

VOLUME 57 NUMBER 19

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THE KWAJALEIN HOURGLASS



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'WOTHO' IS WORTH IT

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U.S. Ambassador Thomas Armbruster and Col. Michael Larsen, commander of U.S. Army Garrison Kwajalein Atoll, are nearly swept off their feet by the welcome party during their visit to Enniburr, April 29. See more on page 2.

by Nikki Maxwell



U.S. Ambassador to the Marshall Islands, Thomas Armbruster, visited Enniburr with U.S. Army Garrison Kwajalein Atoll Commander Col. Michael Larsen and Command Sergeant Major Angela Rawlings, April 29, and was greeted by the island's residents and leaders.

AMBASSADOR, USAG-KA VISIT EBEYE, ENNIBURR

NIKKI MAXWELL, USAG-KA PUBLIC AFFAIRS

He's greeted by Marshallese leaders like an old friend, and waved to by dozens of smiling people on the streets of Ebeye. He doesn't live there but they know him, and they seem to know that he cares about their community and nation.

U.S. Ambassador Thomas Armbruster traveled from his Embassy homebase in Majuro to the Kwajalein Atoll last week for a series of meetings with Marshallese government officials on the islands of Ebeye and Enniburr (known as Third Island). Joined by Col. Michael Larsen, commander of U.S. Army Garrison Kwajalein Atoll, Command Sgt. Major Angela Rawlings and Republic of the Marshall Islands (RMI) Liaison Lanny Kabua, Armbruster met with Ebeye Mayor Hirata Kabua and KALGOV City Manager Scott Paul to discuss current projects on Ebeye and future possibilities. A key topic was the effects of the drought in the RMI and America's role in helping to offset the impact on the population.

"President Obama is preparing to sign a disaster declaration for the RMI very soon," Armbruster told Mayor Kabua. "This will provide food aid and other emergency relief resources during this difficult time."

SEE "AMBASSADOR," PAGE 9



Pastor Antonio Konishke discusses local issues and future projects with Ambassador Armbruster and Col. Larsen during a walking tour around Enniburr.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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Phone: Defense Switching Network 254-2114;

Local phone: 52114

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Email:

usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil

Garrison Commander.....Col. Michael Larsen

Garrison CSM.....Command Sgt. Maj.

Angela Rawlings

Public Affairs OfficerNikki Maxwell

Managing Editor Jordan Vinson

Associate EditorCari Dellinger

Media Services Intern.....Colleen Furgeson

DROUGHT ASSISTANCE ON WAY TO MARSHALLS

BY JORDAN VINSON

The U.S. Agency for International Development committed more than \$2.5 million in drought response support for the Republic of the Marshall Islands. The May 5 announcement came on the heels of the White House formally declaring last week a state of disaster in the RMI under the Compact of Free Association with the atoll nation.

Limping through one of the most powerful El Niño systems in recorded history, the Marshall Islands will soon receive serious cash infusions to prop up urban residents' and outer atoll villagers' access to fresh water, food and hygienic products to stave off infections and disease.

In terms of fresh water, 40 reverse osmosis units will join about 20 units already deployed by USAID throughout the atolls, said Daniel Dickhaus, regional advisor for the USAID Office of Foreign Disaster Assistance in Majuro, during a phone call with the Kwajalein Hourglass this week. A crucial large capacity salt-water reverse osmosis unit is also now slated for deployment in Majuro. It will be a boon for the urban capital whose residents have had to ration water for weeks.

Since early February, USAID's solar-powered machines already deployed on

atolls like Namu, Maloelap and Wotje have whirled busily, sucking up to 300 gallons of brackish water from islands' depleted freshwater lens wells each day and cleaning it for consumption. But months into an increasingly severe drought—and with no lasting reprieve in sight for much of the Marshalls—a formal disaster declaration was inevitable.

"At the end of March, we performed a 10-day preliminary damage assessment," Dieckhaus said. "And that resulted in the [U.S.] president's decision."

From March 18-27 a joint US-RMI damage assessment team visited 16 atolls and one island, reaching about 32 villages, to assess drought-related impacts on food security, agriculture and islanders' health. Those observations, combined with RMI President Hilda Heine's requests for an official disaster declaration via the Compact, gave the White House the data it needed to pull the trigger on the \$2.5 million disaster package this week.

In terms of logistics, doling out the relief will take time. In the meantime, the RMI government will take advantage of a State Department decision to allow a \$750,000 withdrawal from a U.S.-RMI Disaster Assistance Emergency Fund that had been set aside for immediate relief efforts.

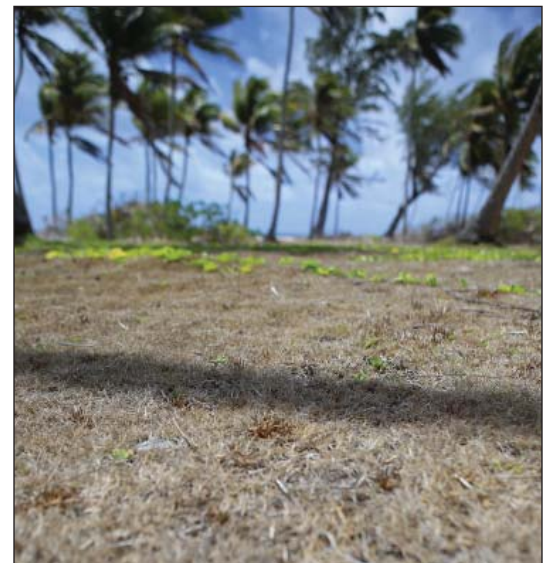
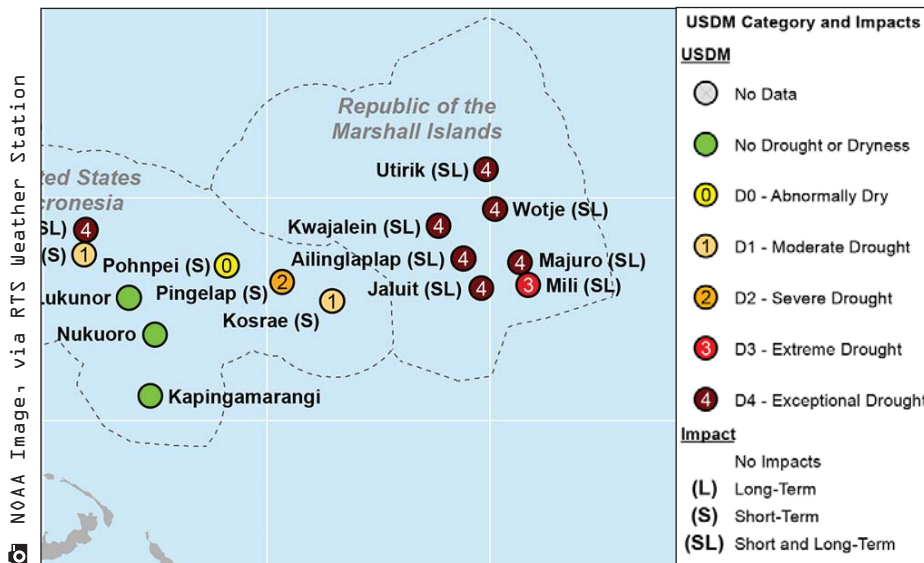
Governmental monetary and material assistance will likely be the only form of

comfort for Marshall Islanders in the near future. Months into "extreme" and "exceptional" stages of the ongoing El Niño-driven drought, the RMI will see no solace from the skies for some time, National Oceanic and Atmospheric Administration officials have reported. A series of moderate showers observed at Majuro and Kwajalein Atoll were a welcome sight this week, but the precipitation isn't predicted to stick around.

