

HOUSE, SENATE, GAO DELEGATIONS VISIT ATOLL TO STUDY COMPACT BUDGETS, INFRASTRUCTURE

HOURGLASS REPORT

Four members of the U.S Government Accountability Office recently visited the Marshall Islands to learn more about the role of federal programs and services in the RMI budgets and economy. The team spent five days studying how the U.S. and RMI have addressed potential risks to Compact trust fund income. They further examined the RMI's plans for cessation of compact grants and the country's transition to trust fund income in the coming years. They also studied whether plans for this transition, originally agreed upon in 2014, have been implemented. While at Kwajalein Atoll, the team met with the USAG-KA Command team and RMI officials from both the national government and the Kwajalein Atoll Local Government.

Also visiting the atoll was a staff delegation from the U.S House of Representatives Committee on Natural Resources. The group visited the RMI Aug. 8-10, with stops in Majuro and Kwajalein. While on Kwajalein, they had meetings with USAG-KA Command, discussing economic interaction, cultural exchanges, community relations, USAG-KA-sponsored education programs and humanitarian assistance. The delegation also met with KALGOV officials and RMI national government leaders to discuss post-2023 issues, specifically the country's future transition from Compact funding to trust fund income arranged as part of the current Compact.

The U.S. Senate also sent out a committee to look into issues at Kwajalein Atoll. A staff Delegation from the U.S Senate Armed Services Committee visited the RMI Aug. 12-14. The primary purpose of the group's trip was to fully understand the nature of planned military construction projects at USAG-KA. The visit included meetings with USAG-KA Command and site visits to various infrastructure projects and facilities on the garrison. The visitors also made trips to Ebeye and the site of the WWII vessel, the Prinz Eugen.

RIGHT, FROM TOP: Members of the U.S. House Committee on Natural Resources gather at the Ebeye KALGOV offices with KALGOV staff and members of the U.S. Army Garrison-Kwajalein Atoll Command team. Representatives of the U.S. Senate Armed Services Committee meet with USAGK-KA Command staff to discuss infrastructure projects on the garrison. Government Accountability Office staffers spend time in the Marshalls to learn about the RMI's plans for the planned end of U.S.-RMI Compact of Free Association funding in 2023.







🗗 U.S. Army photos, courtesy of USAG-KA Command staf

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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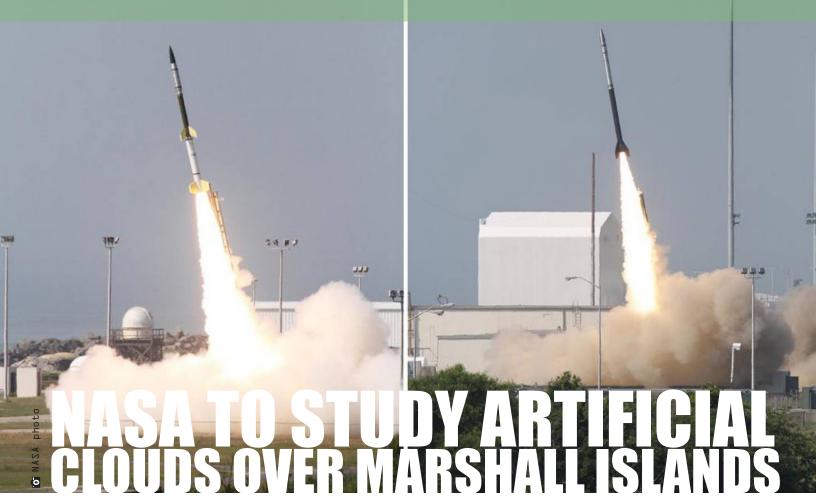
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Two sounding rockets, similar to the rockets a NASA team is preparing to launch from the Reagan Test Site, take off from the NASA Wallops Flight Facility in 2011. The rockets are designed to help scientists study currents in Earth's ionosphere. LEFT: The Terrier-Orion rocket. RIGHT: The Black Brant V rocket.

EXTERNAL REPORT

NASA Press Release—A NASA rocket mission to study disturbances in the upper atmosphere that interfere with communication and technology systems will form night-time white artificial clouds visible by residents of the Republic of the Marshall Islands during two rocket flights to occur between Aug. 29 and Sept. 9.

