

# THE KWAJALEIN HOURGLASS

*She's Sugar and Spice*



*and Everything Nice*

**Maj. Steve Ansley swings daughter Heather during the Annual George Seitz PTO Father/Daughter Dance held Monday night in the high school multi-purpose room.**

*Photo by Dan Adler*

*She's Daddy's Little Girl*

# Eight soldiers die in War on Terror

**Staff Sgt. Daniel L. Hansen**, 24, of Tracy, Calif., died Feb. 14 while supporting combat operations in Farah Province, Afghanistan. He was assigned to Marine Wing Support Squadron 171, Marine Wing Support Group 17, 1st Marine Air Wing, III Marine Expeditionary Force, Iwakuni, Japan.

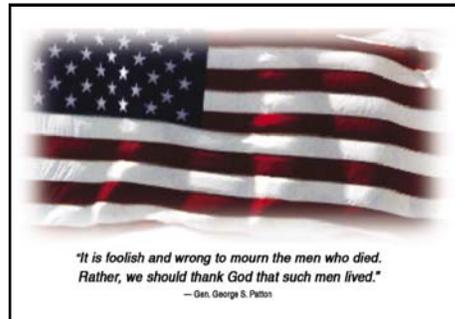
**Cpl. Stephen S. Thompson**, 23, of Tulsa, Okla., died Feb. 14 in Baghdad of injuries sustained from a gunshot wound. He was assigned to the 1st Battalion, 22nd Infantry Regiment, 1st Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

**Staff Sgt. Sean D. Diamond**, 41, of Dublin, Calif., died Feb. 15 in As Salam, Iraq, when an improvised explosive device detonated near

his vehicle. He was assigned to the 610th Engineer Support Company, 14th Engineer Battalion, 555th Engineer Brigade, Fort Lewis, Wash.

**Staff Sgt. Marc J. Small**, 29, of Collegeville, Pa., died Feb. 12 at Faramuz, Afghanistan, of wounds suffered when insurgents attacked his unit using a rocket-propelled grenade launcher and small arms fire. He was assigned to the 1st Battalion, 3rd Special Forces Group (Airborne), Fort Bragg, N.C.

The Department of Defense announced today the death of four Soldiers who were supporting Operation Iraqi Freedom. They died Feb. 9 in Mosul, Iraq, of wounds suffered when an improvised explosive device detonated near their vehicle. They were assigned to the 3rd Battalion,



8th Cavalry Regiment, 3rd Brigade Combat Team, 1st Cavalry Division, Fort Hood, Texas. Killed were: **Lt. Col. Garnet R. Derby**, 44, of Missoula, Mont.; **Sgt. Joshua A. Ward**, 30, of Scottsville, Ky.; **Pfc. Albert R. Jex**, 23, of Phoenix, Ariz. and **Pfc. Jonathan R. Roberge**, 22, of Leominster, Mass.

## Black History Month Activities

**COME LEARN** how Black Americans have contributed to the world. **Grades K-6: 5:30 p.m., Feb. 27, in the Grace Sherwood Library.** There will be a coloring and poster contest with prizes, poetry, storytelling, music and more. **Pick-up contest rules and paper supplies in the library. Grades 7-12: 6 to 8 p.m., Feb. 28, at the Youth Center.** There will be pizza, prizes, a poetry/rap contest and a scavenger hunt. **Poetry contest rules are available at the Youth Center. Adults: 8 p.m., Feb. 28, at the ARC.** There will be an open mic, poetry, pupu potluck and special movie presentation. **Contact Community Activities with questions, 53331. A special brunch will be held at Café Pacific on Feb. 22.**



## THUMBS DOWN



**To the person who stole my light off my bicycle Wednesday night. We are a small, close, community and it would be nice if we would respect each other and not take things that do not belong to you.**

**To the internet service. We can't go five days without it dropping.**



## THUMBS UP



**Thumbs up to all aviation mechanics and general helpers for ensuring proper functioning of the planes and helicopters and to the pilots for their flying skills.**

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

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**Media Specialist.....Cheryl Stewart**

# Black History Month activities planned at library and the ARC

## Hourglass Reports

With a 'Yes we can spirit,' Kim Scruton-Yarnes, Supervisor of Entertainment for Community Activities, agreed to plan events for a Black History Mystery.

She had less than a month to accomplish it.

When she was approached about the task, she honestly explained that she had never planned one before and had several other major events on her plate. However, she was willing to try.

Scruton-Yarnes and Cheryl Stewart, Media Specialist for the *Hourglass*, met to plan the activities to take place Feb. 27-28 and the vision took flight.

Following the lead of a letter from Lt. General Kevin T. Campbell that was printed in the *Hourglass*, they looked for ways to include the entire community.

