

DIVERS HUNT FOR JUNK IN KWAJALEIN HARBOR

HOURGLASS REPORT

A few dozen Kwajalein residents and visitors teamed up Sunday, Sept. 18 to clear Kwajalein Harbor of spent soda cans, scrap metal and hundreds of pounds of other junk.

Taking advantage of a rare opportunity to dive the harbor, Kwajalein Scuba Club members hit the water in the early afternoon with ruck sacks and spent just over an hour combing the lagoon floor for anything that could be hauled up onto B-boats. Notable finds were a couple of complete Sun Bicycles frames, large truck tires and at least one drinking glass, the latter of which went home

with participant Ted Shultz.

Kwaj resident Cliff Pryor, who organized the event alongside fellow KSC members Bill Williamson and Rick Jameson, tipped his hat to the divers' effort and enthusiasm.

"What a cleanup job it was," Pryor said. "Over 30 people waiting on the pier to get ready to dive was something to behold. The pile of trash that resulted from that cleanup was even more impressive."

Folks had a variety of reasons to participate in the cleanup. Floating at a safe, nearby vantage point at the harbor's surface, some enjoyed watching the Marine

Department's Mystic tugboat and the USS Fort Worth Navy combat ship depart from Echo Pier. Others looked forward to getting cozy with the nurse sharks that frequent the marina and feast on scraps of fish at the water's edge.

"I'm partly here to pick up some trash," said resident Rachael Harris. "But I'm also here to get in the water with nurse sharks."

Troy King, waiting out a lightning warning under buckets of chilly rain, echoed Harris.

"It's an area where we rarely get to dive," King said. "It's good to get out and





LEFT: A festive group of eco-minded Kwajalein Scuba Dive members take a group photo next to one of the small mountains of trash they divers pulled from Kwajalein Harbor Sept. 18. RIGHT: Kwaj resident Kathy Cleland searches for spent soda cans and other debris on the lagoon floor near the fuel pier.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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do something good for the environment, too. I also want to get close to some nurse sharks."

Wrestling each other for chunks of butchered sportfish thrown away from the marina's fish cleaning station, nearly a dozen adult and juvenile nurses put on a show for the divers wily enough to penetrate the murky water at the shoreline to get a close view. Some sharks came close enough to touch, while others maintained their distance; some darted

"Let's get closer, dad," resident Liam Beguhn told his father Shawn, floating a short distance away.

"No, I think we're close enough," Shawn answered with a laugh beforekicking on his way to go out and collect trash.

As for Pryor, he can't wait to corral KSC members into the water again to find more junk next year.

"I enjoyed putting this event together," he said. "I really enjoyed seeing everyone's face and smile from doing a job









CLOCKWISE FROM TOP LEFT: Cleland pulls off her fins aboard a trash-laden B-boat piloted by Bill Williamson. Brad Jones prepares to hit the water to pull up loads of junk. Event organizer Cliff Pryor gives a pre-dive briefing at the KSC tank house. Veronica Moos, left, her son, Connor and husband Brian join dozens of other divers on the pier in preparation of the 2016 cleanup event.

CANVASBACK TEAM TACKLES DENTAL, EYE WORK ON EBEYE

BY JESSICA DAMBRUCH

Volunteer health professionals visited Ebeye Sept. 9- Sept. 22 with California-based Canvasback Missions, Inc., a nondenominational nonprofit that specializes in providing healthcare widely unavailable in the Marshall Islands. Together, the organization and volunteers provided medical and dental care to children and residents at Ebeye's Leiroj Kitlang Memorial Health Center. All told, the team performed 121 successful cataract surgeries and provided dental treatment to 450 school children.

Opening at 8 a.m. each day, the downstairs ophthalmology clinic remained busy until closing. Both sides of the warm hallway were lined with chairs of adults awaiting prescriptions for new glasses and approval for what, for many, was be their second cataract removal surgery. In one day, Canvasback doctors conducted as many as 20 surgeries.

Two Marshallese hospital employees, Murphy and Junie, offered translation assistance and guide patients past crates of Canvasback supplies into Room in Mwijwij Ellap (Major Surgery), where cataract surgery and lens replacements were taking place two at a time. Two doctors peered through microscopes and carefully chipped away at the crystallized optical obstructions.

In the waiting room, psychologist Lisa Giebel spoke with patients, while her husband, Dr. Arthur Giebel, warmly welcomed new patients before surgery.

"Do you mind if we open with a word of prayer?" he asked before each operation. Together he and the attending nurses and technicians in the operating room briefly bowed their heads. Over the sound of the Phaco machine, which powered the surgical tools, his calm voice could he heard. At the close of each surgery, he could be heard again.

"Thank God this is a successful surgery," he said. "Don't we serve an amazing God?"

Cataracts are not an uncommon condition in the Marshalls or elsewhere in the world. During a brief break between patients, Anesthesiologist Victor Ryckman described them as an outcome of multiple factors, including UV exposure, lifespan, and diet.

"We're all going to get [cataracts], at some point," Ryckman said. "But in the U.S. folks can schedule surgery at their leisure." In the Marshall Islands, it can be years before a patient regains full sight.

