

VOLUME 60 NUMBER 33

AUGUST 17, 2019

THE KWAJALEIN HOURGLASS



THIS WEEK

HEALTH TIPS

FOR KWAJ PET OWNERS 2

DISAPPEARING DAY

HOW KWAJ LOST A DAY IN 1993 6

BIKE SAFETY FIRST

WITH THESE ARMY REGS 7

KWAJALEIN VET TECH DANIELLE RINALDI IS ON THE JOB AT THE KWAJALEIN VETERINARY SERVICES CLINIC.

◉ JESSICA DAMBRUCH

ISLAND LIFE HEALTH TIPS FOR KWAJ PETS

BY JESSICA DAMBRUCH

If you are an island pet owner, you may soon meet Kwajalein's registered veterinary technician, Danielle Rinaldi. A native of Savannah, Georgia, Rinaldi has enjoyed getting to know the island four-legged residents at the new veterinary services clinic location next to the Kwajalein Hospital. Rinaldi has a few health reminders for keeping cats and dogs healthy in Kwajalein's eternal summer.

Kwajalein Hourglass: How did you decide to become a vet tech?

Danielle Rinaldi: I love animals, so it was only natural to work with animals as a career. I like being a vet tech because it's hands-on. Vets rely heavily on vet techs to assist, draw blood samples and get a lot of the details so they can properly diagnose and prescribe medications. For me, that's totally what I want to do. I just love hanging out with dogs and cats and making sure they're comfortable. I personally don't like visiting the doctor, so whatever I can do for these dogs and cats to make them feel more comfortable is important.

HG: What should pet owners understand about our island climate?

DR: It's hot out here! Making sure pets have access to water is important. Keep in mind asphalt gets very hot. Walk pets during cooler parts of the day, like in the early morning and closer to sunset. Make sure they have access to grass to walk on. Be sure not to walk pets for extended periods of time. It only takes about 30 seconds for paw pads to burn and that injury can take weeks to heal.



U.S. Army photo by Jessica Dambruch

Danielle Rinaldi, Kwajalein's registered veterinary technician, checks out the microscope station in the veterinary services clinic at Kwajalein Hospital.

HG: We warn our athletes about cleaning coral cuts. Anything we should watch out for when walking our pets?

DR: There is the concern about coral cuts. With pets we have other little concerns: little, baby hermit crabs that we might encounter during our walk. Check your pets' paw pads and wash injuries with a gentle soap, monitoring closely for possible signs of infection. Sometimes antibiotics are needed to help our pets heal. Contacting veterinary services in those moments is important.

HG: Tell us a little about the veterinary services clinic.

DR: I think it's important for pet owners to understand that Kwaj is unique. You don't always have the same sort of access to specialized care that you have in the U.S. Preventative care is always the biggest defense against anything out here—making sure our pets have flea and tick preventatives and heartworm preventative.

The clinic can provide preventative, routine and limited emergency care for our pets. Occasionally, we can provide surgical and routine dental care when veterinarians visit, though it does depend on the vet's time and schedule, which varies with each visit.

The veterinary services clinic can answer questions for anyone that is looking

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1. Phone: Defense Switching Network 254-3539 Local phone: 5-9205

Garrison Commander.....Col. Jeremy Bartel
Garrison CSM.....Sgt. Maj. Kenyatta Gaskins
Public Affairs Officer.....Mike Brantley
Communications Manager.....Jordan Vinson
Communications Specialist Jessica Dambruch



to import or PCS with a pet. We also visit Roi for appointments.

HG: What are some unique things about Kwaj that pet owners should know about?

DR: When our pets come in, they don't understand that they just got off a plane and are okay, but they are in a totally new environment. They don't understand why they went through such a stressful event as coming to Kwaj. It's a long flight. There are things like changes in cabin pressure that pets aren't used to. A lot of times when they get to Kwaj they have gastrointestinal upset, and they get stressed out getting used to their new environment. Sometimes we have to help them with some antibiotics to help their GI systems get back on track.

HG: Pets can get stressed out?

DR: Our pets can get stressed out quickly. They pick up on cues that we don't think of. We can take a suitcase out of the closet and maybe our cat is going to stay under the bed for a week. Some tolerate it better than others. The ones that do react to it are those we have to keep a really close eye on to make sure they are okay.

HG: Several pet owners on Kwaj live in bachelor quarters and own cats. Army regs state they must stay indoors. What can we do to care for BQ cats?

DR: In BQs, only cats are allowed. Due to US-AG-KA regulations, cats aren't really allowed to roam free outside. You can put them on a harness—I personally love seeing that—but it's important to understand that their inability to freely walk around is for their safety. Offer cats trees and things for them to climb on. They don't play with toys the way our dog friends do, but still give them the option. Make sure they have lots of comfortable areas to sleep. We all know our cats love to sleep. Offering them many places for down time is a good idea.

** Interview edited for publication*



U.S. Army photos by Jarett Nichols

1) Argos, a local Kwaj dog, prepares to go on an afternoon walk in mid-August.

2) A cat's-eye view: Kwaj cat Lola is hard at work keeping an eye on the neighborhood from her cozy BQ windowseat.

WE LIKE CAT VIDEOS, TOO. SO WE MADE ONE.

WANT TO GET TO KNOW ARGOS AND LOLA? CLICK THE LOGO TO CATCH UPCOMING KWAJ CURRENT EPISODE 35 ON CHANNEL 29-1- NOW WITH MORE PETS!



MILITARY AND CIVILIAN STUDENT COHORT COMPLETES PACIFIC ALLIES INTERNSHIP

BY U.S. INDO-PACIFIC COMMAND

By Petty Officer 1st Class Robin Peak
U.S. Indo-Pacific Command

A group of students from the U.S. Naval Academy, the U.S. Coast Guard Academy, the University of Hawaii and Whitman College recently wrapped up a summer internship on Ebeye as part of the Pacific ALLIES Program.

