

VOLUME 56 NUMBER 9

FEBRUARY 28, 2015

THE KWAJALEIN HOURGLASS

**18th Chairman of the
Joint Chiefs of Staff
Gen. Martin Dempsey
fields questions at a town
hall meeting Feb. 21 at
Island Memorial Chapel
at USAG-KA. For more,
see page 3.**

Photo by Sheila Gideon



Sponge spicules to blame for itchy feet in pools

HOURLASS REPORTS

After several residents complained to Community Activities about feeling itchy after swimming in both the Adult and Family Pools, an investigation was headed up by CA and Liquid Systems. On Feb. 19, samples were taken from the empty Family Pool. In addition to very small seashells and bivalves, numerous sponge spicules were discovered.

Sponge spicules are structural elements—skeletons—found in most sponges. Because sponges do not need light to survive but do require a constant flow of water and oxygen, it is likely that they live quite abundantly in the pool intake pipes. When the Family and Adult Pools underwent construction last year, these pipes went without water flow for months causing the sponges to die from lack of oxygen. Now that the water is turned back on, the skeletons of those sponges

are being swept into the pools, settling on the bottom.

Discomfort due to spicule contact should resolve without treatment in one-two days, and should not require medical attention. If necessary, the same type of topical applications and over the counter treatments used for skin itch or irritation would be expected to help with resolution of symptoms. Risk due to ingestion of spicules is not a concern unless someone drinks a significant volume of water from the pool directly.

Suggestions to prevent discomfort include wearing booties or reef shoes if you plan to be walking around in the pool. It is also suggested that you stay away from the water jets.

The spicule concentration in the pools is expected to resolve itself over time. Because the intake pipes are long, it will take some time for the spicules to flush out.

As a reminder, both pools are salt-water flow-through pools



Sponge spicules under a microscope. Spicules are to blame for itchiness in Kwajalein pools.

in which water is continuously pumped in through the intake pipe and out through the pools' drains and gutters. Both pools receive a small amount of chlorine daily for sanitation purposes. Many factors can affect the pool and water clarity such as weather, tides, algae blooms and even power outages. Pools are drained and cleaned once a week to help combat these factors. The pools are pressure washed once per week and the water used to clean is drained before the pool is refilled. Pool ropes are made from marine grade polypropylene material.

WHAT BOATERS, DIVERS NEED TO REMEMBER WHEN THEY FIND OBJECTS IN OCEAN WATERS

HOURLASS REPORTS

While boating, snorkeling or diving, remember the three Rs if you encounter an object that may be unexploded ordnance (UXO) or other unknown hazard:

RECOGNIZE – Remember from your Island Orientation and EOD literature and recognize potential UXO or unknown potentially hazardous objects. If you are unsure, treat as a possible threat.

RETREAT – In order to best protect people, let qualified personnel handle the removal of the object.



See UXO, page 12

Don't ever touch or bring back an unknown object found in the water.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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GEN. MARTIN DEMPSEY SPEAKS TO USAG-KA RESIDENTS AT TOWN HALL MEETING FEB. 21

ARTICLE BY SHEILA GIDEON
MANAGING EDITOR

U.S. Army Garrison-Kwajalein Atoll Command hosted a town hall meeting Feb. 21 in honor of the 18th Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey's visit. The town hall was held at the open air Island Memorial Chapel and was attended by USAG-KA residents, the U.S. Ambassador to the Republic of the Marshall Islands Thomas Armbruster and RMI Liaison to USAG-KA Lanny Kabua.

USAG-KA Commander Col. Nestor Sadler introduced Dempsey to the audience. "It is my distinct honor and privilege to introduce the 18th Chairman of the Joint Chiefs of Staff, General Martin Dempsey, along with his wife Deanie Dempsey. Any time a small place like Kwajalein gets the honor to host such big-time guests like the Dempseys, it is truly special," Sadler said.

The chairman of the Joint Chiefs of Staff is the nation's highest-ranking military officer and serves as the principle military advisor to the President, the U.S. Secretary of Defense, the National Security Council and the Homeland Security Council. The chairman is nominated by the President for appointment and must be confirmed via majority vote by the Senate. Dempsey, a New Jersey native, is a 1974 graduate of West Point Military Academy and has more than 40 years of military service.

"We're here for one reason and one reason only," Dempsey said, "and that is to tell you thanks for being out here." Dempsey said that in his 40 years of military service, he and Deanie have had the privilege of working in some austere locations, including a few that were tough to pronounce, something which Kwajalein residents could relate to. In his service overseas, they met incredible friends while contributing to important missions.

"You know what you do, and some of us know what



USAG-KA Commander Col. Nestor Sadler, left, presents a USAG-KA/RTS framed photo to Gen. Martin Dempsey and wife Deanie.

you do, but now I know better what you do. But, I just want to thank you for doing it," he said to the roughly 200 Soldiers, civilians and contractors in attendance. "Coming here now to have a chance to interact with you really is something we've looked forward to. I didn't know what to expect when we showed up here today, but I can tell you that you'll have a friend in the 18th chairman ... for the time remaining to us on active duty."

