

THE KWAJALEIN HOURGLASS



Jarem, Jane and Rich Ereksen, The "E" Team, finish the last segment of the Rusty Family Mini-Triathlon together on Monday. For more, see page 4.

Photo by Sheila Bigelow

Water: our most valuable resource

Test your water sense

Easily corrected household water leaks account for what percentage of the average water usage?



- A. 2%
- B. 4%
- C. 6%
- D. 8%



Answer: D. Leaky faucets that drip at the rate of one drop per second can waste up to 3,000 gallons of water each year.

Attention Military Veterans:

American Legion Post 44 is looking for four additional personnel for the Rifle Squad to support the Memorial Day Ceremony. If you are interested in participating on the Rifle Squad, please call 5-1517.



Memorial Day observance will be held at 9 a.m., May 25 at the flagpole.

In case of inclement weather, the ceremony will be moved to Island Memorial Chapel.

THUMBS UP



To Ed Lyvers and Mark Pippitt for repairing the sound system in Island Memorial Chapel. Not only is the sound clear and brilliant, it saved KRS hundreds of dollars in new equipment.

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The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAKA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

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Printed circulation:1,200
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The Turbo Turtles took first place this year in water polo. Pictured left to right is Anne Jahnke, Paul McGrew, Ona Moore, Greg Moore, Janet Burki, Bruce Premo, John Breen, Glenn Hibberts. Missing: Christi Davis, Phil Lindert, Monte Junker.

Water Polo season comes to an end for the year

Article and photos by Sheila Bigelow
Associate Editor

It was quite the water polo season this year. Rival teams Turbo Turtles and Chargoggagoggmanchaug-gagoggchaubunagungamaugg (yes, that is the actual team name - named after a lake in Massachusetts believed to mean "You fish on your side, I fish on my side, and nobody fish in the middle.") ended up battling it out in the final game Tuesday.

Turbo Turtles used their two biggest assets, which also happen to be their two top-scoring players, Paul McGrew and Bruce Premo to rack up points, leading them to victory.

Chargogg focused on defense, keen on keeping McGrew and Premo away from goalie Joe Logan. Logan was impressive, blocking shot after shot, even when the Turtles were shooting from just a foot or two away. They chose a two-man offense with Jeremy Gideon and team captain Stan Jazwinski. Their precise passes helped keep them close to the Turtles through the half, the score only at 18-12, the Turtles just a few goals ahead.

The second half was dominated by the Turtles. Unfortunate shots by Chargogg's offense gained them only three more goals during the second half. But they sure did entertain - with Jim Roby and Jazwinski attempting "ally-oops", Roby throwing all the way from defense, and Jazwinski swatting the ball at Turtle goalie John Breen.

In the end, the Turtles prevailed with a final score of 36-18. It was an exciting

season filled with old rivalries and new players that turned out to be mighty impressive like newcomers Elizabeth and Jason Forsyth (Chargogg). In the consolation game, the high school team, Spartans, beat out the Watermuks 33-22. The Hospital team had the most new players and put in a great effort, finishing fifth this year. Congratulations to all teams for a great season. A special thank you to all the volunteer referees and to Sandy Lummer for scorekeeping.



Team Chargogg: Left, Jason Forsyth, Bill Eisele. Right, Susan Landgraff, Jeremy Gideon. Stairs, bottom to top, Stan Jazwinski, Val Bazar, Elizabeth Forsyth, Fred Cunningham, Jim Roby, Joe Logan, and Jenny Holland.



Gilson Hogan finishes the running portion for his first place team, The Segment Specialists.



Friends Addison Cossey and Jillian DeCoster finish the Rusty Family mini-triathlon together with a time of 1:36:00 each.



3-year-old Matthew Buhl kicks it into high gear at the end of the running portion of the race, finishing with his mom, dad and sister.

Photos by Sheila Bigelow

Annual Rusty Family Mini-Triathlon brings out all ages for competition

By Bob Sholar
KRC President

Kwajalein Running Club's 2009 Rusty Family Mini-Triathlon (Swim-Bike-Run) was held Monday. Distances are: swim 500-yards, bike ten miles, run two miles. The official starter was high school teacher Jon Jahnke, this year's winner of the RustMan triathlon held two weeks earlier. Rusty Family uses the same Emon Beach course hub and basic paths as the RustMan, but, the swim distance is halved and the bike and run loop counts are reduced by two thirds. So, Rusty Family is 'mini' compared to RustMan, but when your age is in single digits, the family distance is a daunting consideration. The youngest solo contestants this year were third graders Abigail Bishop and Nikky Ansley.

To increase participation, especially for the younger folks, Rusty Family offers a team section. Teams are sometimes school classmates and sometimes dissimilarly aged siblings. The common 'family m lange' type team can consist of three, four, or more members, with moms and dads sometimes fully or partially toting younger children, toddlers or even infants through various segments. Elias Peterson is still a toddler and will likely not remember finishing in mommy Krystal's pouch during the biking segment.

First across the line for the solo contestants this

year was seventh grader John Sholar in one hour, zero minutes, and 24 seconds. For the ladies, sophomore Leimamo Wase finished first in 1:07:21. Being an objective runner myself, I can say that event veteran Sholar did great, taking 15 minutes off of his 2008 time. Sholar used a borrowed ten-speed racing bike for the first time.

A team of high school students recorded 00:46:54, the fastest team time ever on the modern course. Ryan DeCoster swam 00:05:49 for his team, the fastest swim ever recorded on the modern course. Graham Kirchner biked 00:26:59 and Gilson Hogan ran 00:14:06. Just days before the event, a preparing contestant using a GPS device informed race organizers that the run segment advertised since 1999 as two miles is actually more like two and 1/6 miles. After review, the run is indeed nearly 300-yards longer than two miles.

Freshman Jarem Erikson joined his parents Rich and Jane in a team. The three of them covered all segments of the course together, finishing as a family.

Some registered solo contestants paired up with buddies throughout the race like: Jacob Cardillo and Leimamo Wase, Nikky Ansley and her father Steve, Maggie Fronzak and Tiffany Scofield, and Mereille Bishop and Molly Premo.

There were Kwaj classic entertaining moments like when mom Heidi Rowell carefully finished the bike portion, making the final turns with a strapped-in and

helmet-headed 3-year-old daughter Elaina fast asleep and bobbling in her rear child seat.

Counting each solo and team participant produces a count of 115. Adding that to RustMan 30's head count of 83 gives a grand total of 198 participants for KRC's 2009 sister triathlon events. Between the two events, the Emon BBQ volunteers cooked up 320 hamburgers and 240 hot dogs for hungry finishers and the 50 volunteer staffers.

Spectators were estimated to be in the thousands, if we include the smaller reef fish.



Toddler Elias Peterson enjoys a snack while mommy Krystal finishes the 10-mile biking portion of the Rusty Family mini-triathlon.



3-year-old Elaina Rowell takes a nap while mom Heidi finishes the biking portion. She woke up just in time to finish the two-mile run with the rest of the family.