The Pacific ALLIES program brings together students from the United States and host nation sponsors from the Kwajalein Atoll Government in the Republic of the Marshall Islands.

This part of the Marshall Islands, often described as a “living sustainability laboratory” by U.S. researchers and Marshallese leadership, is a unique place where organizations and nation states can test ideas and study environmental problems, like sea-level rise and food and water security.

While on Ebeye, the cohort was able to assist with a unique geo-location and census effort titled the Streetview Coastal Research and Demographic Survey. This effort was supported by the Office of Naval Research, Code 34 Warfighter Performance Department, Human and Bioengineered Systems Division.

“The whole internship was very eye-opening,” said U.S. Coast Guard Cadet Ani Phelps, a marine science major. “On our first day we were sitting in the back of a truck with some students who were singing and playing their ukuleles. Ever since that first moment, the songs continued the whole time—along with



Photos by Lorenzo Moscia

Members of the 2019 Pacific ALLIES cohort walk with students on Ebeye. Pacific ALLIES brings together students from the United States and host nation sponsors from the Kwajalein Atoll government.

the stories and laughter. I feel this internship has allowed us to have so many connections with the Marshallese.”

Phelps wants to do research in areas such as Oceania in the future. Being able to live on Ebeye and experience the culture was helpful in her understanding of the area and allowed her and the others to develop ideas for future projects.

“We are thinking of making marine science a larger part of this internship,” said Phelps. “Next year there may be more coral reef research and work with the students.”

Ebeye has an especially vulnerable population with a higher density than Manhattan, and sixty percent of people living on the atoll are under 18 years of age.

The geo-location and census effort is the first time that these types of initiatives have been undertaken on the atoll and will aid in improv-

ing situational awareness for disaster awareness and health emergencies.

“We were able to reach about 200 homes,” said Skye Goedert, a recent graduate of Whitman College. “We asked simple questions such as, how many people live here, how many are under 18 years of age, and do you have food or fresh water. This setup is a basic structure of the survey, so the local people can do this in the future by themselves.”

The team used a phone application that allows high school students to travel the community, record what their basic needs are and assign addresses to residents—a system that has not existed there, Goedert explained.

“If a disaster were to ever hit, knowing how many people are on the island would be extremely important,” said Goedert. “Knowing who has electricity, food and who needs provisions and where to go to give them the help will be easier in the future.”

The geo-location effort has the added



Photo by Lorenzo Moscia

benefit of allowing people thousands of miles away the ability to see what Ebeye looks like, said U.S. Coast Guard Cadet Elaine Weaver. This gives the people of Ebeye a sense they are part of a global community.

The students' research and host-nation engagement focus on addressing core vulnerabilities to real-world security and stability issues, namely through youth education and capacity building. Projects to date include coastal surveys, robotics instruction, scientific methods for reef health and STEM assistance for Ebeye Middle School summer camp.

After the internship, the cohort traveled to the U.S. Indo-Pacific Command headquarters where they briefed Maj. Gen. Suzanne P. Vares-Lum, mobilization assistant to USINDOPACOM commander, on the program.

"This program is helping to equip our next-generation military leaders to face

complex non-traditional security challenges through civilian and military collaboration," said Vares-Lum. "The fantastic work these cadets and midshipmen did this summer is going to greatly help KALGOV as well as reinforce USINDOPACOM's commitment to maintain relationships with our allies and partners in the Oceania region."

"Some may ask, what could you do with four students and cadets," said Gregg Nakano, a doctoral candidate with the College of Education at the University of Hawaii. "The idea is not the numbers. The idea is proof of concept. If we can show this can work with just a couple friends and almost no resources, then imagine using a larger institution with many talented people. Scale this effort throughout other locations around the world and they can have a greater impact in larger communities."



USINDOPACOM protects and defends, in concert with other U.S. government agencies, the territory of the United States, its people, and its interests. With allies and partners, USINDOPACOM is committed to enhancing stability in the Indo-Pacific region by promoting security cooperation, encouraging peaceful development, responding to contingencies, deterring aggression, and, when necessary, fighting to win. This approach is based on partnership, presence, and military readiness.

E-WARENESS

BY DI ENVIRONMENTAL

Polychlorinated biphenyls are regulated substances that were primarily utilized as a non-flammable oil for electrical equipment prior to 1980. At USAG-KA, PCBs are regulated while being used, stored and disposed. PCB best management practices include:

- Evaluate pre-1980 oil-filled electrical equipment for PCB hazards
- Maintain an inventory of all PCB items and PCB equipment in each shop
- Ensure PCB items and equipment are properly labeled, and emergency contact names and numbers are posted in visible locations in case of fire or spills
- Perform and document quarterly

inspection of all PCB items and equipment

- Immediately notify your environmental department of any leaks, weeps or drips
- Perform daily inspections of any leaking PCB equipment and initiate PCB clean-up within 48-hours of discovery.
- Utilize appropriate PPE and management practices in accordance with site procedures when handling oils suspected of containing PCBs

Polychlorinated biphenyls (PCB) ej chemical ko ekka aer kar kojerbali enwot juon non-flammable oil nan tool in jerbal ko rej kojerbal jarom yiio ko mokta jen 1980. Rainin ewor PBC ko rej jerbal, kakoni, im juloki ion Kwajalein in. Wawein ko remman nan kejbarok ad kojerbal PCB ej enwot in:

- Check e aolep tool ko ippam im rar walok/komman mokta jen 1980 eo ne ewor menin kauwotata ko remaron walok

