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THE KWAJALEIN MIRRORGLASS



Command Sgt. Maj. Reginald Gooden takes the reigns as U.S. Army Garrison's highest-ranking enlisted advisor. He's the garrison's first command sergeant major in the history of the installation. For more, see page two.

Photo by Jordan Vinson

USAG-KA's first command sergeant major assumes garrison responsibilities

Article and photos by Jordan Vinson
Associate Editor

Command Sgt. Maj. Reginald Gooden became U.S. Army Garrison-Kwajalein Atoll's first command sergeant major in the history of the garrison last week. In a formal Assumption of Responsibilities ceremony at the base's Island Memorial Chapel Feb. 14, Gooden formally accepted responsibility for the Kwajalein and Roi-Namur communities to which he will be beholden during his tenure. He is now the base's highest-ranking enlisted leader.

The late-morning ceremony hinged on the stoic passing of the noncommissioned officers sword, a weapon adopted by the War Department in 1840 and taken into battle by American sergeants for more than 70 years. By grasping the sword from USAG-KA Commander Col. Nestor Sadler's outstretched arms, Gooden performed the symbolic assumption of authority, control and responsibilities of the garrison, its operations and service members, as well as its civilian personnel and local workforce.

"This is a special day for the Kwajalein team," Sadler told the audience during his opening address following the sword ritual. "Today truly marks a day of firsts as we welcome Command Sgt. Maj. Reginald Gooden—the first command sergeant major of the United States Army Garrison-Kwajalein Atoll—and his wife, Princess."

The chances of bringing aboard the garrison a Soldier of Gooden's



USAG-KA Commander Col. Nestor Sadler prepares to offer the ceremonial sword to incoming USAG-KA Command Sgt. Maj. Reginald Gooden. Sgt. Maj. David Negron assisted in the passing of the sword.

rank are scant, Sadler told the crowd. It is for this reason and many others that the communities of Kwajalein and Roi-Namur, as well as mission leaders and support staff with the Ronald Reagan Ballistic Missile Defense Test Site, should consider themselves lucky.

"Listen to the following statistics," Sadler said. "The Army has roughly 450,000 enlisted Soldiers in its ranks, of which about 1,100 are selected for command sergeant major. Of those, about 317 are assigned as a brigade-level command sergeant major. We are fortunate to have one of the 317 or so brigade-level command sergeant majors in our ranks—one of our country's fin-

est soldiers. ... I'm here to tell you that Command Sgt. Maj. Gooden is the right man, and it is my honor to welcome to the podium my new battle buddy, command sergeant major of the United States Army Garrison-Kwajalein Atoll, Command Sgt. Maj. Reginald Gooden."

Gooden said he was excited, honored and humbled by the opportunity to both serve as USAG-KA's first command sergeant major, as well as Sadler's confidant and advisor. He was also taken aback, he said, by the geniality and warmth extended to him and his wife by Kwajalein and Roi-Namur residents.

"As you know, my wife and I are

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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Command Sgt. Maj. Reginald Gooden exits the Island Memorial Chapel at the end of the assumption ceremony.

from the South, and we truly believe in southern hospitality," he said. "We have experienced nothing but great and continuing hospitality from our new Kwaj family. And for that I'm truly grateful. I'm also grateful for having such a great opportunity—after 24 years in the military—to serve in such a beautiful and unique place. I look forward to the experiences as well as the challenges this [position] brings."

A native of Atlanta, Gooden enlisted in the Army in 1989 and has risen steadily through the branch's ranks every since. He was selected, for instance, as one of only four JAG Corps sergeants major to serve as command sergeant major outside of his career management field for the first time in history. His most recent assignments include: Command Sergeant Major, Headquarters, Headquarters Battalion, 8th Army Battalion; Command Paralegal Sergeant Major, U.S. Army Special Operations Command, Fort Bragg, N.C.; and Command Paralegal Sergeant Major, 82nd Airborne Division, Fort Bragg,

N.C.

Gooden couldn't elaborate on exactly what vision he'll bring with him to USAG-KA Command; as a relative newcomer to the atoll, he'll still need time to feel out the nooks crannies of all the duties and operations he'll be responsible for as command sergeant major. But he did take a moment to highlight a few of the principles he has lived by during his prior tenures at other bases—principles he will also call on to inform himself and others during his tour on USAG-KA.