The Waves and Instabilities from a Neutral Dynamo, or WINDY, mission will study a phenomenon that occurs in the ionosphere—a layer of charged particles in the upper atmosphere. Known as equatorial spread F, or ESF, these disturbances occur after sunset at latitudes near the equator in part of the ionosphere known as the F region. The disturbances interfere with radio communication, navigation and imaging systems and pose a hazard to technology and society that depends on it.

The WINDY mission consists of two NASA suborbital sounding rockets that will be launched nearly simultaneously in a window between 8 and 11 p.m. local time (4 and 7 a.m. EDT) Aug. 29 through Sep. 9 from Roi-Namur. The Kwajalein Atoll in the Marshall Islands is near the magnetic equator, where postsunset ionosphere storms are more intense, making the site an ideal location for these studies.

One rocket will carry a substance called tri-methyl aluminum, or TMA. This substance will form the white artificial clouds that glow in the night sky. Scientists on the ground photograph the movement of these clouds to measure the winds and energetic particles that are in motion in the upper atmosphere. The clouds are expected to be visible for about 30 minutes.

The first rocket launched, a two-stage 47-foot long Black Brant IX rocket, will carry and release both TMA and lithium. The release of the lithium vapors is not visible to the naked-eye but can be viewed with special cameras on the ground.

The TMA is deployed between 50 and 112 miles altitude while the lithium is deployed between 155 and 217 miles altitude. Both substances, which are harmless to residents on the ground when released at these altitudes, move with the atmospheric winds and can therefore be used to determine the wind speeds and direction over the area where these ionosphere storms are occurring.

TMA reacts spontaneously on contact with oxygen to produce a pale white glow visible from the ground. For the WINDY mission, sunlight reflected by the Moon, will illuminate lithium producing an emission that can be detected with cameras equipped with narrow-band filters. Using moonlight allows the launches to occur later in the evening when the critical ESF conditions occur.

The second rocket, a two-stage, 36-foot long Terrier-Malemute, will be launched five minutes after the first rocket. The second rocket carries instruments to measure ionosphere densities and electric and magnetic fields present in these storms.

The ionosphere is defined as the layer of Earth's atmosphere that is ionized by solar and cosmic radiation. Ionization occurs when incoming energetic radiation strips electrons from atoms and molecules, creating temporarily charged particles. The nighttime ionosphere has two layers E and F. Disturbances in the F layer, the layer studied by WINDY, degrade radio and radar signals at magnetic latitudes. Predicting these dis-

SEE "NASA," PAGE 4

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A NASA-funded sounding rocket launches straight into an aurora over Venetie, Alaska in 2014. The Ground-to-Rocket Electrodynamics – Electron Correlative Experiment (GREECE) sounding rocket mission launched from Poker Flat Research Range in Poker Flat, Alaska.

turbances ahead of time, could help improve the reliability of space-borne and ground-based communication systems.

WINDY attempts to answer questions about the origin of ESF by measuring how horizontal thermosphere winds influence the formation of ESF, as well as taking direct measurements of ionosphere densities and electric and magnetic fields inside these storms.

Data from the ARPA Long-Range Tracking and Instrumentation Radar, or ALTAIR, located on Kwajalein Atoll will play a key a role in the mission. ALTAIR is used to monitor the state of the upper atmosphere and ionosphere in order to deter-

mine when the large-scale disruptions occur and will tell the scientists when to launch the rockets. ALTAIR also will be used to monitor the evolution of the ESF after the rockets launch.

WINDY is supported by researchers from Cornell University, Ithaca, New York; Clemson University, South Carolina; and Boston College, Chestnut Hill, Massachusetts.

For more information about sounding rockets and their history, please visit https://www.nasa.gov/mission_pages/sounding-rockets/index.html

KIDS READ OVER 1,700 BOOKS IN LIBRARY SUMMER PROGRAM

HOURGLASS REPORT

The Summer Reading Program "Rumble in the Jungle" wrapped up with a big roar Aug. 16.

