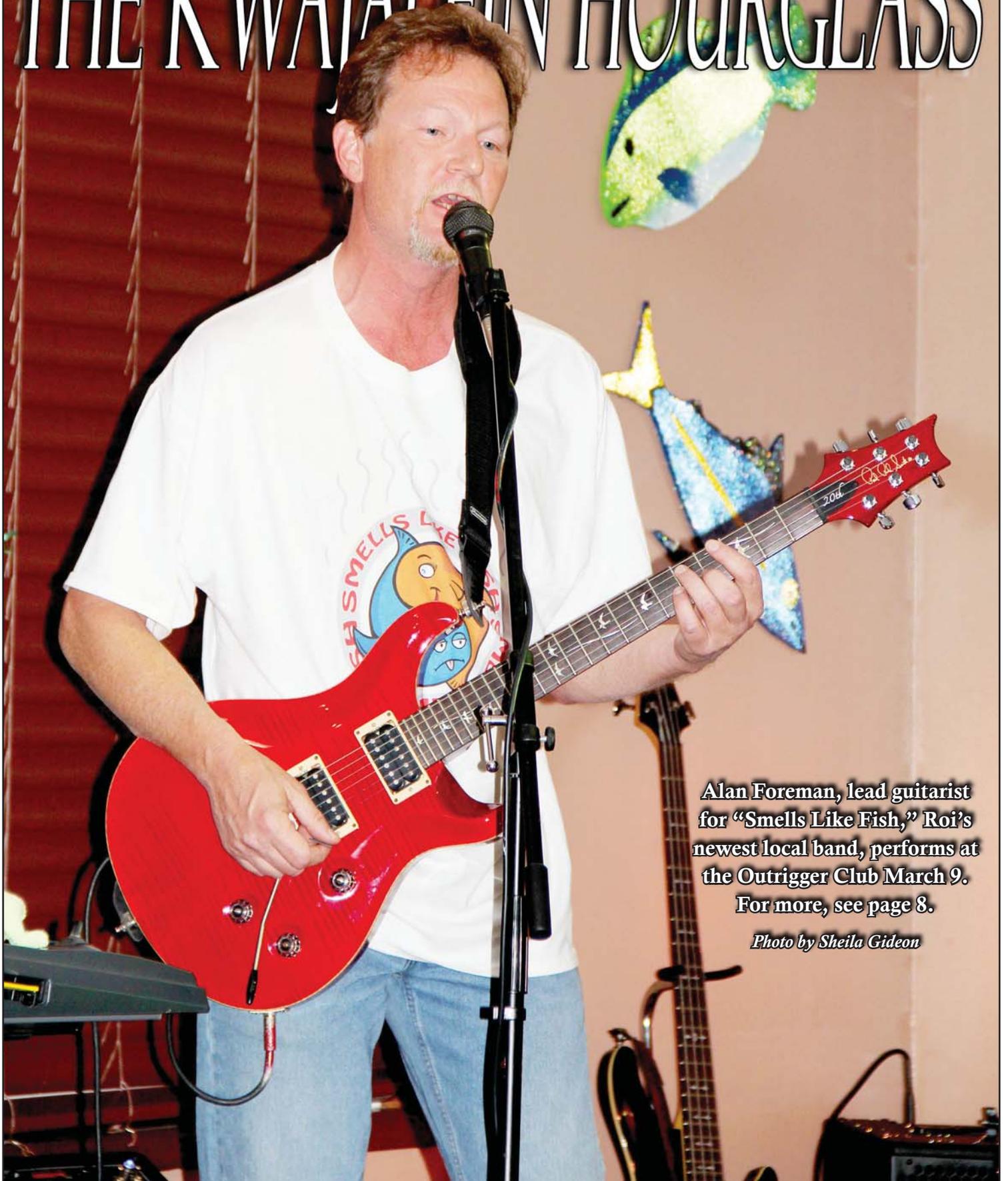


VOLUME 54 NUMBER 11

MARCH 16, 2013

THE KWAIALEIN HOURGLASS



Alan Foreman, lead guitarist for "Smells Like Fish," Roi's newest local band, performs at the Outrigger Club March 9. For more, see page 8.

Photo by Sheila Gideon

The Weather Ballot

What Weather Will We Have For Comet Pan-STARRS?

Comet PanSTARRS (C/2011 L4) is visible low in the western sky, just after sunset. What are the prospects for having good weather to see the comet? The comet is 15 degrees or less above the horizon and it is close to the sun, so expect bright twilight glare until about 7:20 p.m. In the RMI, clouds will be a problem for seeing the comet. On the evenings of March 7-11, thick clouds or rain blocked the location of the comet at Kwajalein. A line of small cumulus clouds can block the line of sight for 10 degrees above the horizon, making it impossible to see the comet. At Kwajalein, thin cirrus clouds can be underlit by the setting sun, making them appear opaque, though bright stars, like Canopus or Sirius, will shine through them after twilight. If we can see the coma of the comet, we may not see a faint tail. We have recently been having dry weather, so the chances of getting a cloud-free hole seem fairly good, we were just very unlucky at sunset last week.

MANIT MINUTE

The first Micronesian navigators arrived in the Marshalls approximately between 500 and 2000 BC, calling the atolls "Aelon Kein Ad (Our Islands)." Dates and origins of the settlers are still uncertain. While controversial, archeological finds on Bikini Atoll in the late 1980s were carbon dated to 2000 years BC, suggesting that people may have settled the Marshalls as long as 4,000 years ago.