"I believe in spiritual, family, emotional, physical and social fitness," he told everyone in attendance at the chapel. "These are the key components that create and maintain a healthy culture to reside in. I believe in personal accountability of one's actions and believe we are each other's keepers, especially in such a small, close-knit community. We owe it to ourselves as well as our family members, both close and extended, to foster a safe, productive and nurturing environment. Instead of charging others, I will take this time to charge myself [and] my family to be valuable members of this great commu-

nity and to do our best to always represent that great Kwaj spirit of tropic hospitality."

Emblematic of that hospitality was the welcome Gooden's wife, Princess, received during the ceremony. In addition to receiving a bouquet of radiant yellow roses, she was honored with a traditional Marshallese decorative headpiece—it's called a wut in Marshallese—which was placed onto her head by USAG-KA RMI Relations Specialist Michael Sakaio.

"Once, again, thank you for graciously accepting Princess and [me] into your families," Gooden concluded. "We look forward to what's to come. Team Kwaj—strong and getting stronger."



Princess Gooden, the incoming command sergeant major's wife, receives a bouquet of roses and a traditional Marshallese wut.



Republic of the Marshall Islands Finance Minister Dennis Momotaro takes the opportunity to personally meet and speak with Gooden and his wife after the ceremony.

USAG-KA respond to Town Hall questions

QUESTION: When will USAG-KA have residential internet?

ANSWER: The Command has recently approved a plan to provide residential internet services to the community. The details of the plan are currently being worked out with the provider. The command expects to receive a finalized implementation plan within the next few weeks.

QUESTION: Why are seasonal and holiday-specific items available at AAFES on Kwajalein, but not on Roi-Namur?

ANSWER: The Command recognizes that this is an important morale and quality of life issue and that the entire USAG-KA community should be afforded access to all the goods that are available. The Command has coordinated with the AAFES on-site manager to facilitate provision of holiday items on Roi.

QUESTION: How can postal service be improved on Roi-Namur?

ANSWER: KRS is currently in the process of hiring additional postal clerks. Postal clerks will continue to have priority Space A travel on commuter flights to and from Roi. KRS contacted the Military Postal Office in Honolulu and requested they improve the handling of packages coming to Kwajalein because packages often arrive at Kwajalein and Roi in very bad condition.

QUESTION: Will the Coral Sands pavilion be repaired? Can families use the adult pool while the family pool is being repaired?

ANSWER: The Command is planning to provide SRM funds for materials for repair of the Coral Sands within the Annual Work Plan this

year and to have the Navy Seabees complete those repairs while they are on-island.

Repairs to the family pool are expected to be complete in March. In the meantime, the Command approved use of the adult pool by the swim team for practices.

QUESTION: Can Roi residents receive higher priority

ANSWER: The Community Bank ATM on Roi cannot accept cash deposits. Accepting cash deposits would require bank employees and security detail to verify the amount deposited daily, and this action is not currently feasible. No change to the current operating procedure is possible at this time.

QUESTION: May family members of Roi C-Badge residents use the laundry facilities in the Roi BQs?

ANSWER: The laundry facilities inside the Roi-Namur fence line are intended for employees only. Family members may use the AAFES-run laundry facility at the DSC. There will be no change in current policy.

QUESTION: Will the Command allow C-Badge residents to rent golf carts?

ANSWER: Sufficient resources are not available at this time to extend usage of the available golf carts. Extending this privilege would strain the already limited resource and would have negative impacts on the intent of the program. There will be no change in current policy at this time.

QUESTION: Why doesn't USAG-KA provide passport services?

ANSWER: Passport services are provided by the Department of State, not the Army. USAG-KA does not have a passport agent on staff. The Command is working with the U.S Embassy Majuro to periodically send a consular officer to Kwajalein to provide passport and other services. The Embassy will be sending a consular officer later this month.



Space A travel to Kwajalein to conduct personal business or shop at Surfway?

ANSWER: In accordance with SPI 1031 Rev. 006, employees returning to their island of residence have higher Space A priority on metro flights than employees who are leaving their island of residence. The Command has determined that no change in policy is warranted at this time.