Stewart said, "We did not want to exclude anyone from attending any of these events. The sole purpose is to show diversity, the appreciation that we are all different, and how we all need each other, no man is an island."

Events are planned for Grades K-6, 5:30-7 p.m., Feb. 27, at Grace Sherwood Library. There will be storytelling, a living museum, music, history trivia, coloring and poster contest and prizes. Parents can pick up coloring pages at the library or at Child Youth Services. They must turn them in before 5 p.m. on Feb. 27 at the library.

For the teen event, Nick Langley, Danielle Gilmore and Emma Peacock met with Stewart to plan a fun-filled evening starting at 6 p.m., Feb. 28. The teens considered several ideas and decided that an online scavenger hunt for poetry (rap), pizza and prizes would be ideal.

The Adult Recreation Center is the location for the adult event where food, flicks, facts, and fun can be found from 6 p.m. to closing on Feb. 28.

For more information, contact Scruton-Yarnes, 53331.

## Four of the 87 Black Americans awarded the nation's highest honor



### Civil War

**1st Sgt. Powhatan Beaty  
5th U.S. Colored Infantry  
Awarded the Medal of Honor  
for his actions at the Battle  
of Chaffin's Farm, Virginia  
Sept. 29, 1864**



### World War II

**Sgt. Edward Carter, Jr.  
56th Armored Infantry  
Awarded the Medal of Honor  
for his actions near Speyer,  
Germany, March 23, 1945**



### Indian Wars

**Sgt. Benjamin Brown  
24th Infantry Regiment  
Awarded the Medal of Honor  
for an engagement with  
Apache Indians in Arizona,  
May 11, 1889**



### Vietnam

**Pfc. James Anderson, Jr.  
U.S. Marine Corps,  
3rd Marine Regiment  
Awarded the Medal of Honor  
for his actions at Cam Lo,  
Vietnam, Feb. 28, 1967**

Library of Congress photos

# Annual Father/Daughter Dance gets multi-purpose room jumping

Article and photos by Dan Adler  
Media Manager

What could be better than fathers and daughters spending some quality time together?

Not much, judging by the fun everyone had at the Annual George Seitz PTO-sponsored Father/Daughter Dance held Monday night in the multi-purpose room decorated with Valentine's hearts, sparkling lights and a disco ball.

"This is always the best event of the year," said Shaunna Fleming as she manned the punch bowl booth. "Everybody has a blast."

She added, "A group of moms volunteer for this every year and it's our biggest event for the ladies of the school."

Decoration of the multi-purpose room is done by moms and takes about 12 hours to put up and two to take down. During the dance, a photographer takes photos and gives each girl a photo of her and her father. Photos are also taken of each grade group.



**Bob Sholar and daughter Julia cut the rug at the Father/Daughter Dance.**



Treats were furnished with Grades K-2 bringing the desserts and Grades 3-6 bringing the pupus. Punch was made and supplied by the PTO.

Volunteers this year included Heidi Rowell, Lynn Elkin, Polly Yoho, Jennifer Cossey, Tarah Yurovchak, Stacey O'Rourke, Lisa Ansley, Jane Sholar, Barb Junker, and Mercedes Washburn.

"There were also numerous moms who showed up for one or two hours at given times during decorating, and every little bit really helped," said Fleming. "Also, this dance could not happen without the yearly help and generosity of AnnElise Peterson, who opens up the high school home economics room for our use during the dance. Dick Shields hangs the disco ball for us and comes in many times during his weekend off to help us get the lighting just right and the sound system up and going. They are really patient and so great about it. Also, Polly Yoho was our photographer for

the evening and she did a super job."

Little girls and their fathers could be seen sitting at tables together enjoying punch and treats while other girls danced with each other to various tunes played by DJ Neil Dye.

Fathers tried to keep up during the fast numbers and gently hugged their daughters close when slow music played.

It was a fun night for the little girls and their dads and one they won't soon forget.

Fleming added, "I can honestly say that the girls look forward to it every year, the dressing up, dancing with their dads, it is super special. I remember when [my daughter] Olivia was not yet in kindergarten and we would see the girls going by with their dads on the way to the dance, all dressed up and looking so pretty, and Olivia just could not wait until she was old enough to go. It really is kind of an island tradition for the girls and their dads."



