

# INDONESIAN KRI DIPONEGORO CREW TAKE LEAVE ON KWAJ

#### HUIIDGI OGG BEDUDT

*Indonesian Naval Vessel* KRI Diponegoro and crew pulled into Echo Pier at Kwajalein June 17 for a brief reprieve from a long trans-Pacific journey from Indonesia to Hawaii. After refueling and getting a few days of rest and relaxation on the island, the crew pulled out June 22 and headed on its way.

En route to the 2016 RIMPAC naval wargames, an extensive international exercise hosted by the U.S. Navy's Pacific Fleet at Hawaii every other year, the Indonesian crew got the opportunity to stretch their legs in what was for many their first visit to Kwajalein and the greater Marshall Islands.

Inviting the U.S. Army Garrison-Kwajalein Atoll community

aboard their Dutch-built Sigma-class corvette for public tours June 20, the ship's crew shared a bit of what it's like serving in Indonesia's Navy and what their ship has to offer. The 300-feetlong, 1,700-ton vessel sleeps 80 and packs capabilities that make it ideal for search-and-rescue missions, sea patrols and anti-submarine warfare. It was commissioned in 2007.

In Hawaii, the crew will coordinate with dozens of ships and thousands of crewmembers from more than a dozen nations (the vast majority being Pacific nations), all of whom have been invited by the U.S. Navy's Pacific Fleet to join forces and work together in naval exercises. Those exercises will range from simulated battle scenarios and weapons testing to natural disaster relief operations and cultural exchange performances.









CLOCKWISE FROM TOP LEFT: The KRI Diponegoro pulls into port June 17. Jon Marr and friends show off the ship's 76-mm bow gun during a tour June 20. The ship's crew welcome Kwaj residents aboard during tours. A group of Kwaj folks are escorted around the ship.

### THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

Phone: Defense Switching Network 254-2114; Local phone: 52114

Printed circulation: 650

Email:

usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil

Garrison Commander.....Col. Michael Larsen
Garrison CSM......Sgt. Maj. Angela Rawlings
Public Affairs Officer.....Nikki L. Maxwell
Managing Editor .......Jordan Vinson
Associate Editor ........Cari Dellinger
Media Services Intern......Colleen Furgeson

i Courtesy of Jon Marr

Courtesy of Connie Greene

### KWAJERS, DIPONEGORO CREW GO HEAD TO HEAD ON PITCH

#### HOURGLASS REPORT

Kwajalein residents hosted crewmembers of the KRI Diponegoro at the Kwajalein Jr./Sr. High School soccer field for a friendly match June 20 prior to the crew's departure for the 2016 RIMPAC naval exercises at Hawaii.

The match was an opportunity for the ship's crew to stretch their legs on Kwajalein turf and show off their soccer skills. While Kwajalein's best—around 30 players or so—teamed together to take on the Indonesian squad, they managed to score only three goals to the Diponegoro crew's 7.

Three Diponegoro goals by #12 in the first half were answered by one Kwajalein goal, shot by island resident Justin Smith. Four more goals by the ship's crew in the second half were answered by two Kwajalein goals—one from Kenny Leines and another from Thomas Greene.

The Kwaj teammates got shellacked, but they had a good time, they said. They shared the bleachers with the Indonesians for a huge group photo after the game and wished them luck and safe journeys during their voyage to Hawaii.













Kwajalein youth take public transportation-Kwaj style June 20 during the Kwajalein-KRI Diponegoro soccer match.



KRI Diponegoro crew and Kwaj residents race at the Kwajalein Jr./Sr. High School soccer field during the June 20 soccer match. With each teammate's foot attached to the same plank, movement required some serious coordination.



