

VOLUME 56 NUMBER 3

JANUARY 17, 2015

# THE KWAJALEIN HOURGLASS



**Ebeye Mayor Johnny Lemari  
thanks members of Navy  
Seabees Construction Civic  
Action Detail-Marshall Islands  
for their work on the island at a  
ribbon cutting ceremony Jan. 9.  
For more, see page 3.**

*Photo by Jordan Vinson*



# ASVAB Testing Information

There will be an Armed Services Vocational Aptitude Battery (ASVAB) test that will be given on Kwajalein and Ebeye on the following dates, times and places.

Questions, please contact the Host Nation Office at 805-355-2103 or 805-355-5325.

Location	Time	Date	Place	Type Test
Ebeye	8 a.m.	Jan. 26	Ebeye Public School	ASVAB for high school students
Ebeye	8 a.m.	Jan. 27	Ebeye Public School	ASVAB for high school students
Kwajalein	8 a.m.	Jan. 28	CRC Room 1	ASVAB for high school students
Kwajalein	1 p.m.	Jan. 28	CRC Room 1	Enlistment Test for Kwajalein adult resident and C-badge workers
Ebeye	8 a.m.	Jan. 29	Ebeye Public School	ASVAB for high school students/ Enlistment Test for adults

## Ask & Answer



Feedback from the ongoing KRS survey regarding service experiences

**Why is ground turkey no longer available at Surfway? I also requested a variety of tea flavors that I've never seen on the shelves.**

DeCA, Surfway's supplier, will no longer ship ground turkey due to short shelf life. Turkey patties are available as a substitution. Regarding other fruit flavored teas, they are currently unavailable from the supplier.

**The cleaning of the Adult Pool falls short of what it should be. Why is there a yellow "ring around the tub" left on the top of the pool?**

The Adult Pool is a salt water flow-through pool. It is drained and cleaned weekly. Staff use bleach, pressure washers and scrub brushes to clean. However, they are limited to the amounts of chemicals used and methods of cleaning so as not to damage the reef or pool, itself. Many factors can affect the pool conditions including the tides, weather and patron use.

### Holiday Hours of Operation

Kwajalein	Tuesday, Jan. 20
Emon Beach	Buddy System
All other beaches	Buddy system
CRC	Closed
Bowling Center	Closed
Golf Course	Sunrise to sunset
Country Club	Closed
Hobby Shop	Closed
Grace Sherwood Library	Closed
Family Pool	Closed
Small Boat Marina	7:30 a.m.-6 p.m.
Surfway	1-7 p.m. Closed Sunday
Laundry	Closed
Surfside Salon	Regular Hours Closed Monday
Sunrise Bakery	Closed
Ocean View Club	4:30-11 p.m.
Post Office	Regular Hours Closed Monday
AAFES Express	Regular Hours
AAFES Pxtra	Regular Hours
Food Court	Regular Hours
American Eatery	Regular Hours
Community Bank	Closed
Roi-Namur	
AAFES Express	Regular Hours
Small Boat Marina	8 a.m.-6 p.m.
Third Island Store	Closed
Outrigger Snack Bar	Regular Hours
Outrigger Bar	Regular Hours

### THUMBS UP!



... to Chelsea Engelhard who saved a young boy from being pulled out into the lagoon by the tide while he was on a raft Monday afternoon. You are a hero and what a lifeguard should be!

... to the nice lady who purchased snacks for the young boys at the Shoppette Jan. 10.

... to the Zamperini Dining Facility. In my opinion, the food is excellent and has three great qualities: there's plenty to eat; I can eat when I want; and I don't have to do the dishes! Great job Dave Nobis and cafeteria team!

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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KALGOV leaders, RMI representatives, CCAD-Marshall Islands leadership and USAG-KA Command staff participate in a ribbon cutting ceremony at the Island Community Center on Ebeye Jan. 9.

# SEABEES FINISH DEPLOYMENT TO KWAJALEIN ATOLL, BOLSTER US-RMI TIES

ARTICLE AND PHOTOS BY JORDAN VINSON  
ASSOCIATE EDITOR

**M**embers of the Navy Seabees Construction Civic Action Detail-Marshall Islands flew out of Bucholz Army Airfield early this week, headed west to reunite with the rest of their Naval battalion in Guam before flying back home to Gulfport, Mississippi. Having wrapped up a four-month humanitarian construction deployment to Kwajalein Atoll, the 21-person team left behind a suite of completed development builds on the islands of Enniburr, Ebeye and Kwajalein.