**Trace Fleming gives a hug to his daughter, Olivia.**



**Maj. Steven Ansley rocks out with daughter, Nicole.**



**Sgt. Maj. Patrick Kutac dances with daughter, Ashley.**



**Col. Frederick Clarke dances with daughter, Savannah.**



**Julia Sholar, left, and Emma Elkin dance the 'Hokey Pokey.'**



**Jim Cossey dances with daughter, Addison.**



**Greg Washburn and daughter, Stephanie dance.**



**Peter Yoho and daughter Natalie enjoy the evening.**

# Officer honored for saving infant

Article and photo by Brad Walker  
Kwajalein Police Department

Kwajalein Police Department Access Control Officer II, Tomasi Rokobilli, accompanied by wife Susan, was presented a letter of appreciation from Dr. Clyde Bishop, U.S. Ambassador to the Republic of the Marshall Islands, and Col. Frederick Clarke, U.S. Army Kwajalein Atoll Commander, for his actions in saving an infant's life on Nov. 11, 2008.

Tomasi was at home on North Loi when the parents of two-month-old Takmwe Livai came to him in a panic stricken state with their unresponsive infant.

Tomasi had recently completed an American Red Cross CPR course provided by Training Sergeant Beth Wiggins of the Kwajalein Police Department. As a result of both his training and professionalism, Tomasi successfully administered CPR to Takmwe, saving the child's life.

North Loi is a remote island in terms of the availability of emergency responders. Luckily, Tomasi lives next door. If he had not been available, the Livai family may have



Left to right, Col. Frederick Clarke, USAKA Commander, Susan Rokobilli, Tomasi Rokobilli and Dr. Clyde Bishop, U.S. Ambassador to the Republic of the Marshall Islands, at a ceremony Feb. 13 honoring Tomasi for saving an infant's life.

never had the opportunity to see their child grow old and witness all the events in between. On that day, a bond between the Rokobilli family and the Livai family was forever forged.

Many of us will never have the op-

portunity to affect a life in the way Tomasi had. No words can contend with the individual pride Mr. Rokobilli is surely feeling or the gratitude the Livai family has toward their now and forever hero. But one thing is sure — it has not gone unnoticed.

## February is Children's Dental Health Month

By Judy Shimamoto  
Kwajalein Dental Clinic

February is Children's Dental Health Month and is a good time to look at what children eat and how it affects their teeth. Now more than ever, kids are faced with a bewildering array of food choices — from fresh produce to sugar-laden, processed convenience meals and snack foods. Americans are consuming foods and drinks high in sugar and starches more often and in larger portions than ever before. It's clear that junk foods and drinks gradually have replaced nutritious beverages and foods for many people. Alarmingly, the average teenage boy in the U.S. consumes 81 gallons of soft drinks each year.

A steady diet of sugary foods and drinks can ruin teeth, especially among those who snack throughout the day. Common activities may contribute to the tendency toward tooth decay. These include "grazing" habitually on foods with minimal nutritional value, and frequently sipping on sugary drinks.

When sugar is consumed over and over again in large, often hidden, amounts the harmful effect on teeth can be dramatic. Sugar on teeth provides food for bacteria, which produce acid. The acid in turn can eat away the enamel on teeth.

Almost all foods have some type of sugar that cannot and should not be eliminated from our diets. Many of these foods contain important nutrients and add enjoyment to eating. But there is a risk for tooth decay from a diet high in sugars and starches.

Starches can be found in everything from bread, to pretzels, to salad dressing, so read labels and plan carefully for a balanced, nutritious diet for you and your kids.

Reduce your children's risk of tooth decay by forming the following habits:

- Not consuming sugary foods and drinks with meals. Saliva production increases during meals and helps neutralize acid production and rinse food particles from the mouth.
- Limiting between-meal snacks. If kids crave a snack, offer them nutritious foods.
- Making it sugarless. If your kids chew gum: Chewing sugarless gum after eating can increase saliva flow and help wash out food and decay-producing acid.
- Monitoring beverage consumption. Instead of soft drinks all day, children should also choose water and low-fat milk.
- Helping your children develop good brushing and flossing habits.
- Scheduling regular dental visits

# Soak up some water safety tips

## Hourglass reports

Drowning claims the lives of over 4,000 people every year. Kwajalein has established rules to help ensure residents and visitors don't become a statistic. Adhere to these requirements to make sure your stay on Kwajalein is safe and fun.

### Rules of the water:

- Always use the buddy system when swimming in the open water.
- Buddy system is not required in the Emon Beach roped-in area when a lifeguard is on duty or if swimmers are 18 years or older.
- A snorkel vest or buoyancy compensator (BC) must be worn when snorkeling or skin diving more than 100 feet from shore.
- It is recommended that snorkelers and skin divers wear a flotation device such as a snorkel vest or buoyancy compensator at all times.
- Children under 10 years of age must be accompanied and watched by a responsible person (aged 15 years or older) in any approved swimming area, even when a lifeguard is on duty.
- Walk-in ocean-side snorkeling or skin diving is prohibited, except for the ocean-side tidal pools during low tide periods.
- Reef walkers should wear sturdy shoes and gloves to protect against coral or hazardous marine life.