Kwaj residents gather for a photo to commemorate their epic 3.25-mile swim from Emon Beach to Enubuj (Carlson) June 20. The journey took between two and 2.5 hours to complete, and three crews on B-boats supported the swimmers and ensured their safety along the way. "Conditions weren't perfect," said participant and event organizer Jay Lord. "But it wasn't too bad." From left to right: Bruce Premo, Molly Premo, Ursula LaBrie, Sarah Stepchew, Alex McGlinn, Jenny Cunningham, Jay Lord, Lynn Leines, Rich Erekson, Jon Mitchell, Amy Hromiak and Mak Hromiak.







FROM LEFT TO RIGHT: Chad and Jackie Gibbon tour the KRI Diponegoro. Scott Murphy and his children, Alex and Emily, are photographed with a crewmember at the ship's bow gun. Michael Ignacek shares a photo with a crewmember.

# KRS DELIVERS SAFETY MESSAGE ON ROI

#### HOLIDCI DSS DEDODT

*Kwajalein Range Services'* Environmental, Safety and Hazards Department personnel hosted a community outreach session on Roi June 22.

Focusing on workplace safety, event organizers showed Safety Day attendees the myriad ways to prevent accidents and mitigate dangerous conditions at the worksite. In addition to taking in brief lectures on how to do everything from back up motor vehicles and safely lift and carry large, bulky and heavy objects, participants got the opportunity to take home some free merchandise and give event volunteers like Roi resident Laura Pasquarella-Swain a swift dip in the dunk tank.







CLOCKWISE FROM TOP LEFT: Participants go through a vehicle parking exercise. RIGHT: Laura Pasquarella-Swain awaits her watery doom on the dunk tank bench. Event goers take in some brief safety lectures near the pool.



 $\it Thumbs\ Up$  to Batman for taking a break from fighting crime to be a hero reader for the Grace Sherwood Library Summer Reading Program. You deserve a hundred hugs!

- Summer Reading Program participants

# SEND IN YOUR IDEAS FOR NEIGHBORHOOD NAMES!

#### HOURGLASS REPORT

The Garrison Commander wants to hear from you! Col. Larsen is asking Kwaj residents to submit their name ideas for the housing areas outlined on this map of the island. The new name can relate to Kwajalein history, Marshallese culture or U.S patriotism. Think outside the box and send your ideas to: nikki.I.maxwell. civ@mail.mil

The Command Team will make the selections later this summer, and the entire community will be invited to the name unveiling and rededication of our neighborhoods. Together we are working to improve our community, and we thank you for your input.



# AND THE WINNERS OF THE 2016 PHOTO EXHIBIT CONTEST ARE...

Category: Marshallese Culture



"Jobwa Stick Dancer"—Heather Miller



"Taxi!"—Colleen Furgeson



"Sugar, Spice and Everything Nice"—Lynda Reynolds

Category: Underwater



"Too Pretty to Eat"—Kim D'Alessandro



"Dancing Day Octopus"—Heather Miller



"Getting Some Sun"—Heather Miller











## WANT TO PARTICIPATE IN UPCOMING SPORTS LEAGUES AND COMMUNITY EVENTS? HERE'S WHAT YOU NEED TO KNOW

ACTIVITY	DATE/TIME OF YEAR	RECOMMENDED OR REQUIRED GEAR	REGISTRATION INFO
Summer Fun Skate Nights	On certain Fridays, as advertised	Roller skates or rollerblades! PPE recommended but not required.	None—Just show up. Cost: free
Merbabes Swim Class	First Saturday of every month	Swim diaper required for those not potty-trained. Rash guard, hat and sun screen recommended.	Babies must be six months of age or older. Cost: free.
Around the Atoll in 80 Days Challenge	September- November	Running shoes and anything else you might need to walk and run long distances.	Register with Community Activities. Cost: free.
Youth Basketball League	TBD	Shoes with non-marking soles required.	TBD
2016 Kwajalein Soccer League	Sept. 7-Oct. 21	Shin guards and soccer cleats are required; cleats must be rubber-spiked.	Register with Community Activities. Cost: \$100 per team.
Fall Bowling League	Sept. 28-Nov. 23	Bring socks! If you prefer your own stylish bowling shoes, bring those.	Register with Community Activities.
Shaving Cream Social	Oct. 15	Goggles required. Only non-menthol, foaming shaving cream permitted. 1 can allocated per child, but feel free to bring extras.	None—Just show up. Cost: free.
Halloween and Swash Buckler's Ball	Late October	Costumes for Halloween parties and a good pirate costume for the Swashbuckler's Ball.	N/A.
Youth Flag Football	TBD	None.	TBD
2016 Kwajalein Volleyball Season	Nov. 1-Dec. 16	Shoes with non-marking soles required.	Register with Community Activities. Cost: \$100 per team.
Santa's arrival/Tree Lighting events at Kwaj and Roi	Dec. 3	A jovial, Christmas spirit!	None—Just show up. Cost: free.

