

VOLUME 58 NUMBER 45

NOVEMBER 11, 2017

THE KWAJALEIN HOURGLASS



AUTOMOTIVE QC AND TRAINER RICHARD WARD TALKS BATTERY POWER WITH CLANCY BALOS AND RAKIN JOHN AT KWAJALEIN AUTOMOTIVE NOV. 7.

 **JESSICA DAMBRUCH**

THIS WEEK

ART GETS BAZAAR

AT KWAJ HOLIDAY CRAFT FAIR - P 2

A LOOK AT QOL

THROUGHOUT THE YEARS - P 4

HONOR THE VETS

AT COMMUNITY CEREMONY - P 7



KWAJ GETS CRAFTY AT HOLIDAY BAZAAR

HOURLASS REPORT

The Kwajalein community enjoyed an afternoon shopping for creative gifts and collectibles at the Kwajalein Art Guild's Annual Holiday Bazaar. Co-sponsored by Community Activities, the Nov. 6 event was held at both CRC Room 1 and the KHS MP Room and drew the island's creative artists out to display their wares for shoppers in search of unique gifts.

"I like being able to send presents that were made here, in the atoll, to my family over the holidays," said one shopper.

Artisans, crafters and fine artists presented a stunning array of island-themed ceramic and textile art, paper craft, collectible figurines, art prints, jewelry and clothing. Many Kwaj artists spend the summer and fall in home studios and the Hobby Shop patiently coaxing beauty out of wire and clay in preparation for the event. On Nov. 6 there were several crafts for sale made from inspiring objects found during nature walks along Glass

Beach and around the island.

Homemade art products were not the only special items available to shoppers. Kwaj organizations such as the Yacht Club sold stylish swag to visitors and residents. Students from Kwajalein Jr.-Sr. High School and Girl Scout Troop 801 held pre-holiday sales for live festive live Christmas trees and wreaths to be delivered in December. Volunteers from the KAG also hosted a raffle of items donated by exhibiting vendors to surprise lucky shoppers with additional Kwaj treasures.

KAG officers said they hope the Bazaar will bolster interest in guild membership. Its current members offer classes in stained glass making, crafting, painting and printmaking and a wide array of other creative meetups throughout the year on Kwajalein and Roi. Prospective members interested in joining KAG should check the Kwajalein Art Guild Facebook page for information about upcoming class offerings, events and registration.

**For holiday mailing schedule see page 8.*

TOP ROW FROM LEFT: 1. Roger and Cherish Sartor are ready for the holidays with tropical-themed stockings. 2. Dan Barker gets ready to purchase a holiday wreath from Kwajalein Girl Scouts Maegan Aljure, Hannah Finley and Julia Sholar; 3. Kiersten Lee checks out Sabrina Mumma's original art prints and cards. 4. Melissa Selzler displays holiday crafts made using natural materials found around Kwaj. 5. Kim D'Alessandro displays an original Kwaj-themed ceramic ornament at the Holiday Bazaar Nov. 6.



THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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HOURGLASS INTERVIEWS

TALKING SHOP WITH RICHARD WARD

HOURGLASS REPORT

Automotive QC and Trainer Richard Ward has done everything from teaching high school in California to camping in the icy deserts of Antarctica. On Kwajalein, Ward shares his extensive knowledge of mechanics and science with the employees in a first-of-its-kind high caliber hands-on vocational training program only available to Ford fleet certified dealers. It's a unique story on an island where most commuters ride bikes—so the Kwajalein Hourglass asked to hear it.

Jessica Dambruch: You said this training program is the first training of this kind, on the atoll?

Richard Ward: This is the first time they've had advanced training like this, out here: up-to-date training, all the way from electricity basics, to automotive engine repair, to using an oscilloscope. It goes all the way up to working on direct-injection vehicles, diesel vehicles and also electronic and electric vehicles.

JD: So many of us commute on bikes that I sometimes forget about our numerous work vehicles. How did this automotive training become available here?

