

VOLUME 52 NUMBER 41

OCTOBER 15, 2011

# THE KWAJALEIN HOURGLASS



**Dr. David Gano, part of a group of volunteer medical professionals who treated hundreds of patients on Ebeye and Ennibur in the last two weeks, follows up Wednesday at Ebeye Hospital with Bantol Pendinin after a cataract operation that restored Pendinin's vision. For more, see page 3.**

*Photo by Ruth Quigley*

# MANIT MINUTE

Manit Day is one of several holidays that is observed and commemorated in the Marshall Islands. Manit Day is normally celebrated on the last Friday in September, but was postponed on Kwajalein and will be celebrated here on Monday. Other holidays that are observed in the Marshall Islands are listed below:

- New Year's Day - 1 January
- Nuclear Victim's Memorial Day - 1 March
- Good Friday - 22 April
- Constitution Day - 1 May
- Fishermen's Day - First Friday in July
- Ri-Jerbal or Worker's Day - First Friday in September
- Manit Day or Custom/Cultural Day - Last Friday in September
- President's Day - 17 November
- Gospel Day - First Friday in December
- Christmas Day - 25 December

## Thumbs Up!

...to the Small Boat Marina for getting a good, working lawn mower that is accessible to boat lot owners for mowing their boat lots!



## THE RUMOR MILL



Col. Joseph Gaines addresses circulating rumors head-on. Rumors can earn from one to five ears. One ear is an unfounded rumor, while a rumor earning five ears is the truth.

**Rumor:** *The potable water outlets at the boat lots are being removed.*

In order to fall in line with Army-wide energy conservation initiatives, the USAKA Department of Public Works has directed the removal of exterior potable water connections. It has been estimated that tens of thousands of gallons of water are unintentionally lost due to leaks and careless use of these exterior water connections. This project started on Roi and has been moving southward down Kwajalein Atoll. Exterior non-potable water will still be available and can be used for everything other than drinking and bathing. On Kwajalein, potable water will be removed in all non-essential locations, including at boat lots. However, in the interest of safety, the bathrooms in facility 987 near the boat lots will continue to have potable water in the sinks and shower.



# Manit Day

2011

3-5 p.m., Oct. 17

Music, dancing, food, local medicine, rope making, fire making, coconut husking and basket weaving

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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Phone: Defense Switching Network 254-2114;  
Local phone: 52114  
Printed circulation: 1,200  
E-mail: [hourglass@smdck.smdc.army.mil](mailto:hourglass@smdck.smdc.army.mil)

**Commanding Officer** ....Col. Joseph Gaines  
**Sergeant Major**..... Sgt. Maj. Hohn Wolf  
**Public Affairs Officer**.....Ruth Quigley  
**Managing Editor** .....Sheila Gideon  
**Associate Editor** .....Catherine Layton  
**Work-Study Student** ..... Shawn Brady  
**Media Specialist**..... Eva Seelye

# Canvasback volunteers bring things into focus

Article and photo by Ruth Quigley  
USAKA/RTS Public Affairs Officer

Helping the blind see was just one of the goals for a team of volunteer medical professionals who spent two weeks working on Ebeye and departed Friday. Canvasback Ministries Inc. is a non-profit organization that has been working in the Marshall Islands since 1986. This year, Canvasback sent experts in ophthalmology, optometry, dermatology and dentistry to Ebeye and Ennibur.

U.S. Army Kwajalein Atoll's Host Nation Activities Office coordinated some of the team's logistical support and facilitated entry requirements and paperwork.

"The work that Canvasback does helps to facilitate relations [between the U.S. and] the Marshall Islands," Bill White, a liaison specialist at USAKA, said. Jacque Spence, who founded Canvasback with her husband Jamie, appreciates the help provided by USAKA and the community on Kwajalein. "What Kwajalein people do for us really make this mission possible," Spence said.

During this trip, the Canvasback team saw more than 600 patients, performed more than 200 surgeries and donated services totaling about \$600,000. Volunteers donate their time and pay for their air tickets to Kwajalein.

Many of the procedures performed were eye surgeries. Patients who were diagnosed with cataracts had the cloudy lens removed and replaced with a lens implant, with the goal of restoring vision to as close to 20/20 as possible. Patients were also fitted for prescription or reading glasses. The group brought many donated pairs of glasses in order to be able to closely match patients' needs. Other patients were treated for skin conditions or dental problems.

Some of the patients have not been able to see for years and according to Spence, witnessing them discover sight all over again is one of the greatest rewards of the work Canvasback does.



A patient has his vision and eyes checked by Dr. Mike Van Bricklin at Ebeye Hospital Wednesday morning. The Canvasback optometry team followed up with patients after their cataract surgeries.



Photo courtesy of Jacque Spence

Dr. Steven Chang, left, cleans the teeth of a patient Oct. 7 at Ebeye Hospital with the help of Loman Lang, the dental nurse on Ebeye. Chang also went to Ennibur and performed dental work there.

"They were blind and now they see," exclaimed Joy Glynn in reference to the fact that many surgery patients' cataracts are so severe that they're considered legally blind. Glynn is a Kwajalein resident who volunteered to work with the group after meeting Jacque Spence while scuba diving.

