

THE KWAJALEN HOURGLASS



THIS WEEK

THAAD TEST

MDA SUCCESS 2

REENLISTMENT

WITH A VIEW 3

BEACHSIDE FUN

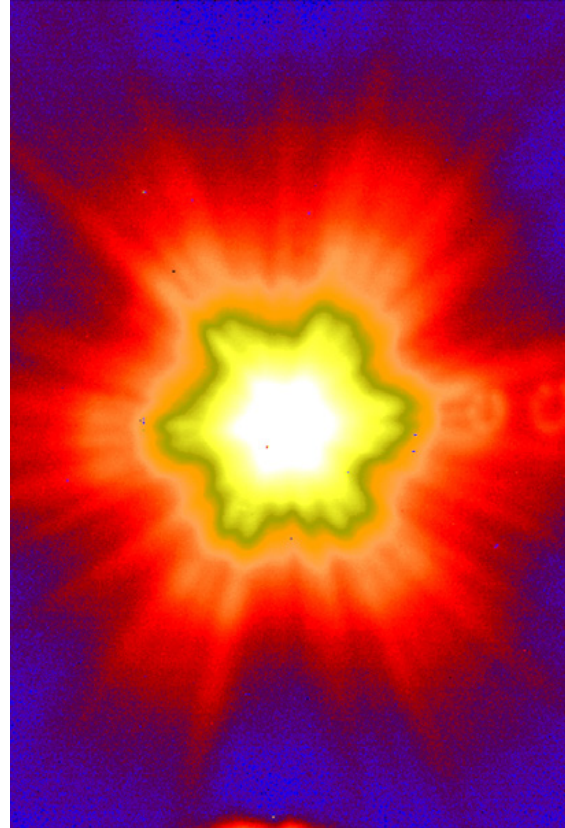
FOR USAG-KA LABOR DAY 4

VAN BATES, LEFT, AND JOSHUA BELL OF THE "SILVER SURFER" WERE AMONG THE WINNERS OF THE EMON BEACH LABOR DAY CARDBOARD REGATTA SEPT. 3.

📷 JESSICA DAMBRUCH



Photos by Missile Defense Agency



The U.S. Missile Defense Agency, Ballistic Missile Defense System Operational Test Agency and U.S. Army Soldiers of the E-62 Battery, 11th Air Defense Artillery Brigade, conduct an intercept test of the Terminal High Altitude Area Defense element of the nation's Ballistic Missile Defense System, Aug. 30.

THAAD SYSTEM SUCCESSFULLY INTERCEPTS TARGET IN MISSILE DEFENSE FLIGHT TEST

EXTERNAL REPORT

The U.S. Missile Defense Agency, Ballistic Missile Defense System Operational Test Agency and U.S. Army Soldiers of the E-62 Battery, 11th Air Defense Artillery Brigade, conducted an intercept test Aug. 30 of the Terminal High Altitude Area Defense element of the nation's Ballistic Missile Defense System.

Preliminary indications are that planned flight test objectives were achieved and the target was successfully intercepted by the THAAD weapon system.

The test, designated Flight Test THAAD (FTT)-23, was the first time the THAAD system used a government-developed

remote launcher kit that extended the range of the defended area.

"The Missile Defense Agency is committed to supporting the warfighter and we are proud of this success and the U.S. Army Soldiers who executed this flight test," said MDA Director Vice Adm. Jon A. Hill. "This test demonstrates the expanding capabilities of the THAAD weapon system and its ability to intercept and destroy ballistic missile threats in defense of our nation, deployed forces and allies."

While initial indications show the test met its primary objective, program officials will continue to evaluate system performance based upon telemetry and other data obtained during the test.

Soldiers from the E-62 Battery conducted radar operations, launcher and fire control operations using the same procedure they would use during combat. Simulating a real-world scenario, Soldiers were unaware of the target-launch timing.

This was the 16th successful intercept in 16 attempts for the THAAD weapon system, which is designed to intercept threats both inside and outside the Earth's atmosphere. This rapidly-deployable system provides a critical capability for defense against ballistic missile attacks. Additional information about all elements of the Ballistic Missile Defense System can be found at <https://www.mda.mil>.

For more information and photos regarding FTT-23, please visit the Department of Defense Missile Defense Agency online at <https://www.mda.mil/news/19news0007a.html>.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the *Hourglass* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1.

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SOLDIER REENLISTS AT PRINZ EUGEN

BY JESSICA DAMBRUCH

There may be few locations more beautiful in the world to reenlist in the Army than U.S. Army Garrison-Kwajalein Atoll. When it came time for Staff Sgt. Kevin Quackenbush to reenlist while deployed to Kwajalein, he knew he was in the right place.

With help from the Kwajalein dive team, Quackenbush was able to celebrate the unique opportunity to reenlist out on the blue and green waters of Kwajalein Atoll.

On the morning of Aug. 31, he boarded the Patriot dive boat at the Kwajalein Marina with fellow members of Echo Six Two, 69th Brigade out of Fort Hood, Texas. While the team enjoyed the chance to tour the lagoon by boat, the Kwajalein dive team traveled out to the location Quackenbush picked for his ceremony. It is none other than a favorite USAG-KA point of interest for sport divers and history aficionados around the world: the Prinz Eugen.

"It was a really big ship," said Quackenbush of seeing the Eugen for the first time. "It was cool to learn the stories and history behind it. There is this surreal feeling of seeing something that significant. It was a good experience."

The wreck of the World War II-era German cruiser served

as a fitting backdrop for the ceremony. Brigade personnel unfurled an American flag and held it tight against the morning breeze. Chief Warrant Officer 2 Brian Hartwig conducted the ceremony and led Quackenbush in the Oath of Service.

The ceremony was a highlight on the deployment, said Hartwig.

"It's been an awesome experience," he said. "We have snorkelers and certified divers just enjoying this area. Coming from central Texas, it is interesting to get to enjoy this area."

Quackenbush agreed.

"It's not often you get to come to a remote island in the Pacific," said Quackenbush. "It's cool. Everyone's riding bikes and friendly. There is unlimited access to the beach. It's beautiful out here. I love it."

The ceremony is an experience Quackenbush will not soon forget. He hopes that others considering reenlistment will go for the chance.

