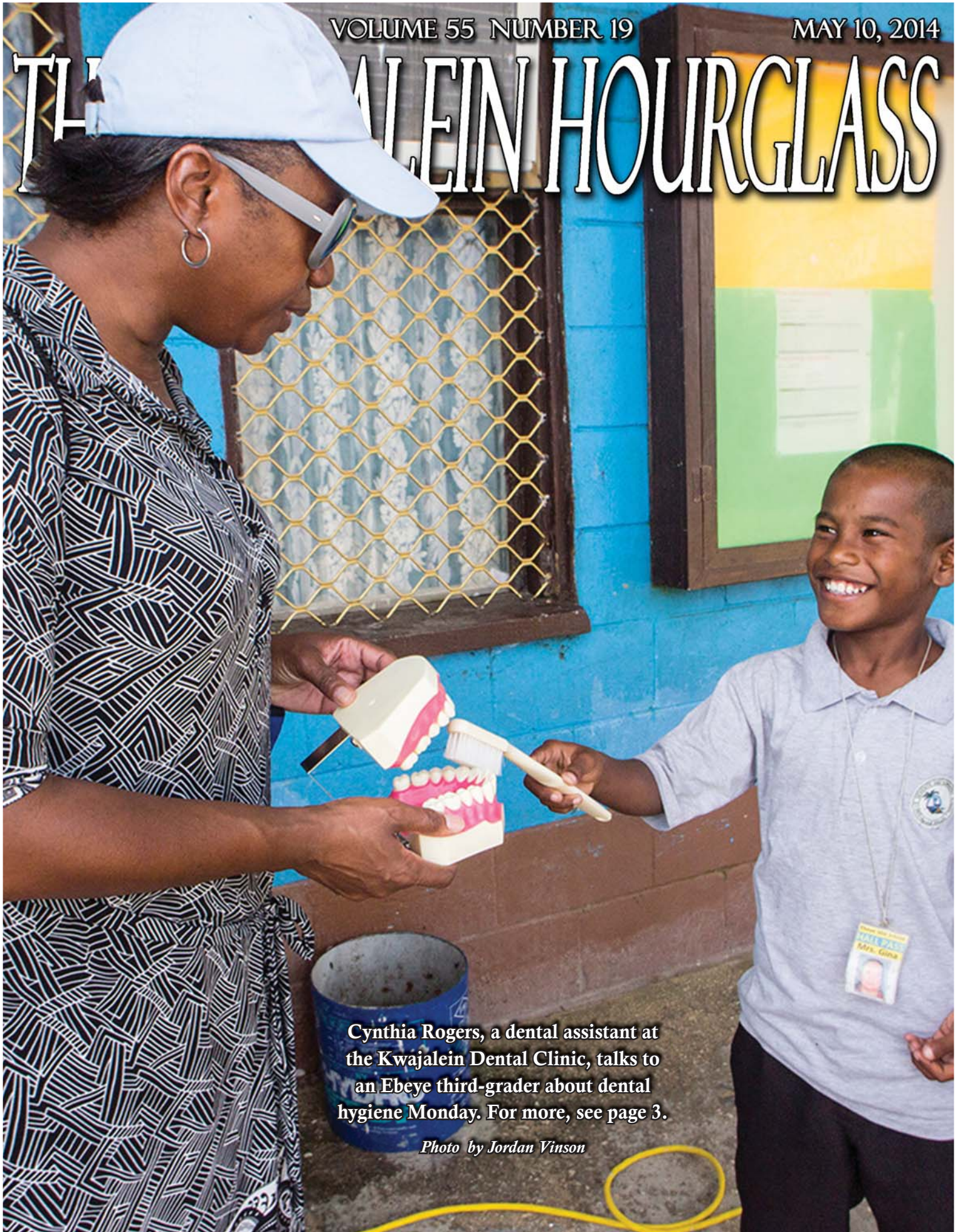


VOLUME 55 NUMBER 19

MAY 10, 2014

THE KWAJALEIN HOURGLASS



Cynthia Rogers, a dental assistant at the Kwajalein Dental Clinic, talks to an Ebeye third-grader about dental hygiene Monday. For more, see page 3.

Photo by Jordan Vinson

Disinfection By-Products in Drinking Water on Meck Island

The Meck Island water tests performed during first quarter FY14 showed Total Trihalomethane levels in the drinking water above the maximum contaminant level. Trihalomethanes represent a group of chemicals generally referred to as "disinfection by-products". They are formed when chlorine is used to disinfect water to make it safe for drinking. They result from a reaction between the chlorine and naturally occurring organic compounds in the raw water. Mandatory public notification is required when a contaminant exceeds the MCL. Potential health effects from long term consumption of water with elevated levels of TTHM include liver and kidney problems or increased risk of cancer. However, potential short term exposure by healthy adults has not been shown to lead to adverse health effects. Potential exposures to Meck personnel can be considered short term due to the limited time the MCL has been exceeded.

Final approval has been granted for a granular activated carbon filter system, which is scheduled to be installed on Meck in the late spring or early summer of 2014. This GAC filter system will treat the entire Meck drinking water system to remove those naturally occurring organic compounds before the water is disinfected with chlorine, effectively reducing the resulting TTHMs to minimal levels.

In the mean time, an activated carbon point-of-use filter is installed on the tap outside the water treatment plant to filter out TTHMs and provide safe drinking and cooking water for Meck personnel from this tap only. Showering and face-washing at other locations will have no negative effects. These activities may continue at any shower or potable water tap.

If you have any further questions, contact Leigh Pinney, KRS ES&H, at 55374.

THUMBS UP!



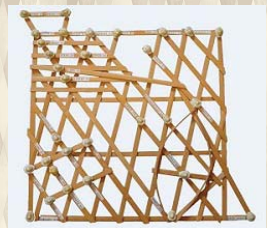
... to Barbara Hutchins for dressing up as the Easter Bunny and visiting locations across Kwaj to pass out candy on Easter weekend.

... to Mika Weiland, Lauren Traweek, Michelle Jednacz, and Caroline Eggers for the outstanding job they did decorating the new air terminal facility with handicrafts and island art. The airport team really appreciates it!

MANIT MINUTE

Navigation and Stick Charts

Marshallese have always been noted for their navigational skill, and in the past, only a certain few people, either men or women, were taught the secrets of sailing and navigation. Teaching this skill was done through use of the navigational stick charts. The charts depict islands and interpret the wave and current patterns that strike the islands.



