

VOLUME 55 NUMBER 9

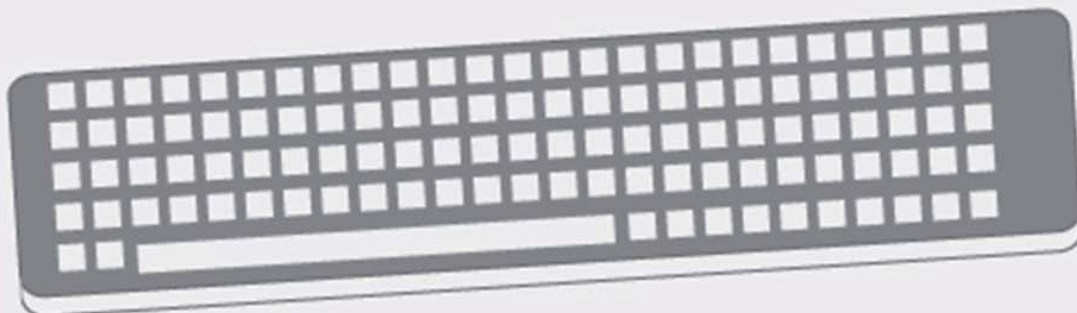
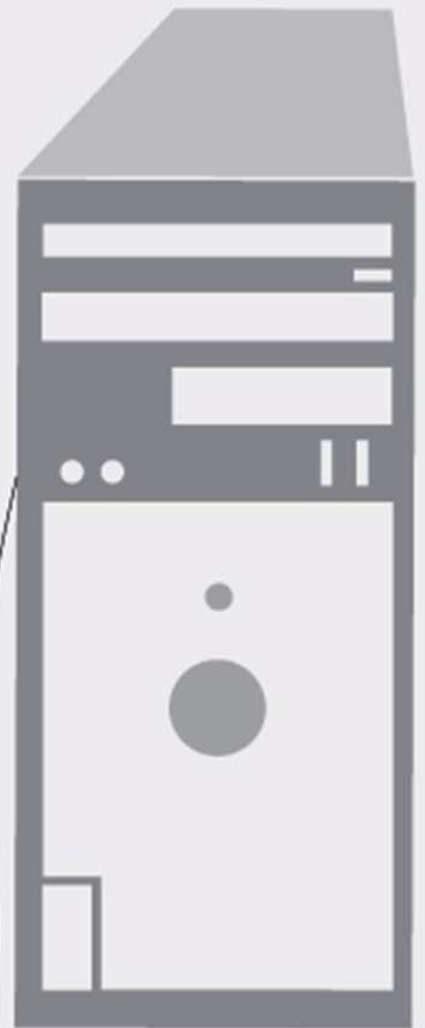
MARCH 1, 2014

# THE KWAJALEIN HOURGLASS



**Residential high-speed  
Internet access comes to  
Kwajalein. For more, see  
page two.**

*Design by  
Jordan Vinson*



# The wait is over: residential high speed Internet coming to Kwaj, Roi

## Hourglass Reports

Residential high-speed Internet access has been a hope for U.S. Army Garrison-Kwajalein Atoll residents for many years. With painfully slow dial-up service in place, high-speed Internet connections in residential living quarters have been a dream for many people on Roi and Kwaj. But the wait is nearly over.

Cost for service is currently set at \$50 per month for a connection speed of up to 3 Mbps. Community members are encouraged to subscribe and to not share their wireless signal with their neighbors. Why? The price is affected by the number of subscribers. If too few people subscribe, the costs will become too high for each subscriber, and service may become unfeasible.

The price may increase or decrease in order to balance operating costs with revenue. Subscribers will be notified 30 days in advance of any future price increases. Billing will occur one month in advance at the first of each month. Once service begins, the first billing will include any prorated days from the prior month.

Billing for Internet service will be included with the subscriber's telephone bill. Non-payment will result in the service being discontinued.



The subscriber may terminate service at any time without penalty. However, if the subscriber wishes to reactivate the connection, there will be a \$75 reconnect fee.

The Internet connection will originate from Guam, with service provided by the Marshall Islands National Telecommunications Authority. All users will operate with U.S.-based IP addresses. KRS is responsible for service speeds within/between the KRS-operated network and the subscriber's residence. Service speeds stated are provided up to the speed indicated on a best-effort basis. Data transfer rates will vary due to Internet traffic congestion, peak usage periods, system maintenance, weather effects, user equipment configurations or other influences.

## Requirements for high-speed In-

ternet service include having a primary telephone line installed in one's living quarters. Because the Internet connection will flow through a DSL line, subscribers will be able to use their telephones and go online at the same time. If the subscriber has two lines, the DSL service will be restricted to the existing primary line.

In order to subscribe for a high-speed connection, subscribers must read the Acceptable Use Policy and Terms of Service posted on [kwajweb.com](http://kwajweb.com). Complete and sign the Residential Internet Signature Agreement and return it to KRS Telecoms either by faxing to 5-5555 or emailing to USARMY Bucholz AAF 311 Sig Cmd Mailbox mbx-telecommrequest in the

**See INTERNET, page 7**

# THE KWAJALEIN HOURGLASS

*The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.*

The *Kwajalein Hourglass* is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the *Hourglass* are not necessarily official views of, or endorsed by, the

U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

Phone: Defense Switching Network 254-2114;  
Local phone: 52114  
Printed circulation: 1,200  
Email:  
[usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)

Garrison Commander..... Col. Nestor Sadler  
Command Sergeant Major .... Command Sgt.

