VOLUME 56 NUMBER 48

NOVEMBER 28, 2015



Kwafalein Atoll Sens, Michael Kabua, Tony deBrum and Jeban Riklon mask with US-AG-KA Commander Coll Michael Cansan and life stall last week to discuse enviconnental Issues at Kwafalah Atoll. For ception, see page &

Nikki Maxwell

THIS HOLIDAY
WEEK HOLIDAY
GUIDE, P. 4-5.
GUINNANDER'S CORNER, P 2.

COMMANDER'S CORNER

BY USAG-KA COMMANDER COL. MICHAEL LARSEN

okwe neighbors and members of "Team Kwajalein!" Command Sgt. Maj. Rawlings and I were off-island for a couple of weeks for a Garrison Commanders' Conference in San Antonio, Texas. It was a great opportunity to engage and discuss common issues and ideas with other garrison leaders, but we are both very happy to be back home with you all.

"HOME"—A simple word that means so much to each of us. This week is Thanksgiving, officially marking the beginning of the traditional holiday season for most Americans. While many of us will be eating turkey and watching football, I hope you have an opportunity to connect with your loved ones in person, online, or on the phone.

This time of year reminds us how far we live from friends and family in the United States and around the world. I believe that it takes a special kind of person to be willing to live in circumstances like these. I want you to know how privileged I feel to be a part of this community. Moreover, I am grateful for your professionalism and sacrifice throughout the year. Everyone on this island contributes towards our national security through their support to the Space and Missile Defense Command, Missile Defense Agency and the Air Force's Space Fence and GPS missions.

From supply shortages to extreme weather situations, I know it is not easy living here. We have more than our share of challenges and hardships. The garrison team and I are working hard to rectify those issues, but we need your help. If you see someone do-

ing something questionable or contrary to our policies and regulations, please say something. If you are not comfortable speaking up at that moment, then please send me a message through our official USAG Kwajalein Facebook page so we can address it. We will try to respond to all questions and comments within 24 hours, and I always welcome productive discourse and creative suggestions.

I invite the community to attend our Ferry Dedication Ceremony Dec. 4 at 10 a.m. We are re-naming one of our four ferries after a Marshallese native, Staff Sgt. Solomon Sam, who was killed in action in Iraq in 2008. He is the only Marshallese to have given the ultimate sacrifice during the Global War



on Terror. The ceremony will be held on Echo Pier and will include music, official speeches and a maiden voyage of the new U.S. Army "SSG Solomon Sam" Ferry. I look forward to seeing you there.

Happy Thanksgiving, and I'll see you around the island.

Kommol Tata! COL Mike Larsen



www.army.mil/kwajalein Check out USAG-KA's new website for garrison and community news, links to each

Check out USAG-KA's new website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.

HEADS UP! THE DEADLINE TO MAIL GIFTS OUT TO THE U.S. FOR CHRISTMAS IS DECEMBER 3!

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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SSG Solomon Sam Ferry Dedication

Ceremony

Dec. 4, 2015 at 10 a.m. Echo Pier, Kwajalein



March 4, 1982 - Dec. 4, 2008



The entire Kwajalein community is invited to attend this dedication event, honoring the service and sacrifice of SSG Solomon Sam, the first Marshallese U.S. Army soldier killed in action during the Global War on Terror.

A cake reception for the public will follow the ceremony.

COVER PHOTO

Pictured from left: Michael Sakaio, USAG-KA R.M.I. relations specialist; Lanny Kabua, RMI liaison to USAG-KA; Derek Miller, USAG-KA environmental engineer; Kwajalein Sen. Iroij Mike Kabua; Col. Michael Larsen, Commander USAG-KA; Kwajalein Sen. and R.M.I. Foreign Minister Tony De Brum; USAG-KA Command Sgt. Maj. Angela Rawlings; Kwajalein Sen. Jeban Riklon.



BY JORDAN VINSON

his orbicular batfish (platax orbicularis) was photographed by Kwaj resident Jordan Vinson off Emon Beach. Spotted at a depth of only about 10 meters, this batfish was very friendly, allowing the photographer to come within only about three feet with a camera.

