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THE KWAJALEIN MIRRORGLASS



Operation Flintlock veteran Don Fida, who served as a scout with the Army's 7th Infantry during the U.S. invasion of Kwajalein Island, holds up a photo of 1st Sgt. Earl Watson, the non-commissioned officer who was killed by Fida's side by an enemy sniper. Fida has carried Watson's photo in his wallet for decades. For more, see page 4.

Photo by Jordan Vinson

Community addresses security, safety issues

HOURLASS REPORTS

Kwajalein residents gathered in the MP Room Jan. 29 for a special town hall focusing on safety and security. U.S. Army Garrison-Kwajalein Atoll Commander Col. Nestor Sadler hosted the meeting.

Sadler encouraged the community to take responsibility and play an active part in ensuring high standards in regards to safety and security on the installation, emphasizing two key points: prevention and reporting.

Residents' primary role in ensuring the security of the garrison is prevention. For instance, residents should lock their doors and secure their belongings, Sadler said. In every recent instance of unlawful entry on the installation, a door to a given residence had been unlocked.

The second responsibility for the residents, Sadler said, is to report incidents using official channels, such as the Provost Marshal's Office or to the Security and Access Control contractor. Residents may also report incidents to the Commander's hot line by calling 51098. It's important to remember that those who report incidents must ensure that the information they provide is accurate and as complete as possible: Second- and third-hand information can be detrimental to ongoing investigations. Social media, while a great tool for many things, should not be used as a mechanism for official reports.

Other matters discussed include the

need to register bicycles within two weeks of purchase. This is a requirement under USAG-KA Regulation 190-5. Unregistered bikes will be impounded, and proof of sale must be provided to claim the bikes from the Provost Marshal's Office; bike trailers, while not required, may be registered as well.

Joggers and walkers are reminded to keep safety in mind when strolling about the garrison. Those who enjoy exercising in the early morning hours or evening hours should consider wearing reflective gear for better visibility. And pedestrians should always travel facing oncoming traffic.

Residents were also reminded that the installation has curfew hours for youth: 10 p.m. Monday-Friday and midnight on weekends. Residents were also reminded that underage drinking is illegal and not allowed on the installation. Those suspected of supplying alcohol to youth should be reported via official channels, and residents are reminded to keep their alcohol secure.

Lastly, the issue of whether the CRC Gym could be accessed at any time to allow residents to play basketball was raised. Command and community leaders are looking into the issue.

At the end of the town hall session, Sadler recognized Maj. Matt Sova for his outstanding work and service to USAG-KA as the Director of Host Nation Activities. He was presented with the Meritorious Service Medal. Sova recently PCS'd with his family to Washington, D.C.

THUMBS UP!



... to Dan Farnham, event coordinator for the veterans' visit. Your tireless work in reaching out to eligible vets, planning their travels, coordinating events, assemblies and ceremonies on USAG-KA is outstanding. The community is indebted to you.

... to everyone else who helped make the Operation Flintlock veterans' visit as enjoyable for them as it was for the Kwaj and Roi communities: USAG-KA Commander Col. Nestor Sadler; fellow USAG-KA Command staff who participated in the funeral for Frank L. Pokrop; the Navy Seabees; the Cub Scouts and Boy Scouts; Kyle Miller and the Kwajalein Jr./Sr. High School Band; Principal Al Robinson; Jamye Loy; Angela Mitchell; Jeff O'Neal, John Mohr and Jordan Vinson; American Legion Post #44 Commander Mike Woundy and the Post #44 Rifle Squad members; Laura Pasquarella-Swain; Ryan Krogh; Shana Dooley, curator of the WWII artifact display on Kwaj; the 1940s Party volunteers and everyone who celebrated with the vets at the party; and anyone else we missed (we know we missed a few people, and we apologize). Thank you!

... to Dave Saunders for all the work you did in roasting up a delicious hog for the Fochtman wedding on Roi last weekend; thanks also go out to Jim Bell for helping out with sides. ... to the Space Fence crew for spending their day off cleaning up Coral Sands and BSR Beaches this weekend. They intend to adopt the beaches and keep them clean. Thank you Space Fence crew!

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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A ROI WEDDING!

ARTICLE AND PHOTOS BY JORDAN VINSON
ASSOCIATE EDITOR

Rare is it for a wedding to take place on Kwajalein, let alone Roi. But at the big pavilion hugging the runway near the lagoon Sunday, Craig Fochtman, a resident of Roi for seven months now, married his sweetheart, Kelly King.

