

VOLUME 59 NUMBER 1

JANUARY 6, 2018

THE KWAJALEIN HOURGLASS

THE MOON RISES INTO A FAIR NIGHT SKY OVER THE
KWAJALEIN ATOLL IN EARLY JANUARY 2018.



JESSICA DAMBRUCH

THIS WEEK

KALEIDOSCOPE

MUSIC EVENT IS BACK - P 2

USAG-KA PHONES

POLICY CHANGES - P 3

2018 BUCKET LIST

FOR FUN IN THE SUN - P 4

KALEIDOSCOPE IS JANUARY 21

HOURLASS REPORT

Get ready for a night of entertainment at the upcoming Kaleidoscope of Music. The annual Yokwe Yuk Women's Club scholarship fundraiser event brings Kwaj musicians and vocalists together to perform in concert for one night only. The Kaleidoscope is scheduled for Jan. 21 at 7 p.m. in the MP Room at Kwajalein Jr.-Sr. High School. The event is open to all ages.

"We are all so lucky to live in a community that is rich with musical talent," said Jacque Phelon, the event organizer. "The Kaleidoscope is different from other Kwaj shows because of the wide variety of musical genres and rarely-seen performers."

Guests can expect to enjoy performances by island performers such as Keith Peacock, "Pure Ahola," Heather Ardrey's Community Choir, Brandon McAfee of Flashback & Friends and Kyle Miller. Intermission will include a tasty desert buffet and a raffle to win gourmet gift and food prizes donated by island residents. The grand prize is a private performance by Pure Ahola.

Don't miss Kaleidoscope! Admission is \$20. Tickets are available at the Mic Shop and will also be sold at Surfway and AAFES from 3-6 p.m. on select weekdays until Jan. 19. Remaining tickets will be sold at the door. For questions about the Kaleidoscope, or to arrange a ticket delivery to Roi, please contact Jacque Phelon at 55124.



Onstage at prior Kaleidoscope events: 1) Dan Eggers (left) and Geary Shotts; 2) Donna Crump; 3) Heather and Dave Ardrey; 4) Swingaroo Ensemble; 5) Mike Symanski; 6) Addison Cossey; 7) The Jam Bros.

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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The Kwajalein Hourglass

USAG-KA CONTRACT TRANSITION NEWS ON RESIDENTIAL TELEPHONE SERVICES

NEWS / NIKKI MAXWELL, USAG-KA PUBLIC AFFAIRS

In an effort to inform our community and answer some of your most frequent questions, we are publishing contract transition news and updates weekly in the Kwajalein Hourglass, on the command information "Roller" channel, and on the official USAG-KA Facebook page (<https://www.facebook.com/USArmyKwajaleinAtoll>). The topic this week is residential telephone services.

Residential Telephone Services

The welfare and connectivity of the Kwajalein and Roi-Namur communities remains a top priority of U.S. Army Garrison Kwajalein Atoll and Installation Management Command. Some significant modifications will occur regarding Kwajalein's residential phone systems in coming months, due to changes in Department of Defense Telecom fiscal policy. On March 1, 2017, residential long distance service on USAG-KA will be discontinued. Residents are encouraged to evaluate their long distance phone call needs and establish their own alternative provider for those phone calls. Commanding Generals from IMCOM, Space and Missile Defense Command (SMDC) and Network Enterprise Technology Command (NETCOM) have each submitted a waiver request to the Department of the Army to allow NETCOM to continue to provide local Atoll-wide calling and 911 service.

The only residential long distance calling option will be "Voice over Internet Protocol" (VoIP) phone call system. VoIP technology uses your Internet connection to make phone calls, instead of traditional copper landlines or cellular towers. This method is a much cheaper option than the traditional methods and is growing in popularity around the world.