Sponsored by Community Activities, the program ran for 10 weeks throughout the summer and encouraged kids and parents to track their reading in a fun, interactive way. Kids collected prizes for every 10 books or 200 pages read and marked their progress within the library with a safari animal progress zip-line.

Participants also enjoyed making different safari-themed crafts each week. More than 90 kids participated and collectively read 1,788 books and 69,415 pages. Grace Otto, age 9, read the most pages, with a total of 8,112. Marshall and Emi Coombe, each aged 2-years old, read an impressive 200 books.

Community Activities thanks Laura Alves and Alison Sok for making the super cool jeep and turning the library into a rumbling jungle safari.

Storytime and crafts are offered every Wednesday at Grace Sherwood Library at 10 a.m. For more information, contact the Grace Sherwood Library at 5-3439.



Student readers, friends and families celebrate literacy at the culmination of the Grace Sherwood Library Summer Reading Program.

TOWER CLIMBERS REACH NEW HEIGHTS

HOURGLASS REPORT

The atoll community is looking up—way up—to Anitak Joseph Jr. and Francis Bokin, two newly certified RMI tower climbers in the Public Works Construction Group. Both earned occupational climber certifications in June 2017 as part of a Marshallese Training and Education Program (MTEP) initiative funded by Chugach and the RMI government. The duo are the only certified RMI climbers working in the garrison. Their routine will include maintenance inspections, maintenance work, corrosion control and painting on major towers and monopoles that require climbing over 200-feet high at Gagan, Legan, Illeginni, Roi-Namur and Kwajalein, says Superintendent Don Ryan.

It wasn't easy climbing to the top. To earn their certification, Bokin and Joseph traveled farther from home than ever before, to an intensive two-week training in Poulsbo, Washington. The price tag on the course was a staggering \$10,000 apiece; however, the cost is well worth the result, says Chugach Logistics Program Support Manager Tom Lester. The certification guarantees improved pay, benefits and increased job satisfaction. Supporting technical training for RMI civilians is also a vital part of USAG-KA's effort to promote work education for its partners in the Marshall Islands workforce.

Lester and Ryan cite the climbers' resilience, work ethic and bilingual communication skills as qualities that made them stand out amongst their peers in the selection process.

"Junior is one our stars," says Lester. "He's extremely bright and was able to take another Marshallese gent [Francis] and



ABOVE, FROM LEFT: Don Ryan congratulates Anitak Joseph Jr. and Francis Bokin, two newly certified garrison tower climbers.

assist with his training."

Joseph and Bokin, whose certifications include climber rescue training and teacher of climber rescue training, say they enjoy the benefits and challenges of their job—and the view.

"I feel comfortable [teaching] and I really like rescue climbing" says Joseph. "My dad is really proud [of me]. It's cool to go up and bring down [an injured person] with all the proper equipment."

Both climbers look forward to the prospect of more training. That chance to reach new heights will assuredly come in 2020, when the atoll may adopt wind power.

"We work hard on empowering [the RMI employees]," says Ryan. "We know they can do it,"

USAG-KA COMMANDER ATTENDS NITIJELA

HOURGLASS REPORT

U.S. Army Garrison-Kwajalein Atoll Commander Col. James DeOre Jr. visited Majuro Aug. 14 to attend the 38th Regular Session of the RMI Nitijela (Congress).

The commander took the opportunity to meet with RMI President Hilda Heine and her cabinet, U.S. Ambassador to the RMI Karen Stewart and other U.S. State Department staff in the RMI capital city.

USAG-KA Commander Col. Jim DeOre Jr. and his Command team join RMI President Hilda Heine and U.S. Ambassador to the Marshall Islands Karen Stewart for a group photo with RMI officials, U.S. embassy staff and USAG-KA staff.



🖸 U.S. Army photo by Ursula LaBrie

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IN THE KRS

FEATURE /JESSICA DAMBRUCH

Donuts: one thing the Kwajalein community really enjoys. Many island residents have purchased donuts and coffee from the Sunrise Bakery's cheerful daytime crew, Elme Jaime and Vivian Lang. But few know the bakers who cook up the garrison's pastries. The Kwajalein Hourglass met KRS Dining Services Bakery and Catering Manager Jason Huwe to find the sweet team of employees the community rarely sees: the night bakers.