RW: Kwajalein Automotive is a Ford Fleet Certified Dealer for Ford Motor Corporation. Because we have so many Ford vehicles, we can get status as a fleet dealer and deals on vehicles. The other positive part of that is we can get online Ford Application training that all the other Ford dealerships get. We pay for a yearly subscription for this unlimited application.

JD: How many employees are currently enrolled in the program?

RW: Right now I have 60-some employees. Some are brand new; some have worked here for 20 years. They all get the same basic training start so they can figure out where they are. Roi will have the same basic training in their department.

JD: Was it difficult to locate a facility to train people?



Richard Ward, left, discusses automotive electrical troubleshooting with Kwajalein Automotive employees Clancy Balos, middle, and Rakin John.

RW: I have people who need four hours of computer access at a time. I needed .com drops. So I started looking around: The Grace Sherwood Library. I also have three laptops in automotive for diagnostics we can use for this training.

JD: Let's hear about how this benefits Kwajalein's RMI employees.

RW: Every time they finish a course, they get a certificate. Ford keeps track of this forever. They're given what's called a Stars ID number. I can download all this information kept on the Ford server to a spreadsheet. It's a training that will be there as long as the contractor is willing to pay the annual fee for it. The training is unlimited, and Ford doesn't limit how many people can train. And it's not just for technicians. Its management, support personnel, body shop personnel, and everyone in a dealership application.

JD: It's incredible that the training begins with the basics of science.

RW: Ford starts their training with people in the basic electricity application: What is electricity? It's static—what you get when you run across the carpet—to dynamic, which is what we use to power things.

JD: Also that its part of a closed system with switches ...

RW: Yeah. If you can switch it and control it, you have dynamic electricity.

JD: It's true, Kwaj has a lot of those now: Our golf carts.

RW: Hybrids and electric application vehicles are a big thing now. Electric application vehicles would work quite well here. And you're going to see more e-vehicles in the future.

JD: What are your students studying these days?

RW: Right now the guys are going through a training process of what atoms and electrons are and why we have electron flow, all the way to the scientific method, to the basic principles of electricity. We build upon that, saying okay, you have electromotive force, which is basically anything that causes electrons to move.

JD: And your team is not just learning electricity in this training.

RW: We have people who learn this faster than I can, and we have people for whom computers are completely new to them. So we have to do some computer basics and teach them how to log in. There are three logins to get through the course, and then navigating through the lessons.

JD: That's useful given how much computer technology has been integrated into modern vehicles.

RW: Right. When a technician walks up to a vehicle he doesn't have a wrench in his pocket anymore. He's got a computer.



SO LONG QOL AND THANKS FOR ALL THE THINGS!

SINCE ITS INCEPTION IN 2003, the Quality of Life fund has spent nearly \$5 million in donations on good causes and the purchase of gear, supplies and equipment for the Kwajalein and Roi-Namur communities. QOL is an organization funded by Kwajalein Range Services' parent companies: Bechtel National and Leidos. The source of the funds is part of the Department of Defense Indian Incentive Program.

QOL identifies, supports and sponsors opportunities for the betterment of the island community. A Quality of Life committee, made up of representatives of multiple organizations, reviews and approves requests from members of the community, to fund items to enrich the community. The QOL committee is proud to support everything from Kwajalein MIA Project and the search for our missing WWII servicemen at Kwajalein Atoll to sponsoring live concerts and providing scholarships for graduating seniors. Here's a quick look at the many contributions the fund has made toward enhancing residents' quality of life over the past four years.