Rusty Family individual results

<i>Individual</i>	<i>Swim</i>	<i>Bike</i>	<i>Run</i>	<i>Total</i>
John Sholar	0:06:22	0:35:36	0:18:26	1:00:24
Ryan DeCoster	0:05:49	0:38:03	0:20:11	1:04:03
Jake Jahnke	0:08:00	0:34:54	0:22:42	1:05:36
Jacob Cardillo	0:08:36	0:38:48	0:19:57	1:07:21
Leimamo Wase	0:08:38	0:38:46	0:19:57	1:07:21
Tyler Stepchew	0:08:13	0:35:12	0:24:33	1:07:58
Alexis Martin	0:07:21	0:39:16	0:22:04	1:08:41
Keith Brady	0:07:22	0:39:37	0:24:03	1:11:02
Tyler DeCoster	0:07:39	0:40:31	0:25:33	1:13:43
Allison Villarreal	0:07:12	0:44:03	0:22:53	1:18:40
Leightyn Cossey	0:06:43	0:45:21	0:26:36	1:18:40
Jacob Beavers	0:11:55	0:43:15	0:23:40	1:18:50
Mary McPhatter	0:08:18	0:49:04	0:22:21	1:19:43
Lisa Shier	0:09:36	0:38:44	0:33:16	1:21:36
David Sholar	0:08:03	0:49:25	0:24:36	1:22:04
Alex Burnley	0:06:39	0:55:27	0:21:25	1:23:31
Mason Malloy	0:07:58	0:59:10	0:21:12	1:28:20
Mereille Bishop	0:07:44	0:51:40	0:29:45	1:29:09
Molly Premo	0:07:44	0:51:52	0:29:43	1:29:09
Nikky Ansley	0:08:19	0:57:13	0:25:02	1:30:34
Steve Ansley	0:08:20	0:57:12	0:25:03	1:30:35
Abigail Bishop	0:08:20	0:57:16	0:29:02	1:34:38
Alex McGlenn	0:08:27	0:57:34	0:28:40	1:34:41
Addison Cossey	0:08:28	0:56:51	0:30:41	1:36:00
Jillian DeCoster	0:08:21	0:59:32	0:28:07	1:36:00
Mary Doerries	0:13:34	1:07:48	0:24:18	1:45:40
Maggie Fronzak	0:10:49	1:02:03	0:37:46	1:50:38
Tiffany Scofield	0:10:40	1:02:12	0:37:46	1:50:38

Rusty Family team results

<i>Teams</i>	<i>Swim</i>	<i>Bike</i>	<i>Run</i>	<i>Total</i>
The Segment Specialists	0:05:49	0:26:59	0:14:06	0:46:54
Griswold's Family Vacation	0:10:22	0:33:15	0:18:11	1:01:48
Dude & Dudette	0:09:34	0:33:13	0:21:47	1:04:34
Will Scott	0:06:58	0:41:53	0:17:49	1:06:40
The Quacksters	0:10:36	0:31:23	0:26:02	1:08:01
Alison's Pocket Change	0:07:56	0:47:23	0:19:35	1:14:54
Kutac	0:10:14	0:38:51	0:27:08	1:16:13
Pepper, Spice & Beer	0:10:32	0:38:29	0:27:58	1:16:59
Rush Hour	0:09:32	0:45:34	0:22:10	1:17:16
The "E" Team	0:11:54	0:44:19	0:21:04	1:17:17
Rubber Ducks	0:08:04	0:47:47	0:21:51	1:17:42
Moore Fun	0:08:11	0:56:08	0:19:04	1:23:23
Made in Brazil	0:09:22	0:54:39	0:21:37	1:25:38
Grant's Girls	0:10:21	0:45:43	0:29:43	1:25:41
Along for the Ride	0:09:32	0:57:43	0:20:26	1:27:41
Neptune & his Mermaid	0:11:59	0:55:21	0:20:22	1:27:42
Team Mom	0:10:00	0:44:21	0:35:04	1:29:25
Fourth Grade Thunder	0:09:36	0:57:32	0:22:17	1:29:25
Dos Yohos	0:12:46	0:55:00	0:21:39	1:29:25
Fifth Grade Fury	0:13:24	0:54:54	0:22:00	1:30:18
Matt's Puppies	0:08:17	0:59:26	0:23:24	1:31:07
Mighty Rusty Trio	0:11:07	1:02:26	0:19:58	1:33:31
The Redneck Runners	0:11:49	0:59:25	0:25:22	1:36:36
Team Yoda	0:12:52	1:01:45	0:27:53	1:42:30
The Three Musketeers	0:14:00	1:02:13	0:31:30	1:47:43
The Dragons & the Princess	0:07:11	1:09:40	0:34:42	1:51:33
Wii Long for You	0:13:26	1:12:33	0:26:21	1:52:20
Fantastic Four	0:12:22	1:07:37	0:37:16	1:57:15
Marshallese Likatu Girls	0:13:26	1:20:27	0:31:21	2:05:14



Christina, Myles and Ron Sylvester finish the swim portion of the Rusty Family mini-triathlon together.

TSA issues new rules for air travel

When does the full name requirement go into effect? When MUST my airline ticket match the name on my ID exactly?

Secure Flight requires that domestic aircraft operators request and collect full name as of May 15, 2009, and date of birth and gender as of August 15, 2009 for their domestic flights. For international flights, full name, date of birth, and gender must be requested and collected as of October 31, 2009. TSA has built some flexibility into the processes regarding passenger name accuracy. For the near future, small differences between the passenger's ID and the passenger's reservation information, such as the use of a middle initial instead of a full middle name or no middle name/initial at all, should not cause a problem for the passenger. Over time, passengers should strive to obtain consistency between the name on their ID and their travel information.

Does the name on all of my Identity Documents have to match? What if my driver's license has only my middle initial, but my passport has my full name? Should I change my driver's license to match my passport?

Secure Flight does not require that the names on all of your IDs be identical. Passengers should ensure, however, that the name used when making a reservation matches the ID that will be used when the passenger checks in. To illustrate this point using a hypothetical example, if a passenger's current driver's license reads "John C. Doe," the passenger is not required to apply for a new driver's license listing the complete middle name. However, if the passenger plans to use his driver's license for identification purposes when traveling, he should ensure that he makes his flight reservation using the exact name on the driver's license, "John C. Doe."

Will Secure Flight affect my airline frequent flyer accounts? I have heard that if the name I use to make my reservation matches my ID but not my frequent flyer account that the airline's frequent flyer system will not recognize my name. What should I do?

Passengers should ensure that the name used when making a reservation matches the ID that will be used when the passenger checks in. If that name differs from the one on their frequent flyer account, passengers should consult the aircraft operator frequent flyer program regarding the process to update their frequent flyer account information.

What if I book travel with a travel agent? Will they know to start sending the additional Secure Flight data elements?

Passengers should ensure that the name, date of birth, and gender that the travel agency uses to book their

travel exactly match the ID that the passenger plans to use while traveling. If the information does not match, the passenger should make the necessary changes to the booking in order to avoid unnecessary delays and extra steps when checking in for their flight.

Aircraft operator and travel agency systems may not be able to support changes to the way passenger names are currently stored in various accounts. Aircraft operators and travel agencies are beginning to make the changes to their systems necessary to update passenger information to a format compatible with the Secure Flight requirements.

Although it might be challenging to make these modifications now, passengers should find it progressively easier between now and 2010 deadlines.

What happens if a name matches the watch list?

If a passenger's name is a match to the watch list, Secure Flight will then compare the passenger's date of birth and gender information to the date of birth and gender information of the watch list entry.

Usually, this will result in a determination that based on the additional information, the passenger no longer matches a watch list entry.

What kind of information will Secure Flight collect about me?

Secure Flight has identified the minimum amount of personal data necessary to perform effective watch list matching. Passengers are only required to provide their full name, date of birth, and gender to allow TSA to perform watch list matching. You are not required to provide other information such as passport information to aircraft operators.