"If you're in your window to reenlist, or if you're just coming into the Army, definitely choose something you want to do or that you love," he said. "If you have the chance to reenlist, definitely take advantage of it. You never know what you will get. You can have unique positions. The next thing you know, you're doing 20 years, and you're doing what you love."



U.S. Army photos by Jessica Dambruch

1) Staff Sgt. Kevin Quackenbush commemorates his reenlistment at the wreck of the World War II-era German cruiser Prinz Eugen. 2) Chief Warrant Officer 2 Brian Hartwig, left, leads Quackenbush in the Oath of Enlistment. 3) Members of Echo Six Two, 69th Brigade out of Fort Hood, Texas, congratulate Quackenbush. 4) Quackenbush, center, and Brigade members mark the reenlistment with a photo at the historic wreck Aug. 31.





LABOR DAY AT THE BEACH

BY JESSICA DAMBRUCH

An afternoon of competition and fun activities awaited U.S. Army Garrison-Kwajalein Atoll residents Sept. 3 at a community-wide Emon Beach party hosted by USAG-KA Family and Morale, Welfare and Recreation. Residents enjoyed beachside grilled treats and beverages from a shaded dining area while checking out the day's program of events.

A La Cart.

The contest seemed simple enough: Compete for a free golf cart rental by keeping one hand on a golf cart longer than anyone else. But as the afternoon sun climbed higher, the intrepid group shrank in number. Jee Taylor, representing "Rescue Team Alpha," was declared the winner in the late afternoon with a certificate for a free, eight-hour golf cart rental. It was a fitting victory.

"This is great," said Taylor of her win. It was from a golf cart that she and other vigilant Kwaj residents first spotted a boat in distress on oceanside Kwajalein in late August.

"Maybe we can even help save more lives," said Taylor.

The Thrill of the Hunt.

A scavenger hunt styled as a game of musical chairs pitted Kwaj residents of all ages against each other in a timed hunt for everyday objects. After introducing groups of contestants, game master Dwayne Robinson called out an item for them to find.

"Someone, anyone, give me a bottle of sunblock," called out one competitor before racing back, bottle in hand.

During each round, they begged for these everyday objects from spectators

before racing back to a dwindling number of chairs.

The last seated contestant was awarded top prize.

The Cardboard Regatta.

The boats entered into the afternoon's team sailing race at Emon Beach were, in a word, unique. One sported a turret gun mounted to the prow. One resembled a Viking ship. Some contained bench seats. Most were sealed with generous amounts of duct tape, and all of them were constructed using cardboard.

In the weeks leading up to the race, sailing teams worked to build seaworthy boats. Now they faced the true test of their craftsmanship and luck. The sailors had to round the white buoy at Emon Beach and come back without sinking.

One seasoned sailor studied the large, paper boats for some time.

"None of them seem to have a rudder," he said at last. "That will affect balance. Although, they might just do all right."

Wearing paper hats, "The Cutthroats," a group of young Kwaj residents, raced the two-man "Alu-tank" team in the first round. The "Alu-tank" crew paddled until the boat took on water. They sank into the surf as "The Cutthroats" safely returned to shore.

More boats set out. It was "Silver Surfer," modeled on a stand-up paddleboard, that rounded the buoy and came back to win the coveted "Fastest Boat" award. Winners for were awarded painted coconut trophies.

The day's highlight floated on the horizon. As a testimony to the island's cardboard crafting skills, groups of Kwaj kids took several boats out for the rest of the afternoon—and stayed afloat.



U.S. Army photos by Jessica Dambruch

1) The "Mighty MIT BoxTones" completes the cardboard boat race. 2) Kwaj kids watch cardboard boats sail for victory Sept. 3.



1



2



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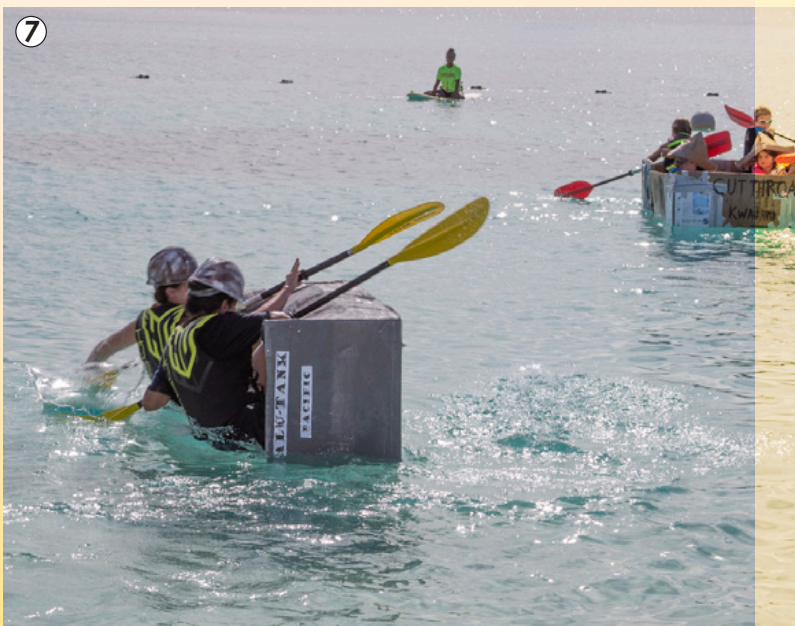
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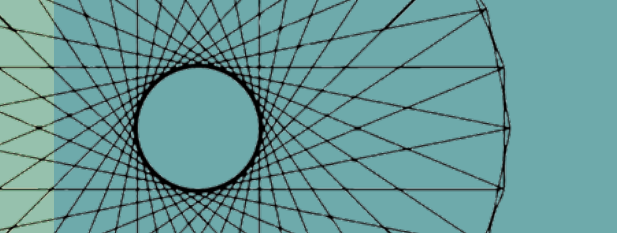
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7

📷 U.S. Army photos by Jessica Dambruch

1) Kenyatta Gaskins borrows an object to win a round in the musical chairs scavenger hunt. 2) Jee Taylor toughs it out to win a free golf cart rental. 3) The "Sea Dragon" and her crew are back on dry land following the race. 4) Kwajalein Dining Services' Elme Jaime prepares to serve up lunch. 5) Visiting team members from the OTC-AMDTD-FTT-23 mission gather for a photo under an Emon Beach pine tree. 6) The Cardboard Cutthroats prepare to sail—with a little help from Kristin Miller. 7) The "Alu-tank" topples over during the race.