QUESTION: Will Community Bank can place an ATM on Roi with the capability to accept deposits?

DISPATCH FROM ROI



From Robert Linstead



From Robert Linstead



From Jim Bennett



From Jordan Vinson



From Jenna Ivey

Passport Services and other U.S. Citizen Services

A U.S. Embassy consular agent from Majuro will be on USAG-KA Feb. 25-26 to provide passport services. If you require a new passport or need to renew your current passport, please visit the USAG-KA-HQ Building 730, Room 135 (Small Conference Room) during the following dates and times:

- 3-6 p.m. Feb. 25
- 8-11 a.m. and 1-5 p.m. Feb. 26

Passport services will be on a first-come-first-serve basis. Please come prepared with completed appropriate paperwork, including a valid passport photo and cash or money order if necessary.

If you have other questions besides passport processing, such as social security applications, adoptions, voting, etc., please address those to the agent as well.

Please contact the Host Nation Office at 52103 or 55325 if you have any questions.

Kwaj keeps the cup

Article and photos by Jordan Vinson
Associate Editor

Some of the finest golfers this side of the Hawaiian Islands took to the Roi-Namur golf course last weekend to battle for the annual Atoll Cup. While the Roi Rats put up a fierce defense on their home turf, the team from Kwajalein came away with the overall tournament win—and the right to hold onto the beloved crystal Atoll Cup for another year.

A savage easterly wind—up to more than 22 knots by some estimates—heckled the golfers during much of the tournament. Shots into the wind came up short. Drives against it sailed on.

"This wind is brutal," said Gloria Cassidy, a player on the Kwajalein team, before taking a sip of lemonade and plodding onward into the wind. Having teamed with Geary Shotts, she helped defeat Roi golfers, Deb Crawford and Lynda Reynolds, in the last match of the scramble division.

In addition to the eight teams of two playing in the scramble group, there was also a better ball division and a singles division. The diversity in game types allowed each golfer interested in the tournament the option to play in the game in which he or she was strongest. For most golfers, the better ball game type was the group they settled on.

Five teams of two from both the Roi team and the Kwaj team faced off against one another



The reigning Atoll Cup champions from Kwajalein gather together Sunday afternoon to celebrate their 2014 victory with the beloved crystal cup.

in this group. But while the Roi squad did a fine job in the scramble division, winning two of the four matches, their performance in the better ball division was a different story. The duo of Brian Masumoto and Johnny Jennop was the only team in this group able to get on the board—and it was only half a point that they earned, having tied Ronald Boerger and Larry Cavendar.

Roi played a bit better in the singles division. Out of three total matches, the Kwajalein team won only two. Still, the one point the Roi golfers gained in this last division of play moved the team up to a total of only 3.5—not quite enough to top the Kwajalein squad's 8.5 total points.

Golfers can point to a number of factors to explain away their performances. The wind certainly had



Preston Page lines up a putt. He played in the singles group during the tournament and helped secure the victory for the visiting Kwajalein golfing squad.



Top left: Playing for the Roi-Namur team, Jim Friedenstab connects with his ball on the fairway of Hole 5. **Top right:** Greg Whitehead 'photobombs' Lenny Fuggat as he prepares to drive on Hole 7. **Bottom right:** the six golfers who manned the singles division of the tournament tee off. **Bottom left:** Larry Cavendar, a Kwajalein better ball player, putts while Roi-Namur golfers look on.

a roguish hand in some shots; it often left players muttering expletives under their breath and wanting nothing more than to launch their four irons into the lagoon like a hail marry pass from John Elway scrambling under pressure. Perhaps the golfers on the Roi-Namur team had too many lemonades. Or maybe lady luck simply sided with the golfers that hang their hats on Kwajalein. Lenny Fuggat, for instance chipped his ball into the cup from 20 yards away on Hole 6 and then turned around and did the exact same thing on Hole 7. He then repeated the feat again a bit later, earning himself five consecutive birdies. The players in his group were more-or-less shocked. Fuggat, however, laughed it off, calling it a fluke.

"I have no idea how this is happening," Fuggat said laughing. "It's pure luck."