Orbicular batfish are not a rare sight in the waters in and around Kwajalein Atoll. Apart from the Pacific, they are also found in the Red Sea and the Indian Ocean; there have

also been reported sightings in the west-central Atlantic near Florida.

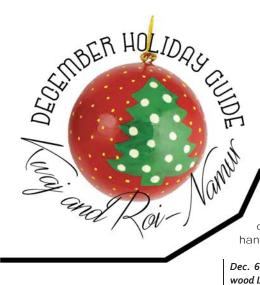
The hallmark trait of the orbicular batfish, much like other batfish and spadefish, is the species' particularly long fan-shaped fins, coupled with a comparatively thin width.

According to writers at www.fishbase.org, they feed on small fish, algae and invertebrates.

The health of the species, in terms of population size, has not yet been evaluated by the International Union for the Conservation of Nature.



Orbicular batfish by Jordan Vinson





hh ... December. A magical time each year when you have a baker's dozen holiday parties to attend, a deluge of last-minute holiday shopping and cooking to do and a gauntlet of USAG-KA-wide holiday events available to participate in. While this guide won't help you pick out that perfect holiday broach for great-aunt Mildred or cook the best batch of ginger snaps on the block, it should you lay out your plan of attack for getting the most out of the holiday season this year on Kwaj and Roi. Rip this baby out of this week's issue and pin it to your fridge!



NOTE: These event details are current as of Nov. 25, 2015. If you have questions regarding a Kwaj CA event, call 53331. For Roi CA event questions, call 56580.

travaganza. Includes deals on: 55inch and 32-inch TVs, Vulcan tablets, laptops, DVD/Blu-Ray players, cameras, children's toys, perfume sets, handbags, wine tasting and more.

Dec 1: Deck the Halls.

Roi and Kwaj residents are allowed to begin decorating their residences Dec. 1. Residents who wish to compete in the Roi Door Decorating Contest or the Kwaj Light Up the Night contest will need to sign up with their respective island Community Activities (CA) departments. More info on these contests below.

Dec. 2: 7 p.m., at the Roi Outrigger—Roi Outrigger Decorating Party.

Get in the holiday spirit by decorating the club and enjoying Christmas drink specials.

Dec. 4: 6 p.m., in front of Cafe Roi—Roi Tree Lighting.

Join us for Roi's annual Christmas tree lighting. There will be Christmas music, trivia games and lots of homemade treats like cookies, cakes hot chocolate, eggnog and more.

Dec. 4: 7:30 p.m., at the Roi Outrigger—Josh Logan and Olivia Henken performance.

"The Voice" season 5 contestants Josh Logan and Olivia Henken perform live at the Outrigger. Sponsored by Quality of Life.

Dec. 5, on Kwaj: Santa Parade; Kwajalein Tree Lighting; Kids Winter Carnival, Josh Logan and Olivia Henken Christmas performance; R.M.I. Shopping Day; vendor sales.

11 a.m.-4 p.m.: R.M.I. Shopping Day on Kwaj and Roi.

5:30 p.m.: Santa arrives at the Atoll Terminal.

5:45 p.m.: Santa parade to Kwaj downtown area.

6 p.m.: Tree Lighting Ceremony pregame events include vendor sales, entertainment, AAFES concession sales (5-8:30 p.m.).

7 p.m.: Commander lights the tree. 7:15-8:30 p.m.: Kids Winter Carnival. Enjoy games, crafts, face painting, inflatables, prizes and more.

7:15 p.m.: Josh Logan and Olivia Henken perform a special holiday show for the Kwaj community downtown. 5-10 p.m.: AAFES Black Saturday ex-

Dec. 6: 11:30 a.m.-1:30 p.m., at the Grace Sherwood Library—Photos with Santa.

This is the opportunity for Kwaj kids to bring their Christmas gift lists and meet Santa. Parents, don't forget your cameras!

Dec. 6: 8 p.m., at the Vets Hall—Josh Logan and Olivia Henken performance.

