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THE KWAJALEIN HOURGLASS



U.S. Navy Seabee Melissa Osipchack congratulates Enniburr resident Betwin Erakdvik, one of 12 Marshallese citizens who recently completed the Seabee Apprentice program and worked side-by-side with the Seabees to complete numerous projects for his community.

• Nikki Maxwell

THIS WEEK

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MARINA MECHANICS REACH CAREER MILESTONES IN MAJURO

BY JORDAN VINSON

KRS Community Activities mechanics recently reached important milestones in their careers, earning long-awaited certifications from Yamaha, the manufacturer of the outboard motors on U.S. Army Garrison-Kwajalein Atoll's fleet of B-boats.

Kwajalein Small Boat Marina's Lead Mechanic Bobby Gulibert and Mechanic McGuyver Loeak joined Roi Small Boat Marina Mechanic Roman Lokeijak for two weeks of rigorous classroom and hands-on training with Yamaha pros in the Marshall Islands capital. By the end of the program, the trio of gear heads each had earned a Palau Community College certificate of competence in Yamaha basic training.

A team of two Yamaha instructors, who normally train mechanics in Japan and Palau, had flown in to Imata Kabua International Airport on Majuro to guide the students through the program. Joining Gulibert, Loeak and Lokeijak were about two-dozen other marine mechanics, most of them living in Majuro.

Gulibert, who's been working on boats for nearly two decades, either doing vessel body repair or repairing the innards of marine motors, said there's always room for more education in the complex field of marine engine repair and maintenance. The Yamaha certification gave him some practical insight and technical book knowledge that he didn't have before.

"Taking apart motors and putting them back together isn't easy," Gulibert said July 31 at the Kwaj Small Boat Marina. "This was really good practice. ... We were taking all the parts apart, cleaning them. Putting them back together and



U.S. Army photos by Jordan Vinson and Laura Pasquarella-Swain

LEFT: Marina Mechanic McGuyver Loeak, left, and Kwajalein Small Boat Marina Lead Mechanic Bobby Gulibert share a photo at the marina July 31 after speaking to the Kwajalein Hourglass about their training in Majuro. **RIGHT:** Roi Small Boat Marina Mechanic Roman Lokeijak shows off his Palau Community College certificate in competence in Yamaha basic training.

starting the motor up. It's a tough job."

Performing diagnostics on the motors and gaining a better grasp of the process of compression within them were important to Gulibert. Other students had more interest in other particulars. Together, all participants received training in everything from mechanical system components like power head systems and power strokes, to fuel systems and electrical systems.

KRS submitted a request to the National Training Council, part of the government for the Republic of the Marshall Islands, to partner in sending two of the mechanics to the states to receive training from Yamaha. Rather than doing that, arrangements were made to bring the

training closer to home where it could benefit many residents of the Atoll.

"I'm thankful for the experience and especially grateful to Bobby Gulibert and Kim Yarnes," said Loeak. The Yamaha instructors who taught the course in Majuro do not normally teach outside their campus in Palau and other sites in Japan.

Having well trained certified mechanics makes boating around the atoll safer for everyone. A big thanks to the National Training Council for making it all possible.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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RMI ATHLETES EYE OLYMPIC MEDALS IN RIO DE JANEIRO

HOURLASS REPORT

The **2016 Summer Olympics** have fired off, and the team of athletes competing on behalf of the Republic of the Marshall Islands have hit the ground running.

Fighting in Rio de Janeiro's sprawling complex of tracks, pools, courts and courses are a few RMI athletes—each vying for at least one medal to bring back to the atoll nation.

One particular athlete, Kwajalein Jr./Sr. High School senior Colleen Furgeson (and one of the interns and content producers for this very publication) is representing not only the Marshall Islands, but also Kwajalein, her home.

With more than a decade of competitive swimming experience under her belt, Furgeson has tackled her a mighty share of local, regional and international swimming competitions. A full Olympic level competition, situated at the apex of the planet's swimming circuit, among scores of world class swimmers at the top of their games is, however, something new.

Speaking to the Kwajalein Hourglass Tuesday, Aug. 2, Furgeson explained a bit about how she has prepared mentally and physically for her coming events in Rio.

"I am beyond grateful for this opportunity and I am very excited for the 2016 Olympic Games," she said. "Training at Bolles for a month has definitely been difficult for me, but I'm pulling through. It was a huge change for me because training in salt water is much easier for me. I swim twice a day, 2 hour practices and usually swim about 6,000 meters a practice. Getting closer to the meet, we've dialed down. I've been waiting for this meet and I am ready."

Furgeson, of course, is not the only RMI athlete ready to go in the Brazilian capital. On the swimming team, she's joined by Giordan Harris who will also be competing in the 50m Freestyle. Furgeson and Harris will compete on August 11 and 12.

Try to catch their events live via the Internet or via AFN! To view the full schedule on AFN, go to myafn.net and click on the 2016 Summer Games icon.



ABOVE: Colleen Furgeson and Giordan Harris proudly stand with the flag of the Republic of the Marshall Islands at a training facility in Florida before departing for Rio. **RIGHT:** Furgeson and Harris are all smiles about representing the RMI in Rio.



Marshall Islands Swim Federation

Marshall Islands Swim Federation

SEABEES COMPLETE MISSION, LEAVE LASTING IMPACT ON THIRD ISLAND

HOURLASS REPORT

By Constructionman Sarah Coker
and Nikki Maxwell, USAG-KA PAO

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 Construction Civic Action Detail Marshall Islands (CCAD MHL), finished their deployment with a bang. The team celebrated the completion of the Enniburr Island Pier Water Tower and Shade Pavilion during a ribbon cutting ceremony, July 29. In attendance were Col. Michael Larsen, Commander of U.S. Army Garrison Kwajalein Atoll, Deputy Garrison Commander Jennifer Peterson, Command Sergeant Major Angela Rawlings, Marshallese Senator Alvin Jacklick; Minister of Foreign Affairs John Silk; Mayor of Kwajalein Atoll Hirata Kabua; and RMI Liaison Lanny Kabua.