Over the last few years, personal VoIP technology has made significant advancements and works well. Many VoIP service providers with reliable products include cell phone Wi-Fi calling capabilities from some cell providers such as Verizon, Google Voice Apps, Skype phone service, Magic Jack, Vonage, Ooma, X-Box, Play Station video game system, Amazon Alexa, Talktone App and many others.

Personal VoIP Service Reliability

- The highest reliability VoIP solutions are those that connect via Ethernet cables directly to your internet router.

- Generally, second on the scale are cell phones equipped with WiFi calling capabilities either through your cell provider or through a VoIP Application such as Google Voice.
- Third on the scale are VoIP services that connect via USB through your home computer. (Magic Jack USB device)

Security Considerations

- Remember: When a service or application is free, your personal information and data are how they make their money. Recommend choosing your VoIP service carefully. Read reviews and shop around.
- Choose a reputable company
- Fee for service is generally more reliable than free services.

Benefits of This Change

- Cancellation of the \$25 telephone service fee
- PIN numbers will be eliminated for residential off island calling on VoIP
- Your VoIP phone number belongs to you. Take it with you when you PCS back to the USA or another country.
- Call records: The US Government will no longer provide your phone service and as such will no longer have access to your calling records
- Most VoIP calling services include a mobile device or laptop app allowing you to use your home number over wired or WiFi connections from most countries as you travel globally.

PLEASE NOTE: Work phone lines will not be affected by this change. Each employee will still have a PIN number to use on work phones for official long distance phone calls only. These VoIP devices are not carried by AAFES on Kwajalein at this time. USAG-KA recommends a minimum of 45 days to allow time for any special ordered equipment to be delivered through the Kwajalein mail system, and for new personal VOIP devices to be configured by March 1 when the current long distance service is ceased. The Army cannot recommend one product over another and this article is for information reference, not product or vendor recommendation. Please do your own research to find the solution that best fits your needs. Residential Internet services will continue and will be provided by AAFES, as it is with many military installations overseas. The internet cost for consumers is unknown at this time. More details will be published as soon as they are available.



The Kwajalein Hourglass

Start 2018 by going back in time to the 80s!

The M80s will rock all the best 80s music on Kwaj and Roi! Don't forget to wear your 80s attire!

- Friday, January 12, 7:30 p.m. at the Roi Outrigger
- All Ages Show Saturday, January 13, 7 p.m. at Emon Beach
- Adults Only Show Sunday, January 14, 8 p.m. at the Vets Hall. Enjoy bar service during the performance!

Happy New Year Sponsored by Quality of Life!

BUCKET LIST FOR 2018

SPORTS
ARTS
WILDS
BUCKET LIST FOR 2018

HOURLASS REPORT

If you are a newcomer to Kwajalein, this handy 2018 Bucket List can jumpstart a year of fun and friendship. Use this activity guide when the doldrums hit. Add your own ideas, team up with your friends, and kick off 2018 in style!



OUTDOORS

Skywatch. Go to bed early and hike out early enough to enjoy the morning solar action over the atoll. Make it your personal mission to catch sunrises, sunsets, the Milky Way and rainbows as often as possible.

Witness an ICBM Re-entry. Re-entry nights are not nights to stay home. Grab a lawn chair and a camera, and head outside to see the best display of manmade fireworks this side of the equator.

Chill out at Emon Beach. Do this before you come up with infinite reasons to stay indoors (its pronounced emm-ahn)—and enjoy the beautiful water.

Learn to Scuba Dive. Contact the Kwajalein Scuba Club and locate a dive instructor. New classes start up often. If your family has young divers, know that there are instructors who specialize in teaching youth safe diving practice.

Hit the Tide Pools. Many of the Japanese and American tide pools teem with fish, undersea life and other colorful critters. Not all of these are friendly; caution should be exercised at all times. Check the garrison phone book for safety information regarding snorkeling in the tide pools before scheduling your next excursion.