If you missed Josh and Olivia at the Roi Outrigger or at the Kwaj Tree Lighting downtown, this is your chance to see the prosperform.

Dec. 8: 4 p.m., at the Teen Center—Music writing workshop with Josh Logan and Olivia Henken.

All youth are invited to get some tips from the pros regarding song writing and other music essentials.

Dec. 11: 4 p.m.—Registration to compete in the Kwaj home and BQ holiday decorating contests ends.

If you wish to compete in the respective contests on Kwaj, call CA at 53331. For those in housing, decorate the outside of your residence to impress and make sure your residence number (e.g. 455-A) is visible. For those in BQs, decorate your window(s)—not the outside of your BQ. For both the housing and BQ categories, winners receive sweet cash prizes.

Dec. 12: 4 p.m., at the C Building on Roi—Clothing drive give-away.

Share your holiday spirit with the Roi C-badge workers by gathering unused clothing items and delivering them to the collection box in the C Building. The collection box will be open in the days preceding the Dec. 12 give-away event.

Dec. 12: 6:30-9:30 p.m., at the Multi-purpose Room at the high school—Light Up the Night.

Come enjoy an evening of fun with a tour of decorated homes accompanied by food and snacks. There will also be crafts and goodie bags. Voting for best-decorated homes takes place this night. Sponsored by QOL, CA, National Honor Society, Spartan Expresso and the Student Council.

Dec. 13: 7 p.m., at the Roi Outrigger—Island Potluck Christmas Party.

Bring a side dish and enjoy a yummy community-wide potluck dinner at the best club on the island.





























Dec. 13: 7:30 p.m., at the Yuk Theater on Kwaj—'Cranky' Holiday Double Feature.

Join us for a holiday double feature with the 1962 classic "How the Grinch Stole Christmas" and "Christmas with the Cranks."

Dec. 16: 7 p.m., at the Trade Winds Theater—Roi Christmas Concert Movie.

Dec. 17: 6-8 p.m., at the Kwajalein Hobby Shop—Hobby Shop Holiday Open House.

Come join us at the happiest place on the island for an evening of food, fun and holiday cheer. Come see how we can help bring out your creative side. Everyone on the island is welcome. Questions? Call 51700.

Dec. 17: 7 p.m., at C Building on Roi— Roi Christmas Ornament Making.

CA provides the ornaments, paints, glitter, etc., and you provide the creative holiday talent to make awesome custom holiday ornaments.

Dec. 19: 5:30 p.m., at the Emon Beach main pavilion—Jingle Bell Run.

Bring your bells and get jingled up before heading out for an easy two-mile run through housing. Limited bells provided.

Dec. 19: 6:30 p.m., beginning in front of the Roi AAFES Exchange—Roi Christmas Carols and Door Decorating Contest.

We will start at the Exchange for caroling and then make our way through the BQs to judge the doors of all of who wish to compete in the door decorating contest.

Dec. 20: 7 p.m., at the C Building on Roi—Holiday Coffee and Cookie Exchange.

Be part of the Cookie Exchange. Bake grandma's and grandpa's best ginger bread cookies, fruitcakes and more, and share them with friends. You provide the treats, and CA provides the coffee, milk and tea.

Dec. 20: 6:30 p.m., at Emon Beach— KSC Scuba Santa Arrival and KYC Parade of Lights.

Come out to the beach to witness an annual miracle: the arrival of Kwajalein Scuba Club's Scuba Santa on Kwaj. The Kwajalein Yacht Club folks follow up with their holiday yacht/boat parade in the water off Emon Beach. Bring your beach chairs,

coolers and grub to grill for this popular community-wide event.

Dec. 23: 5:30-7:30 p.m., at the Corlett Recreation Center Gym—Holiday Skate Night.

Skate night is back—and in the holiday spirit.

Dec. 24: 6 p.m., at the Gabby Shack on Roi—Annual Gabby Shack Christmas Eve Yankee Swap.

Bring a wrapped gift for this ageold Roi tradition!

