

VOLUME 57 NUMBER 49

December 3, 2016

THE KWAJALEIN HOURGLASS



THIS WEEK

TEEN TOWN HALL

GIVES LOCAL YOUTH A VOICE - P 2-3

BEHIND THE SCENES

OF ZAMPERINI THANKSGIVING - P 4-5

KWAJ 4H SAVES LIVES

IN TRAINING WITH EMS - P 10-11

Behind the scenes of Thanksgiving, Joshua Bokin prepares poultry for the fryer at the Zamperini Dining Facility Nov. 23.

📷 Jessica Dambruch



U.S. Army photos by Nikki Maxwell

Col. Mike Larsen addresses student concerns at the USAG-KA Teen Town Hall in November.

TEENS TALK ISSUES AT TOWN HALL

NIKKI MAXWELL, USAG-KA PUBLIC AFFAIRS

Spear guns, summer jobs and driver's education were just a few of the topics discussed during the U.S. Army Garrison Kwajalein Atoll Teen Town Hall, Nov. 10.

Approximately 180 Junior and Senior High School students gathered for the assembly in the Multi-Purpose room. First, they watched a command video presentation covering some of the WWII history of Kwajalein, and its role in the U.S. military mission today. Then Col. Mike Larsen, commander of USAG-KA, showed some slides and discussed some Kwajalein history and outlined the mission for them.

"I want them to understand what their parents are doing here, and why this place is so crucial to our national security and defense," Larsen said. "I think sometimes that doesn't filter down to our youth and it's important that they grasp that."

Larsen updated the teens on current

issues and other topics brought up during the last Teen Town Hall in the spring.

"The future of the Ri'katak program is looking very good. We have many advocates who want to see the program continue and be funded," he said. "Also, we've instituted the new 'First Boat, Last Boat' policy so our Ri'katak students can now come early in the morning and stay later after school for sports, projects and social events with their peers."

Regarding recreation, Larsen reminded the students about the B-boat license rules (must be 16 years old (with a B-Boat license and parents' consent) to rent a boat. Also, you must be 18 years old to rent a golf cart, have a valid U.S. and USAG-KA driver's license and be employed on the island.

That topic lead to a discussion about driver's education. One student asked how they can get a U.S. driver's license if they live in the Marshall Islands.

"Unfortunately we do not have the resources here for a driver's education

course, so you must plan that with your parents to take the test when you are visiting in the United States," Larsen explained.

"Can we get a Marshallese license instead?" asked another student. "Some of my friends got a license on Ebeye."

"You still need to have an American license to drive here, and you can't get a USAG-KA license without it," Larsen answered. "This is for the safety of everyone."

One teen asked about the 'must be employed on USAG-KA' rule to rent a golf cart.

"Some of us work part-time as life-guards, but are there going to be more jobs for us, like at AAFES or Surfway?" asked one 12th grader.

"Yes, we are looking into that for you to create opportunities for you to work after school and in the summer," Larsen said. "We know it is a challenge for you to have jobs here because we don't have a typical town outside our gate for you to

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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ABOVE: West Point cadets Kayla Carpenter and Andrew Maillet speak to Ri'katak students following the USAG-KA Town Hall; **RIGHT:** Col. Larsen fields questions about driving, spear guns, summer employment opportunities and student concerns.

go find work. All options are being considered."

The next question was from a 10th grader sitting in the front row.

"Sir, can we have spear guns?" the young man asked Larsen with a grin. "For fishing of course."

Larsen smiled and replied, "Yes, you are allowed to have a spear gun, just please use it safely and with an adult.... And don't bring it to school!" The room erupted in laughter.

Command Sergeant Major Angela Rawlings reminded the teens about the alcohol and tobacco rules, and consequences for their actions.

"Please respect yourselves, respect each other, and think before you do anything that will jeopardize your future," Rawlings said. "We care about you and want you all to succeed."

Following the assembly, two visiting West Point cadets, Kayla Carpenter and Andrew Maillet, spoke with the Marshallese Ri'katak students about their education plans and career goals.

"How many of you plan to go to college?" Carpenter said as six students raised their hands. "Have you thought about attending a military academy?" Two hands remained in the air.


"Tell me what you like about going to

school here," Carpenter asked the students, and their conversation took off from there.


"Having a voice in our community is important for all residents of Kwajalein and Roi-Namur, and these kids always raise some interesting questions," Larsen said. "Some of their points make us stop and think about how we can improve our process and make things better for them, and everyone else too."

The first Kwajalein Teen Town Hall was held in April 2016. The meetings are twice a year, giving local youth the opportunity to meet with the USAG-KA command team during each semester.





THUMBS UP



"Great appreciation for the housing team on Roi. Not only were they able to return the pair of shorts I left in our room during our last visit, but they even came back with the large sum of cash that was in the pocket. You provide great service with the highest integrity and care for people. Thank you!"

— Jason Huwe

Thumbs up to the Public Works Plumbing Shop Tony Janoski and Gary Bohning and crew for doing a fantastic job on figuring out the mystery to the toilet issues at the Reef 1st Floor BQ.

Way to go guys!

—The Residents of the Reef BQ



KRS Dining Services personnel Kathryn Jones, Madelina Shikiko, Mary Inok, Sonja Kerrigan, Thomas Anitak and Jose Santiago share a photo during a staff meeting on Thanksgiving Day at the Zamperini Dining Facility.

