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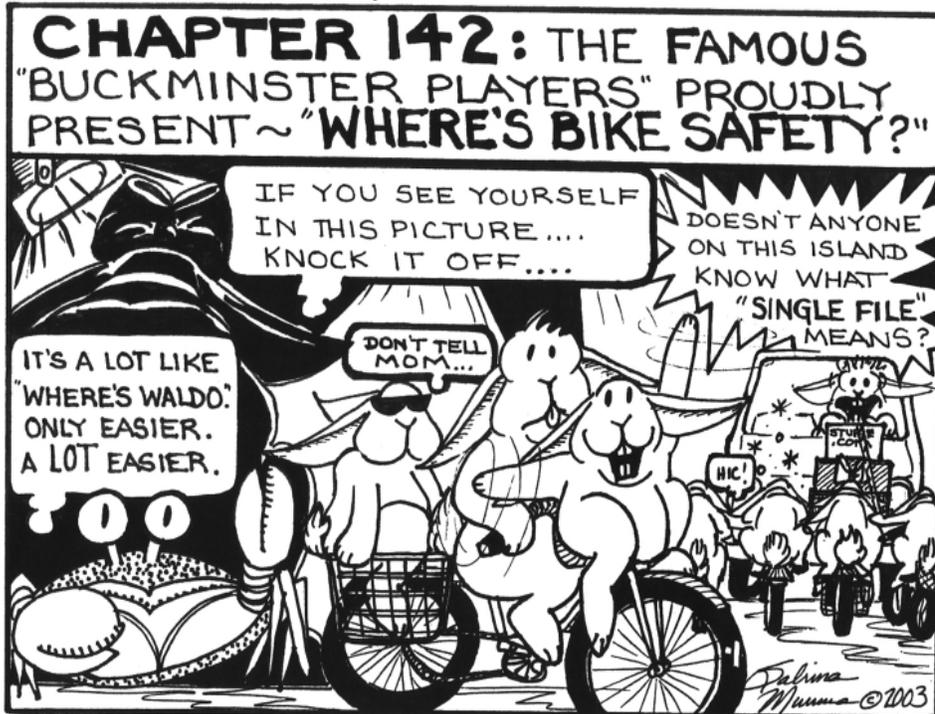
SEPT. 12, 2009

THE KWAJALEIN HOURGLASS



A little early Halloween fun is had with the SatCom Communication Terminal radome which is in the process of being replaced.

Photo by Vanessa K. Peeden



Do you have news you would like to share about your club, private organization or work department? Do you have an interesting story and photos of a vacation trip? How about a scuba dive with great photos you took? Have you got a good fish story? The *Hourglass* welcomes submissions of news articles written by members of the community. You can submit articles to the USAKA Public Affairs Officer, Vanessa Peeden, at vanessa.peeden@smdck.smdc.army.mil

OPSEC TIP

Although the asking for military/government identification is totally permissible by commercial establishments, many government personnel are unaware of the prohibition on duplication of government identification. There are no safeguards in place to insure a government identification card won't be counterfeited or 'cloned' based on a photocopy by a commercial establishment.

Criminal elements and terrorist organizations place U.S. government identification as a high value logistical element when planning acts against the U.S. military. It is recommended that military/DoD travelers provide a state driver's license or other form of photo identification to be photocopied if an establishment insists on a photocopy of the traveler's identification.

Ad submissions for the *Hourglass* must be sent to the *Hourglass* via e-mail or paper submission by Wednesday at noon in order to make it into that Saturday's paper. All ads submitted after that may or may not be put into that week's paper.

All 'for sale' ads are limited to 50 words or less.

To submit a letter to the editor: Keep letters to less than 300 words, and keep comments to the issues. No personal attacks will be printed. Letters must be signed. However, names will be withheld if requested. We will edit for Associated Press style, grammar and punctuation and if you exceed the word limit, will be edited for space. Limit one letter every 30 days. Send your letter to: *The Hourglass*, P.O. Box 23, APO AP 96555; or hourglass@smdck.smdc.army.mil.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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First day of elementary school heralds exciting year of learning for youngsters

By Cheryl Robinson-Stewart
Media Specialist

The first day of school on Kwajalein was Aug. 28. If you took the time to do a poll, you would have found that parents were ecstatic. The children were off to a fresh new start on their way to becoming leaders.

The light rain that fell could not put a damper on the excitement in the air at George Seitz Elementary. Laughs and smiles abounded. Parents could be seen snapping photos to document this 'historical event.' Whether it was the first day of elementary school for kindergarteners or the last year for sixth graders before entering high school next year, it was a memorable day.

Teachers and probably most of all, parents, were eager for school to begin after the long summer break. Truth be known, students might also be happy to be back in school to begin a fresh and exciting year with science, math, reading and writing, band, swimming, art, geography and all those wonderful projects they'll have to do. That doesn't even count the field trips unlike those back in the states.

While many parents, at the request of their children, did not escort their child to school, some parents had great difficulty saying goodbye. Parents of kindergarteners gathered in the Coconut Room briefly for an opportunity to meet, greet and entrust their children to their teacher.

It was a heartfelt moment bringing back fond memories of my children's first day in school. Half of the kindergarten students met on Friday and the remaining were to come for their first day of school on Saturday. Although Brynn Lovato's son Myles' first day was to be on Aug. 29, she said she expected him to be just as excited as his brother was the day before. Lovato said, "I'm hoping for a teacher that is patient, but stern and nice as well."

Fathers echoed the same sentiment. Manuel Kapahu felt it was hard to let go on the first day while Marcus Johnson thought that his daughter was just being shy. Gregory Grundon said as he left his child there, "These are our babies."

School Counselor Masina McCollum donned a red and white hat a la Dr. Seuss' *Cat in the Hat* as she roamed around the school campus reassuring parents that their babies would be just fine.

Barbara Junker, parent of a fifth and sixth grader said, "Every kid loves the first day of school," and spoke of 'back to school insomnia.'



Photo by Jane Sholar

Children in Kathleen Schroeder's first grade class are bright and eager on the first day of school.

"The night before the first day was so exciting that my children had difficulty sleeping," said Junker. "Their back packs were packed and clothes were laid out the night before."

Anne Jahnke, sixth grade teacher who has taught at George Seitz for four years still has enthusiasm and joy in her voice and on her face as well. When asked about this upcoming school year she commented that, "After a great summer the students were all excited to get back and there were no new surprises except a new computer teacher." Jahnke said that she looks forward to seeing lots of return students and familiar faces.