However, covered aircraft operators must transmit such information to TSA if you provide it. Providing the optional information is beneficial to you as it helps ensure you are not misidentified as a person on a watch list. Secure Flight does NOT assign a score to individuals, use commercial data or predict behavior.

Secure Flight does not use commercial data. No personal information is collected other than what is necessary and relevant for the purposes of watch list matching. Additionally, Secure Flight will dispose of personal information as quickly as possible, in accordance with National Archives and Records Administration (NARA) Government Record Schedules.

Will Secure Flight change the way I travel?

No. Before Secure Flight implementation, aircraft operators matched passenger information against a watch list provided by TSA. Under Secure Flight, TSA assumes responsibility for this function from the airlines.

Under the Final Rule, the most significant proposed change for the majority of passengers is that airlines will request additional information from a passenger when

Under the Secure Flight Final Rule, TSA requires airlines to collect and transmit to TSA the following information:

- * Full Name (required)
- * Itinerary (required)
- * Date of Birth (required)
- * Gender (required)
- * Redress Number (optional)

making a reservation. Secure Flight requires airlines to ask for the following information when a passenger makes a reservation: full name, date of birth, and gender. Providing the additional information may help differentiate a passenger from an individual on the watch list and prevent misidentification.

How do I know that the information Secure Flight collects about me would be safeguarded?

TSA takes the security of personal information very seriously. The personal data that Secure Flight proposes to collect is protected by the highest set of security protocol standards established by the federal government.

TSA takes a number of steps to guard the safety and privacy of personal information it collects about individuals. TSA's Office of Privacy Policy and Compliance collaborates with the Chief Information Security Office (CISO) to work with program offices during the design and implementation of systems to ensure compliance with the Federal Information Security Management Act (FISMA) and the Privacy Act, 5 U.S.C. § 552a.

What happens if I'm mistakenly

identified as a match to the watch list?

For those who encounter misidentification, Secure Flight helps prevent watch list name confusion by using the Department of Homeland Security's Travel Redress Inquiry Program (DHS TRIP) <http://www.dhs.gov/trip>, the central processing point for redress inquiries. When applying for redress, passengers are asked to fill out a form, provide additional personal information, and provide various forms of identification (e.g., passport, birth certificate, etc.) to help differentiate the passenger from an individual on the watch list. Requests received online are routed for redress to the appropriate DHS components.

Components review the request and reach a determination about a traveler's status. Secure Flight uses the results of the redress process in its watch list matching process to help prevent future delays for misidentified passengers.

Under what circumstance will a Boarding Pass be issued or not issued?

If a passenger is determined by Secure Flight not to match the watch list, the passenger will be

able to receive his or her boarding pass.

If a passenger is identified as a potential match to the watch list, he or she will not be able to receive a boarding pass until checking in with an aircraft operator representative or at a self-service kiosk at the airport and providing his or her verifying identity document. An aircraft operator will not be able to print a boarding pass for an individual who is a confirmed match to the No Fly List. Please note that providing full and correct date of birth and gender information when making a reservation may help prevent being misidentified as a potential match to the watch list.

Those who believe they have been mistakenly matched to a name on the watch list are invited to apply for redress through the Department of Homeland Security Traveler Redress Inquiry Program (DHS TRIP). Secure Flight uses the results of the redress process in its watch list matching process, thus preventing future misidentifications for passengers who may have a name that's similar to an individual on the watch list. To obtain more information on the redress process, visit www.dhs.gov/trip.

Military Spouse Appreciation Day celebrated May 9

Article and photo by Vanessa Peeden
USAKA PAO

On May 9 military members and their spouses on Kwajalein participated in a Military Spouse Appreciation Day video teleconference with USASMDC /ARSTRAT Headquarters in Huntsville, Ala. and Colorado Springs, Colo. The event was hosted by Mrs. Kevin Campbell, Command Sgt. Maj Ralph Borja and Mrs. Borja. After a few minutes of friendly conversation between time zones, cakes, cookies, and punch were enjoyed by attendees. Command Sgt. Maj. Borja also took the time to wish all the women a Happy Mother's Day.

In 2007 the Army instituted the Army Family Covenant and the Army Community Covenant, in part to recognize the commitment and increasing sacrifices that our Families make every day and to acknowledge that the strength of our Soldiers comes from the strength of their Families. Our spouses are community leaders, careerists, mothers, fathers, and Soldiers. Our spouses routinely put the welfare of their Soldier, Family, and nation above their own. After almost eight years at war and multiple deployments, our Active, Reserve, and National Guard spouses continue to support America's Army unconditionally.



Members of Kwajalein Military and their spouses participate in the Military Spouse Appreciation Day video teleconference on May 9.

Here's a bright idea: Help save money with CFLs



Hourglass Reports

A compact fluorescent lamp (CFL), also known as a compact fluorescent light, is a type of fluorescent lamp. Many CFLs are designed to replace an incandescent lamp and can fit into existing light fixtures formerly used for incandescents.

Compared to general service incandescent lamps giving the same amount of visible light, CFLs generally use less power, have a longer rated life, but a higher purchase price. In the United States, a CFL can save over 30 dollars in electricity costs over the lamp's lifetime compared to an incandescent lamp, and save 2,000 times its own weight in greenhouse gases.

The average rated life of a CFL is between 8 and 15 times that of incandescent. CFLs typically have a rated life span of between 6,000 and 15,000 hours, whereas incandescent lamps are usually manufactured to have a life span of 750 to 1,000 hours. Some incandescent bulbs with long rated life spans of 20,000 hours have reduced light output.

The lifetime of any lamp depends on many factors including operating voltage, manufacturing defects, exposure to voltage spikes,

mechanical shock, frequency of cycling on and off, lamp orientation and ambient operating temperature, among other factors. The life of a CFL is significantly shorter if it is only turned on for a few minutes at a time; In the case of a 5-minute on/off cycle, the life span of a CFL can be up to 85 percent shorter, reducing its life span to the level of an incandescent lamp. The US Energy Star program says to leave them on at least 15 minutes at a time to mitigate this problem.

For a given light output, CFLs use between one fifth and one third of the power of equivalent incandescent lamps. Since lighting accounted for approximately 9 percent of household electricity usage in the United States in 2001, widespread use of CFLs could save as much as 7 percent of total US household usage.

If indoor incandescent lamps are replaced by CFLs, the heat produced by the building's lighting system will be reduced. At times when the building requires both heating and lighting, the building's central heating system will then supply the heat. If the building requires both illumination and cooling, then CFLs will use less electricity themselves and will also reduce the load on the cooling system compared to incandescent lamps. This results in two concurrent savings in electrical power.

While the purchase price of an integrated CFL is typically 3 to 10 times greater than that of an equivalent incandescent lamp, the extended lifetime and lower energy use will more than compensate for the higher initial cost. A US article stated, "A household that invested 90 dollars in changing 30 fixtures to CFLs would save \$440 to \$1,500 over the five-year life of the bulbs, depending on your cost of electricity."

CFLs are extremely cost-effective in commercial buildings when used to replace incandescent lamps. Using average US commercial electricity and gas rates for 2006, a 2008

article found that replacing each 75 watt incandescent lamp with a CFL resulted in yearly savings of \$22 in energy usage, reduced HVAC cost, and reduced labor to change lamps. The incremental capital investment of \$2 per fixture is typically paid back in about one month. Savings are greater and payback periods shorter in regions with higher electric rates and, to a lesser extent, also in regions with higher than U.S. average cooling requirements.

