

VOLUME 56 NUMBER 2

JANUARY 10, 2015

# THE KWAJALEIN HOURGLASS



**Ebil Loeak, a veteran tree trimmer with the Buildings and Grounds department on Kwajalein, clears a tall coconut palm of ripe coconuts and palm fronds near the REB Tuesday. For more, see page 3.**

*Photo by Jordan Vinson*



## Yokwe



Bob Schieffer recently moved to Kwaj to serve as a project engineer for the Army Corps of Engineers, a job that will assign him to many construction and maintenance projects on Kwajalein and Roi-Namur. He came with his wife Alicia Bammerlin. Schieffer heard about Kwaj via an overseas job listing with the Army Corps of Engineers. Apart from being able to go swimming 365 days a year, the couple is looking forward to getting the most of out of life on a tropical island.

"Alicia and I are looking forward to taking advantage of all of the unique opportunities that Kwaj has to offer," Schieffer said. "I am also glad to be part of a team that will be improving the aging infrastructure on the island to make it a better and safer place to live."

## Ask & Answer



Feedback from the ongoing KRS survey regarding service experiences

### **Cashiers at Surfway need to be trained on how to properly bag groceries.**

We thank you for bringing this issue to our attention as we strive to provide the best service possible to our Island community, and providing feedback on how we are doing helps us to achieve our primary goal. On Dec. 6, all Surfway employees were trained on the proper procedure for bagging customers' groceries. Employees were taught that heavy items always go on the bottom and bread products always on top. Raw meat products cannot be in the same bag with ready to eat food items. Also, detergents, shampoos or any items containing chemicals are bagged separately from food items. Please return any goods damaged by improper bagging procedures and we will either exchange the product or provide a refund.

### **Why were there were only pre-stuffed or pre-cooked turkeys available for purchase one week before Thanksgiving?**

The Thanksgiving season turkey order was short shipped by the supplier. Surfway ordered 1,800 pounds of unstuffed turkeys, but only received 1,465 pounds. Additional supply was received on Nov. 22 and stocked once the shipping container was unloaded.

## Got junk lying around? Start the new year off right by de-cluttering your house!

The Great Kwaj Swap Meet is from 9-11 a.m., Monday, at Emon Beach. One complimentary table is available per household when you register; additional tables cost \$10 each. Pick-up service provided; please ask for the pick-up when registering. No oversized items please. Call the CA office at 53331 to register.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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Email: [usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)

Garrison Commander..... Col. Nestor Sadler

Garrison CSM..... Command Sgt. Maj.

Reginald Gooden

Public Affairs Officer..... Michael Sakaio

Managing Editor ..... Sheila Gideon

Associate Editor ..... Jordan Vinson

Media Services Intern.....Molly Premo

# THE FRUITS OF THEIR LABOR



Article and photos by Jordan Vinson  
Associate Editor

**P**erched on top of a 60-foot boom lift, Ebil Loeak, a veteran of the Buildings and Grounds team on Kwajalein, raises an 18-inch, black machete over his head and cleaves into a nest of green coconuts nestled under the canopy of a coconut palm near the Religious Education Building Tuesday. The impact cuts the fruits from their stem and sends them on a 1.5-second freefall along the length of the tall, slender tree before safely crashing onto the ground below with a thud and bursting open.

A few more hacks with the machete follow, dropping another bushel of coconuts and palm fronds, and three minutes later the tree is 150 pounds lighter and no longer a safety hazard.

It's another day on the job for this Buildings and Grounds tree trimming crew. With 16 employees currently in its ranks, the Buildings and Grounds department is tasked with handling everything from trimming heliotrope bushes from roadways, to mowing common grounds, to clearing antenna fields and helicopter pads on outer islands of vegetation.

Perhaps their most important job, though, is keeping the community safe from falling coconuts.

"It's very dangerous when these coconuts get full of water," Buildings and Grounds Supervisor Jane Abston says, peering up at Loeak as he hacks off another bunch of the fruit. "When they're brown, and they start falling, they're

very dangerous. You'll see some of them hit the ground and bounce up six feet [in the air]."