I spoke with mothers Jane Sholar, Dawn Gray and Stacy O'Rourke. One of the mothers said that her child was a little panicky until he identified a friend in his class. Another mother was going to assess how the transition was going at lunch time. Christen Scofield said, "First grade was very exciting but a different transition from kindergarten."

"Bright and early" was Heidi Rowell's comment about her three sons' excitement about the first day. Lisa Ansley and Mercedes Washburn agreed that it was so different here. Ansley said, "In the states there is usually an open house for parents and teachers to meet prior to the first day." She went on to say that on Kwaj it is comfortable and the children just "bike and go."

Dave Norwood, President of Kwajalein Range Services and Al Robinson, Principal/Superintendent were present on the first day. Parents and staff comments were usually the same — they all had a feeling this year is going to be a good one.

Road to the Olympics

Marshall Islands Swim Team members turn in personal bests at World Championships

By Dan Adler
Media Services Manager

Eight swimmers, ranging in age from 15 to 20, had the thrilling opportunity of representing the Republic of the Marshall Islands in the FINA World Championships held this July in Rome, Italy.

The team members were Shawn Brady, Melissa Peacock, Dane Bishop, Jake Villarreal, Clarissa Brady, Julie Alves, Julianne Kirchner and Michael Taylor. With the exception of Taylor, who attends Stanford University, all of the swimmers live on Kwajalein and are members of the Kwajalein Swim Team.

The World Championships was only the second international competition for six of the swimmers. The first was the Arafura Games held in Australia in May of this year. Before Arafura, only Kirchner had prior international experience including competing at the Beijing Olympics.

By competing in the Worlds, the swimmers took another step towards the possibility of representing the RMI at the next Summer Olympics.

The road to that dream involves competing in international meets, long practice sessions and incredibly hard work and dedication by the swimmers.

To get ready for the Arafura Games, the team worked for five months. They practiced eight times a week before and after school. Each of them swam an average of 30,000 yards per week while also managing to keep up with their school work.

According to Sarah Stepchew, the team's head coach, the Arafura Games gave the swimmers recorded times at an international meet and at distances measured in meters.

"The Kwajalein family pool is measured in yards instead of meters, so although the times recorded at swim meets held on Kwajalein are used locally to select swimmers for the RMI team, they are not recognized internationally," she said.

The Kwajalein Hourglass



Photo by Allison Villarreal

The Marshall Islands Swim Team at the World Championships, left to right, Julianne Kirchner, Julie Alves, Jake Villarreal, Michael Taylor, Shawn Brady, Dane Bishop, Clarissa Brady and Melissa Peacock.

At the Arafura Games, Clarissa Brady won silver and bronze medals and Dane Bishop brought home two golds. The games also produced the all-important legitimate international times that are recognized by the World Championships organizers.

"They could look at our times and know they were official times from an international competition," said Stepchew.

Like Kirchner, Stepchew is a veteran of international competition. This was her third World Championships. She was at Montreal, Canada in 2005 and at Melbourne, Australia in 2007.

With their internationally recognized times in hand, the team was off to Rome for the 2009 Worlds.

FINA, an international swimming organization that helps develop swimming programs in small countries, helped fund the trip to Rome.

however, the financial assistance from FINA only covered expenses for seven swimmers. Parents made up the difference so an additional member of the team could also go.

The *Hourglass* was able to get six of the swimmers and two coaches together this past Tuesday at the adult pool and asked them about their experiences at the Championships.

Coach and parent Allison Villarreal said, "It was very exciting to see the Olympic athletes, not only the U.S.A. Olympic swimmers, but from other countries as well. The energy really comes across when you go to watch a race and all the people from different countries are standing up and cheering for their swimmers."

According to Allison, the parents who went on the trip had different roles to play. "Jim Bishop was the mission coordinator and he worked on getting results and things of that

nature. I was head coach and would go sit down at poolside where I could watch our swimmers in their events. I also got them to the different venues and to their races. I made sure they got to the seating area in time.”

She added, “It was interesting to see which child was going to come up with excuses each day for forgetting their racing suit or almost missing the bus. We were a little disorganized at the beginning because we didn’t know the process, but once we got used to it everything fell into place.”

Allison said the swimming pool didn’t open for training until three days after the team arrived in Rome. That left time for some major sight-seeing.

“You name it, we went there. We rode the Metro, rode the bus and did a lot of walking,” she said. “We went to the Coliseum, the Palantine Hill, the Vatican Museum, the Sistine Chapel, St. Peter’s Basilica, Trevi Fountain and the Spanish Steps. The highlight for the kids was eating at the world’s biggest and most lavish McDonald’s and the Hard Rock Café Roma. We just had a lot of fun.”

Stepchew agreed, “We hit the ground running. We also had an audience with the Pope that was organized by FINA.”

The competition wasn’t without incident. Two of the swimmers, Jake Villarreal and Clarissa Brady, got ear infections from the pool water. FINA doctors were on staff so athletes and coaches could get medical attention quickly. “They could get medication from those doctors and still be considered ‘drug free,’” said Allison.

In addition to the ear infections, Julianne Kirchner became ill and was eventually diagnosed with a serious



Photo by Allison Villarreal

Shawn Brady and Jake Villarreal sign some autographs for excited youngsters.

case of appendicitis. She had to be taken to a hospital in Rome the day after the competition ended to have surgery performed. She remained in Rome with her parents for several days after the team departed.

Unlike the Arafura Games, the swimmers didn’t bring home any medals from the Worlds.

“We didn’t expect to at that level of competition,” said Stepchew. “Those athletes are all at the Olympic level. However, all of our swimmers turned in personal bests in their events. Some shaved as much as two seconds off their previous times. Dane [Bishop] finished first in one of his races and his picture was put up on the big screen.”

She added, “This gives them experience at the international level and it exposes them to different cultures and people.”

Dane Bishop, 15, competed in the 50-meter breaststroke, the 100-meter breaststroke and the 50-meter butterfly. He talked about his experience at the Worlds.

“It was great seeing different people from around the world,” he said. “It was like a big melting pot. I made a friend from Uganda and he was in a couple of my races. I would definitely go again.”

From the look on Clarissa

Brady’s beaming face Tuesday afternoon, she was still excited about having gone to Rome. The 17-year-old high school senior turned in personal best times in all three events she competed in.

Talking about the ear infection she said, “In spite of it, I swam strong anyway. I didn’t really notice it until the last day. So it was OK.”

