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# THE KWAJALEIN HOURGLASS



**Kwaj duo Eric and Heather  
Miller cross the KRC  
Driftwood 10K finish line  
Monday near Emon Beach.  
For more, see page 3.**

*Photo by Jordan Vinson*



## Underwater Photos of the Week



### HOURGLASS REPORTS

This yellow cardinalfish (*ostorhinchus luteus*) was photographed by Lisa Shier in the waters off Emon Beach.

Native to the west-central Pacific Ocean, from Palau to the Marshall Islands, yellow cardinalfish favor sheltered waters in and around reefs and in lagoons. According to writers at [www.fishbase.org](http://www.fishbase.org), they "aggregate under ledges, in holes, or even among spines of sea urchins."

Because of these habits, they may not be the easiest fish to photograph.

You have to be patient, Shier said.

"They hide in the shadows and crevices of coral in the day-time and come out at dusk," she explained.

Growing to about 4.4 cm in length, the species has a foothold in the aquarium trade, but its overall numbers are not currently known. The International Union for the Conservation of Nature has not yet performed population studies.



Photo of a yellow cardinalfish  
by Lisa Shier

## Library staff celebrate Drop Everything and Read Day

### HOURGLASS REPORTS

Staff at the Grace Sherwood Library on Kwajalein celebrated Drop Everything and Read Day Wednesday with throngs of young bookworms who had come to join in on the fun.

D.E.A.R. stands for "Drop Everything and Read," a national month-long celebration of reading designed to remind folks of all ages to make reading a priority activity in their lives. Because, what's more fun(damental) than reading?

The event at the library, similar to others hosted at schools and libraries throughout the United States, was organized in honor of Beverly Cleary, the 99-year-old author of a long list of beloved children's books like "The Mouse and the Motorcycle" and the Henry Huggins series.

Both the morning and afternoon D.E.A.R. Day sessions featured guest readings of Cleary books and fun activities for the kids. All participants received a special certificate for having spent time reading and spreading the love of reading. Community Bank representatives even stopped by to hand out goodies to support the event.

In honor of D.E.A.R. day, don't forget to try and turn off your TV, put down your tablets and try to read for at least 15 minutes a day. The library has a great selection of free books in the paper back exchange and plenty available to borrow.



Photo by Jordan Vinson

Event organizer Midori Hobbs hands AJ Hepler a certificate of appreciation at the Grace Sherwood Library Wednesday morning.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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# Arts and Crafts Fair brings out crowds

## HOURGLASS REPORTS

**H**undreds of Kwaj and Roi folks came out to the Arts and Crafts fair Monday at the MP Room. Sponsored by the Kwajalein Art Guild and Community Activities, it was a good opportunity for attendees to both score some one-of-a-kind goods made by local residents and to also vote for their favorite photos during the 2015 Kwaj Photo Exhibit. Those photos deemed the best of the best will be featured in the 2016 Kwajalein Atoll Community Calendar.

In addition to heaps of photo prints vendors had set out to sell, there were pottery pieces, custom-made jewelry, wine toppers, hand-crafted ink pens, books and more.

For Kwaj resident Tommy Wynn, the photo exhibit was the highlight of the event.

"I enjoy checking out everyone's photos," he said. "I really like the ones featuring wildlife."



Photos by Jordan Vinson

**TOP:** Brad Pinnell, left, and Bob Sholar look over a few photos at the photo exhibit. **MIDDLE:** Dan Gunter and Rachel Shidler stop by Brandi Mueller's spread of photo prints for sale. **BOTTOM:** Tommy Wynn scrutinizes some wildlife photos.

# Athletes survive Driftwood 10K run

## HOURGLASS REPORTS

**T**wenty-six Kwaj runners braved the energy-sucking Monday afternoon heat and humidity to take on the Kwajalein Running Club Driftwood 10K. One of the longest-standing traditional runs sponsored by KRC, the 10K featured a paved course that wrapped around the entire perimeter of the island of Kwajalein.

KRC volunteer Bob Sholar, who tracked runners' overall times, said that Monday's high humidity and heat made for some of the toughest running conditions he's seen for the annual event. Those conditions also made for some particularly slow finishing times, he said.

"Yeah, it's not the Driftwood," fifth-place finisher Ron Sylvester said, drenched with sweat. "It's the Deadwood. Because your legs feel like dead wood afterwards. It was hot."

Regardless of the runners' finishing times, the 10K was an excellent tune-up opportunity for everyone planning to tackle the 2015 RustMan later this month, Sholar said. After all, who knows what kind of weather conditions competitors will see then?



Photo by Jordan Vinson

Driftwood 10K participant Ben Bartyzel crosses the finish line near Emon Beach Monday. KRC President Bob Sholar, background, records Bartyzel's time.