Each golfer played 18 holes, and after finishing their rounds they came together at the Roi-Namur Golf Shack, where they cooled

down with some refreshments and talked about how they did. Yeah, they were keeping track of points, and only one team went away the winner. But it was evident in the

hours after the last team came in from the links that everyone was just glad to be able to hang out with their buddies and play a game that they love.



The 46 golfers who played in the 2014 Atoll Cup gather together under the sun for a group photo outside the Roi-Namur Golf Shack.

AFRICAN AMERICAN HISTORY MONTH

Throughout America's history, from the Battle of Lexington to the Battle of Fallujah, African American Soldiers have honorably answered the call of duty, serving with great valor and distinction in America's armed forces. During February, the Army celebrates and pays tribute to African American Soldiers and recognizes the important contributions they have made in past wars and are continuing to make today in overseas operations. Of the seven African Americans whose indomitable valor earned them the Medal of Honor, two are featured below.



1st Lt. Charles Thomas

1st Lt. Charles Thomas. Area of action: the vicinity of Climbach, France.

On Dec. 14, 1944, Thomas was riding in the lead vehicle of a taskforce organized to storm and capture the village of Climbach, France when his armored scout car came under intense enemy artillery, self-propelled gunfire and small arms fire.

Although wounded by the first barrage of fire, Thomas signaled the other vehicles in the column to halt and then helped the crew in his wrecked car escape danger. He suffered multiple gunshot wounds in his chest, legs and left arm, but he kept going.

Pushing through the intense pain he must have been feeling, he directed the placement of two

antitank guns to repel the enemy gunfire. Realizing he could no longer continue commanding the platoon, he called to the platoon commander and oriented him to the enemy gun positions.

Only after he was certain that his junior officer was in full control of the situation did he allow himself to be evacuated to safety.

Thomas' unassailable heroism was an inspiration to his men on that day and exemplify the highest traditions of the armed forces.



1st Lt. John Fox

1st Lt. John Fox, Cannon Company, 366th Infantry Regiment, 92nd Infantry Division. Area of action: the vicinity of Sommocolonia, Italy.

During the weeks preceding Dec. 26, 1944, Fox served with the 598th Field Artillery Battalion

as a forward observer. On Christmas night, enemy soldiers gradually infiltrated the town of Sommocolonia in civilian clothes, and by 4 a.m. Dec. 26, uniformed German units began issuing heavy artillery barrages. Being greatly outnumbered, most of the U.S. Infantry forces were forced to withdraw from the town. But Fox and some other members of his observer party voluntarily remained on the second floor of a house to direct defensive artillery fire.

At 8 a.m. the lieutenant reported that the Germans were in the streets and attacking in strength, and he called for defensive artillery fire to slow the enemy advance. As the Germans pressed in closer the area that Fox occupied, he ordered adjustments to artillery trajectories to take them out. After he was warned that the next adjustment would bring U.S. shells directly onto his position, he insisted that the final adjustment be made in order to eliminate the advancing German soldiers—as well as himself.

After a U.S. counterattack retook the area from the Germans, Fox's body was found with the bodies of approximately 100 German soldiers.

Fox's gallant and courageous actions, at the supreme sacrifice of his own life, significantly delayed the enemy advance until other infantry and artillery units could reorganize to repel the attack. His extraordinary valorous actions were in keeping with the most cherished traditions of military service, and reflect the utmost credit on him, his unit and the United States Army.

A look at the 2014 Sweetheart Relay

Photos by Kim Yarnes



Dips and twirls at annual Father-Daughter Dance

Photos by Molly Premo



HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

THE KWAJALEIN ART GUILD is looking for people to teach art classes, from the basics to advanced skill levels. Whatever you can do-drawing, painting, photography, quilting, needlework, paper crafts, beading, jewelry, stained glass, batik, crochet, candle making, origami, etc.-there is someone wanting you to share your talent. Please email kwajartguild@gmail.com.

PART-TIME TELLER job opening at Community Bank, 20 hours weekly, apply at <http://careers.dodcommunitybank.com>

LOST

ZEBRALIGHT SC-600 flashlight, green with paracord lanyard, lost on Coast Road between 1010 and downtown. Call 51140 or 51616.

