

THE KWAJALEIN HOURGLASS



THIS WEEK

COMMANDER'S CORNER

LAUNCHES KWAJ HOLIDAY SEASON - P 2

VETERANS DAY PICS

FROM KWAJ COMMUNITY - P 4-5

TRUMP AND CLINTON

VISIT KWAJ IN MOCK ELECTION - P 8

Chugach Electric Lead Harold Pennamon supervises the move and installation of the water tower beacon on Nov. 5.

📷 Jessica Dambruch

COMMANDER'S CORNER

BY USAG-KA COMMANDER COL. MICHAEL LARSEN



Y"Yokwe" Team Kwajalein, I hope you all enjoyed some of the recent Halloween fun. Hard to believe it is already November, and the Christmas Season is just a few weeks away. I am looking forward to attending the Tree Lighting ceremony and the "Light Up The Night" event as well.

Before planning your Thanksgiving dinner or hanging Christmas decorations, I would submit that we take time to remember our service members of the past and present.

Each year on the eleventh day of the eleventh month, our nation recognizes its veterans. So few other countries place as much emphasis as the United States does, when it comes to paying tribute to their veterans. This becomes even more significant when

you consider that only 1% of our country's population has served during the Global War on Terror. I find it inspiring that so few can contribute to such a notable and complex cause. However, I do worry that in the future our country may discover a problem where our veterans and our overwhelming majority of the population are disconnected. I don't think that could ever be the case on Kwajalein and Roi. In my opinion, our unified effort towards the mission and the bond to veterans is too reverent.

I believe that to serve in our nation's military is one of the most worthy ways to contribute to our country's strength. Yet, I believe there are many ways to contribute and if you look to your left and right, you'll see that basically everyone on Kwaj and Roi play a part in our national security.

Not too many other Army installations in the world can make that claim. I consider it a privilege to wear the U.S. Army uniform, like my father did before me, and my wife's father did before her service in the U.S. Air Force. We have many veterans here on Kwajalein and Roi-Namur, and many of those are still serving in one way or another today. You will see some of them are profiled on our USAG-KA Facebook page, and in this issue of the Hourglass on pages 4-5. When you see them around the island, I would off that a simple "thanks" would make their day. Moreover, don't forget to reach out to the veterans in your own life back home.

On Thursday, CSM Rawlings and I visited with the

students at the Kwajalein Jr./Sr. High School for our bi-annual Teen Town Hall. The questions from our young citizens were inspiring and entertaining. It is always valuable to hear comments from a different perspective, and our Kwaj Kids certainly can provide that. Check out the Nov. 19th issue of The Hourglass for a rundown of that Town Hall session.

This weekend brings our much anticipated annual Marshallese Trade Fair at the CRC Gym. This is a great opportunity to help support some of our host nation neighbors and craftsmen, and to also execute some holiday gift shopping. For details about the Trade Fair Schedule and a list of featured items, see page 9 in this issue.

Take care, and thank you for your service to our nation every day.

I'll see you around the island!

Kommol Tata!
Col. Mike Larsen



www.army.mil/kwajalein

Check out USAG-KA's new website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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PRESIDENT OBAMA DECLARES NOVEMBER 2016 MILITARY FAMILY MONTH

EXTERNAL REPORT

By The President of the United States of America

A PROCLAMATION

For generations, brave Americans have stepped forward and answered our country's call to serve in our Armed Forces.

With honor and distinction, our Soldiers, Sailors, Airmen, Marines, and Coast Guardsmen fight to defend the principles upon which our Republic was founded so that we might live in a freer and more prosperous world.

Behind these courageous Americans stand spouses, children, and parents who give up precious time with their loved ones, bearing the burden of long deployments and difficult moves, and oftentimes putting their careers on hold. During Military Family Month, we salute the families of those who proudly are a part of our Nation's unbroken chain of patriots for their unwavering devotion, and we renew our sacred vow to uphold our promise to our troops, our veterans, and their families.

Our military would not be the greatest in the world without the strength and support of the loved ones who stand alongside our men and women in uniform. While our service members are fighting to secure the values we cherish and defend our homeland, their spouses keep their households running, sometimes through multiple deployments. Spouses of those in the military are often forced to relocate across our coun-

try or around the globe, leaving behind jobs they love and sometimes struggling to find new employment. They are our fellow citizens and neighbors; in their service to their families and their country, they represent the true strength of America.

Our Nation has a solemn obligation to support and care for the members of our military and their families — from their first day of training until they conclude their service — and my Administration has worked to ensure we uphold this promise. Through First Lady Michelle Obama and Dr. Jill Biden's Joining Forces initiative, we have worked with both the public and private sectors to ensure service members, veterans, and their families have the tools they need to succeed throughout their lives. Over the past 5 years, we have rallied businesses to hire more than 1.2 million veterans and military spouses.

