

VOLUME 57 NUMBER 12

MARCH 19, 2016

# THE KWAJALEIN HOURGLASS



## THIS WEEK

### TURBO TURTLES

WIN CHAMPIONSHIP, P. 4-5.

### PROTESTANT CHAPLAIN

TALKS RELIGIOUS TOLERANCE P. 2.

Kwajalein Jr./Sr. High School Spartans inner-tube water polo player Jared Wase fends off Turbo Turtles defenders during the 2016 Kwajalein Water Polo championship March 12 at the Family Pool.

 Jordan Vinson



# CHAPLAIN'S CORNER

## HOLY WEEK AND RELIGIOUS TOLERANCE

BY CHAPLAIN STEVE MUNSON



**T**he Christian Holy Week is upon us; for me, it is a favorite time of year. Throughout the world Christians are preparing to celebrate the eternal message of Jesus Christ conquering sin, death and evil.

The message of Easter is not just an ancient message, but one that speaks to the hearts of believers today. For us, it is the victory over

death and the promise of personal resurrection and eternal life. Sometimes the message is obscured by the rhetoric of persons who lack religious tolerance. Tolerance is not the belief that everyone must agree, but that we can unite on the common ground of treating people with dignity and respect. I realize that not everyone will celebrate Holy Week as I will, nor will they embrace

the message of Christ. Other religious groups have important celebrations of faith as well.

To be a person of faith in America, is to understand all religions must be valued and allowed an equal voice; to suppress one is to eventually suppress all.

Serving as an Army chaplain has given me a better understanding of tolerance, especially toward those

whose religious practices and beliefs are far different than my own. I came to appreciate how God can reveal himself to people of other faith groups.

This week, Christians will gather to celebrate their faith. In the coming months other religions will celebrate theirs as well. My hope is for people of all faiths to demonstrate respect by treating others with dignity.



## VEHICLE MISUSE ON USAG-KA

The number of cases of inappropriate vehicle use has steadily increased across the garrison, and USAG-KA wants all personnel to be aware of the proper and legitimate use of vehicles to prevent waste of resources and abuse of privileges. Other than the QOL rental vehicles, all vehicles on USAG-KA are restricted to official use only. Use of work vehicles to travel between your home and place of employment, to transport non-personnel, to run personal errands, to pick up personal mail at the post office, to travel to retail establishments, dining facilities, the gym, the bank, or the food court is prohibited. Transportation of personnel or dependents to or from the airport is also prohibited, unless the traveler is on official business or is PCS'ing. Transporting alcohol in a work vehicle is also prohibited. Personnel who misuse vehicles may be subject to adverse personnel action by their employer or adverse administrative action by the Command.



# www.army.mil/kwajalein

Check out USAG-KA's new website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at [Nikki.1.maxwell.civ@mail.mil](mailto:Nikki.1.maxwell.civ@mail.mil).

## DON'T FORGET: WE ARE IN A DROUGHT. ONLY WATER YOUR PLANTS OR YARD FOR 30 MINUTES EVERY OTHER DAY.

### THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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From Jordan Vinson



*The garrison's Department of Public Works Paint Shop crew on Kwajalein gather for a group photo at the Carpenter's Shop on Kwaj March 15.*

From Jordan Vinson



*The Turbo Turtles' Bill Williamson wards off Spartans player Allison Hibberts during the 2016 Kwajalein Water Polo championship match March 12 at the Family Pool.*



From Jordan Vinson

*Kabua Jr., left, and Abraham Beio take a break from a hard morning's work at the garrison's Construction Shop on Kwajalein March 15.*



From Donna Brown

*A homemade eclipse pinhole contraption made by staff at buildings 1054, 1163 and 1008 aids eclipse watchers during a true Kwaj-style viewing party March 9.*





**LEFT:** Turbo Turtles striker Bruce Premo punches a shot through the Spartans defenders during the 2016 Kwajalein Inner-Tube Water Polo championship match March 12. **RIGHT:** Spartans striker Colleen Furgeson prepares to launch a point into the Turtles' net.

