

VOLUME 56 NUMBER 30

JULY 25, 2015

THE KWAJALEIN HOURGLASS



A Kwajalein C-badge employee asks U.S. Army Garrison-Kwajalein Atoll Commander Col. Nestor Sadler a couple of questions during the colonel's final round of town hall meetings last week.

Photo by Jordan Vinson

Underwater Photos of the Week



HOURLASS REPORTS

This photo of a **tiger cowrie** (*Cypraea tigris*) comes from Kwajalein resident Brad Nelson.

Marine gastropod mollusks, tiger cowries are known primarily for their smooth, porcelain-like shells, which may feature a great variety patterns, unlike many other cowrie species. The mollusks keep their shells polished and protected by extending their soft mantles out of their serrated apertures (shell openings) and around the exterior of the shell. They do this only when they do not feel threatened—usually at night, when the species is most active. Because of the species' attractive appearance, the shells of tiger cowries have for a long time been used by humans for currency, jewelry, decorative arts and, in some cases, games and religious practices.

Located throughout the tropical Indo-Pacific region, the tiger cowrie is a nocturnal species that spends most of the day hidden under rocks and in the nooks and crannies of coral. At night they venture out in search of food, feeding on sea urchins, sea stars, sponges, anemones, soft corals and more.

Growing to a maximum length of about six inches, tiger cowries are one of the largest cowrie species on the planet. Most that are found around Kwajalein Atoll, however, are less than four inches in length.



📷 Tiger cowrie by Brad Nelson.

FIRE DEPARTMENT STAFF ENTERTAIN TINY INTERNS

HOURLASS REPORTS

A group of Kwaj kids visited the Kwajalein Fire Department station July 15 to play the role of firefighters for the day. Invited out to the station by Assistant Fire Chief Carmel Shearer and her staff, the kids and their mothers got the opportunity to tour ambulances and the 911 Dispatch Center, do a patient transfer drill (pictured below), get behind the wheel of a fire engine and much more.

"Most of the time it's hard to tell who is having more fun. The firefighters or the kids," Shearer said. "I totally love the fact that our firefighters are willing to share their knowledge and time with members of our community. This goes a long way."

Kwaj resident Julie Savage, whose son Yulie went on the field trip, said that KFD staff went above and beyond their duties July 15, engaging the youngsters and making the trip a truly fun and educational experience.

"The entire crew went so far out of their way to share their passion for fire safety and demonstrate everything that is so amazing about being a fire fighter," said Savage, who worked with Shearer to organize the kids' and mothers' trip to the station. "We are very lucky on this island to have the crew looking out for us."

This mother-child group of visitors was but the latest group of residents that KFD staff have invited out to the station this summer. Part of the station's mission to maintain regular involvement and interaction with the garrison community, visits like these are both entertaining and educational, Shearer said.



EMT Jasyn Jeffries and an entourage of tiny firefighters move their patient, a training mannequin KFD staff call "Rescue Randy," out of an ambulance during the children's visit to the station July 15.

📷 Julie Savage

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

Phone: Defense Switching Network 254-2114;

Local phone: 52114

Printed circulation: 1,200

Email:

usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil

Garrison Commander..... Col. Nestor Sadler

Garrison CSM..... Sgt. First Class

Thomas Bedwell

Public Affairs Officer..... Michael Sakaio

Managing Editor Jordan Vinson

Media Services Intern..... Molly Premo



LEFT: Kwajalein resident Cynthia Pavia talks to U.S. Army Garrison-Kwajalein Atoll Commander Col. Nestor Sadler during his final town hall on the installation July 17. **MIDDLE:** Sadler fields questions from Roi residents and the R.M.I. workforce on the islet. **RIGHT:** A C-badge employee listens to his peers address the commander.

📷 Jordan Vinson and Kim Yarnes

COMMANDER GIVES LAST ROUND OF TOWN HALLS

HOURLASS REPORTS

U.S. Army Garrison-Kwajalein Atoll Commander Col. Nestor Sadler gave his final round of town hall meetings on the installation last week.

Meeting with garrison K-badge residents and Republic of the Marshall Islands C-badge employees at three separate meetings on Roi-Namur and Kwajalein, Sadler took the opportunity to not only address

public issues impacting garrison residents, but to also say goodbye prior to departing for his new assignment early next month.