While celestial navigation and waves are used widely in traditional navigation in the Pacific, only in the Marshall Islands are stick charts developed and used with emphasis on wave navigation.

There are three types of stick charts:

1. Rebbelip – a general wave navigational chart that covers all of the Marshall Islands
2. Meddo – covers only a few island and is useful for specific voyages
3. Wappepe – a much smaller navigational stick chart that identifies wave patterns around each island

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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Promoting pearly whites on Ebeye

Article and photos by Jordan Vinson
Associate Editor

Staff from the Kwajalein Dental Clinic visited dozens of third graders on Ebeye Monday to both promote the importance of good dental hygiene and to pass out new toothbrushes.

Judy Shimamoto, the dental hygienist for the Kwajalein community, took the lead and was supported by dental assistants Amber Howard and Cynthia Rogers. They crisscrossed the islet, carrying bags of toothbrushes from school to school under the hot late-morning sun, coordinating with school administrators and talking in front of classrooms of Ebeye school children.

"We're from the Dental Clinic on Kwajalein, and we're here to talk to today about something I know your teacher already tells you," Shimamoto told the children in a Kwajalein Public School classroom. "Do you know about germs? They're tiny, little bitty things you can't even see. We all have germs. We just don't want to be putting them in our mouth. And if they're in our mouth, we want to get rid of them."

Pulling out of her bag a large plastic model of a set of teeth affixed on a hinge, she explained how they could brush their teeth as thoroughly as possible to kill the suite of germs and plaque that wind up in people's mouths. Holding an over-sized toothbrush in her opposite hand, she went to work on the model teeth, scrubbing all surfaces of the teeth and explaining to the children the process the whole way through.

After each demonstration she, Howard and Rogers gave a toothbrush to each child, all of whom raised their hands when asked if they wanted one said "thank you" in chorus.

Shimamoto emphasized that the clinic's outreach



Cynthia Rogers, a dental assistant at the Kwajalein Dental Clinic, demonstrates proper brushing techniques for third graders at a school Monday.

work on Ebeye is by no means the only resource on the topic of proper dental hygiene for members of the community. As is the case in the United States, efforts toward developing and maintaining healthy daily habits are, after all, part of many elementary teachers' basic curriculum on the island.

"This is something they talk about anyway, and we're really just reinforcing it," she said. "So, it's not just this one-time thing. It's just another way for the kids to hear it."

The new, neon-colored toothbrushes were donated and shipped to Shimamoto by previous Kwaj resident Jan Budo, who was a dental hygienist at the clinic until moving to Las Vegas several years ago. She and her assistants weren't able to get toothpaste to Ebeye because of how heavy the stuff is when shipped and carried in bulk. But that really wasn't a problem, she said.

"Brushing your teeth without toothpaste is better than not brushing at all," she explained. "Toothpaste is good. It does clean, and it does remove the plaque easier. And it has fluoride in it, which is good for your teeth. But removing the plaque is the important part; so you really don't have to have toothpaste."

Shimamoto has been taking the ferry to Ebeye to talk teeth and give out toothbrushes almost every year since 2005. She limits herself to speaking with third-grade classes simply because there are too many children to address in one day. But on Enniburr, where she also volunteers, she makes it a point to try to reach all the children.

Shimamoto explained that she organizes the initiatives because of what she has seen as a need in the past. It's hard to say how the thousands of children's hygiene habits on Ebeye have been impacted through the years. But if the beaming smiles and pearly whites that many children flashed at her, Monday can be taken as evidence, it seems that the message—taught by Ebeye elementary teachers and reinforced by the Kwajalein Dental Clinic—is getting through just fine.



"You can keep your teeth very healthy by removing the germs on your teeth every day," Judy Shimamoto tells Ebeye children. "And you do that with a toothbrush."

Elementary students show off talent

Article and photos by Sheila Gideon
Managing Editor

George Seitz Elementary School Parent Teacher Organization sponsored the “You Bring the Talent” variety show April 25 at the MP Room. Elementary students performed 19 acts that included dancing, singing, acrobatic stunts, comedy skits and acting. Mystery teachers performed the final 20th act—a dance to Pharrell Williams’ “Happy.” It was unclear which teachers had dancing talent as the MP Room was completely dark except for black lights on the stage. White gloves, white socks and white teeth were the only things you could see dancing—and smiling—along with the music.

The variety show was heavy on dancing talent. Group classes taught by Karen Brady, Julie Savage and Masina McCollum displayed three very different dancing styles. They ranged from upbeat tempos featuring jumps and lifts, to slow and dramatic hula. The second-grade class began the show with a group dance to “Wipe-Out.” Groups of students took turns at center stage to perform an individual dance style and even some cartwheels and roundoffs. Third-grader Araceli Garcia was brave enough to choreograph her own dance to “Wind Beneath My Wings.”

Singing was also a popular talent. Amber Tippetts, Kendal Warren, Chloe Bowers and Aguster Kabua all performed solo acts. The movie “Frozen” inspired a duet from Katie Anderson and Hailey Tolman, while Mackenzie Gowans, Jenna Lundberg and Lauren Sykes performed the popular hit, “Let It Go.”

Elementary students can join band in fifth grade, and some students decided to show off what they had learned so far. Kathryn Montgomery and Lauren Sykes displayed their piano-playing skills; Addison Baldy played the trumpet; and Kabua played her ukulele.

There was plenty of comedy mixed into the show, including lines from masters of ceremony DJ deBrum and Logan Lelet. Jokesters Matai McCollum and Myles Sylvester busted out some school-themed funnies, while Ryan Hess and Quincy Breen focused on “Knock, Knock” jokes.

A final act was an Oscars-themed comedy skit performed by the sixth-grade class. They acted out scenes from popular movies and chose best actor and picture.



Nakai Chavana, left, and Sean Hepler, right, perform an acrobatic act along with fellow performers and spotters Tre Young, back left, and Jacob Long.



From left, Mackenzie Gowans, Kayla Hepler and Jenna Lundberg perform a Kung-Fu Fighting dance at the Talent Show.



Above left, Addison Baldy performs a song on his trumpet. Emma Elkin, left, and Clara Winkler show off their hula dancing skills.