Play Sports. Registration for youth sports, basketball and bowling are now in progress. Get outside your comfort zone and try a new group sport. If you're more of a lone wolf, check out the Ivey Gym, or grab a buddy to go swim laps at one of our three local swimming pools.

ARTS AND CULTURE

Roi and Kwajalein History Tours. Learn the names and faces associated with local WWII battlefields in time to celebrate Operation Flintlock. Self-guided tour pamphlets are available at the Roi Air Terminal for a tour of WWII battlefield sights on Roi-Namur. On Kwajalein, historical directory plaques located near bunkers and the Memorial Gardens can help you appreciate the historic island battlefield that we call home.

Visit the Marshallese Cultural Center. Historical information and cultural artifacts on the prehistory of the Marshall Islands is available at Kwajalein's Marshallese Cultural Center. The MCC also maintains collections on loan from the Kabua family, historical photographs and a selection of the fishing gear used to hunt in the atoll many years ago.

Put Yourself in Motion. Learn to be creative when you move. On Kwaj there are opportunities to learn everything from traditional hula and step aerobics to ballroom dancing.

DO-IT-YOURSELF

Make Cool Stuff. The Kwajalein Art Guild and the staff of the Community Activities Hobby Shop enjoy teaching new tricks and techniques to novice crafters in wood, clay and ceramics.



Grill Everything. Food tastes better grilled out under the stars. Call Community Activities at 5-3331 to stake out a pavilion grill at Emon Beach or another common grilling area. If you don't know how to grill, this is your chance to learn—just don't overcook that awesome yellowfin tuna.

Volunteer. Kwajalein's many private organizations and social groups want you! There are so many ways to contribute your talents and skills to your island community. Check out the garrison Facebook page, the USAG-KA homepage and chat with longtime residents to find out where you can get started.



USAG-KA REPORT

PUBLIC NOTICE

USAG-KA Smoking Regulation reminder, increase in PMO enforcement

There has been a notable increase in the use of tobacco products in prohibited areas on U.S. Army Garrison - Kwajalein Atoll. According to USAG-KA Policy 600-8, the use of all tobacco products (including smokeless tobacco) is prohibited in all USAG-KA work-place facilities.

Designated smoking areas must be a minimum of 50 feet from building entrances. It is also prohibited in and around the downtown Main Street mall area, the movie theaters and the Emon Beach and pool areas. Smoking is also prohibited in all unaccompanied housing (BQ), dining facilities, retail facilities, gymnasiums, recreational facilities, CYS facilities, community sporting event areas, the chapel area and more. Please read the entire policy memo for details on other areas where tobacco use is prohibited and permitted on the installation. Violators of this policy will be cited and issued a ticket by Provost Marshal Officers. Please be respectful of your neighbors and follow this policy. For more information, contact USAG-KA Safety Manager Trace Salmon at 51959.

Veterinarian focuses on working dogs and food inspections during visits

As the new year begins, we want to remind our community about the veterinarian who visits USAG-KA for one week each quarter. The Public Health Command and veterinarian visits focus is primarily on conducting health inspections on food products sold and served on Kwajalein and Roi-Namur. Following these inspections, the vet will examine and treat USAG-KA's K-9 working dogs.

Any remaining appointments will be available to privately owned domestic pets in a space available basis. Priority appointments will be given to those who are preparing for PCS and must have rabies shots and other vaccines certified by the veterinarian. NOTE: There is no veterinarian visit scheduled at this time. For more information, please contact USAG-KA Health Systems Specialist Mary Haynes at 52354.

Energy Savings Performance Contract Phase 1 will affect Kwajalein homes

After two years of development, U.S. Army Corps of Engineers (USACE) recently awarded Johnson Controls Inc. (JCI) a contract to implement the first phase of Energy Conservation Measures at USAG-KA. Housing will be primarily affected by envelope and lighting improvements. Homes will be sealed by caulking penetrations, adding weather-stripping, etc. which will reduce moisture infiltration and pest issues while saving energy.

