

YYWC 2018 SEASON BEGINS

NEWS /JESSICA DAMBRUCH

Women in the Kwajalein community gathered at the home of USAG-KA Commander Col. James DeOre and Debbie DeOre for the annual kickoff meeting of the Yokwe Yuk Women's Club Sept. 17. The annual fall meetup is a chance for newcomers to learn about the organization, its education outreach programs and to volunteer for fundraising activities and events.

Following a reception and meet-and-greet period, Executive Board President Misti French welcomed those gathered and presented the mission of the organization and its programs. All proceeds from YYWC fundraisers and events held throughout the year are donated as education grants to schools in the Federated States of Micronesia and Republic of the Marshall Islands. Fund allocation is assessed by a grant committee of YYWC members. Recipients of grants use the funds to purchase school supplies, furniture, curriculum and building materials for school renovations.

Becoming involved in the YYWC is a fun way to meet members of the community and to make a positive impact on children and education, said French. It is also a chance to take part in the life of the Kwaj community by supporting events that have become on-island traditions.

Committee chairs for events encourage Kwaj ladies and gents to take on a support role because every little bit helps.

YYWC events raised in the past year totaled about \$75,000, said French. The Annual Spring Basket Auction alone raised more than \$40,000 in March 2018 via live and silent auction activities. The Kwajalein Bargain Bazaar secondhand shop provides residents of Kwajalein and Ebeye a way to purchase useful discount items. Sales of these items directly support education grants. In the past, a portion of ticket sales from the annual Kaleidoscope of Music provided island residents a benefit night of musical entertainment. The 2019 Kaleidoscope is planned as an island-wide talent review. Proceeds will fund scholarships for graduating Kwajalein High School seniors, said French. Following French's address, YYWC Publicity Chair Joanna Battise presented Education and Assistance Committee Chair Ashley Howe a check for fund raised at the Kwajalein Mic Shop to use for education grants.

Additional 2018 YYWC activities include monthly meetups and social events. French hopes this year's YYWC will provide more opportunities for women from all walks of life on island, both accompanied and unaccompanied, to have fun and support education.

1) Attendees at the annual YYWC fall meeting participate in an icebreaker mixer game. 2) Education and Assistance Committee Chair Ashley Howe calls out the winning number for a door prize raffle gift during the event. 3) Volunteer Jolie Carsten mans the punch bar and talks YYWC business with Amy LaCost.







🗖 U·S· Army photos by Jessica Dambruch

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.The Kwajalein Hourglass is an authorized publication for military personel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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The U.S. Navy Seabees of Naval Mobile Construction Battalion 1 are back to building on Kwajalein Atoll. Officer in charge Lt.j.g. Samuel Reimer has led the team since the Seabees' arrival in August 2018. During their tour, the Seabees will focus on task projects on the atoll. After completing work on Kwajalein, the Seabees will move forward to Majuro to work on two school renovations.

A native of Green Bay, Wisconsin, Reimer enjoys the sunny climate and beautiful environment of the atoll and pursues outdoor activities in his spare time. Reimer also enjoys working with members of the RMI-Seabee apprentice program and looks forward to supporting ASVAB training for Marshallese students.

Some recent public works improvements by the Seabees are becoming very popular on Kwajalein. They installed pull-up bars at locations around Kwajalein for residents to use to stay fit. Reimer says he is impressed with the humanitarian work completed by Seabees on the atoll on prior deployments.

"We've had a pretty positive impact on the community so far," said Reimer of prior Seabees projects on Ebeye and Carlson. "The last guys who built the water catchments were able to provide fresh drinking water for your host nation. It's great to be able to do this for the atoll."



To U.S. Army photo by Jessica Dambruch







U.S. Army Garrison-Kwajalein Atoll
Commander Col. James DeOre
invites you to attend the
USAG-KA Assumption of
Responsibility Ceremony
for Command Sergeant Major
Kenyatta Gaskins

Friday, Oct. 5, 1 p.m. CRC Gym

KWAJ WELCOMES













1) Ron Chernobrov

Grades taught: Seventh-12th grade **Subjects:** Computer Applications and Business

Hometown: Chicago, Illinois

What do you enjoy about work: I enjoy helping people confidently learn to use computers and new technologies.