### Smart Families Always:

- Watch children very closely. Drowning only takes a minute and a small amount of water; a drowning child may not be able to call for help.
- Older children risk drowning when they overestimate their swimming ability, or underestimate the water depth, current or wave action.

### Teach your children these four key swimming rules:

1. Always swim with a buddy.
2. Don't dive into unknown bodies of water. Jump feet first to avoid hitting your head on a shallow bottom.



**Lifeguards aren't always on duty at Emon Beach. Take the time to learn water safety tips and observe the buddy system when Emon Beach is unguarded.**

3. Don't push or jump on others.
4. Be prepared for an emergency.

### Other tips:

- Avoid alcohol during recreational water activities.

- Always have a first-aid kit and emergency phone contacts handy. Parents should be trained in CPR (cardiopulmonary resuscitation). For more information on obtaining First-aid and CPR training, contact Michelle Barnett at [firefightermichelle@yahoo.com](mailto:firefightermichelle@yahoo.com).

# Some more *Hourglass* readers wanted to share their ‘How We Met’ stories so . . .

In 1981 I moved away from home, Savannah, Georgia to join the Air Force. Over the next 15 years I lived in various parts of Texas. Then in 1996, on three separate occasions God revealed to me to “Go home to your friends and family...” It was a scripture I had seen in Matthew several times but this time it was different and had meaning to me. I resisted for some time and finally submitted to His request. It was July 1996 when I moved back, two weeks after going home to bury my Grandmother. I was sad, single and depressed because I did not want to move back home at my age. However, when I finally submitted, things started working out. I did not mind being single except for the holidays and Christmas was approaching at warp speed. I asked my friend from high school, Angela Moody, who was living in nearby Ft. Stewart, (Hinesville) Georgia with her military husband Norris, if they knew anyone that they could introduce me to for the holidays. Angie said “Well there is David Stewart, the recent widower.” I replied “No thanks.” Three months later I asked her again the same question and got the same answer; this time I thought why not, it’s just for one date. They gave him my number and he took what seems like forever to call and when he finally did, I did not like his voice (it was not heavy enough for me). We finally made plans for our first date. It would be March 15, the Ides of March, my 40th birthday. Now in Savannah the middle of March is significant to everyone and even I am Irish then! Because St. Patrick’s Day was on the 17th we planned a date for somewhere on River Street after meeting at Moody’s place on base. Since the crowds had started earlier than expected, we had to make last minute dinner changes. We went to Wilmington Island instead to a small quaint seafood restaurant near my sister’s house. The date went well into the next morning around 4 a.m. and I still made it to church. It was the best birthday and present I have ever had.

— Cheryl Robinson-Stewart



***“But true love is a durable fire,  
In the mind ever burning,  
Never sick, never old, never dead,  
From itself never turning.”***

—Sir Walter Raleigh

***“Love doesn’t make the world go ‘round.  
Love is what makes the ride worthwhile.”***

—Franklin P. Jones

# How we met

We met in 1987 on a ship in Galveston. In fact, our first date was during a port call in St. Georges, Bermuda. We saw each other when we could, when we were not on separate ships, and got engaged in 1988. We were married in 1993. I never doubted she would be "Captain Amy" someday.

— Doug Hepler and Amy LaCost



***"True love is eternal, infinite, and always like itself. It is equal and pure, without violent demonstrations: it is seen with white hairs and is always young in the heart."***

*--Honore de Balzac*

We met at Skaggs Island, California. We were both Cryptologists in the Navy at the time. Steven was stationed there and I was there attending a Navy technical school. We were both into working out, and it was the main focus of our lives. I enjoyed bodybuilding and he was a powerlifter. Of course, I had no interest in another boyfriend, as I was dating a Navy Seal at the time and a seafood restaurant millionaire. We started hanging out together, attended several athletic events, and competed together in powerlifting competitions. I started powerlifting and hanging out with 'the guys'. We had a blast, but I had to leave after school was over, and he had been accepted into the Army Warrant Officer program to become a helicopter pilot. We were both on our separate paths to success. We had no intentions of seeing each other again, but when I went back to the east coast, I found myself comparing everyone to him. We kept in contact while he was at Ft. Rucker and I was still stationed at NSGA Northwest, VA. I had another school to go to in Pensacola and while I was there, he called me. He asked me to marry him and I said yes. It was the best decision of my life. I remember holding him and something came over me. I pulled away and left the room.

At that moment, I knew he would be the one I would marry, but at the time, I thought I wasn't ready for such a commitment. You know deep in your heart when you meet the love of your life, even if you try and deny it to yourself. We dated sixteen weeks, were engaged a year, and this year we will have been married 20 years. I guess Cupid knew what he was doing.

