



HOURGLASS REPORTS

his Napoleon wrasse (cheilinus undulatus) was photographed by Kwaj resident Brad Nelson during a trip to the Blue Corner dive site in Palau. Shot with a Canon S100, the wrasse was estimated to be between three and four feet in length and up to 100 pounds in weight.

The Napoleon wrasse is not only the largest of the wrasse family, but also one of the largest reef fish on the planet.

"This particular wrasse associates divers with food since the local dive masters have been known to feed them despite it being illegal," Nelson said. Because of that apparent association, this particular fish isn't afraid to get up close and personal.

Found naturally throughout the Indo-Pacific region, Napoleon wrasse numbers worldwide are on decline due to overfishing. It is currently on the World Conservation Union Red List of Threatened Species.

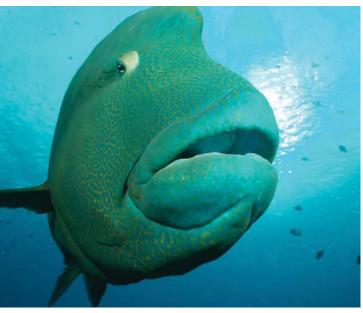


Photo of a Napoleon wrasse by Brad Nelson

Thumbs Up!

... to Buildings and Grounds for all their hard work in cleaning up the island after the storm! ... to all those that helped with

the Daddy Daughter Dance. The music and food were great! The decorations were amazing. Your efforts helped make a memorable evening. Thank you very much.

CONGRATULATIONS

To Akiyo Mimoto, Berry Aviation, Inc., metroliner pilot. She completed her naturalization process and is now admitted as a citizen of the United States of America as of Feb. 10, 2015.

Mimoto is a valued member of the Berry team. She was one of two pilots who helped to safely land the metroliner in August 2011 when an engine failed mid-flight during a routine flight from Roi-Namur to Kwajalein.



THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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Japanese visitors pay respects to loved ones who fell at Operation Flintlock

ARTICLE BY MIKE SAKAIO PUBLIC AFFAIRS OFFICER

In the past few weeks, U.S. Army Garrison-Kwajalein Atoll received Japanese groups who visited the Japanese World War II memorials on Kwajalein and Roi-Namur.

On March 9 Japanese Maj. Gen. Hiroaki Uchikura of the Japan Air Self-Defense Force was greeted by USAG-KA Commander Col. Nestor Sadler prior to visiting the Kwajalein memorial during a brief stop-over on his way from Japan to Hickam Air force Base, Hawaii. Joined by his entourage, Uchikura held a brief ceremony to honor and remember his countrymen who lost their lives during the Battle of Kwajalein.

The Japanese Government Memorial Bereavement Group, sponsored by the Japan Ministry of Health, Labour, and Welfare, also arrived on USAG-KA last week; they were met and greeted by both Sadler and the Ambassador of Japan to the Republic of the Marshall Islands, Kazuhiko Anzai and his wife, Kikuno. The bereavement group visited both the Roi-Namur and Kwajalein memorial sites to pay their respects. Sadler and Command Sgt. Maj. Reginald Gooden attended the ceremony on Kwajalein and participated by offering flowers and incense at the memorial.

Three men within that group lost older brothers during the battle of Kwajalein; two others lost uncles. The group departed later that week for Majuro.



The Japanese memorial on Kwajalein.



Photo by Mike Sakaio

Japanese Maj. Gen. Hiroaki Uchikura of the Japan Air Self-Defense Force lays down an offering of flowers at the Japanese memorial on Kwajalein March 9.



A member of the bereavement group reads aloud a prayer and message to his deceased family member who perished during Operation Flintlock.

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Photos by Sheila Gideon

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Maj. Holly Grey, USAG-KA Director of Host Nation Activities, participates in the ceremony March 11 by placing lit incense upon the alter.



Turbo Turtles win back championship title at Inner-Tube Water Polo finals

ARTICLE AND PHOTOS BY SHEILA GIDEON MANAGING EDITOR

n the past four years, 2014's finals was the only game that team Turbo Turtles didn't leave with a championship coconut trophy for Inner-Tube Water Polo. That loss weighed heavy on their minds Tuesday for the 2015 championship game against rival team Chargogg at the Family Pool; they were determined to win their title back from Chargogg, who claimed it last year. Turbo Turtles was stocked with veteran players, and outstanding offense by team captains Bill Williamson and Bruce Premo ultimately led the team to a 73-46 victory over Chargogg.