# TURBO TURTLES TAKE 2016 TITLE

EDITORIAL BY JORDAN VINSON

*Amid a flurry of high-stakes strikes, frantic backstrokes and cheers from fans, the Turbo Turtles defeated the Spartans 61-53, March 12, at the Family Pool, winning the 2016 Kwajalein Inner-Tube Water Polo championship and earning the right to take home yet another coconut trophy.*

From the first whistle onward, the Kwajalein Jr./Sr. High School maintained an apparent advantage, utilizing their female strikers to bust up the Turtles' backfield and cast in balls worth three points in comparison to male players' two-points-

per-goal conversions. With 10 minutes to go in the first half, Colleen Furgeson, a born predator in the water, made a series of crucial goals to stretch the Spartans lead over the Turtles to 11. Wet fingers and slippery balls bedeviled the teams' goalies who, while making plenty of saves, let others slip through their grip and into the nets.

Bruce Premo, a Turbo Turtles powerhouse, took advantage of his height and wingspan, cocking his right arm back like a Medieval catapult and launching balls around the defenders and into the goal just out of reach of Spartan goalie. A few con-

secutive strikes on Premo's part, and the Turtles had inched their way closer to the Spartans lead, putting the score at 35-29. Two minutes later, a goal by the Spartans' Dayna Hepler was answered by a series of strikes by Premo and his white-capped cronies who closed the gap and left the Spartans with a meager one-point advantage at the end of the first half.

A five-minute pep talk with coach Stan Jazwinski during the halftime break gave the Spartans a warm pick-me-up, but the cold, calculating Turtles squad would give their rivals no quarter in the second half. From the blow of the whistle onward,



**LEFT:** The Spartans' Ben Tavutavuwale makes a desperate attempt to block Turbo Turtles striker Bruce Premo. **RIGHT:** The Spartans' Addison Cossey eyes the water for an open Spartan to pass the ball to while Turbo Turtles coach Bill Williamson closes in on her.





**LEFT:** The Turbo Turtles' Bill Williamson, a long-time veteran of the Kwajalein sport, "dribbles" the ball with his back, punching into the Spartans' backfield. **RIGHT:** Furgeson lets loose a rocket over Turtles goalie Brian Coombe.



Premo unleashed a barrage of attacks that kicked up his team's score two-points at a time, turning the tide in the Turtles' favor.

At about 10 minutes into the half, the Spartans' lead had become a 10-point deficit to the Turtles 53 points. A few blocks by Turtles' goalie Brian Coombe helped the team maintain their momentum, but the Spartans' strikers still managed to throw in a few goals to stay alive. With a time-out called six minutes left in the game, the score rested at 53-45.

Three minutes later, a couple of tit-for-tat goals by each team left the score at 57-48—advantage Turbo Turtles. With 40

seconds left on the clock, a crucial strike by Furgeson deep in the Turtles' backfield gave her team three points and a chance to catch up to the opponents' score of 59 to the Spartans 53. If only the Spartans could manage to make a couple of steals and have their female strikers hit two goals—and do so quickly—a win might have been possible. But the Turtles, skilled at controlling the ball in their backfield to use the clock to their advantage, never gave the high school kids a chance. A shot by Turtles coach Bill Williamson with a few seconds left punctuated the end of the match—and the end of the Spartans' chances of taking

the title away from the reigning water polo champions.

With about a baker's dozen championship title to their name in the last 13 years—and even a mention in a recent Washington Post article—the Turbo Turtles' win once again secured their rightful place on the Kwajalein inner-tube water polo throne. But as history shows, every empire falls sometime. Who will be the team to challenge their reign next year?

*Don't believe me? Do an Internet search for "A Ground Zero Forgotten." The Turtles are mentioned at end of the piece.*



**LEFT:** Frantic backstrokes sends water flying everywhere in the Family Pool as the Spartans muster a counter-attack against the Turbo Turtles' lead during the second half of the championship March 12. **RIGHT:** Tavutavuwale makes a pass.