COOKING WITH KRS DINING SERVICES

BY JESSICA DAMBRUCH

Jose Santiago, Shift Supervisor at the Zamperini Dining Facility, lifts a sheaf of golden paper from a tabletop on a weekday before Nov. 25. It is a printed menu advertising Thanksgiving dinner specials that are already being prepared: a seafood bar, a cheese bar and tasty desserts. It is a tantalizing vision of food.

Around him, that vision is under construction. Dining services personnel fit additional tables into the close geometry of the dining hall to accommodate the estimated number of guests. Other staff hustle trays and weave decorative palm fronds around columns spiked with flowers. Everyone in the room moves with purpose, like one machine.

"What they don't know is that we've been ordering this food months out," says Santiago.

The "they" he refers to are the dinner guests. There's a lot of them. And they like cheese. And thanks to the dining services staff, in two days, 790 people will flock to dinner at Zamperini and Café Roi.

Santiago examines the salad bar where mounds of delicious Longhorn cheddar will be available for consumption on Thanksgiving Day. He's preparing a backup plan.

"If it doesn't come in time, we have to come up with something else," he says.

Feeding 790 people dinner is a big job.

Part of Kwajalein's character is found in stories about how we deal with food. So here's a food story about how dining services makes Thanksgiving.

And this is where it gets good. The exciting part really isn't what's for dinner (surprise, its turkey). It's not even how

long it took to arrive or what it looks like on your plate. The magic is that this much food appears, without fail, every week.

A typical dinner like Thanksgiving presents its own challenges to chefs worldwide, but consider everything that could go wrong in serving 790 guests in a day, and you'll get a sense of the high stakes preparation that happens here. Even after months of advanced confirmation of foodstuff shipments, menus only go out one week before – just in case.

Many Zamperini staff are RMI citizens that tend not to observe "turkey day." Depending on their shift, Thanksgiving chefs will begin working at midnight. Other staff will arrive for shifts between 4-6 a.m. to continue preparations. Today, most everyone here can expect a



LEFT: Ketruth Maudrik stands at the fresh fruit and cheese buffet during Zamperini's Thanksgiving Day lunch hour. RIGHT: Never-ending desserts of every persuasion crowned the multi-course Thanksgiving buffet for families and unaccompanied personnel.



TOP LEFT: Zamperini staff prepare vegetables for the steamer; **TOP RIGHT:** Jokbet Aaron, left, and Hemton Tulenkun, right, dice cheddar for the Thanksgiving menu. On Kwajalein and Roi combined, 790 dinners were served for Thanksgiving 2016.

twelve hour shift.

The cooks working for Kathryn Jones, Dining Services Coordinator, mean business. Many are seasoned Zamperini personnel and have perfected a choreography to turn out meals in exceptional circumstances.

And those circumstances are made of stainless steel. Beyond the salad bar are the “secret compartments” that are invisible to the daily diner: cold and dry storage rooms, upright coolers, the back of the hot bar, the triple-dunk dish washing station, multiple sanitization stations throughout the complex and a compactor for handling leftovers.

The kitchen is a small, small world. Joshua Bokin is his way to cold storage wheeling a cart of 15 turkeys past the gigantic mixer and two industrial soup tureens.

An employee stops Santiago’s progress through the narrow walkways to report that one of the tureens is no longer working.

“It just happened,” Santiago explains. “We’ll look into it, but if we can’t get it fixed, this could be an issue for us.”

In a regular small-scale restaurant with a full-sized crew, tight prep spaces are expected. But all of the meat prep work for Thanksgiving— all of it—is happening on one consumer-sized cutting board in a tiny kitchen space. When it’s complete, a future dining facility in the Yuk Club will have a kitchen that is much bigger. But in the meantime, Kwaj has to eat.

Santiago walks at a quick pace, expertly ducking around trays of food and clouds of hot steam as only someone who knows food service can do well. Plastic wrapped onions as barrel past him on a cart from a vegetable prep station in a sealed bin.

He pauses at the entrance of a room that is locked, as are all food storage ar-

eas, before we enter.

“All of this is going to be used for Thanksgiving,” Santiago says. “In two days this room will be empty.”

Waiting in the crisp air is a bounty: citrus, potatoes, vegetables; food that will sink, in a day, into waves named breakfast, lunch and dinner.

But back to those onions.

In addition to its economical floorplan, Zamperini has just six upright coolers in which prepped food may be socked away.

When that onion bin is empty, or the lasagna runs out, the stocker embarks on a quest. They must travel a long distance from the kitchen via the footpath that runs between the Bakery and the dining facility to the storage and cooking areas. Yes, this happens even when it’s raining. In other words, by the time we line up with our plates and announce that there seems to be no lasagna, someone is on the return trip from the dark side of the moon with our appetizers and entrées.

Santiago says Zamperini is also missing a regular sous chef and butcher for kitchen coverage, and every time an onion bin goes empty, there’s that long hustle to retrieve the veggies. But should a shift be shorthanded, Jones’ crew is proficient in handling multiple areas of the dining service. The staff may occupy many stations in a day according to the need—just in case.

Santiago blinks. We head back to the kitchen of the Sunrise Bakery.

“We have four,” he says. He points them out.