The projects—which ranged from the construction of clean rainwater catchment and distribution systems, to bathroom and shower facilities, to a large beach pavilion—targeted important quality of life improvements for the thousands of Marshallese citizens who live on Enniburr and Ebeye, along with the U.S. military and civilian personnel who live on Kwajalein.

Ribbon cutting events at completed job sites and appreciation parties on Kwajalein, naturally, sprung up during the detachment's last few days on the atoll. The events were avenues by which Kwajalein Atoll Local Government leaders, Republic of the Marshall Islands represen-

tatives, U.S. Army Garrison-Kwajalein Atoll Command personnel and U.S. civilian contractors expressed thanks to the Seabees for the time and energy they spent toiling in the tropical heat for months to improve living standards on the islands.

"It is indeed a great moment for us, as we are here to witness the completion of a well-done job," Jesse Riketa, protocol officer for Kwajalein Atoll Local Government, said on behalf of Ebeye Mayor Johnny Lemari at the Island Community Center on Ebeye Jan. 9. "Without the care and kind consideration and help from the military person-

**See SEABEES, page 4**



**SEABEES, from page 3**

nel, this necessary renovation project would not have been done.”

The site of one of the larger construction projects completed by the detachment during its time on the atoll, the Island Community Center was refitted five weeks ago with new concrete flooring, dozens of new marine-rated LED light fixtures and a brand-new large-scale rainwater catchment system. Under the glowing fluorescent light of the banks of newly installed lights overhead, Riketa reminded those in attendance that it was these types of projects that showcased the commitment of the U.S. military and federal government to the Marshall Islands.

“The leaders of Kwajalein Atoll, in representing the people, very much appreciate your continual support

to us,” Riketa said. “This shows the depth of our close relationship we started many years ago. As the mayor of this community, I will continue to work with you on needed resolutions and issues that are affecting both of our communities.”

Jimmy Kemem, an RMI government representative, weighed in on the detachment’s projects on Ebeye and Enniburr. Speaking alongside Lemari, RMI Liaison to USAG-KA Lanny Kabua and others at the ribbon cutting ceremony, he said that the detachment’s work on Kwajalein Atoll did not go unnoticed by the RMI federal government in Majuro.

**“THE LEADERS OF KWAJALEIN ATOLL, IN REPRESENTING THE PEOPLE, VERY MUCH APPRECIATE YOUR CONTINUAL SUPPORT TO US. THIS SHOWS THE DEPTH OF OUR CLOSE RELATIONSHIP WE STARTED MANY YEARS AGO.”**

**-EBEYE MAYOR JOHNNY LEMARI**

“As the representative from the RMI government, we work side-by-side with all of those who initiated these projects,” Kemem said in Marshallese and later in English. “To witness this project is great; we thank you on behalf of everyone here in Ebeye, on Majuro and everyone on the outer islands. Komol tata.”

Lt. j. g. Meredith Martin, the officer in charge of CCAD-Marshall Islands, returned similar sentiments during her remarks shortly before she, U.S. Army Garrison-Kwajalein Atoll Commander Col. Nestor Sadler, Lemari and Lerioj Seagul Kabua James cut the ribbon to commemorate the projects on both Ebeye and Enniburr.

“We were very happy that we were able to come here and do these projects,” Martin said. “I don’t think that it’s an experience that anyone on our team will ever forget. So thank you for being so helpful and welcoming. And again, to the traditional leadership, the mayor and Col. Sadler, thank you for being here. I very much enjoyed working with you. Komol tata.”

Sadler, speaking at several events set up to commemorate the Seabee’s work at the end of their deployment, acknowledged some of the hardships the team endured to complete their projects on time. Equipment failures, delays on getting supplies on the atoll and slim resources when working in remote areas were just a few of the obstacles the team overcame. Being away from friends and family during the holidays, moreover, didn’t make their tour any easier, Sadler said.

“What’s special about this team here is that they spent their time away from their families during the holidays and the New Year,” he said on Ebeye Jan. 9. “But they’ve



**TOP:** Lt. j. g. Meredith Martin, the officer in charge of CCAD-Marshall Islands, accepts, on behalf of her detachment, a certificate of appreciation from USAG-KA Jan. 10 for the team’s months of work on Kwajalein Atoll. Pictured from left to right: Provost Sergeant Thomas Bedwell, Navy Chief Chris Locke, Martin, USAG-KA Commander Col. Nestor Sadler.