FRANK C HEALY

### COL. FRANK C. HEALY

ARRIVES ON KWAJALEIN
COL FRANK C HEALY ARRIVED TODAY ON
THE NIKE-X CHAPTER FLIGHT, AND WILL AS SUME COMMAND OF THE KLAJALEIN TEST SITE ON JULY 2 CONCURRENT WITH THE DE-PARTURE OF COL MELVIN D CLARK, WHO HAS BEEN ASSIGNED TO THE STAFF AND FA-CULTY OF THE ARMY WAR COLLEGE AT CAR-LISLE BARRACKS IN PENNSYLVANIA, HAVING COMMANDED THE KTS SINCE JANUARY 21 OF LAST YEAR

COL HEALY, WHO COMES TO KWAJALE'N FROM A POSITION WITH THE OFFICE OF PRODUCTION AND SAFETY OF THE ATOM C ENERGY COMMISSION'S DIVISION OF MILI-TARY APPLICATION IN WASHINGTON, ENTER-ED THE ARMY IN JULY, 1939 HE SERVED MEADE, S D , AND LATER AS AN INSTRUCT OR AT THE CAVALRY SCHOOL AT FT RILEY, IN 1943 HE REJOINED THE 4TH AT THE DESERT TRAINING CENTER IN CALIFOR-NIA AND MOVED WITH IT TO CAMP MAXCY, LATER THAT YEAR HE WAS ASSIGNED TO ENGLAND AND SUBSEQUENTLY TOOK PART IN THE INVASION OF FRANCE AFTER THE WAR, HE ATTENDED THE COMMAND AND GEN-ERAL STAFF COLLEGE AND THEN THE UNI-VERSITY OF ILLINOIS UNDER THE REGULAR ARMY CIVIL SCHOOLING PROGRAM HE RE-CEIVED AN M.S DEGREE IN ELECTRICAL ENGINEERING FROM ILLINOIS IN 1948 AND WAS ASSIGNED TO THE ARMORED SCHOOL AT FT KNOX SHORTLY THEREAFTER AS A COM-MUNICATIONS INSTRUCTOR

IN EARLY 1950, COL HEALY TRANSFER-RED TO THE ORDNANCE CORPS AND SERVED ON THE ORDNANCE BOARD AT ABERDEEN PROVING GROUND UNTIL THE FALL OF 1951 WHEN HE WAS GIVEN COMMAND OF THE ARMY'S FIRST SPECIAL WEAPONS UNIT AT SANDIA BASE SUBSEQUENTLY, HE COMMANDED THE 14TH ORDNANCE BATTALION AT SANDIA AND WHITE SANDS

HE WAS NAMED CHIEF OF THE UNIT TRAIN-ING DIVISION, FIELD COMMAND, AFSWP, AT SANDIA IN MARCH, 1956, AND IN JANUARY OF 1958 WAS ASSIGNED TO THE ARMED FOR-CES STAFF COLLEGE HE WAS MADE CHIEF OF THE SPECIAL WEAPONS SECTION AT ORD-NANCE HEADQUARTERS IN JUNE OF THAT YEAR AND IN AUGUST OF 1961 WENT TO LETTERKENNY ARMY DEPOT AS DIRECTOR FOR SUPPLY OPERATIONS. HE WAS GIVEN HIS AEC ASSIGNMENT IN JULY OF 1963