Dec. 24 and Dec. 25 Christmas services at the Island Memorial chapel.

Please see chapel staff for service times and details.

Dec. 25, at Café Roi and the Louis Zamperini Dining Facility—Holiday dinner.

Dinner is served!

Dec. 26: 8 p.m., at the Ocean View Club on Kwaj—Holiday birthday bash. Join us in celebrating December birthdays with holiday drink specials and Top 40 Christmas hits!

Dec. 31: 7:45 p.m., on Kwaj—New Year's Eve shuttle bus available.

Beginning at 7:45 p.m., a shuttle bus will do loops around Kwaj, stopping at the following locations: Surfway, the Ocean View Club and the Vets Hall. Ditch your bike this night and hop on for a safe ride to your destination.

Dec. 31: 8 p.m., at the Ocean View Club—New Year's Eve Casino Party.

Join us for a casino-themed New Year's Eve party. Must be 21 years of age or older.

Dec. 31: 8:30 p.m., at the Vets Hall on Kwaj—Vets Hall New Year's party.

Ring in the New Year at the Vets Hall with Kwaj band Radar Love.

Dec. 31: 8:30 p.m., at the Roi Outrigger—Masquerade New Year's Eve Ball + Smells Like Fish performance.

Ring in the New Year with a fun masquerade ball and live hits by Roi band Smells Like Fish.

Dec. 31: 10 p.m., at the Emon Beach main pavilion—Annual New Year's Eve Midnight Run/Walk.

The goal is to be the last person to cross the finish line before midnight. Get your registration forms at Qtrs. 473-A or at the community announcement bulletin board downtown.

COMMUNITY CLASSIFIEDS

HELP WANTED

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

KRS is searching for available, on island licensed registered nurses, individuals with medical billing and coding experience and dental hygienists. For more information, please contact HR/Julie Gooch at the Temp Pool at

COMMUNITY NOTICES

Kwajalein Yacht Club monthly meeting. 6:30 p.m., Nov. 28, at the Yacht Club. All community members are welcome.

Quizzo at the Vets Hall. 7:30 p.m., Dec. 4. Neil Dye will be your host with the most. HEADS UP! The last Quizzo event of the year will take place Dec. 18. Quizzo will resume mid-January.

Merbabes Swim Class. 9-9:30 a.m., Dec. 5. This is a FREE American Red Cross parent-child swim lesson that is designed for children six months of age to three years of age. All participants must be accompanied by an adult in the water, and swim diapers are required for children not yet potty trained. This class meets the first Saturday of every month. Questions? Call Cliff at 52848.

The Vets Hall will be closed Dec. 5 so. that we can all meet Santa and light the tree! We will be open Dec. 6, featuring a live performance by Josh Logan and Olivia Henken. Come check out this awesome duo. Doors open at 7 p.m.

The community is invited to say 'bon voyage' to the Bates family and wish them good luck on their new adventure in Tucson, Arizona. Join us for dinner at 6 p.m., Dec. 6, at the Emon Beach main pavilion. Please bring a dish to share based on the first letter of your last name: A-H, side dish; I-R, main dish; S-Z, dessert. And don't forget to bring your music instruments for an epic jam session!

Kwajalein Hospital Breast Cancer Walk/Run. Begins 5:30 p.m., Dec. 7, in front of the hospital. Distance options: 0.5, two and five miles. For more information, visit the Passionately Pink website with the following log-in information. Username: gotpink1. Password: Kwajalein. Questions? Call the hospital at 52224 or 52223.

The annual YYWC Silent Auction date has been set for Feb. 28. If you would like to donate a basket, or if you have a wonderful basket idea, please contact Jenn Anderson at 51955 or Ashley Anderson at 54991.

Attention Family Housing residents. The new trailer-mounted insecticide sprayer is 11-inches wider than the old one. The Pest Management department will not be responsible for damage to private property left in or near the fire lanes during night time spray operations. Please keep the fire lanes clear.