These four standard stoves, with a traditional range and oven, are the only stoves used by the Sunrise Bakery, island catering services and Zamperini cooks. Now think back to Josh Bokin and the poultry cart. There are just four stoves, not just for all of that turkey, but for all the breads, desserts, pies, dinner rolls,

baguettes, donuts, turnovers, biscuits and pastries.

The baking crew arrives at 9 p.m. the night before and works until 5 a.m. the next day to accommodate the cooks because everyone here is four ovens that are never turned off.

Picture the lines at lunch lines on the other side of this kitchen world, and the monumental effort of the cooks to ensure there is food stand in line for, out here in the West Pacific. Picture the frond baskets, filled with flowers that Herna Samson proudly wove herself and placed on the red sash in the front window. Think of the gold menus on the tables that advertise not only the food, but the hope and struggle to ensure that, at the end of the day, if you hopped on a plane, turned at the equator, and landed on Kwaj, you’d get a good meal.

This is not a big fish tale: this is a food story. It’s enough to make you hungry.

Here are the hard facts on how much we ate this year. It’s a lot to take in, so let’s treat it like sports: Kwaj versus Roi.

“Thanksgiving 2016, and what a beautiful day for a dinner! The Zamperini Diners defeated the Ravenous Roi Rats in the preliminary turkey trials, 67 birds to 11. The Rats gained an edge in the desert round, but Kwaj trounced them, 85-36, and that’s just in pies. Together, the two islands consumed 175 pounds of potatoes— and a whole lotta cheese!”

Thanks to the cooks and staff, decorating and chopping, 790 people went home and complained about eating too much food. That’s a good problem to have.

It’s nearly time for a dining staff meeting but there’s one more question left. What is the single most difficult food to prepare in these kitchens?

The shift supervisor thinks hard for a moment.

“Well, that depends,” he answers.





U.S. Army Photo by Jessica Dambruch



Photos courtesy of U.S. NMCB 11



U.S. Army Photos by Jessica Dambruch

TOP: The ruins of the non-potable water tower lay in preparation for demolition near Brandon Field after the KRS team safely pulled the structure to the ground last week. **MIDDLE:** Seabees from Naval Mobile Construction Battalion ELEVEN (NMCB 11) assist USAG-KA Public Works Department in constructing a 1,200-foot-long paved sidewalk that will be utilized by walkers, runners and bikers; **ABOVE:** Kwaj's icy brethren gather at Camp Hamilton for the Antarctica support group and to bid a fond farewell to PCSing pal Ildiko Horvath (ABOVE RIGHT).



ABOVE: Kyle Miller, Midori Hobbs, Kellie Reed, Josh Parker, Cari Dellinger and music lovers in the community enjoy the 'Dueling Pianos' adult night performance in November. Brought to Kwajalein and Roi-Namur by Armed Forces Entertainment, the ensemble had the adult crowd dancing in conga lines and striking poses in the "mannequin challenge". Visit www.facebook.com/USArmyKwajaleinAtoll for video for mannequin challenge video.

IT'S TURKEY BOWL 2016

Each year students, teachers and members of the professional community perform and participate in the Turkey Bowl pep rally event at Kwajalein Jr./Sr. High School Nov. 24. This year's festivities included dance, comedy, and a signature cheer from each class in attendance. This gallery includes a selection of pictures from the day's events.



U.S. Army photos by Kim Yarnes





EMS TRAINING HELPS KWAJ 4-H CLUB HANDLE UNEXPECTED EMERGENCIES

BY JESSICA DAMBRUCH

George Seitz Elementary School was the site of seven accidents involving junior and senior high school students on the morning of Nov. 26. The good news: the emergencies were simulations designed to train kindergarten through sixth graders in Kwajalein's 4-H Club how to respond to common injuries and emergencies.

The 4-H Club and its training initiative represents the combined efforts of Allysse Struhs, CYSS Director, Rachel Horner, School Age Lead Instructor and Carmel Shearer, Assistant Chief of Training for Kwajalein Fire Department to meet student interests in a practical and fun way.

"Students in the SAC program told us that they wanted to learn more about how to help others in an emergency," said Struhs.

Supplies, time, resources and talents donated by volunteers from Kwajalein Jr./Sr. High School, Kwajalein Hospital, local EMS and members of the commu-

nity to complete a themed experience, entitled "Kid vs. Wild." Through October and November, students visited the fire station, learned skills in administering first aid, and participated in a Mock Trial.

During the event, students visited each of seven sites around the elementary school campus. Parents and EMS personnel guides at each scene used a script to prompt Club members to leverage appropriate action for each scenario. They assessed the cause of distress and worked through the processes of administering first aid, placing 911 calls via cell phone props, and stabilizing victims.

The young participants stayed "in the scene" to perform the action necessary to help scene actors portraying victims. The actors also took their roles seriously, feigning unconsciousness, answering questions about their pain levels.

"Can you tell me where you are?" asked one Club member of an unconscious skateboarder. "Are you with me?"

"Good!" encouraged an EMT presiding over the scene of a skateboarding injury. "Okay, check for signs of injury. What's

the first thing you're going to look for?"

"The EMS staff really enjoy working on this project," said Fire Chief John Finley. "Many of them are fathers, away from their families, and this gives them the chance to help kids that are the same age as their own dependents."