**BOTTOM:** Members of the Ebeye community who attended the Jan. 9 ribbon cutting ceremony at the Island Community Center shake the Seabees’ hands before inviting them to refreshments.



truly embraced the experience, and they've truly embraced the time that they've spent here. And they've truly embraced the impact that they've had not only on this community, Ebeye, but also on Enniburr, with the projects that they were able to complete."

The congeniality of the Kwaj, Roi, Ebeye and Enniburr communities made sure to warmly welcome the Seabees during their deployment. When they weren't interacting with the curious children of Ebeye during their work breaks or being honored with traditional seashell necklaces by families on Enniburr and Ebeye, they were thrown parties at the American Legion Post #44, invited to dinners at private residences and befriended by Kwaj and Roi residents. It was also a rare occasion to not see at least a few Seabees participate in community athletic events like the Columbus Day Run or the 9/11 Remembrance Run/Walk. The friendliness that the Seabees team experienced and the degree to which they were able to become involved in the community went a long way to making them feel at home, Martin said.

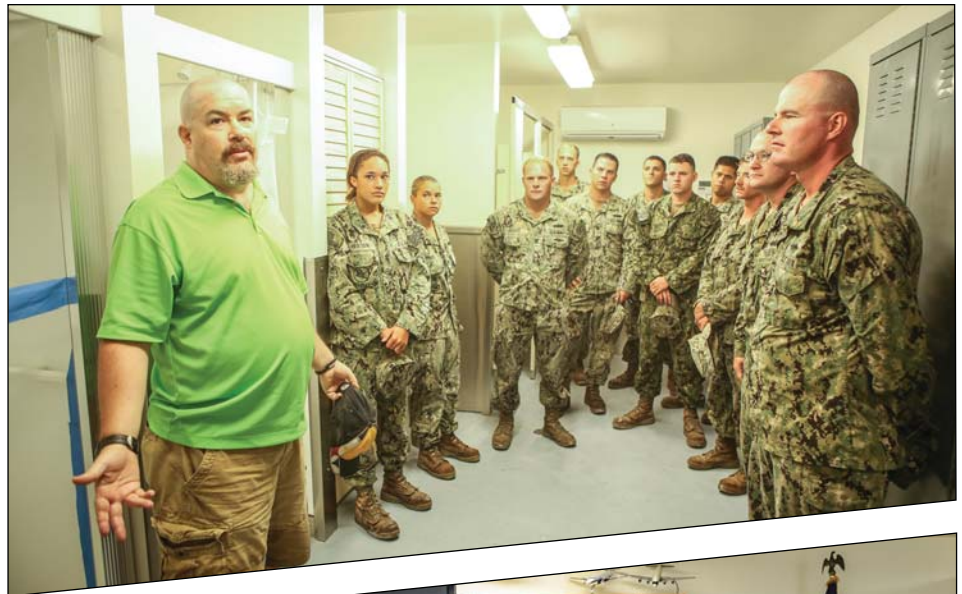
"On behalf of my whole team, I just want to say that we felt very welcome here," she said.

However it was the impact of the team's development projects on the lives of the people that live and work on the islands that made their deployment so meaningful.

Speaking at a separate ribbon cutting ceremony at a brand-new bathroom and shower facility built by the Seabees specifically for Marshallese C-badge workers, Sadler tipped his hat to the Seabees' ability to meet the humanitarian development goals outlined by the

**"IF YOU EVER THINK ABOUT COMING THROUGH THIS AREA AGAIN, YOU CAN ALWAYS COME BY AND LOOK AT THESE PROJECTS AND SAY, 'HEY, I BUILT THIS. THIS IS WHAT WE DID.' ... THIS IS YOUR LEGACY, YOUR TEAM'S LEGACY AND YOUR DETACHMENT'S LEGACY."**

**-USAG-KA COMMANDER COL. NESTOR SADLER**



**TOP:** Installation Master Planner Tim Merrymon addresses the Seabees detachment during a ribbon cutting ceremony at the Recycling Center shower and bathroom facility at Building 1502 Jan. 10. **BOTTOM:** Mike Woundy, commander of American Legion Post #44, accepts a framed photograph, signed by each Seabee, during a party thrown for CCAD-Marshall Islands at the Vet's Hall Jan. 9.

detachment's green deployment. Where there was once only an outdoor tap and a hose for Recycling Center and Buildings and Grounds employees to clean up with after their shifts, there now is a brand-new six-stall indoor shower and bathroom facility that the employees can use to wash up and store clean clothes. Morale boosters like that go a long way to reinforcing the 70-year bond between both USAG-KA and C-badge workers and also the United States and the Marshall Islands as a whole, Sadler said.

