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THE KWAJALEIN HOURGLASS

Flynn Gideon hands out toy donations to students at the Third Island School Feb. 17. USAG-KA command is focusing on employing a more unified outreach endeavor in Kwajalein Atoll. For more, see page 3.

Photo by Callie Chavana





KWJALEIN ARES ORNER

By **Judy Shimamoto**
Kwajalein Dental Clinic

April is Oral Cancer Awareness Month. Oral cancer screenings are part of every dental check-up on Kwajalein. Oral cancer is not a rare disease. Approximately 43,250 people will be diagnosed with oral cancer every year in the United States. It kills one person every hour of every day, and more than 115 new individuals will be diagnosed with it each day.

The good news is that it can often be found early in its development, using a simple, painless and quick screening. When detected early (in stages one or two), the survival rate is 80-90 percent. But when found in a later stage (stages three or four), the chances of survival drop to 20-30 percent. Late discovery and diagnosis are major factors in high death rates.

Historically, oral cancer has been most likely to occur in individuals after the age of 50, especially those who use tobacco. The chances of succumbing to the disease are even higher among people who combine tobacco use with heavy alcohol consumption.

Interestingly, however, the fastest growing segment of the U.S. population impacted by the disease are those between the ages of 25-50. Moreover, evidence from leading cancer centers has revealed that many younger people within this age bracket that suffer from oral cancers are actually non-smokers.

There is now evidence that the cause of mouth cancer is a virus—the same virus responsible for the majority of cervical cancers, Human Papilloma Virus. Evidence indicates that this virus can be sexually transmitted between partners and may account for the growth in

mouth cancer rates among young, non-smoking individuals.

Regular dental checkups, oral cancer examinations and increased public awareness of oral cancer's risk factors can reduce the death rates among those impacted by this disease. The importance of early detection and the need for an annual screening are the most crucial factors in enhancing their survival.

Unlike many other cancer detection exams, the screening for oral cancer is cheap, simple and painless. Any dentist or primary care physician, as well as nurses and dental hygienists trained in administering examinations, can perform these screenings during a routine office visit.

The next time you come into the Kwajalein Dental Clinic, don't forget to ask about a screening. It could go a long way.

Ready and Resilient Wellness Calendar

Note: All classes and events listed on the calendar are free of charge to the community.

6 1. Yoga, 10 a.m., Emon Beach. 2. Christian Women's Fellowship Luncheon, noon, REB. 3. Kwajalein Running Club, "Glow Run/Walk," 7:30 p.m., near high school track.	7 1. Circuit Training, 8 a.m., Ivey Gym. 2. Yoga, 10 a.m., Emon Beach. 3. Pick-up Soccer, 6 p.m., Brandon Field.	8 1. Cross Fit, 5:30 a.m., Adult Pool. 2. Bariatric Support Group, 4:45 p.m., Hospital Conference Room.	9 1. Circuit Training, 5 a.m., Ivey Gym. 2. Yoga, 6 p.m., Vet's Hall.	10 1. Cross Fit, 5:30 a.m., Ivey Gym. 2. Adult Deficit and Hyperactivity Support Class, 4:45 p.m., Hospital Conference Room. 3. Run Intervals, 5:30 p.m., Emon Beach, with Stephanie Los-Trimble. 4. Yoga, 6:45 p.m., CRC, Room 6.	11 1. Circuit Training, 5 a.m., Ivey Gym. 2. Zumba, 5:30 p.m., CRC, Room 1. 3. Yoga, 6 p.m., Emon Beach.	12 1. Cross Fit, 5:30 a.m., Ivey Gym. 2. Parents Make a Difference Group, 4:45 p.m., Hospital Conference Room.
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THE KWJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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You can give back, USAG-KA command can help

RMI outreach efforts expanded to include outer islands

By Sheila Gideon
Managing Editor

There is no denying that Kwajalein Atoll residents are giving people. The communities often come together to offer support whether it be a fundraiser, book drive or donating needed items to families and schools. U.S. Army Garrison-Kwajalein Atoll command recognized this effort, and is working to combine each individual endeavor into a more organized and unified outreach program.

"We are excited to continue USAG-KA's outreach program and are very proud of all the great volunteer work done by the USAG-KA community in the Marshall Islands," said Director of Host Nation Activities Maj. Matt Sova. "While many great outreach programs have been ongoing for years—sponsored by both government, private organizations and individuals—what we are trying to do now is gain better visibility in order to add value to existing programs and ensure our efforts are nested with the goals and needs of the local and national government."

The plan is threefold. "One way we can support outreach efforts is by identifying specific needs. Another is to capture what different private organizations have planned and, whenever possible, link them together for greater benefit. Also, we are able to advertise outreach opportunities and, hopefully, generate more interest and support to future plans," Sova said.

Right now, the command is researching what supplies are available for donation. Excess government property is catalogued at the Defense Center Control Building, and the information is provided to Lauren Harrold, government property administrator, Army Contracting Command. The items are then reviewed by the GPA for disposition. Disposition includes reutilization, sale and donation. Harrold has already organized several donations to local RMI churches and schools, and is trying to go further afield to assist with needs on the outer islands. There are usually more requests than property available for donation; however, Harrold works closely with the personnel at the DCCB and the USAG-KA Host Nation Office to meet as many donation requests as possible.