Premo set the pace for Turtles' scoring in the first half, firing rockets into the corners, giving Chargogg's goalie Curtis Childress little chance to stop them. Williamson spent most of the first half setting Premo up, and then unleashed in the second half. He ended up the top scorer in the league with 107 goals all season. Newcomer to the sport, Brittney Nichols, ended up with 66 goals herself-a huge asset to her team since goals made by women count for three points instead of two. Another newcomer, Jeff O'Neal, proved himself worthy



Turbo Turtles claim the coconut trophy for the 2015 Inner-Tube Water Polo Championships Tuesday at the Family Pool. Pictured top are Greg Moore and Shawn Mirowitz. Bottom, left to right are Tommy Ryon, Bruce Premo, Brian Coombe, Brittney Nichols, Jane Premo, Bill Williamson, Tim Roberge and Jeff O'Neal.

in the goal during the second half. He blocked shot after shot, making some key saves for the Turtles.

While Chargogg's offense was strong, they hit a few lulls and bobbled the ball quite a bit more than the Turtles, falling behind by over 10 points in the first half. Just a few short years ago, Tyler Stepchew was a Spartan, playing in

blue with his fellow high schoolers. Now working on Kwaj as a contractor, Stepchew joined the Chargogg ranks and proved himself to be one of their most valuable offensive players. Paired with teammate Rich Erekson, the two accounted for the majority of the goals for Chargogg at the finals. Trying to counter goals made by Nichols, Chargogg's Masina McCollum took an offensive position for a majority of the game, trying to hit corners and earn three points at a time for her team.

In the second half, the Turtles unleashed and a comeback for Chargogg seemed bleak. After six personal fouls called on team Chargogg, the Turtles were awarded a penalty shot. Premo fired it into a corner earning five points for his team with just a few minutes left in the game, securing his team's victory.



Bill Williamson and Jon Mitchell fight to claim the ball at the championship game Tuesday.



Chargogg's Rich Erekson throws a pass by Turtles' Greg Moore during the Inner-Tube Water Polo championship game Tuesday.



Chargogg's Stan Jazwinski, right, tries to swim in a goal while Turtles' Tim Roberge, center, and Brian Coombe defend.

THANK YOU TO EVERYONE who helped make the 2015 Inner-Tube Water Polo Season a huge success. This unique Kwaj sport takes a lot of effort by so many different people, and everyone involved did an excellent job. Thank you to Jim Roby, Bill Williamson and Stan Jazwinski, who volunteered to lead the "Learn To Play" and the officials clinic. Their knowledge, expertise, willingness to educate and volunteer is greatly appreciated. Thanks to the Kwajalein Sports Association for helping fulfill officiating obligations and responsibilities. All the officials did a great job helping to maintain the integrity of the league and make play safe and fun for everyone. A special thanks goes to Zoe Spock, who painted the awesome coconut trophy for league winners, Turbo Turtles. Finally, Inner-Tube Water Polo wouldn't have been complete without the assistance of all of our coaches and managers. Your interest, efforts and support was greatly appreciated.

The success of this year's season was all due to the efforts of everyone involved. So again, thank you so much! We could not have done it without you.

—Mandie Morris, Recreation and Programs Manager

MANIT MINUTE TRADITIONAL MARSHALLESE MATS

Mats are traditional part of the Marshallese life. Mats are woven from pandanus leaves. They range from coarsely woven floor mats to intricately woven sleeping mats. There are three common Marshallese mats:

- 1. TOLAO or sitting mat
- 2. JEPKO or floor mat
- 3. JANINI or sleeping mat

THANK YOU TO EVERY-

ONE who helped make the 2015 Basketball Season a huge success. It took a lot of effort by so many different people, and everyone involved did a tremendous job. Thank you to Miguel Busquets for leading the "Learn To Play" clinic. Thanks to the Kwajalein Sports Association for providing officials for league play. All the officials did a great job helping to maintain the integrity of the league and make play safe and fun for everyone. A special thank you goes to Kenny Leines, Brandon Williams and Mark Yurovchak who served as lead officials. Their knowledge, expertise and willingness to educate was greatly appreciated.

Thanks goes to Zoe Spock, who painted the awesome coconut trophies for league winners (see page 6). Finally, basketball wouldn't have been complete without the assistance of all of our coaches and managers. Your interest, efforts and support was greatly appreciated.

The success of this year's season was all due to the efforts of everyone involved. So again, thank you so much! We could not have done it without you.

—Carlos Canales, Athletics and Facilities Coordinator



Hoopless, Unlimited, Alley Oops take basketball titles

ARTICLE AND PHOTOS BY JORDAN VINSON ASSOCIATE EDITOR

oopless defeated Fun-Da-Mentals in a dramatic last-second run to the basket March 13, clinching the 2015 Kwajalein A League Basketball Championship.

Second-seed Fun-Da-Mentals, clad in red jerseys, had gotten off to a strong start over their first seed opponents, achieving a 10-point lead nine minutes into the game. But a six-minute scoreless drought soon after gave Hoopless, clad in white jerseys, room to kill that margin and put the score to 17-18 with seven minutes left in the half. A crucial 3-pointer by Fun-Da-Mentals' #24 Ulualofaiga Tagoilelagi, who shortly after drew a foul on a layup and hit the free throw for three more points, gave the guys in red the momentum to hold off Hoopless to a 22-27 deficit by the time the half time buzzer sounded.