## 2015 Driftwood 10K Top 10 Finishers

1. Jay Lord (46:23). 2. Matt Brown (50:23).
3. Jay Rowe (52:30). 4. Ben Bartyzel (54:44).
5. Ron Sylvester (56:43). 6/7. Eric Miller (57:56)—tie with Heather Miller (57:56).
8. Holly Bates (58:53). 9. Mike Hinton (59:53).
10. Jill Brown (1:00:13).



# Altendorf takes command of IMCOM Pacific Region

Article and photo by Larry Reilly  
IMCOM-Pacific Public Affairs

During an Assumption of Responsibility Ceremony held at Fort Shafter, Hawaii, Dr. Christine T. Altendorf became the third Region Director for the U.S. Army Installation Command-Pacific Region (IMCOM-Pacific).

Altendorf will manage a regional staff that provides oversight of multi-million dollar base operation programs in 12 Garrisons located in Alaska, Hawaii, Japan, Korea and Kwajalein Atoll. She will be responsible for providing support for approximately 180,000 Soldiers, family members, retirees, and civilians.

Altendorf succeeds the past director, Debra D. Zedalis who retired in December of 2014.

The Commanding General, U.S. Army Installation Management Command, Lt. Gen. David D. Halverson, officiated the ceremony, which was conducted under the constant threat of rain and strong winds.

"It's always great to be back in the Pacific theater," said Halverson. "The pivot to the Pacific is real and I am reminded of its on-going process with each visit I make to the region."

"The Installation Management Command's mission is to deliver and integrate base support to enable readiness for a self-reliant and globally responsive All Volunteer Army, and in a region such as the Pacific that covers 12 time zones and encompasses many countries, forging relationships are of strategic importance in achieving our mission."

"Today we welcome a new Pacific Region director in Dr. Christine Altendorf, who not only brings a great deal of engineering and program management experience and skills to the region, she brings a new perspective and vision that will help shape installations and how we do business in the region for years to come," commented Halverson.

Halverson also expressed his appreciation to Gen. Vincent Brooks, commanding general, U.S. Army, Pacific Command, for his personal commitment in support of IMCOM-Pacific.

"General Brooks, there is simply no way our garrisons can accomplish all they do without the outstanding support of the Army Pacific team. I believe you will find Christine responsive to hearing the issues, understanding and analyzing the problems, and creatively offering solutions," Halverson added.

In her remarks Altendorf expressed her excitement of becoming the new Pacific Region Director, to the approximately 150 invited guests and IMCOM region personnel in attendance.

"I am truly humbled and excited about the opportunity to lead the Pacific Region as its director," said Altendorf. "The Region is known for its cultural diversity as well as its teamwork and coordination among all its elements from its garrisons to the communities that they serve and I was able to witness the teamwork and coordination first hand during my few weeks here in December."

Altendorf also took the opportunity to express her appreciation for the dedication and hard work her predecessor, Debra Zedalis, brought to the job.



**Dr. Christine T. Altendorf addresses the crowd at Fort Shafter, Hawaii after formally assuming responsibility of command as the third Region Director for IMCOM-Pacific.**

"Deb, I truly appreciate you laying the foundation for what I believe is a very gifted and talented organization, which is charged with the challenging mission of support during a time of many changes," said Altendorf.

Although Dr. Altendorf had the opportunity to briefly talk with the Region's Garrison Commanders and Command Sergeants Majors during her visit in December, she plans to meet their garrison teams in the weeks and months ahead to share her command philosophy.

"My command philosophy is simple—to be responsive. Being responsive does not equate with always saying yes, but it is a character trait that is necessary when one is working in a support command."

"We have to hear the issue, understand the problem, analyze it and be innovative and creative to come up with proper courses of action," Altendorf continued. "We have to constantly focus on efficiencies without causing detriment to the mission."

Most all of her 21 years experience in civil service has been with the U.S. Army Corps of Engineers working military construction and environmental issues. Now, she is looking forward to expanding her knowledge and skills in the world of facilities and services that IMCOM provides Soldiers and their families.

"IMCOM missions are tactically, strategically and geographically vital to the United States and its allies and this is one of the reasons I wanted to join the IMCOM team," said Altendorf.

Altendorf stated that she will challenge the Region team to be the best they can at providing services and support to the communities they serve, and also made a pledge of her own to the Region team.

"I promise to provide the leadership that is expected of this position and pledge to do my best to ensure the Pacific Region workforce is taken care of," said Altendorf.

# Children of active duty service members on USAG-KA featured



**Annabelle DeVille**  
Age: 3

**Annabelle DeVille** is the daughter of Capt. Pamela DeVille, the provost marshal of U.S. Army Garrison-Kwajalein Atoll and a 14-year veteran of the Army and the Army Air National Guard.

Favorite aspects of life on Kwaj? Dancing, running around with friends, swimming and, of course, popcorn.

Future career path? Become a "dancing firefighter."



**Allison Anderson**  
Age: 8

**Allison Anderson** is the daughter of Maj. Spencer Anderson, the director of logistics at U.S. Army Garrison-Kwajalein Atoll and a 15-year veteran of the Army. During her life, Allison has moved to Texas, Indiana, Kansas, Hawaii and now Kwajalein.

