commander Col. Jeremy Bartel tries coconut husking with a little help from a 4-foot husking iron. Inset: Students pilot their boat to victory at the Millican Family Pool.

MANIT SPIRIT BURNS BRIGHTLY ON USAG-KA

BY JESSICA DAMBRUCH

Dancers in green- and white-flowered garments twirled before onlookers at the 2019 Kwajalein Schools Mani Day Celebration. Behind the dancers, near a row of painted coconuts, a handmade marquee was decorated with symbols of Marshallese culture and bold lettering. It read “We are the light,” the theme for the 2019 Kwajalein School System Mani Celebration.

Hosted each year as a team effort between teachers, students, visitors and parents, the KSS month-long study of “manit,” or Marshallese culture, culminates with schoolwide learning activities and celebrations.

School events are followed by a weekend Kwajalein Mani Day Celebration open to the community. Both celebrations are an opportunity for Kwajalein and Roi residents to become better ac-

quainted with the people and customs of their host nation. The celebrations promote cultural exchange and mutual understanding. As this year’s student projects demonstrated, manit brings everyone together in the festive spirit of culture.

At George Seitz Elementary School, students visited different classrooms to check out language arts, geography and music projects performed and shared by their classmates. A favorite highlight was an annual coconut boat race held at the Millican Family Pool.

Together, students and classes raced their small boats from one end of the shallow end of the pool to the opposite side, cheering and splashing them on to victory.

The race is a chance for students to put their science and physics knowledge to work. KSS teacher Misti French’s students constructed a class entry out of

upcycled materials they combed from the beach themselves. The effort won them first place in the schoolwide race.

“The students used Archimedes Principle to calculate the weight they would need to support and the amount of water they would need to displace,” wrote French in a letter to the Kwajalein Hourglass. “Then, they converted to the measurement to metric and calculated how many liters of empty bottles it would take. The sunrise [hull design] was made from washed up flip flops and bottle caps. In the words of parent Heather Miller, ‘Yay for science.’”

Students and parents enjoyed a buffet of traditional Marshallese cuisine prepared by parent volunteers before visiting the Corlett Recreation Center for the KSS grand, final celebration. The program is produced with assistance from parent volunteers, teachers and special guests. Visiting musicians from Ebeye

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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Garrison Commander.....Col. Jeremy Bartel
Garrison CSM.....Sgt. Maj. Kenyatta Gaskins
Public Affairs Officer.....Mike Brantley
Communications Manager.....Jordan Vinson
Communications Specialist.....Jessica Dambruch

performed live to accompany a dance exhibition by Kwajalein's Rikatak students. Masters of Ceremonies Litokne Kabua and Harden Lelet welcomed the gathering.

Dancers and parents in the audience couldn't resist the festive spirit of one song, "Relax with It," and took to the dance floor while the band played.

"We understand the pull of the spirit of manit," said Kalani Riklon, of the spirited, spontaneous performance. "It's the spirit of manit taking over."

In one last hurrah, the Rikatak dancers called their Kwajalein teachers down onto the dance floor to perform with them in a final song.

"We are so grateful everyone could be here," said Harden Lelet. Together he

and the audience thanked teacher Karen Brady, and KSS Principal Susan Davis for their hard work and coordination of the events. Of course, it wouldn't do to let these hard-practiced dance skills go to waste. Lelet hinted at a future possible winter performance that parents, teachers and students could join in.

The festivities continued Sept. 30, as the Kwajalein Mani Day Celebration kicked at the Marshallese Cultural Center. Island residents enjoyed a relaxing afternoon visiting the cultural artifacts on display in the center and trying their hand at traditional skills such as coconut husking and basket weaving.

For the many volunteers and helpers from Ebeye and Kwajalein, the day began early. Before first light, a team of

chefs began making preparations for a savory, homecooked sampler buffet. The highlight of the afternoon was the unearthing of two earth-oven roasted pigs, wrapped in layers of succulent banana and kino leaves. The chefs checked the pig, declared it good, and received a cheer—just in time for lunch.

Student and parent volunteers armed with hand gloves and sanitizer, and volunteers served an array of traditionally prepared foods and snacks, made from fish, coconut and local delicacies such as pandanus and breadfruit. The afternoon's entertainment featured a reprise of Rikatak dances and music performed by the Mon La Mike Band and Ebeye Band from Calvary.



COURTESY OF JAN POTTER



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



1) Pam Duffy Sakaio, center, assists young Mani Day visitors with palm frond weaving. 2) Students and parents try out a homecooked buffet of Marshallese cuisine at the Kwajalein Jr.-Sr. High School Multi-Purpose Room. 3) The lunch crowd wrapped around the table to try freshly roasted pork at the Kwajalein Mani Day celebration Sept. 30. 4) A Marshallese artisan crafts baskets and home decor items out of palm fronds.

U.S. ARMY GARRISON-KWAJALEIN ATOLL OFFERS CONGRATULATIONS TO RONALD REAGAN BALLISTIC MISSILE DEFENSE TEST SITE RANGE DIRECTOR COL. JAKE WAMSLEY ON ACHIEVING HIS PROMOTION TO THE RANK OF COLONEL IN A CEREMONY AT THE ISLAND MEMORIAL CHAPEL OCT. 1.



Ronald Reagan Ballistic Missile Defense Test Site Range Director Col. Jake Wamsley, left, receives epaulettes from his son Bradley during his promotion ceremony Oct. 1. See story, next page.

RTS RANGE DIRECTOR ACHIEVES NEW RANK



HOURLASS REPORT

With assistance from his family, Lt. Col. Jake Wamsley, Ronald Reagan Ballistic Missile Defense Test Site Range director, achieved the next rank in his 21-year military career at a promotion ceremony at the Kwajalein Island Memorial Chapel Oct. 1.

During the ceremony, Wamsley's wife Vanessa and his son Bradley placed new full bird boards on his shoulders. His daughter Nora replaced the silver oak leaf on his beret.

Col. Wamsley and his family arrived on Kwajalein in August 2018 and enjoy the family atmosphere here on the island, he said.

