

THE KWAJALEIN HOURGLASS



Dr. Nora Harmsen, standing, and dental hygienist Jinky Agtarap attend to the dental needs of a young Ebeye girl at Ebeye Hospital on Wednesday morning. The two are on their fifth trip to the Marshall Islands to provide free dental care to Marshallese children. For more, see Page 4.

Photo by Dan Adler

The Hourglass and the TV Guide is published on Saturdays and can be found in the gray boxes at the Post Office and at the Dock Security Checkpoint.



Operation Security is everyone's responsibility

Be sure all classified documents and offices containing classified materials are secure. Practice good OPSEC.



THUMBS UP



The EOD/LO department would like to thank everyone who made Monday's UXO detonation a safe and successful one. We also want to take this moment to thank the Navy EOD Team (EOD DET MARIANAS) for conducting the operation. These are truly a professional group of guys who deserve our thanks for their dedication to the mission's success and the safety of all. Good luck guys and stay safe.

News to Use



Do you have news you would like to share about your club, private organization or work department? Do you have an interesting story and photos of a vacation trip? How about a scuba dive with great photos you took? Have you got a good fish story? The Hourglass welcomes submissions of news articles written by members of the community. You can submit articles to the USAKA Public Affair Officer, Vanessa Peeden, at vanessa.peeden@smdck.smdc.army.mil



To submit a letter to the editor: Keep letters to less than 300 words, and keep comments to the issues. No personal attacks will be printed. Letters must be signed. However, names will be withheld if requested. We will edit for Associated Press style, grammar and punctuation and if you exceed the word limit, will be edited for space. Limit one letter every 30 days. Send your letter to: *The Hourglass*, P.O. Box 23, APO AP 96555; or hourglass@kls.usaka.smdc.army.mil.



Be sure to catch the documentary special on the Kwajalein Cable System at 7 p.m., March 31 and April 2, on Channel 35.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAKA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

P.O. Box 23, APO AP 96555
Phone: Defense Switching Network 254-3539;
Local phone: 53539

Printed circulation: 1,500
E-mail: hourglass@smdck.smdc.army.mil

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Tax program ready to help prepare, file return

Hourglass reports

The IRS Volunteer Income Tax Assistance [VITA] Program is ready to help Kwajalein residents prepare and file basic income tax returns. IRS trained and certified tax assistants utilize Tax Wise software to prepare IRS 1040, 1040A and 1040 EZ tax forms and have the ability to electronically file the return. The tax filing deadline for overseas filers is June 15. However, if any tax is owed, the tax must be paid by April 15 to prevent any accrued interest and penalties. For extensions beyond June 15, either Form

2350 or Form 4868 will need to be filed. VITA tax preparers will need the following information to prepare your tax return: a photo ID, Social Security Card and/or number, birth date for the filer and spouse [if filing jointly] and any dependants who will be claimed, any and all W-2, W-2G, 1099-R forms issued to the filer and spouse [if filing jointly], Form 1099-INT and 1099-DIV [interest and dividend statements], a copy of your 2007 federal and state tax returns, bank routing and account numbers [for direct deposit of any refund], charitable donation information, and any other relevant tax

information. Call Allison Bush at 53778, or Michelle Stafford at 53436, to set up an appointment. Please note that this free program is not designed to deal with complicated tax matters involving businesses or other non-typical tax return preparations. Also note that limited forms and instructions are available outside the USAKA Legal Office [Room 214] in Building 901 and on the internet at www.irs.gov.



Community Bank donates to lunch program *Rikatak program gets money from Military Saves Campaign Fund*

Article and photo by Dan Adler
Media Manager

Military Saves is an initiative by the Department of Defense to help service members save and invest in their financial futures.

The program provides service members with support and counseling on such financial matters as preparing a monthly budget for household expenses, transportation, entertainment, etc. Service members can also receive advice and information on how to reduce debt and how much of their earnings they can afford to save.

"It helps them with their financial readiness," said Nan-Joo Kim, DoD Community Bank Kwajalein Branch Manager, "It helps them develop and take responsibility for their own financial planning. We help them plan for long-term financial matters such as buying a car or a house and advise them on how much they can really afford for such items."

She added, "This is a DoD program and DoD Community Bank supports it."

While DoD Community Bank supports the program throughout the year, a special Military Saves campaign, 'Take the Pledge, Make a Plan,' ran from Feb. 22-March 1. To support the campaign with materials, advertising and so forth, the home office of DoD Community Bank in San Antonio, Texas provides funding to their branch banks. That money can be used for the campaign or donated to other causes at the local



Maj. Christopher Mills, USAKA Director of Host Nation Activities, presents a check to Joe Pedro, Rikatak Parent Representative for the Rikatak school lunch program at the School Advisory Council meeting on March 18. DoD Community Bank Manager Nan-Joo Kim, left and Al Robinson, Kwajalein Schools Superintendent, look on.

bank manager's discretion.

"Since we are a small branch, we decided not to spend the money on advertising for the campaign, so we wanted to donate it to the community," Kim said.

She added, "The fund is to be used to promote education about savings to community members during the week. We received input from the Command and decided to donate the funds to USAKA Student Appreciation Day [lunch program] for Command recognition of worthy [Rikatak] students who are performing well despite adverse personal circumstances. It's just one way of giving back to the community."

Healing Hands



Registered Dental Hygienist Jinky Agtarap prepares to look at a child's teeth as another waits his turn as Dr. Nora Harmsen, background right, prepares her equipment.

Two angels of mercy return to Ebeye for fifth year to provide dental care for children

Article and photos by Dan Adler
Media Manager

A visit to the dentist wouldn't be most people's first choice of something to do. But for dozens of Ebeye school children, being able to see a dentist and get badly needed dental care this past week was a Godsend.

Dr. Nora Harmsen, DDS, who has a private practice on the island of Lanai in Hawaii, and her assistant, registered Dental Hygienist Jinky Agtarap, were on Ebeye this week providing free dental care to Ebeye third graders thanks to the sponsorship of the Rotary Club of Wahiawa-Waiialua on the North Shore of Oahu.

For the past five years, Harmsen has taken two weeks of vacation time and come to Ebeye to make a difference in the lives of some lucky Ebeye children. Her annual trips started because of a retired four-star general named David Bramlett.

After Bramlett retired from the military in 1998, he asked his wife Judi what she would like to do.

She answered that she would like to teach at a mission school for a year. That desire brought the Bramletts to the Marshall Islands in 2001. They both taught high school on Gugeegue.

During the year they taught school, Judi became very concerned with the health of the children, especially their dental health.

"Judi would see those kids come to school every day with a soda and candy. That was their breakfast," Harmsen said.

One of the girls, who was named Atota, was an especially heartbreaking case for Judi.

Harmsen explained, "Atota was one of Judi's 10th grade students and she had two black holes in the front of her mouth and it just kept getting worse. Judi watched those teeth just deteriorate for a year, and that was why she wanted to bring a dentist out here because she wanted that young lady and others like her to be able to smile. It was heartbreaking to her that there was nothing she could do."

Then came the day that found David Bramlett in Harmsen's dental chair.

"It's funny how life's paths are," said Harmsen, "I never would have met David Bramlett if I hadn't been working at the Veteran's Administration in Honolulu. I was a junior dentist and normally didn't see the four-star generals, but on that given day, he was in my chair."

She continued, "He told me the story of how this little girl was breaking his wife's heart and what he had seen. He said how much he wished he could get dental care for those children. I said, 'Well, you could take a portable unit out there. I happen to have done portable dentistry in nursing homes before I moved to Hawaii. You just take a box of portable dental gear and go to them.'"

Harmsen said that she and David talked over several dinners and that, "I got volunteered to come out here."

Of course, there was the little matter of funding such a project. David was president-elect of the Rotary Club of Wahiawa-Waialua and approached the club to help with financing. The club has helped pay for the trips for the past five years. In addition, one of the Rotary Club members works for Continental Airlines and contacted Continental and asked if they would give Harmsen a ticket to travel to the Marshalls.

"The first year (2004), they donated one ticket," said Harmsen. "After we came back and showed them [Continental Airlines] what we could do, they've donated two tickets every year since then. They allow us to take around 350-500 pounds of equipment at no charge so we can bring all of our equipment with us. Dental instruments are very heavy items and dental supplies are mostly disposable and not reusable, so we have to bring a lot with us."

According to Harmsen, "The Rotary Club raises



This youngster is suffering from mouth sores and gum disease.

visionary and she loved these kids. If she could have kept me here for a year, she would have. She worked as my assistant even though she didn't like to see some of the stuff we saw up close."

Harmsen said that they tried to find Atota, the girl who had inspired the project. They finally did find her but "Those teeth weren't restorable anymore. We lost the window to fix them. When we found her, she was out of high school and we were able to make her a partial denture just so she could get a job."

She added, "The biggest problem here is candy and soda. It causes cavities and their teeth just rot away from it. There is a dentist on Ebeye, but people tend to just not go. There used to be a dental hygienist there, but that person left, so now, they don't even get their teeth cleaned. We usually wind up having to pull the bad teeth but if there are no cavities, we put sealant on in the hopes of preventing a cavity."

Harmsen said they target third grade children because by then, they've gotten their first molars and there's usually not too much decay at that time.

"We try to save those molars before the children lose them. We can put sealant in and do fillings to save them. We do whatever needs to be done," she said.

According to Harmsen, another problem is that children on Ebeye tend to lose their baby teeth earlier than children elsewhere because of decay and they are just left to rot and fall out.

Harmsen sees a lot of kids with advanced dental problems and "That's a problem because there may not be enough room for the adult teeth to come in. We see



Jinky Agtarap shows Ebeye children the proper way to use a toothbrush at Ebeye Hospital Wednesday.

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DENTIST from Page 5

kids who have no back teeth.”

Unfortunately, when Harmsen and Agtarap come back on return trips, they can't follow up on the children they treated during the previous trip.

“There's just too many kids and we have to draw a line somewhere,” said Harmsen, “There are other teams that come out here like Canvasback, but they're only once a year too.”

Harmsen makes the trips at this time of year because she wants to get here before spring break while the children are still in school. That way, the teachers can bring the children in.

“It's hard for parents to do it because they are working, so we invite the teachers to bring them in. This is really the only way we can grab hold of the children, so the teachers act as our advocates to get the kids the dental care they need,” Harmsen said.



This child's teeth have a lot of calculus which crumbles to the touch

children, Harmsen said, almost to herself, “You might say that this trip is our tribute to her.”