- Bwinni im record aolep kein jerbal ko ewor PCB ie ilo kajojo shop ko
- Aolep jikin jerbal ko ewor PCB ie rej aikuj post aer label im melele ko nan call e dron ikijen emergency ko remaron walok jen bwil ak lutok ilo
- Check im record e kein jerbal ko ewor PCB ie aolep koota (quarter)
- Mokaj im kiir lok Environmental Dept. eo enaaj wor lutok ko kwoj loe
- Lale PCB tool ko rej leak im komman ien nan karreo mokta jen am tobar ennoul rualitok (48) awa jen ien eo tore eo kwar ion leak eo
- Kejbarok am kojerbal PCB tool ko ilo am kojerbal PPE ko rejimwe nan im rekka nan jerbal eo kwoj kommani

E-Wareness is a weekly product of DI Environmental. If you have questions, please call DI Environmental at 5-1134. Elane elon am kajitok, jouj im kurluk DI Environmental ilo 5-1134.

THE DAY THAT NEVER WAS

BY JESSICA DAMBRUCH

Aug. 21 is a quirky, if important day in local history. Thanks to a time zone change requested by the Republic of the Marshall Islands, in 1993, Aug. 21 never happened.

"Saturday, Aug. 21, was a missing day in our lives on Kwajalein," begins a Kwajalein Hourglass article from Aug. 25 of that year. Life on the garrison (then called USAKA) officially advanced forward in time as the island joined the Marshalls on the other side of the international dateline.

We on Kwaj now are hours and a day ahead of other places on the globe on a daily basis. In short, we are expert time travelers. Negotiating time differences is all part of life on the job. In 1993, the day change didn't much phase anyone, but the excitement did make for a good story. If anything, the community celebrated, and the rest of the world took notice. The New York Times got in on the fun and reported the unique time change.

Preparation for the dateline shift began weeks in advance. In the summer of 1993, the Kwajalein Hourglass bore numerous ads for events in honor of the missing day. The night-life calendar for the then-functioning Yokwe Yuk restaurant and night club made special reference to Saturday's programming, which simply didn't exist. The Kwajalein Running Club held a special "Ultra Marathon" midnight fun run. Macy's, then a two-story department store, sold commemorative shirts marking the date. School children giggled about the struggle to figure out what weekday it was.

"We have to work Saturday now," said former Kwaj resident Mike Meyers, "Monday is our day off. You have to get used to that. But I'm looking forward to Tuesday night football."

Pam Hazel, wife of former USAKA Commander Col. Gene Hazel even went on record about how the day change befuddled the commander's stateside family.

"My sister, Heidi, is visiting us, and there is some confusion regarding her itinerary," said Hazel. "She waited all day on her birthday for dad to call. We finally figured it out and decided to call him and tell him we were celebrating on a different day."

This upcoming week marks the 26th anniversary of a day that doesn't exist. Mark your calendars—and prepare for work on Tuesday.

Dateline change affects DSC

Beginning Aug. 28, Sponsors must submit their requests for Sunday, Monday and Tuesday from 6 a.m. until noon on Saturday. The Sunday-Monday weekend ferry schedule will be the same as the previous Saturday-Sunday weekend.

The Kwajalein Running Club presents Run Around The Clock "Ultra Marathon"

The world's longest two mile running event starts **TONIGHT** and will finish two days later on August 22

Pre-race registration is 10:30-11:30 p.m. at the Emon Beach Pavilion

Skaters start at 11:50 p.m. Walkers & runners start at 11:55 p.m.



T-shirts & refreshments will be available
Contact Steve Shank at 6637 or Maj Robert Payne at 1369

Yokwe Yuk Entertainment

Tonight
DJ Dean Johnson
9 p.m. in the Lounge
"Today is Yesterday's Tomorrow"
11:30 p.m. in the Lounge



Tuesday
Dart League
6:30 p.m. in the Lounge

Wednesday
Karaoke Night 6:30 p.m. in the Lounge



Saturday
The day that wasn't

Thursday
Country Music Night
6:30 p.m. in the Lounge

Sunday
DJ Joe Coleman
9 p.m. in the Lounge



Friday
DJ Dean Johnson
9 p.m. in the Lounge

"Today is Yesterday's Tomorrow"



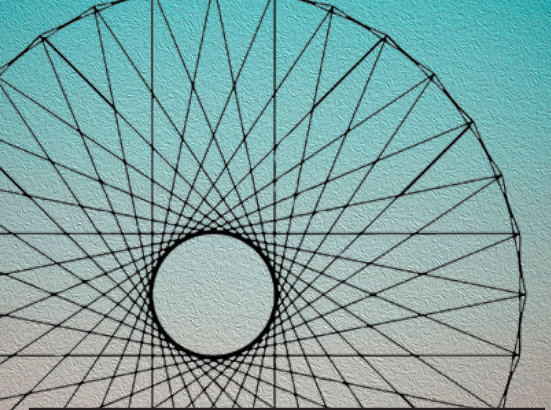
How often does the international dateline change? Once in a century? Once in a millennium? Once in an eon? Come celebrate this memorable occasion at the Yuk tonight as Kwajaleinites bypass Saturday and take their quantum leap into Sunday at the stroke of midnight.

"Today is Yesterday's Tomorrow" runs from 11:30 p.m. until 2 a.m. DeeJay Dean Johnson will feature special music to fit the occasion, and the club will serve a complimentary beverage at midnight to all who commemorate the straightening of the dateline and the passing of Aug. 21 into never-never land.

"It promises to be a fun night as we count down to the day-after-tomorrow," said Johnson. "So come out and enjoy the occasion. By the way, do I get paid for two nights for doing this?"

Special commemorative T-shirts will be on sale at Macy's today beginning at 4:30pm and tonight at the Yokwe Yuk Club.

