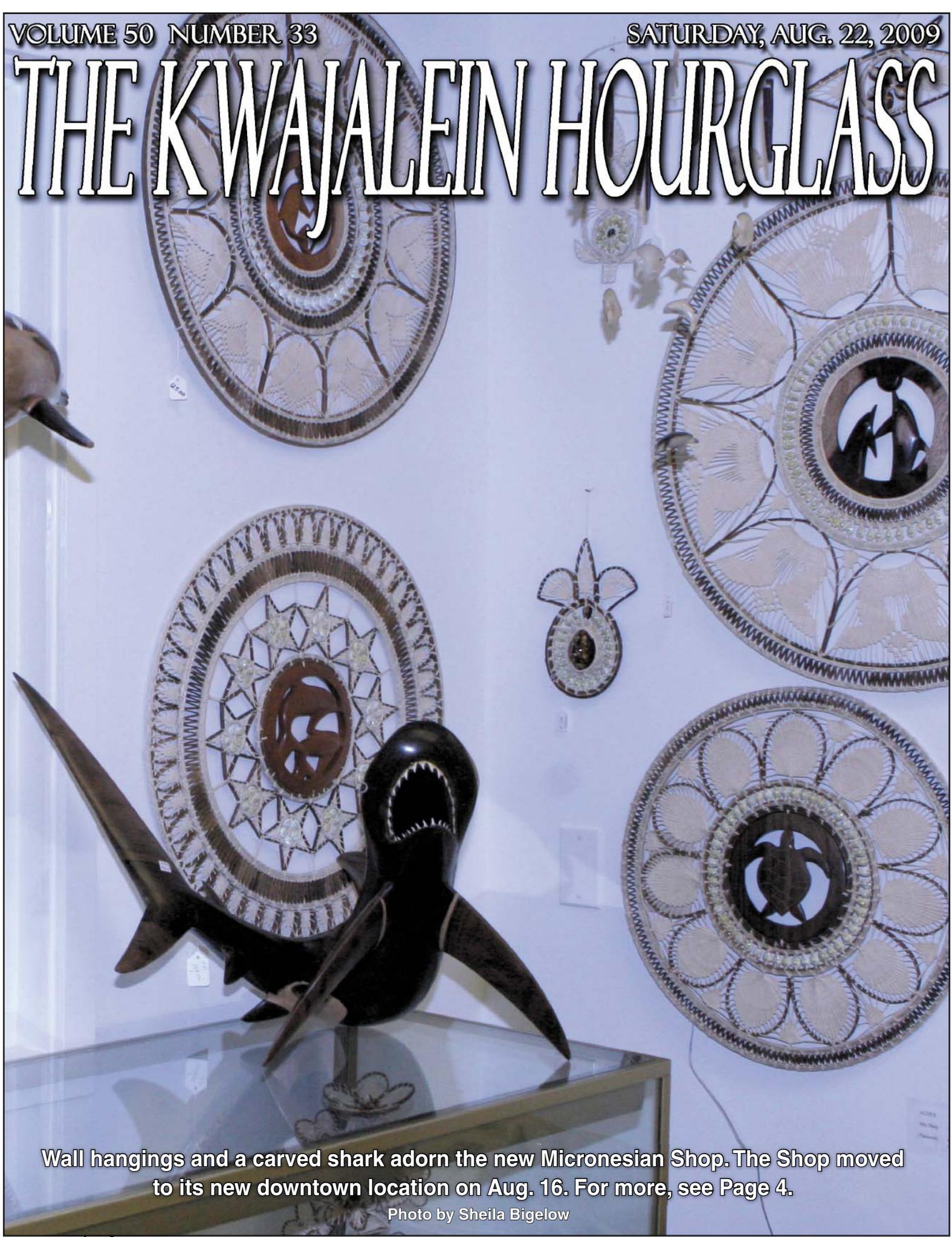


# THE KWAJALEIN HOURGLASS



Wall hangings and a carved shark adorn the new Micronesian Shop. The Shop moved to its new downtown location on Aug. 16. For more, see Page 4.

Photo by Sheila Bigelow

# Some of the most important benefits enjoyed by Americans today were called socialistic

As I'm sure most of you have, I've watched the news and have seen snippets of the so-called town hall meetings about health care.

It always seems that when there is debate, the ones who yell the loudest are usually the ones who know the least.

For instance, let's talk about the 'S' word — socialism. That word has become the new bogeyman that is going to destroy America and the American way of life.

The people who act like raving maniacs at those meetings, along with the TV pundits of a certain network who keep frantically yelling that any effort to overhaul the seriously broken

health care system is just a left-wing attempt at socialism, should read a little American history.

There was once a man that a lot of Wall Street-type newspapers and wealthy businessmen called 'that socialistic SOB in the White House.'

The target of their venom was Franklin D. Roosevelt, who, although he came from a rich, privileged, 'blue-blood' family, drove the 'establishment' crazy with the laws and reforms he got through congress. In fact, in many wealthy circles, he was thought of as 'that socialist dictator.'

So maybe we should take a look at what the socialist dictator did to our country.

## The Way I See It

Dan Adler,  
Media Manager



He gave us Social Security, the Securities and Exchange Commission, the Federal Deposit Insurance Corporation (FDIC), the Federal Reserve System, the Works Progress Administration the Federal Housing

See **SOCIALISM**, Page 8

## LETTER TO THE EDITOR

# Micronesian Shop thanks all for help with move

To borrow a quote, "it takes a village to raise a child," and it took a town to move the Mic Shop! On behalf of the Yokwe Yuk Women's Club and The Micronesian Handicraft Shop, I want to thank all the people who helped make the move to our fabulous new location pos-

sible.

When the USAKA/KRS Space Allocation Planning Team realized our old location was becoming more of a

See **MICRONESIAN SHOP** Page 9



## THUMBS UP

To Al Robinson, Kwaj teachers, pastor, families and community members that helped to greet new teachers on island. You went above and beyond to make them feel welcome and appreciated here on Kwaj.



## THUMBS UP

to the Marine Department Harbor Control Tower for supporting the Wednesday Lagoon Swimmers. They have been very supportive of our safety each week and we usually see them stepping out of the tower to check on us. Thanks for the watchful eyes."

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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The LV-2 launch vehicle arrives on Kwajalein Aug. 9.

Photos by David J. Paquin

# Special delivery

## Missile Defense Agency's newest LV-2 target vehicle arrives Aug. 9

By Stephen Lee  
Missile Defense Agency

The Missile Defense Agency's newest and largest target, the two-stage launch vehicle, or LV-2, arrived on Kwajalein Aug. 9. The 15-hour flight from Huntsville, Ala. covered over 6,500 nautical miles. This required the C-17 Globemaster III to be refueled in the air twice. Its cargo, the LV-2, is reputed to be the heaviest palletized load ever carried in a C-17.

To help ensure mission success, the Air Force pro-

vided one of its newest C-17s from the squadron at Charleston, S.C. The arrival on Aug. 9 marked the end of the Missile Defense Agency's logistical campaign at Kwajalein and Meck Islands for the LV-2 target.

The campaign began in December when the ground support equipment was shipped to Meck Island using the ocean going logistics ship, the *Delta Mariner*. The *Delta Mariner* delivered its cargo to Meck Island in February. The second phase included shipping the launch control van, launch pad shelter and other items via C-5 Galaxy to Kwajalein in April. The target's arrival ended the logistical campaign and initiated the launch integration campaign.

First-time integration is never an easy process and this held true for the team involved with off-loading the target. LV-2 Program Manager, Scott Shifrin, commented after the download was complete, "The joint team—MDA, RTS, Lockheed Martin and Air Force—worked extremely hard over a long period to ensure the safe arrival of the new LV-2 target. The team is excited to be at Kwajalein to partner in the execution of the inaugural first flight of the target."

