

VOLUME 56 NUMBER 19

MAY 9, 2015

# THE KALENUPURGLASS



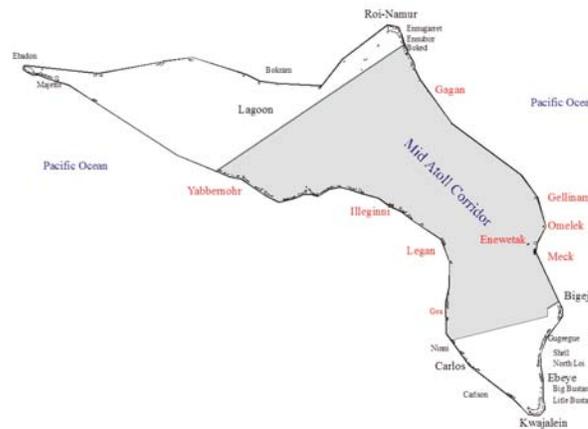
May is Asian Pacific American Heritage Month. Marshallese and other Pacific islanders are honored this month by the U.S. for their contributions to the success of the nation. For more, see page 6.

*File photo*

# MISSION ANNOUNCEMENT

**A range operation** is scheduled for May 20-21. Caution times are 9:36 p.m. through 5:36 a.m. In conjunction with this operation, a caution area will extend into the open ocean east of the mid-atoll corridor. The mid-atoll corridor will be closed beginning 4:01 p.m., May 16, through mission completion. The caution area extends from the surface of the ocean to an unlimited altitude. Questions regarding the above safety requirements for this mission should be directed to Reagan Test Site Range Safety Office, RTS range safety officer at extension 52348.

## KWAJALEIN ATOLL



Juon ien kokemelmel enaj koman ilo ran in wednesday nan thursday, 20 nan 21 ran in may 2015. Awa ko rekawotata ej 9:36 pm jota lok nan 5:36 am jimarok. Ilo awa kein ba kaki, ijoko renaj kauwotata ej malo ko tulik turear im malo ko turilik in ene ko iloan aelon in. Ene ko ilo iolap in aelon in (mid-atoll) renaj kilok jen

4:01pm awa elkin raelep ilo 16 ran in may 2015 nan ne ededelok kokemelmel kein. Ne ewor am kajitok jout im call e lok kwajalein range safety opija ro ilo 52348.

# BUILDING 602 REBUILD UNDERWAY

### HOURLASS REPORTS

**A** major renovation of Building 602, the large Supply building at the corner of 6th Street and Lagoon Road, will soon be underway, possibly within a month.

Garrison officials are asking residents to stay clear of the building and the safety perimeter that will be erected around it. The road behind Building 602 running from the Dock Security Checkpoint to the Small Boat Marina will be closed to bicycle traffic and should only be used for true work purposes. The road in front of the building will be closed to all traffic.

An Army Corps of Engineers job, the project is estimated to be completed in November 2016 and is slated to receive: a new roofing system, structural upgrades to meet seismic requirements, new doors and windows to meet anti-terrorism and force protection standards, new electrical and mechanical systems and more.



## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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Email: [usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)

**Garrison Commander..... Col. Nestor Sadler**  
**Garrison CSM..... Command Sgt. Maj. Reginald Gooden**  
**Public Affairs Officer..... Michael Sakaio**  
**Associate Editor ..... Jordan Vinson**  
**Media Services Intern.....Molly Premo**

# SEABEES' LEADER EARNs NEW RANK

## HOURLASS REPORTS

**N**avy Seabees Lt. James Harder, officer in charge of Construction Civic Action Detail-Marshall Islands, was promoted to full lieutenant at an official ceremony May 1.

Under overcast skies at Emon Beach, U.S. Army Garrison-Kwajalein Atoll Command staff and the team of Navy Seabees currently stationed on the garrison gathered together in a rare promotion ceremony involving both branches.

Officiated by USAG-KA Host Nations Officer Maj. Holly Grey, the ceremony was a privilege, Grey said, both as an Army service member and as a fellow engineer. She highlighted the wide array of leadership responsibilities that comes with taking the rank of full lieutenant, all of which Harder said he was ready for.

"This is a real honor," Harder said after Grey pinned his new lieutenant insignia patch to his chest with a friendly punch. "And I want to thank the Army for being such good hosts to us Seabees here."



Photo by Jordan Vinson

USAG-KA Director of Host Nation Activities Maj. Holly Grey officiates Navy Seabees Lt. James Harder's promotion ceremony May 1 at Emon Beach on Kwajalein.