ABOVE: Ads and community notices from August 1993 issues of The Kwajalein Hourglass show us how the community reacted to the time change and dealt with "The Day that Never Was."



THE RULES OF THE ROAD

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

Even if you are not a new resident of U.S. Army Garrison-Kwajalein Atoll, it may be time to refresh your transit know-how. Here are some Army regulation rules of the road for safe bicycle travel around the garrison.

BICYCLES

Operating a bicycle on USAG-KA is a privilege and not a right. Bicycles must be operated and maintained in a safe and proper manner.

Bicyclists must observe and obey all traffic signs and markings just as operators of motor vehicles are required to do.

YIELD RIGHT-OF-WAY

The rider of a bicycle about to enter or cross a roadway (including bicycle lane or bicycle path) from an alley, building, private road, driveway, or from any public or private property other than a roadway, shall yield the right-of-way to all vehicles or bicycles.

Bicyclists must yield the right-of-way at all Stop and Yield signs to pedestrians, other bicycles, and motor vehicles. When emergency vehicles signal an approach with sirens and/or lights, the emergency vehicle has the right-of-way. Bicyclists shall yield the right-of-way by immediately moving to the right edge of the roadway clear of any intersection and remain stopped until the emergency vehicle has passed.

STOPPING

Bicycles shall not stop in a lane of traffic except when necessary to yield to other traffic at intersections.

Bicyclists shall not impede the flow of traffic.

BIKE LIGHTS

It is recommended that a headlight or flashlight be used at all times when riding a bicycle during periods of darkness. The hours of darkness are sunset to sunrise.

The use of reflectors on the rear, side, front, and pedals is recommended for the added safety of operating the bicycle at night.

LANE USAGE

Bicyclists shall operate the bicycle on the right side of the roadway, maintaining a single lane of traffic.

When a bicyclist is approached from behind by a motor vehicle, riders shall move to the side of the road to allow, passing, preferably in a single line, until the vehicle has passed.

SIGNALS

Bicyclists should use hand and arm signals when turning, especially in areas of high traffic.

To signal a left hand turn, the left arm extends horizontally pointing in the direction of the turn.

To signal a right hand turn, the right arm extends horizontally pointing in the direction of the turn, or the left arm extends horizontally with a 90 degree upward bend at the elbow.

SPEED

Each bicyclist shall operate the bicycle at a speed that is reasonable and prudent under existing conditions.

Follow the speed limit signs that are posted. 15 mph on the island unless you are in the housing area, which is 10 mph.

SPEED TRAINING

The area surrounding the Bucholz Army Airfield, bordered by 9th St., Ocean Road, Olympus Drive and Lagoon Road, is designated as a bicycle training area.

Bicyclists training for speed and endurance may operate up to 35 mph in this area. Riders must wear helmets and ride in a clockwise direction on the right hand side of the roadway around the airfield.

Training is limited to between sunrise

and sunset unless posted speed limit is observed. Pedestrians always maintain the right of way.

CLINGING

No bicyclist may cling to a motor vehicle while moving along any roadway.

RIDERS

Riders are encouraged to keep at least one hand upon the handlebars at all times.

When carrying an infant, riders will ensure that they are secured in an infant pouch or a permanent seat affixed to the bicycle. The permanent seat must prevent the infant from falling off and from inserting their hands and/or feet into the moving parts of the bicycle.

Any person carrying young children as passengers must be of such an age and capability as to have total control of the bicycle. The passenger must be seated in a way that ensures the safety of the passenger and rider.

Use of cell phones is discouraged while riding a bicycle.

REGISTRATION

Bicycle registration is highly encouraged at USAG-KA, and will show the PMO proof of ownership in the event the bicycle is lost or stolen.

At a minimum, bicycle owners should retain the serial numbers for their own records. Bicycle owners should register their bicycle(s) soon after buying or receiving a bicycle(s) as a gift. Registration requires a bill of sale from the previous registered owner, or both parties present at the PMO for registration.

SMOKING AND ALCOHOL

Smoking is prohibited while riding or operating a bicycle on USAG-KA roadways.

The consumption of alcohol, or possession of an open container of alcohol, is prohibited while riding or operating a bicycle on USAG-KA roadways.

Please ride safely! For more information about bike travel on Kwaj, please contact the USAG-KA Police Department at 5-4445.





U.S. Army photo by Dottie White

Lt. Gen. James Dickinson, commanding general, U.S. Army Space and Missile Defense Command, and U.S. Army speaks at the 22nd Space and Missile Defense Symposium at the Von Braun Center, Huntsville, Ala.

LEADER GIVES SPACE AND MISSILE DEFENSE UPDATE AT SMD SYMPOSIUM

EXTERNAL REPORT

By Jason Cutshaw
USASMD/ARSTRAT

Huntsville, Ala.—The leader of U.S. Army Space and Missile Defense Command explained how the command is ensuring space and missile defense for the Soldier, the Army and the nation at the 22nd Space and Missile Defense Symposium in Huntsville, Aug. 6.

Lt. Gen. James Dickinson, USASMDC commanding general, updated those in attendance on how the command is supporting national defense through Army space and air and missile defense, and how that directly corresponds with the symposium's theme of "Space and Missile Defense Preeminence in a Multi-Domain Environment."

"Most of us here are working for the thousands of warfighters who are deterring adversaries around the world and fighting our wars, as well as the many deployed civilians and contractors who support them, and all of their families serving at home," Dickinson said. "We are working to give them the best possible advantage today and in the future, whether we develop concepts, plans or the capabilities they use to accomplish their missions.

"For the many sacrifices they make, we can do no less to make sure they can fight and win, and come home safely," he added.

Dickinson discussed the Army's personnel and capabilities with regard to space.

