

THE KWAJALEIN HOURGLASS



THIS WEEK

MISSILE BURGER

LINKED TO MALE APPEAL - PGS 4-5

1552-POUNDER CAUGHT

BY KWAJ FISHERMEN - P 2

SNAKE PIT UNEARTHED

AT OCEAN VIEW CLUB - P 6

José Rubio lures the ladies with the help of a fresh-off-the grill Missile Burger flown down to Kwajalein from the Roi Outrigger Bar and Grill. A new study released this week explains the link between females' attraction to men who regularly eat Missile Burgers.

◉ Jordan Vinson

1,552-POUND YELLOWFIN CAUGHT

BY JORDAN VINSON

A Kwajalein fishing crew caught and hauled in an eye-popping 1,552-pound yellowfin tuna March 28. Hooked in deep water due south of the island at about 2.5 miles from shore, the gargantuan fish took more than four hours for the crew of four grown men to overpower and reel in to the boat.

"We were just trawling along, almost to the B-boat zone outer limit, hoping for some good fish," Jimmy Severson said, exhausted after the ordeal. "We had already landed a couple of good-sized mahi mahi and were having a great time. Then wham! It turned into something out of a Melville novel. The line from our biggest reel launched out so fast we had to pour water on it to keep it from smoking."

Thinking it was a large shark, perhaps a tiger or oceanic white tip, Severson and the crew would have cut the line were it not for the fact the beast had crew member Dax Mitchell's brand-new, \$120 lure in its mouth.

"I said, 'Maybe we can get her in and get the lure back,'" Mitchell said. "After a bit, though, we saw the fish's back raise a little out of the water and saw it wasn't a shark at all. It was a yellowfin. A huge yellowfin."

Taking 10-minute-long shifts on the reel, the crew fought the yellowfin with everything they had, Severson said.

"It was backbreaking work," he said. "But we eventually began to see the light at the end of the tunnel."

About 3.5 hours into the battle, the biggest fish the men had seen with their own eyes began to tire out. Putting up less and less of a fight, the yellowfin became easier to reel back in before it took off again. Finally, it gave up and lay prone at the surface at the B-boat's starboard side. With a few quick moves, the crew was able to dispatch the creature and end the fight once and for all.

Exhausted, Severson and the others sat down for a bit, simply admiring the beauty and sheer size of the fish, they said. Realizing they'd better get the yellowfin back to shore before it became a shark smorgasbord, they fastened it with some ropes and began the trek back to the Small Boat Marina.

"Before we even got back, I knew we'd need a crane to get her to shore," Mitchell said. Having arranged for a heavy duty forklift to be at the marina, Mitchell's friends helped the fishing crew get the tuna to shore and hoisted for display before taking knives to the beast and cutting off 80-pound steaks.

"I couldn't believe how big the fish was," Severson said. "To see how much meat was cut off it was even more unbelievable. This has got to be a record of some kind."



U.S. Army photo by Cari Dellinger

A crew of Kwaj fishermen celebrate the immense 1,552-pound yellowfin they caught off the south of Kwajalein, March 29. From left: Tony Janoski, Jimmy Severson, Dax Mitchell and Steve Young.

DON'T FORGET: WE ARE IN A DROUGHT. ONLY WATER YOUR PLANTS OR YARD FOR 30 MINUTES EVERY OTHER DAY.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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TRAFFIC LIGHT INSTALLED AT LAGOON ROAD AND SIXTH STREET

BY JORDAN VINSON

Kwajalein's Department of Public Works team finished a much-anticipated traffic light installation at Lagoon Road and Sixth Street, March 29.

The two-week installation project brought electricians, logisticians, safety personnel and civil engineers together to tackle the traffic light installation at the busiest intersection on the garrison.

Jim Randolph, the point-man for the build, said he was excited to be assigned to the first project of its kind on Kwajalein.

"This is a real honor," Randolph said.

"This is not only the first traffic light on Kwajalein, but on the entire atoll. Heck, the entire Ralik Chain of the Marshalls. I think residents are really going to enjoy pulling up to this baby and trying to beat the yellow light. Just like we do in the States."

Garrison leadership's effort to crack down on an increasing uptick in traffic violations at Lagoon Road and Sixth Street was the driving force behind the project, spokespersons said at a press conference March 15 when construction first began at the intersection.

Speeding, illegal lane changes, making

dangerous passes, riding far too slowly and stopping in the middle of the intersection to talk to friends were some of the main reasons island leadership cited for introducing the traffic light.

"This is all an effort to introduce a little more law and order on the streets of Kwajalein," Randolph said. "This isn't the wild west. This is an Army installation, and people need to ride their bikes with intention and care."