Behind the Scenes

It's 9 p.m. on a Saturday at the garrison. For night bakers Veronica Johnny, Sotee Jetton, Peter Ione and Masao Boas, work has just

The lingering aroma of the night's entrées wraps around the team as they gather in the Zamperini Dining Facility's small kitchen. After washing up and donning sterile hats, gloves and jackets they head to the stainless steel prep area to check out the night's sugary task list: 24 maple bars, 40 cherry turnovers, 50 bear claws and chocolate glazed donuts and 100 coconut muffins. The list goes on.

Duties are assigned. Boas and Ione break out the heavy hardware: a 4-foot tall electric mixer, supersized spatulas and metal whisks the size of baseball bats. They open and mix cartons of supplies. Bananas, eggs, blueberries, sugar, butter and flour sail into deep mixing bowls and are transformed into batter.

The team will bake donuts, cakes, rolls, breads and muffins for the Bakery and ZDF each night. At 4:30 a.m., when it's time to go home, the cooling racks are full of treats and the air smells of warm sugar.

The crew's most senior member, Boas has worked on Kwajalein for more than 30 years. He enjoys the fun of baking at night and tries to rest during the day.

'[But] sometimes it's hard to sleep when your grandchild is banging on the wall next to your head," smiles Boas.

Special Ingredients

This baking business is a timing game and an exercise in re-



FROM LEFT: Night bakers Masao Boas and Peter Ione prepare for work at the Zamperini Dining Services Kitchen in late May 2017.

source management. It's not always easy but the results are always sweet, and sometimes surprising.

Treats with long bake times hit the oven first, like baguettes and banana bread. Lighter fare like donuts, made from a sweet yeast dough, can be coaxed into many shapes and dusted with sprinkles, cinnamon and glazes later in the shift.

"One thing Kwaj may not know about the bakery is that our stock is contingent on what supplies we have—just like the rest of dining services," says Huwe. "If we have an overage of bananas, guess what. Its banana bread this week. If we run out of something, like cinnamon apples for turnovers, we can't make it again until the ingredients arrive."

A few months ago, an overage of coconut led to Huwe's original recipe for coconut muffins. They were a big hit with ZDF patrons.

There's one special ingredient that the crew always has on hand to fuel their work: music.

"I brought in this radio," says Huwe.

Someone flips a switch on the small stereo with detachable speakers and soulful blues guitar floods the air. The day crew listens to Marshallese pop. The night crew grooves to Americana.

Michael Natoli, KRS Dining Services manager, reports that the hard work and dedication of the team, and positive community reviews, has led to members of the bakery team being submitted for a performance work award "for their high standard of product quality, personalized customer service and superb health safety excellence in customer service."

So the next time you savor a bite of a pumpkin roll or fresh chocolate donut, remember that your treat is the sweet handiwork of the hardworking night bakers.



Thumbs Up to the Kwajalein Post Office! The postal team in-processed over 16,000 pounds of mail this week in record time. Great job team!

—Garrison Community

REMEMBERING RAY ARSENAULT

The Kwajalein community is saddened by the loss of former Berry Aviation Pilot Ray Arsenault, who passed away suddenly in Honolulu on Sunday, Aug. 6, 2017. Ray is survived by his wife, Bethany and 2-year-old daughter, Reagan.

Ray was a retired Army sergeant first class who began flying after his military retirement. He was also a member of the team that found and recovered the crew of a lost and capsized B-Boat Jan. 1, 2017.

Ray loved bowling and won multiple league championships on Kwajalein with his team Bowling Thunder.

More than anything, Ray was a family man deeply devoted to his wife and daughter. Ray will be sincerely missed by this community and by all who had the privilege to know him.

The community is invited to attend a memorial service in Ray's honor at the Island Memorial Chapel Sunday, Aug. 20 at 2 p.m.



Courtesy of Steve Simpson

IMPORTANT CHANGES COMING TO ZDF

Starting this month, Zamperini Dining Facility patrons will begin to see a lot of changes at the cafeteria.

What's in the works?