COL HEALY WAS BORN IN BUCKLAND, CONN , IN 1917 HE ATTENDED MASSA-CHUSETTS STATE AND WAS GRADUATED IN 1939 WITH A B.S. IN CHEMISTRY HE IS A MEMBER OF SIGMA PHI EPSILON AND THE KNIGHTS OF COLUMBUS

COL HEALY AND HIS WIFE, THE FORMER MARY R MOYNIHAN OF HOLYOKE, MASS, HAVE THREE CHILDREN. JAMES, 21, KEVIN, 16, AND KATHLEEN ANN, 9

MEET GLOBAL'S BOB OLDS, NEW MAMAGER OF YOKWE YUK

ROBERT OLDS, NEW MANAGER OF THE YORWE YUK CLUB, ASSUMED HIS DUTIES LAST WEEK AND BROUGHT TO KWAJALEIN AND THE CLUB A BROAD BACKGROUND IN THE FIELD OF FOOD SERVICES WHICH AS

SURE TO MAKE HIM A WELCOME ADDITION TO THE COMMUNITY. BOB'S MOST RECENT ASSIGNMENT, WHICH HE HAD HELD UNTIL COMING HERE FROM SEPTEMBER OF 1960, WAS AS FOOD SERVICE DIRECTOR AT HUMBOLDT STATE COLLEGE AT ARCATA, CALIF.

HUMBOLDT HAS A STUDENT BODY OF 3500, AND BOB WAS RESPON-SIBLE FOR ADMINISTRATION OF THE DINING SERVICE, AS WELL AS

FOR TWO SNACK BARS AND THE COUNTLESS SPECIAL FUNCTIONS HELD ON CAMPUS.

PRIOR TO THAT TIME BOB WAS A MEMBER OF THE NAVY FOOD
SERVICES TEAM OPERATING OUT OF NEWPORT, R.I. IN THAT POSI-TION WHICH HE HELD FROM 1957 TO 1960, HE PARTICIPATED IN THE PLANNING AND EXECUTION OF MANY OFFICIAL FOOD FUNCTIONS, THE PLANNING A BEACH PARTY PLANNED FOR THEN-PRESIDENT AND MRS.
EISENHOWER, DURING THIS TIME, BOB GAINED CONSIDERABLE EXPERIENCE IN THE PREPARATION AND SERVING OF SEAFOOD DISHES.
FOR THREE YEARS PRIOR TO THE NAVY TEAM ASSIGNMENT, HE

SERVED AS AN INSTRUCTOR AT THE NAVY SUPPLY SCHOOLS, ALSO A NEWPORT, AND DEALT THERE WITH MANY PHASES OF FOOD SERVICE. IN ALL, BOB HAS SPENT NEARLY THIRTY YEARS IN ONE AREA OR ANOTHER OF FOOD SERVICE.

BOB IS ACCOMPANIED ON KWAJALEIN BY HIS WIFE, DOROTHY, AND HIS DAUGHTER, JOY. HIS PHILOSOPHY, HE SAYS, IS "IT'S EASY TO BE NICE TO NICE PEOPLE. WELCOME TO KWAJALEIN CLOSES.



## Italian Swiss Colony White Mendocino

Red Mendocino

Rhineskeller

Red Label

Chianti

FULL BODIED ROBUST WINES. SUPERB ON MOUNTAIN TOPS OR WARM PACIFIC ISLANDS.

ONLY 40 CENTS THURSDAY, FRIDAY, AND

BEEN HADE FOR 35 PERSONS

#### MISSILE OPERATIONS RULES

THE FOLLOWING GENERAL RULES WILL APPLY FOR THE MISSILE OPERATION SCHED-ULED FOR TONIGHT, FRIDAY 22 JUNE.