Karen Brady’s Tiny Dancers perform a high intensity dance number at the George Seitz Elementary School Talent Show.

Fifth annual “Century Ride” raises money for American Cancer Society

Article and photos by Sheila Gideon
Managing Editor

Kwajalein residents love to rally for a cause. So, it was no surprise that 20 cycling enthusiasts got together Monday morning for a “century ride” to raise money for the American Cancer Society. The 5th annual Bike-a-thon challenged cyclists to ride up to 100 miles, or 25 laps around the runway, all in the name of cancer awareness. Participants were sponsored by fellow residents and even stateside friends and family. Over \$2,000 was collected and donations are still coming in.

Seven cyclists completed the full 100 miles: Ben Bartyzel, Jon Jahnke, Edward Jednacz, Jay Lord, Stephanie Los-Trimble, Krystal Peterson and Michael Sykes.

“Twenty-five laps around the airfield challenges your mental stamina as well as your physical,” Jahnke said. “Biking 100 miles seems crazy, but doing it to raise money for the American Cancer Society seems less so.”

To put it in perspective, 25 laps around the airfield equates to, on average, eight hours of cycling, including breaks.

Jahnke organized the annual Kwajalein event in collaboration with Freeborn County in southern Minnesota. His home town is one of the stops on the 100-mile ride in the states. This is Jahnke’s last year as the event organizer; he and his family will PCS this summer.

“Over the past five years, I have been pleased with our steady participation numbers,” Jahnke said. “Every year we lose some bikers, but then some new riders come and we continue.”

One of those new riders was Jednacz. While he did participate in the event last year, this was his first century ride.

“This challenge has been on my bucket list for a long time,” Jednacz said. He, like many riders, was motivated by personal experiences and loss due to cancer. “My family has battled cancer; some have won,



Photo courtesy of Jon Jahnke

Participants of the 5th annual Bike-a-thon pose for a group photo in front of the Marshallese Cultural Center Monday morning.

some not. Finding a cure for cancer strikes a chord in me and fundraising for the American Cancer Society is something I can do. Also, I love riding my bicycle and Kwajalein is such a wonderful community—so welcoming, so supportive—it is easy to participate in events at any skill level.”

“I am proud of our community and the support we show each other,” Jahnke said. “The Bike-a-thon is kind of a spin-off of the Running Club, which has been hugely important to our stay on Kwaj. But, all the clubs on island play an important role in encouraging the community and are vital to the mental and physical well-being of our residents.”

Even though Jahnke will not be here next year, he expects the century ride will continue on Kwajalein, taken up by cycling enthusiasts.



Edward Jednacz completes one of his 25 total laps around the airfield.



From left, Krystal Peterson, Ben Bartyzel, Michael Sykes and Jay Lord all work to complete the 100-mile “century ride” in support of the American Cancer Society.

BIKE MONTH



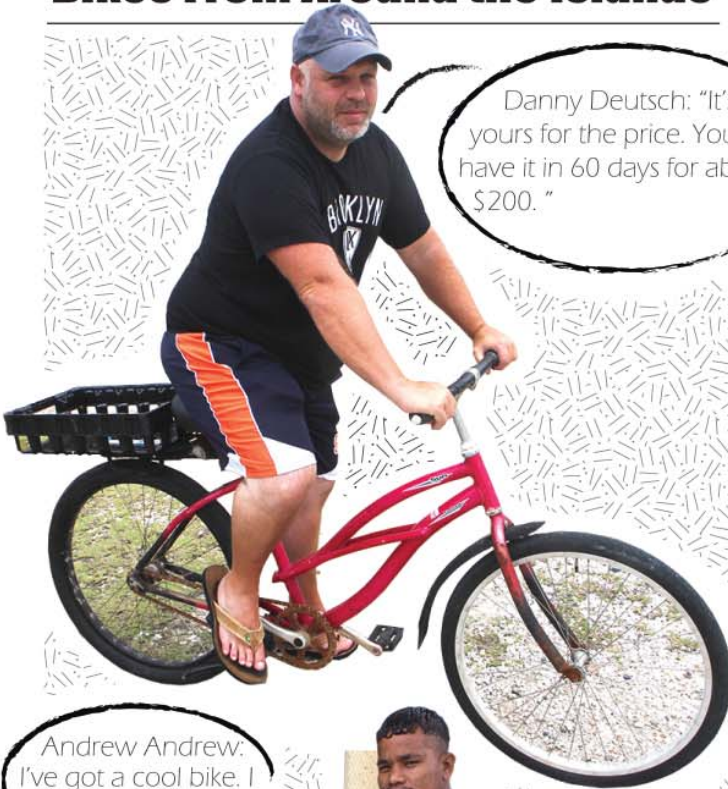
Dave Gray: "I like the stealthiness of my bike and the squeakiness it alludes."



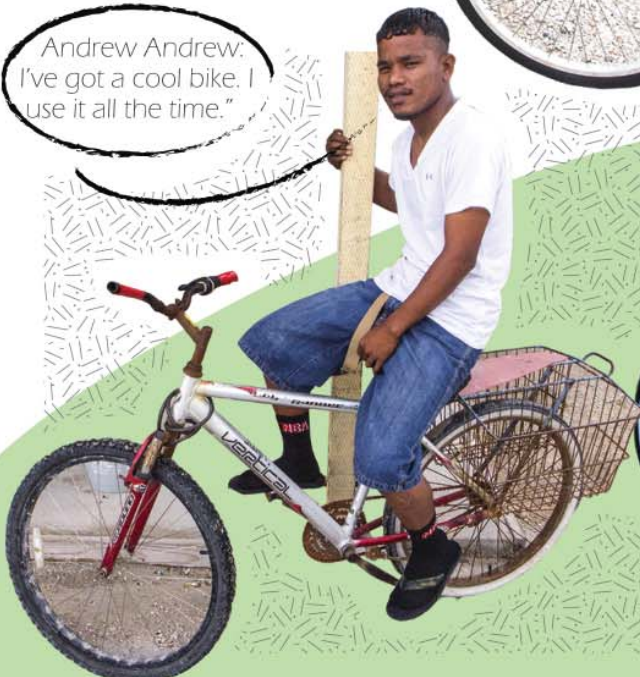
Bikes From Around the Islands

Danny Deutsch: "It's yours for the price. You can have it in 60 days for about \$200."