She added, “I loved Rome. I’d like to go to college there, I liked it so much. It was the best experience of my entire life. I loved the swimming part too. We were in the pool two to four hours a day and when we weren’t swimming, we watched swimming and everything about it was exciting.”

Julie Alves, 16, was also thrilled about going to the Worlds in Rome. She competed in the 100-meter freestyle, 50-meter breaststroke and 50-meter butterfly. She also had personal bests in her events.

She said, “I absolutely loved Rome. It was the best trip ever. I want to go back already. I met a lot of cool people from lots of different countries. The opening ceremony was amazing. I loved watching the finals because we got to see all the major athletes like Michael Phelps. We’d lose our voices every night cheering for each other. You can definitely hear your teammates screaming for you when



Photo by Allison Villarreal

Left to right, Jim Bishop, Dane Bishop, Jake Villarreal, Karen Brady and Shawn Brady at St. Peter’s Square.

SWIM TEAM, from page 5

you're in the pool."

With a big smile she continued, "I loved the swimming, I loved the touring. Everything was so great."

Melissa Peacock, 16-years-old, competed in the 50-meter freestyle and the 50-meter backstroke. She also had personal best times. She loved going to Rome too.

"I had a lot of fun," she said. "I liked the competition and seeing all the athletes like Michael Phelps and Dara Torres. We went to the Vatican, the Pantheon and the Coliseum. I went to the Vatican twice."

Team member Jake Villarreal, 16, got ready for the Worlds by swimming with a team in Florida during the early summer to keep his skills honed. He swam in the 50-meter freestyle and the 50-meter backstroke and the 100-meter freestyle. He achieved personal bests in all three events. His goal was to break a minute in the 100-meter freestyle. He succeeded by turning in 59.32 seconds.

"In Rome, we saw all the superstars. It was a great experience seeing them and seeing how they train and also swimming with them," he said.

He added, "Competing against other countries gives you a different perspective of where you are as an athlete. It was good to see how I've improved since the Arafura Games. Here [on Kwajalein] we swim in salt water yards and there [international competitions] we swim in fresh water meters so it's good to see how my times are doing as far as swimming in a real pool."

While in Rome he "tried to learn a little bit of the language. It sounded a little weird, but people understood me. The money situation was pretty hard because the Euro destroys the dollar."

As mentioned earlier, Julianne Kirchner, 17, is no stranger to international competition but Rome was a thrill for her as well. "I enjoyed the sightseeing and especially the 'night life' of restaurants and the Trevi Fountain. I went there [the fountain] several times.

Despite being sick and in pain with appendicitis, Kirchner swam in three events and achieved personal bests for the first two. But by the time she swam her final event late in the competition, she was feeling very badly and didn't do well.



Photo by Allison Villarreal

Hanging out in the Piazza di Spagna.



Photo by Allison Villarreal

The World Championships competition pool in Rome.

15-year-old Shawn Brady swam the 50-meter freestyle and 50-meter breaststroke. He turned in personal bests in both. He said of Rome, "It was great. I loved it, especially the sightseeing. We only had a few days before opening ceremonies and the swimming started."

He added, "It was fun seeing people

that we were used to seeing on TV like Michael Phelps, the U.S. team and all the other teams we saw in the Olympics. They were right there in the training pool with us. I was amazed. I was like 'this is unreal.'"

His favorite part of it all was "hanging out with my team. We really bonded together."

Residents observe Labor Day with beach party

Hourglass Reports
Photos by Dan Adler

Kwajalein celebrated Labor Day with an old-fashioned day at the beach Monday.

The varied activities prepared by Community Activities included a volleyball tournament, the bounce house, jousting, shaved ice and food served up by Dining Services.

It was another beautiful day in the islands and newcomers as well as old-timers took full advantage of it. The day was capped off with an evening performance by the USNS *Richard E. Byrd's* Dixieland band at the Ocean View Club.



Teams compete in a beach volleyball tournament.



Hungry beachgoers get some food from Dining Services.



Left, Sarah Parker and Carrie West enjoy shaved ice at the Labor Day beach party Monday.



Right, Sydney Hall, 2, enjoys a relaxing day at Emon Beach.



Children line up for a chance to joust.



Band members from USNS *Richard E. Byrd* perform Monday evening at the Ocean View Club..

Let's get nutty



Sandra Garrison carries another contestant's modified coconut to the boat.

Coconut Cup Race held on Roi Sept. 6

Article and photos by Vanessa K. Peeden,
USAKA Public Affairs

This year's annual Coconut Cup Race was held Sept. 6 at the Surf Shack on Roi-Namur. Based on testimony of past participants and other Roi-Rats, it was determined that this was the seventh year for the race. The event first started out with rubber ducks and then changed over to coconuts by the third year so as to be more environmentally friendly. It has remained a coconut race ever since.

There are two categories of coconuts, Stock (natural and painted only) and Modified (sails, rudders, motor etc.). The mechanical modified coconuts must not use flammable, pyrotechnical devices or materials hazardous to the environment or the public (e.g. rocket motors, c-4, nitro-methane, etc.).

Helium balloons are not allowed so as to level the playing field.

There are some simple rules for the race; it is a simple race after all. All coconuts (modified and stock) must remain in contact with the water at all times. Violation of this rule will result in disqualification of your coconut. Stock coconuts must not have any internal or external means of propulsion. Coconuts must be "Certified" by Tony Stephens, the official judge also known as the "Head Nut", no later than 1 p.m. before the race. The coconut must be surrendered, and will be held "incommunicado" by the Official.

In addition to rules concerning type of coconut entrant, there are rules for competitors and spectators. The Head Nut will make all decisions and interpretations of rules and regulations and his judgment is final. If the Head Nut determines, at his sole discretion, that the race cannot occur at the scheduled time for any reason, then the Head Nut can postpone the race to another date and time by public announcement thereof. Spectators may be permanently banned from participation in the event for, in the opinion of Event Officials,

(a) Excessive Foul Language, (b) Verbal or Physical Violence against other spectators, (c) Verbal abuse to or physical violence against EVENT Officials (deserved or otherwise), or (d) physical violence (defined as throwing debris toward the track) against race entrants (verbal violence against race entrants is permissible, within the bounds of sportsmanship).