Today, every single State has taken action to streamline professional licensing and credentialing processes so that military spouses can continue their work when they move across State lines without having to re-certify for a job they are already qualified for. We are also working to provide the resources military families need to start businesses and pursue an education, and we are helping teachers and schools support military children from kindergarten through college. By partnering with the private sector, we have also helped expand access to essential science, technology, engineering, and math courses so that 60,000 more military children can be college-ready and

prepared for 21st-century careers.

We must always be there for our service members and their families — just as they are there for us. Through the thickest of fights and the darkest of nights, our extraordinary military families — our heroes on the home front — stand alongside our patriots in uniform, and in their example we see the very best of our country's spirit. This month, let us thank them for their tremendous devotion to duty and for their unyielding sacrifice. Let us honor their resolve and patriotism and uphold our solemn responsibility to ensure the priorities of our Nation reflect the priorities of our military families.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2016 as Military Family Month.

I encourage all Americans to honor military families through private actions and public service for the tremendous contributions they make in support of our service members and our Nation.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-seventh day of October, in the year of our Lord two thousand sixteen, and of the Independence of the United States of America the two hundred and forty-first.

Barack Obama

KWAJALEIN RECLAIMED STANDARD WATER VIOLATION

HOURLASS REPORT

The Reclaimed Water Document of Environmental Protection (DEP) requires public notification when reclaimed water standards are violated. The reclaimed water system exceeded the turbidity limitation of 5 Nephelometric Turbidity Units (NTU), 5% of the time during a 24 hour period. Per monitoring requirements, the sample was collected at the reclaimed water system's point of entry via an on-line

turbidimeter.

During the late evening of October 28 and the early morning of October 29, the measured turbidity met or exceeded this 5 NTU limit. By 0700 hours on the morning of October 29 the turbidity levels had decreased below the limit. Turbidity is a measure of the cloudiness of a fluid caused by small individual particles. It is a key indicator of water quality, indicating the concentration of particulate mat-

ter in water. No other standards, such as bacteria levels, were exceeded during this event. No health-based restrictions on the normal use (irrigation, vehicle washing, etc.) of reclaimed (non-potable) water are necessary. Additionally, there was no threat to public health or the environment as a result of this turbidity exceedance.

If you have any questions, please call the environmental department 5-1134.

KWAJ THANKS VETERANS



Paul Nienow— Senior Chief Petty Officer (ETCS), Retired, Paul Nienow served in the U.S. Navy from 1991-2011.



Mr. Carroll Boswell— served as a Military Police officer in the U.S. Army from July 1980-July 2000. He retired at the rank of Staff Sergeant with 20 years of service.



Diana Aadland—Served in the U.S. Army from 1981-1986 as a SP4. This picture shows Aadland presenting a family friend with a posthumous Purple Heart Medal for her husband.



John L. Maxwell— Served in the U.S Army Reserve from 1985-86, and then joined the U.S. Navy to serve on Active Duty. He retired from the Navy in 2006 with 22 years of service, at the rank of Aviation Boat-swains Mate (Fuels) Senior Chief (E-8).



Jeanna Larsen—Served in the U.S. Air Force from 1993-1996.



MAJ Holly Maness— MAJ Holly Maness was commissioned in 2002 from University of Hawaii as an Engineer Officer. She is now a Northeast Asia Foreign Area Officer and the Director of Host Nation Activities at USAG-KA.



Ray Arsenault—Sergeant First Class, US Army (Retired), 1980-2001. Currently a pilot for Chugach.



Larry Diehl- Corporal, USMC
2001-2005.



Chuck Corway- Airman First Class, USAF
1985-86. Currently serves as a volunteer
in the U.S. Air Force Auxiliary, Civil
Air Patrol, where he holds the grade of
Lieutenant Colonel.



CW4 William Kilgore - Joined the Army on
April 1, 1992. Served as a paratrooper for
7 1/2 years, then transitioned into Army
Aviation. He flies the UH-60 Blackhawk Helicopters and LUH72 Lakota Helicopters.



MAJ Benjamin S. Walker- Commissioned
in the U.S. Army on July 31, 2003.
Currently assigned as the Operations
Chief for USAG-KA.



Sam Engelhard- Photo shows Engelhard
receiving his Submarine qualification "Dolphins."
Served on 2 submarines the USS
Ray and the Casimir Pulaski. Served from
10/81-10/87. Was a First class Machinist
Mate and Engineering Laboratory Technician
(Nuclear Chemist) (MML/SS/ELT).



Mike Sakaio- Staff Sgt. in the U.S. Air
Force (1984-1990). Earned the rank of
Lt. in the U.S. Coast Guard (1990-2004).
Retired with 20 years of service. He currently
works as Host Nation Specialist
for USAG-KA.



Col. Michael Larsen- Graduated from The
Citadel in 1992 and received a commission
in the U.S. Army. He is currently the commanding
officer of USAG-KA. To read his
full biography, go to www.army.mil/kwaja-lein.