The Canvasback dental team was equally busy. To treat more than 450 children in less than two weeks, the team worked with the Ebeye hospital staff to

transform a first floor alcove of the building into a veritable dental clinic. There, dentists and hygienists performed teeth sealants, restorations and other preventative procedures for children.

Near a small check-in desk, former-Kwajalein resident, Janet Burki, and volunteers spent their day ushering in dozens of second graders and third graders through the clinic. They made sure those children who have finished their visits walk away with toothbrushes.

"We do a lot of fillings and stainless steel crowns," says Burki, a volunteer since 2011. "You can really see the impact of sealants. The teeth that are sealed are intact with no problems. Our goal is to save as many teeth as possible. We really try to get them at an age where we can seal or fill their six year molar- the first permanent tooth."

The group will see many of the same children again during future trips to the island.

BACKGROUND

Co-founder Jacque Spence, who started the mission with her husband Jamie, expressed her gratitude for the members of the Kwajalein community and the USAG-KA garrison for their support, volunteerism and enthusiasm in hosting this humanitarian project to benefit the Marshallese people.

The Spences' journey started in the 1970s when the couple embarked on an ambitious seven-year excursion from San Francisco to Australia in a 31-ft. sailboat.

"We were not Christians, but we saw the needs of the people," said Spence of her first encounter with the Pacific Island people in a recent interview with the Kwajalein Hourglass. They had landed on an outer island that was without access to basic penicillin or ibuprofen, just days after the community had experienced the death of a local child. It was eye opening.

"They had far less than I did, but I wanted what they had, in their souls," Spence said.

The Spences were inspired to transform their next voyages into humanitarian aid missions.



A Canvasback ophthalmologist works on a patient's eyes at Leiroj Kitlang Memorial Health Center on Ebeye.

"We prayed about it. We said, 'Let's stop making these islands our playground and do something with our lives," said Spence.

The couple's seven-year journey ended in Australia and they returned to the U.S. to start Canvasback Missions. With assistance from 200 volunteers, the couple built a 71-ft. aluminum catamaran made to U.S. Coast Guard specifications and launched it in June 1986. At the time, it was one of the world's largest sailing catamarans.

"We started in the Marshall Islands and helped to build their outer island dispensary system until we worked ourselves out of a job. We were then invited to Truk to provide medical and dental care to the outer island people," Spence said. After working in Truk for several years, in 1993, they worked with Health Services in Kosrae and helped them establish their community dispensaries.

They were then invited by the first President of the Marshall Islands, Amata Kabua, to develop a diabetes reversal program specific to the RMI. That program evolved into the Wellness Center of Majuro, now located in the Majuro Hospital.

"Our goals are to help our diabetic patients take responsibility for their health by teaching them that they can make healthy lifestyle choices and can actually reverse their diabetes." said Spence.

Today, Canvasback volunteers work with Marshallese health practitioners to apply an array of skillsets like dental, orthopedic and ophthalmological care to fill gaps in health services in RMI communities. Logistically, it's a challenge, and Canvasback brings all the equipment the team needs to perform its job, receiving help from medical supply companies and aid organizations like Alcon, SEE International, Bausch and Lomb and AMO. Locally, the group gets help from Ebeye's Triple J store owners and staff to transport its medical equipment, and USAG-KA's Host Nation office helps coordinate the group's visit and lodging.

REFLECTIONS

Canvasback's long days at work do not go unrewarded. The team is glad to stay on Kwajalein during the missions visits.

"For people to have a place to come back to and have a little downtime, to dive, or snorkel, is really enjoyable," Spence said. "It helps the team have a good time and feel better about what they've done. We are appreciative to stay on Kwaj and hope it can continue."

Burki agreed.

"One of the things we appreciate is the hospitality of the Kwaj residents." Events like dinner parties hosted by Kwaj resident Bess Buchanan can go a long way, she said. That kind of spirit is characteristic of Kwajalein.

"The Kwaj community has always been very supportive, loaning bikes and dive gear," Burki continued. "Some people even gave us their only bike saying, 'I can walk for two weeks."

The most profound reward, though, was the impact the Canvasback team made on its patients, Spence said.

"When we cross over on the ferry, or see people they'll come up to me and say, I can see now, or I'm running now!" she said. "Some of them are Kwaj workers! The reward is being able to say that we have given a blind person and his family a new life and that the children will be healthier because of the dental team's efforts."





CLOCKWISE FROM TOP RIGHT: Volunteers coordinate visits at the hospital. A young Ri'Katak student receives treatment in the Canvasback Missions dental program. Canvasback ophthalmologists remove cataracts and restore sight to Ebeye residents.



Kasba Anjain, an 84-year-old native of Rongelap, pauses for a portrait early this month at the Kwaj Lodge. Anjain was a 22-year-old working for Global Associates on Kwajalein when the 1954 Castle Bravo blast irradiated Rongelap. Every year he visits Kwajalein to undergo medical screenings sponsored by the U.S. Department of Energy. It was on his latest visit that Hourglass staff got the opportunity to meet and speak with the land owner, who currently lives on Mejatto with many other Rongelapese.

☑ U·S· Army photo by Jordan Vinson





LEFT: The USS Forth Worth Freedom-class littoral combat ship pulls into port at Kwajalein Saturday, Sept. 17, with assistance by the crew of the Marine Department's Mystic tugboat. RIGHT: On behalf of Chugach Alaska Corporation, Deputy Project Manager for Logistics Alan Stone delivers a check to help support the Ri'katak Lunch Program; receiving the check on behalf of the program is Janette Bishop.