"On behalf of the Marshallese people, I would like to thank the Seabees who worked hard to accomplish this very important mission, and provide humanitarian assistance to us," Jacklick said. "The first day the Seabees stepped foot on this island they were traditionally welcomed, and they always will be welcome here."

He then thanked the garrison team for their support of the project.

"Col. Larsen and your staff, you have done a very good job in helping the mayor of Kwajalein Atoll find ways to immediately provide assistance that we really need in our community," Jacklick said.

Larsen responded to that during his remarks.

"Here is one more example of the special relationship between the Republic of the Marshall Islands and the United States of America," he said, then explained that the island of Roi-Namur impacts the security of our nations.

"Without the dedicated workforce of the wonderful people of Enniburr, there is no way we can successfully execute that important mission on Roi-Namur," he said.

Then he turned toward the Seabees seated on the pier. "You're looking at some of the finest patriots that America has to offer, with these fine Seabees here. And without their expertise and dedication, none of this could have been possible."

As the crowd clapped and cheered for the Sailors, Larsen continued.

"I'd like to thank each of you for what you've done for this community, and



U.S. Army Garrison Kwajalein Atoll Commander Col. Mike Larsen, Command Sergeant Major Angela Rawlings, numerous Marshallese officials and the U.S. Navy Seabee Battalion 133 participated in an "island style" ribbon-cutting ceremony on Enniburr pier, July 29.



U.S. Navy Seabee Sarah Coker and the rest of her team are greeted warmly by the residents of Enniburr, as they arrive for the dedication ceremony of their projects on Third Island, July 29.

for the strategic relations between the RMI and USA," he said. "I have a saying: 'Through rain or sunshine, we are in this together.' And what better way to demonstrate that than this shade structure that will help protect these people from the rain and sun."

Following the ribbon cutting ceremony, residents of Enniburr hosted an appreciation feast and dance to thank the Seabees for their measurable impact on the local community.

Enniburr Island, commonly referred to as "Third Island," is a small remote island on the northern end of the Kwajalein Atoll. It is approximately 300 by 400 meters in size, and home to more than 1,000 Marshallese people. Resources are

scarce, and there is no running water or electricity. During the drought season, their only source of potable water is delivered from the neighboring island of Roi-Namur. Ferries from there deliver 4,500 gallons of potable water to Enniburr daily.

The Enniburr Water Tower is the single receiving point of potable water and is crucial to the island's water distribution. During each docking, Roi-Namur ferries pump water directly into the water tower. Water is then funneled by gravity into inland cisterns where residents can fill up on their weekly rations. The old water tower endured years of corrosion and sustained extensive structural degradation from

SEE "SEABEES," PAGE 5

U.S. Army photo by Nikki Maxwell



"SEABEES," FROM PAGE 4 ———
rust. CCAD MHL took on the vital mission to construct a new 1500-gallon water tower that is safer and more efficient.

Forty percent of the Roi-Namur workforce are Marshallese residents of Enniburr. They play a key role in daily operations, including construction, maintenance, transportation, logistics and support services. Approximately 100 Marshallese workers commute to Roi-Namur daily using the Army ferry. To improve their daily commute, the Seabees constructed a 48'x 24' PEB pavilion to provide cover against natural elements. The new pavilion shelters Enniburr commuters from the blazing sun and drenching rain, while they wait for the ferry.

The Seabee team encountered numerous challenges during their mission. The crew transported more than 60,000 pounds of materials over 50 miles of open water. They operated large construction equipment in confined areas,

seamlessly dissembling old structures and erecting new ones. The crew operated on a flexible schedule to accommodate ferry dockings and pedestrian traffic, minimizing disruption to daily pier operations. They accomplished the job with limited access to food, water, latrines and shade. They conducted operations with extreme caution, as safety was paramount and medical support was not immediately available.

In the end, the Seabees successfully completed their projects without a hiccup.

"We were excited to take on such a dynamic mission," said LTJG Alex Liu, Detail Officer in Charge. "The logistical planning and project management was undoubtedly very challenging. Our Seabees were tested every day to come up with innovative solutions to solve complex problems."

The Seabees enlisted the help of 12 Marshallese apprentices and provided approximately 130 hours of valuable hands-on training to each person. Ki-

nere Ben, Tarry Thomac, Terry James, Ryan Anej, Wayne Watack, John Rubon, Paul Marok, Tien Neman, Cleen Bejang, Betwin Eradvik, Myel Jetnil and Garcia Anjelito. By working with the Seabees, these apprentices had the opportunity to learn and practice tangible construction skills. Crew member, Steelworker Third Class Melissa Osipchack described her experience, "The Enniburr apprentices were the hardest working people that I have ever worked with. They were eager to learn and actively contribute to the project. I would not hesitate to work with them again and have them on my team."

Since the completion of the Enniburr Pier projects, five Marshallese apprentices have landed jobs on Roi-Namur based on referrals from CCAD MHL. Project Crew Leader, Steelworker Third Class Dylan Beveridge, recounted, "One of the men approached me almost in tears thanking us continuously for the opportunity. It was incredible to see how much of an impact we can make here," Beveridge said. "It was a pleasure working alongside the apprentices; and as much as the crew helped train them, the crew also learned a lot from the apprentices."