**Maj. Reginald Gooden**

Public Affairs Officer..... Michael Sakaio

**Managing Editor ..... Sheila Gideon**

Associate Editor ..... Jordan Vinson

**Media Services Intern.....Molly Premo**



# The fight against flies, mosquitoes

Article and photos by Jordan Vinson  
Associate Editor

A common fly flies away from an open-air dumpster and happens upon a pile of animal excrement outside. It later sneaks into your kitchen and nosedives into your potato salad as you look away to check the NASDAQ ticker on the TV. Give it enough time, and it'll happily explore your chicken breast, too. If you turn your attention to it soon enough—and have the reflexes of Jackie Chan—you may be able to smash its miserable guts against the table, liberating Kwajalein from yet another fly who has sworn to make outdoor picnics before 7 p.m. on this island something to wish for.

But the damage may already be done.

The fly may have left behind some nasty microscopic bacteria called shigella that, if ingested, may infect you with an intestinal disorder called shigellosis that will make your next few days a crappy mess.

Stomach cramps and diarrhea are hallmarks of a case of shigellosis. In mild cases it often goes unreported and is written off euphemistically as a case of having an “upset stomach.” But in more serious cases, exceedingly bloody diarrhea, fever, severe dehydration and even seizures can occur.

At face value, it doesn't seem like a terribly significant problem. According to the U.S. Center for Disease Control, there are only about 14,000 cases of shigellosis that get reported to authorities each year in the United States. But, “because many milder cases are not reported, the actual number of infections may be 20 times greater,” the CDC says.

For communities in warmer environments, the bacterial disorder is a comparatively greater concern. In the Marshall Islands, for instance, an outbreak of shigellosis originating from poor sanitation habits killed a total of 11 people in 1977, mostly on Majuro atoll.

Overall, most cases of shigello-



A Kwajalein Pest Control Department operator sprays a flower bed for mosquitoes.

sis can be almost always be prevented by washing your hands and food and employing safe sanitation standards inside and outside the home. But there are always rogue threats—like flies that like to wallow about in feces and then play tag with your food. Sterilizing your hands and ensuring clean water supplies cannot help you in that situation. It is for this reason that Billy Abston and his staff at the Kwajalein Pest Control Department take their jobs so seriously.

*“An unsealed trash bag laden with leftover beef stroganoff, fried chicken and Ho Hos is excellent real estate for a few flies to make their home and raise a million kids.”*

“The whole reason for pest control existing is vector control [control against transfer of infectious diseases],” says Abston, who has lived on Kwajalein for a cumulative total of 13 years. “That’s the most important. Vector control so no disease-carrying animals [and] insects can create problems for the military, DoD civilians, [and] of course contractor civilians, in this situation.”

Flies are not the only pests on the Pest Control Department’s kill list. The crew also confronts fire ants, wasps, cockroaches, rats, termites, beetles and more. But flies are certainly the most common denominator on the island.

“Flies are probably the worst, because they vector shigellosis,” Abston says. “A lot of people say, ‘I’ve got stomach problems and can’t come to work.’ That’s one of the reasons I push fly control so much. There’s a lot of work lost because of this all over the world.”

In the eyes of the Department of Defense and the U.S. Army, which regulate all pest control efforts on Army installations, “lost work” caused by the shigella bacteria could signify lost productivity in a great variety of environments. For Soldiers on the battle field, that could amount to infantry units losing their edge due to bouts with severe diarrhea, which could cost lives and missions. In less intensive environments—workplaces on U.S. Army Garrison-Kwajalein Atoll, for example—it may amount to more sick days and missed project deadlines. But regardless of the environment in which a Soldier or civilian contractor works, if he is stuck on

**See PESTS, page 4**



## PESTS, from page 3

a toilet all day, he's not going to be very effective.

Abston and his highly-trained RMI staff employ a variety of weapons against the flies on Kwajalein. They bait dumpsters and surrounding areas with a granular fly bait packed with noxious chemicals designed to knock flies dead. They spray an insecticide inside the dumpsters as well. Scrap meat trimmings the team gets from the Surfway butcher shop are used to lure the pests into round, plastic fly traps. And you'll often see those distinct Catchmaster Gold Stick fly traps—usually covered with a hundred dead flies stuck to them—peppered across the island as well.

But the most effective measure is prevention—and this is where everyone in the community can lend a hand.

The reason why flies are such a problem on Kwajalein is that they have so many cozy places to mate and lay their eggs. Informational flyers the department distributes at the Post Office, Zamperini Dining Facility and elsewhere explain it clearly enough. An unsealed trash bag laden with leftover beef stroganoff, fried chicken and Ho Hos is excellent real estate for a few flies to make their home and raise a million kids.

It's important to remember, Abston says, that conditions like these breed more than a nuisance. At Emon Beach the flies may have a maddening love for hopping around on your ankles. But in the kitchen and at the dining facility, they want to swim in your spaghetti sauce.



**Abston points out some of the dozens of locations the Pest Control Department have deployed traps for flies, fire ants, roaches and other pests across Kwajalein.**



**Billy Abston, right, talks shop with Patrick Wade, middle, superintendent with the Department of Public Works, and Tom Lester, Department of Public Works manager.**

It's a prospect that's as likely to cause a case of shigellosis as it to induce vomit.

But while flies are the main target for Abston and his crew, killing flies isn't the only game in town for the Pest Control Department.

In late 2011 the Marshall Islands experienced a Dengue Fever outbreak that impacted more than 600 people, forcing the Republic of the Marshall Islands Cabinet into declaring a state of emergency. International aid poured in from the United States, Taiwan, the World Health Organization and more. Travel restrictions from Majuro to outer islands and Kwajalein were implemented. The state was in a panic. The culprit?