Deanie took a few minutes to thank the workforce for what they do. "We're thrilled that we could get a chance to come see all of you and tell you in person how much we appreciate what you do."

Dempsey opened the town hall for questions. Topics included the U.S. rebalance to the Pacific, personnel management and benefits for civilian workers, the national defense budget and the ISIL threat.

Dempsey departed following the town hall, continuing his trip to Australia where he is meeting with Australian government officials as part of the focus on the U.S. rebalance to the Pacific region.



KRS President Cynthia Rivera asks Gen. Martin Dempsey a question at the town hall held Feb. 21 at Island Memorial Chapel.



Photo by Jordan Vinson

USAG-KA Command and distinguished guests listen as Gen. Martin Dempsey addresses the USAG-KA community at a town hall Feb. 21.

Variety Show raises money for good cause, entertains

ARTICLE AND PHOTOS BY SHEILA GIDEON
MANAGING EDITOR

The Keystone Club hosted a Variety Show Sunday as a fundraiser for longtime Kwajalein resident Callie Chavana, who is currently hospitalized in Honolulu. The show featured singers, dancers, comedians and an array of musicians. While the event was a thoughtful gesture organized in part to help fund the Chavana family's medical costs, the show also provided an evening of entertainment for Kwajalein families and friends.

Some performers were recognized from their participation in other island shows such as the recent Kaleidoscope of Music. Although some had seen and heard Christine Abragan and Danielle Rivera before, their performances Sunday were just as exciting.

One newcomer to the stage included piano player and singer Amber Tippetts. MC Auguston Lelet said, "I don't know much about her, but I do know she plays piano gracefully and sings beautifully."

Daisy Wiltrout was also a new performer. She sang her first song in public, "One Day."

One of the most memorable and fun performances of the night was the Acapella Mash-up by Lelet brothers Angelo, Auguston and Logan with friend Dash Alfred. Singing in harmonies sans backup music, their performance included snippets of recognizable songs such as "All About That Bass," "For the Longest Time" and "Life is a Highway." Sixth-grader Logan wowed the crowd with his mega-low final note in "Ring of Fire."

Group performances were aplenty, including an interesting musical number by the senior girls entitled, "Kwajalein's Got Talent." Yes, the three judges scored them a perfect 10, but it was obvious the system was rigged: The girls had just learned to play their instruments only a few days prior. Good for a laugh, bad for the ears.

Another fun song was a throwback to days at Kwajalein Elementary. Seven girls took the stage with their rainbow-colored posterboards and sang the "Color Song." It was a Kwaj Kid favorite, and many in the audience sang along. There was also a verbal spelling quiz for the audience at the end of the song.

Junior High students Mackenzie Gowans, Christina Jones and Audrey Whatcott performed their original number, "Stand Proud." The girls wrote both the lyrics and music that emulated a positive message about self-confidence.

The finale was a group number that showcased a dance-off between a group of four boys and four girls. At a certain point, their wardrobes were mixed up and they came on stage dressed in the opposite gender's clothing. The performance was comical, and their dance skills impressed.

Some of the crowd favorites of the annual Variety Show are the AFN commercial skits. This year, the Keystone Club acted out memorable favorites: timing your VA benefits, family advocacy, honesty: pass it on, and sharing posts on social media.

Keystone Club is associated with Boys and Girls



From left, Christina Jones, Mackenzie Gowans and Audrey Whatcott perform their original song, "Stand Proud."



Christine Abragan acts in a skit mimicking the popular AFN commercial about posting on social media.



Senior girls play instruments in the "Kwajalein's Got Talent" skit at the Variety Show hosted by the Keystone Club Sunday at the MP Room.

Clubs of America and is Kwajalein's main leadership focused club outside of school. Youth from grades 9-12 plan, execute and evaluate various community focused events each year. This year's group has 28 active members who are required to attend monthly lunch meetings at the Teen Center.

Fishermen reel in prizes at Wahoo-Mahi tourney

ARTICLE BY TRUDY BUTLER
KAISC VICE PRESIDENT

Kwajalein anglers spent the morning and afternoon hours of Feb. 16 trolling the beautiful ocean waters of Kwajalein in an attempt to round up the winning categories in the Kwajalein Atoll International Sportfishing Club's Wahoo-Mahi Round Up Fishing Derby.

A total of 13 teams participated in the tournament. In addition to entry fees the teams paid to get into the derby, KAISC also contributed \$1,000 toward the event, kicking the total prize monies purse up to \$2,300.

Team Ice Pirates, with captain Andy Carden and crew members Dan Simas, Karen Simas and Libor Zicha—pictured at top right—and team Going For Broke, with Captain Patrick Coleman, Curtis Wata-da, Daniel Barge and Bob Gray—pictured at middle right—split the prize monies for the wahoo category. Each team landed a wahoo weighing in at 15.5 pounds. Each team will be awarded \$550 for its winning catch.