On leave from her duties at Fallon Naval Air Station in western Nevada, King flew out to U.S. Army Garrison-Kwajalein Atoll to spend time with her fiancé on Roi-Namur, get a taste of the Marshall Islands and, of course, tie the knot.

A few dozen residents of the sleepy islet and friends from Kwaj—whom Roi folks endearingly regard as “city slickers” from “downtown,”—joined Fochtman and King in a small, casual ceremony performed by Carol Golby-Saunders in the late evening hours.

The two newlyweds originally met a few years ago a world away at a U.S. airbase in the Al Anbar province of Iraq. For Fochtman, when he set eyes on King it was love at first site.

“In 2009 Kelly and I were deployed to Al Asad Airbase in northern Iraq,” he said after the ceremony. “I was a civilian contractor, and she was career Navy. ... I pulled in to the camp that she was housed in, which was just a bunch of gravel and a truck, right in front of her room, and I woke her up. She was working nights and sleeping during the day. So she comes out and sat down on her doorstep. I said, ‘Whoa, who’s that?’ And I sat down next to her. And today we got married.”



Craig and Kelly Fochtman pause for a photo following their wedding Sunday. They were wedded at the big pavilion on Roi by Carol Golby-Saunders.

After the ceremony the guests sat down to a rare treat, a full-on hog roast prepared by Dave Saunders. Having cooked slowly for more than 24 hours in a dug-out pit with hot coals, the pork—wrapped in wet paper bags and heavy burlap to prevent burning—came out juicy and sweet. Accompanied by side dishes prepared by Café Roi Manager Jim Bell, the dinner was the perfect way to wrap up the wedding party.

Kelly departed Roi Wednesday, headed back to duty in Nevada, where Craig will move back at the end of his two-year stint on USAG-KA. There they plan to enjoy the finer things in life: good cigars, riding motorcycles—golf carts will have to do for Craig for now—and indie rock.



LEFT: Roi resident Dave Saunders unwraps a damp bundle of smoking-hot pork after the wedding ceremony. His knowledge of slow-roasting pork made the reception dinner a huge success. RIGHT: Wedding guests mingle at the big pavilion on Roi after dinner.

FOUR OPERATION FLINTLOCK VETERANS RETURN TO KWAJALEIN ATOLL 71 YEARS AFTER THE BOMBS FELL. THREE CAME TO TELL THEIR STORIES. ONE CAME TO BE PUT TO REST.

ARTICLE AND PHOTOS BY JORDAN VINSON
ASSOCIATE EDITOR

Stepping out of the United Airlines Terminal and onto 9th Street Jan. 29, Army veteran Don Fida and Navy vets Billie Armstrong and Glenn Toms made their second trek back to Kwajalein Atoll, 71 years after having gone to battle against the Imperial Japanese in Operation Flintlock. Along for the trip were the cremated remains of the late veteran Frank L. Pokrop, whose daughters made the long journey to put the Marine to rest on the island of Namur. He fought with the 4th Marines there and was nearly killed on the evening of Feb. 1, 1944.

See VETS, page 6





7th Infantry Army veteran Don Fida, left, Navy veteran Billie Armstrong, middle, Navy veteran Glenn Toms, right, and the daughters of the late Marine Frank L. Pokrop are greeted upon arrival at the United Airlines Terminal on Kwajalein Jan. 29.

VETS, from page 5



Operation Flintlock veterans Glenn Toms, left, Don Fida, middle, and Billie Armstrong—once strangers, but now friends—pause for a photo together during their Jan. 29-Monday stay on U.S. Army Garrison-Kwajalein Atoll. While Toms and Armstrong served in the Navy as petty officers, Fida was a scout with the Army's 7th Infantry and participated in the ground battle on Kwajalein. The trip to USAG-KA last week was the first time either of them had visited Kwajalein Atoll since WWII.

For everyone except Pokrop—who was fortunate to revisit the atoll years later during anniversary celebrations in 1985 and 1994—the beauty of the tropical installation clashed with the devastated landscape in which the sailors and infantryman found themselves the last time they were on the islands.

Where there are now rows of lush coconut palms and manicured vegetation, swimming pools, inviting beaches and shopping centers, there were once smoking craters blown out by tons of sea- and land-based artillery, obliterated concrete bunkers, blockhouses, pillboxes and mangled aircraft. Several hundred fallen U.S. Marines and Army infantrymen lay on the battlefield along with thousands of Japanese—killed either by American shelling or by suicide to prevent their capture.

It makes you stop and think how far this place has come—how the installation islands of today might look like alien landscapes to those Soldiers, Sailors, Marines and Airmen who saw these islands in no other light except as dangerous patches of land far away from home where one could easily get killed.