Asst. Fire Chief Carmel Shear agreed. "We go for realism," she said. With the help of high school volunteers, Caro syrup, face paint, and EMS training makeup materials, she created realistic burns, scrapes, and blood to simulate what children might see if they were to witness the aftermath of a playground accident.

"The training is invaluable," added Shear. "We bring in much of the same equipment and materials and set up training just like we do for EMS personnel. Earlier during the month the kids visited the station to train to take 911 calls, also."

"We want them to understand what to do when these very realistic accidents happen," said Horner.

"We want them to be aware of what can happen, and how to help."



U.S. Army photos by Jessica Dambruch

CLOCKWISE: ABOVE, Marina Dethlefsen and Aryannah Struhs both train to use an EpiPen with scene actor Megan Sok as she simulates anaphylactic shock; **TOP RIGHT:** Jaycee Reed acts as a bike accident victim suffering from road rash; **MIDDLE RIGHT,** Julian Beguhn, and Mason Finley practice placing a 911 call to aid actress Sarah Sok suffering from a glue gun burn; **BOTTOM RIGHT:** Carmen Beguhn and Maliana McCollum assist unresponsive patient Penny Reed victim with a simulated head and neck injury in a skateboarding accident scenario. Beguhn and McCollum work to immobilize Reed for a back board.

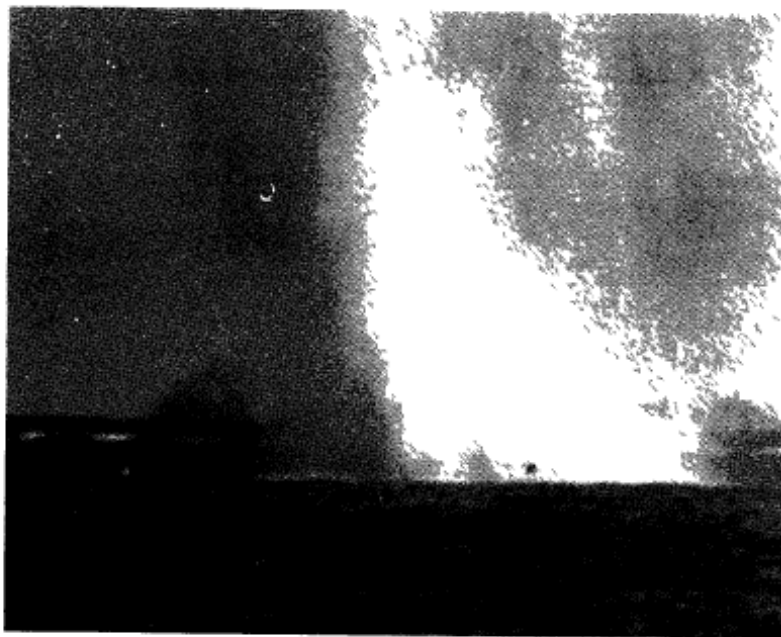


THIS WEEK IN KWAJALEIN HOURGLASS HISTORY



THE KWAJALEIN HOURGLASS

Tuesday
December 1, 1992



An underwater detonation off Roi-Namur produces a water plume over 100 feet high
(Photo by Don Benz)

Navy EOD team destroys warhead

Contributed by Jon Dambruch, DynCorp
EOD Specialist

When residents on Roi-Namur came to work on October 27, they found warning notices posted on entrance ways to offices, the dining room, gym, and Gumbels. The warning issued by the USAKA Safety Office stated that EOD operations would be conducted on October 27, 1992.

Origin of the warhead is still somewhat of a mystery. Over the years many speculated that the item was a torpedo warhead because there was a torpedo warhead storage facility on Roi-Namur that was destroyed during the war.

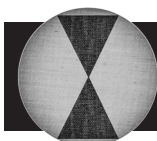
U S Navy and USAKA EOD specialists researched technical manuals designed to positively identify known military ordnance. They collected information from the warhead including its general shape, diameter, presence or lack of distinguishing features like bomb rack lugs, fins, fuses or rotating bands.

An exhaustive review concluded that this item was not a bomb, rocket, missile, or mine. It was too big for a projectile and too small to be a tor-

pedo warhead. The only item which matched known identification features to the item on Roi was the Japanese 32 centimeter Spigot-type mortar warhead. Mortars of this type were used during World War II to destroy landing craft before they could land on the beach.

Navy and USAKA EOD specialists worked together and successfully detonated the warhead at 5 p.m. on October 27 during high tide. A counter charge was prepared and connected with an explosive communication link called detonating cord which explodes at 25,000 feet per second. The charge was initiated using a time fuse. AM-PRO security ensured all unauthorized personnel remained outside the declared exclusion area while the EOD members stayed under cover after initiating the demolition shot.

Outside the exclusion area those who viewed the underwater detonation were awed at the ground shock wave and the water plume over 100 feet high. The blast carved out a crater 12 feet in diameter and six feet deep into the sand and coral bottom.



ARMY DIGITAL PHOTOGRAPHY CONTEST CALLS FOR SUBMISSIONS

EXTERNAL REPORT

By Jessica Ryan
U.S. Army Installation Management Command

The Army is hosting its annual Digital Photography Contest to showcase the creative and artistic talents of the military community.

The contest, ran by U.S. Army Installation Management Command's G9 Family and Morale, Welfare and Recreation Directorate, is open to active-duty military members and MWR authorized patrons including families, retirees and Department of the Army civilians.