Favorite aspects of Kwaj? "I like the beach here, and I like the school."

Future career path? Work at an animal shelter.



**John Anderson**  
Age: 10

**John Anderson** is the son of Maj. Spencer Anderson. He's had to make adjustments several times, moving from assignment to assignment with his family. Some of those assignments include being stationed in Indiana, Kansas, Hawaii and Kwajalein.

Favorite aspects of life on Kwaj? Sports opportunities.

Future career path? Renovate and flip houses.



**Jordan Rice**  
Age: 15

**Jordan Rice** is the son of Capt. David Rice, a newcomer on U.S. Army Garrison-Kwajalein Atoll, who has been in the Army since 1997. Jordan has moved around a lot during his life; some of those moves include being stationed in Texas, Germany, North Carolina, South Carolina and Missouri.

Things Jordan looks forward to on Kwaj? The chance to play lots of sports.



**Anaya Schellin**  
Age: 3

**Anaya Schellin** is the daughter of Maj. Gerritt Schellin, a 12-year veteran of the Army and USAG-KA's current operations officer.

Favorite aspects of Kwaj? Hanging out with friends, running without shoes on, picking up shells and watching crabs.

Future career? Possible options are: pilot, doctor, singer, firefighter and military service member.



**Gavril Schellin**  
Age: 7 weeks

**Gavril Schellin** is the son of Maj. Gerritt Schellin, a 12-year veteran of the Army and USAG-KA's current operations officer.

Gavril was born Feb. 25, 2015 in Birmingham, Alabama.

He loves to eat, sleep, snuggle, travel and explore his world, his father says.



# Major incinerator overhaul finished

ARTICLE AND PHOTOS BY JORDAN VINSON  
ASSOCIATE EDITOR

**T**he Department of Public Works on Kwajalein completed a long-awaited overhaul of the island's incinerator complex last month. It was a 10-month project that brought in dozens of personnel from within several Public Works shops on the island, tasking the men and women with working together to tackle a long laundry list of repairs.

Along with crucial repairs to all three of the complex's incineration chambers, the project consisted of repairs to two grappler cranes used to feed the chambers with trash, as well as the fabrication of three completely custom-built 10,000-pound steel incinerator lids—one for each chamber.

For Machine Shop lead Mike Wiltrout, the point man for the project, the job was one of the toughest he's been assigned.

"Basically every day, seven days a week, for 10 months we were out there working," Wiltrout said in his office last week. The extent to which the different shops, along with a couple of outside companies, had to cooperate was special. It's rare, he said, to have so many



Solid Waste employee Rodderick Capella hoists a load of trash with a newly-overhauled grappler crane at the Kwajalein landfill April 3. Part of a 10-month, multi-department repair project, the cranes and refurbished incinerators are in full use, eating away at trash that had been piling up on the Solid Waste grounds for months.

hands on one job.

"Everyone in my shop helped out in one way or another," Wiltrout said. "There was the Construction Shop and Dan Tibbles; he was the one who really grabbed the bull by the horns and ran the project for me and kept me informed every step of the way. ... Heavy Equipment had to, of course, lift the 10,000-pound lids. ... [the] Automotive Shop sandblasted, primed and painted

the tops after we were done fabricating them. WHECO handled cylinder rebuilds. And of course the Solid Waste team, the guys who run the incinerators, is putting everything to work."

All told, the push to get the incinerators back online came not a moment too soon. For a complex boasting three trash incinerator chambers, having all of them operating at the same is a rare sight, one not seen in almost six years. In 2009,

for example, one chamber was put out of commission due to heavy fatigue in the thick concrete-like insulation—a substance called refractory—which is used to contain the intense heat produced inside the chamber. Another chamber was shut down only a couple of years later.

With only one working chamber and a grappler crane susceptible to regular breakdowns, the Solid Waste staff fought a losing battle for quite a while. The testament to that battle was a veritable trash mountain that had slowly grown up from the ground, covering up every inch of space around the complex. Everything from cardboard and old, battered Barbie dolls, to last month's meatloaf and broken light bulbs was piling up. You name it; it was there.

"You couldn't even drive in the gate to unload the trash," Wiltrout said.

Fortunately, with one chamber repaired at the end of last year and the final chamber finally back online last month, it's a different story for the Solid Waste crew now.

"Oh yeah, we're three-quarters of the way clear," said Patrick Ward, the Sol-



Patrick Ward, the Solid Waste and Buildings and Grounds superintendent, strolls through the incinerator complex grounds. He and his staff have been busy incinerating an abundance of built-up trash waste.