Nikki L. Maxwell- Joined the U.S.
Navy in January 1993, and served on
Active Duty for 14 years. Maxwell's
Navy Rate was "Journalist," working
as a Public Affairs Specialist,
Newspaper Reporter/Editor, Broadcast
Journalist and Combat Camera
Correspondent. She achieved the rank of
Petty Officer First Class. She is
currently the USAG-KA PAO.

FINDING WELLNESS THROUGH GRATITUDE

HOURLASS REPORT

Round three of the Gratitude Challenge is here!

Dr. Robert Emmons, author of "Thanks! How Practicing Gratitude Can Make You Happier" brings on the challenge to inspire the community with positive acts of mindful kindness. The challenge continues this week with new activities!

Sunday, Day 15: Say "Hi" to everyone you meet on the street today and smile. Smiles are contagious, and living on an island the people we pass are likely already friends and neighbors. Be generous with your "thank you's."

Monday, Day 16: Vow to not complain, criticize, or gossip for a week. If you slip, rally your willpower and keep going. Notice how much energy you were spending on negative thoughts.

Tuesday, Day 17: Using the time it would have taken you to commute, make a list of all the things you don't miss from living stateside. Maybe the list starts with your commute?

Wednesday, Day 18: Sound genuinely happy to hear from the people who call you on the phone. Whether they respond with surprise or delight, they'll feel valued.

Thursday, Day 19: Pay it forward—think back about a time someone has done something for you, you really appreciated. Try to pay it forward to someone else today or let the original person know how grateful you were.

Friday, Day 20: Think about the things you take for granted on a daily basis, and then express gratitude for everything down to the basic necessities to the

luxuries that sustain your current life.

Saturday, Day 21: Send thank you notes to five people who deserve a little recognition.

If you've completed last week's challenge, great job! Invite a friend to participate with you this week in the Gratitude Challenge and spread the joy that comes with being thankful.

Have you experienced something positive as a result of the Gratitude Challenge? Share it with us!

Email the Kwajalein Hourglass at: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



CORAL RELOCATION MARKERS

Scuba divers, snorkelers and underwater enthusiasts, please be aware of coral within the Ski Boat area marked by colored ribbon and metal washers. These markers have been intentionally placed to track the success of coral relocation efforts from Echo Pier. Do not move or touch coral or markers in these areas.

RECOMPRESSION CHAMBER CLOSING

The Kwajalein recompression chamber will be unavailable from Nov. 10-16. During this period, recreational diving will be limited to a depth of 50 feet.

'DUELING PIANOS' ROCKS THE IVORIES

HOURLASS REPORT

Classy and sassy, Dueling Pianos, a piano rock group and variety show Florida, will play three local concerts this week. The group performed on Roi for Veterans Day.

Sponsored by the Armed Forces Entertainment, the trio is scheduled to delight audiences with a special adults only concert on Nov. 13 at the Kwajalein Jr./Sr. High School MP Room. The shows include rock and classical music favorites, comedy and a spectacular experience.

Dueling Pianos has something in its musical bag of tricks for everyone. As a group that has toured regularly with Armed Forces Entertainment, the trio also brings a sensitivity and respect for the Armed Forces and their families to their concerts.

The trio consists of Chris Combs, Katrina Marquardt and Katie Pinder Brown. Combs, a high-energy performer is known throughout the South Florida music festival and club scene, and has traveled with Dueling Pianos for 15 years.

Combs has performed at US military installations around the globe in loca-

tions such as Kuwait, Hawaii, Africa and Diego Garcia where the ensemble has delighted troops and families. He has over two decades of experience in performing musical genres of all types from the past 50 years and has performed with John Rzeznik and Cheap Trick.

Brown and Marquardt are talented vocalists and comedienne. Chicago-born Katy Marquardt is a musical comedian who has worked as the Musical Director for Second City's National Touring Company. She constantly travels and performs over 300 shows per year.

Brown, the "human jukebox" has performed with Holland America cruise lines, SeaWorld Orlando and Universal Studios. She has accompanied Celine Dione, Joey Fatone and Javier Colon and performed in musical theater in productions of "The Fantasticks," "The Sound of Music" and "Joseph and the Amazing Technicolor Dreamcoat."

In the true spirit of classic USO variety shows that toured through this region during WWII with luminaries such as Bob Hope, Dueling Pianos evoked laughs, awe, and applause from Roi and should delight Kwaj audiences this week.



Dining Menu For Kwajalein Concerts Family Night, Nov. 12, HS MP Room

Family Night \$6.00 per plate

Sliced meat wrapped in apple wood bacon and stuffed with lettuce, and a variety of cheeses (pepper Jack, provolone, mozzarella) drizzled in an accommodating sauce, (sweet balsamic, sweet onion, ranch) served with a garden salad and a dinner roll.