"The northern atolls, including Woje, Aur, Utirik, Kwajalein and Ebeye, Bikini and Enewetak will receive only isolated Trade Wind showers in the coming months," NOAA officials stated in an April 28 report. "The drought will worsen with only spotty rainfall continuing through the next few months."

Besides Utirik, all aforementioned atolls received less than 0.25 percent normal rainfall levels for the month of April. Water supplies in brackish lens wells throughout the archipelago are at great risk, NOAA has affirmed, and conservation measures are essential to avoid depletion.

The last severe dry spell, which swept through the region in 2013, also triggered waves of international assistance, with the U.S. government kicking in \$5.5 million to help Marshallese families cope with chronic water scarcity.



LEFT: NOAA data reveals the extent of the drought in the Marshalls. The dry spell has reached an "exceptional" level throughout much of the island nation. RIGHT: Without much rain in the past five months, vegetation on Kwajalein is bone dry.

RESIDENTS REACH EAGLE SCOUT RANK

HOURLASS REPORT

Kwajalein Troop 314 conducted an Eagle Scout Court of Honor Ceremony April 29 to recognize Kwajalein Boy Scouts Humberto Jones, Jr. and David Sholar on reaching the rank of Eagle Scout. Members of the Kwaj community, Troop 314, and Cub Scouts Pack 135 gathered at the Island Memorial Chapel to witness Jones and Scholar transition from Boy Scout to Eagle Scout.

Scouts Quincy Breen, Sean Hepler and Jacob Larsen began the ceremony, lighting the 12 candles that represent Scout laws. Sholar and Jones, Jr. then received the coveted Eagle Badge, with their families receiving Parent Pins. Guest speakers later took to the podium to congratulate the young men on their accomplishments. Speakers included U.S. Ambassador to the RMI Thomas Armbruster, USAG-KA Commander Col. Michael Larsen, KRS President Brian Coombe, and Justin Stambaugh, of the MIT Lincoln Lab.

Sholar started as a Tiger Scout in first grade and later became a Boy Scout in fifth grade. His Eagle Scout service project involved designing the new Coral Sands fire pit, ordering the necessary supplies and constructing the pit with the help of his Scout troop and many community members.

The path to becoming an Eagle Scout will serve him down the road, Sholar said.

"The skills I have learned throughout scouting will be invaluable in helping me become a leader in the future," he said. "All the work I did as part of my project has given me experience in the realm of architectural design and civil engineering, two fields I might be interested in as a major in college. In addition, conducting this project has taught me a lot about how such projects are done in the real world."



U.S. Army photo by Colleen Furgeson

Master of Ceremonies Angel Alejandro (center), stands proudly with Eagle Scouts David Sholar (left) and Humberto Jones, Jr.

Humberto Jones, Jr. became a boy scout three years ago. His service consisted of a Christmas party on Ebeye that involved procuring gifts from the States and delivering them to families on Ebeye. Jones' takeaway from becoming an Eagle Scout was the knowledge that people will look up to him when help is needed.

His advice for future Eagle Scouts: "It is never impossible to get the rank of an Eagle Scout. You just have to be dedicated and put in a lot of time into it."

HERO OF THE WEEK

BY CARI DELLINGER

USAG-KA's *Hero of the Week* is Allison Villarreal, a KRS Human Resources supervisor residing in Huntsville, Alabama. Originally from Pensacola, Florida, Allison is no stranger to Kwaj, having lived on the rock from 2004-2012. She's been with KRS since 2007 and recently returned to Kwaj from Huntsville on TDY to support HR projects locally. Allison oversees a team of five HR professionals, and she plays a major part in recruitment and deployment of all KRS contract and U.S.-based employees. Allison exudes a happy and helpful disposition, and it's no surprise she loves the customer service aspect of her job and helping employees with their professional development goals. Not having enough time in the day is her biggest challenge, along with limited support personnel to process a high volume of job requisitions each week. In her free time, Allison enjoys power walking, running, scuba diving and swimming, and she recently competed in the 2016 Rustman. Allison and her husband Pete will celebrate their 34th wedding anniversary in July. They have two sons, Cody, 25, who also works for KRS as a supply chain specialist, and Jake, 22, who attends University of Alabama-Huntsville.



U.S. Army photo by Cari Dellinger

DON'T FORGET: WE ARE IN A DROUGHT. WATER YOUR PLANTS OR YARD FOR ONLY 30 MINUTES EVERY OTHER DAY.



A five minute, 20 second timed fuse burns out and detonates 22 pounds of explosives during an Explosive Ordnance Disposal operation late last month. It was the third planned operation by the EOD team since the start of the year.

📷 Courtesy of the Kwajalein EOD team

EOD TEAM EXPLAINS ITS EXPLOSIVE HISTORY, RESPECT FOR SAFE PRACTICES

COMMUNITY CONNECTION BY: MATT HESS

The Kwajalein Range Services Explosive Ordnance Disposal team conducted its third routine disposal operation for 2016 in late April, destroying hazardous 72-year-old explosives uncovered at the Space Fence construction site on Kwajalein. Here's a little about the team's history, its adherence to working safely and the work that goes into destroying unexploded WWII armaments without a hitch.

In the past, EOD would coordinate one-two large-scale demolition operations on Illeginni Island per year. The events usually involved the detonation of 100-200 pounds of explosives. Last summer the team made an effort to reduce risks to personnel and infrastructure and cut operation costs, all the while increasing the team's efficiency. With the assistance of U.S. Army Garrison-Kwajalein Atoll staffers, the team managed to secure a routine location site near the "Shark Pit" area on Kwajalein. They've been blowing stuff up there ever since.



USAG-KA Commander Col. Michael Larsen (right) and Command Sgt. Maj. Angela Rawlings (left) help EOD technician Bryan Harrington secure C4 explosives to a 5-inch Navy projectile to be destroyed April 22.

The Kwajalein Hourglass

The biggest concern with the new location was its proximity to Telemetry Hill, an important Reagan Test Site asset. In order to mitigate the hazards of blast and fragmentation from detonations, the disposal team employs multiple controls. The first protective measure centers on burying unexploded ordnance and demolition material 1-3 feet underground. The second measure, which requires support from the Kwajalein Fire Department, is to fill a 1.5-cubic yard composite container with more than 200 gallons of water. Combined, these two measures dramatically reduce the angle and velocity of shrapnel blown away from the site. Specifically speaking, the combination of earth and water barriers cuts the maximum frag distance from more than 2,100 feet to just over 300 feet, keeping Telemetry Hill and its mission critical equipment and personnel at a safe distance from shrapnel.

In order to ensure the safety of the community, the EOD team informs the public two weeks ahead of operations. On the day of an operation, Security & Access Control and Department of the Army Police officers provide security on land, while the Harbor Control and Flight Operations groups ensure there is no incoming traffic by sea and air. Meanwhile, the KRS Environmental, Safety and Hazards group helps prevent protected wildlife from getting in harm's way. Each operation is undoubtedly a doubt a group effort, and without the support of many departments these operations could not happen.