CCAD MHL built a close bond with the people of Enniburr. Not only did they improve the island's quality of life, they created new opportunities that are changing people's lives.

"I'm extremely proud to be able to say that NMCB 133 CCAD MHL contributed to the lives of Enniburr residents," said Petty Officer Osipchack. "It really makes me happy to see all of the appreciative smiles we get from the community."

The Seabees have left a lasting footprint in the Marshall Islands, and will continue to seek out new opportunities to help those in need.

ABOVE: A view of the reception for the Seabees and official guests.

BELOW: Col. Mike Larsen and CSM Angela Rawlings with the entire NMCB 133 Team.



U.S. Army photo by Nikki Maxwell

In the mid-1960s, E. H. Bryan, Jr.—then, manager of the Bishop Museum in Honolulu—and his staff at the museum's Pacific Scientific Information Center prepared an in-depth guide to the geography, biodiversity and history of the Marshall Islands and the cultural practices, lifestyles and histories of the Marshallese people. Written specially for Kwajalein Hourglass readers, the 24-part series appeared over the course of two years and was titled "The Marshalls and the Pacific."

Uncovered at the Grace Sherwood Library, it comprises a literal bounty of professionally-curated essays that take the reader on a profound tour of knowledge on everything from marine shell identification and the etymology of atoll names, to the traditional division of labor in the Marshallese household and explanations on how atolls are formed.

Included are excerpts from the timeless "Marshalls and the Pacific" series. Enjoy.

PLANT LIFE ON ATOLLS, PART 1

BY E.H. BRYAN, JR.

THIS IS THE FIRST HALF OF THE FIFTH IN A SERIES OF ARTICLES CONCERNING LIFE IN THE MARSHALL ISLANDS, AGAINST THE BACKGROUND OF THE PACIFIC OCEAN AS A WHOLE. THEY ARE BEING PUBLISHED EXCLUSIVELY IN THE HOURLASS AND WRITTEN BY E.H. BRYAN, JR., WITH THE ASSISTANCE OF THE STAFF OF THE PACIFIC SCIENTIFIC INFORMATION CENTER AT THE BERNICE P. BISHOP MUSEUM, OF WHICH HE IS MANAGER.

In the last chapter reference was made to various associations of plants which are found on atolls. The following is a guide to the more common of these plants, many of which are to be found on low sandy islets throughout the Indo-Pacific tropics. Because many of these plants do not have popular English names, and because the vernacular name varies from region to region, the scientific name is used here to identify each plant. A scientific name usually includes the name of the person who described the species, but here this is omitted for the sake of brevity. The Marshallese name is given in quotation marks. IT is hoped that the sketches, which were drawn by Ilse Koehler of the staff of the Pacific Scientific Information Center, and the brief descriptions will make it possible to recognize these plants.

FERNS. The commonest fern is *Polypodium scolopendra*, "Kine," (Fig. 1). It grows on the ground, especially around the base of coconut palms. The deeply divided fronds are fragrant.

FLOWERING PLANTS: Monocotyledons.

In the Pandanus family, Pandanaceae, there are several species or varieties of screw pines, most common of which is *Pandanus tectorius*, "Bop," (Fig. 2). These have prop roots at the base. Tufts or clusters of long, tough leaves, edged with

spines, are borne by the brittle, cylindrical branches. These leaves are useful for making mats and other crafts made from these fibers. Edible starch may occur at the inner end of the segments (keys) of the head-like fruits.

A number of different kinds of grasses, family gramineae, are common on atolls. One troublesome weed is *Cenchrus echinatus*, a burr grass with open heads, common in open sandy places, "Lekalek," (Fig. 3). A rarer burr grass, *Cenchrus calycalatus*, has a more compact head of burrs.

Swollen finger grass, *Chloris inflata* (Fig. 4) is tall with a purplish inflorescence.

Bermuda grass, *Cynodon dactylon*, is a very common low grass with creeping stems, often used for lawns (Fig. 5).

Goose grass or Egyptian grass, *Dactyloctenium aegyptium*, has a spike with three heavy fingers (Fig. 6).

Crab grass, *Digitaria microbachne*, "Ujoij," "Ujos kulkul" or "Inikan pueue," is tufted with stiff stems; the fingers of the flower head do not spread out.

Craw foot wire grass, *Eleusine indica*, "Ujeij," is erect with narrow leaves; the flower heads have three or four spreading fingers, (Fig. 7).

A common low grass, *Eragrostis amabilis*, "Ujoij," "Ujos," (Fig. 8), has a fine, open, delicate inflorescence.

Wiry bunchgrass, *Lepturus repens*, "Ujoj" or "Ujuj" is very common, especially near the beach. It has stiff, tufted stems, and the flowers are embedded in the flower stalk.

Thuarea involuta, also called "Ujuj" or "Ujoij," is a low, creeping grass which forms a soft, green ground cover, especially in shady places. Rooting and branching at the nodes, it sends up erect branches with short, broad leaves.

Tricache insularis (Fig. 9) is a tall, lax, coarse grass with large leaves, which are sparingly hairy. It was introduced and is not abundant.

Sedges, family Cyperaceae, are herbs which differ from herbaceous grasses usually in having solid, angular stems. The nut grass, *Cyperus rotundus*, a troublesome weed (Fig. 10) is found in gardens, from which it has escaped. Other relatives are *Cyperus compressus*, found in disturbed places, and *Cyperus oleratus* in taro pits and other wet places.

Much more abundant and widespread is *Fimbristylis spathacea*, with rosettes or stiff, narrow leaves. It is well known to Marshallese, who call it "Derelijman," "Drilijman" and "Pereliman."