# COMMUNITY CLASSIFIEDS

## HELP WANTED

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at [www.krsjv.com](http://www.krsjv.com).

## GIVE-AWAY

Seven-year-old, black and white housecat. All shots are current. Cat is great with adults and older kids. If interested, call Lindsey at 51054.

## PATIO SALE

PCS sale. 7 a.m.-5 p.m., March 19, at the corner of Sixth Street.

## COMMUNITY NOTICES

Important reminder: golf carts are not allowed on sidewalks!

CYSS Open Recreation Bingo Night. 5:30-7:30 p.m., March 19, at the School Age Care room. For kids from kindergarten grade through sixth grade. We provide the prizes and snacks. Space is limited. Call 52158 to sign up. Cost is free.

KRC Running of the Green event. 5 p.m., Monday, March 21, beginning outside the bowling center. 2.5-mile run with St. Patrick's Day theme.

American Red Cross lifeguard class registration is open March 22-April 2, with class dates running April 5-May 2. Cost is \$150. Contact Cliff Pryor at 52848 to sign up. Must be 15 years of age or older.

April American Red Cross learn to swim class. Registration is open March 22-April 2 with classes running April 6-29. Cost is \$50. Questions? Call Cliff Pryor at 52848.

Mandatory island orientation. 12:30-4:30 p.m., March 23, at CAC Room 6. Required for all new island arrivals except those under 10 years of age.

EOD UXO disposal operation. 12:30-2:20 p.m., March 25, at the UX disposal site "shark pit." Access to area will be restricted to unauthorized personnel until completion.

The Easter bunny will visit the AAFES Exchange from 1-2 p.m., Friday, March 25. Bring your camera!

March birthday bash. 8 p.m., Saturday, March 26, at the Ocean View Club. Join us in celebrating March birthdays with the music, drinks specials. Must be 21 years of age or older.

Easter Egg Hunt 4 p.m., Sunday, March 27, starting at the Rich Theater. Join us for this egg-stravaganza. Kids up to sixth grade are welcome. Bring your camera for an Easter Bunny Photo Op following the hunt. Please be on time—this event will start promptly at 4 p.m. You don't want your little ones to miss out on the fun!

The Family Pool will be closed Sunday, March 27, in support of the Easter holiday. Please join the crowds at the Richardson Theater for the Eggs-stravaganza Easter egg hunt.

Adult learn to swim class. Registration is open March 29-April 9 with classes running April 13-May 6. Cost is \$50. Questions? Call Cliff Pryor at 52848.

The Plague, a live band consisting of former Kwaj kids, is coming to the garrison to play a series of shows. Their schedule will run as follows: 7 p.m., Friday, April 1, at the Roi Outrigger. 8 p.m., Saturday, April 2, at the Vets hall. Spring Break Music Fest headliner show Sunday, April 3, at Emon Beach. Sponsored by Quality of Life.

The Kwajalein Adult Recreation Cen-

ter will be closed April 5-6 for deep cleaning. Questions? Call Derek Finch at 51275.

Garden brunch, hosted by the Christian Women's Fellowship Board 12:30-2 p.m., Sunday, April 10, at the Religious Education Building.

Alcoholics Anonymous meets every Tuesday and Thursday, 6:30-7:30 p.m. in the Religious Education Library.

All residents must obtain a building permit before constructing any fences or decks, erecting any gazebos/tarps or attaching any items to your quarters, including antennas. Please contact Raymond Sosnowski at 52049 to request a building permit or if you have any questions.

Safely Speaking: When using equipment that requires you to push or pull, your technique is important for reducing the risk of arm, shoulder or back injury. It takes more force to get something moving than it does to keep something moving. In most cases pushing is preferred over pulling.

E-talk: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are NOT allowed without consent from USAG-KA.

Environmental Public Announcement: Dredging and Filling Operation. Avoid eating fish caught in the Camp Hamilton lagoon area. The shoreline protection work activity could increase the potential for Ciguatera poisoning. Questions? Call 51134.