Shifrin's sentiments were echoed by Mark Broleman, the FTG-06 Target Test Director,



The C-17 Globemaster carrying the LV-2 vehicle lands on Kwajalein Aug. 9.

See LV-2, Page 16



The Micronesian Handicraft Shop's new location (where DVD Depot used to be) allows for more room and more merchandise from Ebeve, Palau, Yap, Kosrae, Pohnpei and Chuuk to be sold. All proceeds go towards educational grants in Micronesia and the Marshall Islands.

# Micronesian handicraft shop relocates to new, more central location in downtown Kwajalein

Article and photos by Sheila Bigelow  
Associate Editor

Lauren Traweek stood in for the president of the Yokwe Yuk Women's Club, Jenny Norwood, at the grand re-opening ceremony of the Micronesian Handicraft Shop. The Mic Shop is in its 47th year of business and this is the second time it has moved locations since first opening at the Kwajalein airport terminal in 1962. Traweek thanked the command, AAFES and all the volunteers that helped during the move. They are hoping that this new location, where DVD Depot used to be, will bring them more business and thus contribute towards the numerous educational grants they donate each year. The Mic Shop is completely not for profit, it is for education. All the proceeds that come into the shop are directly used towards educational grants throughout Micronesia. (See the April 18 issue of the *Hourglass*).

Col. Frederick Clarke attended the grand re-opening to assist Traweek in the ribbon cutting ceremony that symbolized the opening of the new location of

the Mic Shop and hopefully a prosperous future.

"This is an important event," said Clarke. "The Mic Shop was started by a lady who was the wife of a Trust Territory District Representative named Josephine White, and her intent was to create a venue for people of this community to get Marshallese crafts. In turn she created a venue for the Marshallese to gain some economic development. That was the whole purpose behind it. So following Kwajalein fashion, once she started it she moved and turned it over to the YYWC who's watched over it since. It's almost 47 years old, as old as some of our radars, as old as me, and it's not only a big money maker for the Marshallese, the support that it lends to the school systems and education is unbelievable."

Traweek disclosed that the YYWC contributes \$50,000 per year in grants.

"On behalf of the command I wish you the very best and continued success. I think this location will bring you great luck and prosperity," remarked Clarke.

The Colonel cut the ribbon and the new location

for the Mic Shop was pronounced officially open to the public.

There was quite a turnout for the event. The new location was primed to handle the large group that attended the re-opening ceremony. Residents and their children swarmed into the new location, scouring the shelves filled with intricately made handicrafts that came from all over the Marshall Islands and Micronesia including Palau, Yap, Kosrae, Chuuk, Pohnpei

and Ebeye.

The Mic Shop carries everything from large shark carvings made with real shark teeth to small ornaments and even Pohnpei pepper. They make great gifts to send home to the states and the best part is each item you purchase contributes towards next year's educational grants. The Mic Shop is now located right in the middle of downtown, next to AAFES, where DVD Depot used to be.

## MIC SHOP HOURS OF OPERATION

Monday: 11 a.m. to 1 p.m.

Tuesday: closed

Wednesday: 5 to 7 p.m.

Thursday: 11 a.m. to 1 p.m.

Friday: 5 to 7 p.m.

Saturday: closed

Sunday: closed



Col. Frederick Clarke and Lauren Traweek cut the ribbon, opening the new location of the Mic Shop to the public.



The hard-working and dedicated volunteers of the Yokwe Yuk Women's Club is what has kept the doors of the Mic Shop open for the past 47 years here on Kwajalein.

# Powering up

## KPD officer Mike Spahr shows his prowess in weight lifting at Police and Fire World Games

By Dan Adler  
Media Services Manager

Some people have the courage and fortitude to turn adversity into opportunity. Mike Spahr of Kwajalein Police Department Entry/Exit is such a person.

"I had combat wounds when I was in the Marines in 1969 and the doctors said that weight lifting would be a good way to get over my injuries," he said. "So I started lifting and found out there were certain aspects of it I was good at."

Spahr got into competitive power lifting when a friend asked him to go to a drug-free meet "which is a way to show that someone can have the capability to lift a lot of weight without using any strength-enhancing additives."

He continued, "So I went and I just happened to be very good at it so I just continued to do it. I set several world records in two different weight classes in dead lift and after a few years, I decided to join the 'Olympic' lifting team where I lived in Morristown, N.J. I thought Olympic lifting would be fun and I was pretty good at that too."

Spahr has competed in the Olympic Masters for ages 50 and over in the World Natural Power Lifting Federation. The Federation is drug-free and no performance enhancing drugs are allowed. The Federation promotes drug-free weight lifting around the world. In 'Olympic' lifting, Spahr's best is around 100 plus kilos ( a kilo is 2.2 pounds). "Not too bad for an old guy," laughed the 59-year-old.

Spahr explained that power lifting is unlike 'Olympic' lifting.

"Olympic lifting is the clean and jerk where the weight is lifted from the floor and then pushed up over the lifter's head," he said. "Power lifting is a combination of a 'dead lift' and a bench press." Spahr's personal best in the dead lift is 562 pounds in the Open World Championships in 2008.

In the dead lift, a weight is lifted from the floor and the lifter brings his body to a straight up and down position. In one clean move, the weight is picked up and the lifter must come straight up and stand erect. There must be perfect alignment and no movement is allowed once the weight has been lifted. The lifter's feet can't move and there can't be any swaying back and forth. There can be no arching of the back. In the bench press, it's required that the lifter's back and feet be stationary, the weight is taken from the bar, brought down to the chest and held until the 'press' signal is given and the lifter pushes the weight back up showing that he has full control of the bar.

The Police and Fire World Games that Spahr has just

returned from where he won the gold medal in his age and weight class don't have Olympic lifting.

"So I just trained for power lifting with Roger Cheeseborough, another KPD officer. We trained for 10 weeks [before the games] and off I went."

Spahr explained that during the 10 weeks of training, he would use a varying amounts of weight in a regimen designed so that he would be 'peaking' when he competed in the games.

"Lots of things factor in like the amount of rest you get and your diet," he said.

Spahr added that since police officers and firefighters work odd hours of the day and night and on holidays and so forth, athletes often train alone or maybe have one training partner. He said athletes often communicate by e-mail to encourage each other and to check on their training progress.

Because of that, while weight lifters wishing to compete in the Olympics or Pan Am Games must have qualifying lifts, it's not required for the Police and Fire Games. "You just go in there and muscle it up as best you can and hope your training has afforded you the opportunity to win," he said.

The Police and Fire World Games take place in different countries every two years and this year they were held in Vancouver, British Columbia. The games ran July 3-Aug. 9 and drew 10,577 athletes from 60 countries including the United States, Canada and many European nations. The games are solely for police officers and firefighters from around the world. Spahr said he was surprised by the low number of American weight lifters at the games, but many came from Germany, Russia, Poland, Finland and other European nations. There was also a big group from Australia.

Weight lifting is just one of the 40 venues included in the games.

"It's just like the Olympics," said Spahr, "There's boxing, equestrian, wrestling, track and field and more. About one-third of the competitors are Olympians."

Spahr said the games are a good way to bring police officers and firefighters together and express camaraderie among those who work in the professions.

"It's also a way to show their physical capabilities, promote staying healthy and show a good image to the public," he said.



Mike Spahr

# Two RMI students are given an information technology internship opportunity with MIT

Article and photo by Sheila Bigelow  
Associate Editor

This summer MIT Lincoln Laboratory and U.S. Army Kwajalein Atoll/Reagan Test Site offered its second annual information technology internship for Republic of the Marshall Islands students. MIT obtained a list of students that have done well in computer and networking programs at the College of the Marshall Islands on Majuro and offered two students the chance to intern with MIT Lincoln Laboratory at USAKA/RTS. This year, the 10-week program was taken advantage of by Emmanuel Smith and Ankit Stephen, both seniors at CMI.