About his role as range director, "I enjoy the variety of missions that RTS supports," he said. "I have a great team."

One member of his team is Rachel Hickman, RTS Range deputy director, who arrived in January.

"It's been a pleasure working for Col. Wamsley," she said. "He's a consistent, supportive leader and has been a great influence to the progression of RTS, and listens to the concerns of the team and makes every effort to provide the resources needed to be successful."

Hickman added that she appreciates his open and honest communication "which has helped us navigate roadblocks and foster confidence amongst the team."

Wamsley looks forward to another year here as the range director.



1) Members of the Wamsley family place new command insignia on the uniform of Col. Jake Wamsley, Ronald Reagan Ballistic Missile Defense Test Site range director, during his promotion ceremony at the Island Memorial Chapel Oct. 1. From left: Vanessa, Nora, Wamsley and Bradley Wamsley. 2) Thomas Webber, U.S. Space and Missile Defense Command Technical Center director, leads Wamsley in the Oath of Service. 3) Friends and members of the Kwajalein range community congratulate the Wamsley family following the ceremony.

VISIT USAG-KA ONLINE.

For community updates, and episodes of the Kwaj Current, please visit the official USAG-KA Facebook page and YouTube channel. For command information questions, please contact Public Affairs at 5-4848.





U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



1) Kids practice basketball skill drills in the CRC gym. 2) Sam Partain, center, Child and Youth Services sports lead, speaks with elementary school-aged students during a Functional Fitness basketball camp. 3) Child Development Center basketball players shoot hoops during Functional Fitness.

BIG DREAMS, SMALL TEAMS: PARTAIN TACKLES CYS SPORTS

BY JESSICA DAMBRUCH

The young basketball player eyed the hoop, gave a great lunge—and sent the ball sailing just past its target at the Corlett Recreation Center gym. Teammates and parent volunteers at Child and Youth Services basketball clinic gave a whoop of encouragement and high-fived her as she trotted back to the end of the line for her next turn.

“Good try,” said Sam Partain, Child and Youth Services sports lead. “Let’s gather over here for our next instructions.”

Instantly, Partain was surrounded by a flock of kids in red and blue jerseys. Moments later, they ran up and down the court, passing the ball and shrieking with laughter.

Basketball is but one CYS Sports Program opportunity to children registered with Kwajalein CYS. The program includes individual and team sport offerings for elementary school students, as well as Start Smart opportunities

for youngsters aged 3-5 years. Partain oversees the sports program and operates as the resident CYS expert regarding health and fitness. He also supports Functional Fitness for the Child Development Center and School Age Care programming on Wednesday afternoons.

Of course, the trick to learning anything is to make it fun, and that’s where Partain’s expertise comes into play.

“Sam has this great energy, and the kids really connect with him,” said Dr. Stephanie McCutcheon, CYS Coordinator. “With Sam’s inclusion to the CYS team, we hope to be able to offer sports that support school programs soon. For example, we’d like to offer conditioning training to supplement the sports they already play. Many of our teens compete in the annual Rust Man Triathlon and fitness training can support their efforts in such community activities and encourage healthy living in general.”

Partain, a native of Tucson, Arizona,

and a father of three young children, has experience running youth programs incorporating sports and fitness.

“I love working with kids and seeing them learn and grow,” Partain said.

One of Partain’s “top secret projects” in the CYS Sports Program is the upcoming Ninja Warrior Challenge. Kwaj kids will have to sign up to find out more, he said.

“I don’t want to give too much away, but we’re going to incorporate fun fitness skills with some outside-the-box adventures and obstacles,” said Partain. “You should sign up and come find out.”

Partain also encourages parents and other community members who want to get involved to visit Central Registration to complete a volunteer registration packet.

“We’ve got some talented people on Kwaj. I’d love more adults who care about kids to participate in what we’re doing,” said Partain. “It’s fun, it’s active and it’s important.”



Follow us online!
Visit USAG-KA CYS on Facebook for more pictures and information about our events and programs. <https://www.facebook.com/USAGKACYS/>





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GLOBAL PLAY DAY AT CYS

BY JESSICA DAMBRUCH

Kwaj kids and family members joined Child and Youth Services on U.S. Army Garrison-Kwajalein Atoll Monday, Sept. 30 for the Worldwide Day of Play. The annual fitness-forward mindset of the activity encourages kids to go outside and engage in some good, old fashioned fun in the sun.

CYS staff and volunteers staged activity centers, sports equipment and bouncy houses at the Namo Weto Youth Center.

Luckily, Kwaj kids don't need much coaxing to go outside. Kids queued up at a mega-sized inflatable obstacle course to race to the finish. Younger children enjoyed jumping in a bouncy house with a safety net.

Teen volunteers from the island's Keystone Club bridged the generation gap by coaching younger children who needed a helping hand. Kids as young as four played foursquare and practiced soccer skills with the teens.

Kids interested in arts and crafts enjoyed face-painting stations manned by painters Hannah Finley and Emily Hickman. Thanks to Makenna Moseley and giant-sized colored chalks, kids could also chalk the youth center's basketball court.

"It's great to see so many kids out here having fun and playing together," said CYS Center Director AJ Rawls.



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1) Mandy Melody, left, and her son Michael check out a bouncy house. 2) Orion Miller makes sure the coast is clear before entering the third tier of an inflatable bouncy house. 3) Hannah Finley applies her artistic talents to Kwaj kid faces at a facepainting station. 4) A little mentorship goes a long way: Teen volunteer Litokne Kabua helps Abigail Dawicki clear the first hurdle in the obstacle course. 5) Chalk it up to love: Kwaj kids decorated the Namo Weto Youth Center basketball court with original chalk drawings.



"Not everyone has a mental illness, but everyone has mental health. It's your responsibility to take care of your mental health."

