

Disinfection By-Products in Drinking Water on Meck Island

The Meck Island water tests performed during first quarter FY14 showed Total Trihalomethane levels in the drinking water above the maximum contaminant level. Trihalomethanes represent a group of chemicals generally referred to as "disinfection by-products". They are formed when chlorine is used to disinfect water to make it safe for drinking. They result from a reaction between the chlorine and naturally occurring organic compounds in the raw water. Mandatory public notification is required when a contaminant exceeds the MCL. Potential health effects from long term consumption of water with elevated levels of TTHM include liver and kidney problems or increased risk of cancer. However, potential short term exposure by healthy adults has not been shown to lead to adverse health effects. Potential exposures to Meck personnel can be considered short term due to the limited time the MCL has been exceeded.

Final approval has been granted for a granular activated carbon filter system, which is scheduled to be installed on Meck in the late spring or early summer of 2014. This GAC filter system will treat the entire Meck drinking water system to remove those naturally occurring organic compounds before the water is disinfected with chlorine, effectively reducing the resulting TTHMs to minimal levels.

In the mean time, an activated carbon point-of-use filter is installed on the tap outside the water treatment plant to filter out TTHMs and provide safe drinking and cooking water for Meck personnel from this tap only. Showering and face-washing at other locations will have no negative effects. These activities may continue at any shower or potable water tap.

If you have any further questions, contact Leigh Pinney, KRS ES&H, at 55374.

Republic of the Marshall Islands Driver's License Renewal and New Issue

Republic of the Marshall Island's National Police will process RMI driver's license renewals and new issues on Kwajalein and Roi-Namur as follows:

Kwajalein

9 a.m.-4 p.m., Monday, at the RMI Liaison Office, Building 901

Roi-Namur
9 a.m.-4 p.m., Wednesday, at the Roi-Namur Library

If you would like to renew or get a new RMI driver's license, please bring a picture identification card. Cost of both renewals and new issue is \$20.

Questions, please call the RMI
Representative to USAG-KA's office at 53620/3600 or the USAG-KA Host
Nation Office at 52103/4848.

THUMBS UP!

... to KRS Property Specialist Pat Branham for achieving status as a Certified Professional Property Specialist through the National Property Management Association.

... to John Hutchins for all his hard work. The Food Court customer service has been exceptional since you got on island. We really appreciate how hard you work.

...to Jane Woundy for putting on such an amazing art show. It was so fun to see all the students' work!



TDY PERSONNEL

All TDY personnel with a <u>SECURITY</u>
<u>CLEARANCE</u> are required to receive a
Island Threat Briefing within 24 hours of
arrival to USAGKA/RTS:

Briefings held at 1:30 p.m. every
Tuesday/Thursday/Saturday in
Building 1163 or call for an appointment.

KWAJALEIN RESIDENT OFFICE, ARMY CONTERINTELLIGENCE 5-3576/1095

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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USAG-KA residents, workers discuss issues with commander at town halls

Article and photos by Jordan Vinson Associate Editor

U.S Army Garrison-Kwajalein Atoll town hall forums were held April 23-24 on Roi-Namur and Kwajalein. Each meeting was an opportunity for residents to follow up on issues raised during the previous round of town halls, which took place in December and January, and to offer new questions to the point man of the forums, USAG-KA Commander Col. Nestor Sadler.

The town hall tour kicked off on Roi, and there were a few new faces at the Tradewinds Theater that Sadler introduced: Command Sgt. Maj. Reginald Gooden, Interim Deputy to Commander Christopher Damour and AAFES General Manager Linda Lowry.

Lowry was greeted with an especially warm welcome by Roi residents, who were grateful for the heaps of holiday Easter candy that made its way to the islet's Exchange store. The manager of the Roi Exchange, Monica Villela, helped cure the issue by providing a dry-erase board at the store onto which customers are able to request specific items. Command emphasized their understanding that the issue touches on the strength of morale and quality of life for residents on the island.

Other questions raised at the Roi meeting for contractors varied greatly. One resident touched on problems with online postage quotes not matching the dollar amount required at the Roi Post Office window to mail packages. Kim Yarnes, Deputy Community Services Manager and Post Office lead, said that they are aware of the situation and are working on a solution. If it is an issue relating to the equipment used to calculate quotes, Yarnes said, it will be fixed immediately. Her counterpart in Honolulu had already been contacted.

Command and Kwajalein Range Services provided updates on their effort to fill key positions impacting quality of life on Roi. Two current employees will begin training to become Yamaha-certified mechanics capable of maintaining and repairing B-boats and other vessels on the island; they will also work on Kwajalein. A permanent IT tech will also be hired to live and work on Roi. KRS has hired a finance clerk whose contributions will extend the operational hours of the Post Office and Finance Office. By the date of the town hall, the clerk had already completed one month of training.

Because the Community Bank ATM on Roi cannot accept cash deposits, residents asked if a second bank ATM, capable of accepting cash deposits, could be installed on the island. Unfortunately, this is not feasible. Accepting cash deposits requires bank employees and security assets to verify and safeguard the amount deposited daily.

Several individuals questioned the nightly rates



USAG-KA Commander Col. Nestor Sadler talks to contractor residents on Roi-Namur about rates for visitors' lodging on the island during a town hall forum April 23.

charged for visitors' lodging on USAG-KA, expressing their desire to see the \$109-a-night rate for staying at the Kwaj Lodge or one of the Roi transient facilities lowered. The response is that changes to rates are set locally in the Finance Policy and Rates Manual (FPRM) and approved by the contracting officer.

A separate meeting followed for RMI workers at the Tradewinds Theater.

Sadler communicated at both the Roi and Kwaj RMI town hall meetings that Command will explain the guidelines and restrictions regarding RMI shopping privileges in a format that is much easier to understand for all parties. Distributing these explanations to the RMI workers in high-traffic areas should clear up this confusion.

One RMI worker asked if any RTS testing missions damage the environment on the atoll. Command staff reminded everyone present that all tests are advertised to all communities ahead of time via several Command media. They also emphasized the fact that each test is reviewed beforehand to determine if it will incur damage to the reefs, marine and land habitats, water and air quality and a wide array of other factors used to gauge environmental health. It's also important that all residents and workers on the installation understand that environmental protection is one of the upmost priorities of USAG-KA.

