

THE KWAJALEIN HOURGLASS



THIS WEEK

**KWAJ KID RETURNS
TO TEACH NEXT GENERATION** 2

**MYSTERY FIND
WITH KWAJ ARCHAEOLOGY** 3

**WATER POLO CHAMPS
CLAIM SEASON VICTORY** 3

SPARTANS TEAMMATE MYLES SYLVESTER, LEFT, LINES UP A GOAL SHOT DURING THE 2023 INNER TUBE WATER POLO CHAMPIONSHIPS FEB. 18.

 JESSICA DAMBRUCH

CHRISTINE CRUZ: KWAJ KID TURNED TEACHER

USAG-KA Public Affairs Officer Mike Brantley invites you to meet Kwaj kid Christine Cruz. This article is one in a series of three interviews with island residents who came back home. Keep an eye on next week's Hourglass for another Kwaj kid interview.

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

People say that Kwajalein is shaped like a boomerang and people eventually come back to it over time.

This is evident with several Kwaj kids, the term bestowed upon individuals who grew up part of their life on Kwajalein and have returned to live and work here.

When were you here as a kid?

I was on Kwajalein from when I was in 5th grade until I graduated from Kwajalein High School. I lived here for seven years, from 2010 to 2017.

How was it growing up here?

I had a wonderful childhood here in Kwaj. Though there were times that I missed living in the U.S. and seeing my old friends, I still enjoyed my time here because of the valuable relationships I have made with several members of the Kwaj community.

My favorite childhood memory was getting up early on a Sunday morning to go to Emon Beach to watch the sunrise for the first time.

Where did you go after graduation?

After I departed Kwaj, I attended the University of Kansas and graduated with a Bachelor of Arts in Psychology. Shortly after, I began to pursue a master's degree in Public Administration.

I also worked at Child and Youth Services at U.S. Army Cyber Command in Fort Gordon, Georgia.

What brings you back?

I came back to Kwaj because there was an opportunity for me to continue my career in CYS. Although I was already working in CYS, I decided to return to Kwaj because I consider it my second home.

Do you think the island has changed?

In terms of the place itself, nothing much has changed. When I arrived here, I could find my way around without difficulty. In terms of the community, although I know a lot of the people here, I have seen several new faces.

What is your role on Kwaj now?

I work as the lead teacher for the Pre-school and Pre-K children at the Child Development Center. I am very comfortable teaching children in these age groups. I took on this position as I want to challenge myself as a novice teacher further.

What inspired you to be come a teacher?

My childhood experience in Kwaj was truly memorable. I want my students to have the same or an even better experience growing up here. I believe that I can accomplish that through teaching.

What is the best part of Kwaj life?

The best part about living on Kwaj is having everything close to me and having a solid support system.

Are there drawbacks to living on Kwaj?

One of the drawbacks to living on Kwaj is not being able to see my family often.



COURTESY PHOTO

Christine Cruz, a 2017 graduate of Kwajalein High School, returned to Kwajalein to teach the island's youngest residents at Child and Youth Services.

Most of my favorite memories here were made when my family lived here.

Tell me about the kids on Kwaj and why you have dedicated your life to teaching.

The kids here on Kwaj are very friendly and are always willing to learn new things. I have dedicated my life to instruct them as I can relate to several of their life experiences. I want to help them overcome their hardships and reach their true potential.

How long have you been back on Kwaj, and is this the first time you've returned since you lived here?

I have been back on Kwaj since early June 2022.

This is not the first time I have returned since I lived here. I visited my family here twice as a college student until 2018.

FEBRUARY IS



BLACK HISTORY MONTH

This month, the Department of Defense honors the culture, customs and contributions of Black Americans.



AMERICAN HEART MONTH

A healthy heart is a happy heart. Get informed about health-related issues and take steps to lead a healthy-heart lifestyle.



NATIONAL GIRLS & WOMEN IN SPORTS DAY

Observed in February, this day celebrates the contributions of women and girls to sports history.



TEEN DATING VIOLENCE AWARENESS MONTH

Take a moment to speak with the young adults in your household about healthy relationships and positive behavior.

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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Garrison CSM.....Command Sgt. Maj. Ernest Miller
Public Affairs Officer.....Mike Brantley
Editor.....Jessica "JD" Dambruch
Communications Specialist.....Stephen Elson



COURTESY PHOTO

Send your best guesses in about the nature of this week's mystery object to Kwajalein Archaeologist Susan Underbrink, at susan.underbrink@vectrus.com.

SINK YOUR TEETH INTO THIS MYSTERY

BY DR. KENNETH THOMAS, KWAJALEIN EAP COUNSELOR

This week's archaeological mystery may not be ancient history—but what is it?

Kwajalein Archaeologist Susan Underbrink has seen her fair share of unique and ancient objects, but her profession is full of surprises. She can share a few details about this week's object and hopes to learn more about it. "We know this fragment of jawbone does not belong to a human being," said

Underbrink. "It's not human—it's certainly not alien, either—so, we assume it belongs to a fish. We'd like to confirm what kind of fish that is." Bearing a few small, smooth teeth, the tiny jaw fragment was recently found on Kwajalein. A member of a landscaping crew located it and turned it in to the archaeology office. "They asked 'What is this?' and I had to tell him I didn't know yet," Underbrink said. This is where the island community

can lend some assistance. If you have a great guess or a community of fishing enthusiasts who may be able to identify this week's object, please send your guesses to susan.underbrink@vectrus.com. Half the fun of archaeology is discovering what you don't already know, Underbrink said. "I know about bottles and metals—but you can't know everything about everything," she said. "I feel like we have a wide range of people in our community. Why not reach out to them to get their opinions."