Jeremy Gideon: "Everything I did to my bike, I did to where even when it rusts, I can take it off and replace it. I put in the custom gooseneck, which holds my shifter, and I put on plastic fenders so they don't rust."



Andrew Andrew: "I've got a cool bike. I use it all the time."



Article and photos by Jordan Vinson

Associate Editor

Nick Yarnes is someone folks might call a professional in the art of “Kwajanuity.” Out of the score of residents on U.S. Army Garrison-Kwajalein Atoll who customize their bikes to one extent or another, he’s one of the most prolific. Always keeping an eye open for possible parts to incorporate into his projects, he’s a constant tinkerer who has both the imagination and technical skills to build his bikes from the ground-up using mostly scrap or used parts.

Prior to moving to Kwajalein several years ago, Yarnes wasn’t much of a bicycle gear head. In fact, most of what he knows about fixing and modifying bikes came after some time on Kwaj—and almost out of necessity. Because the intensity of the sun, salt and wind on these dots of land in the Marshall Islands, he soon learned, like everyone else, that he’d have to pay much more attention to maintaining and weatherizing his bikes than he ever had before. But now, years after his initial arrival, he’s advanced far beyond the trivialities of routine bicycle maintenance and settled himself in the exciting world of rebuilding bikes and making unique customizations.

The flagship of Yarnes’ fleet, the “Giraffe Bike,” is featured below. Adorned with a hand-painted five-inch giraffe on the seat tube, the Giraffe was pieced together with parts from at least five or six different bikes.

“I found the frame in a dumpster,” he said Monday just off his back porch, part of which he has set up to continue work on a new bike trailer he recently dreamed up. “Initially it was all silver-aluminum, and I had it painted Caterpillar-yellow, because I knew it would be a durable paint.”

He picked the crank up from a pile of bike parts that were taken from a torn-down boat shack and thrown into the garbage. “When they threw those [parts] in the garbage, I went through them and saw that [crank],” he said. “And I was like, ‘That would be awesome on the Giraffe Bike.’”

He actually had to buy the fork system for about \$70 from someone who moved away a few years ago. What makes the fork tubes special, he explained, is the way they’re mounted to the frame. Because the mounts can adjust along the lengths of the tubes, the

front of the frame can be angled upward or downward with a range of about four inches. “I like the profile of it up high,” Yarnes said.

And the wheels were simple wheels he found in the garbage and fixed up himself.

“The only real new things on that bike are the handlebars, which came out of the Dive Shop,” he said. “And the bicycle rack I just bought.”

While the bike has been road ready for about four years, it’s a project that Yarnes still returns to every now and then to swap out old parts for upgrades. The recently-installed seat, for instance, is an injection-molded model he scored on Ebay for a steal. And the rear-wheel rack is a swank design featuring an adjustable, built-in fender, which he ordered from a business in Canada.

Like other customizers and bike builders on USAG-KA, Yarnes changes the features of his bikes or rebuilds new bikes based on his needs and desires which change over time. Just as someone in the U.S. might take her car to a dealer to switch out her tires or headlights, Yarnes might upgrade to a more durable set of wheels or a flashier shade of paint.

“Technically, this is our vehicle. You put a trailer on it, it becomes a pickup truck, you know? So, the bike takes on a personality that fits you,” he said. “I need a bike that can carry stuff. I need a bike that isn’t a pain to pedal into the wind. So, those needs come together, and you start to come up with designs that work out for you.”

Yarnes said that it’s easy for newcomers to USAG-KA to begin tinkering around with and modifying their bikes if they’re willing to get their hands greasy. For one, there is an abnormally high number of creatives on Kwajalein and Roi-Namur who can provide not only inspiration for designs, but also tips on working on bikes. Moreover, if you stick to working mostly with used and salvaged parts, customizing one’s bike can be a relatively inexpensive hobby. It sure beats making a car payment every month.

“I think that bikes on Kwaj are a big part of the culture here,” Yarnes concluded. “Even if we were allowed to have our own electric vehicles or mopeds ... I would probably still opt to ride a bike, just because you get a little bit more out of it. And then it’s just fun to have something that you can make your own. You can do a lot of things with a bike and not have to spend too much money.”

Yarnes painted this little giraffe, the namesake of the “Giraffe Bike.”



The handlebars and the rack are the only new parts on the Giraffe.

Used injection-molded seat.

Frame was found in a dumpster and repainted.

Crank system was picked up from a pile of scrapped parts

Yarnes bought the used fork system from a resident who moved away.

Yarnes found the wheels in the garbage and fixed them.



Best-selling author visits Kwajalein to research future book on Pacific

By Sheila Gideon
Managing Editor

Kwajalein has been the subject of many books, both fiction and non-fiction. While many were written by former residents, sometimes an author stumbles upon Kwajalein while researching their subject matter and sees that it fits nicely within their outline. This was the case for Simon Winchester, a *New York Times* best-selling author, who visited Kwajalein last week as research for his upcoming book about the Pacific Ocean.

Winchester has published more than 25 books. His most recent about the Atlantic Ocean and another about how the United States were formed are popular best-sellers. Therefore, his next logical step was to tackle the Pacific Ocean. His book about the Atlantic was essentially a biography of the ocean. He looked at the entirety of the history of the ocean—from its geological formation to what we do with it today.

"The Pacific is going to be rather different," Winchester said. "I figured it was just too big and too complicated to apply the same structure to it, so I am looking at it from the first of January, 1950." In the book, he will cover everything that happened in and around the Pacific in the last 60 years and why it should be regarded as important.

Kwajalein fits into his book in a slightly odd way. When he was planning the book, he wanted to grab the reader's attention with the story of the nuclear bombings in Bikini Atoll. He began looking into how to visit Bikini and was advised to look at Kwajalein. His research of the atoll began, and his interest was piqued.

He obtained clearance from the Pacific Fleet and Pacific Command to make an official visit to Kwajalein for the purposes of researching for his book. He arrived at Kwajalein April 29 and departed May 3. While here, he received unclassified briefings from U.S. Army Garrison-



Photo by Michael Sakaio

Best-selling author Simon Winchester, right, is taken on the Roi-Namur World War II Historical Tour last week with RTS Director Lt. Col. Dean Wiley, left, USAG-KA Protocol Officer Shannon Paulsen and Roi-Namur Operations Manager Tom Hutchinson.