Both students gave a presentation on what they learned in the 10 weeks they spent at USAKA. Smith explained how they received training on how to use and install Windows XP Pro and Windows Servers 2003 and 2008. They were taught how to use anti-virus servers and helped to install and configure the Zimbra mail server that is now available on the public network.

Stephen described how they gained knowledge of network cables and connectors. They learned how to configure routers and how to encrypt secure passwords for them. They were taught how to use and configure wireless routers and the use of network troubleshooting tools.

"I knew what a router was, but I didn't understand the components or how they worked until the program," said Stephen. Both students mentioned that they had learned the foundation of the information technology industry at school, but had learned a lot more by receiving hands-on training with state-of-the-art networking equipment during the 10-week program.

"It opened a way to learn more and use modern technology," Stephen said.

Following the presentation, Col. Frederick Clarke, U.S. Army Kwajalein Atoll Commander, Lt. Col. John Eggert, Reagan Test Site Director, and Dr. Lawrence Kimmel, Political and Economic Office, U.S. Embassy Majuro, awarded the students their certificates of appreciation to certify outstanding achievement in the completion of basic network and computer training as well as a scholarship for \$1,000 each.

"The Republic of the Marshall Islands Information Technology internship was born last year," said Eggert. "It was actually the dream of the former U.S. Ambassador to the RMI, Dr. Clyde Bishop, as well as the former site manager for MIT Lincoln Laboratory, Gregory Hogan. They wanted to come up with a program that could benefit Marshallese students by exposing them to some of the IT systems that we have here on Kwajalein



**Col. Frederick Clarke, left, and Dr. Lawrence Kimmel, right, award certificates of appreciation to Emmanuel Smith and Ankit Stephen, the two RMI students that completed the 10-week internship with MIT Lincoln Laboratory this year.**

and also Roi-Namur. This year we were lucky enough to get two college seniors from CMI in Majuro. We set them loose on the Kwajalein public net and they did fantastic things with that. They actually helped us troubleshoot it and find some things we didn't know about. They really did some outstanding work."

When choosing students for this internship opportunity, MIT Lincoln Laboratory looks for students who are planning to stay in the Marshall Islands after they are finished with school so the Marshallese will benefit from it. The goal is for the program to have a lasting impact on the Marshallese.

The two students that finished the internship last year are doing just that. One is a teacher at one of the public schools on Ebeye. In the past, when the public schools experienced problems with their computers, they would have to wait until it could be fixed. Now, they have someone on staff to take care of the problems right away.

"The biggest recognition should be given to Ranny Ranis, MIT Lincoln Laboratory IT Staff, who spends the full 10 weeks with the students, working side by side with the interns, keeping up the equipment and fighting all the battles that have to be fought in order to keep the space and the equipment and everything needed to make this program work," said Michael Beynon, Acting Site Manager for MIT Lincoln Laboratory. "He really has done this tirelessly and has done a great job."

The internship program is expected to continue in the future. Each year, two RMI students will be given the opportunity to come to Kwajalein and work with MIT to further their knowledge in Information Technology.

Authority, Fannie Mae, the Farm Security Administration, and the Fair Labor Standards Act.

Social Security ensured the country's elderly could keep their dignity without relying on charity, the Securities and Exchange Commission (SEC) was to be a watchdog on Wall Street. (Sometimes it worked, sometimes it didn't). The FDIC assured bank depositors that their money was safe thus ensuring there would be no more of the disastrous 'runs' on the banks that led to so many bank failures. The Federal Reserve System was also created to help guide the economy and fight inflation with sound monetary practices. The Federal Housing Authority sought to eliminate slums and establish safety and sanitation standards in rented housing that owners would have to meet. The Farm Security Administration helped small farmers purchase seed and farm implements giving them the chance to bring in a crop and keep their farms. The FSA act helped save the American family farms that in turn helped feed the world for decades (until big business gobbled them up).

The Fair Labor Standards Act established a minimum wage, overtime pay, child employment standards, accurate records of hours worked and unemployment compensation.

I suppose in the strictest sense of the word, many of the reforms Roosevelt enacted *were* socialist. In fact, many of the laws he tried to get through were declared unconstitutional by the Supreme Court. But Roosevelt was never a man to back down. In his first inaugural address he had laid down the gauntlet saying, "Practices of the unscrupulous money changers stand indicted in the court of public opinion, rejected by the hearts and minds of men. . . . The money changers have fled from their high seats in the temple of our civilization."

So one can see how wealthy tycoons and business owners weren't fond of Roosevelt. But millions of ordinary people (including my parents) who were helped or found work because of his reforms and programs loved him.

However, all of his reforms made the federal deficit balloon. Many in his own party thought it was a terrible mistake. But Roosevelt saw no other way to bring the country out of the worst of the depression. Jobs were

the answer and one of the answers to that was the WPA. Many important roads, bridges, dams and other infrastructure projects that serve the country to this day came about because of the WPA. My father found work with the WPA and was able to care for his mother and three younger brothers. He was able to feed them and keep a roof over their heads. But still, some said it was just all evil socialism.

There is one thing I know for sure. If ever anyone had said a bad word about Roosevelt to my father, the fight would have been on and I don't mean with words.

Today, many of the reforms and laws that were called socialist in the 1930s and caused many to spew hatred at Roosevelt are ingrained in American society. In fact, I don't see how America could get along without the reforms Roosevelt brought to us. And in later years, more 'socialism' came along in the form of Medicare. Most seniors could not possibly do without Medicare these days. There are many more instances of 'socialism' in America. The Small Business Administration started in 1953 was called socialist when it gave money or guaranteed bank loans to start-up businesses.

So now, we have a new 'socialist' and the hatred being directed towards him is truly scary and worrisome.

I wish those people at the rowdy town hall meetings would do more *listening* than shouting. For instance, when pundits on TV business programs say that health care insurance companies and drug companies will see their stock prices soar if health care reform is defeated, doesn't that give you pause? Doesn't it give you pause that health insurance company profits have risen by 428 percent in the last seven years? Could it be the nay-sayers on health care reform have ulterior motives?

Let's talk about those 'death panels.' Oh, they exist. That's a fact. They're called HMOs. They're health insurance companies who decide they won't pay for a pre-existing condition or an experimental drug or procedure. They're the health insurers who decide a life-saving surgery isn't covered at the last minute. They're the health insurance companies that drag the claims process out so long that the patient dies or gives

up trying to collect.

How many times have you heard on the news the day after someone dies, the insurance company spokesperson say, "Gee, we were gonna authorize that procedure, no really, we were — too bad."

Believe me, I'm not trying to demonize the insurance companies. After all, what would we do without them? There are many insurance companies that are good to deal with and work in an ethical manner. I have to say the one we have through KRS is one of those.

But at the end of the day, health care insurance is a business, and health care insurance companies are in business to make money. In my opinion, that clouds their 'judgement' many times.

I laugh out loud when I hear people say, "We don't want a government bureaucrat between you and your doctor."

No, it's much better now. You've got people sitting in cubicles at some of the health insurance companies figuring out the best ways to deny a claim or, like I said earlier, drag it out until the patient dies. If they save the company some money, maybe they get a nice little bonus. If you don't think that really happens, I can tell you it does. I've experienced it. Having health care insurance doesn't necessarily mean you or your family members will get the care that is needed.

Then there's the 'everybody's gonna pay higher taxes if we get universal health care.'

Well, have you looked at what you're paying for your health care insurance right now? Take a look at your pay stub and see how much you're paying, especially if you have a family. Is it cheap? Well guess what, unless some kind of health insurance reform passes, it isn't going to get any cheaper. Some economists have said that if there is no health care reform within the next five to 10 years, Americans will be paying nearly 50 percent of their annual earnings in health care premiums. You know what, I believe it.

Here's the big question. Would you willingly pay higher taxes to support a 'public option' if you knew that you and your family would *never* lose or be denied health care coverage for any reason even if you lost your job or had a pre-existing condition?