Sadler wrapped up the Roi RMI town hall meeting with a recap of some heartening projects that Command has recently completed and will soon begin tackling. Additional shopping days, for instance, have been set aside for C-badge workers at the Roi Exchange, which includes an increase in dollar amount purchases during each event. On Enniburr, 41 desks were recently delivered to the school for use by the island's

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Kwajalein residents shatter records at 35th annual RustMan Triathlon

By Bob Sholar Kwajalein Running Club

Persistent cloud cover Monday created good, general performance conditions at the 35th Annual RustMan Swim-Bike-Run Triathlon. Swim course tide flows were not so good, but that is the shortest segment. There were 33 solo contestants, including eight high school students, and seven teams. The event is a partnered effort by Kwajalein Running Club and Kwajalein Range Services Community Activities, plus many volunteers from the community. U.S. Army Garrison-Kwajalein Atoll Commander, Col. Nestor Sadler, wished the swimmers well at the base of Echo Pier at 4 p.m., and blared the start siren.

With good conditions, the highlights were many. Krystal Peterson was the overall winner in 2 hours, 13 minutes and 49 seconds, a personal best by over four minutes, and just six seconds shy of the women's record set by Sharon Greenbaum back in 2001. This is just the third time the ladies have bested the men. It was not small feat for Peterson, as the men's winner was that formidable but gracious endurance machine and 10-time RustMan contestant, Thomas Cardillo, in 2:16:34. This increases Cardillo's men's section win

Only 30 seconds behind Cardillo was first-time triathlete Jay Lord, in 2:17:03. Lord has transformed himself through rigorous training and improved fitness in the last year. He amaged and placed the local

count to five, more than any other male.

himself through rigorous training and improved fitness in the last year. He amazed and pleased the local triathlete community Monday, who have watched him steadily climb a stair of performance plateaus.

There were two notable age group records. KRC President Jon Jahnke, competing for the eighth consecutive year, pushed the men's seniors' category record down by three minutes to 2:18:30.

A decade ago, as the club population aged up, KRC created a new age group, Social Security Eligible, for those aged 62 and up. Elliott Moseley pushed the SSE record down by a walloping 15 minutes to 2:40:12. Kevin Skinner, also SSE, was just five minutes behind Moseley in 2:45:25, also eclipsing the old record. Moseley is a bike specialist, but had a remarkably good run. When asked how he ran so fast, Moseley replied, "I was afraid Doc Skinner would catch me." There was a third SSE contestant, Vic Langhans, who turned in a personal best of 3:26:57.

The teen section winners were sophomore Michael Sykes in a personal best of 2:28:53 and junior Mereille Bishop in 2:38:46. Both are on the top five (by gender)



Matt Brown takes off to start the last leg of the RustMan Triathlon after being tagged by teammate Jeff Fluhrer. Team "Physics is Phun!" finished in first place, along with swimmer Kristen Hosek.



Photos by Sheila Gideor

Volunteer Mark Long assists solo competitor Christi Cardillo with her transition from bike to run.

2014 RustMan Triathlon Team Results						
Teams: Swimmer, Biker, Runner	Team Name	Swim	Bike	Run	Total	
Kristen Hosek, Jeffrey Fluhrer, Matt Brown	Physics is Phun!	0:15:59	1:16:56	0:47:14	2:20:09	
Sarah Stepchew; Eric Miller; Heather Miller	Splash, Flash & Dash!	0:17:40	1:18:42	0:54:10	2:30:32	
William McPhatter; Holly Botes; Spencer Anderson	So Sue Me!	0:16:43	1:29:39	0:53:33	2:39:55	
David Bates; Amber Bates; David Bates	Lagoon Bates	0:20:28	1:24:12	0:57:55	2:42:35	
Ruthie Long; Scott Wright; Rachel Sova	Faster Than Our Kids	0:16:34	1:26:41	1:00:47	2:44:02	
Marcus Weiland; Dean Wiley; Ray Drefus	Team 1010	0:29:39	1:31:20	1:08:23	3:09:22	
Julie Gabriel; Christine Dejongh; Bess Buchanan	Tri Anything Once	0:19:09	2:12:02	1:06:07	3:37:18	

lists of best high school student times after 35 RustMan competitions.

In the team section, finishing first was swimmer Kristen Hosek, biker Jeffrey Fluhrer and runner Matt Brown in 2:20:09.

Statistically rare, two of the 33 solo contestants were mothers who delivered twins within the last year. One of them, Jill Brown, a powerhouse runner, ran the fastest run segment ever by a female in 0:45:59.

A cheering crowd of around 150 tracked the swimmers from the shoreline over the 1,000 yard distance to the Emon Beach course hub. Cheering squads, consisting of family and friends of contestants, were set up aside all three course segments, many with "Go!" signs and inspiring music.

A volunteer support staff of around 50 could be seen all over the course: lifeguards, bike course marshals, Kwajalein Amateur Radio Club members, first aid providers, timing staff, water station staffers and barbeque cooks. Among those, special thanks to some of the leaders: Al and Sonya Robinson, Jim and Jeanette Bishop, Rob Taylor, Dale Finley, Mark Long, Jim Stepchew, Linn Ezell, Rebecca Bradley, Randy Sliva, Julie Gabriel, Henry McElreath, Mark Donoghue, Kim Yarnes, Kaylee West, Thompson Tarwoj, James Loeak, Nick and Sarah Dahl, Tina Wiley, and Jayne and Larry Cavender. Jayne has led the race timing effort for the last 10 RustMan competitions with keen vision and rapid fire recording abilities. Jayne honed the skill of cool headedly documenting finishing clusters of racers at all three segment finishes. We will miss the Cavenders, who PCS this week.

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Elias Peterson waits at the finish line to give a high five to his dad, Brent, as he completes the run portion of the RustMan Triathlon.