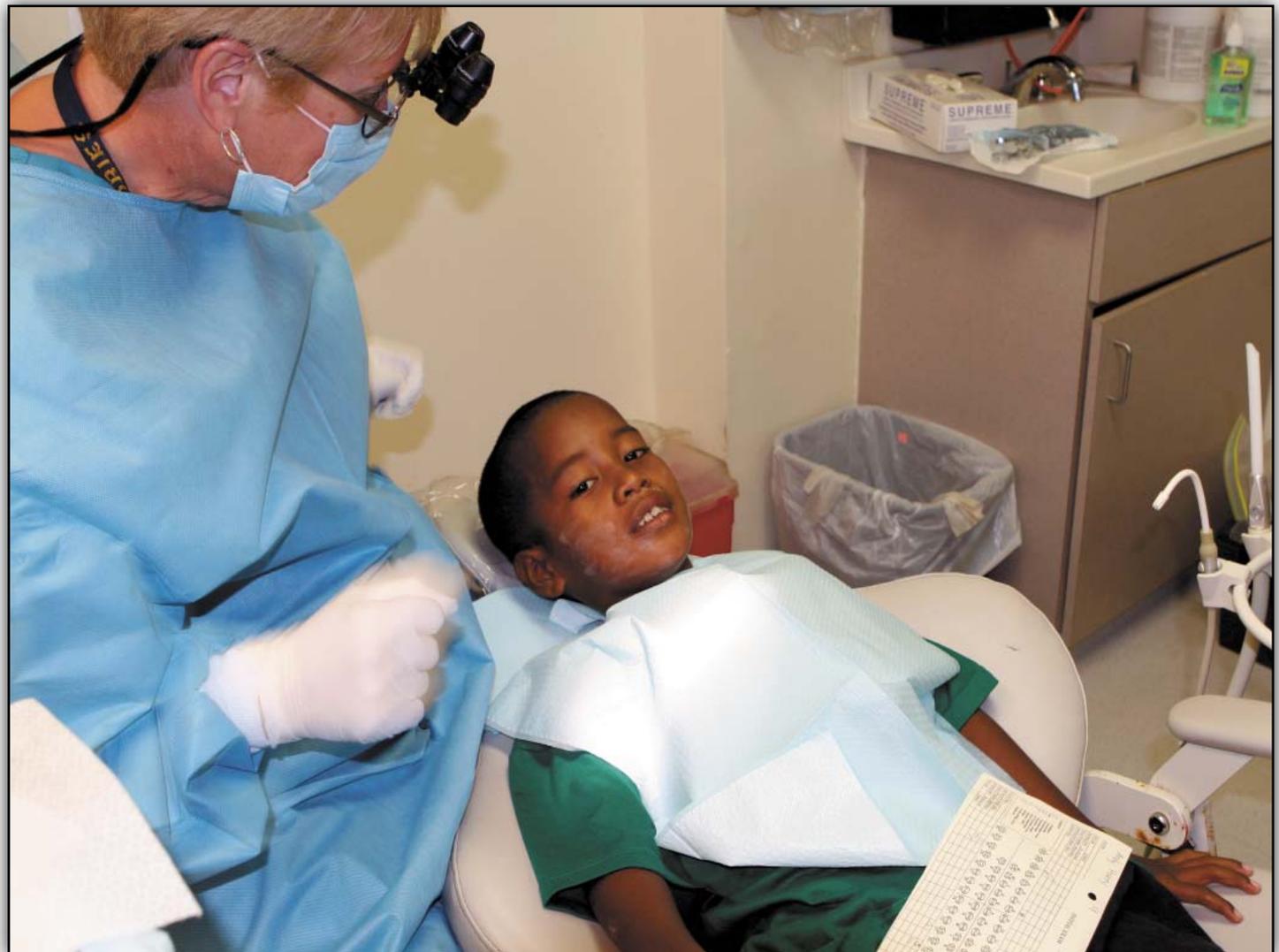
Judi Bramlett is gone, but her legacy lives on.

Harmsen and Agtarap will also visit Third Island and Carlos on this trip to provide dental care to children on those islands.

On Judi Bramlett's last trip to Ebeye in 2007, she told Harmsen she didn't think she could do it anymore. She said she didn't feel well and everything on her body ached. Sadly, it turned out that Judi had cancer and she passed away last year.

It's obvious how much Harmsen thought of Judi Bramlett.

As she sat on the steps of Ebeye Hospital waiting for the doors to open on Wednesday so she could start another day of giving dental care to Ebeye



A little apprehension shows on the face of this youngster as Dr. Nora Harmsen prepares to work on his teeth.

Music, dinner, dancing, fun

High School Stage Band prepares for annual Ballroom Dinner Dance

Hourglass reports

The twenty-first annual Ballroom Dinner Dance is scheduled for May 3 in the Davye Davis Multi-Purpose Room on the high school campus.

This is an opportunity to dress up and enjoy an evening of great music, dancing and dinner. The Kwajalein High School Stage Band, a.k.a. *The Central Pacific's Most Dangerous Band*, will play cool jazz, jumpin' swing and hot Latin tunes throughout the evening.

KRS Food Services will be presenting an excellent full dinner featuring Chicken Florentine and London broil.

The thirteen-member Stage Band has been a notable element of the school music

program for many years. In the late 1980's, former Kwajalein resident Nate Jackson was planning a small

party for the dance class that he taught and heard the Stage Band rehearsing a couple of swing tunes for their next concert. He asked the band to share their music at his party. At the time, the band knew only four dance songs, but they were such a success, that the dancers had them continue repeating those same four songs.

Since then, the band has enlarged its repertoire. The group routinely learns thirty to forty songs each year, beginning rehearsals in August to prepare for the dance. Band alumni have gone on to play in university jazz groups, and former band member Andrea Lindborg returns often to rehearse with the band and perform for the Kwajalein community. Current members of-

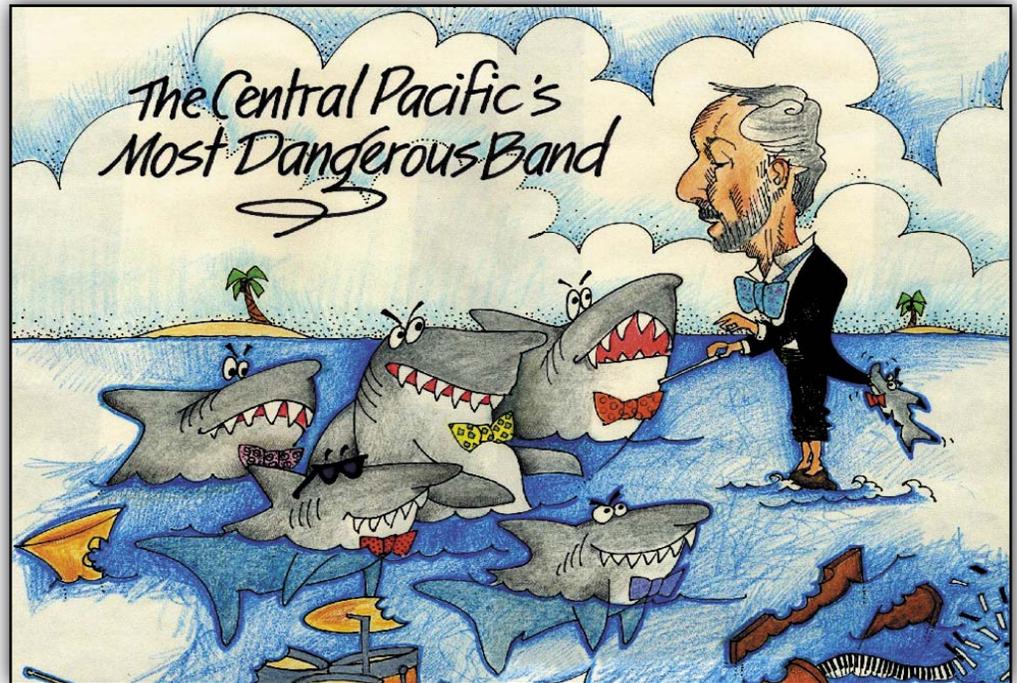


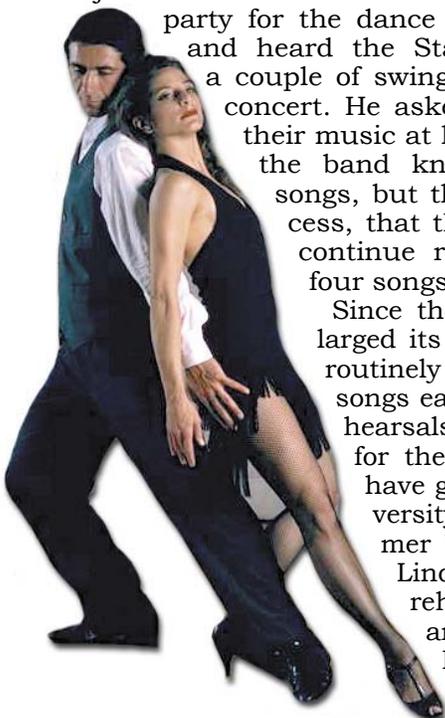
Illustration by Laura Elm

ten double on various instruments to cover the instrumentation needs of the many ensembles in which they perform. The student soloists study improvisation to give authentic interpretations to the jazz classics by such greats as Miles Davis, Charlie Parker, Glenn Miller and Count Basie.

As more people have learned of the dance, ballroom dance classes have enjoyed large enrollment. The band performs musical styles for swing, fox trot, cha cha, rumba, salsa, and even a couple of waltzes. During the dinner dance, Cheryl Shields often finds herself reviewing dance steps for guests who have taken classes earlier in the year. Even the idea of a dress-up event takes on a very local appearance, with dancers in tuxes and fancy dresses alongside others in 'island formal.'

Proceeds from the dance cover the meal and decorations and, in most years, a little extra to help purchase new music for the following year's dance. Tickets are \$40 per person and can be purchased from Cheryl and Dick at 51684. Reservations for parties of four to eight persons are available when tickets are purchased.

Whether you want to dance the night away, or sit and enjoy the sounds of this accomplished student band, don't miss the opportunity to attend the Ballroom Dinner Dance.



Kwajalein Range Services plans Safety Day activities for April 18

Company approaching 10 million hours without lost time injury

By John Pyle
KRS ES&H

At Kwajalein Range Services, injury and illness record keeping is a critical part of the Safety and Health Program. Keeping track of work-related injuries and illnesses can help prevent them in the future. Additionally, using injury and illness data helps identify problem areas. The more we know about how workers are injured, the better we can identify and correct unsafe conditions and at-risk behaviors.

Record keeping provides a mechanism for KRS to identify unsafe trends and communicate lessons learned and focus resources. As employee awareness about injuries, illnesses, and hazards in the workplace improves, workers are more likely to follow safe work practices and report workplace hazards.

One of the main objectives of injury and illness record keeping is the development of incident rates, which are an indication of how many incidents have occurred and how severe they were. An incident rate is simply a mathematical calculation that describes the number of incidents that a company experiences per 100 full-time employees in any given time frame.

The most common incident rate utilized by companies to document safety performance is the Total Recordable Incident Rate, which includes injuries that require medical treatment beyond first-aid, involve work restrictions or job transfer, or involve lost time.

The second most commonly utilized incident rate is the OSHA Lost Time Case Rate as a stand alone incident rate. Even though it is not required under OSHA, KRS also records and trends first-aid incident rates so that we have an opportunity to learn from all work-related injuries, not just those injuries which resulted in a higher level of severity.