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



1) It's Kwajpodge versus Spartans I in the 2023 Inner Tube Water Polo Championships Feb. 18 at the Millican Family Pool. 2) Teammates from Spartans I hold up their coconut trophy following the game. Congratulations to all of this year's players, and special thanks to our lifeguards and volunteers.

SPARTANS I WINS 2023 INNER TUBE WATER POLO CHAMPIONSHIP

EDITORIAL / JESSICA DAMBRUCH

Congratulations to this year's Inner Tube Water Polo Champions, Spartans I. The Kwajalein High School team defeated community team Kwajpodge with a hefty 59 to 8 points on Feb. 18. To face off with their opponents at the Millican Family Pool, the Spartans brought their classic high energy game and signature rapid-fire goal shot. This mighty grand slam is such a glorious mainstay of Kwaj inner tube water polo that it ought to be named the Stan Slam, after Spartans I coach, Stan Jazwinski. However exceptional the Spartans' victory—a product of hours of practice and hard work—it represents only a

portion of this season's win. Give three cheers for our Kwajpodge underdogs. Kwajpodge's coordinated defensive and offensive tactics are strong, and so is their recruiting strategy. Many of the players belong to the island's cohort of recently returned KHS alumni and young working professionals. The team continues to draw players who love water polo, genuinely enjoy playing sports with each other and keep coming back. Though Kwajpodge didn't sweep the victory this year, the team is winning in the long run. Achieving a winning combination of friendship and sportsmanship is hard to do. It's a win for the community when players re-



Scorekeepers survey the scoreboard. After a tough game, the final score was a brutal 59 to 8, in favor of Spartans I. turn to keep their game alive. It's something we can all feel good about. We can also feel good knowing that this year's graduating Spartans will someday have another Kwajalein water polo team to join. It will come with an unobstructed view of the scoreboard as a volley of Stan Slams head straight for their new goal.



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH



U.S. ARMY PHOTO BY STEPHEN ELSON

1) Kwaj Podge's Keith Brady goes after the ball. 2) Spartan Tessa Delisio passes the ball to a teammate during the 2023 InnerTube Water Polo Championships. 3) Game play gets fierce: Kwaj Podge player Shawn Brady, left, is blocked in by Maliana McCollum, right, and a Spartan teammate. 4) Kwaj Podge goalie James Corder is surrounded as he chooses a teammate to take the ball.



1



2



3



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

4



5



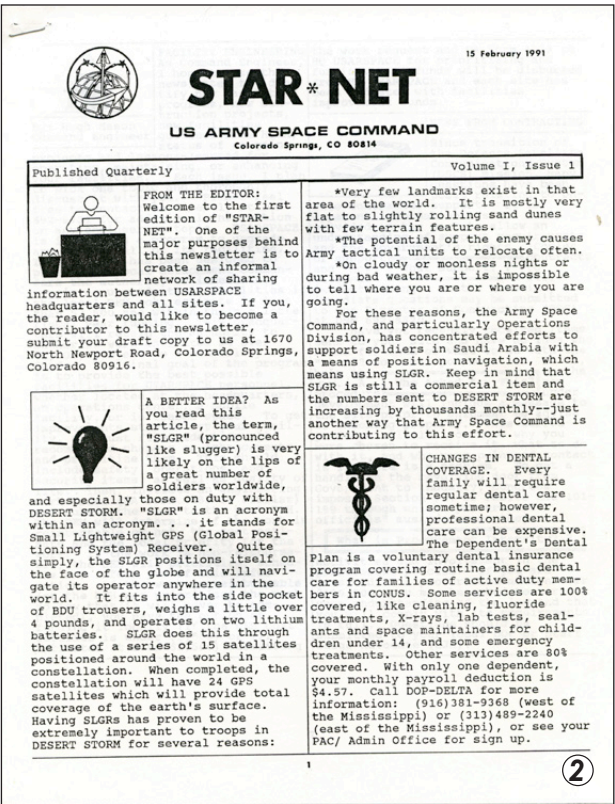
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MICRO MARDI GRAS

"Laissez le bon temps rouler!" Kwajalein residents let the good times roll this past weekend with a community Mardi Gras parade and beach potluck in honor of Fat Tuesday. Decorated golf carts, beaded necklaces and all the trimmings made the afternoon a little sweeter. 1) Ben and Lauren Jackson drive down Lagoon Road in the lead cart. 2) The man behind this authentic Venetian carnival mask is Shawn Hebert—and he wants you to have this marshmallow Moonpie. 3) Argie Alvarez sports festive purple and gold attire as she walks in the parade. 4-6) Costumed revelers drive through the downtown area dressed in festive attire while tossing treats to spectators.



U.S. ARMY PHOTO



Personnel at Ballistic Missile Defense Systems Command print documents created using the first computerized word processing systems adopted by the command for daily operations. 2) a 1991 issue of STAR*NET, a U.S. Army Space Command newsletter.

U.S. ARMY SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

Several noteworthy days are recorded in Army space history. Read on to learn about what happened in years past.

It's a THAAD THAAD World

Aviation and Missile Command Commander Maj. Gen. Jim Rogers “approved conditional materiel release” of the Theatre High Altitude Area Defense or THAAD system on Feb. 9, 2012. Within 30 days, orders to deploy a THAAD battery had been issued, and the THAAD Project Office was transitioning from a “largely test, development and engineering office” to a full life cycle program office. Col. Tony Brown, Missile Defense Agencies THAAD project manager, said that “the Department of Defense has

identified THAAD as the first major MDA program to transfer to the Army.” The plan called for six THAAD batteries.

