

VOLUME 57 NUMBER 11

MARCH 12, 2016

THE KWAJALEIN HOURGLASS

THIS WEEK

SOLAR ECLIPSE

SWEEPS ACROSS REGION, P. 3.


MAGICAL ADVENTURES,

HOOPS I DID IT AGAIN TAKE TITLES, P. 4.

NATION CELEBRATES

WOMEN'S HISTORY MONTH, P. 2.

Kwajalein Jr./Sr. High School student **Chelsea Engelhard** snaps a photo of the partial solar eclipse that occurred throughout the Pacific region March 9.

Cari Dellinger 

OBAMA: REMEMBER FEMALE TRAILBLAZERS

EXTERNAL REPORT

Official presidential proclamation by Pres. Barack Obama

Throughout history, women have driven humanity forward on the path to a more equal and just society, contributing in innumerable ways to our character and progress as a people. In the face of discrimination and undue hardship, they have never given up on the promise of America: that with hard work and determination, nothing is out of reach. During Women's History Month, we remember the trailblazers of the past, including the women who are not recorded in our history books, and we honor their legacies by carrying forward the valuable lessons learned from the powerful examples they set.

For too long, women were formally excluded from full participation in our society and our democracy. Because of the courage of so many bold women who dared to transcend preconceived expectations and prove they were capable of doing all that a man could do and more, advances were made, discoveries were revealed, barriers were broken, and progress triumphed. Whether serving in elected positions across America, leading groundbreaking civil rights movements, venturing into unknown frontiers, or programming revolutionary technologies, generations of women that knew their gender was no obstacle to what they could accomplish have long stirred new ideas and opened new doors, having a profound and positive impact on our Nation. Through hardship and strife and in every realm of life, women have spurred change in communities around the world, steadfastly joining together to overcome adversity and lead the charge for a fairer, more inclusive, and more progressive society.

During Women's History Month, we honor the countless women who sacrificed and strived to ensure all people have an equal shot at pursuing the American dream. As President, the first bill I signed into law was the Lilly Ledbetter Fair Pay Act, making it easier for working American women to effectively challenge illegal, unequal pay disparities. Additionally, my administration proposed collecting pay data from businesses to shine a light on pay discrimination, and I signed an executive order to ensure the federal government only works with and awards contracts to businesses that follow laws that uphold fair and equal labor practices. Thanks to the Affordable Care Act, insurance companies can no longer charge women more for health insurance simply because of their gender. And last year, we officially opened for women the last jobs left unavailable to them in our military, because one of the best ways to ensure our Armed Forces remains the strongest in the world is to draw on the talents and skills of all Americans.



Women demand equal rights during a 1917 protest in front of the White House.

Though we have made great progress toward achieving gender equality, work remains to be done. Women still earn, on average, less for every dollar made by men, which is why I continue to call on the Congress to pass the Paycheck Fairness Act—a sensible step to provide women with basic tools to fight pay discrimination. Meanwhile, my administration has taken steps to support working families by fighting for paid leave for all Americans, providing women with more small business loans and opportunities, and addressing the challenges still faced by women and girls of color, who consistently face wider opportunity gaps and structural barriers—including greater discrepancies in pay. And although the majority of our nation's college and graduate students are women, they are still underrepresented in science, technology, engineering and mathematics, which is why we are encouraging more women and girls to pursue careers in these fields.

This May, the White House will host a summit on “The United State of Women,” to highlight the advances we have made in the United States and across the globe and to expand our efforts on helping women confront the challenges they face and reach for their highest aspirations. We must strive to build the future we want our children to inherit—one in which their dreams are not deferred or denied, but where they are uplifted and praised. We have come far, but there is still far to go in shattering the glass ceiling that holds women back. This month, as we reflect on the marks made by women throughout history, let us uphold the responsibility that falls on all of us—regardless of gender—and fight for equal opportunity for our daughters as well as our sons.

Now, therefore, I, Barack Obama, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim March 2016 as Women's History Month. I call upon all Americans to observe this month and to celebrate International Women's Day on March 8, 2016, with appropriate programs, ceremonies, and activities. I also invite all Americans to visit www.WomensHistoryMonth.gov to learn more about the generations of women who have left enduring imprints on our history.

In witness whereof, I have hereunto set my hand this twentieth day of February, in the year of our Lord two thousand sixteen, and of the Independence of the United States of America the two hundred and fortieth.

—President Barack Obama

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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PARTIAL SOLAR ECLIPSE SWEEPS THROUGH MICRONESIA

BY JORDAN VINSON

The moon passed between the Earth and the sun March 9, creating a partial solar eclipse that drew crowds of residents into the early afternoon heat to get a glimpse of the celestial rarity.

Peering into the sun through thick chunks of welder's glass and via projection with homemade pinhole projector boxes, students, teachers and visitors watched the moon slowly catch up and begin to overtake the sun in its trajectory between it and Earth. During the event's peak at 2:42 p.m., the pair appeared almost like a waxing or waning crescent moon high in the night sky, and a slight darkening of the sun's light became apparent.