"If we can donate [excess items] where there's already a need in the RMI ... that would be a good purpose for the leftover items," Holly Botes, USAG-KA attorney advisor, said.

By visiting the local outer islands, it is easier to identify the needs of each community. In February, 20 desks were donated to the school on Carlos and 40 were sent to the Third Island School last week.

On Carlos, Sova and Botes learned the school needed children's books for grades 1-5 and bookshelves. Since that time, the Parent Teacher Organization from Kwajalein Schools donated leftover books from their recent PTO book fair, and bookshelves are being collected at DCCB.

By first identifying the needs, and then organizing



Photo by Holly Botes

Susan Nichols and Lauren Harrold help deliver desks that were donated to the school on Carlos Island Feb. 12 as part of the USAG-KA outreach program.

donation efforts, outreach to the outer islands will become not only more efficient and easy, but will hopefully involve a larger part of the USAG-KA community.

"We're trying to get more community involvement," Kwajalein resident Callie Chavana said. "There are opportunities available, and USAG-KA will help facilitate the logistics. I think people want to give back, but they just don't know how to do it."

"Transportation is really an issue," said Botes. Using the space available on transportation that's already travelling to an island is the way to go. "If you time it right, you can use the resources that are already going there."

Individual outreach efforts by the Chavana and Gideon families have been ongoing for three years. Every Christmas, Chavana has spearheaded an Ebeye mission, collecting books, shoes and children's clothes to donate to the local churches and schools. This year, she decided to expand the mission to Third Island.

Donated items were brought to each island on a space available basis via regular runs on the ferry and the barge that travels to Roi-Namur every two weeks. "It was a lot easier than you would think to collect the items and get them to where they are needed," Chavana commented. "And now with the support of the command, I think it will just be easier for people to join the outreach effort."

For Chavana, her personal outreach effort was sparked by how giving the communities were to her during her time of need. "It made me realize we should be giving back more, so we started the annual outreach mission," she said. This year she was able to bring along her three children to experience the joy of giving. "It was important for them to see how much the kids appreciate one small toy or a new outfit. They also got to see all the smiles on their faces." Chavana plans to continue her missions as long as she's living on Kwajalein. "It's very rewarding."

If you have an idea for an outreach project, contact the Host Nation Office, or the primary points of contact for the USAG-KA outreach program, Shannon Paulsen and Chavana.

Bishop with Archdiocese of the Military Services treks to Kwajalein to lead confirmations, mass

By Jordan Vinson
Associate Editor

Catholic Bishop Neal J. Buckon, an Auxiliary Bishop for the Archdiocese for the Military Services, USA, flew into Bucholz Army Airfield March 28 to perform Catholic confirmations on Kwajalein. It was the first time in 29 years that a bishop within the Catholic Church had carried out on-island confirmations.

For many Catholics, confirmation is one of the crowning moments in their religious lives, one of the seven principal sacraments, or rites, that are used to define Catholic life in practice.

"It's always the greatest moment for them, for their families and for the church at large," Buckon said. "So, it's always good to be there for that."

The Archdiocese for the Military Services, focuses on providing a full array of pastoral care to Catholic servicemembers, Department of Defense civilians and contractors stationed on U.S. military installations across the country and throughout the world. Reaching out to the roughly 1.8 million military personnel and civilians that fall within the jurisdiction of the

archdiocese is challenging, Buckon said, especially because they are scattered among so many different bases.

"[We're] not restricted to a certain territorial boundary," he said. "We happen to be wherever the United States armed forces [are] located. ... So we're virtually all over the world."

To help with the effort, the archdiocese employs a handful of bishops whose job it is to travel from congregation to congregation to conduct mass, perform sacrament ceremonies, relay guidance to local priests and take in input from congregations. There are four bishops in total, and Buckon is one. While one is dedicated to handling veterans affairs, another bishop lives in Germany and covers duties on U.S. bases throughout Europe and Asia. A third visits all bases in the eastern United States, and Buckon covers the western United States. It's a huge job, and it takes him everywhere.

"I visit about 18 western states in the course of the year, and in these states are an estimated 95 military bases," he said. "I had just been coming out to Hawaii, and this is my first visit to the Marshall Islands. And later on this summer I



Photo courtesy of the Archdiocese of the Military Services, USA

"Even in a remote location like this, we will make every effort to come out and visit," Bishop Neal J. Buckon said about USAG-KA and the archdiocese's commitment to Catholics on the installation.

plan to visit the new Marine Corps base in Australia. So, I go as far east as the state of Mississippi and as far west as Australia."

Buckon emphasized that the connections between the church and even the most far-flung Catholic congregations are always present. It's something he tries to show to the men and women he visits on singular military installations like U.S. Army Garrison-Kwajalein Atoll.

"I come to visit our Catholic faithful here," he said. "Because even though they are a great deal of distance from Washington, D.C., we want to remind them that they're very much a part of a global church and that we care about them. And even in a remote location like this, we will make every effort to come out and visit."