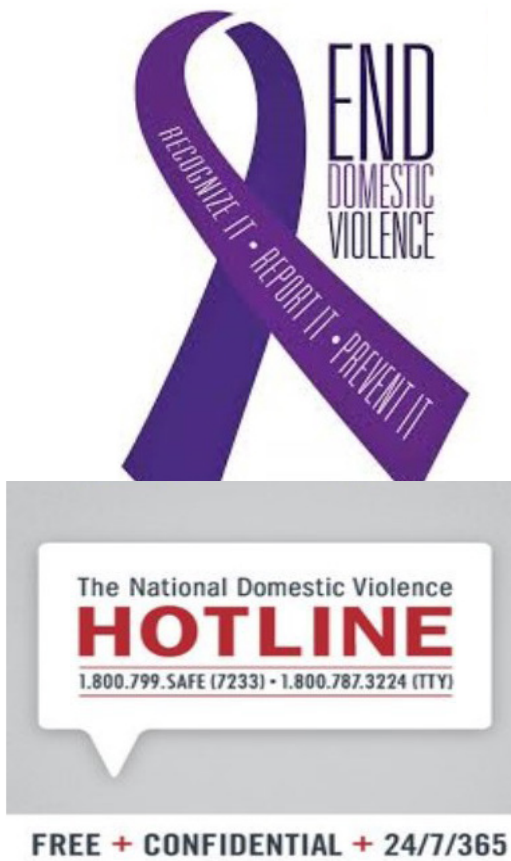
— Andrea Nguyen

OCTOBER 10 IS WORLD MENTAL HEALTH DAY AND NATIONAL DEPRESSION SCREENING DAY

Take time for a mental health check-in. Stop by the Employee Assistance Program office for a free, 15-minute confidential check-in with a wellness professional Thursday, Oct. 10, from 4:30-6:30 p.m. Call 5-5362 for the office location.

Check out the link below to take a short questionnaire to see if you would benefit from additional support.

<https://screening.mhanational.org/screening-tools>



October is Domestic Violence Awareness

The Facts

- One in four women and one in nine men report experiencing violence from their partners in their lifetime.
- One in 15 children are exposed to domestic violence every year. 90 percent are eyewitnesses to the abuse.

What is Domestic violence?

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. It includes the use of physical violence, threats and intimidation, stalking, emotional and psychological abuse and financial control. It may also include:

- Physical abuse or the threat of abuse of the victim, children or pets
- Rigidly controlling finances or withholding money
- Sabotaging a partner's job by making them miss work, constantly calling them at work or showing up uninvited
- Verbal insults that humiliate a partner
- Telling a partner who they can or cannot hang out with, text or be friends with on social media
- Stealing or insisting on having a partner's internet or bank passwords
- Isolating a partner from family and friends

Please join us for these free programs being held to raise awareness. Join the effort to end domestic violence!

Free Meditation Class
Oct. 8 (9-10 a.m.)

Anger Management Class
Oct. 16 (11:30 a.m.-1 p.m.)
This class is designed to support and enhance personal growth, emphasizing skill building, strengthening sensitivity, communication, stress management and conflict resolution.

Gottman's "The Sound Relationship House"
Oct. 26 (1-3 p.m.)

Participants will receive information related to increasing effectiveness, awareness, and appreciation in the relationship. Changing habitual patterns of communication to improve better understanding of your partner.

Classes are provided by the Employee Assistance Program at Kwajalein Hospital. For further questions or to register in advance, please call 5-5362.

If you or someone you know may be a victim of domestic violence, please speak with legal or medical professionals near you



KYC Annual Swashbucklers Ball

Dress in your best pirate gear and join the crew!
Sunday, Oct. 27, 6:30 p.m.
at the Kwajalein Yacht Club

This year's theme is Shipwreck. Open to all adults on island. Music provided by island DJs. This is a potluck event. All food will be staged at Camp Hamilton. Be there or walk the plank!





VISITING PROFESSOR COLLABORATES WITH RESEARCHERS ON ARTIFICIAL MUSCLES

EXTERNAL REPORT

By U.S. Army CCDC Army Research Laboratory Public Affairs

Adelphi, Maryland—The Army’s corporate research laboratory recently hosted a professor from Florida A&M University-Florida State University College of Engineering to collaborate on chemically-powered artificial muscles for the future Soldier.

Professor Daniel Hallinan spent 10 weeks at the U.S. Army Combat Capabilities Development Command’s Army Research Laboratory, which was made possible through a Historically Black College and University/Minority-Serving Institution Partnered Research Initiative program that funds professors in the sciences and engineering to bring their expertise to government/Department of Defense labs.

While at the lab, Hallinan interacted closely with the CCDC ARL Fermented Vegetation Efficiently Running Artificial Muscle team to establish testing protocols to more effectively screen novel materials being synthesized.

“During my HBCU/MI Summer Faculty Fellowship at the Adelphi Laboratory Center, I studied how plastic fibers respond when they are twisted,” Hallinan said. “It is actually quite fascinating that when a fiber is highly twisted, it will coil into a spring. We are interested in these springs for use as artificial muscles.”

According to Hallinan, using several different stimuli, the spring can be caused to contract and expand, similar to a natural muscle.

“I was particularly interested in when and how the coiling occurred based on the strength and stiffness of the plastic,” Hallinan said. “I used my expertise in polymer science as well as chemical engineering to contribute in other ways as well.”

For example, Hallinan identified optimal material property values needed to achieve the desired artificial muscle performance targets and helped develop and implement techniques to measure those material properties.

“The most rewarding part of my research was discussing with the other team members what would be the most interesting and promising new materials to make,” Hallinan said.

According to the researchers, artificial muscles have several potential benefits to the Army, but more specifically to the Soldier.

“They are needed to enable quiet, efficient artificial mules to support Soldiers in terrain where wheeled vehicles cannot go,” Hallinan said. “The added benefit will be to lighten the heavy load that Soldiers are currently required to carry. They could also potentially be used to augment human performance, allowing Soldiers to run faster, jump farther and wear heavier body armor

to decrease fatalities. Perhaps most interesting is their possible use in active prosthetic devices.”

For Hallinan, this experience working at ARL was extremely rewarding, both personally and professionally.