- **Roi and Kwaj Hobby Shop kilns**
- **Outrigger kayaks on Kwaj and Roi**
- **Kwajalein Dog Park**
- **Kwaj and Roi theater seating, projectors and audio visual gear**
- **KHS Senior scholarships**
- **Wood Shop power tools**
- **MIA Project side scan sonar**
- **Small Boat Marina boat engines, coolers and more**
- **USGA re-certifications of Kwajalein and Roi golf courses**
- **Ri'Katak School Lunch Program funding**

- **Kwajalein Sports Association officials' pay**
- **98 metal bike racks**
- **Fire safety promotions**
- **Benches and seating around Kwaj and Roi**
- **Vets Hall kitchen appliances**
- **Kwaj Art Guild gear, including sewing machines and more**
- **More than 20 tours by live music acts and comedians**
- **Three playgrounds on Kwajalein**
- **93 Adirondack chairs and 37 picnic tables on Kwaj and Roi**
- **Christmas decorations**
- **Pool tables in the clubs and rec facilities on Kwaj and Roi**
- **Kwaj Tennis Court supplies**
- **Guitar amps, PA systems, drums and more for live music on Kwaj and Roi**
- **Gym equipment, spin bikes and weights for USAG-KA gyms**
- **Annual firework displays**
- **Funding for special annual Community Activities holiday events**
- **The 2018 Kwajalein Calendars, which everyone on the garrison gets for free this year!**
- **Scooter for the Scuba Club and more**
- **Yacht Club building supplies, Sunfish sailboats and rigging**
- **Kwajalein Running Club events assistance**
- **Kwaj Namo Weto Youth Center furniture and audio visual gear**
- **Bowling alley equipment**
- **Clavinova piano**
- **Marshallese Cultural Center archival gear, large format printer, computer system and more**
- **Island Memorial Chapel audio system**
- **Parent Teacher Organization funding**
- **QOL rental vehicle program**

***In the future, FMWR will be operating the cart rental program for the Kwajalein and Roi communities. Thanks QOL!**





📷 NASA photo by Randy Beaudoin

The second and third stages of the Orbital ATK Pegasus XL rocket are offloaded from a transport vehicle at Building 1555 at Vandenberg Air Force Base in California in May 2017. The rocket is being prepared for the upcoming launch of NASA's Ionospheric Connection Explorer mission, from the Kwajalein Atoll.

KWAJ ATOLL NASA MISSION POSTPONED

EXTERNAL REPORT

NASA press release

Mission Update Nov. 3, 2017 — NASA is postponing launch of the Ionospheric Connection Explorer (ICON) until 2018. The mission was previously planned to launch Dec. 8, 2017, on an Orbital ATK Pegasus XL rocket from the Reagan Test Site on Kwajalein Atoll in the Marshall Islands. NASA and Orbital ATK need additional time to assess a separation component of the rocket. More information on a revised launch date will be provided once it becomes available.

The Ionospheric Connection Explorer will study the frontier of space: the dynamic zone high in our atmosphere where terrestrial weather from below meets space weather above. In this region, the tenuous gases are anything but quiet, as a mix of neutral and charged particles travel through in giant winds. These winds can change on a wide variety of time scales—due to Earth's seasons, the day's heating and cooling, and incoming bursts of radiation from the sun.

This region of space and its changes have practical repercussions, given our ever-increasing reliance on technology—this is the area through which radio communications and GPS signals travel. Variations there can result in distortions or even complete disruption of signals. In order to understand this complicated region of near-Earth space, called the ionosphere, NASA has developed the ICON mission. To understand what drives variability in the ionosphere requires a careful look at a complicated system that is driven by both terrestrial and space weather.

ICON will help determine the physics of our space environment and pave the way for mitigating its effects on our technology, communications systems and society.

The Kwajalein Hourglass



📷 DoD photo by Airman 1st Class Juan Torres

President Donald J. Trump greets service members during a troop talk, Nov. 5, 2017, at Yokota Air Base, Japan.

TRUMP SPEAKS AT YOKOTA

EXTERNAL REPORT

By Terri Moon Cronk, DoD News, Defense Media Activity

WASHINGTON — U.S. and Japanese service members standing shoulder to shoulder have made Yokota Air Base one of the most capable operational bases in Japan and in the world, President Donald J. Trump said in a troop talk there, Nov. 5.