The Print Shop is currently waiting on equipment for printers that publish the Hourglass and TV Guide. Please be patient regarding the print quality until repairs can be made. We apologize for the poor quality these past few weeks. Electronic versions of the paper can be viewed online after the 2 week OPSEC delay at: http://www.smdc.army.mil/2008/Publications.asp#Kwajalein_Hourglass.

Thumbs Up!

... and a big kommol tata to all the teams in the water polo league from the Ebeye Swim Team. You all showed such great sportsmanship in helping us learn the game; we had fun and can't wait for next water polo season! A special thanks to Bill Williamson and Stan Jazwinski for the tips on how to score and play defense. See you next season!



Photo courtesy of Mary Harris

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Govern-

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Canvasback Missions surgical teams complete Ebeye outreach

Hourglass Reports

The waiting room and hallways at the Leroi Kitlang Memorial Health Center in Ebeye have been overflowing with patients. During the month of February, Canvasback Missions Ear, Nose and Throat, and Orthopedic teams provided services.

The 11-member ENT team provided 486 examinations and performed 88 surgeries. The value of the services was in excess of \$832,878. "Canvasback team members are dedicated to providing whatever it takes to help our patients. Our surgery schedule was packed. The team didn't want to turn anyone away. We even missed the last ferry to Kwaj because a surgery went so late," said Jacquie Spence, Canvasback Missions co-founder and team leader.

Lead surgeon, Dr. James Reese, from Sonora, Cali., shared his appreciation for the nurses at the Eb-



A knee replacement patient shows off his ability to negotiate stairs after his surgery with physical therapist Greg Garvin.



Dr. Jim Reese examines a Marshallese boy at the Ebeye Hospital as part of the Canvasback Missions in February.

Photos courtesy of Jacquie Spence

eye Hospital saying, "We had the overwhelming support from everyone. We asked the hospital staff if they wanted us to cancel surgeries so that they could go home and they said no. Time and time again, they stayed late to support us."

"We get phenomenal support from Ebeye Hospital, ranging from medical to administrative to general support staff. We really appreciate everything. They really are willing to do anything to help us. It makes a huge difference," said Janet Burki, orthopedic team coordinator.

Audiologist, Richard Jones and his wife, Chris, and speech therapist, Donna Reese, provided 120 hearing tests and fitted 35 hearing aids. "We were blessed by a generous donation of hearing aids, batteries and hearing aid parts from Unitron and Starkey. It was so gratifying to see a profoundly deaf patient light up when he could hear for the first time," said Jones. The team trained two Health Service workers, Calvin Juda and Joe Bejang, to perform hearing tests and maintain the hearing aids. Jones explained, "The new hearing aids are worth \$3,000 each and we needed to ensure that there was someone at the hospital who

could maintain the hearing device by something as simple as installing a new battery or adjusting the volume control. We left the hospital over \$21,000 worth of supplies to fit and maintain hearing aids and of course, the batteries."

The ENT team flew out on Feb. 15, and was supposed to be replaced by the Canvasback orthopedic team the next day. But, the plane was cancelled twice. This didn't deter the team, who arrived on Feb. 18, at 10:15 in the morning, checked into their rooms, and caught the ferry to Ebeye at 11:40 a.m. By 1 p.m., they were unpacking crates of supplies and equipment, setting up the operating room, seeing patients and scheduling them for surgery the next day.

Thanks to the generosity of Mike Garvin and Matson Lines, the team shipped over \$500,000 worth of equipment and supplies to perform the surgeries. But, there was one problem that weighed heavily on the team. The Ebeye Hospital autoclave was not working. Without an autoclave, the team's work would be greatly hampered. There was a plan to have the instruments ster-

See CANVASBACK, page 7

Kwajalein's got Talent

By Kori Dowell, Eva Seelye,
Shannon Wilkinson
KHS Guest Writers

Once again, the Namo Weto Keystone Club entertained the community with the annual Variety Show on Sunday. Previously, the proceeds from the Variety Show went to the support of Girl Talk's "Operation Baby Bag" to help new mothers on Ebeye. This year's donations are being put toward Keystone's Relay for Life event currently scheduled for May of this year.

Performer Ann-Marie Hepler, stated, "I think Relay for Life is a good cause, and I am happy that the Keystone Club decided to put on the Variety Show [in support of this event]." Girl Talk showed their support once again, selling concessions including baked goods, popcorn and beverages, continuing with their Baby Bag Drop project.

Grace DeLange opened for the show followed by a variety of all-encompassing acts including dancing, singing and skits with the occasional commercial break featuring AFN favorites. Masters of Ceremonies, Keith Brady and Hepler, entertained the audience in between acts with fun commentary and interesting jokes.

A portion of the show was dedicated to the teen center's alcohol awareness contest where teens were offered an opportunity to inform the public of the dangers of drinking. Two videos for second and third place were shown, followed by the first place winners, Hepler and Angelo Lelet, who performed their original song, "It Only Takes One Time."

Jamie Simpson and Kori Dowell

Right, Jordan Hadley sings "Bulletproof" by La Roux.

Below, Manini Kabua, Devante Floor and Diamond Calep dance to an original remixed song during the Keystone Club sponsored Variety Show held Sunday at the MP Room.

Photos by Chris Delisio



took the stage initiating the finale which was based off the popular Wii game "Just Dance." The game was brought to life by the Keystone members performing as the "Just Dance" characters to a plethora of songs which truly engaged the audience in a comical finale.