The most abundant palm, family Pal-

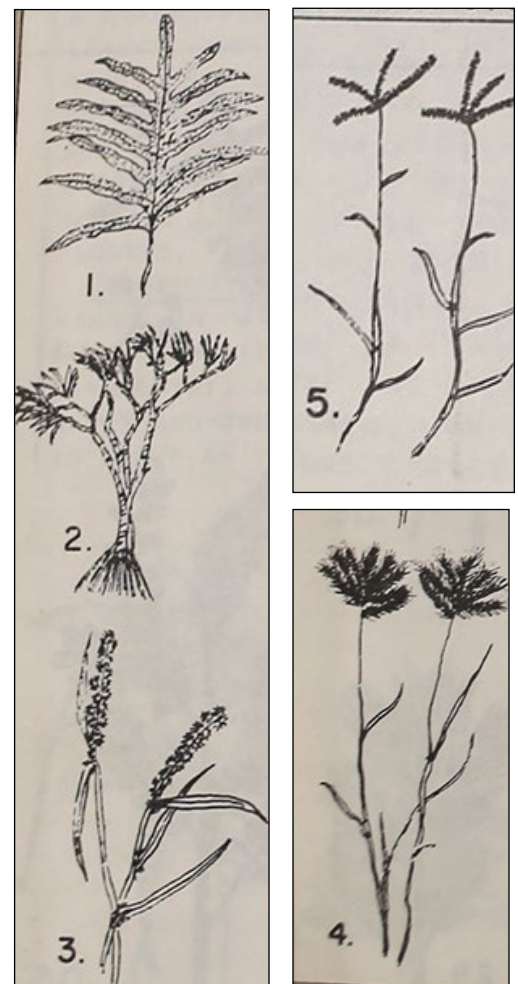
mae, is the familiar coconut palm, *Cocos nucifera*. It will be discussed more extensively under the following food plants section.

Members of the taro family, family Araceae, also have food value. The large, ornamental taro, *Alocasia macrorrhiza*, "wot" or "wat," has large leaves spreading from the top of a heavy trunk. The blades of the leaves, which may measure 2.5-by-4 feet, are heart-shaped, shiny green and tend to point upward (Fig. 11).

The introduced, cultivated taro, *Colocasia esculenta*, "Katak" (Fig. 12), is not abundant and rarely is found outside of gardens. The smaller taro, *Cyrtosperma chamissonus*, "Iarij" or "Iarej," usually cultivated in Marshallese taro pits, has leaves shaped like spearheads, with red veins and spiny stems.

The Amaryllidaceae or Amaryllis family contains the ornamental spider lilies. *Crinum asiaticum* is the introduced species with fleshy ribbon leaves and white flowers, found in many gardens (Fig. 13). Other, more indigenous species include

SEE "PLANT LIFE," PAGE 8



QUALITY OF LIFE COMMITTEE FUNDS SEVERAL NEW COMMUNITY PROJECTS

HOURLASS REPORT

The Quality of Life Committee (QOL) has been busy this year planning and implementing several projects and events to benefit residents on Kwajalein and Roi-Namur. While the fruits of this labor are already evident around the atoll, here's a quick summary of recent accomplishments and new projects underway.

This year, QOL bestowed 16 scholarships on the graduating class of 2016, provided several new outdoor benches, tables, and chairs for use around the islands (with more on the way), and supplied water balloons for beachgoers at the 4th of July celebration on Emon. Based on community proposals from Fall 2015, QOL approved funding for Kwajalein and Roi-Namur audiences to be treated to the musical stylings of Josh Logan, Roman Rudnytsky, The Plague, and most recently, Tommy Rocker. The next group in the line-up is Jackson and the Roosters, who are expected on-island in early October, and Suite, who will perform in December.

QOL is currently working on several new projects to benefit the community, including: procurement of spin bikes for the Kwajalein Running Club, new vacuums for use in BQ facilities, additional playground equipment for use on Emon beach, and new children's and travel books and magazines will be added to the shelves at Grace Sherwood library. Based on community input, QOL funded fireworks for Labor Day. The show is scheduled to detonate on Monday, September 5 at Emon Beach, so mark your calendar!

Christmas Elves have been in cahoots with the QOL committee and funding was recently approved for two holiday activities, the fifth Annual Light up the Night and a new competition, Pallet Christmas Trees. In November, Community Activities



Minneapolis-based Jackson and the Roosters perform their critically acclaimed music at a recent show.

will have a "Pallet Tree Lot," where residents can come select their bare triangle pallet tree and a base coat of paint. Trees can be decorated/modified however residents like, and placed around in high traffic areas (not blocking walkways or fire exits). Locations will be first come, first served at the discretion of the tree designer. All trees must be in place by December 2 to be eligible for judging. Residents of Kwajalein and Roi-Namur may compete in individual or team divisions. Details will be published as the holidays draw closer.

Have a idea or suggestion? Any member of the community can make a proposal to the QOL committee. See the list of Committee Members below. Any proposal for entertainment should be submitted to Tommy Ryon, Richard.t.ryon2.ctr@mail.mil, by August 25. Contact Tommy for the proposal form and information on the estimation process. QOL will begin the selection process for 2017 musical acts this Fall.

QOL Committee Members: Jan Abrams, Cindy Cullen, Chamee Cross, Don Engen, Stacey Helt, Harden Lelet, Kim Parker, Laura Pasquarella-Swain, Tim Roberge, Sarah Stepchew, Bill Williamson, Midori Hobbs, Caleigh Yurovchak, and Colleen Furgeson.