THE RULES OF THE ROAD

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

Last week, we introduced safety tips regarding skateboarding, skating/blading and wheeled shoes and scooters on Kwajalein. In week four of our seven-part series on the rules of the road, we focus on pedestrian rights and responsibilities, as well as the use of headphones and earphones on the roads.

PEDESTRIAN RIGHTS AND RESPONSIBILITIES

SIDEWALKS

- Pedestrians should use sidewalks whenever possible.
- Everyone walking on roadways during the period between sunset and sunrise should wear light colored clothing and/or reflective material. The use of a light is highly recommended.
- Walk only on the left side of the roadway or shoulder, facing traffic.
- These rules also apply to joggers not running in a unit formation.

HEADPHONE/EARPHONE USE

- The wearing of headphones, earphones or any audio device while operating a motor vehicle on the streets or roads of any Army installation is strictly prohibited.

GOOD TO KNOW

- The wearing of headphones, earphones or any audio device while walking or jogging is authorized, so long as emergency vehicles and vehicle horns can be heard.
- When required for work purposes, it is permitted to use two-way radio headsets or earphones.
- Bicycling while wearing headphones is unsafe and should be done with due caution. Riding while distracted endangers everyone.

PROTECTIVE EQUIPMENT

- Wear protective hearing equipment when conditions require their use.
- The use of personal protective equipment such as bicycle helmets is encouraged.



Kwaj resident Lauren Wallach practices healthful stretching.

STRETCH TO HEALTH

BY KWAJALEIN HOSPITAL

By Dr. Nikki Delisio

Stretching is an important component of physical fitness, and without it, your joints can stiffen, and your risk of injury increases.

Dynamic vs Static

Stretching is essential to improving your health, muscle tone and most importantly, flexibility. There are two main types of stretching: dynamic and static stretching. Each has their own specific role in fitness to maximize your performance and recovery.

What is dynamic stretching?

Dynamic stretching is a strategy used to improve mobility while repeatedly moving your joints and muscles through a full range of motion. Dynamic stretches also improve your flexibility and help reduce the risk of injury. Your movements are controlled and are meant to mimic the movements your muscles and joints go through in a specific sport or activity. Examples of dynamic stretches are walking lunges, high knee marching and arm circles.

What is static stretching?

Static stretching is probably the most common type of stretching. Static stretching is when you stretch a certain muscle to a point where you feel a pull, and hold for a period of time, usually 15-60 seconds. When done correctly, static stretches are relatively safe and can improve flexibility. An example of a static stretch is the seated hamstring stretch. This is where you sit on the floor, extend your legs straight out in front of you

and lean forward, trying to touch your toes, until you feel the stretch at the back of your thighs.

Should you stretch before a workout?

Whether or not you should stretch before a workout has long been subject to debate. It is important to assess static stretching vs. dynamic stretching in terms of a warm up. The best time to use dynamic stretching is before exercise. By including dynamic stretches as part of your warmup, you ease your body from rest into motion. This will properly prepare your muscles for exercise. They elevate your heart rate and increase body temperature, which allows your muscles to move more efficiently. Dynamic stretches also wake up your nervous system, which gets your brain talking to your muscles.

On the other hand, the best time to use static stretches is after your workout. Using static stretches as your cooldown will help to elongate and loosen the muscle. It will alleviate any tightness in the muscle, increasing blood flow to the area which will decrease the chance of delayed onset muscle soreness.

To help maximize your stretching benefits and your performance, make sure you stick to dynamic stretches before your workout and static stretches for after your workout. Avoid static stretching if your muscles are cold. Avoid quick, bouncing or jerking movements which could result in muscle strains and pulls. Stretching should not be painful. If you have stretched to the point of pain, ease back slightly and hold that stretch for at least 15 seconds; longer is preferred.

Courtesy of Lauren Wallach



FROM LEFT: F1c Wilson Lapeze; S1c Harold Wannack; CRM Hal Deaton; BM2c Francis Cozad; Y1c Stafford Part were interviewed in 1946 about their time serving as sailors in the U.S. Navy. What they had to say might surprise you.

U.S. Navy photos

SERVICE WITH A SMILE

HOURLASS REPORT

In recent years, we have been privileged to have historians and documentarians archive stories, reflections and anecdotes of servicemembers from the United States armed forces. Often humorous stories and jokes are as memorable as tales of valor and courage.

In August 1946, reporters interviewed a group of young sailors then stationed at Naval Air Station, New Orleans about their wartime service. The sailors were asked to share the funniest stories from their deployments. These tales were presented in the "Fantail Forum" of the August 1946 issue of All Hands.

1) Wilson Lapeze, F1c, New Orleans, La.: One day I was lying in my sack, asleep, with my shoes on. Someone put lighter fluid on the soles of my shoes; then set them afire.

When they woke me up, I thought the whole place was afire. When I realized it was my shoes, I ran to the shower and

put out the blaze. Somebody told me they usually use shoe polish but that's not so hot as lighter fluid!

2) Harold Wannack, S1c, (AMM), Ripley, Miss.: There were triple-decker bunks in radio school. One day a bunch of the fellows bet me I couldn't swing from the top bunk to the middle one. It looked easy, so I took them on.

Before I knew it I was on the deck—flat on my back. It wasn't 30,000 feet but it sure felt like it. You see, before I jumped, they had taken the springs out of the middle bunk.

3) Hal Deaton, CRM, Mooresville, N.C.: I went to sea on the USS Altair, a supply ship. Like everyone else, I was leaning on the rail—watching the ocean go by. Someone came up behind me, turned me around, said, "Hi Harris," and hit me in the stomach. I went out like a light.

This fellow became frantic, I was later told, and he yelled, "They won't send me up the river for murder, will they?"

4) Francis Cozad, BM2c, Missoula, Mont.: I was at Pearl Harbor when the Japanese attacked. At 10-10 Dock, at about 10 a.m., I dived under a truck during a strafing attack.