The Macy's Structural Rehabilitation Project is starting. Subcontractor AIC International is on Island and preparing to start the repair work. The project involves repairs to the exterior concrete columns, concrete ceilings and floors and interior finishes. The anticipated duration of the repair is estimated at seven-eight months.

Recent sightings of small Portuguese Man-of-War (dime size) have been identified at Emon Beach, take

NEW HOSPITAL MEDICAL BILLING PROCEDURE

The Kwajalein Hospital business office has implemented an improved billing service for our Kwajalein Atoll and Roi Namur customers. The hospital billing office now handles filing your claims directly with your insurance company and applies the insurance payment against your account at the hospital. Statements will be issued to customers quarterly, or upon request from the hospital business office. Customers will no longer be required to settle medical bills at the KRS Finance Office. As we transition over to this improved process, we have had customers receive checks from the insurance company that should have been sent to the hospital. If you have received an insurance check, please bring it in to the Hospital Business Office or mail it via MPS. Payments are also accepted via credit card. We will apply payments directly to your account in the hospital system. There have been no changes to the Pharmacy Medication payment process. Thank you for allowing us to serve you!

TRAFFIC SIGN CHANGES

Due to the increased trafisland, there will soon be changes in the posted traffic signs at the intersections ly before proceeding.

of Lagoon/Olympus and Industrial/Olympus. Currently both intersections have yield signs. Those signs will be replaced with Stop signs in the near future (Exact Date TBD). fic on the south end of the Until then, please use extra caution in those areas and stop your vehicles complete-

extra precautions when you are in the water.

It's beginning to look a lot like Xmas. Start thinking about your holiday party and make reservations at the Vets hall early! Questions? Call Jan Abrams.

Notary Public services available by USAG-KA Paralegal in building 730 legal office. No appointments necessary. Hours are: 8 a.m.-4 p.m., Tuesday-Saturday.

New hours for the Roi Dispensary,

beginning Dec. 1, 2015. Tuesday, Thursday, Friday, Saturday: 7-11 a.m. Wednesday: 7-11 a.m.; noon-4 p.m.

All of the passports issued by the consular have arrived. Please stop by the Host Nation Office at Building 730 to pick up your passport. Questions? Call the Host Nation Office at 52103 or 54848.

Heads up! There has been a change made to one of the Monday afternoon Kwaj-Ebeye ferry run times. There is now a ferry that departs Kwaj at 2:40

*MENU CURRENT AS OF NOV. 25 Captain Louis S. Zamperini Dining Facility Lunch Sunday Monday Tuesday Wednesday Thursday Friday Dec. 5 Sauteed beef tips Beef pot pie Pork pot roast Honey mustard chicken BBQ spare ribs Taco bar Lasagna Citrus pork ribs Stuffed cabbage Italian baked chicken Chicken cacciatore Wings of fire Turkey wrap Chicken quesadillas Mashed potatoes Augratin potatoes Roasted potatoes Brown rice pilaf Potatoes romanoff Refried beans Garlic toast Dinner Sunday Friday Dec. 5 Monday Tuesday Wednesday Thursday Salisbury steak Meatloaf Spaghetti Grilled chicken Grilled top sirloin Mongolian BBQ Night Chicken fried steak Chicken alfredo Picante chicken Vegetarian egg foo young Fish du jour Fried chicken Beef broccoli stir-fry Mashed potatoes Oriental fried rice Garlic bread Three cheese macaroni Baked potatoes Parslied potatoes Seafood gumbo Vegetarian saute



Sexual Harassment/ Assault Response and Prevention (SHARP) Contact Information

Chief Warrant Officer 4 Sharnta' Adams SHARP Victim Advocate

Work: 805 355 2139 Home: 805 355 3565

USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100 USAG-KA SHARP VA Local Help Line: 805 355 2758

DOD SAFE Helpline: 877 995 5247

COMMANDER'S HOTLINE

Have something the USAG-KA commander should know about?

Call the COMMANDER'S HOTLINE at 51098!

p.m. and returns at 3:35 p.m. This change helps Ebeye residents/visitors get to Kwaj earlier Monday afternoon to check in at the airport for United flights.