Four minutes into the second half, though, Fun-Da-Mentals had added no points to their lead, allowing Hoopless' Matt Gerber and Alex Coleman opportunities to sink several field goals to give the team its first lead of the game: 28-27. A free throw opportunity following a technical foul on a Fun-Da-Mentals player with just over 12 minutes left in the game produced only one point for Hoopless, who again fell into a funk, hitting zero field goals in three minutes. By the time the clock showed nine minutes left in the game, Fun-Da-Mentals' #23 Dave Gray had hit a long 3-pointer;



Hoopless team members celebrate their victory in the 2015 Kwajalein A League Basketball Championship March 13.

Tagoilelagi had sunk a tough reverse layup; and another teammate hit one of two free throws. The score was 30-36.

Hoopless, always persistent and aggressive in the paint, fought for and picked up several offensive rebounds in the final eight minutes, producing critical field goals and picking up fouls and free throw opportunities. With just over three minutes left, the guys in white had come to within one point: 37-38.

It was at about this time that the game, which up to this point was a fast-paced give-and-go race up and down the court, grinded down to a literal two-sided foul-and-free-throw fest, with referees blowing their whistles with every other breath. Those free throw chances for both teams largely turned up no added points, though, and with 55 seconds left on the clock the score was still 37-38.

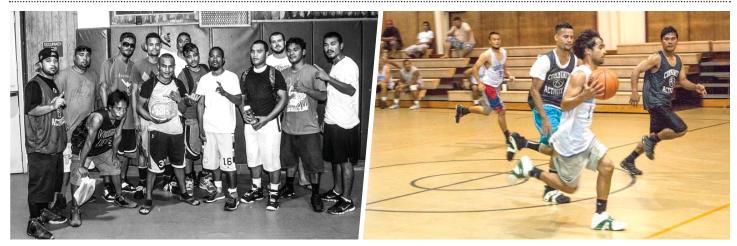
Minutes later—seconds later in terms of scoreboard time—Tagoilelagi hit the second of two free throws to put Fun-Da-Mentals up by two: 37-39. Their hopes were quickly dashed, though, when Hoopless hit a major 3-pointer with 28 seconds left, putting the team up by one and sending their fans into a frenzy. More foul opportunities for Hoopless gave the team another point at the 19-second mark, their widest lead of the game yet.

With nine seconds on the clock, the excitement in the gym was palpable. With Fun-Da-Mentals holding possession of the ball, a mid-court inbound pass was picked up by #22 Kenny Leines who, with just enough room between him and his defender, threw up a long, arcing shot behind the 3-point line. Half a second later, the ball dropped through the hoop, hitting nothing but net; the Fun-Da-Mental fans went wild.

The score was 41-42, and time out calls for strategy development were in order by both teams.

With four seconds left on the clock, Hoopless turned the tables once again, wowing the fans in the bleachers and leaving their opponents stunned. After a quick sprint down the court and another time out call, the team gave themselves a better position to launch their final attack with a half-court inbound pass. Moments later, a 20-yard toss from out of bounds at the mid-court position found Gerber, cruising toward the basket from the right flank. Entering an open pocket in the defense, Gerber caught the ball at his side with just over two seconds remaining, dribbled once, lunged toward the basket and threw up the ball off the backboard and into the hoop for the final field goal of the game.

While the final second drained off the clock, the score had been settled at 43-42.



LEFT: Unlimited team members pose for a photo with their coconut trophy after defeating first-seed Trouble Makers March 13. RIGHT: A Trouble Makers player dashes down the court March 13 at the CRC.

he Kwajalein B League Basketball Championship March 13 ended in an upset with third-ranked Unlimited taking out first-seed Trouble Makers 49-47. Both teams started out strong, hitting solid jump shots and layups in the paint early in the first half, but Trouble Makers began slipping away with a seven-point lead 13 minutes into the game.

Their margin didn't last long.

With five minutes remaining in the half, one of Unlimited's players scored eight back-to-back points himself, none of which were answered by a single Trouble Makers field goal. Stuck at 17 points, Trouble Makers watched this same player hit a couple of free throws, nail a layup and hit a beautiful 3-point shot to not only tie the game, but give Unlimited a one-point advantage going into halftime.

Coming out of the halftime huddle, Trouble Makers got the wind back in their sails, fighting for offensive rebounds, nailing a 3-pointer and pulling ahead again.

Unlimited, who wouldn't lay down, fought on. #21 hit one 3-pointer and then another only a couple of minutes later. With 10 minutes left in the game, the score was 31-29, with Unlimited in the lead.

A couple of offensive rebounds later, Unlimited began taking off with a lead of more than 10 points with seven minutes left in the game. Two minutes later, after several missed field goals and squandered offensive rebounds by Trouble Makers, the deficit had reached 43-31.