"Whenever we shoot, move and communicate, we use space," Dickinson said. "The Army is the largest military user of space. We use space for missile warning; command, control and communications; friendly force tracking; situational awareness; and positioning, navigation and timing."

The Army is working to ensure that space is integrated throughout the force, he said.

"At the tactical level, all Soldiers must be trained to recognize when they are in a denied, degraded and disrupted space operational environment and what they can do to mitigate it."

After speaking of numerous space operations and projects the command is involved with currently and in the future, Dickinson then turned to the command's astronaut corps.

"In the Army we're proud that one of our astronauts is currently on a nine-month deployment 250 miles above the Earth, serving on the International Space Station," Dickinson said. "Col. Drew Morgan is a flight engineer for Expedition 60

and 61. He launched on July 20, the historic day that the United States put the first humans on the moon, and he is scheduled to return in spring of 2020.

"Col. Morgan took the place of his fellow Army astronaut, Lt. Col. Anne McClain, who returned from the ISS in June after a total of 204 days in space," he added. "Col. Morgan and Lt. Col. McClain are exceptional Soldiers. He is an Army emergency physician with a remarkable career of serving with special operations units, and she is a senior Army aviator and test pilot with more than 2,000 flight hours in 20 different aircraft and has flown more than 800 combat hours."

Turning to missile defense, Dickinson said plans for the future include multi-mission air and missile defense battalions that may contain multiple capabilities such as both Terminal High Altitude Area Defense and Patriot, both Patriot and the Indirect Fire Protection Capability, or both IPFC and Maneuver Short Range Air Defense.

"Tailored force packages will be available to meet mission needs," Dickinson said. "We will have offensive and defensive integrated fires, across domains, regions and missions, using multi-mission, high-demand, low-density assets. Our future architecture will be layered and integrated, utilizing space, cyber, electronic warfare, land and air sensors. We will match the best shooter with the best sensor."

Air and missile defense forces routinely collaborate with allies and partners across the globe. He said that it is a critical warfighter priority that the Army is interoperable and integrated with allies and partners to the greatest extent possible.

"Our active defense capacity is finite," Dickinson said. "To maximize our lethality, we must integrate our allies and partners into a common and mutually supportive architecture."

In conclusion, Dickinson said that in both space and missile defense, SMDC is making progress in its concepts, organizations, capabilities and path forward to the future.

"The Army is positioned with the necessary expertise to support U.S. Space Command and is moving forward with science and technology efforts to bring space advantages to the warfighter," Dickinson said. "Army air and missile defense is on the right path to realize the Army's Vision for 2028 and support our national strategies. As we go forward, we will continue to proactively strengthen ties with our allies and partners, working toward greater interoperability and integration."

A MEDEVAC INSURANCE PRIMER



HOURLASS REPORT

Are you a USAG-KA resident and have a visitor coming out to visit on a 480 pass? Are you an employer sponsoring a TDY employee on a 55R? Make sure your visitor is covered by a medical evacuation insurance plan before travel plans are finalized. Failing to do so could net you, the visitor's sponsor on the garrison, \$130,000-250,000 in uncovered costs associated with performing a medical evacuation for a serious illness or injury to Hawaii or beyond. It's like buying a house—but not getting a house.

Of course, we all want our friends, family and staff who visit to have a fun and safe time, and to have a safety net if something happens. Fortunately, that safety net can cost a fraction of a fraction of the price of an uncovered medevac from Kwajalein Atoll. To shop around for plan prices, simply use your favorite internet browser to take you to online insurance plan exchanges where you can compare different plans and prices to fit your visitor's needs.

Here are some pointers to keep in mind during the shopping process.

- Travel insurance does not equate to medical evacuation insurance. Unless your travel insurance plan explicitly states medical evacuations, you should only assume medical expenses, such as medical procedures and medicine, are covered—not the costs of physically relocating the patient from point A to point Z.
- If your visitor has health insurance (typically plans offered through

employers), there is no guarantee medevacs are covered. Again, you must read the plan's details and know exactly what is covered and what is not. For most stateside residents, medevacs from nations as remote as the Marshall Islands will not be covered. Your visitor will need to contact their insurance provider for additional information and to verify service areas.

- If your visitor has a credit card that offers medical evacuation coverage as part of their membership benefits, again, it's important to read the fine print. For instance, is Kwajalein Atoll/Marshall Islands within the area of responsibility of the credit card company's coverage provider? A medevac from the Bahamas may be covered by a credit card company, but a medevac from the Marshall Islands may NOT be covered. Your visitor will need to call customer support to find out more before traveling.
- Most importantly, if your visitor is not covered by medevac insurance via one of the methods already described, they should take this to heart: Medevac coverage does NOT have to be pricey. Yes, it is possible to visit USAG-KA without medevac insurance; it is not a requirement to enter the garrison on a 480 pass, for instance. But a three-week period of full coverage can cost as little as \$120. That's \$40 per week for peace of mind—and freedom from the catastrophic effects a full medevac bill will cost a sponsor in the event of a medical evacuation.

- When selecting a plan, be sure to take note of any plan activation conditions associated with the plan. For instance, some providers stipulate that the plan must be purchased a month or so before the start of the travel period. Not understanding these conditions could make or break the bank in the event of a medevac.
- As you consider policies, please make sure that you select a medical evacuation insurance policy that includes a minimum of \$1 million of emergency medical evacuation (costs vary from \$130,000 to \$250,000), medical expenses, repatriation to home of record and repatriation of mortal remains (\$25,000-50,000), as well as 24/7 access to a travel assistance center. The policy should also include coverage for emergency medical expenses, as your home country insurance may not extend to Kwajalein. Moreover, if you are evacuated, the destination healthcare system may not accept your current insurance plan.
- Finally, at every point along your path in shopping for a plan, make sure Kwajalein Atoll is within the geographic area of responsibility of the medevac provider. Ask this at the beginning of the process, during the shopping process, and verify at the end before purchasing.