By the end of March, it is anticipated that KRS will surpass the 10 million hour mark for work performed without a lost time injury. 10 million hours without a lost time injury represents a significant milestone for KRS and is directly attributable to the safe work practices of all KRS team members. To mark this achievement, KRS will hold a Celebrate Safety Day on April 18.

This will be an all day event with the morning dedicated to performing quarterly safety stand down activities (work area inspections, training, housekeeping, tool and equipment inspection, etc.) at each shop and/or work area. In the afternoon, all KRS team members and their families are invited to attend a function at Emon Beach to mark achievement of the 10 million hour milestone.

Numerous exhibits which showcase safe work activities will be available for public display. Planning efforts for this upcoming event are currently underway with additional details forthcoming.



Photo by Dan Adler

KRS is approaching the 10 million hour mark without a lost time injury to personnel.

Medical News

Staph and strep infections can be more serious in warm tropical environment

By Kennan J. Buechter MD
Kwajalein Hospital

Minor skin and soft tissue infections remain a common health problem. Most of these infections are caused by two species of bacteria: Staphylococcus Aureus (Staph) and Streptococcus Pyogenes (Strep), commonly found on the skin and in the mucous membranes. While these infections are rarely life or limb-threatening, they do frequently require antibiotics and at times may progress to abscess formation, requiring surgical drainage.

The situation on Kwajalein Island is no different. Patient presentation for minor skin and soft tissue infections is a common occurrence. However, because of the unique tropical nature of this environment, the question may be asked as to whether skin and soft tissue infections seen in this community are primarily due to the "common" Staph and Strep species of bacteria, or are possibly due to organisms more prevalent in a tropical environment.

In an effort to answer this question, Kwajalein Hospital recently

reviewed the microbiology of skin and soft tissue infections seen in out-patients, specifically looking at the cause of infection, organisms involved and bacterial antibiotic susceptibility profiles.

A total of 108 culture proven pathogenic bacteria causing a primary skin and/or soft tissue infection in 79 patients were identified and reviewed. Specifically excluded from analysis were dental infections, acne associated infections, and infections warranting hospitalization. Ninety one (85%) of all cultured organisms were Staph or Strep. Only six patients (8%) had an infection which did not include either Staph or Strep.

Notably, a history of skin breakage, (for example, a cut or abrasion) was present in only 35% of patients, suggesting that these infections can and do develop in otherwise healthy skin. Emphasis must be made that no "esoteric or tropical" pathogens¹ were isolated, even in patients with infections related to cuts and abrasions associated with water activity.

Methicillin Resistant Staph Aureus² (MRSA) is a particular subgroup of Staphylococcus bacteria

that has developed resistance to antibiotics commonly used to treat Staph infections. A major concern has been that emergence of this organism may lead to outbreaks of antibiotic-resistant Staph infections, especially in close populations like schools or ship's crews. In this study, cultures in 15 patients (19%) returned MRSA, demonstrating this sub-group of bacteria is indeed on the island. However, there is no identifiable clustering of these infections in any sub-group of patients, and the cases reviewed were sporadic.

All culture recovered organisms, including MRSA, were tested for susceptibility to commonly available antibiotics. Several antibiotics demonstrated excellent coverage (greater than 98% bacterial sensitivity) for all bacteria, and some even demonstrated 100% effectiveness against all tested bacteria, to include MRSA.

This data suggests that antibiotic choice in the treatment of these infections can be made by considering issues such as patient

See MEDICAL, Page 12

Five Soldiers die in War on Terror

Pfc. Adam J. Hardt, 19, of Avondale, Ariz., died March 22, at Forward Operating Base Airborne in Wardak Province, of injuries suffered from a non-combat related incident. He was assigned to the 2nd Battalion, 87th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Lance Cpl. Daniel J. Geary, 22, of Rome, N.Y., died March 20 while supporting combat operations in Farah province, Afghanistan. He was assigned to the 3rd Battalion, 8th Marine Regiment, 2nd Marine

Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

The Department of Defense announced today the death of two Marines who were supporting Operation Enduring Freedom. **Corporals Anthony L. Williams**, 21, of Oxford, Pa., and **Michael W. Ouellette**, 28, of Manchester, N.H., died March 22 while supporting combat operations in Helmand province, Afghanistan. They were assigned to 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Sgt. Jose R. Escobedo Jr., 32, of



Albuquerque, N.M., died March 20 in Baghdad, of injuries sustained from a non-combat related incident the night before at Forward Operating Base Kalsu in Iskandariyah, Iraq. He was assigned to the 1st Battalion, 77th Field Artillery Regiment in Schweinfurt, Germany.

HELP WANTED

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

Community Bank

BANK TELLER, Part-time, 20 hours per week. Submit resumé to <http://careers.dodcommunitybank.com>.

CUSTOMER SERVICE Representative, Part-time, 25 hours per week, would handle customer requests

Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.
 Sunday Mass, 9:15 a.m., in the main chapel.
 Mass on Roi is only on the first Sunday of the month at 12:15 p.m., in Roi Chapel.

Protestant

Sunday
 8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

and promote bank services and products. Submit resumé to <http://careers.dodcommunitybank.com>.

Kwajalein Police Department

COMMON ACCESS Card/Administrative Assistant position. The contract is an on-island position, full time and comes with competitive benefits. Contact KPD administration for an application, 54427.

WANTED

HOUSE SITTING opportunity from April 6-15 for former Kwaj residents, Bob and Myrline Paradise, coming to visit. Cally Billy, 55269 after 5 p.m.

SUN BIKE, working or not, needed for parts. Call 54657 or 59283.

LOST

TODDLER SUNGLASSES, blue with red cherries on straps. Call 52276.

KODAK EASY SHARE CAMERA, red in a black case. Call Judy, 54494.

DEMARINI BAT, at Reagan Field on March 12, it is 32 inches long, weighs 28 ounces, fades from grey to black and has tape around the top of the handle with "STROUD" written on it. Call 52594.

ONE BLUE OCEANIC VECTOR FIN, March 14, between the Small Boat Marina and quarters 423-A. If found, call Brian, 51081.

ONE GOLD HOOP EARRING, between fifth street and Building 901. Call 53417 or 55590.

FOUND

CAMERA, call Gloria, 55199 or 54517 to identify and claim.

TWO PAIRS OF GLASSES, one child's brown frames with light tan on the ear pieces and the second pair has silver frames, found outside the hospital. To claim, check with the front desk at the hospital.

WOMEN'S WATCH, at Emon Beach. Call 54816 to identify and claim.

PATIO SALES

SATURDAY AND MONDAY, 6:30 a.m.-1:30 p.m., at Quarters 137-F. Clothing, video tapes, cookbooks and paperback books.

SATURDAY, 3:30-6 p.m. and Monday 8 a.m.-1 p.m. in the back of Quarters 483-B. Lots of toddler boys clothes and girls clothes, sizes 4-5, household items and custom designed Kwaj Fire logo T-shirts.

MONDAY, 6:30 a.m., at Quarters 473-A.

MONDAY, 9 a.m.-3 p.m., at Quarters 468-B.

MONDAY, 7-11 a.m., in the back of Quarters 429-A. Items for sale include small kitchen electrics, La-z-boy couch, Playstation 2, Nintendo Gamecube,

aquarium supplies, bookcase, toys and scooters.

APRIL 4, 10:30 a.m.-1 p.m., in the backyard of Quarters 139-D.

FOR SALE

32" TELEVISION, in excellent condition, \$200 and Penn International 80 weight reel, recent overhaul, mounted on Roddy Hunter Rod, \$450. Call 50010 and leave a message.

IPOD NANO accessories for the models 4GB and smaller: brand new cases, lanyards and more and kite boarding complete package: four-line Naish 13.5-meter AR5 kite that holds air in all bladders and flies great, includes kite, bar, lines, new harness with spreader bar, board with bindings and travel bag, \$900. Call 52525 and leave a message.

38 FOOT OCEAN cruising sailboat, Down East Trader, half ownership share, fully equipped for overnight and weekend trips, \$16,000 or best offer; water-skis with large boots, men's size 11-13 and salt water aquarium supplies, make offer. Call 52312.

PINK LEAPSTER, like new, includes six games focused on writing, phonics, math, spelling, reading, and drawing, charger included, \$90. Call 58751.

LARGE EDDIE BAUER denim jeans, blue coach, very comfortable, \$350; HP Photosmart 7760 printer \$60; gas grill, \$75; large stainless steel microwave, \$75; Honeywell fire protector safe, model 2011 \$20; child's red Radio Flyer wagon, Pathfinder model with canopy, \$65; Little Tykes plastic folding picnic table, used inside only, \$20; Little Tykes climbing cube, \$10 and a little slide with ships wheel, \$20. Call 52843.

DEHUMIDIFIER, \$25. Call 52788.

THREE-PIECE CORNER group sectional sofa, two recliners, built-in queen-size sleeper and storage armrest, off-white leather, \$500 or best offer. Call 52389 or 5092.

TWO OPEN ROUND trip tickets to Majuro on AMI, \$450. Will sell individually. Call Anthony, 52864.

APPLE MAC MINI, OS X, 1.83 ghz Core 2 Duo processor, 2 GB RAM, 80 GB hard drive, CD burner, remote control. Call 54165.

SCUBA GEAR including men's SCUBAPRO Knighthawk BC, black, XL with SCUBAPRO re-styled Air 2 combination octopus/inflator regulator, black/gray, \$325; SCUBAPRO Twin Jet Max open heel split fins, yellow, XL, size 11-13, \$85; SCUBAPRO 3 mm zipper boots, XL size 11, \$35; Oceanic Datamask Hud (heads up display) deluxe computer, full featured, wireless air-integrated digital optical system, \$800 and one large and one medium new men's 1.5 mm full diveskins thermal glide lining exposure suit, \$35 each. All as priced or best offer. Call Jim, 50894 or 53784.

NORWALK COUCH with ottoman, \$550. Call 54126.

Café Pacific

Lunch

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | April 4 |
|----------------------------|----------------------------|--------------------------|--------------------------|-----------------------|------------------------|-------------------|
| Carved top round | Stuffed pork chops | Grilled minute steak | Creek chicken breast | Italian pasta bar | Seafood enchiladas | Swedish meatballs |
| Cornish game hen | Lemon basil chicken | Turkey/broccoli stir-fry | Sautéed liver and onions | Italian baked chicken | Nacho chips and cheese | Fish sandwich |
| Eggs benedict | Huevos rancheros | Mac and cheese | Couscous | Cheese manicotti | Refried beans | Parslied noodles |
| Grill: Brunch station open | Grill: Brunch station open | Grill: Pizza burger | Grill: Grilled cheese | Grill: Chili dog | Grill: Mexican fiesta | Grill: Hot dog |

Dinner

| Tonight | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|-------------------|-----------------|--------------------|-----------------------|-------------------|----------------------|
| Grilled short ribs | B.B.Q. pork butt | Salisbury steak | Kwaj fried chicken | Carved top sirloin | Stir-fry to order | Savory pot roast |
| Fajita chicken | Chicken supreme | Tuna casserole | Grilled mahi mahi | Whole roast chicken | Charsiu spareribs | Chicken adobo |
| Tex-Mex stir-fry | Lyonaise potatoes | Pork pimento | Chinese beef | Ratatouille casserole | Sesame noodles | Collard red potatoes |

Holy Week Services

April 8

Latin Mass, 7 p.m., in the Religious Education Building.