"It was caused by an Asian tiger mosquito, which we have here [on Kwajalein]," Abston says. The mosquitoes had become infected with the dengue virus—ironically—by biting and drawing blood from humans already infected with the virus. After about a week, the mosquitoes were then able to transmit the virus by biting a healthy person.

Unfortunately there is no vaccine that can be used to prevent the dengue fever. Again, the best measure is prevention.

"The best preventive measure for residents

living in areas infested with [Asian tiger mosquitoes] is to eliminate the places where the mosquito lays her eggs," says the CDC. This means any artificial container that holds water. On Kwajalein that includes everything from patio and pool furniture to outdoor potted plants and thick brush and yard waste, all of which collect and hold stagnant rainwater for mosquitoes to hatch their eggs in.

The Pest Control Department aims at nixing these "areas of interest" by performing inspections of community areas and family housing yards a couple times a month. But during weeks in which inches of rain falls across the island, there is only so much Abston and his men can do.

That's when they pull out their big gun. The candy-apple red Bufalo Turbine mobile vector sprayer they taxi throughout areas of the island is nothing less than a Death Star for mosquitoes. It kills them in the tens of thousands.

But there's nothing more effective in fending off mosquitoes than preventing their very existence in the first place, Abston and the CDC say.

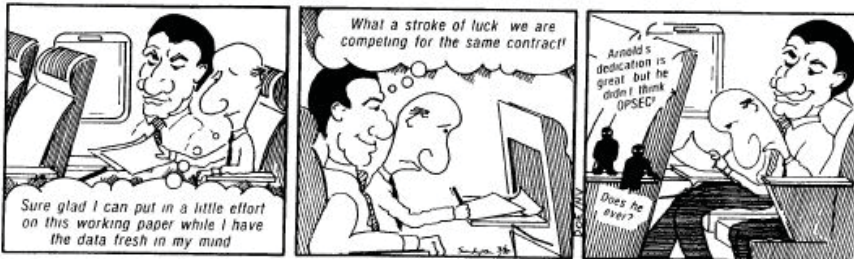
So, the next time you throw your cafeteria take-out container into an open-air dumpster or neglect to make sure there's no standing water with your potted plants, think about the cases of dengue fever and shigellosis that have impacted our neighbors only short distances away.



# The Kwajalein Hourglass Time Capsule



## Arnold OPSEC



From March 2, 1994.

## U. S. FAR AHEAD IN SPEED RACE

WASHINGTON (UPI)--PRESIDENT JOHNSON CELEBRATED HIS FIRST 100 DAYS IN OFFICE YESTERDAY WITH HIS FIRST "LIVE" TELEVISION NEWS CONFERENCE

THE CONFERENCE WAS IN DELIBERATELY LOW KEY, WITH THE SOFT SPOKEN PRESIDENT APPARENTLY DETERMINED TO AVOID FIREWORK HIS MOST DRAMATIC ANNOUNCEMENT, GIVEN QUIETLY AND WITHOUT UNDUE EMPHASIS, WAS HIS DISCLOSURE THAT THE UNITED STATES HAS SOLVED THE PROBLEM OF BUILDING AN AIRCRAFT THAT FLIES AT MORE THAN 2,000 MILES AN HOUR.

FOR BRITAIN AND FRANCE, WHO ARE JOINTLY BUILDING THE SUPERSONIC CONCORDE AIRLINER WITH A SPEED OF 1,450 MILES AN HOUR, THIS WAS BAD NEWS.

UNTIL TODAY THEY HAD BEEN RECKONED TO BE WELL AHEAD OF THE UNITED STATES IN THEIR DEVELOPMENT OF A SUPERSONIC PASSENGER PLANE

THE UNITED STATES HAS "SEVERAL" OF THESE AIRCRAFT--THE A-11--UNDER FLIGHT TEST, THE PRESIDENT SAID.

From March 2, 1964.

## THE KWAJALEIN HOURGLASS

Volume 37, No 18

Tuesday, March 4, 1997

U. S. Army Kwajalein Atoll, Republic of the Marshall Islands

### Wake spruces up facilities during pause in launch activity



(Photo by Preston Lockridge)  
At the Wake Island mission control center, test conductor Brian Mullet, left, of Orbital Science Corp., goes through the count-down check list in preparation for the TCMP-2C launch Saturday. Launch controller Joe King, also of OSC, looks on at right. 2C is the last of three launches in TCMP Campaign 2

By Pat Cataldo

With the TCMP-2C mission Feb. 28 Wake Island temporarily ceases launch activity and returns to its more usual status as a refueling station for international flights

No other launches are on the books for Wake until fourth quarter 1998 when a Hera demonstration shot is scheduled. Hera is to be the target vehicle in the Theater High Altitude Area Defense (THAAD) program

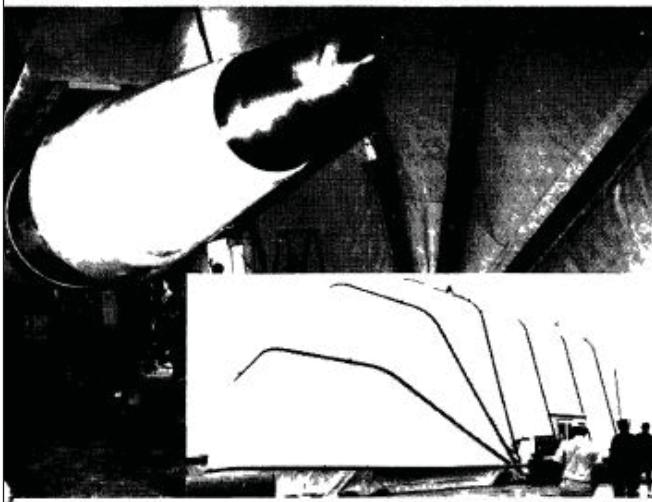
Wake is approximately 730 miles almost due north of Kwajalein Island. It became a launch site for missiles involved in Kwajalein Missile Range testing with the advent of theater missile defense programs

