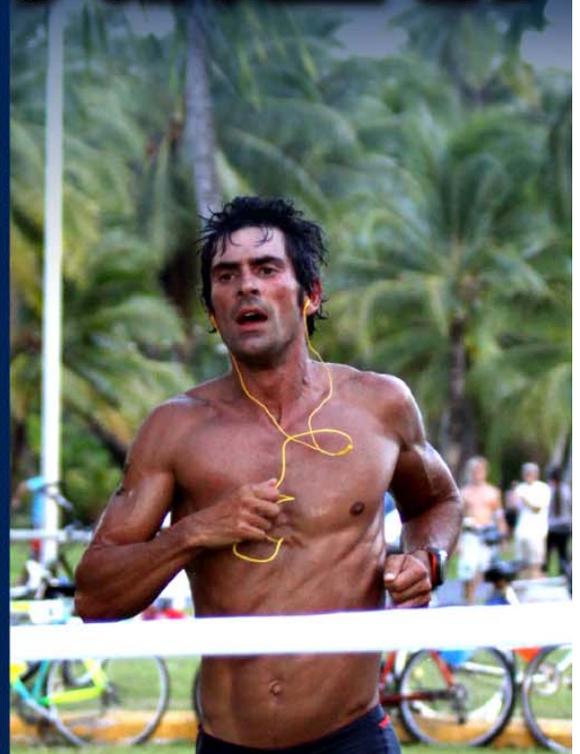


VOLUME 52 NUMBER 17

APRIL 30, 2011

# THE KWAJALEIN HOURGLASS



# RUSTMAN

T R I A T H L O N

# THANK YOU

I would like to take this opportunity to thank all of you for your super support on this event! All your efforts made it perfect. We appreciate all you have done!

Thanks to KFD for supporting the National Fallen Firefighters Foundation with us, the Elementary School for their participation, high school students for coming out and doing face painting, Colin Smith for providing the music, *Hourglass* staff for coming out and taking pictures, John Hutchins and his staff for their hard work before and during this event, and a special thanks to Diane Swanby, her son and daughter for an outstanding performance! The kids loved you! Of course thank you to the Celebrity Scoopers Chief Stan Edwards, Chief John Finley, Captain Scott Thomas, Firefighter Travis Cornwell, EMT/Firefighter Greg Gale, Firefighter Chad Sisk and Firefighter Dan Ortiz.

We had a total scoop count of 1,680 which is nearly our yearly scoop count and the KFD raised \$160 in cash.

— Chris Taitingfong, AAFES Food Court Manager

The PTO would like to thank all the participants and helpers of the 2011 George Seitz Elementary Talent Show. The performers were outstanding with a great evening of singing, dancing, piano, flute, poetry, jokes and lip sync acts. Great job kids! The evening couldn't have been pulled off without the volunteer help of Mr. Shields, Stacey, Jane, Christina and Ron, Mrs. Yurovchak, Ms. Wathan, Mrs. K, Doug, Ms. McColum, Ms. Shroeder, Ms. Karen, Annie, Kori, Keith, and the Girl Talk Club. If you were unable to attend, be on the lookout for next year's show. The talent on this island is phenomenal!

— Amy LaCost, Event Coordinator, PTO volunteer



**GOOD LUCK KST!**

**Best of luck in your upcoming competition against teams across the Pacific region in the Arafura Games in Australia. The Kwajalein community is proud of you. Thank you for all your hard work!**

**— Col. Joseph Gaines, USAKA Commander**

*The Weather Ballot*

**Do April Showers Bring May Flowers at Kwaj?**

Spring rains of April are famous in the United States. But what about Kwajalein? April is a transition month at Kwaj as the dry season ends and tropical rains start to return.

The normal rainfall for April is 7.63", though 20.09" fell in 1971, and the severe drought of 1983 saw only 0.20".

In near-normal Aprils at Kwaj, much of the month's rain falls on a single day:

- 2005: 3.12" total, 0.96" on April 18.
- 2006: 5.81" total, 2.48" on April 2.
- 2008: 5.24" total, 1.55" on April 19.
- 2009: 5.29" total, 1.76" on April 9.
- 2010: 1.72" total, no big rain events.

2007 was a wet April with 11.06" total and five days with more than 0.80".

The increase in April rain after the dry season will usually bring flowers in May. In 2011 we've had a very wet dry season, and April is drier than usual. What are your flowers doing? Are they begging for rain?

## THUMBS UP

To the Sholars, all the volunteers and the members of the community who came out, clapped and cheered during the RustMan. You guys ROCK! Thank you all!

To Amy LaCost for making the Elementary School Talent Show a success! What a wonderful evening to see the youth of our community shine and dazzle with their talent.

To all the Easter Bunny helpers and the Easter Bunny himself for making the egg hunt such a safe, special and successful event.

# THE KWAJALEIN HOURGLASS

*The Kwajalein Hourglass* is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

*The Kwajalein Hourglass* is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily official views of,

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# Changes initiated by military spouses at AFAP conference

I would like to take off my public affairs hat for a minute and don the Army spouse hat for this column. Last week I attended the Space and Missile Defense Command Army Family Action Plan mid-level conference as one of the delegates from Kwajalein. I had a chance to interact with Army spouses, civilians and Soldiers from as far away as Japan and Germany, and in the process I learned the value of a critical Family program in the Army.

The AFAP process is completely new to me, but my first impression was a good one. This program allows spouses, service members, civilians and retirees to voice what they feel the Army is doing right and what it is not doing so well. These issues are addressed by commanders at various levels and if necessary, ultimately cross the desk of the Army Chief of Staff.

"AFAP is the Army's grassroots process to identify and elevate the most significant quality of life issues impacting Soldiers, Retirees, Department of Army Civilians, and Families to senior leaders for action," according to *militaryonesource.com*, a resource for Soldiers and their Families.

U.S. Army Kwajalein Atoll was also represented at AFAP by my husband, Capt. Michael Quigley, and Nancy Moscone. Surprisingly, or perhaps not so surprisingly, my husband and myself were among many couples who were sent by their commands to attend the conference.