"From the bottom of my heart, it has been an honor to serve with you, to be both a leader and a servant in everything I've done with the Marshallese family here," the colonel told R.M.I. C-badge employees during a meeting at the

Island Memorial Chapel July 17. "I've been honored to have the opportunity to be part of the long relationship between the U.S. and the R.M.I. that has continued for more than 70 years. I strongly believe there will be at least another 70 years or more in this partnership. Again, from the bottom of my heart, thank you."

During the meetings, Sadler, his Department of the Army staff and Kwajalein Range Services leadership addressed an array of issues that residents and workers had raised. Discussions hit on: policies regarding the USAG-KA ferry boats that shuttle residents and visitors between Ebeye and Kwajalein; the possibility of establishing a restroom at the Kwajalein airport terminal for Air Marshall Islands passengers and a separate restroom at the tennis courts on Kwaj; policies regarding purchasing disposition items at the DCCB; Common Access Cards; the garrison's Joint Labor Review Board program; tropical storm safety precautions; access to Kwajalein's Bank of the Marshall Islands branch; the Chikungunya virus on Ebeye and measures to combat the illness; organic food items at Surfway; private insurance for private vendors on the installation; Quality of Life golf cart rental prices; food and service quality at the Zamperini Dining Facility; garrison religious services and more.



A Kwajalein C-badge employee addresses a couple of questions to Col. Sadler, in foreground, during the Kwajalein R.M.I. Workforce town hall meeting July 17.

Many residents and workers also took the opportunity during the meetings to personally thank Sadler for the countless hours of work he and his staff have put into addressing topics of importance to the installation community. From kick-starting the Joint Labor Review Board program in an effort to maximize the benefits of the R.M.I. workforce, to carrying the residential Internet access issue across the goal line, the work that Sadler and Command leadership put into improving the quality of life on the installation has gone a long way, residents and workers said.



"It's about having that experience and that fundamental understanding where you don't have to guess and you don't have to hesitate. We all know exactly what needs to be done."

RICK BROOMELL

Interview and  by Jordan Vinson

AN EXCHANGE

RICK BROOMELL, TRACY HAMPSON, ED GAMBOA AND DEREK GLASSCOCK, pictured above, are commercial divers who work for the Marine Department on U.S. Army Garrison-Kwajalein Atoll. Day in and day out the four hit the water around the atoll to handle everything from underwater infrastructure inspections, to replacing buoys, to shuttling visiting scientists from island to island to conduct environmental research. In an interview with the Kwajalein Hourglass, Broomell and Glascock talk a little about why they love their jobs and what it takes to work as a commercial diver on Kwajalein Atoll.

In a nutshell, what does your job on USAG-KA encompass?

Rick Broomell: We deal with everything in, on or around the water. It could be the recovery of test items. It could be the recovery of things that people drop in the water and replacing all the buoys and doing maintenance on all the buoys. I think that everybody who uses a boat knows that the SAR Pass buoys go out from time to time. So we replace all of those. We do pier inspections.

We do a lot of work with members of the scientific community that come out here. Almost all the visiting scientists come and spend time with us on our dive boat the Patriot. We take them to all the various outer islands. And those missions can deal with anything from water sampling, fish sampling, bird sampling and so on. ... We also perform general boat support, such as setting up the fire-works barge, taking pilots out to visiting ships. Really pretty much anything you can think of we get

tasked to do out here.

How does the dive team's mission on USAG-KA differ from your previous jobs?

RB: It's a lot more hands-on. There's way less sitting around and having to do things like meetings. It's a lot more about just being on the boat every single day. It's why I signed up for another year.

Derek Glascock: The marine life and the water visibility out here are just phenomenal.

RB: Yeah, the water quality out here is bar-none the best I've ever seen in the world.

A lot of people here go diving for fun, and here you guys get paid to do it. Some people on the garrison get a bit jealous of your day jobs. What's your take on that?

RB: I think anyone who wants to can go to dive school. I mean commercial dive school down in Louisiana is not very expensive, but it's a lot of hard work. I think a lot of the people who talk about it are the people that always talk about it, and there are only four people on the island that have gone to dive school. I mean, I will give the web address for the school to anyone who wants it.

Why did you go into commercial diving?

DG: I realized I could get paid to go diving. I mean, it's about what you just said: "They get paid to go do that?" That's why I went into professional diving.

RB: It's a good mix of a little bit of on-your-feet problem solving. I mean if you have any simple task and you put it under water, it's going to be more difficult. The challenges that you come up against every single day are going to be different. All the stuff you learn to do in dive school is just incredible. And it also gives you an opportunity to work as part of a small team; so your individual efforts are really what counts. And it gives you a real sense of independence.