2014 RustMan Triathlon Individual Results Run Cat. Name Swim **Bike** Total FO Krystal Peterson*** 0:15:53 1:10:11 0:47:45 2:13:49 MM Thomas Cardillo 0:18:05 1:09:17 0:49:12 2:16:34 MO Jay Lord 0:17:08 1:10:43 0:49:12 2:17:03 MS Jon Jahnke* 0:18:18 1:10:40 0:49:32 2:18:30 MT Michael Sykes 0:19:55 1:17:30 0:51:28 2:28:53 MO **Brent Peterson** 0:18:14 1:14:14 0:56:29 2:28:57 FO Jill Brown**** 0:24:04 1:21:55 0:45:59 2:31:58 MS 2:33:34 Ben Bartyzel 0:24:52 1:19:25 0:49:17 FO 1:21:36 Lindsey Vail 0:16:59 0:55:35 2:34:10 MO Dan Simas 0:15:44 1:21:26 0:59:19 2:36:29 MS Bruce Premo 0:19:03 1:16:13 1:01:24 2:36:40 FT 1:24:44 Mereille Bishop 0:15:53 0:58:09 2:38:46 1:22:41 0:56:20 MM Wesley Kirk 0:20:01 2:39:02 SSE Elliott Moseley** 0:20:17 1:14:59 1:04:56 2:40:12 0:17:45 1:25:38 FO Lynn Leines 0:58:01 2:41:24 SSE Kevin Skinner 0:18:41 1:21:15 1:05:29 2:45:25 MT Sam Jahnke 1:21:39 1:11:21 0:17:09 2:50:09 FO Christi Cardillo 0:20:59 1:32:56 0:58:47 2:52:42 FO 0:19:01 1:29:46 1:05:50 2:54:37 Jamye Loy MM 1:09:22 Jon Mitchell 0:19:55 1:25:56 2:55:13 MT David Sholar 0:17:06 1:37:31 1:02:09 2:56:46 1:19:01 MT John Sholar 0:16:08 1:28:03 3:03:12 FO Nikki Delisio 0:20:26 1:25:41 1:18:16 3:04:23 MM 0:22:13 1:36:47 1:11:38 3:10:38 George Gansel FΜ Alison Bowers 0:25:10 1:34:04 1:13:11 3:12:25 FΜ Karen Simas 1:12:37 0:25:10 1:34:47 3:12:34 MT Austin Wiley 0:24:09 1:31:19 1:22:55 3:18:23 MO Matt Sova 0:21:42 1:38:16 1:19:32 3:19:30 FT Leightyn Cossey 0:15:52 1:35:41 1:29:13 3:20:46 FT Molly Premo 0:15:51 1:35:42 1:29:13 3:20:46 MS **Edward Jednacz** 0:29:29 1:33:28 1:18:22 3:21:19 SSE 0:29:43 1:17:16 3:26:57 Victor Langhans 1:39:58

M=Male F=Female, T=Teen, O=Open, M=Masters (40+), S=Seniors (50+), SSE=Social Security Eligible (62+)

0:29:57

1:49:27

1:20:09

3:39:33

*Jon Jahnke - New Men's Seniors Record (old, 2010, Peter Schulz: 2:21:43)

Kathy Skinner

**Elliott Moseley - New Men's SSE Record (old, 2006, Ray Smead: 2:55:41)

***Krystal Peterson - New Fastest Ever Female Bike Segment (old, 2003, Sharon Greenbaum: 1:10:13)

****Jill Brown - New Fastest Ever Female Run Segment (old, 2001, Sharon Greenbaum: 0:46:03)

FS



Article and photos by Jordan Vinson Associate Editor

n U.S. Army Garrison-Kwajalein Atoll, the bicycle is an inescapable feature of life on the islands. With more bikes than there are humans, Kwajalein and Roi-Namur combined may have among the highest bicycle-per-person ratio of any community in the world.

There is, of course, no way for this to be proven. The folks at the United Nations or the World Bank, for example, don't track such things as rates of bicycle ownership per 1,000 people. Nor is there an Army Bicycle Command keeping tabs on such a statistic among the branch's installations. But then again, everywhere you look you find all varieties of bikes propped up by rickety kickstands, wedged into wooden racks or being pedaled down Ocean Road or around the runway on Roi. It's almost as if they're a natural part of the landscape.

Life on Kwaj and Roi, undoubtedly, means life with bikes. And the bikes on these islands come in all shapes, sizes, colors, styles—and states of disrepair. From \$4,000 Cannondale road bikes and the ubiquitous Sun cruisers, to \$99 rust-riddled Huffys and one-of-a-kind recumbent trikes, USAG-KA residents have them all.

Just as many people often look upon their cars and trucks in the U.S. as extensions of their personalities, many USAG-KA residents use their bikes as canvases upon which they can express their individuality. Gooseneck handlebar extensions, different fenders and a fresh coat of paint are some of the easier modifications done to bikes on the islands. Some people buy used parts on the

Internet and rebuild their bikes piece by piece throughout the long term, either to make them more unique or to make them more resistant to the harsh elements on the atoll. Others go the extra mile and build their own bikes from scratch, either from new parts or from scrap materials picked up around the islands.

Any way you look at it, Kwajalein and Roi-Namur boast one of the strongest and most unique bike cultures around. And because May is National Bike Month in the United States, its seems fitting to tip our hats to both the role the bicycle plays in the communities of USAG-KA and to the people who buy them, ride them and customize them to make them their own.

There is likely no one on the island of Kwajalein who knows bikes better than Doug Hepler. A former metal worker who worked with the Navy for nearly 30 years, he's used his hands-on skills to cut, sculpt and weld aluminum and steel into a wide array of bikes that are as much pieces of art as they are a means of transportation for him and his family.

Throughout the years, Hepler has registered 20-or-so bikes with Security and Access Control, and he's built or modified many of them. But he's quick to point out that were it not for the inspiration he gets from other do-it-yourself gurus, whose creations he sees and reads about online, he'd have a tougher time with his projects.

"I'd like to think I'm more of a copier than an original creator," he says. For instance, he often gets his ideas from bikes, trikes or quadricyles he sees on online forums—www.atomiczombie.com is a good place to go, he says—and then interprets the plans his own way and in a fashion conducive

to the harsh elements that bikes have to put up with on the atoll.

Hepler did just this with one of his more quizzical creations—the candy apple-red, tractor-looking bicycle called "El Diablo Rojo."

"This was inspired by the website of a graduate student in Finland, who tried to make a forkless bike," he explains looking over the diablo. "And I tried to do the same thing. But I couldn't make it work, so I ended up just putting a small fork down here for a smaller wheel."

While the forkless design didn't work out for him, he did come up with something just as interesting: a completely unique, over-engineered steering system that looks like it would be at home as part of a Rube Goldberg machine.

And it's not an easy bike to ride.



a good place to go, he says—and then interprets the plans his own way and in a fashion conducive bikes outside his home Monday.

Doug Hepler, a veritable master of custom-built rides, speaks to the Hourglass about some of his bikes outside his home Monday.



Hepler sits in the "Red Car," flanked by "El Diablo Rojo" and "The Truck." All three bikes were made by Hepler by hand mostly out of discarded and spare parts he found around the island.

The difficulty in riding the Diablo works in Hepler's favor, though.

"It's hard to mount if you're not used to it, which probably helps [deter] thievery," he says. "But you'd have to be a real dunce to steal this, because it's hard to say that you bought it at the store."