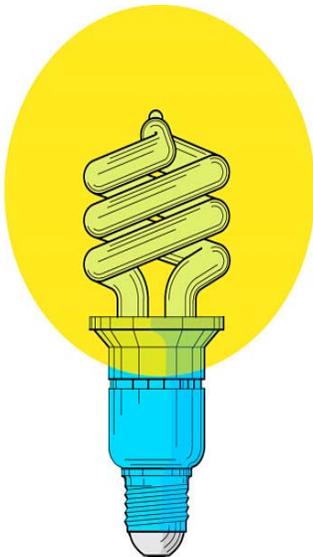
In 2008 the power plants on Roi, Kwaj and Meck consumed over 7,138,793 gallons of fuel to produce electrical power for a total fuel cost of \$25,342,715. The wage cost and material cost to operate the power plants last year was \$3,312,637, or about 13% of the fuel cost. The total cost to produce power was \$28,655,352.

What can the average resident do?

By reducing the amount of power consumed by every individual on the base we can reduce the cost to produce power.

So what can you do?

- Stop by Self-Help and change from incandescent bulbs to CFLs.
- Switch off lights when not needed.
- Raise your room thermostat when your not home. Request a programmable thermostat be installed to automatically adjust your room temperature when you're not at home.
- Don't leave doors or windows open to allow cool air to escape.
- Don't waste hot water; it takes power to heat the water.
- Don't leave your refrigerator and freezer doors open excessively; it wastes electricity.
- Read the roller and *Hourglass* for energy saving tips.



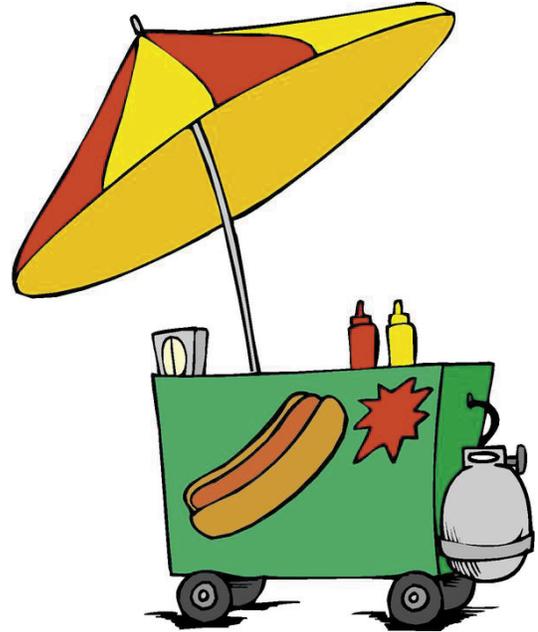
Private commercial activities on Kwajalein Atoll

By Amy Hansen
Community Activities Manager

Private Commercial Activities boost island morale by giving us an outlet to pursue and share our hobbies as well as provide us with unique shopping opportunities. If you wish to sell a service like SCUBA instruction, tennis lessons, or a product, remember you must first obtain a vendor's license by stopping by the Community Activities office and picking up an application. The process is simple but essential, as all Commercial Activities on USAKA facilities are by Command permission and performing commercial activities outside the rules may be cause for adverse action by USAKA.

Here are some Commercial Activity guidelines:

- They must be done on your own time, using your own resources and materials. Special rules apply to food sales. (See USAKA Policy Memo 30-22)
- They may not compete with AAFES or with goods or services that USAKA obtains through its contractors. For example, individuals may not provide catering services. (Reg. 1-6)
- Several bulletin boards on Kwaj and Roi are available to post your flyers: Continental Travel Office, Kwaj and Roi Small Boat Marina, CRC, Ivey Gym, ARC, Bowling Center entryway, Café Roi, Outrigger Bar Hallway and Roi Terminal. Please note the main post office bulletin board is off-limits.
- The official e-mail system and official-use bulletin boards may not be used.
- The Army Post Office may not be used for shipment of items for resale. (Reg. 1-6) You may be able to ship items by Continental Airlines or via the Matson Islander service. (See SPI 1703.)
- USAKA work equipment, office equipment, and



vehicles are not to be used for private activities. However, USAKA rental vehicles may be used. (Reg. 56-4)

- Due to health concerns, several activities will not normally be approved including food preparation, resale of packaged foods, and health care activities.

If you would like further information on Commercial Activities, please contact the Community Activities office at 5-3331 or email amy.hansen@smdck.smdc.army.mil, or refer to the following regulations for guidance: Army Regulation AR 210-7, USAKA Regulation 1-6, or KRS DI CAA 4004, Rev. 4.

PROUDLY SERVING

Former Kwajalein resident Austin Temple Long, son of Ernie and Karla Long, is a Sailor serving on active duty in the United States Navy. Long attended Texas A&M Navy ROTC where he graduated with a degree in Marine Engineering. Long is currently a Lt. j.g. and is serving in Iraq for a seven-month tour as a "Riverine".



Strut your stuff: Mike Spahr, Kwajalein Police Department



Spahr has been competing in weight lifting for 15 years. He holds multiple world records with the World Natural Power Lifting Federation in two different weight classes for squats, dead lifts and total weight lifted. WNPWF promotes drug-free weight lifting around the globe. Spahr also holds six gold medals from the Police and Fire World Games. The PFWG holds competitions bi-annually, hosting 60-70 countries and 10-12,000 police and firefighters. About one-third of participants are Olympic competitors as well. His most recent accomplishment includes a silver medal in the Pan Am games in 2008. Spahr is currently training about three to five hours a week with training partner Sgt. Roger Cheeseborough. His next competition will be in Vancouver, British Columbia in August to go for his seventh gold in the PFWG. Spahr is a retired patrol officer that worked with the Joint Narcotics Task Force out of New Jersey. He has been a resident of Kwajalein since January 2009 and is currently working at entry/exit.

Eleven service members die in War on Terror

Spc. Shawn D. Sykes, 28, of Portsmouth, Va., died May 7 at Landstuhl Regional Medical Center in Landstuhl, Germany, of wounds suffered from an accident that occurred May 5 at Combat Outpost Crazy Horse, Iraq. He was assigned to 215th Brigade Support Battalion, 3rd Brigade Combat Team, 1st Cavalry Division, Fort Hood, Texas.

Staff Sgt. Randy S. Agno, 29, of Pearl City, Hawaii, died May 8 at Walter Reed Army Medical Center in Wash. of wounds sustained Apr. 27 from a non-combat related incident at Forward Operating Base Olsen in Samarra, Iraq. He was assigned to the 325th Brigade Support Battalion, 3rd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, Hawaii.

Pvt. Justin P. Hartford, 21, of Elmira, N.Y., died May 8 at Joint Base Balad, Iraq, of injuries sustained from a non-combat related incident. He was assigned to the 699th Maintenance Company, Corps Support Battalion, 916th Support Brigade, Fort Irwin, Calif.

Commander Charles K. Springle, 52, of Wilmington, N.C., died May 11 from injuries sustained from a non-combat related incident at Camp Liberty, Iraq.

Spc. Omar M. Albrak, 21, of Chicago, Ill., died May 9, in Baghdad, of injuries sustained during a motor vehicle accident. He was an Individual Ready Reserve soldier assigned to the Headquarters, Multi-National Forces Iraq.

Spc. Lukasz D. Saczek, 23, of Lake in the Hills, Ill., died May 10 in Nangarhar Province, Afghanistan, of injuries sustained from a non-combat related incident. He was assigned to the 1st Battalion, 178th Infantry Regiment, Ill. Army National Guard, Woodstock, Ill.