For many, like Kwajalein Jr./Sr. High School Teacher Don Engen, it was their first experience with any type of solar eclipse.

"I don't know if I've ever seen one," he said, surrounded by students outside KHS. "I think it's very awesome that all these kids came out to see the solar eclipse."

Organized by KHS Science Teacher Brittany Nichols, a

viewing party attended by 11th-grade and sixth-grade classes gave students a chance to put into practice some of the principles they had learned in the classroom.

"In physics, we just finished our unit on light and color," Nichols said. "We were studying eclipses specifically, but also different types of shadows like umbras and penumbras. This is exactly what we were talking about."

Before the moon began its partial eclipse of the sun as seen from Micronesia, it completely obscured the star, creating a total solar eclipse, as seen from Indonesia. Live-streamed via media outlets in Jakarta, the nation's capital, the eclipse was viewed on the Internet by millions of people around the world who are located outside of the viewing area. It was the first total solar eclipse since March 2015. The next, which will not be visible from the Marshall Islands, will occur in September and will be best viewed from the border between Tanzania and Mozambique in east Africa.



CLOCKWISE FROM TOP: The Moon obscures the sun during a partial solar eclipse as seen from Kwajalein March 9. Lolani Anjolak views the eclipse through welder's glass during an observation party outside Kwajalein Jr./Sr. High School. Jared Barrick gets a glimpse of the celestial event. Sixth-grader Kimberly O'Rourke and classmates observe the eclipse with the aid of a pinhole projector box O'Rourke made for a school project for the March 9 event.



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MAGICAL ADVENTURES, HOOPS I DID IT AGAIN, WIN 2016 CHAMPIONSHIPS

BY COLLEEN FURGESON

Magical Adventures defeated *Spartans I* in the Adult Basketball League Championship March 9. The two teams were matched in points by half-time, but the *Spartans* took and maintained a lead for most of the second half. With two minutes left in the game, the score was 34-36, with the *Spartans* ahead. Four turnovers later and 39 seconds left on the scoreboard, *Magical Adventures* and *Spartans* were tied again at 40. A *Magical Adventures* steal and two-point conversion put them up by two, and a *Spartans* foul gave them a one-point free throw attempt, which put the *Magical Adventures* squad up by three. The score would stay there until the final seconds ticked off the scoreboard. 43-40, *Magical Adventures* win.

Hoops I Did It Again, coached by Mark and Tarah Yurovchak, defeated *Balls of Fury*, coached by Brittany Nichols, in the 2016 High School Championship. Throughout the entire game, the score always remained close. Never was there a moment in which one team had more than 10 points on the other. The final score ended up 45-41. *Hoops I Did It Again* won the championship with seven wins and only two losses. *Balls of Fury* came in second in the season with four wins and six losses.

RIGHT: *Hoops I Did It Again* celebrate their 45-41 win against *Balls of Fury* for the 2016 Kwajalein Jr. High Basketball League Championship. **BOTTOM-RIGHT:** *Hoops I Did It Again's* Dash Alfred shoots a jumper. **BOTTOM-LEFT:** *Spartans I's* Matthew Nash goes up for two.



Magical Adventures celebrate their 43-40 win against the *Spartans I* squad March 9. The win gave them the 2016 Kwajalein Adult Basketball League title.



KIDS READ 'ACROSS KWAJ'

HOURLASS REPORT

The KRS Community Activities staff invited George Seitz Elementary School children down to the Grace Sherwood Library last week to celebrate the National Education Association's Read Across America event. Also known as Dr. Seuss Day, the annual event encourages children and educators nationwide to both celebrate the impact of Dr. Seuss on children's

literature and American culture and, of course, come together for some reading.

The library was filled all day March 2 with elementary kids wearing the Cat in the Hat's trademark stovepipe hat, donning whisker masks, reading works like "The Lorax" and "Green Eggs and Ham" and making Dr. Seuss-themed crafts. The event was but the latest offered by Community Activities staff in recent weeks designed to bolster children's love of reading.

Courtesy of Kim Yarnes



LEFT: Second grade students join their teacher, Karen Brady, in a group photo with their stovepipe hats and whisker masks March 2 during the annual Dr. Seuss Day event at the library. **RIGHT:** CA Entertainment Supervisor Midori Hobbs reads "The Lorax" to another group of elementary school students visiting the library.

HEROES OF THE WEEK

HOURLASS REPORT

USAG-KA's Heroes of the Week this week are the indispensable team of cashiers at Surfway: Rosalie Capelle, Willmina Joel and Jeriel N Labin. Whenever you shop at Surfway, you're guaranteed to see at least one of these friendly faces, who collectively bring 17 years of experience to the job and a dedication to ensure a smooth and quick check-out process for every shopper. When asked what they like most about their job, they unanimously agree that it's the interaction with customers and opportunities to meet new people. Their biggest challenge is reminding shoppers to show their K-badges during the check-out process. Rosalie, Willmina, and Jeriel share many things in common, including being born and raised on Ebeye. Lead cashier Rosalie Capelle has been working on Kwajalein for 17 years and has been with Surfway since 2007. In her free time, she enjoys working around her house and spending time with her husband Joash Lather and their five children. Willmina and her husband Frandy have three children. In her free time, Willmina enjoys running and doing Zumba. Jeriel enjoys spending her free time with her husband Daddy and their seven children.