A new All American Bar and Deli station

- Available every day for lunch and Sunday/Monday dinners
- Will feature a daily grilled feature sandwich and appetizer, along with a full assortment of toppings
- Will feature hot dogs, burgers, etc. as standard items daily

A new daily breakfast menu and layout

- Available every day
- Will feature four different main line protein items (Canadian bacon, sausage patties, bacon, ham steak, for instance) every breakfast session

 Will feature a station-based serving arrangement, requiring a change in foot traffic in the facility

New eggs-to-order and omelet station for Sunday/Monday brunch

You grab your omelet fillers, portioning them as you see fit and hand them to the grill master

New salad bar menu

Lots more

- More frequent sliced steak offerings
- Implementation of the military's Go
 For Green program, featuring easyto-understand nutritional value
 placards for each food item
- Displays at the facility entrance, put in place to inform patrons of the day's menu items

These improvements are exciting. How-

ever, in order for us to be able to create and manage this varied menu every day we emphasize to our patrons:

It's All You Can Eat. Not All You Can Take.

Starting this month, ZDF servers will begin portioning out the main line protein items, providing a maximum of two main proteins or one main protein and a sandwich per meal.

An average main protein portion is 5-8 ounces. Portioning will occur for both dine-in and take-out patrons; take-out patrons will, of course, not be able to return to the line for second portions. All other food items (the salad bar, for instance) will remain on a self-serve basis.

Without properly portioning out the protein items, we will not be able to sustain this new, varied menu. Please be patient as we implement these changes.



www.army.mil/kwajalein

Check out USAG-KA's website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.



Together, Operations Supervisor Cecil "Pete" Beard and the ProMat warehouse team rest in the shade of a rehydration shelter. The team handles ordering, managing and receiving for the ever-changing inventory of construction material used in building projects throughout the atoll and outer islands such as Legan, Gagan, Illeginni, and Roi-Namur. FROM LEFT: Pete Beard, Johnson DeBrum, Latdrik Tanaka, Sheldon Jeblik, Atina Tomas, Graham Sigrah, and Juliet Jelke.



Surfway employee Lani Anitak adds fresh romaine lettuce to the stocked shelves of colorful produce, Aug. 15.



🖸 U.S. Army photo by Cari Dellinger

Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook page.

www.facebook.com/usarmykwajaleinatoll

For command information questions, please contact Public Affairs at 54848.





LEFT: Kyle Namidik pauses for a photo in front of a behemoth pile of mail received at the Kwajalein Post Office, Aug. 16. The Post Office team sorted and processed more than eight pallets of mail this week.



Joanna Davis (the human) and Roxy Martin-Bell (the dog) spend quality time together during last week's ultimate Frisbee session on Kwaj.





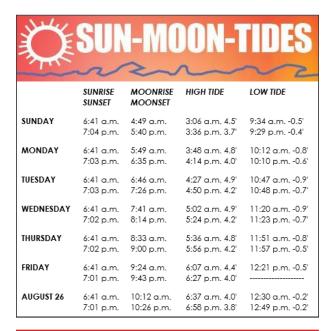
LEFT: An extra cautious patron enjoys his lunch at the Zamperini Dining Facility Wednesday, Aug. 16. RIGHT: Kwaj residents Kathy Cleland, left, and Tracia Cyrus enjoy a recent sunset swaray at the Kwajalein Yacht Club.

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: Our traditional easterly wind pattern continues through the area Saturday with localized converging winds creating isolated to widely scattered showers. Partly sunny skies with scattered showers are expected for Sunday with gentle to light winds, while a low level trough moves through the area. A weakened subtropical ridge allows the InterTropical Convergence Zone (ITCZ) to slide northward to bring the doldrums into the area for the weekend. Isolated showers will work their way through the area late Sunday and through Monday.

SATURDAY/SUNDAY/MONDAY FORECAST: At the start of the work week, the weather pattern will gradually to return to a light northeasterly to easterly flow. Isolated to widely scattered showers will move through the area during the entirety of the week. Average precipitation is expected next week with a return to our seasonal weather pattern by the middle of the week.



GOT UXO?

LEAVE IT ALONE.

Mark the location and call Launch Ordnance at 5-6120.