Regardless of their duty station, the mission of last week's conference in Colorado Springs was to improve the Army quality of life. Two issues that directly affect life on Kwajalein were briefed to the SMDC commander, Lt. Gen. Richard Formica, at the end of the week.

The first of these two issues was in regard to support programs for Soldiers, civilians and Families at remote locations – Hello Kwajalein! The group's recommendation was to "provide means to access relevant Army support programs, dependent on unique site needs at all remote locations, regardless of total Soldier population." In English, this would mean that Kwajalein should qualify for programs even though there are only about 15 active duty Soldiers out here.



Also near and dear to Kwaj residents was an issue that made the cut in my committee – Family housing. This issue was brought forth out of Ft. Meade, Md., but after much discussion, anecdotes of similar problems in Honolulu, Ft. Bragg and Ft. Bliss surfaced.

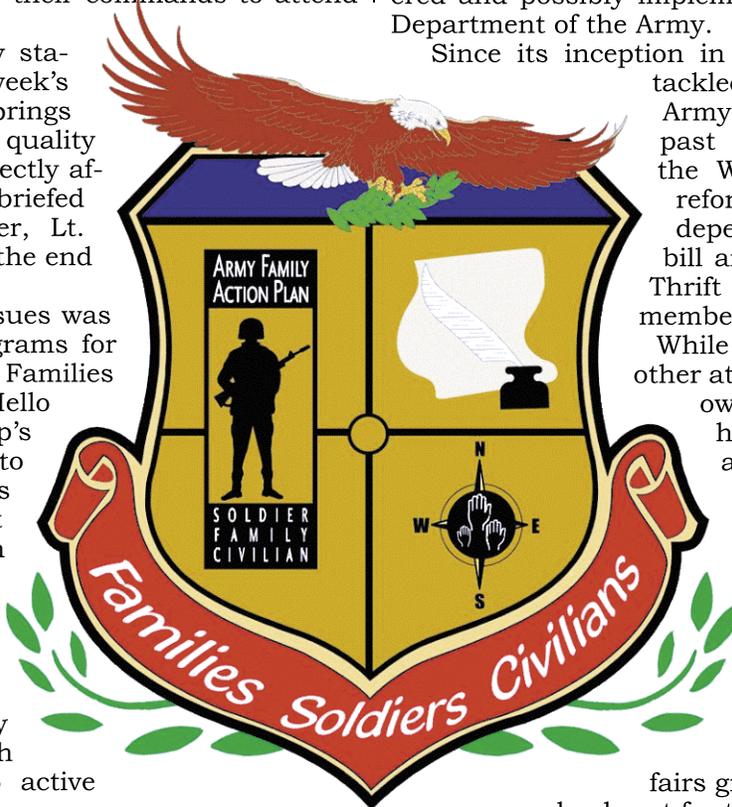
During the conference, issues brought up from units under Formica's command were discussed by three workgroups. The groups also discussed what they felt the Army is doing right and what programs are redundant.

After much discussion and many revisions to drafts of the top issues, two from each group were brought forth and briefed to Formica. After the briefing, Formica spoke about the value he places on the AFAP process and his hope that these issues will be considered and possibly implemented in some form by the Department of the Army.

Since its inception in 1983, some of the issues tackled by the headquarters Army AFAP conference in the past include improvements to the Wounded Warrior program, reform of the military pay table, dependent eligibility for the GI bill and extension of the civilian Thrift Savings Plan to military members.

While this is my opinion, and the other attendees probably have their own, I think the AFAP process has shown itself to be valuable within the larger Army Family. Before I attended this conference, I had no idea some of the changes taking place on a big Army level were initiated by Army spouses like me.

Alright, I'm taking the spouse hat off now and getting back to the public affairs grind, finding rumors we can hash out for the community.





# 2011 RustMan triathlon proves to be exciting, record-breaking

Article by Bob Sholar  
Community contributor

Twenty-eight solo contestants and 37 members of 13 teams completed the 32nd Annual 'RustMan' Triathlon, co-sponsored by Kwajalein Running Club and KRS Community Activities department. The traditional course of 1-Kilometer swim in the lagoon, 42-K bike and 10-K run was followed. The course hub was at the scenic Emon Beach main pavilion. The official starter, Reagan Test Site Director Lt. Col. John M. Eggert, blared the start horn at 4 p.m. on Monday at the base of Echo Pier, sending the swimmers toward the Emon Beach jetty.

Weather conditions were considered good – a little muggy, but some clouds. This, and a lot of training, led 10 of the 20 solo RustMan repeaters to personal bests, some by incredibly large amounts. The men's open winner, Chad McGlenn, improved from 2 hours, 41 minutes, 51 seconds in 2010 by almost 24 minutes. Inspired by his first participation last year, McGlenn trained with an acute concentration since then, improving well in swim, bike and run. Ladies winner Lisa Ansley not only won for the women's category, but came in second overall for the solo competitors. Additionally, she beat her own personal best by approximately five minutes, and at 2:27:51 joins the short list of women to have broken the 2 hour, 30 minute barrier! After 32 annual events, only eight ladies have done this.

Kevin "Doc" Skinner in 2:45:37 chopped 23 minutes off his 2010 time. Allison Villarreal in 2:50:51 shaved 22 minutes off her 2010 time. John Theology in 3:01:58 dropped 17 minutes from 2010. Wes Huff, upgrading from mountain bike to premium racer, dropped to 2:38:38 from 3:12:23 last year. Huff is a swim master, coming out of the water second for the entire field in 14:15. Only speedy Kwajalein Swim Team member Shawn Brady was faster at 14:04.

A notable achievement this year was the fastest team bike segment ever, cranked powerfully by Alan Calvert, whose 1:03:27 took 50 seconds off the prior best of 1:04:17 in 2005. For non-bikers, these are just numbers, but Alan's approximate 9:30 pace per airfield loop is amazing. Very few who have excelled in RustMan have ever biked a single loop in under 10 minutes, even in practice sprints. Strong performances by Calvert's teammates, Julie Alves and Dane Bishop, took them to a new team section record of 2:03:14, eclipsing the 2:04:26 that has survived since 1999. Alves swam 14:19 and Bishop ran 45:28.