The president has embarked upon an Indo-Pacific trip of numerous nations such as Japan, China, Vietnam and the Philippines. But, "there's no single place I'd rather begin my trip than right here with all with you, the incredible men and women of the United States military [and] your amazing partners, the [Air Defense Command of the Japan Air Self-Defense Force]," Trump said.

Japan is a treasured partner and crucial ally of the United States, he said, adding his thanks for "decades of wonderful friendship between our two nations."

A CRITICAL CENTER

Yokota Air Base serves as a critical center for coordination between American and Japanese commanders as they plan their missions, the president said.

"For almost 60 years, the military alliance we see on this base has endured [as] a cornerstone of sovereignty, security and prosperity for our nations, this region and indeed, the entire world," Trump told the audience.

"Today we pay tribute to that legacy—a legacy you protect and grow each and every day," he said.

THE BEST PEOPLE

The United States dominates the sky, the seas, land and space, the president said, not just because America has the

best equipment, but because it has the best people.

Each service member embodies the warrior creed, Trump said, adding their devotion, prowess and expertise comprise the U.S. military as the fiercest fighting force in world history.

"As long as I am president, servicemen and women who defend our nation will have the equipment, the resources and the funding they need to secure our homeland, to respond to our enemies quickly and decisively," he said, "and when it's necessary to fight, to overpower and to always ... win. This is the heritage of the American armed forces, the greatest force for peace and justice the world has ever known."

PEACE, STRENGTH

Free nations must be strong nations and the United States welcomes their allies' renewal of their commitments to peace through strength, the president said. "We seek peace and stability for the nations of the world, including those right here in this region."

Like their predecessors, today's service members are brave warriors who are the last bulwark against threats to the dreams of people in America, Japan and across the world, Trump said.

"Today, many nations of the Indo-Pacific are thriving because of the sacrifices made by American service members and our allies," the president said, "and because of the sacrifices all of you continue to make each and every day."

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: Entering into the next seven days the Intertropical Convergence Zone (ITCZ) will stay at a Kwajalein-Majuro latitude. We can expect continued periods of scattered showers with some breaks in between. Trade winds ramp up in the middle of next week. Average precipitation amounts are expected for this time of year

We start to see some impact from northern latitude early winter storms. Wave models bring a 7-foot to 8-foot northerly swell down into the Marshalls on Monday and Tuesday. However, this is typically too high as we are on the leeward of atolls to our north.

SATURDAY/SUNDAY/MONDAY FORECAST: Scattered showers Saturday, Sunday, and Monday. Winds SE to E at 5-10 knots Saturday and Sunday, increasing to 7-12 knots on Sunday from the ENE.

MID-WEEK FORECAST: Widely scattered showers mid-week. ENE trade winds at 10-15 knots Tuesday increasing to 12-17 knots Wednesday and Thursday.