HERO OF THE WEEK

BY ERIN WAITE

Keeping the creepy crawlies out of the house is an important job here on Kwajalein. Tibeo Akeang is one of the pest control technicians who toils to keep the island's insect population under control. After working for USAG-KA's Pest Management team the last two years, Akeang recently completed a correspondence course at Purdue University, earning him a certificate in urban and industrial integrated pest management. He will next travel to San Antonio, Texas next year to become DOD certified to be a pest control applicator, continuing his career on Kwaj.

Exterminating bugs isn't what Akeang likes most about the job; it's about being able to help the community and meet so many different people.

He hopes that his education about pest control will be able to benefit not only Kwajalein, but also the surrounding islands.

"I believe it will be important for our government to learn about pest control," he said. "Because our islands don't really have it, and it's a good thing."



HEALTH AND WELFARE BENEFITS OPEN ENROLLMENT——NOV. 13-17

FOR KRS----CMSI----BAI EMPLOYEES

Attend one of the presentations listed below—and don't forget the Health and Wellness Fair—to learn more about the open enrollment process and your 2017 benefits.

4-5 p.m., Tuesday, Oct. 18

5-6 p.m., Wednesday, Oct. 19

4-6 p.m., Wednesday, Oct. 19

8:30-9:30 a.m., Thursday, Oct. 20

Presentation at CRC Room 1

Presentation at CRC Room 1

Health and Wellness Fair at CRC Room 1

Presentation at CRC Room 1

Enrollment packets will be mailed to KRS/BAI eligible employees Oct. 20. Contact your FCE Benefits office at 805 355 0939 or 805 355 1701 if you have questions concerning the benefits presentations or your 2017 benefits enrollment.



Kwajalein Range Services wants your feedback on how the garrison's Community Services programs are going. Take part in ongoing surveys to voice your opinion on everything from the Kwajalein Hourglass and Mongolian Night at Café Roi, to the golf courses and the Self Help shops. Click on the "We Want Your Feedback" icon on the USAG-KA-Web Intranet home page and type away.

THE WHOLE

COMMUNITY

KWAJALEIN MIA PROJECT ACHIEVES MAJOR FUNDRAISING GOAL

COMMUNITY CONNECTION BY: Dan Farnham

Raising \$45,000 is no small task for any private organization on Kwajalein. Yet that is exactly what the team members of the Kwajalein MIA Project (KMP) set out to do 1.5 years ago. The goal was to raise the money to purchase side-scan sonar gear, a critical tool in the search for MIA-related WWII plane wrecks in the lagoon.

Side-scan sonar is a specialized form of sonar which uses the sound waves, or pings from the sonar device (often called a tow fish) which is dragged behind a boat to create a moving image of the lagoon bottom. Using imagery gathered by the device, operators can distinguish natural features on the lagoon bottom, such as coral, rock and open sandy areas, while also highlighting man-made objects, such as wrecks and other debris in the vicinity. If operators notice something that might match a man made profile, it becomes a target of interest and is numbered for a subsequent investigative dive.

Since the project began as the Kingfisher Project in 2011, and was later re-named the Kwajalein MIA Project in 2015, the team has been entirely dependent on outside help for sonar operations. Help came only occasionally, when teams from the U.S. Coast Guard and the U.S. Navy were passing through and had both the time and the needed equipment to assist with the searches.

Most sonar operations, however, were dependent on side-scan sonar gear brought out each summer for an average of two-to-four weeks by team member Bill Remick. Using that device, the team has found three MIA-related wrecks and part of a fourth. Had it not been for Remick's help, the project would not have come as far as it has.

However, there are significant drawbacks to this arrangement. The equipment brought by Remick each summer was on loan by a friend from Indonesia, leaving the team vulnerable. Should Remick suddenly have to return the equipment to his friend, the project would not have any sonar equipment available to support their search efforts. Moreover, the equipment was between 15-20 years old, and its software was outdated and inadequate to support our team needs. The sonar also operated at a single low frequency and couldn't provide the resolution needed to find some of the plane wrecks the Kwajalein MIA Project is looking for, especially ones that

broke up on impact and were scattered into small pieces on the lagoon floor.

It became increasingly apparent that if we were to locate the remaining wrecks, the team needed its own, high-resolution, current-generation sonar equipment. We also needed access to that equipment year-round.

In March 2015, the members of the KMP set out to raise the money to purchase its own sonar gear. Thanks to a combination of fundraisers, such as the Texas hold 'em poker tournament last November, sales of T-shirts, project coins, private donors, a crowdfunding website and corporate donations, the project reached its first major fundraising goal Aug. 18, 2016.

We are excited to announce the team has now purchased an ARC Explorer dual-frequency sonar unit from Marine Sonic Technology, Ltd., an industry leader in side-scan sonar. The sonar purchased by the team is the latest-generation towed sonar from Marine Sonic, and it is expected to arrive on Kwajalein by late October.