1. A set of two hydraulic grapple cranes grabs heaps of trash, dropping them into the incinerator chambers. 2. Incinerator chamber #1, one of three at the incinerator complex, holds 53 cubic feet of trash. 3. Along with the 18-inch-thick refractory blocks lining the inside of the chambers, 10,000-pound steel lids clamp down the top of each chamber to keep the intense heat generated inside. 4. After 24 hours of exposure to temperatures up to 2,000 F, all 53 cubic yards of trash is reduced to a smoldering pile of ash no larger than a small sedan. One material that doesn't break down, however, is thick metal like paint cans, bike chains and handlebars; this must be sorted out of the ash before disposal. 5. After sorting for metal, the pure ash is piled up behind the incinerator complex and covered with two inches of top soil to allow vegetation to grow. 6. Now that all three incinerators are up and running, the yard at the front of the complex is finally free of Trash Mountain—and should be for a long time.

id Waste and Buildings and Grounds superintendent, last week at the complex. "We'll probably have every bit of the trash incinerated by the end of April."

While Ward talked about the project, Rodderick Capella, a Solid Waste employee at the controls of one of the hydraulic grapple cranes, punched the crane's giant mechanical claw into the shrinking pile of trash. With the pull of a few levers, Capella ushered the waste toward the top of an incinerator chamber where it was dumped in to be burned. Over the next 24 hours, a process called pyrolysis that occurs inside the chamber transformed 53 cubic yards of solid trash into a pile of pure, disposable ash no larger than a small sedan. And because the heat inside the chambers gets intense enough to break apart long-chain, nasty molecules into safer single-chain elements, such as Carbon, Nitrogen, Oxygen and Sulfur, that ash can be dumped right on the ground. Cover it with two inches of top soil, and let nature take its course—as the Solid Waste crews on both Kwajalein and Roi-Namur do—and those piles of gray ash become covered with vegetation just as if they were made of regular dirt. It's actually surprising to how green the land behind the incinerator complex is: thickets of low-lying plants grow abundantly.

It's the intense heat that is the key to turning all those meatloaves, light bulbs and Barbie dolls into pure, disposable ash, Ward emphasized. The challenge relating to working with such intense heat, though, is containing that heat. With temperatures that get up to 2,000 F, that's where the new chamber lids and refractory insulation come into play.

While Wiltrout's team at the Metal Shop built a brand-new 10,000-pound steel lid for each incinerator, his point man at the Construction Shop, Dan Tibbles, tackled the job of lining the inside walls of each chamber with new 18-inch-thick refractory blocks.

"He and his team installed pre-fabricated, pre-cured refractory blocks," Wiltrout said. "Those protect the steel from the heat inside the chamber. It looks like concrete, like something you'd see in the kiln at the Hobby Shop, but just in a bigger scale."

All told, 72 blocks, each made by a company in the States and weighing between 185 and 1,000 pounds, were installed with help from Heavy Equipment staff.

"It was a big job," Wiltrout said.

But the more challenging job, in terms of craftsmanship, belonged to the Metal Shop, Ward said, pointing up at the new steel lids on top of the incinerator chambers.

"The Metal Shop had never done this before, and they were asked to produce something that really is something you would make in the States," Ward said. "And [Wiltrout] and his group looked over the plans, and he said, 'I think we can do this.' And they worked hours and hours, and they totally redid all three of them as well as you could in the States. So, I'm very impressed. ... Normally you would have to go back to the manufacturer and have this all made again. We did it on island and did it better than the manufacturer could."

Now that all three incinerators are up and running, the yard at the front of the complex is finally free of Trash Mountain—and should be for a long time.



# Kwaj Swim Team ends season

ARTICLE AND PHOTOS BY MOLLY PREMO  
MEDIA SERVICES INTERN

The Kwajalein Swim Team's spring 2015 season concluded with a championship meet Monday morning. Since the beginning of the season in January, swimmers practiced three times a week to develop their skills in the pool and improve their times during a total of four swim meets this season.

Because there is no other swim team that Kwajalein Swim Team can compete against, the swimmers are divided into two teams at the beginning of the season: the Barracudas and the Makos.

The 50 yard free style events, some of the most popular of the day, kicked off the meet; they were followed by many other events scattered throughout the day.

Waiting for their own events, the younger kids spent time with one another in the bull pit, while volunteer adults organized them into their heats and timed the races. The older swimmers, on the other hand, spent their free time in places where they could shelter themselves from the sun.

Group pictures of each age groups were taken during convenient times throughout the meet, and as a tradition, KST members who have plans to move, were called to the blocks for recognition and to take an obligatory dive into the pool. The graduating seniors also received acknowledgement.

"This last season was extremely bittersweet, as it will be my last season ever on Kwajalein," said senior Mereille Bishop. "Some days it was like pulling teeth to get me to practice, but

in the end, I loved everything about swim team, and I will truly miss it."

There were four pool records broken during this meet. Colleen Furgeson, Dominic Leines, Matai McCollum, and Maliana McCollum were responsible for the new times.

The final event of the championship meet was the 200-yard freestyle relay. The last swim for the entire fall season, the older swimmers took advantage of the opportunity to goof off and break as many rules as possible. They switched lanes in the middle of their swim, performed back flips and belly flops off the block and even wore lifejackets into the pool.