"The quality of life that you guys improved across the board, specifically for the Marshallese workforce, is great," Sadler said at the shower facility Jan. 10. "And one

of the things I'd like to say about that is, this relationship ... has endured for 70 years. ... So [these development projects have] a significant impact on their lives and us as Americans and what we do across the world."

Having completed those projects four months after arriving on the atoll, Sadler continued, the Seabees were leaving behind builds that amounted to nothing short of the team's legacy on the islands—both the material evidence of their hard work and a lasting symbol for America's commitment to the Marshall Islands.

"If you ever think about coming through this area again, you can always come by and look at these projects and say, 'Hey, I built this. This is what we did,'" Sadler said. "This is your legacy, your team's legacy and your detachment's legacy. So once again, job well done."

**HELP WANTED**

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at [www.krsjv.com](http://www.krsjv.com).

**LOST**

KID'S WALLET, made out of decorative duct tape, pink with black mustaches. Reward if found and returned, call 52642.

IPOD TOUCH 5, red, in gray rubber case, last seen at CRC Gym a few weeks ago. Reward offered if returned. Call 55176.

**FOR SALE**

USED SAILRITE YACHTSMAN sewing machine, \$300 or best offer. Call Dale at 53470.

BASKETBALL HOOP with net and mounting bolts, new, \$30; 20-inch wide bike handlebars, new, \$2.50 each or five for \$10; outdoor bug zapper, new, \$25; Cannon-

dale 26-inch men's bike frame with forks and seat, \$20; 44 tooth sprocket aluminum crank arms, new, \$20 set. Call 52642.

WORK DESKS, \$10 each; boys and girls 20-inch bikes, Kwaj condition, \$10 each; 6-foot lighted Christmas tree, \$10; two adult snorkel sets, \$10 each; neck harness for workouts, \$5; patio set, \$10; assorted Xbox 360 games, \$5 each. All prices are negotiable and willing to bundle. Call Marcus at 51864 or 54387.

**COMMUNITY NOTICES**

ALL OF THE PASSPORTS issued by the Consular have arrived. Stop by the Host Nation Office in Building 730 to pick up your passport. Call 52103 or 54848 with questions.

THE ARMY VETERINARIAN will be on island through Monday. To schedule an appointment, call 52017.

KWAJALEIN RUNNING CLUB'S Annual Ride-and-Park is at 5 p.m., Monday, at the Atoll Air Terminal. No pre-registration required, just show up by 4:45 p.m. to sign in. Bike helmets are mandatory. Each team of two persons shares a bike. Participants must recruit a teammate on their own before signing in. Each participant runs six miles and bikes six miles. Post-race refreshments will be provided by KRC. Questions? Call Bob and Jane Sholar at 51815 or Ben Bartyzel and Linn Ezell at 51990.

DON'T MISS OUT on the best celebration of music in the new year! Tickets for the YYWC's Kaleidoscope of Music are now on sale! Purchase tickets from 11 a.m.-1 p.m., on Sunday and Monday, at the AAFES Express porch, or at the Mic Shop during regular business hours. Tickets cost \$20 and all proceeds go toward YYWC scholarships for our local students.

ALL RESIDENTS ARE INVITED to a special showing of "The Giver" at 7:30 p.m., Monday, at the Richardson Theater. Sponsored by the Christian Women's Fellowship. Questions? Call Jenn Anderson at 51955.

AAFES STORES WILL BE closing early on Monday in recognition of Martin Luther

King Jr. holiday. Food Court and Shoppette are open from 10 a.m.-4 p.m. The Pextra and American Eatery will be closed. Roi Shoppette will have normal hours on Monday. On Tuesday, all AAFES facilities will have normal hours. On Wednesday, the Pextra will close at 5 p.m. for annual inventory.

KWAJALEIN SMALL BOAT Marina holiday weekend hours: 12:45-6 p.m., today; 7:30-6 p.m., Sunday, Monday and Tuesday.