2C, the last of three launches in TCMP Campaign 2, is also the last to use the old Wake rail launcher. New launch facilities are being prepared. A stool launcher—one that launches missiles straight up—is already in place. A control center will be housed in trailers in hardened shelters

The U.S. Army Space and Strategic Defense Command, which sponsors the TCMP program, expects to return for Campaign 3 in 1999 and Campaign 4 in 2001, said Lt. Col. Reginald Snell, SSDC assistant program manager, Huntsville, Ala.

We're on a planning cycle of about 18 to 24 months, Snell said. Now we will focus on analyzing the data we have gathered. At the same time we'll be talking to users in the theater missile defense community. These include the Patriot and THAAD programs, the Navy and Air Force and our foreign counterparts, particularly in the United Kingdom.

TCMP is designed to gather infrared and radar data, with the goal of making weapons systems and radars smarter. Data is kept on file at the Missile Defense Data Center for the international theater missile defense community to draw upon



(Photo by Preston Lockridge)  
TCMP-2C missile on its launcher at Wake Island. The missile is kept under protective cover in the "clamshell," shown in inset photo, until launch

## Truk Bishop Sends Letter Of Thanks To Kwajalein

KWAJALEIN — Bishop Neylon, S.J. from Truk writes to thank the Kwajalein community

The peace of the Lord and our deep gratitude to all of you!

Ever since Typhoon Nina came through our islands in Truk towards the end of November, you have shown your Christian charity and compassion for your island neighbors here in a wonderful way. Your almost countless cartons of food and clothing for our needy people arrived here safely at the Truk airport. And everything has been distributed to bring nourishment and comfort and encouragement to our people.

I want you to know how very grateful I am for your great generosity and kindness. People here who saw the large Kwajalein brown cartons arrive with "Bishop Neylon" marked on them, must think that I have many, many good friends outside our area. And indeed, how right they are! You are all my treasured friends and my way of showing my gratitude is to pray earnestly to the Lord to bless you all and your families and return to you a hundredfold His blessings because of your goodness to us in our time of need.

Indeed, may the Lord be with you all through the year ahead.

Gratefully in our Lord,

+Martin J. Neylon, S.J.

From March 2, 1988.

From March 4, 1997.



# WXLG—Kwaj's first radio station

Article by Sharon Watkins Lang  
USASMDC Command Historian

The U.S. Army Space and Missile Defense Command Historical Office recently received a collection of photographs from the family of Harry Risney. In civilian life Mr. Risney was an Iowa businessman, a broadcaster and a freelance photographer. During WWII, Lt. Risney—he would later reach the rank of captain—served in the both the European and Pacific Theaters. During the entirety of 1945, Risney was stationed on Kwajalein as the officer in charge of WXLG, the Armed Forces Radio Station.

Beginning in June 1944—only a few months after the battle for Kwajalein—WXLG began its broadcasts from Kwajalein Island. Broadcasting from the back of a radio repair shack with the limited power 50 watts and all of their equipment stored in five trunks, the station was on the air for eight hours a day.

Under the management of Lt. Risney, the station was transformed from a bare room with wooden 2-by-4 plank walls into a proper, fully-functioning radio station. Located in a Quonset hut in a wing of the Richardson Theatre, WXLG boasted two broadcast studios equipped with acoustical tiles, a control room and a reception area with carpeted floors, comfortable furniture and “one of the slickest pin-up collections on the island” (the Hour Glass, Oct. 14, 1945).

The joint WXLG staff of 11 Army, Navy and Marine personnel had a wealth of experience in radio, news and entertainment with backgrounds in radio management, sports announcing and reporting. A 1945 Hourglass article highlights Lt. Risney “whose pear shaped tones [were] heard daily” on the noon spot called “Odditorium” and on Sunday evenings during his “Thoughts at Twilight” program. Risney had worked with KOL and WOW radio in Omaha and NBC in Hollywood. Using his broadcast journalism experience, he conducted a series of interviews with liberated American prisoners of war who stopped on



The staff of WXLG gather for a photo outside the radio station in 1945.

Kwajalein on their way back home.

Jack Barry was another WXLG broadcaster. Charlie Barnard of The Hourglass described him as someone who, “spins the discs requested by listeners and season the program with his inimitable patter and commentary.” Barry’s experience was in sports, working as both a Major League Baseball announcer and a college football broadcaster.

Cpl. Paul Freye and Cpl. Fred Hegelund were involved, as well. They had previously worked with the Racine Journal-Times and NBC in San Francisco. There was also Navy Sailor Derrick Dyatt, who had worked as an actor and announcer with WSAN in Allentown, Pa., and Marine Pfc. “Lee” Sater, who had been the announcer for “Halls of Montezuma,” a program broadcasted from San Diego.

WXLG broadcast a variety of programs to its listeners, all of which benefited from a serious equipment upgrade later on. With its new 500-watt transmitter, the station now included personnel in Australia, New Zealand, Fiji, Wake Island, Hawaii and beyond. Daily programming also jumped up to 13 hours of original and syndicated content. In addition to state-side programs and Armed Forces Radio shows, WXLG broadcast programs featuring the records that were on hand, as well as local commentary.