All those visits add up to some serious away-from-home time. In fact, to cover the western United States and farther west into the Pacific, Buckon, a native of Cleveland, is on the road 80 percent of the year. That's a schedule that would likely destroy lesser men.



Photo by Lynn Leines

Four Kwajalein youth were confirmed by Bishop Neal J. Buckon March 29. The confirmed are, from left to right, pictured in red dresses: Christine Abragan, MaryRuth Long, Claire Stepchew and Colleen Furgeson. Their sponsors stand at their side.

But Buckon is a veteran traveler who has visited, lived in and worked in more countries than the average American is likely to visit in 15 lifetimes. In the early 1980s, for example, he embarked on an extensive journey across the planet, during which he visited more than 100 separate nations. It's pertinent to note that there were only 171 sovereign states on the globe at the time.

"I do pretty well with frequent flyer miles," he said, smiling. "I rack them up."

Despite all that travel, the bishop still has plenty of thirst for reaching out to members of the Catholic Church, shaking their hands and reinforcing the bond between the individual and the church. He said it's part of his calling, and while it may be wearisome at times, the payoff is well worth the trip.

"You know, when you look at the gospels [and] the scriptures, you see that Jesus was on the move, and so was Elijah," he said. "Everywhere I go in the chapel communities, I can see the faith and open love of the people."

Part of what makes Buckon a good match for the unique responsibilities of auxiliary bishop in the Archdiocese of the Military Services are the decades of experience he has serving in the military. After taking advantage of the Army ROTC program in Ohio during college in the early 1970s, he became a commissioned Army officer and later went on to become an Army ranger as the Vietnam War came to an end. During seven years of service as a ranger, he worked in both the infantry and transportation branches of the Army in the United States and on overseas installations, mainly in Germany, Denmark, England and Norway. It was in these installations that he garnered titles like rifle platoon leader and weapons platoon leader with the 1st Battalion, 46th Infantry, 1st Armor Division, Erlangen, Germany; Battalion S4 and company commander with the 3rd Battalion, 19th Infantry, 24th Infantry Division, Fort Stewart Georgia; and platoon leader and transportation officer in the Headquarters

and Headquarters Company of the Allied Command Europe, Mobile Force.

Having assumed these positions as a young commissioned officer, Buckon was undoubtedly set. His career was laid out before him, and all he had to do was follow it.

But despite all the perks of his place within the military, he couldn't help but feel like he had been chosen for something entirely different. It was a feeling he would eventually succumb to.

"The time that I was on active duty, for about seven years, two months, 16 days—you know how you keep track—I was discerning this call to priesthood," he explained. "And so at some point, I began to realize, alright this is not my idea. This is God's call. So I resigned my commission and started talking to vocational directors."

The about-face he made afterward was momentous. After turning away his commission, he set off on his 100-country trip around the world. Shortly afterward, he entered into the ministry and completed additional bachelor's degrees in art and history, as well as master's degrees in divinity and church history. Finally in 1995, after years of study, Buckon was ordained a priest for the Diocese of Cleveland and was assigned to Saint Margaret Mary Church in South Euclid, Ohio.

In no way did he turn away from

"I visit about 18 western states in the course of the year, and in these states are an estimated 95 military bases. ... So, I go as far east as the state of Mississippi and as far west as Australia."

the military, however. In fact, during his training in seminary, he even rejoined the military, this time as a chaplain with the Army Reserves' Chaplain Corps. He again found himself working on stateside and overseas Army bases in places like Bosnia, Saudi Arabia, Germany, Baghdad and Korea, this time providing pastoral

care to Army personnel in infantry, artillery, psychological operations and more. It was a job he held until 2010 when he retired from the service.

Now, nearly 20 years after becoming ordained, it looks like Buckon is indeed working within the niche of his calling. As an auxiliary bishop within the Archdiocese of the Military, he's able to serve those within all branches of the U.S. military, work as a proponent, caretaker and teacher of his faith—and, of course, travel.

The visit to Kwajalein was an interesting change of pace for Buckon as an auxiliary bishop. Used to schlepping himself to military bases peppered throughout the Great Plains of Nebraska and Oklahoma, the arid deserts of Texas, New Mexico and Arizona, the Rocky Mountains and the Pacific Northwest, the flyspeck of coral outgrowth on which Kwajalein residents live was decidedly different for him.

"[It's] purely tropical," he said matter-of-factly. "The coral, the palm trees, the smell of salt in the air."

Buckon said he was familiar with both the grim history of Kwajalein and outlying islands and their strategic importance within the current frame of American military defense.

"[This morning] I was just thinking about how this was a World War II battlefield," he said. "We had Soldiers, part of the 7th Infantry Division, shed blood on this island. Our presence here came at a cost. I'm thinking of the valuable mission of testing our missiles and rockets and ordnances here. So it's ... proven to be a valuable test site for the United States military and the protection of our country. But I also know that with the concern with the strategic value of the

Pacific that this is going to increase in value in the future."