The Kwajalein Swim team will have their end of the season banquet on May 4 where they will present trophies, medals and ribbons to the swimmers for this spring season.



TOP: Swimmers launch off the blocks at the Family Pool Monday.

## Employees get refreshers on fire safety

### HOURGLASS REPORTS

Fire Prevention staff on Kwajalein invited the island's Community Activities team out to the Kwajalein Fire Department April 10 to get hands-on training on how to put out small fires with fire extinguishers.

Part of garrison leaders' ongoing efforts to enhance the safety and security of all installation residents, the Fire Prevention training event April 10 educated par-

ticipants on basic fire prevention tips, proper use of fire extinguishers, requirements needed to regularly maintain extinguishers, which type of extinguisher should be used for which type of fire, and so on.

For some Community Activities staff, for whom this was their first hands-on extinguisher training since arriving on island, the event was a learning experience.

"It's good to hear this stuff," one participant said. "For example, I didn't know that there are some extinguishers out there that cannot be used on certain fires."



LEFT: Kwaj Post Office employee Valerio Rilang uses a training extinguisher to douse a small propane-fueled fire at the Kwajalein Fire Department April 10. RIGHT: Fire Inspector Cindy Dean talks to Community Activities participants about different types of extinguishers.



Photos by Jordan Vinson



# CDC kids visit Command HQ

## HOURGLASS REPORTS

As part of the garrison's celebration of Month of the Military Child, children from the Child Development Center paid a visit to the USAG-KA Headquarters building where they were met by USAG-KG Commander Col. Nestor Sadler and Command Sgt. Maj. Reginald Gooden. They were given a tour of

the building and the different offices within the command building. Following the tour the children received a short briefing on the role of the military and why military kids are celebrated this month. Following the briefing by Gooden, each of the children received a certificate of appreciation from the Command;



this was followed by a group photo to commemorate their visit.

Kids from the Child Development Center on Kwaj get a rare opportunity: a tour of the USAG-KA Command HQ building. The visit was part of the garrison's celebration of the Month of the Military Child, an annual tradition among installations every April.

*Photo by Mike Sakaio*

## Next passport service opportunity: April 22

A U.S. Embassy consular from Majuro will be on Kwajalein Wednesday to provide passport services. If you require a new passport or need to renew your current passport, please visit the USAG-KA-HQ Building 730, Room 135 (small conference room) from 8 a.m. to 4:30 p.m. Passport services will be on a first-come-first-serve basis. Please come prepared and with the completed appropriate paperwork, a passport photo, if one is required, and cash or a money order if necessary.

If you have other questions besides passport processing, such as social security applications, adoptions, voting registration and so on, please address those to the agent as well.

Please contact the Host Nation Office at 52103 or 55325 if you have any questions.

# USAG-KA civilian engineer receives Commander's Award

## HOURGLASS REPORTS

Kelly Busquets, Chief of the Engineering Branch and Acting Director for Public Works for USAG-KA, received the Commander's Award for Civilian Service Wednesday.

Busquets was recognized for her outstanding work during her latest tour, which began Aug. 1, 2013 and ended today.

Her resourcefulness and perseverance ensured that the garrison's \$60 million annual work plans and \$500 million five-year plan poised the garrison for success. She developed and reviewed engineering plans, designs, specifications, drawings, cost estimates and scopes of work for over \$40 million in critical infrastructure projects. Her performance is representative of the highest traditions of the federal service, reflecting great credit upon herself, USAG-KA and the United States Army.

Busquets, along with her family—husband Miguel and children Kaikane, Maikah, and Makoa—will depart USAG-KA for her new as-

signment as the Chief of the Environmental Compliance Branch at NASA Goddard Space Flight Center in Wallups Island, Virginia.



*Photo by Mike Sakaio*

Kelly Busquets, USAG-KA's outgoing chief of the Engineering Branch for Public Works, receives the Commander's Award at USAG-KA Command Headquarters Wednesday.



## HELP WANTED

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at [www.krsjv.com](http://www.krsjv.com).

Community Bank is looking for a part-time bank teller; 20 hours per week expected. Visit the following website to apply: <http://careers.dodcommunitybank.com>

A number of positions are available in the Community Services group, including teachers, clubs supervisor, nurses and more. Please see Human Resources for the file of available on-island positions or [www.krsjv.com](http://www.krsjv.com) for contract slots.

KRS is searching for available, on island licensed registered nurses, individuals with medical billing and coding experience, and dental hygienists. For more information, please contact HR/Julie Gooch at the Temp Pool at 50777.

## FOR SALE

Stainless steel six-burner propane grill, works great, \$25. Call 52525.

## LOST

Pair of prescription Maui Jim sunglasses. Please call Cindy at 54547 if found.