For lighting, existing wall mounted exterior fixtures on all housing units will be replaced with new LED fixtures. Dome homes 166-192 will also have updated interior energy-efficient LED lighting installed. Unfortunately, not every home will have the interior lighting upgraded due to insufficient financial payback. JCI plans to begin work in spring 2018 and will contact residents by email in advance of work. Contact Derek Miller at 55449.

The Kwajalein Hourglass



DIVE SAFETY TIPS!

Always dive with a buddy. Never dive alone.

Wait at least 12 hours before flying after doing a single dive.

Wait 18-24 hours to fly doing multiple dives.

Divers Alert Network (DAN) recommends refraining from strenuous work at least 24 hours before AND after diving.

Keep your gear up-to-date and serviced regularly. DAN recommends that regulators get overhauled at least once a year.

Each diver should have their own computer.

On any given dive, both divers in the buddy pair should follow the most conservative computer.

Do not ascend greater than 60 feet per minute.

Even if not required, always make a safety stop at 15 feet for at least three minutes.

Start the dive day with the deepest dive first.

Avoid making multiple deep dives on the same day.

Remember--hydrate, hydrate, repeat. Always liberally drink water before and after every dive.



THUMBS UP to Tom Lester, Don Ryan, Mr. Claude and his Asbestos removal team; Syed Ali and his A/C team; Renata Lescalleet and her custodial team; Labtak Langrus, Susan Davis and Misti French and her 5th graders for all of their help and support during the asbestos tile removal process at our Art Studio. You rock! This was a dream 17 years in the making—thank you for everything!

—Jane Christy, "Art Mama"

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: 2018 ushers in the dry season. December 2017 ends with 4.72 inches of rainfall, or 58 percent of normal while the year ends with 94.31 inches or 101 percent of normal. We expect January rainfall to be average to below average, though we did receive about nine days of rainfall on Jan. 4. The sub-tropical high near Wake Island is strengthening. We expect a fresh surge of brisk trade winds starting Sunday. Winds will be near advisory levels through the weekend.

SATURDAY/SUNDAY/MONDAY FORECAST: Widely scattered showers Saturday, isolated showers Sunday and mostly dry Monday. ENE at 13-18 knots Saturday increasing to 17-22 knots for Sunday and Monday.

MID-WEEK FORECAST: Stray to isolated showers remainder of the week. Winds ENE at 17-22 knots.



iWATCH ARMY

iREPORT i KEEP US SAFE

Your Actions Can Save Lives

<p>REPORTING SUSPICIOUS ACTIVITY</p> <ul style="list-style-type: none"> -Date and time activity occurred -Where and what type of activity occurred -Physical description of the people involved -Description of modes of transportation -Describe what you saw or heard -Provide pictures if you took any 	<p>WHO TO REPORT TO</p> <p>Local law Enforcement and Security</p> <p>*911</p> <p>*5-4445/4443</p> <p>*usarmy.bucholz.311-sg-cmd.mbx.usag-pmo@mail</p>
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Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW3 Dave Casbarra