Contest entries will be accepted from Dec. 1, 2016 through Jan. 31, 2017.

According to the website, the contest encourages novices and accomplished photographers to "capture their favorite views, moments and adventures from all across the world."

Participants can submit photos for the following categories: Animals, Design Elements, Digital Darkroom, Military Life, Nature and Landscapes, People and Still Life. Participants may enter up to three photos per category at the garrison level. All categories include monochrome and color photographs, according to the contest rules.

Prizes are \$300 for first place, \$200 for second place and \$100 for third place.

In 2015, there were over 2,500 entries in the Army Digital Photography

Contest. The entries represented 58 installations and included contestants from the Army National Guard, Army Reserve and non-Army installations.

Participants may submit their entries online at the contest website. For garrison-specific instructions and additional information, participants should contact a representative at their garrison's Army and Crafts center. Garrison information is located at: <http://www.armymwr.com/recreation/artsandcrafts/locatefacility.aspx>. For more information about the Army Digital Photography Contest, visit <http://www.armymwr.com/digital-photo.aspx>.



📷 U.S. Army photo by Kimberly Kendall

Military family member Kimberly Kendall, representing U.S. Army Garrison Wiesbaden, Germany, wins first place in the nature and landscapes category, other eligible patrons division, of the 2015 Army Digital Photography Contest with "Karakul Lake."

HERO OF THE WEEK

BY CARI DELLINGER

USAG-KA's Hero of the week is AAFES Store Associate Clorina Laik. If you're a regular shopper at the PXtra or Shop-pette, Clorina has likely assisted you with purchases and provided courteous service during your visit. Clorina has a calming and amiable disposition which is especially appreciated during the busy holiday shopping season.

When asked to describe the best part of her job, Clorina says she enjoys providing personalized customer service and helping people. She enjoys getting to know customers and welcomes questions about the Marshallese language. Next time you're in line and want to improve your Marshallese, Clorina is more than happy to help. Clorina has worked on Kwajalein since 2006, first providing administrative support for Public Works, and has been employed by AAFES since 2014. Clorina lives on Ebeye with her six children (three boys and three girls) and in her free time, she is active at her church and spends time with family.



U.S. Army Photos by Cari Dellinger

POWER OUTAGE SCHEDULED

The following facilities will experience a momentary power outage at 1 p.m. on Dec. 4 as technicians switch feeders.

101 - High School Drama Storage
132 - Sewage Lift Station
230 - Sewage Lift Station
357 - Environmental & Dental Clinic
361 - Kwajalein Jr. - Sr. High School
363 - Corlett Recreation Center
364 - Sewage Lift Station
365 - Community Activities Center

1708 - Low voltage panel serving MDA Dome
1721 - Super Radot Station
1724 - Camera Station BC-4
1740 - Ivy Gym
1881 - Kayak Shack
1890 - Namo Weto Youth Center

Qtrs. 150 - 164; 101, 103, 105, 106, 223, 225, 229; Qtrs. 203, 205, 207, 211, 215, 217, 219, 228; Qtrs. 116-A thru 116-F; 121-A thru 121-F; 138-A thru 138-F; 139-A - 139-D; Qtrs. 122-A - 122-F; 127-A - 127-F; 136-A - 136-F; 137-A - 137-F; Qtrs. 128-A thru 128-F; Qtrs. 133A - 133F; 134A - 134F; 135A - 135F;

Qtrs. 185 thru 192; Qtrs. 126A thru 126E; 131A thru 131E; Qtrs. 177 thru 184; Qtrs. 118A - 118F; 120A - 120E; 123A - 123F; Qtrs. 124A - 124F; 129A - 129E; 125A - 125E; Qtrs. 112A - 112F; 114A - 114E; 117A - 117F; 119A - 119E
Qtrs. 165 thru 174 & 176.



MICRONESIAN SHOP HOLIDAY HOURS

The Yokwe Yuk Women's Club Micronesian Shop will be open on the following dates in December:

Mondays & Wednesdays: 11 a.m.-2 p.m.
Tuesdays & Thursdays: 5-7 p.m.
Fridays: 4-6 p.m. (5-7 p.m. on Dec. 23)

Join us right after the Tree Lighting Ceremony Sat., Dec. 3 for light refreshments while you shop! For questions, call the Mic Shop at 5-5023.

*Visit with
Santa
Sunday,
December 4
11:30am - 1:30pm
Grace Sherwood Library*



Enjoy a visit with Santa, holiday crafts and more!
Parents, please bring your own camera.
For questions, contact Community Activities 5-3331



Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook. For command information questions, please contact USAG-KA Public Affairs at 54848 or via Facebook.

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER TRENDS: We experienced a few days of dry east-northeasterly trade winds this past weekend. Now the Inter-tropical Convergence Zone (ITCZ) has re-emerged within the mid-RMI region. This puts Kwajalein Atoll on the northern edge resulting in scattered showers for the southern atoll, but mostly dry condition in the northern atoll. We are expecting a repeat of this scenario.

Widely scattered showers will remain in the southern atoll area into Friday. Then a surge in the NE trade winds develops for the weekend forcing the ITCZ southward in our area. Wind speeds could be near 20 knots sustained. Just a few isolated showers will appear on the weather radar during the weekend with mostly dry conditions experienced across the atoll. Ocean wave heights will increase accordingly. The trade wind surge subsides Tuesday and Wednesday next week and the ITCZ move a little northward again. This will bring back widely scattered showers, mostly to the southern atoll.