With no winning mahi-mahi caught in the derby, team Fish On 1, with Captain Tony Janoski and crew Gary Bohning, Syed Ali, Jay Newsom and David Shimaoka, took the prize for bringing in the heaviest aggregate weight, 118.5 pounds of fish. The team will be awarded \$1,100 for its winning catch.

Team Nalu Sportsfishing, with Captain Jon Mitchell and crew Adam Vail, Don Muse and Greg Spock, will also be awarded \$100 for landing the smallest fish in the derby, a 3.4-pound cawa-cawa.

It was another fun and successful fishing event: the weather was perfect, and all teams brought in fish.

KAISC thanks everyone who participated in the derby.



TOP: Team Ice Pirates celebrates its winning catch at the KAISC Wahoo-Mahi Derby Feb. 16. **BOTTOM:** Team Going For Broke pauses for a photo after getting back to the Small Boat Marina. The team split the \$1,100 prize for the wahoo category with Team Ice Pirates.

Reminder on USAG-KA Recreational Water Safety Regulation 385-9, Paragraph 1-7 G and I;

g. Authorized Private Clubs will -

1. Ensure member compliance with club constitutions and bylaws, safety practices of nationally sanctioned agencies, applicable RMI laws and this regulation.
2. Report any serious accident, injury or incident involving their membership to the USAG-KA Command Safety Directorate within 24 hours of occurrence; followed by an investigation report within 10 working days.

i. Recreational water activity participants will -

1. Share in the responsibility for safety, accident prevention, and the protection of property and the environment by using this regulation and guidance listed in Appendix A.
2. Report unsafe recreational water activity to either KPD, private club officers, Kwajalein or Roi-Namur Small Boat Marina personnel, or a government/contractor safety representative.

In Memoriam: Kathleen Kay Campbell

HOURLASS REPORTS

Kathleen Kay Campbell, born June 10, 1946, passed away at her home in Portland, Oregon, on Feb. 7, 2015, after a brief illness which cut her life abruptly short.

Campbell was a well-known, long-time Kwajalein resident of 33 years, from 1975 until her departure in December 2008. She enjoyed a long and rewarding career and life at Kwaj that brought her dear to the heart of many of the islands residents, former residents and local islanders.

Campbell's life on Kwajalein was an accident of fate. While completing Air Force Reserve Military service to air-evacuate wounded soldiers from China Beach to the U.S. during the Vietnam War, Campbell's aircraft incurred an in-flight malfunction which proved fortuitous. The emergency landing required her aircraft to set down on Kwajalein. The forced stranding was a turning point in the young nurse's life.

Campbell subsequently relocated and became an essential mainstay of the small Kwajalein Hospital staff working in all areas: ER, clinic, pediatrics, obstetrics and in-patient care. She later trained at Tripler Army Hospital to become an operating room scrub and circulating nurse.

In her later years at Kwajalein Hospital, Campbell was tasked with creating an Occupational Health Department. It was for this role and her kind, caring interactions with each employee that Campbell is perhaps most recently remembered. In this



Kathy poses with one of the many Marshallese friends she made during her time at Kwajalein.



Photos courtesy of Bess Buchanan

Kathy Campbell, second from left, enjoys a boat ride with Kwajalein Hospital friends Kim Morris, Kris Brown and Bess Buchanan on her last trip to Kwajalein in October 2014.

she truly excelled, achieving national specialty nursing certification, working with supervisors, marine boat captains and assisting individual employees to meet and pass stringent physical exam requirements necessary to maintain their employment.

Despite sometimes working six days a week or more, Campbell found time to learn scuba diving, Hawaiian quilting and needlepoint. She became an admired gardener and the Yokwe Yuk Woman's Club Micronesian Handicraft Shop's long-time shell buyer. Some of Campbell's favorite activities involved diving on the numerous historical WWII shipwrecks, reef diving to collect tropical fish to stock her aquarium, and finding vacant sea shells for the numerous handicrafts she loved to create and give as gifts and sell at the local craft fairs. During her time at Kwajalein, Campbell sailed and traveled to many of the remote outer island atolls and became friends with the outer islanders during her travels. Campbell eventually became a lifelong friend and advocate to the Outer Island Sisters, supporting their work to educate the children of the outer islands. She and her friends regularly donated school supplies, sports equipment, tools and sent individually-crafted Christmas stockings brimming with wonderful gifts.

She was equally a friend and supporter of all animals and sea life and was well-known as a cat lover. In the 1990s when Bruno's Traveling Circus became stranded on Ebeye, it was Campbell who spearheaded a donation drive to purchase and import food for the elderly lion and hay for the bedraggled elephant. The latter of which was accidentally mistaken for a "giant rat" by some of the local native children who had never seen an elephant before and had no creature in mind to compare it to.

On Kwajalein, Campbell was well known for her kindness and truly exemplified a life of caring, which showed in all her interactions and unconditional friendships. She had a gift for making one and all feel included and cared about, regardless of his or her imperfections. She was humble, humorously self-deprecating and modest, yet quietly adventurous, mischievous. She will be remembered as a devoted loyal friend, a loving sister, aunt and as Great Aunt Kathy, or 'G.A.K.' Campbell never failed to put others first, and she was one of the most considerate and genuine of people. Her loss is deeply felt, and her memory will be cherished by all who knew her.