BINGO IS THURSDAY at the Vet's Hall. Packet price is \$20. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Windfall completion at 31 numbers, \$2,000 payout; Blackout completion at 55 numbers, \$1,500 payout. Shuttle transportation available from the Ocean View Club and tennis courts. No outside alcoholic beverages permitted. Must be 21 to enter and play, bring your ID.

OPEN RECREATION events open to all youth in grades K-6: Pajama Party is 5:30-7 p.m., today, in the SAC classroom, come with pajamas on and enjoy games with friends; Bowling Night is from 6-7:30 p.m., Jan. 24, at the bowling alley. Sign up at the Central Registration Office. Questions, contact Katrina Ellison at [Katrina.M.Ellison.ctr@usarmy.mil](mailto:Katrina.M.Ellison.ctr@usarmy.mil).

THE CUB SCOUT PACK 135 Pinewood Derby registration deadline is Jan. 25. This event is open to the entire Kwaj community. Cost is \$25 for ages 12 and over or \$10 for Cub Scout siblings ages 12 and under. The weigh-in will be held Feb. 15 and race on Feb. 16. Call Pam Hess at 54125 to register. Put your Hobby Shop skills to the test in this exciting event. Design and build your own car, and compete with others.

ULTIMATE FRISBEE group starting on Monday nights. If you've played before then you know how much fun and what a great, healthy workout it is. If you haven't, it's a combination of soccer, no-contact football and maybe basketball played with a Frisbee. We will be playing at 5 p.m., Monday evenings, starting Jan. 26, at the fields across from the Adult Pool. For questions or more information please email [BenGleich@hotmail.com](mailto:BenGleich@hotmail.com).

**Religious Services****Catholic**

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

**Protestant**

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

**Latter-day Saints**

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

**Captain Louis S. Zamperini Dining Facility****Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 24
Korean Roast Beef	BBQ Spare Ribs	Vegetarian Quesadillas	Baked Meatloaf	Chicken w/ Corn Salsa	Chili Dogs	Pork Chops
Shoyu Chicken	Chicken Cordon Bleu	Country Fried Chicken	Chicken/Dumplings	Spicy Beef Stew	Pot Roast	Buffalo Chicken Pizza
Crab Benedict	Quiche Lorraine	Hawaiian Chop Steak	Thai Vegetable Medley	Nacho Chips/Cheese	Fish Du Jour	Vegetarian Pizza

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 24
BBQ Chicken	Roast Beef	Sausage Lasagna	Roast Pork Loin	Swiss Steak Jardiniere	Pancake Supper	Beef Tips in Burgundy
Mac and Cheese	Vegetarian Cheese Pizza	Vegetable Lasagna	Garlic Chicken	Chicken Stir-fry	Lemon Pepper Chicken	Chicken Nuggets
Beef Stew	Mashed Potatoes	Chicken Stir-fry	Beef/Broccoli Stir-fry	Steamed Potatoes	Sloppy Joes	Vegetarian Beans



NOW THROUGH JAN. 27 Quality of Life is accepting requests for live entertainment for the 2015 calendar year. A limited number of live entertainers will be selected. Request forms can be obtained from a QOL member or on the USAG-KA intranet. Requestors will need to present at the January 2015 QOL meeting.

KWAJALEIN ATOLL International Sportfishing Club meeting will be Jan. 28 at the Pacific Club. Food and beverages will be served at 6:30 p.m., meeting will start at 7 p.m. All anglers welcome to attend! Questions? Contact Andy at 52878.


ARMED FORCES ENTERTAINMENT presents: NFL Cheerleaders and Players Tour. Check out one of the Meet & Greets below with NFL cheerleaders from various teams, former NFL players Dré Bly and Terrence Holt, and the Falcons and Titans team mascots at one of the following locations. Sponsored by Armed Forces Entertainment. Don't forget to bring your cameras! 12:30-1:30 p.m., Jan. 28, at the Roi Outrigger. 3:30-4:15 p.m., Jan. 29, at the Namo Weto Youth Center. 4:30-5:30 p.m., Jan. 29, at CRC Room 6. Questions? Call Community Activities at 53331.

THE OPTOMETRIST, Dr. Chris Yamamoto, will be on Kwajalein and see patients Feb. 13-25. Call the Hospital for eye exam appointments at 52223/52224 or ES&H for prescription safety glasses at 58855.