The Department of Defense announced today the death of four soldiers who were supporting Operation Iraqi Freedom. They died May 11 in Camp Liberty, Baghdad



"It is foolish and wrong to mourn the men who died. Rather, we should thank God that such men lived."

- Gen. George S. Patton

of wounds suffered in a non-combat related incident. Killed were: **Maj. Matthew P. Houseal**, 54, of Amarillo, Texas. He was assigned to the 55th Medical Company, Indianapolis, Ind.; **Staff Sgt. Christian E. Bueno-Galdos**, 25, of Paterson, N.J. He was assigned to the 3rd Battalion, 66th Armor Regiment, 172nd Infantry Brigade, Grafenwoehr, Germany; **Spc. Jacob D. Barton**, 20, of Lenox, Mo. He was assigned to the 277th Engineer Company, 420th Engineer Brigade, Waco, Texas and **Pfc. Michael E. Yates Jr.**, 19, of Federalsburg, Md. He was assigned to the 3rd Battalion, 66th Armor Regiment, 172nd Infantry Brigade, Grafenwoehr, Germany.

Maj. Steven Hutchison, 60, of Scottsdale, Ariz., died May 10, in Basrah of wounds suffered when an improvised explosive device detonated near his vehicle in Al Farr, Iraq. He was assigned to the 2nd Battalion, 34th Armor Regiment, 1st Brigade Combat Team, 1st Infantry Division, Fort Riley, Kan.

New Hobby Shop Hours Effective June 1, 2009



Wednesday:	12:30-5 p.m. & 6-9 p.m.
Thursday:	12:30-5 p.m. & 6-9 p.m.
Friday:	12:30-5 p.m. & 6-9 p.m.
Saturday:	12:30-5:30 p.m.
Sunday:	12:30-5:30 p.m.
Monday:	10 a.m.-5:30 p.m.

Government vehicles to be used for official use only

KPD would like to remind residents and workers that government vehicles are to be used for official use only.

According to USAKA Regulation 56-4, Motor Transportation Vehicle Operation and Control, government vehicles are to be used in an efficient manner to minimize fuel consumption and reduce unnecessary vehicle use. Department managers are to take action to ensure controls are in place that will:

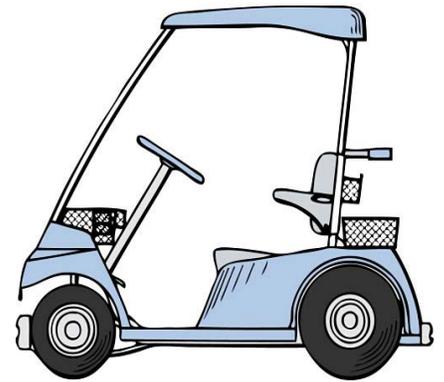
- Eliminate non-official or unauthorized use.
- Minimize official use.
- Consolidate trips.
- Promote fuel efficient driving practices.

For example, the use of a government vehicle for transport of patio/PCS sale items, or AAFES purchases, unless authorized by the Commander, is considered a violation of USAKA Regulation 56-4 and offenders will be cited by KPD. It is also unauthorized to use government vehicles during meal times to transport yourself and/or others to dining facilities. The regulation also states that the only vehicles allowed at personal residences are authorized rental vehicles.

Citations are cumulative and can result in loss of driving privileges on Kwajalein.

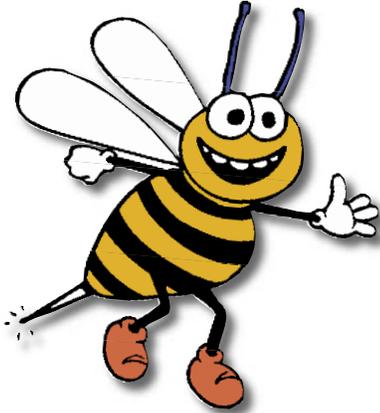
KPD has increased their compliance checks in this area. You will see officers setting up checkpoints and stopping vehicles.

Questions? Contact KPD at 5-4445



Congratulations to the Spelling Bee winners

Held May 1 in the Music Room



4th grade:	1st place - DeVante Floor 2nd place - Brian Scofield 3rd place - Matthew Grimes
5th grade:	1st place - David Sholar 2nd place - Aamiyah Qasem-Rooks
6th grade:	1st place - Mereille Bishop 2nd place - Roanna Zackhras 3rd place - Trey Tomas

Protect your skin: May is National Melanoma Detection and Skin Cancer Prevention Month

Memorial day weekend is almost here, which means you'll be spending plenty of time outdoors swimming, playing sports and cooking food. Pay attention to these tips from the Skin Cancer Foundation to keep yourself protected from the sun's harmful UV rays.

Simple everyday sun exposure like walking the dog or playing outdoor sports can cause sun damage to your skin. Wearing sunscreen everyday or a moisturizer that contains sunscreen can help protect your skin. Peak UV exposure hours are from 10 a.m. to 4 p.m.

Use the Shadow Test – if your shadow is shorter than you, you're more likely to burn. If it's longer, you're less likely to get sun damage. Remember, a tan is a sign of damage, not health.

The sun can cause eye damage like cataracts or melanomas of the eye area – always wear wrap-around shades (sunglasses that fit close to your head and protect the area surrounding your eyes) that protect 99-100 percent of UV rays.

Don't forget to check the expiration date on your sunscreen – ingredients can become less effective over time. Use sunscreens within two years of the manufacturing date on the package.

What's the best sunscreen to use? Look for "broad spectrum" sunscreens with an SPF of 15 or higher that include ingredients that protect you from both UVA

and UVB rays. Look for a combination of UVA-protective ingredients like titanium dioxide, zinc oxide, avobenzone, ecamsule and oxybenzone. The Skin Cancer Foundation Seal of Recommendation will also help you identify sun protection products that meet their standards of safety and efficacy. Apply sunscreen 30 minutes before going outside so your skin has a chance to absorb it. Reapply sunscreen every two hours or after swimming or sweating. Don't forget to apply sunscreen to those often missed spots like your ears, scalp, under your eyes, lips, the tops of your hands, feet and behind your knees.

Wear clothes that help block the sun's harmful rays. Cotton t-shirts barely protect you from UV rays. However, there is a new line of clothing made with ultraviolet protection factor fabrics. The UPF scale measures how much UV will reach your skin. For example, a shirt with a UPF of 30 means that just 1/30th of the sun's UV can penetrate the fabric. Be mindful of the type of clothing you are wearing out in the sun. If it is light colored and easy to see through, the UPF will be low. A dark denim shirt, however, will provide you with a UPF of about 1700.

Don't forget, even when there's cloud cover, you can still get a sunburn – up to 80 percent of the sun's rays still get through. Cold weather does not protect you from sun



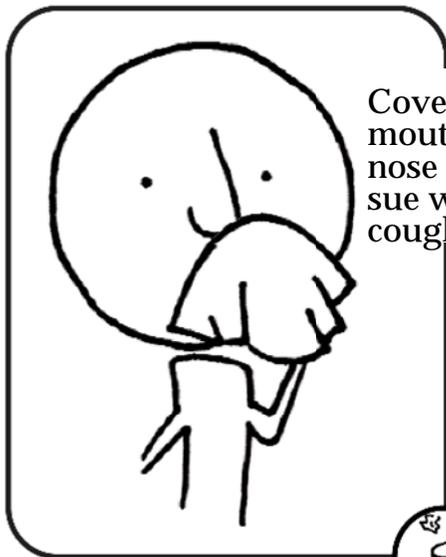
damage – UVA is present in about the same intensity year-round, and snow reflects up to 80 percent of the sun's rays.