Kwajalein Atoll Commander Col. Nestor Sadler and Reagan Test Site Director Lt. Col. Dean Wiley about Reagan Test Site's mission and the range operations conducted in Kwajalein Atoll.

"That was very informative and very interesting to me," Winchester said. "Oddly enough, if I had to gauge which was the most interesting thing, it would be a discussion I had ... with the chief meteorologist (Mark Bradford)." Winchester is interested in the Pacific as a generator of the world's weather, and plans to devote a chapter in his book regarding the topic. Bradford's particular interest in El Niño and its impact on the world's climate struck a chord with Winchester. "That is fascinating, because the idea that the Pacific is a generator of the planet's weather plays into this idea that we should be interested in the Pacific more than any other ocean because it's ... really important."

Winchester also visited Roi-Namur. Despite some research, he was not aware of how developed

Roi is. "Physically, I was much more impressed with the sophistication of the equipment," he said. "Although, a lot of it's very old. ... Despite all the rust and the wind and the waves, it's survived."

The book will include topical chapters about weather and climate, and military presence, but will also take into account the way humankind looks after the islands and people of the Pacific. Winchester visited Ebeye and information regarding the Marshall Islands will be weaved throughout the various chapters. But, the Marshall Islands are not the only focus of his book.

Winchester has travelled extensively for his writing in the past, including living in Hong Kong for 12 years. For this particular book he plans to visit Alaska, Japan, Australia, Korea, Russia, China, California, Oregon and Valdivia, Chile where there was a massive earthquake in 1960. His favorite place he's ever visited so far in the Pacific is Patagonia in South America.

DISPATCH FROM ROI



A Roi Rat celebrates Cinco de Mayo at the Outrigger.

From Melissa Engelhard



From Jordan Vinson

USAG-KA Commander Col. Nestor Sadler speaks with a Roi RMI workforce member at the recent town hall meeting.

Advanced Hypersonic Weapon Flight Test – 2 Hypersonic Technology Test Environmental Assessment and Finding of No Significant Impact

The U.S. Army Space and Missile Defense Command/Army Forces Strategic Command completed an Environmental Assessment, prepared in accordance with the National Environmental Policy Act of 1969 and the Council on Environmental Quality regulations implementing NEPA. The Advanced Hypersonic Weapon Flight Test – 2 Hypersonic Technology Test EA analyzes the potential environmental consequences that could result from test-related activities including the preparations, launch, flight, impact and demobilization. The preferred alternative primarily uses facilities in Alaska and at the U.S. Army Garrison–Kwajalein Atoll.

Based on the information and analysis, the USASMD/ARSTRAT determined that proposed activities are not expected to result in significant impacts to the environment. A draft Finding of No Significant Impact and the EA can be viewed and downloaded from the internet at www.ahw-ft2-htt-ea.info.

Printed copies of these documents are available for review at the Grace Sherwood Library and Roi-Namur Library.

Public comments on this Environmental Assessment and Draft FONSI will be accepted through May 15. Email written comments to publicdraftcomment@ahw-ft2-htt-ea.info or send via U.S. mail to: U.S. Army Space and Missile Defense Command, ATTN: SMDC-ENE (Mr. Mark Hubbs), P.O. Box 1500, Huntsville, AL 35807-3801.

Emoj an U.S. Army Space and Missile Defense Command/Army Forces Strategic Command (USASMD/ARSTRAT) kadredreiklok Environmental Assessment (EA) einwot an alikkar ilo kakien ko an National Environmental Policy Act (NEPA), eo ar komon ilo 1969, bareinwot kakien ko an Council on Environmental Quality, eo ej kamelet NEPA eo. EA in ej etali jorran ko remaron walok itok wot jen test kein, ekoba makitkit ko ilo aer kebojak non test kein, kajorak kein test kein, kattor e kein test kein, itaak ko rej walok jen kein test kein, im rub ko an kein test kein. Jikin ko test kein rejeloti rej Alaska im U.S. Army Garrison, Kwajalein Atoll.

Ekkar non melele im katak ko, USASMD/ARSTRAT ear loe ke aoleben makitkit kein reban kwalok jorran ko relab non melan kab belakin jikin kein. Melele kein ikijen FONSI im EA eo rebed ilo internet non etale im download i ilo www.ahw-ft2-htt-ea.info.

Copy ko an pepa kein rebed ilo kajojo jikin kein:

Obijeo an Republic of the Marshall Islands Environmental Protection Authority (RMIEPA) ilo Majuro, Marshall Islands Grace Sherwood Library eo ilo Kwajalein, Marshall Islands

Roi-Namur Library eo ilo Roi-Namur, Marshall Islands

Comment ko jen jabdrewot ikijen Environmental Assessment im draft FONSI eo naj boki jen kio mae May 15, 2014. Kwo maron in email e lok comment ko am non publicdraftcomment@ahw-ft2-htt-ea.info ak mail e lok non US Army Space and Missile Defense Command, ATTN: SMDC-ENE (Mr. Mark Hubbs), P.O. Box 1500, Huntsville, AL 35807-3801.

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

WANTED

CAMPING GEAR: tent, air mattress, cots, sleeping bags, chairs, cooler, etc. Call 53532.

LOST

WOMEN'S WATCH, black Casio Baby-G with pink highlights, near Emon during RustMan. Call 51763.

PATIO SALE

TODAY, 3-5 p.m., quarters 216-B. PCS sale, kids and adult clothes, beach toys, books, fish tank, kitchen items, inflatable kayak, furniture and rugs.

MONDAY, 7 a.m.-1 p.m., quarters 457-A. Rain or shine, no early birds. Fence, furniture, kitchen items, full-size refrigerator, fishing gear, custom fishing trailer, DVDs, more.

MONDAY, 8 a.m., quarters 219-B. Tools, fishing supplies, wireless router, electronics, Wi-Fi extender, clothes, medium-sized dog cage, food saver, three bike trailers. No early birds.

FOR SALE

FENCE, \$900; patio set, \$1,700; full-size refrigerator, \$475; set of oriental-style furniture, \$750; treadmill, \$300; bookcases, \$20; wardrobe cabinet, \$150; Mathis

Religious Services**Catholic**

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel
Roi-Namur service, 4:45 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

double reclining sofa, \$800; 55-inch Sony digital TV, \$750; 13-inch flatscreen LCD analog TV, \$40; 15-inch flatscreen LCD analog TV/monitor, \$50; anti-fatigue kitchen floor mats, \$80-\$100. Call 51195 or 52098.

