

THE KWAJALEIN HOURGLASS

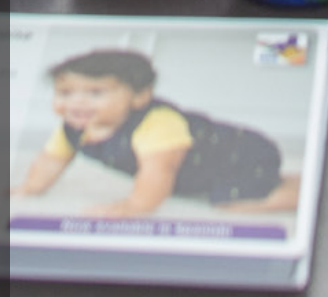


THIS WEEK

HEALTH CARE FAIR
SHARES HEALTH TIPS 2-3

USAG-KA THANKS
MILITARY SPOUSES 6

KHS ART SHOW
EXPLORES IDENTITY 8



DR. BRETT YUNKER OF INTERNATIONAL SOS IS PREPARED TO HELP THE KWAJALEIN COMMUNITY AT THE USAG-KA HEALTH CARE FAIR MAY 9.

USAG-KA HEALTH CARE FAIR

HOURLASS REPORT

Visiting U.S. Army medical personnel, U.S. civilian employees, first responders and Kwajalein healthcare practitioners from International SOS met at the Kwajalein Jr.-Sr. High School Multi-Purpose Room May 9 for the USAG-KA Health Care Fair. The event gave residents an opportunity to learn about the healthcare system on USAG-KA.

Area directors presented to the community information on island health and recreation resources to equip them with a better understanding of USAG-KA services and program offerings. Chief Warrant Officer 2 Jarell Smith presented the USAG-KA Sexual Harassment/Assault Response and Prevention Program and encouraged anyone with questions or concerns about staying safe in the community to contact him. Family and Morale, Welfare and Recreation Installation Management Specialist Samuel Whitley presented the community an overview of recreational sites around the island, as well as activities to provide mental well-being, as well as healthy physical activity.

Deputy Garrison Commander Jenifer Peterson discussed the plan for a new medical facility. Construction is expected to begin in 2021.

She also stressed the importance of emergency medical evacuation insurance intended for visitors to Kwajalein. When sponsoring 480 visitors here, Peterson indicated most plans are moderately priced and stressed that they should be purchased in the appropriate window before travel. The plans provide a needed safety net to visitors to the garrison who must undergo a medevac from the atoll, she said. Without a medical evacuation insurance plan in place, patients will be liable to pay up to \$250,000 for the medevac.

Kwajalein Hospital Chief Medical Officer Dr. Craig Corey also provided an overview of the Kwajalein Hospital and its programs, lauding the expertise and dedication of the International SOS team of healthcare providers assembled that



Linda Wrubbel, left, and Prescilla Price, Range Generation Next human resources, and Dr. Allan Anderson, Kwajalein pharmacist, check out anti-stress swag.

evening. The presentations were followed by one-on-one facetime with human resources representatives and medical staff from the Kwajalein Hospital and Dental Clinic. Representatives from companies

like Range Generation Next, LOGCAP, International SOS and TribalCo visited with guests and provided helpful literature and anti-stress items as fun reminders to stay healthy.

480 REMINDER

Sponsors are responsible for medical bills, including MEDEVAC (could be +/- \$250k)

MEDEVAC insurance is an option for purchase through many carriers:

- Some credit cards with ticket purchase
- Some airlines with ticket purchase
- Travel insurance

Be sure to understand:

- What your policy does and does not provide
- Any and all restrictions including the purchase window
- Policies need to be purchased prior to travel

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1. Phone: Defense Switching Network 254-3539 Local phone: 5-9205

Garrison Commander.....Col. James DeOre Jr.
Garrison CSM.....Sgt. Maj. Kenyatta Gaskins
Public Affairs Officer.....Mike Brantley
Communications Manager.....Jordan Vinson
Communications Specialist Jessica Dambuch



1



2



3



4

U.S. Army photos by Jessica Dambruch


1) Kwajalein Hospital Chief Medical Officer Dr. Craig Corey presents medical information to the community. 2) Kwajalein Dental Clinic Dr. Scott Berry and Shana Darrah take a photo together. 3) Firefighter/EMT John Little, left, and Crew Chief/EMT Brian Dahl invite guests to tour a Kwajalein ambulance. 4) International SOS staff prepare to greet the community at the Health Care Fair.



MEET THE KWAJ TEAM

The staff of International SOS at the Kwajalein Hospital and Kwajalein Dental Clinic are here to help. The Kwajalein Hospital is open Tuesday through Saturday, 7:30 a.m. to 4:30 p.m. During regular business hours, reach staff members by calling (805) 355-2223 or 2224. After hours, whenever you have a medical need, you can receive help by calling the 24-hour phoneline at 9-1-1. Don't wait until you need assis-

tance to get to know the dedicated men and women who are here to support Kwajalein's health needs. 1) The hospital laboratory. 2) The pharmacy crew. 3) Public health, occupational health and nursing. 4) Doctors, surgeons and physician's assistants. 5) Medical referral. 6) The Dental Clinic. 7) The Employee Assistance Program. 8) Radiology. 9) Physical Therapy. 10) The administrative team.