A three-minute Unlimited scoreless series gave Trouble Makers a break in the storm. After a couple of tough field goals—one layup under the basket and three successful free throws from the line-Trouble makers narrowed their opponents' lead to seven points with just over two minutes left.

The score was 43-36.

Another free throw and a huge 3-pointer soon after inched Trouble Makers closer to Unlimited with a score of 45-40 as the clock showed 50 seconds left in the game.

tough jump shot in the paint, drawing the foul and then following it with a solid free throw. With 20 seconds showing on the clock, several more fouls were called, some of which produced points at the foul line and set the score at 48-44.

With 14 seconds left, a hail marry pass down the court by a Trouble Makers player landed in the hands of an Unlimited player, who drew a foul and earned one of two free throws, setting the score at 49-44.

By this point, the game was practically decided, but not in the eyes of Trouble Makers #10 who, with only a couple of seconds left, hit a crazy 3-pointer from downtown to give his team 47 points to the Unlimited crew's 49.

In the end it was close, but not enough. Another exciting finish to another close final, this game was the major upset of the 2015 league championships.

lley Oops took out Space Jam in the Kwajalein Youth League Basketball Championship March 6. Second-ranked Space Jam's chances looked dark early on as number one-ranked Alley Oops threw

See CHAMPS, page 12



Unlimited #21, a machine who Space Jam's Ethan Dean fends off Alley Oops' Wyatt Jones and Caleigh Yurovchak during would not quit, answered with a the 2015 Kwajalein Youth League Championship March 6 at the CRC.

Kosrae's Leluh ruins 300 years older than previously thought

ARTICLE BY JORDAN VINSON ASSOCIATE EDITOR

group of international researchers revealed last week that the ancient pyramidal tombs of Leluh, a small satellite island hugging the eastern fringe of Kosrae, were built 700 years ago during the 14th century—nearly 300 years earlier than scientists had earlier estimated.

Using precise uranium-thorium dating techniques on samples of coral used in the construction of the tombs, the researchers determined that Inol-1, the oldest of the three Leluh sites tested by the team's study, was built in the year 1310; Lurun and Bat, two other sites, were built in 1322 and 1387, respectively, the team reported.

In a paper published March 13 in the scientific journal "Science Advances," the team—composed of scientists from academic institutions in Australia, China, Taiwan and America—asserted that the earlier time-frame will dramatically reorient anthropologists' understanding of the peak of the ancient capital city's progress as a civilization and the role it might have played in ancient trans-oceanic politics.

"The new dates redefine the peak occupation of Leluh and place its ruling [class] at the leading edge of the developing trans-oceanic political hierarchies, as well as the social and economic systems that dominated the civilizations in this part of the world," the group reported.

The development points to the very likely assertion that the small civilization—which reached a population of about 1,500 kings, chiefs and commoners at one point—had come of age centuries before previously thought and had, consequently, maintained its success for considerably longer than initially thought.

Originally excavated in 1910, the tombs' original dates of construction had been difficult for anthropologists to determine for some time. Unlike the lion's share of prehistoric monumental tombs uncovered throughout the world by scientists, the Leluh tombs—called "saru" by locals—were never designed for permanent burials. Rather, they were built according to specific Kosraean cultural practices to temporarily house the deceased for a period of time long enough for his subjects to mourn his loss and present offerings for him in the afterlife.

"Historical accounts suggest that the corpse of a Kosraean king, anointed with coconut oil and bound in mats and colored cordage, would have been interred in the saru for up to three months," the researchers reported. "A house was erected over the saru, and all the chiefs mourned and presented offerings to the deceased. After this time, the royal bones were exhumed, cleaned, re-bound and secondarily buried in a deep



Researchers analyze coral samples in the structure of Leluh tomb Inol-1. Findings from the international group have revealed the tombs to be centuries older than previously thought.

hole on the nearby reef."

A lack of human remains (or the remains of any living organisms for that matter) left to analyze with the tools of modern science generally meant no precise method of determining the age of the tombs. Estimations by scientists then, based on the tombs' location and construction style, placed the sites' construction in the 17th century.

It wasn't until later that researchers realized they had heaps of "biotic remains" they could analyze to arrive at an accurate construction period for the tombs: all of the corals used to build the tombs' structure.

Unlike virtually all other prehistoric monumental tombs in the world, including those on Nan Madol—Leluh's ancient twin capital located off Pohnpei—the "saru" of Leluh were not built from "abiotic materials" like soil, stone and clay, the researchers determined. Rather, they were built from coral colonies—a small portion of the estimated 12,000 individual coral colonies used to build the entirety of Leluh's ancient infrastructure, including seawalls, canals, paths, terraces, walled compounds and so on.

Because the tombs were made from coral, science can deliver accurate dates of construction, the group reported. And those revised dates have had huge implications.