If you have questions regarding medevac coverage for you and your dependents, please contact your human resources office.

EVERYTHING YOU NEED TO KNOW ABOUT SCHOOL

BY THE KWAJALEIN SCHOOL SYSTEM

By The Kwajalein School System

Kwajalein Schools develop productive, successful and responsible students committed to academic excellence and life-long learning.

On behalf of all of the school staff, we'd like to welcome everyone back to school!

School begins for students on Thursday, August 23, and we look forward to a fantastic year full of new learning experiences. We hope the information that follows will be helpful to all families of school age children.

The Kwajalein School System Plus Portal is a valuable resource for parents and community members. Anyone can access the official school calendar, parent-student handbooks, school policies, school supply lists and links to the school website and a parent tutorial for the portal on the Kwajalein School System Portal log-in page. This does not require a password to access. Contact the school for assistance with creating an account to view your students' grades.

Kwajalein School System Plus Portal: <https://www.plusportals.com/KwajaleinSchool>

School Website: <https://kwajaleinschools.org/>

Parent Tutorial: <https://docs.rediker.com/interactive/plusportals/progress.htm>

- **August 15-17:** New Teacher In-Service
- **August 20-22:** All Teacher In-Service
- **August 20 from 3:30-4 p.m.:** Elementary students may visit their classrooms at the George Seitz Elementary School campus. There are no expectations that classrooms will be set up yet, but teachers will be present to meet and greet. Elementary students may drop off school supplies.
- **August 22:** Seventh graders and new students' orientation from 5-6 p.m.
- **August 23:** First day of school for all students
- **August 27 from 5-6 p.m.:** Rikatak Parent Meeting in the High School MP Room
- **September 5 from 6:30-7:30 pm:** Kwajalein Jr.-Sr. High School Back to School Night in the high school Multi-Purpose Room
- **September 6 from 6-7 p.m.:** George Seitz Elementary School Back to School Night in the Coconut Room



Elementary School Hours of Operation

- Office hours are 7:30 a.m.-4:30 p.m. Tuesday – Saturday
- All GSES students line up on the playground with the 8:30 a.m. bell
- Kindergarten and 1st grade students are dismissed for lunch at 11:25 a.m.
- Second grade-6th grade students are dismissed for lunch at 11:30 a.m.
- All GSES students line up on the playground with the 12:30 p.m. bell.
- Kindergarten and 1st grade students are dismissed for the day at 3:25 p.m.
- 2nd grade-6th grade students are dismissed for the day at 3:30 p.m.

*Please note that supervision for students begins at 8:20 a.m. and at 12:20 p.m. Students may not be on the playground before these times due to lack of supervision.

Jr.-Sr. High School Hours of Operation

- Office hours are 7:30 a.m.-4:30 p.m. Tuesday – Saturday
- All KJSHS students should be in their first class at the first bell that rings at 8 a.m.
- All KJSHS students will be dismissed for lunch at 11:25 a.m. and return for the 12:25 p.m. afternoon bell
- All KJSHS students are dismissed at the 3 p.m. bell.

Early-Release Wednesdays

Wednesdays are early release days. KJSHS and GSES students are all released at 2:15 p.m. each Wednesday so that teachers can participate in professional development activities.

Kwajalein Child Youth Services

Child Youth Services has school age programs for students before and after school. Call 5-2158 for information on programs available.

School Advisory Committee Meetings

The School Advisory Committee has monthly public meetings held on the third Wednesday of each month at 7 p.m. in the Coconut Room. The community is welcome to attend and participate in these meetings. The first meeting of the year will be held September 18. Questions and concerns may always be referred to SAC representatives. Watch the AFN roller channel for a list of representatives and their contact information.

WEATHER WATCH

BY RTS WEATHER STATION

WEATHER DISCUSSION: Unsettled weather is expected to continue across Kwajalein Atoll through next week. The rainfall delta, or deviation from the monthly normal, finally moved to above-normal August 13 with 2.56 inches of morning rainfall brought by increased low-level convergence across the southern atoll.

A monsoon-like trough stretches from eastern Micronesia along 10N through the northern RMI bringing doldrum-like conditions to Kwajalein Atoll. Light east-southeasterly winds are expected across the atoll with isolated to widely scattered showers, especially during the overnight and early morning hours. Numerical forecast models indicate an increase in shower activity next Wednesday night into Thursday.

SATURDAY: Partly sunny with isolated showers by afternoon (10 percent coverage across the atoll). Winds light from the ESE-SE.


SUNDAY: Widely scattered morning showers becoming partly sunny with isolated showers by afternoon (10 percent coverage across the atoll). Winds ESE-SE at 3-8 knots.

MONDAY: Mostly cloudy with isolated morning showers becoming partly sunny with stray showers by afternoon (10 percent coverage across the atoll). Winds light and variable.

NEXT WEEK: Mostly sunny Tuesday with stray showers and light winds. Mostly cloudy for Wednesday through Friday with an increase in showers Wednesday and Thursday. Light and variable winds all week.