HEALTH HAPPENINGS ON KWAJALEIN

MENTAL HEALTH WORKSHOP SERIES

May is Mental Health Awareness Month. The Employee Assistance Program at the Kwajalein Hospital offers the following information sessions and group meetings.

Sessions are held in the Kwajalein Hospital Conference Room at 5:30 p.m.

For more information please contact Mary Beth H. Dawicki, EAP/Psychological Counselor at marybeth.dawicki@ms.internationalsos.com or at (805)355-5362.

May 24

*EFT/ Tapping: A Tool to Release
Emotional Intensity*

May 30

Grief and Loss Support Group

May 31

*World No Tobacco Day:
Learn the Tools to Quit*

HEALTH AND FITNESS CLASSES ON USAG-KA

Join USAG-KA Family and Morale, Welfare and Recreation technicians each week for classes to relax the mind and give the body a healthy boost of activity. Classes meet at Corlett Recreation Room 7. For more information, please call 5-3332.

Monday

5:30 p.m.—Meditation Prana/Yoga

Tuesday

5:30 p.m.—Circuit

Wednesday

9:15 a.m.—Core Cardio

Thursday

5:30 a.m.—Circuit

5:30 p.m. —Yoga

Friday

5:30 a.m.—Circuit

5:30 p.m. —Yoga

Saturday

5:30 a.m.—Circuit

5:30 p.m. —Yoga



Spouses and active duty military personnel enjoy a special thank you from USAG-KA Command in honor of Military Spouse Appreciation Day May 9 at the Sunrise Bakery.

USAG-KA THANKS MILITARY SPOUSES

HOURLASS REPORT

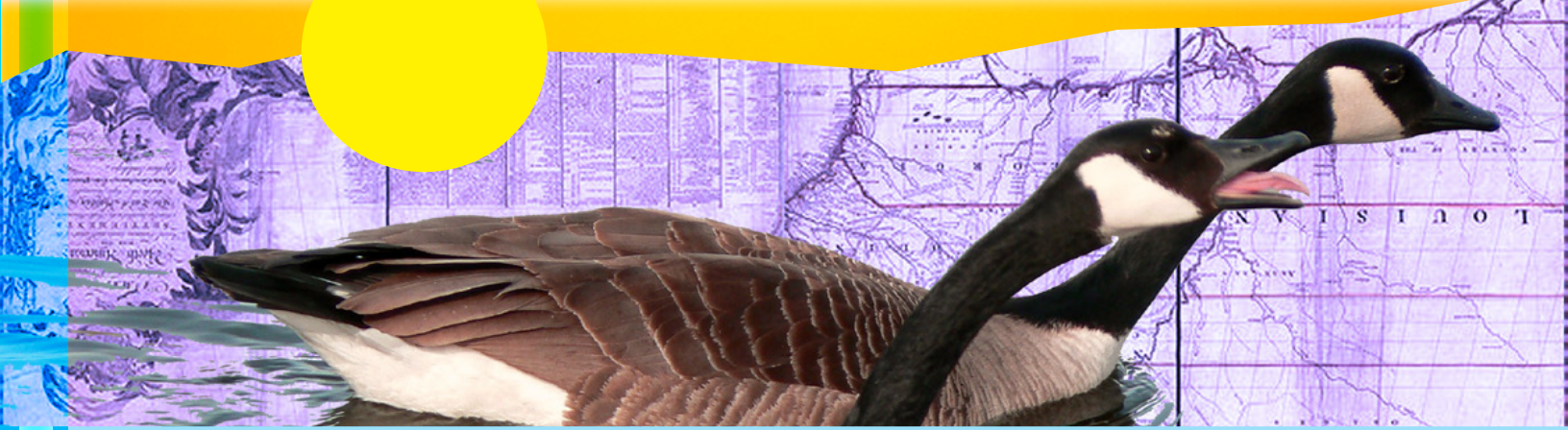
Spouses of active duty and retired military members and active duty military personnel met at the Sunrise Bakery May 10 for a special Army family-wide appreciation event: Military Spouse Appreciation Day. It is a chance to say thank you for the dedication and support of the military mission with recognition of the husbands and wives who support the service member at home and abroad.