With more than 60 years of combined experience, the four Army combat veterans comprising the EOD team make up the final link in the chain binding safety with the explosive operations. Safety always being the highest priority, individual strengths and a solid team dynamic ensure that every operation is successful. Always exploring new ways to further reduce potential hazards, the team has streamlined the process and is able to work within a limited block of time to avoid interrupting the constant operational tempo of Kwajalein.

With WWII ordnance still turning up across the garrison, there is no shortage of work for the EOD guys. Any new project on the island is the potential for more unexploded ordnance to be discovered. This is to be expected when you live and work on a 72-year-old battlefield in which American forces fired more than 100 tons of ordnance on it during Operation Flintlock. Talk about job security.

There are few parallels to life on the outer atolls that typical U.S. Army Garrison-Kwajalein Atoll residents can identify in their own lives and communities. Even more so for former residents and friends and families living in the United States. Far removed from the stressors of a life bounded by strict work schedules and commutes, unbridled consumerism and unbearably cliché and tired social benchmarks like “keeping up with the Joneses,” outer islanders, whether by choice or force, stand on the far periphery of the type of life that Kwaj and Roi folks (and certainly, many Ebeye and Majuro residents) are accustomed with.

Like the soft glow of a city’s light spilling miles over the countryside, plenty of elements embedded in more urban or “developed” communities are, of course, found in these peripheral villages. We certainly are not talking about a pre-contact traditional society. Outer island men in Texas Longhorns T-shirts and blue jeans watch 1980s buddy cop action flicks while eating Spam, too. The difference is that “Lethal Weapon” DVD might be only one of a couple of dozen DVDs on

the island, and that can of Spam might be one of only a few consumer food items a villager gets each month, or year. The next Air Marshall Islands flight may be delayed a few weeks, and finding a mechanic and the tools needed to repair a damaged outboard boat motor will be a lost cause. There are certainly no avocados there.

Life in the Marshall Islands has seldom been easy. Little land, far less arable soil and few land-based commercial resources combine with a remoteness rivaled by only a few other nations on the planet (The RMI is still ranked between the top five and top 10 least visited nations in the world, according to a variety of differing sources.) For a couple of thousand years, Marshallese lived—and died—at the mercy of the Micronesian environment on their tiny flyspecks of coral in the middle of the Pacific. Now, in urbanized areas like Ebeye, this Army garrison, Majuro and so on, a lifestyle like that is, of course, a thing of the past.

But for those outer islanders, they’re far closer to living on the edge than any of us, as outside visitors to the communities are keen to observe. More interesting, though, the slow pace of life and lack of

regular access to creature comforts suits many of them just fine, visitors report. Kwajalein resident Patrick Ward is one such observer. Having sailed to Wotje last year and just recently to Wotho, he’s had a rare look into a way of life in which happiness and self-worth are measured not by thick wallets, job promotions and expensive electronics, but by simpler, uncompetitive ideals and the ever-present drive to work together and share alike.

The people of Wotho Atoll are a good example. Peeking out of deep waters about 180 miles northwest of Kwajalein Island, the small atoll features Wotho Island, an islet similar in shape but smaller than Roi-Namur. With their sailing yacht, Geneva, pointed at the small village on

“There was one fella’ who said, ‘I ran out of rice a week ago. So you came along just as God wanted and gave me some rice.’”



A dozen or so Wotho villagers show off their catch of roughly 200 coconut crabs they caught during the Geneva crew's visit.



A Wohto child walks the beach with his dog, The Rock, named after the professional wrestler and movie star Dwayne Johnson.

Wohto Island, Ward, Genever co-owner and Kwaj resident Tom Lester set sail a few weeks ago to meet the people of Wohto. They brought along Roi resident Tom Hutchinson and Ebeye and Enniburr residents Junior Joseph, Kimcilla Hutchinson and Barnabus Langbata.

For some, like Kimcilla and Langbata, the trip was a chance to catch up with relatives and friends living on the island. For others, it was a chance to learn first-hand about life on an outer atoll and on Wohto in particular.

While little pigs named after holidays like Thanksgiving and Christmas—the days of the year in which the pigs would be prepared for dinner—noodled around his feet, Ward strolled about the village and immediately began taking in his surroundings, he said. He could talk for hours about the experience, but he gave me a brief rundown last week.

“Everybody has their own house,” he said. “There were probably 12 houses, 12 families and 50 people. Lots of little kids. There are two one-room schools, one for elementary and one for high-school age.”

“There’s probably 10 brackish wells throughout there for washing and bathing,” he continued. “And then they have a solar-driven reverse osmosis system that

produces 50-60 gallons a day. And everybody has a light outside their house with a little solar panel. [Each family] pays five bucks a month to the Marshallese government for it. And then they had one workable boat and no workable engines.” All the engines had been shipped off to Majuro for repair; it’s hard saying when they’d be returned.

The major thrust of the Geneva crew’s trip was the delivery of a windfall of supplies that should make a big difference in the lives of the community’s 50 residents for some time.

“They were all excited,” Ward said. “We brought a bunch of rice, clothes, toys and a bunch of fishing equipment, which sent them over the moon. ... There was one fella’ who said, ‘I ran out of rice a week ago. So you came along just as God wanted and gave me some rice.’ So we had a bag of rice for every family and several larger bags. We bought a whole big [supply] of food over on Ebeye. Chicken and ham and all sorts of stuff.”

But fortunes can change quickly on the outer islands. What was once a village with several boats and canoes used for fishing on the ocean and in the lagoon eventually became a village with only one, sole powerless vessel. And then none

at all, Ward said.

“One of the guys borrowed the lone boat that night to fish,” he explained. “They paddle out with a piece of plywood nailed to a two-by-four. [He] caught some fish and came back in and didn’t tie it up to their little mooring out there. He tied it up to a tree, and the waves took the boat and smashed it on the coral that night.” The villagers “weren’t sad or mad or anything,” Ward added. “They just said, ‘Oh well. That happens. Can you take us to the end of the atoll?’”

Loading up 13 or 14 men onto Geneva, Ward, Lester and the others decided to sail the villagers to the southern tip of the atoll where there lay an untapped treasure trove of coconut crabs, lobsters and fish to hunt. Because of their lack of boats and motors, the men typically wait for a low tide and cross the reef on foot to a couple of nearby islands to forage for fauna. But because the southern atoll islands are too far away to walk to, getting the chance to hunt on them was a big opportunity. “Losing their boat the night before, this was a huge chance to have a feast,” Ward said. All told, less than a day of foraging on the island netted the group of villagers more

SEE “WOTH0,” PAGE 8



LEFT: A Wohto villager presents a large coconut crab he and his neighbors caught on Wohto Atoll’s southern island. RIGHT: Wohto Island men greet the Kwajalein Atoll visitors.

than 200 coconut crabs, 20 large spiny lobsters, scores of hermit crabs for fish bait and some fish. Little makeshift palm nets and large gunny sacks were filled to the brim with the catch.

After returning to Wotho the next morning, the villagers offered the entire catch to the Geneva crew, Ward said. "Of course, we said, 'we can't eat all that. We can't keep it,'" he explained. "So we took a crab and a lobster, and they took the rest and it was gone in seconds."