Adult Night, Nov. 13 HS MP Room

Adult Night \$8.00 per trip

Brisket sliders served with a variety of tasty sauces, southwest egg rolls, crab rangoon and salad served with dressing options

Cash bar will be available

HERO OF THE WEEK

BY CARI DELLINGER

If you're wondering what may be the best job on island, just ask Laura Alves, USAG-KA's Hero of the Week. She'll tell you it's working in the Kwajalein Hobby Shop, where she has worked for several years, most recently as a Hobby Shop Recreation Specialist.

"I love the creative part of my job and helping people tap into their imagination. Where else can you play and get dirty and create something uniquely your own?" says Alves. "You don't need to be a trained artist to be creative. I'm a self-taught artist and it's rewarding to watch adults and children move beyond any limitations or doubts, finish a project, and say 'Hey, I made that!'"

Laura has been instrumental in keeping the hobby shop organized and is quick to note she works with a talented

team that offers complementary skill-sets in pottery, ceramics and woodworking. Whether you need help with glazing, handbuilding, or are new to the hobby shop and need guidance getting started, there are staff eager to help.

Laura has lived on Kwajalein since 1989 aside from a four-year hiatus when her family moved to Colorado Springs from 2011-15. She found the transition to Colorado Springs an easy one but missed Kwajalein and its simplicity. In her free time, you'll likely find Laura in the hobby shop making her popular snoconut snowmen and fish sculptures, walking her dog Pike, or beachcombing. Laura and her husband Stephen recently celebrated 35 years of marriage and have three children: Sarah, Robby, and Julie, who grew up on Kwajalein.



U.S. Army photo by Cari Dellinger

CRAFT FAIR IS GATEWAY TO KWAJ ART SCENE

HOURLASS REPORT

Over twenty fine artists and local vendors exhibited their creations and accepted commissions at the Holiday Craft Fair, co-sponsored Nov. 7 by Community Activities and The Kwajalein Art Guild in the CRC.

Locally crafted Jewelry, baskets, holiday decorations, art supplies, pottery, woodcrafts, photographs of Kwaj, Roi and sea creatures and creations made from repurposed and found objects were only a few of the goods found for sale.

Merchandise from the Kwajalein Yacht Club as well as the Art Guild's much awaited 2017 Kwajalein calendar found its way home with avid shoppers and island arts patrons.

The Fair is an opportunity to purchase locally made gifts for the holidays and to support the creative process of local art-

ists. In addition to serving as a showcase for community crafters, it is also a major source of funding for the Kwajalein Art Guild's Scholarship; proceeds auctioned from vendor fair selections and community art courses fund the monetary gift annually awarded to a graduating senior planning a career in the liberal and fine arts.

The Guild is actively seeking suggestions and volunteers for new arts classes for the 2017. Interested creatives should email Jenny Schwartz, Kwaj's vet tech and KAG president. Schwartz hopes the Fair will help grow Kwaj's maker culture and encourage folks to work with media they have not tried before.

"We'd like to see an increase in the amount of handmade creations for sale," Schwartz said.



U.S. Army photo by Jessica Dembruch

Evelyn Smith displays her diverse inventory of clay-craft for sale at the 2016 Holiday Craft Fair Nov. 7.

EOD UXO DISPOSAL OPERATION SCHEDULED FOR NOV. 24

EOD will conduct disposal operations at UXO Disposal Site "Shark Pit" from approximately 12:30 p.m. to 2:30 p.m. Nov. 24.

Access to area will be restricted to authorized personnel until operations are complete.



TRUMP AND CLINTON VISIT KWAJ HIGH SCHOOL

BY COLLEEN FURGESON

On Nov. 2 in the MP Room the Kwajalein Jr./Sr. High School held a mock election. A mock election is an educational event that teaches young students to become informed voters. Mr. Fullerton, social studies teacher at Kwaj High School, has done this project for the past four elections. Various student committees help him with advertising, the production of political buttons, facts about the candidates, and sources to seek out credible and reliable information.

Chelsea Engelhard was the mistress of ceremonies who pumped up the crowd and introduced entertainment acts and candidates.

To start the event, Reika Samuel and Jensyn Cole read essays, written in Ms. Newberry's English class, entitled "Letters to the Future President." Samuel's letter dealt with her suggestions regarding how to improve the curricula of nation's high schools. Cole's letter informed the president about her concerns regarding climate change in the world, specifically its effects on the Marshall Islands. Next, one group of students and one group of teachers had a lip-sync battle. The teachers sang the song, "Proud Mary" and the students sang the song, "Honey Bun."

Finally, the two primary candidates of the United States entered the room. Donald Trump walked down the aisle and Hillary Clinton followed, each with their respective secret service agents. The crowd went wild waving flags, shaking the candidate's hands. Trump and Clinton gave speeches as to why people should vote for them. Once the election was over, the two candidates stood by the door and shook people's hands as they left the room. Students from the high school had to register to vote prior to the election. Later that day, students voted and Mr. Fullerton, along with a few students, counted the votes.