Buckon departed Kwajalein Tuesday, heading to Hawaii to perform another series of confirmations at Tripler Air Force Base. He said he would also conduct mass and visit with patients in the base hospital.

He said he plans on returning to Kwajalein next year.

★ MONTH OF THE ★ ***ARMY* *NAVY*** ***MARINES*** ★ ***COAST GUARD*** ***AIR FORCE*** ★ **MILITARY CHILD**

Each week in April, the Hourglass will feature military children of active duty, reserve, retired and veteran parents.



AARON TUCKER JR.
AGE: 8 GRADE: 3

MILITARY PARENTS:
CW4 SHARNTA ADAMS, ACTIVE DUTY
AARON TUCKER, RETIRED

- 1) Who is your hero? My mother because she is the food inspector.
- 2) If you could have a superpower, what would it be? Reading minds.
- 3) What is your biggest accomplishment so far? Being a military child because I get to PCS to different places.
- 4) What do you want to accomplish in the future? I want to be an Air Force sky diver.



CLAIRE ANDERSON
AGE: 6 GRADE: K

MILITARY PARENTS:
MAJ. SPENCER ANDERSON, ACTIVE DUTY
JENNIFER ANDERSON, VETERAN

- 1) Who is your hero? My daddy because he swims and runs really fast.
- 2) If you could have a superpower, what would it be? Flying!
- 3) What is your biggest accomplishment so far? I swam with a dolphin.
- 4) What do you want to accomplish in the future? I want to help birds.



ALLISON ANDERSON
AGE: 7 GRADE: 2

MILITARY PARENTS:
MAJ. SPENCER ANDERSON, ACTIVE DUTY
JENNIFER ANDERSON, VETERAN

- 1) Who is your hero? My mom because she takes care of me.
- 2) If you could have a superpower, what would it be? Sharing kindness.
- 3) What is your biggest accomplishment so far? I can play the piano.
- 4) What do you want to accomplish in the future? I want to play basketball.



JOHN ANDERSON
AGE: 9 GRADE: 3

MILITARY PARENTS:
MAJ. SPENCER ANDERSON, ACTIVE DUTY
JENNIFER ANDERSON, VETERAN

- 1) Who is your hero? My daddy and grandpa because they served in a war.
- 2) If you could have a superpower, what would it be? Reading minds - then I would be the smartest person in the world.
- 3) What is your biggest accomplishment so far? I can snow ski and surf.
- 4) What do you want to accomplish in the future? I want to get a master's degree.



CAIDEN MILLS-SCHIEVERT
AGE: 7 GRADE: 2

MILITARY PARENT:
DAVID SCHEIVERT, VETERAN

- 1) Who is your hero? Batman because I like watching his movies.
- 2) If you could have a superpower, what would it be? To save the world.
- 3) What is your biggest accomplishment so far? Getting PEARLS at school.
- 4) What do you want to accomplish in the future? I want to join the Army.



KATIE ANDERSON
AGE: 9 GRADE: 3

MILITARY PARENTS:
MAJ. SPENCER ANDERSON, ACTIVE DUTY
JENNIFER ANDERSON, VETERAN

- 1) Who is your hero? My dad because he is in the Army.
- 2) If you could have a superpower, what would it be? Flying.
- 3) What is your biggest accomplishment so far? I learned how to snow ski and ice skate.
- 4) What do you want to accomplish in the future? I want to win a horse race.

Compilation by Sheila Gideon

★ MONTH ★ OF THE ★ ***ARMY* *NAVY*** ***MARINES* *COAST GUARD*** ***AIR FORCE* ★ MILITARY ★ CHILD**



JEANETTE REIMERS
AGE: 9 GRADE: 3

MILITARY PARENT:
JULIO REIMERS, ACTIVE DUTY

- 1) Who is your hero? My dad because he wants to keep the world safe and have peace.
- 2) If you could have a superpower, what would it be? All superpowers because they are all cool.
- 3) What is your biggest accomplishment so far? All of my awards from sports.
- 4) What do you want to accomplish in the future? I want to write books for kids when I grow up.



JASON NICHOLS
AGE: 9 GRADE: 3

MILITARY PARENTS:
SUSAN NICHOLS, VETERAN
MICHAEL NICHOLS, RETIRED

- 1) Who is your hero? My dad because he served in the military.
- 2) If you could have a superpower, what would it be? X-ray vision.
- 3) What is your biggest accomplishment so far? I taught myself to play the piano.
- 4) What do you want to accomplish in the future? I want to learn to play the guitar.



ELISE HEBERT
AGE: 12 GRADE: 7

MILITARY PARENT:
LT. COL. SHAWN HEBERT, ACTIVE DUTY

- 1) Who is your hero? My dad because he provides for my family.
- 2) If you could have a superpower, what would it be? I would want the power to make any wish come true. I could say "wishing power" and wish for many powers at once.
- 3) What is your biggest accomplishment so far? Learning to dive and winning the 6th grade Olympics.
- 4) What do you want to accomplish in the future? I want to graduate from high school and college on day two.