"For the monumental site of Leluh, the coral dates have redefined the timing of its peak occupation and elevated the position of its ruling kings in the struggle with Nan Madol for control over the trans-oceanic political hierarchies, as well as the social and economic systems that dominated the civilizations in this part of the world," the report reads.

The extensive reliance on corals as construction materials for both infrastructural projects and sacred burial sites is likely to have depleted the local reefs of

See LELUH, page 12



Photos at top of page from Jordan Vinson; photo at bottom of page from Robert Linstead

Religious Services

Catholic

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Stations of the Cross: 6 p.m. March 27 in the small chapel. A simple supper of bread and soup will be offered afterward.

Blessed Sacrament Holy Week Schedule:

- 7 p.m., April 2: Holy Thursday, Mass of the Lord's Last Supper
- 7 p.m., April 3: Good Friday, Veneration of the Cross
- •7 p.m., April 4: Holy Saturday, Easter Vigil Service
- 9:15 a.m., April 5, Easter Sunday Mass

Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
 - 6:30 p.m., Friday, Roi Chapel

Lent and Easter Services Schedule:

- 11 a.m., March 22: IMC Handbell Choir
- 8 and 11 a.m., March 29: Palm Sunday with Princess Gooden "Mary Did You Know?"
- 5:30 p.m., April 3: Good Friday Service
- 6:30 a.m., April 5, Emon Beach: Easter Sunrise Service and Baptisms
- 11 a.m., April 5, Emon Beach: Easter Service

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

Veggie Saute

Oriental Chicken

HELP WANTED

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

COMMUNITY BANK is hiring a teller, part time, 20 hours per week. Apply at http://careers.dodcommunitybank.com.

FOUND

TABLET COMPUTER in black case, with charger and wireless mouse. Left at Zamperini Dining Facility Wednesday morning. Call 53425 to provide detailed description of item before claiming.

PATIO SALE

MONDAY, 9 a.m.-2 p.m., quarters 419-B. Coat rack, charcoal grill, bathroom shelf, clothing, video games, race track, lots of miscellaneous.

FOR SALE

DASH JUICER, used once, \$25; American Girl dolls (Caroline, Kit and My American Girl), \$75 each; Kindle Fire HD, 7.9" model with case, \$125; XBox 360 game console, one controller, Kinect sensor and 500GB external hard drive, \$200; XBox 360 Rocksmith Guitar Bundle including game, guitar (Epiphone Les Paul), picks, and cable, \$100; XBox games: The Walking Dead Survival Instinct, \$10, Disney Infinity (plus three characters and portal), \$10, Kinect Animals, \$5, Lego Batman The Video Game, \$10, Skylander Swap Force (plus lots of Skylander characters and two portals of power), \$20. See at quarters 222-B or call 52597.

KINDLE FIRE HD, 8.9 inch, 32 GB with wifi plus 4G, only 3 months old, will factory reset, comes with two chargers, international power adaptors, and blue leather case, \$300 for all. Call 52525.

WANTED

SERVICE FROM SOMEONE who is able to resolder a broken wire on a set of expensive head-phones. Will pay for service. Please call Jordan at 52428.

COMMUNITY NOTICES

SIDEWALK SALE FOR BQ residents is 4-7 p.m., today, in the grassy area behind the ARC. BQ residents: get rid of your spring cleaning stuff! Buy, sell or trade! Tables are reserved for BQ residents only, but the event is open to all island shoppers.

LOOSEN UP THOSE PIPES and join us for a night of Karaoke fun at 7:30 p.m., Sunday, at the Vet's Hall. Questions? Contact Jan Abrams or Mike

Woundy.

KWAJALEIN RUNNING CLUB'S 2015 "Running of the Green" will be at 5 p.m., Monday, starting at Lagoon Road near the Bowling Alley. No preregistration is necessary and the general public is welcome. Just show up by 4:50 p.m. to sign in. This is a St. Patrick's Day themed grassy course of 2.5 miles. Questions? Call Bob and Jane at 51815.

THE NEXT ISLAND ORIENTATION will be from 12:30-4:30 p.m., Wednesday, at CRC Room 6. It is required for all new island residents including dependents. Children over age 10 are welcome, but not required to attend. Please arrive early to sign in. Questions, call 51134.

KWAJALEIN ATOLL INTERNATIONAL Sportfishing Club meeting will be Wednesday at the Pacific Club. Food and beverages will be served at 6:30 p.m., meeting will start at 7 p.m. All anglers welcome to attend! Questions? Contact Andy at 52878.

COFFEE BREAK WITH A Book is from 9 a.m.-5 p.m., Friday, at Grace Sherwood Library. Join us for a complimentary cup of coffee or tea and peruse our book collection. Take a break out of your day to enjoy a cup and a book!

QUIZZO IS AT 7:30 p.m., Friday, at the Vet's Hall. Special guest host Natalie Bagley has "dug up" some "environmentally friendly" questions to puzzle us with! Questions? Contact Neil Dye or Mike Woundy.