— Steven and Katherine Bass



**HELP WANTED**

**KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).**

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

**Community Bank**

BANK TELLER, Part-time, 20 hours per week. Submit resumé to <http://careers.dodcommunitybank.com>.

BANKING CENTER Service Manager, Full-time, 40 hours per week. Would manage services and operations in the banking center. Submit resumé to <http://careers.dodcommunitybank.com>.

CUSTOMER SERVICE Representative, Part-time, 25 hours per week, would handle customer requests and promote bank services and products. Submit resumé to <http://careers.dodcommunitybank.com>.

**Religious Services**

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.  
 Sunday Mass, 9:15 a.m., in the main chapel.  
 Mass on Roi is only on the first Sunday of the month at 12:15 p.m., in Roi Chapel.

Protestant

Sunday  
 8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in Corlett Recreation Center, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

**Kwajalein Police Department**

COMMON ACCESS Card/Administrative Assistant position. The contract is an on-island position, full time and comes with competitive benefits. Contact KPD administration for an application, 54427.

**WANTED**

SONY PSP 3000 and games in good shape for a fair price. Call John, 3290.

HOUSE SITTING SITUATION for a mature adult visiting from March 5 to March 31 who is willing to house-sit for any part of the time and is happy to care for pets or plants. Call Judy, 54494.

**LOST**

MAUI JIM SUNGLASSES, Typhoon style with bronze polarized lenses and a leather lanyard, on Feb. 14 at the Small Boat Marina near the dive gear rinse tank. Call 54876.

**PATIO SALES**

SUNDAY, from 7 a.m.-noon, at Quarters 425-A. No early birds.

MONDAY, 8 a.m.-noon, on the front patio of Quarters 216-A. High chair, full-size crib, port-a-crib, baby safety items, toddler/preschool girl toys, rice cooker, crock pot, charcoal grill and clothes.

**FOR SALE**

WOODEN BABY crib, \$25; pink and white toddler bed frame, \$20; high chair, \$10; Weber charcoal grill and cover, \$20 and Ocean Wonders crib aquarium, \$10. Call 59154.

FUTON, good condition, \$100; VCR with movies, \$40; roller blades, men's size 11, \$30 and other miscellaneous items. Call 55666 or stop by Coral 107 anytime after 3:30 p.m. from Feb. 15 until Feb 21.

MATCHING BEDROOM SET, king size bed with high corner post, frame only, two night stands, one large dresser with seven drawers and two cabinet doors opening to shelves, \$600; old golf clubs with bag, \$10; old cart golf bag, \$5; golf club drink dispenser, new, \$15; motorized float, used once, \$50 and a couch, chair and ottoman, \$600. Call 52332.

WALL-HUGGING recliner loveseat, \$150. Call 52788.

30GB APPLE IPOD video, black, in great shape, has a few scratches on the case. Paid \$250 new, would like to sell for \$90. Call Justin, 51324.

FANTA-SEA PLASTIC underwater housing unit for the Nikon Coolpix 4100, 3200, 2200 and 5100 models, new and unused, depth limit of 130 feet, Paid \$120, asking \$100. Call 56447 and leave message.

KING SIZE FEATHER mattress topper, like new, \$50 and Rubbermaid bike trailer, needs wheels, \$50 or best offer. Call Kim, 53680.

WOMEN'S K2 ROLLERBLADES and complete

padding set, excellent condition, \$75. Call 51597.

PERFORMANCE BOAT, 21-foot fiberglass hull, 225 HP Johnson outboard, 8 hp outboard backup motor, internal 50 gallon fuel tank, VHF radio, safety equipment, trailer, passenger carrying potential and boathouse on lot 800, \$7,699 for all. Call 59662.

37-INCH RCA HDTV, LCD flat screen and with surround sound, \$750; Sennheiser Wireless headphone system for TV or stereo, \$75; roller blades, full set of pads and helmet, size 7 men's, \$20; Sonicare toothbrush heads, A-series, fits advance standard, \$5; electric drink mixer, \$5; small decorator table, \$15 and a folding two-step stool, \$20. Call 55606.

**COMMUNITY NOTICES**

PRIVATE BOAT OWNERS and lot custodians: private boat registrations and boat lot fees are due during the month of Feb. 2009. Stop by the Small Boat Marina to pay your registration/boat lot fee.

CYS YOUTH baseball, softball and tee-ball registration is open from now until March 14. The season begins March 26 and ends May 23. The league is open to boys and girls in grades K-6. Volunteer coaching opportunities are also available. For registration information, call 52158 or for sports program questions, call Jason, 53796.

THE OCEANVIEW CLUB will be providing pupus and exotic mixed drinks, including Piña Coladas and Margaritas, every Saturday starting Feb. 21. Questions? Contact Erik Wills, 53338.