KEY RING with five keys and a 5-inch Micro-nesian love stick. Call 51157 and leave a mes-

sage if no answer.

MAUI JIM SUNGLASSES, brown, metal frames. If found please call Jenn at 51955.

MAUI JIM SUNGLASSES lost between golf course and downtown area. Call 54168 if found.

WANTED

USED LATOP computer, good condition. Call Seremay at 53550.

USED LATOP computer, good condition. Call Dennis at 53461.

FOUND

Regulator Set at Emon Beach about two weeks ago. See Bill Williamson in the dive shop to claim.

PRESCRIPTION GLASSES, brown frames, +1.5 power, found at intersection of Ocean and Speedball. Call 51141.

PATIO SALE

7 a.m.-5 p.m. Monday at 137-A.

FOR SALE

Microwave, \$50; left-handed golf clubs with bag, cart, umbrella and accessories, \$100. Call 52785.

HYPERLITE BYERLY wakeboard bindings, size small (fits size 6-9 foot), \$60; AVID BC size large (14 pounds of weight), Brute regulator, Octo, INsite computer, rolling dive bag, only used a couple times, fully set-up and ready to dive, boxes and manuals included, \$800 firm. Call 51915 or 54421.

TWO RAZOR SCOOTERS, with 8-inch wheels, \$10 each; two RIP Stick pivoting skateboards, \$10 each. Call 52642.

GUILD D-55 SUNBURST acoustic guitar, new pickup professionally installed last year, brilliant solid wood sound, \$2,500. Leave message at 52495.

SCHWINN ROAD BIKE, excellent for Rustman training, good condition, \$150; Dacor Viper/ViperTech Regulator, needs servicing before use, \$25; two tan-colored, plastic "Adirondack" patio chairs, \$10 each; assorted rugs, \$5-15; assorted plants; one-cup Keurig coffee maker,

nearly new, \$45; induction cook top oven, \$20; HP PhotoSmart C4780 printer, extra ink and toner. Call Ken Winchester at 51293 or 51384.

18-SPEED GIANT mountain bike, \$250. Call Steven at 54526 or 54339.

HULAKAI STAND-UP paddle board, 11-feet in length, bag and paddle included, \$1250. Call 52625.

COMMUNITY NOTICES

KIDS, COME PLAY BINGO with your friends 5:30-7 p.m. Feb. 22 in the SAC Room. Registration Dates: Feb. 13-20, 2014 Register at the CYSS Central Registration Office by calling 52158. Questions? Contact Katrina Ellison at Katrina.m.ellison.ctr.@us.army.mil

KWAJALEIN YACHT CLUB will hold its monthly meeting at 6:30 p.m. tonight at the Yacht Club. Come early for Happy Hour. Dinner begins at 7 p.m.; bring a side dish to share. Questions? Contact Tim Cullen at yeoman@kwajayachtclub.com.

KWAJALEIN YACHT CLUB announces The Commodore's Ball. This "Island Formal" party will begin with cocktails at 5:30 p.m., with dinner following at 6:30 p.m., Feb. 23 at the MP Room. Music by Pure Polynesia. Tickets are \$35 for members and \$45 for non-members. For tickets, contact Ed at 52459 or Mark at 53244.

KWAJALEIN ATOLL International Sportfishing Club meeting will be held at 7 p.m., Feb. 26 at the Pacific Club. Food & beverages will be served at 6:30 p.m. All anglers welcome to attend. Questions? Contact Stan at 58121.

BACK BY POPULAR demand! There will be an encore showing of "Antarctica: A Year On Ice" at the ARC at 7:30 p.m. Wednesday. Adults only please.

A DIABETIC CLINIC with a focus on our RMI employees will take place Wednesday 12:30-3:30 p.m. in the Hospital Lobby. Questions? Call 52223.

THE KWAJALEIN K-12 SCIENCE FAIR will take place Feb. 26 at the MP room. Students may set up displays Feb. 25 between 3:30-5 p.m. Students should arrive by 4 p.m. Feb. 26. Judging will run from 4:30-5:30 p.m. The MP

Religious Services**Catholic**

5:30 p.m., Saturday, Small Chapel
9:15 a.m., Sunday, Island Memorial Chapel
Roi-Namur service, 4:45 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel
9:15 a.m., Sunday School
11 a.m., Sunday, Island Memorial Chapel
6:30 p.m., Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3
Contact the chaplain's office at 53505 for more information.