BARIATRIC SUPPORT CLASS meets Feb. 3. Weight Management Group meets Feb. 5. All classes meet from 4:45-5:30 p.m., in the hospital conference room. Smoking cessation classes are ongoing. Questions? Call EAP at 55362.

RESIDENTS: Our residential Internet service has been working well for over 8 months. It is time to say goodbye to the end-of-life dial-up system. Effective Feb. 3, the Internet dial-up service will no longer be available. You can sign up for Residential Internet with the forms available at [www.kwajweb.com](http://www.kwajweb.com). Wi-Fi will still be available at many public locations around Kwajalein and Roi for your use.


FLYING ON THE METRO to Roi or Kwaj? As a reminder, the weight limit on cargo is





# Kaleidoscope

## of Music

### 7 p.m., Jan. 25, MP Room



**Tickets on sale from 11 a.m.-1 p.m., Sunday and Monday, at the AAFES Express porch, or at the Mic Shop during regular business hours. Tickets cost \$20 and all proceeds go toward YYWC scholarships for our local students.**

50 pounds per piece. Please check cargo in at least 30 minutes before boarding time. Also, passengers are limited to one personal item that can be placed underneath the seat or in the nose. All other items must be checked as cargo. To help with expediting boarding, we kindly ask that you check in at least 15 minutes prior to the closeout time.

INTERESTED IN KARATE? If you are 13 years old and up, send an email to [dagdaniil@msn.com](mailto:dagdaniil@msn.com) including your name, phone number and why you're interested in karate. Classes will be held from 7-8:15 p.m., Tuesdays, Thursdays and Saturdays, in CRC Room 7.

CARING MEALS serves individuals and families with short term evening meal delivery during a health or family crisis, or following the birth of a baby. This program is completely voluntary and available to anyone residing on Kwajalein. If you know of anyone needing help with an evening meal or wish to volunteer to cook and deliver a meal, please contact Judy McGuire at 51157.

TEACH OUR KIDS TO BE GREEN! Turn off your lights, computer and TV when not in use. Don't let the water run continuously when brushing your teeth. Use cotton or recycled material bags instead of plastic. Recycle or reuse your plastic bags and used paper.

## Safely Speaking



• The Environmental Hazard pictogram is an OSHA symbol you'll start to see on workplace chemicals. This pictogram means release of this product will damage the environment.

<i>Café Roi</i>						
<b>Lunch</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Jan. 24</b>
Hamburger Steak	Beef Stir-fry	Grilled Ham/Swiss Sand.	Chicken Turnover	Vegetable Quesadillas	Grilled Cheese	Chicken Fajita Wrap
Chicken/Mush. Sauce	Chinese 5 Spice Chicken	Roast Turkey	Beef Stroganoff	Corned Beef	Country Meatloaf	Baked Ham
Eggs a la Lucio	Egg/Cheese Sandwich	Stuffing	Stir-fry Vegetables	Onion Rings	Stir-fry Tofu	Broccoli Casserole
<b>Dinner</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Jan. 24</b>
Italian Meatballs	Kibi Beef Ribs	Beef Tamales	Carved Roast Beef	Roi Fried Chicken	Sweet/Sour Chicken	Blackened Chicken
Fish Casino	Adobo Chicken	Chicken Enchiladas	Chicken Pot Pie	Stuffed Peppers	Beef Stir-fry	Fried Fish
Pasta/Marinara	Candied Yams	Beans/Rice	Baked Potato Bar	Mashed Potatoes	Chow Mein	Fried Okra

# Important information about your drinking water

## Meck drinking water Total Trihalomethanes (TTHM) MCL violation

The Meck water system recently violated a drinking water standard. Although this incident was not an emergency, you have a right to know what happened and what we are doing and have done to correct this situation.

Environmental, Safety and Health routinely monitors for the presence of drinking water contaminants. Testing results from the fourth quarter of fiscal year 2014 show that our system exceeds the standard, or maximum contaminant level (MCL), for the TTHM locational running annual average (LRAA). The standard, or MCL, for the TTHM LRAA is 0.080 mg/L. It is determined by averaging the results of samples collected at each sampling location for the past 12 months. The level of TTHM averaged at one of our system's locations for fiscal year 2014 was 0.083 mg/L.

### What should I do?

- There is nothing you need to do. You do not need to boil your water or take other corrective actions. If a situation arises where the water is no longer safe to drink, you will be notified within 24 hours.