It can be a dangerous profession. Accidents can happen to commercial divers.

DG: In diving, everybody knows, there are serious injuries and incidents that happen. And commercial divers do deeper dives than most, and with more depth comes more risk.

RB: Yeah, the good thing is that everyone here has got enough experience and enough know-how to keep each other safe. Ed [Gamboa] was a Navy diver for almost a decade. Tracy [Hampson] has been diving since the early 1990s down on the Gulf of Mexico before he came here, and he's been out here since 1999. Derek and I have been around a lot of different types of commercial diving since we got in professionally. So between the four of us, we've literally seen everything. ... Most of what we do is extremely routine. But it's about having that experience and that fundamental understanding where you don't have to guess and you don't have to hesitate. We all know exactly what needs to be done.

Being able to depend on your team, then, is key.

DG: Team camaraderie, yes. You've got to be really close to your team. Being able to rely on somebody with our job is, well, our job. You've got to be able to rely on yourself as much, but in different fields if you can do on your own than you can do it. But with us, you need the guys up top to know what they're doing. We've got to know what we're doing. It's a whole unit. If somebody doesn't know what they're doing, somebody's going to get hurt.

RB: Being underwater, even if Derek and I are working together—like this morning we were working together—we're not talking to each other; it's just a little sign language here and there. It's good working with other folks with a like mind, and you can communicate with just a look.

SEE DIVERS PAGE 11

USAG-KA COMMAND HONORS DEPARTING ARMY CIVILIANS



USAG-KA Provost Marshal Pamela DeVille awards departing police officers Brian Richey, top, and David Scheivert, bottom, the Commander's Award for Civilian Service.

📷 Mike Sakaio

HOURLASS REPORTS

Federal police officers Brian Richey and David Scheivert received the Commander's Award for Civilian Service in recognition of their exceptional service to the garrison Command and to the community. Having recently completed their tours of service at U.S. Army Garrison Kwajalein Atoll, Com-

mand staff thanked them for their hard work and wished them success in their future assignments.

Richey served as both a patrol officer and as the installation field training officer. He and his family departed USAG-KA after a year and a half for their new assignment at Rock Island Arsenal, Illinois. Scheivert served as a supervisor and investigator. He and his family departed USAG-KA after more than three years for their next assignment with the Department of Veterans Affairs in Nashville.

MANIT MINUTE

HOURGLASS REPORTS

-----CONTINUED FROM JULY 18.

HEREDITARY KINGS OF THE MARSHALL ISLANDS: THEN AND NOW. ORIGINALLY PRINTED IN THE KWAJALEIN HOURGLASS JUNE 15, 1969. **BY PAT CATALDO**

Ancient Prerogatives

Iroij Lejolan Kabua is a familiar sight on Kwajalein, always ready with a friendly greeting or hand shake in the American manner (July 21, 2015 note: Lejolan Kabua was one of the four living kings of the Ralik Chain of the Marshall Islands at the time of this writing in June 1969). But on Ebeye, Namu, Ailinglaplap and other islands on which he is king, his people do not stand when he is standing, nor sit higher than he when he is seated, unless he gives them permission to do so.

In the olden days, no Marshallese man could approach the house

of the king when he was not at home. Even today, Marshallese men do not walk near the bedroom of Iroij Lejolan's home if he is away. It is taboo to yell or whistle near the iroij. Even the boldest children will not run or play close to his house.

When one of Iroij Lejolan's people catches a fish, the head is given to the iroij. He is also given the best coconuts; the best part of the breadfruit and pandanus (the middle and lower part, not near the steam); the

best stalk of bananas (the two or three bottom rows, growing by the stem); and share of all other food.

When there is a death in the community, an alab must have the permission of the king to arrange a burial on his weto. When, as often happens, two alabs petition for the same burial, the iroij decides between them.

Marshallese tradition dictates that the dead must be buried within 24 hours. But the funeral cannot begin until the iroij or his designated representative arrives, even if the iroij delays far beyond the customary 24 hours. And when the iroij does go to pay his final respects to the dead, his people, without exception, must go with him, even if he chooses to go in the middle of the night.

Times Are Changing

Changing times and changing ways have nullified some of the ancient prerogatives. Courts and judges now settle disputes in which once the king would have been both judge and jury, with no appeal of his decision. The iroij no longer conscripts men and women for war, though he can and does conscript men for work and women for pleasure.