Bruce Premo was entertained by Jefferson Wase's and Lelet's stage presence as they performed their rendition of "Raining Men," questioning, "Those are the guys I play basketball with?"

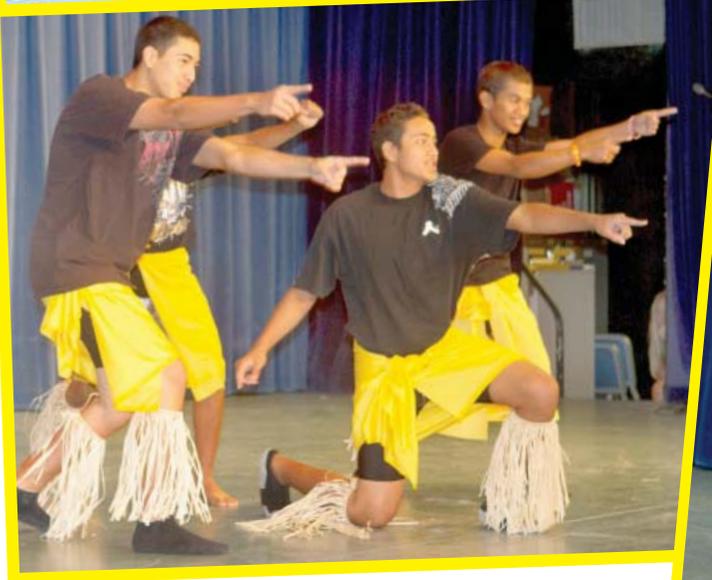
Simpson, president of the Keystone Club, thanked the many volunteers that made this night a huge success. Jared Barrick, CYSS youth services director, was thanked for his never-ending support as well as Masina McCollum,

Alex McGlinn and Jennifer Newberry for coordinating the Girl Talk concession stand; a big thank you went out to Richard Shields for his expertise, without which the show would not go on.

The Variety Show was a success, explained Barrick, "... because the group is so good."

The Variety Show ended with a bittersweet feeling by the KHS seniors. Simpson expressed her opinion stating, "The hardest part is that it's my last variety show."

The Keystone Club made approximately \$700 in donations that will contribute to the future Relay for Life event. The Keystone Club would like to thank everyone involved and the Kwajalein community for a successful event.



Clockwise, starting from top: Keystone Club members perform a finale to the popular video game, "Just Dance."

Jennifer Hibberts and Molly Premo dance to a portion of the song "Let's Go to the Mall."

Leightyn Cossey and Rachel DeLange show off their dancing skills to the Pussycat Dolls' song, "When I Grow Up."

Christine Abragan and Allison Moore sing to "If I were a Boy" by Beyonce.

Boys perform a Samoan dance to a remixed song.



Bird researchers to visit Kwajalein

Hourglass Reports

Drs. Roger Goodwill, Roger Gold and Michael Weber from BYU-Hawaii are researching the remarkable transoceanic flights of the Pacific Golden-Plover. For the past four years, Goodwill and his research team have used miniature geolocators attached to a band on the leg to track the annual travels of plovers between wintering grounds in the Pacific and breeding grounds in Alaska and Siberia. These amazing annual migration cycles range between 9,900 and 14,900 miles.

Their studies are yielding new insights about where the birds are going and how long it takes to get there. They have recently demonstrated that depending on their destination, the plovers fly nonstop at estimated ground speeds of 37 to 48 miles per hour over periods of about three to eight days. The researchers are especially interested in Kwajalein plovers because back in 1982 a plover wearing a Russian band was found here, suggesting a connection between Kwajalein and nesting grounds in Siberia.



Recently, their geolocator equipped plovers revealed a previously unknown spring route in which birds wintering at several sites in the central Pacific flew westward to Japan where they spent about a month before traveling eastward to nesting grounds in Alaska. The scientists are anxious to determine if Kwajalein plovers also head to Japan in spring or if they have even more interesting secrets to reveal.

The upcoming work on Kwajalein involves capturing the plovers just before dawn in fine-meshed netting strung out like volleyball nets, and during the day with a small CO2 powered net-thrower that has a range of about 20 feet. The research team will retrieve geolocators that the Kwajalein plovers have been carrying for the last year and the birds will be harmlessly released. Following retrieval, the location data stored in the tiny gadgets will be downloaded for analysis.

If you see any of the foregoing bird-capture activities, please keep in mind that it is just the "plover-people" in action and that our plover friends are completely unharmed in the process.

Notice of Availability

USAKA Draft Document of Environmental Protection for Air Emissions From Major Stationary Sources

The U.S. Army Kwajalein Atoll Environmental Standards require that the operating parameters of USAKA activities with the potential to affect the public health and environment must be defined in a Document of Environmental Protection. The Standards further provide that regulatory agencies and the public be allowed to review and comment on a Draft DEP.

The Draft DEP for Air Emissions from Major Stationary Sources, February 2013, provides requirements and limitations for operation of major stationary sources of air emissions at USAKA.

The public is invited to review and comment on this Draft DEP. The Draft DEP and the USAKA Environmental Standards are available for review at the Grace Sherwood Library, the Roi-Namur Library and the RMI Environmental Protection Authority office. Questions regarding the Draft DEP can be directed to: Sharon G. Mitchell, U.S. Army Space and Missile Defense Command/Army Forces Strategic Command. Written comments can be directed to:

Sharon G. Mitchell:
USASMD/ARSTRAT
ATTN: SMDC-ENE
P.O. Box 1500
Huntsville, AL 35807-3801

A period of at least 30 days will be provided for public comment. Comments should be postmarked no later than April 17.