Glynn missed an opportunity to work with Doctors Without Borders and she had always wanted to work on a mission. She told Spence about her nursing background and did not hesitate when Spence mentioned the group was short one volunteer.

Some Canvasback volunteers feel a responsibility to do more for the Marshall Islands because of the country's history with the United States. Others find honor in having the opportunity to help and love seeing the smiles when patients realize their vision has been restored.

"My goal is to help as many people in my lifetime as I can who need the help," Dr. Jeff Rutgard, an ophthalmologist based in California, said. Rutgard also teaches classes in his specialty on a pro bono basis as Loma Linda University in California.

The patients who had eye surgery showed their appreciation in different ways. Some hugged the doctors. Another, mesmerized by the world opened up before his eyes, kept telling everyone how beautiful each of them looked.

For one man, an improvement in vision was absolutely necessary. He explained that his deteriorated vision was jeopardizing his job on Kwajalein. Surgery and improved eyesight will mean that he can continue to work.

Patients who came to the Canvasback eye clinic at Ebeye Hospital were first screened. Cataracts and oth-

See CANVASBACK, page 4

## From CANVASBACK, page 3

er eye problems were identified at this stage. If lens replacement was determined to be the solution, the patient's eye would then be measured to ensure proper fit for the lens.

After surgery, patients were instructed to return the next day for post-operative care. Jennifer Van Brocklin, a recent Colorado State graduate, passed out bags with sunglasses, extra tape and eye drops so patients would be able to care for the surgery site at home.

Van Brocklin's father, Dr. Mike Van Brocklin, is an optometrist and checked on patients who came in after surgery. Dr. Van Brocklin invited his daughter to join him on this trip and she used it as a way to judge if she wants to consider a career in the medical field.

In the operating room, Sheila Jensen performed the duties of the nurse anesthetist, providing regional anesthesia for patients. Cynthia McCullon, Cindy Stone and Joy Glynn were attending nurses during surgery, and Julie Wainwright prepped patients for surgery and ensured that the whole process went smoothly. The three performing surgeries were Dr. Mitch Banks, Dr. David Gano and Rutgard. Staff from Ebeye Hospital helped the team with logistics and translations between doctors and patients.

The team had a dentist and a dermatologist whose primary purpose was to assess the need for a possible trip next year. Spence said that after seeing cases on Ennibur and Ebeye, Canvasback will be sending a dental team here next year.

One of Canvasback's first projects was a diabetes wellness center on Majuro. Experts there help those living with adult onset diabetes make lifestyle changes that can severely limit the debilitating effects of

the disease. Classes during the three-month program include nutrition and exercise. They even show residents how using certain types of grow boxes will allow fruiting vegetables like tomatoes and peppers to thrive in the Marshall Islands.

At the urging of Marshallese leadership, Denis Yates, director at the Majuro wellness center, has agreed to open a similar center on Ebeye to address the diabetes epidemic there. The cooperation of USAKA, KRS and the entire community helps this U.S.-based non-profit continue its service on Kwajalein. Spence said that the residents of USAKA have been more than gracious — welcoming the team into the community during the two weeks they spent in the atoll.

"We've been invited to go scuba diving, and a few of us even got playing time at some of the soccer games," Spence said.



Photo courtesy of Jacque Spence

Members of the Canvasback team pose Oct. 8 with a handful of cataract surgery patients at Ebeye Hospital.

## Movie Matters...by Kim Yarnes

Watching movies on the big screen with a bag of popcorn was one of my favorite weekend activities in the states. When the notice of "Please silence your cell phones and refrain from talking during the movies" appeared on the screen, it was show time. We are still able to enjoy great films here on Kwaj and Roi, and even though our theaters are outdoors, the same etiquette still applies. Please be considerate while enjoying the movies and follow these guidelines:

- Refrain from talking during the movies.
- Once you have selected a seat, stay there. Running up and down the bleachers is noisy and distracting for the people around you. It is also hard to see with people walking back and forth in front of you. Be courteous when selecting your seat and avoid placing your chair in front of others.
- Pick-up your trash! Leaving trash not only is bad for the environment and looks bad, it attracts pests.
- Families are welcome at the theaters. Parents need to supervise their children at all times.
- Park your bikes and strollers in appropriate areas outside the theater arena.

- Bring a flash light for a safe ride home, but keep them turned off while the show is playing.
- Brandon field lights must be turned off 15 minutes prior to show time.
- Yuk Theater is an adult movie theater. All children under 17 must be accompanied by a parent or adult guardian. Policy is enforced on an honor basis. An adult may inquire the age of younger patrons unaccompanied by a parent or guardian appearing to be under age. Underage, unaccompanied patrons should be asked nicely to leave.

The films shown are provided to us by AAFES. We have no input into what movies are received or when. The films are issued to us on VHS tapes to help with cost and to ensure as early a release as possible. Movie listings can be obtained on the intranet or by calling 52700. All show times are at 7:30 p.m. unless otherwise noted. Movies will be shown rain or shine. If no one is in attendance 15 minutes into the film, the show will be canceled.