Like many of his other rides, he welded and bolted the bicycle together with scrap aluminum, much of it machined aluminum round stock given to him by friends or picked up from around the island. He got the flat metal plating used to join the top tube with the seat tube, for example, from an old radar that was had been torn apart and scrapped. Only a couple items—the seat and wheels, for instance—were purchased new.

The same goes for Hepler's quadricycle, a veritable 4-wheeled, rolling Frankenstein named the "Red Car."

Basing the build off a design made by a company in Indiana, he pieced the Red Car together almost completely from scrap parts he got for free.

"I got all the materials from the dump," he says, "except for the sprockets and the pedals, which I bought, and the wheels, which were given to me by a friend who was a wheel packrat."

He got the inspiration for the quadricycle from a junked child's pedal car his son had found one day. Taking one look at it, he decided he could make one himself—but for an adult.

And when pedaling this thing around the neighborhood, it's easy to see how the quad is simply a big toy for adults. It's just really fun to ride, almost like a go-cart.

There is at least some practicality to it, though: The extra seat on the back is great for giving rides to people who may be injured, as one of Hepler's friends did recently.

The most practical ride in Hepler's fleet, however, is the trike he welded together himself using a goldmine of scrap aluminum given to him by a friend before he moved.

"I used aluminum tube that a friend gave me when he took apart ... his old awning before he PCS'd," he says. "He left me about 60 feet of aluminum pipe."

Dubbed "The Truck," the tricycle features dozens of welds Hepler made to piece together both the bike frame and the attached trailer support base, upon which a 3 feet-by-5 feet box sits. He



A close up of one of dozens of welds Hepler made to construct his tricycle, dubbed "The Truck."

uses it haul everything from groceries for his family to scuba tanks for dive students. And with the capacity to carry as many as 14 air tanks, the Truck, while not as stylish or fun to drive as the quad or the Diablo, is his work horse. Anyone who has taken one of his dive classes will have surely seen it.

Regarding the bike culture on USAG-KA, Hepler sees no reason to change anything whatsoever, such as by introducing electric bikes. Having no alternative to using their leg muscles to get around the island, residents live in a cleaner, safer and more healthy environment, he says. But perhaps more importantly, it's all the time people spend on their bikes that drives the innovative customizations they ride around. And this, Hepler definitely encourages.

"The bike culture here is very unique, because it's all we have to get around with," he says. "I think we're doing pretty well with what we have. And it's also an opportunity for people to build and put together unique things."

As for his next project, Hepler may have come up with his most intrepid design yet.

"I'm going to take two frames ... and I'm going to join them together and put on a bench seat and a cover with a tarp," he explains. "So I'm going to make a quadricycle from two joined bikes. That's my next project."



KHS student show off artistic talents

Article and photos by Molly Premo Media Services Intern

The High School Art Show was held from 2-4 p.m., Sunday, in the MP Room. Art Teacher Jane Woundy coordinates art shows during the year as a chance for all her students to display the works they have been crafting and perfecting all year. The room was filled with different art categories ranging from paintings, masks and 3-D towers.

The theme of this year's show was "A Night at the Movies." All of the art projects were created to match scenery, soundtracks, costumes, logos and genres of an assortment of classic movies.

"The students had a blast!" Woundy explained. "It was really fun to introduce films that they would never have seen on their own such as 'Godzilla,' the original 'King Kong' and George Melies' fifteenminute film, 'A Trip to the Moon."

Spartan Expresso provided drinks and candy for art viewers to enjoy while they observed the students' artwork.



3-D masks are a unique item seen at the High School Art Show.



The eighth-grade class creates baskets based on the "basket scene" from "Indiana Jones and the Raiders of the Lost Ark" movie.



Edward Jednacz checks out the Tower of Awesomeness category at the High School Art Show Sunday in the MP Room.



The seventh-grade class designs art based off gods and goddesses in the movies.



Senior Shenandoah Wrobel shares her artistic talent at the High School Art Show.



From left, Alicia Church, Allyson Moore and Audrey Whatcott sashay down the red carpet at the movie-themed art show Sunday.



TOWN HALL, from page 3

students. USAG-KA will also repair Enniburr's water tank and water system this summer. They may also install a shelter at the island's pier so that C-badge workers can keep out of the rain and sun while they wait for the ferry.

An early-afternoon town hall meeting on Kwajalein April 24 brought out more than 100 RMI workers at the Island Memorial Chapel.

Many questions centered on policies regarding the Kwaj Dock Security Checkpoint. The security fence that wraps around the local Bank of the Marshall Islands branch and the laundry facility forces C-badge workers, who are already on the installation, to pass through the DSC, and some employees expressed annoyance for having to do so. The reason the security fence is there, the colonel explained, is to allow all Ebeye residents—not just C-

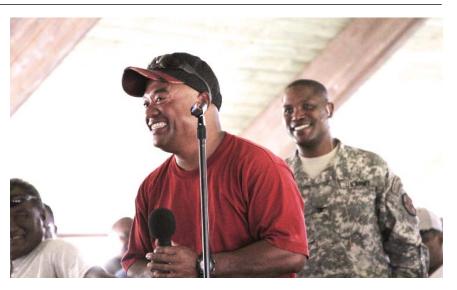
badge workers—access to the bank, the laundry and the Bargain Bazaar. Because Ebeye residents who are not employees of the installation are allowed access to these services, they must be limited to these areas for security reasons. This is a military base, Sadler reminded.

Some workers expanded on the issue regarding access to the laundry facility, asking if limits on laundry privileges could be lightened. Lowry clarified that C-badge holders are allowed to store their clean clothes in the wooden storage cubbies at the Kwaj laundry facility until the end of their shift. The purpose of those cubbies, she explained, was to give the employees a place to keep their clothes until they return to Ebeye at the end of the day.

Sadler fielded an entirely different set of questions at the forum arranged for Kwajalein residents at the MP Room that night. Not one of them dealt with high-speed Internet access, a marked about-face from the last town hall meeting.

Sadler started the meeting by touching on an issue that has come to the forefront now that garrison-side and range-side construction projects are bringing more contractors to the island: housing. The goal, Sadler explained, will be to "right size" every household based on the number of family members under each roof. For instance, when children graduate and leave island, the reduced number of family members living in the home may be relocated to smaller quarters.