Captain Louis S. Zamperini Dining Facility**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 1
Kwaj Fried Chicken	Herb Chicken Breast	Herb Roast Pork Loin	Beef Stew	Spare Ribs/Sauerkraut	Smoked Chicken	Meat Lasagna
Pork Pimento	Beef Pot Pie	Wing Dings	Sauteed Chicken Breast	Turkey ala King	Herb Baked Pollock	Eggplant Parmesan
Crab Benedict	Quiche Lorraine	Cornbread Stuffing	Mozzarella Cheese Sticks	Steamed Red Potatoes	Mini Taco Bar	Chicken Cacciatore

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 1
Deli Sandwich Bar	Pot Roast w/gravy	Spaghetti w/marinara	Grilled Ribeye Steak	Stir Fry to Order	Grilled Hamburger Steak	Jamaican Jerk Chicken
Swiss Steak Jardiniere	Cordon Bleu Casserole	Alfredo/Bolognese Sauce	Herb Roast Chicken	Char Siu Roast	Baked Ravioli	Caribbean Seafood Curry
Chicken Broccoli Stir Fry	Vegetarian Stir Fry	Oriental Stir Fry	Thai Peanut Sauce Noodles	Pork Butt w/sauce	Oven Roast Potatoes	Oven-roasted Potatoes

room will be open to the community from 6-7 p.m. Entrants are by age, with K-5, 6-8, and 9-12 grade students competing against each other. Prizes will be given to top science projects in the categories of Research, Problem-Solving/Engineering and Informative projects.

COME TO FAIRY TALE DAY at 10 a.m. Wednesday in the Grace Sherwood Library. Wear your best princess dress, and enjoy crafts, treats and fairy tales.

PLEASE JOIN US at the Vet's Hall at 7:30 p.m. Feb. 28 for the return of Quizzo. Neil Dye hosting. Questions? Contact Neil Dye or Mike Woundy.

2014 SOFTBALL SEASON REGISTRATION dates are Feb. 25-March 7. Season dates: March 18-May 17. Cost is \$100 per team. All teams must have a representative present at the Mandatory Manager's Meeting held at 5 p.m. March 7 in the Grace Sherwood Library. Teams will not be allowed to register without a representative at the meeting. For registration and questions, call 51275 or email Kaylee West.

OPEN RECREATION at the bowling alley. Come and meet us at the bowling alley 6-7:30 p.m. on March 1 and bowl with your friends. Register at the CYSS Central Registration office at 52158. Questions? Email Katrina Ellison at katrina.m.ellison.ctr@us.army.mil.

MARDI GRAS BOWLING 6-10 p.m. March 1 at the Kwaj Bowling Lanes. Laissez Les Bon Temps Rouler. Let the good times roll! Adults only please.

CHILI COOK-OFF, baggo tournament, horseshoes and silent auction at the Vet's Hall March 2. The fun begins at 2 p.m., and all proceeds go to benefit Don Serrra. Anyone wishing to donate to the silent auction should contact Jane Boyce. for all other questions, contact Mike Woundy or Jan Abrams.

COME OUT TO THE VET'S HALL at 8 p.m. March 2 to listen to Smells Like Fish, Roi Namur's favorite music group. Wear your dancing shoes for an evening of classic rock and roll.

CELEBRATE DR. SEUSS'S birthday 10 a.m.-3:30 p.m. March 5 at the Sherwood Library.

Enjoy a short film, special readings of Dr. Seuss books, crafts and more.

KWAJALEIN AMATEUR Radio Club meeting 7 p.m. March 6 at the Ham Shack, just south of the Adult Pool. After the meeting we will make a contact over high frequency radio. We will be administering amateur radio license tests after the April 3 meeting. Start studying now.

CYSS YOUTH SPORTS SOCCER registration dates: Feb. 4-March 8. Season Dates: March 25 - May 22. Cost is \$40 per player. Open to all CYSS Youth Kindergarten-Grade 6. To register, visit Central Registration, Building 358 or call 52158. Questions? Contact Michelle Huwe at 53796.