April 9

Mass of the Lord's Supper, 8 p.m., in the Island Memorial Chapel.

April 10

Good Friday, "The Passion of Our Lord" communion service, 8 p.m., in the Island Memorial Chapel.

April 11

Easter vigil and baptism, 7:30 p.m., in the Island Memorial Chapel.

April 12

Easter Sunday mass, "The Resurrection", 9:15 a.m.

COMMUNITY NOTICES

THE KWAJALEIN YACHT Club meeting will begin at 6:30 p.m., March 28, at the Yacht Club. Happy hour is at 5:30 p.m. Everyone is welcome. If you have any questions contact Monte Junker, 52834.

THE LAST DAY for yearbook pre-sales is April 3 at parent-teacher conferences at the high school and elementary school. Yearbooks purchased at this time are \$40. Make checks payable to KHS. If you do not order a yearbook at this time, you will have the option to buy one during yearbook signing for \$45. Questions? Call 52011.

APRIL OPEN RECREATION events for all CYS registered youth in grades K-6: Cooking Night, April 1, 5:30-7 p.m. Register until March 28. K'Nex Building Challenge, April 15, 5:30-7 p.m. Register from April 7-11. To find out how to register for CYS and sign your child/children up for an event, call Micah at the Central Registration office, 52158.

THE KWAJALEIN POLICE Department will be holding an open auction at 4 p.m., March 28, at the Central Police Station. Among the items to be auctioned off are 40 bicycles, three kayaks, and a windsurf board. All are welcome to attend. Direct all questions to Sgt. Tim Timson via email at Timothy.Timson@smdck.smdc.army.mil

BEER, BRATS AND BOWLING is back, from 6 - 11 p.m., March 29, at the Bowling Center. Call Community Activities, 53331 with questions.

JUST A REMINDER: there is no school for students on March 31.

APRIL IS DESIGNATED as Month of the Military Child. CYSS will be celebrating these special community members throughout the month of April. We recognize the sacrifices they make as they support their parents who serve our country.

THE KWAJALEIN GOLF Association's April fools backwards fun tournament and cajun boil is March 30. Format is 4-person scramble. Get your team together and sign up today or contact Kim Parker, 51256 for more information.

LADIES NEW TO KWAJ are welcome to a Get-to-Know-You Coffee from 9:30-11:30 a.m., April 1, at the Tarlton residence, Quarters 104-B on Ocean Road. Call Jean, 52656, or Margaret, 54578.

SURFWAY WILL BE closed April 2 for critical point-of-sale computer maintenance.

Saturday, March 28, 2009



The Easter Bunny says

JOIN CAFÉ PACIFIC for Easter Brunch on April 12. Unaccompanied personnel are welcome from 11 a.m to 2:30 p.m. and families are welcome from 12 to 2:30 p.m. The brunch will include: a carving station with slow-roasted steamship round of beef and herb-crusted rack of lamb, crab stuffed mushroom caps, tortellini with asiago cream sauce, peking roast duck, Pacific Island catch, strawberry crêpes and grilled ham steaks. Also offered will be a chilled seafood bar including jumbo peel shrimp, mussels on the half shell and smoked salmon. An international cheese bar, assorted salads, fresh fruits, and a variety of delicious desserts also await. The grill will be open as well for cooked to order eggs, omelettes and pancakes. Cost is \$22.95 for adults and \$11.95 for children under 12. Menu subject to change due to availability.

JUNIOR-SENIOR HIGH School parent/teacher conferences will be held from 2-5:30 p.m. and 6:30-8:30 p.m., April 3, in the Multi-Purpose room at the high school. Both April 3 and 4 will be half days of school for the students. Report cards will be available at parent/teacher conferences; those report cards not picked up then will be mailed the following day. Details of the parent/teacher conferences will be mailed out to parents on March 26. If you have any questions, contact the high school at 52011.

THE FIFTH ANNUAL Photo Exhibit is from 10 a.m.-2 p.m., April 6, at the High School MP Room. Get exhibitor's packets via post, e-mail, or in person from Lisa Tracy, 51061 or Tina Klinger, 52034.

THE KWAJ REVIVED Theatre is holding auditions for the SS Minnow 2 Dinner Theater performance. Auditions are at 4 p.m., April 8, and at 7 p.m., April 9, in CRC Room 1.

THE ANNUAL EASTER Egg Hunt will be at 4 p.m., April 12, at the Richardson Theatre. All children up to 6th grade are welcome. Bring a basket to collect as many eggs as you can.

THE SPECIAL ORDER of 20" x 24" x 1" air conditioning filters have arrived. Stop by Self Help to get your replacement filters.

DUE TO A RECENT change in regulation from the Transportation Security Administration, Continental Micronesia can only accept cargo from Cargo Agents, Freight Forwarders, Consolidators and IATA-approved agents. This rule only applies to cargo acceptance at locations outside the U.S., and is exclusive of live animals.

THE EMON BEACH Kayak Shack bathroom is now open to the public. It is located at the back of the facility. Please do your part to help keep it clean.

SURFSIDE SALON is having a buy one get one free sale on select products. Questions? Contact Brenda Panton, 53319.

RECYCLING CONTAINERS are now available at Self Help for pick up.

THE COMMON ACCESS Card (CAC) system is having technical problems. The Site Security Manager is working diligently with DMDC to correct the issue. We expect the system will be back up and running on Tuesday, March 31, 2009. The CAC office is suspending all appointments until further notice. Please direct all temp logon request to your supervisors. Supervisors should forward request to the CAC office and we will process accordingly. Thank you for your patience.

COMMUNITY ACTIVITIES has launched a bi-weekly special events e-newsletter: the Kwaj Coconut Wire! If you would like to receive this newsletter to your home e-mail address, please email us at kcw@smdck.smdc.army.mil or call 53331.

SOFTBALLERS: Tell us your thoughts about this past softball season. Community Activities' post softball season survey is available on the community / recreation tab of the intranet, at the Gear Locker, and on the Post Office bulletin board. If you would like a survey e-mailed to you, please contact Community Activities, 53331.

QUALITY OF LIFE Committee has funds to help make the community a better place to live. If you have project ideas that you would like considered, please call 53331 or e-mail Kim Scruton-Yarnes at kim.scruton-yarnes@smdck.smdc.army.mil.

KRS/CHUGACH/BERRY AVIATION, Inc. Health Benefits: The 2009 Aetna Dental Insurance cards for employees were mailed. Berry Aviation, Inc. members should receive new insurance cards within the next 2-3 weeks. If you find an error, lost, misplaced, or did not receive your card(s), please contact Health Benefits to have a new card re-issued to you at 51888 (Grace) or 50939 (Marilyn). Members may also go to www.aetnaglobalbenefits.com, Navigator to print out a temporary ID card, until you receive your new card in the mail.

MEDICAL from Page 9

tolerance, patient compliance with dosing regimens, and cost with an expectation of appropriate bacterial susceptibility to the antibiotic chosen.

In summary, this study affirms several known tenets. The first is that regardless of being in a tropical environment, the overwhelming majority of skin and soft tissue infections arise from one's own skin bacteria. Since Staph and Strep are primarily transmitted via personal contact, this underscores the importance of good personal hygiene and hand washing. Second,

it is not uncommon to see these infections occur without any skin penetration. However, many of these infections do result from cuts and abrasions. This fact confirms the importance of prompt cleansing with a bactericidal soap and application of a topical antibiotic ointment for even minor wounds.

Third, and fortunately, even with continuing emergence of antibiotic resistance in many bacteria, there remains a variety of effective antibiotics for treatment of these infections.

For questions and/or further in-

formation: send e-mail to kennan.buetcher@smdck.smdc.army.mil.

1. As one example: *Vibrio Vulnificus* is a naturally occurring marine bacterium commonly found in shellfish and known to cause both soft tissue infections and food poisoning. It is readily cultured in the laboratory, but no evidence of it was found in this study.

2. Since increasing antibiotic resistance in some Staphylococcal sub-groups has occurred, MRSA is now more commonly referred to as Multi-drug Resistant Staphylococcus Aureus.



Flipping for Spring Break

The 2009 Spring Break Music Festival Chili Cook-off is April 5. There will be all sorts of activities for young and old. Activities will include the bounce house, jousting, slip-n-slide, baggo, tricycle races, sunfish rides, and the dunk tank. Along with all this there will be a chili cook-off, pulled pork cook-off, homebrew garden and live music provided by local musicians. Those interested in entering a chili in the Chili Cook-off, contact Monte Junker for an application at

Monte.junker@smdck.smdc.army.mil.

Weather courtesy of RTS Weather

Sunday: Partly cloudy, 40 percent showers. **Winds:** ENE-ESE at 8-15 knots.
Monday: Partly cloudy, 40 percent showers. **Winds:** ENE-ESE at 8-15 knots.
Tuesday: Partly sunny, 20 percent showers. **Winds:** ENE-E at 10-15 knots.
Wednesday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
Thursday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
Friday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
April 4: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.

Annual total: 5.70 inches
 Annual deviation: -6.23 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sunrise/set Moonrise/set High Tide Low Tide

| | Sunrise/set | Moonrise/set | High Tide | Low Tide |
|-----------|---------------------|-----------------------|--------------------------------------|--|
| Sunday | 6:48 a.m./6:59 p.m. | 9:12 a.m./10:11 p.m. | 5:35 a.m., 4.8' 5:50 p.m., 4.1' | 11:49 a.m., -0.7' 11:50 p.m., -0.6' |
| Monday | 6:48 a.m./6:59 p.m. | 10:08 a.m./11:13 p.m. | 6:07 a.m., 4.7' 6:23 p.m., 3.7' | 12:25 a.m., -0.5' |
| Tuesday | 6:47 a.m./6:59 p.m. | 11:08 a.m./ | 6:43 a.m., 4.4' 7:00 p.m., 3.1' | 12:20 a.m., -0.3' 1:07 p.m., -0.1' |
| Wednesday | 6:47 a.m./6:59 p.m. | 12:11 p.m./12:15 a.m. | 7:25 a.m., 3.9' 7:47 p.m., 2.6' | 12:54 a.m., 0.1' 1:59 p.m., 0.4' |
| Thursday | 6:46 a.m./6:59 p.m. | 1:13 p.m./1:15 a.m. | 8:23 a.m., 3.4' 9:11 p.m., 2.1' | 1:36 a.m., 0.6' 3:22 p.m., 0.9' |
| Friday | 6:45 a.m./6:59 p.m. | 2:12 p.m./2:11 a.m. | 10:10 a.m., 3.0' 5:51 p.m., 1.0' | 2:48 a.m., 1.1' |
| April 4 | 6:45 a.m./6:59 p.m. | 3:09 p.m./3:02 a.m. | 12:10 a.m., 2.1' 12:25 p.m., 3.2' | 5:35 a.m., 1.3' 7:26 p.m., 0.6' |

THE KWAJALEIN HOURGLASS



Dr. Nora Harmsen, standing, and dental hygienist Jinky Agtarap attend to the dental needs of a young Ebeye girl at Ebeye Hospital on Wednesday morning. The two are on their fifth trip to the Marshall Islands to provide free dental care to Marshallese children. For more, see Page 4.