The Kwajalein Hourglass



U.S. Army photo by Cari Dellinger

LEFT-TO-RIGHT: Jeriel N Labin, Willmina Joel and Rosalie Capelle

KWAJALEIN FOREIGN SHIPS HISTORY | FIX IN MICRONESIA

BY MARY BROWNING

Mary Browning was a frequent Hourglass contributor in the late 1970s and early 1980s. Her pieces covered an array of issues pertaining to Marshallese culture and history, archeology in Micronesia and marine biology. In this article, which appeared March 17, 1980, she discusses Micronesians' first encounters with foreign sailors in local waters.

The influence on the Micronesian islands of the world beyond them did not begin with the formation of the Trust Territory, or with the Japanese Mandate, or with raising the German flag in 1855, or even with the arrival of missionaries. As far as we are able to document, 1521 was the beginning of the end of Micronesia's isolation from "The West". That was the year of Magellan's voyage.

All this is pointed out in the introduction to a fine documentation of culture contact, *Foreign Ships in Micronesia*, a Compendium of Ship Contacts in the Carolines and Marshalls, 1521-1885, by Fr. Francis X Hezel, SJ, of Truk.

The book contains chronological listings, supplemented with brief notes, of ships visiting or sighting islands in the present districts of Palau, Yap, Truk, Ponape, Kosrae and the Marshalls. The Marianas were excluded, Fr. Hezel explains, because of the "very different historical forces that were operating on those islands during the period in question." There, "a strong colonial regime" was the primary influence. Elsewhere, however, the individual trade or whale ship called, bartered, sometimes cheated or was cheated by the islanders, sometimes

knowingly or not left behind a beachcomber or two, sometimes dealt peacefully and other times not, and then sailed on again.

I found the year-by-year arrangement of the material giving interesting perspectives. For instance, in the Marshalls, the chronology begins with the Spanish. Then follows what amounts to a two-century gap before the "China trade" begins to send British and soon American ships heading among the islands toward Canton. Interspersed with explorers, they domi-

nate until the whalers start to arrive in small numbers which soon become a steady flow, punctuated annually by the mission ships. Then traders come to stay, rather than pass through. Noticeable among these are those brought by the Godeffroy vessels. The labor trade enters and is followed closely by the British navy. Steamers appear, and in the last entry in 1885, the German warship which signals the beginning of the colonial era and the end of Fr. Hezel's study.

In Truk district the pattern is similar, but the list is shorter and includes references to much later Spanish visits. While yearly calls by the missionary ship were weaving a net, strand by strand, around the southern Marshalls and eastern Carolines, Truk district was

exempt until the 1870's. But the German traders arrived on schedule and hoisted the flag at the same time as in the Marshalls.

Fr. Hezel ascribes the earliest sighting of any known island in Micronesia to the Palau area in 1522. The island seen was probably Sonsoral, discovered by the Spanish ship *Trinidad* which was part of Magellan's fleet. About 50 years later, the *Golden Hind*, commanded by Sir Francis Drake, was in the area. Other well-known names connected with the Palau district were Wilson (and the *Antelope*), Andrew Cheyne, Alfred Tetens and the famous O'Keefe.

Foreign Ships in Micronesia represents lengthy and painstaking research conducted in many places, using both published and manuscript sources in great numbers. The bibliography is a long one, and a fine road map for anyone wanting to pursue any of the seductive byways which appear in the chronology.

I'm not sure how to obtain copies, or the price. The work was published in cooperation with the Trust Territory Historic Preservation Office in Saipan, and with the US Heritage Conservation and Recreation Service. However, I believe that the best bet might be to contact the Micronesian Seminar, PO Box 220, Truk, Caroline Islands, 96942, to make inquiries.

Thanks and congratulations go to Fr. Hezel for having the stamina and patience to make this major contribution to the historical literature about Micronesia.



While the incident shown here, "The Astrolabe on the Reefs," did not occur in Micronesia, the Astrolabe visited the central and western Carolines on both its voyages, making sightings or contacts in 1828 and/or in 1838-9, at Palau, Lamotrek, Fais, Ulithi, Yap, Truk, Pulap, Peleliu, Losap, Nana, Nukuoro and Guam. (Source: Dumont D'Urville's Voyage Pittoresque.)