Before the Geneva crew set out on their journey back to Kwajalein Atoll, the Wotho villagers invited them back to shore for some fresh bread outter atoll style. "It was very interesting," Ward said. "They heat up all these coconut husks, and all the flames go off until there's a pile of charcoal. Then they shovel it into a ... metal icebox. And at the top of icebox they cook the bread. It was perfect. Delicious."

Meanwhile, the community members busied themselves cooking the crab, lobster and fish the men brought back from their foraging trip. A feast was in the works. "We left at about four in the afternoon, and they were banging on a cut-off acetylene welding tank," Ward said. "Bong bong bong bong. I said, 'What's that all about?' Oh, it's to tell everybody to bring their rice to the church. ... They're going to have a big feast. And they were on the beach waving as we sailed out."

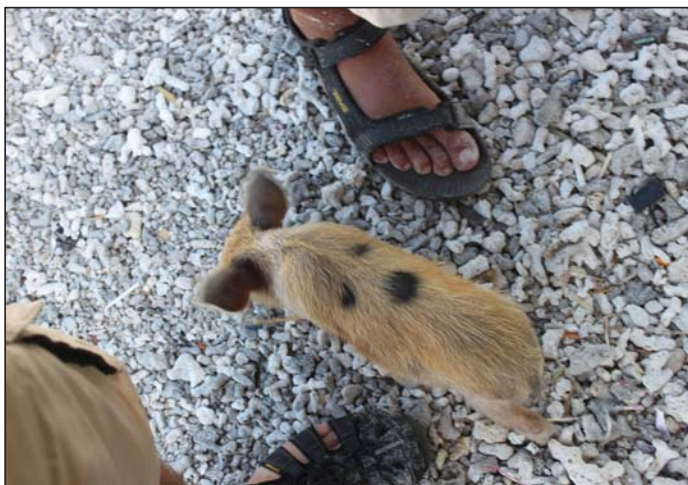
On the way back to Kwajalein, the Geneva crew battled heavy squalls, 15-foot seas, one freak 30-foot wave and driving rain—leaving little space and time to contemplate the trip. But now, a few weeks after getting back, Ward says he's still impacted.

"It was a look into a simpler lifestyle. ... And they're so happy," he said. "When we went to Wotje last year, we came back very affected. This year [we're] affected in a more profound way and a little bit different. For instance, I haven't looked at the news since I got back."

With no working boats and scarce supplies at times, one might question the villagers' reasons for choosing to still live on such a remote island. Looking at the question from a different perspective is helpful. "If you don't have a job and you don't have any money, that's a very cheap place to live," Ward said. "And the government subsidizes a small part of it. So you can live there. And several of them spoke fluent English and had lived in the States for their growing-up years or joined the Job Corps. And they said, 'It's so expensive, and we actually live better here. We have a better standard of living than [we]



TOP: Kwajalein resident, Patrick Ward (right), sails Geneva, and Ebeye resident, Barnabus Langbata, relaxes on deck.



LEFT: A piglet named Thanksgiving — the holiday on which the little guy will be eaten by the villagers — noodles around the visitors' feet.

would in the States or in Ebeye."

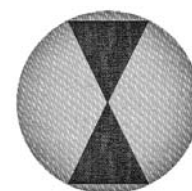
In cases of emergency, the Wotho villagers, like other outer atoll dwellers, are not alone. In addition to a one-room medical clinic staffed by a Marshallese doctor, the villagers have a satellite phone that they use to communicate with others elsewhere in the Marshalls in cases of emergency. While they cannot call out, they can have two-way conversations with those that call Wotho every day. If needed, they can even request a plane come for medical evacuations.

There's also no traffic, no backed up sewage in streets, no overcrowding in schools, no bureaucrats telling them how to do this and how to do that—not to say that there aren't plenty of familial and societal norms and obligations that govern them. But living so far away from any form of hustle and bustle and so close to

the natural environment that dictated the Marshallese way of life for millennia must both feel liberating and provide a certain degree of pride.

Materially speaking, it's not the easiest way of life, of course. Given the chance, would Ward choose it?

"I think they have just enough to survive, and therefore they don't do much besides surviving," Ward said. "But they're all really happy, generous, kind. They treat their children really well. ... I envied parts of their life. [But] I don't know if I would want to live that close to the edge."



Armbruster and the group discussed salvage trips, solid waste projects, resources for infrastructure assistance, new recreation programs between RMI and American teens on Kwajalein, the Rikatak students program, and the possibility of Peace Corps returning to the RMI (they were here about 30 years ago). The ambassador also mentioned that the Center for Disease Control is interested in providing health screenings for the RMI population.

"Thank you Mr. Ambassador for the support of activities here (Ebeye), and with our USAG-KA neighbors," Mayor Kabua said. "And thank you for your interest and support throughout the years of your service in Majuro."

After the meeting, Armbruster reflected on his four years in office so far, and his various trips to Ebeye during that time.

"This is the first time I've been able to meet with the mayor of Ebeye, and I am very impressed with Mr. Kabua's positive attitude, energy and drive to make a difference," Armbruster said. "It's exciting and encouraging to see what we can accomplish together." Mayor Kabua was elected into office in January 2016.

Armbruster, Larsen, Rawlings and Lanny Kabua then met with Deputy Chief Secretary for Ebeye, Abacca Anjain-Maddison, and Romeo Alfred, manager for Kwajalein Atoll Joint Utilities Resources, to receive an update regarding the utilities on Ebeye and discuss the drought impact further.

"Our formal training is limited, so we engage with utility experts on the military base and use their knowledge," Alfred said. "We also appreciate their support and logistical assistance to bring equipment to Ebeye and offload it."

They discussed the water distribution process, water tower projects and plans for improvements.

The following day, the group flew from Kwajalein to Roi-Namur, to visit nearby Enniburr. The singing voices from the boat dock could be heard even before their faces could be seen. In traditional Marshallese fashion, Armbruster, Larsen and Rawlings received a warm and musical welcome as flower leis were placed around their necks. Then they participated in a spontaneous dance and demonstration of international friendship. The remote island has a population of about 1,000 people and 105 of them work on Roi-Namur.

Pastor Antonio Konishke, a religious leader on Third Island, provided a walking tour of Enniburr for the group. Raymond DeBrum, the school principal, discussed the school's development



U.S. Army photo by Nikki Maxwell

USAG-KA CSM Angela Rawlings gives a stuffed animal to a baby on Enniburr during her visit there with Ambassador Armbruster and Col. Larsen, April 29. She gave dozens of toys and snacks to the children on the remote island.

and related construction projects.

During the walking tour, CSM Rawlings handed out dozens of toys and snacks to the children on Enniburr, and also commented on the impact of the Seabee projects in the middle of the ocean.

"They (Seabees) are changing and saving lives out here," Rawlings said. "This little island has no electricity or running water. They rely on our help to survive. Improvements to the water tower and other projects will have a profound impact here for generations."

The ambassador had similar feelings on the subject.

"I am very happy to come here and see the people on Enniburr," Armbruster said. "It's been a while since I've been here and I know they appreciate the work that the U.S. Navy Seabees are doing out here to improve their water supply and lives."