CONTINUED ON PAGE 9



Marine Sonic Technology, Ltd. photo

EMEMBERING AUTREY ANE

EXTERNAL REPORT

Chugach is saddened by the loss of our friend and colleague, Autrey Anei, who passed away Sept. 13, 2016. Anei was a valuable team member of the Automotive Department since 2003 where he worked as a heavy equipment mechanic. In Jan. 2007, he proudly became a graduate of the Electrical Training Program provided by Delta College.

Anej was the type of individual who could be counted on to step in and help out wherever needed. His easygoing demeanor made him a perfect mentor. He enjoyed teaching the younger and less experienced mechanics troubleshooting skills.

Anej's zeal for life was infectious, and he was always willing to lend a hand to anyone who happened to ask. He loved to fish and he had the uncanny ability to always find the best fishing spots. He is survivd by one daughter, five sons and 15 grandchildren. He will be sincerely missed by his family, friends and all of his coworkers.



Courtesy of Anej family

FORMER RESIDENT NELDA REYNOLDS ETIRES AFTER 35 YEARS OF FEDERAL SERV

EXTERNAL REPORT

Huntsville, Alabama—Former Longtime Kwajalein resident Nelda Reynolds retired after 35 years of federal service this week.

Friends and coworkers of Reynolds, a former Space and Missile Defense Command and U.S. Army Garrison-Kwajalein Atoll paralegal specialist, took time to recognize the outstanding contributions Revnolds provided to the United States. Of her 35 years of federal service, 17 of those years were at Kwajalein over the course of three tours.

Nelda first came to work at Kwajalein

in the late 1980s. She returned home to Alabama and then completed a latter tour in the late 1990s. Her last tour at Kwajalein lasted from 2008 to 2014.

SMDC Commander Lt. Gen. David Mann presented Reynolds with the Meritorious Civilian Service Award and thanked her for all she had done the many years of service for the Army and nation. Reynolds also received a beach themed rocking chair to commemorate the end of her illustrious career and time in the islands.

Reynold's retirement plans include watching her grandkids sporting activities and travel.



U.S. Army photo o

"MIA PROJECT," FROM PAGE 8 -

DEEPEST THANKS

Raising the needed funds could not have been possible without the support of the entire Kwajalein and Roi communities and beyond. The Kwajalein MIA Project would like to extend its grateful thanks to all the private donors who contributed money to the project for the effort, those who participated in the Texas hold 'em poker tournament, as well as other fundraising activities held by the team, along with everyone who bought the merchandise designed and sold by the team to help raise the needed money. We would also like to thank the Kwajalein Yacht Club, whose generous donation was also critical in achieving our goal.

A very special thank you goes out to our corporate donors: Kwajalein Range Services, the Quality of Life Committee, Chugach Management Services, Inc., and Nan, Inc. of Hawaii. Without their critical support in getting us to the goal, we would still be trying to raise the money needed for the equipment.

Special thanks also to Mulberry Street Market Intel and AirTight Internet Services who provided public relations and design support that were critical to meeting our fundraising goal. Finally, big thanks to WWII researcher Bill Beigel, whose ongoing research into specific wrecks, individuals and military service records has been instrumental to the project.

On an interesting note, Nan, Inc. is also the general contracting company that built the new headquarters for the Defense POW/MIA Accounting Agency (DPAA), located on Hickam Air Force Base in Hawaii. So not only has the company built the headquarters for the teams that will come to recover the remains of missing service members from the wrecks we find, but it will also be a major factor in enabling us to obtain the sonar gear we need to go find those wrecks. Now that's really cool.

US ARMY VETERAN RECOUNTS BATTLE FOR KWAJ

EXTERNAL REPORT

By Curtis Wildfong, The Holland Sentinel

Sitting aboard a ship in the bay of Japanese-controlled Kwajalein Atoll, the southernmost island in Marshall Islands, Floyd Maat watched as destroyers, cruise ships and dive bombers pelted the island during an invasion effort.

It was January of 1944 and Kwajalein Atoll was an island the United States military strategically needed.

"This was a Japanese-held island, which was the closest one to Hawaii. This island was only about three miles long and a quarter-mile wide, at the widest," Maat said. "But they needed it because that was when the B-29s came out. So, it's three miles long, and that's what B-29s needed to get up in the air loaded."

Maat, a high-speed radio operator with the U.S. Army, watched and waited as Allied Forces wiped out the entire island.

"We sat out in the bay watching that. I seen the whole operation of dive bombers, battleships getting up close to shore as close as they could, and cruisers," he said. "When we first seen the island it was very lush, green all across, all trees and everything. After that 12 days of bombardment, when we got on the island we could count 15 trees. That was it."

Maat spent the next 16 months on that island, serving as a clerk relaying ingoing and outgoing messages.

"Every message that came through there while I was on duty came across my desk," he said.

Maat spent much of his time in radio operating, but that wasn't how his military tour started.

Drafted at 19, Maat was initially of-



Retired U.S. Army Radioman Floyd Maat shares his memories of Jan. 1944 and the battle over Kwajalein. As a radio operator he helped liberate the southern stretch of Kwajalein Atoll from Japanese forces.

fered placement in a clerk role, but refused it because he "wanted to be outside."

Instead, he took a job in pole line construction, setting up communications. He was sent to Hawaii.

"I got to Hawaii and there wasn't a pole on the island," Maat said with a chuckle.