PROPERTY MANAGEMENT'S Equipment Custodian Training class is from 9-11 a.m., March 28, in the Religious Education Building. This training is required for all new Property Custodians and available for supervisors/managers. Other personnel may attend, if space permits. Training will cover general aspects of government property management, usage of forms and responsibilities of property custodians. To register, call the KRS Property Management office, POC: La'Mesha Rhodes at 53412.

KWAJALEIN YACHT CLUB will have a monthly meeting on March 28, at the Yacht Club. Happy Hour is at 5:30 p.m., meeting is at 6:30 p.m. and dinner is at 7 p.m. Entree will be provided, so bring a side dish to share. Questions? Contact Tim Cullen at yeoman@kwajyachtclub.com.

BIRTHDAY BASH is at 8 p.m., March 28, at the Ocean View Club. Join us in celebrating March birthdays! Present valid ID to bartender. Must be 21 years of age or older. Questions? Call 53331.

NOW IS THE TIME to turn in registration forms to enter the Chili Cook-Off during this year's Spring Break Music Fest March 29. For registration forms, visit the bulletin board downtown or call Tim Roberge at 52790. All competitors must follow the KRS Food Safety Guidelines and complete a food safety course with the KRS Food Safety Inspector. An alternative: Entrants may complete an online course at www.servsafe.com for \$15.

Szechuan Shrimp Stir-fry

Captain Louis S. Zamperini Dining Facility Lunch Sunday Monday Tuesday Wednesday Thursday March 28 Friday Kwaj Fried Chicken Baked Meatloaf Pork Loin/Herb Sauce Honey Mustard Chicken BBQ Spareribs Mini Taco Bar Meat Lasagna Sweet/Sour Pork Chicken Chow Fun Wings of Fire Stuffed Cabbage Turkey ala King Country Smoked Chicken Veggie Lasagna Herb Baked Chicken Eggs Benedict Quiche Lorraine Veggie Stir-fry Brown Rice Pilaf Potatoes Romanoff Fish Du Jour Dinner March 28 Monday Tuesday Wednesday Thursday Friday Sunday Spaghetti Grilled Chicken Breast Carved Flank Steak Mongolian BBQ Salisbury Steak BLT's Cajun Roast Beef Teriyaki Pork Chops Garlic Bread Beef/Broccoli Stir-fry Picante Chicken Baked Manicotti Chicken Fried Chicken Turkey Cordon Bleu

Vegetarian Pasta

Garlic Chicken

Veggie Stir-fry

Three-Cheese Macaroni

Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Spiritual Resilience,	1. Kwajalein For Christ,	1. Cross Fit,		1. Cross Fit, 5:15 a.m.,	1. Stations of the	1. Cross Fit,
see page 10. All	Middle Schoolers,	5:15 a.m., Adult Pool.		Ivey Gym.	Cross, 6 p.m., Small	5:15 a.m., Ivey Gym.
welcome.	3:30 p.m., Youth				Chapel.	
1	Center.	2. Pick-up Tennis,		2. Interval Training,		2. Pick-up Tennis,
2. Smoking Cessation		5:30 p.m., Tennis		5:15 p.m., Emon Beach.		5:30 p.m., Tennis
Classes, open	2. Ultimate Frisbee,	Courts.				Courts.
enrollment, call 55362.	5 p.m., field across			3. Pick-up Tennis,		
1	from Adult Pool.			5:30 p.m., Tennis		
1				Courts.		
1	3. KRC "Running of the					
1	Green," 4:50 p.m. sign			4. AA Program, 7 p.m.,		
	in, Lagoon Road at			REB Library.		
1	Bowling Alley.					
	4 Diele un Casasa					
1	4. Pick-up Soccer,			1		
	6 p.m., Brandon Field.			1		

FAMILY BOWLING LEAGUE registration is open Tuesday through April 4. League plays from 3-5 p.m., Mondays, April 12–June 7. Cost is \$100 per family. Families will bowl three players each week. Each player will bowl one game. Register at the Community Activities office quickly, limited number of team slots available. Register as a family, play as a family, score as a family! For questions, contact Mandie at 51275.

WALK THE ROCK registration is open now through April 4. Walk the Rock is a physical activity challenge with a goal of 10,000 steps a day. Register a team or a whole department! Challenge dates are April 7–May 18. Prizes will be awarded for most overall steps during the six weeks to teams and individuals. Register for the challenge and receive a pedometer and log book to help you track your steps. Be on your way to 10,000 steps a day! For questions and registration, contact Mandie at 51275.

2015 SPRING BOWLING LEAGUE registration is open March 24–April 4. League play is every Friday night, April 10–June 5. Warm-ups start at 5:30 p.m., league bowling begins at 6 p.m. Cost is \$70 with shoe rental or \$60 without. Sign up teams of four bowlers. Register at the Community Activities office. Limited number of team slots available, so register early! Adults only, please. For questions, contact Mandie at 51275.