DUE TO A CHANGE OF OPERATIONAL CON-CEPT TAKE COVER WILL BE SOUNDED APPROX IMATELY 30 MINUTES PRIOR TO LAUNCH TIME

RADIO STATION VILL BROADCAST CON-TINUOUS INFORMATION. IT IS REQUESTED THAT ALL PERSONNEL COMPLY WITH IN-STRUCTIONS AS THEY ARE BROADCAST. IT IS ANTICIPATED THAT TAKE COVER SIGNAL WILL BE SOUNDED NO CARLIER THAN 2030.

- ALL MARSHALLESE WILL DEPART KWAJALEIN ON THE EVENING FERRY. NO MARSHALLESE WILL BE PERMITTED TO RE-MAIN ON KWAJALEIN OVERNIGHT.
- 2. ALL PERSONNEL WILL TAKE COVER IN DESIGNATED APPROVED SHELTERS AND REMAIN UNDER COVER UNTIL THE ALL CLEAR IS SOUNDED
- ALL FAMILY QUARTERS ARE CONSID-ERED APPROVED SHELTERS WITH THE EX-CEPTION OF THE FOLLOWING: 401 -107 403 - 404 - 241 AND TRAILERS PANTS OF THESE QUARTERS ARE REQUESILD TO GO TO AN APPROVED SHELTER FACILITIES OF THE YOKWE YUK CLUB ARE AVAILABLE

4. SIGNALS:

TAKE COVER - THPEE (3) 10-SECOND BLASTS ON THE FIRE SIREN

ALL CLEAR - FIVE MINUTES AFTER FIRING. ONE (1) 20-SECOND BLAST.

I'D NAVE CRACKED UP BY NOW IF IT HADN'T OF BEEN FOR MAGILYN YOKWE YUK CLUB == JUNE 23™

From June 26,

From June 22, 1962

8

# STRATCOM DETECTS, TRACKS NORTH KOREAN MISSILE LAUNCHES

EXTERNAL REPORT

By STRATCOM Public Affairs

*OFFUTT AIR FORCE BASE, Nebraska* — U.S. Strategic Command systems detected and tracked what we assess were two North Korean missile launches at 3:56 p.m. CDT and 6:03 p.m. CDT, June 21, 2016. The launch of two presumed Musudan intermediate range ballistic missiles occurred at Wonsan.

The missiles were tracked over the Sea of Japan, where initial indications are they fell.

The North American Aerospace Defense Command (NORAD) determined the missile launches from North Korea did not pose a threat to North America.

The men and women of USSTRATCOM, NORAD and U.S. Northern Command, and U.S. Pacific Command remain vigilant in the face of North Korean provocations and are fully committed to working closely with our Republic of Korea and Japanese allies to maintain security.

USSTRATCOM's mission is to conduct global operations in synchronization with other combatant commands and appro-



priate U.S. government agencies to detect, deter and prevent strategic attacks against the U.S., its allies, and partners, and to be prepared to deliver warfighting capability to defend the nation.

## ARMY WALLOPS MARINES IN WARRIOR GAMES WHEELCHAIR BASKETBALL CHAMPIONSHIP

EXTERNAL REPORT

By Amaani Lyle, DoD News, DMA

*WEST POINT, New York, June 22, 2016* — The Army trounced the Marine Corps 62-23 in the wheelchair gold medal competition yesterday on the final day of the 2016 Department of Defense Warrior Games at the U.S. Military Academy here.

Though Team Marine Corps trailed by only 4 points going into halftime, Team Army found its stride in the second half to emerge as unstoppable victors.

Novice players made up a fair share of both contending teams, making their medals all the more hard-fought and impressive, Army and Marine Corps coaches said. Still, the Army demonstrated a series of swift passes and deft ball-handling to maintain a solid lead before running down the clock at the end of the final period.