Students and teachers in schools across the United States and on American military bases participate in the national mock election event. On Kwajalein it was a huge success. Not only did the students have a good time, but it was a great learning opportunity.

Mr. Fullerton ended everything on an excellent note:

"An event like this isn't possible without the help and cooperation of the entire staff and administration. And then, of course, there are the students who take on all the various committee responsibilities, provide fun entertainment, and take on the main roles of the candidates and their secret service entourage. It is my hope that student participation in this activity will lead them to be politically involved – and vote – in the future."



U.S. Army photos by Colleen Furgeson

Kwajalein Jr./Sr. High School

Hillary Clinton: 72 votes-62%
 Donald Trump: 23 votes-19.8%
 Jill Stein: 6 votes-5.2%
 Gary Johnson: 15 votes-13%

National Student/Parent Mock Election

Hillary Clinton: 317 votes
 Donald Trump: 221 votes

National Results

Hillary Clinton: 47.67% of 125.3M votes counted
 Donald Trump: 47.5% of 125.3M votes counted

TOP: Hillary Clinton enters the MP room trailed by Special Agent Ian Galbraith.; MIDDLE: Teachers rock out and provide the entertainment for the Mock Election. BOTTOM: The candidates for American presidency, Donald Trump (Matt Nash) and Hillary Clinton (Megan Sok) gave speeches to gathered students and teachers.

Marshallese Trade Fair

13th Annual



SUNDAY, NOV. 13 (3-7 PM) ~ MONDAY, NOV. 14 (9 AM - 2 PM)
At The CRC (GYM)



(CASH SALES ONLY)

MARSHALLESE HANDICRAFTS ~ FRESH FISH & PRODUCE ~
HOME DECOR ITEMS ~ COOKED FOODS ~ COCONUT OILS & MORE!



(CASH SALES ONLY)



Kwajalein Range Services wants your feedback on how the garrison's Community Services programs are going. Take part in ongoing surveys to voice your opinion on everything from the Kwajalein Hourglass and Mongolian Night at Café Roi, to the Hobby Shop and the Self Help shops. Click on the "We Want Your Feedback" icon on the USAG-KA-Web Intranet home page and type away.

Q. Why is there a frequent shortage of items in Surfway?

A. Last month we experienced a shortage in produce and dairy. There are many factors that impacted this; however, we are working to proactively address your concerns. We are in the process of reviewing our existing inventory levels, to include those items that are purchased more/less frequently.

Q. What can be done about congestion at Ivey Gym?

A. The Ivey Gym is designed for individual use; however, working out with friends is allowed if gym etiquette is observed. This includes sharing the machines, wiping down equipment when finished and no outside music. Room 7 in the CRC is set up to accommodate group fitness, including TRX, aerobics and PiYo.

Q. Is the wide variety of target audiences taken into account when selecting articles for the Kwajalein Hourglass?

A. As an Army IMCOM publication, it's appropriate to include the many different "flavors" of content that go into each issue in an attempt to capture the diverse community and rich history of the place we live.

Q. What avenues are used to distribute the TV listings?

A. Community Services is tracking the average volume taken from each location and adjustments are being made based on that data. Additionally, all movie and TV listings can be found on www.myafn.net. The PAO Nikki Maxwell has also begun publishing the guide along with the electronic copy of the Hourglass each week.

Q. Why are C-badge holders provided with free meals?

A. C-badge workers are allowed access to the Kwajalein and Roi dining facilities at any time, however, they must pay cash if they don't have a meal card like the C-badge workers that live on island.

Certain C-badge holders are authorized meal cards in accordance USAG-KA regulations and KRS procedures.

Q. How often are fly sticks and trap bags emptied around the island?

A. Based on identified hot-spots and historical breeding cycles, these countermeasures are set strategically around the island. The "fly sticks" are replaced weekly and the "trap bags" twice per week in the areas designated as hot-

spots; otherwise, it's a weekly replacement cycle. These bags can hold up to two thousand flies.

Q. Can something be done to improve the availability of food items in the dining facility (for example, replenishing the fruit trays on a continuous basis)?

A. Additional staff have been added to the morning shift in order to have one staff member stationed by the salad bar at all times to ensure items are replaced and kept full as required. We have a runner whose job it is to bring additional product from the kitchen to the service area as needed rather than remove the staff member stationed out front for this.

Thank you for your feedback!



Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook page.

For command information questions, please contact USAG-KA Public Affairs at 54848 or via Facebook at web address below.

www.facebook.com/usarmykwajaleinatoll

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER TRENDS: Thursday morning the Joint Typhoon Warning Center (JTWC) started monitoring any area of convective activity labeled INVEST 96W that was located near 10.4N 171.5E, or 185nm ENE (060) from Kwajalein Island. INVEST area triggers the production of specialized satellite and numerical model products for further monitoring. An INVEST area does not correspond to any particular likelihood of the system developing into a tropical cyclone.