Like little, delicious missiles, coconuts that heavy and falling that fast have the potential to cause serious injury, even death, to anyone unfortunate enough to get beamed by one. Fortunately there is no record, as far as the *Hourglass* is able to determine, of anyone on Kwajalein being injured by falling coconuts in recent history. That's because Abston, Loeak and the others do their best to nip the trees in the bud—literally—before they become hazards to unwitting human targets on the ground.

They use all the help they can get to do the job. Tasked with clearing hundreds of coconut-laden palm trees in high traffic areas around the island on a regular basis, the tree trimmer crew's job is as endless as it is important

**See COCONUTS, page 4**



Taiji Kilma, foreground, helps Hermey Matali group palm fronds and downed coconuts into piles to be loaded onto tractor trailers Tuesday.



## COCONUTS, from page 3



Tree Trimmer Ebil Loeak hands to Buildings and Grounds Supervisor Jane Abston a fibrous stalk—safely cut from a coconut palm’s upper canopy—that can be used for making fine handicrafts. Crewmen William Joel and Tiem Jekkar look on.

to community safety.

“It’s a constant process,” Abston says.

An average coconut palm on Kwajalein, for instance, needs to be trimmed every 6-8 months. And with thousands of the trees on the island, and many growing within high traffic areas, the trimming job is a never ending story. A crew will usually tackle between 20 and 30 trees a day, each which releases 100-200 pounds of vegetation. That’s a lot of coconuts.

Though Abston has the island divided up into individual sectors that the trimming crews could address on a regular schedule, it doesn’t always work out so easily.

“The priorities are heavy traffic areas,” she says. Areas that get lots of foot, bike and vehicle traffic, such as the concrete walkways surrounding the REB, take precedence over other areas. It was, in fact, because of a phone call Abston received about an event planned for the REB this weekend that she had her team tackle all the palms around the REB Tuesday. Chock full of large coconuts—some the size of basketballs—those canopies had to be cleared immediately.

It can often be a thankless job, Abston adds, helping the ground crew—William Joel, Taiji Kilma and Hermy Mata—toss palm fronds into a pile while Loeak motors the lift to another palm. It’s seldom that she gets calls from residents thanking her and her team for clearing trees around the island. It’s when the crew cannot get out to a particular area to trim the vegetation that the department’s call volume picks up a bit. It’s for this reason, she says, that it’s important to remember that the team’s ability to remove vegetation from trees anywhere on the island—from high traffic areas like residents’ yards and Emon Beach, to low traffic areas like open fields—depends on certain conditions that are sometimes out of their control.

“There’s a lot of factors that go into whether we can clear trees in a given area on a given day,” Abston says. “One is [that] we don’t always have the equipment every day. We share equipment with the Heavy Equipment group.” 65-foot boom lifts, such as the one used by Loeak Tuesday, aren’t in great numbers on the island, and sometimes Buildings and Grounds must wait to access them. 120-foot boom lifts, moreover, are in even shorter supply. Without regular access to the taller lifts, the crew has no choice but to leave the older, taller trees be until a 120-foot lift frees up.

The strength of the wind is another factor that impacts the group’s ability to do its job. That’s why any tree trim-



Piles of vegetation from a half-dozen 55-foot palm trees lie on the ground before being hauled off to the dump to be burned.

mer’s basic toolkit contains a small device that measures wind speeds—a good tool to have around if you spend a lot of time suspended 50 feet in the air on a small platform, or if you work on the ground next to falling coconuts.

“Loeak checks his periodically,” Abston says. “Because if we get gusts up to 22 knots, we have to come down. It’s just too dangerous. There’s no way to direct the fall of those coconuts.”

That’s one of the reasons the group uses spotters on the ground. With radios in hand, the ground crewmen call up to Loeak when pedestrians, bicyclists or vehicles approach and ask him to hold off cutting down vegetation until the passersby clear the area. Sure, holding off work every other minute to let a golf cart or bicyclist go by can slow the process down, but there is no excuse for putting people at risk, Abston says.

That applies to the Buildings and Grounds crew as well. In addition to strong winds, the team regularly deals with everything from wasps and falling debris, to sunburns and rats that live in the trees—or “roof rats,” as Abston calls them. By employing an array of personal protection equipment like hardhats, safety harnesses, sunglasses, long sleeves and cans of Raid insect spray, they minimize their risk of injury. Taking five minutes to identify any potential dangers to the crew before they get to work also helps.