After a 30-day trial period with the new light is finished, garrison leadership may consider adding more traffic lights on Kwaj, and also on Roi, Randolph said.



Kwajalein residents mind the new traffic light installation at the corner of Lagoon Road and Sixth Street, March 29. The installation project is the first of several to come to Kwajalein and Roi, community leaders announced this week.

📷 U.S. Army photo by Jordan Vinson and Cari Dellinger

STUDY: LINK BETWEEN MEN'S MISSILE BURGER CONSUMPTION AND FEMALE ATTRACTION

BY JORDAN VINSON

In a new paper published in Cave Man, a scholarly journal with a focus on man studies, scientists reported this week that the more Missile Burgers a man eats, the more likely he is to catch the eye of single female suitors.

The study, conducted by an international coalition of anthropologists and psychologists from America, Sweden and Canada, is the first of its kind to directly measure the link between women's attraction to men and the frequency with which those men eat missile burgers—the legendary house specialty of the Roi Outrigger Bar and Grill.

Anthropologist Benito L. Parmesan, lead author of the paper and Professor Emeritus of Anthropology at the University of West Dakota, drew parallels between the Missile Burger case and courtship gestures involving other “lower animals” throughout the planet.

“From beetles and howler monkeys, to bears and stickle-back fish, a great many species in the animal kingdom employ special mechanisms to shine a spotlight on themselves and make themselves seem more appealing to the opposite sex,” he said during a telephone interview with the Kwajalein Hourglass March 29. “Like most species, humans use these mechanisms to help woo the opposite sex slowly and cautiously, whether consciously or subconsciously. The Missile Burger case is yet another example of this, albeit one that is particular to Kwajalein Atoll, it seems.”

Explaining exactly why females are drawn to men who eat the burgers is still not fully understood, Parmesan said. Current hypotheses point to a suite of endorphin-boosting pheromones that a man gives off while eating the missile burger. The pheromones, which linger in the man's vicinity for up to an hour after finishing his meal, were shown during the study to ramp up nearby women's eyelash fluttering, smiling and eye contact by 50 percent in some cases.

“In more cases than we expected, the men who ate Missile Burgers received much more attention from their female counterparts,” Parmesan said. “Phone numbers were exchanged at a rate 60 percent greater than in those situations in

which no Missile Burger was consumed.”

The study, which lasted one month, involved 136 randomly-selected men from Roi-Namur and Kwajalein, ranging from ages 24 to 65. Half were given Missile Burgers to eat and inserted in public places with single females nearby. The men in the other half were given nothing and inserted in similar situations.

While the scientists do not yet fully understand the mechanics driving the phenomenon, it is very clear now that employing a Missile Burger can have an irrefutable impact on men's chances with the ladies—if they use the tool correctly.

Going about the courtship process slowly seems to be key to men's use of Missile Burgers in their quest for companionship in the Roi and Kwaj communities. Like other species, men and women who come off too aggressive often fail in their pursuit, Parmesan reminded. In the case of the male wolf spider, for instance, he must travel cautiously and slowly

through the long, dark passageway of the female wolf spider's compound; should he move toward her too quickly, the female will devour him alive. In the case of humans, the overeager male who talks too soon or too much, prematurely asks for her phone number or gets too close, usually isn't eaten alive; rather he is repelled by the female and must start anew with a different individual.

“Going the burger route is a proven approach for men who are smart about attracting females' attention and who move through the courtship process slowly and methodically,” Parmesan said. “It's a safe move that presents to the male few risks of rejection. It's not an aggressive move toward females in any way. Quite the contrary. Just as certain primates puff out and beat on their chests, men eating Missile Burgers send out a signal to all receptive females letting them know, ‘Hey ladies. Look at me.