Some of the listeners’ favorites were special events and guest performances by USO stars, such as the likes of Dennis Day, who was a favorite on the Jack Benny radio and TV show and was a singer in a Navy band led by Big Band pianist Claude Thornhill and actor and drummer Jackie Cooper. In addition to USO performances, WXLG also included local programs like talent shows and performances by “The Forest Rangers,” a band composed of members from various units stationed on the island. There was also a program titled “Music for the Marshallese.”

According to Kwajalein historian Eugene Sims, one of the most popular shows of this era was “The Kwaj Lodge,” hosted by Army Sgt. Russell Beggs. In a two-hour show, Beggs—also known as “Rock Happy Roger”—would “[touch] on all the laughable, sad, or daily goof ups on the huge base at Kwajalein and Roi-Namur, much to the delight of the ... personnel.” Sims wrote once that “Beggs and his audience formed a club called the Fraternal Order of the Rock Happy Residents of Kwajalein.”

WXLG has undergone many changes in the last 70 years, fluctuating with the population and the installation’s operations. Now under the auspices of the Armed Forces Network, the broadcast system also incorporates FM radio (1968) and television (1978)

# S'mores and ziplines at the Scouts' Family Camping Trip

Article and photos: Lynx McClellan  
Scout Mom

**T**ent camping on Kwaj? Yes! The Cub Scouts and Boy Scouts held a joint Family Camp out Feb. 16.

The boys and their families were treated to several fun, unique events. A zip line was posted between to tall palm trees with a long rope line, a pulley system and a zip handle with a board seat. The kids bravely climbed up a ladder to reach the zip line, situated themselves on the seat and took off down the rope line to the far palm tree.

Next, as part of a badge requirement, the Cub Scouts provided a hot dog dinner and drinks for the families.

Boy Scouts and parents provided a 'blanket toss' event, in which younger scouts and siblings were tossed in the air. This event took the cooperation of close to 20 people as they gripped the 'blanket' and propelled the kids 12 feet in the air.

The night was especially important to three Cub Scouts: Hunter Gray, Uto Kaneko and Caleb Parker. Each earned the Arrow of Light—the only award to be carried over from Cub Scouts to Boy Scouts.

A rope bridge was constructed by the Boy Scouts to serve as a basis for the "Cross Over Ceremony" for Gray, Kaneko and Parker. By walking across the bridge, they of-



Some of the younger Scouts enjoy a rare opportunity to roast s'mores over an open camp fire Feb. 16.

ficially completed their transition from Cub Scouts to Boy Scout Troop 314. They are the Troop's newest members.

Later in the evening the campers and families sat around a camp fire to cook marshmallows, s'mores and fruit tarts. As part of the communication merit badge, the Boy Scouts entertained the crowd with songs and skits by the fire.

After a night sleeping in the warm Kwaj climate, the boys enjoyed an outdoor breakfast, which was followed by three classic Scouting activities—leather working, knot tying and fire starting.



A Scout flies down the zipline.

## INTERNET, from page 2

Global or [usarmy.bucholz.311-sig-cmd.mbx.mbx-telecommrequest@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.mbx-telecommrequest@mail.mil).

Residents without current phone service will need to request basic phone service before subscribing to DSL services. Simply read the AUP and the Terms of Service posted on the intranet, complete the Telephone Service Request and return it by fax or email in the same manner listed above to start the high-speed subscription process.

KRS will provide the modem for DSL service. Subscribers will be notified when modems will be issued for use. Since they are considered government property, the modems must be turned in to the IT Help Desk when subscribers terminate service. Personal modems may be used; however, KRS will not provide technical support for personal equipment.

Subscribers may also connect a personally purchased router to set up a wireless network in their

quarters, which will allow subscribers to connect more than one device at a time. However, similar to the personal modem, the KRS Help Desk will not be responsible for technical support with home wireless or wired networks, including connections between devices like gaming systems and wireless printers.

Assistance via the KRS IT Help Desk will be available for technical support for DSL connection issues only. Support will be offered during normal business hours, Tuesday through Saturday, 7:30 a.m.-4:30 p.m., excluding holidays.

These high-speed Internet connections will not be filtered or actively monitored. However, monitoring for malware on the network will occur to protect all subscribers from the all-too-common attacks that arise when using the Internet.

For more information, see the Frequently Asked Questions document located at [www.kwajweb.com](http://www.kwajweb.com).



# DISPATCH FROM ROI



*From Bridget Rankin*



*From Phil Bond*



*From Bridget Rankin*



# View from Kwaij





**HELP WANTED**

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

THE KWAJALEIN ART GUILD is looking for people to teach art classes, from the basics to advanced skill levels. Whatever you can do-drawing, painting, photography, quilting, needlework, paper crafts, beading, jewelry, stained glass, batik, crochet, candle making, origami, etc.-there is someone wanting you to share your talent. Please email [kwajartguild@gmail.com](mailto:kwajartguild@gmail.com).

### Special Religious Services

Ash Wednesday service: 7 p.m. March 5 at the Island memorial Chapel

Blessed Sacrament Stations of the Cross at the Small Chapel. Begins 6 p.m. March 7 and continues March 14, 21, 28, April 4, 11. Simple supper of bread and soup served afterward.

Questions? Call 53505.

### Religious Services

#### Catholic

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel  
Roi-Namur service, 4:45 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

#### Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

6:30 p.m., Friday, Roi Chapel

#### Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

**LOST**

BLUE CAMO WET SUIT left at Emon Beach Dive Shack approximately three weeks ago. Call 51855.

ZEBRALIGHT SC-600 flashlight, green with paracord lanyard, lost on Coast Road between 1010 and downtown. Call 51140 or 51616.