Island Memorial Chapel's "Bible Study Digital Library" is a media service with over 8,000 videos for kids, youth and adults to watch on ANY device. If you'd like an invitation to our "RightNow Media" membership (at no charge) email Pastor Heather Ardrey at heather.ardrey@gmail.com.

Please call the Help Desk at 52444 at least five working days in advance of going on TDY to schedule a time to pick up work laptops. Every laptop is required to be re-built with the latest software and security features

prior to leaving the Help Desk office.

The Kwaj Small Boat Marina's winter hours are as follows: 7:30 a.m.-6 p.m. Saturday, Sunday, Monday and holidays. 1-6 p.m. Friday.

E-Talk: Universal Wastes: Examples of these wastes found on USAG-KA are intact lead acid batteries, lithium batteries, mercury batteries, NiCad batteries (dry and wet) and intact fluorescent tubes.

Safely Speaking: Fatigue is one of the leading causes of injury at the work-place and at home. Operating mobile equipment while fatigued can be fatal to you and others and is as dangerous as operating while impaired due to drugs and alcohol.

WEATHER

Courtesy of RTS Weather

Sky		Rain Winds
Partly Sunny	10%	NE-ENE at 15-20 knots
Partly Sunny	20%	NE-E at 11-16 knots
Partly Cloudy	20%	ENE-ESE at 11-16 knots
Partly Cloudy	40%	ENE-ESE at 13-18 knots
Mostly Cloudy	40%	NE-E at 12-18 knots
Partly Cloudy	40%	ENE-ESE at 12-18 knots
	Partly Sunny Partly Sunny Partly Cloudy Partly Cloudy Mostly Cloudy	Partly Sunny 10% Partly Sunny 20% Partly Cloudy 20% Partly Cloudy 40% Mostly Cloudy 40%

Yearly rainfall total: 127.01 inches Yearly rainfall deviation: +43.63 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	6:47 a.m. 6:27 p.m.	9:38 p.m. 9:33 a.m.	12:04 a.m0.6' 11:52 a.m0.2'	
Monday	6:48 a.m.	10:31 p.m.	12:43 a.m0.3'	6:40 a.m. 3.2′
	6:27 p.m.	10:24 a.m.	12:28 p.m. 0.1'	6:51 p.m. 4.1′
Tuesday	6:48 a.m.	11:21 p.m.	1:22 a.m. 0.1'	7:20 a.m. 2.9'
	6:28 p.m.	11:13 a.m.	1:05 p.m. 0.5'	7:30 p.m. 3.6'
Wednesday	6:49 a.m. 6:28 p.m.	11:58 p.m.	2:07 a.m. 0.5′ 1:50 p.m. 0.9′	8:09 a.m. 2.6′ 8:16 p.m. 3.2′
Thursday	6:49 a.m.	12:09 a.m.	3:03 a.m. 0.8'	9:17 a.m. 2.4′
	6:28 p.m.	12:40 p.m.	2:56 p.m. 1.3'	9:21 p.m. 2.8′
Friday	6:50 a.m.	12:55 a.m.	4:20 a.m. 1.0′	10:57 a.m. 2.4′
	6:28 p.m.	1:21 p.m.	4:47 p.m. 1.5′	10:57 p.m. 2.6′
Dec. 5	6:50 a.m. 6:29 p.m.	1:40 a.m. 2:01 p.m.	5:46 a.m. 0.9' 6:33 p.m. 1.3'	12:28 p.m. 2.6'



Check out daily news and community updates on the official U.S. Army Garrison-Kwajalein Atoll Facebook page.

www.facebook.com/usarmykwajaleinatoll

For command information questions, please contact Public Affairs at 54848.