SHARP Victim Advocate

Work: 805 355 3421 • Home: 805 355 1731

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100

USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	7:06 a.m. 6:44 p.m.	11:44 p.m. 11:25 a.m.	7:53 a.m. 3.2' 8:02 p.m. 3.8'	1:48 a.m. -0.2' 1:43 p.m. 0.4'
MONDAY	7:06 a.m. 6:45 p.m.	----- 12:10 p.m.	8:45 a.m. 3.0' 8:51 p.m. 3.3'	2:34 a.m. 0.2' 2:37 p.m. 0.8'
TUESDAY	7:07 a.m. 6:45 p.m.	12:34 a.m. 12:53 p.m.	9:53 a.m. 2.8' 9:56 p.m. 2.8'	3:27 a.m. 0.6' 3:50 p.m. 1.2'
WEDNESDAY	7:07 a.m. 6:46 p.m.	1:22 a.m. 1:35 p.m.	11:21 a.m. 2.8' 11:30 p.m. 2.5'	4:35 a.m. 0.9' 5:39 p.m. 1.4'
THURSDAY	7:07 a.m. 6:46 p.m.	2:10 a.m. 2:18 p.m.	12:48 p.m. 2.9' -----	5:56 a.m. 0.9' 7:19 p.m. 1.2'
FRIDAY	7:07 a.m. 6:47 p.m.	2:57 a.m. 3:01 p.m.	1:04 a.m. 2.4' 1:48 p.m. 3.2'	7:08 a.m. 0.8' 8:20 p.m. 0.8'
JANUARY 13	7:08 a.m. 6:47 p.m.	3:44 a.m. 3:45 p.m.	2:08 a.m. 2.6' 2:32 p.m. 3.6'	8:01 a.m. 0.6' 9:02 p.m. 0.4'



Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook page.

www.facebook.com/usarmykwajaleinatoll

For command information questions, please contact Public Affairs at 54848.

Have something the USAG-KA commander should know about?

Call the Commander's Hotline at 51098 today!

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF JAN. 4

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 13
Beef Enchiladas	Italian Beef Stew	Crabby Mac and Cheese	Alpine Potatoes with Bacon	Cabernet Braised Short Ribs	Hungarian Goulash	BBQ Spareribs
Chimichangas	Eggplant w/Mozzerella	Chicken Veggie Toss	Steamed Asparagus	Italian Cod Fish Stew	Noodles and Cabbage	BBQ Chicken
Tamales	Herbed Rice Pilaf	Corn on the Cob	Orzo Rice Pilaf	Antigua Blended Veggies	Broccoli in Cheese Sauce	Baked Beans

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 13
Chicken Chowmein	Teriyaki Glazed Hen	Baked Spaghetti Casserole	Grilled Chicken Mornay	Chicken Tetrazini	Pasta Night	Filipino Paella
Beef and Broccoli	Brat Veggie Skillet	Curried Carrots	Baked Potato Bar	Cranberry Glazed Pork Loin	White Clam Sauce	Adobo Beans
Lumpia w/Chili Sauce	Rosemary Potatoes	Buttered Noodles	Creamed Spinach	Brown Rice Pilaf	Steamed Green Beans	Roasted Papaya

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions. KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg. 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

Job Opportunity at RTS Weather Station. Position: Radar Engineer/Instrument Specialist (Full-time). Education: Bachelor's Degree. U.S. Citizen/Permanent Resident Card required. For full details and to apply see <http://www.aq-ast.com/careersreq#42>.

FOR SALE

Family Patio Sale. January 6 and January 20, 7:30 a.m.-1 p.m. at Qtrs. 137-F. Small kitchen appliances, house wares, clothing, toys, DVDs and more.

PCS sale at 416-A on Jan. 8 from 7:30 a.m. until 12:30 p.m. There will be pictures, T-shirts and more. Call John at 59444 or 59539 with questions.

Start your golf session right: Complete set Callaway driver 2/ping clubs. Set includes practice balls and tees. Price \$275 OBO. Contact George at 52053.

COMMUNITY NOTICES

Pools and Beaches Winter 2017 Hours
Millican Family Pool
1-6 p.m. Weekdays and Sunday
9 a.m. - 3 p.m. Monday
Closed Thursdays
Emon Beach
12:30 - 3:30 p.m. Tuesday-Saturday
Noon- 4 p.m. Sunday and Monday
Adult Pool Open 24 hours
*Closed Fridays for cleaning

Christian Women's Fellowship Luncheon. Sunday, Jan. 7 from 12:30 to 2 p.m. at the REB. Ladies, bring a friend and join CWF for lunch and a special guest speaker! Questions call Charissa at 51889.