## Religious Services

### Catholic

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

### Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

### Latter-day Saints

- 10 a.m., Sunday, CRC Room 3
- Contact the chaplain's office at 53505 for more information.

Flashlight, Intovatec SCUBA Divers, 6-inch, black with wrist strap, lost night of April 2 between Bakery and Palm BQ. If found please call Bob at 53788 or 51053.

## FOUND

Special watter bottle, found at the Roi Airport. Call 56359 to describe and claim the item.

## COMMUNITY NOTICES

ENJOY SOME TIKI TIME at the Ocean View Club at 7 p.m., tonight! Take time out to celebrate Aloha Friday on a Saturday. There will be island music and drink specials, so come jam with us! Must be 21 years or older. Questions? Call 53331.

ENJOY A SPECIAL SHOWING of "Plastic Paradise: The Great Pacific Garbage Patch" at 7:30 p.m., Sunday, at Rich Theater.

COME OUT AND HELP clean up Kwajalein 9-11 a.m., Monday, at the Pacific Club as part of the Earth Day celebration on Kwaj. This is a rain-or-shine event.

THE COUNTRY CLUB will close at 6 p.m. Wednesday for a special event. Questions? Call Midori Hobbs at 53331.

KWAJALEIN ATOLL International Sportfishing Club meeting will take place Wednesday at the Pacific Club. Food and beverages will be served at 6:30 p.m., meeting will start at 7 p.m. All anglers welcome to attend! Questions? Contact Andy at 52878.

CYSS' SECOND OPEN REC event for the month of April will take place at 5:30-7 p.m., Friday, in the SAC room.

PLEASE JOIN US for Quizzo at 7:30 p.m., Friday, at the Vet's Hall. Special guest host Andrea Williams will "fly" some trivia our way! Questions? Contact Neil Dye or Mike Woundy.

LOOSE UP THOSE PIPES and join us for Karaoke at 7:30 p.m., Sunday, at the Vet's Hall. Questions? Contact Jan Abrams or Mike Woundy.

COME OUT TO PLAY pickup soccer at 6 p.m. every Monday at the soccer fields by Brandon Field! All skill levels are welcome to play. It's a good way to learn the game and get some exercise! See you on Monday!

KWAJALEIN YACHT CLUB will hold its monthly meeting at 6:30 p.m., April 25, at the Yacht Club. Happy Hour starts at 5:30pm, and dinner begins at 7 p.m. A Chinese food entree will be provided, so bring a side dish to share. Questions? Contact Tim Cullen at [yeoman@kwajyachtclub.com](mailto:yeoman@kwajyachtclub.com).

The 36th annual RustMan Run-Bike-Swim Triathlon is scheduled for April 27 with a 4 p.m. start. Get your information packet and registration forms at the big bulletin board next to the United ticket office. The event consists of a 1,000-yard swim, a 26-mile bike

section and a 10K run. Questions? Call Bob and Jane at 51815 or Benn and Linn at 51990.

CELEBRATE MOTHER GOOSE Day at 10:30 a.m., April 29, at the Grace Sherwood Library. There will be games, activities, special readings of nursery rhymes and more! Questions? Call 53331.

THE NEXT MONTHLY ISLAND orientation is scheduled for 12:30-4:30 p.m., April 29, at the CAC Building, Room 6. The session is mandatory for all new island residents, including dependents. Children over age 10 are welcome but not required to attend. Please arrive early and sign in. Questions? Call 51134.

KWAJALEIN HOBBY SHOP six-month membership renewals are upon us. Enjoy unlimited access to the Hobby Shop during normal hours May 1-Oct. 31. Prices: \$100 individual; \$200 family; \$60 child. Questions? Call 51700.

ISLAND MEMORIAL CHAPEL'S Bible Study Digital Library is a media service that boasts over 8,000 videos for kids, youth and adults to watch on any device. If you'd like an invitation to our Right Now Media membership at no charge, email Kevin at [kevin.m.wilson7@gmail.com](mailto:kevin.m.wilson7@gmail.com) or [kevin.m.wilson145.ctr@mail.mil](mailto:kevin.m.wilson145.ctr@mail.mil).

UNITED AIRLINES UA 155 CHECK-IN TIMES for Monday, Wednesday and Saturday are 3:30-4:45 p.m. UA 155 check-in times for Tuesday, Thursday and Saturday are 11-11:30 a.m. Passengers must pass through security by closeout.

ATI FARES FOR SPACE-A travel have increased \$0.20 to a total of \$35.20. The ATI check-in time and location is as follows: 8-9 a.m., at Building 902. Note: The check-in time for 9:20 a.m. departures is 7:45-8:30 a.m.

DO YOUR PART to conserve energy! Turn off lights when they're not needed.

E-TALK: The Kwajalein Environmental Emergency Plan (KEEP) addresses emergency spill notification and response procedures, as well as hazard evaluation, responder training and spill prevention.