Upcoming events at the theater include:  
Oct. 15 - Fire Prevention Week finale with the local teen-made winner's movie and the film "The Green Lantern."

## Enjoy the show!

# THEN AND NOW - "GEORGE SEITZ SCHOOL"



*Photo Hourglass Archives*



*Photo by Catherine Layton*

Bringing up elementary school evokes happy childhood memories for most. For a select few, their memories include a little school in a most unusual location. Named for the first U.S. Naval commanding officer of Kwajalein after WWII, George Seitz was organized as a Navy overseas dependent school in 1956. In our transient community, there are a few folks who went to the school as early as 1959 and still work here today. Two men, Scott Johnson, software engineer, and Bob Sholar, software applications analyst, attended GSE for their elementary years. "At the time, there was no high school. School on Kwaj was just grades 1-6. Older students either had to go off island or take correspondence classes," remembers Johnson. He recalls that in those days, classrooms were all in two square wooden buildings, each divided into four classrooms, roughly in the center between Ocean Road and the commissary. In 1962, Johnson's family moved back to New England, but, "I suspect a couple of Boston winters caused my parents to think 'What the heck have we done?' and we returned to Kwaj by the beginning of 1964," he said. "In the two years we were gone, the old wooden buildings along Ocean Road had been replaced by the newly built school. I was in the middle of 7th grade at the time, and Jr./Sr. high school students occupied most of George Seitz."

Sholar also recalls the amount of kids at the school, saying, "I counted the K-12 faces in a 1964 Ekatak recently and there were about 600 students, including four classrooms of some of the elementary grades. It was the Cold War heyday of Kwajalein." Johnson concurred, stating, "Thinking back, I have no clue how we all fit. I know that tunnel hallway of George Seitz was crowded between classes. There were a couple more than 30 students in my graduating class in '69, so trying to cram everyone into the old school must have been difficult."

# KRC hosts 34th annual Columbus D

Article by Bob Sholar  
Community contributor

Kwajalein Running Club conducted the 34th annual Columbus Day run on the Oct. 11 holiday, with a 6 a.m. start at Namu Weto Youth Center. Ninety-five runners and walkers participated. Twenty-two runners chose the two-island-loop option, 13.04 miles, the rest doing one loop totaling 6.52 miles. This participation compares to 117 in 2010, 132 in 2009, 113 in 2008, 104 in 2007, 91 in 2006 and just 46 in 2005. Runners ranged in age from 7 to ~70 years, again representing a remarkably broad swath of the island's resident population. Four of the two-loopers became so inspired after experiencing a holiday sunrise, they spontaneously decided to continue through their exhilaration during their planned first loop.

First overall across the line for the half marathon were Eric England and KRC's President Stephanie Los. For the quarter marathon, it was easy striding Shawn Hebert and Jennifer Yezek. Ray Drefus took the social security eligible division for the half

marathon and Jack Carey took same for the quarter marathon. For the teens, Austin Skinner blazed a 46:49 one-looper, on Hebert's heels while Hannah DeLange finished in 54:50. For the age 12-and-under group, winners were Ben Jahnke and Julia Sholar. Notable personal bests and year-over-year improvements came from Austin Skinner, Phil Lindert, Alex McGlenn, Kevin Skinner, Ron Sylvester, Ben Bartyzel, Dane Bishop, Jake Jahnke and Julia Sholar. All the satisfying personal improvements are too many to cover here. Rich Ereksen, in the master's division, returned from a long deployment aboard *USAV Worthy* just days before the event. After hesitating, he awoke race day and ran the 13.04 mile distance in 2:18:53. Instantly, Rich is back in shape!

The satisfied runners gathered at Emon main pavilion for an afternoon barbecue followed by presentation of certificates and custom T-shirts. As usual, the Kwajalein school system was disproportionately well represented including Mr. Drefus, Superintendent Al Robinson, many teachers and students.

KRC considers every finisher a winner!



Div.	MILE
FM.....	13.04
FO .....	13.04
MM.....	13.04
MO .....	13.04
MT.....	13.04
SSE ....	13.04
FM.....	6.52
FO .....	6.52
FT.....	6.52
FY.....	6.52
MM.....	6.52
MO .....	6.52
MT.....	6.52
MY.....	6.52
SSE ....	6.52
DOG ...	6.52

**DIVISION CODES:** M  
—Male Open (20  
(1-12); FT —Fem  
—Female Master  
—Domestic Cani

## Day Runabout



Carey is likely the first septuagenarian to complete Kwaj Columbus Day Run, according to long-time participant Bob Sholar.