Kwaj hobbies and activities: Exploring the WWII history on Kwajalein and Roi, swimming and getting back into my absolutely terrible golf skills.

2) Colleen England
Grades taught: Second Grade
Subjects: All subject areas
Hometown: Fort Worth, Texas
What do you enjoy about work:
Working with kids and helping them

achieve their potential.

Kwaj hobbies and activities: I enjoy paddle boarding and relaxing by the ocean.

3) Mindi Gerber

Grades taught: Seventh, ninth and

10th grade

Subject: Social Science

Hometown: Lincoln, Nebraska

What do you enjoy about work: Working with awesome students and helping them make connections to history.

Kwaj hobbies and activities: Returning to Kwajalein, I am excited to see the joys of this island through my children's perspective.

4) Matt Gerber

Grade(s) faught: Seventh, ninth, 11th, and 12th grade

Subject: Science

Hometown: Lincoln, Nebraska

What do you enjoy about work: Working with kids to help them launch forward into their lives as critical thinkers equipped with curiosity, knowledge and excitement about science

Kwaj Hobbies: Scuba diving, snorkeling, boating and more! I am especially

enjoying seeing my own kids explore the ocean and swim with the sharks!

5) Tom Pamperin

Grades taught: Seventh, eighth and 10th grade

Subjects: Reading, Strategies for Aca-

demic Success and English

Hometown: Chippewa Falls, Wisconsin What do you enjoy about work: I enjoy being able to challenge students to think critically about important ideas and issues, and give them the skills and opportunities needed to develop and share informed opinions. I love teaching literature. It confronts students with big ideas. And as a practicing writer myself, I enjoy guiding students through the writing process, using examples from real writers as our guide for what good writing is and how to do it.

6) Ellen Potts

Grades taught: I taught third and fourth grade in New Hampshire. I teach

NEW EDUCATORS











first grade on Kwajalein. Subjects: All subject areas

Hometown: I am originally from New Hampshire. I spent the last three years on the Central Coast of California.

What do you enjoy about work: I love seeing kids get excited when they learn something new. I also love that every day in the classroom is different than the days before.

Kwaj hobbies and activities: I am enjoying going to the beach with our family and seeing my daughters get excited about going to new areas of the island to explore things.

7) Tim Ryan Grades taught: Fifth-12th grade Subjects: Band and Chorus Point of Origin: Chicago, Illinois What do you enjoy about work: I love how music is well respected here at Kwajalein Schools.

Kwaj hobbies and activities: I'm looking forward to starting a hand chime choir at school once my pack-out of instruments arrives.

8) Jana Shelton

Grades taught: Kindergarten and first grade

Subjects: All subject areas

Hometown: Colonial Heights, Virginia What do you enjoy about work: Seeing the students excited to learn. Kwaj hobbies and activities: Reading on

the beach and scuba diving.

9) Rosario Young Grades taught: Kindergarten-12th grade

Subject: ESL

Hometown: Fort Worth, TX What do you enjoy about work: To

help students achieve their best.

Kwaj hobbies and activities: I enjoy going to the beach, snorkeling, diving and sailing.

10) Lauren Wallach Grades taught: Kindergarten-sixth grade

Subject: Character Development **Hometown:** Grapevine, Texas

What do you enjoy about work: Listening to children.

Kwaj hobbies and activities: I love snorkeling and diving, taking out my paddle board and relaxing at the beach. I look forward to learning to sail and running the Pauper Marathon.

11) Vanessa Wamsley Grades taught: Junior High and High School

right now.