“I go to the site; we look it over, figure out what obstacles we’re going to have,” Abston says. “We rope it off to keep people away, because people will walk right underneath [the lift].”

Then it’s time to chop away and make the palms rain coconuts again.

As Loeak gives his lift some gas and scoots down the row of palms running along the REB Tuesday, piles of coconuts and palm fronds build up below. The trees will be left alone for about seven months. Then Loeak and the ground crew will be back to do it all over again.

### BY THE NUMBERS

**3-5**

minutes needed to trim a coconut palm

**100-200**

weight, in pounds, of vegetation trimmed from a tree on average

**6-8**

number of months between trimmings for each tree

**20-30**

number of trees a crew can trim each day



# View from Kwaij



From Jerry Brumm



From Sheila Gideon



From Shannon Paulsen



From Shannon Paulsen



From Jane Erekson



**HELP WANTED**

KRS and Chugach listings for on-island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at [www.krsjv.com](http://www.krsjv.com).

**LOST**

KID'S WALLET, made out of decorative duct tape, pink with black mustaches. Reward if found and returned, call 52642.

IPOD TOUCH 5, red, in gray rubber case, last seen at CRC Gym a few weeks ago. Reward offered if returned. Call 55176.

**FOR SALE**

ASSORTED RUGS, \$5 each; work desks, \$10 each; boys and girls 20-inch bikes, Kwaj condition, \$10 each; microwave, \$10; toaster oven, \$5; coffee maker, \$5; slow cooker, \$5; rotisserie, \$15; vacuum, \$15; 6-foot lighted Christmas tree, \$10; two adult snorkel sets, \$10 each; Fry Daddy deep fryer, \$5; neck harness for workouts, \$5; pa-

tio set, \$10; assorted Xbox 360 games, \$5 each. All prices are negotiable and willing to bundle. Call Marcus at 51864 or 54387.

10'4" PADDLEBOARD with paddle and leash, 8 months old and hardly used, \$900. Call 58030.

**COMMUNITY NOTICES**

ALL WOMEN ARE INVITED to join us for Christian Women's Fellowship Luncheon from 12:30-2 p.m., Sunday, at the Religious Education Building. Lunch is provided. Questions? Call Jenn Anderson at 51955.

THE GREAT KWAJ SWAP Meet is from 9-11 a.m., Monday, at Emon Beach. One complimentary table per household, additional table is \$10. Pick-up service provided, please ask for the pick-up when registering. No oversized items please. Call the CA office at 53331 to reserve your table. Start the new year off by de-cluttering your house!

YOUTH BASEBALL registration ends Wednesday. Season play is Jan. 27-March 12. Cost is \$40 per player. Open to all CYSS youth in grades K-6. To register visit Central Registration, Building 358, or call 52158. Questions, call Jason Huwe at 53796.

START SMART Tee Ball registration ends Wednesday. Season play is at 5:30 p.m., Wednesdays, Jan. 28-March 4. Cost is \$20 per player. Open to all CYSS children 3-5 years of age. To register visit Central Registration, Building 358, or call 52158. Questions, call Jason Huwe at 53796.

CYSS Youth Sports Tennis League registration ends Wednesday. Season play is on Fridays, Jan. 28-March 4. Cost is \$30 per player. Late registration fee of \$5 per child. All players are required to have an updated sports physical on file to participate. Open to all CYSS youth ages 7 through grade 6. Space is limited. To register visit Central Registration, Building 358, or call 52158. Questions, call Jason Huwe at 53796.

WANT TO WRITE A BOOK? Have you already written a book and want to know what to do next? If so, meet Princess Gooden at 10 a.m., Thursday, in the library. See you there!

KWAJALEIN SPORTS Association Scorekeeping and Officiating Clinic is at 5 p.m., Thursday, at the CRC Gym. Earn \$8/game for scorekeeping and \$14/game for offici-

# KWAJALEIN SWIM TEAM

## Practices start this Monday

### Monday Practices

- 8:15-9:30 a.m.: ages 13+
- 9:30-10:30 a.m.: ages 9-12
- 10:30-11:30 a.m.: 8 and under

### Wednesday & Friday Practices

5-6 p.m.: 8 and under

6-7 p.m.: ages 9-12

7-8:15 p.m.: ages 13+

Questions? Call Amy LaCost at 52681.