Kwajalein Art Guild Open House. Monday, Jan. 8, 4-6 p.m. at the Art Annex.

Meet the artists, eat treats, buy art supplies and learn about the Art Guild! Membership applications for 2018 will be available for sign-ups: \$15 for families, \$10 for individuals.

You are Invited! New Ladies Group Study, #1 NY Times Bestseller, "Uninvited" by Lysa TerKeurst, begins Thursday, Jan. 11, 9:30 a.m. & 6:30 p.m. - 430-B Lagoon. Come join us and see how to stop feeling rejected or left out. For information and to sign up, contact Mindy Cantrell melinda@bmcantrell.net or 51293.

2018 Winter Bowling League Registration. January 3-12. League games on Friday nights from January 19- March 16. Team slots are limited so register fast! \$70 with shoe rental, \$60 without shoe rental. To register, call or email Derek Finch at 51275. Adults only. Questions, contact Pam Hess at 53331

2018 Inner-Tube Water Polo Season is almost here! Registration Dates: January 2-12. Cost: \$100. Limited number of team slots available so register early! Session Play: January 23 - March 10, 2018. For registration, contact Cliff at 52848.

CYS Youth Sports Registration. Bowling: Season Jan. 26-March; cost \$35; ages 8-grade 6. Baseball: Season Jan. 25-March 8; cost \$45; grade K-6. Start Smart Tee Ball: Season Jan. 31-March 7; cost \$25; call about age limitation. Reg. for all three open Dec. 12-Jan. 20. To register, visit Central Registration or call 52158. Questions? Call Mamo Wase at 53796.

KGA Golf Association Annual 2018 Membership Drive. Join the KGA to get your USGA handicaps, participate in fun tournaments such as the Kwaj Open, Coral Cup and others! Dues: \$60. Deadline: Jan. 31, 2018. Cash or check payable to KGA, Attn: Greg Whitehead, Unit 17001 Box 102, APO, AP 96555-0101.

Need a gift for the holidays? Give the Gift of MUSIC! Kaleidoscope of Music tickets are available now in the Mic Shop! Roi Residents: Contact Jacque Phelon (55124) to arrange ticket delivery.

SAFETY/ENVIRONMENTAL

Alcoholics Anonymous Meetings are held on Tuesdays and Thursdays, 6:30 -7:30 p.m. at the REB Library on Kwaj.

Hydrate, hydrate, hydrate! The Kwajalein Scuba Club reminds you to drink water before and after every dive.

Safely Speaking: Hand and Finger Safety. Hand injuries are caused by improper use of machines, temperature extremes, electrical hazards, chemicals, pinch points and sharp objects. Always use the correct glove for the task at hand.

Safe Vehicle Backing: Backing any vehicle is no easy task! The challenges for safe backing are even greater for truck drivers. The larger the truck, the larger

the invisible area behind it, even with rearview mirrors properly adjusted. Mirrors can never give the whole picture while backing. No matter how careful a driver may be in checking behind his vehicle before backing, a moving object may disappear from view or enter the truck's blind spots without being noticed.

Safety Reminders It is important to return to work with a safety-conscious attitude following a long holiday weekend. Take a moment to evaluate your work environment before beginning work in 2018.

E-Talk/Light Bulbs and Tube Disposal. Incandescent bulbs and halogen bulbs do not contain toxic materials can be thrown in the regular trash.

SAFETY REMINDER

MIND THE STOP SIGNS!

Always avoid the caution areas surrounding the ends of the runways on both Kwajalein and Roi-Namur when aircraft are approaching or taking off. Pedestrians, cyclists and drivers must always make a full stop at the stop signs posted near the ends of the runways. When stopped, you must scan both the runways and the sky at either end of the runways for signs of moving aircraft. If there is no sign of moving aircraft, you may proceed.