| SUN-MOON-TIDES | | | | |
|--------------------|------------------------|------------------------|-----------------------------------|-------------------------------------|
| | SUNRISE SUNSET | MOONRISE MOONSET | HIGH TIDE | LOW TIDE |
| SUNDAY | 6:41 a.m. 6:26 p.m. | 1:20 a.m. 2:00 p.m. | 12:15 p.m. 2.6' ----- | 5:43 a.m. 0.7' 6:01 p.m. 1.2' |
| MONDAY | 6:41 a.m. 6:25 p.m. | 2:13 a.m. 2:46 p.m. | 12:18 a.m. 3.1' 1:24 p.m. 3.0' | 6:59 a.m. 0.5' 7:21 p.m. 0.8' |
| TUESDAY | 6:41 a.m. 6:25 p.m. | 3:03 a.m. 3:30 p.m. | 1:26 a.m. 3.3' 2:08 p.m. 3.5' | 7:48 a.m. 0.2' 8:12 p.m. 0.4' |
| WEDNESDAY | 6:42 a.m. 6:25 p.m. | 3:52 a.m. 4:12 p.m. | 2:13 a.m. 3.5' 2:42 p.m. 3.9' | 8:25 a.m. 0.0' 8:51 p.m. 0.1' |
| THURSDAY | 6:42 a.m. 6:25 p.m. | 4:40 a.m. 4:54 p.m. | 2:51 a.m. 3.7' 3:13 p.m. 4.2' | 8:57 a.m. -0.3' 9:25 p.m. -0.2' |
| FRIDAY | 6:42 a.m. 6:25 p.m. | 5:27 a.m. 5:37 p.m. | 3:24 a.m. 3.8' 3:41 p.m. 4.4' | 9:25 a.m. -0.4' 9:56 p.m. -0.4' |
| NOVEMBER 18 | 6:43 a.m. 6:26 p.m. | 6:15 a.m. 6:20 p.m. | 3:54 a.m. 3.8' 4:09 p.m. 4.6' | 9:53 a.m. -0.5' 10:26 p.m. -0.5' |

PASSPORT SERVICES

NOVEMBER 13 AND 14



U.S. Embassy Majuro will conduct American Citizen Services in Bldg. 730 (Garrison HQ) Room 135 Nov. 13 and 14 from 9 a.m. to noon and 1-4 p.m. Only cashier's checks and money orders will be accepted. Passport photos must be recent (within six months) and without eyeglasses. Adult passport renewal, \$110; Adult passport, first time application: \$135; minor passport (age 15 and younger), \$105; Adult passport card, \$30; minor passport card \$15; Consular Record of Birth Abroad, \$100. Questions? Contact Directorate of Host Nation Relations, 52103 or 55325 or visit <https://mh.usembassy.gov/u-s-citizen-services/>



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW3 Dave Casbarra
SHARP Victim Advocate

Work: 805 355 3421 • Home: 805 355 1731
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247

Commander's Hotline

Have something the USAG-KA commander should know about?

Call the Commander's Hotline at 51098 today!

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF NOV. 9

| LUNCH | | | | | | |
|----------------------|---------------------|-------------------------|-----------------------|-----------------------------|----------------------|------------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Nov. 18 |
| Beef Enchiladas | Italian Beef Stew | Crabby Mac and Cheese | German Pork | Cabernet Braised Short Ribs | Tex-Mex Pasta Sautee | BBQ Spare Ribs |
| Chimichangas | Garlic Spinach | Grilled Chicken Veggies | Alpine Bacon Potatoes | Italian Cod Fish Stew | Hungarian Goulash | BBQ Chicken |
| Tamales | Mozzerella Eggplant | Corn on the Cob | Steamed Asparagus | Antigua Blended Veggies | Noodles and Cabbage | BBQ Beans |
| DINNER | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Nov. 18 |
| Chicken Chowmein | Teriyaki Glazed Hen | Swiss Steak w/Mushrooms | Steak Night | Chicken Tetrazini | Pasta Night | Pinoy Chicken Afritada |
| Beef and Broccoli | Rosemary Potatoes | Curried Carrots | Baked Potato Bar | Cranberry Pork Loin | Steamed Green Beans | Adobo Beans |
| Lumpia w/Chili Sauce | Sesame Snow Peas | Buttered Noodles | Spicy Szechuan Tofu | Brown Rice Pilaf | Garlic Bread | Roasted Papaya |

COMMUNITY CLASSIFIEDS

Interested in a position with
DynCorp International LLC
(DI)? Please apply at

<https://jobforms.extranet.dyn-intl.com/ka>

Contact Michael Thomas
locally with any Questions.
After normal work hours
5-2486 or michael.thomas@
dyn-intl.com

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions. KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg. 700 and on the "Kwaj-web" site under Contractor Information>KRS> Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

COMMUNITY NOTICES

November Free Open Rec: Jedi Academy. Location: George Seitz Elementary Gym. Jr. Session (Grades K-2nd): Saturday Nov. 4, 4:30-6:30 p.m. Sr. Session (Grades 3rd-6th): Saturday Nov. 18 4:30-6:30p.m. Dress up as your favorite Star Wars character and join us for a night of all things Star Wars, you will! We will have Star Wars games, crafts and a treat! May the Force Be with You! Must be registered with CYS to participate. Call 52158 to reserve a spot.