In short, Campbell was a true gem who will be greatly missed for a very, very long time.



INNER-TUBE WATER POLO

GAME RESULTS

FRIDAY, FEB. 20

Chargogg def. Floating Guns 43-14

SATURDAY, FEB. 21

Chargogg def. Spartans 46-38
Turbo Turtles def. Floating Guns 69-32

TEAM STANDINGS

Chargogg	7-0
Turbo Turtles	6-1
El Polo Loco	4-3
Floating Guns	2-5
Spartans	2-5
Zissou	0-7

TOP SCORERS

Bill Williamson (Turbo Turtles)	68
Shawn Carpenter (El Polo Loco)	47
Rich Erikson (Chargogg)	40
Brittney Nichols (Turbo Turtles)	38
Bruce Premo (Turbo Turtles)	36
James Young (Floating Guns)	36
Adam Vail (Chargogg)	30
Dash Alfred (Spartans)	29
Tyler Stepchew (Chargogg)	28
Tommy Ryon (Turbo Turtles)	27

NEXT WEEK'S SCHEDULE

Tuesday, March 3

6 p.m.: El Polo Loco vs. Chargogg
7 p.m.: Zissou vs. Floating Guns
8 p.m.: Turbo Turtles vs. Spartans

Saturday, March 7

6 p.m.: Playoff Game: #4 Seed vs. #5 Seed
7 p.m.: Playoff Game: #3 Seed vs. #6 Seed

ADULT & YOUTH BASKETBALL

A LEAGUE

WEDNESDAY, FEB. 18

Spartans def. Kwaj Kastaways 44-35
Hoopless def. Fun-Da-Mentals 36-32

FRIDAY, FEB. 20

USAG-KA def. Mon-Kubok 63-56
Fun-Da-Mentals def. Ebeye Warriors 58-48

B LEAGUE

THURSDAY, FEB. 19

Trouble Makers def. N.B. Church 61-53
Man o War def. Unlimited 53-47

YOUTH LEAGUE

WEDNESDAY, FEB. 18

Alley Oops! def. SWAG 32-15
Space Jam def. Tubare 42-30



TEAM STANDINGS

A League

Spartans	4-1
Hoopless	4-1
Fun-Da-Mentals	4-2
USAG-KA	3-3
Ebeye Warriors	2-3
Mon-Kubok	2-4
Kwaj Kastaways	1-5

B League

Trouble Makers	6-1
Unlimited	4-2
Man o War	4-2
Faith	1-5
N.B. Church	1-6

Youth League

Alley-Oops!	8-1
Space Jam	6-3
Tubare	4-5
SWAG	0-9

NEXT WEEK'S SCHEDULE

Tuesday, March 3

6:30 p.m.: B League Playoff Game 1
7:30 p.m.: A League Playoff Game 1

Wednesday, March 4

4:30 p.m.: Youth League Championship
6:30 p.m.: A League Playoff Game 2
7:30 p.m.: A League Playoff Game 3

Thursday, March 5

6:30 p.m.: B League Playoff Game 2
7:30 p.m.: B League Playoff Game 3

Friday, March 6

6:30 p.m.: A League Playoff Game 4
7:30 p.m.: A League Playoff Game 5

BOWLING

GAME RESULTS

FRIDAY, FEB. 20

El Dorado def. Ball Busters 7-0
Sloppy Knuckles def. The Pinheads 7-0

TEAM STANDINGS

Poker Face	16-5
El Dorado	14-7
Sloppy Knuckles	14-14
The Pinheads	7-14
Ball Busters	5-16