So he was placed with a cable crew and was assigned to a unit that was laying cable through the mountainous hills of Hawaii.

"They had reached the part where the

cable had to go over the mountain and they couldn't get all their equipment in there anymore," he said. "So, this trench was all pick and shovel. We would dig our way all the way up and they couldn't get their trucks up there with the cable so we had to bring the reel up to the beginning (of the trench) and start with one man, it was 1,000 feet, and pull that thing."

Photo and article reprinted with permission of the Holland Sentinel



THUMBS UP

THUMBS UP to all the kids and parents who attended the CYSS Fall-Kick off! Also, a special thank you to Community Activities for support-

ing the equipment, Kwajalein Sports Association for the Laser Tag and the PTO for the popcorn machine.

-CYSS Staff

THUMBS UP to Staff Sgt. Charlotte Christian and the rest of the team at the Kwajalein Post Office for: processing more

than 10,000 pounds of mail Thursday, Sept. 22; for having it sorted and ready for the community the same day; and for extending business hours to allow everyone to retrieve their packages. Huge thumbs up to the Post Office team this week.

—The community

THE SURFULAY RESUPPLY PROCESS

A step-by-step journey from the mainland to the shelf



BY THE TIME YOU GRAB a can of marinara sauce or a head of brocolli from the shelf at Surfway, those products have travelled thousands of miles across the Pacific. Countless work hours go into processing orders, communicating with suppliers in the United States, transporting purchased goods via trucks, ships, planes and forklifts and readying them for sale in the store. It's a logistical labyrinth, and you can learn more about the process process below.



Warehouse logistics staff replenish their product inventories. They are ready for further Surfway resupply requests.

Supplies in containers are unloaded and inspected. Inspectors search for the presence of pests, in-transit damage and supplies that might have spoiled during the journey.

Tracking product inventories, Surfway staff request resupplies from island warehouses. When received, they restock the store's shelves.

Warehouse logistics staff track their own inventories, submitting resupply orders to the garrison's logistics acquisitions team. It's time to get a resupply shipment from the United States!

Spanning a two-week time span, the acquisitions team generates, reviews and approves orders, sending them to two off-island suppliers: the Defense Commissary Agency (DECA) and the Defense Logistics Agency (DLA). Most items purchased at Surfway come from these two agencies.



Shipping containers are removed from ship and staged at the garrison's warehouses. Cold storage containers and dry storage containers go to separate warehouses.

One month after leaving Oakland, the shipping containers arrive at Echo Pier.

4-5 WEEKS

DECA and DLA receive the acquisition team's orders. Within a 4-5-week time span, the agencies fulfill those orders at the Port of Oakland, California, place those orders into shipping containers and load them onto a cargo ship.

The shipping containers begin their one-month voyage to Kwajalein. The cargo ship departs Oakland for Guam. At Guam, the Kwajalein-bound shipping containers are transferred to a separate cargo ship. That ship makes the trek to Kwajalein from Guam. A resupply ship arrives at Kwajalein every other week.

Veggies by air

Every week, Surfway staff generate produce orders. These orders are created three weeks in advance of the arrival of the produce associated with said orders.

Within a two-week timespan, the acquisitions team reviews the Surfway requests and creates orders for off-island resupplies and submits those orders to Bay-area fresh produce suppliers for weekly delivery.

Within 4-5-hours of the ATI's arrival, the produce is inspected and staged for delivery; transported to Surfway; and placed on store shelves.



Within a four-day timespan, Bruno's Quality Produce pulls and packages the requested supplies for shipment and delivers them to Travis Air Force located in central California. An Air Force aircraft is readied for take-off.

Within one hour of the ATI's arrival, the produce is unloaded and transported to a cold storage warehouse.

Within a two-day timespan, the produce is flow to Hickam Air Force Base, Hawaii, transferred to an Air Transport International, Inc. (ATI) aircraft and flown to Kwajalein.

CHAPLAIN'S CORNER

BY CHAPLAIN STEVE MUNSON

-----Getting Perspective-----

he scorching hot Texas afternoon pushed the group of men into the air conditioned office. They were an odd bunch composed of a pastor, salesman, webmaster, a CPA and the new retired guy who recently joined our church. At the end of a long day the men gathered for their monthly dialogue to share concerns and even gripe to one another about life issues assaulting their private domains. Typically, they would vent their frustrations, perhaps call out one another on inappropriate decisions and actions, and close the meeting by prayer for one another with the promise that the "secrets" shared in the group would be locked away, never to be uttered again in the presence of an outsider.

In our accountability group, the intent was to hone men into ethical faithful fathers who honored God and their families though their actions. The only way this worked was by being honest.

On this day I was not at my best. I was griping about money, really about the lack of it as a result of every extra dol-

lar being zapped by my daughter's senior year in High School. The class ring, the senior photos, the class trip and what seemed like a hundred different expenses that robbed every dime we had. It didn't help that the school failed to provide any calendar or schedule detailing expenses so I could plan ahead. They just sent letters or had my daughter haul them home and BAM! There was another one. As I complained, Mr. Salesman joined in; his son was also a graduate, and he identified with every gripe, then added more. Mr Webmaster chimed in and echoed our groans; his son had graduated two years before. You should have heard us as we complained in perfect harmony! Until, Mr. Retired-New-Guy opened his mouth and provided a different perspective.