One resident asked if teenage children could be allowed access to the Adult Recreation Center if they were signed in and accompanied by a parent. Because adults aren't allowed in the Teen Center and children aren't allowed in the ARC, the resident explained, there isn't much of an opportunity for parents and their child to, for instance, play billiards together or catch a movie at the ARC movie room. Because there are limitless activities that adults and children can do together on Kwajalein—this is an extremely family-friendly community, after all—Sadler explained, the likelihood of allowing this arrangement is low. How-



for having to do so. The reason the security fence is there, the colonel explained, is to allow all Ebeve residents—not just C-

ever, it may be something that Command takes a look at later on, he qualified.

Another person asked about an update on Command's effort to get pork butts at Surfway. Installation Food Service Technician Chief Warrant Officer 4 Sharnta Adams explained that USAG-KA is in the process of changing vendors, which has delayed the much-anticipated arrival of pork butts on Kwaj. Despite the delay, it's one of her top priorities, she said.

Those residents who expressed a lack of optimism regarding the variety of food at the Zamperini Dining Facility were reminded that this issue and many more are discussed every month during meetings between Adams, Community Activities Deputy Program Manager Lacy Baldy, Dining Services Manager David Nobis and residents. Getting a dozen varieties of salsa, croissants, peppers, etc., to meet every individual's tastes and preferences is a goal that is incredibly difficult to achieve on budget, Sadler explained. But he added that these personnel can and will work with meal card holders to meet their requests if they are popular among cafeteria regulars. Any issues, he summed, should be directed to Adams. A related topic, raised by residents on both Kwaj and Roi, touched on the Styrofoam takeout containers used at the cafeterias on both islands. KRS is currently looking at replacing the Styrofoam containers with paper or biodegradable containers.

Sadler ended the town hall meeting with promised updates regarding a number of projects currently underway on the island. Probably the most exciting news was that Command secured the funding needed to not only tear down, but also rebuild, the Coral Sands Pavilion. Jamie Heidle, with the Department of Public Works, said that the dilapidated structure currently there will be torn down within a few weeks and that the materials to build a new pavilion have already been ordered. Navy Seabees, Sadler added, will arrive later in the year to take carry out the construction project. Moreover, bonfires at Coral Sands are now once again allowed. Other good news included that the Yokwe Yuk Club renovation is progressing smoothly and is on target to be completed on schedule.

DISPATCH FROM ROI

Residents participate in relaxed version of RustMan Triathlon

Hourglass Reports

Roi residents took advantage of a sunny morning to gather and participate in their own version of the RustMan Triathlon—a much more relaxed version. Participants were invited to swim .6 miles, bike 5 miles and then run 3.5 miles. The distances were approximate, and the rules were loose. You could choose to take on the specified distances or create your own. It was

all in good fun and just a way to come together and get some exercise in a fun way. Individuals competed as well as teams.

The swim portion began at the Surf Shack buoy, down to the Power Plant and back. The bike portion began at the Surf Shack and went clockwise around the runway for two loops. The run also started at the Surf Shack and went to Sally Point, the jungle loop, to the south tip of the runway and back.



Photos by Sung Whitehead

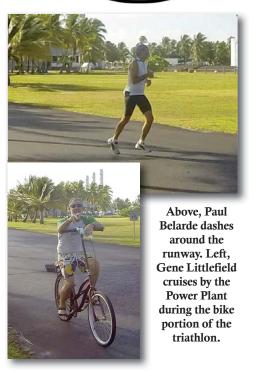
Roi residents tackle a swim beginning at the Surf Shack buoy on Sunday.



Bridget Rankin gets ready for her swim beginning at the Surf Shack.



Photo by JoDanna Kalinowski Sung Whitehead takes photos and cheers on participants during the triathlon.





Alana Brooks and JoDanna Kalinowski prepare to begin the run portion of the triathlon.

DISPATCH FROM ROI

Roi Rats lend a hand in Earth Day cleanup effort

Hourglass Reports

Roi Rats got in the Earth Day spirit by organizing a cleanup on land and in water the weekend of April 21. Trash bags and safety gloves were provided for land and beach combers. They scoured the island picking up plastic bottles, food wrappers and plastic bags. Meanwhile, several divers donned their scuba gear and hopped in at the Roi Small Boat Marina. Helpers remained on the pier to pull out the larger items found. They hauled out all sorts of trash, including a battered traffic cone, seen below.



Photo by Bridget Rankin John Cassiday Jr. has a little fun as he helps clean up at the Roi Small Boat Marina pier.



Photo by Sandra Garrison

JoDanna Kalinowski and Ging Schwanitz fill trash bags with debris, helping with the island cleanup effort for Earth Day.



Photo by Bridget Rankin

Roi divers hop in at the Small Boat Marina to help clean up the water for Earth Day.



We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



From Jordan Vinson



From Tim Cullen



From Midori Hobbs



From Jordan Vinson



From Mike Woundy

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

WANTED

CAMPING GEAR: tent, air mattress, cots, sleeping bags, chairs, cooler, etc. Call 53532.

HOUSESITTING FOR couple visiting Kwaj July 3-7. Will take care of pets and plants. Clean couple. Call 55199 during the day, or 54517 at night.

LOST

WOMEN'S WATCH, black Casio Baby-G with pink highlights, near Emon during RustMan. Call 51763.

14K GOLD ANKLET CHAIN Call 54168

PAIR OF PRESCRIPTION glasses in black case at Parrot Head Party. Call Bill at 53096 or 54103.

FOUND

SOMEONE PUT A NOTE and some cash under my BQ door. I don't believe this was meant for me. The note mentioned something about rice. Call 51388 to describe the contents of the note and the amount of cash so I can give it back to you.

PATIO SALE

TODAY, 7 a.m., quarters 479-A, under the big tent. PCS sale, adult and children's clothes, cabinets,

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel 9:15 a.m., Sunday, Island Memorial Chapel Roi-Namur service, 4:45 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel 9:15 a.m., Sunday School 11 a.m., Sunday, Island Memorial Chapel 6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3 Contact the chaplain's office at 53505 for more information.

bikes, burley trailers, storage bins, TV, household items, bedding, kids toys, kitchen items.

TODAY, ALL DAY, AND MONDAY, 8 a.m.-1 p.m., Dome 166. PCS sale, dishes, appliances, sporting gear, dive gear, clothing, bedding, craft supplies and material.

TODAY, 8 a.m.-4 p.m., quarters 457-A. PCS sale, fence, furniture, dishwasher, kitchen carts, kitchen items, full-size refrigerator, toolbox, fishing gear, bikes, custom bike trailer, treadmill and more. Rain or shine, no early birds.

TODAY, 1-5 p.m., quarters 124-D in back. PCS sale.

MONDAY, 7 a.m.-1 p.m., quarters 488-A.