📷 Hourglass Archives 1980



CLOCKWISE FROM TOP-RIGHT. Radar Love play a packed crowd at the Ocean View Club on Kwajalein Feb. 28 (from Jordan Vinson). The Kwajalein Jr./Sr. High School Band gets some marching practice outdoors at the intersection of Lagoon Road and Ocean Road in late February (from Kim D'Alessandro). Kwaj resident Midori Hobbs bids on and wins a bundle of artisan bread during the YYWC Basket Auction Feb. 28 (from Midori Hobbs). Kwaj Resident Paula Fluhrer and her son Freddie Fluhrer are all smiles during Storytime at the Grace Sherwood Library March 2 (from Jordan Vinson). With the aid of a cut of welder's glass, KHSTeacher Greg Moore peers up at the partial solar eclipse March 9 during an observation party outside the school (from Cari Dellinger). A Kwajalein Jr. High baller looks to rebound a shot taken during the Kwajalein Jr. High Basketball Championship March 1 at the CRC Gym (from Jordan Vinson).

SKY'S THE LIMIT AFTER BREAKING AVIATION CEILINGS

EXTERNAL REPORT

By Gary Sheftick, Army News Service

WASHINGTON, March 3, 2016 — Not many Army second lieutenants in 1989 were flying fixed-wing aircraft, let alone serving as a pilot for the Army chief of engineers.

That year 2nd Lt. Angelia Farnell was also the first woman to serve in the aviation support unit at Fort Leonard Wood, Missouri, after the U.S. Army Engineer School and Center moved there.

"That was interesting ... to show up at a unit that didn't have female pilots," Farnell said, adding that all of the pilots were seasoned chief warrant officers, except for the commander who was a lieutenant colonel.

"The warrant officers gave me so much grief, because in their minds a second lieutenant should not have been flying airplanes."

She stood her ground, however, and proved her mettle flying UH-1H Hueys and the U-21 "Queen Air" fixed-wing aircraft. Soon she was asked to pilot the commanding general.

"I've never been one to back down from a challenge," Farnell said. "It's just not in my nature."

MENTORING AVIATORS

Now Col. Farnell is the senior female African-American aviator in the active Army, even though she's not flying in her current assignment. She still mentors other female aviators, and gives advice to those who may someday take her place at the pinnacle of their career field.

"As a leader, as a mentor-coach, I'm always trying to develop my replacement," she said.

Currently, female officers make up about 10 percent of the active Army Aviation Branch. There are about 3,314 male Army aviators and 329 female pilots in the Army, but only a handful of African-American female aviators, Farnell said.

Maj. Gen. Gregg Potter, commanding general of the Intelligence School and Center, noted during his remarks when Farnell relinquished brigade command there. "Always the mentor, Angie has sought every opportunity to give back to our future generations," he said.

Farnell commanded the 111th MI Brigade at Fort Huachuca, Arizona, from July 2010 to July 2012. She was the first female African-American aviator to command a Military Intelligence brigade.

"I've always been one to finish whatever I start; I see it through the end and do my very best," she said. "And so far whatever I've set out to do, I've been very successful in achieving it."

INTEL TO PAO

After her first assignment at Fort Leonard Wood, Farnell attended the Military Intelligence Advanced Course at Fort Huachuca and there learned to fly RC-12 Guardrail aircraft.

She went on to fly aerial reconnaissance missions over the demilitarized zone in Korea during three tours there as well as imminent danger area missions in Bosnia/Kosovo.

"I strive to be the best at whatever I do," she said, "and also in doing that, I try to open doors or keep doors open for those coming behind me."

Farnell was the first Army officer at the Stimson Center in Washington, D.C., during her last assignment as part of the Army Chief of Staff Senior Fellows program. She participated in the East Asia studies program as well as the Budgeting for Foreign Affairs and Defense program, and conducted research on the connection between K-12 education standards and the military.

She also has served tours on the Army Staff and in the Office of



U.S. Army image by Peggy Frierson

the Secretary of Defense, working personnel and readiness policy.

"I make the best of every assignment," she said. Now she is serving as the chief of staff for Army Public Affairs in the Pentagon.

"I've learned a lot," she said about her first assignment in Public Affairs. She has gained an appreciation for the role of journalists, she said and added with a smile that she's mastering the Associated Press style. "There's never a dull moment or a dull day," she said about the fast pace of the news business.

GIVING BACK

In her time off, Farnell volunteers with her sorority, Alpha Kappa Alpha Sorority, Inc., working with New Hope Housing to help the homeless as well as the sorority's "Stop Hunger Now" initiative to provide healthy snacks for school-age children in Fairfax county. She especially likes to help underprivileged children and young adults.

She keeps in contact with her roots and tries to go back to her hometown in Louisiana at least twice a year. She grew up in Pleasant Hill, Louisiana, and graduated from Southern University A&M College in Baton Rouge, Louisiana.

Her mother is still in Louisiana and although she's proud of her daughter, Farnell said mom never wanted her to become a pilot. She thought it was too dangerous.

But her parents always told her "whatever you choose to be in life, you be the best that you can be, and never let anyone tell you that you can't do something."

Farnell said she took that to heart.