Ben Bartyzel graciously spent many hours pre-race helping others with his bicycle mechanic skills. It all paid off for Bartyzel, as he won the Men's Seniors section with a personal best by about 5 minutes of 2:32:54.

Lisa Shier, after nearly a decade in the atoll, decided she was ready and completed her first solo RustMan in 3:39:13. This after being a team member or race time staffer for years.

All these performances made for some satisfied-looking finishers at the post-race awards ceremony under the Emon main pavilion. Just minutes before the 8 p.m. ceremony, the assembly stood and cheered loudly as first-time RustMan and final finisher Victoria Flournoy, crossed with arms raised and a big smile. Sweaty hugs followed.

Division winners were: Men's Open-Chad McGlenn 2:18:00; Women's Open-Lisa Ansley 2:27:51; Men's Masters-Chad McGlenn 2:18:00; Women's Masters-Christina Sylvester 2:42:45; Men's Seniors-Ben Bartyzel 2:32:54; Women's Seniors-Kathy Skinner 3:38:27; Teen Males-John Sholar 2:37:47 and SSE-Jack Carey 3:39:39.

SSE stands for Social Security Eligible, meaning age 62 or higher. Carey becomes the most mature RustMan finisher ever, with his 3:39:39 performance, which included an extra bike loop of the Kwajalein airfield for good measure. Carey, well-known for his black belt in aiki-jitsu, was born in 1941.

The thank you list for volunteer race helpers is too lengthy to include all here. Kwajalein Police Department and Kwajalein Amateur Radio Club supported.

Heidi Rowell designed the popular custom event T-shirt. Bigger support jobs were done by Al and Sonya Robinson, Mark Long, Jim Stepchew, Crystal Sung, Jim Bishop, Rich Cunrod, Judy Shimamoto, Anne Alrick, Jeff and Barb Fronzak, Rob Whitley, Kinley Goodman and valuable safety planning ideas came from Wesley Huff.

Community Activities staff, including Asmond Arelong, James Loeak and Sotin Maie, did much of the pre-race heavy lifting. This is not a list of all staff, which includes lifeguards, timers, finish line, course traffic marshals, water stations and the spontaneous post-race cleanup crew!



# 32nd annual RustM

CAT.	NO.	PLACE	NAME	SWIM	BIKE	RUN	OVERALL
MM	15	1	McGLINN, Chad *	0:19:57	1:09:21	0:48:42	2:18:00
FO	1	1	ANSLEY, Lisa *	0:16:33	1:16:44	0:54:34	2:27:51
MM	12	2	JAHNKE, Jonathan	0:19:11	1:14:59	0:54:39	2:28:49
MO	20	3	PETERSON, Brent *	0:18:04	1:17:20	0:55:47	2:31:11
MS	2	1	BARTYZEL, Ben *	0:23:51	1:18:03	0:51:00	2:32:54
MM	29	3	SYLVESTER, Ronald	0:18:09	1:15:03	1:01:20	2:34:32
MT	23	1	SHOLAR, John	0:14:59	1:21:54	1:00:54	2:37:47
MM	10	5	HUFF, Wesley *	0:14:15	1:12:54	1:11:29	2:38:38
MS	17	2	MOSELEY, Elliott	0:19:27	1:14:40	1:06:41	2:40:48
FM	28	1	SYLVESTER, Christina	0:15:41	1:23:52	1:03:12	2:42:45
MS	26	3	SKINNER, Kevin *	0:19:00	1:23:57	1:02:40	2:45:37
MT	11	2	JAHNKE, Jake *	0:18:40	1:29:26	0:59:50	2:47:56
MM	16	8	McPHATTER, William	0:17:04	1:25:01	1:07:13	2:49:18
FM	31	2	VILLARREAL, Allison *	0:16:42	1:24:24	1:09:45	2:50:51
MM	27	9	SLIVA, Randall	0:19:41	1:25:51	1:06:13	2:51:45
FM	21	3	ROWELL, Heidi *	0:24:20	1:27:41	1:04:46	2:56:47
MM	30	10	THEOLOGIDY, John *	0:25:10	1:24:15	1:12:33	3:01:58
FM	13	4	LOS, Stephanie	0:22:24	1:24:53	1:16:56	3:04:13
MM	14	11	McELREATH, Henry	0:22:24	1:24:56	1:16:53	3:04:13
MO	8	12	GEER, David	0:22:19	1:32:55	1:19:44	3:14:58
MO	9	13	GRAVETT, Joshua	0:27:29	1:52:06	0:59:13	3:18:48
FO	18	5	NELSON, Jennifer	0:27:38	1:44:41	1:10:02	3:22:21
MO	6	14	CASTLE, David	0:22:01	1:40:25	1:25:50	3:28:16
MM	4	1	BURNLEY, Victor	0:23:55	1:46:25	1:18:55	3:29:15
FS	25	1	SKINNER, Kathy	0:25:11	1:48:32	1:24:44	3:38:27
FM	22	6	SHIER, Lisa	0:22:12	1:41:12	1:35:49	3:39:13
SSE	5	1	CAREY, Jack	0:27:36	2:04:50	1:07:13	3:39:39
FM	7	7	FLOURNOY, Victoria	0:28:40	1:44:45	1:33:52	3:47:17

M=Male F=Female, T=Teen, O=Open, M=Masters, S=Seniors, SSE = Social Security Eligible (62+)