“There were two major highlights for me while working with ARL,” Hallinan said. “The first was learning all about twisted and coiled fibers. It was my first exposure to this topic, and I found it fascinating. The second highlight was interacting with the team of scientists working on the project. Because of our different technical backgrounds, we learned a great deal from each other.”

Hallinan noted that he would recommend researchers and other professors seek partnership opportunities with ARL and similar labs.

“From personal experience, this fellowship opened up an entirely new research direction in my group,” Hallinan said. “It uses my fundamental expertise, but in an application that I previously knew nothing about. In addition to the primary research project that I worked on, I visited other labs, interacted with other researchers working in areas of interest to me, and I attended and gave seminars. I found that my time at ARL educated me on the specific current needs of the Army, clarified the funding opportunities that are available, and opened doors for collaboration and research support that I may not have found otherwise.”

Not only did Hallinan gain a new research direction and experiences, but he developed a deeper appreciation for what it means to be an Army researcher.

“I respect the men and women who risk their lives protecting our freedom,” Hallinan said. “I see this research as a part of an effort to make their jobs safer, to lighten their load, and potentially protect their lives without risking our freedom.”

Hallinan is taking both the expertise he developed during the fellowship and some of the protocols back to FAMU-FSU COE to continue research.

“By studying the theory and conducting measurements in the lab, Daniel was able to provide target property values for FeVERAM’s material development efforts,” said Dr. Dat Tran, co-principal investigator for FeVERAM. “His expertise in polymers and electrolytes brought insight to the actuation process for Chemically-Powered Artificial Muscles, and we are already looking forward to hosting his students in our laboratory in the coming summers.”

According to Dr. Mark Wood, associate division chief of ARL’s Energy and Power Division, programs such as the HBCU/MI initiative increase collaborations and provide opportunities for professors and government labs to synergistically assist each other and bring more minds to working on science that is directly relevant to the Army.

CDC INVESTIGATING MULTISTATE OUTBREAK OF LUNG INJURY ASSOCIATED WITH E-CIGARETTE PRODUCT USE OR VAPING

What We Know

- More than 800 cases in 46 states (including Hawaii) since March 2019
- Twelve deaths in 10 states
- All patients have history of e-cigarette product use or vaping
- Products contained nicotine, THC, or combination of both

What We Don’t Know

- The specific chemical exposures causing injuries
- Specific product or substance causing injuries

What You Should Do

- Refrain from using e-cigarette or vaping products, particularly those containing THC
- Adults who used e-cigarettes to quit smoking should not return to smoking
- If you have used e-cigarette or vaping products and have the following symptoms, see your health care provider:
 - Cough, shortness of breath, chest pain
 - Nausea, vomiting, or diarrhea
 - Fatigue, fever, or abdominal pain

BARGAIN BAZAAR SAVES DOLLARS FOR EDUCATION

HOURLASS REPORT

It’s early October on Kwajalein, and that means costume parties, trick-or-treating and holiday gatherings are just around the corner.

The Bargain Bazaar can help you find costumes and accessories of all sizes to fit this year’s costuming needs. Shopping at the bazaar means making money to support education all year. The Bargain Bazaar is a volunteer-run, non-profit thrift store. All proceeds go to benefit schools and education grants in the Republic of the Marshall Islands and the Federated States of Micronesia.

The Bazaar accepts donations of used clothing, sports equipment, housewares, toys, games, holiday items and pet supplies of all kinds, and encourages new volunteers to sign up to assist.

Bargain Bazaar hours change as new volunteers are scheduled. The Bazaar is open first and third Mondays each month from 1-3 p.m. and every Wednesday and Saturday from 5-7 p.m. Additional hours will be added soon. The Bargain Bazaar will be open 2-4 p.m. Saturday, Oct. 5.

Visit the Bargain Bazaar to check out the shelves, make donations and sign up to volunteer. The bazaar is located directly behind the Kwajalein tennis courts and across the street from the Kwajalein Dock Security Checkpoint. To visit, turn right and enter the fence near the DSC gate.

Attention Kwaj Surfway shoppers ...

In an effort to improve the Kwajalein Surfway shopping experience, the following hours begin

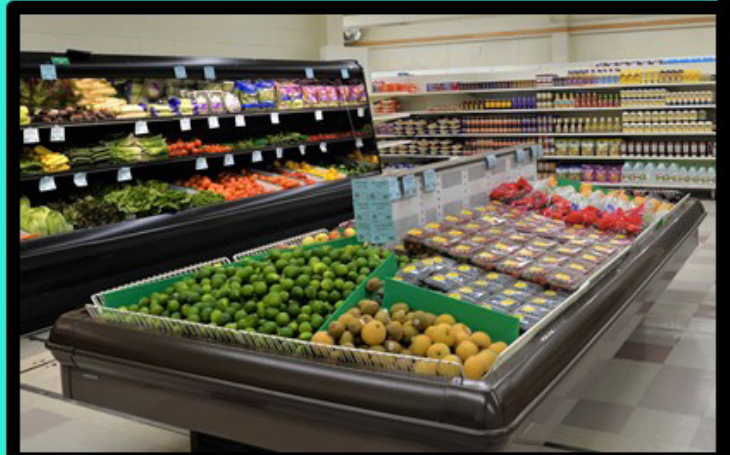
Oct. 14:

Sunday: 1330-1830

Monday: Closed

Tuesday-Saturday 1130-1830

The hours will provide consistency in closing times while allowing customers to buy produce throughout the week.



THE KWAJALEIN ART GUILD & MWR PRESENT THEIR ANNUAL

HOLIDAY BAZAAR

ARTS & CRAFTS FAIR

MONDAY, OCTOBER 28 • 10AM - 2PM • CRC GYM

To register for the Craft Fair event, vendors should contact the Art Guild at ckacosta@hotmail.com.

The deadline to register for the vendor fair is Oct. 18.

Please provide your vendor license number on the craft fair application. Individuals can become licensed vendors with the USAG-KA MWR. The

process takes only a few minutes.