"I've been referred to as a duck sometimes," she said, explaining she's been told by others "You just let (stuff) roll off your back and never stress out!"

Farnell said no one should worry too much about the opinions of others. "Believe in yourself," she said. "Don't let anyone define who you are. You define yourself."

Farnell credits her success to the senior noncommissioned officers that molded her over the years and taught her about leadership. She still keeps in touch with many of them. She says there's no greater feeling of accomplishment as a leader than to have your previous Soldiers still stay in touch with you seeking mentorship after they are no longer under your command and tell you the positive impact you made on their life and their success.

"To me, that is the true test that you were a good leader," she said.

"Set your goals high and remember the three C's in life: Challenges, choices and consequences. With every challenge comes a choice. With every choice comes a consequence. And the circle continues," she said. "The sky is the limit."



KWAJALEIN SHUTTLE BUS PROGRAM INFORMATION

The new Shuttle Bus Program is currently being evaluated for community impact and overall effectiveness. If you have been a passenger on the shuttle bus, please contact Ken Cleland at Automotive Services (53291) with your feedback, questions and suggestions. SAFETY NOTE: When driving a vehicle, DO NOT pass a shuttle bus while it is stopped to pick up passengers. For shuttle schedules and pick-up locations, consult the guide below.


WORK BUS:		START SHIFT		
STOPS	TIME	TIME	TIME	TIME
DOCK SECURITY CHECKPOINT	06:25	06:57	07:29	08:01
FN 702/ FINANCE	06:30	07:02	07:34	08:06
LAGOON/ 8TH STREET	06:33	07:05	07:37	08:09
993/ POWERPLANT	06:35	07:07	07:39	08:11
1010 RANGE COMMAND	06:38	07:10	07:42	08:14
GENERATOR SHOP	06:40	07:12	07:44	08:16
SOLID WASTE	06:43	07:15	07:47	08:19
DCCB PROPERTY	06:45	07:17	07:49	08:21
DCCB REUTILIZATION	06:47	07:19	07:51	08:23

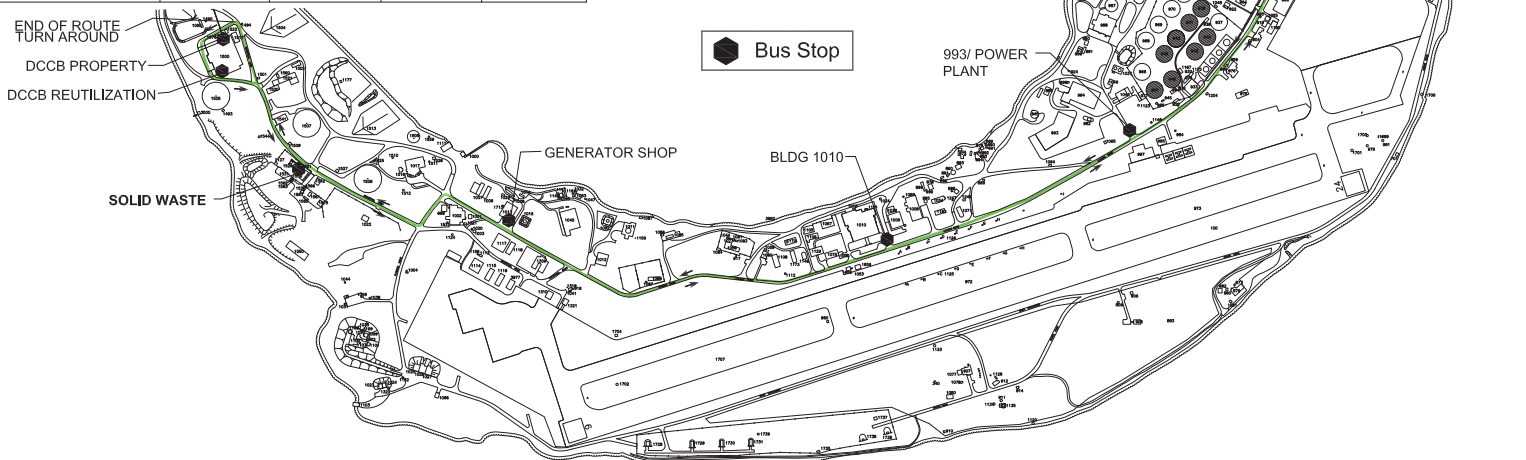
MID - DAY START		
STOPS	TIME	TIME
DCCB PROPERTY	11:20	11:50
DCCB REUTILIZATION	11:22	11:52
SOLID WASTE	11:24	11:54
GENERATOR SHOP	11:26	11:56
1010 RANGE COMMAND	11:28	11:58
993/ POWERPLANT	11:30	12:00
ZAMPERINI DINING FACILITY	11:32	12:02
FN 702/ FINANCE	11:35	12:05