By Friday morning the INVEST 96W disturbance will be located about 200nm WNW of Kwajalein. We expect the Thursday night shower activity to be coming to an end mid-morning Friday. The northern portion of the atoll will experience more showers and risk of thunderstorms compared to the southern atoll. Winds will be becoming southeasterly Friday with showers with conditions generally improving through the day.

The Intertropical Convergence Zone (ITCZ) is trending to strengthen over the middle RMI region during the weekend. This means Majuro, Ailinglaplap, and Julluit atolls will be seeing more rain activity again while Kwajalein is on the northern periphery of enhanced rain Sunday and Monday. The ITCZ is to remain around 6N latitude through next week keeping Kwajalein in ENE trade winds and heavier rain to our south. This generally means quick passing showers and generally sunnier conditions.

CAUTION-OUTLOOK: Longer term outlook we are expecting a phenomena known as the Madden Julian Oscillation to pass across the tropical pacific during the next 15-30 days. This phenomena generally weakens the easterly trade winds, even possible causing westerly winds, and increases the rainfall threat. This phenomena along with an establishing weak La Nina leads trends to above average precipitation into December.

Recommended Holiday Shipping and Ordering Dates		
Military Mail Addressed To/From	1st Class Mail Letters and Postcards	Priority Mail
MPS/USPS Recommendation	DECEMBER 09	
Local Recommendation for shipping off-island	NOVEMBER 30	
Local Recommendation for ordering from off-island	NOVEMBER 30	

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA
COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S
HOTLINE AT 51098 TODAY!



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

Capt. David Rice
SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 3565
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247



	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:41 a.m. 6:25 p.m.	5:18 p.m. 4:57 a.m.	2:55 a.m. 4.2' 3:20 p.m. 4.9'	9:03 a.m. -0.8' 9:35 p.m. -0.8'
MONDAY	6:41 a.m. 6:25 p.m.	6:13 p.m. 5:57 a.m.	3:38 a.m. 4.4' 3:59 p.m. 5.2'	9:41 a.m. -1.0' 10:17 p.m. -1.1'
TUESDAY	6:42 a.m. 6:25 p.m.	7:11 p.m. 6:59 a.m.	4:19 a.m. 4.4' 4:38 p.m. 5.3'	10:20 a.m. -1.0' 10:59 p.m. -1.1'
WEDNESDAY	6:42 a.m. 6:25 p.m.	8:11 p.m. 8:02 a.m.	5:00 a.m. 4.2' 5:18 p.m. 5.2'	10:58 a.m. -0.9' 11:41 p.m. -1.0'
THURSDAY	6:43 a.m. 6:25 p.m.	9:12 p.m. 9:05 a.m.	5:41 a.m. 3.9' 5:58 p.m. 4.9'	11:36 a.m. -0.6' -----
FRIDAY	6:43 a.m. 6:26 p.m.	10:11 p.m. 10:05 a.m.	6:24 a.m. 3.5' 6:39 p.m. 4.5'	12:25 a.m. -0.6' 12:15 p.m. -0.2'
NOVEMBER 19	6:43 a.m. 6:26 p.m.	11:08 p.m. 11:02 a.m.	7:09 a.m. 3.1' 7:24 p.m. 4.0'	1:11 a.m. -0.2' 12:57 p.m. 0.3'

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF Nov. 8

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	November 19
Baked Chicken w/Gravy	Grilled Turkey Reuben	Grilled Chicken Breast	Grilled Cheese Sandwich	Beef or Chicken Tacos	Garlic Cheddar Chicken	Chicken Alfredo
Beef Pastitsio	Sweet & Spicy Meatballs	Chef's Choice Entree	Sausage & Peppers	Black Beans	Fish Du Jour	Baked Ravioli
Vegetable Frittata	French Toast Casserole	Mac & Cheese	Chef's Choice Entree	Mexican Rice	Rice Pilaf	Pasta Aglio e Olio

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	November 19
Old Fashioned Pot Roast	Kwaj Fried Chicken	Pancake Supper	Steak Night	Pork Pot Roast	Hamburger Bonanza	Beef Pad Thai
Fish Du Jour	Meatloaf w/Gravy	Hawaiian Ham Steak	Roasted Chicken	Chicken Veggie Stir-Fry	Chicken Marsala	General Tso's Chicken
Boiled Potatoes	Mashed Potatoes	Brown Rice	Baked Potato	Roasted Potatoes	Onion Rings	Chef's Choice Veggies

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

Job Opportunity at KRS. Position: KRS – Technical Writer II (Full-time). Education: High School Diploma or equivalent. Experience: Minimum of 2 years of progressive Technical Writer experience or related field. Qualification: Experience with process facilitator /documentation administrator or related to IT or Cybersecurity. Ability to obtain CAC Card & Network Access. Please submit your application to the HR Office, Bldg. 700.