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USAG-KA CELEBRATES RMI CONSTITUTION DAY

HOURLASS REPORT

The 2016 Republic of the Marshall Islands Constitution Day was celebrated on Ebeye, Kwajalein Atoll, Monday, May 2. U.S. Ambassador Thomas Armbruster, along with USAG-KA Commander Col. Michael Larsen, Jeanna Larsen and Command Sgt. Maj. Angela Rawlings, attended the 37th anniversary commemoration. Local RMI dignitaries in attendance included Iroij and Senator Mike Kabua, KALGOV Mayor Hirata Kabua, RMI Liaison to USAG-KA Lanny Kabua and the Deputy Chief Secretary Abacca Anjain-Maddison, who gave the keynote address to a gathering of hundreds of residents who attended the event.



USAG-KA Command Sgt. Maj. Angela Rawlings, Commander Col. Michael Larsen and U.S. Ambassador to the RMI Tom Armbruster join Ebeye youth, May 2, in a celebration of the Marshall Islands' Constitution Day on Ebeye.

Courtesy of Jeanna Larsen

KWAJALEIN ABOUT BIRDS HISTORY | FIX AT KWAJALEIN

BY MARY BROWNING

Mary Browning was a frequent Hourglass contributor in the late 1970s and early 1980s. Her pieces covered an array of issues pertaining to Marshallese culture and history, archeology in Micronesia and marine biology. In this article, which appeared December 15, 1980, she discusses various bird species and their documentation on Kwajalein in the late 1950s and early 1960s.

Kwajalein was found by ornithologists in the 1960's to have 30 species of birds, six of them not recorded in any other locality of the Marshalls-Gilberts area.

A Binion Amerson, Jr., lists these species in Atoll Research Bulletin No. 137, "Ornithology of the Marshall and Gilbert Islands," classifying them as having the status of resident breeders, accidentals, common visitors and migrants.

Two varieties of boobies had been reported, both of which may have been resident breeders, perhaps nesting on isolated islands of the atoll. The red-footed booby was observed near Roi-Namur, and the

brown booby had been seen with frigate birds and sitting on buoys inside the lagoon.

The great frigate bird may also be a resident breeder. Several sighting had been made, and it was thought to roost somewhere on the atoll.

Reef herons had been seen on many of the islands and were believed to also be resident breeders.

Mallards, whose visits were thought to be accidental, were seen in the winter of 1959-60. They arrived in September and remained until February. The same year, common or green-winged teals were also seen, one flock of about 75 birds made an accidental

visit during the same period of time.

Pintails are common visitors to the puddles at the edge of Kwajalein's runway. Shovelers, on the other hand, had been seen infrequently enough, also around the runway puddles, to make their visits "accidental." Falling in the same category was the tufted duck, an accidental visitor in 1964.

Golden plovers were frequently seen. Although migrants, not breeding in the area, they made the atoll a common stop along their flyway. They had been reported along the airstrip, golf course and shorelines.

A cousin, the black-bellied plover, however, was thought to be an accidental visitor, although also reported in 1964 from Eniwetok.

Whimbrels were seen around the runways and surrounding open areas of Kwaj and Roi in October and November 1964. They were migrants. Observed during the same months and year were migrant bristle-thighed curlews, related to the whimbrels and seen in the same places. Only two individual bar-tailed godwits had been recorded, one in 1956 on the southwest end of Kwaj, and one in 1966 near the runway at Roi. They were migrants and not common visitors.

The wardering tattler, although a migrant, is reasonably common, but the one sighting of the very similar Polynesian tattler was a first, and perhaps a mistake.

The migrant ruddy turnstones are often seen. In January 1966, one was caught

which had been banded the previous August in Alaska.

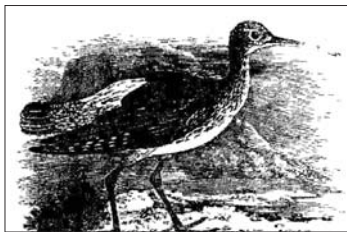
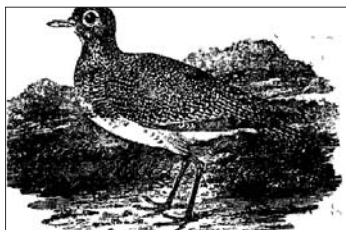
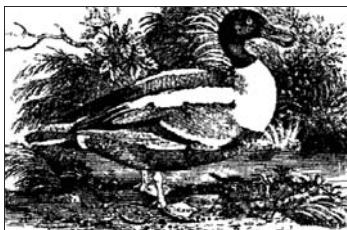
A "specimen record for all Micronesia" was set in 1964, when a Latham's snipe was collected near the runway and taxiway at Kwaj. At nearly the same time, another unusual sighting was made of a sanderling, seen at both Kwaj and Roi.

About 25 sharp-tailed sandpipers had been seen, but only on Kwaj, and in one flock. They were migrants.

The black-naped tern, gray-backed tern, sooty tern and crested tern may all be resident breeders, nesting on the smaller islands of the atoll. They are seen frequently and in large numbers. Brown noddys have been seen gathering nest materials on Lojjaiong and Lojjairok (North Loi and South Loi), and are assumed to be resident breeders. They are frequently seen feeding outside of the atoll and returning to land just after sunset. Black Noddys, too, are seen in large numbers, fishing and roosting. White terns are common, plentiful, and do breed on the islands, probably at least on North Loi and Enebuoj.

A few house sparrows were living around the fuel depot and fueling dock in 1964. The species is known from Wake, and is thought to have established itself at Kwaj.

The last species named by Mr. Amerson was the Indian mynah, seen between 1950 and 1960, with several pair established and "very much at home". None were seen in 1966, however, and the status given was "resident breeder now absent."



Illustrations from Thomas Bewick's *History of British Birds*, 1826. Pictured clockwise from top: The Shoveler, the golden plover, the mallard, and the whimbrel.



RESIDENTS RID ROI OF RUBBISH ON EARTH DAY

BY CARI DELLINGER

About 20 energetic volunteers gathered on Roi-Namur April 22 to participate in an annual Earth Day cleanup spanning six lagoon and oceanside beach locations. Motivated by the event's purpose of making a difference on the ground and making residents more environmentally conscious, the Roi rats netted an impressive bounty of 35 bags of trash, wrecked chairs, huge cargo nets and more.

"Participating is a good way to give back to the island I live on," said event organizer and Roi resident Todd Gowen. Amazed at how much trash washes up on Roi, he says he enjoys doing a few hours of meaningful work with friends to help protect the natural beauty of Roi-Namur. It also helps that Gowen's birthday is also April 22—double the reason to celebrate when Earth Day comes around.

Other event volunteers, such as Sandra Garrison, participate because "not only is it a fun social event, but it hopefully helps save land and sea critters by clearing out man-made material that could harm them," Garrison said. And you never know what you're going to find. Gowen, for instance, found the teeniest baby buoy imaginable (top left photo). Maybe it was a little birthday gift from Planet Earth.

PICTURED LEFT FROM TOP: Todd Gowen shows off his little buoy discovery; Volunteers celebrate Earth Day on Roi; Sandra Garrison, left, and Rita Dominguez smile for the camera.