MAX HEBERT
AGE: 7 GRADE: 1

MILITARY PARENT:
LT. COL. SHAWN HEBERT, ACTIVE DUTY

- 1) Who is your hero? Batman because he saved people in "The Lego Movie."
- 2) If you could have a superpower, what would it be? Reading minds.
- 3) What is your biggest accomplishment so far? I saved over \$200 in the bank.
- 4) What do you want to accomplish in the future? I want to earn enough money to buy an iPod 5.



ALISHA CHURCH
AGE: 13 GRADE: 7

MILITARY PARENT:
KEITH CHURCH, RETIRED

- 1) Who is your hero? Arthur Dent because he is able to cope with any situation and go on amazing adventures all over the universe!
- 2) If you could have a superpower, what would it be? I would want to be a shape shifter to fit any situation with a quick thought.
- 3) What is your biggest accomplishment so far? Maintaining high grades.
- 4) What do you want to accomplish in the future? I want to be a paleontologist, or succeed and be happy in any other career.



KALYNN CHURCH
AGE: 9 GRADE: 4

MILITARY PARENT:
KEITH CHURCH, RETIRED

- 1) Who is your hero? My dad because he helped everyone.
- 2) If you could have a superpower, what would it be? To save people that need help.
- 3) What is your biggest accomplishment so far? Learning new things.
- 4) What do you want to accomplish in the future? I want to make sure everyone is safe.

DISPATCH FROM ROI



Photos by Laura Pasquarella-Swain

View from Kwaij

We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



From Midori Hobbs



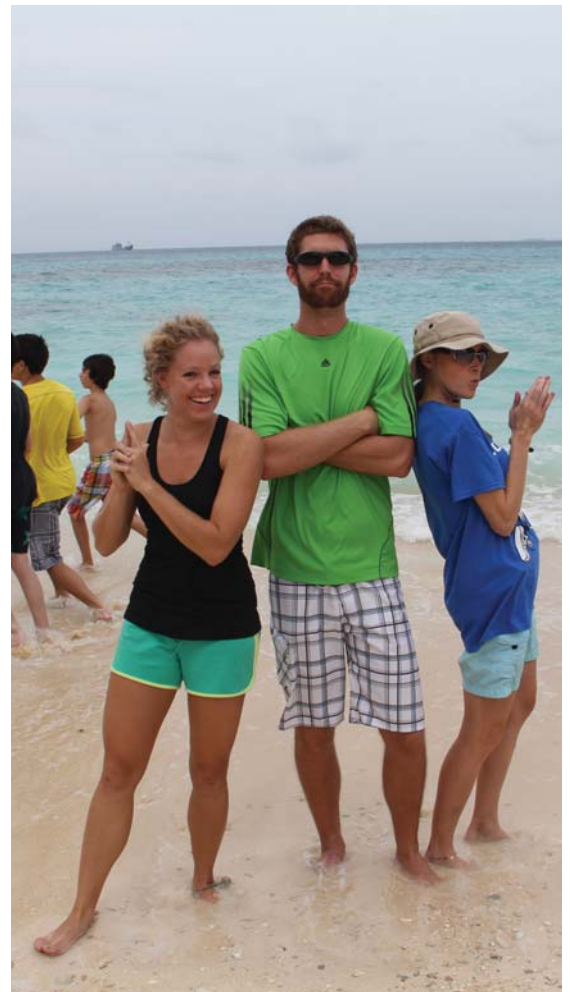
From Michael Sakaio



From Molly Premo



From Jordan Vinson



From Molly Premo

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

WANTED

USED BQ REFRIGERATOR and camping equipment. Call Seremay at 53550.

MARGARITA MACHINE to borrow for April 13. Call Bill Williamson at 53096.

HOUSE SITTING opportunity for couple visiting Kwaj July 3-7. Will take care of pets and plants. Clean couple. Call 55199 during the day or 54517 at night.

STUFFED PARROT for upcoming party. Call Dan at 52349.

GRASS SKIRTS for party on April 13. Call 51839.

FOUND

HOODED JACKET, after the scuba club harbor clean

Religious Services**Catholic**

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 4:45 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Blessed Sacrament Stations of the Cross services continue each Saturday through April 12.

Simple supper of bread and soup served.

Blessed Sacrament Holy Week schedule:

7 p.m., April 17: Mass of the Lord's Supper

7 p.m., April 18: Veneration of the Cross

7 p.m., April 19: Easter Vigil

9:15 a.m. April 20: Easter Sunday Mass

Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

up; dive knife in the lagoon near the Emon Beach scuba shack in January. Call 53990.

FOR SALE

BEIGE/BROWN-COLORED carpet, 8x10, paid \$400, will sell for \$200; two 32x55x6-inch, six-shelf CD/DVD units, \$50 each. Leave message at 53718.

WOMEN'S SCUBA GEAR: Aqua Lung Titan regulator, Scubapro BC with Air2 alternate regulator, pressure gauge, compass, carry bag and UK400 underwater flashlight, \$275; nice plants for sale also. Call 54643.

TWO SAMOA INFLATABLE stand-up paddle boards with paddles and air pump, one has been patched, and the other is in excellent condition, 10-feet 10-inches long, 30-inches wide and 6-inches depth, get both for less than the price of one board, \$600. Call Mike or Dawn at 51803.