CAUTION-OUTLOOK: The month of November ends with 14.16" of rainfall being 3.09" above average. This leaves us about 10% below normal for the year after the El Nino related drought for the first 6 months. La Nina like conditions now exist which is typically wetter climate for us, and which we experience. However, La Nina will be fading soon and which means a trend to average shower activity for December thru February.

WITH GREAT CORAL COMES GREAT RESPONSIBILITY

Corals present within Kwajalein Atoll are protected by U.S. and RMI laws. Removing live coral from reef areas violates host nation laws. Help preserve the reef environment by not stepping onto live coral growth areas. Treat all underwater habitats and coral reefs with care by not damaging or disturbing them.

Water: Our Most Valuable Resource

Test Your Water Sense! Which of the Following Uses Less Water?

A) Washing dishes under a running tap. ; B) Washing dishes in a fully loaded automatic dishwasher without pre-rinsing.

The Answer is: B! To waste the least amount of water in the kitchen, operate your automatic dishwasher only when it's fully loaded. If you don't have an automatic dishwasher, filling the sink or a basin instead of running water can save an average of 2.5 gallons.

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S HOTLINE AT 51098 TODAY!



SHARP
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

Capt. David Rice
SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 3565
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247



	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:50 a.m. 6:29 p.m.	10:19 a.m. 10:21 p.m.	6:33 a.m. 3.1' 6:44 p.m. 4.0'	12:36 a.m. -0.2' 12:22 p.m. 0.2'
MONDAY	6:50 a.m. 6:29 p.m.	11:07 a.m. 11:12 p.m.	7:14 a.m. 2.9' 7:26 p.m. 3.7'	1:15 a.m. 0.1' 1:01 p.m. 0.5'
TUESDAY	6:51 a.m. 6:29 p.m.	11:54 a.m. -----	8:07 a.m. 2.8' 8:20 p.m. 3.4'	2:03 a.m. 0.3' 1:53 p.m. 0.8'
WEDNESDAY	6:51 a.m. 6:30 p.m.	12:40 p.m. 12:03 a.m.	9:22 a.m. 2.6' 9:36 p.m. 3.1'	3:05 a.m. 0.5' 3:10 p.m. 1.1'
THURSDAY	6:52 a.m. 6:30 p.m.	1:27 p.m. 12:55 a.m.	10:59 a.m. 2.8' 11:11 p.m. 3.1'	4:26 a.m. 0.6' 4:58 p.m. 1.1'
FRIDAY	6:52 a.m. 6:30 p.m.	2:14 p.m. 1:48 a.m.	12:24 p.m. 3.2' -----	5:50 a.m. 0.5' 6:34 p.m. 0.8'
DECEMBER 10	6:53 a.m. 6:31 p.m.	3:04 p.m. 2:42 a.m.	12:37 a.m. 3.2' 1:27 p.m. 3.7'	6:58 a.m. 0.2' 7:43 p.m. 0.3'

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF Nov. 29

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	December 10
Roasted Chicken	Sauteed Boneless Chicken	Sweet & Sour Pork	Beef Stroganoff	BBQ Pulled Pork Sandwich	Coconut Chicken Breast	Italian Sausage Sandwich
Baked Ziti w/Sausage	Breakfast Pizza	Chicken Chop Suey	Chicken Caesar Wrap	Chicken Bechamel	Fish Du Jour	Spaghetti Alla Caprese
Eggs Benedict	Herb Roasted Potatoes	Fried Rice	Parslied Noodles	Roasted Potatoes	Roasted Potatoes	Garlic Bread

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	December 10
French Dip Sandwich	Taco Bar	BBQ Chicken	Steak Night	Huli Huli Chicken	Hamburger Steak	Herb Baked Chicken
Kwaj Fried Chicken	Refried Beans	Three Bean Chili	Crispy Garlic Chicken	Chef's Choice Entree	Mediterranean Chicken	Shepherd's Pie
Garlic Mashed Potatoes	Spanish Rice	Onion Rings	Baked Potato	Au Gratin Potatoes	Parslied Potatoes	Three Cheese Macaroni

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

COMMUNITY NOTICES

Live Christmas trees still available for pre-purchase. Stop by High School office during normal work hours. Questions? Call 5-2011.

Artists and Crafters! If you have a creative talent that you are interested in teaching in an art or crafts class please contact the Art Guild at kwajartguild@gmail.com and share your name, what you would like to teach and the easiest way to communicate with you; (email, phone, FB messenger).

Kwajalein Hospital announces Urgent Care Fridays. Starting Fri., Nov. 18, walk-in, sick-call and same day appointments for primarily critical care issues will be accepted each Friday from 8:15 a.m. - 4:30 p.m. Questions, please call 5-2224 or 5-2223.

Package Delivery Service. Automotive services is pleased to offer a package delivery service at the Post Office beginning Dec. 1 and ending Dec. 23. A delivery sled and elves will be available during all package window hours of operation. Take your boxes to the van, count them with driver, provide your quarters number and we'll do the rest. Someone must be home to sign for and accept the package delivery.

2017 Golf Greens Fees and Locker Registration. Dec. 1 - Dec. 31. Annual and Bi-Annual greens fees and locker registration now available for the golf course. Sign up now to ensure you will be golfing in 2017! For questions or registration information, please call Derek Finch at 5-1275.