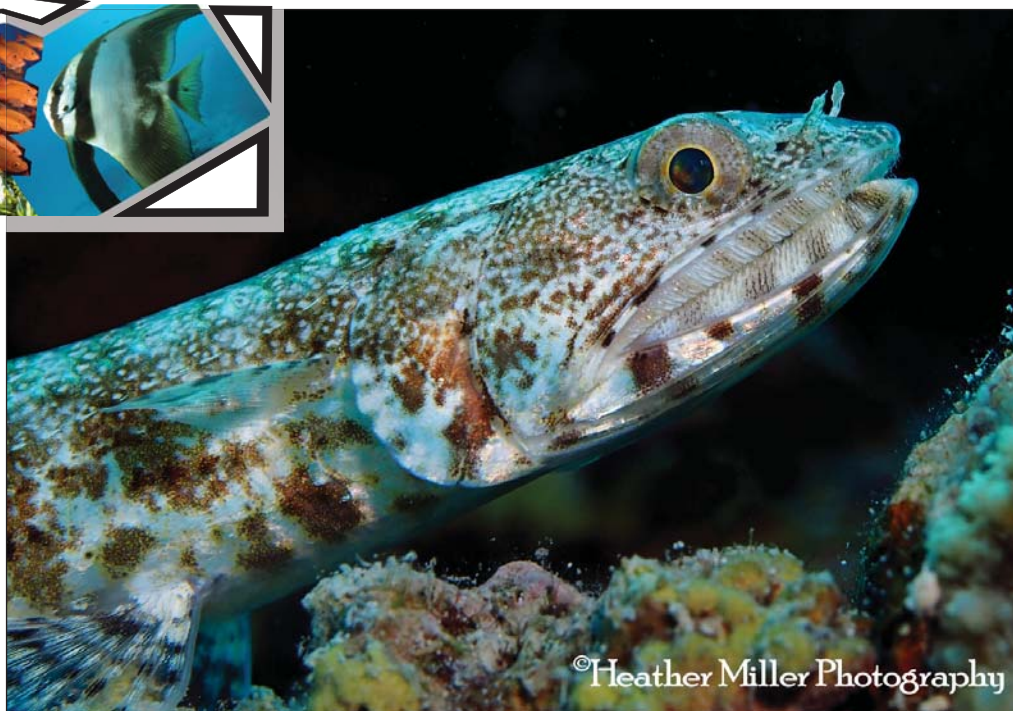




HOURLASS REPORT

This lizardfish was photographed by Kwajalein resident Heather Miller in the North Point area off Kwajalein. Found throughout the Indo-Pacific region, the lizardfish is known for burrowing itself into sand, leaving only its eyes and nostrils exposed. It's a helpful adaption that has made it a successful predator of shrimps and small fish.

Lizardfish are generally solitary but can sometimes be found in small groups or pairs. They live among sand and sand-rubble regions of lagoon and ocean reefs at depths of up to 20 meters.



*Smile! This little critter, *Synodus dermatogenys*, is commonly known as a sand, clearfin, or variegated lizardfish and is seen here perching on some low coral near North Point.*

Courtesy of Heather Miller

KWAJALEIN JR/SR HIGH SCHOOL HONOR ROLL FOR THIRD QUARTER ENDING MARCH 26, 2016

GRADE	HIGH HONOR ROLL 3.6667 AND HIGHER		HONOR ROLL 3.5000 – 3.6666	MERIT ROLL 3.0000 – 3.4900	
12	Addison Cossey Allison Hibberts	Danielle Rivera * David Sholar *		Mesko Alfred Dayna Hepler Wyatt Jones	Wayland Sanborn John Tippetts Allison Tomas
11	DeVante Abner-Floor * Christine Abragan Grant Day III Thomas Greene	Leah Lokeijak Matthew Nash Caleigh Yurovchak	Chelsea Engelhard Colleen Furgeson Erin Waite	Diamond Calep Claire Stepchew	
10	Aidan Alejandro Abigail Bishop * Jensyn Cole Ian Galbraith * Ramsey Gomez Allison Homuth *	Cameron Jones Truman Kohler Jacob Larsen Auguston Lelet Megan Sok Reilly Teigen		Janalynn Reimers Dash Alfred	
9	Graeson Cossey * Garrett Day * Meghan Day	Christian Kirk * Tyler Waite		Rickiana Andrew Rochelle May Arsola Samantha Chavez Mackenzie Cooperrider	Humberto Jones Travis Ropella Kaya Sylvester
8	William Beguhn * Mackenzie Gowans Alexander Hromiak Zachariah Jones	Ryan Marie Larsen Aiden Mitchell Madeline Teigen	Charlotte Jack Harley McMahan Jacilynn Nam	Kayla Hepler David Kabua Marina Lojkar	Makena Moseley Daniel Ranis Amber Tippetts
7	Maegan Aljure Alyssa England * Bronwyn Galbraith Ashley Homuth * Kathryn Montgomery *	Kathleen O'Rourke Julia Sholar Minnie Snoddy Abbie Warren	Hunter Gray Yuto Kaneko	Iolani Anjolak Ayele Corder OJ deBrum Hannah Finley	Kenneth Green Jr. Amanda Lescalleet Hilai Reimers Alexander Waite

* = 4.000

COMMERCIAL SECTOR PAIRS WITH STRATCOM'S JFCC SPACE IN EXERCISE

EXTERNAL REPORT

By Capt. Nicholas Mercurio, JFCC Space Public Affairs

VANDENBERG AIR FORCE BASE, California, May 3, 2016 — Joint Functional Component Command for Space, U.S. Strategic Command's space component, concluded Exercise Global Lightning 16, April 28.

The command and control exercise, which began April 23, is conducted annually to train Department of Defense forces, assess joint operational readiness and validate the command's ability to identify and mitigate attacks across all of USSTRATCOM's mission areas.

The notional scenario for Global Lightning 2016 drove integrated planning and training for a number of strategic threats to the nation, and was coordinated for more than a year. The exercise, and those previously conducted, ensure the resilience, redundancy and survivability of U.S. strategic deterrent forces, stressing the USSTRATCOM capabilities

provided to geographic combatant commanders during a crisis or contingency.

"The security environment is increasingly complex and dynamic," said U.S. Navy Adm. Cecil D. Haney, USSTRATCOM commander. "Exercises such as Global Lightning hone USSTRATCOM's ability to anticipate change and confront uncertainty with agility and innovation. The scope and magnitude of the exercise, and the training it provides, will ensure that we are prepared to meet future threats whether they be nuclear, cyber or space-related."

In particular, Global Lightning 16's immersive scenario provided opportunities for JFCC Space to exercise its ability to deliver synchronized space effects through a contested, degraded and operationally limited environment.

"Consistent with our National Space Policy, we stand ready to deter interference or attack, protect and defend our space systems and contribute to the defense of allied systems, and, if necessary, defeat efforts to deny, disrupt or degrade our access to the vital space capabilities

upon which the entire world relies," said Lt. Gen. David Buck, JFCC Space commander.

A highlight of JFCC Space's exercise participation was the increased role of the Commercial Integration Cell. Operating under six Cooperative Research and Development Agreements under the oversight of the Air Force Research Laboratory, the CIC is a method of pursuing greater cooperation and synergy in the space environment by integrating liaison personnel from the commercial space operator sector within the Joint Space Operations Center.

"As a fully embedded mission partner the CIC can facilitate rapid identification, diagnosis and resolution of on-orbit anomalies while also increasing the overall resilience of USG satellite operations," said Timothy Turk, Intelsat General Corporation CIC liaison.

During Global Lightning 16 the CIC provided invaluable industry perspective and access to capabilities which increased the overall efficacy and resiliency of JFCC Space operations.