Photo by Sheila Gideon

Yokwe!

Christine deJongh is the new hospital administrator at Kwajalein Hospital. She arrived in February from St. Thomas, United States Virgin Islands. She researched Kwajalein after reading the book "Unbroken: A World War II Story of Survival, Resilience, and Redemption" by Laura Hillenbrand. That is when she discovered the job opening and applied. She is looking forward to enjoying the beautiful surroundings and the many things to do on Kwajalein.



The orthopedic team brought \$300,000 worth of the equipment and instruments to do surgery. Pictured: front left, Dr. Richard Henderson, surgeon; back left, Dr. Ted Skaarup, anesthesiologist; back right, John Bleth, RN, circulating room nurse; front right, Andrea Cobb, RN, operating room nurse.

ilized in Kwajalein. But, thanks to technical expertise of Worthy Engineer Geoffrey Tyre and the support of the Kwajalein Hospital, Canvasback's bio-medical engineer, Tom Lengyel, was able to get the Ebeye autoclave up and running.

"We had a full range of total knee implants donated by Zimmer Inc., and Americares," said Dr. Richard Henderson, lead surgeon. "Last year, most of our implants were for large people who needed components for the right knee. This year, was totally the opposite. We had small people needing components for the left knee!" Henderson and Dr. Robert Wells, performed six total knee replacements. One of the patients who had two knee replacements done on previous missions told Wells that those two knees were "emon" ("good" in Marshallese) but she had a bigger problem; she had broken her hip at Christmas and she was in a great deal of pain. Wells quickly scheduled her for a hip hemi-arthroplasty surgery.

The team performed a total of 32 surgeries, including the excision of an advanced giant cell tumor that distorted the anatomy of the patient's hand. "The hand surgery was so gratifying because the patient gained motion in her hand and felt a lot of comfort," said Henderson. He also added, "Another interesting case was our very first surgery. A teenage boy had fallen off a truck and broke his radius



The first Canvasback Missions patient this year, Rufus Thomas, 15, with Dr. Robert Wells, left, and Dr. Richard Henderson, right, after the surgery to fix his broken radius.



A giant cell tumor is removed from the hand of an Ebeye patient by Canvasback surgeons.

just five days before we arrived. It was a challenging case and I'm so glad that we were here in time to help."

The total orthopedic services value was in excess of \$727,250. There were several surgical procedures that Canvasback hasn't determined the Medicare reimbursement value of yet.

Former Kwajalein Range Services employee, Burki, coordinated the efforts of the orthopedic team. "This was my second chance to work with Canvasback on Ebeye. For me, it's such a gratifying experience to be able to give back to the community I lived in for so long and see the people I worked with every day. That's really why I do it. How often do we get a chance to do something like this and be part of a team that



A happy patient after receiving hearing aids with Richard Jones, audiologist, right.

can really make a difference?"

Spence said, "We really are appreciative of the support given to us TDY people. USAKA Host Nations and the Kwaj residents have always gone out of their way to help by giving us technical support, loaning a tool or a laptop computer with XP, arranging a fishing or diving trip, or a friendly inquiry. That kind of support means so much to us."

Canvasback Missions is a non-profit organization located in Benicia, Cali. The organization operates a Diabetes Wellness Center in Majuro. There are plans to send an ophthalmology team to Ebeye next year and would welcome volunteer support for screening patients. For more information on how you can volunteer, contact www.canvasback.org.

DISPATCH FROM ROI

Roi's newest local band rocks at the Outrigger



Article and photos by Sheila Gideon
Managing Editor

Roi's newest local band, "Smells Like Fish," played their one and only show on the "Tastes Like Chicken" world tour at the Outrigger Club on March 9. Roi residents, visiting Kwaj friends and even NASA TDY guys came out to enjoy the show. The band played two sets that lasted about 2 hours.

Bandmembers are radar engineers, a firefighter, an automotive supervisor and IT geek by day, but turned into rockstars by night. It only took a few songs to get the crowd into the music and onto the dance floor. What finally did it was when they played "Walk Like an Egyptian," because who can really resist dancing to that song. The biggest hits of the night were the "Hot Dog" song, which had everyone rolling with laughter. Their punked-out rendition of country song, "Goodbye Earl" was also a hit. They ended the night by getting everyone on the dance floor with Offspring's "Keep 'em Separated."

Alan Foreman not only led on guitar, but also took over vocals and backup singing throughout the show. His solo, "Steamroller Blues," really showed off his guitar talent. Singers Shelley Easter and Stacey Helt traded off entertaining as lead vocalists. Easter got loud cheers and a standing ovation for her rendition of Evanescence's "Bring Me to Life." 'Bassmaster B' may have been hiding in the back of the group, but kept the beat going on bass guitar. Jon Mohr is a safety guy by day, but the band's trusty sound guy by night. Keven Shoemaker played guitar for his one and only show with "Smells Like Fish." He will PCS to Japan next week.

During the intermission, Derrick Lemmie, Outrigger Bar and Snack Bar supervisor, presented Shoemaker and his fiancée, Misty Fischer, with bottles of champagne as a goodbye and thanks for their years of service and friendship on Roi. Also during intermission, Eddie Tomasofsky recited a Tom Waits song lyric relating to the journey Shoemaker and Fischer are about to take when they leave Roi.