MID - DAY END		
STOPS	TIME	TIME
FN 702/ FINANCE	12:05	12:35
ZAMPERINI DINING FACILITY	12:07	12:37
993/ POWERPLANT	12:10	12:40
1010 RANGE COMMAND	12:12	12:42
GENERATOR SHOP	12:15	12:45
SOLID WASTE	12:17	12:47
DCCB PROPERTY	12:19	12:49
DCCB REUTILIZATION	12:21	12:51

WORK BUS:		END SHIFT		
STOPS	TIME	TIME	TIME	TIME
DCCB/ REUTILIZATION	15:30	15:59	16:28	16:57
DCCB PROPERTY	15:32	16:01	16:30	16:59
SOLID WASTE	15:34	16:03	16:32	17:01
GENERATOR SHOP	15:36	16:05	16:34	17:03
1010 RANGE COMMAND	15:39	16:08	16:37	17:06
993 POWER PLANT	15:41	16:10	16:39	17:08
LAGOON/ 8TH STREET	15:44	16:13	16:42	17:11
FN 702 FINANCE	15:46	16:15	16:44	17:13
DOCK SECURITY CHECKPOINT	15:49	16:18	16:47	17:16

KWAJALEIN ISLAND WORK
BUS ROUTE
FEBRUARY 2016

 Bus Stop



www.army.mil/kwajalein

Check out USAG-KA's new website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.

DON'T FORGET: WE'RE IN A DROUGHT. ONLY WATER YOUR PLANTS OR YARD FOR 30 MINUTES EVERY OTHER DAY.

COMMUNITY CLASSIFIEDS

HELP WANTED

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

AAFES is looking for help to fill a regular/full-time office assistant and vending position. Work hours would run Tuesday-Saturday, 8 a.m.-4:30 p.m. Please call AAFES Manager Holly Elliot at 53542 to set up an interview.

GIVE-AWAY

Seven-year-old black-and-white housecat. All shots are current. Cat is great with adults and older kids. If interested, call Lindsey at 51054.

PATIO SALE

PCS sale. 11 a.m.-6 p.m., Saturday, March 12. 9-11 a.m., Monday, March 14. Location: Qtrs. 137-A, at Lagoon and Sunset Lane. Shoes, clothes, kitchen, fabrics, recliner, computer monitor, entertainment center, misc.

PCS sale. 8 a.m.-2 p.m., Monday, March 14, at Qtrs. 134-E.

COMMUNITY NOTICES

Kwajalein Small Boat Marina summer hours, effective March 1 are as follows. Friday: 1:15-6:30

p.m. Saturday-Monday and holidays: 8 a.m.-6:30 p.m.

Walk the Rock registration is open March 1-19. Walk the Rock is a physical activity challenge with a goal of reaching 10,000 steps each day. Register as an individual, team or whole department! Challenge dates run March 22-May2. Prizes will be awarded for the most steps achieved during the six weeks for groups and individuals. Receive a pedometer and log book when you register to help you track your steps. To register and ask questions, call Mandie Morris at 51275.

CYSS youth sports soccer registration open March 2-18. Call 52158 or visit building 358 to register. Season dates run April 5-May 21. Cost is \$40 per player.

The Optometrist, Dr. Chris Yamamoto, will be on Kwajalein to see patients March 4-15. Please call the Hospital for an appointment at 52223/52224 for eye exams or ES&H at 58855 for prescription safety glasses.

Due to the corrosion control and repainting project on the Potable Water Tank, which is located in between the AAFES PXTRA and the Sunrise Bakery, the surrounding laneways will be affected. Two laneways will be fenced off to one way traffic only from March 8-June 11. Drivers are asked to be cautious as there will be heavy vehicle and pedestrian traffic in the area.

Blessed Sacrament Catholic Parish St. Patrick's Day fellowship meal. 11 a.m., Sunday, March 13, at the Religious Education Building. Chef Humberto Jones will be

making magic with Irish stew, Irish Soda bread, salad, rice and desserts.

NHS Coffee Shop Death Star Diner. 7-10 p.m., March 13, at the KHS Multi-Purpose Room.

Vets Hall St. Paddy's Day Celebration. 8 p.m., Sunday, March 13. Put on your green; get ready to kiss the blarney stone; and join us at the Vets Hall for our annual St Paddy's Day celebration. Radar Love will be performing. Questions? Call Mike Woundy or Jan Abrams.

Family Pool will close at 2:30 p.m., Monday, March 14 in preparation for a Kwajalein Swim Team swim meet.

CYSS Open Recreation Bingo Night. 5:30-7:30 p.m., March 19, at the School Age Care room. For kids from kindergarten grade through sixth grade. We provide the prizes and snacks. Space is limited. Call 52158 to sign up. Cost is free.

The Easter bunny will visit the AAFES Exchange from 1-2 p.m., Friday, March 25. Bring your camera!

The Kwajalein Adult Recreation Center will be closed April 5-6 for deep cleaning. Questions? Call Derek Finch at 51275.

Alcoholics Anonymous meets every Tuesday, 6:30-7:30 p.m. in the Religious Education Library.