ROCKER RECLINER, beige, \$50. Call 55176.

DEEP CARVED teak wood chest, 18x36x42-inches, top slides/lifts up for cedar chest, two center drawers 18x15x36-inches, two bottom drawers 18x36-inches, top has removable plexiglass protector, \$225. Call 53640.

TEN 8-FEET LONG, 4x4-inch pressure-treated womanized fence posts with four 2x4-inch cross boards, could be used to build deck frame, \$75; two twin bed platform raised heavy duty frames, different heights, excellent for storage underneath, pressure treated 4x4 post design, white, \$50 each or \$80 for both. Call 52642.

FINE QUALITY FISHING equipment: Penn Intl 80 STW reel, rebuilt at Hobbistat and spooled with new line; 20 various sized lures; gaff hook; hand line; large Igloo cooler; heavy duty fishing trailer, \$1,200 for the complete package. Call 51053 to negotiate your package. All sales are private and confidential. Compete in the Sunday tournament with first-class catching equipment.

COMMUNITY NOTICES

KWAJALEIN RUNNING CLUB will conduct a 2-mile "Glow Run/Walk," starting on Lagoon Road, right near the high school track at 7:30 p.m., Sunday. This will be right in the middle of the Spring Break Music Festival's evening band performances. No pre-registration is required; the general public is welcome. Donations will be collected for the "Kwajalein Kidney Fund 2014." Questions? Call Bob at 51815.

CHRISTIAN WOMEN'S Fellowship monthly luncheon will be at noon, Sunday, at the Religious Education Building. This month's theme is a "tea party." Bring your own tea cup, and nothing else but a friend or neighbor. Praise and worship will be led by Princess Gooden. Questions? Call Judy McGuire at 51157.

THE VET'S HALL AND FAMILY POOL will be closed Sunday in support of Spring Break Music Fest. Contact Mike Woundy and Mandie Morris with questions.

DIVING WILL NOT be permitted at Emon Beach between 1-3 p.m., Sunday. In support of the Kwajalein Yacht Club, bring boats to the beach during 2014 Spring Break Music Festival.

THE KWAJALEIN ART GUILD is sponsoring the Annual Spring Arts and Crafts Fair featuring the Island Photo Exhibit and Contest from 10 a.m.-2 p.m. Monday in the MP Room. Shop local artist ware and vote on your favorite photos to end up in the 2015 Kwaj calendar! Questions? Contact Melissa Dethlefsen at 51139.

A WOODSHOP SAFETY ORIENTATION will be held at 6 p.m., Monday, at the Hobby Shop. Bring closed-toe shoes and \$10 for each person. Questions? Call 51700.

BARIATRIC SUPPORT Group meets from 4:45-5:30 p.m. Tuesday in the hospital conference room. Questions, call EAP at 55362.

ADULT ATTENTION Deficit/Hyperactivity support class is from 4:45-5:30 p.m. Thursday in the hospital conference room. Questions, call EAP at 55362.

PLEASE JOIN US for Quizzo at the Vet's Hall at 7:30 p.m. Friday. Special guest Mark O'Shea will be running the show. Questions? Contact Neil Dye or Mike Woundy.

DROP EVERYTHING AND READ Day is at 3:30 p.m., April 12, at the Grace Sherwood Library. Ramona Quimby invites you to celebrate Beverly Cleary's birthday in your pajamas: milk and cookies, activities, readings, and a special showing of the "Ramona & Beezus" movie. Join us in spreading the love of reading!

PARENTS MAKE A DIFFERENCE Class is from 4:45-5:30 p.m., April 12, in the hospital conference room. Questions, call EAP at 55362.

TIKI TIME is at 7 p.m., April 12, at the Ocean View Club. Take time out to celebrate Aloha Friday on a Saturday. Island music, drink specials and Hawaiian-inspired pupus. Come spam jam with us! Must be 21 years or older. Questions? Call 53331.

CYSS OPEN RECREATION EVENT: Karaoke and Game Night at the SAC Room. For information on enrolling, please contact the Central Registration Office at 52158. Registration available until April 12.

BEGINNING APRIL 15 and lasting an extended period of time, the Adult Pool will be closed for construction. Avoid any construction barriers and safety fencing. Questions? Call 51275.

SPECIAL VIEWING of the documentary "Plastic Paradise: The Great Pacific Garbage Patch" will be at 7:30 p.m., April 19, at the Rich Theater and Roi Tradewinds Theater in honor of Earth Day. Learn how plastic usage affects our oceans.

JOIN US FOR AN EASTER Egg Hunt egg-stravaganza at 4 p.m., April 20, at the Rich Theater. Kids up to 6th grade are welcome. Bring your camera for an Easter Bunny Photo Op following the hunt. Please be on time—this event will start promptly at 4 p.m.; you don't want your little ones to miss out on the fun!

KRS ENVIRONMENTAL is sponsoring an Earth Day cleanup on April 21. Meet from 9-11 a.m., at the Pacific Club on Kwajalein, 9 a.m. at the Scuba Shack on Roi, or at 9:30 a.m. at the Surf Shack on Roi.