Subject: English Hometown: Hayes Center, Nebraska. What do you enjoy about work: I'm enjoying getting to know my students and seeing them jump so quickly into some challenging learning activities with me. So far, they've outdone themselves! Kwaj hobbies and activities: I'm enjoying snorkeling, long bike rides by the beach and reading under the palm trees. In my free time, I keep a blog to keep my

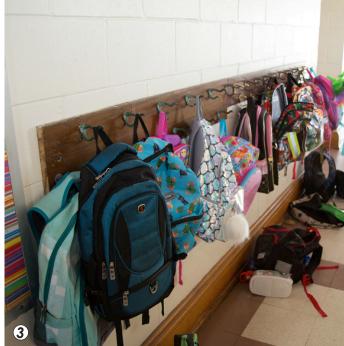
writing skills sharp. I'm also getting my

B-boat license and taking a scuba course



☑ U·S· Army photo by Jessica Dambruch





U.S. Army photos by Jessica Dambruch



Courtesy of Don Muse



Courtesy of Don Muse





Courtesy of Gregory Binford

Courtesy of Gregory Binford



1) Ellen Potts works with students at George Seitz Elementary School. 2) Jana Shelton leads her students in an afternoon craft. 3) Backpacks line the walls inside George Seitz Elementary School. 4) Team Berry finished 2nd overall in the 26th Annual All-Mike Fishing Tournament on Majuro in early September. The team tagged and released two marlin. Together, the

teammates also hauled in two ahi and a sailfish. Each catch weighed in at more than 80 pounds. 5) Not to be outdone, Team Marlin Monroe finished 3rd place in the All-Mike Tournament Ono category with a 25-pound fish. 6-7) LOGCAP Senior Vice President Rob Tillery visited with school children and residents of Enniburr during a September trip to the island. On his

visit, Tillery met with the Rev. Antonio Koniske and Enniburr school Principal Jessica Hermon, and donated food, school supplies and recreation equipment to the island residents. 8) A fall sunset lights the skies over Roi-Namur. 9) A USAG-KA Lakota helicopter scoots through the sky just west of Ebeye en route back to Kwajalein in this recent photo.

BACK-TO-SCHOOL SAFETY

COMMUNITY CONNECTION / KWAJALEIN HOSPITAL

The new school year is upon us, which means getting back to a routine, fighting to get homework done and finding a balance between activities. It is also a time to remind our children about boundaries and safety.

Living on a remote island in a small community certainly has its benefits but sometimes that means we become unguarded to possible risks.

We must always be talking to our children and arming them with knowledge to prevent any harm. Here are a few areas of discussion and ways to direct the conversations:

Stranger Danger

We have all heard the expression before. So how do we teach our children about strangers when everyone seems to be someone you may know?

A stranger is someone you do not know well or even at all. Someone might say they know you. Unless you know them, they are a stranger. A stranger can be a man or woman, a teen or another child.

They can be any size, color or age. Many people mean children no harm, but there are a few people in the world who might try to hurt or do bad things to them. Here are a few tips for children:

- Have a plan if approached by a stranger: Get to a phone and call 911. Show your kids where all the phones are located around the island).
- Knock on a door of someone you know and trust.
- Tell a nearby adult you do not feel safe or know the other person
- Get angry: Hit, kick, bite, punch and yell—and keep yelling—until you feel safe.
- Teach your kids about who their safe people are and where the safe places are (ex. Police, Hospital, trusted adult) through the "who" and "what" questions.
- What would you do if a stranger approached you and asked: "Would you like some of my candy?"
- "I've lost my puppy, can you help me find her?"

- "I have a special gift (or surprise) for you. Come with me."
- "You look like my favorite grandchild. Can I take a picture of you?"
- "Your parents told me to come get you and bring you home."
- "I'm lost. Can you help me?"

Simple Rules to Stay Safe

- Never go anywhere with somebody that you don't know.
- Never take anything from a person you do not know or have not been given permission to take from your parents.
- Never talk to a stranger, even if they know your name. If they start a conversation with you, it is okay not to talk to them or look at them. Keep walking or moving away if you feel scared. Find a trusted adult, and let them know you feel uncomfortable.
- Stay with a friend or in a group of friends.
- Follow rules about places you are allowed to visit. Make sure somebody responsible knows where you are going and when you will return.