All residents must obtain a building permit before constructing any fences or decks, erecting any gazebos/tarps or attaching any items to your quarters, including antennas. Please contact

Raymond Sosnowski at 52049 to request a building permit or if you have any questions.

Safely Speaking: You should always plan ahead, and use mechanical equipment whenever possible. This will reduce the distance that the load will need to be carried by moving the load as close to the destination as possible with a hand truck, furniture dolly or forklift.

E-talk: Storm drains discharge directly to the lagoon or ocean. Minimize stormwater pollution by placing all trash, including cigarette butts and pet waste, into proper receptacles.

Environmental Public Announcement: Dredging and Filling Operation. Avoid eating fish caught in the Camp Hamilton lagoon area. The shoreline protection work activity could increase the potential for Ciguatera poisoning. Questions? Call 51134.

Recent sightings of Portuguese Man-of-War have been identified on the beaches all over the island. Take extra precautions when you are in the water.

Boaters-Please be advised of USAG-KA Regulation 385-9: "No person shall operate or otherwise be in control of any boat (including private boats), surfboard, windsurfer, kayak, outrigger canoe or any other type of personal watercraft of any sort in waters controlled by USAG-KA with a blood alcohol level greater than 0.0 percent BAC. Persons in violation of this provision are subject to appropriate administrative action."

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF MARCH 10

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 19
Boneless Chicken	Spare ribs	Fried Chicken	Grilled Cheese	Corned Beef	Salisbury Steak	Grilled Chicken
Nacho Beef	Blackened Chicken	Brasied Steak	Baked Meatloaf	Dublin Coddle	Fish Du Jour	Pepperoni Pizza
Nacho Chips and Cheese	Quiche Lorraine	Corn Bread	BBQ Chicken	Irish Soda Bread	Chili Dogs	Pasta Carbonara

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 19
Caprese Chicken	Sliced Roast Beef	Pork Adobo	Flank Steak	Meat Lasagna	Sloppy Joes	Beef Ragout
Beef Stew	Three Cheese Tortellini	Chicken Stir Fry	Spicy Tofu	Chicken Cacciatore	Citrus Roast Chicken	Corn Bread
Fettuccini	Mashed Potatoes	Lumpia	Scalloped Potatoes	Garlic Bread	Fish Du Jour	Egg Noodles



Sexual Harassment/ Assault
Response and Prevention (SHARP)
Contact Information
Chief Warrant Officer 4 Sharnta' Adams
SHARP Victim Advocate

Work: 805 355 2139
Home: 805 355 3565
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA
COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S
HOTLINE AT 51098 TODAY!

SUN—MOON—TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	LOW TIDE	HIGH TIDE
SUNDAY	6:57 a.m. 7 p.m.	10:18 a.m. 1:03 p.m.	12:43 a.m. -0.7' 1:10 p.m. -0.3'	6:57 a.m. 4.5' 7:13 p.m. 3.9'
MONDAY	6:57 a.m. 7 p.m.	11:13 a.m. -----	1:19 a.m. -0.2' 1:56 p.m. 0.2'	7:38 a.m. 4.0' 7:55 p.m. 3.2'
TUESDAY	6:56 a.m. 7 p.m.	12:07 p.m. 12:01 a.m.	1:59 a.m. 0.3' 2:57 p.m. 0.8'	8:28 a.m. 3.5' 8:50 p.m. 2.5'
WEDNESDAY	6:56 a.m. 7 p.m.	1:02 p.m. 12:57 a.m.	2:51 a.m. 0.9' 4:46 p.m. 1.1'	9:42 a.m. 3.0' 10:46 p.m. 2.1'
THURSDAY	6:55 a.m. 7 p.m.	1:56 p.m. 1:52 a.m.	4:38 a.m. 1.3' 7:11 p.m. 1.0'	11:53 a.m. 2.9' -----
FRIDAY	6:54 a.m. 7p.m.	2:49 p.m. 2:44 a.m.	7:01 a.m. 1.2' 8:18 p.m. 0.6'	1:22 a.m. 2.3' 1:35 p.m. 3.1'
MARCH 19	6:54 a.m. 7 p.m.	3:40 p.m. 3:33 a.m.	8:11 a.m. 0.8' 8:57 p.m. 0.2'	2:25 a.m. 2.7' 2:29 p.m. 3.5'

USAG-KA MENTORSHIP PROGRAM 2016

For Kwajalein Teens ages 13-19

YOU WILL GAIN:



LEADERSHIP
TEAM WORK
SELF ESTEEM
SELF-DISCIPLINE
COMMUNICATION
PHYSICAL FITNESS
GOOD CITIZENSHIP
DRILL & CEREMONIES
CRITICAL THINKING SKILLS
FIELD TRAINING EXERCISES
PERSONAL RESPONSIBILITY
MILITARY RANK STRUCTURE
EMPLOYMENT OPPORTUNITIES
COLLEGE & ADVANCED EDUCATION
SERVICE TO THE NATION & COMMUNITY
DRUG & SUBSTANCE ABUSE AWARENESS
HIGH SCHOOL GRADUATION & SUCCESSFUL FUTURE

Sign Up Today - The Program Launches April 11, 2016

CHALLENGE YOURSELF TO SUCCEED!