First exposure to tanning beds in youth increases chances of melanoma by 75 percent.

With our thinning ozone layer due to emission of ozone-depleting chemicals, the sun's rays are stronger now than they were 20 years ago. The ozone layer could take 50 years to heal and UV levels are still rising. Did you know that too much sun can weaken your immune system? Also, too much sun causes wrinkles and makes you look old before your time.

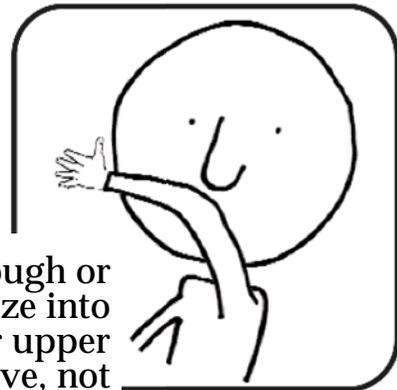
Stop the spread of germs that make you and others sick!

Cover your Cough

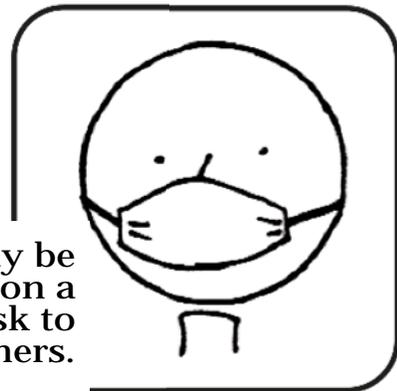


Cover your mouth and nose with a tissue when you cough or sneeze.

Put your used tissue in the waste basket.



Cough or sneeze into your upper sleeve, not your hands.



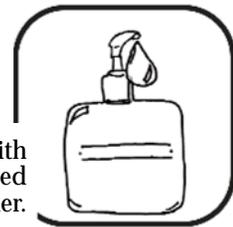
You may be asked to put on a surgical mask to protect others.

Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water for 20 seconds.



Or clean with alcohol-based hand cleaner.



Minnesota Department of Health
717 SE Delaware Street
Minneapolis, MN 55414
612-676-5414 or 1-877-676-5414
www.health.state.mn.us



Minnesota
Antibiotic
Resistance
Collaborative



HELP WANTED

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

SpaceX

OFFICE MANAGER, full-time, would handle logistics and account management of daily operations and some support to launch planning as well as special projects like design, planning, and logistics of upgrades to site and launch operations. Details at <http://spacex.com/careers.php> or contact Roger, 54775 or RogerC@SpaceX.com.

LAUNCH SITE TECHNICIAN, full-time, would work on Kwajalein and Omelek with ground support equipment, launch vehicle integration, launch activities, and other launch site processes. Details

at <http://spacex.com/careers.php> or contact Roger, 54775 or RogerC@SpaceX.com.

KRS

PRODUCTION CONTROL CLERK II, full time position, automotive services, HR Reqs. #K050614. Would assist the vehicle Operations Manager in all Equipment Management. This will include performing SeeSor inspections, monitor daily equipment readiness, generating KEAMS reports, update KEAMS and equipment database files, perform periodic review of the automated maintenance management system to ensure preventive maintenance actions are performed within their scheduled frequencies, and provide assistance in resolving problems as they occur. Requirement: High school or equivalent. Minimum three years of experience maintaining and updating computer files. Working knowledge of MS software -Windows 2007, Excel, Word and PowerPoint.

DATA EDITOR/ COMPUTER OPERATOR II, full time position, telephone operations, HR Reqs. #K050612. Would accurately compile the Kwajalein Telephone Directory. Create, enter, and finalize Telephone Service Requests for residential and business customers. Administer voicemail services for residents and TDY personnel. Administer telephone switch data. Requirements: High School graduate. Competent keyboard skills with excellent spelling accuracy are required. Must be familiar with MS Word, Excel, and a higher level database product. Two years of data entry and editing desired.

HR GENERALIST II, full-time position, human resources, HR Req. #K050603. Would administer HR operational programs and processes which may include researching, analyzing, and coordinating with other HR team members and cross-functional team members. Maintain confidentiality and use good judgment when handling and communicating sensitive information. Perform duties under general supervision, make decisions consistent with established guidelines and interact with employees at all levels. May assist with HR activities outside of major areas of responsibilities. Requirements: 2 years related experience with a BA/BS degree or 10 years related experience with a High School diploma or equivalent. Proficient in Microsoft Office to include Word, Excel and Outlook. Excellent oral and written communications skills required.

WANTED

TWO 3-WHEELER bikes, to borrow or rent for June 9-25 for visiting Filipino family members. Call 50168.

HELP WITH APPLE MacBook and PC, will pay for assistance; refrigerator/freezer, any size and a tricycle. Call Keith, 53612.

A COLOR GUARD coach. Call 51561.

BROKEN IPOD to use for parts, iPod classic is preferred. Call Mike, 55987.

KITCHEN STOOL about 3 feet high. Please call 5-4632.

FOUND

DIGITAL CAMERA, on bench next to Colonel's house. Call 51421 to claim.

TWO SPOONS after piano recital April 30 in MP room. Call 3565 to claim.

SUNGLASSES, on Runway Road. Call 55317 with description to claim.

CAMERA, April 29 at the Café Pacific. To claim, Call 50010.

PATIO SALES

SATURDAY, 2:30-6 p.m., at Quarters 483-B. Toddler boy's clothing and toys, Game Cube system, women's clothing, little girls clothing sizes four, five and six, household items, TV, and children's art easel.

SUNDAY from 7 a.m.-12 p.m. behind quarters 135E.

SUNDAY AND MONDAY, 7:30-11 a.m., at Quarters 437-C. Multi-family sale with household items, shelving, and furniture. No early birds.

MONDAY, 7:30 a.m. - 1 p.m., Quarters 216-A. No early birds. Children's clothes, toys, baby items, household and kitchen goods.

MONDAY, 7:30 a.m. - noon, at Quarters 481-A and 483-B. Toddler boy's clothing and toys, Game Cube system, women's clothing, little girls clothing sizes four, five and six, household items, TV, and children's art easel.

MAY 23, 1 - 5 p.m., at Quarters 421-A. PCS sale. No early birds.

FOR SALE

PLANTS, various size pots, \$5-\$30. View at Quarters 211-A, 6-7 p.m. daily or call 53698.

SUN ALUMINUM chopper bike, excellent condition, new bearings, tires, handlebars, seat, stainless steel chain, has Nexus F/R aluminum with stainless steel spoke rims and three-speeds, \$450; brand new bulk assortment of white canvas tennis shoes, child and adult sizes, great for craft project; brand new bulk assortment of teen/misses' shorts and skirts, jean, black, and beige colors, \$3 each or buy all at best offer. Call 52642.

OVER-THE-STOVE metal shelf, great for microwave, saves counter space, \$30; Samsonite hard sided luggage, \$5; miscellaneous women's and men's clothing, large and extra large; drinking glasses, set of six, \$5; curtain rods; throw pillows; Christmas decorations; juicer; paper towel holder and free plant. Call 55609 or stop by Quarters 133-D on May 18.

24-INCH SANYO television, two years old, \$80. Call 59154.

KID'S BICYCLES: 20-inch Electra girl's cruiser, \$50; 16-inch bmx style, \$25; 16-inch Cars bmx style, \$5

Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.

Sunday Mass, 9:15 a.m., in the main chapel.

Mass on Roi is only on the first Sunday of the month at 12:15 p.m., in Roi Chapel.