He began, "Yes gentlemen, I understand your pain. I remember my son's senior year. Every time I turned around there was another expense. The senior photos cost me nearly a grand! The class ring he wanted was another \$1,100. The class trip to Europe emptied \$4,000 from our savings account. I really got tired of at all! It ticked me off every time something else came up and every time I

thought back on it.

Then last year my son died. After I buried him, he didn't cost me a dime. It seems living is more expensive than dying."

We sat in silence. He had provided a different perspective.

After a time of respectful silence I responded, "You know my daughter's ring is only \$700."

Mr. Salesman said, "I guess I just need to sell more to cover the photos."

And so it went... until we all adjusted our perspective. That evening we began to understand what is really important. It was people not money.

All of us were changed. Every man benefited by holding one another accountable to adopt better attitudes. We departed with a deeper appreciation for life's struggles and the blessings of being alive.

I reflected on my "money plight," and my attitude as I drove to the school to pick up my daughter from her evening band practice. As she opened the door and climbed in, she meekly handed me another expense. I quietly tucked it away, smiling as I kissed her on the cheek. It was good to be alive.

THIS WEEK IN KWAJALEN HOURGLASS HISTORY

Stow rs Promoted

In a recent ceremony,
COL Frank J Wasson, Jr ,
Commanding Officer, USA
SAFSEA, promoted Larry B
Stowers to the rank of
Captain CPT Stowers is
a member of the ARADCOM
Ballistic Missile Defense
Test Unit attached to SAFSEA
at Kwajalein and is assigned
as System Test Officer at
Meck Island



From Sept. 25, 1969

CLASSIFIED

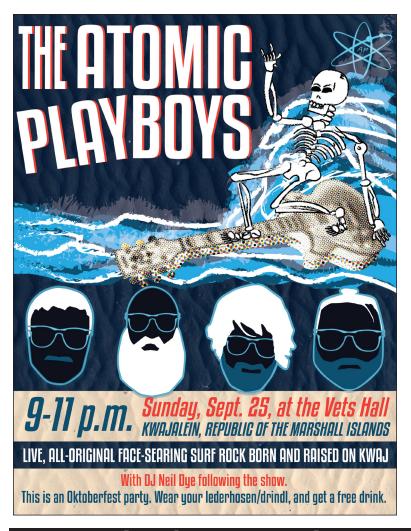
Wig - European hair, long, brown, with case Call 82698

KITY says:



classified documents
must be destroyed in
the proper manner

From Sept. 22, 1962



DIVE SAFETY TIPS!

Always dive with a buddy. Never dive alone.

Wait at least 12 hours before flying after doing a single dive.

Wait 18-24 hours after doing multiple dives.

Divers Alert Network (DAN) recommends refraining from strenuous work at least 24 hours before AND after diving.

Keep your gear up-to-date and serviced regularly. DAN recommends that regulators get overhauled at least once a year.

Each diver should have their own computer.

On any given dive, both divers in the buddy pair should follow the most conservative computer.

Do not ascend greater than 60 feet per minute.

Even if not required, always make a safety stop at 15 feet for at least 3 minutes.

Start the dive day with the deepest dive first.

Avoid making multiple deep dives on the same day.

HELP STOP THE SPREAD OF INFECTION!

THINGS YOU CAN DO TO PREVENT OR TREAT STREP INFECTIONS:

- Good general hygiene is imperative
- Hand hygiene is imperative
- Wash hands frequently, especially after using the restroom and before eating
- People with skin lesions should not be handling food
- Bathe yourself and your children twice daily, with soap and hot water
- Launder your clothes after wearing them
- Do not re-wear soiled clothing
- See the doctor if you have purulent rashes or an upper respiratory infection; have your sputum or any secretions cultured
- If you come up strep positive, the doctor will prescribe you antibiotics (and/or an antibiotic skin cream)
- TAKE THE FULL COURSE OF ANTIBIOTICS
- There are other medications available for patients who cannot tolerate penicillin (erythromycin, clindamycin and cephalosporin)
- Any articles of clothing that have been exposed to purulent discharges should be properly laundered/disinfected with soap and hot water
- If an extensive or protracted outbreak occurs in special close contact groups, it may be necessary to administer penicillin to the entire group to terminate spread. In these settings, the benefits of such widespread use of antibiotics should be carefully weighed against the potential side effects.

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

COMMUNITY NOTICES

ANTHONY'S PIZZA IS STILL OPEN: Anthony's Pizza is currently located at the American Eatery (at Dock Security Check Point). It was temporarily moved due to construction at main Food Court. Call 5-1605 to order a pizza for pick-up or delivery.

Vet's Hall Change of Hours. Starting Sept. 1, the Vets Hall will open every Thursday opposite Bingo for Happy Hour from 4:30-9 p.m. Starting Oct. 1, the Vet's Hall will be closed on Sunday evenings due to a lack of business. We will reconsider reopening full time on Sundays after the beginning of the new year. The Vet's Hall will still be available on Sundays for large parties, bands, and as always private parties. Questions? Contact Mike Woundy.