Commander's Hotline

Have something the USAG-KA commander should know about?

Call the Commander's Hotline at 51098 today!



SEE SOMETHING – SAY SOMETHING

REPORTING SUSPICIOUS ACTIVITY

- -Date and time activity occurred
- -Where and what type of activity occurred
- -Physical description of the people involved
- -Description of modes of
- transportation
- -Describe what you saw or heard -Provide pictures if you took any

WHO TO REPORT TO

Local law Enforcement and Security

*911

*5-4445/4443

*usarmy.bucholz.311-sgcmd.mbx.usag-pmo@mail



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW3 Dave Casbarra SHARP Victim Advocate

Work: 805 355 3421 • Home: 805 355 1731

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100 USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

*MENU CURRENT AS OF AUG. 16 Captain Louis S. Zamperini Dining Facility LUNCH Sunday Monday Tuesday Wednesday Thursday Aug. 26 Rosemary Chicken Hungarian Goulash Chicken Tandoori Oriental Oxtail Stew Swiss Steak Jardiniere Beef or Chicken Tacos Italian Chicken Beef Pastitsio Cajun Roast Chicken Indian Beef Curry Japanese Style Chicken Fish Du Jour Turkey Enchiladas Sweet & Spicy Meatballs Crab Benedict Quiche Lorraine Coconut Muffins Baked Zucchini Rice Pilaf Refried Beans Pasta Aglio e Olio DINNER Wednesday Sunday Monday Tuesday Thursday Friday Aug. 26 Kwaj Fried Chicken Hawaiian Pork Chops Steak Night Hamburger Bonanza Beef Pad Thai Pot Roast Beef Teriyaki Chicken Florentine Roast Chicken Chicken Vegetable Stir Fry Pork Pot Roast Baked Meatloaf Huli Huli Chicken **BBQ** Garlic Chicken Oriental Fried Rice Veaetarian Pasta Sesame Noodles Scalloped Potatoes Vegetarian Spaghetti Fish Du Jour Thai Veggie Pasta

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions. KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg. 700 and on the "Kwaj-web" site under Contractor Information>KRS> Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

RTS Weather Station. Position: Electronics Technician (Full-time). Education: Associate Degree or equivalent experience. US Citizen/Permanent Resident Card required. For details and to apply see http://www.aq-ast.com/careers.

FOR SALE

9'8" surfboard Wingnut Noserider brand new on island. \$900. Call 58989.

LOST & FOUND

FOUND: Women's watch on grounds of CDC (a few weeks ago) and purple, baby sunglasses found near Surfway. Call CDC office at 52148 to claim.

COMMUNITY NOTICES

Fall Ladies Groups. 9:30 a.m. or 6:30 p.m., beginning Thursday, Aug. 10. New series, "Bad Girls of the Bible." What do we have in common with these long ago Bad Girls, including Jezebel? Lots! Come join the fun! Questions? Contact Mindy Cantrell 51293 or Melinda@bmcantrell.net.

"Galactic Atoll Bowl" Night. 6-9:30 p.m. Saturday, Aug. 19, at the Bowling Alley. Bring your beverages and friends, we'll bring the RAVE. Adults only, please. \$2 for shoes, \$2 per game.

Dance class at Vets Hall, Aug. 20 with Josh Parker. All styles of dance will be taught starting with upbeat Latin dances, Salsa and Meringue. There is no charge for the lessons. Class will begin at 6:30 p.m. and the doors will open at 6 p.m.

Summer Hours for Pools and Beaches ends Monday August 21. Millican Family Pool: Tues. & Wed. 3:30-6 p.m., Thursday – Closed; Fri. & Sat. – 3:30-6 p.m.; Sun. & Mon. – 11 a.m.-6 p.m.; pool closes at 5 p.m. on Wed. & Fri. when Swim Team is in session. Emon Beach: Sun. & Mon. – 11 a.m.-6 p.m. Adult Pool: Sat.–Thur. 24/7; Friday – Closed. No lifeguard at adult pool, Buddy System Advised.

Kwajalein Yacht Club's monthly meeting is Saturday, Aug. 26. Social Hour begins at 5:30 p.m. Meeting starts at 6:30 p.m. Dinner is at 7 p.m. Bring a side dish. Questions? Call Ursula LaBrie, 5-1951.