Take Fida's account, for example. A scout with the Army's 7th Infantry Division, he and the rest of the G Company in the 184th Infantry Regiment hit upon the beaches of Kwajalein's west end (near the present-day location of the Photo Lab) the morning of Feb. 1, 1944. The objective: advance east along the side of the island facing the lagoon and root out the Japanese resistance.

A ferocious pre-dawn bombardment from the sea, the air and positions taken on Enubuj (Carlson) and Ennylabegan (Carlos) had helped pave the way for the infantry's LVT landing parties: Up to two shells per second hit specific targets ahead of the amphibious landing craft, according to some accounts.

But the Japanese who did survive, their backs against the wall, still had plenty of fight left in them. Advancing slowly across the island near the lagoon, Fida, his commanding non-commissioned officer 1st Sgt. Earl Watson, and fellow infantrymen experienced the enemy's tenacity firsthand. They had become pinned down by Japanese fire and were stuck.

"1st Sergeant Earl Watson had wanted me to deliver a message to the Company Commander to have more artillery fire because we were pinned down," Fida wrote before his visit in an email to Kwaj resident Dan Farnham, the coordinator of the veterans' 2015 visit. "I crawled to the Company Commanders post and informed him of my message. I returned back to Earl where he and I were in a bomb crater, when a sniper from one of the palm trees fired one shot killing Earl instantly. His head laid back on my right shoulder. The sniper was still shooting so I rolled Earl's body over mine because I thought the sniper

was going to get me next. I crawled and took one of Earl's dog tags with me to the Company Commander and notified him that Earl was killed by a Japanese sniper. I felt so alone and scared I started to cry and called for my Mom as so many others did, I didn't know what to do!"

Marine Cpl. Frank L. Pokrop, who participated in the assault on Namur on the other side of the atoll at about the same time, was also lucky to have survived the battle. Part of a sniper scout party ordered to patrol the front lines near the northern tip of the island in the evening hours of Feb. 1, he and

I'M OVERWHELMED, AND I'M SO GLAD I GOT HERE AND HAVE BEEN TREATED SO WONDERFULLY. ... I JUST COULDN'T ASK TO BE ANY HAPPIER. I'M THINKING ABOUT BUILDING A CONDO HERE!

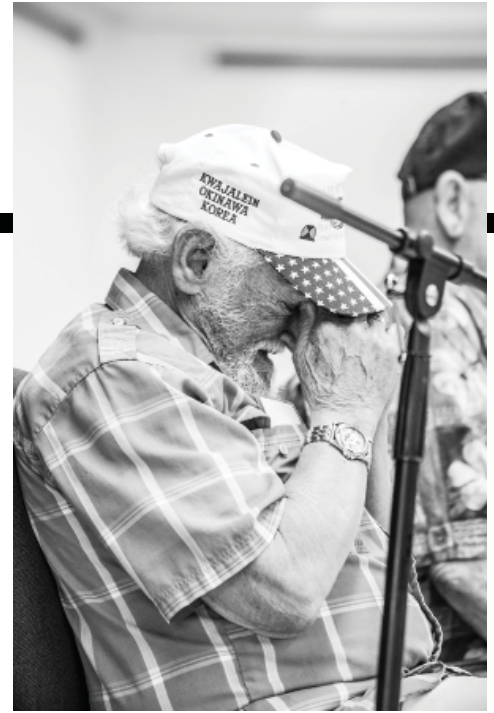
NAVY VETERAN BILLIE ARMSTRONG

five other Marines had mistakenly found themselves off course and behind Japanese lines.

Bursts of fire from enemy defenders hidden away in concealed positions quickly cut Pokrop

and the others down, killing one man instantly and wounding most of the rest, including Pokrop. Unable to run and surrounded on three sides by Japanese soldiers, he and his comrades were seconds away from death when Marine Lt. Col. A. James Dyess appeared out of nowhere, marshaling the wounded behind cover and fighting off the Japanese soldiers. Were it not for Dyess, Pokrop would have been a goner, said Paula Smith, one of Pokrop's daughters who brought his cremated

RIGHT: Paula Smith, one of the daughters of the late Marine Frank L. Pokrop, tells students at Kwajalein Schools a little about her father and his experiences fighting on Namur during Operation Flintlock. Pokrop's ashes were scattered at the north end of Namur during a military funeral Jan. 31. **FAR RIGHT:** An emotional Don Fida pauses to gather himself in the middle of his speech during the assembly Jan. 30.



remains to USAG-KA to be scattered on Namur, near the spot in which Dyess saved his life.