THE GIRL SCOUTS would like to invite the community to attend their World Thinking Day

**Save energy**

*Use your power to conserve by following a few simple steps.*

- ~ **Fill your dryer, but don't pack it too tightly.**
- ~ **Clean the lint screen after each load.**
- ~ **Keep your dryer's outside exhaust pipe clean.**
- ~ **Use your dryer's automatic dry cycle rather than a timed cycle.**
- ~ **Separate loads into heavy and light items, since lightweight items take less drying time than heavy ones.**

**Café Pacific**

**Lunch**

<b>Sunday</b> Cajun spareribs Vegetarian beans Crab benedict Grill: Brunch station open	<b>Monday</b> Chicken fried steak Cornish game hen Quiche Lorraine Grill: Brunch station open	<b>Tuesday</b> Spaghetti Eggplant parmesan Cheese manicotti Grill: Sloppy joes	<b>Wednesday</b> Braised short ribs Indonesian pork Cod almandine Grill: Hot dogs	<b>Thursday</b> Burritos/tacos Chicken chimichangas Beef tamales Grill: Mexican fiesta	<b>Friday</b> Meatloaf with gravy Chicken stew Vegetable stir-fry Grill: Super bird	<b>Feb. 28</b> Sweet/sour pork Chicken cordon bleu Cheese pizza Grill: Rancho burger
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**Dinner**

<b>Tonight</b> Short rib stew Fajita chicken Vegetable/rice casserole	<b>Sunday</b> Minute steak Sautéed mahi mahi Beans supreme	<b>Monday</b> Cajun roast pork Jerk chicken Savory rice	<b>Tuesday</b> Spareribs Thai chicken Lumpia	<b>Wednesday</b> Carved top round Onion rings Broiled herb chicken	<b>Thursday</b> Mushroom/spinach lasagna Veal alfredo Ratatouille	<b>Friday</b> Pancake supper Fried chicken Beef/broccoli stir-fry
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presentation about the critical importance of water in our lives. The event will take place at 4 p.m., Feb. 22, in CRC room 1.

IF YOU ARE INTERESTED in participating in a Mardi Gras parade, either by designing a "float" or walking in a costume, call Kim Scruton-Yarnes, 53331. The parade would be an adult event held on Feb. 24, Fat Tuesday. We would like to offer both department and individual divisions. We must have 10 committed participants to make the event viable.

TICKLE YOUR FUNNY bone with Armed Forces Entertainment Comedy Troup "Base Humor" at 7:30 p.m., Feb. 24, after the Mardi Gras parade in the Public Gardens. Questions? Call Kim, 53331.

KPD WILL BE conducting operations at the pistol range on from 8 a.m.-3 p.m., Feb. 24. Please observe the Red Flag Hazard Area. If you have any questions, contact KPD Training, 54448.

THE KWAJALEIN ART Guild will be sponsoring classes in Shell Mirror Frame making. The class will be held from 6:30 - 8:30 p.m., Feb. 25, March 4, and March 11, at the Art Annex Fac 828. The cost of the class is \$25 plus purchase of materials. Call Bruce Johnson for more information or to sign-up 53229 work or 53217 home. Class size limited to six participants.

MANDATORY ISLAND ORIENTATION is from 12:45 - 4:30 p.m., Feb. 25, in CAC Room 6, Bldg. 365. It is required for all new island arrivals to attend. The island orientation is not recommended for dependent children under the age of 10. Questions? Call ES&H, 51134.

A STUDENT MUSIC recital will begin at 7 p.m., Feb. 26, in the Davye Davis Multi-Purpose Room at the high school.

THERE WILL BE a Mobile Kitchen event Feb. 28 at Emon Beach. The Mexican Night menu will include chips and salsa with green chili, cheese quesadillas, shrimp, beef and chicken fajitas, refried beans, Spanish rice, garden fiesta salad, margaritas on the rocks, beer and wine. Seating is limited. The cost is \$30 for meal card holders and \$35 for non-meal card holders. For payment, see Marie Pimenta at the Retail Services Office, building 805 next to the Bowling Center. Questions? Call 53933.

THE SURFSIDE SALON will be changing its hours of operation starting March 2. The new hours will be Monday thru Friday from 9 a.m.-6 p.m. Questions? Contact Brenda Panton, 53319.

THE NEXT BOATER'S orientation class is scheduled from 6-8:30 p.m., March 4-5, at CRC room 1. Cost for the class is \$30, payable in advance at the Small Boat Marina. Questions? Call 53643.

THERE WILL BE a high school band and choir concert, 7 p.m., March 5, in the Davye Davis Multi-Purpose Room on the high school campus.

ROCK-N-BOWL is good times. Come to the Bowling Center from 6 to 8 p.m., March 7, and have some fun!