EASTER EGG HUNT is at 4 p.m., April 5, at the Rich Theater. Open to kids through 6th grade. Easter Bunny Photo Op following the hunt. Parents, bring your own cameras. Questions? Call 53331.

EMPLOYEE ASSISTANCE PROGRAM classes for April: Weight Management Group meets April 2; Bariatric Support Class meets April 7; and Smoking Cessation classes are ongoing. Classes take place from 4:45-5:30 p.m., in the hospital conference room. Call EAP at 55362 with questions.

AMERICAN RED CROSS LIFEGUARD Class reg-

istration is open now through April 9. Session dates are April 10–May 4. Pre-requisite swim on April 10. Classes on Saturdays and Mondays. Participants must be at least 15 years old. Cost: \$150 and includes book, pocket mask and certification fees. Fee due after pre-requisite swim. For questions and registration, contact Mandie at 51275.

KWAJALEIN ART GUILD Spring Arts and Crafts Fair will be 10 a.m.-2 p.m., April 13, at the MP Room. Artists, crafters and vendors: sign up for your table. Email kwajartguild@gmail.com for table assignments.

ANNUAL KWAJ PHOTOGRAPHY Exhibit will be 10 a.m.-2 p.m., April 13, at the MP Room, in conjunction with the KAG Spring Craft Fair. Kwajalein Atoll residents display their photographic talents! Community members (you!) vote for the best photos for the 2016 Kwajalein Calendar. Photos must be from Kwajalein Atoll and be submitted no later than April 10. Contact Linn Ezell for instruction packet and entry form at 51990.

FCE BENEFITS OFFICE hours will temporarily change Tuesday through April 25. Hours will be 7:30-11:30 a.m. and 12:30-3:30 p.m., Tuesday through Saturday. Regular office hours will resume April 28. Questions? Call Wendy Peacock at 51071.

AETNA INTERNATIONAL is now offering two ways of submitting prescription claims for Aetna members residing on Kwajalein and Roi. An explanation of these benefits has been mailed to all members on Kwajalein and Roi. Members can also view this information on the KRS/HR/Benefits/Aetna Share-Point or contact the FCE Benefits office at 51071.

CALLING ALL MIDDLE SCHOOLERS (and their parents)! Island Memorial Chapel's Middle School Ministry, Kwajalein For Christ (KFC), meets from 3:30-4 p.m., Mondays, at the Youth Center. **Please note corrected time** Contact Alex Coleman at 53921, Wes and Cher Kirk at 51618, or Kathryn Merrymon at 52401 with any questions.



BOWLING

GAME RESULTS

FRIDAY, MARCH 6

"Closest to Average" night for all players
Sloppy Knuckles 2 pins (7/0)
Ball Busters 3 pins (6/1)
El Dorado 4 pins (5/2)
Poker Face 8 pins (4/3)
The Pinheads 20 pins (3/4)

FRIDAY, MARCH 13 "9 Pin No-TAP" night for all players

 Ball Busters
 2730 pins (7/0)

 The Pinheads
 2667 pins (6/1)

 Poker Face
 2577 pins (5/2)

 El Dorado
 2521 pins (4/3)

 Sloppy Knuckles
 2377 pins (3/4)

TEAM STANDINGS

Poker Face Sloppy Knuckles El Dorado	32-10 24-18 23-18
Ball Busters	23-19
The Pinheads	21-24

Café Roi Lunch Sunday Monday Tuesday Wednesday Thursday Friday March 28 Super Bird Sandwich Pork Chops London Broil Hot Dog/Sauerkraut Italian Burger Pizza Philly Cheesesteak Sand. Chicken Piccata Sauteed Fish Chili Bombay Chicken Cottage Pie Baked Ziti Roasted Pork Loin Frittata Egg Sandwich Meatloaf Stir-fry Veggies Onion Rings Cheesy Garlic Bread Mac and Cheese Dinner Sunday Monday Tuesday Wednesday Thursday Friday March 28 Fried Chicken Chicken Florentine Roasted Chicken Thai Beef/Veggies Top Sirloin Steak Fish and Chips Sausage and Peppers Beef Pot Pie Short Rib Jardiniere Chicken/Peanut Sauce Chicken Fajitas Swedish Meatballs Steak/Mush. Pasties Chicken Alfredo **Baked Potatoes** Mashed Potatoes Toad in a Hole Cheese Tortellini Fresh Bread Stuffing/Potatoes Tofu Stir-fry

CHAMPS, from page 7

13 points onto the board to Space Jam's meager two points.

After Alley Oops initial seven minutes of total domination, though, the team would go on to score only two more field goals for four points by the close of the first half. Space Jam used that opportunity to secure a couple of more field goals and bring the score to 17-8 by the half.