KEY RING with five keys and a 5-inch Micro-nesian love stick. Call 51157 and leave a message if no answer.

**WANTED**

HOUSE FOR FAMILY of four (two adults, two teens) visiting March 7-15. Please contact Cheryle Johnson at 51684 if you have a vacancy during this time.

USED LATOP computer, good condition. Call Seremay at 53550.

**FOUND**

Regulator Set at Emon Beach about two weeks ago. See Bill Williamson in the dive shop to claim.

PRESCRIPTION GLASSES, brown frames, +1.5 power, found at intersection of Ocean and Speedball. Call 51141.

**FOR SALE**

16-FOOT NACRA CATAMARAN with two main sails and jib (all in great condition), two tillers, (one new), newer blocks, sheets and tramp, new wind indicator (still in box), two trapeze harnesses, trailer with new tires & rims. Fastest sailboat on Kwaj, \$900 Call 52698.

BRAND-NEW INDOOR/OUTDOOR overhead fan with light, great for the patio, \$50; Coleman Power Chill Iceless 120-volt cooler with 12-volt converter, great for the boat or to plug in and use for your outdoor party, \$35; king-size egg carton foam mattress pad, \$5. Call 53887 after 6:30 p.m.

SCHWINN 860 TREADMILL, great condition, \$600. Call 52940.

PIANO, \$100 or best offer. Call 50063 or 52515.

50-gallon glass aquarium with hood, lights and stand, \$80. Call 53731.

SCUBA GEAR: Scuba Pro MK 5 classic all SS regulator with spare parts, serviced with new sub-pro console-great back-up regulator, \$75; aluminum 80 CF nitrox cylinder, \$75; 70 CF aluminum air cylinder, \$50; Atomic split fins, size XL, \$20; lift bag 20 KG, \$10; Dive-Rite B-Air dive computer, \$50; large UK D8 dive light, new in box, \$15; mesh bag weights, various sizes, \$1; two mesh gear bags, \$5 each. Call 53887.

FISHING GEAR: Penn International 130 and 80 STW reels and rods, rebuilt at Hobbietat and spooled with new line; multiple four-inch and 16-inch lures; handlines; new skirts and rigging equipment to make custom lures; graff hooks, sizes small to large; large Igloo cooler; heavy-duty fishing trailer. Call 51053 to negotiate your package.

Microwave, \$50; left-handed golf clubs with bag, cart, umbrella and accessories, \$100. Call 52785.

HYPERLITE BYERLY wakeboard bindings, size small (fits size 6-9 foot), \$60; AVID BC size large (14 pounds of weight), Brute regulator, Octo, INsite computer, rolling dive bag, only used a couple times, fully set-up and ready to dive, boxes and manuals included, \$800 firm. Call 51915 or 54421.

**COMMUNITY NOTICES**

BLACK HISTORY MONTH Cultural Tour tonight 6:30-9 p.m. at the REB. The cultural tour will highlight the African Diaspora and allow you the first-rate opportunity to enjoy poetry, music, movie, food, fun facts and a round table discussion. This is a potluck affair, and everyone is welcome; please bring a side dish to share.

THE SMALL BOAT MARINA begins its summer open hours schedule today. The SBM is open each Friday 1:15-6:30 p.m. On Saturday, Sunday, Monday and on holidays it is open 8 a.m.-6:30 p.m.

OPEN RECREATION at the bowling alley. Come and meet us at the bowling alley 6-7:30 p.m. tonight and bowl with your friends. Register at the CYSS Central Registration office at 52158. Questions? Email Katrina Ellison at [katrina.m.ellison.ctr@us.army.mil](mailto:katrina.m.ellison.ctr@us.army.mil).

## Captain Louis S. Zamperini Dining Facility

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 8
Round of Beef	Sauteed Chicken	Grilled BBQ Pork Chops	Teriyaki Short Ribs	Baked Meatloaf	Coconut Breaded Chicken	Dry Rub Spare Ribs
Ham Marco Polos	Beef Pot Pie	Turkey & Dumplings	Chicken Hoisin	Pepperoni Pizza	Fish Du Jour	Tuna Melt
Eggs Benedict	Bacon Cheese Quiche	Au Gratin Potatoes	Oriental Fried Rice	Cheese Pizza	Brown Rice Pilaf	Scalloped Potatoes

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 8
Maple Glazed Pork Loin	Oven Fried Chicken	Minute Steak	Carved London Broil	Honey Fried Chicken	Pancake Supper	Beef Stew
Szechuan Chicken	Oriental Beef Stir Fry	Thai Chicken Stir Fry	Herb Roast Chicken	Baked Spaghetti	Sweet & Sour Pork	Chicken Fajita Wraps
Roasted Garlic Couscous	Macaroni & Cheese	Garlic Mashed Potatoes	Pasta Alfredo	Vegetarian Stir Fry	Chicken Strips	Cajun Dirty Rice



**MARDI GRAS BOWLING** 7-10 p.m. tonight at the Kwaj Bowling Lanes. Laissez Les Bon Temps Rouler. Let the good times roll! Adults only please.

**CHILI COOK-OFF**, baggo tournament, horseshoes and silent auction at the Vet's Hall Sunday. The fun begins at 2 p.m., and all proceeds go to benefit Don Serrra. Anyone wishing to donate to the silent auction should contact Jane Boyce. for all other questions, contact Mike Woundy or Jan Abrams.

**COME OUT TO THE VET'S HALL** at 8 p.m. Sunday to listen to Smells Like Fish, Roi Namur's favorite music group. Wear your dancing shoes for an evening of classic rock and roll.