The race course starts from a point in the lagoon in front of the Surf Shack. Once the coconuts are launched, they are on their own. The first coconut in either category to the fuel pier or a line of sight extended out into the lagoon from the pier is the winner. In the event nobody reaches the pier, the closest one to the pier takes the gold, then second and third place respectively. At the finish line (shore or Fuel Pier) a spotter was set up in line of site with a buoy straight out in the lagoon.

The race was scheduled to start around 2 p.m. The operative word here is 'scheduled'. Remember that the Head Nut determines the time for the race. So as a wise and experienced Head Nut, Stephens waited until a cloud of rain was blowing into the lagoon with a course set for the surf shack. He then told the crowd, "Let the race begin," or something that sounded close to that anyway. Quickly the competitors sprang into action and gathered their entries. It was a good thing they had already done their warm up exercises (hand flexing, shoulder shrugs, elbow bending, etc.) and were ready to go.

Owners of the modified coconuts took their coconuts and charged (okay maybe waded is a better adjective) out to the official race boat. The stock category of coconuts were ceremoniously loaded (a nice way of saying tossed) into a plastic bag and ferried through the lagoon to the waiting boat. Simultaneously (well as close as possible actually) the modified coconuts were launched by their designers. The



Creative designs and faces decorate coconuts at the Coconut Cup Race on Roi.

stock ones were launched by crew members several minutes later because they are the slower (theoretically) coconuts and would impede the progress of the modified ones. Hand held radios on the boat and shoreline announced the progress of the coconuts. Gene Littlefield and Sandra Garrison eagerly called out numbers and positions as the more than 40 coconuts bobbed around in the lagoon. As the rain shaft got closer to shore the winds increased and pushed the tiny coconuts faster to shore. It only took about 30 minutes for the first ones to reach the shore.

This year's modified entrants included a coconut that had Alka-Seltzer tablets inserted into it, a blue finned fish with a black and white sail, a coconut with phone receivers (guess which section did that one), and one with multiple cardboard fins glued onto it. Several of the stock category coconuts were painted in a variety of designs. There were orchids, bees, M&Ms, white, and skull and crossbones.

For the second year in a row, Gregg Heffner took first place in the Stock category with his number 12 coconut. He entered two coconuts, number 12 and number 23. Last year number 23 took first place. Heffner says he owes his winning streak to the type of coconut he uses, "ordinary ones that fall by the water plant." Second place went to Liji Lanej and third place went to "Gracie", Debbie Chilcote's painted coconut which looks like a whale and even finished the race with her hat.

The modified winner was Laan Nathan who entered a coconut with two pieces of metal on either side, a bolt in the end that was supposed to act like a rudder and two wires which held a Styrofoam plate to act as a sail.

"This is a fantastic event and a really fun, silly way to spend the day" said Tony Stephens, Roi-Namur Community Activities Director.

NATO reaffirms commitment to the fight against Taliban in Afghanistan

By Gerry J. Gilmore
American Forces Press Service

Despite the challenges it faces there, NATO will stay the course during its tough fight against Taliban and other extremists in Afghanistan, the alliance's top leader said here today.

"Let no one think that a run for the exits is an option; it is not," NATO Secretary General Anders Fogh Rasmussen told reporters aboard the aircraft carrier *USS Dwight D. Eisenhower*, berthed at Naval Station Norfolk, after he'd participated in a ceremony transferring command of Allied Command Transformation from U.S. Marine Corps Gen. James N. Mattis to Gen. Stephane Abrial of France's air force.

"My view is very clear," Rasmussen said. "What we are doing now is very difficult, is very costly. But, if we were to walk away, we would pay a much higher cost -- and soon."

A military withdrawal from Afghanistan would result in terrorist attacks originating from Afghanistan, Rasmussen said, as well as "profound instability in Pakistan and in Central Asia." Extremists worldwide would become "emboldened" if NATO disengaged from Afghanistan, he added.

"This is simply not a future we can allow to happen," Rasmussen said.

Rasmussen acknowledged to reporters that more needs to be done in Afghanistan -- especially more progress in training higher numbers of Afghan soldiers and police. More trainers, he said, are required to achieve that goal.

"We need to further develop the capacity of the Afghan security forces," Rasmussen said, "so that the Afghans can take responsibility themselves, gradually, province by province."

What's also needed, Rasmussen said, is "a clear step towards transition" to Afghan leadership in the realms of security, health, education, development and governance.

"Within NATO, that means investing much more heavily in training and developing the Afghan security forces," Rasmussen said.

The road to success in Afghanistan entails achieving more progress, Rasmussen said, and demonstrating that



NATO Secretary General Anders Fogh Rasmussen, right, speaks with reporters as Marine Corps Gen. James N. Mattis, commander of U.S. Joint Forces Command, far left, and Gen. Stephane Abrial of the French air force, incoming commander of NATO's Allied Command Transformation, look on at Naval Station Norfolk, Va., Sept. 9. DoD photo by Gerry J. Gilmore

progress through "clear, visible transition" to Afghan authorities, Rasmussen said. It's also essential that the Afghan government deliver better services to its citizens, he added.

The bottom line, Rasmussen said, is "we need to show the Afghan people and the citizens of troop-contributing nations that we are getting somewhere."

Reducing civilian casualties in Afghanistan is part of the strategy to achieve success there, the secretary general told reporters. "I know that our troops on the ground do their utmost to reduce the number of civilian casualties," he said, noting that over the last year, civilian casualties in Afghanistan have been reduced by around 95 percent.

"But what we cannot and will not do is waver," Rasmussen said. "Success in our efforts is essential to Afghan security, to regional security and our security -- and we will get there."

Rasmussen cited the change-of-command ceremony as a "significant milestone" for NATO. Abrial

became ACT's first nontemporary European commander. Before 2003, ACT was known as Allied Command Atlantic, which was established in 1952. Most of ACA's commanders have been Americans.

"I am truly honored by the command with which I have been entrusted," Abrial said after the ceremony. "I am eager to serve alongside the dedicated men and women in NATO's most diverse command serving here in Norfolk and throughout Europe."

NATO established Allied Command Transformation in 2003. It works with U.S. Joint Forces Command to identify, advocate and facilitate continuous improvement of NATO capabilities to maintain the alliance's effectiveness in the 21st century.

Earlier this year, France decided to rejoin NATO's military command. Then-French President Charles de Gaulle had pulled France out of NATO's military command in 1966. France has hundreds of troops deployed in Afghanistan in support of NATO's Interna-



*Remembering
Sept. 11, 2001*

As smoke pours from the Pentagon on Sept. 11, 2001, Kwajalein's force protection is raised to Delta and residents hold a candlelight service for the victims of the attacks on the World Trade Center and the Pentagon.