There's the argument, "I don't want

to pay for lazy slobs who don't have health insurance. Let them go to the emergency room."

Anyone who thinks like that needs a reality check. Because it's precisely those 'slobs' you and I are paying for in the higher premiums we get charged, in the higher deductibles we have to pay and in less coverage we get.

It shows up in a \$10 aspirin at a hospital. Go to an emergency room sometime. After you sit there for hours and see a doctor for five minutes, you'll be unpleasantly surprised to find your little visit cost a few thousand dollars. To be fair to hospitals and insurance companies though, when thousands of people per day use emergency room care and can't pay for it, the hospitals have to make it up on the backs of people who do have insurance — you and me. Those \$10 aspirins add up real fast which drives up the insurance claim. The insurance companies then have to increase the premiums we pay to cover their costs. It's a vicious cycle that keeps getting worse as more people lose their jobs and health insurance.

Then there are the *REAL* idiots. I'm talking about people who have good jobs and can afford insurance

but choose to do 'other things' with their money. I heard a young professional speaking to a TV reporter just the other day saying such a thing. I wish I could have been there to slam a hammer on a few of his fingers and then say, "Now go to the emergency room and let me know how long you'll be paying the bill." Those are the people I'd be more than willing to see on their own except, again, it would wind up costing you and me.

It breaks my heart when I see people who have worked hard all of their lives, played by the rules and then they lose their job and health insurance. One accident or illness takes everything they've ever worked for. And if you don't think you or any member of your family could ever get in that situation, think again. It happens every day. The older I get, the more worried I become. When I hear that 70 percent of bankruptcies in America today are due to people being unable to pay medical bills, it gets my attention.

I've heard some pundits on TV say so what if someone loses a job, they can always COBRA their insurance and take it with them. But see, there's a little problem with that theory. If you don't have a job and income, how are you going to pay for it? And it will

only last for 18 months anyway. Then what?

As far as this socialism stuff goes, I really find it hard to believe that if health care reform passes, America will become the Soviet Union or Communist China overnight.

Do I know how to go about getting health care reform? Of course not. I just know we need it. Unless we get the cost of health care under control, I don't believe America will ever be competitive in world markets again and we may never recover from this recession. Companies won't ever hire robustly in the United States as long as the burden of health care costs remains with them.

Again, *listen to both sides*. Really listen to what's being said and more importantly, *to who is saying it*. And then, after you have really listened, you should be able to figure out who has your best interest at heart.

There's a reason Washington D.C. swarms with health care and drug company lobbyists and right now, it looks like they're winning.

My greatest fear is that nothing will get done and everything will remain as is.

In the case of health care reform, nothing is the worst thing that could happen.

## MICRONESIAN SHOP from Page 2

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liability than an asset, they worked very hard with AAFES to find a way to accommodate our large venue. The Command has been very supportive every step of the way, and I think the enormous improvement is obvious to anybody who stops in.

Kris Kovas, all the managers who have repeatedly locked and unlocked the doors while we moved, and all the employees of AAFES have been so patient and kind. Special thanks to Gary, Lee and their construction crew, who were here TDY to work on the Roi facility. They donated their time off to construct our build-out, install the donated AAFES shelving and gave us a fresh coat of paint.

Many thanks to Lauren Harrold, CJ Switzer, Malcolm Gowans and the crew at DCCB for helping us select and buy the fixtures and showcases for the shop. Your patience was greatly appreciated!

Our thanks to Darryl Mathieson and his super bunch of guys, who made the physical move seem almost effortless. They moved everything, from horribly heavy boxes of books to the most delicate weavings, without one thing broken. Amazing!

Steve and Janet Golly stepped up with their power tools, refurbishing and hanging our wonderful sign. Janet spent the entire week drilling, hammering and generally keeping me calm.

Ricky and Tammie Wommack along with Sue Ellis, arrived on the scene and hand-carried countless carved

sharks, turtles and assorted critters to the new shop, in their rented vehicle, in the pouring rain. What a way to spend their day off, but what a difference it made!

Thank you to Vee Clarke, who rallied her posse and set a beautiful spread of goodies for the grand opening, and thanks to all the great bakers on island!

The Mic Shop relies entirely on volunteers. Some of the positions are as time consuming as paying jobs. The four volunteers who are or were our buyers are Sue Ellis for crafts from Chuuk and Palau, Mary Long for the Marshall Islands, Carolyn Pippitt for the publications and Shari Scott for Pohnpei. These women worked tirelessly to locate and process all the very best crafts Micronesia has to offer, especially for the grand opening.

Thank you to Nina Provolt, former Mic Shop Chair, for helping steer this move.

We also have a great group of volunteers who run the shop. We could not keep our doors open without these women. Thanks also to the endlessly tolerant husbands and children!

Finally, I want to thank you, the customers who spend so generously, both residents and TDY personnel. Your dollars go so far in helping the peoples of Micronesia, both by letting us buy from the craftsmen and by furthering education through grants. Mahalo nui loa – thanks from the heart!

— Lauren Traweek

# Dining facilities change rules on take out meals

Until further notice pending this period of heightened health awareness, the dining facilities on both Kwajalein and Roi Namur will implement a series of measures promoting responsibility and consideration of others.

Personnel with meal cards who are sick and unable to go to the Café Pacific or Café Roi may contact Café Pacific at 53425, or Café Roi at 56368, to make arrangements for a take out meal. Those needing assistance in obtaining meals will need to confirm the take out with the respective dining facility by providing their name, K badge number, and name of person who will pick up the meal.

The standard practice for obtaining a take out meal remains in place. However, any personnel not wanting to dine at Café Pacific and Café Roi or not choosing to go through the serving line will have the option to receive a take out meal. The \$1.00 fee for all take outs has been temporarily waived. Those desiring this take

out option should report to the main entrance of either Café Pacific or Café Roi and provide either a valid D.O. number, pay cash, or swipe their meal card whereupon the cashier will issue an authorized take out request form.



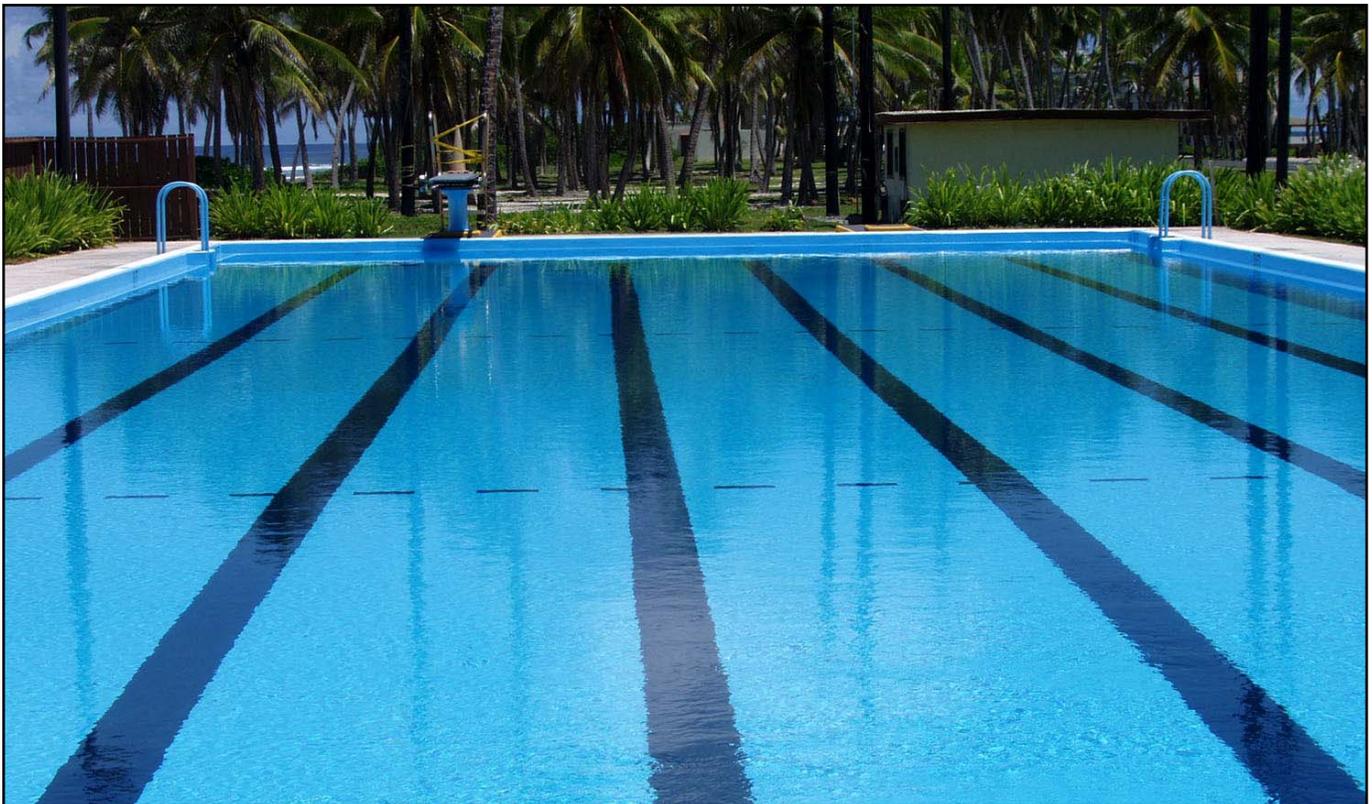
**Dining facility patrons can now have the option of a take out meal.**