DISPATCH FROM ROI



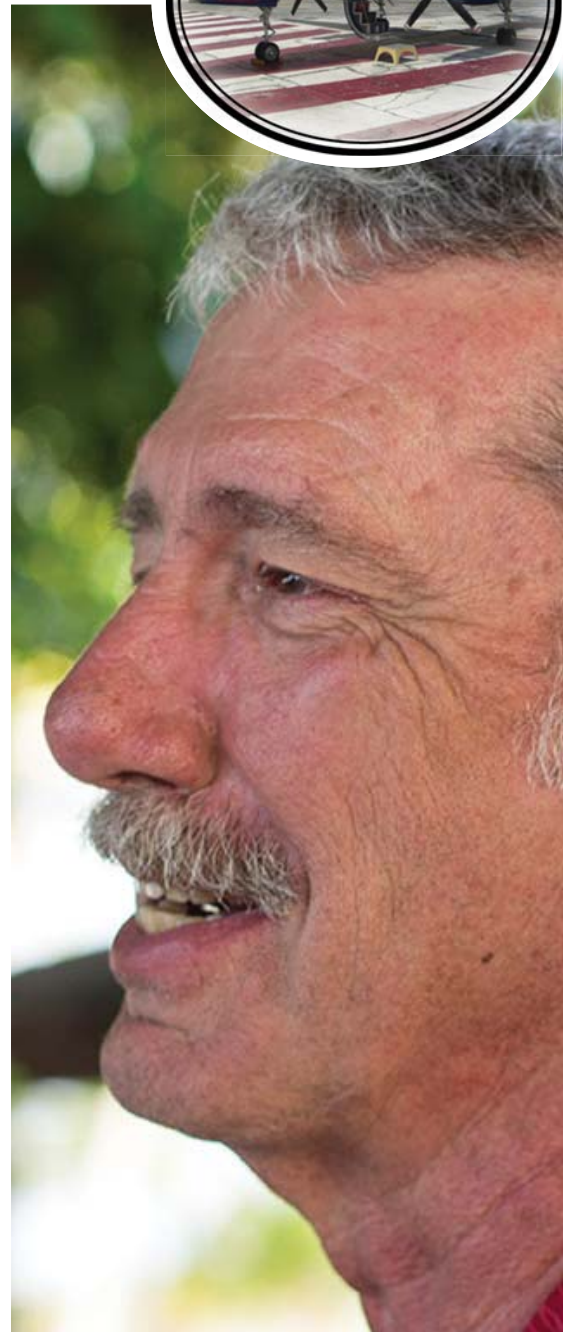
From Jordan Vinson



From Jordan Vinson



From Jordan Vinson



From Jordan Vinson



From Jerry Brumm

View from Kwaij



From Sheila Gideon



From Trudy Butler



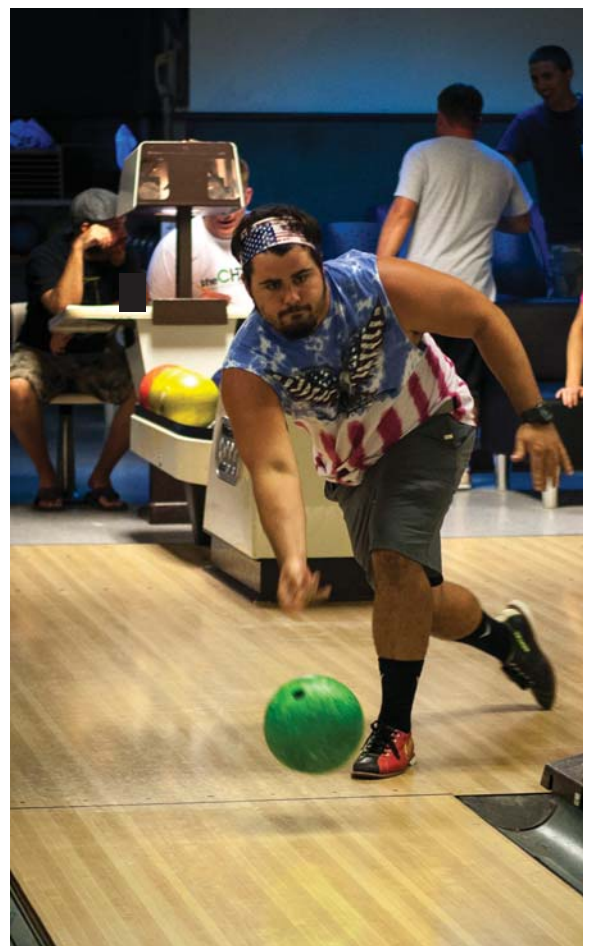
From Jordan Vinson



From Jordan Vinson



From Mike Pimenta



From Brandi Mueller

HELP WANTED

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

FOR SALE

PREMIER JUICER, premium model used one time, \$25; Xbox 360 game console, one controller, Kinect camera and 250GB external hard drive, \$225; never-used Xbox 360 Rocksmith Guitar bundle including game, guitar, picks and cable, \$100; Xbox 360 games: The Walking Dead Survival Instinct, \$10; Disney Infinity, \$10; Kinect Animals, \$5; Lego Batman The Video Game, \$10; Skylander Swap Force, \$20; Small fender practice guitar amplifier, \$25. Call 52597 or see at quarters 222-B.

HASS & CO./PORT TOWNSEND Sails mainsail, good condition, maxi-roach, 42-foot 6-inches luff, 14-foot 2-inches foot, full-battens, loose foot, three reefs, triple-stitched seams, includes all batten hardware and battens, \$500 or best offer. Call 53470.

1987 BENETEAU 432 "Kailuana," length 43 Beam 14 Draft 5'10, new 2010 Yanmar 4JH5E, 53hp diesel, three bedroom, two heads, full galley with 4-burner stove and large fridge, major refit Nov. 2009-April 2011, new electrical, three solar panels and wind gen-

erator, autopilot, new cabinetry, flooring, plumbing, upholstery and much more, \$55,000 or best offer. Email mnast@hotmail.com or call 54203.

1984 JASON LOA, 35-foot Beam, 11 feet 2 inches, new bottom paint, top side awl grip paint, cutlass bearing, all wood top side, renewed inner forward stay, running back port and starboard, sealed all lockers, raw water pump and stereo. Contact Ron Sylvester at svmoonchaser@yahoo.com or call 52625.