ES .. DIV. WINNER	TIME
4....Stephanie Los.....	1:56:26
4....Alex McGlinn.....	1:52:29
4....Jonathan Jahnke .....	1:43:55
4....Eric England .....	1:38:48
4....Dane Bishop.....	1:43:29
4....Ray Drefus .....	2:29:10
.....Lisanne Sykes .....	1:10:12
.....Jennifer Yezek .....	0:53:00
.....Hannah DeLange.....	0:54:50
.....Julia Sholar.....	1:08:01
.....Jeffrey Fluhrer.....	0:53:36
.....Shawn Hebert.....	0:46:13
.....Austin Skinner .....	0:46:49
.....Ben Jahnke .....	1:19:17
.....Jack Carey .....	1:08:23
.....Maya Sykes .....	1:21:21

Y—Male Youth (1-12); MT —Male Teen (13-19); MO (18-39); MM —Male Master (40+); FY —Female Youth (18-39); FT —Female Teen (13-19); FO —Female Open (20-39); FM (40+); SSE —Social Security Eligible (62+); DOG (65+)

*Photos by Catherine Layton*

## WOMEN'S LEAGUE

### **Thursday, Sept. 29 Spartans Co-Ed vs. Spartans I**

FINAL SCORE: 2-1  
Dayna Hepler (Spartans Co-Ed): 1 goal  
Thomas Greene (Spartans Co-Ed): 1 goal  
Annie Hepler (Spartans I): 1 goal

### **K.A.T. vs. Spartans II**

FINAL SCORE: 6-1  
Anne Jahnke (K.A.T.): 3 goals  
Laura Callaway (K.A.T.): 1 goal  
Laura Price (K.A.T.): 1 goal  
Valeska Sanders (K.A.T.): 1 goal  
Molly Premo (Spartans II): 1 goal

### **Tuesday, Oct. 4 K.A.T. vs. Spartans I**

FINAL SCORE: 4-2  
Kristen Hosek (K.A.T.): 2 goal  
Laura Price (K.A.T.): 1 goal  
Melissa Shonitsky (K.A.T.): 1 goal  
Annie Hepler (Spartans I): 1 goal

### **Go Green vs. Spartans Co-Ed**

FINAL SCORE: 2-1  
Pam Melinauskas (Go Green): 2 goals  
Caleigh Yurovchak (Spartans Co-Ed): 1 goal  
Thursday matches were rained out. There was no Tuesday games due to the holiday.

## MEN'S LEAGUE

### **Wednesday, Oct. 5**

#### **FC Swell vs. Spartans II**

FINAL SCORE: 7-2  
Mike Turner (FC Swell): 1 goal  
Chad McGlinn (FC Swell): 2 goals  
Brent Peterson (FC Swell): 1 goal  
Kenny Leines (FC Swell): 1 goal  
Pat Gorman (FC Swell): 2 goals  
Dave Bonham (Spartans II): 1 goal  
Austin Skinner (Spartans II): 1 goal

#### **Locals vs. USAKA**

FINAL SCORE: 5-3  
Jeff Sudderth (Locals): 1 goal  
Travis Gilbertson (Locals): 1 goal  
Adam Vail (Locals): 1 goal  
Tom Shonitsky (Locals): 1 goal  
Defensive Goal - 1  
Travis Cornett (USAKA): 2 goals  
Dwayne Foster (USAKA): 1 goal

### **Friday, Oct. 7**

#### **FC Swell vs. Spartans I**

FINAL SCORE: 4-0  
Chad McGlinn (FC Swell): 3 goals  
Rob Ewbank (FC Swell): 1 goal

#### **USAKA vs. Spartans II**

FINAL SCORE: 5-3  
Travis Cornett (USAKA): 2 goals  
Dwayne Foster (USAKA): 2 goals  
Kevin Osterbauer (USAKA): 1 goal  
Keith Brady (Spartans II): 1 goal  
Scott Swanby (Spartans II): 1 goal  
Ben Tavutuvuwale (Spartans II): 1 goal

### Team Standings

<u>WOMEN'S LEAGUE</u>		<u>MEN'S LEAGUE</u>	
<b>K.A.T.:</b>	<b>5-1</b>	<b>FC Swell:</b>	<b>5-1</b>
<b>Go Green:</b>	<b>4-1</b>	<b>Locals:</b>	<b>5-1</b>
<b>Spartans I:</b>	<b>3-3</b>	<b>Spartans I:</b>	<b>2-5</b>
<b>Spartans Co-Ed:</b>	<b>2-4</b>	<b>Spartans II:</b>	<b>2-5</b>
<b>Spartans II:</b>	<b>0-5</b>	<b>USAKA:</b>	<b>2-5</b>

*(As of Oct. 7)*



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## DISPATCH FROM ROI

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Photos by Freddie Griffin

### Diner's Delight

*Roi Community Activities and Café Roi sponsored a sunset dinner at the Roi main pavilion on Oct. 2. As one approached the pavilion, it was evident it had been transformed—it was beautifully decorated with plants and small white lights to set the atmosphere. The tables were adorned with simple centerpieces made from banana leaves, sea glass, shells and candles. Background music filled the air, while patrons mixed and mingled with one another during a cocktail hour prior to the meal.*

*Carol Rivard and the Café Roi Crew did a superb job in serving a fine meal. The menu was a simple but elegant delight. Shrimp Cocktail was served as an appetizer, followed by a salad. The main course entrée included a twice baked potato, grilled asparagus and steak. The dessert was a mouth watering and delectable trio of chocolate, fruits and a cheesecake.*

*The evening came to an end fairly early, and all who attended left with a full belly and quite a few smiles after a very fine dining experience. Many thanks go to Café Roi and Roi Community Activities.*

# View from Kwaj

Submit your own photo! E-mail it to [hourglass@smdck.smdc.army.mil](mailto:hourglass@smdck.smdc.army.mil).