\*=Personal best



# an Triathlon results

NO.	SWIMMER/BIKER/ RUNNER NAME	TEAM NAME	SWIM	BIKE	RUN	OVERALL
51	ALVES, Julie CALVERT, Alan BISHOP, Dane	The Speedy Three	0:14:19	1:03:27	0:45:28	2:03:14
61	PREMO, Molly PREMO, Bruce ENGLAND, Eric	Splash & Dash	0:15:23	1:13:52	0:46:05	2:15:20
54	CARDILLO, Thomas CARDILLO, Thomas KETTENHOFEN, Jason	TC & The TC Kid	0:17:39	1:17:24	0:46:44	2:21:47
60	PETERSON, Brent LANDERS, Torrey PARKER, Hal	Here goes Nothing!	0:18:04	1:14:48	0:53:12	2:26:04
55	EREKSON, Jarem EREKSON, Rich EREKSON, Jane	The 'E' Team	0:17:27	1:14:54	0:54:25	2:26:46
59	PANG, Aimee GROEN, Matt LINDERT, Phil	Doing It For The Jibbs	0:22:18	1:19:32	0:45:21	2:27:11
57	FRIESZ, Cindy DELANGE, Steve LANDERS, Kaya	Sailfish Ale	0:16:52	1:32:35	0:50:54	2:40:21
52	ANSLEY, Nikky MONNOT, Gabriel WESTHOFF, Kendall	Two Angels & the Other Kid	0:16:23	1:35:07	0:51:05	2:42:35
53	BRADY, Shawn HEPLER, Doug PEACOCK, Melissa	17 Going on 50	0:14:04	1:35:21	1:03:02	2:52:27
62	SCHWAN, Kurt BANDUCCI, Steve BANDUCCI, Song	TOF	0:20:58	1:29:41	1:03:30	2:54:09
56	FLUHRER, Jeffrey FLUHRER, Paula PETERSON, AnnElise	Three Muskateers	0:23:30	1:35:10	1:04:48	3:03:28
58	MONNOT, Rachel MONNOT, Jay MONNOT, Rachel	She Made Him Do It	0:21:05	1:50:41	1:06:52	3:18:38
63	SYKES, Richard JOHNSON, Chris EGGERT, John	Blue Water Amphibs	0:16:52	1:01:12	0:45:41	2:03:45

Team 51 - New team record. Old record 2:04:26 1999 (Fogg, Schwarz, Cardillo); Team 63 - Short 1 Bike Loop (5 instead of 6)



# S P O R T S

## SOFTBALL

### A & B LEAGUE

#### APRIL 20

USAKA def. Spartans I 11-9  
Criminals def. Bakaiaro 10-2

#### APRIL 21

First Stop def. Geek Squad 25-4  
Tub Thumpers def. RF Hazards 9-3

#### APRIL 22

Criminals def. The Clam 15-12  
Old, Fat, & Lazy def. Bakaiaro 21-2

#### APRIL 26

RF Hazards def. Geek Squad 22-3  
Tub Thumpers def. Tsunamis 9-7

### WOMEN

#### APRIL 20

Po Ho's def. Spartans II 10-0

#### APRIL 21

Thumbs Up def. Po Ho's 21-2

#### APRIL 22

Good Times def. Spartans II 27-3

#### APRIL 26

Spartans I def. Po Ho's 14-11

## BOWLING

### MEN

#### HIGH GAME

Bob Carter 252  
Sam Perreira 200  
Rich Cunrod 198

#### HIGH SERIES

Bob Carter 638

### WOMEN

#### HIGH GAME

Debbie Douthat 156  
Palepa Smith 148  
Evelyn Smith 144

#### HIGH SERIES

Palepa Smith 390

### TEAM STATS

Pin Pluckers	11-1
Kwaj Boys 2	6-6
Now Try That Again	6-6
Larry & the Cable Guys	6-6
Ask Mike	5-7
I'm on a Boat	5-7
No Business	5-7
4 Peas	4-8

## THE RUMOR MILL



Col. Joseph Gaines addresses circulating rumors head-on. Rumors can earn from one to five ears. One ear is an unfounded rumor, while a rumor earning five ears is the truth.

**Rumor:** The 31-flavor ice cream shop is being replaced by a Taco Bell.

While USAKA would like to respond to the community's overwhelming requests for a Taco Bell, it is not supportable from an AAFES perspective due to the island population. However, we will continue to press AAFES for the services the island desires most and appreciate all your feedback.



## Military casualties

**Sgt. Sonny J. Moses**, 22, of Koror, Palau, died April 18 in Landstuhl Regional Medical Center, Landstuhl, Germany, of wounds suffered as a result of a grenade attack at Forward Operating Base Gamberi, Nangarhar province, Afghanistan, April 16. He was assigned to the 101st Special Troops Battalion, 101st Sustainment Brigade, 101st Airborne Division, Fort Campbell, Ky.

**Spc. Paul J. Atim**, 27, of Green Bay, Wis.; **Spc. Charles J. Wren**, 25, of Beeville, Texas and **Pfc. Joel A. Ramirez**, 22, of Waxahachie, Texas, died of wounds suffered April 16, in Nimroz province, Afghanistan, when insurgents attacked their unit with an improvised explosive device. They were assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Moun-

tain Division, Fort Drum, N.Y.

**Sgt. 1st Class Charles L. Adkins**, 36, of Sandusky, Ohio; **Staff Sgt. Cynthia R. Taylor**, 39, of Columbus, Ga.; **Sgt. Linda L. Pierre**, 28, Immokalee, Fla.; and **Spc. Joseph B. Cemper**, 21, Warrensburg, Mo., died April 16, at Forward Operating Base Gamberi, Nangarhar province, Afghanistan, of wounds suffered when an Afghan National Army soldier attacked them with multiple grenades. They were assigned to the 101st Special Troops Battalion, 101st Sustainment Brigade, 101st Airborne Division, Fort Campbell, Ky.

**Capt. Charles E. Ridgley Jr.**, 40, of Baltimore, died April 16, at Forward Operating Base Gamberi, Nangarhar province, Afghanistan, of wounds suffered when an Afghan National Army soldier attacked with

multiple grenades. He was assigned to the 17th Combat Sustainment Support Battalion, 3rd Maneuver Enhancement Brigade, Joint Base Elmendorf-Richardson, Anchorage, Alaska.