KWAJ
CAPPI
TV_Z_010_150
Task: GVVOL5
PRF: 960Hz
Height: 1.0 km
Max Range: 150 km
21:42:44
10 APR 2019 U



 SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:41 a.m. 7:05 p.m.	9:01 p.m. 8:31 a.m.	5:37 a.m. 4.4' 5:55 p.m. 3.8'	11:53 a.m. -0.5' 11:52 p.m. -0.3'
MONDAY	6:41 a.m. 7:04 p.m.	9:40 p.m. 9:15 a.m.	6:03 a.m. 4.3' 6:22 p.m. 3.8'	12:19 p.m. -0.4'
TUESDAY	6:41 a.m. 7:04 p.m.	10:18 p.m. 9:59 a.m.	6:30 a.m. 4.0' 6:50 p.m. 3.7'	12:20 a.m. -0.1' 12:44 p.m. -0.2'
WEDNESDAY	6:41 a.m. 7:03 p.m.	10:57 p.m. 10:44 a.m.	6:58 a.m. 3.7' 7:21 p.m. 3.5'	12:51 a.m. 0.1' 1:11 p.m. 0.1'
THURSDAY	6:41 a.m. 7:03 p.m.	11:39 p.m. 11:30 a.m.	7:28 a.m. 3.4' 7:59 p.m. 3.3'	1:25 a.m. 0.4' 1:41 p.m. 0.3'
FRIDAY	6:41 a.m. 7:02 p.m.	----- 12:18 p.m.	8:07 a.m. 2.9' 8:51 p.m. 3.1'	2:08 a.m. 0.7' 2:20 p.m. 0.6'
AUGUST 24	6:41 a.m. 7:02 p.m.	12:23 a.m. 1:09 p.m.	9:08 a.m. 2.5' 10:18 p.m. 2.9'	3:14 a.m. 1.1' 3:22 p.m. 0.9'



Sexual Harassment/Assault
Response and Prevention
(SHARP) Contact Information

CW2 Jarell Smith
SHARP Victim Advocate
Work: 805 355 2139
Home: 805 355 2036

USAG-KA SHARP Pager:
805 355 3243/3242/3241/0100
USAG-KA SHARP VA

Local Help Line:
805 355 2758
DOD SAFE Helpline:
877 995 5247



Enjoy pool, cards, darts and more in the club house all night long. Food will be provided and drinks are for purchase. Feel free to come and go as you please!



When: Aug. 19, 2019
Where: Kwojalein Country Club
Time: 5:15-10 p.m.

Events

5:30 p.m.→ Bingo with prizes
6:45 p.m. → Super Secret Surprise
8 p.m.→ Screen on the Green

Need a ride?

Shuttles will pick up every 15 minutes from the bus stop by the Food Court from 5-6:30 p.m. Return shuttles will be every 30 minutes from 8-10 p.m.



Soccer Season Registration

Register at the Library
Building 805

Registration starts July 23

Registration ends September 4

\$100 / Team
Season Starts

September. 10-October. 25

POC: Library Front Desk 5-3331



ATI CHECK-IN TIMES

Early departures—7:45-8:15 a.m.;
All other departures—8-8:30 a.m.
*Check with your ATI flight representative to confirm check-in and flight departure times.

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
Tuesday, United 154—11-11:30 a.m.
Wednesday, United 155—2:30-3:45 p.m.
Thursday, United 154—11:30 a.m.-Noon.
Friday, United 155—3:30-4:45 p.m.
Saturday, United 154—11-11:30 a.m.

SHUTTLE BUS SERVICE

To set up a pick-up time for the shuttle please call 5-8294 or 5-3341. If a representative cannot be reached, please leave a detailed message and your phone call will be returned as soon as possible. Shuttle services start one hour prior to check-in times for United flights and 0700 for the ATI.

EVERYBODY'S WORKING FOR THE WEEKEND

HOURLASS REPORT

Join the community this Labor Day Weekend at Emon Beach for a day of fun in the sun.

Enjoy the a la carte beachside menu or race for the shore in a snazzy paper boat in the Cardboard Boat Regatta. Registration for the afternoon event remains open until Aug. 23.

For more details and updates, please contact Family and Morale, Welfare and Recreation at 5-3331.

Fun for Everyone!!

Happy
Labor Day
Weekend

**Join us for some
Grill'in & Chill'in
at Emon Beach!**

**Tuesday, September 3rd
1500 - 2000**



Labor Day
Tuesday, September 3rd
Emon Lagoon
1600-1800
**Register to enter your
cardboard creation
by August 23rd**



Event Rules & Registration / MWR 5-3331



**Check out the tasty beachside a la
carte menu for Labor Day Weekend!**

BBQ Grilled Wings (6) \$4.00

Beef Hotdogs \$2.50

Nachos with Cheese \$3.00

Loaded Nachos \$5.00

W/Chili, Cheese, Ground Beef,
Lettuce, Fresh Salsa, Sour cream, Bacon

Grilled Sloppy Joe Burger \$4.00

W/Caramelized Onion
and Cheese (Optional)

Veggie Burgers \$3.50

Salmon Crab Cakes (2) \$6.00

W/Lemon Herb Aioli or
Spicy Sriracha Aioli

Fried Mac N' Cheese Ball \$2.50

French Fries \$2.50

Add chili or cheese, \$1 extra

Sweet Corn Slaw \$2.50

Roasted Corn, Red and Green Bell Peppers,
Green Beans Tomatoes and Onions

Popcorn \$1.25

Fried Caramel Apple Funnel Cake \$3.00

w/Caramel Cinnamon Sauce
(Made to Order, five-minute wait)

Pretzel w/ Cheese Sauce \$2.50

Sodas and Water \$1.50



HOURLASS IS ON FLICKR

Visit the official
Kwajalein Hour-
glass Flickr page
for photos.

CLICK THE
LOGO BELOW!

flickr

MOVIE SCHEDULE

KWAJALEIN

7:30 p.m. at the Yuk Theater

Saturday, August 17
Pirates of the Caribbean:
Dead Men Tell No Tales (PG-
13)
153 min.

Sunday, August 18
The Curse of La Llorona (R)
93 min.

Monday, August 19
The Mustang (R)
96 min.

ROI-NAMUR

7:30 p.m. at the
Tradewinds Theater

Saturday, August 17
Thor: Ragnarok (PG-13)
130 min.