USAG-KA Command Sgt. Maj. Kenyatta Gaskins presented military spouses with official command certificates of appreciation. The first one went to his wife, Tamika. Following the ceremony, those gathered enjoyed a coffee and dessert reception.

Military Spouse Appreciation day was established 35 years ago in 1984 by U.S. President Ronald Reagan. Celebrations and activities are held around the globe each year to honor military spouses.



USAG-KA Command Sgt. Maj. Kenyatta Gaskins presents a certificate of appreciation to his wife, Tamika.



TRAVEL TIPS FOR THE SUMMER SEASON

HOURLASS REPORT

The travel season is in full swing, and many island residents are gearing up for vacation. Here are a few travel tips from the community to help ensure your health and safety.

Before Departure

- Ensure your passport is current and will not expire during your travel.
- Prior to leaving island, make sure to put your mail on hold at the Kwajalein Post Office, and pay your phone and internet bill.
- Take screen shots of reservation confirmations and itineraries so they will be available even if your device isn't online.
- Ensure you have the necessary travel documents. This includes your passport, identification cards and travel papers. Consider registering with the State Department if you are traveling to a foreign country.

While In Transit

- Check the status of your flight before heading to the airport.

- Take extra precautions against spills and pack your carry-on liquids in a large plastic zip bag.
- Make sure to stay hydrated and avoid salty foods.
- Periodically move about and stretch your legs to improve circulation, and think about wearing compression socks.
- Stay sanitary. Wash your hands often and keep sanitizer and tissues on hand.

Traveling with Kids

- Bring the items your child needs to be comfortable and possibly sleep during the flight.
- Bring something to help the child clear their ears on the airplane. This could be a bottle, pacifier or lollipops.
- Sometimes loud or unfamiliar noises can frighten children. If your child prefers quiet, consider purchasing a pair of soundproof earmuffs for them to wear on the plane. Note: Always ensure that the hearing protection you have on hand does not create a choke or health hazard for your child. Most disposable foam

- earplugs are not suitable.
- Have your child dress in layers so that they will not be too warm or too cold during the flight.
- Bring a stash of lightweight toys and diversions that are not opened until you are on the plane. Pull them out one at a time as rewards for good behavior. These could be surprise stickers, small cars, plastic dinosaurs, small stuffed animals. One island mother suggests handing your little one wet wipes when first seated to "clean" the area—this might be good advice for everyone.
- Pack a variety of snacks—especially those low in sugar and salt. Individual serving sizes or portions in snack-sized zip locks will help reduce the potential for messes and reduce carry-on clutter.
- Load a device with apps and music for your child to use on the plane with child-sized headphones.
- Bring a spiral notebook, crayons and markers for your child to record observations about their journey. This is an invitation for your child to be an active participant on the trip.

You are cordially invited to celebrate

BACCALAUREATE 2019

Graduation is almost here! The community is invited to attend the Kwajalein Jr.-Sr. High School Class of 2019 Baccalaureate Ceremony and dessert reception at the Island Memorial Chapel, 7 p.m. Sunday, June 2. Congratulations to all of the graduates!





U.S. Army photos by Jessica Dambruch

Student art on display at the Kwajalein Jr.-Sr. High School Spring Show May 14 explores the theme of identity using a variety of concepts and media.

KHS ART STUDENTS EXPLORE IDENTITY

BY JESSICA DAMBRUCH

Kwajalein High School students let their artistic spirits shine for the community at the 2019 Art Show May 14.

Visitors were in for an afternoon of visual treats. Instructor Jane Christy met student and parent visitors at the door of the George Seitz Elementary School art studio with a giant platter of chocolate chip cookies and encouraged them to enjoy the show.

Cookies in hand, clusters of students checked out each other's artwork and showed parents and friends the result of their year-long creative exploration of identity.

Exhibited on the tables and walls were students' Identities. No two were the same: Executed in clay, wireframe sculpture and mixed media, the artwork demonstrated each students' unique vision of their physical being and emotional self.

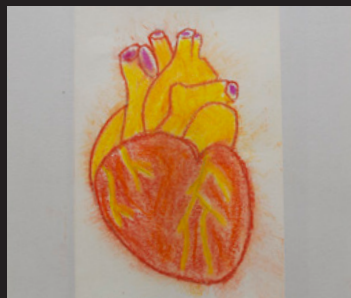
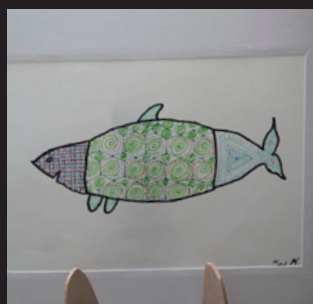
For young artists, identity is a moving target: It is an experiential intersection from which they can draw inspiration while learning core curricular concepts related to form, value and media.