SEE “STUDY” ON P. 5



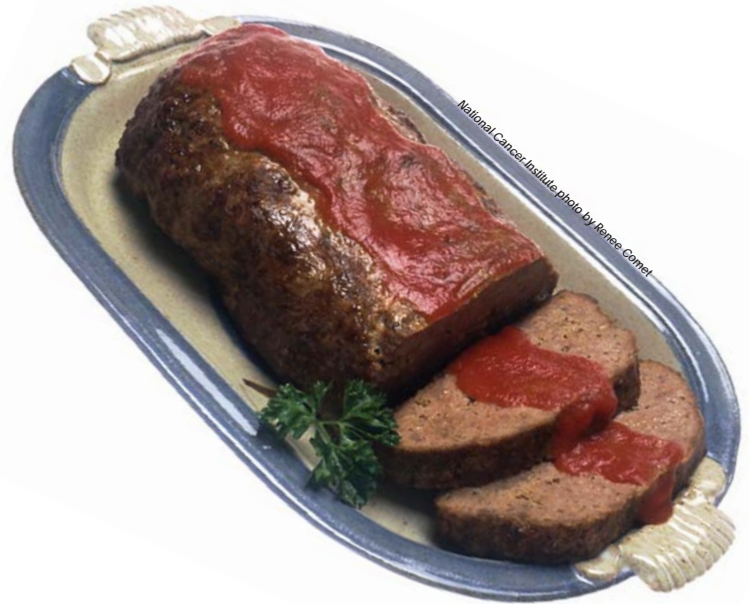
JORDAN'S RUSTMAN TIPS

BY JORDAN VINSON

We're nearing that magical time of year on Kwajalein when the garrison's triathlon athletes go head to head in the annual Rust-Man Triathlon. Are you one of the brave who will tackle the competition this year? Check out these important tips to help you finish at the front of the pack and bring home the glory.



- 1 Practice a bit. Like, try to do at least one lap at the Adult Pool before race day.
- 2 Bring LOTS of bananas with you on the bike leg of the event. Using them for snacks is acceptable, but they're mostly used for their peels—which make for great fun when you chuck them onto the road behind you to slip-up your competitors.
- 3 It's imperative you take at least one bathroom break during the RustMan. So, make sure to eat plenty of fiber-heavy foods like prunes, broccoli and almonds the morning of the race. Throw back a couple of liters of prune juice for good measure while you're at it.
- 4 No one who hasn't spent hundreds of dollars on attention-getting athletic wear has ever won the RustMan. Do you want to finish at the front of the pack—in style? Or do you want to let your friends and family down by sporting your boring old black triathlon suit and getting left in the dust? It's suggested you open a line of credit at a boutique outfitter and order a top-of-the-line, hyper aerodynamic, made-for-astronauts triathlon suit. You'll never look as good in those RustMan photos that go into the award-winning Kwajalein Hourglass.
- 5 You'll need your energy come the day of the RustMan. A standard American meatloaf packs all the energy triathlon athletes need to trounce the competition. But you'll burn energy quickly. So, it's suggested each racer consume one full meatloaf 45 minutes before the start of the race. Zoom zoom.
- 6 After finishing the swimming portion, don't forget about the new stage incorporated in this year's race: sand castle con-



- struction at Emon Beach. Failure to build a sand castle to the judges' specifications will result in an immediate disqualification.
- 7 Remember that meatloaf you ate before the race? That—and the prunes and so on—were a great way to start, but when you're into the second half of the 26-mile bicycle portion of the competition, it's a good idea to refuel with some more energy-packed meats. Think roasted mutton or hot wings. Keep them in a tasteful fanny pack snapped around your waist during your ride, and they'll stay nice and warm until you're ready to dig in. Remember: the messier the wings the better.
 - 8 You ever see those long-distance race or hiking scenes in movies in which temporary directional arrows are placed at points along the race course to let participants know which way to go? You know how the malfeasant baddie always points the arrows into the opposite direction to throw off the other racers? Do that a lot, when no one is looking.
 - 9 After you cross the finish line—in first place, if you follow my advice—don't stop running. Run through the finish line and keep running ... all the way home. The rest of us don't want to hear you bragging about your win (and you'll probably need to use the bathroom.)

"STUDY" FROM P. 4

I'm a good catch. Pass the ketchup."

A supposed link between the burgers and successful courtship had long been rumored on the tiny islands of Roi-Namur and Kwajalein, but few really believed such a phenomenon to be true.

"Sure, Gene would come home after a meal at the Outrigger with his friends, smelling like Missile Burgers and onion rings, and I'd find it hard to keep my hands off him," said Roi resident Sandra Garrison. "But I never really thought too deep into what was going on. I mean, I

love the guy, and I'm attracted to him—burger or no burger. But now that those scientists came in and did a real study, it does seem to make sense."

Lauren Skipjack, a psychologist involved in the study who has long studied the complex rituals involved in human flirting, said that what was once one part old wives' tale and one part urban legend is now backed by the rigors of the scientific process. The results of the study will impact the social politics of human love for years, she said.

"This is a watershed moment in the fields of biology, anthropology and

psychology and anyone interested in the social politics of love, relationships and humanity in general," she said in an interview. "Just as men across the American South wear leather jackets and ride noisy motorcycles to attract the female sex, evidence points to men of Roi-Namur and Kwajalein eating Missile Burgers to give them a leg up on their competition and catch females' eyes. It's another classic example of men incorporating items from their immediate environments to accentuate themselves and make themselves more enticing to the ladies."