			– Café Roi		*MENU CURF	RENT AS OF NOV. 25
Lunch			Cage Lac			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 5
Roasted cornish hens	Beef fajitas	French dip sandwich	Beef stew	Char siu pork sandwich	Tuna casserole	Lasagna
Fish florentine	Chick. w/ orange sauce	Marinated chicken breast	Fried chicken strips	Beef stir-fry	Pot roast	Spaghetti
Eggs benedict	Breakfast burrito	Black-eyed peas	Hot spiced apples	Vegetable fried rice	Mashed potatoes	Cheesy garlic bread
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 5
Chick./saus. jambalaya	BBQ pork ribs	Chicken fried steak	Pork chop	Fried chicken	English Pub Night	Breaded pork chop
Cajun roast pork	Smoked sausage	Chicken curry	Herb baked fish	Beef pot pie	Fish and chips	Chicken hekka
Mashed potatoes	Baked beans	Mashed potatoes	Baked potatoes	Mashed potatoes	Pasties	Sweet potato wedges

HERO OF THE WEEK

SAG-KA'S Hero of the Week for this week is Kwajalein resident Lee Kingsley, a helicopter mechanic who has

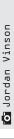
lived and worked on the garrison for about a year. Lee will wrap up his contract next week and head back to New Mexico, where he works in the National Guard, repairing and maintaining helicopters.

He'll miss the view, he says; it was one of his favorite aspects of his job. "I like going on our maintenance test flights. The View is amazing up there," he says.

What he won't miss are the harsh elements that wreak havoc

on aircraft here in the Marshalls. "Corrosion is our worst enemy," he says. "That and the logistics needed to get new parts is difficult."

Overall, he thoroughly enjoyed his stay on USAG-KA. Apart from his view of the ocean from his third-floor BQ ("I had the blinds up all year," he says.) he also enjoyed snorkeling, swimming, playing basketball, soccer and volleyball and going out on nohoots weekends with his friends. He'll return to his wife Stephanie and son Kaden, 7, next week, taking a lot of good memories with him.







HOURGLASS REPORTS

Air and Industrial Hygiene Monitoring

We need air to live, and we need uncontaminated air to live safely. Routine work in shops and workplaces around the garrison cna cause the air to become contaminated with dusts, gases or chemicals. This contamination can cause health problems if not controlled. The industrial hygienist has equipment that can monitor hazards in the air. Some contaminates can

be detected on site in real time, while other suspected contaminates must be sampled and sent off to a lab for testing. If you think you have a problem with the quality of the air you and your co-workers are breathing at work, talk to your supervisor immediately. ES&H will come to the scene and diagnose the situation as quickly as possible.

USAG-KA SPORTS

Volleyball

RESULTS LAST WEEK

NOVEMBER 17

Posers def. Black Attack 25-19/25-21 431 def. RTS 25-15/27-26 Little Giants def. Kwaj Rejects 25-15/26-24 Los Chingones def. Sets OTB 25-11/25-9

NOVEMBER 18

White Lightning def. Jr. High 3 25-16/27-25 TR16E def. 10th Grade 25-20/25-16 Set It AFI def. Corder Pounder 14-25/25-17/15-10 Spartans def. School 'Em 16-25/25-18/15-13

NOVEMBER 19

Posers def. White Lightning 25-14/25-9 Kwaj Rejects def. Sets OTB 25-17/25-12 RTS def. Los Chingones 15-25/25-22/15-6

NOVEMBER 20

Black Attack def. Jr. High 2 25-14/25-17 10th Grade def. White Lightning 25-15/25-18 Set It AFI def. Spartans 25-17/18-25/15-10 Corder Pounder def. Spartans 25-18/25-21

NOVEMBER 21

Little Giants def. 431 25-21/26-24

SCHOOL LEAGUE RECORDS

	VVin	LOSS
Posers	4	1
TR16E	3	1
10th Grade	2	1
Black Attack	2	1
White Lightning	1	3
Jr. High 3	0	2
Jr. High 2	0	3
_		

A LEAGUE RECORDS

	vvin	LOSS
Spartans	3	1
School 'Em	2	2
Set It & Forget It	2	2
Corder Pounder	1	3

B LEAGUE RECORDS

	Win	Loss
Little Giants	6	0
Kwaj Rejects	4	2
431	3	3
Los Chingones	2	4
RTS	2	4
Sets on the Beach	1	5