Army Reserve Spc. Sydney Davis, a combat medic from Denver, earned a double-double in the gold-medal contest, in addition to demonstrating notable skill in shot put, discus, archery and rifle shooting during the games.

A Sense of Purpose

"Adaptive sports changed my life," she said. "I started doing one sport, and the feeling was so addicting -- the feeling of support from the fans and competing again makes me feel like I have a purpose. You lose sight of that. You start to think that there's not much more you can offer or that you're wounded past fixing."

Davis emphasized that adaptive sports competition gives many athletes the ability to recognize their repair and healing



Army Spc. Stephanie Morris passes the ball during the basketball gold medal round of the 2016 Warrior Games at the U.S. Military Academy in West Point, New York, June 21.

remains attainable, which saves lives.

The DoD Warrior Games showcase the resilience and warrior spirit of service members, veterans, their families and caregivers, competition officials said. Adaptive sports and athletic reconditioning activities play a fundamental role in the effective recovery and reintegration of service members and veterans, they added.

About 250 athletes from across the services, U.S. Special Operations Command and the United Kingdom armed forces competed in the 2016 Warrior Games.

### COMMUNITY CLASSIFIEDS

#### **HELP WANTED**

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.

Community Services Administrative Assistant II HR Req.# K051755 Provides administrative and program support for KRS Community Services and the community at large. Adheres to company Policies, Procedures, Values, Covenants, and Business Ethics. Must have excellent communication skills, computer skills, and the ability to multitask. For more information co tact the KRS Human Resources Office, Bldg #700 at 54916.

Mail Clerk Financial HR Req. #K051750 Provides mail processing for incoming and outgoing packages. Must be a US citizen and be able to work 32 hours and handle registered mail and rotate to Roi. Must be eligible to obtain a secret clearance. Must be able to physically lift/push/handle items up to 70 lbs. Flexible schedule to work early mornings, mid-day and evenings. For more information co tact the KRS Human Resources Office, Bldg #700 at 54916.

KRS is seeking a grade 7-12 science teacher. Please direct any potential candidates to www.krsjv.com

#### YARD SALE

3-6 p.m., June 25, at Qtrs. 418 B. Multi-family sale. No children's items.

Everything-must-go BQ sale. 12:30-4:30 p.m., Saturday, July 2, at Reef 212 (at corner of Sixth Street and Lagoon Road). Women's clothing and shoes, electronics, furniture, books, kitchen appliances, etc. No holds! Cash only!

#### COMMUNITY NOTICES

Kwajalein Yacht Club monthly meeting. 7 p.m., Saturday, June 25. Show up early for happy hour, and stay late for dinner. Please bring a dish to share. Guests welcome.

Birthday Bash at the Ocean View Club. 8 p.m., Saturday, June 25. Featuring the rowdy rock tunes of two new Kwajalein bands: The Atomic Playboys and The Jordashians. Sign up for complimentary beverages if your birthday is in June! Stop by the Community Activities Office to sign up. Please present K-badge. Must be 21 years or older. Questions? Call 53331.

Karaoke Night. Sunday, June 26, 8 p.m. at the Ocean View Club. Be a star for the night and sing your heart out! Must be 21 years of age or older. Questions? Call 5-3331.

Mandatory Island Orientation. 12:30-3:30 p.m., June 29, at CAC Room 6. This orientation is required for all new island arrivals, including dependents. Questions? Call ES&H at 51134.

Please join us for Quizzo on Friday, July 1 the Vets Hall at 7:30 p.m. Special Guest Host Kate Ru-

tan will be hosting and checking out our trivia skills!

Merbabes Swim Class. Saturday, July 2, 9-9:30 a.m. All participants must be accompanied by an adult in the water. Swim diapers are required for children who are not potty-trained. Cost is FREE! For questions, contact Cliff at 52848.

The Family Pool will be closed July 4. Please come celebrate with us at Emon Beach!