HELP THE PACIFIC Teen Panel donate new or used shoes to Ebeye. All shoes are welcome including flip flops and sports shoes. Shoe boxes will be at the Elementary and High School, the Namo Weto Youth Center and Downtown at the Zamperini Dining Hall until March 22. Contact Dori DeBrum at 52601 or Danielle Rivera at 50704 for more information.

ENERGY CONSERVATION. It doesn't cost—it saves. Turn off printers and monitors when not in use. Ensure Energy Start power down features are activated. Ensure personal appliances, such as coffee pots and radios, are off when not in use. In areas with sufficient daylight, turn off general lighting. Maintain

sufficient lighting levels for safety.

MAILING A PACKAGE? With the new ATI schedule, mail is leaving our warehouse at new times. Please have your packages and letters mailed at least 72 hours prior to when you want them to be leaving island.

NEW POSTAL RATES are now in effect. Visit <https://www.usps.com/new-prices.htm> for details. First-class letter mail is now \$0.49.

ADULT POOL NOTICE: Kwajalein Swim Team will be using the Adult Pool while construction continues at the Family Pool. KST will use three lanes for team members. Three lanes will remain open for Adult Pool patrons. All facility policies and patronage rules still apply. Practice times are Mondays 8:30-11:30 a.m., Wednesdays and Saturdays 5-8 p.m.

E-TALK: According to SPI 1540 and federal regulations, all projects/activities must be reviewed for potential environmental/cultural impact early in the planning process. Call ES&H 51134 with questions.

SAFELY SPEAKING: Ergonomics is the science of making the work space and equipment fit the employee to prevent injury and fatigue while maximizing productivity. If doing your job is causing you pain you may have ergonomic issues, contact your supervisor.

E-cigarette users will obey same restrictions as tobacco use in accordance with Policy Memorandum 600-8 Tobacco Use in Facilities on USAG-KA (5 Dec 13).

THUMBS UP!
... to the Roi-Namur Community Activities grounds crew for all the excellent work they did in preparing the Roi-Namur Golf Course for the 2014 Atoll Cup.

... Laura Pasquarella-Swain, Deb Crawford and Jim Thomson for the fabulous evening meal they prepared for the Atoll Cup golfers at the Roi-Namur Golf Shack
... to "Uncle Ray" Baldado for

cooking up the brats and hot dogs during the golf tournament.

... to Stacey Helt for delivering cold beverages to all the golfers at the Atoll Cup

... to the folks at Community Activities for allowing an encore presentation of "Antarctica: A Year on Ice."

Café Roi						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 1
Breaded Pork	Stir Fry Beef	Fried Fish Sandwich	Hot Dogs	Cheese Quesadilla	Grilled Cheese w/tomato	Chicken Fajita Wrap
Chicken Florentine	Chinese 5 Spice Chicken	Salisbury Steak	Corn Dogs	Beef Stroganoff	Country Meatloaf	Ropa Vieja Beef
Eggs Benedict	Cheese Quiche	Red Beans	Cordon Bleu Casserole	Noodles	Cheesy Pasta	Black Beans and Rice
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Mar. 1
Italian Meatballs	Kibi Beef Ribs	Beef Tamale	London Broil	Roi Fried Chicken	Breakfast at Night	Orange Chicken
White Clam Sauce	Adobo Chicken	Chicken Enchilada Casserole	Chicken and Dumplings	Pork Chops	Eggs to Order	Teriyaki Beef
Marinara Sauce	Candied Yams	Refried Beans	Potato Bar	Mashed Potatoes	Pancakes	Ginger Rice

Ready and Resilient Wellness Calendar Feb. 23-March 1

Sponsored by the Community Health Promotional Council

23	24 1. Circuit Training, 0800-0900, Ivey Gym. 2. Fun Run, 1730, ½, 2, 4 mile, starting at Building 805.	25 "Cross Fit" 0530, Adult Pool.	26 1. Circuit Training, 0500-0600, Ivey Gym. 2. "Zumba," 1730-1830, CRC, Room 1.	27 1. "Cross Fit" 0530, Adult Pool. 2. Insanity, 0845-0945, CRC, Room 7. 3. Yoga, 1845-1945, CRC, Room 6. 4. "Intervals" 1730, Emon Beach.	28 1. Circuit Training, 0500-0600, Ivey Gym. 2. "Zumba," 1730-1830, CRC, Room 1.	March 1. 1. "Cross Fit" 0530, Adult Pool.
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BASKETBALL