Once, the secrets of ocean navigation and the knowledge made visible in the wonderful Marshallese "stick charts" were known only to hereditary kings or their close relatives. Later, a few commoners were permitted to learn the closely-guarded secrets, but only with permission of the highest iroij.

Precious Possession

In days gone by, the iroij might make a commoner an alab, give him an island or other property, in exchange for the very precious, very valuable possession called Dreka In Nin, the pandanus pounder. The pounder was shaped from the thickest part of the huge tridacna (giant clam) shell or from very hard white coral rock found deep in the lagoon. In a painstaking process that could take as long as five years, the artisan used a stone adz to chip and smooth the shell into the heavy, beautifully-functional instrument used then, and used today, to prepare pandanus fiber for weaving. All Dreka

DISPATCH FROM ROI



From Kim Yarnes

→ In Nin once belonged by right to the king only, who might then give one to his most loyal family, or present one to all the women of a certain village.

Kings Were Tattooed

In the olden days, when the iroij called a meeting of his people from Kwajalein to Eniwetok, he assembled them at Bojar, Namu. When he assembled a meeting from Jaluit down to Ebon, they gathered at Buoj, Ailinglaplap, the place of the Council meeting. Buouj was also the place of the tattooists. In the old days, eo, or body-tattoos, belonged only to the iroij, their wives and children. It was at buoj that the kings endured the process that decorated them on face, thighs, chest and back to make them beautiful for their wives.

Family and Clan

Stories of the olden days in the Marshall Islands are woven through with intrigue and violence. To appreciate these stories of clan politics and warfare, it is necessary to understand something of the structure of the Marshallese family and clan.

Every Marshallese at birth becomes a member of both a bwij and a jowi. Bwij may be translated as "family," but it is quite different from what an American thinks of as his family. A Marshall Islander includes in his bwij: his parents, brothers and sisters; his mother's parents; his mother's sister's parents, their husbands and children; his mother's unmarried brothers and possibly, though not necessarily, grandparents, great aunts and uncles, near and distant cousins, all on his mother's side.

Jowi is the Ralik Marshallese word for clan. A clan is made up of all those who trace their origins along matrilineal lines to the same ancestor. Two members of the same clan cannot marry; children are born into the mother's clan. A husband is therefore in a different clan than that of his wife and children. Representatives of many jowi are included in a bwij.

According to old Marshallese custom, a man owes primary loyalty to his sisters and their children, rather than to his wife and his own children. At the same time, his wife would look to her brothers for assistance for herself and her children in time of crisis.

THIS STORY
CONTINUES AUG. 1



SMDC HOST FIRST LEADERS MENTORING EVENT



Dr. Steve Pierce, chief technology officer for U.S. Army Space and Missile Defense Command, leads a small group mentor session during the command's first mentoring event July 14 at the Von Braun II presentation room. The event was planned as a result of the command's workforce survey earlier this year in which employees said they wanted more training and mentoring opportunities.

📷 Jason B. Cutshaw

BY JASON B. CUTSHAW, SMDC PUBLIC AFFAIRS

The U.S. Army Space and Missile Defense Command/Army Forces Strategic Command hosted the command's first workforce mentoring event July 14 at the Von Braun II presentation center.

The theme of the mentoring event was "Fly like an Eagle into the Future" and was developed by USASMDC/ARSTRAT's Civilian Workforce Development Team as a way to improve training opportunities, gain shared perspectives on leadership and career advancement, to inspire thoughts and actions toward professional development, and to begin to foster a culture of mentoring across the command.

"Good afternoon and welcome to our very first command-wide mentoring event," said Julie Schumacher, USASMDC/ARSTRAT deputy to the commander. "Thanks to all of the mentors for giving your time and expertise. I'd also like to thank you all for signing up for this event, it really shows that you are taking initiative in your own professional development."

development.

"Be the driver for your own success," she added. "Be proactive in seeking out opportunities and finding mentors. The fact that you are here today says a lot about your initiative. A lot of the information is going to come fast and furious, and you probably won't remember tomorrow, but if you can focus on taking away a few nuggets of information, or 'aha' moments, then I think we will be successful."

An executive leadership panel started the event with a question and answer session. After the panel, SMDC and Army Materiel Command leaders rotated through various small groups where they shared career advice, leadership philosophy and answered questions from the civilian and military personnel in attendance.