Nation was stunned by 9/11 terror attacks

By Dan Adler
Media Manager

Where were you on September 11, 2001 at approximately 8:45 a.m.?

Americans remember hearing the shocking news of two commercial jetliners crashing into the World Trade Center twin towers and, as they watched in horror, they learned that yet another plane had crashed into the Pentagon and one more in a

field in Pennsylvania.

As the nation watched the TV images of the burning buildings, people jumping from the towers and firefighters and police struggling to rescue survivors, the American flag sprouted from homes and buildings and it became the emblem to unify a nation.

As the country realized the magnitude of the destruction, grief turned to anger and the Global War on Terror was declared.

Now, as the seventh anniver-

sary of the Sept. 11, 2001 tragedy approaches, Americans are once again reminded of the victims and heroes who lost their lives in the worst attack on the United States mainland in history. The images of people frantically searching for loved ones, the firefighters digging through the rubble to find the bodies of their comrades, the photos of the missing, and so many more images of that day will never be forgotten.

tional Security Assistance Force there. "As NATO says, eventually you need France's voice in the command structure if their troops are going to be in every operation," Mattis told reporters after the change-of-command ceremony.

The Marine four-star general, who received NATO's Meritorious Service Medal at the ceremony, remains the chief of U.S. Joint Forces Command, also based here. Mattis had served as Supreme Allied Commander for Transformation for about two years.

Seven servicemembers die in Iraq, Afghanistan

Two Soldiers died Sept. 3 in Baqubah, Iraq, of injuries sustained during a vehicle roll-over. The soldiers were assigned to the 5th Battalion, 20th Infantry Regiment, 3rd Stryker Brigade Combat Team, 2nd Infantry Division, Fort Lewis, Wash. Killed were: **Staff Sgt. Todd W. Selge**, 25, of Burnsville, Minn.; and **Spc. Jordan M. Shay**, 22, of Salisbury, Mass.

Petty Officer 3rd Class Benjamin P. Castiglione, 21, of Howell, Mich., died Sept. 3 while supporting combat operations in Helmand province, Afghanistan. He was assigned to the 2nd Light Armored Reconnaissance Battalion, 2nd Marine Expeditionary Battalion.

Lance Cpl. Christopher S. Baltazar Jr., 19, of San Antonio, Texas, died Sept. 3 while supporting combat operations in Helmand province, Afghanistan. He was assigned

to 2nd Light Armored Reconnaissance Battalion, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

2nd Lt. Darryn D. Andrews, 34, of Dallas, Texas, died Sept. 4 in Paktika province, Afghanistan of wounds suffered when enemy forces attacked his vehicle with an improvised explosive device and a rocket-propelled grenade. He was assigned to 1st Battalion, 501st Parachute Infantry Regiment, 4th Brigade Combat Team (Airborne), 25th Infantry Division, Fort Richardson, Alaska.

Sgt. Randy M. Haney, 27, of Orlando, Fla., died Sept. 6 in Nangarhar, Afghanistan of wounds suffered when enemy forces attacked his unit using small arms and rocket-propelled grenade fires. He was assigned to the 4th Special Troops Battalion, 4th Brigade Com-



*Let them say of me
I was one who believed
in sharing the blessings
that I had received*

*Let me know in my heart
when my days are through
America, America,
I gave my best to you*

Lyrics from American Anthem in Ken Burn's The War

bat Team, 4th Infantry Division, Fort Carson, Colo.

Staff Sgt. Michael C. Murphrey, 25, of Snyder, Texas, died Sept. 6 in Paktika province, Afghanistan, of wounds suffered when enemy forces attacked his unit with an improvised explosive device. He was assigned to the 1st Battalion, 501st Parachute Infantry Regiment, 4th Brigade Combat Team (Airborne), 25th Infantry Division, Fort Richardson, Alaska.



DoD photo by Sgt. Kris Eglin, U.S. Army.

Lighting up

U.S. Army Spcs. Patrick Wilson (left) and Evaristo Garcia fire a 120 mm high-explosive mortar round during a coordinated illumination exercise at Forward Operating Base Mizan, Afghanistan, on Sept. 2. Both Soldiers are from Alpha Company, 1st Battalion, 4th Infantry Regiment, U.S. Army Europe.

HELP WANTED

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

WANTED

SUBSTITUTE TEACHERS are needed for both the elementary and the Jr/Sr High School. If you are interested, please contact Human Resources for more information.

KWAJALEIN SPONSOR for WorldTeach volunteer. Very polite, well behaved and former

Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.

Protestant

Sunday

8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in

Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

professional chef. Will cook you wonderful meals in exchange for sponsorship. Please contact Bill at wbridgefords3@gmail.com.

LOOKING TO HOUSESIT for someone when my wife and son come to visit in November-December. If anyone is interested email ffnordstrom@hotmail.com.

HOUSE OR BQ SITTING for visiting family member. Call Mike or Sandy at 54152 or 58990.

PORTABLE DISHWASHER in good condition. Call 59154.

SUN BIKES and used parts in any condition, working or not. Call 52642.

LOST

KIDS GLASSES, Vera Bradley, pink frames with black flowers. If found, contact 54396.

PATIO SALE

SATURDAY, 3-5 p.m., Qtrs. 415-A. Plants and other items.

MONDAY, 7 a.m.-noon, Qtrs. 431-A.

MONDAY, 7:30 a.m.-12:30 p.m., Qtrs. 428-A. Multi-family sale, kitchen items, adult and children's clothing, toys, shoes, gift items and more.

MONDAY, 8-10 a.m., Qtrs. 495-B. Multi-family sale. Clothes, toys, crib and household items.

FOR SALE

PCS SALE: recliner, teal, \$10; two side tables, \$5 each; two video game chairs, \$2 each; two arm chairs, \$10 each; four file cabinets, \$10-\$15; computer table with monitor, keyboard and chair, \$35; room divider, \$5; Sanyo refrigerator, 13 inches high, \$50; four-slice toaster, \$15; dresser with mirror, \$30; two computer chairs, \$10 each; BBQ grill with tank, \$30; Xerox machine, \$35 and fax machine. Call 54664.

CHALLENGER JET BOAT and boat house, lot 311. Call Mike or Sandy at 54152 or 58990.

TWO SUN BIKES and one Sun frame, all in good condition. Call 5-3008.