Personnel should then proceed to the east side entrance (back entrance on Roi) of the dining facility and provide the form to a dining hall staff member to receive the meal of the day.

If you have any questions please contact the Café Pacific at 53425 or Café Roi at 56368.

Ro ewor aer meal card im re'naninmej im rejjab maron bed/etal non imon mona kein (PDR) Café Pacific im Café Roi remaron kebaak jikin mona kein ilo -- Café Pacific 5-3245 im Café Roi ilo 5-6368 -- non kommon kon ikkujeen takeout i mona eo kujom. Ro rej aikuij jiban ikkujeen buki / takeout mona ko kujjier rej aikuij kebaak jikin mona kein non am likit ettam, numba in baaj eo am im etan armej eo

kwoj bok mona eo kujjen. Jokjok ak wewein in ikkujeen ebbok mona naaj jino kутten. Ijjo ke ro rejjab konan mona ilo imwon mona kein Café Pacific im Café Roi ak rejjab konan bed im jutak ilo line in mona eo rej maron ebbok / takeout kujjeir. \$1 dolla fee / wonen eo non takeout emoj an bwojrak ilo torrein. Kebaak ro tollakeir ilo imwon mona kein ba kaki non melele ko jet.



## Diving in

After many months of repair, the adult pool reopened on Wednesday. New rules concerning scuba tanks being used at the pool will be forthcoming and will be posted at the pool.

*Photo by Vanessa K. Peeden*



# NASA finds no environmental impact with the NuSTAR mission

NATIONAL AERONAUTICS AND SPACE ADMINISTRATION [Notice: (09-059)] National Environmental Policy Act: Nuclear Spectroscopic Telescope Array Mission

**AGENCY:** National Aeronautics and Space Administration.

**ACTION:** Finding of No Significant Impact.

**SUMMARY:** Pursuant to the National Environmental Policy Act (NEPA) of 1969, as amended (42 U.S.C. 43321 et seq.), the Council on Environmental Quality Regulations for Implementing the Procedural Provisions of NEPA (40 CFR parts 1500-1508), and NASA policy and procedures (14 CFR part 1216 subpart 1216.3), NASA has made a Finding of No Significant Impact with respect to the proposed NuSTAR mission. The proposed action would be the launch of the NuSTAR mission on a Pegasus XL launch vehicle from the Reagan Test Site at U.S. Army Kwajalein Atoll, the Republic of the Marshall Islands in August 2011. The only other alternative that was considered in detail was No Action.

**DATES:** Written comments on this FONSI should be submitted to Mark Sistilli at the address provided below and must be postmarked no later than 30 days from publication of this FONSI. While hard copy comments are preferred, NASA will accept e-mail addressed to Mark Sistilli at the address provided below so long as the e-mail is sent no later than 30 days from publication of this FONSI.

**ADDRESSES:** The environmental documentation that supports and serves as a basis for this FONSI may be reviewed at the locations listed under the SUPPLEMENTARY INFORMATION in this notice.

**FOR FURTHER INFORMATION CONTACT:** Mark Sistilli, NASA Headquarters, Science Mission Directorate, Astrophysics Division, NASA Headquarters, 300 E St., SW., Mail Suite 3Y33, Washington, DC 20546-0001, Phone: 202-358-2242, E-mail: [mark.j.sistilli@nasa.gov](mailto:mark.j.sistilli@nasa.gov).

*.gov*.

**SUPPLEMENTARY INFORMATION:** The proposed NuSTAR spacecraft has been reviewed in accordance with the Routine Payload criteria established by the "Final Environmental Assessment for Launch of NASA Routine Payloads on Expendable Launch Vehicles from Cape Canaveral Air Force Station Florida and Vandenberg Air Force Base, California," (NRP EA) dated June 2002 and FONSI dated June 18, 2002. This review shows that the NuSTAR spacecraft meets all of the Routine Payload Criteria, with the exception of criteria 3 which specifies the launch vehicle and launch site conditions. The baseline launch vehicle for NuSTAR is the Pegasus XL, which is also covered under the Routine Payload criteria.

However, the launch site proposed is USAKA, in the RMI. Council of Environmental Quality (CEQ) regulations encourages adoption of existing documents where applicable an agency may adopt appropriate environmental documents prepared by another agency (Sec. 1506.3).

In addition, NASA Procedural Requirements (NPR) 8580.1, section K.2.17 encourages the adoption of other agency existing NEPA documents. The environmental impacts of the launch of spacecraft from USAKA have been reported in previous NEPA documentation, therefore these NEPA documents are hereby incorporated by reference in this FONSI. This FONSI formally adopts existing FAA and DOD environmental documentation for Pegasus launches from USAKA.

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**Notices:** At a minimum, NASA will take no final action prior to 30 days following the publication of this FONSI. Public comments on the environmental aspects of the proposed NuSTAR mission are hereby

solicited and will be considered before NASA makes its final decision.

The NuSTAR mission was proposed and selected in response to NASA's Announcement of Opportunity for the Explorer Program in 2003. The Explorer program provides frequent, low-cost access to space missions for small-to mid-sized spacecraft. The Explorer program enables the definition, development and implementation of mission concepts through a variety of modes to meet the need of the scientific community and the NASA space science enterprise. NuSTAR's scientific goals include helping scientists answer fundamental questions about the universe, such as:

1. How black holes are distributed throughout the cosmos?
2. How the elements of the universe were created?
3. What powers the most extreme active galaxies?

With answers to these and other questions, NuSTAR would expand NASA's understanding of the origins and destinies of stars and galaxies.

NuSTAR would study the sky through the use of high energy x-rays. It consists of a single spacecraft which would be placed into an equatorial orbit around the Earth. The objective of the NuSTAR mission is to conduct a census for black holes on all scales, achieved through deep, wide-field surveys of extragalactic fields and the Galactic center, map radioactive material in young supernova remnants in order to study the birth of the elements and to understand how stars explode, to expose relativistic jets of particles from the most extreme active galaxies in order to understand what powers giant cosmic accelerators, to study cosmic ray origins and the extreme physics around collapsed stars and would respond to targets of opportunity including supernovae and gamma-ray bursts.