Recent sightings of Portuguese Man-of-War have been identified on the beaches all over the island. Take extra precautions when you are in the water.

Boaters-Please be advised of USAG-KA Regulation 385-9: "No person shall operate or otherwise be in control of any boat (including pri-

vate boats), surfboard, windsurfer, kayak, outrigger canoe or any other type of personal watercraft of any sort in waters controlled by USAG-KA with a blood alcohol level greater than 0.0 percent BAC. Persons in violation of this provision are subject to appropriate administrative action."

Put a stop to the drop. Report all leaky taps to the Service Desk at 53550.

## THANKS FOR A GREAT SEASON

Thank you to everyone who helped make the 2016 Inner-Tube Water Polo Season a huge success. It was a really fun season of this unique Kwaj Sport. It takes a lot of effort by so many different people and everyone involved did an excellent job. Thank you to Bill Williamson, Jim Roby and Stan Jazwinski who volunteered to lead the officials clinic. Their knowledge, expertise, willingness to educate and volunteer is greatly appreciated. Thanks to the KSA for helping fulfill officiating obligations and responsibilities. All the officials did a great job in helping maintain the integrity of the league and making play safe and fun for everyone. A special thanks goes to Daisy Wiltout, who painted the awesome Coconut Trophy for league winners, Turbo Turtles. Finally, Inner-Tube Water Polo wouldn't have been complete without the assistance of all of our coaches and managers. Your interest, your efforts, and your support was greatly appreciated. The success of this year's season was all due to the efforts of everyone involved. We could not have done it without you.

—Derek Finch, athletics and facilities coordinator

## Captain Louis S. Zamperini Dining Facility

\*MENU CURRENT AS OF MARCH 15

### LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 26
Pork chop w/ apple sauce	Cinnamon chicken	Kahlau pork	Tuna melt	Corn chowder	Tortilla soup	Lasagna
Mashed potatoes	Vegetarian quiche	Wings of fire	Honey mustard chick.	Turkey wrap	Taco bar	Italian herb chicken
Breakfast jack sandwich	Au gratin potatoes	Roasted potatoes	Stuffed cabbage	BBQ spare ribs	Chicken quesadillas	Garlic toast

### DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 26
Meatloaf	Spaghetti	Grilled chicken	Porterhouse steak	Mongolian BBQ Night	Mashed potatoes	Sweet and sour pork
Fried chicken	Chicken alfredo	Beef pot pie	Picante chicken	Garlic marinated chick.	Chicken fried steak	Chicken chopsuey
Roasted potatoes	Garlic bread	Three cheese macaroni	Baked potatoes	Veggie egg foo young	Fish du jour	Roasted potatoes

## UPCOMING KWAJALEIN RELIGIOUS SERVICES

Good Friday worship service on Kwajalein. 6:15 p.m., March 25, in the Religious Education Building.

Easter Sunday services on Kwajalein. Sunrise service: 6:30 a.m., March 27, at the Emon Beach main pavilion; service is followed by Baptism in the lagoon. Easter brunch: 7:45 a.m., March 27, at the Emon Beach main pavilion. Normal schedule service: 11 a.m., March 27, at Island Memorial Chapel.



Sexual Harassment/ Assault Response and Prevention (SHARP)

Contact Information

Chief Warrant Officer 4 Sharnta' Adams  
SHARP Victim Advocate

Work: 805 355 2139

Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100

USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

## COMMUNITY ACTIVITIES EGGS- STRAVAGANZA EASTER EGG HUNT



4 p.m., Sunday, March 27. At the Richardson Theater. Don't forget your camera.

## COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA  
COMMANDER SHOULD KNOW ABOUT?

*CALL THE COMMANDER'S  
HOTLINE AT 51098 TODAY!*

## SUN—MOON—TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	LOW TIDE	HIGH TIDE
<b>SUNDAY</b>	6:53 a.m. 7 p.m.	4:29 p.m. 4:20 a.m.	8:54 a.m. 0.3' 9:26 p.m. -0.1'	3:01 a.m. 3.1' 3:06 p.m. 3.8'
<b>MONDAY</b>	6:53 a.m. 7 p.m.	5:17 p.m. 5:04 a.m.	9:27 a.m. 0.0' 9:52 p.m. -0.4'	3:30 a.m. 3.5' 3:37 p.m. 4.1'
<b>TUESDAY</b>	6:52 a.m. 7 p.m.	6:03 p.m. 5:47 a.m.	9:57 a.m. -0.3' 10:17 p.m. -0.5'	3:57 a.m. 3.9' 4:06 p.m. 4.3'
<b>WEDNESDAY</b>	6:52 a.m. 7 p.m.	6:48 p.m. 6:28 a.m.	10:25 a.m. -0.5' 10:41 p.m. -0.7'	4:22 a.m. 4.1' 4:32 p.m. 4.4'
<b>THURSDAY</b>	6:51 a.m. 7 p.m.	7:33 p.m. 7:08 a.m.	10:52 a.m. -0.6' 11:05 p.m. -0.7'	4:47 a.m. 4.3' 4:58 p.m. 4.4'
<b>FRIDAY</b>	6:51 a.m. 7p.m.	8:18 p.m. 7:48 a.m.	11:19 a.m. -0.6' 11:29 p.m. -0.6'	5:13 a.m. 4.4' 5:24 p.m. 4.3'
<b>MARCH 26</b>	6:50 a.m. 7 p.m.	9:04 p.m. 8:29 a.m.	11:46 a.m. -0.5' 11:53 p.m. -0.5'	5:38 a.m. 4.4' 5:49 p.m. 4.1'

## USAG-KA MENTORSHIP PROGRAM 2016

For Kwajalein Teens ages 13-19

**YOU WILL GAIN:**



LEADERSHIP  
TEAM WORK  
SELF ESTEEM  
SELF-DISCIPLINE  
COMMUNICATION  
PHYSICAL FITNESS  
GOOD CITIZENSHIP  
DRILL & CEREMONIES  
CRITICAL THINKING SKILLS  
FIELD TRAINING EXERCISES  
PERSONAL RESPONSIBILITY  
MILITARY RANK STRUCTURE  
EMPLOYMENT OPPORTUNITIES  
COLLEGE & ADVANCED EDUCATION  
SERVICE TO THE NATION & COMMUNITY  
DRUG & SUBSTANCE ABUSE AWARENESS  
HIGH SCHOOL GRADUATION & SUCCESSFUL FUTURE

**Sign Up Today - The Program Launches April 11, 2016**

**CHALLENGE YOURSELF TO SUCCEED!**

For more information, contact CSM  
Angela Rawlings at 5-1414 or email:  
angela.u.rawlings.mil@mail.mil



## LUNCH

**Sunday**

Peking style chicken  
Indonesian pork  
Franconia potatoes

**Monday**

Pepper steak  
Glazed pork loin  
Cheese quiche

**Tuesday**

Pastrami and swiss on rye  
Roast chicken  
Boiled potatoes

**Wednesday**

Stir-fry beef  
Ginger rice pilaf  
Veggie chow fun

**Thursday**

Sauerkraut  
Chili  
Meatloaf

**Friday**

Hot brown turkey sand.  
Apple glazed chicken  
Black-eyed peas

**March 26**

Island style shoyu chicken  
Hawaiian chopped steak  
Spicy Asian noodles

## DINNER

**Sunday**

Hamburger steak  
Herb-baked fish  
Mashed potatoes

**Monday**

Chicken and dumplings  
French-braised beef  
Au gratin potatoes

**Tuesday**

Stir-fry chicken  
Korean steak  
Fried rice

**Wednesday**

Roast beef  
Chick. w/ mustard  
Baked potatoes

**Thursday**

Fried chicken  
Meatball sub  
Stir-fry vegetables

**Friday**

Jerk chicken  
Cuba libre  
Island style rice

**March 26**

Grilled bratwurst  
Baked chicken  
Mashed potatoes

*Café Roi*

\*MENU CURRENT AS OF MARCH 15

# HERO OF THE WEEK

HOURLASS REPORT

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*SAG-KA's Hero of the Week* this week is Kwajalein resident Lynda Reynolds. A registered nurse at the Kwajalein Hospital, Lynda has lived and worked on Kwaj and Roi-Namur for the past 2.5 years treating garrison residents who encounter a wide array of medical ailments. Whether it's a