WEEK 4 RESULTS

Feb. 11

Ebeje Boran def. Icy Hot	59-52
Remix def. Fun "da" menatals	64-60
Spartans def. Regulators	43-41

Feb. 12

BreakFast def. The Federation	61-52
Alley-Oops def. Dribblers	39-37
Yokwe def. Auto	46-41
SJC def. The Other Guys	39-17

Feb. 13

Icy Hot def. Spartans	61-44
Ebeje Boran def. Fun "da" menatals	71-70
Regulators def. Remix	42-40

Feb. 14

The Federation def. Dribblers	55-36
Space Jam def. Alley-Oops	48-43
SJC def. Auto	50-42
USAG-KA def. The Other Guys	63-21

WEEK 6 SCHEDULE

Feb. 25

Remix vs. Icy Hot
Ebeje Boran vs. Spartans
Regulators vs. Fun "da" menatals

Feb. 26

B League Playoff Game 1
Seed 4 vs. Seed 5
B League Playoff Game 2
Seed 2 vs. Seed 3

Feb. 27

Spartans vs. Remix
Icy Hot vs. Fun "da" menatals
Regulators vs. Ebeje Boran

Feb. 25

B League Playoff Game 3
Seed 1 vs. Winner of Game 1

LEAGUE STANDINGS

Youth League

Dribblers	2-4
BreakFast	4-2
Space Jam	5-1
Alley-Oops	3-4
The Federation	2-5

A League

Fun"da"mentals	4-3
Remix	5-2
Icy Hot	6-1
Regulators	2-5
Ebeje Boran	3-4
Spartans	1-6

B League

USAG-KA	6-1
Auto	5-3
Yokwe	4-3
SJC	3-4
The Other Guys	0-7

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	20%	ENE-E at 17-21 knots
Monday	Partly Sunny	10%	NE-ENE at 16-21 knots
Tuesday	Partly Sunny	<10%	ENE at 17-22 knots
Wednesday	Partly Sunny	10%	ENE at 17-22 knots
Thursday	Partly Sunny	10%	ENE at 16-21 knots
Friday	Partly Sunny	20%	NE-ENE at 15-20 knots

Yearly total: 10.23 inches
Yearly deviation: +3.98 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	7:05 a.m. 7:00 p.m.	1:48 a.m. 1:51 p.m.	9:37 a.m. 3.1' 10:18 p.m. 2.3'	2:49 a.m. 0.7' 4:22 p.m. 1.1'
Monday	7:05 a.m. 7:00 p.m.	2:47 a.m. 2:50 p.m.	11:39 a.m. 3.1' -----	4:28 a.m. 1.0' 6:44 p.m. 0.9'
Tuesday	7:04 a.m. 7:00 p.m.	3:45 a.m. 3:51 p.m.	12:47 a.m. 2.4' 1:21 p.m. 3.5'	6:39 a.m. 0.9' 8:05 p.m. 0.4'
Wednesday	7:04 a.m. 7:00 p.m.	4:42 a.m. 4:51 p.m.	2:08 a.m. 2.9' 2:24 p.m. 4.1'	7:59 a.m. 0.4' 8:56 a.m. -0.2'
Thursday	7:03 a.m. 7:00 p.m.	5:37 a.m. 5:51 p.m.	2:59 a.m. 3.5' 3:12 p.m. 4.6'	8:53 a.m. -0.1' 9:37 p.m. -0.7'
Friday	7:03 a.m. 7:00 p.m.	6:31 a.m. 6:50 p.m.	3:40 a.m. 4.0' 3:54 p.m. 5.0'	9:38 a.m. -0.6' 10:14 p.m. -1.0''
Mar. 1	7:03 a.m. 7:00 p.m.	7:22 a.m. 7:47 p.m.	4:18 a.m. 4.4' 4:33 p.m. 5.2'	10:19 a.m. -0.9' 10:49 a.m. -1.2'