Protestant

Sunday

8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in

Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

Café Pacific

Lunch

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>May 23</i>
Down home pot roast	Beef tips in Burgundy	Chicken nuggets	Breaded pork cutlets	Huli Huli chicken	Roast turkey	Grilled porkchops
Herb broiled chicken	Veal parmesan	Eggplant parmesan	Chili mac	Breaded catfish	Sage stuffing	Pepperoni pizza
Ham Marco Polo	Brown rice casserole	Garlic bread	Hawaiian chopped steak	Tex Mex	Beef pot pie	Barley casserole
Grill: Brunch station open	Grill: Brunch station open	Grill: Spaghetti	Grill: Giribaldi sub	Grill: B.B.Q short ribs	Grill: Cheese dog	Grill: Mushroom Swiss burger

Dinner

<i>Tonight</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Italian sausage lasagna	Braised short ribs	B.B.Q. pork butt	Salisbury steak	Carved top sirloin of beef	Rosemary roast porkloin	Pancake supper
Turkey alfredo	Chicken paprikash	Ranch style beans	Spicy chicken curry	Chicken cordon bleu	Sautéed beef tips	Smoked beef brisket
Ratatouille	Mahi Vera Cruz	Turkey/peapod stir-fry	Garlic mashed potatoes	Pork Subgum chow mien	Vegetarian beans	Franconia potatoes

and 16-inch Schwinn chopper, \$5; dehumidifier, \$25 and Casio 61-key touch-sensitive keyboard with stand, \$100. Call 52788

10-FOOT QUILTING frame with Viking quilting machine, \$2000; 6x4 foot cutting table with mat top, \$400; sewing machine cabinet, \$400; patio table with a glass top, four chairs and umbrella, \$100; dehumidifier, NIB, \$75; two La-Z-Boy recliners, \$150 each; Cusinart food processor, 11 cup, comes with blades, \$75; barbecue, charcoal, with cover, \$75; Corelle dinnerware, Kobe pattern, 2 sets, \$25 each and a deck box, plastic, \$50. Call 52173.

METAL AND HIGH-GRADE vinyl awning, \$200; brown fencing, new in 2007, some repair needed, \$150; screen gazebo, new in 2008, \$200; umbrella and stand, \$10; wall unit with three bookshelves, dark wood, \$50; Oriental pattern rug, 9X12, \$75; assorted plants, \$5 - \$15; Sharp microwave oven, brand new, \$65; burley bike trailer, child seat type, \$250 or best offer; kids plastic Little Tikes desk, \$10; smaller child's plastic Little Tikes desk, \$8; kids scooters with handbrakes, \$20; Huffy girls bike, 16-inch, \$30; Huffy girls bike, 20-inch, \$40; Little Tikes water play table, \$10; child's Speedo life jacket, brand new, size 30-50 pounds, \$10; girls shoes and sandals, 8 to 10 pairs, sizes 6,7, and 8, \$1-\$2 per pair and a children's coat rack, \$10. Call 52211.

42-INCH LCD HDMI TV, includes RCA surround sound system with DVD player, less than a year old, \$800. Call 53921.

20-INCH SYLVANIA TV, silver, \$100; Radio Flyer wagon, all terrain wheels, \$75; little girl's pink scooter, \$7; child's 3-in-1 art easel, new, never opened, \$30; Call 51596 between 9 a.m. and 8 p.m. if interested.

TOASTER OVEN, \$15; ironing board with iron, \$10; drying rack, \$4 and grill utensils, \$8. Call 52843.

JVC AUDIO/VIDEO 7.1 surround sound receiver, with HDMI input, Dolby Digital/DTS, like new, paid \$375, asking \$100 and two aluminum mountain bikes, frames in excellent condition, can be used for parts, \$50. Call 51265.

170-PIECE CRAFTSMAN socket and wrench set, most pieces are unused, includes three ratchets, 1/4", 3/8" and 1/2" drive, 6 pt and 12 pt sockets including deep-well, combination wrenches, allen wrenches, all in standard and metric, \$100. Call 52597.

DORA THE Explorer talking house and living room, bedroom, bathroom, greenhouse, pool and tree house accessory sets, \$85; Little Tykes Tender Hearts vanity, \$40; black microseude seven-piece duvet set, king size, new, \$75; Joe Blow tire pump, \$20; Williams Sonoma cookbook "Cocktail Parties," new, \$15; six martini glasses, new, \$12 and Little Tykes piano, \$20. Call 53003.

SONY 42-INCH rear projection TV with stand, \$400. Call 54168.

MICKEY MOUSE tricycle, \$15; Mickey Mouse ride-on airplane, \$25; black flat panel TV stand with three glass shelves; two jogging strollers \$20 each and a baby bike seat, \$10. Call 55176.

38-FOOT OCEAN cruising sailboat, "Down East Trader," PCSing and must sell, half-ownership share, fully equipped for overnight and weekend trips, \$12,000 or best offer; Rubbermaid trailer with bike, \$100 or \$75 without; iHome, black, \$50; set of four Panasonic cordless phones with answering machine and intercom, \$40; Cuisinart 12-cup programmable coffeemaker, \$40; Panasonic plain paper fax machine with extra roll ink film, \$30; two HP 23 color ink cartridges \$5 and two HP 45 black ink cartridges \$5. Call 52312.

TWO HUGE PATIO umbrellas/canopies, brand new, \$450.00 each. Call 52640.

INFANT/TODDLER car seat, \$45; light beechwood toddler bed, \$20; gas grill, \$75; microwave, \$50; small Little Tikes slide and cube, \$10; small oscillating house fan, \$10; weeble wobble play castle, \$10; six-foot Christmas tree, \$10; children's bed rail, \$5; 40-piece dish set, \$20; size nine ballet and tap shoes, \$5 each; towels and children's clothes, \$1 per piece. Call 59154.

TOWN HALL MEETINGS



**Col. Frederick S. Clarke
USAKA Commander**

Col. Frederick S. Clarke, USAKA Commander, will hold town hall meetings as follows:

- 10:40 a.m., May 21, in MP Room (teen)
- 1:15 p.m., May 29, at Roi Tradewinds Theater
- 1 p.m., May 30, at Island Memorial Chapel (Marshallese employees)
- 6:30 p.m., May 30, at Island Memorial Chapel (Kwajalein community)

Adult Pool Hours

Starting May 20, the Adult pool will be closed for repairs. The Family Pool will be open specifically for lap swimming during the following hours:

Monday	6-7:30 p.m.
Tuesday	6-7:30 a.m.
Wed.	11:30 a.m.-1 p.m./6-7:30 p.m.
Friday	6-7:30 a.m./6-7:30 p.m.
Saturday	11:30 a.m.-1 p.m.

Questions? Email Sandy.lummer@smdck.smdc.army.mil.

COMMUNITY NOTICES

THE KWAJALEIN YACHT Club Sunfish Regatta is from 12-5 p.m., May 17, at Camp Hamilton. Everyone is welcome. There will be sailboat rides for kids and sailboat races. Hot dogs, chips and soft drinks will be provided. Questions? Contact Tim Hall at timhall@alum.mit.edu.

COME HAVE SOME two-steppin' fun at country night, 7-10 p.m., May 17, in CAC Room 1. Questions? Call Sandy, 54152.

THERE IS A PUBLIC SCHOOL Advisory Council meeting at 7 p.m., May 20, in the Coconut Room at the elementary school. This is the last meeting of the school year and everyone is invited to attend. If you have any questions, contact Lora, 52011.