- Visit the MWR office
- Obtain AAFES manager approval
- Pay the \$25 vendors fee at the Grace Sherwood Library.

Vendors license numbers are issued same day; there is no wait period.

For more information, please contact Teresa Mitchell at 5-3400.

MINUTEMAN III LAUNCHES FROM VANDENBERG

EXTERNAL REPORT

Vandenberg Air Force Base— An unarmed Minuteman III intercontinental ballistic missile was launched during an operational test Wednesday, Oct. 2, at 1:13 a.m. Pacific Time from north Vandenberg.

Col. Anthony Mastalir, 30th Space Wing commander, was the launch decision authority.

"Here at the 30th Space Wing, we are committed to providing robust range support, which contributes to mission assurance for our partner, Air Force Global Strike Command," Mastalir said. "The Western Range is a critical part of the ICBM test and evaluation program, which lends to the credibility of our Nation's strategic deterrent. Our Airmen can be very proud of their contributions to the security of our country."



U.S. AIR FORCE PHOTO BY MICHAEL PETERSON

An unarmed Minuteman III intercontinental ballistic missile launches during an operational test at 1:13 a.m. Pacific Time Oct. 2, 2019, at Vandenberg Air Force Base, Calif.



SATURDAY
IT'S OUR FRIDAY.

SATURDAYS AT 5 P.M.
TUESDAYS AT NOON
AFN 99.9 THE WAVE



Want to help put some
HOWL in Halloween?

MWR is looking for volunteers to create scary spaces in a community haunted house on October 30th and 31st.

Volunteers must be at least 14 years old and will need to provide their own makeup, costumes, and props.

Please contact MWR at 5-3331 or stop by the library to volunteer.



U.S. ARMY PHOTOS BY USAG-KA CHILD AND YOUTH SERVICES

Child Development Center

STEAM AFTERNOONS

Tuesdays

Swimming at
Millican Family Pool
1 p.m.

Wednesdays

Functional Fitness
1:30

Fridays

Storytime at the
Grace Sherwood Library
1 p.m.

Saturdays

Reading Buddies with Ms.
Crump's third grade class
2:10 p.m.

Coming Up Next

Oct. 24
Yoga

Start Smart Parent/Child
Yoga (ages 3-5) Season runs
Oct. 22 through Nov. 11. Reg-
istration is open until Oct. 8.

Special reminder for Baru
Classroom: Saturdays are
Water Play Days. Please send
your child with water clothes,
a swim diaper (if needed), a
towel, and dry clothes.

Special Events

October is Fire Prevention Month

Oct. 8
Kwajalein Fire & Emergency
Services visit CDC at 10 a.m.

Oct. 12
Pre-K will visit to Emon Beach

Oct. 22
Pre-K visits to
Memorial Gardens

Oct. 31
Halloween at CDC

School Age Care

4-H Club

Join SAC at a free 4-H Club
event Wednesdays and Fri-
days from 5-6 p.m.

Open Rec

Open Rec is free for students
in grades K-6 from 4:30-6:30
p.m. on the first and third
Saturday of each month.

Oct. 19

Pumpkin Painting. Children
will paint coconuts like
pumpkins.

Functional Fitness

Wednesdays from
2:30-3 p.m.

Ninja Warrior Challenge

Registration is open until Oct.
8. The season runs from Oct.
22 until Nov. 21.

Daily Focus

One-day programs
are available.

Tuesday

Visual Art

Wednesday

Early-release day.
Join us at 2:15 p.m.

Thursday

STEM

Friday

Recreation

Saturday

Character and Leadership
Development

Namo Weto Youth Center

Mondays

Smart Girls Club
2:30 p.m.

Oct. 7- program overview

Oct. 14- *Talk to Yourself: Self-Talk's
Influence on Self-Esteem- Guest*

Speaker: Mary Beth Dawicki

Oct. 28-*Eating Well*

Tuesdays

11:30 a.m.—Lunchtime meetings
for Keystone and Torch Clubs

4 p.m.—TedEd Power Hour

Wednesdays

11:30 a.m.—Torch Club

5 p.m.—Photography Club

7 p.m.—Trivia night

Thursdays

4 p.m.—Beach Cleanup

Money Matters Fridays

Oct. 11 and 18

Saving and Investing: Put Your
Money to Work

Oct. 25

Planning for College

Saturdays

5 p.m.—American Sign Language

Saturday Movie Nights at 7 p.m.

Oct. 19—*Hocus Pocus*

Oct. 26—*Goosebumps*

Coming Up Next

Oct. 7—Parent/Youth Scavenger
Hunt at 5 p.m.

Oct. 8—Mexican Skull Decorating

Oct. 12—Karaoke Night at 7 p.m.

Oct. 14—Gardening Club
at 3:30 p.m.

Oct. 21—Marshallese Cultural
Center visit at 4 p.m. (Tentative)

Oct. 28—Halloween Carnival
from 5-8 p.m.

Parent Corner

We hope that you and your
child will enjoy being part
of the CYS Family on U.S.
Army Garrison-Kwajalein
Atoll.

With daily activi-
ties planned around an
award-winning, accred-
ited curriculum, there is
always something fun for
kids of all ages to enjoy
with their peers.

Please note that many
CYS programs require pre-
registration. If you have
questions or would like to
learn more about register-
ing your child or volunteer
opportunities with CYS,
please contact Central
Registration at 5-2158.

Teachers' Note

Unless otherwise indicat-
ed, all programs for the
Namo Weto Youth Center
start or meet at the Center.

Dates and times for
events are subject to
change. Please check in at
your CYS location for the
latest information.

Closed for

Columbus Day

CYS will be closed Oct. 15
in observance of the Co-
lumbus Day holiday.

VISIT USAG-KA ONLINE.

For community updates, and episodes of the Kwaj Current,
please visit the official USAG-KA Facebook page and You-
Tube channel. For command information questions, please
contact Public Affairs at 5-4848.