By Nelda Reynolds



By Col. Joseph Gaines



By Col. Joseph Gaines



By Maj. Shawn Herbert



By Micah Johnson



By Catherine Layton

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

KRS employment applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool office support. Questions, Call 54916.

AAFES SENIOR OFFICE ASSOCIATE receives, reviews, prepares, files and maintains correspondence, documents and reports; answers and forwards telephone calls, operates duplicating/sign making equipment, fax machines and other equipment as required. Noted for reliability, accuracy, initiative and volume of work processed. Well groomed, courteous and friendly. Job qualifications: completion of high school or equivalent; clerical/administrative office experience preferred; possess the ability, knowledge and skill to operate the appropriate systems/software/hardware and standard accounting office machines; type 40 wpm. Call Silke for further information at 52143, or come by the office.

**PATIO SALE**

OCT. 22, 6 a.m. - 5 p.m., in front of quarters 483-B. Multi-family. Electronics, furniture, kitchen and household items, adult and children's clothing, toys and child's bike.

**Religious Services**

**Catholic**

5:30 p.m., Saturday, Small Chapel  
9:15 a.m., Sunday, Island Memorial Chapel

**Protestant**

8 and 11 a.m., Sunday, Island Memorial Chapel  
Roi-Namur service at 7 p.m., Friday

**Baptist**

9:40 a.m., Sunday, Elementary School  
Music Room

**Latter-day Saints**

10 a.m., Sunday, CRC Room 3

**Jewish**

Second Friday of the month in the REB.  
Times will vary.  
Contact the chaplain's office at 53505 for more information.

**LOST**

IPOD TOUCH with black case between 3rd street and Lagoon Road. There is an ihome sticker on back of ipod. If found call 51576.

GREEN REUSABLE grocery sack containing green rain jacket and black rain pants. Call Cassie at 52371 or 53484.

**FOUND**

GIFT CARD, in the vicinity of Pacific/Palm streets. Call 51596.

**WANTED**

HOUSE NEEDED for visiting father Jan. 3-16. Call 54125.

**GIVE AWAY**

55-GALLON FISH TANK with stand, call Valeska at 51666.

EDDIE VEDDER compact disc or drink coaster. "Ukulele Songs" Warning: terrible CD. Call 5-2434 and leave a message.

**FOR SALE**

SONY BLU-RAY DISC PLAYER w/remote and manuals, \$50; Baby Einstein musical motion 2-in-1 stationary jumper and entertainer, \$40; Bright Starts activity table/walk-around, \$40; two each 2x4x6-foot Rubbermaid storage containers, \$50 each or both for \$80. Quarters 492-A, or call 52597.

CANON 35MM FILM UNDERWATER CAMERA, \$20; Lazy Boy twin reclining love seat, \$150; Lazy Boy recliner, \$100; area chair with ottoman, \$20; solid oak coffee table, \$60; two end tables with shelves, \$40 each; bench with cushion, \$50; Call 51889.

QUEEN SIZE POSTUREPEDIC Elite plush mattress with box spring and bed frame, \$250. Also, topper for mattress, \$40. Call 54200.

POTTERY BARN TEEN DRESSER-top wooden organizer for bedroom, brand new, great for Christmas, \$35. Oak toddler rocking chair, \$15. Occasion dresses, size medium, \$5-\$15; Sony amplified subwoofer, \$50. Call 52379

FLAT SCREEN TV, 60 inches, with entertainment center, WD TV movie system and antenna \$1,600; two leather sofas with ottomans, \$750 each; large braided rug with small matching door rug, \$50; outdoor plants \$10 for large, \$5 for small; assorted baskets with cloth lining, \$5 each; dehumidifier \$50; two Kwaj Open golf bags, never used, \$100 each; TV antenna, new, \$15; portable beach chairs with wood handles, new, \$20 each; two Aerogardens, \$20 each. Call 54299 or 54784.

WOMEN'S SULTRY Swashbuckler Pirate costume, size small-medium with sweetheart headband, pirate hat, and heart shaped eye patch, garter with small dagger, and money bags pirate purse, \$50; men's 'Pirates of the Caribbean 3,' Jack Sparrow Prestige pirate costume, size small-medium with pirate hat and bandana with extensions and plastic flint lock pirate pistol, \$50; women's stiletto pirate boots with black and red ribbon, size 10, runs small, \$30; men's pirate boots, size 9, \$20; all items were used once last year

**THE KWAJALEIN HOURGLASS**

You can find all the ads and the TV and Entertainment Guide every week on the Kwajweb intranet page. Just click on the "Community" tab and find all of the current Hourglass clippings, along with upcoming movies!

at the Swashbuckler's Ball and are priced at 50% off of original price. Call Brad or Tarah McCroskey at 52939 or 52222

**COMMUNITY NOTICES**

OPEN RECREATION Fun and Games will be 3:30-5:30 p.m., today in the SAS room. Registration is today through Wednesday. Visit CYSS Central Registration to sign up. Open to all CYSS registered children in kindergarten through 6th-grade.