Today, for the current residents who call Kwajalein and Roi-Namur home, the battles of Operation Flintlock may be hard to relate to personally. Sure, when strolling around the islands one can see a crumbling blockhouse or pillbox here and there, maybe even unexploded ordnance buried at the lagoon floor while scuba diving. You can follow the WWII tours prepared by the ES&H Department and even check out real WWII artifacts uncovered and preserved by island archeologists in displays, such as the exhibit unveiled at the airport on Kwaj Monday. But for the most part, the reality of

war on the islands remains a distant story in the past, something we can sort of see but not truly experience.

A major benefit, then, of inviting Operation Flintlock veterans back to the atoll for the anniversary of the battle is to help bring the community closer to the events that unfolded back then, Farnham told the *Hourglass* after the veterans had returned home.

"The impact on [the veterans'] lives, to be able to come back, is immeasurable, and I see it in their eyes from the moment they step off the plane until the moment they get back

See VETS, page 8



Billie Armstrong addresses a sizeable crowd gathered at the Vet's Hall Jan. 30 for an informal "meet and greet" event with the veterans. Their notes in hand, each veteran told residents a bit about their contributions to Operation Flintlock and other operations in which they participated during WWII.

VETS, from page 7



USAG-KA Commander Col. Nestor Sadler salutes the veterans and Paula Smith, the daughter of Frank L. Pokrop, before scattering the late Marine's ashes near a cluster of coconut palms at the northern end of Namur Jan. 31. About 40 residents of Roi-Namur and Kwajalein friends attended the funeral. It was the perfect way to put her father to rest, Smith said.

on the plane to go home," Farnham said. "And the impact on the community members who get to interact with the veterans while they are here is huge as well, and that's also what makes it worth it."

By meeting with the veterans, shaking their hands and listening to their personal accounts, residents are better able to bridge the gap between the installation islands as they are today and the islands as they once were during battle.

The latest veterans visit, the second in as many years organized by Farnham, was a case in point. During a series of events planned specially for Fida, Armstrong, Toms and Pokrop's daughters, the veterans group was able to retrace their steps for the first time in 70 years. At several speaking events, each veteran talked interested residents through his particular role in the conflict, what he experienced and whom he saw die for his country.

But the benefits that the veterans themselves experience by making the trek back to the old battlefields is, of course, the main driver behind the Operation Flintlock anniversary commemorations, said Farnham.

"These guys went through hell in the war, and it was the most traumatic time of their lives," Farnham said. "A great

many of them have nightmares about it to this day. That's the other, and most important, reason for bringing the WWII veterans out here—to try and help bring them closure and healing after all these years."

Similar to how Pokrop revisited the atoll a couple of times after the war to help come to terms with the violent ravages of war, getting the veterans back onto the garrison to see how the islands are today can be therapeutic. Seeing with their own eyes the beauty of the garrison as it is today and the work that USAG-KA and the Reagan Test Site do toward ensuring the defense of the United States and its allies can be nothing short of the affirmation that the hell that the Soldiers, Sailors, Marines and Airmen went through on the atoll was worth it in the end.

"To think that when I first landed on this island—you can't imagine the fear that we all had—landing on the bay side and working our way up to the jungle," Fida told the crowd of people gathered at the terminal on Kwaj Monday for the new WWII artifact display reveal. "Of course, this was all jungle and bomb craters and bunkers. It's just unimaginable what I saw the first time I came here. And now I'm just so happy to see everything just so beautiful here. It's just so gorgeous. I



LEFT and MIDDLE: Billie Armstrong and Glenn Toms pause for photos after the funeral for Pokrop on Namur. The veterans and their families took the opportunity to tour several of the intact Japanese blockhouses, pillboxes, bunkers and anti-aircraft guns remaining on Roi-Namur from Operation Flintlock. RIGHT: The Rev. Kevin Wilson addresses the crowd at the funeral with an opening prayer. USAG-KA Command personnel, background, participated in the funeral service along with American Legion Post #44 volunteers.

A brand-new WWII artifact display in the terminal building at Bucholz Army Airfield on Kwajalein boasts rare remnants of the battles of Operation Flintlock. A ceremony for the display's unveiling took place Monday, shortly before the veterans' departure from Kwaj. The display includes dog tags, an M1 helmet, canteens, ammunition cartridges, a mess kit and more.



hope that next year when I reach 92 I can come back!"