BIRDS OF PREY FLOWN IN TO SOLVE ROI RAT PROBLEM

BY JORDAN VINSON

Officials from U.S. wildlife conservation agencies flew into Dyess Army Airfield, March 30, with special cargo onboard their turboprop aircraft. Nestled into four large cages were two falcons, one hawk and an owl. The birds of prey arrived on Roi-Namur to start a new chapter in their lives—and a new phase in the island community's unending battle against jungle rats.

Wayne Witherspoon, vice president of the U.S. Raptor Rehabilitation Project-Pacific, said that the birds would be the island's best bet yet against the Roi rat. Brought into USRRPP's custody as injured young adults, the birds were rehabilitated, then trained to search out and destroy rat colonies.

"These beautiful birds here are born predators, and they'll serve as a vital—and natural—asset in Roi residents' efforts to keep the rat population at bay," Witherspoon said. "They may not be native to the Marshall Islands, but they learn quickly and easily adapt to conditions on the ground. It will be interesting to see how well they perform."

The ambitious project to introduce four wild aerial predators into the skies off Roi-Namur is the first of its kind on Roi-Namur, where the numbers of rats have blossomed over the decades.

For some Roi residents, the program is a welcome sign that the authorities are beginning to take the problem seriously.

"It wasn't even two weeks ago that a swarm of the little brown buggers literally invaded the Surf Shack while friends and I were there celebrating a birthday," said Bob Barker. "Probably 2,000 of them. Sent everyone screaming into the water. All we could do was watch from a distance while the horde ate Shelley's birthday cake, the hot dogs and everything. As quickly as they came, they left, running back into the jungle like a gang of thieves. All they left behind were their droppings. My hopes are for the falcons and other birds to really take it to the pests."

Not everyone on the island shares Barker's enthusiasm for the project. For an island community whose residents go by the nickname of "Roi rats," a push to kill off the four-legged rodents is a farce—as silly as an April Fool's Day joke, said Mark Swain.

"The rats are not our enemies," Swain said. "They've simply gotten a bad rap by residents who don't understand them or get to know them. This whole project is way overkill and maligns the spirit of the Roi community. We've always identified with the rat, and now we're going to try to kill them off? By introducing wild predators?"

Despite opposition from some community members, Leonardo, Raphael, Donatello and Michelangelo—the names of the two falcons, hawk and owl, respectively—have already taken to the skies over the islets, getting a lay of the land and making a kill here and there. They have been allotted nesting areas, built by local carpenters, near the site of the old Japanese power plant, but they're free to nest anywhere they like, as long as they stay clear of the radars and other important infrastructure, Witherspoon said. "It will take them just a bit to get used to the environment here," Witherspoon said. "Before you know it, they'll be performing very well, I believe."

If successful, USRRPP plans to introduce up to 20 more birds of prey into the local environment to help Leonardo, Raphael, Donatello and Michelangelo in their fight against the Roi rats. In the meantime, Swain has filed a lawsuit against USRRPP, which many observers agree is unlikely to fly in court.



U.S. Army photo by Jordan Vinson

A 25-foot-deep snake pit lies unearthed in the middle of the Ocean View Club dance floor yesterday. It was inadvertently exposed by a construction crew working on the floor.

SNAKE PIT UNEARTHED AT OCEAN VIEW CLUB

BY JORDAN VINSON

A routine maintenance construction job took a shocking turn yesterday at the Ocean View Club. While Department of Public Works personnel busted up a section of the bar's concrete dance floor to put in a new drainage system, one worker's sledge hammer broke through the floor, exposing a veritable pit of deadly snakes.

Reaching a depth of about 25 feet, the cavernous pit is estimated to hold some 3,000 pythons, black mambas, kingsnakes, titanobas and red-tailed boas, a reptile specialist said via a telephone call from Honolulu after seeing video footage of the site.

Luckily, no one was injured when the crew broke through the floor, unearthing the pit. Kurt Geronimo, who was on the scene when it happened, said it was like a scene from an "Indiana Jones" movie.

"This was about four hours into the job," Geronimo said. "Larry [Rodriguez] gave it a good swing with his hammer, and boom. A large chunk of concrete fell inward, and there was the pit. Couldn't believe it with my own eyes. A snake pit at the Ocean View Club."

Animal recovery specialists are currently en route from San Diego to collect all the snakes and transport them for safe keeping in the United States. In the meantime, the snake pit inside the Ocean View Club has been barricaded, and the community is advised to stay clear of the site until construction work is complete.

The exact reasons for such a snake pit to, first, be located under the club and, two, only now be exposed, are unknown. Investigators have begun to assemble the facts in a case that may take years—if it ever gets solved.

The Kwajalein Hourglass

WATER PLANT GETS CREATIVE

BY JORDAN VINSON

Water Plant staff on Kwajalein and Roi-Namur announced an intrepid plan April 1 to help the drought-stricken communities cope with dropping freshwater supplies.