As the exercise concluded April 28, Buck was pleased with the progress made in critical mission areas and looked to build on those achievements moving forward.

"I am extremely proud of the effort put forth by the Soldiers, Sailors, Airmen, Marines, DoD civilians and contractors who comprise this command every day to ensure that our armed forces, our nation and the world never have to know a day without space," Buck said.

JFCC Space is a component of USSTRATCOM and is responsible for executing continuous, integrated space operations to deliver theater and global effects in support of national and combatant commander objectives. JFCC Space coordinates space operational-level planning, integration, and coordination to ensure unity of effort in support of military and national security operations, and support to civil authorities.



Airmen of the Joint Space Operations Center (JSpOC) monitor computer systems designed to detect, track, and identify all artificial objects in Earth's orbit at Vandenberg AFB, Calif, Sept. 27, 2014. Its mission is to provide a focal point for the operational employment of worldwide joint space forces and enable the commander of Joint Functional Component Command for Space to integrate space power into global military operations.

DON'T FORGET: WE ARE IN A DROUGHT. WATER YOUR PLANTS OR YARD FOR ONLY 30 MINUTES EVERY OTHER DAY.

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Check-point locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

Executive Administrative Assistant/KRS Program Management/HR Req.#K051759 Provides administrative support for KRS President and Deputy Program Managers, senior management and other staff through research, analysis, and coordination with other departments. Adheres to company Policies, Procedures, Values, Covenants, and Business Ethics. Minimum of 5 years of progressively responsible administrative experience with a minimum of two years in a multi-specialty work environment. For more information contact the KRS Human Resources Office, Bldg #700 at 54916.

KRS is seeking a grade 7-12 science teacher. Please direct any potential candidates to www.krsjv.com

LOST

Black, braided flip flops. Women's size 8. Rainbow brand. Last seen on Emon beach near the dive shack. Call 52054.

COMMUNITY NOTICES

Community Bank Notice. Due to current construction to the exterior of Building 704, the Community Bank has adjusted work hours from April 13-June 8: 9 a.m.-3 p.m., Tuesday; 9 a.m.-3 p.m. and 11 a.m.-5 p.m., Wednesday-Friday; and 11 a.m.-5 p.m., Saturday.

Emon Beach Construction. May 5-7

and 10-11. The north end of Emon Beach will be closed while heavy equipment relocates sand. Please stay clear of the area while work is in progress. Questions? Call 53331.

Avoid eating fish caught near Emon Beach. The sand disturbance activity could increase the potential for Ciguatera poisoning. Questions? Call 51134.

Cinco de Mayo Celebration. 8 p.m., Saturday, May 7, at the Ocean View Club. Celebrate Cinco de Mayo with drink specials, music, and fiesta fun! Must be 21 years or older. Questions? Call 53331.

American Legion Post # 44 presents "MOM" Golian BBQ in honor of Mothers Day. 5-8 p.m., Sunday, May 8, at the Vets Hall. Tickets are \$40.00 and are available at the Vets Hall or from Post # 44 Members. Smells Like Fish will perform starting at 8:30pm. Proceeds will benefit Veterans Charities. Questions? Contact Mike Woundy or Jan Abrams.

2016 Rusty-Family "Mini" Triathlon. 4:30 p.m., Monday, May 9. Entry forms for the 500-yard swim, 10-mile bike, and 2-mile run event are available on the Mini-Mall Bulletin Board or at Qtrs. 473-A. Forms are due by Thursday, May 5. Questions or to volunteer, call Bob and Jane Sholar at 51815.

2016 Spring Photo Exhibit and Craft Fair. 10 a.m.-2 p.m., Monday, May 16, at the KHS Multi-Purpose Room.

Interested in getting your B-boat license? Register at the Small Boat Marina. Once registration reaches 20 participants, the class will be scheduled. Questions? Call Kim Yarnes at 53331.

Due to increased congestion and equipment traffic, overnight bicycle parking is not allowed in the area between Building 718 and Marine Rd. Supply and Transportation employees working out of Building 718 will be allowed to park bicycles in the

rack next to the building during work hours only.

Alcoholics Anonymous meets every Tuesday and Thursday, 6:30-7:30 p.m. in the Religious Education Library.

Safely Speaking: Take a moment and remember bicycle safety. Ride on the

right, use hand signals and look left and right before entering or crossing a street.

E-talk: Signs posted! No fishing allowed near the Kwajalein landfill or in Kwajalein, Meck, Roi-Namur, and Illeginni Harbors. Questions? Call Environmental at 5-1134.

Notice of Availability USAG-KA Draft Removal Action Memorandum for Facility Number 900 Site

The US Army Garrison, Kwajalein Atoll (USAG-KA) is proposing to remove Polychlorinated Biphenyl (PCB) contaminated soil and concrete from a transformer room in FN900 on Kwajalein. The U.S. Army Kwajalein Atoll Environmental Standards (UES) require proposed removal activities to be described in a Removal Action Memorandum (RAM). The UES also provide regulatory agencies and the public opportunities to review and comment on the Draft RAM. The Draft RAM for the Kwajalein Facility Number (FN) 900 Site, dated February 2016, provides a summary of information related to the proposed cleanup actions at this site. The actions are the next step in USAG-KA's Compliance Cleanup Program to clean up soil and concrete contamination from a transformer fluid spill that contained PCBs in one room at FN 900. The public is invited to review and comment on this Draft RAM document. Copies of the Draft RAM and the UES are available for review at the RMI EPA Offices on Majuro and Ebeye, the Grace Sherwood Library on Kwajalein, and the Roi-Namur Library. Computer users with internet access can view this information at the USAG-KA IRP website, www.usagkacleanup.info. Questions regarding the Draft RAM document can be directed to: Nikki Maxwell USAG-KA public affairs office (PAO) at 805-355-4848. Written comments can be placed in comment boxes located at the RMI EPA Office in Majuro/Ebeye, the Grace Sherwood Library, or the Roi-Namur Library; through the www.usagkacleanup.info comment portal for the Draft FN 900 RAM; e-mailed to comments@usagkacleanup.info or mailed to Nikki Maxwell; Attn: Removal Action Memorandum for FN 900 Comments: USAG-KA PAO, PSC 701, Bldg. 730, APO AP 96555. A period of at least 30 days is provided for public comment. Comments should be mailed for receipt no later than 05 June 2016.

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF MAY 4

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 30
Corn & Crab Chowder	Spare Ribs	Fried Chicken	Baked Meatloaf	Jerk Chicken	Sloppy Joes	Pepperoni Pizza
Scallops w/ Pasta	Blackened Chicken	Braised Steak & Peppers	Garlic Roast Chicken	Red Beans & Rice	Citrus Roast Chicken	Veggie Pizza
Ala Orange	Lyonnais Potatoes	Baked Beans	Mashed Potatoes	Roasted Potatoes		Pasta Carbonara

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 30
Caprese Chicken	Sliced Roast Beef	Pork Adobo	Flank Steak	Meat Lasagna	Salisbury Steak	Chicken Nuggets
Fettuccini	Three Cheese Tortellini	Chicken Stir-fry	BBQ Chicken	Spinach Lasagna	Fish Du Jour	Corn Bread
Beef Stew	Mashed Potatoes	Parslaid Potatoes	Scalloped Potatoes	Garlic Bread	Mashed Potatoes	Egg Noodles



Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook page.