Fourth of July Baggo Tournament Register June 21- July 2. Tournament July 4, 3 p.m., near the main pavilion at Emon Beach. Cost is free. Two-person teams. To register, call Derek at 51275.

Kwajalein Golf Association's Red – White – Blue 4 Person Scramble. Monday, July 11. Event benefit the Folds of Honor Foundation. Shotgun start at 10 a.m. Open to all golfers. Cost \$30 per person. \$\$CASH\$\$ prizes and lunch after the tournament. Email Deb Crawford: debra.b.crawford@lmco or Carmel Shearer: carm1022@yahoo. com to register.

The Grace Sherwood Library Summer Reading Program has begun! Channel your inner superhero reading all summer long! Visit us at the library next Wednesday at 9:30 a.m. for our next SUPER group session!

Environmental Public Announcement: Dredging and Filling Operations. Avoid eating fish caught on the ocean side near North Point behind the domes. The concrete barrier emplacement on the reef flat could increase the potential for Ciguatera poisoning. Questions? Call 5-1134.

If there are any local residents who know of locations personal belongs or have in their possession personal belongings of Akino Lippwe please contact CW3 David Casbarra at 805-355-3421 or email at david.j.casbarra.mil@mail.mil. It is important to his family that they receive his personal effects in timely manner. Thank you.

Caution: there has been a reported case of Hand, Foot, and Mouth Disease on-island. This virus is highly contagious, especially for those under 5. Please practice good hand washing techniques to prevent infection. If you suspect your child is infected, please keep them out of school.

Safely Speaking: Hand protection is not simply putting some gloves on; it is finding ways to eliminate the task that may put our hands at risk; or using tools rather than hands to complete the job. If a glove is the last option for safely completing the task; ensure you are using the right glove for the job.

E-talk: All USAG-KA residents, soldiers, civilians, contractors, and organizations are required to leave artifacts, archaeological features, and historic sites on land or in the water as they are found. Artifacts or objects associated with historic buildings, buried trash deposits, shipwrecks, airplanes, etc. are not to be disturbed, removed, or disfigured in any way. Only with written permission from USAG-KA and the RMI Historic Preservation Office (HPO) should artifacts be handled or removed from locations where they are found. See USAG-KA Regulation 200-4 for more information.

#### \*MENU CURRENT AS OFJUNE 24 Captain Louis S. Zamperini Dining Facility LUNCH Wednesday Friday July 2 Sunday Monday Tuesday Thursday Oven fried chicken Grilled turkey reuben Pork pot roast Lemon chicken Chicken alfredo BBQ casserole Tacos Beef pasticio Sweet spicy meatballs Grilled chicken breast Chicken veggie stir-fry Black beans Fish du jour Baked ravioli Scalloped potatoes Oven roasted potatoes Mac and cheese Roasted potatoes Mexican rice Rice pilaf Pasta algio e olio **DINNER** Sunday Monday Wednesday Thursday Friday July 2 Tuesday Old fashioned pot roast Grilled top sirloin Country fried steak Hamburger Bonanza Beef pad thai Bangers and mash Fried chicken Chef's choice Roast chicken Mashed potatoes Chicken marsala Gen. Tso's chicken Boiled potatoes Meatloaf Chef's choice Chef's choice Mashed potatoes Baked potatoes Vegetarian sauté Roasted potatoes Chef's choice

### **POETRY CORNER**

ISLAND SOJOURNER, by Gia Wright



Sexual Harassment/ Assault Response and Prevention (SHARP) Contact Information

Capt. David Rice SHARP Victim Advocate

Work: 805 355 2139 Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100 USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