There was even a guest celebrity appearance by Jim Carrey – oh, wait, that was just Tommy Drabek in a fancy collared shirt and slicked back hair.

The band got half the island out that night for a great time. The band's song selection was really the winning point of the evening. They chose numbers they knew the crowd just couldn't resist dancing to, and if you tried, they would call you out by name to come onto the dance floor. Maybe we'll be lucky enough to see them live again at Spring Break Music Fest in April (hint, hint).



From left, Alan Foreman, Stacy Helt and Shelley Easter perform at the Outrigger.



Dancers crowd the dance floor during the "Smells Like Fish" performance at the Outrigger Club on March 9.



Derrick Lemmie, right, thanks Keven Shoemaker and Misty Fischer for their years of friendship on Roi.

View from Kwaj

We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



From Karen Brady



From Jane Erekson



From Karen Brady



From Karen Brady



From Amber Bates

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

KRS EMPLOYMENT applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool office support. Questions, call 54916.

WANTED

CARPET OR RUG, 8X10-foot, in very good to good condition; fabric couch or love seat. Call Rose at 53731.

BIKE, 26-INCH, OK if it needs a little work. Call Matt or Chris at 52036.

FOLD-IT brand trailer that needs work. Call 52525.

FOUND

SUNGLASSES, near the Dental Clinic/Safety Office on March 8. Call the Dental Clinic at 52165 to claim.

DIAMOND RING. Call Rich at 51616 or 51623 to claim.

GIVEAWAY

GREEN RUG, extra large. Call 53731.

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel
 9:15 a.m., Sunday, Island Memorial Chapel
 Roi-Namur service, 7 p.m., Second and Fourth
 Friday of each month. Appointments with Fr. Vic
 available after dinner

Protestant

8 a.m., Sunday, Traditional Service
 9:15 a.m., Sunday, Spiritual Gifts Class
 11 a.m., Sunday, Contemporary Service
 All services at Island Memorial Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3
 Contact the chaplain's office at 53505 for more
 information.

PATIO SALE

MONDAY, 9 a.m.-noon, quarters 410-A on Pine Street. No early birds! PCS sale, kitchen items, men's and women's clothes, tan recliner chair, kitchen cart perfect for microwave, pots and pans, outdoor plants and pots, king and twin size sheets, 27-inch TV, DVDs, two 4-shelf wooden bookcases with glass.

FOR SALE

DAVIS BIG GAME ROD (100 to 130 pounds) and Daiwa 900H conventional reel, custom rod designed to meet the highest requirements of the serious fisherman, 70-inch, one-piece rod with six all single roller line guides including tip end, Daiwa 900H conventional reel has 290+ yards, 130-pound multicolor monofilament line, good starter rod and reel used only a few times, \$220. If interested, call 51861.

FOUR 1.25-INCH SHAFT ZINCS, new, ordered wrong size, \$5 each, which is much cheaper than I purchased them for, plus you pay no shipping. Call Rebecca at 52547.

TWO TAN ROCKER/RECLINER chairs, \$50 each; cherry wood six-drawer dresser with large matching mirror, \$150; dishwasher, great for 400-series house, \$150; two wooden bookcases with glass front, \$75 each; 27-inch TV, not flat screen, \$50. Call Jeff at 54431 during day or 55124 after 6 p.m.

PLATFORM BED, light wood, twin size with two large drawers underneath, great space saver, \$75 or best offer. Call 53990.

AXIAL WRAITH 4WD 1/10 scale RC Rock Crawler, everything included, controller, battery, charger, accessories, \$400. Call 51658 after hours.

TWO KWAJ CONDITION BIKES, 26-inch, \$25 each; one good condition 20-inch bike, \$25; microwave, \$50; small TV, \$50. Call 52312.

ALL-ALUMINUM BICYCLE, Townie 3i, 9 months old, very good shape, brushed aluminum/flat red color, \$350 or best offer; yellow Sun bike with dual rear baskets, 8 months old, \$275; Acer Aspire One 8.9-inch netbook 1 GB RAM, 160 GB Hard drive, sapphire blue, good condition, \$150 or best offer; Olympus 14 MP digital camera, 3-inch LCD, new, \$60 or best offer; Panasonic digital surround sound system with standalone subwoofer and five speakers, \$175; BQ style mini fridge with freezer, \$100; pots and pans, T-Fal brand from AAFES, 8-inch fry pan, 10.5-inch fry pan, 1-quart covered saucepan, 2-quart covered saucepan, 5-quart dutch oven with lid, \$35, includes free burner. Call 52546.

MACGREGOR CATAMARAN *Georgina*, 36 feet, excellent condition, full complement of sails, Big-Foot kicker, trailer for easy pullout and maintenance. \$12,000. Call Dick at home, 51684 or email richard.cheryl.shields@gmail.com.

PROLINE 23-FOOT POWERBOAT, excellent condi-

tion, with Suzuki 250 HP 4-stroke, low hours, 15 HP Mercury kicker, aluminum hardtop, aluminum trailer with new wheels, plenty of tools and maintenance materials, fast, sturdy, in great shape for diving, fishing, water sports or cruising, \$35,000 or best offer. Call Dick at 51684 or email richard.cheryl.shields@gmail.com.

CHEOY LEE SAILBOAT, 26 feet, in the water and ready to sail, 12HP inboard diesel, Lavac marine head, Lewmar self-tailing winches, mooring inside harbor, \$8,500. Email bridget.helm@outlook.com.