For command information questions, please contact USAG-KA Public Affairs at 54848 or via Facebook at web address below.

www.facebook.com/usarmykwajaleinatoll

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S HOTLINE AT 51098 TODAY!

SUN—MOON—TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	LOW TIDE	HIGH TIDE
SUNDAY	6:31 a.m. 7 p.m.	7:39 a.m. 8:29 p.m.	11:23 a.m. -1.0' 11:23 p.m. -0.8'	5:03 a.m. 5.2' 5:25 p.m. 4.2'
MONDAY	6:31 a.m. 7 p.m.	8:37 a.m. 9:30 p.m.	12:05 a.m. -0.8' -----	5:42 a.m. 5.0' 6:06 p.m. 3.8'
TUESDAY	6:31 a.m. 7 p.m.	9:36 a.m. 10:28 p.m.	12:01 a.m. -0.4' 12:48 p.m. -0.4'	6:21 a.m. 4.7' 6:47 p.m. 3.4'
WEDNESDAY	6:31 a.m. 7 p.m.	10:33 a.m. 11:23 p.m.	12:39 a.m. 0.0' 1:34 p.m. 0.0'	7:03 a.m. 4.2' 7:33 p.m. 3.0'
THURSDAY	6:30 a.m. 7:01 p.m.	11:28 a.m. -----	1:20 a.m. 0.4' 2:27 p.m. 0.4'	7:48 a.m. 3.7' 8:28 p.m. 2.6'
FRIDAY	6:30 a.m. 7:01 p.m.	12:21 p.m. 12:13 a.m.	2:11 a.m. 0.9' 3:38 p.m. 0.8'	8:44 a.m. 3.2' 9:51 p.m. 2.3'
MAY 14	6:30 a.m. 7:01 p.m.	1:11 p.m. 1:01 a.m.	3:30 a.m. 1.3' 5:11 p.m. 0.9'	10:06 a.m. 2.8' 11:42 p.m. 2.4'

Passport Renewals and other U.S. Citizen services will be provided by the U.S. Embassy Consular Officer from Majuro on the following dates/times:

Tuesday, May 10, 3 p.m. to 6 p.m. - Ebeye, KALGOV Conference Room

Wednesday, May 11, 8 a.m. to 12:30 p.m. and from 1:30 p.m. to 4:30 p.m.

Thursday, May 12, 8 a.m. to 12:30 p.m. and from 1:30 p.m. to 4:30 p.m.

Location: USAG-KA Headquarters, Bldg 730, Room 135

Please Note: Consular Services are available to anyone who has garrison access. Consulate representative hours in Ebeye are for people who do not have garrison access. She can accept applications for passports, Consular Reports of Birth Abroad, and social security numbers, and answer questions about immigration and U.S. citizenship for anyone. She can also perform some notarial services for people who do not have access to the free services at the USAG-KA legal office. She can only accept cash or cashier's checks at both locations, no personal checks, and she cannot make change.



Sexual Harassment/ Assault Response and Prevention (SHARP)

Contact Information

Chief Warrant Officer 4 Sharnta' Adams
SHARP Victim Advocate

Work: 805 355 2139

Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100

USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

Café Roi

*MENU CURRENT AS OF MAY 5

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Sliced Roast Beef	Breaded Pork Chop	Pizza	Meatball Sub	Fish Sandwich	Beef Tacos	Philly Cheese Steak Wrap
Eggs Benedict	Chicken Supreme	Baked Ziti	Bombay Chicken	Cottage Pie	Chick. Enchilada Casserole	Roasted Pork Loin
Sauteed Fish	Breakfast Frittata	Cheesy Garlic Bread	Brown Rice Pilaf	Onion Rings	Pinto Beans	Mac and Cheese

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Chicken Florentine	Roasted Turkey	Thai Beef w/ Veggies	Top Sirloin Steak	Fried Chicken	Sweet and Sour Chicken	Sausage and Peppers
Beef Pot Pie	Short Rib Jardiniere	Chicken in Peanut Sauce	Chicken Fajitas	Swedish Meatballs	Chow Mein	Chicken Alfredo
Garlic Bread	Stuffing	Tofu Stir-Fry	Baked Potatoes	Noodles	House Fried Rice	Pasta Provencel

BEACH ADVISORY

Be sure to use caution around the exposed coral shelf at Emon Beach!



TIPS FOR SAFER CYCLING

- Wear your helmet. Follow this simple rule, and you reduce your risk of serious injury by as much as 85 percent.
- Keep your head up and look ahead, not at the ground. You need to see what is coming up so you have time to react and maneuver.
- One person per bike. Riding with unsecured passengers puts you at risk for injury to yourself and others.
- Ride in single file with space between bikes.
- Maintain the bikes in your household. Keep chains clean and lubricated and periodically inspect brake pads.
- Do not wear headphones while riding.

HAZARDS ON THE ROAD

- Uneven, rough surfaces can cause falls. Plan your route ahead
- An object in the road can cause a flat tire, loss of balance or unsafe maneuver. Avoid riding across unknown objects.
- Slippery surfaces create a loss of traction which may cause you to lose control of your bike. Slow down, or walk your bike across slippery surfaces.

MAKE SAFE CHOICES

- Keep both hands on the handlebars, except when signaling.
- Keep both feet on pedals.
- Use the correct hand signals.
- Before entering a roadway. Stop. Look left. Look right. Look left.
- Keep your arms strong and slightly bent, keeping control of the handlebars
- Keep your head up, looking in the direction of travel
- When approaching a turn, brake before you hit the turn, and then let your momentum carry you through. This allows you to focus on your technique through the turn and exit the turn with speed.
- Feather the brake, slowing the bike without coming to an abrupt stop.

USAG-KA SPORTS

SOFTBALL

RESULTS LAST WEEK

April 26

Spartan White def. Spartans Blue	11-10
Kekambas def. 993-Cartel	17-3
Trouble Makers def. Mud Slingers	FORFEIT
Tropic Blunder def. Jab Lale	11-8

April 27

Spartan Women def. Spartans White	14-4
OFL def. Bat Hit Crazy	9-4
Old, Fat, & Ugly def. Kwajalein	18-8

April 28

Spartan Men def. Concrete	17-6
Trouble Makers def. 993-Cartel	11-5
Lollygaggers def. Spartans Coed	16-13

April 29

Spartans Blue def. Scrubs	12-11
Yokwe def. Criminals	10-6
Old, Fat & Ugly def. Bat Hit Crazy	7-4

RECORDS

A League

	<u>Win</u>	<u>Loss</u>
OFL	7	2
Kwajalein	7	2
Old, Fat and Ugly	7	3
Yokwe	4	5
Criminals	2	7
Bat Hit Crazy	1	9

B League

	<u>Win</u>	<u>Loss</u>
Kekambas	9	1
Trouble Makers	8	2
Spartans Men	7	3
993-Cartel	3	7
Concrete	4	6

Coed League

	<u>Win</u>	<u>Loss</u>
Lollygaggers	7	0
Spartans Coed	4	2
Tropic Blunder	4	2
Jab Lale	1	6
RF Hazards	0	6

Women's League

	<u>Win</u>	<u>Loss</u>
Scrubs	7	2
Spartan Women	7	2
Spartans Blue	3	6
Spartans White	1	8