**Petty Officer 3rd Class Micah Aaron Hill**, 27, of Ralston, Neb., died April 19 as a result of a non-combat related incident. Hill was assigned to the *USS Enterprise* as a machinist's mate. *Enterprise* is currently deployed to the 5th Fleet area of responsibility conducting operations in support of Operation New Dawn.

**Pfc. John F. Kihm**, 19, of Philadelphia, died April 19 in Kandahar province, Afghanistan. He was assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

# View from Kwaj

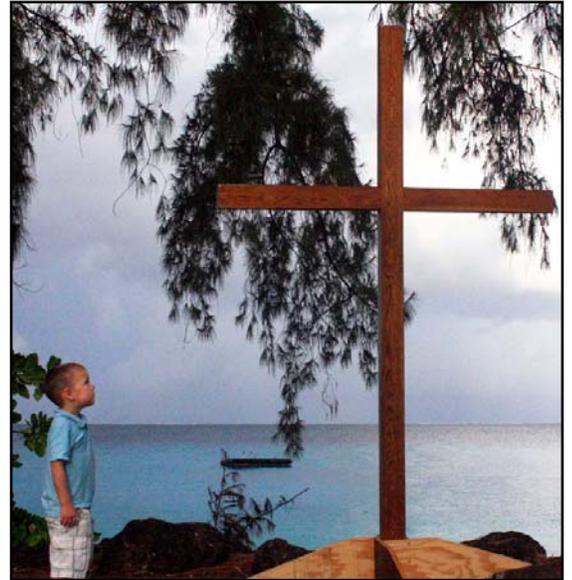
Submit your own photo! E-mail to [hourglass@smdck.smdc.army.mil](mailto:hourglass@smdck.smdc.army.mil).



By Carrie West



By Bruce Premo



By Johnny Hadley



By Laura Pasquarella-Swain



By Tracy Pennington



By Julie Alves



By Catherine Layton



By Sheila Bigelow

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

Berry Aviation has the following opening for an Administrative Assistant II. Job duties include payroll/timekeeping, data entry, auditing, training, preparation of allotment checks, tax records/payments, arrangement of company travel and the preparation and submittal of travel expense reports, along with property and key custodian duties. Another component of the position includes safety/accident investigations, safety and health surveys, and conducting safety and orientation training for aviation personnel. This position requires flexibility and a willingness to work with personnel to accomplish assigned task. Knowledge of environmental safety and health procedures is a

plus. Requires the ability to prioritize work as well as work in outside conditions. Proficiency with Microsoft Word, Excel and Outlook. Deltek experience desired. Interested individuals should submit a resume no later than May 14 to Kathy Bull at [Kathy.Bull.ctr@smdck.sm.dc.army.mil](mailto:Kathy.Bull.ctr@smdck.sm.dc.army.mil) or 54547 for additional information.

**PATIO SALES**

MONDAY, 8-11 a.m., quarters 124-D. Household items, entertainment center, DVD and VHS movies, clothes, holiday, kitchen, bed linens, toys and more.

**WANTED**

BIKES for church on Ebeye. If you would like to donate a bike, call Mary Lou at 53319 or 54495.

SOMEONE who can convert VHS to DVD format and audio cassette to CD format. Will pay you for your time. Call 51597.

HOUSE FOR MY wife and son, who are coming this summer. Can be flexible with dates, but would like June 13-July 20. Call work, 51006, or home, 51312.

DISHWASHER, front loader for E-series house. Getting ready to PCS in the next few months? Contact 51057, and leave a message during the day.

HOUSE from May 23-June 3 for retired Maj. Mike Russell returning for an unofficial Kwajalein visit with family. The Russells would greatly appreciate the opportunity to house-sit on Kwaj during the visit. Contact Herb Schmidt at 59662.

**LOST**

BLACK BEEPER, belongs to a crewmember of the USAV *Worthy*. Lost April 25 near the adult pool. Contact the Marine Department at 52182 or the USAV *Worthy* at 51144 if found.

SONY DIGITAL CAMERA, silver, lost at the golf course on April 18. If found, call 50962, reward offered for return.

SNORKEL MASK at Coral Sands April 18. Call Valeska at 51666.

H2O SWIMMING glove around PDR, Auburn visor on B-boat, and \$74 cash from a backpack left at CRC. Call Sarah at 53290.

**FOUND**

WOMEN'S FOSSIL WATCH left at gym on cardio machine. Call 51621 and describe.

DIVING MASK, at Emon Beach on April 25. Call Von at 51655 to claim.

**FOR SALE**

BAYLINER TROPHY, 1990, 23 feet, with Twin Yamahas 115HP four-stroke engine, 140-gallon internal fuel tank and new trailer, boat lot 22, \$35,000 or make offer. Call 58240 or 59252.

BLUE AREA RUG, 12x13 feet, \$25; cream area rug, 12x9 feet, \$25; corner computer table, 55x48 inches, \$30; two complete twin beds, murray frames and

mattresses, three years old, \$125 each; king bed complete with murray frame and mattresses, \$200; gas BBQ, one year old, \$75; JVC CRT 27-inch TV with remote, works great, \$100; patio cover, 17x16 feet, frame and tarp, \$125 and white plastic table, no chairs, \$10. Items can be viewed at quarters 223-B, or call 54991.

CD TOWERS, \$12 and \$7; three two-drawer file cabinets, \$10 each; Dacor regulator, \$150; BC, \$100; fins, mask, snorkel and knife, \$30; dive bag, \$25 and upright piano, \$250. Call 4173 after 6 p.m.

DARK ROSEWOOD entertainment center, measures 56x54 inches and two feet deep with glass doors for display shelves and rosewood doors to enclose television, \$950 and light brown recliner, like new, \$100. Call 53887 after 4:30 p.m.

GRASS SKIRT, size medium. Call Tim at 54228.

HOBIE GETAWAY CATAMARAN, 2007, very good condition, \$4,500, reasonable offers considered and 10x6 foot deck with handrails or large pile of deck lumber, some disassembly required, \$100 for your choice. Call 53003 or 50619 for more information.