Mother-Son Event. GSE boys K-6 and moms invited for laser tag, scavenger hunt, food, prizes on Saturday, Nov. 18 at the CRC complex. There is a 6 p.m. start for grades K-3 and 7 p.m. start for grades 4-6. \$10 per person. Buy online at "GSE PTO Mother Son Scavenger Hunt Event" FB page. Closed-toe shoes required.

The 48th Annual Kwaj Open. Tee Off Social, Nov. 10, 4:30-6:30 p.m.; Vets Hall Entry Fee of \$100 includes shirt, prizes and banquet Round #1. Sunday, Nov. 12, Chip, Putt, Drive. Wednesday, Nov. 15, Mixed Horse Races. Thursday, Nov. 16, Men's Horse Races. Friday, Nov. 17, Putting Competition. Saturday, Nov. 18 Final Round. Sunday, Nov. 19, Banquet. Monday, Nov. 20, Vets Hall. Contacts for this tournament are: Jeff Jones, Coordinator, 54678 and Deb Crawford, Tee Times (debra.b.crawford@lmco.com).

EAP Group Sessions. Sign up now for one of the following groups to start the week of Nov. 12. Healthy Living (six weeks). It's never too early or too late to work towards being the healthiest you! Topics include sleep, nutrition, exercise, self-care, mindfulness and stress management. Meet Wednesdays at 4:30 p.m. in Hospital Conference Room. Smoking Cessation (eight weeks). Learn the tools and increase your support for minimized use of tobacco. Meet Tuesdays at 4:30 p.m. in Hospital Conference Room. Call EAP at 55362 for more information and/or to sign up.

Turkey Bowling. Saturday, Nov. 18, 6-9:30 p.m. Come out and show your bowling skills by getting a "turkey!" \$2 for shoes, \$2 per game. Adults only.



VETERANS DAY 2017

USAG-KA Oceanside Flag Poles
Saturday, Nov. 11 at 11 a.m.

The community is invited to attend
the USAG-KA Veterans Day Ceremony
to honor veterans of the U.S. Armed Forces
and those who serve our country today.

The Exchange is having a pet contest. Bring your pet to the Exchange on Nov. 19 at 1 p.m. Prizes will be awarded for the cutest pet, ugliest pet, biggest pet, smallest pet and best behaved. Water will be provided for your pet. Stop by the Exchange to sign up your pet.

Please join us for Quizzo at The Vet's Hall on Thursday, Nov. 23 at 7:30 p.m. Original Neil Dye will see if you can keep up with his trivia! Questions? Contact Neil Dye or Mike Woundy.

Kwajalein Yacht Club's monthly meeting is Saturday, Nov. 25. Social Hour begins at 5:30 p.m. Meeting starts at 6:30 p.m. Dinner is at 7 p.m. Bring your left-over Thanksgiving side dish. POC, Ursula LaBrie 51951.

We want you to share your musical talents at the 2018 Kaleidoscope of Music on Sunday, Jan. 21, 2018. Performers must be adults or high school-aged. Contact Jacque Phelon at 55124 to sign up or obtain additional information.

Calling All Singers. Island Memorial Chapel is hosting a community choir for all ages to perform upcoming community events, including the Christmas Eve service. Everyone is welcome and rehearsals start soon. Email heather.ardrey@gmail.com with questions or for more information.