Photo by Dan Adler

The Hourglass and the TV Guide is published on Saturdays and can be found in the gray boxes at the Post Office and at the Dock Security Checkpoint.



Operation Security is everyone's responsibility

Be sure all classified documents and offices containing classified materials are secure. Practice good OPSEC.



THUMBS UP



The EOD/LO department would like to thank everyone who made Monday's UXO detonation a safe and successful one. We also want to take this moment to thank the Navy EOD Team (EOD DET MARIANAS) for conducting the operation. These are truly a professional group of guys who deserve our thanks for their dedication to the mission's success and the safety of all. Good luck guys and stay safe.

News to Use



Do you have news you would like to share about your club, private organization or work department? Do you have an interesting story and photos of a vacation trip? How about a scuba dive with great photos you took? Have you got a good fish story? The Hourglass welcomes submissions of news articles written by members of the community. You can submit articles to the USAKA Public Affair Officer, Vanessa Peeden, at vanessa.peeden@smdck.smdc.army.mil



To submit a letter to the editor: Keep letters to less than 300 words, and keep comments to the issues. No personal attacks will be printed. Letters must be signed. However, names will be withheld if requested. We will edit for Associated Press style, grammar and punctuation and if you exceed the word limit, will be edited for space. Limit one letter every 30 days. Send your letter to: *The Hourglass*, P.O. Box 23, APO AP 96555; or hourglass@kls.usaka.smdc.army.mil.



Be sure to catch the documentary special on the Kwajalein Cable System at 7 p.m., March 31 and April 2, on Channel 35.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAKA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

P.O. Box 23, APO AP 96555
Phone: Defense Switching Network 254-3539;
Local phone: 53539

Printed circulation: 1,500
E-mail: hourglass@smdck.smdc.army.mil

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Tax program ready to help prepare, file return

Hourglass reports

The IRS Volunteer Income Tax Assistance [VITA] Program is ready to help Kwajalein residents prepare and file basic income tax returns. IRS trained and certified tax assistants utilize Tax Wise software to prepare IRS 1040, 1040A and 1040 EZ tax forms and have the ability to electronically file the return. The tax filing deadline for overseas filers is June 15. However, if any tax is owed, the tax must be paid by April 15 to prevent any accrued interest and penalties. For extensions beyond June 15, either Form

2350 or Form 4868 will need to be filed. VITA tax preparers will need the following information to prepare your tax return: a photo ID, Social Security Card and/or number, birth date for the filer and spouse [if filing jointly] and any dependants who will be claimed, any and all W-2, W-2G, 1099-R forms issued to the filer and spouse [if filing jointly], Form 1099-INT and 1099-DIV [interest and dividend statements], a copy of your 2007 federal and state tax returns, bank routing and account numbers [for direct deposit of any refund], charitable donation information, and any other relevant tax

information. Call Allison Bush at 53778, or Michelle Stafford at 53436, to set up an appointment. Please note that this free program is not designed to deal with complicated tax matters involving businesses or other non-typical tax return preparations. Also note that limited forms and instructions are available outside the USAKA Legal Office [Room 214] in Building 901 and on the internet at www.irs.gov.



Community Bank donates to lunch program

Rikatak program gets money from Military Saves Campaign Fund

Article and photo by Dan Adler
Media Manager

Military Saves is an initiative by the Department of Defense to help service members save and invest in their financial futures.

The program provides service members with support and counseling on such financial matters as preparing a monthly budget for household expenses, transportation, entertainment, etc. Service members can also receive advice and information on how to reduce debt and how much of their earnings they can afford to save.

"It helps them with their financial readiness," said Nan-Joo Kim, DoD Community Bank Kwajalein Branch Manager, "It helps them develop and take responsibility for their own financial planning. We help them plan for long-term financial matters such as buying a car or a house and advise them on how much they can really afford for such items."

She added, "This is a DoD program and DoD Community Bank supports it."

While DoD Community Bank supports the program throughout the year, a special Military Saves campaign, 'Take the Pledge, Make a Plan,' ran from Feb. 22-March 1. To support the campaign with materials, advertising and so forth, the home office of DoD Community Bank in San Antonio, Texas provides funding to their branch banks. That money can be used for the campaign or donated to other causes at the local



Maj. Christopher Mills, USAKA Director of Host Nation Activities, presents a check to Joe Pedro, Rikatak Parent Representative for the Rikatak school lunch program at the School Advisory Council meeting on March 18. DoD Community Bank Manager Nan-Joo Kim, left and Al Robinson, Kwajalein Schools Superintendent, look on.

bank manager's discretion.

"Since we are a small branch, we decided not to spend the money on advertising for the campaign, so we wanted to donate it to the community," Kim said.

She added, "The fund is to be used to promote education about savings to community members during the week. We received input from the Command and decided to donate the funds to USAKA Student Appreciation Day [lunch program] for Command recognition of worthy [Rikatak] students who are performing well despite adverse personal circumstances. It's just one way of giving back to the community."

Healing Hands



Registered Dental Hygienist Jinky Agtarap prepares to look at a child's teeth as another waits his turn as Dr. Nora Harmsen, background right, prepares her equipment.

Two angels of mercy return to Ebeye for fifth year to provide dental care for children

Article and photos by Dan Adler
Media Manager

A visit to the dentist wouldn't be most people's first choice of something to do. But for dozens of Ebeye school children, being able to see a dentist and get badly needed dental care this past week was a Godsend.

Dr. Nora Harmsen, DDS, who has a private practice on the island of Lanai in Hawaii, and her assistant, registered Dental Hygienist Jinky Agtarap, were on Ebeye this week providing free dental care to Ebeye third graders thanks to the sponsorship of the Rotary Club of Wahiawa-Waiialua on the North Shore of Oahu.

For the past five years, Harmsen has taken two weeks of vacation time and come to Ebeye to make a difference in the lives of some lucky Ebeye children. Her annual trips started because of a retired four-star general named David Bramlett.

After Bramlett retired from the military in 1998, he asked his wife Judi what she would like to do.

She answered that she would like to teach at a mission school for a year. That desire brought the Bramletts to the Marshall Islands in 2001. They both taught high school on Gugeegue.

During the year they taught school, Judi became very concerned with the health of the children, especially their dental health.

"Judi would see those kids come to school every day with a soda and candy. That was their breakfast," Harmsen said.

One of the girls, who was named Atota, was an especially heartbreaking case for Judi.

Harmsen explained, "Atota was one of Judi's 10th grade students and she had two black holes in the front of her mouth and it just kept getting worse. Judi watched those teeth just deteriorate for a year, and that was why she wanted to bring a dentist out here because she wanted that young lady and others like her to be able to smile. It was heartbreaking to her that there was nothing she could do."

Then came the day that found David Bramlett in Harmsen's dental chair.

"It's funny how life's paths are," said Harmsen, "I never would have met David Bramlett if I hadn't been working at the Veteran's Administration in Honolulu. I was a junior dentist and normally didn't see the four-star generals, but on that given day, he was in my chair."

She continued, "He told me the story of how this little girl was breaking his wife's heart and what he had seen. He said how much he wished he could get dental care for those children. I said, 'Well, you could take a portable unit out there. I happen to have done portable dentistry in nursing homes before I moved to Hawaii. You just take a box of portable dental gear and go to them.'"

Harmsen said that she and David talked over several dinners and that, "I got volunteered to come out here."

Of course, there was the little matter of funding such a project. David was president-elect of the Rotary Club of Wahiawa-Waialua and approached the club to help with financing. The club has helped pay for the trips for the past five years. In addition, one of the Rotary Club members works for Continental Airlines and contacted Continental and asked if they would give Harmsen a ticket to travel to the Marshalls.

"The first year (2004), they donated one ticket," said Harmsen. "After we came back and showed them [Continental Airlines] what we could do, they've donated two tickets every year since then. They allow us to take around 350-500 pounds of equipment at no charge so we can bring all of our equipment with us. Dental instruments are very heavy items and dental supplies are mostly disposable and not reusable, so we have to bring a lot with us."

According to Harmsen, "The Rotary Club raises



This youngster is suffering from mouth sores and gum disease.

visionary and she loved these kids. If she could have kept me here for a year, she would have. She worked as my assistant even though she didn't like to see some of the stuff we saw up close."

Harmsen said that they tried to find Atota, the girl who had inspired the project. They finally did find her but "Those teeth weren't restorable anymore. We lost the window to fix them. When we found her, she was out of high school and we were able to make her a partial denture just so she could get a job."

She added, "The biggest problem here is candy and soda. It causes cavities and their teeth just rot away from it. There is a dentist on Ebeye, but people tend to just not go. There used to be a dental hygienist there, but that person left, so now, they don't even get their teeth cleaned. We usually wind up having to pull the bad teeth but if there are no cavities, we put sealant on in the hopes of preventing a cavity."

Harmsen said they target third grade children because by then, they've gotten their first molars and there's usually not too much decay at that time.

"We try to save those molars before the children lose them. We can put sealant in and do fillings to save them. We do whatever needs to be done," she said.

According to Harmsen, another problem is that children on Ebeye tend to lose their baby teeth earlier than children elsewhere because of decay and they are just left to rot and fall out.

Harmsen sees a lot of kids with advanced dental problems and "That's a problem because there may not be enough room for the adult teeth to come in. We see



Jinky Agtarap shows Ebeye children the proper way to use a toothbrush at Ebeye Hospital Wednesday.

See DENTIST, Page 6

DENTIST from Page 5

kids who have no back teeth.”

Unfortunately, when Harmsen and Agtarap come back on return trips, they can't follow up on the children they treated during the previous trip.

“There's just too many kids and we have to draw a line somewhere,” said Harmsen, “There are other teams that come out here like Canvasback, but they're only once a year too.”

Harmsen makes the trips at this time of year because she wants to get here before spring break while the children are still in school. That way, the teachers can bring the children in.

“It's hard for parents to do it because they are working, so we invite the teachers to bring them in. This is really the only way we can grab hold of the children, so the teachers act as our advocates to get the kids the dental care they need,” Harmsen said.



This child's teeth have a lot of calculus which crumbles to the touch

children, Harmsen said, almost to herself, “You might say that this trip is our tribute to her.”