LOST

CANON POWERSHOT D30 digital camera with bright pink wrist lanyard. Lost Feb. 16 at or near the Small Boat Marina, possibly left on B-boat #76. Please call Kathy at 52809 or 53367.

COMBINATION BALL MARKER and divot tool, has RTS logo on the magnetic ball marker, lost on golf course Feb. 23. Please call 55653.

WANTED

LOVING HOME for two loving Kwaj rescue kittens. Stop by quarters 427-B to meet them.

COMMUNITY NOTICES

KWAJALEIN YACHT CLUB will be holding it's monthly meeting tonight at the Yacht Club. Happy Hour begins at 5:30 p.m., and the meeting begins at 6:30 p.m. Dinner follows at 7 p.m. An entree will be provided, but please bring a side dish. Questions? Email Tim at yeoman@kwajyachtclub.com.

ALL WOMEN ARE INVITED to join us for Christian Women's Fellowship at 12:30-2 p.m., Sunday, at the REB. Lunch will be provided. Questions? Call Jenn Anderson at 51955.

KWAJALEIN RUNNING CLUB'S 2015 Downwind Dash 1-mile run will take place at 5 p.m., Monday. Show up by 4:50 p.m. on Ocean Rd. adjacent to the Holmberg Fairways Clubhouse. No pre-registration is necessary; the general public is welcome. Questions? Call Ben and Linn at 51990.

EAP CLASSES already planned for the month of March are as follows: 4:45-5:30 p.m., Tuesday, Bariatric Support Class; 4:45-5:30 p.m., Thursday, Weight Management Class; Smoking Cessation classes are ongoing. All classes meet at the hospital conference room. Questions? Want to get involved? Call EAP at 55362.

READ ACROSS AMERICA and All Around Kwaj! Celebrate Dr. Seuss' birthday at 10 a.m. and 3:30 p.m., Wednesday, at Grace Sherwood Library. Enjoy special readings of Dr. Seuss, crafts and more! Questions? Call 53331.

WELLNESS WEDNESDAY, 5:30 p.m., Wednesday, at CRC Room 6. Join instructor Ben Allgood in a mind-body yoga exercise that combines stretching, controlled breathing, and relaxation. Focus on poses and breathing techniques to increase core strength and decrease stress. All participants must register; cost is free. Contact Mandie at 51275 for questions and registration. Space is limited, so register early.

BINGO AT THE VET'S HALL Thursday. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Windfall completion at 32 numbers, \$2,100 payout. Blackout

The regularly scheduled vessel that would deliver goods to USAG-KA next week has suffered damage and has altered normal shipments. This will not, however, affect food products available to the USAG-KA community. Vessels are still scheduled to arrive March 5, 12 and 19. There is plenty of stock in the warehouses and the normal amount of food to restock supplies will make it to island as scheduled, including dairy and fresh fruits and vegetables.

completion at 56 numbers \$1,700 payout. Packet price is \$20. There will be no shuttle service this week; no outside alcoholic beverages are permitted; and you must be 21 to enter and play.

MARCH OPEN RECREATION Events: Game Night is from 5:30-7 p.m., Friday, in the SAC Room; sign up by Thursday. Celebrate St. Patrick's Day from 5:30-7 p.m., March 13, in the SAC Room; sign up by March 12. Register at the CYSS Central Registration Office at 52158. Questions? Contact SueAnn Emmius at sueann.b.emmuis.ctr@mail.mil.

COME TO THE HOBBY SHOP at 5:30-8:30 p.m., March 10, to learn all the steps to pouring perfect molds! Call the Hobby Shop at 51700, or simply come by to sign up and pre-pay.

ST. PADDY'S PARTY at the Vet's Hall, March 14. It's time for the wearin' of the green for the St. Paddy's Party at the Vet's Hall. RADAR LOVE will be providing the sounds beginning around 9 p.m. Questions? Contact Mike Woundy or Jan Abrams.

NATIONAL HONOR SOCIETY'S annual event will be from 7-10 p.m., March 15, in the MP Room. This year's fundraiser will be themed around the 50's era with entertaining 50's music and TV shows playing throughout the evening. The menu consists of delicious food and beverages from milkshakes and root beer floats to pies and fries! Come out and enjoy a night in the 50's! Couch pods will be sold at 4 p.m., today and March 7, outside AAFES. 12 couch pods are available for purchase, each one costs \$100 and seats 8-10 people.

ATTENTION B-BOAT OPERATORS. An active GPS is required in the B-range. Boaters should observe the set B-boat limits at all times. Captains are responsible—failure to comply could result in a loss of marina privileges.

SKATE PART REMINDER. All patrons inside the park fence are required to wear the following Personal Protective Equipment: helmet, wrist guards, elbow pads,

Religious Services**Catholic**

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Stations of the Cross: 6 p.m. March 6, 13, 20, 27 in the small chapel. A simple supper of bread and soup will be offered afterward.

Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

Captain Louis S. Zamperini Dining Facility**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 7
Beef Tips in Burgundy	Garden Veggie Soup	Breaded Pork Chop	Teriyaki Chicken	Swiss Steak Jardiniere	Fish Du Jour	Chicken Picatta
Herb Roast Chicken	Cheese Turnovers	Local Boy Stew	Oriental Beef Noodles	Chicken Curry	Rice Pilaf	Shrimp Alfredo
Salmon Croquettes	Herb Roast Potatoes	Veggie Beans	Chinese Fried Rice	Parslied Carrots	Coconut Breaded Chick.	Ratatouille

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 7
Maple Pork Loin	Fried Chicken	Swedish Meatballs	Grilled Top Sirloin	Grilled Tuna Sand.	Sweet and Sour Pork	Mini Taco Bar
Szechuan Chicken	Oriental Beef Stir-fry	Thai Chicken Stir-fry	Baked Ravioli	BBQ Quicken	Chinese Spice Chicken	Beef Stew
Rice Pilaf	Mac and Cheese	Peas and Carrots	Herb Roast Chicken	Pork Pimiento	Savory Pasta Medley	Spanish Rice

Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Spiritual Resilience, see page 10. All welcome. 2. Christian Women's Fellowship, 12:30 p.m., REB. 3. Smoking Cessation Classes, open enrollment, call 55362.	1. KRC Downwind Dash, 4:50 p.m., Golf Course Clubhouse. 2. Ultimate Frisbee, 5 p.m., field across from Adult Pool. 3. Pick-up Soccer, 6 p.m., Brandon Field.	1. Cross Fit, 5:15 a.m., Adult Pool. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts. 3. Bariatric Support Class, 4:45 p.m., Hospital Conference Room. 4. Adult Swimming Lessons, 5 p.m., Adult Pool.	1. Read Across America & Dr. Seuss' Birthday, 10 a.m. and 3:30 p.m., Grace Sherwood Library. 2. Wellness Wednesday: Yoga, 5:30 p.m., CRC Room 6. Call 51275 to register. Space is limited.	1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Weight Management Support, 4:45 p.m., Hospital Conference Room. 3. Interval Training, 5:15 p.m., Emon Beach. 4. AA Program, 7 p.m., REB Library.		1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts.

THUMBS UP!



... to the Keystone Club for raising funds for Callie Chavana and her family at the Variety Show Sunday. The family was surprised and thankful for the thoughtful gesture. Thank you to all the Variety Show attendees who donated. The support and love this community has shown our family has been positively overwhelming. Thank you!



Please come and support our young artists at the 2015 Elementary Art Show!

5-7 p.m., March 13, at the Coconut Room.

Featuring artwork by kindergarten-sixth grade children.

This year's theme is Nature!

Students may dress up in fun costumes or clothes that reflect nature if they wish!

We hope to see you there!

knee pads and closed-toe shoes. Spectators are not permitted inside the park fence. Failure to follow posted skate park rules can result in closure of the park. Please do your part by wearing required PPE, following park rules and keeping the park safe an enjoyable for all.

SPACE FENCE CONSTRUCTION sites are inherently dangerous and off-limits to all residents not associated with the Space Fence program. Please respect the construction areas to keep the island safe.

THE CIPHER LOCK for the Adult Recreation Center has changed. To access the cipher lock code, please email Carlos Canales at carlos.d.canales.ctr@mail.

mil. Have your K-Badge, Military ID or TDY Badge number and personal email available for registration.

INTERESTED IN PLAYING racquetball? The facility is available on a cipher lock for your use! Call 51275 and register with the Recreation Office for the combination.

AVOID EATING FISH caught near the Coral Sands Beach and Facility 1060. The sand disturbance activity could increase the potential for Ciguatera poisoning. Questions? Call 51134.

ATTENTION RESIDENTS. USAG-KA requests your participation in filling out a survey related to the programs that Army Community Service can provide and

that you would like the garrison make available to you. Please access the survey by accessing the following link: <http://www.armymwr.com/ACS-survey/>.

E-TALK: Ciguatera is caused by eating certain reef fish contaminated with dinoflagellates toxins. Symptoms include nausea, pain, cardiac and neurological symptoms. The toxin is odorless and tasteless, and it is not destroyed by cooking.

SAFELY SPEAKING: Line of fire is a situation in which a worker places his or her body in the direct path of a serious hazard. More often than not, it's an individual's hands that are often in the line of fire—something we don't even think about.

Café Roi

Lunch

Sunday

Baked Ham
Chicken Breast
Eggs a la Lucio

Monday

Stir-fry Beef
Chinese Chicken
Egg and Cheese Sand.