# AUSTRALIAN PINES EYED FOR REMOVAL

## HOURLASS REPORTS

**D**ozens of Australian pine trees have been cut down around the island of Kwajalein in recent weeks, and more will be eyed for cutting in the near future.

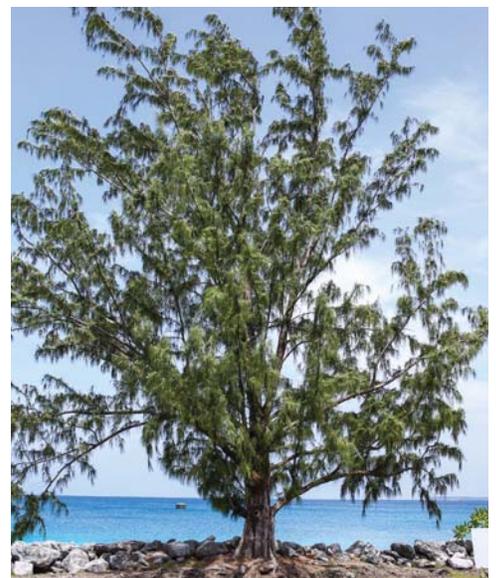
According to individuals in the KRS Environmental Department and the Public Works Buildings and Grounds shop, the cuttings have come as a matter of safety, both to residents and garrison infrastructure.

"The main reason is that Australian pines have a relatively shallow root system," Environmental Lead Kacie Wolverton said. "This makes them more susceptible to coming

down in high winds. Australian pines that were really close to facilities were considered for removal to prevent storm damage or if they posed a risk of blocking a major road and preventing emergency vehicles from getting through."

Tall trees featuring thick trunks and long, droopy stems, the Australian pine trees dotting Kwajalein are a non-native species that was introduced after WWII to serve as wind barriers and help protect the island's shores from erosion.

Evaluations to identify other trees that need to be removed are ongoing. For each of those trees that gets cut down, a new tree is planted in its place.



# PACIFIC NATIONS CELEBRATE WORLD TUNA DAY WITH ART

ARTICLE BY JORDAN VINSON  
ASSOCIATE EDITOR

Pacific island nations celebrated World Tuna Day last week with a popular call for attention to the Pacific Ocean's embattled tuna stocks.

Celebrated every May 2, the event last week encouraged artists from throughout the Pacific region to bring more attention to the issue by artistically interpreting, through paint, poetry, film and more, the theme of overfishing, illegal fishing practices and depleted tuna numbers in the region.

Following a tough review period needed to size up each of the hundreds of submissions, event judges of the 2015 World Tuna Day Art and Talent Quest decided on the overall winner: Tetaake Yee Ting, of Kiribati, the atoll nation south-east of the Marshall Islands. In his short story titled "The Clan of Tariua: The Final Resurface of an Untold Legend," Ting takes readers on a stroll through the folklore tying his people to the health and fate of bigeye tuna, a popular fish prized in the global sushi market and one that is becoming increasingly rare in the Pacific.

In a preface included with his winning entry, for which he won a hefty \$3,000 prize, Ting wrote frankly about the overall theme of the story.

"Why should turtles be saved but not bigeye tuna?" he wrote. "Why should sharks be saved but not bigeye tuna? This short story is a humble proposal on behalf of the clan of Tariua (a native clan of Kiribati) to save and prevent the bigeye tuna from becoming extinct. I do hope that there comes a time for wise decisions made by regional management authorities."

Two runners up were also highlighted for the quality of their submissions. John Gregory Tike, of

Papua New Guinea, submitted a poem titled "Tuna in Malaguna," a description of tuna fishing, trading and politics in Simpson Harbour, a sheltered harbor located at the northern tip of the island of New Britain in Papua New Guinea. And a poem by Solomon Islands citizen Alice Clara Rore titled "So Let me Live" takes readers on a first-person journey through life as a tuna who implores the fishing industry in the Pacific to heed its warnings and pleas for help.

"I have realized I am in trouble," Rore's poem reads. "I have watched my siblings get caught; I have seen my family separate; I have swum through bad attacks; I have escaped large traps; I have borne unnecessary injuries; I have suffered constant depletion; I have experienced invasion; I have swallowed pollution; I have grieved death in my school; So let me live."

The art contest and the overall annual World Tuna Day celebration were spearheaded by the eight nations beholden to the Nauru Agreement, a 1982 intergovernmental agreement that regulates tuna fishing in the waters of the member nations. Those countries—the Marshalls Islands, the Federated States of Micronesia, Kiribati, Palau, Nauru, Papua New Guinea, Tuvalu and the Solomon Islands—collectively control 25-30 percent of the world's tuna stock and roughly half of the entire global supply of skipjack tuna, the species most commonly used as canned tuna.