After mentors rotated between the small groups there were opportunities for one-on-one sessions with attendees seeking further development and guidance. The goal for these sessions was to help employees develop realistic and achievable professional goals.

"The mentoring event provided a great opportunity to interact with the workforce on a personal level," said Col. Chad D. Skaggs, SMDC deputy chief of staff G-3. "It is a leader's responsibility to teach, coach and mentor subordinates so that they can reach their full potential."

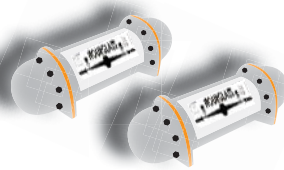
"I have been fortunate to have mentors both professionally and personally who have helped me in my life," he added. "A large part of my success to date is attributable to their guidance."

One of those in attendance spoke of the event and appreciated the opportunity the command was extending to help employees improve themselves personally and professionally.

SEE SMDC PAGE 9

Volume 56 Number 30

KWAJALEIN ATOLL TIME CAPSULE



Spring season A Division championship team is Y.O.U. Team western, left to right, front row, are: Gerry Cardillo, Lance Doyens, manager Mac Pool, Tony Rodriguez, Joe Schabaky and Don Lallensand. Second row, left to right, are: Gordon Oganat, Allen Williams, Ed Tremblay, Mike Justice, Kirk Broadwater, Scott Keller and Dave Keller.

Y.O.U. Takes A Division Championship

By William Jones
The 1982 Y.O.U. Spring season A Division championship team, the Y.O.U. team, secured the championship of the division by winning the 1982 championship softball. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship.

The Y.O.U. team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship.

The Y.O.U. team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship.

The Y.O.U. team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship.

The Y.O.U. team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship. The team, led by manager Mac Pool, won the championship by first taking the 1982 division title in December 1981 and then winning the 1982 championship.



Y.O.U. team members, left to right, front row, are: Jerry Mojong, Anja Anjain, Edward Jandrik, Wesley Bolkein, Amos Arelong, Mark Miketa and Rajinja Ahja. Standing in the back, left to right, are: Mike Kline, manager Tommy Bujett, John Calap, Abbi Kinton, Jerry Albert, Anne Kikine, Tilden Kikine, Evan Bennett and Robert Kikine.

Missing from the picture are: William Jones, Bill Joe and Danny Jones.

From the
Kwajalein
Hourglass,
June 3,
1982

KINGFISHER PROJECT

TEAM PERFORMING
NEW ROUND OF
SONAR SCANS



From Sharon Rice

The Kingfisher Project team members gather for a group photo at the Small Boat Marina last weekend. The team is in the middle of a six-week period of sonar scanning using SBM boats in the lagoon. BACK ROW: Jeff O'Neal; Bill Remick; Sharon Rice; Dan Farnham; Shannon Paulsen. FRONT ROW: Tim Borge; Jay Monnot. NOT PICTURED: Robert Greene; Mike Woundy; Geoff Lake; Melina Lake; Bill Williamson; Scott Phillips; Melissa Manske; Brandi Mueller; Stan Edwards; Matt Hess; Josh Vance.

Members of the Kingfisher Project team have reached the halfway point of a six-week sonar scanning initiative designed to try to reveal the location of the downed WWII Kingfisher aircraft and the remains of the pilot, Navy Lt. Forney O. Fuqua.

The aircraft, which was shot down by Japanese anti-aircraft fire near the islands of Ebeye and Kwajalein, has not been seen since it sunk below the surface of the lagoon in the afternoon hours of Jan. 31, 1944.

The volunteers with the Kingfisher Project, founded in 2011 by Bill Remick and Dan Farnham, remain doggedly determined to locate Fuqua and the aircraft. Using a side scanning sonar device hauled to Kwaj by Remick, a long-time resident who is currently visiting the island, the group plans to continue mapping the lagoon floor for signs of the plane for the next three weeks.



📷 From Jordan Vinson



📷 From Tony Medeiros



📷 From Jordan Vinson



SIMPLY



HOURLASS REPORTS

LIFE CRITICAL WORK REQUIREMENTS: Elevated Work Platforms

Never operate any mechanical elevated work platform without documented training

- Never stand on the toe-board, mid-rail or top-rail of the basket.
- Never enter a basket without being tied off to the manufacturer's designated anchor point, even during ground positioning.
- Never exit the basket while the equipment is in operation or at height unless prior, documented, approval for the deviation has been obtained from the KRS ES&H Manager or ES&H representative through a Job Hazard Analysis.