First Flight Test

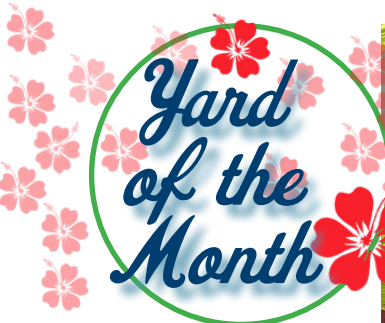
The U.S. Army Space and Missile Defense Command's Technical Center successfully completed the first test flight of the Economical Target or ET-1 Feb. 15, 2012. Designed as a possible tactical ballistic target for PAC-3, THAAD and similar systems, the ET-1 was launched from Santa Rosa Test Site at Eglin Air Force Base, Florida at 7 a.m. Developed from surplus government equipment, ET-1 is easily transportable and “provides a cost effective, rail-launched, theater class ballistic missile target. The ET-1 was launched from the SMDC developed 25K Transportable Target Launcher, or 25K TTL.

Read All About It

On Feb. 16, 1991, STAR*NET was first printed and distributed throughout the U.S. Army Space Command community.

Computing in Missile Defense

Finally, 44 years ago today, in 1979, the Ballistic Missile Defense Systems Command submitted a request to the Department of Defense Adjutant General to approve the installation of a word processing system. The goal was to enhance both BMDSCOM's responsiveness and efficiency as well as improving the quality of the documentation produced. Dedicated word processors, with their 8-inch floppy discs, would gradually replace typewriters in offices across the command operating with programs such as MultiMate, and later, WordStar.



This week, the Kwajalein community congratulates the Way family for winning the Yard of the Month competition. From left: Calvin Alexander USAG-KA housing director; Tatianna and Michael Way; Ian Morales, AAFES manager; and Isabella Jimenez, AAFES assistant store manager. Special thanks to AAFES for donating gift cards to the winners.



U.S. ARMY PHOTO BY MIKE BRANTLEY



"OH MY GOSH! I AM SO STRESSED!"

U.S. ARMY PHOTO BY JESSICA DAMBRUCH

BY DR. KENNETH THOMAS, KWAJALEIN ERP COUNSELOR

There is no one definition for “stress” which has remained ambiguous for researchers and the behavioral sciences for years.

Stress is unavoidable and is a normal part of life. I would like to provide a framework for our discussion with some helpful definitions and models.

According to the World Health Organization, “Stress can be defined as any type of change that causes physical, emotional, or psychological strain. Stress is your body’s response to anything that requires attention or action. Everyone experiences stress to some degree. The way you respond to stress, however, makes a big difference to your overall well-being.”

The General Adaptation Syndrome model developed by Hans Selye in 1936 and revised in the 1950’s describes three distinct stages of stress reaction response: alarm, resistance and exhaustion.

The alarm response is characterized by the sympathetic nervous system being activated releasing hormones such as adrenaline and noradrenaline, better known as the fight or flight response. The sympathetic nervous system is responsible for regulating the heart, bladder, intestinal and stomach muscles, which respond subconsciously to stimuli. The activation of the alarm response presents somatically, with dilated pupils, heightened senses, changes in skin color (flushing/paleness), increased heart rate, breathing, and trembling or shakiness.

This reaction is replaced by and/or reversed by the next stage, resistance, which occurs relatively quickly. This stage is characterized by the body at-

tempting to repair or regulate itself, also known as “homeostatic equilibrium.” Homeostatic equilibrium is the attempt of the body to stabilize functioning, despite the external conditions. However, if the body is unable to regulate itself and stress stimuli exist for a prolonged period, it can result in somatic and cognitive symptoms such as insomnia, depression (sadness), irritability, poor concentration/focus, (which people might attribute to ADHD) and increased alcohol and nicotine use.

The last stage of Selye’s model is the exhaustion stage. It is characterized by chronic stress, which depletes the body of its physical, emotional and mental reserves.

The exhaustion stage may present with all the above in addition to fatigue, decreased stress tolerance and burnout, (which often manifest at work, caregiver roles and relationships) or simultaneously across multiple life dimensions. Prolonged levels of stress can adversely affect the immune system, cardiovascular health, sleep cycles/circadian rhythm and reproductive systems.

Psychologically/emotionally, prolonged stress can cause and/or exasperate anxiety (to include panic and phobia disorders), depressive disorders and obsessive-compulsive disorders.

In conclusion, stress is unavoidable and is a normal part of life. Ultimately, it is how we manage stress which makes a difference.

All change causes some degree of stress—even good things. Most of us have made the statement “I am so stressed” at some point in our lives.

Trying to discover and address the

stressors in our lives can feel overwhelming—much like looking at the forest while searching for a particular tree. However, how we manage stress makes a difference.

I recommend a self-assessment tool called the Holmes-Rahe Life Stress Inventory PDF, which can be found on the public domain at www.stress.org/wp-content/uploads/2019/04/stress-inventory-1.pdf. This tool allows you to identify and score specific life events/stressors—instead of the forest—that are occurring or have occurred in a particular time frame.

Most people are unaware of how many stressors they are experiencing collectively at any given time, leading to statements such as “I’m stressed.” When specific stressors (a tree) are identified, then you are in a better place to decide what changes you can make, if any.