THE KWAJALEIN ART Guild will be sponsoring classes in Shell Candle-Making. The class will be held from 6 - 8 p.m., March 12 and 19, at the Art Annex, Facility 828. The cost of the class is \$50 and the class instructor is Sandy Herrington. Contact Sandy, 54152 home or 58990 work. Class size is limited to four participants.

MUSICIANS ARE SOUGHT to perform in the annual Kaleidoscope musical extravaganza to be held on March 29. Kaleidoscope is an evening of musical performances for the Kwajalein community. Proceeds from the event will enable the YYWC to offer scholarships to graduating seniors from the class of 2009 at Kwajalein High School. Musicians, contact Dan Eggers if you would be willing to perform. 55509 or [Dan.Eggers@smdck.smdc.army.mil](mailto:Dan.Eggers@smdck.smdc.army.mil).

ARE YOU UNACCOMPANIED and interested in a "hang time" sight-seeing trip to Kosrae, April 4-8? Airfare and hotel for four nights ranges from \$600 to \$670 per person, depending on the number of people in a room. Contact AnnElise, 51421 or [stitchwizard63@hotmail.com](mailto:stitchwizard63@hotmail.com).

THE Wii HAS ARRIVED at the ARC. They have *Rock*

## CONTINENTAL MICRONESIA SCHEDULE CHANGE

Due to maintenance changes being performed in Honolulu, the following flights by Continental Micronesia will operate. These dates are shown as KWAJALEIN dates.

**February 28, 2009**

No flight from Honolulu to Kwajalein

**March 1, 2009**

Continental 957, HNL-GUM, Check-In at Kwajalein from 10:30-11:30 a.m.

**April 18, 2009**

No flight from Honolulu to Kwajalein

**April 19, 2009**

Continental 957, HNL-GUM, Check-In at Kwajalein from 10:30-11:30 a.m.

**June 4, 2009**

No Flight from Honolulu to Kwajalein

Continental Charter, HNL-Midway

**June 5, 2009**

Continental 957, HNL-GUM, Check-In at Kwajalein from 10:30-11:30 a.m.

Continental 956, GUM-HNL, Check-In at Kwajalein from 3:45-5:15 p.m.

**June 6, 2009**

No Flight from Honolulu to Kwajalein

**June 7, 2009**

Continental 957, HNL-GUM, Check-In at Kwajalein from 10:30-11:30 a.m.

Managers, inform your TDY personnel traveling to Kwajalein from the states of the above schedule. Community members, plan your vacation/leave accordingly. Questions? Call 52660 or 51013.

## Recall Notice:

**Recall Notice for CANDY, CHOCOLATE COVERED  
PEANUT CLUSTER EJ BRACH, 7-OZ  
BG UPC #11300-74706.**

**This product potentially has been contaminated with Salmonella bacteria. This product was sold at Surfway. Product was not sold at Gimbels or 3rd Island Store. Please return any opened or unopened product to Surfway for a full refund. If you have a question contact Ray Denham, 53607, or David Fearon, 55599.**

*Band and Guitar Hero* with a collection of games including *We Ski*, *ACDC Live Rockband*, *Mario and Sonic at the Olympic Games*, *The Price is Right*, *Family Game Night*, *Game Party Trivia*, *Carnival Games*, *Dancing with the Stars*, *Super Smashbros Brawl*, and *American Idol Encore 2*. Come play today. The ARC attendant will have the games, just ask.

TREE REMOVAL WORK beside the Café Pacific was necessary to support the Café Pacific renovation project. Once the Café Pacific renovation project is complete, the area will be re-landscaped to provide a pleasing and environmentally friendly appearance.

THE QUALITY of Life Committee is considering making improvements to the tool inventory and art supplies in the Hobby and Wood Shops. If you have a suggestion for an upgrade, a replacement or a new tool or supply, e-mail Kim Scruton Yarnes or call 53331.

THE KWAJALEIN SWIM Team will be using the Adult Pool through mid-July to train for the World

Championships in Rome, Italy. Their practice times are Fridays 6-7 a.m. and Saturdays 5-6:30 p.m. They will always make room to accommodate adults wishing to use the facility during these times. Questions? Call Community Activities, 53331.

THE GREAT KWAJ Swap Meet is March 16 on the high school field. Reservations are free. If you want to sell your junk, tents and tables will be provided along with a "you-load" pick-up service. No oversized items please. Sign-up now to ensure a space in the shade by calling Community Activities, 53331 or e-mailing Kim Scruton Yarnes.