Emo koman jerbal ilo jikin jerbal ko reutiej enwot manlift ne ejelok pepa in kamool ke emoj am training.

- Emo jutak ilo toe board, railing eo iolap ak ilon tata ilon basket eo.
- Emo drelone basket eo ne kwojaninin tie off ilo anko eo emoj kamelim non kojerbale, barenwot ne kwoj bed ilon basket eo ak ebed ilal.
- Emo driwoj jen basket eo ne equipment eo ej jo wot ak ilo joko reutiej, mae ien elon melim jen ES&H Manijea ak ES&H rep im ebed ilo JSA eo.



Work within the work platform.
DO NOT climb or stretch over the guard rails.

Always work within the work platform, and never climb or stretch over the guard rails!



Hook your harness to a designated anchorage point.

Always be sure to hook your harness to a designated anchor point!

SMDC FROM PAGE 7

"I am really excited to be here and I want to see what this mentoring session is all about," said Beatriz Hill, assistant secretary of the general staff. "I wanted to see what our leadership has to say. I believe a little bit of direction helps everybody."

"As government civilians, sometimes we do not receive a lot of guidance except through events like this one," she added. "There is no book on how to be a good government civilian or how to progress, and this is a great beginning chapter."

A mentoring event for SMDC/ARSTRAT Colorado Springs, Colorado, personnel will also be conducted for civilian and military personnel Aug. 19.

READY AND RESILIENT WELLNESS CALENDAR

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spiritual Resilience, see Page 10. All welcome.	Circuit Training, 8 a.m., at Ivey Gym.	Cross Fit, 5:15 a.m., at the Adult Pool.	Circuit Training, 5 a.m., at Ivey Gym.	Cross Fit, 5:15 a.m., at Ivey Gym.	Circuit Training, 5 a.m., at Ivey Gym.	Cross Fit, 5:15 a.m., at Ivey Gym.
Smoking Cessation classes ongoing. Call 55362.	Pick-up racquetball, 8 a.m., at the CRC	Pick-up tennis, 5:30 p.m., at the tennis courts.	Grace Sherwood Library Summer Reading Program session, 10 a.m., at the library.	Interval Training, 5:15 p.m., at intersection of Sprint and Ocean.	Pick-up ultimate frisbee, 6 p.m., near the soccer fields.	Merebabes Swim Class, 9 a.m., at the Family Pool.
	Kwajalein For Christ, 3:30 p.m., at the Youth Center.		Summer Fun Skate Night, starts at 5:30 p.m., at the CRC Gym.	Pick-up tennis, 5:30 p.m., at the tennis courts.		Family Swim Time, 9:30 a.m., at the Family Pool.
	Pick-up ultimate frisbee, 4:30 p.m., near the soccer fields.			AA Program, 6:30 p.m., at the REB.		Pick-up tennis, 5:30 p.m., at the tennis courts.
	Pick-up soccer, 6 p.m., at Brandon Field.					

HELP WANTED

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

A number of positions are available in

Religious Services

Catholic

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel

- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

- 11 a.m., Sunday, Island Memorial Chapel
- 6:30 p.m., Friday, Roi Chapel

Latter-day Saints

- 10 a.m., Sunday, CRC Room 3
- Contact the chaplain's office at 53505 for more information.

the Community Services group, including teachers, clubs supervisor, nurses and more. Please see Human Resources for the file of available on-island positions or www.krsjv.com for contract slots.

KRS is searching for available, on island licensed registered nurses, individuals with medical billing and coding experience, and dental hygienists. For more information, please contact HR/Julie Gooch at the Temp Pool at 50777.

FOR SALE

Sony Vaio 24-inch touch screen all-in-one desktop computer, Intel core i7 quad core processor, 2 TB hard drive, digital tuner, HDMI in/out, Blu-ray writer, 2GB dedicated NVIDIA graphics, Office Professional Plus installed, face recognition software, remote, wireless mouse and keyboard, wall mount, \$800; American Girl doll (1 available) \$25; American Girl Doll horse (1 available) \$50; American Girl Doll Indian teepee, \$50; American Girl Doll Indian Bedroll, \$50; American Girl Doll miscellaneous clothing and accessories, \$25 or \$175 for all American Girl Doll items. Large box of boy's toys,

\$25; Apple iPad mini with cellular, new in box with case, \$275. Call 52597.