The closure and healing that veterans and their loved ones can experience by returning to Kwajalein Atoll could not have been any more palpable during the military funeral on Namur for Pokrop. Taking place at the northern end of the island near a path running between the edge of the island's jungle and the beach, the solemn ceremony was the perfect way to put the Marine to rest, his daughter said.

It was both a beautiful and rare event, Farnham said.

"This was the first occasion where a WWII veteran who fought out here in battle had asked to have his ashes spread on the island on which they fought in Operation Flintlock," Farnham said. For everyone who made it to the funeral, it was likely to be a moment they'll never forget.

But for Pokrop's daughters, the chance to grant their father his final wish—a final resting place on Namur—was the ultimate closure the late Marine sought during his remaining years.

After a full five days of talking with residents at assemblies, touring WWII sights, partying at the Vet's Hall, honoring Operation Flintlocks' fallen troops and experiencing personal healing, it was time for the veterans to head back home Monday. Following the unveiling of a new WWII arti-

fact display at the terminal building, Armstrong reminded the community again how fortunate he felt to be able to revisit Roi-Namur and Kwajalein again after so much time.

"I'm overwhelmed, and I'm so glad I got here and have been treated so wonderfully," Armstrong said. "Like many, I didn't think I'd come back. I never thought about coming back, if you want to be honest about it. But I'm glad I did. It's been such a warm welcome. I just couldn't ask to be any happier. I'm thinking about building a condo here!"

Toms echoed that sentiment.

"I really enjoyed everything you all have done for us," he said. "And it was a pleasure to meet all of you."

USAG-KA Commander Col. Nestor Sadler reminded Toms, Armstrong and Fida, however, that they were the ones to be thanked. It was their contributions in WWII that paved the way for the success of the garrison and test site today.

"You guys are representing all those that served here 71 years ago," Sadler said Monday. "And I know that all of them, regardless of where they're at, are looking down on you, and I know they're smiling, knowing that you guys are still carrying on. ... You've passed on the baton to the service members that are currently serving, and they are indebted to you and your service. Future generations will do the same."



LEFT: Toms, Armstrong and Fida inspect the artifacts prepared by KRS Archeologist Shana Dooley for the WWII display on Kwajalein. **RIGHT:** Fida and Armstrong share one of many laughs they had together during their stay on the garrison.

HELP WANTED

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

LOST

IPOD BOSE SOUND Dock left at Emon Beach, has stickers on it. Contact Molly at 52379 or molly@premo.org.

PATIO SALE

MONDAY, 7:30 a.m.-1 p.m., quarters 417-A, back patio.

FOR SALE

USED SAILRITE Yachtsman sewing machine, \$300 or best offer. Call Dale at 53470.

BUG ZAPPER, new, \$20; basketball net and

hoop, new, \$20. Call 52642.

10x10 POP UP, new still in the box, \$50; 30-inch range hood with charcoal filter, \$35. Leave a message at 51806.

COMMUNITY NOTICES

KARAOKE IS BACK! 7:30 p.m., Sunday, at the Vet's Hall, and will continue every other Sunday night. Loosen up those pipes and join us for a night of fun. Questions? Contact Jan Abrams or Mike Woundy.

KWAJALEIN RUNNING Club's Monthly Fun Run #7 for the 2014-2015 season will take place at 5:30 p.m., Monday. The public and visitors are welcome. Distance options for Monday are 1/2 mile, two miles and five miles. Just show up near the Bowling Alley entrance by 5:25 p.m. and sign in. Questions? Call Bob and Jane at 51815 or Linn and Ben at 51990.

COME JOIN INSTRUCTOR Karen Brady for a "splashtastic" cardio workout using the natural resistance of water at 5:30 p.m., Wednesday, at the Adult Pool. Bring a towel and enjoy an aquatic workout you won't forget. All participants must register, but the cost is free. Contact Mandie at 51275 for questions and registration. Space is limited, so register early. Participants must be at least 18 years of age.

THE NEXT SMOKING cessation group meeting will occur at 4:30-5:30 p.m., Thursday, at the hospital conference room. Questions? Call EAP at 55362.

OPTOMETRIST Dr. Chris Yamamoto will be on Kwajalein and see patients Friday-Feb. 25. Call the Hospital for an eye examination appointment at 52223 or 52224. Contact ES&H at 58855 for prescription safety glasses.

PLEASE JOIN US at the Vet's Hall at 7:30 p.m., Friday, for the return of Quizzo! Your host will be Neil Dye. Questions? Contact Mike Woundy or Neil Dye.