The high school students located identity in a multitude of diverse, imaginative works: They found themselves in stormy locations, incomposite montages referencing popular culture, and visions of mythical beasts and the natural world.

Sometimes, as is the case for Melanie Boutu, identity is found in a concept. The young artist described one work, a monochromatic eye rendered on torn paper as a strong personal symbol.

"The heart is emotional, for me," said Claudia Bellerice, of her own series of heart drawings. "Each one means something different."

As the current academic year draws to a close, Kwajalein looks forward to encountering the new ideas and concepts that Kwaj art students are sure to explore in the coming years.





1) A wireframe sculpture by Melanie Boutu represents a figure in motion. 2) A series of art hearts designed by Claudia Bellerice demonstrate different emotional states. 3) Art gallery visitor Kendal Warren checks out a table of masks. 4) Visitors enjoy chocolate chip cookies while they peruse the student gallery. 5) Representations of personal weather systems and skies are envisioned by eighth grade students working in acrylic on canvas.





U.S. Army photo

The Army recently issued a directive to reduce the financial burden for spouses who wish to continue their professional careers after they move to a new duty station. The policy allows spouses to be reimbursed up to \$500 for qualified relicensing costs that result from a permanent change of station or assignment to a different state.

NEW INITIATIVES TO CUT COST, TIME FOR SPOUSES TO CONTINUE CAREERS

EXTERNAL REPORT

By Sean Kimmons
Army News Service

FORT MEADE, Md.—The Army recently issued a directive to reduce the financial burden for spouses who wish to continue their professional careers after they move to a new duty station.

The policy allows spouses to be reimbursed up to \$500 for qualified relicensing costs that result from a permanent change of station or assignment to a different state.

“Our spouses are lawyers, nurses, teachers, cosmetologists and real estate agents,” said Dee Geise, who works in the Office of the Assistant Secretary

of the Army for Manpower and Reserve Affairs. “It eases part of the stress of the cost associated with relicensing after a PCS move.”

Instructions on how to apply for reimbursement can be found in the all Army activities, or ALARACT, message 036/2019 and will eventually be on the Military OneSource website.

Reimbursement is available to spouses of Soldiers in all three components and will be retroactive to Dec. 12, 2017, when the National Defense Authorization Act for Fiscal Year 2018 was signed into law.

Qualified costs include exam and registration fees required by the state, where the new duty station is located, for a license or certification for the same

profession a spouse had before moving.

“So if your new real estate license in North Carolina is \$250, then the Army will reimburse up to the \$250 cost,” Geise said.

CHILDCARE PROVIDERS

For spouses who work at Army childcare centers, the service is developing another initiative that aims to retain their training, pay and ensure a job is waiting for them when they move to a new installation.

“If they’re working in a childcare center at Fort Belvoir [in Virginia] and PCS to Fort Hood [in Texas], they should move right into a job without going through the reapplication process,” she said.

At a family forum in February, Army

Secretary Mark T. Esper said he also supported the idea for more spouses to run childcare businesses from home, which could even shorten waitlists at the main centers.

When he came onboard last year, Esper said it took the Army an average of 134 days for a civilian to be hired. His goal is to lower that to 60 days.

"You can see the challenge," he said. "No one is going to wait 134 days, or by the time you do, another opportunity has come before you or it's time to [move] again."

Spouses who are teachers also experience a lengthy re-hiring process. While some just have to wait a month to move into a new job, others wait six months or even the next school year to start, Geise said.

"We have so many wonderful spouse teachers who should be able to quickly move into a teaching job when they move," she said. "It is expensive and it is time consuming."

STATE RECIPROCITY

The Defense State Liaison Office, she

noted, is doing a lot of work toward state reciprocity to speed up re-licensing and re-certification efforts for military spouses.

"They've made some gains there," she said. "They're doing a really great job helping states understand the stresses on a spouse when he or she moves to another state and gain employment."

A "spouse licensure map" showing progress of interstate compacts that support license portability can be found on the Military OneSource website.

Spouses who want to pursue their first license, credential or associate degree may check out the Military Spouse Career Advancement Accounts Program. The program offers up to \$4,000 in scholarships to spouses of Soldiers in paygrades E-1 to E-5, W-1 and W-2, and O-1 and O-2.

Financial assistance can only be used for approved portable careers found on the Military OneSource website, which include jobs in aerospace, education, energy, health, hospitality, legal and skilled trades, among others.