During a televised press conference Friday afternoon, officials announced their intentions to begin incorporating Rando-aide into the islands' drinking water supply tanks and non-potable water reserves.

"This popular electrolyte-rich sports drink, when combined with our remaining water supplies, will extend our access to drinking water for all of our household needs for at least three months," Mark Thunderpine said. "Non-potable supplies will increase four-fold during that same period."

Officials have begun a trial run with the sports drink and are expected to implement its full-scale use by the end of next week. The specific flavor of Rando-aide that Water Plant personnel will be using has not been announced, but sources who asked to remain unnamed because they are not authorized to speak to the press have reported it to be blueberry pomegranate.

THUMBS UP



Thumbs Up to Portuguese Man O' War washing up on Kwajalein. Your sting may be painful, but at least I get the beach all to myself.

—Ray Tanner

Thumbs Up to the Easter Bunny helpers for their support at the annual Community Activities Easter Egg hunt. Thanks to Caleigh Yurovchak, Megan Sok, Arianna Alejandro, Erin Waite, Colleen Furgeson, Addison Cossey, Aiden Alejandro, Bronwyn Galbraith and Chelsea Engelhard.

—Midori Hobbs

Thumbs Up to all the beer drinkers who recycle their empty bottles in the ocean. Because of you, I can always

count on finding cool sea glass at Glass Beach. Cheers!

—Heine Ken

Thumbs Up to all the residents who leave unwanted scuba gear hanging out for people to pick up from their back porches. I'm surprised at how many people have all this nice gear that they don't want anymore. I've assembled quite an arsenal of high-end BCDs, regulators, fins and more. Never seen more generous people.

—Rob S.

Want to thank an awesome community member here? Send an email to the Hourglass at usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil

FRESH KWAJ-GROWN AVOCADOS

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5-5555



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HERO OF THE WEEK

HOURLASS REPORT

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SAG-KA's Hero of the Week is Ruben the Cat. A Kwaj resident who lives on the second floor of Reef BQ, the big guy's a regular people-person who often greets his hallway neighbors and visits other non-cat owners in their rooms. When he's not hard at work lounging in the sun and watching birds fly around outside, he's vomiting on his owner's floor and scratching up his furniture. Having lived in six different cities during his five years on this planet, Ruben—a 2.5-year resident of Kwajalein—is a well-traveled cat and loves the Marshall Islands (and ties).



Courtesy of Ruben the Cat



DISPATCH FROM ROI-NAMUR

SUBMISSIONS: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



Roi-Namur's oldest American white pelican, Lomalo, proudly suns himself near the Namur jungle after catching his lunch from the lagoon.



A cardinal rests on a tree branch during a snowy March 31 afternoon.



Roi rat Cornelis Smedley braves the unexpected frigid weather to record the temperature outside Ratak BQ April 1.



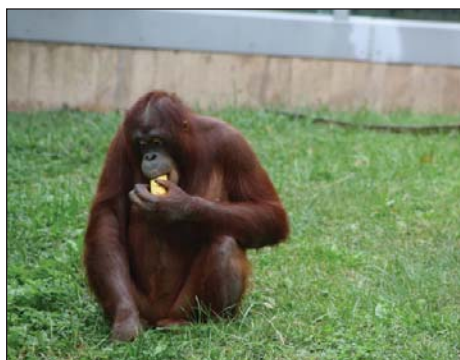
Indy Racing League pros prep for the 2016 Roi-Namur Grand Prix March 27 south of Dyess Army Airfield on Roi Island.



Skydiving enthusiasts Ray and Bethany Arsenault embrace after their successful 13,500 freefall over Kwajalein, March 17.



Emily Ryon shows off her impressive climbing skills at Kwaj Wall, a new outdoor climbing structure provided by QOL.



A Kwaj resident enjoys a banana behind the Corlett Recreation Center.



One of the garrison's new salt trucks plows down Ocean Road.



Sound techs prep the stage for the 2016 Spring Break Music Fest near Emon Beach this weekend. The Kwajalein Hourglass



Say cheese....The Zamperini Dining Facility shows off their udderly-cool new cheese cart featuring 20 different cheeses daily.

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

FOR SALE

Scuba Max Long Fins for Free Diving. Size 8-9 Mens. Used less than one year. \$75. Call 56828 or 51850.

COMMUNITY NOTICES

American Red Cross lifeguard class registration is open March 22-April 2, with class dates running April 5-May 2. Cost is \$150. Contact Cliff Pryor at 52848 to sign up. Must be 15 years of age or older.

April American Red Cross learn to swim class. Registration is open March 22-April 2 with classes running April 6-29. Cost is \$50. Questions? Call Cliff Pryor at 52848.