ROI HAPPENINGS

COME OUT AND WEAR green at the St. Patrick's Day party at the Outrigger on Sunday.

SPRING CONCERT will be at 7:30 p.m., Friday, at Tradewinds Theater.

THE BARBER/BEAUTY STYLIST will be on Roi on March 26.

COME OUT AND CHEER for your favorite softball teams! Games this month will be: March 19, 21, 26, 28.

COMMUNITY NOTICES

OCEAN VIEW CLUB presents DJ Trip Digit, tonight. Dance to the beat of reggae music.

IN CELEBRATION of St. Patrick's Day, Zamperini Dining Facility will be offering traditional corned beef and cabbage during brunch on Sunday. Come join us and enjoy the festive meal!

BINGO IS THURSDAY at the Vet's Hall. Card sales begin at 5:30 p.m. Bingo begins at 6:30 p.m. Black-out completion at 58 numbers with \$1,800 payout; Windfall completion at 24 numbers with \$1,400 payout. Must be 21 to enter and play, bring your ID. No outside drinks/coolers. Questions, contact Midori Hobbs or Kim Yarnes at 53331.

COME SUPPORT OUR young artists at their art shows! Friday is grades 4-6. The exhibit will be from 7-8:30 p.m., in the Coconut Room at the Elementary School. The theme this year is "IMAGINATION!" Imaginative costumes or outfits are definitely welcome and encouraged. We hope to see you there!

NATIONAL HONOR SOCIETY is hosting an Irish Coffee Shop at 7 p.m., Sunday, in the MP Room. You are invited to come and enjoy Kwajalein's finest live entertainment, sweet drinks and delicious desserts.

JOIN US FOR ST. PATTY'S DAY at 8 p.m., Sunday, at the Vet's Hall. There will be drink specials and live music by the islands newest band, "Radar Love." Contact Mike Woundy or Stephanie Finley with questions.

KID'S EASTER EGG painting class will be held at the Hobby Shop on Wednesday. Each child will receive 4 eggs to decorate with ceramic markers and

Captain Louis S. Zamperini Dining Facility

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 23
Corned Beef & Cabbage	Beef Tips Burgundy	Kwaj Fried Chicken	Grilled Cheese	Cajun Chicken Breast	Meatball Stroganoff	Pork Spareribs
Irish Chicken Dumplings	Chicken Cordon Bleu	Hawaiian Chopped Steak	BBQ Beef Brisket	Grilled Liver & Onions	Soy Garlic Mahi Mahi	Pizza
Parslied Carrots	Egg Noodles	Au Gratin Potatoes	Kung Pao Chicken	Rice Jambolaya	Fettucini	Mashed Potatoes

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 23
BBQ Chicken	Spaghetti and Meatballs	Roast Turkey	Carved London Broil	Chicken Fried Steak	Burger Bar	Braised Short Ribs
Macaroni and Cheese	Eggplant Parmesan	Stuffing	Turkey à la King	Parslied Potatoes	Teriyaki Chicken	Oven Roast Potato
Cauliflower	Garlic Bread	Peas and Carrots	Cornmeal Fried Catfish	Beans in Broth	Fried Rice	Mixed Vegetables

then they will be fired. The cost is \$15. Call 51700 for more info. Class times will be 4-5 p.m., 5-6 p.m. and 6-7 p.m. Parents are not required to stay for this class. Come by the Hobby Shop to sign up!

2013 SOFTBALL OFFICIALS CLINIC will be at 5 p.m., Wednesday, on Brandon Field. All team officials and anyone interested in officiating for softball should plan to attend. For questions, call Community Activities at 53331 or email michelle.r.huwe.ctr@mail.mil.

THE MARCH KWAJALEIN SCHOOL Advisory Council public meeting is scheduled for 7 p.m., Wednesday, in the Elementary School Library. The public is invited to attend.

PASSPORT PHOTOS will be taken 3-4 p.m., March 23, at USAKA HQ building 730, room 124. Cost is \$10 per set. Passport applications are available outside the USAKA Legal Office entrance. Call Nelda at 53417 for more information.

CYSS OPEN REC event "Dancing Night" will be from 5:45-7:45 p.m., March 23, in the Coconut Room. Free registration is open until March 23 to all CYSS registered children in grades K-6. Contact CYSS at 52158 for information.

ING 401K OPEN ENROLLMENT for CMSI. Contact Prescilla at 50788 if you wish to enroll or if you are currently participating and wish to change your deferral percentage. Forms must be received by March 23 and will be effective April 1.

TRIO CHICAGO AND FRIENDS live concert will be at 7 p.m., March 24, at the MP Room. Enjoy the live performance from this amazingly talented ensemble courtesy of the Quality of Life Fund.

CYSS YOUTH BOWLING LEAGUE is open to boys and girls age 7 through grade 6. Space is limited. Registration ends March 26. Program dates are April 12 to May 24. Stop by CYSS Central Registration Office, Building 358 to register. Call Coach Katie at 53796 for information.

A VETERAN'S ADMINISTRATION Representative will be on Kwajalein to consult and answer questions for interested personnel. The representative will be available for consultation from 1-4:30 p.m., March 28; 9 a.m. to noon and 1-4:30 p.m., March 29; location will be in Building 730 (HQ building), Small Conference Room 135. Call 51404 or 54848 for further information.