HOMEDICS ELECTRIC back massager, shiatsu heated rollers that covers the upper and lower back, sits in a chair or sofa, one year old, \$60 and a Rubbermaid outdoor bench storage box, \$25. Call 53351.

SELMER CLARINET, excellent condition,

includes case, \$125. Call 51464 anytime.

GIRLS DANCE SHOES, Capezio tap shoes size 12W, gently used, \$20 and Bloch Dansoft ballet shoes, size 12C, \$9. Call 51596 between 9 a.m. and 8 p.m. if interested.

LITTLE TIKES TABLE and four chairs, great condition, \$30; children's 3-in-1 art easel, new, still in box, \$30; American Tourister suitcase, used once, \$15; rolling tv/microwave cart, like new, \$30 and a four cup coffee pot with filters, \$9. If interested, call 51596 between 9 a.m. and 8 p.m.

BOAT, FIBERGLASS, high performance, 21 feet, 225 HP Johnson plus 8 HP, boathouse 800 and trailer, includes lot with planted corn and pumpkin, \$6,890; crown line fishing cruiser, 27 feet, 350 CU 5.7 mercruiser, plus 15 HP, boathouse 309 and trailer, \$19,800. Call 59662.

SIREN, 19 FOOT Cape Dory Typhoon day sailor, long standing tradition of Kwaj owners, great for a learner or a family toy, new standing rigging, sound hull, running rigging, main and jib sail all in working order. Includes anchor, mooring, oars, life vests and other articles. Asking \$1,500. Contact Dan Hopkins by e-mail or at 51460 or 52349.

BIG SCREEN TV stand, black, three glass shelves; Mickey Mouse toddler bed with mattress and new sheet set; Mickey Mouse TV and DVD player; kids Karaoke Star machine and boys Halloween costumes. Call 55176.

TODDLER BED with mattress, \$40; outdoor durable plastic storage bench, \$15; Burley trailer, good tires, \$10; light weight stroller, \$5; two small, three door night stands, \$5; toddler kitchen with accessories, \$40; Papasan chair, \$20. Call 55382 after 5 p.m.

SMALL SPLINE crank for Nexus 4 Sun bike, new, paid \$38, asking \$30. Call 52434.

PLANTS, wide selection of both indoor and outdoor, great prices. Call 53336 after 4 p.m.

ELECTRIC UNDERWATER scooter, \$60 and Canon i560 printer, \$20. Call 54173.

JVC TV, 27 inch, remote, \$85; JBL SB-5 speaker and subwoofer for stereo speaker system, \$50. Call 52379.

LIGHTNING BOLT SURFBOARD, eight feet long, excellent condition, nose and tail guards, perfect for beginner to intermediate surfers, comes with four sets of side bite fins, new center fin, board

Café Pacific

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sept. 19
Quiche lorraine	Pork cutlet	Egg noodles	Garlic toast	Meatloaf	Pizza	Vegetables
Vegetarian pasta	Eggs benedict	Sesame tofu	Fish and chips	Chicken strips	Fried chicken	Grilled salmon
Kwajalein fried steak	Steamed red potatoes	Herb baked chicken	Chicken corn sauté	Vegetarian stir-fry	Roasted potatoes	Louisiana cajun gumbo
Grill: Brunch station open	Grill: Brunch station open	Grill: Grilled reuben	Grill: Pasta bar	Grill: Grilled cheese	Grill: Grilled cheese	Grill: Teriyaki burgers

Dinner

Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Thai fried rice	Corn bread	Cauliflower	Succotash	Baked potato	Pork chops	Stir-fry to order
Korean beef ribs	Seared mahi	Oxtail stew	Tuscan chicken	Malibu chicken	Chicken stew	Korean beef steak
Thai shrimp pasta	Swedish meatballs	Mini taco bar	Lyonnaisse potatoes	Noodles romanoff	Boiled potatoes	Thai vegetable pasta



Karaoke Friday Nights

at the Ocean View.
Join us for drinks, singing and pupus.
Questions, call Erik Wills at 53338.

sock and new leash, \$450. Call John at 59283.

TWO ISOTONIC ISO-COOL memory foam pillows, new, standard size, \$100 for pair; faux suede bedding set, king size, beige, with comforter, sheets, two king pillow cases and bed skirt, \$60. Call 52642.

COMMUNITY NOTICES

CELEBRATION OF THE MASS will resume in the Island Memorial Chapel at 5:30 p.m. every Saturday. Father Yohanes Sujono from Queen of Peace Church on Ebeye will be the celebrant.

PCS AND FAREWELL party for Steve, Zeny, Joanna and Dominic Snyder at 6:30 p.m. tonight

AAFES IS SEEKING names and addresses of deployed family members and loved ones from the Kwajalein Community for our Patriot Tree to be unveiled on Nov. 11. If you would like to honor a family member or loved one serving our country in support of Operation Enduring Freedom or Operation Iraqi Freedom, please submit their name and address at any AAFES Retail or Food Facility on Kwajalein or Roi Namur. You may also send us an email at kovaskristina@aafes.com, mamarila@aafes.com, or sudderths@aafes.com Subject: Patriot Tree.

at the Pacific Club. You may bring a favorite dish to share and BYOB. Questions, call Grace at 51888 or Janette at 50894.

HANG TIME! Unaccompanied, join the Hang Time crew at our monthly BBQ, 6-8 p.m. on Sept. 13 at Emon Beach. The main course will be provided, bring a side dish if you wish. No alcohol please. Contact Gary/Cheryle at 51314 for more info.

SCHOOL PICTURES will be taken on September 15 for the Jr./Sr. High School, Sept 18 for the Elementary School and September 19 for class photos. Questions, call the Jr./Sr. High School at 52011 or Elementary School at 53601.

INFORMATION ON NATIONAL Honor Society and National Junior Honor Society can be obtained by stopping by the Home Economics room at the high school until Sept. 18. Students must have a 3.0 GPA to initially qualify to apply. Direct any questions to Mrs. Peterson at 52011.

KWAJALEIN ART GUILD meeting will be held at 5:30 p.m., Sept. 18, in the Art Annex, building 828. The upcoming Craft Fair and the introductions of new officers will be discussed. Members please plan to attend, non-members are welcome. Annual membership fees are due Oct. 1.