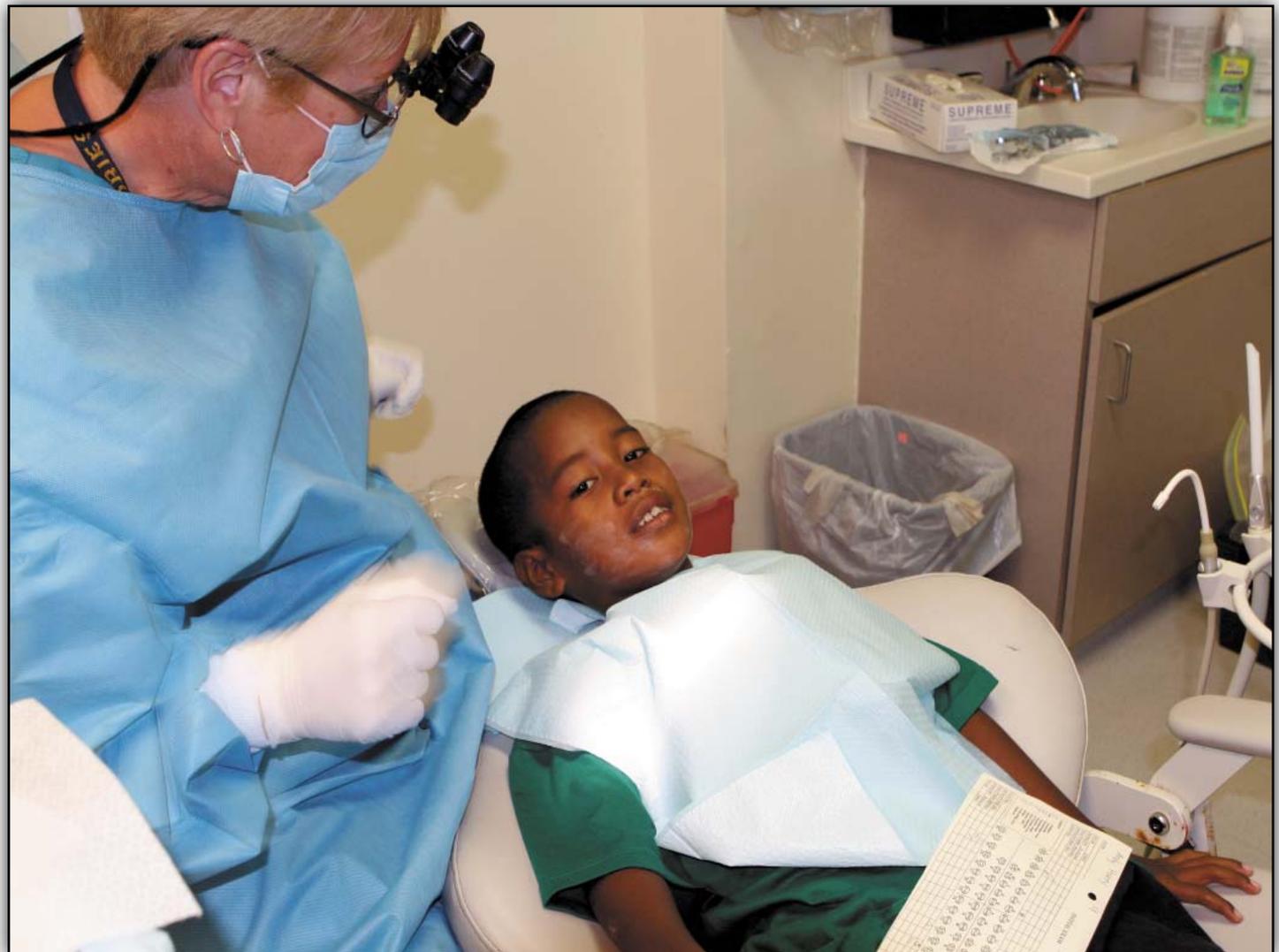
Judi Bramlett is gone, but her legacy lives on.

Harmsen and Agtarap will also visit Third Island and Carlos on this trip to provide dental care to children on those islands.

On Judi Bramlett's last trip to Ebeye in 2007, she told Harmsen she didn't think she could do it anymore. She said she didn't feel well and everything on her body ached. Sadly, it turned out that Judi had cancer and she passed away last year.

It's obvious how much Harmsen thought of Judi Bramlett.

As she sat on the steps of Ebeye Hospital waiting for the doors to open on Wednesday so she could start another day of giving dental care to Ebeye



A little apprehension shows on the face of this youngster as Dr. Nora Harmsen prepares to work on his teeth.

Music, dinner, dancing, fun

High School Stage Band prepares for annual Ballroom Dinner Dance

Hourglass reports

The twenty-first annual Ballroom Dinner Dance is scheduled for May 3 in the Davye Davis Multi-Purpose Room on the high school campus.

This is an opportunity to dress up and enjoy an evening of great music, dancing and dinner. The Kwajalein High School Stage Band, a.k.a. *The Central Pacific's Most Dangerous Band*, will play cool jazz, jumpin' swing and hot Latin tunes throughout the evening.

KRS Food Services will be presenting an excellent full dinner featuring Chicken Florentine and London broil.

The thirteen-member Stage Band has been a notable element of the school music

program for many years. In the late 1980's, former Kwajalein resident Nate Jackson was planning a small

party for the dance class that he taught and heard the Stage Band rehearsing a couple of swing tunes for their next concert. He asked the band to share their music at his party. At the time, the band knew only four dance songs, but they were such a success, that the dancers had them continue repeating those same four songs.

Since then, the band has enlarged its repertoire. The group routinely learns thirty to forty songs each year, beginning rehearsals in August to prepare for the dance. Band alumni have gone on to play in university jazz groups, and former band member Andrea Lindborg returns often to rehearse with the band and perform for the Kwajalein community. Current members of-

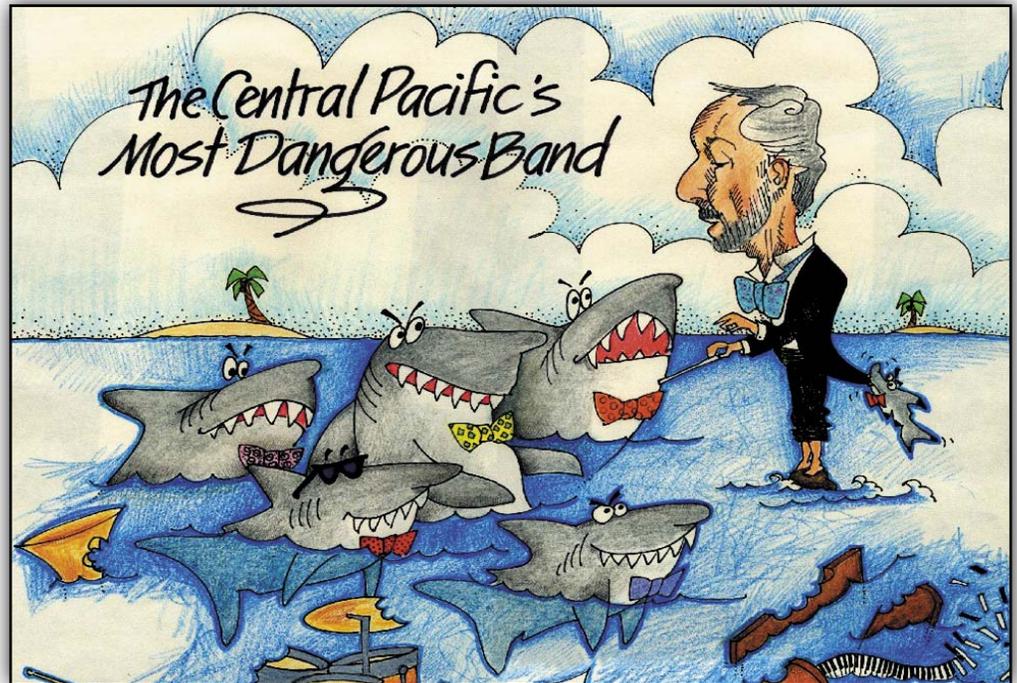


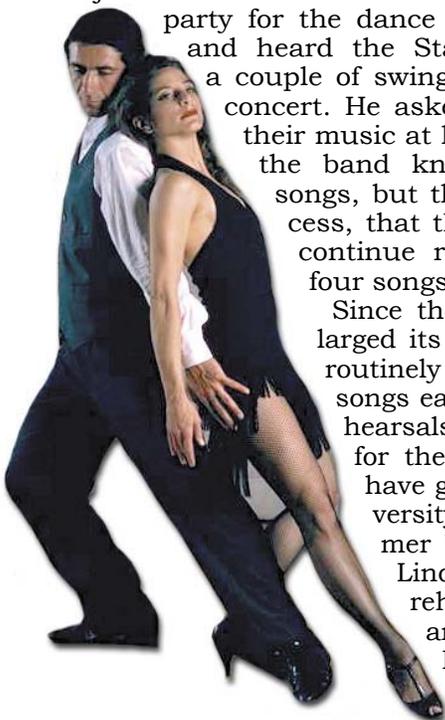
Illustration by Laura Elm

ten double on various instruments to cover the instrumentation needs of the many ensembles in which they perform. The student soloists study improvisation to give authentic interpretations to the jazz classics by such greats as Miles Davis, Charlie Parker, Glenn Miller and Count Basie.

As more people have learned of the dance, ballroom dance classes have enjoyed large enrollment. The band performs musical styles for swing, fox trot, cha cha, rumba, salsa, and even a couple of waltzes. During the dinner dance, Cheryl Shields often finds herself reviewing dance steps for guests who have taken classes earlier in the year. Even the idea of a dress-up event takes on a very local appearance, with dancers in tuxes and fancy dresses alongside others in 'island formal.'

Proceeds from the dance cover the meal and decorations and, in most years, a little extra to help purchase new music for the following year's dance. Tickets are \$40 per person and can be purchased from Cheryl and Dick at 51684. Reservations for parties of four to eight persons are available when tickets are purchased.

Whether you want to dance the night away, or sit and enjoy the sounds of this accomplished student band, don't miss the opportunity to attend the Ballroom Dinner Dance.



Kwajalein Range Services plans Safety Day activities for April 18

Company approaching 10 million hours without lost time injury

By John Pyle
KRS ES&H

At Kwajalein Range Services, injury and illness record keeping is a critical part of the Safety and Health Program. Keeping track of work-related injuries and illnesses can help prevent them in the future. Additionally, using injury and illness data helps identify problem areas. The more we know about how workers are injured, the better we can identify and correct unsafe conditions and at-risk behaviors.

Record keeping provides a mechanism for KRS to identify unsafe trends and communicate lessons learned and focus resources. As employee awareness about injuries, illnesses, and hazards in the workplace improves, workers are more likely to follow safe work practices and report workplace hazards.

One of the main objectives of injury and illness record keeping is the development of incident rates, which are an indication of how many incidents have occurred and how severe they were. An incident rate is simply a mathematical calculation that describes the number of incidents that a company experiences per 100 full-time employees in any given time frame.

The most common incident rate utilized by companies to document safety performance is the Total Recordable Incident Rate, which includes injuries that require medical treatment beyond first-aid, involve work restrictions or job transfer, or involve lost time.

The second most commonly utilized incident rate is the OSHA Lost Time Case Rate as a stand alone incident rate. Even though it is not required under OSHA, KRS also records and trends first-aid incident rates so that we have an opportunity to learn from all work-related injuries, not just those injuries which resulted in a higher level of severity.