COMMUNITY NOTICES

Kwajalein Yacht Club monthly meeting. Tonight at the Yacht Club. Happy Hour at 5:30 p.m. Meeting at 6 30 p.m. Dinner at 7 p.m. Bring a side dish to share. Guests are welcome. Questions? Contact Tim Cullen at yeoman@kwajyachtclub.com

July Birthday Bash. 8 p.m., tonight, at the Ocean View Club. Join us in celebrating July birthdays! Present valid ID. Must be 21 years of age or older.

The Vets Hall will be closed Sunday for a private party. There will be no karaoke.

Monthly Island Orientation Notice. Next Session: 12:30-4:30 p.m., Wednesday, at the Community Activity Center Room 6. Attendance is required for all new island residents, including dependents. Children over age 10 are welcome but not required to attend. Please arrive early to sign in. Questions? Call 51134.

Come out to Bingo at the Vets Hall Aug. 6. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Payout Packet price,

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF JULY 24

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 1
Oven-fried chicken	Spaghetti	Rope viejas beef	Pork pot roast	Braised short ribs	Pot roast	Malibu chick. sandwich
Cheeseburger casserole	Chicken alfredo	Chicken enchilada cass.	Chicken veggie stir-fry	Grilled chicken breast	Fish du jour	Sweet spicy meatballs
Eggs benedict	Garlic bread	Fish tacos	Roasted potatoes	Mac and cheese	Boiled potatoes	Baked tuna casserole

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 1
Herb crusted pork roast	Cajun beef saute	Kwaj fried chicken	Grilled top sirloin	Roast turkey	Hamburger bonanza	Pepper steak
Chicken ala king	Buffalo style chicken	Meatloaf	Chicken cordon bleu	Sage stuffing	Sauteed chicken breast	General Tso's chicken
Steamed red potatoes	Rice pilaf	Mashed potatoes	Baked potatoes	Chicken fried steak	Beans in broth	Chinese fried rice

USAG-KA CHANGE OF COMMAND CEREMONY

3:30 p.m., Aug. 5, at the Fixed Wing Hanger (Building 898)



Dr. Christine Altendorf, director of U.S. Army Installation Management Command Pacific Region, invites you to attend the USAG-KA Change of Command Ceremony in which Col. Nestor Sadler relinquishes command to Col. Michael Larsen.

\$25. No outside alcoholic beverages permitted. Must be 21 to enter and play; bring your ID.

Summer Fun Skate Night. Wednesday at the CRC Gymnasium. 5:30-6:30 p.m. Family Skate (all skaters must be accompanied by a parent/guardian); 6:30-7:30 p.m. Youth ages 10-13 years; 7:30-8:30 p.m. Ages 14 years and up. Roller skates or inline skates may be worn; no skateboards allowed. All roller skates must have a front stopper. Skate pads recommended, but not required. For more information please contact the Recreation Office at 51275.

Merebabes Swim Class. 9-9:30 a.m., Aug. 1. This is a FREE American Red Cross parent-child swim lesson that is designed for children six months of age to three years of age. All participants must be accompanied by an adult in the water, and swim diapers are required for children not yet potty trained. This class meets the first Saturday of every month. Questions? Call Cliff at 52848.

Dog Owners, please pick up after your dog in the dog park. Having the dog park is not a right but a privilege that can be taken away if we do not take care of it.

Kwajalein Schools is soliciting bids for an on-island photographer to take pictures for the upcoming 2015-2016 school year. If interested, please pick up the specification of requirements at the high school office. Questions? Call the office at 52011.

Island Memorial Chapel's "Bible Study Digital Library" is a media service with over 8,000 videos for kids, youth and adults to watch on ANY device. If you'd like an invitation to our "RightNow Media" membership (at no charge) email Pastor Kevin at: kevin.m.wilson7@gmail.com or kevin.m.wilson145.ctr@mail.mil

Ultimate Frisbee. 4:30 p.m. every Monday and 6 p.m. Friday near the soccer fields. If you've played before then you know how much fun this great workout is. If you haven't, it's a combination of soccer and no-contact football played with a Frisbee. For questions or more information please email Ben-Gleich@hotmail.com.

Save energy. You have the power to conserve. Fill your dryer, but don't pack it too tightly. Clean the lint screen after each load. Keep your dryer's outside exhaust pipe clean. Use your dryer's automatic dry cycle rather than a timed cycle. Separate loads into heavy and light items, since lightweight items take less drying time than heavy ones.