FINE QUALITY FISHING equipment: Penn Intl 80 STW reel, rebuilt at Hobbietat and spooled with new line; 20 small, medium, large lures; gaff hook; hand line; large Igloo cooler and heavy duty fishing trailer; \$1,200 for the complete package. Buy today, fish today. Call 51053 to negotiate your package. All sales are private and confidential. Compete in the Sunday tournament with first-class catching equipment.

HOT TUB In excellent working condition, free standing with wood siding, all paperwork and chemicals included, 110 volt power, heaters and pump all work with zero leaks, cover included (cover needs work, will throw in blue 9x12-foot canopy), view at quarters 219-B, \$1,600. Call 58020 or 52244 and leave a message.

PSC SALE: Items for sale and giveaway ranging from baby items, outdoor living, furniture, appliances, electronics, housewares and many other items. Still pricing many. Call 59985 and leave a message to set up a time for viewing.

POWER SHARKCAT CATAMARAN, 30 feet, with dual 225 Honda four stroke outboards, \$50,000 or best reasonable offer. Leave a message at 55334 or e-mail savage.geckos@yahoo.com.

GATEWAY HOME COMPUTER system, Windows XP, Pennington 4 processor, two new re-imaged hard drives, DVD player, CD driver, Zip drive, wireless keyboard and wireless mouse, 17-inch flat screen monitor, \$250; Wii game system with seven games, Fit board, steering wheel, two remotes with rechargeable battery packs, travel case, original boxes, instructions, \$100; outdoor playground tube slide, excellent for kids 2-8 years old, \$80. Call 52642.

15-INCH MACBOOK PRO with retina display, 2.6GHz Quad-core i7, 16GB memory, 256GB solid-state hard drive, paid \$2,499, asking \$2,000. Call 59313 after 5 p.m. on weekdays or any time weekends.

BEAUTIFUL OAK ARMOIRE in good condition, 36-inch analog TV with remote, comes as a combo, \$100 to the first person who can pick up and haul them away. Call Geary at home, 52345, or work, 50962.

PCS SALE: three-piece rattan living room set: futon couch, recliner and ottoman, \$250; two pairs bedside tables, one dark wood, one wicker, \$25/pair; tan recliner, \$35; bookcase, \$10; outdoor storage chest, \$10; glass patio table, \$15; surfboard, \$100; RustMan racing bike, \$300; flat screen monitor, free; 7-foot Christmas tree, free; lots of plants, cheap. Can be seen at quarters 441-B or call 54309.

COMMUNITY NOTICES

EMPLOYEE ASSISTANCE PROGRAM classes offered this month: Parents Support Group meets today and Bariatric Support Group meets Tuesday. All classes are from 4:45-5:30 p.m., in the hospital conference room. Call Marion at 55362 with questions.

VET'S HALL 80'S NIGHT is tonight! For like a totally rad night of music and fun, like dig out your choicest 80s wear and, like come on down to the Vet's Hall. DJ Dyvurse will like be spinning 80s tunes for you to like groove the night away. Questions call Mike Woundy or Jan Abrams.

KWAJALEIN YACHT CLUB Sunfish Regatta and Beach Party is open to the entire community, noon-4 p.m., Sunday, at Camp Hamilton. Enjoy the beach, launch some water balloons, learn how to sail Sunfish, Hobie Getaway and Laser Bahia rides. Questions, contact sunfish@kwajyachtclub.com.

THE 2014 RUSTY-FAMILY "Mini" Triathlon will start at 4:30 p.m., Monday. It is a 500-yard swim, 10-mile bike, and 2-mile run. Come cheer on the community!

KSC MONTHLY MEETING is at 7 p.m., Wednesday, at the MP Room. This will be the makeup safety meeting for those who did not make it in April. This will also be a Constitutional change meeting, and the election of officers for the 2014-2015 membership year. Those who have not yet renewed their membership for the coming year are encouraged to come early to get this done. Membership renewal is \$80 for those who were members in good standing during the past membership year. Questions? Contact Dan Farnham.

BINGO IS THURSDAY at the Vet's Hall. New games! New payouts! Packet price is \$20. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Blackout completion at 53 numbers, \$1,300 payout; Windfall completion at 33 numbers, \$2,000 payout. Shuttle transportation available from the Ocean View and tennis courts. No outside alcoholic beverages permitted. Must be 21 to enter and play, bring your ID.

SCRATCH DAY KWAJALEIN: Computer programming for kids will be from 4-6 p.m., May 17, at the Namo Weto Youth Center. Join us for our first ever Scratch Day Kwajalein! Scratch is a programming language and online community where you can create your own interactive stories, games, and animations—and share your creations with others around the world. Come learn how to write your own programs using a simple graphics-based tool. No programming experience is necessary. Bring a laptop with Wi-Fi if you have one. Pizza and drinks will be provided. Visit <http://day.scratch.mit.edu/event/2131> for details, or contact smwinkdis-scratchday@yahoo.com.

MONGOLIAN BBQ dinner and auction to benefit Ric Fullerton and Angela Mitchell's kidney transplant is May 18 at the Vet's Hall. Tickets for the dinner are sold out, but you do not need a ticket to participate in the silent and live auctions, or to enjoy live music by *Radar Love*. Questions, contact Mike Woundy or Amy Spock.

"LEARN TO HOMEBREW DAY" will be 9 a.m. to 2 p.m., May 19, at the Kwajalein Yacht Club. Demonstrations in simple, advanced and all-grain brewing techniques. If you've ever considered brewing your own beer, stop by and experience how simple the homebrewing process really is. Questions, contact Mark at 56526. Sponsored by Homebrewers Over Pacific Seas.