SOFA and matching ottoman, beige, seats three, in used condition but still very comfortable, \$200 or best offer. Call 51689.

SAILING CATAMARAN "Maranacook," Hobie Getaway, 16-foot, six-passenger sailboat, 2006, one owner, protected from sun by custom-made Sunbrella covers, well-maintained and excellent condition, \$4,000. Call Tim at 53760.

OAK CRIB with mattress and accessories, \$200; bassinet with skirt, \$60; bright stars pink bouncer, \$15; digital weight scale, \$10; toddler 12-inch McQueen bike with trainer wheels, \$5; Xbox 360 with controller, \$180; various games, \$10 and Klipsch bookshelf speakers, \$30. Call 53936 after 5 p.m.

TREK LIME BIKE, three-speed automatic, ladies, white, \$75. Call Cindy at 52370.

BIG SCREEN Hitachi 52-inch rear projection hi-definition TV, \$300 or best offer; 100-watt 2x12 guitar amplifier with nine digital effects, \$300; four-channel mixer/studio quality audio recorder, \$100 and two 1/4 inch shielded guitar/instrument cables, \$25 each. Call 54876 and leave a message.

SECTIONAL COUCH, approximately 15 feet, full size bed and built in chaise lounge, moss green color, clean, \$200. Call 51213 or 51596 if interested.

AQUARIUM, 40 gallons, Plexiglas, aluminum stand, pumps, filters and Tetra Min tropical flakes, \$35. Call 53640 between 4:30-8 p.m.

CROWNLINER BOAT, 27 feet, fiberglass V hull, fishing cruiser, 350 Mercruiser, plus 15 HP, covered boat awning at lot 309 and trailer, asking \$15,800. Call to inquire at 59662 or e-mail [hammerheadherb@hotmail.com](mailto:hammerheadherb@hotmail.com).

**GIVEAWAY**

BOXES, due to reception of large shipment of stuff, I currently have an over-abundance of medium and large

**Religious Services**

**Catholic**

5:30 p.m., Saturday, Island Memorial Chapel.

9:15 a.m., Sunday, Island Memorial Chapel.

5:30 p.m., May 7 and 14, Mass and First Communion

9:15 a.m., May 15, Mass and First Communion

5:30 p.m., May 21 and 28, Mass and Confirmation

**Protestant**

8 and 11 a.m., Sunday, on Kwaj. Roi-Namur service at 7 p.m. on Friday

**Baptist**

9:40 a.m., Sunday, in elementary school Music Room.

**Latter-day Saints**

10 a.m., Sunday, in CRC, Room 3.

**Jewish services**

Second Friday of the month in the REB. Times will vary.

Contact the Chaplain's office, 53505, for more information.

\*Please note the menu days for dinner have changed. Dinner will now be printed Sunday to the following Saturday to coincide with lunch.

*Café Pacific*

**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Carved Ham	Beef Tips in Burgundy	Chicken in Sherry	Stuffed Cabbage	BYO Taco Salad	Veggie Lasagna	Roast Iowa Chop
Crab Benedict	Egg Noodles	Broccoli Casserole	Chicken Pot Pie	Seafood Quesadillas	Meat Lasagna	Sesame/Ginger Tofu
Meat/Cheese Pizza	Kwaj Fried Chicken	Meat/Veggie Stir-Fry	Pasta ala Pesto	Chicken Mole	Cod in Lemon Butter	BBQ Chicken Nuggets
Brunch Station Open	Brunch Station Open	Sloppy Joes	Philly Cheesesteak	Cinco de Mayo Special	Garlic Bread	Chef's Choice

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Spaghetti	Sweet/Sour Pork	Meatball Stroganoff	Steamship Round	Roast Pork in Mole	Pancake Supper	Grilled Minute Steak
Whole Wheat Pasta	Chicken Hekka	BBQ Chicken	Coconut Chicken	Beef Fajitas	Smoked Beef Brisket	Chicken Stew
Breaded Pollock	Korean Beef Steak	Spicy Tofu	Noodles Romanoff	Chicken Enchiladas	Veggie Pasta Medley	Baked Tofu/Vegetables

cardboard boxes. Good for storage or shipping, makes a cheap fort, party costume or they even make good bonfire starters. Call Dan at 52349.

**COMMUNITY NOTICES**

**BEGINNING IN MAY**, the Bargain Bazaar will no longer be open on Saturdays. Our new hours will be 1-3 p.m. on Monday and 5-6:30 p.m. on Wednesday. Donation pick up at your quarters on May 2. Call 53686.

**KWAJALEIN AND ROI-NAMUR** will be experiencing intermittent outages due to a mandatory upgrade that will affect all telephone calls on and off island and the dialup internet. Emergency 911 will not be available during these outage periods. If you have an emergency during this time period, go to or have someone go to the hospital, fire department or the police department; they will have emergency radio services. Roi will be offline until 4 p.m. tonight. Kwaj will be offline from 9 p.m. on May 1 to 9 a.m. on May 2. Any questions or concerns contact Rich Cunrod at 54321.

**THE KWAJALEIN YACHT CLUB** will hold its monthly meeting tonight. Happy Hour begins at 5:30 p.m. and the meeting will start at 6:30 p.m. Dinner will be served following the meeting. The main dish will be provided, please bring a side. The new by-laws will be voted on. All members of the community are invited to attend.

**THE BALLROOM DINNER DANCE** is May 1 in the Davye Davis Multi-Purpose Room. Enjoy an elegant evening of dining and dancing to the swinging sounds of the high school stage band, also known as the Central Pacific's Most Dangerous Band. For tickets, call Cheryl and Dick at 51684.

**KARAOKE IS CANCELLED** for May 1.

**AMERICAN CANCER SOCIETY Bike-a-thon** will hold its second annual race to raise money on May 2. The event on Kwajalein is in conjunction with a similar event in the States. Last year we had 25 riders, seven of whom completed the full 25 airfield laps. We were able to raise over \$4,500 and hope to raise even more this year. The event will start at 6 a.m. in front of the Marshallese Cultural Center. Ride as an individual, as a team or support a rider. For more information contact Jon Jahnke at 54309.