THE KWAJALEIN ART GUILD will be hosting the Spring Craft/Vendor Fair and Photo Exhibit on April 1, at the MP room. Vendors wishing to reserve a table should contact Jenny Schwartz at 52017 or Rebecca Bradley at 58061.

8TH ANNUAL KWAJALEIN Photography Exhibit will be from 10 a.m.-2 p.m., April 1, at the MP Room, in conjunction with the KAG Spring Craft Fair. Kwajalein Atoll residents display their photographic talents in this annual exhibit! Photos of Kwajalein Atoll only. Categories: Kwajalein at Work, Recreation, Nature,

Wildlife, Sunrises/Sunsets, Marshallese Culture, Underwater, Junior Photographer and Open. Submit entry forms by March 27. Contact for instructions and entry forms: Linn Ezell, PO Box 1321, phone 51990, kwajphotoexhibit@yahoo.com. Vote the best in each category for the 2014 Kwajalein Calendar!

MANDATORY ISLAND ORIENTATION is 12:30-4:30 p.m., March 27, at CAC Room 6. Arrive 10 minutes early to sign in and be seated by 12:30 p.m. It is required for all new island arrivals, but is not recommended for dependent children under the age of 10. Questions, call the meeting facilitators at KRS Environmental, Safety and Health at 51134.

KINDERGARTEN AND FIRST GRADE Concert is at 5 p.m., March 28, in the MP Room. Don't miss our youngest musicians performing songs of Hawaii.

OCEAN VIEW CLUB Birthday Bash is at 8 p.m., March 30. Sign up at the KRS Retail Sales office by March 29. Must be 21 years old. Complimentary drinks and cake for registered March birthdays. Contact Barbara Hutchins at 58228 or Ted Glynn at 53338.

WALK THE ROCK is a physical activity challenge with a goal of 10,000 steps a day. Challenge dates: March 31 to May 11. Registration is March 12-30. Register a team of four people or a whole department. Prizes will be awarded for most overall steps during the six weeks to teams and individuals. Register with CA and receive a pedometer and log book to help you track your steps. Be on your way to 10,000 steps a day! For questions, call Mandie at 53331.

THE COMMUNITY IS INVITED to join the Kwajalein Scuba Club Easter Egg Hunt, April 1, at Emon Beach. Swimmers, snorkelers and divers of all ages are welcome! Eggs hidden at a shallow depth for younger participants; children should have an adult with them. Prizes for children and adults. Sign in and gear up at 9:30 a.m., with the safety brief at 10 a.m., followed promptly by water entry. Call 52036 for more information.

KWAJALEIN YACHT CLUB Chili Cook-off! Cook up a batch of your best homemade chili for Original, Traditional and Hottest categories. Have 2 quarts ready to eat at Emon Beach by 2:30 p.m., April 7. See official rules on the Post Office Bulletin Board. Submit entry forms and questions to Tim Roberge. Entry forms are due by April 5.

KINDERGARTEN PRE-REGISTRATION for the 2013-2014 George Seitz Elementary School Year is March 12 through April 13. Children eligible for Kindergarten must turn 5 by Sept. 1. Call the Elementary School office at 53601 to pre-register your child. All pre-registered children will participate in a Kindergarten Readiness Screening in April. Parents will be contacted with screening dates and location.

DUE TO THE LARGE influx of TDY on Roi-Namur, all billeting rooms will be occupied from the end of March until the end of April. No reservations will be accepted for Roi by Kwaj Lodge for Kwaj residents or

Military Casualties

Spc. Cody D. Suggs, 22, of West Alexandria, Ohio, died March 7 at Kandahar Airfield, Afghanistan, as a result of a non-combat incident that remains under investigation. He was assigned to the 1487th Transportation Company (Piqua, Ohio), which is part of the 371st Sustainment Brigade (Springfield, Ohio).

Tech. Sgt. Larry D. Bunn, 43, of Bossier City, La., died March 7 as a result of a non-combat incident at an undisclosed base in Southwest Asia. He was assigned to the 307th Maintenance Squadron, Barksdale Air Force Base, La.

480 guests. We appreciate your understanding. Call 53201 with any questions.

THE MARSHALLESE CULTURAL Center is open each Monday from 3-5 p.m. We need volunteers to help keep the plants healthy and to keep the hours of operation open. Anything you could do to help support would be much appreciated!

MILITARY HAIRCUT DAY will now be from 4-6 p.m. on Fridays. Military walk-ins welcome.

HOW ARE WE DOING? If you have received services from the Hospital recently, take a few minutes to fill out the electronic customer satisfaction surveys located at the site address: <https://kwajweb.smdck.smdc.army.mil/community/medical/Pages/default.aspx#>. Paper survey is also available at the hospital by the emergency room entrance and in the hallway between the Laboratory and Pharmacy. We encourage you to be honest about your experience and we welcome your comments, suggestions and requests.

BOX TOPS FOR EDUCATION are still being collected! Clip box tops from participating food items and send them to school with your children or drop them off at Surfway's bulletin board. The Box Tops will help support the Ri'katak student lunch program.

E-TALK: Document of Environmental Protection, "Disposal of Munitions and Other Explosive Material," addresses specific requirements for the disposal of unexploded ordnance. Questions? Call KRS Environmental at 51134.

SAFELY SPEAKING: Hand injuries are caused by improper use of machines, temperature extremes, electrical hazards, chemicals, pinch points and sharp objects. Always use the correct glove for the task at hand.