NuSTAR would achieve its science objectives with a combination of surveys and pointed observations. It would consist of a single instrument containing two identical grazing incidence hard X-ray telescopes

that would effectively enlarge the X-ray collecting area. The grazing incidence mirrors would focus onto two shielded solid-state pixel detectors, separated by a mast that would extend the focal length to ten meters (33 feet) after launch. A laser metrology system (class 3B) would monitor the mast alignment and remove mast flexure that would ease mast stability requirements. The optics would extend the frequency range and field of view over that achievable with standard metal surfaces. Cadmium Zinc Telluride (CdZnTe) detectors would provide excellent spectral resolution and high quantum efficiency without requiring cryogenic operation. There would be a single mechanical interface to the 3-axis stabilized spacecraft bus provided by Orbital Sciences Corporation, who also manufactures the Pegasus launch vehicle. NuSTAR would launch from United States Army Kwajalein Atoll, Republic of the Marshall Islands, aboard a single Pegasus XL launch vehicle in August 2011.

#### **NuSTAR Adoption of Existing Environmental Documentation Applicability**

The Pegasus XL launch vehicle would be processed and the NuSTAR spacecraft would be integrated to the launch vehicle at Vandenberg Air Force Base (VAFB), California. The Pegasus would be attached to its dedicated L-1011 aircraft at VAFB, and then ferried to RTS for launch. Limited testing operations on the spacecraft would be conducted at RTS. On the day of launch, the L-1011/Pegasus would depart from RTS and then the Pegasus would be released from the L-1011 aircraft at an altitude of approximately 35,000 to 45,000 feet over the Pacific Ocean, at a point southwest of the Kwajalein Atoll. RTS is located on the USAKA, a subordinate command of the U.S. Army Space and Missile Defense Command, located in the RMI, approximately 3,700 kilometers (2,000 nautical miles) southwest of Hawaii. USAKA consists of all or portions of 11 of the 100 islands that enclose a 2,850 square kilometer (1,100 square mile) lagoon, the largest lagoon in the world. Kwajalein is one of 11 islands in the Marshall Islands leased by the U.S. government.

The U.S. Department of Transportation (DOT) Federal Aviation Administration (FAA) has analyzed the potential impacts of Pegasus launches at RTS in previous docu-

ments (FAA, 1994, OSC, 1999, and FAA, 2004) and has determined that the activities associated with the Pegasus operations at RTS will not individually or cumulatively significantly impact the quality of the human or natural environment. NASA has analyzed the potential impacts of missions with spacecraft that are considered routine payloads in an environmental assessment (NRP EA).

Spacecraft defined as routine payloads utilize materials, quantities of materials, launch vehicles and operation characteristics that are consistent with normal and routine spacecraft preparation and flight activities. The environmental impacts of launching routine payloads fall within the range of routine, ongoing and previously documented impacts that have been determined not to be significant. Spacecraft covered by the NRP EA meet specific criteria ensuring that the spacecraft and its operation and decommissioning do not present any new or substantial environmental or safety concerns. The NuSTAR mission meets the criteria for a NASA routine payload (NASA, 2009) with the exception of criteria 3 concerning launch site conditions that are covered in DOT environmental documentation (FAA, 1994, OSC, 1999, and FAA, 2004). The mission does not present any unique or unusual circumstances that could result in new or substantial environmental impacts. Based on the analyses set forth in the NRP EA and previous FAA documents, NASA has determined that the environmental impacts associated with the NuSTAR mission will not individually or cumulatively have a significant impact on the quality of the human environment. Therefore, an Environmental Impact Statement is not required. In making this determination, NASA not only considered that the NuSTAR mission satisfies the criteria set forth in the NRP EA for spacecraft impacts, but it considered the potential site specific impacts of the NuSTAR mission set forth and detailed in the DOT documentation identified above.

The environmental documentation that supports and serves as a basis for this FONSI may be reviewed at the following locations: Alele Public Library, P.O. Box 629, Majuro, Republic of the Marshall Islands 96960.

Grace Sherwood and Roi-Namur

Libraries, P.O. Box 23, Kwajalein, Marshall Islands APO, A.P. 96555.

The environmental documentation may also be examined at the following locations by contacting the pertinent Freedom of Information Act Office:

(a) NASA, John F. Kennedy Space Center, FL 32899 (321-867-2745)

(b) NASA, Ames Research Center, Moffett Field, CA 94035 (650-604-3273)

(c) NASA, Dryden Flight Research Center, Edwards, CA 93523 (661-276-2704)

(d) NASA, Glenn Research Center at Lewis Field, Cleveland, OH 44135 (1-866-404-3642)

(e) NASA, Goddard Space Flight Center, Greenbelt, MD 20771 (301-286-4721).

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(f) NASA, John C. Stennis Space Center, MS 39529 (228-688-2118);

(g) NASA, Lyndon B. Johnson Space Center, Houston, TX 77058 (281-483-8612)

(h) NASA, Langley Research Center, Hampton, VA 23681 (757-864-2497)

(i) NASA, Michoud Assembly Facility, New Orleans, LA 70189 (504- 257-2629)

(j) NASA, White Sands Test Facility, Las Cruces, NM 88004 (505-524-5024)

(k) Jet Propulsion Laboratory, Visitors Lobby, Building 249, 4800 Oak Grove Drive, Pasadena, CA 91109.

Limited hard copies of the specific environmental documentation named below that supports this FONSI are available on a first-request basis by contacting Mark Sistilli at the address, telephone number, and e-mail address indicated wherein.

#### **References:**

A complete list of all references cited in this rule is available on the Internet at <http://oim.hq.nasa.gov/oia/emd/ep.html> or by e-mailing a request to [nepa@hq.nasa.gov](mailto:nepa@hq.nasa.gov). Edward J. Weiler, Associate Administrator for Science Mission Directorate. [FR Doc. E9-15203 Filed 6-26-09; 8:45 am]

**HELP WANTED**

*KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).*

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

THE UNIVERSITY OF MARYLAND is offering SOCY 105 class. This would be the Fall Session one from August 24 to October 18 if enough students enroll for the face to face class. Lora Kendrick will be the instructor. Classes will be held at the high school two evenings per week, three hours per night. The class description for SOCY105 - Introduction to Contemporary Social Problems (3) is an exploration of various personal, institutional, cultural, historical, and global problems that confront American society today. Problems range from drugs, divorce, crime,

# Native Plant Stewardship Program

Community Activities is looking for people to help create a nursery of native and culturally useful plants. These plants will be used to increase biodiversity of our native plant population and to beautify our islands. We need both volunteers that are willing to be part of ongoing care of the plants, as well as the occasional muscle to be called in for special projects. If you are interested or would like more information, call Amy at 53331.



mental illness, and alienation in modern society to the environment and national and global economic and political conflicts. Special attention is paid to issues of technology and social change.

**WANTED**

- BBQ GRILL, in any condition. Call 55391.
- SMALL CARD TABLE and an outdoor shower nozzle with hardware. Contact 52370.
- KWAJALEIN CALENDAR, 2009 issue. Call, 54632.

**FOUND**

- GLASSES with a black lanyard found at the hospital. Call to retrieve at 52223 or 52224.
- BIKE, between the BQs and family housing. Call 51668 to claim.

**LOST**

- AM/FM RADIO WALK MAN with head set, left at the gym on August 4, \$20 reward offered. Call 55558.

**PATIO SALE**

- SATURDAY, 5-9 p.m. and MONDAY 8 a.m.-1 p.m., at Quarters 137-F. Used clothing, gift items, cookware, tableware, bedding, and books. Many items in original packaging. Questions? Call 52653.

**FOR SALE**

- EZ-3AX RECUMBENT TRIKE, 27 speed, state of the art, aluminum frame, front and rear disk brakes, cambered rear wheels, like new, paid \$1200 selling for \$800 and Posiedon Cyklon 5000 regulator, with octopus, \$300 or best offer. Call Dennis at work 51850 or at home 54489.
- NINTENDO WII CONSOLE along with Wii Guitar

- Hero World Tour, \$300; Xbox 360 Guitar Hero game, \$20; blender, \$5; iPod Stereo Dual Alarm, black, \$35 and a floor lamp, \$5. Call and ask for Caroline or leave a message at 55310.