At the same time, someone dived under that truck from the other side. We bumped heads, and I was stunned for a while. Finally, I said, "Say, fella, you surely have a hard head." When we crawled out, a four-striper brushed himself off and walked away.

5) Stafford Part, Y1c, Harahan, La.: I paid \$35 for a case of beer on Iwo Jima and stored it in a fox hole. I never got to drink it, because the Japanese attacked us. All I had left was \$35 worth of glass.

Then there was the time I tripped while serving a cup of coffee to an admiral. It all went in his lap. "Best cup of coffee I ever had," he said, and he signed my papers for first class two weeks later.

Want to read more sea stories? Visit historic issues of All Hands online at https://www.navy.mil/ah_online/archpdf/ah194608.pdf.

ATI CHECK-IN TIMES

Early departures—7:45-8:15 a.m.;
All other departures—8-8:30 a.m.
*Check with your ATI flight representative to confirm check-in and flight departure times.

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
Tuesday, United 154—11-11:30 a.m.
Wednesday, United 155—2:30-3:45 p.m.
Thursday, United 154—11:30 a.m.-Noon.
Friday, United 155—3:30-4:45 p.m.
Saturday, United 154—11-11:30 a.m.

SHUTTLE BUS SERVICE

To set up a pick-up time for the shuttle please call 5-8294 or 5-3341. If a representative cannot be reached, please leave a detailed message and your phone call will be returned as soon as possible. Shuttle services start one hour prior to check-in times for United flights and 0700 for the ATI.



USAG-KA TOWN HALLS

ALL U.S. ARMY GARRISON-KWAJALEIN ATOLL RESIDENTS
AND RMI EMPLOYEES ARE ENCOURAGED TO ATTEND TOWN
HALL SESSIONS HOSTED BY THE USAG-KA COMMANDER
COL. JEREMY BARTEL.

KWAJALEIN
Commander's Town Hall
RMI Work Force
Friday, Sept. 13
12:30-1:30 p.m.
Island Memorial Chapel

ROI-NAMUR
Commander's Town Hall
RMI Work Force
Saturday, Sept. 14
11 a.m.-noon
Tradewinds Theater

ROI-NAMUR
Commander's Town Hall
Roi-Namur Residents
Saturday, Sept. 14
1-2 p.m.
Tradewinds Theater

KWAJALEIN HOSPITAL PUBLIC HEALTH UPDATE

DENGUE FEVER OUTBREAK



Dengue is a viral illness spread through the bite of infected mosquitoes. It cannot be passed from person to person.

There are no cases here on Kwajalein and there is a low risk to Kwajalein residents and workers when on the island.

How can I protect myself, my co-workers and my family?

- Limit travel to Ebeye and Majuro until the Marshallese government has declared the outbreak to be over

If you are concerned, the Centers for Disease Control advise:

- Use insect repellents
- Wear long sleeves and pants when outdoors



PASSPORT SERVICES SEPT. 20-21

U.S. Embassy Majuro will conduct American Citizen Services in Building 730 (Garrison HQ), room 117, 9 a.m.-noon and 1-4 p.m.

Adult passport renewal: \$110

Adult passport (first time, 16 and older): \$145

Adult passport (if previous passport lost, stolen, mutilated): \$145

Minor passport (15 and younger): \$115

Adult Passport Card: \$30

Minor Passport Card: \$15

Consular Record of Birth Abroad: \$100

Passport photos must be recent (within six months) and without eyeglasses. Questions? Contact Host Nation Activities, 5-2103 or 5-5325, or visit <https://mh.usembassy.gov/u-s-citizen-services/> Only money orders and cashier's checks (payable to "US Embassy, Majuro") are accepted. These can be purchased from Community Bank or at the Post Office.

WEATHER WATCH

BY RTS WEATHER STATION

WEATHER DISCUSSION: August ends with Kwajalein receiving 10.10 inches or just slightly below normal. During 2019 we have received 76 percent of normal. We are in the heart of the wet season. Climatologically, we should receive measurable rainfall 25 out of the 31 days this month with about two inches every week.

Kwajalein is currently in between a monsoon trough affecting the Pohnpei/Kosrae area with west winds and rain, and a convergence zone between northeast and southeast trade winds to our east. A weak disturbance is moving westward along this convergence zone and will end in our area Monday. Expecting normal precipitation amounts this week.

SATURDAY: Partly cloudy to mostly cloudy with widely scattered showers (20 percent coverage). Winds E-SE at 5 knots.

SUNDAY: Partly cloudy to mostly cloudy with widely scattered showers (20 percent coverage). Winds N-NE at 5 knots.

MONDAY: Partly cloudy to mostly cloudy with widely scattered showers (20 percent coverage). Winds S-SE at 5-10 knots.

SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:40 a.m. 6:54 p.m.	2:32 p.m. 1:36 a.m.	1:06 p.m. 2.0' -----	6:59 a.m. 1.1' 6:30 p.m. 1.3'
MONDAY	6:40 a.m. 6:53 p.m.	3:23 p.m. 2:27 a.m.	1:16 a.m. 3.0' 2:18 p.m. 2.4'	8:14 a.m. 0.7' 7:52 p.m. 1.0'
TUESDAY	6:40 a.m. 6:53 p.m.	4:12 p.m. 3:18 a.m.	2:14 a.m. 3.3' 2:54 p.m. 2.8'	8:51 a.m. 0.4' 8:37 p.m. 0.6'
WEDNESDAY	6:40 a.m. 6:52 p.m.	4:57 p.m. 4:08 a.m.	2:53 a.m. 3.7' 3:21 p.m. 3.2'	9:19 a.m. 0.0' 9:11 p.m. 0.2'
THURSDAY	6:40 a.m. 6:52 p.m.	5:41 p.m. 4:56 a.m.	3:24 a.m. 4.0' 3:47 p.m. 3.5'	9:45 a.m. -0.3' 9:40 p.m. -0.1'
FRIDAY	6:39 a.m. 6:51 p.m.	6:22 p.m. 5:43 a.m.	3:52 a.m. 4.3' 4:11 p.m. 3.8'	10:09 a.m. -0.5' 10:08 p.m. -0.4'
SEPTEMBER 14	6:39 a.m. 6:50 p.m.	7:01 p.m. 6:29 a.m.	4:19 a.m. 4.4' 4:36 p.m. 4.0'	10:33 a.m. -0.6' 10:35 p.m. -0.5'

WELL SAID.