THE LAST YOUTH Action Council meeting of the 2008-2009 school year is from 6:30-7:30 p.m., May 22, at the Namu Weto Youth Center. Everyone interested in Kwajalein youth issues is welcome. Questions? Contact Cheri Malloy, 53606.

THE CYSS SPORTS program presents the Pitch, Hit, and Run baseball event. Two grade divisions (2-3 and 4-6) are eligible to participate in the co-ed baseball/softball skill contests based on speed, distance and accuracy. Fourth-sixth grade boys will play at 5 p.m., May 21, at Brandon Field. Fourth-sixth grade girls will play at 4:30 p.m., May 23, at Ragan Field. Second-third grade Coed group will play at 5:30 p.m., May 23, at Ragan Field. Registration is free. Call Jason, 53796 for more info.

THERE IS A Mobile Kitchen Italian dinner at Emon Beach May 23. Menu will include: fettuccini alfredo, shrimp appetizer, mozzarella and sundried tomato basil salad, sliced focaccia bread, braised asparagus, herb roasted red bliss potatoes, garlic crusted prime rib, and Sinatra Ricotta New York cheesecake for dessert. Seating is limited. Cost is \$37.50 for meal card holders and \$42.50 for non-meal card holders. For payment, see Marie Pimenta at the Retail Services Office, building 805 next to the Bowling Center, or call 53933.

Band concert and art show



Come see the high school's last band performance on Thursday, May 21, in the Davye Davis Multi-Purpose Room.

The art exhibit opens at 6 p.m., with music starting at 7 p.m.

THE RICHARDSON THEATER has been having some technical difficulties with sound. Please be patient while we work to resolve these issues.

GOLFERS, THE 40TH anniversary of the Coral Open is May 24-June 1. Tee times are still available. Contact Kim Parker via e-mail, or at 51256 for more information. Already signed up? Mail payment to KGA, PO Box 116, APO, AP 96555.

THE VET'S HALL is hosting a "Red, White, and Blue Party," 7 p.m., May 24. Wear your most patriotic attire.

EVERY MONDAY from 9-10 a.m., May 25 to June 29, the Ivey Gym will be utilized in support of the Summer Fitness Program by 40 members of the fitness class. All necessary gym equipment is reserved to support this activity.

SUMMER BOWLING League player and team registration is being taken now through June 10 for the 8-week Summer Bowling League. League dates will be Tuesday or Wednesday, June 16 - Aug. 4. Register at Community Activities. Questions, contact callie.chavana@smdck.smdc.army.mil, 53331.

RETAIL FOOD Services is conducting a survey for the Sunrise Bakery, Ocean View Club, Country Club and Catering. Surveys are available at the facilities and should be turned in by June 1. Your feedback is valued. Questions? Contact Cory Moyer, 53445.

SPENDING YOUR SUMMER on Kwajalein? CYSS is excited to announce that Camp Adventure will be coming to Kwajalein to provide summer camp to the youth in grades K-6. Camp will begin on June 16 and run through August 22. More information about Camp Adventure will be out shortly. If you would like to receive camp information when it comes, send an e-mail to YS@smdck.smdc.army.mil, and you will be added to the distribution list.

DATE	EVENT	TIME	LOCATION
May 17	Yacht Club Sunfish Regatta	12-5 p.m.	Camp Hamilton
	Country Night	7-10 p.m.	CAC Room 1
May 20	CYSS Open Rec: Kids' Concoctions	5:30-7 p.m.	Kwaj Kids Room
	School Advisory Council Meeting	7 p.m.	Coconut Room
	Summer Shape Up Program begins	TBD	TBD
May 21	"Pitch, Hit, Run" baseball event	5 p.m.	Brandon field
	Art Show, Band & Choir concert	6 p.m.	Davye Davis Multi-Purpose Room
	Teen Town Hall meeting	10:40-11:30 a.m.	Davye Davis Multi-Purpose Room
May 22	Youth Action Council meeting	6:30 p.m.	Namo Weto Youth Center
May 23	"Pitch, Hit, Run" baseball event	4:30 p.m.	Ragan field
	Mobile Kitchen Italian Dinner	6:45 p.m.	Emon beach
May 24	Red, White and Blue party	7 p.m.	Vet's Hall
	KGA Coral Open begins	Tee times TBD	Holmberg Fairways golf course
May 25	Memorial Day ceremony	9 a.m.	Flagpole
	Memorial Day beach party	4-10 p.m.	Coral Sands beach
May 29	Roi Town Hall meeting	1:15 p.m.	Roi Tradewinds theatre
May 30	Marshallese Town Hall meeting	1 p.m.	Island Memorial Chapel
	Sports & Fitness Day	4:30 p.m.	Youth Center field

Memorial Day beach party and *glow-in-the-dark night*

Monday, May 25, 4 -10 p.m. at Coral Sands.

Come enjoy cowboy tales around the campfire with Mike Herrington, music by the Insane Gecko Posse, a custom hat coloring project and a glow-in-the-dark volleyball tournament. Register your four person team at Community Activities or by e-mailing Kim Scruton Yarnes by May 23. Also, a duck and dash for the kids, the inflatables and a delicious KRS Retail Services dinner. The bus will run from 3:30-10:30 p.m., picking up in front of the ARC, CRC and Surfway.



Weather courtesy of RTS Weather

Sunday: Partly sunny, 30 percent showers. Winds: ENE at 10-15 knots.
Monday: Mostly sunny, 10 percent showers. Winds: E at 5-10 knots.
Tuesday: Mostly sunny, 10 percent showers. Winds: E at 5-10 knots.
Wednesday: Partly sunny, 10 percent showers. Winds: E at 8-13 knots.
Thursday: Partly sunny, 10 percent showers. Winds: E at 8-13 knots.
Friday: Partly sunny, 20 percent showers. Winds: ENE-SE at 10-15 knots.
May 23: Mostly cloudy, 30 percent showers. Winds: ENE-SE at 10-15 knots.

Annual total: 12.24 inches
Annual deviation: -11.64 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:30 a.m./7:02 p.m.	1:17 a.m./1:27 p.m.	9:12 a.m., 2.9' 10:32 p.m., 2.3'	2:33 a.m., 1.2' 4:12 p.m., 1.0'
Monday	6:29 a.m./7:02 p.m.	1:56 a.m./2:13 p.m.	10:41 a.m., 2.8'	4:13 a.m., 1.3' 5:32 p.m., 0.9'
Tuesday	6:29 a.m./7:02 p.m.	2:35 a.m./3:00 p.m.	12:00 a.m., 2.6' 12:03 p.m., 2.9'	5:55 a.m., 1.2' 6:33 p.m., 0.7'
Wednesday	6:29 a.m./7:02 p.m.	3:16 a.m./3:50 p.m.	12:59 a.m., 3.1' 1:07 p.m., 3.1'	7:06 a.m., 0.9' 7:22 p.m., 0.4'
Thursday	6:29 a.m./7:03 p.m.	4:00 a.m./4:43 p.m.	1:45 a.m., 3.5' 1:58 p.m., 3.3'	7:59 a.m., 0.4' 8:04 p.m., 0.1'
Friday	6:29 a.m./7:03 p.m.	4:48 a.m./5:41 p.m.	2:26 a.m., 4.0' 2:44 p.m., 3.5'	8:46 a.m., 0.0' 8:44 p.m., -0.2'
May 23	6:29 a.m./7:03 p.m.	5:43 a.m./6:44 p.m.	3:06 a.m., 4.5' 3:28 p.m., 3.6'	9:29 a.m., -0.4' 9:23 p.m., -0.4'