HERO OF THE WEEK

HOURLASS REPORT

USAG-KA's Hero of the Week is Mike Sakaio, an RMI Relations Specialist for U.S. Army Garrison Kwajalein Atoll. Mike has been at USAG-KA for 7 years, and a GS employee for 11 years. He retired from the U.S. Coast Guard with 20 years of service. Mike is a friendly familiar face for many people who come to the Host Nations Office in need of Passport assistance or other services.

He enjoys being able to work on issues that foster greater relations between the U.S. and the Host country, Republic of the Marshall Islands. He utilizes his knowledge of RMI culture, custom, language (having grown up in the RMI) to further the USAG-KA U.S. mission. He speaks five languages, including Marshallese, and has family in Hawaii.

Mike coordinates and assists during meetings between USAG-KA and the RMI community and national government. He also assists in Humanitarian projects and sports activities. He is an avid swimmer, tennis player, singer and musician, performing during several community events on Kwajalein and Roi-Namur.

"I like Kwajalein for its diverse and family oriented community," Mike said. "Kwajalein is a major player in the U.S.'s global security posture, and I am honored to be able to contribute. The people of the RMI are very friendly and easy to work with."

The Kwajalein Hourglass

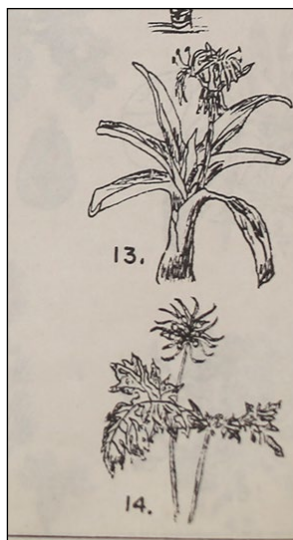
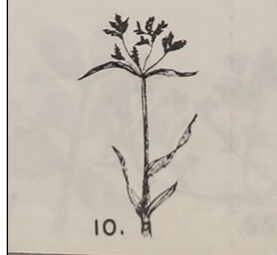
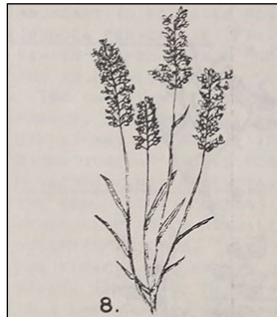
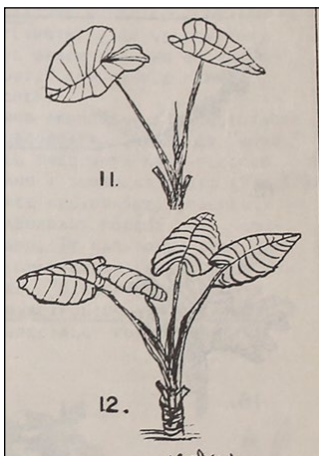
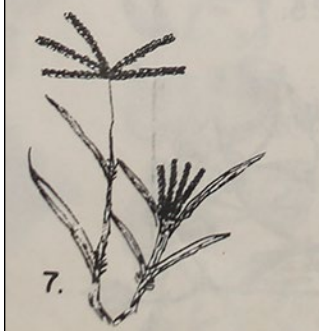
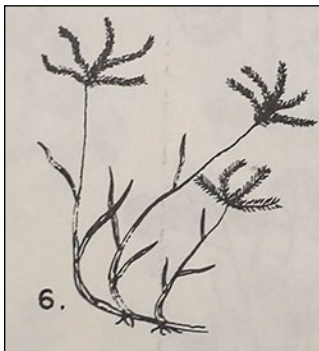


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Crinum rumphij, "Kiep" or "Kieb," grown in Marshallese gardens.

The *Tacca* family, *Taccaceae*, contains *Tacca leontopetaloides*, the Polynesian arrowroot, "Mokemok" or "Mokmok" (Fig 14), of aboriginal introduction. It is cultivated for its small, starchy tubers. Much divided leaves, suggesting those of papaya, are borne on finely grooved petioles. After these die down, a yard-long flower stalk bears purplish flowers, surrounded by leafy bracts and threadlike smaller bracts. The tubers, shaped like slender new potatoes, furnish starch after they have been grated and washed.

One can see an occasional banana plant, *Musa sapientum*, family *Musaceae*, planted in a shady, sheltered placed, surrounded by mulch.



EOD UXO DISPOSAL OPERATION: AUGUST 12, 2016

EOD will be conducting disposal operations at
UXO Disposal Site "Shark Pit" from
approx. 12:30-14:30

Access to area will be restricted to unauthorized
personnel until completion.



PASSPORT RENEWALS

The U.S. Embassy-Majuro consular will
visit USAG-KA and Ebeye Aug. 6-10 to
assist with passport requests and other
U.S. citizen services, such as adoption
FAQs. No appointments required. Service
is on a first come first serve basis.

9 a.m.-4 p.m., Aug. 8
Ebeye, KALGOV Conference Room

8 a.m.-5 p.m., Aug. 9
USAG-KA HQ, Room 135

8 a.m.-noon, Aug. 10
USAG-KA HQ, Room 135

NEW AMBASSADOR TAKES POST

BY JORDAN VINSON

Karen Stewart, a long-time Foreign Service officer, has become the newest U.S. ambassador to the Marshall Islands.

Nominated by President Obama last November to take up responsibilities from former Ambassador Thomas Armbruster, Stewart presented her credentials to RMI President Hilda Heine July 25.

In a brief video posted to YouTube a couple of weeks ago, Stewart extends warm greetings to the people of the RMI.