"Someone asked me, if I were stranded on a desert island what book would I bring... 'How to Build a Boat.'"

—Steven Wright



GO GREEN FOR GROCERIES! REMEMBER TO BRING YOUR REUSABLE BAGS TO SURFWAY.



SHARP
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW2 Jarell Smith
SHARP Victim Advocate
Work: 805 355 2139
Home: 805 355 2036

USAG-KA SHARP Pager:
805 355 3243/3242/3241/0100
USAG-KA SHARP VA

Local Help Line:
805 355 2758
DOD SAFE Helpline:
877 995 5247



9/11 MEMORIAL CEREMONY

WEDNESDAY, SEPT. 11
5:30 P.M.
THE ISLAND MEMORIAL CHAPEL

SCUBA DIVING SAFETY TIPS

Always dive with a buddy. Never dive alone.

Wait at least 12 hours before flying after doing a single dive.

Wait 18-24 hours to fly doing multiple dives.

Divers Alert Network recommends refraining from strenuous work at least 24 hours before AND after diving.



It's That Time.

School is back in session. All children attending Kwajalein School System programs need to be up-to-date with the 2019 CDC immunization schedule. Notifications are being sent out to remind parents which specific vaccines their children need.

Please make an appointment at the Kwajalein Hospital for the vaccines needed.

Why get vaccinated?



Protect yourself and your family: When you and your family get vaccinated, your health is protected.



Protect your community: When most members of a community are vaccinated, it greatly reduces the chance that a disease outbreak will occur.



Protect your world: Strategic vaccination campaigns can significantly reduce the number of people who get sick from infectious disease.

Vaccines are safe, effective and the best way to prevent disease!

VISIT USAG-KA ONLINE.

For community updates, and episodes of the Kwaj Current, please visit the official USAG-KA Facebook page and YouTube channel. For command information questions, please contact Public Affairs at 5-4848.



CYS Health & Wellness

September 2019

Childhood Immunizations

Did you know that when you get vaccinated, you are protecting yourself and your community? How does community immunity work? Germs can travel quickly through a community and make a lot of people sick. If enough people get sick, it can lead to an outbreak. But **when enough people are vaccinated against a certain disease**, the germs can't travel as easily from person to person — and the entire community is less likely to get the disease. Community immunity (also known as herd immunity) protects everyone. It is important for you and your family to get vaccinated, so you can help keep yourselves and your community healthy.



What's up with immunizations?

On-time vaccinations throughout childhood are essential because they help provide immunity before children are exposed to potentially life-threatening diseases. Over the years, vaccines have prevented countless cases of disease and saved millions of lives. Infants, children, adolescents, teens and adults need different vaccinations, depending on their age, location, job, lifestyle, travel schedule, health conditions or previous vaccinations. Because of vaccines, some diseases like polio and diphtheria are rare in the U.S. Immunity is the body's way of preventing disease.

Statistically, the chances of your child getting diseases such as measles, pertussis, or another vaccine-preventable disease might be low. However, you don't want them without the protection that vaccines provide. **Think of it this way:** You always make sure to buckle your child in his or her car seat even though you don't expect to be in an accident.

What about side effects?

Any vaccine can cause side effects. For the most part, these are minor. For example, a sore arm or low-grade fever go away within a few days. A decision not to immunize a child also involves risk and could put the child and others who come into contact with him or her at risk of contracting a potentially deadly disease.

What about the flu vaccine?

An annual flu vaccine is the best way to reduce your chances of getting the seasonal flu and spreading it to others. The Centers for Disease Control and Prevention recommends that everyone six months of age and older receive an annual flu vaccine. For more than 50 years, hundreds of millions of Americans have safely received seasonal flu vaccines.

CYS requires your child to have up-to-date vaccinations in order to register for programs.

Contact your local public health agency or health care provider if you have concerns.

Reference

- <https://www.cdc.gov/vaccines/parents/why-vaccinate/index.html>
- <https://www.vaccines.gov/basics/work/protection>



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND

ArmyMWR.com/CYS



**NOTICE OF AVAILABILITY
Navy Flight Experiment-2 (FE-2)
Draft Environmental Assessment/Overseas
Environmental Assessment and Draft
Document of Environmental Protection**

The Office of the Under Secretary of Defense for Research and Engineering, Department of the Navy (U.S. Navy) Strategic Systems Programs (SSP), with assistance from the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command (USASMD/ARSTRAT), has completed a Draft Environmental Assessment / Overseas Environmental Assessment (EA/OEA), prepared in accordance with the National Environmental Policy Act (NEPA) and a Draft Document of Environmental Protection (DEP) prepared in accordance with U.S. Army Kwajalein Atoll (USAKA) Environmental Standards and Procedures (UES), Section (§) 2-17.31(j).

The Draft EA/OEA analyzes the impacts of the continuing collection of data on a developmental payload by testing one such flight experiment concept. Specifically, the FE-2 would continue to develop, integrate, and flight test a payload system to demonstrate the maturity of key technologies.

The U.S. Navy considered eight alternate launch and impact locations and determined that the launch from Pacific Missile Range Facility (PMRF) at the Sandia National Laboratories/Kauai Test Facility (SNL/KTF) with impact near the Ronald Reagan Ballistic Missile Defense

Test Site (RTS) and the launch from NASA Wallops Flight Facility (WFF) with impact in the Atlantic Broad Ocean Area (BOA) both meet the test requirements for vehicle performance and data collection.

Alternative 1, the Preferred Alternative, includes PMRF, Barking Sands, Kauai, Hawaii; the U.S. Army Kwajalein Atoll (USAKA); RTS, Republic of the Marshall Islands (RMI); and the Pacific BOA. Alternative 2 includes WFF, Virginia; and the Atlantic BOA. The U.S. Navy's preferred alternative is a launch from PMRF with an impact at Illeginni Islet because it best meets the screening criteria / evaluation factors and the requirements of the Purpose of and Need for the Proposed Action.

The U.S. Navy is also considering the No Action Alternative, as required by the CEQ regulations. Based on the analysis, the SSP has determined in the Draft EA/OEA that the activities associated with the Proposed Action are not expected to result in significant impacts to the environment.