**CHRISTIAN WOMEN'S Fellowship luncheon** is at noon Sunday in the REB. Nothing to bring but a friend. Come for home-cooked food, fellowship and the chance to hear Patti Alejandro speak from James 1:2-5, "Count it All Joy".

**KWAJALEIN RUNNING Club's 2014 Downwind Dash** one-mile run will be Monday at 5 p.m. on Ocean Road by the Golf Course. Show up by 4:50 p.m. to sign in.

**CELEBRATE DR. SEUSS'S birthday** 10 a.m.-3:30 p.m. Wednesday at the Sherwood Library. Enjoy a short film, special readings of Dr. Seuss books, crafts and more.

**KWAJALEIN AMATEUR Radio Club meeting** 7 p.m. Thursday at the Ham Shack, just south of the Adult Pool. After the meeting we will make a contact over high frequency radio. We will be administering amateur radio license tests after the April 3 meeting. Start studying now.

**2014 SOFTBALL SEASON REGISTRATION** is open until Friday. Season dates are: March 18-May 17. Cost is \$100 per team. All teams must have a representative present at the Mandatory Manager's Meeting held at 5 p.m. Friday, March 7 in the Grace Sherwood Library. Teams will not be allowed to register without a representative at the meeting. For registration and questions, call 51275 or email Kaylee West.

**CYSS YOUTH SPORTS SOCCER** registration closes March 8. Season Dates are: March 25

– May 22. Cost is \$40 per player. Open to all CYSS Youth Kindergarten-Grade 6. To register, visit Central Registration, Building 358 or call 52158. Questions? Contact Michelle Huwe at 53796.

**HELP THE PACIFIC Teen Panel** donate new or used shoes to Ebeye. All shoes are welcome including flip flops and sports shoes. Shoe boxes will be at the Elementary and High School, the Namo Weto Youth Center and Downtown at the Zamperini Dining Hall until March 22. Contact Dori DeBrum at 52601 or Danielle Rivera at 50704 for more information.-

**EFFECTIVE FEB. 28**, The Inbound Passenger Terminal and Badge Office has been relocated to Building 687. When you disembark the plane, you will be routed to this new building. All badging (TDY, K-Badges and C-Badges) will be done in this new location. The Outbound Passenger Terminal will remain at Building 901.

**AN OPTOMETRIST** will be on Kwajalein to see patients March 7-18. For eye exams, call the Hospital for an appointment at 52223 or 52224. For prescription safety glasses, call ES&H at 58855.

**COME CELEBRATE Dr. Seuss** by making green eggs and ham and reading some of this classic stories 5:30-7 p.m. March 15. Register between March 4-14 at the CYSS Central Registration Office of by calling 52158.

**PLEASE COMPLETE A SURVEY** designed to rate KRS' quality of services, located at <https://www.surveymonkey.com/s/KRSFeedback>

**BINGO! 6:30 P.M. THURSDAY** at the Vet's Hall. Packet price is \$20. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Blackout completion 54 numbers \$1,400 payout; Windfall completion at 28 numbers \$1,800 payout. Shuttle transportation available from the Ocean View Club and Tennis courts. No outside alcoholic beverages permitted. Must be 21 to enter and play. Bring your ID. Questions? Contact Midori Hobbs at 53331.

**CYSS YOUTH BOWLING.** Registration dates: Feb. 4-March 8. Season dates: each Friday, April 11-May 23 Cost is \$30 per player. Open to all CYSS youth age 8-Grade 6. To register visit Central Registration, Building 358 or call 52158. Questions? Contact Michelle Huwe at

53796.

**KWAJALEIN ART GUILD board meeting** to be held at 5:30 p.m. March 11 in the Annex. Discussion to include the Spring Craft Vendor Fair and Photo Exhibit. All interested parties please plan to attend.

**ART SHOW** featuring creations by Kwajalein children 5-7 p.m. March 14 at the Coconut Room. The theme this year is "A night at the movies." Students are invited to dress up like their favorite movie star or movie character.

**E-TALK:** There are approximately 5000 tons of waste generated on Kwajalein per year. While some of it is disposed of on-island, certain types of wastes must be shipped off-island to be disposed of in the continental US. The Solid Waste Management plan details how to take care of all the wastes produced. If you have any questions, comments or concerns, please contact the ES&H office at 51134.

**SAFELY SPEAKING:** Bicyclist need to stay on the right side of the road and ride single file when someone needs to pass. Pull off the road and stop when fire trucks, ambulances and police cars are going past.

Come to the  
 Black History  
 Month Cultural  
 Tour tonight 6:30-  
 9 p.m. at the REB!

E-cigarette users will obey  
 same restrictions as tobacco  
 use in accordance with Policy  
 Memorandum 600-8 Tobacco  
 Use in Facilities on USAG-  
 KA (5 Dec 13).