#### SUN-MOON-TIDES **SUNRISE MOONRISE** LOW TIDE HIGH TIDE SUNSET **MOONSET SUNDAY** 6:33 a.m. 11:52 p.m. 1:26 a.m. 0.3' 7:46 a.m. 3.9' 7:11 p.m. 11:18 a.m. 2:18 p.m. 0.1' 8:28 p.m. 3.2' **MONDAY** 6:33 a.m. 2:22 a.m. 0.6' 8:40 a.m. 3.6' -----7:11 p.m. 12:12 p.m. 3:15 p.m. 0.3' 9:35 p.m. 3.1' **TUESDAY** 6:34 a.m. 12:40 a.m. 3:35 a.m. 0.8' 9:49 a.m. 3.3' 7:11 p.m. 1:05 p.m. 4:24 p.m. 0.4' 10:57 p.m. 3.1' WEDNESDAY 6:34 a.m. 1:28 a.m. 5:09 a.m. 0.9' 11:15 a.m. 3.0' 7:11 p.m. 2 p.m. 5:42 p.m. 0.4' 12:19 a.m. 3.4' THURSDAY 2:18 a.m. 6:34 a.m. 6:42 a.m. 0.7' 2:57 p.m. 6:54 p.m. 0.3' 12:42 p.m. 3.0' 7:11 p.m.

3:11 a.m.

3:55 p.m.

4:06 a.m.

4:55 p.m.

7:54 a.m. 0.3'

7:54 p.m. 0.1'

8:51 a.m. -0.1'

8:46 p.m. -0.2'

1:27 a.m. 3.8'

1:52 p.m. 3.2'

2:23 a.m. 4.2'

2:50 p.m. 3.4'

A fourth a century, this island home
yearned for
read about
prayed for
talked about.
surreal beauty
worst nightmare
moody
daily greetings
happy meetings
grill smoke
heat stroke
dreams spent
time repent
never ending
kids unrelenting
Blue Lagoon for a few
Lord of the Flies for you
or is it
Gilligan's Island for many
or
Swiss Family Robinson
a plenty
a quiet escape
time tape
still measures the same
no matter how you rub the grain
winds blow
boat in tow
make it good
make it worthwhile
sail on sojourner
life's a sandpile
fashion it well
daily upkeep
pat it down
make it sleep
start all over
rinse
and
repeat.
P

			- Oala Dai	*MENU CURRENT AS OF JUNE 24		
LUNCH			— Case Roc	Café Roi		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	July 2
Roasted cornish hens	Beef fajitas	Grilled chicken breast	Beef stew	Char siu pork sandwich	Tuna casserole	Lasagna
Fish florentine	Chick. w/ orange sauce	Ranch style beans	Chicken strips	Beef stir-fry	Yankee pot roast	Spaghetti
Ham & cheese quiche	Breakfast burrito	Cornbread	Hot spiced apples	Veggie fried rice	Corn dogs	Garlic bread
DINNER						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	July 2
BBQ pork ribs	Jambalaya	Chicken fried steak	Roast beef	Fried chicken	English pub night	Asian style pork roast
BBQ chicken	Cajun roast pork	Chicken curry	Herb baked fish	Beef pot pie	Fish and chips	Chicken hekka
Baked beans	Mashed potatoes	Mashed potatoes	Baked potatoes	Mashed potatoes	Pasties	Sweet potato wedges

6:34 a.m.

7:12 p.m.

6:34 a.m.

7:12 p.m.

**FRIDAY** 

JULY 2

### HERO OF THE WEEK

HOURGLASS REPORT

USAG-KA's Hero of the Week is Kwajalein resident Danny Barthle. Having lived on the island for around 13 years, the drummer and major sound and music gear nerd has put untold man hours into helping provide the Kwaj community with quality live music performances. Pictured at right, Danny is seen doing what he does best-working a mixer and soundboard behind the scenes to help the visiting USO Show Troupe performers sound as good as possible during their show June 16. When he's not schlepping around small mountains of his personal gear to support professional music acts from off-island, he's busy drumming in Kwajalein band Radar Love and working to support the missions on USAG-KA. Thanks Danny!



Jordan Vinson

by

photo

Army