Another option, the Military Spouse Employment Partnership, prepares

spouses to be "job ready" applicants and connects them to companies. The partnership now has nearly 400 partners who have hired over 130,000 military spouses.

"It started in the Army; now it is a defense-wide program," Geise said. "They work with corporations, large and small, to help spouses find portable jobs."

Army Community Service centers on installations also operate the Employment Readiness Program, which can assist spouses in finding and preparing for jobs as well as volunteer opportunities.

As a former Army spouse, Geise said she is proud of the steps the Army and Defense Department are taking to make it easier for today's spouses.

"I, too, had to start all over again," she said. "I, too, had to worry about what state required what from me when I moved. I, too, had to worry about the application process and if I was ever going to be able to get my foot in the door."

"I'm really excited about not only the license reimbursement issue, but also all the things we're doing to help our spouses maintain their careers while their service member maintains their career as well."



RESIDENTIAL PHONE SERVICE UPDATE

PUBLIC NOTICE

Staying in contact with family and friends is crucial here at U.S. Army Garrison-Kwajalein Atoll, and it is a top priority for the community.

Some significant changes will occur regarding Kwajalein's residential phone service in coming months. Residential long distance service on USAG-KA will no longer be supported, and eventually discontinued. Residents are encouraged to evaluate their long distance phone call needs and establish their own alternative provider for those phone calls.

The only residential long distance calling option will be "Voice over Internet Protocol" phone call systems. VoIP technology uses your internet connection to make phone calls instead of traditional landlines or cellular towers.

This method is a much cheaper option than the traditional methods and is popular worldwide.

Personal VoIP technology has made significant advancements over the years and many VoIP service providers include cell phone Wi-Fi calling capabilities from cell providers such as Verizon, Google Voice apps, Skype phone service, Magic Jack, Vonage, and many others.

There are cell phones equipped with Wi-Fi calling capabilities either through your cell provider or through a VoIP application such as Google Voice, or Skype, and VoIP services that connect with a USB through your home computer.

Something to remember is that when a service or application is free, your personal information and data are how they make their money. Recommend choosing your VoIP service carefully. Shop

around for the best deal for you.

Benefits

Your VoIP phone number belongs to you. Take it with you when you PCS.

The U.S. government will no longer provide your phone service and as such will no longer have access to your calling records.

Most VoIP calling services include a mobile device or laptop app allowing you to use your home number over wired or Wi-Fi connections from most countries as you travel around the world.

Please note that work phone lines will not be affected by this change. Each employee will still have a PIN to use on work phones for official long distance calls only.

For calling 911 on VoIP, dial 1-805-355-5911.



SURFWAY CUSTOMER SURVEY II

May 24, 5:30-6:30 p.m. at Surfway

- Have a top item you want on the shelf at Surfway that wasn't on your original list?
- Have constructive feedback about the store?

We want to hear from you!

Visit with USAG-KA Food Service Advisor Chief Warrant Officer 2 Jarell Smith and Surfway Manager Phillip Kenley at Surfway. Bring comments and feedback on the store and lists of up to 15 top item suggestions to stock.

FAMILY FUN!

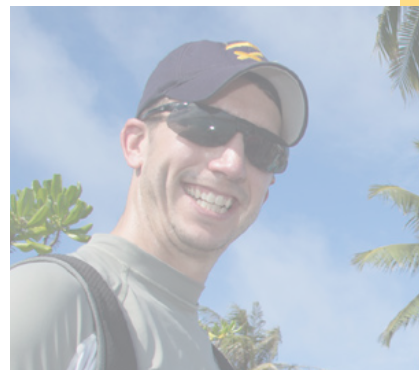
color obstacle run

Memorial Day, May 28
DeMeo Athletic Field at 4:30 p.m.



SKIP THE SUNBURN LOVE THE LID

LOVE THE LID



No one wears those sassy caps like you do, Kwaj. Check out the cool hats in these photos, above. Kwaj, you make the shade look good.

If you really want to be a pro at Kwaj life, wear a hat. The sun knows exactly where you are. It will find you and bring the burn. The deep damage caused by your fun in the sun may not appear for years, but the daylight will take its toll on your skin, hair and eyes.

If you work for extended periods in the sun, have pale skin or a family history of skin cancer, you are at a higher risk. The good news is skin cancers are caused by overexposure to UV rays and are among the most common and easily avoided cancers. Be prepared:

Wear protective clothing, polarized eyewear, SPF 30 sunscreen and, of course, a snazzy, cool hat. If you're new to the island, this a friendly reminder to love your lid. Get a broad brim and block out the direct daylight. Whenever you head out into your busy Kwaj life, bring a buddy, a ballcap and get into the spirit of sun protection. Sport a spectacular shadow and protect your face and neck with an epic hat. Skip the sunburn and love the lid.