Adult Soccer Open Play Clinic. Aug. 30, 6-7:30 p.m. at Brandon Field. Come out and learn the Kwaj rules of the game and maybe even find a team to play on! Shin guards required! A few pairs will be available for use at the field.

Yokwe Yuk Women's Club Annual Meet and Greet Party. 4-5:30 p.m. Monday, Sept. 18, at Quarters 241. All women on the atoll are invited to attend! Questions? Contact Kellie Reed at 53640. Save the Date!

Safely Speaking: OSHA requires that fall protection equipment be inspected by the user before each use. You should inspect the stitching, webbing, connectors, and the shock absorbers. Remember safety pays falls cost.

Safely Speaking 2: Alcohol Affects Balance and coordination: two important skills for riding a bike. Don't Drink and Drive!

The Kwaj Community is cordially invited to attend the Christening Ceremony of two of our brand new B-Boats. Ceremony will take place on Thursday, Aug. 24 at 4 p.m. in front of the Small Boat Marina (Lagoon Side).

Please come out and join COL DeOre, USAG-KA Commander, in the christening and naming of our new boats. Questions, please contact the USAG-KA Public Affairs Office at 5-4848.

E-Talk: Stormwater Sampling and Analysis. ISCO Portable Samplers are staged at selected storm drain inlets prior to a storm event. Please do not touch or disturb these portable samplers.

Conserve energy. Use lights only when you need them. Turn lights off in unoccupied areas, including patio lights when you go to bed. Use energy-saving compact fluorescent lights (CFL) – they last much longer and you won't have to change them as often. And they are FREE at Self Help!

As we are nearing flu and cold season and Atoll residents are returning from vacation, please be mindful and remember to wash hands often. We are a small community and some things we do NOT need to share. Let's be proactive and if you are sick, PLEASE stay home from work and/or school.

REGISTRATION NOTICES

CYS Youth Sports: Flag Football Season Registration Open: Aug. 3–30. Season Dates: Sept. 7–Oct. 19. Cost is \$25.00 per player. Open to all CYS Youth Kindergarten-Grade 6. To register, visit Amy Hansen at Central Registration, Building 358 or 5-2158.

CYS Start Smart Program: Golf Season Registration Open: Aug 3–30. Season Dates: Sept. 13-Oct. 18 (Wednesday's). Cost is \$25.00 per player. Open to Ages 4-7. To register, visit Amy Hansen at Central Registra-

tion, Building 358 or 5-2158.

Adult Soccer Season Registration: Aug. 15–25. Season runs from Sept. 6–Oct. 20. \$100 team fee. Separate men's and women's leagues. Limited team slots available so register fast! For questions or to register, email derek.m.finch.ctr@mail.mil or call 51275.

September Learn To Swim Class. Registration Open: Aug. 22-Sept. 2. Session dates: Wednesdays and Fridays (8 sessions), Sept. 6-29. Levels III, IV, & V 3:45-4:15 p.m.; Levels I & II 4:30-5 pm. Cost: \$50 per participant. Participants must be at least 4 years old. For questions and registration, contact Cliff Pryor at 52848.

Water Safety Instructor Class. Registration Opens: Aug. 29–Sept. 9. Session Dates: Sept. 24-25 and Sept. 30–Oct. 1. Required pre-requisite skill swim – Sept. 9. Cost: \$200 (includes books and certification fees). Course fee due by Sept. 23. Participants must be at least 16 years old.For questions and registration, contact Cliff Pryor 52848.

PLEASE do not remove the shopping carts from Surfway property. They are authorized for use at the facility only.