All missile demonstration programs proposed to occur at USAKA and within the RMI territorial waters must comply with the UES. The Draft DEP outlines the activities proposed to occur at USAKA and within the RMI. The proposed activity is located on Illeginni Islet and in the BOA of the Pacific Ocean. As fully analyzed in the Draft EA/OEA, the Navy proposes one experimental flight test.

The Draft EA/OEA, Draft Finding of No Significant Impact/Finding of No Significant Harm (FONSI/FONSH) and the Draft DEP are avail-

able at www.FE-2-EAOEA.com and in the following locations:

(1) Office lobby of the Republic of the Marshall Islands Protection Authority, Majuro, Marshall Islands

(2) Office lobby of the Republic of the Marshall Islands Environmental Protection Authority, Ebeye, Marshall Islands

(3) Grace Sherwood Library
P.O. Box 23
Kwajalein, Marshall Islands
APO, A.P. 96555

(4) Roi-Namur Library
P.O. Box 23
Roi-Namur, Marshall Islands
APO, AP 96555

Public comments on the Draft EA/OEA, Draft FONSI/FONSH, and Draft DEP will be accepted from August 26, 2019 to September 26, 2019 and can be provided in either of the following ways:

(1) E-mail comments by September 26, 2019 to Comments@FE-2-EAOEA.com

(2) Mail comments, postmarked no later than September 26, 2019, to:
USASMD/ARSTRAT
ATTN: SMDC-EN (M. Hubbs)
P.O. Box 1500
Huntsville, AL 35807

**Kojjelā Ke Ewōr Ekatak
Edredrelok Ikiyeen Kein Kettelok-2 an Navy
(FE-2) Ekatak eo imaan tata kin etale pelaak
ko naetan EA/Ekatak eo kin pelaak ko itulik
naetan OEA im Ekatak eo imaan tata ikiyeen
kejebarok pelaak ko**

Office eo an Under Secretary eo an Defense ikiyeen Research im Engineering, Department eo an Navy (U.S. Navy) Strategic Systems Program ko (SSP), im kin jiban ko jen U.S. Army Space im Missile Defense Command eo/Army Forces Strategic Command eo (USASMD/ARSTRAT), emoj an kadredreik lok Ekatak eo imaan tata kin etale pelaak ko kin pelaak ko itulik naetan ekatak kein (EA/OEA), ko im raar kebooji ekkar nian kakien im karok ko rej kemlet ilo National Environmental Policy Act (NEPA) ekoba ekatak eo imaan tata kin wāwein kejebarok pelaak ko naetan (DEP) ko im raar kebooji ekkar nian jekjek im repeltan jermal ko an U.S. Army Kwajalein Atoll (USAKA) Environmental Standard ko im Procedure ko (UES), iumin Section (§) 2-17.31(j).

Ekatak kein naetaer EA/OEA rej etale jekjek ko renaaj walok im jelet wāwein aer aini melele ko ilo aer ekatak kin joñan kajur eo an kein jermal eo ilo aer naaj kōmṁalmel juōn katten ketelloke kein jermal eo ekkar nian jekjek ko elmakwōti ikiyeen. Nan kalikare, kein jermal eo naetan FE-2 renaaj kōkmanmanlok, kakobabaiki jermal ko an im ketteloke im lale joñan kajur im im maroñ eo an nian etale im kwalok joñan emman in kein jermal im kapeel ko ej kejebarok in raan kein.

U.S. Navy eo ear lemṁake ruallitok jikin ketellok ko im jikin ko kein jermal inenaaj jeleti im loe bwe jikin eo ilo woden Pacific in naetan Pacific Missile Range Facility (PMRF) ilo Sandia National Laboratories/Kauai Test Facility eo (SNL/KTF) ilo an maroñ jelet jikin ko iturin Ronald Reagan Ballistic Missile Defense Test Site eo (RTS) ekoba jermal in ketellok eo jen NASA Wallops

Flight Facility eo (WFF) ilo an maroñ jelet jikin ko ilo Atlantic Broad Ocean Area eo (BOA) bwe jikin kein jimar raar maroñ in tōbrare joñak ko aikuii ikiyeen joñan emman in an kein jermal in jermal im aini melele ko. Jikin ko rebed ilo.

Alternative 1, Jikin ko remman, ekoba PMRF, Barking Sands, Kauai, Hawaii; U.S. Army Kwajalein Atoll (USAKA); RTS, Republic eo an Marshall Islands (RMI); im kab Pacific BOA eo. Jikin ko jet rebed ilo Alternative 2 ekoba WFF, Virginia; im kab Atlantic BOA eo. Jikin eo U.S. Navy ej wātoki emman ej jikin ketellok eo jen PMRF ilo an maroñ jelet ene eo naetan Illeginni kinke ej make wōt emman ilo joñak ko rejelet jermal in etale / menin ekatok ko ekoba wāwein im jekjek ko ikiyeen Unin an kōmṁan im Aikuij eo bwe en wōr Makitkit ko elmakwōte ikiyeen wāwein kōmṁane kōmṁalmel eo.

U.S. Navy ej bareinwōt lemṁake jekjek eo elañe ren Jab Kōmṁan Jabdrewōt Makitkit, enwōt an kemlet ilo karok im kakien ko an CEQ eo. Bedbed ion ekatak eo, SSP eo emoj an kalikare ilo Ekatak ko Imaan tata Kin Pelaak ko/Pelaak ko ilikin naetaer Draft EA/OEA ko bwe makitkit ko rej uwaan lok Elmakwōt in Makitkit ko Kōtmeni jen kōmṁalmel in rej antooni bwe emaroñ jab wōr jekjek im wāwein ko remaroñ jelet pelaak in jikin eo/ko. Aolep pirokraam ko rejelet kōmṁalmel kein ketellok ak missile kein rej elmakwōt in kōmṁani ilo USAKA im illoan malo im meto ko an RMI kin menin rej aikuij loore kakien ko an UES eo. Ekatak eo imaan tata naetan Draft DEP eo ej kelaajrake makitkit ko lemṁak in kōmṁani ilo USAKA im illoan malo in RMI.