FOR SALE

BEAUTIFUL OAK ARMOIRE in good condition, 36inch analog TV with remote, comes as a combo, \$100 to the first person who can pick up and haul them away. Call Geary at home, 52345, or work, 50962.

PCS SALE: three-piece rattan living room set: futon couch, recliner and ottoman, \$250; two pairs bedside tables, one dark wood, one wicker, \$25/pair; tan recliner, \$35; bookcase, \$10; outdoor storage chest, \$10; glass patio table, \$15; surfboard, \$100; RustMan racing bike, \$300; flat screen monitor, free; 7-foot Christmas tree, free; lots of plants, cheap. Can be seen at quarters 441-B or call 54309.

ASSORTED BABY CLOTHES, toys, crib, baby essentials, three-piece sectional couch and recliner, both in good condition. Call 59985 and leave a message.

GOOSENECK BIKE with bucket trailer; Sun Bike with BoBike seat and bucket trailer; one-speed cruiser, new rear aluminum rim; white patio bench; BBQ/ smoker; kid's Razors; outdoor storage bin/closet; bike rims and tires (bulk amount); snorkel gear; 6x8-foot living room rug; floor rugs; kitchen items; inflatable bounce house; triple-basket laundry bins; collapsible shelving unit; over the toilet storage shelf; lamps; cabinets; toy storage bins; Dirt Devil upright vacuum; set of men's right hand golf clubs and Sun Mountain push cart; yoga mats; Nike yoga blocks and strap; bike helmets; Little Tykes red motorcycle; hard housing back patio storage/work benches; dishware sets; kid's board games; glass cooking/baking dishes; two level hanging file folder rack; John Deere tractor toy; boys soccer cleats, size 12; large 'backpack style' dive bag; Rustman racing bike; industrial-strength shelf for hard housing mounting; fit ball; two black outdoor, heavy duty, floor mats/rugs; plastic round patio table; kids rain boots, size 9 and 12; Playmate cooler; tennis rackets, adults and kids; bed stand table with drawer; baby video monitor with two video camera to view two rooms. Call 53008.

WII GAME SYSTEM in original packaging with two remotes, protective covers, steering wheel, Wii Fit board and seven games, \$125; outdoor heavy duty plastic tube slide, 25 feet long by 4 feet in diameter, \$100; Apple iPad 16GB, \$275, in excellent condition and just re-imaged to start up settings, screen savers installed when new, original packaging/paperwork, charger and USB cables, comes with travel case. Call 52642.

CARPET CLEANER, \$25; upright vacuum, \$20; student rolling desk chair, \$10; auto-shutoff iron, board, pad, \$15; white, twin size pleated bedskirt, \$5; standard bed pillows, \$5; large corkboard, \$5; rectangular/contour bath rugs, \$5; beige curtains, 84 inches long, springloaded rod, 80 inches wide, \$10. Call 51725 and leave a message.

TWO FRIGIDAIRE FAD704DWD 70 pint dehumidifiers, seven months old, \$175 each. Call 51596 between 9 a.m. and 9 p.m. if interested.

ROSEWOOD CURIO/ENTERTAINMENT center with roll out drawer for DVDs and glass doors for curios, measures 56Wx54Hx22D, will fit a 32-inch diagonal TV, must see to appreciate, \$500. Call 53887.

COMMUNITY NOTICES

CINCO DE MAYO celebration will be at 8 p.m., tonight, at the Ocean View Club. Celebrate Cinco de Mayo with drink specials, food and music! Must be 21 years or older. Questions? Call 53331.

FAMILY BBQ at 1 p.m., Sunday, at Emon main pavilion, will be in honor of Christian Women's Fellowship and Caring Meals volunteers. Hamburgers, hot dogs and water provided. Please bring side dish, salad or dessert. Bring your beach chairs. Questions? Contact Judy McGuire at 51157.

KENTUCKY DERBY DAY is at 2 p.m., Sunday, at the Country Club. Join us for drink specials, appetizers and games leading up to the big race. Women wear your biggest hats, men wear your Kwaj finest. Must be 21 years or older. The Derby will air live on AFN|Sports at 8 a.m. A replay will be shown at the Country Club at 2 p.m. Questions? Call 53331.

THE VET'S HALL will be closed Sunday for a private function. Questions, call Mike Woundy or Jan

THE 5TH ANNUAL 100-MILE Bikeathon will begin at 6 a.m., Monday, in front of the Marshallese Cultural Center, to raise money for the American Cancer Society. The event is a sister event to one in Minnesota. Set your goal at 100 miles (25 laps around the runway) or any distance you want. For more information about riding or sponsoring a rider, contact Jon Jahnke at 54309, jahnkej@kwajaleinschool.com.

THE RACQUETBALL COURTS remain closed for air conditioning repair. For questions, contact Mandie at

FREE STREET LEVEL Spanish class will begin on Thursday. Classes are from 7-8:45 p.m., Tuesday and Thursday nights through June 3, at CRC Room 1. To secure a seat call Paula Peters/Dale Finley at 53470. Questions? Contact Roberto Salgado at Curille @aol.com. Roberto will teach the class if there are 10 or more interested students.

Captain Louis S. Zamperini Dining Facility Lunch Sunday Monday Thursday Friday May 10 Tuesday Wednesday Baked Spaghetti Baked Tuna Casserole Italian Meat Lasagna Smokey BBQ Spareribs Pot Roast Spaghetti/Fettuccine Roast Turkey Tortellini Crab Benedict Ouiche Chicken Broccoli Oriental Pork Stir-fry Foccacia Chicken Breast Fish Du Jour Scalloped Potatoes Oven Roast Potatoes Stir-fry Au Gratin Potatoes **Boiled Potatoes** Garlic Bread Mashed Potatoes

Dinner Sunday Monday Tuesday Wednesday Thursday Friday May 10 Kwaj Fried Chicken Roast Porkloin Beef Curry Sirloin Steak Teriyaki Beef Hamburger Bonanza Breaded Pork Steak Buffalo Style Chicken Chopped Steak Vegetarian Stir-fry Oriental Chicken Stir-fry Grilled Chicken Chicken Chopsuev General Tso's Chicken Steamed Red Potatoes Rice Pilaf Noodles Romanoff Sesame Noodles Rice Pilaf Potatoes O'brien Thyme Roast Potatoes