Those nations, which collectively refer themselves as the Parties to the Nauru Agreement, or the PNA, have developed a range of fishery management techniques designed to reel in humans' impact on the health and size of tuna populations in regional waters. Controls on vessels' use of fish aggregating devices, limits on accidental bycatch of non-desired species in nets

and the installation of onboard observers on fishing vessels are some examples. Most notable is the recent formation of what the organization calls a vessel day scheme, an arrangement by which the member nations agree on a limited number of days—based on scientists' recommendations given the status of tuna stocks—that they allow vessels to fish in their exclusive economic zones each year. Allocated by country, each fishing day is sold to the highest-bidding fishing outfit, a process that controls the amount of tuna pulled from the water and allows the island nations to reap the financial benefits from the \$4.6 billion industry.

But apart from forming regulatory agreements and patrolling the waters to clamp down on illegal fishing and overfishing, the PNA also organizes events like the annual Art Quest. They serve as tools to draw more international awareness to the impact of overfishing both on the lives of the tuna and the people that depend on them.

"Each year we have been impressed and inspired by these Quest winners," PNA Director Dr. Transform Aqorau said May 2. "Their art is a reminder of the cultural, economic, political and spiritual value Pacific people place on tuna. This is the same reason why their PNA leaders decided to declare May 2 as World Tuna Day, to celebrate the role tuna plays in our lives and culture. I hope by remembering the value of tuna we can also strengthen our resolve and commitment to sustainable fisheries management."



# AND THE WINNERS OF THE 2015 PHOTO EXHIBIT CONTEST ARE...

## HOURLASS REPORTS

The results of the 2015 Kwajalein Photo Exhibit Contest are in. It was another hotly-contested battle this year. Dozens of people entered the contest, each vying for the top prize and hoping that, among the hundreds of photos submitted, theirs would be the crowd favorites. But while many entered, few could win.

Photo categories this year consisted of a total of nine themes, each designed to invite residents to showcase the best that Kwajalein Atoll has to offer. Photos depicting everything from sailboats, spiders and sunsets—yes, many sunsets—to radars, kites and geckos

were turned in. They graced the walls of the MP Room April 26 and were voted on by those who attended to the Arts and Crafts Fair that day. Based on nearly 200 submitted ballots, the winners have been determined, and the top three winners of each category will be featured in the Hourglass. Because of space limitations only two categories will be featured this week. Other categories will run in future issues.

It's important to remember that the final say regarding which photos will be featured in the 2015 Kwajalein Art Guild Calendar is up to the KAG Calendar Committee. Because the group will select from the top six photos submitted for each category, don't lose hope if you don't see any of your entries featured here.

Category: recreation

Category: marshallse culture



Category: Recreation

- 1st: Cynthia Rivera  
**"Runner at Sunrise"**
- 2nd: Jennifer Anderson  
**"Fish On!"**
- 3rd: Tim Cullen  
**"Fleet on the Beach"**



Category: Marshallse Culture

- 1st: David Bates  
**"Walk in My Shoes"**
- 2nd: David Bates  
**"Sign Cheese"**
- 3rd: Heather Ardrey  
**"Ri'katak Kids Christmas"**



# UNITED STATES CELEBRATES IMPACT OF ASIANS, PACIFIC ISLANDERS ON NATION

May is Asian-Pacific American Heritage Month—a celebration of Asians and Pacific Islanders in the United States. A rather broad term, Asian-Pacific encompasses all of the Asian continent and the Pacific islands of Melanesia (New Guinea, New Caledonia, Vanuatu, Fiji and the Solomon Islands), Micronesia (Marianas, Guam, Wake Island, Palau, Marshall Islands, Kiribati, Nauru and the Federated States of Micronesia) and Polynesia (New Zealand, Hawaiian Islands, Rotuma, Midway Islands, Samoa, American Samoa, Tonga, Tuvalu, Cook Islands, French Polynesia and Easter Island).

Like most commemorative months, Asian-Pacific Heritage Month originated in a congressional bill. In June 1977, Reps. Frank Horton of New York and Norman Y. Mineta of California introduced a House resolution that called upon the president to proclaim the first ten days of May as Asian-Pacific Heritage Week. The following month, senators Daniel Inouye and Spark Matsunaga introduced a similar bill in the Senate. Both were passed. On October 5, 1978, President Jimmy Carter signed a Joint Resolution designating the annual celebration. Twelve years later, President George H.W. Bush signed an extension making the week-long celebration into a month-long celebration. In 1992, the official designation of May as Asian-Pacific American Heritage Month was signed into law.