Kōmṁalmel eo elmakwōte enaaj ilo enen in Illeginni in ejelet pelaak eo kenono kake ilo BOA eo ilo mōttan ko illoan malo in Pacific in. Enwōt an lukkuun in wōr ekatak kake ilo Draft EA/OEA ko jimar, innem Navy ej elmakwōt in kōmṁane wōt juōn kōmṁalmel nian kein ketellok eo aer.

Draft EA/OEA, Ekatak ko jet rej kalikare ke ejelok wāwein enaaj jelet pelaak ko naetan Draft

Finding of No Significant Impact/Finding of No Significant Harm (FONSI/FONSH) ekoba ekatok eo naetan Draft DEP eo aolepaer rej bellok nian etali ilo www.FE-2-EAOEA.com ekoba ilo jikin kein jet:

(1) Office lobby eo an Republic eo an Marshall Islands Protection Authority eo, Majuro, Marshall Islands

(2) Office lobby eo an Republic eo an Marshall Islands Environmental Protection Authority eo, Ebeye, Marshall Islands

(3) Grace Sherwood Library
P.O. Box 23
Kwajalein, Marshall Islands
APO, A.P. 96555

(4) Roi-Namur Library
P.O. Box 23
Roi-Namur, Marshall Islands
APO, AP 96555

Aolep melele ko jen Public ikiyeen Draft EA/OEA eo, Draft FONSI/FONSH eo, im kab Draft DEP eo rej aikuij in drelon tok jino jen August 11, 2019 mae September 12, 2019 im melele kein remaroñ in itok ilo jekjek im wāwein kein:

(1) Melele ko litok ilo E-mail ren tōbrak eliktata ilo September 12, 2019 nian Comments@FE-2-EAOEA.com

(2) Melele ko ilo Mail, ren kōkalle ak postmarked enjab rumwij lok jen September 12, 2019, nian jikin in:
USASMD/ARSTRAT
ATTN: SMDC-EN (M. Hubbs)
P.O. Box 1500
Huntsville, AL 35807

Need Housing Repairs?

Call the Service Desk at 5-3550.

After going through the service desk process, if you continue to experience issues, contact us.

Daniel Forsgren, 5-2465
daniel.r.forsgren.ctr@mail.mil

Scott Hill, 5-0133
michael.s.hill86.civ@mail.mil

Derek Miller, 5-2283
derek.d.miller14.civ@mail.mil

We will work with you to resolve your issue.



GET CURRENT.
CLICK THE LOGO TO CATCH THE LATEST
EPISODE OF THE KWAJ CURRENT ON
CHANNEL 29-1.



THE REG ON "BEACH GLASS"

The Kwajalein Police Department would like to thank everyone for helping us keep public areas safe for swimming and enjoyment.

Remember that all glass containers within the Emon beach area are to be in a protective device, such as a koozie sleeve, and that no glass containers, are allowed in any swimming areas. These areas include the Millican Family Pool, Adult pool and the lagoon and beach areas of Emon Beach.

Please check any of the four posted signs for more information.

EMON BEACH RULES:

1. Children under 10 years of age must be accompanied and watched by a responsible person aged 15 years or older.
2. The designated swimming area is marked with a buoyed lifeline or rope. Patrons should refrain from hanging or playing on the rope.
3. Swimming, snorkeling, and diving are permitted outside the designated swimming area when practicing the buddy system.
4. Swimming, snorkeling, and diving are NOT permitted in the ski boat area when a power boat or sail boat is present.
5. An approved floatation device must be worn by all non-swimmers or weak swimmers.
6. Walking, diving, jumping, and playing on or around the jetty is prohibited.
7. Engaging in horseplay is prohibited.
8. Littering the beach area is prohibited. Patrons shall pick up their trash and dispose of it in the designated trash barrels.
9. Beach games should be confined to the area North of the guard tower.
10. Music must be kept at a low level as to not interfere with the Lifeguard communication.
11. Patrons must have glass in protective covering (i.e. bottle coozie).
12. Patrons shall not carry glass beverage containers into the swimming area.
13. Spearfishing is STRICTLY prohibited. Fishing is prohibited in swimming areas or where swimmers are present.
14. Launching or beaching a craft is not authorized. Exception are kayaks, paddleboards, and small inflatables with oars.
15. Kayaks, surfboards, and paddleboards are not allowed in the roped off swim area.
16. Pavilions at Emon Beach may be reserved through the Community Activities Office. Persons who reserve a beach pavilion are responsible for the actions of their group and the condition of the area upon departure.
17. Lifeguard Staff has the final authority regarding any unsafe practices, conditions, or swimming abilities of patrons.
18. Lifeguard Staff and / or KPD has the authority to ask any patron not complying with posted rule, acting in an unsafe manner, or exhibiting questionable behavior to leave.

COMMUNITY NOTICES

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to: www.rgnext.com.

DynCorp International (DI) is looking for qualified candidates to fill various positions. Current DI open positions on USAG-KA include education services, aviation and airfield operations, marine operations and public works among others. For more information and to apply, go to: www.dilogcap.com or contact your local HR representative.

OFFICIAL NOTICES

AA meets weekly on Tuesdays from 6:30-7:30 p.m. upstairs in the REB (Rm. 213).

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

Payments for monthly telephone fees are accepted in Bldg. 702 on Kwajalein (Tue. - Sat., 1-5 p.m.), and the Finance Office at the Air Terminal on Roi-Namur during normal business hours. Payments are due the first of every month. For billing

questions, please call 5-0843.

Reminder that internet customers can access their account and pay online! Simply visit KwajNetBilling.dyn-intl.com to log in and pay via our secure, online payment gateway using the payment method of your choice. You may also pay online for future months in advance! For support, contact us via phone @ 805-355-0843 (5-0843) or email KwajNet.Billing@dyn-intl.com.

Facility Manager Evacuation Coordinator Training meets on the first and third Wednesday of each month at 10 a.m. in Bldg. 904 in the Fire Station Training Room. Call 5-3364 to sign up. There is a 15-person cap on classes.