Spiritual Gifts Class. 9:30 a.m., beginning Sunday, Sept. 11 (4-week class), at the REB Library. Looking for Purpose in Life? God created you uniquely and has great plans for you. Questions? Contact Jason Huwe, 53796.

Oktoberfest. 7 p.m., Sunday, Sept. 25,

Fettuccini

Beef Stew

at the Vet's Hall. Enjoy the heady surf rock sounds of the Atomic Playboys and some traditional German music and dance from DJ Neil Dye. Wear dirndl or lederhosen and we buy your first drink. Questions? Contact Jan Abrams.

Girl Scout Troop 801 is seeking parent volunteers for the 2016-2017 school year. We are in need of a Chairperson, Secretary/Registrar, and Troop Leaders before registration can begin. Parents can serve in any and all positions. Contact Carrie Aljure at 51897.

If you are suffering from a cold or virus, please refrain from using the gym until you are no longer coughing or sneezing, and feeling better. Please wipe down the equipment after use for prevention of many of the transmissible bacteria and viruses that can linger on the equipment. Prevention of colds and flu viruses is possible through prudent simple hygiene measures.

Mandatory Island Orientation Required Attendance. Sept. 28, 2016. 12:30 pm - 3:30 p.m. Please arrive 10 minutes early to sign in and be seated by 12:30 p.m. Location: FN 365, CAC Room #6. This orientation is required for all new island arrivals, including dependents. Children under the age of 10 are welcome, however they are not required to attend. Parents are responsible for covering the information with dependents who do not attend. If you have any questions, please contact the meeting facilitators at KRS Environmental, Safety & Health (ES&H) at 5-1134.

School Advisory Council (SAC) Public Meeting Reschedule date Wednesday, Sept. 28, 7 p.m., Elementary School,

Chicken Stir Fry

Parslied Potatoes

Coconut Room 29. Please call 5-3601 with questions.

KRS PROPERTY MANAGEMENT NO-TICE: KRS Property Management's Equipment Custodian Training class will be held on Thursday, September 29th, 2016 from 09:00 - 11:00 AM, in the Public Works Conference Room located upstairs in building 804. This training is required for all NEW KRS Property Custodians and available for Supervisors/Managers. Other personnel may attend, if space permits. Training will cover general aspects of Government Property Management, usage of forms, and responsibilities of Property Custodians. To register, call the KRS Property Management office, POC: La'Mesha Rhodes at ext. 5-3412

Merbabes Swim Class. Saturday, Oct. 1, 9 a.m. - 9:30 a.m. Come enjoy an American Red Cross Parent/Child Swim Lesson. Class is for children ages 6 months - 3 years. All participants must be accompanied by an adult in the water. The purpose of this class is to develop a comfort level in and around the water. Swim diapers are required for children who are not potty-trained. Cost is free! For questions, contact Cliff at 5-2848.

The Family Pool will be closed on Monday, October 3 until 2:30pm for the KST Swim Meet.

Kwajalein Running Club will conduct the 39th Annual Columbus Day Runabout starting at Namo Weto Youth Center at 6AM on Tuesday, 11-0CT-2016. Distance options are 6.52 and 13.04 miles. Pre-registration by 8-0CT is required. Custom "wick-away" type running shirts are available as a registration option. All residents and visitors are welcome, walkers too! Get entry forms on Mini-Mall bulletin board or at Qtrs. 473-A (Sholar). Questions? Jane

Refried Beans

Chef's Choice

Citrus Chicken

Roast Potatoes

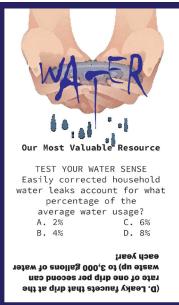
& Bob - H:5-1815 or Linn and Ben - H:5-1990.

Food Court Construction Ongoing. Aug. 23 - Oct. 22 the AAFES Food Court will close Anthony's Pizza for interior repair work. Customers are requested to stay clear of the work areas. We apologize for the inconvenience.

E-Talk: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are NOT allowed without consent from USAG-KA.

Safely Speaking: The pictogram displayed below means a given chemical is corrosive to metal and corrosive to skin. You must wear the proper personal protective equipment when working with these chemicals.





*MENU CURRENT AS OF SEPT. 23 Captain Louis S. Zamperini Dining Facility LUNCH Wednesday Thursday Friday Monday Tuesday October 1 Sunday Jerk Chicken Chicken Parmesan Fish Du Jour Chicken with Salsa Short Ribs Fried Chicken Meatloaf Nacho Chips and Cheese Blackened Chicken Chili Cheese Doas Garlic Chicken Red Beans and Rice Roast Pork Three Cheese Tortellini Nacho Beef Lyonaise Potatoes Baked Beans Mashed Potatoes Creole Macaroni Wild Rice Chef's Choice DINNER Monday Tuesday Wednesday Thursday Friday October 1 Sunday Caprese Chicken Sliced Roast Beef Pork Adobo **BBQ** Chicken Beef/Chicken Fajitas Sloppy Joes Chicken Nuggets

Scalloped Potatoes

Chef's Choice

Mashed Potatoes

Fish Du Jour

Beef Ragout

Egg Noodles

DOES YOUR TO-GO BOX LOOK LIKE THIS?



Patrons are expected to follow the portion control guidelines as written in DI 1019 that authorize the following food items.