## Religious Services

### Catholic

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

### Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

### Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

ating. No experience necessary; KSA will train you. Questions? Call Mark at 52280.

2015 LEARN TO PLAY Basketball Clinic is from 6:30-8 p.m., Thursday, at the CRC Gym. Basketball season is just around the corner! Come out and learn the basic skills and Kwaj rules of the game. This is a great opportunity for new players to find teams to play on. Any questions? Call Carlos at 51275.

2015 INNER TUBE Water Polo Season registration ends Friday. Season play is Jan. 27-March 14. Cost is \$100 per team. Limited number of team slots available, so register early. For questions and registration, contact Carlos at 51275.

INTERESTED IN KARATE? If you are 13 years old and up, send an email to [dagdavnvil@msn.com](mailto:dagdavnvil@msn.com) including your name, phone number and why you're interested in karate. Classes will be held from 7-8:15 p.m., Tuesdays, Thursdays and Saturdays, in CRC

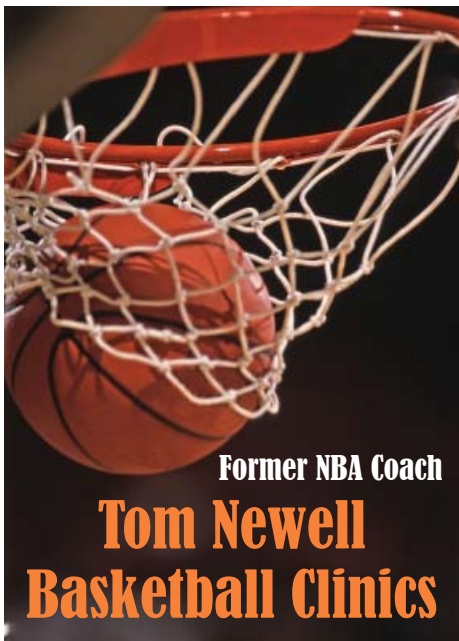
## Captain Louis S. Zamperini Dining Facility

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 17
Oven Fried Chicken	Herb Roasted Beef	Beef Stroganoff	Sloppy Joes	BBQ Beef Shortribs	Chicken Chimichangas	Spaghetti
Sauteed Beef Tips	Baked Tuna Casserole	Breaded Chicken	Maple Glazed Roast	Grilled Chicken Breast	Pot Roast	Cheese Tortellini
Eggs Benedict	Quiche	Vegetarian Stir-fry	Chicken Lo Mein	Au Gratin Potatoes	Fish Du Jour	Meatballs

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Jan. 17
BBQ Roast Porkloin	Vegetarian Quesadillas	Kwaj Fried Chicken	Carved Flank Steak	Roast Turkey	Hamburger Bonanza	Chicken Fried Steak
Chicken Stir-fry	Beef Curry	Hawaiian Chop Steak	Chicken Cordon Bleu	Sage Stuffing	Sauteed Chicken Breast	General Tso's Chicken
Red Potatoes	Buffalo Chicken	Potatoes O'brien	Noodles Romanoff	Beef Stew	Beans in Broth	Vegetable Saute



**Jan. 14**  
4-5 p.m.: Boys grades 6-8  
5-6:30 p.m.: HS Boys

**Jan. 16**  
4-5 p.m.: Boys grades 6-8  
5-6 p.m.: HS Boys  
6-7 p.m.: Adults

**Jan. 17**  
4-5 p.m.: Referee Clinic  
(not mandatory for KSA referees, but recommended)

**Jan. 18**  
Noon-1 p.m.: MS Boys and All Girls  
1-2:30 p.m.: HS Boys

**Jan. 17**  
5:30 p.m.: 3v3 Tournament  
• 8 team single elimination  
• 3 HS only teams, the rest are adult and can include a HS player  
• Played to 21 by singles  
• Ran on half court, two games consecutively  
• Contact Miguel Busquets or Kenny Leines to sign up

**Jan. 18, starting at 3:30 p.m.**  
Ebeye vs. Kwaj Games x2  
HS vs. HS  
All Star vs. All Star  
• 20 minute halves, no running clock

All games/clinics at CRC Gym

Room 7.