If you can make changes, learning stress management skills and strategies is helpful. If something is out of your control, working towards acceptance will also reduce your stress.

If you find and use this tool and you acknowledge that your stress level is unhealthy or critical, please feel free to reach out to your Employee Assistance Program to help with stress management and strategies.

Hard copies of the tool can be found at Kwajalein Hospital and the Roi Dispensary.

Remember, you are not alone. For more information, contact Kenneth Thomas at kenneth.thomas@internationalsosgs.us or call at 480-5326 for an appointment.





PHOTO BY RYAN DICKEY

“I went to a fight the other night, and a hockey game broke out.”
—**Rodney Dangerfield**

“The Cubs were taking batting practice, and the pitching machine threw a no-hitter.”
—**Anonymous Radio Announcer**

“All hockey players are bilingual. They know English and profanity.”
—**Gordie Howe**

“Although golf was originally restricted to wealthy, overweight Protestants, today it’s open to anybody who owns hideous clothing.”
— **Dave Barry**

“The only way to stop Jim Brown was to give him a movie contract.”
—**“Spider” Lockhart**

“Noise pollution can’t be that much of a problem. There’s nothing to cheer about.”
—**State Representative John F. Dunn arguing for the installation of lights at Wrigley Field**

“Hey Boston, Now You Know What It Feels Like to Be a Yankee.”
—**T-shirt message after the Boston Red Sox won the 2004 World Series**

“Fishing is boring unless you catch an actual fish, and then it is disgusting.”
—**Dave Barry**

“There’s nothing wrong with this team that more pitching, more fielding and more hitting couldn’t help.”
—**Bill Buckner**

“[He’s so ugly] when he sweats the sweat runs backwards over his head to

avoid his face!”
—**Muhammad Ali, on an opponent**

“Would the lady who left her nine kids at Wrigley Field please pick them up immediately? They are beating the Cubs 4 - 0 in the seventh inning.”
—**A radio DJ**

“One thing you learn as a Cubs fan: When you bought your ticket, you could bank on seeing the bottom of the ninth.”
—**Announcer Joe Garagiola**

“Football combines the two worst features of American life: it is violence punctuated by committee meetings.”
—**George Will**

“I’d be willing to bet you, if I was a betting man, that I never bet on baseball.”
—**Pete Rose**

“You can observe a lot by watching.”
—**Yogi Berra**

“Cross-country skiing is great if you live in a small country.”
—**Steven Wright**

“Major league baseball has asked its players to stop tossing baseballs into the stands during games because they say fans fight over them and they get hurt. In fact, the Florida Marlins said that’s why they never hit any home runs. It’s a safety issue.”
—**Jay Leno**

“You! You’re the child who rhapsodizes about the infield-fly rule. I’m sure you’ll have a fine career.”
—**Howard Cosell to sportscaster Bob Costas**

HOLIDAYS

MARSHALLESE LANGUAGE LESSON 24

Community holiday celebrations in the Marshall Islands often involve music, dancing other community events. Read on to learn helpful phrases and words that describe these occasions.

Helpful Words

Eb	<i>dance</i>
Jebta	<i>church group</i>
Kainoknok	<i>decoration</i>
Ut	<i>plants</i>
Amimono	<i>handicrafts</i>
Al	<i>singing</i>
laekwoj	<i>running race</i>
Ao	<i>swim</i>
Jiae	<i>competition</i>
Kojjela	<i>announcements</i>
Float	<i>floats</i>

Common Phrases

Kwoj bok nan ia amimono im kainoknok kane?
Where are you taking those handicrafts and decorations?

Naij bokki non jikin ikkure en?
I am taking the handicrafts to the event venue.

Emaron wor bwe jebta eo an Jaluit en ie.
There may be because the church group from Jaluit is there.

Kwar jab loe kojjela an rainin ke?
Didn’t you see the announcement for today?

Kojjela eo ej ba ke enaj wor jiae ilo ao im iaekwoj.
The announcement said that there would be a competition in swimming and running.

Bar ta ko jet rej konan kaki ilo kojjela eo?
What else was on the announcement?

Rej bar jiae kainoknok float ko.
They are also having a float-decorating competition.

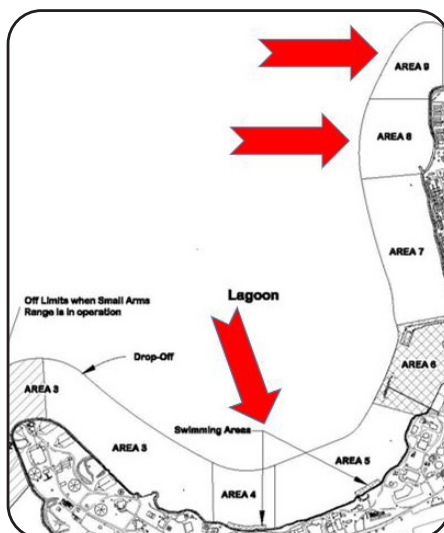
Wa ko me e lon ie ainoknok, enaj win.
The one that is most decorated with plants will win.

Alikar, jemoot.
I understand—let’s go!

SWIM SAFETY

Check out the maps below to reacquaint yourself with where it is okay to swim around Kwajalein.

- The highlighted areas are the only unrestricted swimming areas at Kwajalein (Coral Sands, Camp Hamilton, Emon Beach and North Point).
- Flotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.





VARIETY SHOW

SUNDAY, MARCH 5
KWAJALEIN HIGH SCHOOL
DAVYE DAVIS MULTI-PURPOSE ROOM
SHOW BEGINS AT 7 P.M.
COME EARLY FOR A COFFEE & POPCORN
SOCIAL HOUR, 6 - 6:55 P.M.