2011 INDOOR VOLLEYBALL. Registration is through Oct. 21. Season play is Nov. 1 - Dec. 16. Cost is \$100 and all teams must provide an official. Mandatory manager's meeting on Oct. 21 at 5 p.m. For questions and registration, contact Mandie at 53331.

THE OPTOMETRIST, Dr. Yamamoto, will be on Kwajalein and will see patients today through Oct. 27. Call the hospital at 52223 or 52224 to schedule an appointment.

KRC WILL BE HOSTING A FUN RUN 5:30 p.m. Monday. Distances are 1/2-, 2- and 5-miles. Meet in front of the library. Runners, joggers and walkers are welcome - a great family affair!

MANIT DAY 2011 will be held from 3-5 p.m., Oct. 17, right next to the Marshallese Cultural Center. There will be food, music and dancing along with fire making, rope making, coconut husking, basket weaving and local medicine demonstrations.

OPEN RECREATION 6-7:30 p.m., Oct. 28, Halloween cook-a-gooney in the SAS room. Registration is from Oct. 18-26. Visit CYSS Central Registration to sign up. Open to all CYSS registered children in K-6th grade.

KWAJALEIN SCHOOL Advisory Council public meeting is scheduled at 7 p.m. Oct. 19 in the Elementary Coconut room. The public is invited to attend.

QUIZZO will be Oct. 21 at the Vet's hall. Questions contact Mike Woundy.

2011 ANNUAL SHAVING CREAM SOCIAL 4:30-4:40 p.m., pre-school, must be accompanied by an adult; 4:40-5 p.m., kindergarten through 2nd-grade; 5:10-5:30 p.m., 3rd through 6th-grade; 5:40-6 p.m., Jr./Sr. High, Oct. 22 at the Richardson Ravine. Each

*Café Pacific*

**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 22
Pot Roast	Beef Tips	Wheat Spaghetti	Breaded Pork Cutlets	Teriyaki Steak	Braised Beef Round	Savory Pot Roast
Herb Chicken	Breaded Veal	Italian Meatballs	Chili Mac	Huli Huli Chicken	Turkey Alaking	Turkey Tetrazzini
Heuvos Rancheros	Brown Rice Casserole	Herb Chicken	Chopped Steak	VeggieThai Noodle	Alaskan Pollock	Vegetarian Beans

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 22
Braised Short Ribs	Pork Butt	Salisbury Steak	Sirloin Tip Roast	Rosemary Roast	Pancake Supper	Shanghai Sticky Ribs
Chicken Paprikash	Sloppy Joes	Chicken Curry	Grilled Chicken	Porkloin	Beef Brisket	Thai Shrimp Pasta
Quesadillas	Turkey Stir-Fry	Vegetable Stir-Fry	Pork Chow Mien	Beef Tips	Szechuan Port Stir-Fry	Gen. Tso's Chicken

participant will receive one free can of shaving cream. Participants are encouraged to wear goggles. No gel, menthol, or mint creams allowed. Questions, contact Mandie at 53331.

KARAOKE, 8 p.m., Oct. 22 at the Vet's Hall.

ARRRRRRRRGGGGGG....It be time again for the Kwajalein Yacht Club's annual Swashbuckler's Ball. The revelry will take place at 6:30 p.m., Oct. 23. Tickets are \$25 for KYC members and \$35 for the general public and may be purchased from Ken Winchester, Tim Roberge, Monte Junker, Bridget Helm and David Helm.

KYC is sponsoring a small boat race Oct. 23. This is a special race for boats under 30 feet, to make the competition closer, and get some new boat owners involved in the race. The Skippers meeting will be at 1 p.m. at the SBM office and the start will be at 2:30. Contact Jon at 54156, for more information.

THE CYSS HIGH SCHOOL Keystone Club presents a Halloween haunted house Oct. 23 at the Namu Weto Youth Center. Pre-K-2nd grades are welcome from 2-3:30 p.m. with a costume parade at 3:45 p.m. 3rd-6th-grades are welcome from 4 - 5:30 p.m. All children must be accompanied by an adult. Activities include games, crafts and pumpkin giveaways. Contact Jared Barrick at 53796 for more information.

ATTENTION KIDS! We are having a creative funny fish making class at the hobby shop 6-7:30 p.m., Oct. 26. The cost is \$15 and you must bring a parent! Wear closed toed shoes. Ages 5-12 are welcome! Call Ms. Denise at 51700 to sign up. Hurry, space is limited!

HAUNTED HALLOWEEN at the Vet's Hall, 7 p.m., Oct. 30. Costume contest starts at 10 p.m., cash prizes for best costumes, drink specials all night long and musical entertainment to be announced.

THE VET'S HALL is now scheduling December holiday parties. Contact Mike Woundy before Thanksgiving to schedule yours.

KARAOKE NIGHT from 8 p.m.-1 a.m. every Sunday at the Ocean View Club.

THE 2011 HOLIDAY Arts and Crafts Show is 10 a.m. to 2 p.m., Nov. 7, in the CRC gym. Vendor applications are located on the mall bulletin board.