For more information, contact CSM
Angela Rawlings at 5-1414 or email:
angela.u.rawlings.mil@mail.mil



LUNCH

Sunday
Pork Loin
Baked Chicken
Egg Florentine

Monday
Roast Beef
Chicken w/ Bacon
Roasted Potatoes

Tuesday
Sloppy Joes
Chicken
Cheesy Potatoes

Wednesday
Grilled Cheese
Pork
Egg Foo Yung

Thursday
Tuna Melt
Hamburger Steak
Mac and Cheese

Friday
Fish Sandwich
Apple Glazed Chicken
Scalloped Potatoes

March 19
Burger
Roast Pork
Onion Rings

DINNER

Sunday
Chicken
Fish Tacos
Fiesta Rice

Monday
Chicken
Stuffed Peppers
Stir Fry Veggies

Tuesday
Herb Roast
Pork Chop
Mashed Potatoes

Wednesday
Steaks
Fried Fish
Baked Potatoes

Thursday
Fried Chicken
Meatloaf
Mashed Potatoes

Friday
Fish
Boeuf
Pommes Duchesse

March 19
Beef Stew
Green Bean Casserole
Mashed Potatoes

Café Roi

*MENU CURRENT AS OF MARCH 10

USAG-KA SPORTS

BASKETBALL

RESULTS LAST WEEK

MARCH 1

Hoopla def. Coral Dust 53-34
Hoopless def. Faith 71-50
Brick Daddies def. Outcasts 52-27
Magical Adventures def. Spartans 48-42

MARCH 2

Hoops! IDIA def. Ball of Fury 45-41

MARCH 3

Hoopless def. Brick Daddies 35-32

ADULT LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Hoopless	6	1
Magical Adventures	6	1
Spartans	4	3
Faith	4	3
Brick Daddies	4	3
Mighty Durables	2	4
Outcasts	1	6
Spartans II	0	7

HIGH SCHOOL LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Hoops! I Did It Again	7	2
Balls of Fury	4	6
Island Splash	3	6

JR. HIGH LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Hoopla	8	2
Nothing But Net	5	5
Coral Dust	2	8

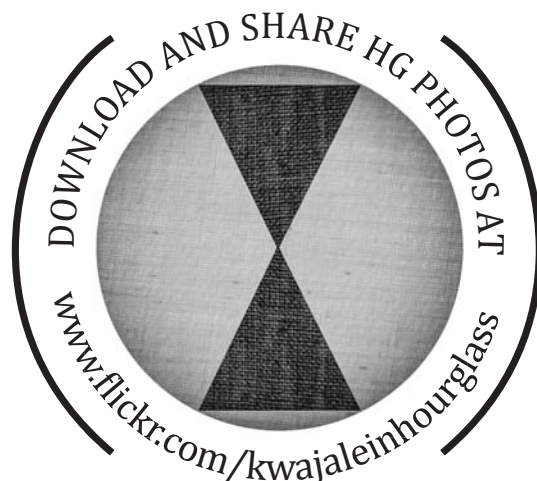
BOWLING

RESULTS LAST WEEK

"Closest to Average" night for all players

LEAGUE RECORDS

Split Happens	27-15
SSUFKYM	28-14
The Replacements	27-15
You Just Got Munsoned	25-17
Oily Balls	10-32
El Dorado	15-27



INNER TUBE WATER POLO

RESULTS LAST WEEK

MARCH 1

El Polo Loco def. Zissou 69-43
Chargoggog def. Turbo Turtles 49-21

MARCH 5

El Polo Loco def. Zissou 65-52
Spartans def. Chargoggog 44-18

LEAGUE RECORDS

	<u>Win</u>	<u>Loss</u>
Turbo Turtles	8	1
Spartans	7	2
Chargoggog	5	4
El Polo Loco	3	7
Zissou	0	9

FATHERS, DAUGHTERS DANCE IN WONDERLAND

BY COLLEEN FURGESON

Kwaj dads and their daughters enjoyed the annual PTO Father Daughter Dance in the MP Room March 7. Based on an "Alice and Wonderland" theme, the event featured high school students dressed up as characters from the movie, such as the Mad Hatter, Alice, the Queen of Hearts and the Cheshire Cat. The dance was filled with color, card games and fun snacks like rice crispy treats, big cupcakes, delicious punch and hours of tunes played by local DJ Neil Dye.



LEFT: Eric Corder, far left, and his daughter Harmony, far right, join Floyd Corder and his daughter Anela in a dance during the 2016 Father Daughter Dance on Kwaj. **RIGHT:** The guests pack the KHS Multi-Purpose Room.



U.S. Army photos by Colleen Furgeson