"Yokwe. I'm Karen Stewart, and I'm deeply honored to serve as the United States ambassador to the Republic of the Marshall Islands," she says. "I grew up surrounded by ocean, coral and coconuts in southern Florida, so I feel like I'm coming home. The Marshall Islands have long been a special friend to the United States. Our relationship dates back to World War II. Your people made tremendous sacrifices then and afterward, a legacy that is honored by your service in the United States armed forces and by our Compact of Free Association. As ambassador, I will be dedicated to deepening the partnerships between us. Together we can fight climate change and improve education and opportunities for young Marshallese and stimulate economic growth. We will promote security and prosperity for all—men and women—who are vital to our nations' future. I look forward to exploring the RMI's rich culture and natural beauty and learning more from you. Follow my travels on the embassy Facebook page. See you soon."

In her previous role within the Department of State she served as the political advisor to the vice chairman of the Joint Chiefs of Staff and supreme allied commander transformation within the North Atlantic Treaty Organization.

This is her third appointment as ambassador to a foreign country for the Department of State, her previous ambassadorial posts being in Belarus and Laos.

Having joined the State Department as an economic officer in 1977, Stewart has also served overseas in Bangkok and Udorn, Thailand; Sri Lanka; Pakistan; and elsewhere.

Her posts within the State Department have taken her through a wide array of assignments.



LEFT: Karen Stewart, the new U.S. ambassador to the Republic of the Marshall Islands. **BELOW:** Stewart presents her credentials to RMI President Hilda Heine July 25 in the Marshall Islands capital.



"In Washington Ambassador Stewart worked in multiple bureaus including: Office of Fisheries Affairs, Office of Energy Consuming Countries, Office of Israel and Arab-Israeli Affairs, and as Director of the Office of Ukraine, Moldova, and Belarus Affairs," her bio states. "Most recently, Ambassador Stewart was Principal Deputy Assistant Secretary and Acting Assistant Secretary for the Bureau of Democracy, Human Rights, and Labor, and subsequently Special Advisor to the Director General of the Foreign Service."

Stewart speaks Thai, Russian and Lao, the latter of which she has been known to rap in (<https://www.youtube.com/watch?v=v9l0MGA1M3A>).



THUMBS UP

Thumbs Up to the Roi and Kwajalein Atoll personnel who work hard to keep commuters informed and up to date through all the mechanical problems or bad weather that cause changes to flight schedules. They work long hours to see that we all get to where we need to be. A smile and a thank you will let them know how much we appreciate their efforts.

— Judy Hoagland

Thumbs Up and a very special thank you to Tracia Cyrus who generously donated her time and talents to Security and Access Control Contract (Alutiiq). Tracia has a passion

for caring for emergency services and surprises SAAC with homemade meals. Tracia even prepared a special treat for the K9 Dogs! Tracia extends her help, service, and care to everyone she meets. Tracia has also made treats for the Department of Army Civilian Police, and the Kwajalein Fire Department. Tracia, your smile makes everyone around you cheerful and you always have something positive to give those you meet. We are grateful to have you and your family here. Thank you!

— Security and Access Control

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

Community Services Administrative Assistant II HR Req.# K051755 Provides administrative and program support for KRS Community Services and the community at large. Adheres to company Policies, Procedures, Values, Covenants, and Business Ethics. Must have excellent communication skills, computer skills, and the ability to multitask. For more information contact the KRS Human Resources Office, Bldg #700 at 54916.

PATIO SALES

Multi-Family PCS Sale. 3-5 p.m., Saturday, August 6, at Qtrs. 466B Lagoon Rd.

Patio Sale. 6:30 a.m.-1 p.m., Monday, August 8, Qtrs. 488A.

COMMUNITY NOTICES

From July 26 to the end of October 2016, interior repair work will be occur inside the Food Court. There will be times identified later when the Anthony's Pizza area will be closed and one brief period where the entire Food Court will have to be closed. We apologize for the inconvenience.

Summer Fun 3v3 Basketball Tournament Registration. August 2-12.

Tournament play Aug. 16-20. Cost is \$50 per team. 3 players on the court at a time, max 6 players per team. Half court games. To register, contact Derek at 51275.

Quizzo. 7:30 p.m., Friday, Aug. 12, at the Vet's Hall. Special guest host Rachel Shidler will try to trip us up with her trivia questions! Contact Jan Abrams or Mike Woundy.

B-Boat Orientation Class. 6:30 p.m., Tuesday, Wednesday, Thursday, Aug. 16-18, in CRC Room 1. You must attend all three nights for the full time to pass. Cost is \$40, paid in advance. Register at the Small Boat Marina during hours of operation.

Adult Soccer Season Registration. Aug. 16-26. Season runs from September 7-October 21. \$100 team fee. Separate men's and women's leagues. Limited team slots available so register fast! Questions? Call Derek at 51275.

Summer Fun Skate Night. Friday, Aug. 12, at the CRC Gym. 5:30-6:30 p.m. Family Skate (all skaters must be accompanied by a parent/guardian); 6:30-7:30 p.m. Ages 10-up. Roller skates or inline skates may be worn (no skateboards). All roller skates must have a front stopper. Skate pads recommended. Questions? Call Derek at 51275.

Night Golf. Saturday, Aug. 27, at the Kwajalein Golf Course. 7:30 p.m. check-in; 8 p.m. shotgun start. \$35 per person -- two person teams. \$5 Mulligans (max two per person). To register, contact Carmel Shearer at carm1022@yahoo.com or 51407.

Water Safety Instructor Class. Saturdays and Mondays, Aug. 30-October 3. Registration: Aug. 16-27. Cost is \$200 (includes books and certification fees) and is due after the first

class. Participants must be at least 16 years old. Contact Cliff Pryor at 52848.

Kwajalein Diabetes Clinic. 12:30 p.m., Wednesday, August 31, in the Kwajalein Hospital lobby. All participants need to have labs drawn prior to the clinic (now through August 17). Questions? Contact Linda Reynolds at 5-2223.