COME HELP US CELEBRATE Asian-Pacific

Captain Louis S. Zamperini Dining Facility**Lunch****Sunday**

Round of Beef
Hawaiian Ham Steak
Mussels/Oyster Sauce

Monday

Cajun Short Ribs
Chicken Cordon Bleu
Eggs Florentine

Tuesday

Vegetarian Quesadillas
Country Fried Chicken
Hawaiian Chopped Steak

Wednesday

Grilled Cheese Sand.
Roast Beef/Gravy
Turkey/Dumplings

Thursday

Chicken/Tequila Salsa
Jalapeño Beef Stew
Nacho Chips/Cheese

Friday

Giribaldi Sub
BBQ Roast Beef
Fish Du Jour

May 17

Tropical Pork Chops
Meat/Veggie Pizza
Chili Mac

Dinner**Sunday**

BBQ Chicken
Macaroni and Cheese
Beef Stew

Monday

Beef Stir-fry
Crab Egg Foo Yung
Fried Potatoes

Tuesday

Spaghetti/Meatballs
Alfredo/Marinara Sauce
Vegetarian Stir-fry

Wednesday

Flank Steak
Garlic Roast Chicken
Pork Pimiento

Thursday

Chicken Fried Steak
Chicken/Peapod Stir-fry
Steamed Potatoes

Friday

Herb Roast Chicken
Sage Stuffing
Vegetarian Stir-fry

May 17

Braised Short Ribs
Wing Dings
Oven Roasted Potatoes

Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

11 1. Spiritual Resilience, see page 10. All welcome.	12 1. Yoga, 10 a.m., location TBD (contact Benjamin Allgood). 2. Rusty-Family "Mini" Triathlon, 4:30 pm, Emon Beach. 3. Pick-up Soccer, 6 p.m., Brandon Field.	13 1. Cross Fit, 5:30 a.m., Adult Pool. 2. Bariatric Support Group, 4:45 p.m., hospital conference room.	14 1. Yoga, 6 p.m., location TBD (contact Benjamin Allgood).	15 1. Cross Fit, 5:30 a.m., Ivey Gym. 2. Run Intervals, 5:30 p.m., Emon Beach.	16 1. Yoga, 6 p.m., location TBD (contact Benjamin Allgood).	17 1. Cross Fit, 5:30 a.m., Ivey Gym. 2. Pick-up Tennis, 5:30 p.m., Tennis Court.
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American Heritage month from 6:30-8 p.m., May 19, at the Richardson Theater. We will feature island dances, songs and food tasting. Questions, contact Staff Sgt. Geraldine Turituri at 53424.

THE CRC AND CAC facilities will be closed May 18-19 for air conditioning repair. Questions, call 51275.

WE'RE SPRING CLEANING at the Hobby Shop! Pick up your finished/unfinished projects by May 20. After this date anything not claimed will be disposed of. Questions? Call 51700.

KWAJALEIN SWIM TEAM Spring Season Banquet will be from 6-8 p.m., May 21, at the MP Room. Come to congratulate the Barracudas and the Makos on a great season! Will include an awards ceremony, voting of vacant officers, and discussions of next season's registration and schedule of events. Pizza, drinks, cake, paper products and plastic ware will be provided. A-G bring salad; H-M bring fruit; N-Z bring brownies (note if any nuts). Questions, call Carla at 55105.

MEMORIAL DAY BEACH PARTY is on May 27. Join us for a fun-filled day at Emon Beach: volleyball tournament, Swap Meet, free kayak rides, 10th grade Tie-dye Fundraiser and food sales! Questions? Call Community Activities at 53331.

GREAT KWAJ SWAP MEET will be from 9-11 a.m., May 27, at Emon Beach. One complimentary table per household; additional table is \$10. Pick-up services provided; ask for the pick-up when registering. No oversized items. Call the CA office at 53331 to reserve your table. Space is limited.

3-ON-3 VOLLEYBALL TOURNAMENT will be at 9 a.m., May 27, at Emon Beach. Register at 8 a.m. Entry fee for KSA members is \$5/person, non-members \$7/person. Questions? Call 52741.

COME SUPPORT THE 10th grade class at their Tie-dye Fundraiser, 1-3 p.m., May 27, at Emon Beach. Bring your own 100% cotton shirt (\$3 per piece) or buy one at the event (\$5 per piece). Sizes are limited.

"NY COMEDY TOUR" will perform at 7 p.m., May 28, at the Vet's Hall. Take a mid-week break and enjoy this live comedy show courtesy of Armed Forces Entertainment. Questions? Call 53331.

OPEN RECREATION EVENT: Come play games with your friends, 6-7:30 p.m., May 30, in the CRC. Register May 13-29 at the CYSS Central Registration Office by calling 52158. Questions, contact Katrina Ellison at Katrina.m.ellison.ctr.@us.army.mil.

THE ARC WILL BE CLOSED for air conditioning repair May 31-June 2. It will re-open at 8 a.m., June 3. Questions, call 51275.

THE JUNE HALF-MARATHON is around the corner! Race begins at 6 a.m., June 8, in front of the Namo Weto Youth Center. Questions? Contact Lynn Leines at 52545.

GET CREATIVE FOR A CAUSE! The Yokwe Yuk Woman's Club will be hosting a silent basket auction this fall. We need your creative baskets filled with goodies to make this event successful. If you are interested in getting involved or want to create a basket, contact Angela Ryon at 53438.

SWINE VIRUS CAUSES increase in pork prices. The PED virus outbreak has reduced hog numbers and thus reduced pork availability in the retail level. Pork purchased by KRS are inspected and approved by USDA and therefore all meats shipped to Kwaj are safe to consume. Please keep in mind that a price increase is a reflection of the market and the quality of product being provided.

WANT TO KNOW WHAT MOVIE is playing and when? Check out the TV Guide or call the movie hotline at 52700 for the current week's schedule. For a monthly listing, check on the link in the Kwaj Coconut Wire or visit: <https://kwajweb.smdck.smdc.army.mil/community/SiteAssets/Pages/default/May%20Movie%20Listing.pdf>. (This is a tentative schedule based on all movies arriving on time. It is posted by the 1st of each month). Questions? Comments? Call Midori at 53331.

E-TALK: Anyone who, for any reason, needs to dig or disturb the ground deeper than six inches below the surface needs to obtain a dig permit. Permit applications are available by contacting the ES&H office.

SAFELY SPEAKING: A safe behavior is what positive action you will take when performing work so that you do not get hurt.

Military Casualties

Pfc. Daniela Rojas, 19, of Los Angeles, died May 3, in Homburg, Germany, due to a non-combat related illness. She was assigned to the 2nd Battalion, 12th Infantry Regiment, 4th Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

Sgt. Shawn M. Farrell II, 24, of Accord, New York, died April 28, in Nejrab District, Kapisa province, Afghanistan, of wounds sustained when enemy forces attacked his unit with small arms fire. He was assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light), Fort Drum, New York.