Want to learn more about the sun? Get informed about UV rays, sun protection and other health tips. Visit https://www.cdc.gov/cancer/skin/basic_info/index.htm.

It's All Sun & Games

EMON BEACH BBQ

Tuesday, May 28

3-6 p.m.



Good Times and Fun for Everyone!

Kayaks, paddle boats, volleyball, Slip and slides, bouncy house fun and more!

**For more information, please contact
Donna Pickard at 5-3332**



Softball Coconut Championship



Brandon Field

Sunday, May 26 - 11 - 7 p.m.

Monday, May 27 - 1 - 6 p.m.

Refreshments available.



POC: nathan.jones3@dyn-intl.com / MWR Sports Coordinator



E-WARENESS

PETROLEUM PRODUCT STORAGE TANK MANAGEMENT

REPORT / DI ENVIRONMENTAL

Each department owner of petroleum product storage tanks is required to:

- Designate trained storage tank custodians.
- Conduct weekly storage tank inspections.
- Conduct annual storage tank inspections.
- Document storage tank inspection deficiencies and perform associated corrective actions or contact the Service Desk at 5-3550 for support. Contact DynCorp International Environmental at 5-1134 for information.

Owner eo ilo department eo an petroleum product storage tank ko ej aikuj: Kolaajrake rijerbal ro ekkar nan tank ko remaron jerbal ie:

- Etale storage tank ko aolep week.
- Komman ien nan jeek e storage tank ko aolep yio.
- Jeiki aolep jorren im likjab ko rar walok im pikwot kilen jerbale jorren ko. Ne ejab, kir lok Service Desk ilo 5-3550.

E-Wareness is a weekly product of DI Environmental. If you have questions, please call DI Environmental at 5-1134. Elane elon am kajjitok, jouj im kurlok DI Environmental ilo 5-1134.



U.S. Army photo by Mike Sakaio



USAG-KA NEWS

Members of the Joint Law Enforcement Committee, representing USAG-KA and the Republic of the Marshall Islands and Kwajalein Atoll local government met on May 19 at the USAG-KA Headquarters. The Joint Law Enforcement Committee is one of several committees of the U.S-RMI Community Relations Council that meets regularly to address issues of mutual concern of the USAG-KA and local Marshallese communities within the atoll. The CRC is a forum established under the Military Use and Operating Rights Agreement and the Compact of Free Association, with representation from both the U.S and the RMI, that meets quarterly. Topics discussed at the May 15 meeting included the sharing of information and working together to enhance law enforcement and security across the atoll.



CLICK THE LOGO TO CATCH THE LATEST EPISODE OF THE KWAJ CURRENT ON CHANNEL 29-1.



USAG-KA Cart Rental Parking has moved to the charging stations located next to Automotive Shop (Bldg. 856). Party/Reservations will remain in Bldg. 805. Please contact MWR at 5-3439 with questions.

KOMMOL TATA

U.S. Army Garrison-Kwajalein Atoll would like to thank the medical professionals and human resources representatives who helped make the USAG-KA Health Care Fair a success! We appreciate the hard work you do for the garrison community each day.

—USAG-KA Command



PASSPORT SERVICES MAY 31-JUNE 1

U.S. Embassy Majuro will conduct American Citizen Services in Bldg. 730 (Garrison HQ), room 117 from 9 a.m. until noon and from 1-4 p.m. May 31 and June 1.

Passport photos must be recent (within six months) and without eyeglasses.

Questions? Contact Host Nation Activities, 5-2103 or 5-5325 or visit <https://mh.usembassy.gov/u-s-citizen-services/>.

SCHEDULE OF FEES

- Adult passport renewal: **\$110**
- Adult passport (first time application): **\$145**
- Minor passport (15 and under): **\$115**
- Adult Passport Card: **\$30**
- Minor Passport Card (15 and under): **\$15**
- Consular Record of Birth Abroad: **\$100**

Only money orders and cashier's checks (payable to "US Embassy, Majuro") accepted; can be purchased from Community Bank or at the Post Office.



Want to see more event photographs?
Check out the official Kwajalein Hourglass Flickr page. Visit <https://www.flickr.com/photos/kwajaleinhourglass/>



WEEKEND MOVIES

KWAJALEIN MOVIES

7:30 p.m., Yuk Theater

Saturday, May 18

Isn't It Romantic
(PG-13)
89 min.