Sunday, August 18
Pokémon Detective Pikachu
(PG)
105 min.

COMMUNITY UPDATES

HELPWANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

RGNNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to: www.rgnext.com.

DynCorp International (DI) is looking for qualified candidates to fill various positions. Current DI open positions on USAG-KA include education services, aviation and airfield operations, marine operations and public works among others. For more information and to apply, go to: www.dilogcap.com or contact your local HR representative.

COMMUNITY NOTICES

AA meets weekly on Tuesdays from 6:30-7:30 p.m. upstairs in the REB (Rm. 213).

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

Payments for monthly telephone fees are accepted in Bldg. 702 on Kwajalein (Tue. - Sat., 1-5 p.m.), and the Finance Office at the Air Terminal on Roi-Namur during normal business hours. Payments are due the first of every month. For billing questions, please call 5-0843.

Reminder that internet customers can access their account and pay online!

Simply visit KwajNetBilling.dyn-intl.com to log in and pay via our secure, online payment gateway using the payment method of your choice. You may also pay online for future months in advance! For support, contact us via phone @ 805-355-0843 (5-0843) or email KwajNet.Billing@dyn-intl.com.

The Kwajalein Post Office hours of operation are: Monday: 12:30 to 5 p.m.; Tuesday and Thursday: Noon to 6 p.m.; Wednesday and Friday: 11 a.m. to 6 p.m. Please remember to display your badge at the window prior to package pick-up.

Facility Manager Evacuation Coordinator Training meets on the first and third Wednesday of each month at 10 a.m. in Bldg. 904 in the Fire Station Training Room. Call 5-3364 to sign up. There is a 15-person cap on classes.

The MIC Shop is looking for ladies and gentlemen to work one two-hour shift per month selling beautiful, one-of-a-kind hand-crafts. Please contact Joanna Battise at joanna_correll@yahoo.com or 5-4122 for more info! Hours are Monday 12-2 p.m., Tuesday and Thursday 5-7 p.m., and Wednesday and Friday 9-11 a.m.

FMWR is exploring the possibility of selling lumber out of the Hobby Shop and would like community feedback. Please go to the FMWR Facebook page at www.facebook.com/usagkafmwr and click on the survey link to complete a five-question survey. Your feedback is appreciated.



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajkok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.

USAG-KA RELIGIOUS COMMUNITY INFO

Prayer Group. We are excited to announce that the chapel will begin hosting times of prayer twice a month. If you are in need of prayer or you would like to join us as we pray for others, please come! Where: Main Chapel. When: 1st and 3rd Fridays. Time: 6 p.m.

Men's Bible Study. Every Thursday at 5:30 p.m. in the Chapel Office. We are studying "The Spirit of Christ" by Andrew Murray. For more info, contact Mike Ignacek mmignacek@gmail.com.

Catholic Services on Kwaj. Sunday- 9:15 a.m., Main

Chapel. Saturday- 5:30 p.m., Small Chapel. Daily Mass (T-F) 5:15 p.m. in the chapel office (except for second and fourth Fridays).

Interdenominational Services on Kwaj, Sunday- 8:15 a.m. Traditional Service, Main Chapel Sunday- 11 a.m. Contemporary Service, Main Chapel.

New Roi services schedule, effective Aug. 1. Catholic service takes place at 6:30 p.m. on the second and fourth Fridays of every month. The interdenominational service takes place at 6:30 p.m. on first and third Fridays of every month.

WEEK 1

TUESDAY, JULY 30

SACC def. REMIX
AA def. Heavy Cargo

5-21
Rain Out

WEDNESDAY, JULY 31

Too Much Busy def. Working On
Tobare! def. OFU

11-9-8
11-12

THURSDAY, AUGUST 1

Automotive def. Ladrik Nana's
Kwaj Fire def. Bad News Beers

11-24
9-30

SATURDAY, AUGUST 3

AA def. Heavy Cargo

5-3

WEEK 2

TUESDAY, AUGUST 6

REMIX def. AA
Heavy Cargo def. SACC

6-12
21-1

WEDNESDAY, AUGUST 7

OFU def. Working On It
Tubare! def. Too Much Busy

12-3
12-21

THURSDAY, AUGUST 8

Ladrik Nana's def. Kwaj Fire
Bad News Beers def. Automotive

13-10
13-12

USAG-KA SPORTS SOFTBALL MINI SEASON

TEAMS	RECORD	POINTS
Remix	1-1	10
AA	2-0	8
Heavy Cargo	1-1	18
SACC	0-2	-36
Too Much Busy	2-0	10
Working On It	0-2	-10
Tubare!	0-2	-10
OFU	2-0	10
Automotive	0-2	-14
Ladrik Nana's	2-0	16
Kwaj Fire	0-2	-24
Bad News Beers	2-0	22

SPECIAL HOURS AT THE ROI BARBERSHOP

The Roi Barbershop is offering special hours of operation to accommodate all incoming Roi residents during August.

The Barbershop will be open Tuesdays from 9:30 a.m. to 4:30 p.m. and Wednesdays from 8:30 a.m. to 2:30 p.m. on Aug. 20-21 and Aug. 27-28. Appointments are preferred, but walk-ins are welcome if a stylist is available. Payment is accepted in cash or checks.

Questions? Please call 5-3319 or 5-6889.

Report Suspicious Activity or Behavior



See Something

Say Something

Your Actions Can Save Lives

WHO TO REPORT TO

Local law enforcement and security
* 911
* 5-4445/4443
* usarmy.bucholz.311-sgcmd.
mbx.usag-pmo@mail

REPORTING SUSPICIOUS ACTIVITY

- Date and time activity occurred
- Where and what type of activity occurred
- Physical description of the people involved
- Description of modes of transportation
- Describe what you saw or heard
- Provide pictures if you took any