By the end of March, it is anticipated that KRS will surpass the 10 million hour mark for work performed without a lost time injury. 10 million hours without a lost time injury represents a significant milestone for KRS and is directly attributable to the safe work practices of all KRS team members. To mark this achievement, KRS will hold a Celebrate Safety Day on April 18.

This will be an all day event with the morning dedicated to performing quarterly safety stand down activities (work area inspections, training, housekeeping, tool and equipment inspection, etc.) at each shop and/or work area. In the afternoon, all KRS team members and their families are invited to attend a function at Emon Beach to mark achievement of the 10 million hour milestone.

Numerous exhibits which showcase safe work activities will be available for public display. Planning efforts for this upcoming event are currently underway with additional details forthcoming.



Photo by Dan Adler

KRS is approaching the 10 million hour mark without a lost time injury to personnel.

Medical News

Staph and strep infections can be more serious in warm tropical environment

By Kennan J. Buechter MD
Kwajalein Hospital

Minor skin and soft tissue infections remain a common health problem. Most of these infections are caused by two species of bacteria: Staphylococcus Aureus (Staph) and Streptococcus Pyogenes (Strep), commonly found on the skin and in the mucous membranes. While these infections are rarely life or limb-threatening, they do frequently require antibiotics and at times may progress to abscess formation, requiring surgical drainage.

The situation on Kwajalein Island is no different. Patient presentation for minor skin and soft tissue infections is a common occurrence. However, because of the unique tropical nature of this environment, the question may be asked as to whether skin and soft tissue infections seen in this community are primarily due to the "common" Staph and Strep species of bacteria, or are possibly due to organisms more prevalent in a tropical environment.

In an effort to answer this question, Kwajalein Hospital recently

reviewed the microbiology of skin and soft tissue infections seen in out-patients, specifically looking at the cause of infection, organisms involved and bacterial antibiotic susceptibility profiles.

A total of 108 culture proven pathogenic bacteria causing a primary skin and/or soft tissue infection in 79 patients were identified and reviewed. Specifically excluded from analysis were dental infections, acne associated infections, and infections warranting hospitalization. Ninety one (85%) of all cultured organisms were Staph or Strep. Only six patients (8%) had an infection which did not include either Staph or Strep.

Notably, a history of skin breakage, (for example, a cut or abrasion) was present in only 35% of patients, suggesting that these infections can and do develop in otherwise healthy skin. Emphasis must be made that no "esoteric or tropical" pathogens¹ were isolated, even in patients with infections related to cuts and abrasions associated with water activity.

Methicillin Resistant Staph Aureus² (MRSA) is a particular subgroup of Staphylococcus bacteria

that has developed resistance to antibiotics commonly used to treat Staph infections. A major concern has been that emergence of this organism may lead to outbreaks of antibiotic-resistant Staph infections, especially in close populations like schools or ship's crews. In this study, cultures in 15 patients (19%) returned MRSA, demonstrating this sub-group of bacteria is indeed on the island. However, there is no identifiable clustering of these infections in any sub-group of patients, and the cases reviewed were sporadic.

All culture recovered organisms, including MRSA, were tested for susceptibility to commonly available antibiotics. Several antibiotics demonstrated excellent coverage (greater than 98% bacterial sensitivity) for all bacteria, and some even demonstrated 100% effectiveness against all tested bacteria, to include MRSA.

This data suggests that antibiotic choice in the treatment of these infections can be made by considering issues such as patient

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Five Soldiers die in War on Terror

Pfc. Adam J. Hardt, 19, of Avondale, Ariz., died March 22, at Forward Operating Base Airborne in Wardak Province, of injuries suffered from a non-combat related incident. He was assigned to the 2nd Battalion, 87th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Lance Cpl. Daniel J. Geary, 22, of Rome, N.Y., died March 20 while supporting combat operations in Farah province, Afghanistan. He was assigned to the 3rd Battalion, 8th Marine Regiment, 2nd Marine

Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

The Department of Defense announced today the death of two Marines who were supporting Operation Enduring Freedom. **Corporals Anthony L. Williams**, 21, of Oxford, Pa., and **Michael W. Ouellette**, 28, of Manchester, N.H., died March 22 while supporting combat operations in Helmand province, Afghanistan. They were assigned to 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Sgt. Jose R. Escobedo Jr., 32, of



Albuquerque, N.M., died March 20 in Baghdad, of injuries sustained from a non-combat related incident the night before at Forward Operating Base Kalsu in Iskandariyah, Iraq. He was assigned to the 1st Battalion, 77th Field Artillery Regiment in Schweinfurt, Germany.

HELP WANTED

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

Community Bank

BANK TELLER, Part-time, 20 hours per week. Submit resumé to <http://careers.dodcommunitybank.com>.

CUSTOMER SERVICE Representative, Part-time, 25 hours per week, would handle customer requests

Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.
 Sunday Mass, 9:15 a.m., in the main chapel.
 Mass on Roi is only on the first Sunday of the month at 12:15 p.m., in Roi Chapel.

Protestant

Sunday
 8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

and promote bank services and products. Submit resumé to <http://careers.dodcommunitybank.com>.

Kwajalein Police Department

COMMON ACCESS Card/Administrative Assistant position. The contract is an on-island position, full time and comes with competitive benefits. Contact KPD administration for an application, 54427.

WANTED

HOUSE SITTING opportunity from April 6-15 for former Kwaj residents, Bob and Myrline Paradise, coming to visit. Cally Billy, 55269 after 5 p.m.

SUN BIKE, working or not, needed for parts. Call 54657 or 59283.

LOST

TODDLER SUNGLASSES, blue with red cherries on straps. Call 52276.

KODAK EASY SHARE CAMERA, red in a black case. Call Judy, 54494.

DEMARINI BAT, at Reagan Field on March 12, it is 32 inches long, weighs 28 ounces, fades from grey to black and has tape around the top of the handle with "STROUD" written on it. Call 52594.

ONE BLUE OCEANIC VECTOR FIN, March 14, between the Small Boat Marina and quarters 423-A. If found, call Brian, 51081.

ONE GOLD HOOP EARRING, between fifth street and Building 901. Call 53417 or 55590.

FOUND

CAMERA, call Gloria, 55199 or 54517 to identify and claim.

TWO PAIRS OF GLASSES, one child's brown frames with light tan on the ear pieces and the second pair has silver frames, found outside the hospital. To claim, check with the front desk at the hospital.

WOMEN'S WATCH, at Emon Beach. Call 54816 to identify and claim.

PATIO SALES

SATURDAY AND MONDAY, 6:30 a.m.-1:30 p.m., at Quarters 137-F. Clothing, video tapes, cookbooks and paperback books.

SATURDAY, 3:30-6 p.m. and Monday 8 a.m.-1 p.m. in the back of Quarters 483-B. Lots of toddler boys clothes and girls clothes, sizes 4-5, household items and custom designed Kwaj Fire logo T-shirts.

MONDAY, 6:30 a.m., at Quarters 473-A.

MONDAY, 9 a.m.-3 p.m., at Quarters 468-B.

MONDAY, 7-11 a.m., in the back of Quarters 429-A. Items for sale include small kitchen electrics, La-z-boy couch, Playstation 2, Nintendo Gamecube,

aquarium supplies, bookcase, toys and scooters.

APRIL 4, 10:30 a.m.-1 p.m., in the backyard of Quarters 139-D.

FOR SALE

32" TELEVISION, in excellent condition, \$200 and Penn International 80 weight reel, recent overhaul, mounted on Roddy Hunter Rod, \$450. Call 50010 and leave a message.

IPOD NANO accessories for the models 4GB and smaller: brand new cases, lanyards and more and kite boarding complete package: four-line Naish 13.5-meter AR5 kite that holds air in all bladders and flies great, includes kite, bar, lines, new harness with spreader bar, board with bindings and travel bag, \$900. Call 52525 and leave a message.

38 FOOT OCEAN cruising sailboat, Down East Trader, half ownership share, fully equipped for overnight and weekend trips, \$16,000 or best offer; water-skis with large boots, men's size 11-13 and salt water aquarium supplies, make offer. Call 52312.

PINK LEAPSTER, like new, includes six games focused on writing, phonics, math, spelling, reading, and drawing, charger included, \$90. Call 58751.

LARGE EDDIE BAUER denim jeans, blue coach, very comfortable, \$350; HP Photosmart 7760 printer \$60; gas grill, \$75; large stainless steel microwave, \$75; Honeywell fire protector safe, model 2011 \$20; child's red Radio Flyer wagon, Pathfinder model with canopy, \$65; Little Tykes plastic folding picnic table, used inside only, \$20; Little Tykes climbing cube, \$10 and a little slide with ships wheel, \$20. Call 52843.

DEHUMIDIFIER, \$25. Call 52788.

THREE-PIECE CORNER group sectional sofa, two recliners, built-in queen-size sleeper and storage armrest, off-white leather, \$500 or best offer. Call 52389 or 5092.

TWO OPEN ROUND trip tickets to Majuro on AMI, \$450. Will sell individually. Call Anthony, 52864.

APPLE MAC MINI, OS X, 1.83 ghz Core 2 Duo processor, 2 GB RAM, 80 GB hard drive, CD burner, remote control. Call 54165.

SCUBA GEAR including men's SCUBAPRO Knighthawk BC, black, XL with SCUBAPRO re-styled Air 2 combination octopus/inflator regulator, black/gray, \$325; SCUBAPRO Twin Jet Max open heel split fins, yellow, XL, size 11-13, \$85; SCUBAPRO 3 mm zipper boots, XL size 11, \$35; Oceanic Datamask Hud (heads up display) deluxe computer, full featured, wireless air-integrated digital optical system, \$800 and one large and one medium new men's 1.5 mm full diveskins thermal glide lining exposure suit, \$35 each. All as priced or best offer. Call Jim, 50894 or 53784.

NORWALK COUCH with ottoman, \$550. Call 54126.

Café Pacific

Lunch

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | April 4 |
|----------------------------|----------------------------|--------------------------|--------------------------|-----------------------|------------------------|-------------------|
| Carved top round | Stuffed pork chops | Grilled minute steak | Creek chicken breast | Italian pasta bar | Seafood enchiladas | Swedish meatballs |
| Cornish game hen | Lemon basil chicken | Turkey/broccoli stir-fry | Sautéed liver and onions | Italian baked chicken | Nacho chips and cheese | Fish sandwich |
| Eggs benedict | Huevos rancheros | Mac and cheese | Couscous | Cheese manicotti | Refried beans | Parslied noodles |
| Grill: Brunch station open | Grill: Brunch station open | Grill: Pizza burger | Grill: Grilled cheese | Grill: Chili dog | Grill: Mexican fiesta | Grill: Hot dog |

Dinner

| Tonight | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|-------------------|-----------------|--------------------|-----------------------|-------------------|----------------------|
| Grilled short ribs | B.B.Q. pork butt | Salisbury steak | Kwaj fried chicken | Carved top sirloin | Stir-fry to order | Savory pot roast |
| Fajita chicken | Chicken supreme | Tuna casserole | Grilled mahi mahi | Whole roast chicken | Charsiu spareribs | Chicken adobo |
| Tex-Mex stir-fry | Lyonaise potatoes | Pork pimento | Chinese beef | Ratatouille casserole | Sesame noodles | Collard red potatoes |

Holy Week Services

April 8

Latin Mass, 7 p.m., in the Religious Education Building.