case of necrotizing fasciitis, a broken leg or a simple head cold, Lynda's there day and night during her long shifts at the hospital to help get you back on your feet. One of the benefits of her job, Lynda says, is the fact that she gets to help many of the people she knows personally around the garrison. The variety of job responsibilities she and her peers perform also keeps her routine fresh and interesting, though this can be a challenge. "You've got to learn to adapt," she says. When she's not taking care of folks at the hospital, she's hitting the links at the garrison golf courses, shooting photos or enjoying water activities like diving, snorkeling and sailing. A true "boomerang" resident, Lynda has done three stints on the garrison, the others occurring in the early 1990s and late 1990s.



U.S. Army photo by Jordan Vinson

## USAG-KA SPORTS

### INNER TUBE WATER POLO

#### RESULTS LAST WEEK

##### MARCH 8

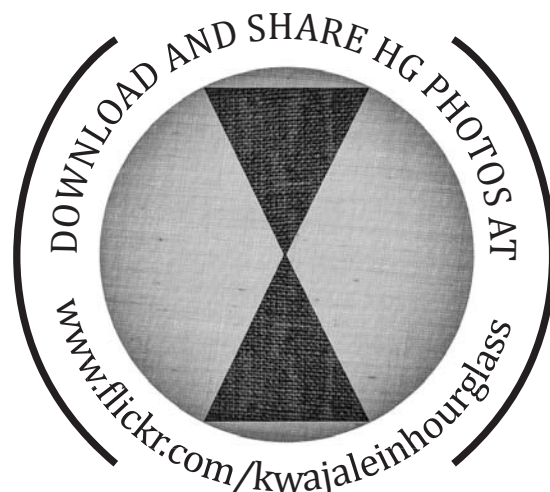
Turbo Turtles def. El Polo Loco 67-48

##### MARCH 12

Turbo Turtles def. Spartans 61-53

#### LEAGUE RECORDS

	Win	Loss
Turbo Turtles	9	1
Spartans	7	3
Chargoggog	5	4
El Polo Loco	3	7
Zissou	0	9



HOURLASS REPORT

#### MATERIAL HANDLING TIPS—continued

We must remember that the weight we can lift above shoulder height is much less than the weight we can lift below shoulder height. And the risk of injury to your back and shoulders is much higher than that of lifting from the ground. When lifting above shoulder height, this places you in the red zone as discussed in the Part 2 of this Safely Speaking se-

ries. Remember there is also more of a risk of the load falling on you should the load slip or become unbalanced.

If possible lower the front portion of the load so that it is below shoulder height. Pivot the load off the shelf and let it come to a lower position changing the overhead lift to a shoulder lift. Always try to lower the load or raise yourself up to the load to keep the load in the green zone between the shoulders and waist. Try to raise the load up or down to the green zone with a forklift or other piece of equipment.

1. Before lifting from heights try to position the load so that it is below shoulder height.

2. Pivot the load off the shelf and let

it lower to a lower position so that the overhead lift is changed to a shoulder lift.

3. Keep the heaviest part of the load closest to you.

4. Keep the proper curvature of the spine, and do not twist with the load.

5. If you are moving an item to an overhead position get an edges in place and slide the load to its position. Making it so you do not have to take the entire weight of the load.

6. Plan for an escape route just in case you lose control of the lift. Should you lose your grip use your escape route and allow the item to fall. Do not risk injury to save the load.