Kwaj Pallet Holiday Tree Judging. Dec. 3-10. Take a tour of the island and vote online for your favorite tree at <https://www.surveymonkey.com/r/636QD9R>.

The Family Pool will be closed on Sat., Dec. 3 for the Annual Christmas Tree Lighting.

49th Annual Santa Parade; Kwajalein Tree Lighting, Dec. 3. 'Suite' live performance. Join us for an enjoyable evening downtown for a night of events. Food and treats will be available for sale. 5:45 p.m., Santa arrives, Atoll Terminal; 5:45 p.m., Santa parade to downtown; 6 p.m., Tree Lighting Ceremony; 7 p.m. Light the Tree!; 7:15 p.m.; Downtown Festivities; 7:15 p.m. 'Suite' live! (Band sponsored by Quality of Life).

The Vets Hall will be closed Sat., Dec. 3, in support of the Tree Lighting. Be sure to join us Sun., Dec. 4, and enjoy the fabulous sounds of 'Suite'. Doors open 7 p.m. show starts 8 p.m. Questions, call Jan Abrams 5-2112.

Girl Scout Food Drive for Carlson Island. Please visit the Girl Scout table at the Kwajalein Tree Lighting on Dec. 3 to drop off your canned food donation. The items will be included in a special holiday delivery to the ten families living on Carlson Island. Check out our Facebook page for more information! POC: Carrie Aljure, 5-1897.

Grace Sherwood Library—Selfies With Santa. Dec. 4, 11:30 a.m.-1:30 p.m. Enjoy a visit with Santa, holiday crafts and more! Parents, please bring your cameras. For questions, contact Community Activities at 5-3331.

Christian Women's Fellowship and Annual Ornament Exchange. Bring a wrapped Christmas ornament and join us for our monthly luncheon Sun., Dec. 4, at 12:30 in the REB (Building 671).

Kwajalein Running Club's 5th Monthly Fun Run for the 2016/17 season will be Mon., Dec. 5 at 5:30 p.m. The public, visitors, kids and walkers are welcome. Distance options for Mon. are 1/2 mile, 2 miles and 5 miles. Just show up near the Bowling Alley entrance. In the minutes before the run starts, we will vote on the nominated slate of Club Officers for 2016/17. Questions? Call Bob & Jane H:5-1815 or Ben & Linn H:5-1990

Operation Deck the Halls. Roi Outrigger, Dec. 7. The entire community is welcome to decorate the Outrigger for our Christmas party!

Mic Shop Special Openings. Dec. 9, 4-6 p.m., Dec. 16, 4-6 p.m., Dec 23, 5-7 p.m. Please join us on Dec. 3rd after the

tree lighting ceremony for light snacks while you shop!

Bargain Bazaar Annual Holiday Toy Drive. Now through Dec. 12. Accepting new and gently used children's toys. Drop box locations are high school office, Mic Shop, Beauty Salon, Dive & Bike Shop, KRS Financ Bldg. 702 or donate from home Mondays, 9-11 a.m. For more information contact Shelly Day at 5-2680, or Alexie Mcelhoe at 5-2630.

Kwajalein Running Club's 35th Annual Paupers' Marathon & Relay. Mon., Dec 12. Runners can enter solo (run all 26.2 miles) or as teams of between 2 and 10 members. Teams are formed ahead of time by participants. To register, contact Bob and Jane Sholar at 5-1815 by Sat., Dec. 10.

For Kwajalein Hospital PCS Finance clearance, PSCing personnel should make an appointment one week prior to your PCS date by calling extension 5-2220. POC is Barbara Brigham.

Light Up the Night! Decorate your house for holidays and enter to win cash prizes! Here's how: Call Community Activities at 5-3331 to enter your Quarters. Last day to enter is Fri., Dec. 9. Decorate your quarters to be visible from the outside. Winners will be announced the following week. Cash prizes will be awarded!

Light Up The Night Tours. Sat., Dec. 10, 6:30-9:30 p.m. High School MP Room. Come enjoy an evening of fun accompanied by food and snacks. There will also be crafts and goodie bags! Voting for houses takes place this evening. Fun for the whole family! Sponsored by Quality of Life in conjunction with Community Activities, National Honor Society, Student Council and Spartan Espresso.

Roi Island Christmas Party Potluck. Dec. 11 at the Outrigger. Bring a dish to share!

Hobby Shop Holiday Open House. Dec. 14, 6-8 p.m. Please join us for an evening of fun, food and holiday cheer. Come see how we can help you bring out your creative side! Everyone on the island is welcome! Questions? Call 5-1700.

School Advisory Council (SAC) Public Meeting. 7 p.m., Wed., Dec. 14 at the Elementary School, Coconut Room # 29 Questions, please call 5-3601.

Roi Pallet Tree Judging. Dec. 17, 5:30 p.m. in front of AFFES on Roi. Vote online for the best tree!

Jingle Bell Fun Run. Dec. 17, 5:30 p.m. Emon Beach Main Pavilion. Bring your bells (limited bells and "jingles" also provided) and get jingled up before heading out for an easy 2-mile run through housing.

Scuba Santa Arrives at Emon Beach. Dec. 18, 6:30 p.m. Greet Santa as he arrives at Emon Beach!