THE ARMY VETERINARIAN will be on island April

Captain Louis S. Zamperini Dining Facility**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 12
Oven-fried Chicken	Herb-roasted Beef	Italian Meat Lasagna	Roast Turkey	Smokey BBQ Spareribs	Old-fashioned Pot Roast	Spaghetti/Fetuccini
Baked Spaghetti	Baked Tuna Casserole	Vegetarian Lasagna	Sage Stuffing	Focaccia Chicken Breast	Fish Du Jour	Cheese Tortellini
Scalloped Potatoes	Oven-roasted Potatoes	Chicken Broccoli	Oriental Pork Stir-fry	Baked Beans	Boiled Potatoes	Italian Sausage

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 12
Rosemary Roast Porkloin	Beef Curry	Kwaj Fried Chicken	Top Sirloin Steak	Teriyaki Beef	Chicken Breast	Breaded Pork Steak
Oriental Chicken Stir fry	Buffalo-style Chicken	Hawaiian Chopped Steak	Grilled Chicken	Crab Egg Foo Yung	Vegetarian Stir Fry	General Tso's Chicken
Steamed Red Potatoes	Brown Rice	Potatoes O'Brien	Noodles Romanoff	Egg Rolls	Rice Pilaf	Thyme Roast Potatoes

15-21. Contact Jenny at 52017 to schedule an appointment.

KENTUCKY DERBY DAY is at 2 p.m., May 4, at the Country Club. Join us for drink specials, appetizers and games leading up to the big race. Women wear your biggest hats, men wear your Kwaj finest. Must be 21 years or older. Questions? Call 53331.

FREE STREET LEVEL Spanish class will be offered 7-8:45 p.m., Tuesday and Thursday nights, May 8-June 3, at CRC Room 1. To secure a seat call Paula Peters/Dale Finley at 53470. Questions? Contact Roberto Salgado at Curille@aol.com. Roberto will teach the class if there are 10 or more interested students.

VETS HALL 80'S NIGHT reminder for May 10. For like a totally rad night of music and fun like dig out your choicest 80's wear and like come on down to the Vet's Hall. DJ Dyvurse will like be spinning 80's tunes for you to like groove the night away. Questions, call Mike Woundy or Jan Abrams.

THE JUNE HALF-MARATHON is around the corner! Race begins at 6 a.m., June 8, in front of the Namo Weto Youth Center. Questions? Contact Lynn Leines at 52545.

SMOKING CESSATION CLASSES are available. Call EAP at 55362 for schedule and availability. Free physical and quit smoking aids provided.

E-TALK: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are not allowed without consent from USAG-KA

SAFELY SPEAKING: Keep paths clear. Place materials out of the way of walkways and pathways. If something is in the walkway, move it to eliminate hazards. If you can't move it, place barricades or warning signs around it to alert others. Keep your eyes in front of you.



Mail Guide

Third week of April

ATI flight arrives April 14 and April 16

KWAJ: Need mail out April 14?
Process it by April 10.
Need mail out April 16? Process it by April 15.

ROI: Need mail out April 14?
Process it by April 11.
Need mail out April 16? Process it by April 11.

Spring Break Music Fest



Sunday @ Emon Beach

Listen to original music and covers of all varieties: American Heartland Rock, Blues, Singer-songwriter, Classic Rock, Bluegrass, Pop Rock, Polynesian, Marshallese, Drumming, Dancing and More

★ Sample from entries in this year's Kwaj Yacht Club Chili Cook-off

★ Taste delicious homemade craft brews

2014 SCHEDULE OF EVENTS

1 p.m.	Andy Carden
1:30 p.m.	The Riverdog
2 p.m.	Dan-E
4 p.m.	Ed & Pat
4:30 p.m.	The Pearl of the Pacific
4:45 p.m.	T-Time
5 p.m.	Mr. Flashback & the Deloreans
6 p.m.	Southern Karma
7 p.m.	Mrs. Karen's Tiny Dancers
7:15 p.m.	Drum Down the Sun
7:30 p.m.	Pure Polynesia
8:30 p.m.	Announcements and Awards
9 p.m.	Insane Gecko Posse

★ AAFES staff will have their barbecue pit fired up to prepare ribs, pulled pork, barbecue chicken, potato salad and Kahlua beans
YUM!