Creep over to the Bargain Bazaar's

HALLOWEEN BOOTIQUE

at the

Kwajalein Swap Meet
Saturday Sept. 29th 4:30-7:30pm

Corner of 6th & Lagoon

Costumes for Kids & Adult

Halloween Decorations

Pirate Costumes & Gear for the

Swashbuckler's Ball





SECRETARY OF THE NAVY VISITS AMC, SMDC

Secretary of the Navy Richard V. Spencer, center, with Lt. Gen. James H. Dickinson, commanding general, U.S. Army Space and Missile Defense Command/Army Forces Strategic Command, and James Johnson, deputy to the USASMDC/ARSTRAT commander, during a command visit Sept. 18. Spencer also visited Army Materiel Command and was introduced to each command's mission as well as ongoing Army technology efforts.

EXTERNAL REPORT

By Jason Cutshaw

REDSTONE ARSENAL—The Navy's top civilian leader looked through the Army lens to explore solutions to military challenges and to forge partnerships in shared endeavors.

Secretary of the Navy Richard V. Spencer visited leaders at the Army Materiel Command and U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Sept. 18 where he was introduced to each command's mission as well as ongoing Army technology efforts.

Spencer compared notes with Army Materiel Command's Gen. Gus Perna and senior staff as they examined the information and tactics behind recent, significant improvements to the Army's supply chain.

"I came down here to see how we can learn what the Army has done in their attack on the logistical supply chain," Spencer said. "The Army has done a terrific job and we wanted to get some 'best practices' and start the conversations going between our two organizations."

Perna recounted how 17 years of war led to an auto-pilot mentality that caused logistics and sustainment skills to atrophy. But a renewed focus over the past 18 months has increased supply availability and built breadth and depth into the supply chain.

"We had to see ourselves to start," Perna said. "We've been leading our way through this. It has been a cultural realignment."

Spencer recalled his previous visit to Rock Island Arsenal, part of the AMC- managed Army Organic Industrial Base, as the leaders spoke of challenges similar in both services. They also discussed the use of additive manufacturing, and the opportunities it posed for the future.

Both leaders committed to continuing the logistics conversation as Spencer commended AMC's efforts to boost sustainment and improve Army readiness.

"This has been great. We're in the throes of rethinking how we do business," Spencer said. "It's not just talk. We have to do it."

"We are here to partner," Perna replied. "We will learn from what you're doing too."

After his time with AMC, Spencer visited USASMDC/ARSTRAT to get a better understanding of its ongoing science and technology efforts related to directed energy and hypersonics.

During the official stop, SMDC leaders briefed Spencer on its hypersonic program. The command conducted the nation's first successful Advanced Hypersonic Weapon test in 2011 and SMDC is working to coordinate planned flight tests of the Navy's intermediate range system, which is similar to the Army's in design.

The Department of Defense; Departments of the Army, Navy and Air Force; as well as the Missile Defense Agency signed a memorandum of agreement in June to co-develop a hypersonic vehicle. SMDC will lead that effort for the Army.

"The Navy, Army, Air Force and MDA efforts in hypersonics are seamless," Spencer said. "It doesn't seem like there is any daylight between them at all. It truly is a poster child of success about how four organizations can get together, share not only technical data, but also

resources to get something out the door as quickly as possible on a demonstrable basis."

Command leaders explained how SMDC is directing the Army's high energy laser research and development efforts with systems capable of defeating threats such as rockets, artillery, mortars and unmanned aerial vehicles. Spencer viewed video demonstrations of vehicles successfully engaging targets during multiple experiments and assessments.

"The Army's high-energy laser program is very impressive," Spencer said. "If you look at how each service is attacking directed-energy, they are three very separate and distinct environments. You have Army, which wants it mobile on the ground; you have the Navy, which wants it on the ocean; and the constraint differential in the Air Force, that wants it in the air, are tremendously different.

"On a ship you have the easy ability produce lots of power and you have space. On the ground where you have to have it mobile you are constrained and when you take it up in the air you have thermal considerations to take into account," he added. "But we are all working together and taking into consideration each one of our various and different environmental challenges."

Before departing, Spencer shared his appreciation for what the Soldiers and civilians of AMC and SMDC do for the defense of the nation.

"It is great to be here," Spencer said.
"The people are tremendous. I am very impressed with everyone I've met with. It is great to see what the Army is doing and we will see what happens on Dec. 8 (during the Army/Navy game)."