- WIDE VARIETY OF PLANTS, \$2 to \$25. View at Quarters 229-B. Call 53336.

- ARBAND, NEW with silicone case for SanDisk Sansa Fuze, great for the Gym, \$9 and air conditioner, new with car charger for SanDisk Sansa Fuze, \$9. Call Brian 51081.

- BOAT, 21 FEET, fiberglass, high performance, 225 horsepower, Johnson plus eight horsepower, boathouse Lot 800 and trailer, includes lot with planted corn and pumpkin, \$6,990 and boat, 27 feet crown line fishing cruiser, 350 CU, 5.7 mercruiser, plus 15 horsepower, boathouse Lot 309 and trailer, \$19,900. Call 59662.

- YAMAHA KEY BOARD, portable, YPT 310 model, with stand, \$100. Contact 52367.

- BOATHOUSE WITH BOAT COVER, Lot 305, small container with power, air conditioned, outdoor lights, buyer needs powerboat or boat hull in order to purchase lot, \$1,500 or best offer and a Mercury two-stroke outboard motor, 225 horsepower, good condition, lots of power, \$2,000. Call Tyler at home, 52371 or at work, 52010.

- PLANTS, some small plants free. Call Maria Elena, 53925 after 5:30 p.m. or on weekends at any time.

- ROLLER SKATES FOR GIRLS, adjustable, used, for sizes two to four, \$10; roller skates for boys, adjustable, used, for sizes 12 to one, \$10 each; kickstand, \$1; Shimano Shift Levers, two, brand new, for multi-speed bikes, \$10 each; Shimano rear derailleur, brand new, \$10 and break pads, various sizes, brand new, \$5 each. Call 50165 in the afternoon.

- LINKSYS USB network adapter with wifi finder.

## Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.  
 Sunday Mass, 9:15 a.m., in the main chapel.  
 Mass on Roi is only on the first Sunday of the month at 12:15 p.m., in Roi Chapel.

Protestant

Sunday  
 8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

## Café Pacific

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 29
Eggs benedict	Marco polo	Meatballs	Fried steak	Egg noodles	Mousaka	Surf burgers
Cajun crab cakes	Vegetarian pasta	Red potatoes	Kung pao chicken	Brown rice pilaf	Vegetable ragu	Baked penne
Strawberry shortcake	Scalloped potatoes	Ratatouille casserole	Southern potatoes	Kwaj fried chicken	Bombay chicken	Mashed potatoes
Grill: Brunch station open	Grill: Brunch station open	Grill: Grilled chili dogs	Grill: Green chili burrito	Grill: Hot dogs	Grill: Greek sandwich	Grill: Calzones

### Dinner

Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Red beans	Buffalo wings	Green peas	Beef curry	Flank steak	Chicken stew	Stir-fry
Chicken curry	Boiled potatoes	Ginger rice pilaf	Au Gratin potatoes	Salmon croquettes	Salisbury steak	Huli huli chicken
Boiled red potatoes	Chef choice entree	Stir-fried vegetables	Herb baked chicken	Twice baked potatoes	Macaroni and cheese	Korean style rice

Contact [ka1iuj@gwi.net](mailto:ka1iuj@gwi.net).

GIBSON LES PAUL, Line Six Metal Core Pedal and Wah pedal, \$995; Panasonic DVD recorder, \$150; six inch reflector telescope and soft carry case, \$300 and a vacuum, \$30. Call after 5 p.m., 53329.

BLACK LEATHER SOFA, sectional, \$900; black leather ottoman, \$50; Whirlpool dishwasher, \$200; dishes, set of 12, sand/gold, \$80; Rubbermaid bike trailer, \$50; women's Giant bicycle, three and a half months old, \$200; TV stand, black, \$75; Toshiba television, 24 inch, \$250; Speedrail canopy frame, \$200; bookshelf, \$40; golf club set, \$200 and two inch white blinds, 400 housing, \$200. Call 52305.

PLANTS, view at quarters 211-A, \$5 to \$25. Call 53698 after 6 p.m.

SCUBA BCD, size medium, weights not integrated, \$50; Henderson Polartex dive suit, extra large, \$50 and soft weights, two each, two pounds and three pounds, \$1.50 per pound. Call 53698 after 6 p.m.

SCREENED IN DINING CANOPY, 12 feet by 12 feet, never used, \$90 or best offer. Call Amy 51416 at work or 52301 at home.

WATER BEDS, two, complete, super-single size, \$50 and a King with under-bed drawer set, \$100. Call 53698 after 6 p.m.

BOOTS, brand new, leather Timberland Pro Series, size 10 wide, electrical shock hazard/ steel toe/anti-slip, comes with waterproofing material, paid \$130, asking \$40. Call 52434.

CHILDREN'S CLOTHES, used, boys size seven and eight, girls size 10, 12 and 14, \$1 each; women capris, size four, \$2; tops, size small, \$2; men's shirts, size large, \$2; kids shoes and sandals \$1 per pair; mini vacuum, \$5 and an electric hair clipper, \$5. Drop by any afternoon at Dome 165 after calling 50165.

SUITCASE, LARGE, black, for traveling, \$80. Call for more details, 55310 or 58209.

CD STEREO PLAYER with CD's, \$25; alarm clock, \$10; Hit Movies VHS tapes, \$1; fake palm tree plant, \$5 and Play Station 2 games, from \$1, \$5 to \$10. Contact Cory at 53445 or 55525.

**COMMUNITY NOTICES**

'PARTY SATURDAY' is at 8 p.m. on August 22 at the Ocean View. Join them for exotic mixed drinks, dance music and spicy chicken wings while supplies last. Questions? Contact Eric Wills, 53338.

IVEY GYM WILL BE closed on August 25 and 26 for a deep cleaning. Mark your calendar and schedule alternate workouts on these days. The gym will reopen at 4:30 p.m. on August 26.

THE COUNTRY CLUB 'End of Summer' Buffet Dinner will be on August 29. Menu to include B.B.Q. spare ribs, southern fried chicken, buttered corn on the cob, cole slaw, corn bread and frosted layered

**PUTT PUTT GOLF**



From 1-4 p.m. on August 23 at Holmberg fairways. All are welcome. The bounce castle will be up in the patio area for the kids. To keep everyone cool, drinks will be served, courtesy of the Country Club.

cake for dessert. Buffet dinner starts at 6:30 p.m. and seating is limited. Cocktails served at 6:30 p.m., cash bar will be open. Bus service will be available from 6-11 p.m. from ocean view to the Country Club and back. Tickets are \$27.50 per person; to purchase see Marie Curtiss at the Retail Service Office building 805 next to the Bowling Center or call 53933.

MAIN SOCCER SEASON team registration is from August 11 to 31. Time to get your adult soccer teams together and register them at Community Activities with a \$50 registration fee. If you are looking for a team, contact Community Activities and we will put you on the free agent list. Season dates are from September 10 to October 30.

THE CYSS SCHOOL Aged Services before and after school care program for kindergarten through sixth graders begins August 25. Registration and enrollment opens on August 11 at CYSS Central Registration, building 356, and space is limited. For more information, contact Micah at 52158.

START SMART BASKETBALL 2009 is beginning for pre-kindergarten children ages three through five. Registration is open August 11 through September 5 and the program begins September 16. Contact 52158 for registration information.

CYSS YOUTH BASKETBALL 2009 registration opens from August 4 to August 29. Open to boys and girls in grades kindergarten through 6th and the league dates are Sept. 10 through Oct. 31. Coaching opportunities available as well. Contact 52158 for registration information, building 356. Contact 53796 for sports program information.

THERE WILL BE AN '80's Night from 9 p.m. to 2 a.m. on August 29 at the Vet's Hall. You must be over 21 years old to attend.