Tuesday

Ham and Swiss Sandwich
Roast Turkey
Cheese Quiche

Wednesday

Chicken Turnover
Beef Stroganoff
Stir-fry Veggies

Thursday

Veggie Quesadillas
Roasted Pork Butt
Parsley Potatoes

Friday

Grilled Cheese
Country Meatloaf
Tofu

March 7

Chicken Fajita Wrap
Hamburger
Steak

Dinner

Sunday

Italian Meatballs
Fish Casino
Marinara Pasta

Monday

Kibi Beef Ribs
Adobo Chicken
Candied Yams

Tuesday

Beef Tamale
Chicken Enchilada Cass.
Spanish Rice

Wednesday

Carved Roast Beef
Chicken Pot Pie
Corn on the Cob

Thursday

Fried Chicken
Stuffed Peppers
Mashed Potatoes

Friday

Custom BLT
Tuna Melt
Italian Special Sandwich

March 7

Blacken Chicken
Fried Fish
Fried Okra

UXO, from page 2

Do not touch, move or disturb the object. Carefully leave the area.

REPORT – Take note of location (GPS coordinates if available), size (compare to common items like a football or scuba cylinder), and condition (metal, rusted, leaking).

• **Boating:** For UXO or potentially hazardous objects at or near the surface, radio the Small Boat Marina or Harbor Control. Provide the location where the suspect object was seen, including GPS coordinates. Provide whether it is on the surface or sub-surface. Keep descriptions brief (the radio is for communication) but provide a complete detail upon return-

ing, or if asked by responders. The Small Boat Marina or Harbor Control will provide information to qualified responders. The qualified responders will determine the course of action.

• **Diving:** It is known that many potential UXO or other unknown hazards exist underwater, especially near sunken vessels. Follow the three Rs. If you should observe any UXO or other unknown hazards that pose a risk to others, notify KPD at 54445 or EOD at 51433. The qualified responders will determine the course of action.

• **Snorkeling:** It is known

that many potential UXO or other unknown hazards exist underwater; occasionally these hazards wash ashore or roll in the surf zone. Follow the three Rs. If you should observe any UXO or other unknown hazards ashore, near shore or in the surf zone, notify KPD at 54445 or EOD at 51433. The qualified responders will determine the course of action.

Do not bring an unknown object back to the Small Boat Marina. If for some reason you end up with UXO or an unknown hazard on your boat, report it to the Marina ahead of time and proceed directly to the BSR ramp to dock.

IMCOM-P acting director visits Kwajalein Atoll

Gregory Kuhr, acting director for Installation Management Command Pacific, visited U.S. Army Garrison-Kwajalein Atoll Feb. 19-20. He met with active duty military members and federal civil service employees in a roundtable meeting, in which he addressed topics impacting the garrison, ranging from personnel manning issues, facilities and infrastructure, to morale and welfare programs. He visited many of the garrison facilities, both on Kwajalein and Roi-Namur, with an added stop at Ebeye where he toured the hospital, water treatment plant, public schools. He even stopped to chat with the U.S. Navy Seabees tutoring high school students on mathematics and English in preparation for the Armed Services Vocational and Battery exam.



Photo by Mike Sakaio

Left, Gregory Kuhr, acting director for IMCOM-Pacific, and Maj. Holly Grey, USAG-KA director of Host Nations Activities, talk with a U.S. Navy Seabee on Ebeye.

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	10%	ENE-ESE at 12-17 knots
Monday	Partly Sunny	<10%	NE-E at 12-17 knots
Tuesday	Partly Sunny	<10%	NE-ESE at 12-17 knots
Wednesday	Partly Sunny	<10%	NE-ESE at 13-18 knots
Thursday	Partly Sunny	<10%	NE-ESE at 14-19 knots
Friday	Partly Sunny	<10%	NE-ESE at 13-18 knots

Yearly rainfall total: 5.63 inches

Yearly rainfall deviation: -1.33 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	7:03 a.m. 7 p.m.	3:27 p.m. 3:25 a.m.	8 a.m. 0.9' 8:58 p.m. 0.4'	2:19 a.m. 2.4' 2:25 p.m. 3.3'
Monday	7:03 a.m. 7 p.m.	4:15 p.m. 4:11 a.m.	8:46 a.m. 0.5' 9:27 p.m. 0.1'	2:58 a.m. 2.8' 3:03 p.m. 3.7'
Tuesday	7:02 a.m. 7 p.m.	5:03 p.m. 4:56 a.m.	9:20 a.m. 0.2' 9:53 p.m. -0.2'	3:27 a.m. 3.2' 3:34 p.m. 4.0'
Wednesday	7:02 a.m. 7 p.m.	5:49 p.m. 5:39 a.m.	9:49 a.m. -0.2' 10:17 p.m. -0.5'	3:53 a.m. 3.6' 4:02 p.m. 4.3'
Thursday	7:01 a.m. 7 p.m.	6:34 p.m. 6:20 a.m.	10:17 a.m. -0.4' 10:41 p.m. -0.6'	4:19 a.m. 3.9' 4:28 p.m. 4.4'
Friday	7:01 a.m. 7 p.m.	7:19 p.m. 7:01 a.m.	10:45 a.m. -0.6' 11:05 p.m. -0.7'	4:44 a.m. 4.1' 4:54 p.m. 4.5'
March 7	7 a.m. 7 p.m.	8:04 p.m. 7:41 a.m.	11:12 a.m. -0.6' 11:29 p.m. -0.7'	5:10 p.m. 4.2' 5:20 p.m. 4.5'