COMMUNITY CLASSIFIEDS

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov.

San Juan Construction has multiple openings on Kwajalein. Please see our website www.sanjuanconstruction.com or contact recruiter Tim Hughes at thughes@sjcco.com or (970) 497-8238.

COMMUNITY NOTICE

Ongoing Smoking and Tobacco Cessation offered. Please call EAP at 5-5362 or make an appointment with a physician.

San Juan Construction would like to inform you that Lippwe Lane between Ocean Boulevard and Lagoon Road will be closed from Oct. 1 through Dec. 1.

E-Wareness: Kwajalein Environmental Emergency Plan (KEEP): The Kwajalein Environmental Emergency Plan (KEEP) addresses emergency spill notification and response procedures as well as hazard evaluation, responder training, and spill prevention.

Pepa eo naetan KEEP ej kwalok buntan ko jej aikuj in komon ilo ien lutok ko rejidrimkij, bareinwot jonan kauwotata ko rej walok ilo ien lutok kein, won ro rej aikuji training ko im wawein bobrae lilutoktok ko.

Kwajalein and Roi Post Offices will be closed on Oct. 9 in observance of Columbus Day. Normal business hours resume on October 10.

Attention USAG-KA Residents: Telephone Fee Collection. Dyn-Corp International is collecting for residential and business phone services. Kwaj residents can pay at the cash cage in building 702, Tuesday – Saturday from 1 – 5 p.m. Roi Namur residents can pay at the Finance Office, Tuesday – Friday from 1 – 4 p.m. The monthly fee is \$10 per line and due no later than the 10th of each month.

San Juan Construction would like to inform you that Lippwe Lane between Ocean Boulevard and Lagoon Road will be closed from Oct. 1 through Dec. 1.

Vet's Hall Ballroom Dance Class. Classes are Fridays, from 6:30-7:30 p.m., beginning Oct. 5. First dance: East Coast Swing. Questions? Contact Gus Garcia or Han Brolo on FB.

Christian Women's Fellowship is starting! The first CWF meeting will be held on Sunday, Oct. 14 at 12:30

in the REB. Join us for a delicious meal, fellowship and the start of a new CWF year! Contact Angel Bolton (angel.bolton@gmail.com) for more information. All ladies on island are invited to attend.

IMC Chapel Welcome Back Picnic and free bike maintenance. Sunday, Oct. 21, at the Emon Beach main pavilion at 5 p.m. Everyone on island is welcome to attend.

Send us your announcements! Need to send an announcement to the Kwajalein community? Send your message to kwajafnroller@ dyn-intl.com and kwajaleinhourglass@dyn-intl.com to appear in the Kwajalein Hourglass and on the AFN roller channel. For more information, please call 5-2114.

WEEKEND MOVIES

KWAJALEIN MOVIES

Date: Saturday, 29 September 2018
Time: 1930
Location: Yuk Theater
Movie: Equalizer 2
Rating: R
Length: 2 Hr. 01 Min.

Date: Sunday, 30 September 2018
Time: 1930
Location: Yuk Theater
Movie: Solo: A Star Wars Story
Rating: PG - 13
Length: 2 Hr. 15 Min.

Date: Monday, 01 October 2018
Time: 1930
Location: Yuk Theater
Movie: Darkest Minds
Rating: PG - 13
Length: 1 Hr. 43 Min.

ROI-NAMUR MOVIES

Date: Saturday, 29 September 2018
Time: 1930
Location: Tradewinds Theater
Movie: Ocean's 8
Rating: PG - 13
Length: 1 Hr. 50 Min.

Date: Sunday, 30 September 2018
Time: 1930
Location: Tradewinds Theater
Movie: Deadpool 2
Rating: R
Length: 1 Hr. 59 Min.



Experience Marshallese culture at the USAG-KA Manit Day Celebration!
Monday, Oct. 1 from
11 a.m. to 2 p.m. at the
Marshallese Culture Center.
Taste Marshallese cuisine, learn
Marshallese folklore, learn the art of rope making and husk a coconut! Join in other fun activities for all ages!