CYSS YOUTH FLAG FOOTBALL registration open today through Oct. 22. Season runs Nov. 1 through Dec. 15. Open to kindergarten through 6th-grade boys and girls. Volunteer coaching opportunities. Call 52158 for registration information, building 358. Call Jared Barrick at 53796 for sports program information.

CYSS YOUTH GOLF registration open today through Oct. 22. Season runs Nov. 2 through Dec. 16. Open to age 8 through 6th-grade boys and girls. Volunteer coaching opportunities. Call 52158 for registration information, building 358. Call Jared Barrick at 53796 for sports program information.

CYSS START SMART GOLF registration open today through Oct. 22. Season runs Nov. 2 through Dec. 7. Open to ages 4 through 7, boys and girls. Volunteer coaching opportunities. Call 52158 for registration information, building 358. Call Jared Barrick at 53796 for sports program information.

for sports program information.

FLU SHOTS are now available at the hospital on Tuesday, Wednesday, Thursday and Saturday afternoons 1:30 to 4 p.m. For questions, call 52224.

THE YYWC ANNUAL BASKET AUCTION will be held in the Spring. We hope you will be thinking of some fun baskets to donate to our auction. When you are off island, keep your eyes open for something interesting. We appreciate you! We'll keep you informed of the date. If you have any spare baskets you would like to donate, contact DeDe Hall, Jane Russell or Tina Wiley.

ALL RESERVATIONS and keys for Roi billeting will be issued through the Kwaj Lodge front desk window. Send all reservation requests for Kwaj and Roi to "Kwaj Lodge Reservations" in the global or call 53477. A confirmation email will be sent to you when your reservation has been made. All room keys will need to be returned to the Kwaj Lodge front desk window, not to Roi billeting. The drop box at the Roi airport will no longer be available. This process will allow the use of credit cards for payment and will be more efficient and convenient for our guests. Call 53201 with questions.

ATTENTION GOLFERS: contact Aviation Base Operations at 52131 to report any golf balls hit onto or near the runaway, taxiways or aircraft parking ramps. Golf balls pose a safety hazard to aircraft and could result in a serious accident.

SELF HELP will be open Tuesdays and Saturdays from 8:30 a.m.- noon and 1:30 - 5:30 p.m. Self help will be closed the remaining days. Call 53201 with any questions.

THE AMERICAN LEGION POST #44 is currently collecting items for Troops deployed to Southwest Asia, for holiday care packages. Drop-off any donations at the Vet's Hall. Also, if you know of someone deployed to Southwest Asia, notify Lisa Marks or another member of Post 44.

THE ANNUAL OPEN ENROLLMENT for 2012 KRS/CMSI/BAI health and welfare benefits will be in November. This is the period when eligible employees have the opportunity to review their health, disability and life insurance options and make changes that cannot be made at any other time of the year, unless there is a qualifying event. During open enrollment, in accordance with plan requirements, you can choose a plan option that meets your needs, preferences and budget requirements; enroll eligible family members in your health plan and add, drop or change the level of your life insurance and/ or long-term disability coverage. Learn more about the services and programs available to you by attending an open enrollment meeting. The choices you make during the open enrollment period are effective January 1, 2012. Look for more information in the following weeks regarding open enrollment, meeting places, dates and times.

A LOCAL RATE ADJUSTMENT for CYSS Child Development Center and School Age Service program fees is necessary to bring Kwajalein into compliance with Army CYSS fee policy. Implementation of this rate adjustment will begin Nov. 1. For more information, call CYSS central registration at 52158.

SAFELY SPEAKING: Be sure you follow all safety rules and regulations—no exceptions, no shortcuts. Never order anyone to work unsafely. Don't bypass any rule or standard operating procedure to get the job done faster or cheaper. Your example will be a sign of how you really feel.

E-TALK. The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources within Kwajalein Atoll, as referenced in a memorandum of understanding between the RMI and the landowners of Eniwetak Islet. No visitors are allowed on Eniwetak without the consent of USAKA. Questions, contact KRS Environmental Office at 55161.

HAND SAFETY. Always turn equipment off and use lockout/tagout procedures before adjusting, clearing a jam, repairing or servicing a machine.

<i>Café Roi</i>						
<b>Lunch</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Oct. 22</b>
Citrus Salmon	BBQ Brisket	Chicken Wrap	Ruben Sandwich	Hot Dog/Bratwurst	Beef/Chicken Tacos	Philly Cheesesteak
Chicken Marsala	Fried Pork Chops	Fried Steak	Garlic Chicken	Chicken Fricassee	Beef Tamales	Pulled Pork
Crab Cake	Peas and Ham	Cod/Capers	Cajun Rice	Onion Rings	Refried Beans	Grilled Ono
<b>Dinner</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Oct. 22</b>
Thai Beef	Beef Ragu	Roast Chicken	Top Sirloin	Fried Chicken	Jamaican Chicken	Sausage/Peppers
Chicken/Peanut	Chicken/Mushrooms	Whole Short Ribs	Grilled Salmon	Shepard's Pie	Blackend Cod	Chicken Pesto
Fried Noodles	Creamy Polenta	Grilled Veggies	Baked Potatoes	Mashed Potatoes	Corn Fritters	Pasta/Marinara

# Military Casualties

**Pvt. Danny Chen**, 19, of New York, died Oct. 3 in Kandahar province, Afghanistan. He was assigned to the 3rd Battalion, 21st Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, Fort Wainwright, Alaska.