Get ready for a fun evening brought to you by USAG-KA Child and Youth Services, the Keystone Club and many talented volunteers from the community!

Donated proceeds from this event will go to Waan Aelōñ in Majel (WAM), a traditional Marshallese outrigger canoe building school that aims to empower Marshallese men and women by focusing on a skill deep rooted in Marshallese history and culture.

**Support
Waan Aelōñ
in Majel!**



THE CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@vecstrus.com Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.

ACTIVITIES

KWAJALEIN YACHT CLUB MEETING. Saturday, Feb. 25, begins at 5:30 p.m. Join the KYC for a 5:30 p.m. social hour, 6:30 p.m. meeting and a 7 p.m. potluck dinner at 7 p.m. The main dish (fish) will be provided. Please bring a side or dessert to share. Join the KYC or renew annual membership. **This event is open to KYC members and prospective members.

SUPER BOWL-THEMED BINGO AND RE-WATCH PARTY. Super Bowl Themed Bingo & Re-Watch Party. Sunday, Feb. 26, begins at 4 p.m. Namo Weto Youth Center. This event is for CYS youth. Join the fun! A Super Bowl-themed bingo game (4 p.m.) and re-watch (6 p.m.). Students must be registered at the Namo Weto Youth Center to attend this event.

KAG SPRING CRAFT FAIR. March 27, 9 a.m. – 1 p.m. Kwajalein High School Multi-Purpose Room. Apply for a vendor license by March 6. Submit applications by March 20.

ARMY REGULATIONS

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

CANDLES and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

METAL DETECTORS are not allowed on Kwajalein according to Army Regulation. Unexploded Ordnance exists and could be dangerous if disturbed.

Not allowed on USAG-KA: bow and arrow, air guns, paint ball and other projectile weapons.

VEGETATION. Per USAG-KA Regulation 420-1, vegetation (e.g. trees, bushes, plants) may not be planted in the ground without an approved permit. Residents may be asked to remove items if planted without approval. In addition, do not place sprouted coconuts in your yard.

CAC OFFICE

Bldg. 835

If trying to make an appointment using a NIPR account, please visit: <https://safe.menlosecurity.com>. Follow the instructions given to access the website. It will then ask you to enter the CAC appointment website which is as follows: <https://idco.dmdc.osd.mil/idco/>.

To schedule a CAC Office appointment, visit <https://idco.dmdc.osd.mil/idco/> or search 'CAC Appointment' online. Enter 'Kwajalein' as the site location, click 'select' to the right of the map, and schedule your appointment using calendar.

CAC Office Hours
Tuesday – Friday
8 a.m. – 4 p.m.
(Lunch: noon - 1 p.m.)
Sat. 8 a.m. – 3 p.m.

Ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you to your appointment. Walk-in appointments are welcome, but there may be a wait. Questions? Call 480-8496.

EAP SERVICES

The Kwajalein Hospital team welcomes Kenneth Thomas, the island's Employee Assistance Program counselor. Ken is a Licensed Professional Counselor and Licensed Clinical Alcohol and Drug Counselor. Clients can expect education about mental health disorders from a multicultural perspective with the goal of moving toward acceptance and ultimately to mitigate symptoms. Contact Ken at kenneth.thomas@internationalsosgs.us or 480-5362. Contact 480-3550 with questions.

FACILITIES

RACQUETBALL COURT CODE. Residents can obtain the door code from the MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 480-3331 with questions.

JOBS

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Write to kwajaleinhourglass@vecstrus.com to remove your listing.

AKIMA is hiring for the following on-island positions: Communications Clerk (ID: TRU01101); Communications Specialist (ID: TRU01100); and Fiber / Cable Technician (ID: TRU01099). Applicants must currently reside on USAG-KA and possess a valid passport. For more information and a list of required qualifications, visit https://akima.ta-leo.net/careersection/akimallc_cs/jobsearch.ftl. Apply online or send resume to Jeannette McIlwain at jeannette.mcilwain@akima.com.

ADMINISTRATIVE ASSISTANT. This position provides daily administrative task support for operations at the Island Memorial Chapel. For questions or to submit a resume, please call 480-3505. Send to kwajchapel@gmail.com and Ch. Brian Conner at brian_conner@sbcglobal.net.

CALIBRE seeks a Military Material Specialist. For more information, or to apply, visit <https://jobs.silkroad.com/calibresys/https://calibresyscareers/silkroad.com/jobs/4013>.

NAN, INC. seeks a project engineer, welder, welding inspector, quality control manager, and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari or Kevin Short at 480-2632, 480-4995 or 480-4996.

TRIBALCO is hiring for an infrastructure drawing specialist (AutoCAD drafter), a finance project control specialist, a telecommunication specialist (CAIRS/database entry) and an Enterprise project specialist (scheduler). Applicants must meet



Sgt. 1st Class Effie Banks SHARP Victim Advocate

Work: 480-0660

OR 480-1419

USAG-KA SHARP Pager:

805-355-3241 #0100

DOD SAFE Helpline:

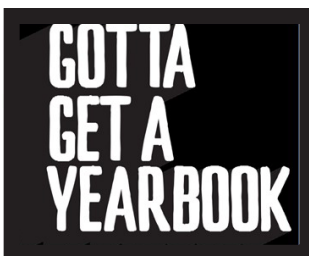
877-995-5247



SHARP

SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

**CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT
RESPONSE AND PREVENTION VICTIM ADVOCATE**



**ORDER YOUR
KWAJALEIN SCHOOL
SYSTEM YEARBOOK
TODAY**

Hurry, buy your yearbook now!