Kwajalein Schools is soliciting bids for an on-island photographer to take pictures for the upcoming 2016-2017 school year. If interested, please pick up the specification of requirements at the high school office. Bids are due by August 13. Questions? Call the High School office at 52011.

Travel Books Wanted. Finished with your summer trip? Done with the travel books? Donate them to Grace Sherwood Library! Questions? Call 53439.

Island residents, per TB-MED 530 Food Safety regulations, filling of personal mugs or paper cups brought into the dining facility is prohibited. Please use the cups provided for your beverage. Thank you for

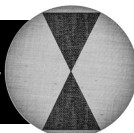
your cooperation. Zamperini Dining Facility staff.

ROAD CLOSURE. The elevated dirt road between the Space Fence Power Plant Annex construction site and the Kwajalein Power Plant is closed to all traffic, including bikes, until further notice. Please use CAUTION if in the area.

Safely Speaking: Oxidizers. Employees need to know the new OSHA symbols. The "O" flame is for oxidizers. Oxidizers enhance combustion of materials. Keep them separated from all other materials.

E-talk: Construction and Demolition (C&D) Debris: Segregating C&D Debris at the source increase the percentage of materials diverted from unnecessary incineration and landfill application. Segregate C&D Debris into scrap metals, glass, plastics, yard waste, compostable, construction debris, and materials destined for incinerations. Questions? Call KRS Environmental at 51134.

THIS WEEK IN KWAJALEIN HOURGLASS HISTORY



From Aug. 4, 1980

Recently Bought A Huffy Bike?

From the SAFETY OFFICE

If you have purchased a Huffy one- or three-speed bike in the last four months, it may be hazardous to your health!

According to AAFES officials, some of the Huffy bicycles have an improper master link in the chain drive. The master link can separate, causing the rider to fall, lose control or lose braking power on bikes with coaster brakes.

The affected bikes were manufactured between April 15 and May 16, 1980. They have code numbers beginning with a C followed by five numbers between 81060 and 81360.

If you have one of these bikes, change the master link or chain immediately.

P S Macy's does not and has not sold any Huffy bikes

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF AUGUST 2

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	August 13
Sauteed Beef Tips	Beef Curry	Chicken Wings	Honey Mustard	BBQ Pork Ribs	Beef or Chicken Taco Bar	Savory Baked Lasagna
Pork Chops	Cacciatore Chicken	Comed Beef & Cabbage	Roast Chicken	Turkey Wrap	Refried Beans	Garlic Toast
Mashed Potatoes	Au Gratin Potatoes	Vegetarian Sauté	Tuna Casserole	Roasted Potatoes	Vegetables	Vegetables

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	August 13
Meatloaf	Pepperoni Pizza	Grilled Chicken w/Herbs	Steak Night	Mongolian BBQ	Chicken Fried Steak	Oriental Pork Steak
Fried Chicken	Vegetable Pizza	Beef Pot Pie	Picante Chicken	Garlic Marinated Chicken	Mashed Potatoes	Beef Broccoli Stir-Fry
Roasted Potatoes	Pasta Carbonara	Three Cheese Macaroni	Vegetarian Pasta	Vegetables	Fish Du Jour	Fried Rice

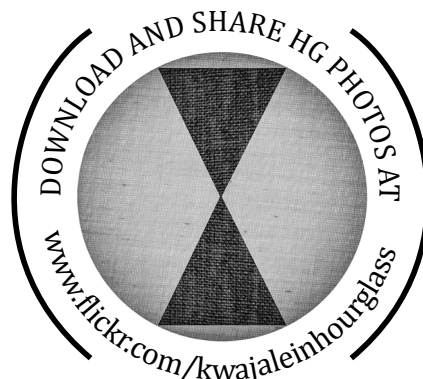
SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:41 a.m. 7:09 p.m.	9:58 a.m. 10:18 p.m.	6:31 a.m. 4.1' 6:53 p.m. 3.6'	12:20 a.m. -0.2' 12:47 p.m. -0.2'
MONDAY	6:41 a.m. 7:08 p.m.	10:44 a.m. 10:59 p.m.	7:00 a.m. 3.8' 7:25 p.m. 3.4'	12:52 a.m. 0.1' 1:15 p.m. 0.0'
TUESDAY	6:41 a.m. 7:08 p.m.	11:29 a.m. 11:40 p.m.	7:30 a.m. 3.4' 8:00 p.m. 3.2'	1:25 a.m. 0.4' 1:45 p.m. 0.3'
WEDNESDAY	6:41 a.m. 7:08 p.m.	12:15 p.m. -----	8:05 a.m. 2.9' 8:47 p.m. 2.9'	2:05 a.m. 0.8' 2:20 p.m. 0.7'
THURSDAY	6:41 a.m. 7:07 p.m.	1:01 p.m. 12:22 a.m.	8:52 a.m. 2.5' 9:59 p.m. 2.7'	2:59 a.m. 1.1' 3:10 p.m. 1.0'
FRIDAY	6:41 a.m. 7:07 p.m.	1:49 p.m. 1:05 a.m.	10:25 a.m. 2.2' 11:50 p.m. 2.7'	4:37 a.m. 1.3' 4:41 p.m. 1.2'
AUGUST 13	6:41 a.m. 7:06 p.m.	2:37 p.m. 1:50 a.m.	----- 12:40 p.m. 2.2'	6:47 a.m. 1.2' 6:33 p.m. 1.1'