Why? The presence of pedestrians and drivers in the runway caution zones may force pilots to abort a takeoff or landing. This can be costly and dangerous. If a pilot in this situation cannot abort, the lives of those on the ground and those in the aircraft may be at a greater risk. Also, rotor wash and jet blasts can fling up dirt, gravel and other debris, causing safety risks to those on the ground.

Please adhere to all traffic signs on USAG-KA for your safety and the others. Violators of this policy will be reported to the aircraft control tower and the PMO.

Café Roi

*MENU CURRENT AS OF JAN. 4

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 13
BBQ Pork Sparerib	Lemon Baked Chicken	Grilled Pastrami Sand.	Chicken Parmesan	Vegetable Quesadilla	Tuna Melt	Chicken Fajita Wrap
Sweet Potatoes	Baked Fish	Spam Fried Rice	Roast Pepper Steak	Glazed Pork Loin	Country Meatloaf	Parker Ranch Stew
Vegetable Medley	Egg & Cheese Sand.	Stir Fry Noodles	Mashed Potatoes	Parsley Potatoes	Mac & Cheese	Sweet Corn

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 13
Marinara Sauce	Swiss Beef Steak	Beef Tacos	Carved Roast Beef	Fried Chicken	Eggs to Order	Mahi-Mahi
Chicken Alfredo	Pork Adobo	Enchilada Casserole	Thai Coconut Chicken	Stuffed Cabbage	Bacon and Sausage	Breaded Chicken Sand.
Roast Vegetables	Brown Rice	Refried Beans	Baked Potato Bar	Mashed Potatoes	Pancakes	Cheese Tortellini Alfredo

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m.
Tuesday, United 154—11-11:30 a.m.
Wednesday, United 155—2:30-3:45 p.m.
Thursday, United 154—11:30 a.m.-Noon.
Friday, United 155—3:30-4:45 p.m.
Saturday, United 154—11-11:30 a.m.

ATI CHECK-IN TIMES

Early departures—**7:45-8:15 a.m.**

All other departures—**8-8:30 a.m.**

*Check with your ATI flight representative to confirm check-in and flight departure times.



REVEILLE REMINDER

All U.S. Army Garrison-Kwajalein Atoll residents are reminded that the soundings of the 6:30 a.m. "Reveille" and the 5 p.m. "Retreat" and "To the Color" are to be observed with respect.

—**Military service members in uniform** are to turn toward the American flag (or into the direction from which the music originates) and salute.

—**Military service members not in uniform** are to face the flag or music and place their right hands over their hearts. Hats must be removed.

—**Civilians** are encouraged to participate by facing the flag or music and placing their right hands over their hearts. Hats should be removed.

REMINDER TO ALL: COCONUT CRABS OFF LIMITS

The Environmental Standards for U.S. Army Garrison-Kwajalein Atoll identify the coconut crab as a protected species. For this reason, USAG-KA residents and personnel should not touch, harass, injure or kill coconut crabs. If you have any questions or concerns, please contact the Kwajalein Range Services Environmental Office at 51134.

The coconut crab (*Birgus latro*), known locally as barulep, is a type of land-based hermit crab. Unlike other hermit crabs, the coconut crab does not make use of a shell beyond the juvenile stages of its life. It is this characteristic that allows the coconut crab to grow so large in size.

Despite their name, coconut crabs have a varied diet which includes other fresh fruits and even meats, usually smaller crabs or dead animals. They use their strong sense of smell to locate food when they emerge from their burrows to hunt at night and, typically, remain inside their burrows during the day to protect themselves from the heat.

Coconut crabs can be found on many of the small islands throughout the Pacific and Indian Oceans. The state of their population remains unknown. For this reason, some nations have given this species protected status.



This coconut crab, photographed by USAG-KA resident Art Bennis on Roi, is one of many on USAG-KA-maintained islands that are protected by environmental standards enforced by the Army and the R.M.I.



www.army.mil/kwajalein

Check out USAG-KA's website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.