The Dentist will be out of the office on Saturday, 2 April. In case of emergency, call the Hospital at 52223.

Karaoke Night. 8 p.m., Sunday, April 3, at the Ocean View Club. Be a star for the night and sing your heart out! Must be 21 years of age or older. Questions? 53331.

Adult learn to swim class. Regis-

tration is open March 29-April 9 with classes running April 13-May 6. Cost is \$50. Questions? Call Cliff Pryor at 52848.

The Plague, a live band consisting of former Kwaj kids, is on the garrison to play a series of shows. Their schedule is: 8 p.m., Saturday, April 2, at the Vets hall. Spring Break Music Fest headliner show Sunday, April 3, at Emon Beach. Sponsored by Quality of Life.

Merbabes Swim Class. 9-9:30 a.m., Saturday, April 2, at the Family Pool. Come enjoy an American Red Cross Parent/Child Swim Lesson. Class is for children ages 6 months - 3 years. All participants must be accompanied by an adult in the water. The purpose of this class is to develop a comfort level in and around the water. Swim diapers are required for children who are not potty-trained. Free. Questions? Call Cliff Pryor at 52848.

KRS Property Management's Equipment Custodian Training Class. 1-3 p.m., Saturday, April 2, at Building 804. This training is required for all NEW KRS Property Custodians and available for Supervisors/Managers. Other personnel may attend, if space permits. Training will cover general aspects of Government Property Management, usage of forms, and responsibilities of Property Custodians. To register, call La'Mesha Rhodes at 53412.

Spring Break Music Fest Cook-off Competitions, Sunday, April 3. There will be a Chili Cookoff, a Smoker Competition, and a Sauce Competition. Interested in competing? Email cookoff@kwajyachtclub.com.

The Family Pool and Vets Hall will be closed Sunday, April 3 in sup-

port of the Spring Break Music Festival.

The Kwajalein Adult Recreation Center will be closed April 5-6 for deep cleaning. Questions? Call Derek Finch at 51275.

The Army Veterinarian will be on island April 5-11. Please contact Veterinary Services to make an appointment at 52017.

Quizzo. 7:30 p.m., Friday, April 6, at The Vet's Hall. Special Guest Host Chuck Corway will delve into his infinite playlist of trivia to puzzle our minds. Questions? Contact Neil Dye or Jan Abrams.

Garden brunch, hosted by the Christian Women's Fellowship Board 12:30-2 p.m., Sunday, April 10, at the Religious Education Building.

Caribbean Night. 8 p.m., Saturday, April 16, at the Ocean View Club. Join us in celebrating island life Caribbean-style, complete with music, décor, and drink specials. Wear your best island attire! Must be 21 years of age or older. Questions? 53331.

B-Boat Class. Registration is now open with classes running 6:30 p.m., April 19-21, CRC Room 1. Sign up at the Small Boat Marina.

American Legion Post # 44 presents "MOM" Golian BBQ in honor of Mothers Day. 5-8 p.m., Sunday, May 8, at the Vets Hall. Tickets are \$40.00 and are available at the Vets Hall or from Post # 44 Members. Proceeds will benefit Veterans Charities Questions? Contact Mike Woundy or Jan Abrams.

Alcoholics Anonymous meets every Tuesday and Thursday, 6:30-7:30 p.m. in the Religious Educa-

tion Library.

Safely Speaking: Set in Order is the series of steps by which the optimum organization is attained. The standard translation is orderliness, set in order, straighten and standardization. The sorting out process is essentially a continuation of that described in the Set phase.

E-talk: In an effort to support a healthy, safe environment for all island personnel, contact the KRS Environmental Office @ 5-1134. If you need to dispose of compressed gas cylinders or if you have any questions on the general management of compressed gas cylinders.

Environmental Public Announcement: Dredging and Filling Operation. Avoid eating fish caught in the Camp Hamilton lagoon area. The shoreline protection work activity could increase the potential for Ciguatera poisoning. Questions? Call 51134.

Recent sightings of Portuguese Man-of-War have been identified on the beaches all over the island. Take extra precautions when you are in the water.

Boaters-Please be advised of US-AG-KA Regulation 385-9: "No person shall operate or otherwise be in control of any boat (including private boats), surfboard, wind-surfer, kayak, outrigger canoe or any other type of personal watercraft of any sort in waters controlled by USAG-KA with a blood alcohol level greater than 0.0 percent BAC. Persons in violation of this provision are subject to appropriate administrative action."

Put a stop to the drop. Report all leaky taps to the Service Desk at 53550.