**KWAJALEIN SWIM TEAM Spring season banquet** is from 4:30-7:30 p.m., May 2, in the high school MP room. Come to congratulate the Barracudas and the Makos on a great season. The afternoon will include a slide show, awards ceremony, voting of vacant officers, discussion of next season's registration and schedule of events. Bring an item to share. Last names A-G bring an Italian main dish, H-L bring salad or garlic bread and M-W bring desserts cut into small pieces for serving. Questions, call Carla at 55100 or Kim Breen at 52535.

**ATTENTION PARENTS**, the 4-H picnic banquet is from 4:30-7:30 p.m., May 2, at Emon Beach. All kindergarten through sixth grade 4-H participants and their families are welcome. RSVP with Shawn Mirowitz at [Shawn.mirowitz.ctr@smdck.smdc](mailto:Shawn.mirowitz.ctr@smdck.smdc) by today.

**THE NEXT WOODSHOP safety orientation class** will be held from 6-9 p.m., May 3, at the Hobby shop. The

cost is \$10. Call 51700 to sign up.

**KPD WILL BE** conducting a Pistol Range from 1-4 p.m., May 3. Please observe the red flag hazard area. If you have any questions, contact KPD Training at 54452.

**FOM WILL BE** completing heavy equipment work on Emon Beach May 4-7. The work will include the north end of the beach area. Patrons should completely avoid the north end of Emon and areas which have been taped off. Questions, contact Community Activities at 53331.

**IN CELEBRATION OF Cinco De Mayo**, join us at Café Pacific on May 5. You'll enjoy tantalizing entrees such as build-your-own vegetarian taco salads, seafood quesadillas, chili con queso, nacho chips, chicken mole, beef carnitas, baja rice, fiesta refried beans, mexican corn casserole and cinnamon tortillas. Ole!

**COME CELEBRATE** Cinco de Mayo with us at the Ocean View Club and enjoy the taco bar, margaritas and Corona beer. Questions, call Darren at 5599.

**ATTENTION PARENTS**, open recreation is from 6-9 p.m., May 7, in the MP room at the high school. Registration is from April 26-30. Visit CYSS central registration to sign up. Open to all CYSS registered children in kindergarten through sixth grade. It's carnival time.

**KYC'S THIRD RACE** of 2011 will be held on Mother's Day, May 8. It is our annual Mother's Day Woman Skippers Regatta, where each boat is required to have a woman at the helm for the entire race. The skippers meeting will be held a 1 p.m., in front of the SBM office. We will assign people to boats, discuss the race course and answer all questions. All are welcome to join us for a fun day on the water, no experience needed. Come find out what sailing is all about; this is a no pressure, fun sailing event; being a part of the experience is what it is all about. For more information, call Jon at 54156.

**JOIN US FOR Mother's Day Brunch** at Café Pacific on May 8. Menu includes the carving station, chilled seafood bar, international cheese bar, assorted salads, fresh fruits and desserts. Meal card holders are welcome from 11 a.m.-2:30 p.m. All other residents from noon-2:30 p.m. Adults cost \$24.95 and children under 12 are \$11.95.

**THE JR/SR HIGH SCHOOL art show** is from 6:30-8 p.m., May 13, in the MP Room. Come and enjoy beautiful artwork, amazing woodwork and creative fashion designs. Spartan Espresso Coffee Bar will be open, so indulge in a coffee treat while enjoying the show.

**KWAJALEIN SCUBA CLUB** will hold the last annual safety meeting on May 18 in the MP Room. Doors open at 6:30 p.m. and the meeting starts at 7 p.m. Mr. Dan Orr, President of Divers Alert Network, will be our guest speaker. Also at this meeting is election of officers and nitrox will be voted on. The new Rum Reggie, "Dolphins and Divers" shirts and dresses, will be on sale for the first time.

**THE VETERINARY CLINIC** will be closed from May 10-23. Contact the hospital at 52223 with any animal related emergencies.

**REGGAE ON THE ROCK** is from 1-4 p.m. on May 30. Make your own tie-dye for only \$2 per item. Bring your favorite 100% cotton clothing item to the beach and add some color to it. Sponsored by Community Activities, call 53331, and Ms. Fluhner's chemistry class. Parental supervision required for fifth grade and under.

**SIX MONTH greens fees and golf locker fees** are due by May 31 to avoid late fees. Renewal letters should be in your mail box this week. Twilight rate starts June 1, and is \$12 for all games beginning after 4:30 p.m. on weekdays, Tuesday to Saturday.

**THE OPTOMETRIST**, Dr. Yamamoto, will be on-island and will see patients from July 17-28. Call the Hospital at 52223 or 52224 to schedule an appointment.

**CYSS SHOE EXCHANGE**. Have or need footwear for youth sports? CYSS is starting an island shoe exchange program for kids participating in sports. CYSS members who bring in used shoes may exchange them for other shoes in the CYSS inventory for an upcoming sports season. Anyone can drop-off new or used athletic shoes/cleats at the youth center, building 1890. Contact Jason at 53796 for more information.

**GOVERNMENT FURNISHINGS** are assigned to occupants upon arrival and they are responsible for the care and security of this property. Residents are not authorized to trade or remove government furnishings, to put them in hallways or outside quarters. Contact Furniture Warehouse at 53434 to arrange delivery or pick-ups of furnishings and hospitality kits. If items are placed outside or unattended, occupants will be charged for losses or damage.

**THE SALON'S new hours** are from 9 a.m.-6 p.m. The salon has also received a new shipment of popular products. Samples are available. Call 53319 for your appointment.