Ready and Resilient Wellness Calendar

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

4	5	6	7	8	9	10
1. Spiritual Resilience,	1. Circuit Training,	1. Cross Fit,	1. Circuit Training,	1. Cross Fit,	1. Circuit Training,	1. Cross Fit,
see page 14. All welcome.	8 a.m., Ivey Gym.	5:30 a.m., Adult Pool.	5 a.m., Ivey Gym.	5:30 a.m., Ivey Gym.	5 a.m., Ivey Gym.	5:30 a.m., Ivey Gym.
	2. Yoga, 10 a.m., Emon		Secretary St. State Control	2. Deficit/Hyperactivity	2. Yoga, 6 p.m., Emon	2. Parents Make A
2. Christian Women's Fellowship and Caring Meals Volunteers BBQ.	Beach. 3. Pick-up Soccer.		2. Yoga, 6 p.m., Vet's Hall.	Support Class, 4:45 p.m., Hospital Conference Room.	Beach.	Difference Group, 4:45 p.m., Hospital Conference Room.
1 p.m., Emon Beach.	6 p.m., Brandon Field.			Comordinos recomi		0011101011001100111
T p.m., Ellion Beach.	op.iii., Dialidoff feld.			3. Run Intervals, 5:30 p.m., Emon Beach, location TBD, POC: Stephanie Los- Trimble.		3. Pick-up Tennis, 5:30 p.m., Tennis Courts.
				4. Yoga, 6:45 p.m., CRC Room 6.		

AMERICAN RED CROSS Lifeguard Class will be offered May 10-June 7. Registration ends Friday. Participants must be at least 15 years old. Cost is \$150 and includes book, pocket mask and certification. Fee is due after the first class. For registration, questions and information, contact Kaylee at 51275.

EMPLOYEE ASSISTANCE PROGRAM classes offered this month: Attention Deficit/Hyperactivity Support Group meets Thursday; Parents Support Group meets May 10; Bariatric Support Group meets May 13. All classes are from 4:45-5:30 p.m., in the hospital conference room. Call Marion at 55362 with questions.

THE 2014 RUSTY-FAMILY "Mini" Triathlon will start at 4:30 p.m., May 12. It is a 500-yard swim, 10-mile bike, and 2-mile run. Entry forms are available on the Mini-Mall bulletin board or at quarters 473-A, near the Tennis Courts. Forms are due by Thursday. Questions, or to volunteer as staff, call Bob and Jane at 51815.

OPEN RECREATION EVENT: Come make a Mother's Day gift for mom from 5:30-7 p.m., Friday, in the SAC Room. Bring a small picture of yourself. Register through Thursday at the CYSS Central Registration Office by calling 52158. Questions, contact Katrina Ellison at Katrina.m.ellison.ctr.@us.armv.mil.

JOIN US FOR QUIZZO, 7:30 p.m., Friday, at the Vet's Hall. Special guest host will be veteran Quizzo player and dance instructor, Gus Garcia! Questions? Contact Neil Dye or Mike Woundy.

KWAJALEIN YACHT CLUB Sunfish Regatta and Beach Party is open to the entire community, noon-4 p.m., May 11, at Camp Hamilton. Enjoy the beach, launch some water balloons, learn how to sail Sunfish, Hobie Getaway and Laser Bahia rides. Questions, contact sunfish@kwajyachtclub.com.

SCRATCH DAY KWAJALEIN: Computer programming for kids will be from 4-6 p.m., May 17, at the Namo Weto Youth Center. Join us for our first ever Scratch Day Kwajalein! Scratch is a

programming language and online community where you can create your own interactive stories, games, and animations—and share your creations with others around the world. Come learn how to write your own programs using a simple graphics-based tool. No programming experience is necessary. Bring a laptop with Wi-Fi if you have one. Pizza and drinks will be provided. Visit http://day.scratch.mit.edu/event/2131 for details, or contact smwinkdis-scratchday@yahoo.com

MONGOLIAN BBQ dinner and auction to benefit Ric Fullerton and Angela Mitchell's kidney transplant is May 18 at the Vet's Hall. Tickets for the dinner are sold out, but you do not need a ticket to participate in the silent and live auctions, or to enjoy live music by *Radar Love*. Questions, contact Mike Woundy or Amy Spock.

WE'RE SPRING CLEANING at the Hobby Shop! Pick up your finished/unfinished projects by May 20. After this date anything not claimed will disposed of. Questions? Call 51700.

MEMORIAL DAY BEACH PARTY is on May 27. Join us for a fun-filled day at Emon Beach: volleyball tournament, Swap Meet, free kayak rides, 10th grade Tie-dye Fundraiser and food sales! Questions? Call Community Activities at 53331.

GREAT KWAJ SWAP MEET will be from 9-11 a.m., May 27, at Emon Beach. One complimentary table per household; additional table is \$10. Pick-up services provided; ask for the pick-up when registering. No oversized items. Call the CA office at 53331 to reserve your table. Space is limited.

3-ON-3 VOLLEYBALL TOURNAMENT will be at 9 a.m., May 27, at Emon Beach. Register at 8 a.m. Entry fee for KSA members is \$5/person, non-members \$7/person. Questions? Call 52741.

COME SUPPORT THE 10th grade class at their Tie -dye Fundraiser, 1-3 p.m., May 27, at Emon Beach. Bring your own 100% cotton shirt (\$3 per piece) or buy one at the event (\$5 per piece). Sizes are limited.

"NY COMEDY TOUR" will perform at 7 p.m., May 28, at the Vet's Hall. Take a mid-week break and enjoy this live comedy show courtesy of Armed Forces Entertainment. Questions? Call 53331.

OPEN RECREATION EVENT: Come play games with your friends, 6-7:30 p.m., May 30, in the CRC. Register May 13-29 at the CYSS Central Registration Office by calling 52158. Questions, contact Katrina Ellison at *Katrina.m.ellison.ctr.@us.army.mil.*

THE JUNE HALF-MARATHON is around the corner! Race begins at 6 a.m., June 8, in front of the Namo Weto Youth Center. Questions? Contact Lynn Leines at 52545.

SWINE VIRUS CAUSES increase in pork prices. The PED virus outbreak has reduced hog numbers and thus reduced pork availability in the retail level. Pork purchased by KRS are inspected and approved by USDA and therefore all meats shipped to Kwaj are safe to consume. Please keep in mind that a price increase is a reflection of the market and the quality of product being provided.

WANT TO KNOW WHAT MOVIE is playing and when? Check out the TV Guide or call the movie hotline at 52700 for the current week's schedule. For a monthly listing, check on the link in the Kwaj Coconut Wire or visit: https://kwajweb.smdck.smdc.army.mil/community/SiteAssets/Pages/default/May%20Movie%20Listing.pdf. (This is a tentative schedule based on all movies arriving on time. It is posted by the 1st of each month).Questions? Comments? Call Midori at 53331.