The direct link to the store is:

<https://www.balfour.com/student-info?smi=136397>

Purchase a yearbook on-line using a credit or debit card.

Call customer support at 800-225-3687 if you need assistance or Mrs. Cindy Engen at engenc@kwajalein-school.com

job requirements. Apply online at tribalco.com/jobs.

QUANTUM DYNAMICS, INC., is accepting resumes for positions on Kwajalein and Roi-Namur in the following areas: vehicle maintenance, transportation motor pool, movement control and custodial; and Apply at <https://qdyncorp.com/home/careers/>. You may also visit the HR Office in Bldg. 700. Contact the Human Resources manager at 480-0782 or administrative assistant at 480-4916 for more information.

RGNEXT, LLC seeks qualified candidates to fill open positions on Kwaj and Roi in engineering, technical, COMSEC and other areas. For information and to apply, visit rgnext.com.

SUBSTITUTE TEACHERS. Kwajalein School System is hiring part-time substitute teachers. These are on-island hire positions with no guaranteed hours. Minimum requirements: confidentiality, four-year degree and love of working with children in grades K – 12. Teaching certificate preferred. CNACI background check must be completed after receipt of job offer. Apply at Careers.Vectrus.com, search for "substitute teacher," or, send resume and letter of application to uhrenp@kwajalein-school.com.

TRUESTONE is hiring for multiple positions. Contact Tribalco Human Resources at 480-4344 and visit <https://www.akima.com/careers/>. Visit www.tribalco.com/careers.html.

MOVIES

Yuk Theater Kwajalein

Saturday, Feb. 25
"Madagascar 2:
Escape to Africa"
(PG) 92 min.

Sunday, Feb. 26
"Tommy Boy"
(PG-13) 97 min.

Monday, Feb. 27
"World of OZ"
(PG-13) 116 min.

Dad's Movie Night

Saturday, March 4
Yuk Theater for a special screening of "Puss in Boots" (PG) 90 min.

Sun., Mar. 5
"The Fablemans"
(PG-13) 151 min.

Mon., Mar. 6
"She Said" (R) 129 min.

Sat., Mar. 11
"Toy Story 2" (PG) 90 min.

Sun., Mar. 12
"Ticket To Paradise"
(PG-13) 104 min.

Family Movie Night Under the Stars

Sat., March 12
7:30 p.m. at Emon Beach
"Puss in Boots" (PG) 137 min.

Mon., Mar. 13
"The Outfit"
(R) 145 min.

**Adult Movie Night
Under the Stars**
Sat., March 19
7:15 p.m. at the Adult Pool
"Plane"
(R) 107 min.

**Tradewinds Theater
Roi-Namur**

Sat., Feb. 25
"The Turning"
(PG-13) 94 min.

Sun., Feb. 26
"Happy Death Day 2U"
(PG-13) 99 min.

Sat., Mar. 4
"Mission Impossible Fallout" (PG-13)
147 min.

Sun., Mar. 5
"Only the Brave"
(PG-13) 133 min.

Sat., Mar. 11
"Holmes and Watson"
(PG-13) 90 min.

Sun., Mar. 12
"Ford VS Ferrari"
(PG-13) 152 min.

Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 480-3331 for more information. Show times may vary for special "Movies Under the Stars" events.

NOTICES

RMI ENTRY REQUIREMENTS. Updated entry requirements for the RMI by air or seaport include the following requirements: Adults aged 18-years old and up must have completed one primary COVID-19 vaccine series. Primary series: Johnson & Johnson single dose; Pfizer completed series (two doses); or Moderna completed series (two doses) Boosters are not currently mandated. There is no vaccination requirement for children under age 18.

TEMPORARY CLOSURE. The oceanside perimeter road will close to pedestrian, bicycle and vehicle traffic 20 minutes prior to heavy aircraft arrivals and departures. Contact Airfield Operations at 480-2131 with any questions.

ISLAND ORIENTATION and Newcomer's Briefings take place in the Religious Education Building behind the Island Memorial Chapel. Email KWAJ_OSO_Ops@Vectrus.com or call 480-3511 to register.

ARMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. For more information, please contact DPW at 480-3550.

ABSENCES, PCS'ING, AND YOUR MAIL. The post office must be notified when customers leave for 30 days or PCS. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. On day 31, mail is considered "unclaimed" and will be returned to the sender. Send an email to the post office to authorize someone to pick up your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and james.e.smith2295@army.mil.

COMMANDER'S QUARTERLY INNOVATION CHALLENGE. Send great ideas for improvements and



**Need to renew
your passport?**

Complete the passport application at travel.state.gov. Print the completed form and ensure you have a copy of your existing passport and other documents, including parents' identification cards, birth certificates, etc.

Photos must be from within the last six months. The applicant should not wear eyeglasses in the photo.

Fees

Adult passport renewal: \$130
Adult passport (first time application): \$165
Minor passport (15 and younger): \$135
Adult Passport Card: \$30
Minor Passport Card: \$15

Only money orders and cashier's checks payable to "U.S. Department of State" are accepted. These can be purchased from Community Bank or at the post office.

**Free Passport
Photos Now
Available**

Contact Host Nation Activities at 480-2103 for more information.

innovations to Col. Tom Pugsley. Winners will receive an official innovator's award and a special AAFES gift card. To submit your idea, call the Commander's Hotline at 480-1098 or email USAG-KA Public Affairs Officer Mike Brantley, at james-m.brantley4.civ@army.mil.