Pfc. Christian J. Chandler, 20, of Trenton, Texas, died April 28, in Baraki Barak District, Logar province, Afghanistan, when enemy forces attacked his unit with small arms fire. He was assigned to the 2nd Battalion, 87th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light), Fort Drum, New York.

Spc. Kerry M. G. Danyluk, 27, of Cuero, Texas, died April 15, at Landstuhl Regional Medical Center, Germany, of injuries sustained April 12 when enemy forces attacked his unit with small arms fire in Pul-e-Alam, Logar province, Afghanistan. He was assigned to the 2nd Battalion, 87th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

Café Roi						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 17
Roast Beef	Chicken Strips	Corn Dogs	Monte Cristo Sand.	BBQ Chicken Sand.	Italian Baked Fish	Chicken Quesadillas
Cornish Hens	Chorizo Casserole	Southwest Roast Beef	Pork Chops	Beef Stroganoff	Chicken Cacciatore	Beef Tacos
Seafood Pasta	Southern Benedict	Corn on the Cob	Stir-fry Vegetables	Tofu Stir-fry	Onion Rings	Pinto Beans
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 17
BBQ Spare Ribs	Chicken Pasta	Turkey Cordon Bleu	Steak Night	Roi Fried Chicken	Sweet/Sour Chicken	Grilled Burgers
Fried Fish	Marinara Sauce	Beef Stew	Huli Huli Chicken	London Broil	Beef Stir-fry	Homemade Chili
Red Beans	Fresh Bread	Ratatouille	Baked Potatoes	Mashed Potatoes	Chow Mein	Three-Cheese Pasta



SOFTBALL 2014

WEEK 9 SCHEDULE

WEEK 7 RESULTS

April 29

Kwaj Mixer def. Spartans Blue	6-14
Spartans 1 Men def. Trouble Makers	9-3
HMMWV def. Bakai' Arma	20-9
RF Hazards def. I'd Hit That	15-5

April 30

Spartans 1 Women def. Spartans White	13-2
Mud Ducks def. USAG-KA	18-9
OFL def. Regulators	19-0

May 1

All games rescheduled due to rain

May 2

Kwaj Mixer vs. Spartans 1 Women: rescheduled	
Mud Ducks def. Kwajalein	8-5
Regulators def. USAG-KA	18-2

May 13

5:15 p.m. Women's Seed 2 vs. Seed 3
5:15 p.m. Trouble Makers vs. Yo-Wong
6 p.m. Jikalum vs. HMMWV
7:15 p.m. USAG-KA Co-ed vs. Air KWA

May 14

5:15 p.m. Women's Seed 1 vs. Winner Game 1
6 p.m. A League Seed 4 vs. Seed 5
7:15 p.m. A League Seed 3 vs. Seed 6

May 15

5:15 p.m. B League Seed 3 vs. Seed 6
6 p.m. Co-ed League Seed 4 vs. Seed 5
7:15 p.m. Co-ed League Seed 2 vs. Seed 3

May 16

5:15 p.m. Women's Winners Game 2 vs. Game 3
5:15 p.m. B League Seed 4 vs. Seed 5
6 p.m. A league Seed 1 vs. Winner Game 1
7:15 p.m. A League Seed 2 vs. Winner Game 2

LEAGUE STANDINGS

A League

Criminals	7-1
Old, Fat and Lazy	7-2
Mud Ducks	6-3
Kwajalein	3-6
Regulators	2-6
USAG-KA	1-8

B League

Yo-Wong	6-1
Jikalum	5-2
Spartans 1 Men	4-3
HMMWV	4-4
Trouble Makers	1-6
Bakai' Arma	2-6

Co-ed

Lollygaggers	7-0
RF Hazards	5-3
USAG-KA	4-3
Air KWA	3-5
I'd Hit That	0-8

Women's

Spartans 1 Women	7-0
Spartans Co-ed II W	3-4-1
Kwaj Mixer	3-4
Spartans Co-ed II B	3-5
Scrubs	2-5-1

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	10%	ENE-E at 15-20 knots
Monday	Partly Sunny	10%	ENE-E at 13-18 knots
Tuesday	Partly Sunny	20%	NE-E at 11-16 knots
Wednesday	Mostly Cloudy	40%	ENE at 12-17 knots
Thursday	Partly Sunny	20%	ENE-E at 10-15 knots
Friday	Mostly Sunny	10%	NE-E at 12-17 knots

Yearly total: 49.07 inches

Yearly deviation: +30.50 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	6:30 a.m. 7 p.m.	4:43 p.m. 4:09 a.m.	9:12 a.m. 0.5' 9:21 p.m. 0.1'	3:03 a.m. 3.4' 3:13 p.m. 3.3'
Monday	6:30 a.m. 7:01 p.m.	5:35 p.m. 4:55 a.m.	9:51 a.m. 0.1' 9:56 p.m. 0.2'	3:38 a.m. 3.8' 3:52 p.m. 3.6'
Tuesday	6:30 a.m. 7:01 p.m.	6:30 p.m. 5:43 a.m.	10:28 a.m. 0.3' 10:30 p.m. 0.4'	4:13 a.m. 4.2' 4:29 p.m. 3.8'
Wednesday	6:30 a.m. 7:01 p.m.	7:27 p.m. 6:35 a.m.	11:05 a.m. 0.6' 11:04 p.m. 0.6'	4:47 a.m. 4.6' 5:06 p.m. 3.9'
Thursday	6:30 a.m. 7:01 p.m.	8:26 p.m. 7:31 a.m.	11:42 a.m. 0.8' 11:40 p.m. 0.6'	5:22 a.m. 4.8' 5:43 p.m. 4.0'
Friday	6:30 a.m. 7:01 p.m.	9:25 p.m. 8:29 a.m.	----- 12:21 p.m. 0.8'	5:58 a.m. 4.9' 6:22 p.m. 3.9'
May 17	6:30 a.m. 7:02 p.m.	10:23 p.m. 9:28 a.m.	12:17 a.m. 0.6' 1:02 p.m. 0.7'	6:37 a.m. 4.9' 7:02 p.m. 3.7'