VALENTINE'S PROM will be at 7 p.m., Feb. 14, at the Country Club. Did you go to Prom in high school? Loved it? Hated it? Now's the chance to recreate the fun with your sweetie and friends this Valentine's Day! Special performance by RADAR LOVE. Drink specials, games, and live music! Come join us! Questions, call 53331.

OPEN RECREATION EVENTS. A Valentine's Day gathering will take place at 5:30-7 p.m., Feb. 14, in the SAC room; Sign up by Friday. A cookie baking event will take place 5:30-7 p.m., Feb. 21, at the CDC House; sign up by Feb. 20. Register at the CYSS Central Registration Office by calling 52158. Questions? Contact Sueann Emmius at sueann.b.emmius.ctr@mail.mil.

MARDI GRAS CELEBRATION will be at 7 p.m.,

Feb. 16, at the Ocean View Club. Come celebrate Fat Tuesday on a Monday, complete with beads, feather masks, a featured drink special and New Orleans music! Must be 21 years of age or older.

KWAJALEIN ATOLL International Sportfishing Club is sponsoring the "Wahoo-Mahi Round Up" Fishing Derby, Feb. 16. Derby rules and entry forms are available at the Small Boat Marina. For more information call Trudy at 55987.

SALLE KWAJALEIN FENCING tournament, 12:30-4 p.m., Feb. 16, at the CRC Room 1. No charge. The public is invited to watch this event—the first sanctioned fencing tournament in the Marshall Islands. Questions? Email SalleKwajalein@gmail.com.

ISLAND MEMORIAL CHAPEL'S Blessed Sacrament Ash Wednesday service is scheduled for 7 p.m., Feb. 18, at the chapel.

KWAJALEIN HOSPITAL is sponsoring a Heart Health Fair, 3-6 p.m., Feb. 20, under a red tent in front of the food court. Staff will perform blood pressure screening, as well as life saving demonstrations. There will be a sign up form available for those interested in taking CPR training. Questions? Call 52223 or 52224.

ULTIMATE FRISBEE group play has begun Monday nights. If you've played before then you know how much fun and what a great, healthy workout it is. If you haven't, it's a combination of soccer, no-contact football and maybe basketball played with a Frisbee. We play at 5 p.m., Monday evenings, at the fields across from the Adult Pool. For questions or more information please email Ben-Gleich@hotmail.com.

BINGO IS STILL BEING offered at the Vet's Hall. The next Bingo event is the last week of February. Please check the AFN Roller for updates.

STORYTIME VOLUNTEERS Wanted at 10 a.m., Wednesdays, at the Grace Sherwood Library. We are looking for volunteers to read during Storytime at the library—we'll provide the book (or you can choose a book!) and craft. Questions? Call 53439.

PLEASE BE ADVISED, all catering requests are now subject to Command approval. When planning a special event, please complete your catering request early to allow time for this process. Questions? Contact Dave Nobis.

E-TALK: Help keep Kwaj clean and sign up for the "Adopt-an-Area" program through Community Activities. Questions? Call 53331.

SAFELY SPEAKING: Use three points of contact when entering or exiting a vehicle or mounting or dismounting a piece of equipment. Make sure both feet are on the ground and your weight is on them before you let go with your hands. Look for obstacles in the ground before exiting. Rocks and uneven ground can twist ankles and break bones!

Religious Services**Catholic**

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.
- Ash Wednesday Service, 7 p.m., Feb. 18, Island Memorial Chapel

Stations of the Cross: 6 p.m. Feb. 20, 27, March 6, 13, 20, 27 in the small chapel. A simple supper of bread and soup will be offered afterward.

Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

Captain Louis S. Zamperini Dining Facility**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Feb. 14
Oven Fried Chicken	Roasted Beef	Beef Stroganoff	Maple Pork Loin	BBQ Short Ribs	Chicken Chimichangas	Spaghetti
Eggs Benedict	Baked Tuna Casserole	Breaded Chicken	Chicken Lo Mein	Grilled Chicken Breast	Pot Roast	Cheese Tortellini
Sauteed Beef Tips	Quiche	Veggie Stir-fry	Vegetable Medley	Au Gratin Potatoes	Fish Du Jour	Italian Meatballs

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Feb. 14
BBQ Pork Loin	Vegetarian Quesadillas	Kwaj Fried Chicken	Carved Flank Steak	Roast Turkey	Hamburger Bonanza	Chicken Fried Steak
Oriental Chicken Stir-fry	Beef Curry	Hawaiian Chop Steak	Chicken Cordon Bleu	Stuffing/Mash Potatoes	Chicken Breast	General Tso's Chicken
Mixed Vegetables	Buffalo Chicken	Potatoes O'Brien	Noodles Romanoff	Beef Stew	Rice Pilaf	Vegetable Saute

Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

Sunday 1. Spiritual Resilience, see page 10. All welcome. 2. Smoking Cessation Classes, open enrollment, call 55362.	Monday 1. Ultimate Frisbee, 5 p.m., field across from Adult Pool. 2. Pick-up Soccer, 6 p.m., Brandon Field.	Tuesday 1. Cross Fit, 5:15 a.m., Adult Pool. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts.	Wednesday 1. Wellness Wednesday: Water Aerobics, 5:30 p.m., Adult Pool. Sign up by calling 51275. Limited space available. Cost is free.	Thursday 1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Smoking Cessation Meeting, 4:45 p.m., Hospital Conference Room. 3. Interval Training, 5:15 p.m., Emon Beach. 4. AA Program, 7 p.m., REB Library.	Friday	Saturday 1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts.
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CAMP HAMILTON CONSTRUCTION

Beginning Feb. 18, the Camp Hamilton construction project will begin.

Access to the pavilion and beach will be limited, and patrons are advised to avoid any construction areas and barricades.

PERSONAL ITEMS LOCATED IN STORAGE HUTS MUST BE MOVED BY FEB. 18.

Conex storage will be available in the grassy area located across the dirt road from the facility. All items must be marked with the owner's name and phone number.

KAYAKS AND OTHER VESSELS LOCATED AROUND THE FACILITY MUST ALSO BE MOVED BY FEB. 18.

Kayaks and vessels may be stored in the grassy area located across the dirt road from the facility.

ANY ITEMS NOT TAGGED AND MOVED BY FEB. 18 WILL BE MARKED FOR DISPOSITION.

Questions? Contact Mandie at 51275

Café Roi						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Feb. 14
Breaded Pork Chops	London Broil	Hot Dog/Sauerkraut	Italian Burger	Cuban Sandwich	Pizza	Philly Cheesesteak Sand.
Chicken Piccata	Sauteed Trout	Chili	Bombay Chicken	Chicken Fricassee	Baked Ziti	Roasted Pork Loin
Frittata	Egg Sandwich	Meatloaf	Stir-fry Vegetables	Onion Rings	Cheesy Garlic Bread	Mac and Cheese
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Feb. 14
Chicken Parmesan	Roasted Chicken	Thai Beef/Veggies	Top Sirloin	Roi Fried Chicken	Omelets to Order	Sausage and Peppers
Beef Ragu	Short Ribs	Chicken/Peanut Sauce	Chicken Fajitas	Swedish Meatballs	French Toast/Bacon	Chicken Alfredo
Pasta/Garlic Bread	Stuffing	Tofu Stir-fry	Baked Potatoes	Mashed Potatoes	Baked Chicken	Cheese Tortellini

KWAJ SPORTS



GAME RESULTS

TUESDAY, JAN. 27

El Polo Loco def. Spartans	65-11
Chargogg def. Floating Guns	51-12
Turbo Turtles def. Zissou	59-20

SATURDAY, JAN. 31

El Polo Loco def. Zissou	48-21
Chargogg def. Spartans	39-31
Turbo Turtles def. Floating Guns	55-24

TUESDAY, FEB. 3

Floating Guns def. Spartans	34-27
Turbo Turtles def. El Polo Loco	59-19
Chargogg def. Zissou	Forfeit

TEAM STANDINGS

Chargogg	3-0	Floating Guns	1-2
Turbo Turtles	3-0	Zissou	0-3
El Polo Loco	2-1	Spartans	0-3

TOP SCORERS

Shawn Carpenter (El Polo Loco)	37
Bill Williamson (Turbo Turtles)	29
Bruce Premo (Turbo Turtles)	24

NEXT WEEK'S SCHEDULE

Tuesday, Feb. 10

6 p.m.: Floating Guns vs. Zissou
7 p.m.: Chargogg vs. El Polo Loco
8 p.m.: Spartans vs. Turbo Turtles