April 9

Mass of the Lord's Supper, 8 p.m., in the Island Memorial Chapel.

April 10

Good Friday, "The Passion of Our Lord" communion service, 8 p.m., in the Island Memorial Chapel.

April 11

Easter vigil and baptism, 7:30 p.m., in the Island Memorial Chapel.

April 12

Easter Sunday mass, "The Resurrection", 9:15 a.m.

COMMUNITY NOTICES

THE KWAJALEIN YACHT Club meeting will begin at 6:30 p.m., March 28, at the Yacht Club. Happy hour is at 5:30 p.m. Everyone is welcome. If you have any questions contact Monte Junker, 52834.

THE LAST DAY for yearbook pre-sales is April 3 at parent-teacher conferences at the high school and elementary school. Yearbooks purchased at this time are \$40. Make checks payable to KHS. If you do not order a yearbook at this time, you will have the option to buy one during yearbook signing for \$45. Questions? Call 52011.

APRIL OPEN RECREATION events for all CYS registered youth in grades K-6: Cooking Night, April 1, 5:30-7 p.m. Register until March 28. K'Nex Building Challenge, April 15, 5:30-7 p.m. Register from April 7-11. To find out how to register for CYS and sign your child/children up for an event, call Micah at the Central Registration office, 52158.

THE KWAJALEIN POLICE Department will be holding an open auction at 4 p.m., March 28, at the Central Police Station. Among the items to be auctioned off are 40 bicycles, three kayaks, and a windsurf board. All are welcome to attend. Direct all questions to Sgt. Tim Timson via email at Timothy.Timson@smdck.smdc.army.mil

BEER, BRATS AND BOWLING is back, from 6 - 11 p.m., March 29, at the Bowling Center. Call Community Activities, 53331 with questions.

JUST A REMINDER: there is no school for students on March 31.

APRIL IS DESIGNATED as Month of the Military Child. CYSS will be celebrating these special community members throughout the month of April. We recognize the sacrifices they make as they support their parents who serve our country.

THE KWAJALEIN GOLF Association's April fools backwards fun tournament and cajun boil is March 30. Format is 4-person scramble. Get your team together and sign up today or contact Kim Parker, 51256 for more information.

LADIES NEW TO KWAJ are welcome to a Get-to-Know-You Coffee from 9:30-11:30 a.m., April 1, at the Tarlton residence, Quarters 104-B on Ocean Road. Call Jean, 52656, or Margaret, 54578.

SURFWAY WILL BE closed April 2 for critical point-of-sale computer maintenance.

Saturday, March 28, 2009



The Easter Bunny says

JOIN CAFÉ PACIFIC for Easter Brunch on April 12. Unaccompanied personnel are welcome from 11 a.m to 2:30 p.m. and families are welcome from 12 to 2:30 p.m. The brunch will include: a carving station with slow-roasted steamship round of beef and herb-crusted rack of lamb, crab stuffed mushroom caps, tortellini with asiago cream sauce, peking roast duck, Pacific Island catch, strawberry crêpes and grilled ham steaks. Also offered will be a chilled seafood bar including jumbo peel shrimp, mussels on the half shell and smoked salmon. An international cheese bar, assorted salads, fresh fruits, and a variety of delicious desserts also await. The grill will be open as well for cooked to order eggs, omelettes and pancakes. Cost is \$22.95 for adults and \$11.95 for children under 12. Menu subject to change due to availability.

JUNIOR-SENIOR HIGH School parent/teacher conferences will be held from 2-5:30 p.m. and 6:30-8:30 p.m., April 3, in the Multi-Purpose room at the high school. Both April 3 and 4 will be half days of school for the students. Report cards will be available at parent/teacher conferences; those report cards not picked up then will be mailed the following day. Details of the parent/teacher conferences will be mailed out to parents on March 26. If you have any questions, contact the high school at 52011.

THE FIFTH ANNUAL Photo Exhibit is from 10 a.m.-2 p.m., April 6, at the High School MP Room. Get exhibitor's packets via post, e-mail, or in person from Lisa Tracy, 51061 or Tina Klinger, 52034.

THE KWAJ REVIVED Theatre is holding auditions for the SS Minnow 2 Dinner Theater performance. Auditions are at 4 p.m., April 8, and at 7 p.m., April 9, in CRC Room 1.

THE ANNUAL EASTER Egg Hunt will be at 4 p.m., April 12, at the Richardson Theatre. All children up to 6th grade are welcome. Bring a basket to collect as many eggs as you can.

THE SPECIAL ORDER of 20" x 24" x 1" air conditioning filters have arrived. Stop by Self Help to get your replacement filters.

DUE TO A RECENT change in regulation from the Transportation Security Administration, Continental Micronesia can only accept cargo from Cargo Agents, Freight Forwarders, Consolidators and IATA-approved agents. This rule only applies to cargo acceptance at locations outside the U.S., and is exclusive of live animals.

THE EMON BEACH Kayak Shack bathroom is now open to the public. It is located at the back of the facility. Please do your part to help keep it clean.

SURFSIDE SALON is having a buy one get one free sale on select products. Questions? Contact Brenda Panton, 53319.

RECYCLING CONTAINERS are now available at Self Help for pick up.

THE COMMON ACCESS Card (CAC) system is having technical problems. The Site Security Manager is working diligently with DMDC to correct the issue. We expect the system will be back up and running on Tuesday, March 31, 2009. The CAC office is suspending all appointments until further notice. Please direct all temp logon request to your supervisors. Supervisors should forward request to the CAC office and we will process accordingly. Thank you for your patience.

COMMUNITY ACTIVITIES has launched a bi-weekly special events e-newsletter: the Kwaj Coconut Wire! If you would like to receive this newsletter to your home e-mail address, please email us at kcw@smdck.smdc.army.mil or call 53331.

SOFTBALLERS: Tell us your thoughts about this past softball season. Community Activities' post softball season survey is available on the community / recreation tab of the intranet, at the Gear Locker, and on the Post Office bulletin board. If you would like a survey e-mailed to you, please contact Community Activities, 53331.

QUALITY OF LIFE Committee has funds to help make the community a better place to live. If you have project ideas that you would like considered, please call 53331 or e-mail Kim Scruton-Yarnes at kim.scruton-yarnes@smdck.smdc.army.mil.

KRS/CHUGACH/BERRY AVIATION, Inc. Health Benefits: The 2009 Aetna Dental Insurance cards for employees were mailed. Berry Aviation, Inc. members should receive new insurance cards within the next 2-3 weeks. If you find an error, lost, misplaced, or did not receive your card(s), please contact Health Benefits to have a new card re-issued to you at 51888 (Grace) or 50939 (Marilyn). Members may also go to www.aetnaglobalbenefits.com, Navigator to print out a temporary ID card, until you receive your new card in the mail.

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tolerance, patient compliance with dosing regimens, and cost with an expectation of appropriate bacterial susceptibility to the antibiotic chosen.

In summary, this study affirms several known tenets. The first is that regardless of being in a tropical environment, the overwhelming majority of skin and soft tissue infections arise from one's own skin bacteria. Since Staph and Strep are primarily transmitted via personal contact, this underscores the importance of good personal hygiene and hand washing. Second,

it is not uncommon to see these infections occur without any skin penetration. However, many of these infections do result from cuts and abrasions. This fact confirms the importance of prompt cleansing with a bactericidal soap and application of a topical antibiotic ointment for even minor wounds.

Third, and fortunately, even with continuing emergence of antibiotic resistance in many bacteria, there remains a variety of effective antibiotics for treatment of these infections.

For questions and/or further in-

formation: send e-mail to kennan.buetcher@smdck.smdc.army.mil.

1. As one example: *Vibrio Vulnificus* is a naturally occurring marine bacterium commonly found in shellfish and known to cause both soft tissue infections and food poisoning. It is readily cultured in the laboratory, but no evidence of it was found in this study.

2. Since increasing antibiotic resistance in some Staphylococcal sub-groups has occurred, MRSA is now more commonly referred to as Multi-drug Resistant Staphylococcus Aureus.



Flipping for Spring Break

The 2009 Spring Break Music Festival Chili Cook-off is April 5. There will be all sorts of activities for young and old. Activities will include the bounce house, jousting, slip-n-slide, baggo, tricycle races, sunfish rides, and the dunk tank. Along with all this there will be a chili cook-off, pulled pork cook-off, homebrew garden and live music provided by local musicians. Those interested in entering a chili in the Chili Cook-off, contact Monte Junker for an application at

Monte.junker@smdck.smdc.army.mil.

Weather courtesy of RTS Weather

Sunday: Partly cloudy, 40 percent showers. **Winds:** ENE-ESE at 8-15 knots.
Monday: Partly cloudy, 40 percent showers. **Winds:** ENE-ESE at 8-15 knots.
Tuesday: Partly sunny, 20 percent showers. **Winds:** ENE-E at 10-15 knots.
Wednesday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
Thursday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
Friday: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.
April 4: Mostly sunny, 10 percent showers. **Winds:** NE-E at 10-15 knots.

Annual total: 5.70 inches
 Annual deviation: -6.23 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sunrise/set Moonrise/set High Tide Low Tide

| | Sunrise/set | Moonrise/set | High Tide | Low Tide |
|-----------|---------------------|-----------------------|--------------------------------------|--|
| Sunday | 6:48 a.m./6:59 p.m. | 9:12 a.m./10:11 p.m. | 5:35 a.m., 4.8' 5:50 p.m., 4.1' | 11:49 a.m., -0.7' 11:50 p.m., -0.6' |
| Monday | 6:48 a.m./6:59 p.m. | 10:08 a.m./11:13 p.m. | 6:07 a.m., 4.7' 6:23 p.m., 3.7' | 12:25 a.m., -0.5' |
| Tuesday | 6:47 a.m./6:59 p.m. | 11:08 a.m./ | 6:43 a.m., 4.4' 7:00 p.m., 3.1' | 12:20 a.m., -0.3' 1:07 p.m., -0.1' |
| Wednesday | 6:47 a.m./6:59 p.m. | 12:11 p.m./12:15 a.m. | 7:25 a.m., 3.9' 7:47 p.m., 2.6' | 12:54 a.m., 0.1' 1:59 p.m., 0.4' |
| Thursday | 6:46 a.m./6:59 p.m. | 1:13 p.m./1:15 a.m. | 8:23 a.m., 3.4' 9:11 p.m., 2.1' | 1:36 a.m., 0.6' 3:22 p.m., 0.9' |
| Friday | 6:45 a.m./6:59 p.m. | 2:12 p.m./2:11 a.m. | 10:10 a.m., 3.0' 5:51 p.m., 1.0' | 2:48 a.m., 1.1' |
| April 4 | 6:45 a.m./6:59 p.m. | 3:09 p.m./3:02 a.m. | 12:10 a.m., 2.1' 12:25 p.m., 3.2' | 5:35 a.m., 1.3' 7:26 p.m., 0.6' |