THE KWAJALEIN COMMUNITY Band will begin rehearsals for the 2009-2010 concert season from 7:30-8:45 p.m. on Sept. 15, in the high school music room, and will rehearse weekly, on Tuesdays, September through May. Adult

band members are welcome and needed in all sections, especially clarinet, horn, and drums. A limited number of school owned instruments are available for loan to the band members. Band members may also obtain instruments from a representative of Best Musical Instrument Company, who will be meeting student musicians at 7 p.m. on Sept. 9-10, in the elementary music room. For more information, contact Dick Shields, at home 51684, at the high school 52011, or rshields@kwajalein-school.com.

SCHOOL ADVISORY MEETING will be held at 7 p.m. on Sept. 16 in the Coconut Room. This meeting is open to the public and anyone with concerns regarding the schools is welcome to attend. Hope to see you there.

KWAJALEIN YACHT CLUB meeting on September 19. Happy Hour at 5:30 p.m., meeting and dinner at 6:30 p.m. Everyone is welcome.

THE VET'S HALL is having a pirate-themed birthday party for Sean and Jen at 8 p.m. on Sept. 19. We need shipmates to swab the deck, walk the plank, hunt for pirate treasure, and drink ye Rum! Aaarr!

KWAJALEIN YACHT CLUB Sunfish Regatta is from noon-5 p.m. on Sept. 20 at Camp Hamilton. Free sailboat rides, hot dogs and pop. Bring your family and friends down and have some fun.

THE OPTOMETRIST will be here to see patients from Sept. 20 - Oct. 1. Call the hospital at 52223 or 52224 to schedule an appointment.

OPEN ENROLLMENT for Chugach 401K Plan. Now is a great time to join the Chugach 401K plan. If you want to enroll or are currently contributing and wish to increase your deferral percentage, Open Enrollment for the October 1 period is happening until Sept. 22. Contact Prescilla at 50788 for more information.

COUNTRY CLUB 'MEXICAN FIESTA' buffet Sept. 26. Menu to include chips and salsa, shrimp quesadillas, fiesta salad, refried beans, Spanish rice, chicken fajitas and flan for dessert. Seating is limited. Cocktails served at 6:30 p.m., buffet dinner at 7 p.m. Cash bar will be open. Bus service is available 6-11 p.m. from Ocean View to the Country Club and back. Cost \$27.50 per person. For tickets see Marie Curtiss at the Retail Service Office building 805 next to the Bowling

Projected menu-subject to change

Café Roi

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sept. 19
Roast pork loin	Dijon flank steak	Garlic mahi mahi	Coca-Cola ham	Boiled brisket	BBQ spare ribs	Roast pork loin
Almond-crust chicken	Eggs Benedict	Grilled veggies	Fish du jour	Seared mahi mahi	Tempura mahi	Chicken cutlet
Eggs Florentine	Baked penne/eggplant	Chicken sandwich	Pinto beans	Soup du jour	Baked beans	Mac and cheese
Grill: Brunch station open	Grill: Brunch station open	Grill: Missile burger	Grill: Burritos	Grill: Cheese sandwich	Grill: P&J/banana	Grill: N/A

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sept. 19
Corned beef/cabbage	Shoyu chicken	Pork roast	Grilled steaks	Fried chicken	Chicken with capers	Grilled kebabs
Bangers and mash	Pork adobo	Fish and chips	Roasted chicken	Spaghetti/meat sauce	Braised beef	Huli chicken
Cabbage colcannon	Spicy Asian noodles	Praline yam casserole	Parmesan ratatouille	Garlic bread	Brown rice	Tofu andvegetables

New Mic Shop Hours

Monday: 11 a.m.- 1 p.m.

Tuesday: closed

Wednesday: 5-7 p.m.

Thursday: 5-7 p.m.

Friday: closed

Saturday: 4-6 p.m.

Sunday: closed

Center, 53933.

KWAJ SWAP MEET is back Sept. 28. Call Community Activities, 53331, to reserve your table.

SURFWAY WILL BE CLOSED for physical inventory Sept. 30. Surfway will be open an extra half hour later from 11 a.m.-7 p.m. on Sept. 29 to meet your grocery and produce needs. Surfway is scheduled to reopen at 3 p.m. on Oct. 1. Thank you for your understanding. If you have questions contact Ray Denham 5-3607.

HOBBY SHOP PATRONS, if you have any unfinished projects or wood stored in the Hobby Shop facility, come by and pick it up or make sure that your name is on it. If it is not claimed by Oct. 1, it will become the property of the Hobby Shop.

IN A CONTINUING EFFORT to provide heart healthy food to the community, Base Dining Services will be introducing several new heart healthy alternative food selections, including 100 percent whole wheat pastas, which is cholesterol-free, protein-rich and half the calories of one serving of regular pasta. Another healthy alternative is the introduction of zero trans fat butter spread which will be offered on the serving lines. Please feel free to fill out Customer Surveys available at each facility. Your feedback is important to us.

WANT TO HELP keep Kwajalein clean? You can Adopt-An-Area or pick out a section at the public gardens to weed and give back to your community. To find out more, contact Community Activities at 53331.

BRIDGE NIGHT will be at 7:30 p.m. every Wednesday at the ARC. Lessons will be given for beginners and there will be Rubber Bridge for experienced players. No reservations are required. Questions, call Don Shuwarger at 52223.

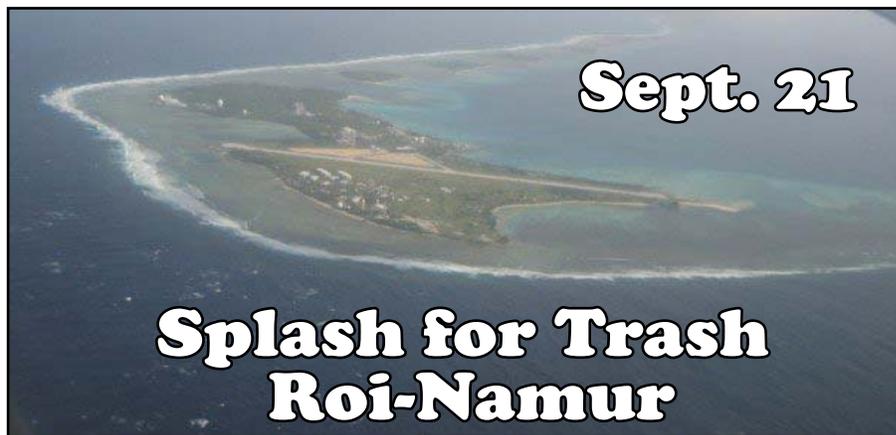
AA MEETINGS on Roi-Namur are now being held at 1:30 p.m., every Wednesday, in the KEAMS Training Room at the Terminal Building. Call Bill, 52338 or Marion, 55362.