SAFELY SPEAKING: Know the hazards you face and which chemical protective clothing and other personal protective equipment to use. Remember your PPE can't protect you if you're not wearing it! To get stock codes for PPE and Safety related items, go to the ES&H Webpage- List of GSK Safety Related Items.

SAFELY SPEAKING: Job Safety Analyses are the documents that employees use in the field. Standard Practice Instructions are usually very long and are not often used in the field. If employees want to read more on the SPIs they can go to the USAG-KA web, Document Center under Compliance Documents. If you do not have access to the USAG-KA web, you can ask your supervisor to provide the SPIs.

## Captain Louis S. Zamperini Dining Facility

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 25
BBQ pulled pork Sand.	Chicken cacciatore	Pork pot roast	Tuna melt	BBQ spare ribs	Taco bar	Lasagna
Fried chicken	Quiche lorraine	Wings of fire	Honey-roast chicken	Turkey casserole	Country-smoked chicken	Chicken breast
Au gratin potatoes	Mashed potatoes	Vegetarian saute	Stuffed cabbage	Potatoes romanoff	Fish du jour	Garlic toast

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 25
Cajun roast beef	Spaghetti	Grilled chicken breast	Carved flank steak	Mongolian BBQ night	Grilled Salisbury steak	Build your own BLT
Rice pilaf	Chicken alfredo	Broccoli stir-fry	Picante chicken	Oriental fried rice	Banked manicotti	Mashed potatoes
Turkey cordon bleu	Garlic bread	Three cheese macaroni	Baked potatoes	Veggie egg foo young	Parslied potatoes	Shrimp etouffee



# Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

<b>1. Spiritual Resilience, see Page 10. All welcome.</b>  <b>2. Smoking Cessation classes. Call 55362.</b>	<b>1. Circuit Training, 8 a.m., at Ivey Gym.</b>  <b>2. Kwajalein For Christ, 3:30 p.m., at the Youth Center.</b>  <b>3. Pick-up ultimate frisbee, 5 p.m., near the soccer fields.</b>  <b>4. Fun Run #9, 5:30 p.m., beginning at the Library.</b>  <b>5. Pick-up soccer, 6 p.m., at Brandon Field.</b>	<b>1. Cross Fit, 5:15 a.m., at the Adult Pool.</b>  <b>2. Pick-up tennis, 5:30 p.m., at the tennis courts.</b>	<b>1. Circuit Training, 5 a.m., at Ivey Gym.</b>	<b>1. Cross Fit, 5:15 a.m., at Ivey Gym.</b>  <b>2. Interval Training, 5:15 p.m., at Emon Beach.</b>  <b>3. Pick-up tennis, 5:30 p.m., at the tennis courts</b>  <b>4. AA Program, 7 p.m., at the REB.</b>	<b>1. Circuit Training, 5 a.m., at Ivey Gym.</b>	<b>1. Cross Fit, 5:15 a.m., at Ivey Gym.</b>  <b>2. Pick-up tennis, 5:30 p.m., at the tennis courts.</b>
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## TOWN HALL MEETINGS WITH COL. SADLER

**KWAJ RMI WORKFORCE**

**10-11:30 a.m., Friday, at the Chapel**

**KWAJ RESIDENTS**

**6:30-8 p.m., Friday, at CRC Room 6**

**ROI RESIDENTS**

**1-2 p.m., April 25, at Trade Winds Theater**

**ROI RMI WORKFORCE**

**2:30-3:30 p.m., April 25, at Trade Winds Theater**

Col. Nestor Sadler, USAG-KA Commander, cordially invites you to come out to your corresponding town hall session planned next week.



**Kwajalein Jr./Sr. High School Art Show**

**2-4 p.m., April 26, in the MP Room.**

This year's theme is nature! Spartan Espresso will be open! Fun costumes and clothing that reflect nature are encouraged!

### Lunch

#### Sunday

Roast pork loin  
Baked chicken  
Mashed potatoes

#### Monday

Garlic roast beef  
Egg muffins  
Roasted potatoes

#### Tuesday

Sloppy Joes  
Chicken strips  
Cheesy potatoes

#### Wednesday

Grilled cheese  
Pork pimento  
Egg foo young

#### Thursday

Make your own BLT

#### Friday

Fried fish  
Grilled chicken thighs  
Corn bread

#### April 25

Grilled cheese gobbler  
Roast pork  
Cous cous

### Dinner

#### Sunday

Chicken schnitzel  
Beef stew  
Green bean casserole

#### Monday

Chicken marsala  
Jerk-style spare ribs  
Stir-fry veggies

#### Tuesday

Pork chop  
Herb-roast chicken  
Stuffing

#### Wednesday

Grilled steak  
Fried fish  
Baked potatoes

#### Thursday

Fried chicken  
Meatloaf  
Mashed potatoes

#### Friday

Sweet and sour chicken  
Stir-fry beef  
Chow mein

#### April 25

Southwestern chicken  
Beef tacos  
Fiesta rice

### Café Roi





# Softball

## A LEAGUE

**ALL GAMES RAINED OUT**

## B LEAGUE

**TUESDAY, APRIL 7**

Jikalum def. SJC X-Pats 17-0  
Mon Kubok def. Spartan Men 9-0

**THURSDAY, APRIL 9**

Team Disciple def. Auto 18-12  
Jikalum def. Spartan Men 10-0

## NEXT WEEK'S SCHEDULE

**Tuesday, April 21**

5:15 p.m., Ragan: Spartan Co-ed vs. Spartan W.  
5:15 p.m., Dally: Team Disciple vs. Spartan Men  
6 p.m., Brandon: Mon Kubok vs. Jikalum  
7:15 p.m., Brandon: USAG-KA vs. Jellyfish