NATIONAL FIRE PREVENTION WEEK

**SATURDAY, OCT. 12
4:30 TO 6 P.M.
AT THE AAFES FOOD COURT**

Celebrate with fire safety! All are welcome to attend. Tour a fire engine and meet Sparky the Fire Pup and members of the Kwajalein Fire Department. **Family housing residents should bring the batteries from their home smoke detectors to swap out for new ones.** Enjoy food and beverage deals from AAFES during the event.

KWAJALEIN SCHOOL SYSTEM VACCINES DUE BY OCT. 23

School is back in session. All children attending Kwajalein School System programs need to be up-to-date with the 2019 CDC immunization schedule.

Vaccines are safe, effective and the best way to prevent disease. Notifications are being sent out to remind parents which shots their children need. Please make an appointment at the Kwajalein Hospital for the vaccines before Oct. 23.

Reasons to be Vaccinated

Protect yourself and your family: When you and your family get vaccinated, your health is protected.

Protect your community: When most members of a community are vaccinated, it greatly reduces the chance that a disease outbreak will occur.

Protect your world: Strategic vaccination campaigns can significantly reduce the number of people who get sick from infectious disease.

DATA ON DENGUE FEVER

Dengue is a viral illness spread through the bite of infected mosquitoes. It cannot be passed from person to person.

There are no cases here on Kwajalein and there is a low risk to Kwajalein residents and workers when on the island.

How can I protect myself, my co-workers and my family?

It is recommended that you limit travel to Ebeye and Majuro until the Marshallese government has declared the outbreak to be over.

If you are concerned, the Centers for Disease Control advise using insect repellents and wearing long sleeves and pants.

For more information, please contact the Kwajalein Hospital Public Health Nurse at 5-2223/5-2224. More information about dengue can be found at the following resources:

The Centers for Disease Control
<https://www.cdc.gov/dengue/index.html>

World Health Organization
<http://www.searo.who.int/topics/dengue/en/>



CONTESTANTS LOSE TO WIN AT KWAJ HOSPITAL

Congratulations to the contestants in the Kwajalein Hospital Biggest Loser Challenge. The program is a 12-week community health initiative that runs until Dec. 17. Contestants are anonymous. At the end of the contest, the male and female contestants who have lost the most body mass will split the \$1,000 top prize.

- Pounds lost by all the men this week total 35.9 lbs
- Pounds lost by all the ladies this week total 45.0 lbs

A total of 28 participants (16 women and 12 men) registered for this year's challenge. The Kwajalein Hospital has already notified the week one winners (one male, codenamed "Sailorman," and one female, codenamed "Luhgirl", with the highest weight percentage lost in the first week.

Need Housing Repairs?

Call the Service Desk at 5-3550 Tuesday through Saturday, 7:30 a.m. to 4:30 p.m. For after hours emergencies, call 5-3139 or 5-4463. After going through the service desk process, if you continue to experience issues, contact us.

Daniel Forsgren, 5-2465
daniel.r.forsgren.ctr@mail.mil

Derek Miller, 5-2283
derek.d.miller14.civ@mail.mil

Scott Hill, 5-0133
michael.s.hill86.civ@mail.mil

We will work with you to resolve your issue.



USAG-KA BACHELOR QUARTERS
INSPECTION SCHEDULE NOTICE

Beginning the week of October 01, 2019, the U.S. Army Garrison Kwajalein Atoll Housing Office began the annual 100 percent Army Housing inspection, beginning with all Bachelor Quarters on Kwajalein. Inspections of Roi-Namur BQs will follow.

Kwajalein Inspections

Oct. 8-9—Tropics BQ
Oct. 10-12—Surf BQ
Oct. 16—Sands BQ
Oct. 17-18—Shell BQ
Oct. 19, 22-23—Reef BQ

Roi Namur Inspections:

Oct. 29—Ratak A
Oct. 30—Ralik B
Oct. 31—Spartan
Nov. 1—Nike and Zeus
Nov. 2—Sprint, Ajax, and Apache

A notice will be posted on BQ doors stating the day and approximate time of the inspection. Please complete the information beforehand and have it available for the inspectors.


If you are unable to be present, please leave the completed form inside your quarters for collection. To help the inspection go quickly, please ensure the white tags on your furniture are visible or easily accessible.

Thank you for your cooperation and assistance in this process.

—Daniel R Forsgren
USAG-KA Billeting/
Housing Manager

2019 SHAVING CREAM SOCIAL

Saturday, October 19 at the Richardson Ravine



4:30-4:40 p.m. Pre-School*
*Must be accompanied by an adult in the Pit.

4:40-5 p.m. K-2nd Grade
5:10-5:30 p.m. 3rd-6th Grade
5:40-6 p.m. Jr./Sr. High School

- Each participant will receive 1 free can of shaving cream.
- Participants are encouraged to wear goggles.
- No Gel, Menthol, or Mint Creams Allowed.

Report Suspicious Activity or Behavior



See Something Say Something

Your Actions Can Save Lives

WHO TO REPORT TO
Local law enforcement and security
* 911
*5-4445/4443
*usarmy.bucholz.311-sgcmd.
mbx.usag-pmo@mail


REPORTING SUSPICIOUS ACTIVITY
-Date and time activity occurred
-Where and what type of activity occurred
-Physical description of the people involved
-Description of modes of transportation
-Describe what you saw or heard
-Provide pictures if you took any

SCAM ALERT

SCAMMERS TARGET VICTIMS IN US & OVERSEAS



USArmyOPSEC



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW2 Jarell Smith
SHARP Victim Advocate
Work: 805 355 2139
Home: 805 355 2036

USAG-KA SHARP Pager:
805 355 3243/3242/3241/0100
USAG-KA SHARP VA

Local Help Line:
805 355 2758
DOD SAFE Helpline:
877 995 5247



GO GREEN FOR GROCERIES! REMEMBER TO BRING YOUR REUSABLE BAGS TO SURFWAY.

COMMUNITY NOTICES

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to: www.rgnext.com.