Job Opportunity at RTS Weather Station. Position: Administrative Assistant (Full-time). Education: High School Diploma or Equivalent. Experience: 2 years administrative experience. US Citizen/Permanent Resident Card required. This is an on-island position with no health/travel benefits. Vacation is accrued per company policy. For full details and to apply see <http://www.aq-ast.com/careers>. Job ID: 446641.

FOR SALE

Handcrafted twin pedestal bedframe and men's Kwaj-condition green adult cruiser bike with large rear basket for sale. Available at Shell 205. Contact 54553 with questions or leave a message.

COMMUNITY NOTICES

The Kwajalein recompression chamber will be unavailable from Nov. 10-16. During this period, recreational diving will be limited to a depth of 50 feet.

Turkey Bowl. Sat., Nov. 12, 6 p.m. – 9:30 p.m. Come out and show your bowling skills by getting a "turkey!" \$2 for shoes, \$2 per game. Adults Only Please.

Planning a holiday party this year? Think you might need tents, tables, or chairs? Contact Community Activities to complete your reservations now and ensure equipment availability. Reservations are already completely booked for a number of dates.. Questions? Contact the Community Activities Office at 5-3331.

The Kwajalein Yacht Club Open Music Jam will be held at Residence #241. Sun., Nov. 13 from 6 p.m. to 10:30 p.m. The event is open to everyone! Bring your chair and cooler to enjoy an ocean side evening of music and fun. Contact Tim Roberge if you are interested in playing or singing.

The Family Pool will be closed on Monday, Nov. 14 until 2:30 p.m. for the KST Swim Meet.

The Kwaj Art Guild is reaching out to the community for any artist or craft person that is interested in teaching an art or craft class. If you have a creative talent that you're interested in teaching please contact the Art Guild at kwajartguild@gmail.com and share with us what you would like to teach, provide your name, and the easiest way to communicate with you; (email, phone, FB messenger).

Kwajalein Running Club's 2016 "Turkey Trot" 2-mile prediction run will be Mon., Nov. 14 at 5:30 p.m. The public, visitors and walkers are welcome. Just show up by 5:15 p.m. at Emon Pavilion 3 to fill out and submit a time prediction chit before the event. Please leave watches and electronics at home. Three imported frozen turkeys will be presented to the best predictors. Speed does not matter; just accuracy. Questions? Call Bob & Jane H:5-1815 or Linn & Ben H:5-1990.

School Advisory Council (SAC) Public Meeting. Weds., Nov. 16 at 7 p.m. Elementary School, Coconut Room 29. Questions, please call 5-3601.

Please join us for at 7:30 p.m. for Quiz-zo at the Vet's All Fri., Nov. 18. Special guest host Dan Fitzpatrick will try to stump us with his trivia! Questions? Contact Neil Dye or Jan Abrams.

Turkey Scramble. Sun., Nov. 20, 11:30 a.m. sign-in, start time at noon. Select and mark clubs 3 person teams, 3 clubs per player, 3 different formats (FL Drop Out, Better Ball and Scramble). \$30 KGA members, \$33 non-members. Nine holes, beverages on the course, food, prizes and awards. Mulligan sales \$3 used for redo (anywhere) or to borrow a club. Find a turkey win a prize, closest to the turkey prize (you know that can't be a good spot). Email your team or contact information if you are looking for a team to carm1022@yahoo.com.

Wood Shop & Hobby Shop Membership. Now through Nov. 19 at the Hobby Shop. Six month membership and renewals can be paid at the Hobby Shop. Individual and family plans available. This affords unlimited access during regular hours and a cubby for storage. If you have a cubby and do not intend to renew membership, please clean out your space before Nov. 19. For questions, call 5-1700.

Kwajalein Yacht Club's monthly meeting is on Sat., Nov. 26, 6:30 p.m. at the Yacht Club. Happy Hour begins at 5:30pm, Meeting starts at 6:30 p.m. and Dinner at 7 p.m. POC is Ursula LaBrie 5-1951.

Vets Hall Holiday Parties. HO! HO! HO! The holidays are coming don't ya know! Time to start thinks about your holiday party. Dates are starting to fill up so please book yours early.

Commercial Vendors, all private sales, instruction, or services provided on-island need to be approved as part of the Commercial Vendor program. Please complete the necessary paperwork prior to offering services or conducting sales. The approved list of vendors is post on the intranet. Food, hair and nail service are not permitted. Please call 5-3331 with questions.

Holiday Timber Trees. Done with you pallet tree? Return any unused/unwanted supplies to the Hobby Shop for others to use. Looking for an extra bush, need an accent color? Shop the returned supplies. Be sure to register by Sat., Nov. 19.

Scuba divers, snorkelers and underwater enthusiasts, please be aware of coral within the Ski Boat area marked by colored ribbon and metal washers. These markers have been intentionally placed to track the success of coral relocation efforts from Echo Pier. Do not move or touch coral or markers in these areas.

Safely Speaking: When completing the JSA remember to think ahead and try to keep the steps as simple as possible not to overbear the end user of the JSA. The more complicated the JSA the less of a chance it will be followed in the field.