Safely Speaking: Gloves can be dangerous if worn around rotating parts. With this type of equipment your hands can be pulled into the piece of machinery and severe injury or amputation can occur. When using rotating equipment keep in mind the type of work you are doing and recognize when a potential glove hazard exists.

E-Talk: Incandescent bulbs and halogen bulbs do not contain toxic materials can be thrown in the regular trash. Fluorescent tubes and compact fluorescent lamps (CFLs) are considered household hazardous waste because they contain mercury. Light-emitting diode (LED) bulbs contain phosphor powder. These types of tubes/lamps/bulbs can be turned-in to Self-Help and will be forwarded to HazWaste for proper disposal.

PASSPORTS ARE IN!

If you renewed/applied for passports, please stop by the USAG-KA HQ Bldg 730, Host Nations Office, Room 133, to claim passports, Tuesday to Saturdays, 7:30 a.m. to 4:30 p.m. Applicants must bring old passports at time of new passport pickup.

Café Roi

*MENU CURRENT AS OF Nov. 29

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	December 10
Sliced Roast Beef	Breaded Pork Chop	Assorted Pizzas	Meatball Sub	Fish Sandwich	Beef Tacos	Philly Cheese Steak Wrap
Eggs Benedict	Chicken Supreme	Baked Ziti	Bombay Chicken	Cottage Pie	Chicken Enchilada Casserole	Roasted Pork Loin
Sauteed Fish	Breakfast Frittata	Cheesy Garlic Bread	Vegetable Stir-Fry	Vegetable Quiche	Pinto Beans	Braised Red Cabbage

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	December 10
Pulled BBQ Pork	Roasted Chicken	Thai Beef w/Veggies	Grilled Steak	Roi Fried Chicken	Greek Herb Chicken	Sausage and Peppers
Chicken Florentine	Short Rib	Chicken in Peanut Sauce	Chicken Fajitas	Swedish Meatballs	Pastitsio	Chicken Alfredo
Pasta w/Veggies	Jardmiere	Tofu Stir-Fry	Baked Potatoes	Mashed Potatoes	Lentils	Pasta Provencal

USAG-KA SPORTS Volleyball

RESULTS LAST WEEK

NOVEMBER 29

Ohana Koa d. Freshmen	25-15/25-18
Posers d. Windcats	22-17/22-25/15-11
A Motley Crew d. Sets on the Beach	26-24/25-21
Dazed and Confused d. Wolf Pak	26-24/25-15

A LEAGUE RECORDS

	Win	Loss
Corder Pounder	1	5
Mon Kubok	1	5
That's What She Set	4	0
Spartans I	4	1

B LEAGUE RECORDS

	Win	Loss
Wolf Pak	2	4
A Motley Crew	5	1
Sets on the Beach	2	4
Sideout	2	3
Dazed and Confused	3	2

SCHOOL LEAGUE RECORDS

	Win	Loss
Posers	6	0
Wildcats	3	4
Ohana Koa	4	3
Freshmen	0	7
Nation White	2	3
Serve's Up	2	3
Attackers	5	0
Blacksmiths	1	4

LOCAL GLOBETROTTERS SHARE SMART HOLIDAY TRAVEL TIPS

COMMUNITY CONNECTION

The holiday season is in full swing and many island residents are gearing up to fly northeast for winter. Here are a few travel tips compiled from community members to help ensure happier days of traveling.

—Ensure you have the necessary travel documents including your travel orders and passport (don't forget to check the expiration). Consider registering with the State Department if traveling to a foreign country.

—Be sure to check the flight status before heading to the airport. Pack your carry on liquids in a quart size baggy that is easily accessible.

—Take screen snap shots of reservation

confirmations and itineraries so they will be available even if your device isn't online.

—Make sure to stay hydrated and avoid salt.

—Wash your hands often!

—Prior to leaving island, make sure to put your mail on hold and pay your phone bill.

—When traveling with kids, these tips might help you and everyone around you a little happier:

—Bring something to help the child clear their ears. This could be a bottle, pacifier, lollipop, or a balloon to try and blow-up.

—Have a stash of new toys that are not opened until you are on the plane. Pull

them out one at a time as a reward for good behavior—these could be surprise egg style or little presents. Stickers, small cars, plastic dinosaurs, small stuffed animals). One Mom suggested handing your little one wet wipes when first seated to “clean” the area—this might be good advice for everyone.

—Bring the items your child would need to be comfortable and possibly sleep during the flight.

—Pack a variety of snacks—especially those low on sugar and salt. Individual serving sizes or portions is snack sized zip locks will help reduce the potential for messes.

—Load a device with shows or apps and bring baby head phones.

SIMPLY SAFETY

How do you dispose of light bulbs/tubes?

Incandescent bulbs and halogen bulbs do not contain toxic materials can be thrown in the regular trash.

Fluorescent tubes and compact fluorescent lamps (CFLs) are considered household hazardous waste because they contain mercury. Light-emitting diode (LED) bulbs contain phosphor powder. These types of tubes/lamps/bulbs can be turned-in to Self-Help and will be forwarded to HazWaste for proper disposal. If you have questions, please call Environmental at 5-1134.

Halogen and incandescent bulbs are examples of light bulbs that do not contain Mercury.



CFLs, fluorescent tubes and LED bulbs are examples of light bulbs that contain Mercury.