THE U.S. DEPARTMENT of Homeland Security and the US Coast Guard are requiring all U.S. Licensed Mariners to apply for and possess a Transportation Workers Identification Card (TWIC) by April 15, 2009. Applying for the card and receiving it is a two step process. The cost for the card is \$135. If you have a U.S. Coast Guard License and you do not have a TWIC card, call Amy LaCost, Marine operations at 52182. She is putting a list together to submit to the TWIC Center to see if a mobile TWIC unit can be dispatched to Kwajalein.

# Age limit of 12 placed on children collecting potable water from USAKA

## ISSUANCE OF USAKA/RTS POLICY MEMORANDUM 190-6

The USAKA/RTS Commander has issued a policy memorandum allowing only those 12 years of age and older having legitimate access to USAKA/RTS controlled areas authorization to collect and transport potable water outside USAKA/RTS. Authorized persons are limited to collect and transport no more water than they can personally carry unassisted by any device designed or

intended to transport any item [i.e. cart or dolly]. No authorized person may in any way transfer water to any unauthorized person while at USAKA/RTS. Any person transiting to and from USAKA/RTS is allowed to carry up to one gallon of potable water for personal use. Effective date is Feb. 25, 2009.

Nan ad kejbarok mour, Commander eo an USAKA/RTS emoj an komane juon kakien bwe ro wot im 12 aer yio im ritolok im ewor aer

melim in drelontok ilo melan ko an USAKA/RTS ej wor aer maron melim in etein dren in idrak ko. Rej maron in bok jonan dren eo rej maron in boke ilo juon ien. Ejjab melim kejerbal Cart ak kein bilbil ko. Ro ewor aer melim in ebok dren, rejab aikuij bar ebok dren nan juon bar Armij. Ro rej driwoj im drelon ilo USAKA/RTS rej melim in bok wot juon gallon in drenin idrak nan ir make. Effective Date is Feb. 25, 2009.

Water: our most valuable resource

## Test your water sense

What is the approximate daily water usage for a typical family of four?

- A. 50 Gallons
- B. 100 Gallons
- C. 250 Gallons
- D. 400 Gallons



**Answer:** D. The average person uses 100 gallons of water each day. That's enough to fill 1,600 drinking glasses. This water use can be cut by as much as 30 percent if households take a few simple steps to use water more efficiently.

## Weather courtesy of RTS Weather

**Sunday:** Mostly sunny, 10 percent showers. **Winds:** NE at 13-18 knots.  
**Monday:** Partly sunny, 20 percent showers. **Winds:** ENE-E at 13-18 knots.  
**Tuesday:** Partly sunny, 30 percent showers. **Winds:** ENE-E at 13-18 knots.  
**Wednesday:** Mostly sunny, 10 percent showers. **Winds:** NE-E at 15-20 knots.  
**Thursday:** Partly sunny, 20 percent showers. **Winds:** NE-E at 15-20 knots.  
**Friday:** Mostly sunny, 10 percent showers. **Winds:** NE-E at 15-20 knots.  
**Feb. 28:** Mostly sunny, 10 percent showers. **Winds:** NE-E at 15-20 knots.

Annual total: 3.86 inches  
 Annual deviation: -3.66 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

### Sunrise/set Moonrise/set High Tide Low Tide

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	7:05 a.m./7:00 p.m.	5:31 a.m./5:30 p.m.	3:26 a.m., 2.9' 3:28 p.m., 3.9'	9:10 a.m., 0.4' 9:52 p.m., -0.1'
Monday	7:05 a.m./7:00 p.m.	6:13 a.m./6:18 p.m.	3:50 a.m., 3.3' 3:55 p.m., 4.3'	9:40 a.m., 0.0' 10:15 p.m., -0.4'
Tuesday	7:05 a.m./7:00 p.m.	6:53 a.m./7:04 p.m.	4:14 a.m., 3.7' 4:21 p.m., 4.6'	10:08 a.m., -0.3' 10:38 p.m., -0.7'
Wednesday	7:04 a.m./7:00 p.m.	7:32 a.m./7:51 p.m.	4:39 a.m., 4.0' 4:47 p.m., 4.7'	10:36 a.m., -0.6' 11:02 p.m., -0.8'
Thursday	7:04 a.m./7:00 p.m.	8:11 a.m./8:39 p.m.	5:04 a.m., 4.3' 5:13 p.m., 4.8'	11:04 a.m., -0.7' 11:26 p.m., -0.9'
Friday	7:03 a.m./7:00 p.m.	8:53 a.m./9:29 p.m.	5:31 a.m., 4.4' 5:40 p.m., 4.6'	11:33 a.m., -0.7' 11:50 p.m., -0.8'
Feb. 28	7:03 a.m./7:00 p.m.	9:36 a.m./10:21 p.m.	5:58 a.m., 4.5' 6:08 p.m., 4.4'	12:03 p.m., 1.3'