Lunch

Sunday

Salisbury Steak
Chicken Breast
Eggs a la Lucio

Monday

Chinese 5 Spice Chicken
Cheese Quiche
Veggie Fried Rice

Tuesday

Fried Fish Sandwich
Blackened Spareribs
Roasted Potatoes

Wednesday

Chicken Turnover
Beef Stroganoff
Stir-fry Vegetables

Thursday

Vegetable Quesadilla
Turkey Cordon Bleu
Onion Rings

Friday

Grilled Cheese
Country Meatloaf
Cheesy Pasta

April 12

Chicken Fajita Wrap
Ropa Vieja Beef
Black Beans and Rice

Dinner

Sunday

Italian Meatballs
White Clam Sauce
Pasta

Monday

Kibi Beef Ribs
Chicken Adobo
Candied Yams

Tuesday

Beef Tamale
Chicken Enchilada Cass.
Refried Beans

Wednesday

Steamship Chicken
Pot Pie
Corn on the Cob

Thursday

Roi Fried Chicken
Pork Chops
Mashed Potatoes

Friday

A Tucson Night Pork
Fish Casino
Creamy Polenta

April 12

BBQ Spare Ribs
Fried Fish
Dirty Rice

Café Roi



WEEK 2 RESULTS

March 25

Spartans I Women def. Spartans Blue	15-3
Yo-Wong def. HMMWV	33-18
Jikalum def. Bakai' Arma	22-6
Air KWA def. I'd Hit That	13-10

March 26

Kwaj Mixer def. Spartans White	14-13
Kwajalein def. Regulators	13-2
Crimianls def. Mud Ducks	12-8

March 27

Spartans I Men def. Trouble Makers	20-9
USAG-KA Co-ed vs. RF Hazards	RAIN
I'd Hit That vs. Lollygaggers	RAIN

March 28

Spartans Blue def. Scrubs	13-12
OFL def. Regulators	15-3
Kwajalein def. USAG-KA	20-4

SOFTBALL 2014

WEEK 4 SCHEDULE

April 8

5:15 p.m. Spartans I Wo. vs. Spartans White
5:15 p.m. HMMWV vs. Trouble Makers
6 p.m. Jikalum vs. Spartans I Men
7:15 p.m. Air KWA vs. RF Hazards

April 9

5:15 p.m. Spartans Blue vs. Kwaj Mixer
6 p.m. OFL vs. Kwajalein
7:15 p.m. Mud Ducks vs. Regulators

April 10

5:15 p.m. Yo-Wong vs. Spartans I Men
6 p.m. USAG-KA Co-ed vs. I'd Hit That
7:15 p.m. Air KWA vs. Lollygaggers

April 11

5:15 p.m. Scrubs vs. Spartans I White
6 p.m. USAG-KA vs. Criminals
7:15 p.m. Mud Ducks vs. OFL

April 12

5:30 p.m. I'd Hit That vs. Lollygaggers

LEAGUE STANDINGS

A League

Criminals	3-0
Kwajalein	2-1
Old, Fat and Lazy	2-1
USAG-KA	1-1
Mud Ducks	0-2
Regulators	0-3

B League

Yo-Wong	2-0
Jikalum	2-1
Spartans 1 Men	2-0
Bakai' Arma	1-2
HMMWV	1-2
Trouble Makers	0-3

Co-ed

Lollygaggers	2-0
Air KWA	2-1
USAG-KA	1-1
RF Hazards	0-1
I'd Hit That	0-2

Women's

Spartans 1 Women	2-0
Spartans Co-ed II B	2-0
Scrubs	1-3
Spartans Co-ed II W	0-2

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	20%	NE-ENE at 16-22 knots
Monday	Mostly Cloudy	30%	ENE-E at 14-20 knots
Tuesday	Mostly Cloudy	30%	ENE-E at 14-20 knots
Wednesday	Mostly Cloudy	40%	ENE-ENE at 14-20 knots
Thursday	Mostly Cloudy	40%	ENE-ESE at 12-18 knots
Friday	Mostly Cloudy	40%	ENE-ESE at 11-16 knots

Yearly total: 28.88 inches

Yearly deviation: +17.60 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:44 a.m. 6:59 p.m.	12:34 p.m. 12:33 a.m.	8:44 a.m. 3.3' 9:01 p.m. 2.4'	2:16 a.m. 0.5' 3:13 p.m. 0.8'
Monday	6:43 a.m. 6:59 p.m.	1:22 p.m. 1:19 a.m.	9:33 a.m. 2.8' 10:16 p.m. 2.0'	2:50 a.m. 1.0' 4:25 p.m. 1.2'
Tuesday	6:43 a.m. 6:59 p.m.	2:09 p.m. 2:03 a.m.	11:16 a.m. 2.5' -----	3:58 a.m. 1.4' 6:56 p.m. 1.3'
Wednesday	6:42 a.m. 6:59 p.m.	2:55 p.m. 2:46 a.m.	1:22 a.m. 2.0' 1:35 p.m. 2.6'	6:57 a.m. 1.5' 8:25 p.m. 1.0'
Thursday	6:42 a.m. 6:59 p.m.	3:41 p.m. 3:28 a.m.	2:40 a.m. 2.5' 2:41 p.m. 3.0'	8:28 a.m. 1.1' 9:07 p.m. 0.6'
Friday	6:41 a.m. 6:59 p.m.	4:28 p.m. 4:09 a.m.	3:17 a.m. 2.9' 3:22 p.m. 3.4'	9:14 a.m. 0.7' 9:38 p.m. 0.2'
April 12	6:41 a.m. 6:59 p.m.	5:15 p.m. 4:51 a.m.	3:48 a.m. 3.4' 3:56 p.m. 3.7'	9:49 a.m. 0.2' 10:07 p.m. 0.1'