Dog Owners, please pick up after your dogs in the dog park. It is mandatory

that we pick up after our pups. This helps the mowers. Droppings get stuck in tire treads and create problems in the shop when they are stored. Your assistance is appreciated.

Contract Closeout Information. Personnel shipments processed through the KRS San Leandro office will end this calendar year. Please note the following deadlines: Approval by Kwajalein Transportation Manager: Dec. 9; Arrival at San Leandro: Dec. 31. Requesting and Authorizing the Transportation of Personal Items via Vessel-SPI 1703.

SAFETY/ENVIRONMENTAL

Safely Speaking: 5S Part 4 (Standardize). This is the method for maintaining order and cleanliness and is a critical part of the 5S process. Without a clear standard there cannot be a way to create accountability, monitor adherence or even make improvements.

Safely Speaking II: Bicycle Safety 2. Ride in single file on the right side of the road when a vehicle approaches.

E-Talk: HMWPP Prohibitions. Hazardous Materials, Waste, and Petroleum Products (HMWPP) may not be distributed or sold from USAKA to the RMI without approval from the USAG-KA Commander in consultation with the EPA Chairman of the RMI. Please do not bring batteries or chemicals to Ebeye without approval.

EOD UXO DISPOSAL

Thursday, Nov. 16. EOD will conduct disposal operations at UXO Disposal Site "Shark Pit" Area will be off-limits until the operation is complete.



LUNCH

Sunday

Roast Turkey
Bread Dressing
Shrimp Alfredo

Monday

Beef Fajitas
Orange Spice Chicken
Fiesta Rice

Tuesday

French Dip Sandwich
Grilled Chicken Breast
Chef's Choice Beans

Wednesday

Beef Stew
Chicken Chimichanga
Italian Greens

Thursday

Baked Ham
Roast Cornish Hens
Roast Squash

Friday

Tuna Casserole
Yankee Pot Roast
Mashed Potatoes

Nov. 18

Meat Lasagna
Cheese Tortellini
Garlic Bread

DINNER

Sunday

BBQ Pork Ribs
Chicken Wings
Mac & Cheese

Monday

Jambalaya
Cajun Roast Pork
Mashed Potatoes

Tuesday

Fried Pork Chop
Mashed Potatoes
Veggie of the Day

Wednesday

Prime Rib of Beef
Herb Baked Fish
Corn on the Cob

Thursday

Fried Chicken
Beef Pot Pie
Mashed Potatoes

Friday

Fish & Chips
Parsley Potatoes
French Fries

Nov. 18

Asian Style Pork Roast
Teriyaki Chicken
Sweet Potato Wedges

Café Roi

*MENU CURRENT AS OF NOV. 9

USAG-KA SPORTS VOLLEYBALL



RESULTS LAST WEEK

NOVEMBER 1

| | |
|---|-------------------|
| 2 Legit 2 Hit def. Sideout | 25-19/18-25/15-11 |
| Block n' Roll def. Corder | 25-21/25/18 |
| Corder Pounder def. We Dig The Beach | 25-21/25/19 |
| Good Golly Missed Volley def. Don't Mess w/da OGs | 17-25/25-18/16-14 |

NOVEMBER 2

| | |
|---|-------------------|
| Net Ninjas def. Serve's Up | 25-23/21-25/16-14 |
| Ace Family def. Ohana Koa | 25-16/16-25/15-13 |
| Block Party def. Wolf Pak | 25-18/25-12 |
| A Motley Crew def. Block You Like A Hurricane | 25-9/25-18 |

NOVEMBER 3

| | |
|--|------------------|
| Corder Pounder def. Don't Mess w/da OGs | 25/18/23-25/15-5 |
| Spartans I def. The Future | 25-18/25-7 |
| Good Golly Missed Volley def. We Dig The Beach | 25-19/25-20 |