<i>Café Roi</i>						
<b>Lunch</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Mar. 8</b>
Bratwurst	Garlic Roast Beef	Spaghetti	Cajun Roast Beef	Fried Fish	Honey Mustard Chicken	BBQ Chicken Sandwich
Eggs Florentine	Chicken w/ Mushrooms	Meat Sauce	Egg Foo Yung	London Broil	BLT	Stuffed Peppers
Baked chicken	Egg Muffins	Marinara Sauce	Candied Yams	Macaroni & Cheese	Pinto Beans	Couscous
<b>Dinner</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Mar. 8</b>
Chicken w/ Sauce	Sweet & Sour Chicken	Beef Stew	Grilled Steaks	Fried Chicken	Greek Night	Southwestern Chicken
Pot Roast	Hoisin Short Ribs	Herb Roast Cornish Hen	Chicken Cordon Bleu	Meat Loaf	Chicken Gyros	Nacho Bar
Mashed Potatoes	Fried Rice	Mashed Potatoes	Baked Potatoes	Mashed Potatoes	Pork Souvlaki	Fiesta Rice



# Ready and Resilient Wellness Calendar March 2-8

Sponsored by the Community Health Promotional Council

<b>2</b> 1. Christian Women Fellowship Luncheon, 1200, REB.  2. Body, Pump, Cardio, Yoga Mix-Up, 1330, CRC Room 7	<b>3</b> 1. Circuit Training, 0800, Ivey Gym.  2. Kwajalein Running Club-Downwind Dash, 1650, Road between Golf clubhouse and airport runway.	<b>4</b> 1. "Cross Fit" 0530, Adult Pool.  2. Yoga, 1800, Yacht Club.	<b>5</b> 1. Circuit Training, 0500, Ivey Gym.  2. "Softball Learn to Play," 1700, Brandon Field.  3. Zumba, 1730-1830, CRC, Room 6.	<b>6</b> 1. "Cross Fit" 0530, Ivey Gym.  2. Weight Management Group, 1645, Hospital Conference Room.  3. "Run Intervals", 1730, Emon Beach.  4. Yoga, 1845, CRC, Room 6.	<b>7</b> 1. Circuit Training, 0500, Ivey Gym.  2. Zumba, 1730-1830, CRC, Room 1.  3. Yoga, 1800, Emon Beach.	<b>8</b> 1. "Cross Fit" 0530, Ivey Gym.  2. Sunrise Yoga, 0600, Rich Theatre.  3. "Parents Make A Difference Group," 1645, Hospital Conference Room.
--	--	--	--	---	---	---



## WEEK 5 RESULTS

### Feb. 19

The Federation def. Alley-Oops	61-55
Space Jam def. BreakFast	54-34
Auto def. The Other Guys	64-42
USAG-KA def. Yokwe	56-45

### Feb. 20

Remix def. Ebeje Boran	67-65
Fun "da" menatals def. Spartans	56-50
Icy Hot def. Regulators	59-56

### Feb. 21

Yokwe def. The Other Guys	57-32
USAG-KA SJC	48-29

## WEEK 7 SCHEDULE

### Mar. 4

Space Jam vs. The Federation
BreakFast vs. Dribblers
A League Playoff Games
Seed 4 vs. Seed 5
Seed 3 vs. Seed 6

### Mar. 5

Space Jam vs. Dribblers
BreakFast vs. Alley-Oops
B League Championship Game
Winner of Game 3 vs. Winner of Game 2

### Mar. 6

Youth League Playoffs
Seed 4 vs. Seed 5
Seed 2 vs. Seed Seed 3
A League Playoff Games
Seed 1 vs. Winner of Game 1
Seed 2 vs. Winner of Game 2

## LEAGUE STANDINGS

### Youth League

Dribblers	2-4
BreakFast	4-2
Space Jam	5-1
Alley-Oops	3-4
The Federation	2-5

### A League

Fun'da'mentals	5-4
Remix	6-3
Icy Hot	8-1
Regulators	3-6
Ebeje Boran	4-5
Spartans	1-8

### B League

USAG-KA	7-1
Auto	5-3
Yokwe	5-3
SJC	3-5
The Other Guys	0-8

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	10%	ENE at 16-20 knots
Monday	Mostly Sunny	10%	ENE-E at 14-19 knots
Tuesday	Partly Sunny	20%	ENE-E at 13-18 knots
Wednesday	Mostly Sunny	10%	ENE at 17-22 knots
Thursday	Mostly Sunny	<10%	NE-ENE at 16-21 knots
Friday	Partly Sunny	10%	NE at 15-20 knots

Yearly total: 16.82 inches  
Yearly deviation: +9.75 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
<b>Sunday</b>	7:02 a.m. 7:00 p.m.	8:12 a.m. 8:42 p.m.	4:54 a.m. 4.7' 5:09 p.m. 5.1'	10:57 a.m. -1.0' 11:22 p.m. -1.2'
<b>Monday</b>	7:02 a.m. 7:00 p.m.	9:01 a.m. 9:37 p.m.	5:29 a.m. 4.7' 5:43 p.m. 4.9'	11:34 a.m. -1.0' 11:54 p.m. -1.0'
<b>Tuesday</b>	7:01 a.m. 7:00 p.m.	9:50 a.m. 10:30 p.m.	6:03 a.m. 4.6' 6:16 p.m. 4.5'	12:09 p.m. -0.7' -----
<b>Wednesday</b>	7:01 a.m. 7:00 p.m.	10:38 a.m. 11:23 p.m.	6:35 a.m. 4.4' 6:47 p.m. 4.0'	12:24 a.m. -0.7' 12:44 p.m. -0.4'
<b>Thursday</b>	7:00 a.m. 7:00 p.m.	11:27 a.m. -----	7:07 a.m. 4.0' 7:17 p.m. 3.4'	12:53 a.m. -0.3' 1:19 p.m. 0.1
<b>Friday</b>	7:00 a.m. 7:00 p.m.	12:16 p.m. 12:14 a.m.	7:41 a.m. 3.6' 7:47 p.m. 2.8'	1:20 a.m. 0.1' 1:56 p.m. 0.6''
<b>Mar. 8</b>	6:59 a.m. 7:00 p.m.	1:04 p.m. 1:04 a.m.	8:20 a.m. 3.1' 8:24 p.m. 2.3'	1:49 a.m. 0.6' 2:44 p.m. 1.1'