Sunday, May 19

The Lego Movie:
The Second Part (PG)
107 min.

Monday, May 20

Pacific Rim: Uprising
(PG-13)
110 min.

ROI-NAMUR MOVIES

7:30 p.m., Tradewinds
Theater

Saturday, May 18

Miss Bala (PG-13)
104 min.

Sunday, May 19

Mary Poppins Returns
(PG-13)
130 min.

COMMUNITY CLASSIFIEDS

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

RGNNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to: www.rgnext.com.

DynCorp International (DI) is looking for qualified candidates to fill various positions. Current DI open positions on USAG-KA include education services, aviation and airfield operations, marine operations and public works among others. For more information and to apply, go to: www.dilogcap.com or contact your local HR representative.

COMMUNITY NOTICES

Alcoholics Anonymous. Tuesday nights, 6:30-7:30 p.m., open meeting. REB Classroom 213, upstairs. For more information please contact the Island Memorial Chapel at 5-3505 or kwajchapel@gmail.com.

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

Payments for monthly telephone fees are accepted in Bldg. 702 on Kwajalein (Tue. - Sat., 1-5 p.m.), and the Finance Office at the Air Terminal on Roi-Namur during normal business hours. Payments are due the first of every month. For billing questions, please call 5-0843.

The Kwajalein Post Office hours of operation are: Monday: 12:30 to 5 p.m.; Tuesday and Thursday: Noon to 6 p.m.; Wednesday and Friday: 11 a.m. to 6 p.m. Please remember to display your badge at the window prior to package pick-up.

Keystone, Torch Club and the Pacific Teen Panel members are partnering to bring needed supplies to

the hospital on Ebeye. Supplies can be dropped off at boxes located at the Namo Weto Youth Center, George Seitz Elementary School and Kwajalein Post Office. Supplies are by donation only and must be ordered from off-island. For questions and a supply list, contact AJ Rawls at andrew.rawls@dyn-intl.com.

Updated Catholic Mass Time. Daily Mass is Tuesday through Friday at 4:45 p.m. and regular weekend Mass times (Saturday at 5:30 and Sunday at 9:15 p.m.) have resumed with Father Volavola presiding. Daily Mass begins at 4:45 p.m. if Bishop Buckon does not travel to Roi.

Catholic Mass resumes on Roi with Father Volavola. Mass is held the second and fourth Fridays of the month at 4:45 p.m. The next Mass on Roi will be May 24. Contact the chapel office (5-3505) if you have any questions.

Interdenominational Services will be held on Roi May 24 at 6:30 p.m.

CLASSES AND MEETUPS

Middle School and High School Youth Fellowship Schedule. May 20—middle and high school youth fellowship meet. Sixth- and eighth-grade students meet at 3:30 p.m. at the REB. Ninth- and 12th-grade students meet at 6:30 p.m. at the REB. May 20 is the last day of youth fellowship. We will take a break for the summer and resume in the fall.

The next Christian Women's Fellowship lunch will be held on Sunday, May 26 at 12:30 p.m. in the REB. Join us as we wrap up our theme of the Five Love Languages. This will be the last lunch until the fall. Contact the chapel office for more information at 5-3505.

Prayer Quilt Ministry meets every Tuesday at 1 p.m. in the REB. We need your help designing and sewing quilts for those in need. Join us at your convenience. For questions, contact Mary Ruiz (5-1195).

NEED THE LATEST?
CLICK ONE OF THE
LINKS BELOW!



CHILD & YOUTH SERVICES



Check out the official USAG-KA Facebook page for community updates and information. Remember, OPSEC is everyone's business. Visit <https://www.facebook.com/USArmyKwajaleinAtoll/>

WEATHER WATCH

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: A wave along the equator will extend northward in the next few days creating the best chances of accumulation on Saturday and Sunday.

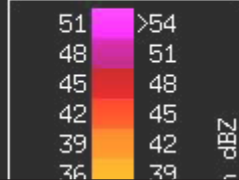
We will otherwise experience isolated- to widely-scattered (10-20 percent coverage) after the weekend. Expect average precipitation for the next seven days, or about 1.40 inches of accumulation this time of year.

Trade wind speeds should be around 15 knots Thursday into Saturday. After the expected rain Sunday, wind speeds should fall to under 10 knots for Monday and Tuesday.

SATURDAY: Some showers are likely towards evening and overnight. Winds ENE-E at 12-17 knots.

SUNDAY: Mostly cloudy with occasional showers. Winds ENE-ESE at 10-15 knots.

MONDAY: Scattered morning showers but improving through the day. Winds E-SE at 10-15 knots.



SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:29 a.m. 7:02 p.m.	7:22 p.m. 6:34 a.m.	4:21 a.m. 4.8' 4:38 p.m. 3.9'	10:40 a.m. -0.7' 10:35 p.m. -0.6'
MONDAY	6:29 a.m. 7:02 p.m.	8:17 p.m. 7:24 a.m.	4:54 a.m. 4.8' 5:12 p.m. 3.7'	11:15 a.m. -0.6' 11:06 p.m. -0.4'
TUESDAY	6:29 a.m. 7:02 p.m.	9:12 p.m. 8:15 a.m.	5:26 a.m. 4.7' 5:46 p.m. 3.5'	11:50 a.m. -0.5' 11:36 p.m. -0.2'
WEDNESDAY	6:29 a.m. 7:02 p.m.	10:05 p.m. 9:08 a.m.	5:58 a.m. 4.4' 6:19 p.m. 3.1'	12:25 p.m. -0.2' -----
THURSDAY	6:29 a.m. 7:03 p.m.	10:55 p.m. 10:00 a.m.	6:31 a.m. 4.1' 6:55 p.m. 2.8'	12:07 a.m. 0.1' 1:01 p.m. 0.1'
FRIDAY	6:29 a.m. 7:03 p.m.	11:43 p.m. 10:51 a.m.	7:06 a.m. 3.7' 7:36 p.m. 2.5'	12:39 a.m. 0.4' 1:42 p.m. 0.4'
MAY 25	6:29 a.m. 7:03 p.m.	----- 11:40 a.m.	7:47 a.m. 3.3' 8:32 p.m. 2.3'	1:15 a.m. 0.8' 2:34 p.m. 0.7'

Registered volunteers are cordially invited to the

USAG-KA Volunteer Appreciation Ceremony

Celebrating the Army Volunteer

May 30

6-7:30 p.m.

Corlett Recreation Center, Room 6
Light refreshments will be served

Have an announcement for the community? We want to hear from you! Send announcements, event notices and classified ads by Tuesday each week to kwajalein-hourglass@dyn-intl.com. Post the same announcement to the AFN Roller on Channel 29-1 by sending your event details to kwajafnroller@dyn-intl.com.

Love You 
to the Moon
and back!

Daddy Daughter Dance

★ Sunday May 19th 5-7pm ★
MP ROOM AT KHS

GIRLS (Kindergarten – 6th Grade) & THEIR ESCORTS
ARE CORDIALLY INVITED TO

a magical night under the stars!

DINNER, LIVE DJ, PHOTO BOOTHS & DANCING

Sponsored by the KSS PTO

Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW2 Jarell Smith
 SHARP Victim Advocate
 Work: 805 355 2139
 Home: 805 355 2036

USAG-KA SHARP Pager:
 805 355 3243/3242/3241/0100
 USAG-KA SHARP VA

Local Help Line:
 805 355 2758
 DOD SAFE Helpline:
 877 995 5247

iWATCH ARMY

iREPORT **i KEEP US SAFE**

Your Actions Can Save Lives

WHO TO REPORT TO	REPORTING SUSPICIOUS ACTIVITY
Local law enforcement and security	-Date and time activity occurred
*911	-Where and what type of activity occurred
*5-4445/4443	-Physical description of the people involved
*usarmy.bucholz.311-sg-	-Description of modes of transportation
cmd.mbx.usag-pmo@mail	-Describe what you saw or heard
	-Provide pictures if you took any

Need Housing Repairs?

Call the Service Desk at 5-3550.

AFTER going through the service desk process, if you continue to experience issues, please contact David Shimaoka 5-2465, Shawn Shelton 5-0040 or Jamie Heidle 5-2283.

We will work with you to resolve your issue.

Email us at usarmy.bucholz.311-sig-cmd.list.mbxowner-pub-wks-svc-desk@mail.mil



UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
 Tuesday, United 154—11-11:30 a.m.
 Wednesday, United 155—2:30-3:45 p.m.
 Thursday, United 154—11:30 a.m.-Noon.
 Friday, United 155—3:30-4:45 p.m.
 Saturday, United 154—11-11:30 a.m.

ATI CHECK-IN TIMES

Early departures—7:45-8:15 a.m.;
 All other departures—8-8:30 a.m.
 *Check with your ATI flight representative to confirm check-in and flight departure times.

SHUTTLE BUS SERVICE

To set up a pick-up time for the shuttle please call: 5-3341 or 5-8294. If a representative cannot be reached, please leave a detailed message and your phone call will be returned as soon as possible. Shuttle services start one hour prior to check-in times for United flights and 0700 for the ATI.