COMMUNITY

Fall Family Pool Hours. From August 23 to Dec. 18. Tuesday: 10 a.m. to 12:30 p.m. and 3:30-6 p.m.; Wednesday: 10 a.m. to 12:30 p.m. and 3:30-5 p.m.; Thursday: Closed for cleaning.; Friday: 10 a.m. to 12:30 p.m. and 3:30-5 p.m.; Saturday: 10 a.m.-12:30 p.m.; and 3:30-6 p.m. Sunday and Monday. Children's Swimming Lessons at the Family Pool. Session Dates: September 17-28; Level 3, 4, 5: 3:45-4:15 p.m.; Level 1 and 2: 4:30-5 p.m. Cost: \$50 per participant. Participants must be at least 4 years old. Registration open September 3-14. Contact Cliff Pryor at 5-2848 with questions or to register.

E-WARENESS. Lead-acid batteries become spent when they are no longer usable. Spent lead-acid batteries should not accumulate for recycling longer than six months, and will be collected from each generating source at a frequency to prevent a public safety or environmental hazard. For pick-up of spent lead-acid batteries, call 5-8858.

- Individual spent lead-acid batteries, or a pallet, shipping crate or similar container of collected spent lead-acid batteries will be labeled by date (the earliest date when any battery became no longer usable).
- Boat lot owners with spent lead-acid batteries should take them to the Roundhouse Collection Area (FN 987) on Kwajalein.

For more information, please contact DI Environmental at 5-1134.

Lead-acid battery ko rej etal im ejjelok tokjier elane emoj aer jerbal. Spent lead-acid battery ko rejjab aikuj in kakoni elkin jilijino allon im bar kojerbali, im renaj aikuj in aini jen kajojo ijoko rej kejerbali ilo jokjok ko rekkar nan bobrae joreen ko renaj walok nan kajojo armij im jikin ko. Nan buki men kein ak spent lead-acid battery ko, call e 5-8858.

- Lead-acid battery ko emoj aer jerbal, ak ko ilo juon pallet, ak jabdrewot lead-acid batteries ko kokoni emoj aer jerbal ilo container ak ko ilo jikin ijilok ko ilo tima renaj aikuj in wor aer label kin raan, allon im yio (Likit ak kojerbali raan eo elikata im eaar bojrak kejerbale).
- Boat lot owner Ro im ewor waier loan im ewor lead-acid battery ko emoj aer jerbal renaj aikuj buklok nan Roundhouse Collection Area (FN 987) ilo Kwajalein.

Nan melele ko jet, jouj im kir lok DI Environmental ilo 5-1134.

HOURLGLASS IS ON FLICKR

Visit the official Kwajalein Hourglass Flickr page for photos.

CLICK THE LOGO BELOW



MOVIE SCHEDULE

KWAJALEIN

7:30 p.m., Yuk Theater

Saturday, Sept. 7 Men in Black: International (PG-13)
105 min.

Sunday, Sept. 8 Shaft (R)
112 min.

Monday, Sept. 9 The Meg (PG-13)
112 min.

ROI-NAMUR

7:30 p.m., Tradewinds Theater

Saturday, Sept. 7 Avengers: Endgame (PG-13)
182 min.

Sunday, Sept. 8 Rocketman (R)
121 min.

RELIGIOUS COMMUNITY NEWS

Catholic Services on Kwaj. Sunday-9:15 a.m. in Main Chapel. Saturday-5:30 p.m. in Small Chapel. Daily Mass (Tuesday through Friday) 5:15 p.m. in chapel office (except for second and fourth Fridays).

Interdenominational Services on Kwaj. Sunday-8:15 a.m. Traditional Service in Small Chapel, Sunday-11 a.m. Contemporary Service in Main Chapel.

Roi Chapel Services- 6:30 p.m. on Fridays. Catholic services- second and fourth Fridays. Interdenominational services- first and third Fridays.

Prayer Group. Meets in main chapel first and third Fridays at 6 p.m. If you need prayer or you would like to join us as we pray for others, please come!

Christian Women's Fellowship. Come join us for a Cowgirl themed luncheon Sept. 8 at 12:30 p.m. in the REB next to the Chapel. Bring a friend. Contact Sally Bulla (#5-

9804) or the Chapel at (#5-3505).

Women's Bible Study of Acts Part 1 (Jesus' Witnesses, Empowered by His Spirit). Come Study with us: (Starting Sept. 10 or 12). Workbook available for purchase - \$14. Leader Sally Bulla (Phone #5-9804). Two times offered. Tuesday morning 9:15 to 11:15 a.m. OR Thursday evening 6:30 to 8:30 p.m. at qtrs. 405-B Taro.

Volunteer Discovery Day - Sept. 15 at 4 p.m. in the REB next to the chapel. Learn about the many volunteer opportunities that are available at the Chapel. We will have fellowship and snacks while you discover how you can be an integral part of the chapel and find your fit as a volunteer.

Youth Fellowship Middle & High School YF will be starting on Sept. 9. Middle is 3-6pm and High is 7-9 p.m. in the REB. Schedules are posted in the REB and on the Roller. Invite your teens and their friends.

ROCK OUT TO AFN LEGACY

AFN KWAJALEIN HAS ADDED "AFN LEGACY," THE CLASSIC ROCK STATION, AT THE 99.9 FREQUENCY AND ON THE AFN ROLLER TV CHANNEL. KWAJALEIN'S "THE WAVE" PROGRAMMING REMAINS AT 99.9. "HOT ADULT CONTEMPORARY," ORIGINALLY AT 99.9 NOW LIVES AT 104.1.

102.1 REMAINS THE FREQUENCY FOR NPR; WEEKDAY AFTERNOONS WE WILL SWITCH FROM NPR TO A DIFFERENT AFN CHANNEL TO ADD MORE VARIETY ON THIS FREQUENCY. QUESTIONS? SEND AN EMAIL TO JORDAN. VINSON@DYN-INTL.COM.



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokklok (UXO). Retreat (Jenliklik) bed ettokok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.

Report Suspicious Activity or Behavior



**iWATCH
ARMY**

iREPORT

i KEEP US SAFE

See Something Say Something

Your Actions Can Save Lives

WHO TO REPORT TO

Local law enforcement and security

* 911

* 5-4445/4443

* usarmy.bucholz.311-sgcmd.
mbx.usag-pmo@mail

REPORTING SUSPICIOUS ACTIVITY

- Date and time activity occurred
- Where and what type of activity occurred
- Physical description of the people involved
- Description of modes of transportation
- Describe what you saw or heard
- Provide pictures if you took any