Wednesday, Feb. 11

8 p.m.: Spartans vs. El Polo Loco

Friday, Feb. 13

8 p.m.: Zissou vs. Turbo Turtles

A LEAGUE

WEDNESDAY, JAN. 28

Hoopless def. Kwaj Kastaways	33-24
Spartans def. Mon-Kubok	53-50

FRIDAY, JAN. 30

Fun-Da-Mentals def. Mon-Kubok	55-49
Kwaj Kastaways def. USAG-KA	36-33

B LEAGUE

TUESDAY, JAN. 27

Unlimited def. N.B. Church	57-47
Trouble Makers def. Faith	54-44

THURSDAY, JAN. 29

Unlimited def. Man o War	44-39
Trouble Makers def. N.B. Church	53-43

YOUTH LEAGUE

WEDNESDAY, JAN. 28

Alley-Oops! def. SWAG	42-28
Tubare def. Space Jam	33-30

FRIDAY, JAN. 30

Tubare def. SWAG	33-19
Alley-Oops! def. Space Jam	41-30

TEAM STANDINGS

A LEAGUE

Fun-Da-Mentals	2-0	Ebeye Warriors	1-0
Mon-Kubok	1-2	Spartans	1-1
USAG-KA	1-2	Hoopless	1-1
		Kwaj Kastaways	0-2

B LEAGUE

Faith	1-0	Alley Oops!	4-0
Trouble Makers	1-0	Tubare	3-1
N.B. Church	0-1	Space Jam	1-3
Man o War	0-1	SWAG	0-4
Unlimited	0-0		

YOUTH LEAGUE

Alley Oops!	4-0
Tubare	3-1
Space Jam	1-3
SWAG	0-4

GAME RESULTS

FRIDAY, JAN. 30

Poker Face def. Ball Busters	7-0
El Dorado def. Sloppy Knuckles	7-0

TEAM STANDINGS

Poker Face	7-0
El Dorado	7-0
Ball Busters	0-7
Sloppy Knuckles	0-7
The Pinheads	0-0

BOWLING

NEXT WEEK'S SCHEDULE BASKETBALL

Tuesday, Feb. 10

6:30 p.m.: Man o War vs. Trouble Makers
7:30 p.m.: Faith vs. N.B. Church

Wednesday, Feb. 11

4:30 p.m.: Alley-Oops! vs. Space Jam
5:30 p.m.: Tubare vs. SWAG
6:30 p.m.: Kwaj Kastaways vs. Fun-Da-Mentals
7:30 p.m.: Hoopless vs. Ebeye Warriors

Thursday, Feb. 12

6:30 p.m.: Trouble Makers vs. Faith
7:30 p.m.: N.B. Church vs. Unlimited

Friday, Feb. 13

4:30 p.m.: Alley-Oops! vs. Tubare
5:30 p.m.: Space Jam vs. SWAG
6:30 p.m.: USAG-KA vs. Spartans
7:30 p.m.: Mon-Kubok vs. Ebeye Warriors

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	10%	NE-E at 12-17 knots
Monday	Partly Sunny	<10%	NE-E at 14-19 knots
Tuesday	Mostly Sunny	<10%	NE-ENE at 16-21 knots
Wednesday	Mostly Sunny	<10%	NE-ENE at 15-20 knots
Thursday	Partly Sunny	<10%	NE-ENE at 14-19 knots
Friday	Partly Sunny	<10%	NE-ENE at 13-18 knots

Yearly total: 2.71 inches
Yearly deviation: -1.77 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	7:09 a.m. 6:57 p.m.	10:06 p.m. 9:41 a.m.	12:23 a.m. -0.5' 12:25 p.m. -0.2'	6:27 a.m. 3.8' 6:34 p.m. 4.1'
Monday	7:09 a.m. 6:57 p.m.	10:51 p.m. 10:21 a.m.	12:48 a.m. -0.3' 12:55 p.m. 0.1'	6:55 a.m. 3.7' 7:01 p.m. 3.8'
Tuesday	7:09 a.m. 6:58 p.m.	11:38 p.m. 11:03 a.m.	1:14 a.m. 0.0' 1:27 p.m. 0.4'	7:25 a.m. 3.5' 7:30 p.m. 3.4'
Wednesday	7:09 a.m. 6:58 p.m.	----- 11:46 a.m.	1:45 a.m. 0.3' 2:09 p.m. 0.7'	8:03 a.m. 3.3' 8:08 p.m. 2.9'
Thursday	7:09 a.m. 6:58 p.m.	12:27 a.m. 12:32 p.m.	2:24 a.m. 0.6' 3:14 p.m. 1.1'	8:56 a.m. 3.0' 9:07 p.m. 2.5'
Friday	7:08 a.m. 6:58 p.m.	1:18 a.m. 1:21 p.m.	3:27 a.m. 0.9' 5:20 p.m. 1.2'	10:27 a.m. 2.8' 11:14 p.m. 2.2'
Feb. 14	7:08 a.m. 6:59 p.m.	2:11 a.m. 2:13 p.m.	5:25 a.m. 1.1' 7:22 p.m. 0.9'	12:29 p.m. 3.0' -----