Scoreless for nearly the first two minutes, Alley Oops' lead dropped to four with a score of 19-15 after a couple of nice jump shots by Space Jam players.

But starting at the 15-minute mark on the board, both teams failed attempt after attempt on goal in the paint. Offensive rebounds and steals were hard fought, but no one could deliver with points.

It wasn't until nearly six minutes later that Space Jam's John Tippets ended the drought with a short jumper. The Score was 23-20, with Alley Oops in the lead.

With about five minutes left, Alley Oops' Wyatt Jones snagged a rebound from Ben Tavutavuwale and threw in the ball for two points. He hit another layup shortly after, setting the score at 28-20.

With just over a minute to go, Space Jam's Nathan Sakaio hit a great 3-point shot, pushing the score to

Despite their efforts, there was nothing else the team could do. Space Jam succumbed to Alley Oops, the victors of the 2015 Youth League Championship. The final score was 28-23.



Team Alley Oops strategizes during a time out.

Weather

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Courtesy of RIS Weather						
		Chance				
Day	Skies	of Rain	Winds			
Sunday	Partly Sunny	10%	ENE-ESE at 7-12 knots			
Monday	Partly Sunny	<10%	NE-ENE at 11-15 knots			
Tuesday	Mostly Cloudy	20%	NE-ENE at 17-22 knots			
Wednesday	Partly Sunny	10%	NE-E at 16-21 knots			
Thursday	Partly Sunny	<10%	NE-ENE at 11-15 knots			
Friday	Partly Sunny	10%	NE-ENE at 12-17 knots			
Yearly rainfall total: 24.67 inches Yearly rainfall deviation: +15.29 inches						

Call 54700 for updated forecasts or visit www.rts-wx.com.

LELUH, from page 8

living coral colonies, the researchers reported. While revealing the extent to which even a small, prehistoric civilization can negatively impact its surrounding environment, the quality and scope of the builds that went into 'saru' and other ruins on Leluh also reveal the cohesion of Leluh as an ordered civilization.

"To extract and translocate the amount of coral used to build the 'saru,' as well as the structures and walls throughout Leluh, would have required a highly structured social order that could organize and demand significant labor and logistical support from the population."

By all accounts, the tombs were used into the early 1800s, a long enough time for many Kosraen kings, paramount chiefs and other high-ranking individuals to be processed for burial in the "saru."

But encounters with European whalers, traders and pirates, the ravages of a devastating typhoon, and the encroaching spread of Christianity would eventually test the Leluh civilization's ability to maintain not only the tombs themselves, but also the religious, ceremonial rites that encouraged their creation and use in the first place.

While the population succumbed to a suite of newlyintroduced diseases carried to the island on the backs of ship-bound Europeans, the feudal and complexly hierarchical system and traditional cultural practices that upheld the people's long-stating traditions had been weakened by Christian customs over time. By 1830, the "saru" were no longer used, and the rest of the ancient city inevitably fell into disrepair.

The Leluh of today is a far cry from its height centuries prior. But a trip to the ancient city and its ceremonial tombs will give you a glimpse of how a special segment of the Kosraean people lived 700 years ago—at a time when Micronesia didn't exist in Western minds.

The study was authored by Zoe T. Richards of the Western Australian Museum; Chuan-Chou Shen and Chung-Che Wu of National Taiwan University; Jean-Paul A. Hobbs of Curtin University; Xiuyang Jiang of Fujian Normal University and National Taiwan University; and Felicia Beardsley of University of La Verne.

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	6:53 a.m. 7 p.m.	8:09 a.m. 8:46 p.m.	11:35 a.m1.1′ 11:50 p.m1.0′	
Monday	6:52 a.m. 7 p.m.	9:01 a.m. 9:44 p.m.	12:13 p.m0.8'	6:02 a.m. 4.8′ 6:18 p.m. 4.3′
Tuesday	6:52 a.m. 7 p.m.	9:55 a.m. 10:41 p.m.	12:23 a.m0.7' 12:52 p.m0.4'	
Wednesday	6:51 a.m. 7 p.m.	10:48 a.m. 11:36 p.m.	12:55 a.m0.2' 1:32 p.m. 0.1'	7:14 a.m. 4.1′ 7:29 p.m. 3.2′
Thursday	6:51 a.m. 7 p.m.	11:40 a.m.	1:27 a.m. 0.3' 2:19 p.m. 0.7'	7:53 a.m. 3.6′ 8:10 p.m. 2.6′
Friday	6:50 a.m. 7 p.m.	12:32 p.m. 12:29 a.m.	2:04 a.m. 0.8′ 3:30 p.m. 1.1′	8:44 a.m. 3.1′ 9:17 p.m. 2.1′
March 28	6:49 a.m. 6:59 p.m.	1:23 p.m. 1:20 a.m.	3:04 a.m. 1.3′ 6:03 p.m. 1.3′	10:21 a.m. 2.6'