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF MARCH 31

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 9
Oven fried chicken	Grilled reuben sandwich	Ropa viejas beef	Pork pot roast	Bruised short ribs	Garlic ranch chicks	Garlic bread
Missile burger casserole	Meatballs	Fish tacos	Chicken veggie stir-fry	Grilled chicken breast	Fish du jour	Spaghetti game hen
Scalloped pumpkins	Oven roasted potatoes	Mexican rice	Roasted potatoes	Mac and cheese	Rice pilaf	Meat sauce

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 9
Bangers and mash	Vegetarian pasta	Food Fight Night	Grilled bottom sirloin	Roast chicken beaks	Hamburger Bonanza	Beef pad Thailand
Fish and chips	Boiled potatoes	Fried chicken	Tame rice	City fried steak	Chicken marsala	Lt. Gen. Tso's chicken
Mashed potatoes	Avante-garde pot roast	Meatloaf	Baked potatoes	Vegetarian salute	Roasted potatoes	Soylent green

WEATHER

Courtesy of RTS Weather

Day	Skies	of Rain	Winds	Chance
Sunday	Snow	70%	ESE-SE at 10-15 knots	
Monday	Partly Sunny	10%	NE-ENE at 11-16 knots	
Tuesday	Sleet	80%	E-SE at 16-21 knots	
Wednesday	Partly Sunny	20%	ENE-E at 15-20 knots	
Thursday	Snow	30%	ENE-E at 16-21 knots	
Friday	Mostly Cloudy	30%	ENE-E at 12-17 knots	

Yearly rainfall total: 47.24 inches

Yearly rainfall deviation: +28.88 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.



Sexual Harassment/ Assault
Response and Prevention (SHARP)

Contact Information

Chief Warrant Officer 4 Sharnta' Adams
SHARP Victim Advocate

Work: 805 355 2139

Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100

USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA
COMMANDER SHOULD KNOW ABOUT?

*CALL THE COMMANDER'S
HOTLINE AT 51098 TODAY!*

SUN—MOON—TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	LOW TIDE	HIGH TIDE
SUNDAY	6:46 a.m. 6:59 p.m.	2:49 p.m. 2:56 a.m.	7:03 a.m. 0.9' 8 p.m. 0.3'	1:14 a.m. 2.6' 1:26 p.m. 3.4'
MONDAY	6:45 a.m. 6:59 p.m.	3:40 p.m. 3:52 a.m.	8:05 a.m. 0.4' 8:42 p.m. -0.2'	2:09 a.m. 3.2' 2:20 p.m. 3.9'
TUESDAY	6:45 a.m. 6:59 p.m.	4:32 p.m. 4:49 a.m.	8:52 a.m. -0.2' 9:21 p.m. -0.7'	2:51 a.m. 3.8' 3:04 p.m. 4.4'
WEDNESDAY	6:44 a.m. 6:59 p.m.	5:23 p.m. 5:47 a.m.	9:34 a.m. -0.7' 9:57 p.m. -1.0'	3:30 a.m. 4.3' 3:44 p.m. 4.8'
THURSDAY	6:44 a.m. 6:59 p.m.	6:16 a.m. 6:46 p.m.	10:15 a.m. -1.0' 10:3 p.m. -1.2'	4:07 a.m. 4.8' 4:24 p.m. 4.9'
FRIDAY	6:43 a.m. 6:59 p.m.	7:09 a.m. 7:46 p.m.	10:55 a.m. -1.2' 11:09 p.m. -1.1'	4:44 a.m. 5.1' 5:02 p.m. 4.9'
APRIL 9	6:43 a.m. 6:59 p.m.	8:04 a.m. 8:47 p.m.	11:35 a.m. -1.1' 11:44 p.m. -0.9'	5:21 a.m. 5.1' 5:40 p.m. 4.6'

USAG-KA MENTORSHIP PROGRAM 2016

For Kwajalein Teens ages 13-19

YOU WILL GAIN:



LEADERSHIP
TEAM WORK
SELF ESTEEM
SELF-DISCIPLINE
COMMUNICATION
PHYSICAL FITNESS
GOOD CITIZENSHIP
DRILL & CEREMONIES
CRITICAL THINKING SKILLS
FIELD TRAINING EXERCISES
PERSONAL RESPONSIBILITY
MILITARY RANK STRUCTURE
EMPLOYMENT OPPORTUNITIES
COLLEGE & ADVANCED EDUCATION
SERVICE TO THE NATION & COMMUNITY
DRUG & SUBSTANCE ABUSE AWARENESS
HIGH SCHOOL GRADUATION & SUCCESSFUL FUTURE

Sign Up Today - The Program Launches April 11, 2016

CHALLENGE YOURSELF TO SUCCEED!