SCHOOL LEAGUE RECORDS

| | Win | Loss |
|--------------|-----|------|
| Ohana | 0 | 1 |
| Ace Family | 1 | 0 |
| Serve's Up | 0 | 1 |
| Net Ninjas | 1 | 0 |
| Sideout | 0 | 1 |
| 2 Legit | 1 | 0 |
| Block n'Roll | 1 | 0 |
| Corder | 0 | 1 |

A LEAGUE RECORDS

| | Win | Loss |
|------------------|-----|------|
| Corder Pounder | 2 | 0 |
| Dig Up The Beach | 0 | 2 |
| Good Golly | 2 | 0 |
| OG's | 0 | 2 |
| Future | 0 | 1 |
| Spartans | 1 | 0 |

B LEAGUE RECORDS

| | Win | Loss |
|-------------|-----|------|
| Block Party | 1 | 0 |
| Wolf Pak | 0 | 1 |
| Hurricane | Sen | 1 |
| Motley Crew | 1 | 0 |

A DOCTOR'S NOTE

COMMUNITY CONNECTION BY KWAJALEIN HOSPITAL STAFF

There has been a decrease in the recent round of upper respiratory infections we have seen so much over the last two weeks. It usually starts with a diffuse rhinorrhea (runny nose), accompanied by a dry cough, followed by a thickening productive cough.

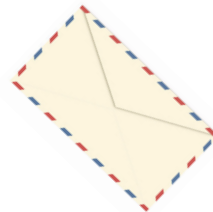
The thickening of mucus doesn't mean its worsening, but that your body is processing all the secretions to get rid of them. Children have sometimes developed ear infections because the virus settles in their eustachian tubes, (the connection between the middle ear and the sinuses) causing them to swell shut, and leading to middle ear infections.

The PX carries a variety of antihistamines and decongestants, as well as cough suppressants, Tylenol and ibuprofen. Reasons to be seen in the clinic would be fever greater than 101.5 for several days, increasing weakness, difficulty breathing or ear pain. A sore throat with a cough and runny nose is almost never strep throat.

USPS RECOMMENDED HOLIDAY MAILING DATES

To ensure timely delivery of holiday wishes by Dec. 25, the U.S. Postal Service recommends that cards and packages be sent to and from military APO/FPO/DPO addresses overseas no later than the dates listed below.

| Military Mail Addressed To & From | First-Class Mail Letters and Cards | Priority Mail Express Military Service |
|--------------------------------------|---------------------------------------|---|
| 1. APO/FPO/DPO AE ZIPs 090-092 | Dec. 11 | Dec. 16 |
| 2. APO/FPO/DPO AE ZIP 093 | Dec. 4 | N/A |
| 3. APO/FPO/DPO AE ZIPs 094-098 | Dec. 11 | Dec. 16 |
| 4. APO/FPO/DPO AA ZIP 340 | Dec. 11 | Dec. 16 |
| 5. APO/FPO/DPO AP ZIPs 962-966 | Dec. 11 | Dec. 16 |
| USPS Retail Ground Nov. 6 | Space Available Nov. 27 | Parcel Airlift Mail Dec. 4 |



14th Annual MARSHALLESE TRADE FAIR

KHS MP Room and CRC Room 1
Sunday, Nov. 12, 3-7 p.m.

Monday, Nov. 13, 9 a.m. to 2 p.m.

Marshallese handicrafts—fish—lobsters—fresh fruits
vegetables—jewelry—T-shirts and more! *Cash sales only*

UNITED CHECK-IN TIMES

Monday, United 155—**3:30-4:45 p.m.**
Tuesday, United 154—**11-11:30 a.m.**
Wednesday, United 155—**2:30-3:45 p.m.**
Thursday, United 154—**11:30 a.m.-Noon.**
Friday, United 155—**3:30-4:45 p.m.**
Saturday, United 154—**11-11:30 a.m.**

ATI CHECK-IN TIMES

Early departures—**7:45-8:15 a.m.**
All other departures—**8-8:30 a.m.**
*Check with your ATI flight representative to confirm check-in and flight departure times.