DynCorp International (DI) is looking for qualified candidates to fill various positions. Current DI open positions on USAG-KA include education services, aviation and airfield operations, marine operations and public works among others. For more information and to apply, go to: www.dilogcap.com or contact your local HR representative.

San Juan Construction is hiring for a Facilities Maintenance Manager. Please visit our website at www.sanjuanconstruction.com to apply. Questions? Contact Tim Hughes 970-497-8238 or thughes@sjcco.com.

OFFICIAL NOTICES

AA meets weekly on Tuesdays from 6:30-7:30 p.m. upstairs in the REB (Rm. 213).

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

Internet customers can access their account and pay online. Simply visit KwajNetBilling.dyn-intl.com to log in and pay via our secure, online payment gateway using the payment method of your choice. You may also pay online for future months in advance! For support, contact us via phone @ 805-355-0843 (5-0843) or email KwajNet.Billing@dyn-intl.com.

COMMUNITY

Fall Family Pool Hours through Dec. 18. Tuesday: 10 a.m. to 12:30 p.m. and 3:30-6 p.m.; Wednesday: 10 a.m. to 12:30 p.m. and 3:30-5 p.m.; Thursday: Closed for cleaning.; Friday: 10 a.m. to 12:30 p.m. and 3:30-5 p.m.; Saturday: 10 a.m.-12:30 p.m.; and 3:30-6 p.m. Sunday and Monday.

Swing Dance Class. Classes are free and everyone is welcome. Come down to the Vets hall to learn swing, ballroom, latin and blues. Classes start Oct. 23 and are Wednesdays from 7-8 p.m. All experience levels are welcome. No partner necessary. Questions? Email Natalie Bagley at natbagley@gmail.com.

E-WARENESS Regulated Medical Waste

Regulated medical waste generated at the Hospital, Dispensaries, Dental Clinic, and Vet Services is collected by trained personnel and escorted to the incinerators for disposal. Please contact Environmental at 5-1134 if you have any questions.

Kwobej ko jen Hospital, jikin takto ko, jikin koman ni, im jikin takto menin mour rej boklak nan dump bwe ren bwil ilo jikin kattil en. Ewör ro emöj train er ññon lolorjaki kwobej kein. Kir lok Environmental ilo 5-1134 kin kajitök.



HOURLASS IS ON FLICKR

Visit the official Kwajalein Hourglass Flickr page for photos.

CLICK THE
LOGO BELOW



MOVIE SCHEDULE

KWAJALEIN

7:30 p.m.
Yuk Theater

Saturday, Oct. 5
Annabelle Comes Home
(R)
106 min.

Sunday, Oct. 6
Crawl (R)
87 min.

Monday, Oct. 7
Jumanji: Welcome to the Jungle (PG-13)
120 min.

ROI-NAMUR
7:30 p.m.,
Tradewinds Theater

Saturday, Oct. 5
Stuber (R)
93 min.

Sunday, Oct. 6
Spider-Man:
Far from Home (PG-13)
129 min.

RELIGIOUS COMMUNITY NEWS

For updates and more information, please call the event contact indicated. For more information, please call the Island Memorial Chapel at 5-3505.

Catholic Services on Kwaj. Sunday- 9:15 a.m. in the Main Chapel. Saturday- 5:30 p.m. in the Small Chapel. Daily Mass (Tuesday through Friday) 5:15 p.m. in the chapel office (except for second and fourth Fridays).

Interdenominational Services on Kwaj. Sunday- 8:15 a.m. Traditional Service in the Small Chapel, Sunday- 11 a.m. Contemporary Service in the Main Chapel.

Roi Chapel Services- 6:30 p.m. on Fridays. Catholic services- second and fourth Fridays. Interdenominational services- first and third Fridays.

Prayer Group. Meets in the main chapel first and third Fridays at 6 p.m. If you need prayer or you would like to join us as we pray for others, please come.

Women's Bible Study of Acts Part 1 (Jesus' Witnesses, Empowered by His Spirit). Come Study with us: (Starting Sept. 10 or 12). Workbook available for purchase - \$14. Leader Sally Bulla (Phone 5-9804). Two times offered. Tuesday, 9:15 to 11:15 a.m. or Thursday, 6:30 to 8:30 p.m. at 405-B Taro.

Life Group/Bible Study hosted by Min. Marina Francis where we will be studying "Your Divine Nature." The kick-off meeting will be Oct. 8. Please contact the Chapel office for more details.

Calling all Bell Ringers. Come join us and learn to play hand bells.

Dates: Oct. 2 – Dec. 25. Kids bell choir (fourth through sixth grade) meets Wednesdays from 4:45-5:45 p.m. Adult bell choir (seventh grade through adults) meets Wednesdays from 6-8 p.m. Both groups meet in REB next to Chapel. Requirements: Love of music, Regular attendance, be available to play Christmas Eve. Interested? Please contact Sally Bulla at 5-9804 or the Island Memorial Chapel at 5-3505.

Middle and High School Youth Fellowship at the REB. High School Youth Fellowship meets twice per month, from 7-9 p.m. Oct. 7, 21; Nov. 4, 18; Dec. 2, 16. Middle School Youth Fellowship meets Mondays from 3:30-5 p.m. Sept. 30; Oct. 7, 14 and 28; Nov. 4, 11, 18, 25 and Dec. 2. Questions, please call the Island Memorial Chapel office at 5-3505.



Check out the official USAG-KA Facebook page for community updates and information. Remember, OPSEC is everyone's business. Visit <https://www.facebook.com/USArmyKwajaleinAtoll/>

ATI CHECK-IN TIMES

Early departures—7:45-8:15 a.m.;
All other departures—8-8:30 a.m.
*Check with your ATI flight representative to confirm check-in and flight departure times.

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
Tuesday, United 154—11-11:30 a.m.
Wednesday, United 155—2:30-3:45 p.m.
Thursday, United 154—11:30 a.m.-Noon.
Friday, United 155—3:30-4:45 p.m.
Saturday, United 154—11-11:30 a.m.