For more information, contact CSM
Angela Rawlings at 5-1414 or email:
angela.u.rawlings.mil@mail.mil



LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 9
Roasted cornish hen	Beef fajitas	Grilled chicken feet	Beef stew	Pork sandwich	Tuna casserole	Lasagna
Fish florentine	Chick. w/ orange sauce	Black-eyed peas	Chicken strips	Beef stir-fry	Rebel pot roast	Garlic bread
Quiche w/ avocados	Breakfast burrito	Corn bread	Hot spiced blueberries	Veggie fried rice	Mashed potatoes	Soylent green

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 9
BBQ pork snouts	Jambalaya	Chicken fried steak	Roast beast	Beef pot pie	Mongolian grill night	Kilbi ribs
Smoked sausage	Cajun roast pork	Chicken curry	Herb-baked fish	Fried chicken	Eggnog rolls	Chicken hekka
Roasted sweet potatoes	Mashed potatoes	Mashed potatoes	Corn on the cob	Mashed potato skins	Noodles/rice	Sweet 'n' sour potato wedges

Café Roi

*MENU CURRENT AS OF MARCH 31

SIMPLY



HOURLASS REPORT

LEAN 5S TIPS

In this Simply Safety piece we will look at the seiton or set and order part of the program. Now that we have disposed of all the red items it is time to organizing the items that are left in a way that best supports the employees doing the work. If you have completed the technical aspects of the first S you should have extra space everywhere. It is not uncommon to gain over 30% of space on the first try. At this point, there is an opportunity to better organize the work. This is a progressive improvement where items already nearby are placed as close to the point of use as possible. Next, items that are needed regularly, but are currently stored far away, can be moved close to the point of need. Infrequently used items might be kept nearby, but out of the way of high-use items that are needed every day.

S2 applies to both large and small areas. Small areas may be a bookshelf or a bench or desktop. In the small areas, you should aim for locating items within inches of your reach and line of sight. Larger areas should cut the number of steps. Aim for a big reduction in steps, perhaps 50%, in larger areas. A simple tool to document before and after improvements to large S2 improvements is a spaghetti diagram, a graphical representation of the steps taken and distance traveled to do a particular job (see diagram below). As employees draw before and after diagrams, the improvement is compelling and creates buy-in.

This type of organization creates a highly repeatable work environment in which:

- Needed item are close by and easily accessible.
- Time lost to searching and walking is reduced.
- Accidents are avoided because there is adequate space for all operations as well as conveyance and storage of material.

As with S1, the employees who do the work must be the ones to identify set locations for needed items.

- Often, while organizing the new work area, employees will reconsider items that they first thought they needed, and will go back to S1 to sort those out.

- Organization of shared areas like supply closets or common areas for multi-shift production should be done by a team representing all users of the areas.

- Organizing items for ease of use is not a one-time activity. "Set" does not mean "set and forget." Item locations will likely be reset from time to time as employees exercise the new set-up. This is not a problem, but an example of continuous learning and improvement that supervisors must foster. If items are set and then are discovered to be in the wrong place, there must be an ongoing correction process or employees will become disengaged and buy-in will be lost.

- Measure the improvements as they are made in order to

USAG-KA SPORTS SOFTBALL

RESULTS LAST WEEK

MARCH 22

Scrubs def. Spartans White
Spartan Men def. 993-Cartel

16-9
25-24



MARCH 23

Spartan Women def. Spartans Blue
Kwajalein def. OFL
OFU def. Yokwe

14-4
15-12
14-4

MARCH 24

Kekambas def. Concrete
Spartan Men def. Trouble Makers
Lollygaggers def. Spartans Co-ed

29-4
16-10
13-12

MARCH 25

Scrubs def. Spartans Blue
Bat Hit Crazy def. Yokwe
OFL def. OFU

15-5
16-6
17-3

A LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Kwajalein	2	0
Old, Fat and Ugly	2	1
Criminals	1	1
Bat Hit Crazy	1	2
OFL	1	2
Yokwe	1	2

B LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Spartans Men	3	0
Kekambas	3	1
991-Cartel	2	1
Trouble Makers	2	2
Concrete	0	3
Mudslingers	0	3

COED LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Tropic Blunder	2	0
Lollygaggers	2	0
Spartans Co-ed	1	1
Jab Lale	0	2
RF Hazards	0	2

WOMEN'S LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Spartan Women	3	0
Scrubs	2	1
Spartans Blue	1	2
Spartans White	0	3

demonstrate the power of workplace organization. Time and energy that is no longer wasted on searching, walking, bending, etc., can now be used productively. This also creates buy-in.

- Think ergonomics and safety. When setting locations, organize workstation height to make the job easier: low height for heavy tasks, higher for detailed tasks. Set a standard for material container weight, and reduce bending and reaching by storing items above the knees and below the shoulders.