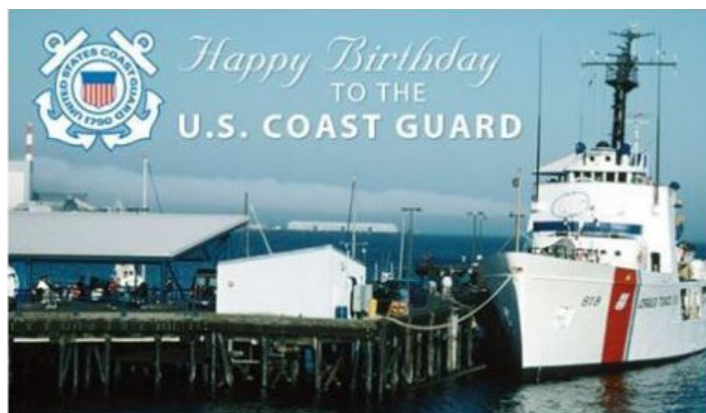
COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA
COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S
HOTLINE AT 51098 TODAY!



HAPPY 226TH BIRTHDAY U.S. COAST GUARD!



Sexual Harassment/Assault Response and
Prevention (SHARP) Contact Information

Capt. David Rice
SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 3565
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247



Check out daily news and community updates on the official
U.S. Army Garrison-Kwajalein Atoll Facebook page.

www.facebook.com/usarmykwajaleinatoll

For command information questions, please contact Public Affairs at 54848.

Café Roi							*MENU CURRENT AS OF AUGUST 2
LUNCH							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	August 13	
Roasted Cornish Hen	Beef Fajitas	French Dip Sandwich	Beef Stew	Char Siu Pork Sandwich	Tuna Casserole	Kalua Pork	
Fish Florentine	Chicken	Grilled Chicken Breast	Fried Chicken Strips	Beef Stir-Fry	Yankee Pot Roast	Fish Sandwich	
Ham & Cheese Quiche	Breakfast Burrito	Ranch Style Beans	Hot Spiced Apples	Vegetable Fried Rice	Corn Dogs	Vegetable Fried Rice	
DINNER							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	August 13	
BBQ Pork Ribs	Jambalaya	Chicken Fried Steak	Roast Beef	Fried Chicken	Corn Beef and Cabbage	Asian Style Pot Roast	
BBQ Chicken	Cajun Roast Pork	Chicken Curry	Herb Baked Fish	Beef Pot Pie	Irish Fish Cake	Chicken Hekka	
Baked Beans	Mashed Potatoes	Mashed Potatoes	Corn on the Cob	Mashed Potatoes	Boiled Potatoes	Potato Wedges	

WATCH OUT FOR WASPS!

HOURLASS REPORT

Paper Wasps are social insects that defend their nests with a vengeance, stinging anyone or anything deemed a threat to the colony. Unlike honey bees, paper wasps can sting multiple times. And while there are “good” wasps that are solitary and not territorial, such as Mud Dauber and Ensign Wasps, it is important to understand where paper wasps live and what to do should you encounter a nest.

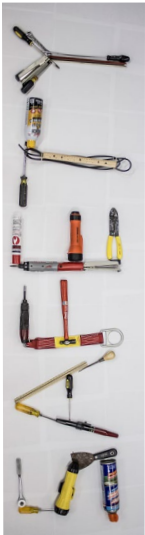
The wasps found on Kwajalein and Roi-Namur are considered “*Polistes Major*,” a tropical paper wasp subspecies that is mostly yellow with vibrant brown markings and wings. Their nests can be found almost anywhere and not always in a protected area as one might expect. Paper wasps build their nests on practically any material and can be found in locations such as building eaves, the corner of a doorway, inside pipes, attached to tree leaves and bark, in thick vegetation and near flowering shrubs and Plumeria trees.

If you find a nest, back away slowly, note the specific location,



David Cantrell

and call Public Works at 5-3550. In the event you are stung by a wasp at work, please seek medical attention. If stung outside of work, medical attention is recommended. A good home remedy is to apply vinegar soaked cotton balls to the sting as soon as possible.



TEN RULES FOR 10 FINGERS

Hand and finger injuries continue to be a major concern within the KRS family. In 2015 alone we saw 23 hand and finger injuries (not including those injuries by insects or vermin). Some of these injuries included losing grip of manhole covers, dropping the heavy metal cap onto fingers. Another example: An employee used a razor knife to cut shrink wrap off a package and cut his finger while wearing latex gloves—the incorrect type of glove for the job. Yet another example: An employee was grinding a piece of rebar when the grinder bound, causing it to jump and cut his hand. All of these incidents came from separate lines of business, meaning every area is open to risk. These injuries, in addition to the ones not mentioned, could have been avoided by using a little common sense and the proper PPE. So what can we do to help prevent these accidents?

Ten Rules for 10 Fingers

1. Recognize and avoid pinch points with proper hand placement.
2. Expect a hand tool to slip if there is resistance, and be aware of body and hand placement.
3. Inspect your tool prior to work. Do not use tools in poor condition or those missing parts.
4. Do not repair or work on moving equipment. Always replace machine safety guards after repairs.
5. Gloves must be inspected before each and every use. If the work requires gloves, use them!
6. Do not wear jewelry that can be caught in moving parts.

7. Equipment with defective safety parts should not be used. Remove them from service, and tag them out of service to prevent someone else from using them.
8. Wash and clean hands thoroughly and frequently when in contact with chemicals.
9. Read labels carefully, and take the recommended precautions to protect your hands.
10. Protect your hands during hot and cold conditions.

Hand protection does not simply consist of putting some gloves on. It means finding ways to eliminate those dangers that may put our hands at risk. If a glove is the last option for safely completing the task, ensure you are using the right glove for the job by reviewing our glove matrix located on the EH&S web page on the USAG-KA-web Intranet website.