E-TALK: KRS Environmental provides training to KRS employees and USAG-KA residents. Managers should ensure their employees obtain the environmental training required by their jobs.

SAFELY SPEAKING: Excessive noise can cause irritability, stress and distraction that may contribute to accidents. It also can cause permanent hearing loss. Wear approved hearing protection in noisy environments

			Café Roi			
Lunch			• •			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 10
London Broil	Herbed Pork Loin	Macaroni Casserole	Sweet & Spicy Meatballs	Chicken Breast	Yankee Pot Roast	Cheese Burgers
Smokey Mt. Chicken	Creole Style Chicken	Chicken Strips	Asian Chicken Sandwich	Beef Pot Pie	Roast Salmon with Dill	Chicken Wings
Veggie Frittata	Breakfast Jack	Cheesy Smashed Potatoes	Stir-fry Vegetables	Fried Zucchini	Mashed Potatoes	Potato Wedges
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 10
Baked Cornish Hen	Assorted Pizzas	Meatloaf with Gravy	Carved Steamship	Roi Fried Chicken	Grilled Chicken Fajitas	Beef Tortellini Alfredo
Grilled Pork Chops	Baked Ziti	Fried Chicken	Baked Potatoes	Pork Loin	Enchiladas	Chicken Parmesan
Mashed Potatoes	Cheesy Garlic Bread	Garlic Mashed Potatoes	Corn on the Cob	Mashed Potatoes	Frijoles and Arroz	Fried Eggplant





WEEK 6 RESULTS

April 22	
Spartans I Women def. Spartans Blue	19-4
Yo-Wong def. Jikalum	16-2
Trouble Makers dev. Bakai' Arma	13-11
Lollygaggers def. I'd Hit That	14-7
April 23	
Spartans White def. Kwaj Mixer	10-5
Criminals def. USAG-KA	9-6
Mud Ducks def. OFL	10-9
April 24	
Jikalum def. Bakai' Arma	23-12
Yo-Wong def. HMMWV	9-6
RF Hazards def. USAG-KA Co-ed	16-15
April 25	
Scrubs def. Spartans Blue	11-10
OFL def. USAG-KA	24-3
Criminals def. Kwajalein	Forfeit
April 26	
Spartans White def. Scrubs	17-13
Criminals def. Regulators	21-14

SOFTBALL 2014

WEEK 8 SCHEDULE

May 6

5:15 p.m. Spartans White vs. Scrubs 5:15 p.m. Spartans 1 Men vs. Jikalum 6 p.m. Yo-Wong vs. Bakai' Arma 7:15 p.m. RF Hazards vs. Air KWA

May 7

5:15 p.m. Women's Playoff Seed 4 vs. Seed 5 6 p.m. Criminals vs. OFL 7:15 p.m. Regulators vs. Mud Ducks

May 8

5:15 p.m. Trouble Makers vs. HMMWV 6 p.m. Bakai' Arma vs. Spartans 1 Men 7:15 p.m. USAG-KA Co-ed vs. Lollygaggers

May 9

5:15 p.m. Women's Playoff Seed 2 vs. Seed 3 6 p.m. Criminals vs. USAG-KA 7:15 p.m. Regulators vs. Kwajalein

LEAGUE STANDINGS

A League	
Criminals	7-1
Old, Fat and Lazy	6-2
Mud Ducks	4-3
Kwajalein	3-5
USAG-KA	1-6
Regulators	1-5
<u>B League</u>	
Yo-Wong	6-1
Jikalum	5-2
Spartans 1 Men	4-3
HMMWV	4-4
Trouble Makers	2-5
Bakai' Arma	2-6
<u>Co-ed</u>	
Lollygaggers	7-0
USAG-KA	3-3
Air KWA	3-3
RF Hazards	4-3
I'd Hit That	0-8
Women's	
Spartans 1 Women	6-0
Spartans Co-ed II B	4-4
Kwaj Mixer	2-4
Spartans Co-ed II W	3-3
Scrubs	2-5

Weather

Courtesy of RTS Weather

Courtesy of N13 Weather					
		Chance			
<u>Day</u>	Skies	of Rain	Winds		
Sunday	Mostly Cloudy	60%	ENE-ESE at 7-12 knots		
Monday	Partly Sunny	20%	ENE-ESE at 5-10 knots		
Tuesday	Partly Sunny	30%	ENE-ESE at 5-10 knots		
Wednesday	Partly Sunny	20%	ENE-E at 9-14 knots		
Thursday	Mostly Sunny	10%	ENE-E at 12-17 knots		
Friday	Partly Sunny	20%	NE-ENE at 13-18 knots		
Yearly total: 48.04 inches Yearly deviation: +30.96 inches					
Call 54700 for updated forecasts or visit www.rts-wx.com.					

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
Sunday	6:32 a.m.	11:14 a.m.	1:25 a.m. 0.2'	7:46 a.m. 3.9'
	7 p.m.	11:58 p.m.	2:13 p.m. 0.2'	8:08 p.m. 2.8'
Monday	6:32 a.m. 7 p.m.	12:02 p.m.	1:57 a.m. 0.5′ 2:54 p.m. 0.6′	8:22 a.m. 3.5′ 8:50 p.m. 2.5′
Tuesday	6:31 a.m.	12:48 p.m.	2:35 a.m. 0.9'	9:06 a.m. 3.1′
	7 p.m.	12:41 a.m.	3:49 p.m. 0.9'	9:52 p.m. 2.3′
Wednesday	6:31 a.m.	1:34 p.m.	3:34 a.m. 1.2′	10:12 a.m. 2.8′
	7 p.m.	1:23 a.m.	5:14 p.m. 1.1′	11:38 p.m. 2.2′
Thursday	6:31 a.m.	2:20 p.m.	5:23 a.m. 1.4'	11:55 a.m. 2.6'
	7 p.m.	2:04 a.m.	6:52 p.m. 1.0'	1:22 a.m. 2.5'
Friday	6:31 a.m.	3:06 p.m.	7:18 a.m. 1.3′	1:28 p.m. 2.8′
	7 p.m.	2:45 a.m.	7:58 p.m. 0.7′	2:21 a.m. 2.9′
May 10	6:31 a.m.	3:54 p.m.	8:25 a.m. 0.9'	2:28 p.m. 3.0'
	7 p.m.	3:26 a.m.	8:44 p.m. 0.4'	3:03 a.m. 3.4'