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW2 Jarell Smith

SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 2036

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100 USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
Tuesday, United 154—11-11:30 a.m.
Wednesday, United 155—2:30-3:45 p.m.
Thursday, United 154—11:30 a.m.-Noon.
Friday, United 155—3:30-4:45 p.m.
Saturday, United 154—11-11:30 a.m.

ATI CHECK-IN TIMES

Early deptures—7:45-8:15 a.m.; All other departures—8-8:30 a.m. *Check with your ATI flight representative to confirm check-in and flight departure times.

SHUTTLE BUS SERVICE To set up a pick up time for the shuttle please call: 5-3341 or 5-8294. If a representative cannot be reached, please leave a detailed message and your phone call will be returned as soon as possible. Shuttle services start one hour prior to check-in times for United flights and 0700 for the ATI.



WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: Fair weather has persisted in the Kwajalein area this past week. The Madden Julian Oscillation is in a phase suppressing shower development in our area for the upcoming week. Monsoon trough and developing tropical depressions will remain west of our area. Our weekly forecast calls for below average precipitation with light winds. At time of writing Kwajalein rainfall has been below average for the month of September. We expect below average precipitation for next 5-10 days. The long term three-month forecast for September through November is to receive average to above average rainfall.

SATURDAY: Partly sunny with isolated showers (10-20 percent coverage). Wind N-NE at 5-10 knots.

SUNDAY: Partly sunny with isolated showers (10-20 percent coverage). Winds light and variable.

MONDAY FORECAST: Partly to mostly cloudy with isolated showers (10-20 percent coverage). Wind light and variable to S-SE at 5-10 knots.

For all current weather conditions, please monitor the Kwajalein weather channel. It is important to be weather aware and know what to do in all types of weather conditions. The Atmospheric Science Technology weather team is constantly monitoring weather conditions and will provide updates through official channels as needed.

SUNRISE MOONRISE HIGH TIDE LOW TIDE SUNSET MOONSET 6:38 a.m. 12:45 a.m. -0.2' SUNDAY 10:46 p.m. 6:45 a.m. 3.5' 10:41 a.m. 7:07 p.m. 4.0' 12:46 p.m. -0.0' 6:41 p.m. MONDAY 6:37 a.m. 11:40 p.m. 7:26 a.m. 3.0' 1:29 a.m. 0.2' 11:37 a.m. 7:55 p.m. 3.6' 1:24 p.m. 0.4' 6:40 p.m. TUESDAY 6:37 a.m. 8:26 a.m. 2.5' 2:31 a.m. 0.7' 6:40 p.m. 12:35 p.m. 9:12 p.m. 3.2' 2:19 p.m. 0.9' WEDNESDAY 6:37 a.m. 12:38 a.m. 10:33 a m 2 2' 4:22 a.m. 1.0' 6:39 p.m. 1:34 p.m. 11:21 p.m. 3.1' 4:16 p.m. 1.2' THURSDAY 6:37 a.m. 1:37 a.m. 12:53 p.m. 2.5' 6:35 a.m. 0.7' 6:39 p.m. 2:32 p.m. 6:34 p.m. 1.0' FRIDAY 7:45 a.m. 0.2' 6:37 a.m. 2:37 a.m. 1:02 a.m. 3.5' 1:57 p.m. 3.0' 7:47 p.m. 0.5' 6:38 p.m. 3:27 p.m. OCTOBER 6 6:37 a.m. 3:37 a.m. 8:31 a.m. -0.3' 2:03 a.m. 4.0 6:37 p.m. 4:21 p.m. 2:41 p.m. 3.6' 8:37 p.m. -0.1'