2 portions, main entrée 2 portions, starch 1 portion, vegetable side 1 portion, salad 1 portion, soup

If patrons continue to ignore the guidelines, take-out privileges could be revoked.



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

Capt. David Rice SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100 USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247



COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S HOTLINE AT 51098 TODAY!

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER TRENDS: Convection efficiency dropped off through most of the month. Saturday, 10 September, with 1.14 inches, was our only day so far in the month with over an inch of rain. We are about 3 inches behind average for the month now. However, we have had at least a trace of rain on all but one day during September. Deep tropical convection has remained well west and northwest of our Atoll. INVEST 96W, north of Chuuk, is now expected to form into a tropical cyclone and threaten Guam over the next few days. Further east, in our area, tropical wave activity is returning as the Intertropical convergence zone (ITCZ)--a collision of NE and SE surface winds--has begun establishing over the Atoll. A series of high-altitude cyclonic circulations have transited from east to west, north of the Atoll, and provided extra uplift for showers to produce an above average frequency of lightning threats within our region.

OUTLOOK: We will see the ITCZ continue to become more active over the Marshall Islands. Tropical upper-tropospheric closed cyclonic circulations will also continue to transit from east to west north of the Atoll. As a result, we expect more frequent periods of more intense shower activity as a continuing series of waves transits the Atoll. We will experience increased winds, mostly from NE to SE, over the next week with fewer periods of doldrums. Many of the heavier showers will be in the periods between midnight and sunrise. Upper levels will remain favorable for continuing above-normal thundershower activity. Tropical islands contain the only elevated objects on an otherwise flat ocean and are targets for triggering lightning discharges. Remember to take lightning precautions when you hear thunder or see our warnings. None of our predictors show any sources of significant west-wind bursts, which are generally needed for tropical cyclone formation. Consequently, we see no tropical cyclone threats developing for the Atoll at this time.

	Café Roi -				*MENU CURRENT AS OF SEPT. 10		
LUNCH			Case Lac				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	September 17	
Cornish Hen	Hamburgers	Jamaican Patties	Glazed Pork Chops	Roast Beef Sandwich	Salmon Cakes	Kahlua Pork	
Hamburger Steak	BBQ Pork Sandwich	Roast Beef	Stir Fry Vegetables	Roast Turkey	Cuban Sandwich	Fish Sandwich	
Veggie Frittata	Egg/Cheese Sandwich	Egg Migas	Turkey Sandwich	Mashed Potatoes	Potatoes O'Brien	Veggie Fried Rice	
DINNER							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	September 17	
Enchilada Casserole	BBQ Chicken	Porkloin	Huli Huli Chicken	Fried Chicken	American Pot Roast	Chicken Chili	
Chicken Chimichanga	BBQ Spareribs	Caribbean Seafood Curry	Corn on the Cob	London Broil	Mashed Potatoes	3 Cheese Pasta	
Cilantro-Lime Rice	Corn on the Cob	Islander's Rice	Grilled Pork Chops	Mashed Potatoes	Egg Rolls	Hamburgers/Hot Dogs	





HAZARDS TO THE AQUATIC ENVIRONMENT

HOURGLASS REPORT

OSHA has made changes to the Hazard Communication program with internationally standardized labeling and Safety Data Sheet (SDS) requirements. This Safely Speaking reviews one of the new pictograms you'll start to see on workplace chemicals. The following materials will have this pictogram:

Hazards to the Aquatic Environment (non-mandatory)

Aquatic toxicity

Aquatic toxicity means an adverse effect on marine populations resulting from exposure to a toxic substance. Toxicity can be broken down into two broad categories of direct and indirect toxicity. Direct toxicity results from a toxicant acting at the site of action in or on the organism. Indirect toxicity occurs with a change in the physical, chemical, or biological environment.

Materials which are aquatic toxins may not be toxic to people. Detergents high in phosphates may cause only mild discomfort in people if ingested, however can cause oxygen depletion in water which is deadly to fish.

OSHA does not have regulatory authority over the environmental concerns of aquatic toxins. As a result, materials are not required to have the pictogram under OSHA regulations.

Our primary concern is to avoid and/or minimize any spills of these materials, as well as prompt and thorough cleanup of spilled materials.



USAG-KA SPORTS



KWAJ S@CCER

-RESULTS LAST WEEK--

Sept. 14 Bako def. Spartans II FC Swell tied KFC	5-: 3-:
Sept. 15 Spartan Co-ed Red def. Spartan Co-ed White Go Green Go def. Spartan Women	4- 2-
Sept. 17 Kwaj Rejects def. Spartans II	3-:

-RECORDS

<u>Men's League</u>	Win	Loss	Tie	
FC Swell	1	0	1	
Kwaj Rejects	1	0	1	
KFC	1	0	1	
Bako	1	1	0	
Spartans I	0	0	1	
Spartans II	0	3	0	

Women's League	Win	Loss	Tie
Go Green Go	2	0	0
Spartan Women	1	1	0
Spartan Co-ed Red	1	1	0
KAT	0	1	0
Spartan Co-ed White	0	1	0

REMINDER: FALL BOWLING LEAGUE GAMES BEGIN NEXT WEEK: SEPT. 27 AND SEPT. 28.