KWAJALEIN'S FIRST DRUM Circle will be at 6:30 p.m. on September 1 at Emon Beach.

**NOTICE**

**KPD will be conducting a Pistol Range from 9 a.m. to 4:30 p.m. on Aug. 26. Observe the Red Flag Hazard Area. If you have any questions contact KPD Training at 54448.**

THE YOKWE WOMEN'S CLUB invites all women to their first event of the season, "Cheeseburger in Paradise". Come enjoy dinner and fun with new and returning members on September 2 at 6:30 p.m. in the Emon pavilion. Bring a friend!

HOBBY SHOP PATRONS, if you have any unfinished projects or wood stored in the Hobby Shop facility, come by and pick it up or make sure that your name is on it. If it is not claimed by October 1, it will become the property of the Hobby Shop.

OKTOBERFEST is being celebrated at the Vet's Hall on October 4.

BRIDGE NIGHT WILL BE at 7:30 p.m. every Wednesday at the ARC. Lessons will be given for beginners and there will be Rubber Bridge for experienced players. No reservations are required. Questions? Contact Don Shuwarger at 52223.

DURING THE ABSENCE of a priest, the Liturgy of the Word and Communion Service will be held at 9:15 a.m. on Sunday mornings in the Island Memorial Chapel.

AA MEETINGS on Roi-Namur are now being held at 1:30 p.m., every Wednesday, in the KEAMS Training Room at the Terminal Building. Call Bill, 52338 or Marion, 55362.

IS TRAINING now has classes available for adults who do not have a CAC. E-mail [cindy.brooks@smdc.k.smdc.army.mil](mailto:cindy.brooks@smdc.k.smdc.army.mil) for a schedule of classes.

WEIGHT MANAGEMENT Support Group meets at 5 p.m. every Friday in the Hospital Conference Room. The community is invited. Questions? Call 55362.

'KARAOKE NIGHT FRIDAYS' are at 8 p.m. at the Ocean View. Join them for drinks, singing and pupu's. Questions? Contact Eric Wills 53338.

*Projected menu-subject to change*

*Café Roi*

**Lunch**

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Aug. 29</i>
London broil	Roast chicken	Pizza bread	Tofu stir-fry	Salisbury steak	Parsley noodles	Pinto beans
Eggs parisiense	Grilled mahi mahi	Beef tortellini	Potato wedges	Pasta primavera	Kielbasa on a roll	Boiled brisket
Mashed potatoes	Roasted potatoes	Chicken cacciatore	Grilled turkey on rye	Mashed red potatoes	Vegetable of the day	Mashed potatoes
Grill: Brunch station open	Grill: Brunch station open	Grill: Unavailable	Grill: Unavailable	Grill: Unavailable	Grill: Unavailable	Grill: Unavailable

**Dinner**

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Aug. 29</i>
Pork ribs	Fried rice	Cabbage rolls	Steak night	Stuffed eggplant	Fried rice	Chili
Brown rice	Spicy noodles	Seafood pasta	Baked potatoes	Roi fried chicken	Szechuan chicken	Potato wedges
Vegetable du jour	Korean kal bi chicken	Eggplant napoleans	Lime broiled chicken	Vegetable of the day	Lamb and potato curry	Barbeque beans

## LV-2 from Page 3

“The LV-2 arrival at Kwajalein was a demonstration in teamwork. Members of the Reagan Test Site and their contractors, Missile Defense Agency, Air Mobility Command, and Lockheed Martin successfully executed a safe roll transfer from the C-17 to Common Transporter. The entire team needs to be commended for their professionalism, dedication and successful completion on the delivery of the first LV-2 to the field.”

In the weeks to come the Mis-

sile Defense Agency presence on Kwajalein will grow. MDA and prime contractor Lockheed Martin personnel on island to support the upcoming FTG-06 test of the Ballistic Missile Defense System will grow to more than 60 by the end of the fiscal year. The FTG-06 test will be completed in FY09 and is the first of five planned flight tests with the LV-2 target being flown from Meck Island.

The second test will be conducted in 2QFY10. There will be another

flight in FY11 and two more in FY12. The Missile Defense Agency is looking forward to a multiple year, multiple flight test partnership with RTS. Shifrin summarized the Agency’s mindset, “We appreciate the opportunity to execute our tests from RTS. The people here are responsive, professional and have provided overwhelming hospitality. We will uphold our end and be good partners on the range and with the community as appreciative guests.”

## FLU PREVENTION TIPS



With the current concern regarding H1N1 Flu, a renewed emphasis on hand washing is one of the most important preventative measures to prevent the spread of germs. **PREVENTION TECHNIQUES** to reduce the spread of airborne and contact diseases:

- **Always cover your nose & mouth with a tissue, dispose of the tissue and wash hands immediately.**
- **Do NOT reuse the tissue or place it in your pocket. If no tissue, use your elbow instead of hands.**
- **Wash hands for at least 10-20 seconds with warm soapy water. If not water, use an alcohol-based hand cleaner.**
- **Avoid touching your eyes, nose or mouth. Germs spread that way.**
- **Keep a social distance of at least 3 feet from other people.**
- **If you are sick and have a fever of 100.4, go to First Stop for medication and stay at home for seven days or at least 24 hours after symptoms subside.**

For more information visit these WEBSITES:

<http://www.cdc.gov/swineflu/>

<https://blog.amedd.army.mil/tsg/?page=PostViewSingle&postId=102>

<http://www.cdc.gov/swineflu/pdf/brochure.pdf>

## Weather courtesy of RTS Weather

**Sunday:** Mostly cloudy, 30 percent showers. **Winds:** SW at 5-10 knots.  
**Monday:** Mostly sunny, 20 percent showers. **Winds:** S-SW at 5-10 knots.  
**Tuesday:** Mostly sunny, 10 percent showers. **Winds:** S at 5-10 knots.  
**Wednesday:** Mostly sunny, 10 percent showers. **Winds:** Light and variable.  
**Thursday:** Partly sunny, 20 percent showers. **Winds:** Light and variable  
**Friday:** Partly sunny, 20 percent showers. **Winds:** Light and variable  
**Aug. 29:** Mostly sunny, 20 percent showers. **Winds:** Light and variable

Annual total: 32.62 inches  
 Annual deviation: -21.79 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

### Sunrise/set Moonrise/set High Tide Low Tide

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:41 a.m./7:02 p.m.	9:46 a.m./ 9:52 p.m.	5:48 a.m., 4.8' 6:09 p.m., 4.5'	12:00 a.m., -0.9'
Monday	6:41 a.m./7:01 p.m.	10:38 a.m./10:38 p.m.	6:20 a.m., 4.4' 6:41 p.m., 4.3'	12:14 a.m., -0.6' 12:29 p.m., -0.5'
Tuesday	6:41 a.m./7:01 p.m.	11:31 a.m./ 11:26 p.m.	6:50 a.m., 3.8' 7:13 p.m., 3.9'	12:49 a.m., -0.2' 12:56 p.m., -0.2'
Wednesday	6:41 a.m./7:00 p.m.	12:25 a.m.	7:18 p.m., 3.2' 7:47 p.m., 3.5'	1:25 p.m., 0.3' 1:21 p.m., 0.3'
Thursday	6:41 a.m./7:00 p.m.	1:18 p.m./12:16 p.m.	7:46 a.m., 2.6' 8:28 p.m., 3.0'	2:06 a.m., 0.8' 1:45 p.m. 0.7'
Friday	6:41 a.m./6:59 p.m.	2:09 p.m./1:07 a.m.	8:21 a.m., 2.0' 9:47 p.m., 2.6'	3:05 a.m., 1.3' 2:13 p.m., 1.1'
Aug.29	6:41 a.m./6:59 p.m.	2:59 a.m./1:58 p.m.	12:02 a.m., 1.6'	6:27 a.m., 1.4' 4:22 p.m., 1.5'