What's one of the greatest challenges you have to deal with on the job here?

DG: It's not something that we have to overcome, because we have the knowledge to do it. But always having the thought in the back of your mind like, "Yes, you are diving. Yes, it is fun. Yes you are working. But there's still a high risk."

RB: Yeah, out here it's such a laid-back atmosphere that sometimes we've got to reel ourselves back in and really get down to it and tell ourselves, "We're doing work, boys." ... It is easy to slip into that very laid-back mentality out here.

Finally, what is your favorite aspect of the job?

DG: Even though you're getting in the water every day and it seems routine, it's different every single day. You never know what you're going to see down there. ... It's like a new adventure every day.

RB: You know what's always really fun for me? Replacing buoys at SAR Pass. ... That one's always just a lot of fun. And there's a ton of fish there, and it's really clear over there. That's one job that I think we always look forward to.

E-Talk: The ancient mariners of the Marshall Islands were highly skilled at navigating the expanse of the Pacific Ocean long before Westerners arrived with astrolabes, sextants and compasses. Find out how in this week's E-talk!

Safely Speaking: Life Critical Work Requirements: Elevated Work Platforms. Never operate any mechanical elevated work platform without documented training.

Café Roi						*MENU CURRENT AS OF JULY 24
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 1
Roasted cornish hen	Beef fajitas	French dip sandwich	Beef stew	Char siu pork sand.	Tuna casserole	Lasagna
Fish florentine	Chick. w/ orange sauce	Grilled chicken breast	Fried chicken strips	Beef stir-fry	Yankee pot roast	Spaghetti
Eggs benedict	Breakfast burrito	Black-eyed peas	Hot spiced apples	Veggie fried rice	Mashed potatoes	Garlic bread
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 1
Jambalaya	BBQ pork ribs	Chicken fried steak	Char-grilled pork chop	Fried chicken	Greek Night	Breaded pork chop
Cajun roast beef	Smoke sausage	Chicken curry	Herb-baked fish	Beef pot pie	Pastitsio	Chicken hekka
Mashed potatoes	Baked beans	Mashed potatoes	Corn on the cob	Mashed potatoes	Spinach artichoke pastry	Sweet potato wedges



📷 From Jordan Vinson



Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	<10%	NNE-ENE at 3-8 knots
Monday	Partly Sunny	10%	NNE-ENE at 3-8 knots
Tuesday	Partly Sunny	15%	N-NE at 4-9 knots
Wednesday	Partly Sunny	15%	N-NE at 5-10 knots
Thursday	Partly Sunny	10%	NNE-ENE at 4-9 knots
Friday	Partly Sunny	10%	NNE-ENE at 3-8 knots

Yearly rainfall total: 76.09 inches

Yearly rainfall deviation: +37.55 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:40 a.m. 7:12 p.m.	2:18 p.m. 1:35 a.m.	11:38 a.m. 2.3' -----	5:48 a.m. 1.2' 5:49 p.m. 0.9'
Monday	6:40 a.m. 7:11 p.m.	3:10 p.m. 2:22 a.m.	12:40 a.m. 3.0' 1:14 p.m. 2.5'	7:20 a.m. 0.9' 7:09 p.m. 0.7'
Tuesday	6:40 a.m. 7:11 p.m.	4:04 p.m. 3:12 a.m.	1:45 a.m. 3.5' 2:16 p.m. 2.8'	8:19 a.m. 0.4' 8:08 p.m. 0.3'
Wednesday	6:40 a.m. 7:11 p.m.	5 p.m. 4:06 a.m.	2:35 a.m. 4.0' 3:03 p.m. 3.2'	9:04 a.m. 0.0' 8:56 p.m. 0.0'
Thursday	6:40 a.m. 7:11 p.m.	5:56 p.m. 5:03 a.m.	3:18 a.m. 4.4' 3:45 p.m. 3.6'	9:45 a.m. -0.5' 9:39 p.m. -0.4'
Friday	6:40 a.m. 7:11 p.m.	6:52 p.m. 6:02 a.m.	3:59 a.m. 4.8' 4:24 p.m. 4.0'	10:23 a.m. -0.8' 10:20 p.m. -0.7'
Aug. 1	6:40 a.m. 7:10 p.m.	7:47 p.m. 7:01 a.m.	4:38 a.m. 5.1' 5:03 p.m. 4.2'	11:01 a.m. -1.0' 11 p.m. -0.8'