E-Talk: The following are easy ways to save energy: Turn off all lights when not in use. Use bulbs of lower wattage. Use natural sunlight when possible. Keep bulbs and fixtures clean. Focus light on your task. Use fluorescent lights wherever possible.

For Medical Referrals, Kwajalein Hospital uses a pre-determined list of medical and dental providers in Honolulu, Hawaii, on a regular basis. We serve a variety of customers who have different insurance plans, including Aetna International, Blue Cross Blue Shield, Cigna International, GEHA, Maritime, Tricare and others. It is the patient's responsibility to verify and validate that their personal insurance plan is accepted by the Honolulu medical or dental service provider. It is also the patient's responsibility to obtain an estimate for their portion of the cost of their care. The hospital's medical referral coordinator arranges appointments based on the local medical or dental provider's requests. If you have found a particular preferred provider who accepts your insurance, please feel free to provide that name to our Medical Referral Coordinator, who will add them to the approved provider list. Thanks in advance for your assistance.

Café Roi

*MENU CURRENT AS OF Nov. 8

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	November 19
Pork Spare Ribs	Lemon Baked Chicken	Grilled Ham & Swiss Sandwich	Chicken Parmesan	Veggie Quesadilla	Tuna Melt	Chicken Fajita Wrap
Turkey a la King	Baked Fish	Roasted Turkey w/Gravy	Roast Pepper Steak	Glazed Pork Loin	Country Meatloaf	Parker Ranch Stew
Eggs a La Lucio	Egg & Cheese Sandwich	Stuffing	Mashed Potatoes	Parslied Potatoes	Mac & Cheese	Corn on the Cob

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	November 19
Italian Meatballs	Swiss Beef Steak	Beef Machaca	Carved Roast Beef	Fried Chicken	Eggs to Order/Quiche	Corned Beef & Cabbage
Fried Fish	Pork Adobo	Chicken Enchilada Casserole	Coconut Chicken	Stuffed Cabbage	Bacon & Sausage	Pulled BBQ Pork
Marinara Pasta	Brown Rice	Refried Beans	Baked Potato Bar	Mashed Potatoes	Country Potatoes	Roasted Potatoes

KWAJ SOCCER CHAMPIONS

GO GREEN GO

Go Green Go reigns supreme as 2016 Kwaj Women's Soccer Champions. The ladies defeated Spartan Women, 2-1. It's not easy beating green.

STANDING (left to right): Lynn Leines, Megan Ropella, Sarah Shultz, Joanna Foster, Amber Martin, Kacie Wolverton, Christina Sylvester, Monica Perry, Stephanie Riddel, Amy Hansen, Donna Pippett, Coach Mike Turner; **KNEELING (left to right):** Masina McCollum, Jenny Cunningham, Dorina Enes, Elissa Fiore, Barbara Jeffery, Leimamo Wase; **NOT PICTURED:** Jessica Holland, Kimberly Waite, Jane Erikson, Taneka Hearne



U.S. Army photos by Derek Finch

KFC

The mighty dudes of KFC brought their righteous winning combo down hard on the Kwaj Rejects, 2-0.

STANDING (left to right): Stan Jazwinski, Mason Norton, Michael Hinton, Shane Nez, Justin Smith, Brent Tumlin, David Armstrong;

KNEELING (left to right): Curtis Wata-da, Dave Ardrery, Javier Sologuren, Chris Baker. **NOT PICTURED:** Tommy Ryon, Brian Coombe, Rich Erikson

SAFETY SIMPLY



HOURLASS REPORT

JSA? When is one needed and how are they completed? A JSA is a Job Safety Analysis that defines what requirements we will need to complete a job safely.

The easiest way to decide if you need to perform a JSA is to complete a LOHHI (Local Occupational Health Hazard Inventory). The LOHHI is the KRS hazard Assessment and when completed it will indicate to you whether PPE is required or not. Should the answer to PPE be a yes, then a JSA is required and should be completed.

A JSA should lists each step of the job, and

the hazards associated with that task. The last step it to mitigate the hazard. When completing the SA remember to think ahead and try to keep the steps as simple as possible not to overbear the end user of the JSA. The more complicated the JSA the less of a chance it will be followed in the field.

Once the JSA is complete it must be sent to your Safety representative to be reviewed and signed. Once completed and signed it may be sent to the field for use.

When the briefing occurs for the worker completing the task associated with the JSA; they must read, understand, and sign the JSA before commencing work.

Here are some quick pointers to filling out a JSA:

- Read SPI-1446 located here. <https://doccenter.smcdk.smcd.army.mil/Standard%20Practice%20Documents%20SPIs/Forms/All%20in%20order.aspx>
- Enroll in the JSA training course (SAF-104)
- Look at old JSA's to get an idea of what you may need.
- Only list the steps of the job that have direct hazards.
- Should you need assistance ask your friendly Safety Professional