DEITE		IIILITO OOTTIL		— Catà Bai			
				— Caté Roi			LUNCH
	October 6	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
	Vegetable Soup	Baked Potato Soup	French Onion Soup	Gumbo Soup	Grilled Trout	Baked Pollock	Cornish Hen
	Pan Fried Trout	Cajun Alfredo	Jerk Chicken	Jambalaya	Grilled Eggplant	BBQ Ribs	Grilled Cabbage
	Beef Yakisoba	Meat Lasagna	Cabbage w/Onions	BBQ Chicken	White Rice	Vegetable Lasagna	Mac and Cheese
							DINNER
	October 6	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
	Hamburgers	Wings	Fried Chicken	Steak	Tacos	Pasta	Pizza
	Jerk Chicken	Grilled Cod	Chicken Noodle Soup	Baked Potatoes	Meatloaf	Minestrone Soup	Cream of Mushroom
	Fried Catfish	Salisbury S	Rib Roast	Brown Rice	Cajun Catfish	Baked Chicken	Chicken Parmesan
	October 6 Hamburgers Jerk Chicken	Meat Lasagna Friday Wings Grilled Cod	Cabbage w/Onions Thursday Fried Chicken Chicken Noodle Soup	BBQ Chicken Wednesday Steak Baked Potatoes	White Rice Tuesday Tacos Meatloaf	Vegetable Lasagna Monday Pasta Minestrone Soup	Mac and Cheese DINNER Sunday Pizza Cream of Mushroom

*MENU CURRENT AS OF SEPTEMBER 28

ENERGY CONSERVATION WORK SCHEDULE NOTICE

PUBLIC NOTICE

Johnson Controls Federal Systems (JCFS) contractors with support from the Housing Services Department began implementing Energy Conservation Measures (ECMs) in housing structures beginning Sept. 11, 2018. This effort is part of the Energy Savings Performance Contract (ESPC) intended to improve energy efficiency and improve tenant comfort.

Work durations should last only a few hours in each location. For areas where lighting will need to be accessed, please ensure access to fixtures is available to keep disruptions to a minimum. If you require someone to be present during this effort, have pets or other specific needs please contact Misti Jones (Misti.Jones-ext@jcifederal.com) for appointments within your scheduled timeframe.

For additional information, please contact Rob Hickman (rob.hickman-ext@jcifederal.com), call 5-8289, or also consult the notice and map posted at the Kwajalein Post Office.

Locations	Work Dates	Door Sweeps*	Caulking*	Lighting*
Sands BQ 565	9/11-9/15	x	x	x
Surf BQ 501	9/18-9/22	X	X	X
Tropics BQ 512	9/25-9/29	x	x	X
Housing 457, 459, 479, 481,	9/11-9/15	X	x	
483-487	.,,	~		
Housing 451-456, 458	9/18-9/22	х	x	
Housing 443-450	9/25-9/29	x	x	
Housing 467, 469-478, 480	10/2-10/6	x	x	
Housing 426, 428-439, 425	10/9-10/13	х	х	
Housing 205, 217, 219, 421, 423,	10/16-10/20	x	x	
424, 440, 460-466, 468				
Housing 402, 404-420, 427,	10/23-10/27	x	x	
490-497				
Housing 102, 106, 203, 204,	10/30-11/03	x	x	
206-216, 422-429, 241				
Housing 103, 105, 150-165,	11/27-12/01	x	x	
166-192			x 1	66-176, 177-192
Housing 114, 116, 134-139	12/04-12/08	X		
Housing 119, 121, 126, 128	12/11-12/15	X	x	
*As needed				



BIKE SAFETY REMINDER

Parents, please make sure to transport your children safely on bicycles. Use appropriate seats and/or trailers and always have them wear a helmet. Children and passengers should not be carried unsecured on baskets or handle bars. Please ensure your daycare provider transports your children safely as well.



KWAJALEIN HOSPITAL HEALTH WORKSHOPS

Kwajalein Hospital Health Workshops are free and open to residents of the Kwajalein community. Workshops meet at 9 a.m. No prior enrollment is necessary.

Upon arrival at the Kwajalein Hospital, attendees are encouraged to use the ramp through the double doors as the door at the top of the stairs is now locked.

Oct. 3
ADHD:
When "Paying Attention"
Doesn't Come Naturally



Tune in to KTV, Kwajalein's television channel 29-1, to watch your local news and information program, "The Kwaj Current!" The show airs on a continuous loop packaged with historical, science and cultural information related to our region and mission. New episodes are produced biweekly and also published on the official USAG-KA Youtube Channel. Follow the USAG-KA Facebook page for the link to the show and other useful local information.