			— Café Roi		*MENU CURRENT AS OF AUG 16	
LUNCH						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 26
Roast Turkey	Beef Fajitas	French Dip Sandwich	Beef Stew	Baked Ham	Tuna Casserole	Meat Lasagna
Bread Dressing	Chicken w/Orange Sauce	Grilled Chicken Thighs	Chicken Chimichangas	Au Gratin Potatoes	Yankee Pot Roast	Cheese Tortellini Alfredo
Shrimp Alfredo	Breakfast Burrito	Chef's Choice Beans	Italian Greens	Green Bean Casserole Vegetable Medley		Cheesy Garlic Bread
DINNER						·
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 26
BBQ Pork Ribs	Jambalaya	Fried Pork Chop	Prime Rib of Beef	Fried Chicken	Fish & Chips	Asian Style Pork Roast
Chicken Wings	Cajun Roast Pork	Chicken à la King	Herb Baked Fish	Beef Pot Pie	Corn Beef & Cabbage	Teriyaki Chicken
Mac & Cheese	Mashed Potatoes	Mashed Potatoes	Corn on the Cob	Mashed Potatoes	French Fries	Potato Wedges

FALL PROTECTION DO'S AND DONT'S

COMMUNITY CONNECTION / SAFETY STAFF

Falls continue to be the number one killer in construction. In 2012, falls accounted for one third of all construction fatalities. Falls are the number one killer of OSHA's Fatal Four. These are tragic deaths because they are preventable.

Two Types of Fall Protection

- Fall Restraint includes such items as a guardrail or parapet wall. It can also consist of a personal fall restraint system which keeps you from reaching an unprotected "fall" point.
- Fall Arrest stops you if you're falling. If you are at risk for falling six feet or more, you must use appropriate fall protection equipment.

The Do's of Fall Protection

- Pick an anchorage point that will support 5000 pounds per worker (strong enough to support a pickup truck).
- Fall arrest systems should be rigged so employees can't free fall more than six feet (or contact a lower level).
- **Tie off above your head.** A six foot person who ties off at the feet could free fall as much as 12 feet.
- Place your anchorage directly above or behind your work area to avoid potential swing fall hazards.
- **Use the shortest lanyard possible.**The shorter the tie-off the shorter

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the fall.

Have anchorage points selected by a competent person.

The Dont's of Fall Protection

- Do not tie off to vent pipes or nonstructured non-designated areas.
- **Do not tie knots** in the lanyard. This will reduce the strength.
- **Do not use water pipes**, electrical conduits, light fixtures, or
- guardrails as anchor points.
- **Do not use lanyards** without self-locking snap hooks.
- Do not join multiple lanyards together to reach anchorage.
- Do not allow more than one worker to tie off to the same anchorage unless it is designed and approved by an engineer.
- Do not unhook from a fall protection while exposed to a fall greater than six feet.
- Do not allow someone else to rig your equipment unless you verify that it has been done correctly.
- Do not use an anchorage that is not independent of any anchorage used to support or suspend platforms.



Safety Pays Falls Cost



QOL VEHICLE RENTAL UPDATE

The rules for QOL vehicle rental have changed. Before you rent that next cart or truck, familiarize yourself with the new regulations.

- QOL Scooters and trucks are not to be used for work purposes. This includes transportation to and from work locations, to attend training and/or for delivering supplies and equipment.
- Only one person may reserve and pick up the vehicle. That person is responsible for any vehicle damage.
- Vehicles must be returned on time.
 Rental period extensions must be
 made and paid for in person. Failure
 to do so will result in a \$25 late fee
 and suspension of rental privileges.
- Only one reservation may be made at a time. Walk-up rentals are permitted for immediate use if a vehicle is available. Individuals can rent the vehicle as long as it is paid for and taken at that time.

Failure to comply with published rules will incur suspension and/or loss of rental privileges. A complete list of rules and rental rates is posted in the Rental Office and can be found in the Island News section of the USAG-KA-Web homepage: https://kwajweb.smdck.smdc.army.mil/contractor_info/krs/quality_services/Pages/Carts.aspx.

UNITED CHECK-IN TIMES

Monday, United 155—3:30-4:45 p.m. Tuesday, United 154—11-11:30 a.m. Wednesday, United 155—2:30-3:45 p.m. Thursday, United 154—11:30 a.m.-Noon. Friday, United 155—3:30-4:45 p.m. Saturday, United 154—11-11:30 a.m.

ATI CHECK-IN TIMES

Early departures—7:45-8:15 a.m. All other departures—8-8:30 a.m. *Check with your ATI flight representative to confirm check-in and flight departure times.