**Wednesday, April 22**

5:15 p.m., Ragan: -----  
5:15 p.m., Dally: -----  
6 p.m., Brandon: Bakai-Arma vs. Old Fat and Ugly  
7:15 p.m., Brandon: Criminals vs. USAG-KA

**Thursday, April 23**

5:15 p.m., Ragan: -----  
5:15 p.m., Dally: Spartan Men vs. Auto  
6 p.m., Brandon: Team Disciple vs. SJC X-Pats  
7:15 p.m., Brandon: RF Hazards vs. Lollybaggers

**Friday, April 24**

5:15 p.m., Ragan: Scrubs vs. Spartan Co-ed  
5:15 p.m., Dally: -----  
6 p.m., Brandon: USAG-KA vs. Bakai-Arma  
7:15 p.m., Brandon: Yokwe vs. Lucky Eleven

**Saturday, April 25**

5:30 p.m., Brandon: USAG-KA vs. Yokwe

## COED LEAGUE

**TUESDAY, APRIL 7**

RF Hazards def. USAG-KA 16-10

**FRIDAY, APRIL 9**

Lollegaggers def. Jellyfish 26-11

## WOMEN'S LEAGUE

**ALL GAMES RAINED OUT**

## TEAM STANDINGS

### A League

Old, Fat and Ugly 3-0-1  
Yokwe 3-1  
Criminals 2-1-1  
USAG-KA 2-2  
Bakai-Arma 1-3  
Lucky Eleven 0-4

### B League

Jikalum 5-0  
Mon-Kubok 4-1  
Spartans Men 2-3  
Auto 2-3  
Team Disciple 2-3  
SJC X-Pats 0-5

### Women's League

Spartans I Women 3-0  
Scrubs 1-2  
Spartans Coed II White 0-2

### Coed League

Lollybaggers 3-0  
Jellyfish 2-1  
RF Hazards 1-2  
USAG-KA 0-3

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	20%	NE-ENE at 11-16 knots
Monday	Partly Sunny	15%	NE-ENE at 12-17 knots
Tuesday	Mostly Sunny	10%	NE-ENE at 9-14 knots
Wednesday	Mostly Sunny	10%	NE-ENE at 10-15 knots
Thursday	Mostly Sunny	10%	NE-ENE at 12-17 knots
Friday	Mostly Sunny	10%	ENE-ESE at 12-17 knots

Yearly rainfall total: 34.36 inches

Yearly rainfall deviation: +20.38 inches

**Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).**

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
<b>Sunday</b>	6:38 a.m. 6:59 p.m.	6:45 a.m. 7:25 p.m.	10:41 a.m., -1.0' 10:50 p.m., -1.0'	4:28 a.m., 5.0' 4:46 p.m., 4.6'
<b>Monday</b>	6:38 a.m. 6:59 p.m.	7:39 a.m. 8:24 p.m.	11:20 a.m., -1.0' 11:24 p.m., -0.8'	5:04 a.m., 5.1' 5:23 p.m., 4.3'
<b>Tuesday</b>	6:37 a.m. 6:59 p.m.	8:33 a.m. 9:21 p.m.	11:58 a.m., -0.8' 11:57 p.m., -0.5'	5:39 a.m., 4.9' 5:59 p.m., 4.0'
<b>Wednesday</b>	6:37 a.m. 6:59 p.m.	9:27 a.m. 10:17 a.m.	12:36 p.m., -0.4' -----	6:14 a.m., 4.6' 6:34 p.m., 3.5'
<b>Thursday</b>	6:37 a.m. 6:59 p.m.	10:21 a.m. 11:11 p.m.	12:29 a.m., -0.1' 1:15 p.m., 0.0'	6:50 a.m., 4.2' 7:11 p.m., 3.1'
<b>Friday</b>	6:36 a.m. 6:59 p.m.	11:14 a.m. -----	1:02 a.m., 0.3' 7:27 a.m., 3.7'	1:59 p.m., 0.5' 7:53 p.m., 2.6'
<b>April 25</b>	6:36 a.m. 6:59 p.m.	12:05 p.m. 12:01 a.m.	1:40 a.m., 0.8' 2:57 p.m., 0.9'	8:12 a.m., 3.2' 8:54 p.m., 2.2'