<i>Café Roi</i>						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 23
Pasta Carbonara	Roast Chicken	Chicken Sandwich	Corn Dog	Chicken Quesadillas	Italian Sausage Hoagies	BBQ Beef Sandwich
Cheesy Italian Chicken	Sage Stuffing	Dry-rub Roast Brisket	Beef Stroganoff	Shredded Beef Tacos	Pesto Baked Fish	Grilled Chicken
Breakfast Pizzas	Bean & Chorizo Casserole	Corn on the Cob	Tater Tots	Pinto Beans	Polenta	Stir-fry Vegetables
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 23
Corned Beef & Cabbage	Roast Tuscan Pork Loin	Missile Burgers	Grilled Steak Night	Roi Fried Chicken	Mongolian Grill Night	Chicken Pasta Olivetti
Irish Stew	Chicken Pot Pie	Turkey Chili	Huli Huli Chicken	Cabbage Rolls	Noodles and Rice	Bolognese Sauce
Breaded Baked Fish	Ratatouille	Three Cheese Pasta	Baked Potatoes	Cornbread	Egg Rolls	Fresh Bread



BOWLING

Tuesday, March 5

Sliders def. South of Sanity	5-2
Just Like That def. 3 Men & a Lady	7-0
Crabaholics def. We Fly Pumpkins	5-2

TOP BOWLERS - MEN

Shane Jacobs: 237
Steve Simpson: 221
Tyrone Moxie: 219

TOP BOWLERS - WOMEN

Jamie Stevenson: 176
Hillary Berry: 143
Deb Douthat/Benni Davis: 130

STANDINGS	Crabaholics	25-10
	Just Like That	25-10
	We Fly Pumpkins	20-15
	South of Sanity	17-18
	Sliders	13-22
	3 Men & a Lady	7-28

BASKETBALL

Wednesday, March 6

K-Town def. Yokwe	49-33
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Thursday, March 7

Ball Trackers def. Ol' Boozers	34-30
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Friday, March 8

Jawks def. Bako	36-33
D-Up! def. SPIW	33-27
hOOPS! def. SJC	62-42
Icey Hot def. K-Town	73-48

Tuesday, March 12

hOOPS! def. Ball Trackers	41-34
Ol' Boozers def. SJC	56-52

School League

D-Up!	6-2
SPIW	5-3
Bako	4-4
Jawks	1-7

Adult League

Icey Hot	7-0
hOOPS!	7-1
Ball Trackers	5-3
K-Town	3-5
Yokwe	3-4
Ol' Boozers	2-6
SJC	0-8

STANDINGS

WATER POLO

Saturday, March 9

Toy Boat Toy Boat def. Turbo Turtles	36-26
Zissou def. Ebeye Swim Team	39-25
Chargogg def. Lacedaemonians	55-36

Tuesday, March 12

Turbo Turtles def. USAKA Splash	40-22
Chargogg def. Toy Boat Toy Boat	47-21
Lacedaemonians def. Zissou	44-19

STANDINGS

Turbo Turtles	6-1-1
Chargogg	8-1
Lacedaemonians	6-3
Toy Boat Toy Boat	5-3-1
Zissou	3-6
USAKA Splash	1-7
Ebeye Swim Team	0-8

Season high scorers

Keith Brady, 78 goals
 Adam Vail, 75 goals
 Stan Jazwinski, 53 goals

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	<10%	ENE-E at 11-16 knots
Monday	Mostly Sunny	<10%	NE-ENE at 12-17 knots
Tuesday	Mostly Sunny	<10%	NE-ENE at 12-17 knots
Wednesday	Partly Sunny	10%	ENE at 14-19 knots
Thursday	Partly Sunny	10%	NE-ENE at 14-19 knots
Friday	Mostly Sunny	<10%	NE-ENE at 15-20 knots

Yearly total: 3.02 inches
 Yearly deviation: -5.78 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:55 a.m. 7:00 p.m.	10:35 a.m. 11:24 p.m.	6:55 a.m. 3.8' 7:03 p.m. 3.1'	12:39 a.m. -0.1' 1:09 p.m. 0.2'
Monday	6:55 a.m. 7:00 p.m.	11:22 a.m. -----	7:25 a.m. 3.5' 7:32 p.m. 2.7'	1:03 a.m. 0.3' 1:43 p.m. 0.7'
Tuesday	6:54 a.m. 7:00 p.m.	12:10 p.m. 12:12 a.m.	8:02 a.m. 3.0' 8:10 p.m. 2.2'	1:30 a.m. 0.7' 2:30 p.m. 1.1'
Wednesday	6:54 a.m. 7:00 p.m.	12:59 p.m. 1:00 a.m.	9:06 a.m. 2.6' 10:07 p.m. 1.8'	2:06 a.m. 1.1' 4:21 p.m. 1.4'
Thursday	6:53 a.m. 7:00 p.m.	1:47 p.m. 1:47 a.m.	11:45 a.m. 2.5' -----	3:56 a.m. 1.5' 7:14 p.m. 1.2'
Friday	6:52 a.m. 7:00 p.m.	2:36 p.m. 2:33 a.m.	1:22 a.m. 2.1' 1:27 p.m. 2.9'	6:56 a.m. 1.3' 8:06 p.m. 0.8'
March 23	6:52 a.m. 7:00 p.m.	3:25 p.m. 3:18 a.m.	2:11 a.m. 2.6' 2:14 p.m. 3.3'	7:58 a.m. 0.8' 8:39 p.m. 0.3'