- If you have a severely compromised immune system, are pregnant, or are elderly, you may be at increased risk and should seek advice from your health care providers about drinking this water.

### What does this mean?

This is not an emergency. If it had been an emergency, you would have been notified within 24 hours.

TTHM are four volatile organic chemicals which form when disinfectants, such as chlorine, react with natural organic matter in the water. Potential health effects from long term (that is, many years) consumption of water with elevated levels of TTHM include liver and kidney problems or increased risk of cancer.

However, potential short term exposure by healthy adults has not been shown to lead to adverse health effects. Potential exposures to Meck personnel can be considered short term due to the limited time the MCL has been exceeded.

### What is being done?

A Granular Activated Carbon filter system was installed and became operational on Meck in September 2014. The GAC filter system treats the entire Meck drinking water supply to remove those naturally occurring organic compounds before the water is disinfected with chlorine, effectively reducing the resulting TTHMs to minimal levels. We, therefore, anticipate resolving the problem during the first quarter of fiscal year 2015. Recent test results have verified the effectiveness of the GAC system.

If you have any questions, please contact Rachael Harris, KRS ES&H, at 50506.

# Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Spiritual Resilience, see page 10. All welcome.	1. Pick-up Soccer, 6 p.m., Brandon Field.	1. Cross Fit, 5:15 a.m., Adult Pool.	1. Zumba, 5:30 p.m., CRC Room 1.	1. Cross Fit, 5:15 a.m., Ivey Gym.	1. Sunset Yoga, 6:30 p.m., Adult Pool.	1. Cross Fit, 5:15 a.m., Ivey Gym.
2. Smoking Cessation Classes, open enrollment, call 55362.	2. KRC Ride-and-Park, 5 p.m., Atoll Terminal.	2. Pick-up Tennis, 5:30 p.m., Tennis Courts.		2. Interval Training, 5:15 p.m., Emon Beach.		2. Pick-up Tennis, 5:30 p.m., Tennis Courts.
3. Flu shots available 1-4 p.m., Tuesday, Wednesday, Thursday, Saturday at hospital.	3. Sunset Yoga, 6:30 p.m., Adult Pool.			3. Pick-up Tennis, 5:30 p.m., Tennis Courts.		
				4. AA Program, 7 p.m., REB Library.		

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	<10%	NE-ENE at 11-16 knots
Monday	Partly Sunny	10%	NE at 10-16 knots
Tuesday	Mostly Cloudy	15%	NE-ENE at 13-18 knots
Wednesday	Partly Sunny	10%	NE-ENE at 14-19 knots
Thursday	Mostly Cloudy	20%	NE-ENE at 16-21 knots
Friday	Partly Sunny	10%	NE-ENE at 16-21 knots

Yearly total: 1.91 inches

Yearly deviation: +0.10 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	7:09 a.m. 6:50 p.m.	4:26 a.m. 4:29 p.m.	8:32 a.m. 0.1' 9:26 p.m. -0.3'	2:38 a.m. 3.0' 2:57 p.m. 4.3'
Monday	7:09 a.m. 6:50 p.m.	5:24 a.m. 5:28 p.m.	9:17 a.m. -0.3' 10:06 p.m. -0.7'	3:24 a.m. 3.5' 3:40 p.m. 4.8'
Tuesday	7:09 a.m. 6:51 p.m.	6:22 a.m. 6:29 p.m.	10 a.m. -0.6' 10:45 p.m. -1.0'	4:06 a.m. 3.8' 4:20 p.m. 5.1'
Wednesday	7:09 a.m. 6:51 p.m.	7:20 a.m. 7:30 p.m.	10:41 a.m. -0.8' 11:23 p.m. -1.2'	4:46 a.m. 4.1' 5 p.m. 5.3'
Thursday	7:09 a.m. 6:52 p.m.	8:16 a.m. 8:30 p.m.	11:21 a.m. -0.9' -----	5:25 a.m. 4.2' 5:39 p.m. 5.3'
Friday	7:10 a.m. 6:52 p.m.	9:10 a.m. 9:29 p.m.	12:02 a.m. -0.9' 12:02 p.m. -0.8'	6:05 a.m. 4.3' 6:18 p.m. 5.0'
Jan. 24	7:10 a.m. 6:52 p.m.	10:02 a.m. 10:26 p.m.	12:40 a.m. -0.9' 12:44 p.m. -0.5'	6:45 a.m. 4.1' 6:58 p.m. 4.6'