2015 WINTER BOWLING League registration ends Jan. 17. League play is every Friday night, Jan. 23-March 20. Cost is \$70 with shoe rental or \$60 without shoe rental. Sign up teams of two or four bowlers. Limited number of team slots available, so register early. For questions and registration, contact Carlos at 51275.

THE ARMY VETERINARIAN will be on island Tuesday through Jan. 19. To schedule an appointment, call 52017.

KWAJALEIN RUNNING CLUB'S Annual Ride-and-Park is at 5 p.m., Jan. 19, at the Atoll Air Terminal. No pre-registration required, just show up by 4:45 p.m. to sign in. Bike helmets are mandatory. Each team of two persons shares a bike. Participants must recruit a teammate on their own before signing in. Each participant runs six miles and bikes six miles. Post-race refreshments will be provided by KRC. Questions? Call Bob and Jane Sholar at 51815 or Ben Bartyzel and Linn Ezell at 51990.

DON'T MISS OUT on the best celebration of music in the new year! Tickets for the YYWC's Kaleidoscope of Music on Jan. 25 are now on sale! Purchase tickets from 11 a.m.-1 p.m., at the AAFES Express porch

on Sunday, Monday, Jan. 18 and 19, or at the Mic Shop during regular business hours. Tickets cost \$20 and all proceeds go toward YYWC scholarships for our local students.

OPEN RECREATION events open to all youth in grades K-6: Pajama Party is 5:30-7 p.m., Jan. 17, in the SAC classroom, come with pajamas on and enjoy games with friends; Bowling Night is from 6-7:30 p.m., Jan. 24, at the bowling alley. Sign up at the Central Registration Office. Questions, contact Katrina Ellison at [Katrina.M.Ellison.ctr@usarmy.mil](mailto:Katrina.M.Ellison.ctr@usarmy.mil).

THE CUB SCOUT PACK 135 Pinewood Derby registration deadline is Jan. 25. This event is open to the entire Kwaj community. Cost is \$25 for ages 12 and over or \$10 for Cub Scout siblings ages 12 and under. The weigh-in will be held Feb. 15 and race on Feb. 16. Call Pam Hess at 54125 to register. Put your Hobby Shop skills to the test in this exciting event. Design and build your own car, and compete with others.

NOW THROUGH JAN. 27 Quality of Life is accepting requests for live entertainment for the 2015 calendar year. A limited number of live entertainers will be selected. Request forms can be obtained from a QOL member or on the USAG-KA intranet. Re-

questors will need to present at the January 2015 QOL meeting.

THE NEW SCHEDULE for Employee Assistance Programs: Bariatric Support Class will meet the first Tuesday of every month; Weight Loss Support Group will meet the first Thursday of every month; the Adult ADHD class has been cancelled due to poor attendance, but if you need assistance, individual appointments can be scheduled. All classes meet from 4:45-5:30 p.m., in the hospital conference room. If you are interested in attending a support group for cancer survivors or need support for a family member or friend diagnosed with cancer, call EAP at 55362.

CARING MEALS serves individuals and families with short term evening meal delivery during a health or family crisis, or following the birth of a baby. This program is completely voluntary and available to anyone residing on Kwajalein. If you know of anyone needing help with an evening meal or wish to volunteer to cook and deliver a meal, please contact Judy McGuire at 51157.

KRS EMPLOYEES: need to submit a 480 request? Send your request form to KRS Travel for processing. They will send to Entry & Exit for approval. Final approval will be sent to your PO Box.

Café Roi						
<b>Lunch</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Jan. 17</b>
Roast Beef	Roasted Porkloin	Corn Dogs	Monte Cristo Sand.	BBQ Chicken Sand.	Salmon Cakes	Chicken Quesadillas
Cornish Hen	Grilled Chicken Strips	Roast Beef	Pork Chops	Beef Stroganoff	Italian Sausage Hoagies	Shredded Beef Tacos
Breakfast Frittata	Southern Benedict	Corn on the Cob	Stir-fry Vegetables	Tofu Stir-fry	Onion Rings	Beans/Rice
<b>Dinner</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Jan. 17</b>
BBQ Spare Ribs	Chicken Pasta	Kalua Pork	Steak Night	Roi Fried Chicken	Tuscan Night	Grilled Chicken Breast
Baked Fish	Pasta/Marinara Sauce	Baked Fish	Huli Huli Chicken	London Broil	Pork Osso Bucco	Chili
Beans/Rice	Fresh Bread	Vegetable Fried Rice	Baked Potatoes	Mashed Potatoes	Baked Fish	Three-cheese Pasta

# Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

<b>Sunday</b> 1. Spiritual Resilience, see page 6. All welcome. 2. CWF Luncheon, 12:30 p.m., REB. 3. Smoking Cessation Classes, open enrollment, call 55362. 4. Flu shots available 1-4 p.m., Tuesday, Wednesday, Thursday, Saturday at hospital.	<b>Monday</b> 1. Pick-up Soccer, 6 p.m., Brandon Field. 2. Sunset Yoga, 6:30 p.m., Adult Pool.	<b>Tuesday</b> 1. Cross Fit, 5:15 a.m., Adult Pool. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts.	<b>Wednesday</b> 1. Zumba, 5:30 p.m., CRC Room 1.	<b>Thursday</b> 1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Weight Management Support Group, 4:45 p.m., Hospital Conference Room. 3. Interval Training, 5:15 p.m., Emon Beach. 4. Pick-up Tennis, 5:30 p.m., Tennis Courts. 5. AA Program, 7 p.m., REB Library.	<b>Friday</b> 1. Sunset Yoga, 6:30 p.m., Adult Pool.	<b>Saturday</b> 1. Cross Fit, 5:15 a.m., Ivey Gym. 2. Pick-up Tennis, 5:30 p.m., Tennis Courts.
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## Safely Speaking



We all know that Kwaj weather deteriorates both metal and plastic. However, have you seen a paint can blow its lid after being left in the sunlight or oil spray from a loosened bung on an oil drum that had been left in the sunlight? How about a campfire flame flashback to uncapped lighter fluid 8 feet away? Protect chemicals from weather and heat.

- This pictogram means the chemical is corrosive to metal and corrosive to skin
- Wear the proper personal protective equipment (PPE)

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	<10%	NE-ENE at 15-20 knots
Monday	Partly Sunny	10%	NE-ENE at 15-20 knots
Tuesday	Partly Sunny	20%	NE-ENE at 7-14 knots
Wednesday	Partly Sunny	10%	NE-ENE at 8-15 knots
Thursday	Partly Sunny	15%	NE-ENE at 15-20 knots
Friday	Partly Sunny	10%	NE-ENE at 15-20 knots

Yearly total: 0.07 inches  
 Yearly deviation: -0.84 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
<b>Sunday</b>	7:07 a.m. 6:46 p.m.	11:25 p.m. 11:03 a.m.	1:21 a.m. 0.0' 1:18 p.m. 0.5'	7:26 a.m. 3.2' 7:30 p.m. 3.5'
<b>Monday</b>	7:07 a.m. 6:47 p.m.	----- 11:43 a.m.	1:54 a.m. 0.3' 1:58 p.m. 0.8'	8:04 a.m. 3.0' 8:06 p.m. 3.2'
<b>Tuesday</b>	7:08 a.m. 6:47 p.m.	12:10 a.m. 12:23 p.m.	2:33 a.m. 0.6' 2:55 p.m. 1.1'	8:55 a.m. 2.8' 8:56 p.m. 2.8'
<b>Wednesday</b>	7:08 a.m. 6:48 p.m.	12:56 a.m. 1:06 p.m.	3:28 a.m. 0.8' 4:27 p.m. 1.3'	10:10 a.m. 2.7' 10:21 p.m. 2.4'
<b>Thursday</b>	7:08 a.m. 6:48 p.m.	1:45 a.m. 1:51 p.m.	4:53 a.m. 0.9' 6:28 p.m. 1.2'	11:51 a.m. 2.9' -----
<b>Friday</b>	7:08 a.m. 6:49 p.m.	2:36 a.m. 2:40 p.m.	6:27 a.m. 0.8' 7:49 p.m. 0.7'	12:18 a.m. 2.4' 1:13 p.m. 3.2'
<b>Jan. 17</b>	7:09 a.m. 6:49 p.m.	3:29 a.m. 3:32 p.m.	7:38 a.m. 0.5' 8:42 p.m. 0.2'	1:42 a.m. 2.7' 2:11 p.m. 3.7'