IS TRAINING now has classes available for adults who do not have a CAC. E-mail cindy.brooks@sm dck.smdc.army.mil for a schedule of classes.

Saturday, Sept. 12, 2009



The Splash for Trash on Kwajalein will be from 9 a.m.-noon on Sept. 21 starting at the Pacific Club. Snorkelers, beach combers and divers are needed to help clean up Kwajalein's reefs and shorelines. Lunch will be provided for volunteers. Contact John.Pennington@us.army.mil, 53290 or Sandra.Lummer@smdck.smdc.army.mil, 52847.



Calling all SCUBA divers, snorkelers, beach combers, and nature lovers! The Splash for Trash on Roi-Namur will be from 9 a.m.-noon on Sept. 21. Dive in for the fun activity that benefits us all! Divers will meet at the SCUBA Shacks at 9 a.m. and snorkelers and beach combers will meet at the Surf Shack at 9:30 a.m. Enjoy free hot dogs and hamburgers or bring your own grub to grill afterwards. Prizes will be awarded for unique trash finds.

WEIGHT MANAGEMENT Support Group meets at 5 p.m. every Friday in the Hospital Conference Room. The community is invited. Questions? Call 55362.

THE BARGAIN BAZAAR hours of operation

are 1-3 p.m. on Mondays and 5-6:30 p.m. on Wednesdays and Fridays.

DISCOVER ROI DAY has been postponed until October. The new date will be announced.

Postal Service requires zip code updating

Hourglass Reports

The U.S. Postal Service is always updating zip codes or deleting zip codes or adjusting codes in some way. The attached is a way to fine tune the processing of military mail. It will help make processing in the distribution centers quicker and more efficient.

Besides the attached tables listing the zip+4 for Kwaj and

Roi we have also been assigned a CMR # (consolidated mail room- which identifies us more readily throughout the military). Kwaj is CMR #701. Roi is CMR #702.

All 'official mail' (meaning companies) will be using the zip+4. Kwajalein will be 9998 and Roi will be 9997.

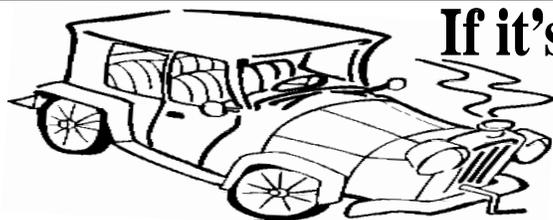
The following is an example as to how mail to Kwajalein and Roi residents should be addressed from now on:

Resident
CMR #701 PO Box 691
APO, AP 96555-0007

KRS
Atten: Finance Department
APO, AP 96555-9998

Residents are to advise persons and companies who send them mail on a frequent basis of the update in the resident's zip code. That will help with mail processing.

Roi-Namur		Kwajalein		Kwajalein	
<u>Range of Boxes</u>	<u>Zip + 4 Assignment</u>	<u>Range of Boxes</u>	<u>Zip + 4 Assignment</u>	<u>Range of Boxes</u>	<u>Zip + 4 Assignment</u>
8001 - 8100	0001	1 - 99	0001	900 - 999	0010
8101 - 8200	0002	100 - 199	0002	1000 - 1099	0011
8201 - 8300	0003	200 - 299	0003	1100 - 1199	0012
8301 - 8400	0004	300 - 399	0004	1200 - 1299	0013
8401 - 8500	0005	400 - 499	0005	1300 - 1399	0014
		500 - 599	0006	1400 - 1499	0015
		600 - 699	0007	1500 - 1599	0016
		700 - 799	0008	1600 - 1699	0017
		800 - 899	0009	1700 - 1800	0018



If it's not movin', it shouldn't be runnin'

Vehicle engines left idling waste fuel and money and could create a safety hazard. If vehicles are not being driven, engines should be shut off.

Weather courtesy of RTS Weather

Sunday: Partly sunny, 20 percent showers. **Winds:** E-SE at 5-10 knots.
Monday: Partly sunny, 30 percent showers. **Winds:** E-SE at 8-13 knots.
Tuesday: Mostly sunny, 10 percent showers. **Winds:** E at 6-12 knots.
Wednesday: Mostly sunny, 10 percent showers. **Winds:** ENE-E at 5-10 knots.
Thursday: Partly cloudy, 30 percent showers. **Winds:** E-6-12 knots.
Friday: Partly sunny, 20 percent showers. **Winds:** ENE-E at 5-10 knots.
Sept. 19: Mostly sunny, 10 percent showers. **Winds:** ENE-E at 5-10 knots.

Annual total: 40.06 inches
 Annual deviation: -21.93 inches

Call 54700 for updated forecasts or visit www.rts-ux.com.

Sunrise/set Moonrise/set High Tide Low Tide

Sunday	6:39 a.m./6:51 p.m.	12:51 p.m.	10:53 a.m., 1.9' 11:50 p.m., 3.1'	4:54 a.m., 1.1' 4:23 p.m., 1.3'
Monday	6:39 a.m./6:50 p.m.	12:46 a.m./1:51 p.m.	1:22 a.m., 2.3'	7:12 a.m., 0.7' 6:52 p.m., 1.0'
Tuesday	6:39 a.m./6:50 p.m.	1:48 a.m./2:49 p.m.	1:25 a.m., 3.6' 2:16 p.m., 3.0'	8:10 a.m., 0.2' 8:00 p.m., 0.4
Wednesday	6:39 a.m./6:49 p.m.	2:50 a.m./3:45 p.m.	2:20 p.m., 4.1' 2:25 p.m., 3.6'	8:50 p.m., -0.3' 8:48 p.m., -0.1'
Thursday	6:39 a.m./6:48 p.m.	3:51 a.m./4:36 p.m.	3:03 a.m., 4.6' 3:30 p.m., 4.1'	9:24 a.m., -0.7' 12:46 p.m. 0.0'
Friday	6:39 a.m./6:48 p.m.	4:49 a.m./5:25 p.m.	3:40 a.m., 4.9' 4:03 p.m., 4.5'	9:56 a.m., -0.1' 10:06 p.m., -0.9'
Sept. 19	6:39 a.m./6:47 p.m.	5:44 a.m./6:11 p.m.	4:15 a.m., 4.9' 4:35 p.m. 4.8'	10:27 a.m., -1.0' 4:35 p.m., 4.8'