AUTOMOTIVE LICENSING. The Automotive Licensing Office has moved to Bldg. 808. Please visit during regular hours of operation to complete license testing and documentation.

DON'T TAKE CULTURAL ARTIFACTS. Remember, it is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Please do not remove these pieces of atoll history from Kwajalein. For questions contact the Kwajalein Archaeology Office at 480-8867.

NOTIFY THE VET. Please notify Kwaj Vet Services before going on leave if you have pets. A pet sitter authorization form for treatment is required prior to departing the island.



GLASS BEACH

PUBLIC SAFETY ANNOUNCEMENT

Glass Beach will have limited access to the lower part of the beach from now until April 15, 2023, with the following restrictions.

- The top crest of the beach area, to include all vegetation near the orange fence are off limits.
- Access to the beach only at the southwest end of the orange fence line; do not pverstep the fence line.
- No large group/party gatherings are permitted. Visitors should pick up any trash before leaving the area.
- Please report any violators of these safety orders to USAG-KA
- Avoid flight-operation hours and observe all applicable airfield-runway restrictions and safety rules.

Contact Patrick Chauvey at 480-0129 with questions.

**OPSEC
IS NOT
RETROACTIVE.**
**THINK BEFORE
YOU SHARE
INFORMATION.
ONLINE AND OFFLINE.**



Enter your yard for the chance to win! The USAG-KA Yard of the Month program is for all residents of Kwajalein Army Family Housing. Each month, the Kwajalein Housing Office will choose three island quarters for consideration.

One lucky winner will take the prize and bragging rights for a month! Prizes could include a free MWR cart rental, pizza from the Sunrise Bakery, or a game of bowling.

For more information, contact Calvin Alexander at 480-9188, or write to calvin.r.alexander2.civ@army.mil.

You can reach Veterinary Services at 480-2017 Tuesday through Saturday from 7:30 a.m. – 4:30 p.m.

LIMITED DENTAL CLINIC HOURS. The Kwajalein Dental Clinic will be open for emergency care only from Feb. 28 - March 3.

SCHEDULE OPTOMETRIST APPOINTMENTS NOW. Call 480-2220 to schedule your appointment. Appointments are available from Feb. 21 through March 4. For more information, contact drwtblack@aol.com and visit www.kwajeyes.com.

ELECTRICAL SAFETY TIP FROM THE USAG-KA OFFICE OF FIRE PREVENTION. You do not need a flame to start a fire. Fires can start when heat builds up near things that burn.

- Have all electrical work done by a qualified electrician.
- Major appliances should be plugged directly into a wall outlet receptacle.
- Use ground-fault circuit interrupters to reduce the risk of shock.
- Test GFCIs monthly or according to the manufacturer's recommendation.
- Make sure electrical cords are not running across doorways or under carpets.

- Use a light bulb with the right number of watts as indicated on your fixture or lamp.

If you have frequent problems with blowing fuses or tripping circuit breakers, report it to: PublicWorks-ServiceDesk@Vectrus.com or call 5-3550.

KWAJALEIN FIRE PREVENTION OFFICE BUILDING MANAGER EVACUATION COORDINATOR TRAINING. BM/EC Training is conducted every first and third Wednesday every month on Kwajalein and the second Wednesday of each month on Roi. Classes take place at the Kwajalein REB Bldg. and Roi Bldg. 8212. To attend BM/EC training, you must first contact Celal Kosak of the Kwajalein Fire Prevention Office first at 480-2137 or Hubert Tish at the Roi Fire Department at 480-6334.



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Unexploded ordnance should be treated like dangerous sea creatures: Look, but do not touch. You can play an important role in keeping Kwajalein safe by knowing what to do when you spot unexploded ordnance.

Remember the three R's of UXO:

- **Recognize** an item as possible unexploded ordnance;
- **Retreat** from the area of the UXO; and
- **Report** suspected UXO immediately.

If you discover an object that could be UXO, notify Kwajalein Explosive Ordnance Disposal immediately by calling 480-1433. You can also call CPS at 480-4445. Provide the following information about what you found:

- **Location.** Note helpful details like the building number, GPS coordinates and any prominent landmarks
- **Size of the UXO** as compared to common items like a football or scuba air cylinder

For a detailed refresher on UXO safety, attend the new island orientation or call Kwajalein EOD at 480-1433.

Kemejmej R ko 3.

- **Recognize (kile)** juon kwopej bajjok emaron Bokutan ak kein kabok-kolok (UXO).
- **Retreat (Jenliklik)** bed ettolok im jab kepaak UXO eo.
- **Report (Ripoot e)** boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nombra kein (480-1433) ak CPS (480-4445).

Ken melele kein: Ia eo (nombra in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am koprok menin mour in lojet ko rekawotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemej.



SMALL ARMS RANGE ON MARCH 1

Security and Access Control will conduct a small arms range on March 1 from 9 - 11 a.m.

Please observe the red flag hazard area. Contact Security Chief Chris Ramsey or Range Master Travis Mattern at 480-5059/9046 or 480-4445 with any questions.

Kwajalein



MIA Project

NEVER FORGET
<https://kwajaleinmiaproject.us/>

Have a question
for the command
team? Call the
Commander's Hotline
at 480-1098.



**E-wareness
No-Fishing Areas**

No fishing areas exist at the Kwaj landfill and in the Kwaj, Meck, Roi, and Illeginni Harbors due to PCB and/or heavy metals contamination.