SHUTTLE BUS SERVICE

To set up a pick-up time for the shuttle please call 5-8294 or 5-3341. If a representative cannot be reached, please leave a detailed message and your phone call will be returned as soon as possible. Shuttle services start one hour prior to check-in times for United flights and 0700 for the ATI.

WEATHER WATCH



WEATHER DISCUSSION: A line of convergence between southeast and northeast trade winds is developing along 6N east of the Marshall Islands. The line will extend westward, bringing the possibility of scattered to occasional rainfall Saturday evening into early Sunday morning. A monsoon trough north of our region could be a source of tropical storm development over the weekend. While the trough poses no risk for Kwajalein, it may create disruptions near Guam. Expect the remainder of weekdays to receive below average precipitation.

September ends with Kwajalein having received 9.89 inches of rainfall or 90 percent of normal. The maximum 24-hour rainfall was 2.25 inches on Sept. 26. Thus far, we have received 78 percent of normal or about 14 inches below the annual average. The National Oceanic and Atmospheric Administration precipitation outlook for our region over the next three months is average.

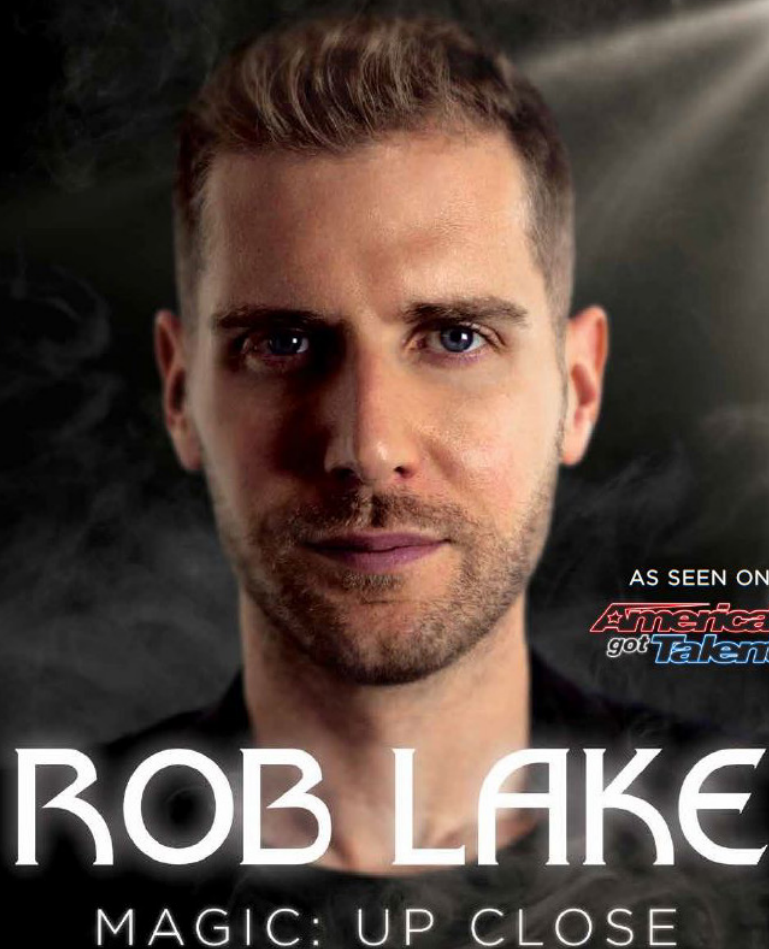
SATURDAY: Partly sunny with widely scattered showers (20 percent coverage) increasing to scattered showers (30 percent coverage) overnight. Winds NW-SSW at 5-10 knots turning NE overnight.

SUNDAY: Partly sunny with widely scattered showers (20 percent coverage). Winds variable at 5-10 knots.

MONDAY: Partly to sunny with isolated showers (20 percent coverage). Winds variable at 5 knots.

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:37 a.m. 6:38 p.m.	1:19 p.m. 12:21 a.m.	9:18 a.m. 1.9' 10:19 p.m. 2.6'	3:36 a.m. 1.2' 2:37 p.m. 1.4'
MONDAY	6:37 a.m. 6:37 p.m.	2:08 p.m. 1:13 a.m.	1:11 p.m. 2.0' -----	6:35 a.m. 1.2' 6:09 p.m. 1.6'
TUESDAY	6:37 a.m. 6:37 p.m.	2:55 p.m. 2:04 a.m.	12:47 a.m. 2.7' 2:05 p.m. 2.4'	7:49 a.m. 0.8' 7:38 p.m. 1.2'
WEDNESDAY	6:37 a.m. 6:36 p.m.	3:39 p.m. 2:53 a.m.	1:50 a.m. 3.1' 2:33 p.m. 2.9'	8:23 a.m. 0.4' 8:20 p.m. 0.7'
THURSDAY	6:37 a.m. 6:36 p.m.	4:21 p.m. 3:40 a.m.	2:28 a.m. 3.5' 2:57 p.m. 3.3'	8:49 a.m. 0.1' 8:51 p.m. 0.3'
FRIDAY	6:37 a.m. 6:35 p.m.	5:01 p.m. 4:26 a.m.	2:58 a.m. 3.8' 3:20 p.m. 3.7'	9:13 a.m. -0.2' 9:19 p.m. -0.1'
OCTOBER 12	6:37 a.m. 6:35 p.m.	5:39 p.m. 5:11 a.m.	3:25 a.m. 4.1' 3:44 p.m. 4.0'	9:37 a.m. -0.4' 9:46 p.m. -0.4'

MIND-BENDING MAGIC FOR ALL AGES!



U.S. Army Garrison-Kwajalein Atoll
Family and Morale, Welfare and Recreation
proudly presents two nights of free, magical entertainment!

Roi Tradewinds Theater. Oct. 22, 6:30 p.m.
Kwajalein CRC Gym. Oct. 23 at 6:30 p.m.



GOOD TIMES, FRONT AND CENTER

ARMED
FORCES
ENTERTAINMENT

ARMEDFORCESENTERTAINMENT.COM



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakkolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.