**Lance Cpl. Benjamin W. Schmidt**, 24, of San Antonio, Texas, died Oct. 6 while conducting combat operations in Helmand province, Afghanistan. He was assigned to 2nd Battalion, 4th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

**Spc. Ricardo Cerros Jr.**, 24, of Salinas, Calif., died Oct. 8 in Logar Province, Afghanistan, of wounds suffered when insurgents attacked his unit using small arms fire. He was assigned to the 2nd Battalion, 75th Ranger Regiment, Joint Base Lewis-McChord, Wash.

**Capt. Joshua S. Lawrence**,

29, of Nashville, Tenn. and **Capt. Drew E. Russell**, 25, of Scotts, Mich. died Oct. 8, in Kandahar Province, Afghanistan, of wounds suffered when enemy forces attacked their unit with a rocket propelled grenade. They were assigned to the 1st Squadron, 10th Cavalry Regiment, 2nd Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

**Chief Warrant Officer James B. Wilke**, 38, of Ione, Calif. died Oct. 10, in Doha, Qatar. He was assigned to the 2nd Battalion, 43rd Air Defense Artillery Regiment, 11th Air Defense Artillery Brigade, 32nd Army Air and Missile Defense Command, Fort Bliss, Texas.

**Sgt. Nathan L. Wyrick**, 34, of Enumclaw, Wash., died Oct. 10 in Kandahar province. He was assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

## New Medical Hours

The Kwajalein Hospital will be closed to appointments every other Friday effective Nov. 4. Staffing will be at the levels associated with after-hours, weekends and holidays to cover emergency services.



The Dental Clinic hours are 6:30 a.m. - 4:30 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. The clinic is closed on Thursdays.



The Vet Clinic hours are 8 a.m.- 4 p.m. Tuesdays through Thursdays and Saturdays.

### AAFES Food Calendar Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 22
Subway Anthony's Burger King \$1.99 Kids meal	Baskin Robbins Two scoops for only \$2	Burger King Purchase a breakfast #2 and receive two croissants for free	American Eatery 15% off all breakfast sandwiches	Military Star Card Double stamps, 10% off and a free small drink	Burger King Purchase any size drink and match the fries for free	Anthony's Pizza \$13 Pizzas up to seven toppings. ALL DAY!

## Weather

Courtesy of RTS Weather

Sunday: Partly sunny, 10 percent showers. Winds: Light and variable.  
Monday: Mostly cloudy, 20 percent showers. Winds: E-SE at 5 - 10 knots.  
Tuesday: Partly sunny, 20 percent showers. Winds: E-ESE at 7 - 17 knots.  
Wednesday: Mostly sunny, <10 percent showers. Winds: NE-E at 9 - 14 knots.  
Thursday: Mostly cloudy, 30 percent showers. Winds: ENE-E at 10-15 knots.  
Friday: Mostly cloudy, 30 percent showers. Winds: ENE-ESE at 9 - 10-15 knots.  
Oct. 22: Mostly cloudy, 20 percent showers. Winds: ENE-ESE at 10-15 knots.

Annual total: 90.45 inches  
Annual deviation: + 23.18 inches

Call 54700 for updates forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:37 a.m./6:33 p.m.	9:28 p.m./9:32 a.m.	5:47 a.m., 3.4' 6 p.m., 4.1'	11:40 a.m., -0.1'
Monday	6:37 a.m./6:32 p.m.	10:19 p.m./10:23 a.m.	6:15 a.m., 3.1' 6:31 p.m., 3.8'	12:22 a.m., 0.0' 12:07 p.m., 0.2'
Tuesday	6:37 a.m./6:32 p.m.	11:10 p.m./11:13 a.m.	6:49 a.m., 2.7' 7:09 a.m., 3.5'	12:58 a.m., 0.3' 12:37 p.m., 0.5
Wednesday	6:37 a.m./6:31 p.m.	/12:03 p.m.	7:36 a.m., 2.4' 8:07 p.m., 3.1'	1:46 a.m., 0.7' 1:20 p.m., 0.9
Thursday	6:37 a.m./6:31 p.m.	12:03 a.m./12:52 p.m.	9:07 a.m., 2.1' 9:49 a.m., 2.9'	3:07 a.m., 1.0' 2:44 p.m., 1.3
Friday	6:37 a.m./6:31 p.m.	12:57 a.m./1:41 p.m.	11:36 a.m., 2.3' 11:47 p.m., 3.1'	5:11 a.m., 1.0' 5:14 p.m., 1.3'
Oct. 22	6:37 a.m./6:30 p.m.	1:50 a.m./2:28 p.m.	12:57 a.m., 2.8'	6:37 a.m., 0.6' 6:48 p.m., 0.9'