Call 480-1134 for more information.

Ejjab melim enwod turin Kwaj landfill ak dump eo im bareinwot ob ko ion Kwaj, Meck, Roi, im Illeginni kin wot PCB im jonan lap in paijin ko ie rej walok jen metal ko.

**UNITED AIRLINES
FLIGHTS**

March

Monday
UA155 (HNL)
Check-in: 2:30 – 4:30 p.m.

Tuesday
UA154 (GUM)
Check-in: 10:45 – 11 a.m.

April – June

Monday and Friday
UA 155 (HNL)
Check-in 2:30 – 4:30 p.m.
(Flight at 5:15 p.m.)

Tuesday and Saturday
UA 154 (GUM)
Check-in 10:45 – 11:30 a.m.
(Flight at 1 p.m.)

****Please note that all flights are subject to change.**

**Want to Learn
Marshallese for Free?**

Join us at
**Kwajalein High School in the
Davye Davis Multi-Purpose Room**

**March 22, 29, and April 5 and 12
from 6 - 6:45 p.m.**



SCAN TO RSVP!



YOU CAN MAKE A DIFFERENCE

**The Micronesian Handicraft Shop seeks
volunteers to fill the following positions:**

- Board Secretary
- Handicraft Buyer for Pohnpei, Kosrae and RMI products

**For more information, contact Crockett
at crockettdavies@hotmail.com.**



Christian Women's Fellowship - CWF

Sunday, March 5 at 1 p.m.

Bring a friend & Join us in the REB for a light lunch and fellowship for our monthly bible study and dive into the book "Jesus Over Everything" by Lisa Whittle.

The Kwajalein Art Guild presents the 2023

SPRING CRAFT FAIR

March 27, 9 a.m. – 1 p.m.

KJSHS Multi-Purpose Room

**Vendors wanted! Sign up to sell your art!
Paperwork available at the Hobby Shop.**

Deadline to sign up:

**Get your Vendor License in by March 6
Submit your Fair Application by March 20**



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

A familiar sight on Kwajalein: Piles of palm fronds and coconut fibers lay alongside Speedball Lane following routine operations Feb. 20. The piles will be collected and discarded later in the week.

USAG-KA WEATHER WATCH

RTS WEATHER STATION STAFF

WEATHER DISCUSSION

A weak wave associated with accelerating trade winds is expected to bring mostly cloudy skies and elevated shower coverage to Kwajalein Atoll for Saturday. Some showers could produce strong gusts for Saturday.

Winds on Saturday could approach small craft conditions but are currently not expected to exceed it.

The burst of stronger trade winds will be short lived, with clearing skies and tapering winds and showers for Sunday.

By Monday, conditions are expected to settle to mostly sunny with stray showers and winds in the low tens.

SATURDAY

Mostly cloudy with widely scattered showers, becoming scattered at times.

Winds NNE-ENE at 16-21 knots, with strong gusts possible near showers.

SUNDAY

Partly sunny with isolated showers. Winds NNE-ENE at 13-18 knots with occasional higher gusts.

MONDAY

Mostly sunny with stray showers. Winds NE-E at 9-14 knots with occasional higher gusts.

NEXT WEEK

Dry and pleasant conditions, with little shower activity and mostly clear skies are generally expected for next week.

Winds will remain roughly NE-E at 8-13 knots throughout the work week.

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	7:04 a.m. 7:00 p.m.	11:29 a.m. -----	7:50 a.m. 3.6' 7:48 p.m. 2.9'	1:29 a.m. 0.2' 2:02 p.m. 0.8'
MONDAY	7:04 a.m. 7:00 p.m.	12:16 p.m. 12:20 a.m.	8:25 a.m. 3.2' 8:12 p.m. 2.3'	1:51 a.m. 0.6' 2:49 p.m. 1.3'
TUESDAY	7:03 a.m. 7:00 p.m.	1:04 p.m. 1:13 a.m.	9:20 a.m. 2.7' 8:41 p.m. 1.7'	2:10 a.m. 1.1' 5:01 p.m. 1.7'
WEDNESDAY	7:03 a.m. 7:00 p.m.	1:55 p.m. 2:06 a.m.	12:43 p.m. 2.5' -----	2:24 a.m. 1.5' 8:49 p.m. 1.2'
THURSDAY	7:03 a.m. 7:00 p.m.	2:47 p.m. 2:58 a.m.	2:53 a.m. 1.9' 2:18 p.m. 2.9'	7:40 a.m. 1.5' 9:10 p.m. 0.8'
FRIDAY	7:02 a.m. 7:00 p.m.	3:38 p.m. 3:49 a.m.	3:10 a.m. 2.3' 2:57 p.m. 3.4'	8:37 a.m. 1.1' 9:30 p.m. 0.4'
MARCH 4	7:02 a.m. 7:00 p.m.	4:29 p.m. 4:37 a.m.	3:29 a.m. 2.8' 3:26 p.m. 3.8'	9:09 a.m. 0.6' 9:51 p.m. 0.1'



Work and play safely.

For additional weather information, please click the logo to visit the RTS Weather Station online.



Is something going right?
Did someone do a great
job? Tell us all about it.

We're bringing back the old school community "thank-you." Send your thoughts in to the Kwajalein Hourglass to thank your volunteers, coworkers and services for a job well done. (and yes, anonymous writings are fine). Write to kwajaleinhourglass@vectrus.com.

OPSEC SAVES LIVES

TO LEARN MORE, ASK YOUR SECURITY OFFICER