**KRS/CMSI/BAI employees** participating in the Aetna Global Benefits plans, AGB has launched their new website. You will notice a new URL, [www.aetnainter-national.com](http://www.aetnainter-national.com). The old site will redirect you to the new site. At the new site, select "secure member login" at the top right of the screen, then select "members on US based plans" and you will be at the login screen. Continue to use your current username and password. Questions, call AGB at (800)231-7729 or the FCE Benefits Office at 51888.

**E-TALK**. Turtle nesting time is here! Please avoid heavy foot traffic and pet activity on beaches with active nests. Questions, contact ES&H at 51134.

**SAFELY SPEAKING**. Stop Work Authority. If you see something happening and it looks like it is dangerous and may be so unsafe someone could be seriously injured or killed, then STOP the work. It is better to stop for a few minutes and work through a possible hazard than to allow it to continue because you are not sure.

**HAND INJURY PREVENTION**. Use cut-resistant gloves when using knives.

**BBQ SAFETY**. Barbecues are great fun to share with family and friends. But remember the hazards and grill responsible.

*Café Roi*

**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Citrus Salmon	Braised BBQ Brisket	Chicken Caesar Wrap	Ruben Sandwich	Meat Tacos	Hot Dog Bar	Philly Cheesesteak
Chicken Marsala	Fried Pork Chops	Louisiana Roast Beef	Crispy Garlic Chicken	Beef Tamales	Chicken Fricassee in Gravy	Pulled BBQ Pork
Crab Cake Benedict	Peas with Ham Hocks	Onion Rings	Cajun Spiced Rice	Refried Beans	Pasta Aglio e Olio	Mac and Cheese

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 7
Thai Beef in Veggies	Beef Ragu with Pasta	Butter Basted Chicken	Grilled Top Sirloin	Roi Fried Chicken	Jamaican Chicken	Sausage and Peppers
Chicken in Sauce	Chicken Breast	Slow-Cooked Ribs	Grilled Salmon	Shepherd's Pie	Cod in Fruit Salsa	Chicken Pesto Alfredo
Fried Noodles	Creamy Polenta	Mashed Potatoes	Baked Potatoes	Mashed Potatoes	Corn Fritters	Pasta Marinara

## Cookies raise the most dough

By **Kate Keeler**  
Community Contributor

**C**ookies guaranteed to heal a broken heart, break the bank at Neiman Marcus and fudge fit to send you straight to Dr. Monte's dentist chair could all be found Tuesday evening at the ECCF Bake Sale on Roi-Namur.

All told, the event raised \$800 for educational support and Christmas activities for the Enniburr Children's Christmas Fund.

"Pumpkin Bread and mixed bags of cookies were the most popular items," said Lannie Carroll, as she cleaned up the last of the crumbs. "We are already

sold out," she continued.

The Ladies of the ECCF, including president Laura Pasquarella-Swain, Lannie Carroll and head baker Leslie Mead, were up to their elbows with volunteers from Roi and Enniburr baking away the weekend and creating delicious aromas from C Building with many varieties of cookies, breads, brownies and other delightful goodies that sold out by 6:15 p.m.

The biggest customers of the event were Ray Balgado, who donated \$100 for baked goods and Robin Smith, walking away with \$100 worth of donations in exchange for T-shirts. Another bake sale is planned for July and Leslie Mead is accepting your special orders.

### Kwajalein Fire Department dishes out 1,680 scoops of ice cream to raise money for the National Fallen Firefighters Foundation



Photo by America Wrobel

Chief of Prevention, Stan Edwards, lends a hand, scooping ice cream for Kwajalein elementary school students Wednesday.



Photo by Sheila Bigelow

Firefighters Chad Sisk, left, and Travis Cornwell help raise money for the NFFF.



Photo by Sheila Bigelow

Kermy surprises a few Kwajalein teens while they wait for their ice cream at the food court Wednesday.

## Weather

Courtesy of RTS Weather

Sunday: Mostly sunny, 5 percent showers. Winds: ENE at 16 knots  
Monday: Mostly sunny, 5 percent showers. Winds: NE at 14 knots  
Tuesday: Mostly sunny, 5 percent showers. Winds: NE at 14 knots  
Wednesday: Mostly cloudy, 40 percent showers. Winds: E at 10 knots  
Thursday: Mostly cloudy, 40 percent showers. Winds: E at 10 knots  
Friday: Mostly cloudy, 35 percent showers. Winds: E-ESE at 10 knots

Annual total: 32.18 inches  
Annual deviation: + 12.64 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

### Sunrise/set Moonrise/set High Tide Low Tide

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:34 a.m./6:59 p.m.	4:45 a.m./5:19 a.m.	3:12 a.m., 4.0' 3:24 p.m., 3.6'	9:25 a.m., -0.1' 9:25 p.m., -0.2'
Monday	6:33 a.m./6:59 p.m.	5:25 a.m./6:05 p.m.	3:40 a.m., 4.2' 3:54 p.m., 3.7'	9:55 a.m., -0.3' 9:52 p.m., -0.3'
Tuesday	6:33 a.m./6:59 p.m.	6:07 a.m./6:53 p.m.	4:08 a.m., 4.4' 4:24 p.m., 3.7'	10:25 a.m., -0.4' 10:20 p.m., -0.4'
Wednesday	6:33 a.m./6:59 p.m.	6:52 a.m./7:44 p.m.	4:36 a.m., 4.5' 4:53 p.m., 3.6'	10:56 a.m., -0.5' 10:47 p.m., -0.4'
Thursday	6:32 a.m./7:00 p.m.	7:41 a.m./8:36 p.m.	5:05 a.m., 4.5' 5:24 p.m., 3.5'	11:27 a.m., -0.5' 11:16 p.m., -0.3'
Friday	6:32 a.m./7:00 p.m.	8:32 a.m./9:29 p.m.	5:36 a.m., 4.4' 5:56 p.m., 3.3'	12:00 a.m., -0.3' 11:47 p.m., -0.1'
May 7	6:32 a.m./7:00 p.m.	9:25 a.m./10:22 p.m.	6:09 a.m., 4.3' 6:32 p.m., 3.1'	12:37 p.m., -0.1'