The month of May was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad on May 10, 1869. The majority of the workers who laid the tracks were Chinese immigrants.



Print woodcut of a Hawaiian fisherman created by artist Charles William Bartlett in 1920. Courtesy of the Library of Congress Prints and Photographs Division.

## MANY CULTURES, ONE VOICE

Promote equality and inclusion

During the month of May we honor Asian and Pacific Americans for their military service and contributions to the success of our nation. Despite historic obstacles, Asian and Pacific Americans have persevered and contributed to every aspect of American life. This month, we pay tribute to the tenacity, hope and resolve of Asian and Pacific American Soldiers, Civilians and family members who have helped make America's Army a city and inclusion.



We take this time to celebrate the achievements. The Army is fortunate to gain its strength from the vast diversity of languages, religions and cultural traditions found in our ranks, and that well represent the American people we serve.

The Army is the strength of the nation and historically a leader in creating opportunities for all. We firmly value the principles of diversity and inclusion and continue to lead American society in maximizing the potential of future leaders from all backgrounds. As we celebrate the contributions of Asian and Pacific Americans to our military profession, we are assured that the American dream is attainable by all who desire it. Army strong!

*Daniel A. Dailey*  
Daniel A. Dailey  
Sergeant Major of the Army

*Raymond T. Odierno*  
Raymond T. Odierno  
General, United States Army  
Chief of Staff

*John M. McHugh*  
John M. McHugh  
Secretary of the Army

Read more at: <http://asianpacificheritage.gov/about.html>

**KWAJALEIN HOSPITAL HEALTH HINTS**

**Over the next few months, Kwaj Hospital will provide information about different kinds of infections endemic to this area and specific to Kwajalein Atoll. This week: Mosquito Borne illnesses.**

**ARTICLE BY DR. PAULETTE GALBRAITH, M.D.  
KWAJALEIN HOSPITAL CHIEF MEDICAL OFFICER**

The perfect summary for how to prevent infections transmitted by mosquitoes is to reduce the mosquito population. Simply put: Get rid of all standing water or water collection sources where mosquito larvae can grow and multiply.

A large number of diseases can trace their source to the mosquito as the carrier. In the Pacific islands these risks are not seasonal. The mosquito population is present throughout the year, and our community must work hard to dispose of all sources of standing water to reduce the risk of these infections.

If you travel, you should check with the hospital or your primary care provider to see if the area you are planning to visit requires Malaria prophylaxis. If malarial preventive medication is recommended, you and your provider can review the different regimens and decide what is best for you.

Recently Dengue fever and Chikungunya Fever have been diagnosed on Majuro and Ebeye. Both of these illnesses are associated with fevers, headache, joint pain with swelling (often in the hands or feet) and rashes. Symptoms begin three-seven days after being bitten by a carrier mosquito, and patients normally feel better within a week of the start of symptoms.

In addition to removing all sources of standing water, individuals can avoid being bitten by mosquitoes by using a mosquito repellent on exposed skin, limiting the skin exposure and remaining indoors during the times of highest mosquito activity. Interestingly enough, though, the mosquitoes which carry Chikungunya are actually more active during daytime hours and not at dusk, when we would normally expect.

The RMI Ministry of Health has a Facebook page which is an excellent source of links and ongoing information about local illnesses and health concerns specific to the Marshall Islands. The Center for Disease Control website ([www.CDC.gov](http://www.CDC.gov)) is also an excellent source for information for the USAG-KA community.

West Nile Encephalitis, Western or Eastern Equine encephalitis, Japanese encephalitis, La Crosse or St. Louis Encephalitis are all mosquito-transmitted viral diseases causing brain inflammation/encephalitis. These occur less in the Pacific region, because the animal vectors associated with these diseases are not common.

**MANIT MINUTE**



TOP: Two heavy, dense Wop tree fruit.  
BOTTOM: Two Wop trees, located in front of the Marshallese Cultural Center on Kwajalein.

**Wōp** (*Barringtonia asiatica*) is a native coastal tree that features a huge, thick trunk, large, glossy leaves and bright white flowers. Often used as a wave and wind barrier, the tree produces buoyant fruit that, when dropped into the sea, can travel long distances and sprout on the shores of distant islands.

The seeds of **Wōp** have been used by islanders in the Marshalls and the greater Pacific to catch fish. According to the University of Hawaii’s Center for Pacific Islands Studies, the seed—when crushed, mixed with water and thrown in water near fish—can stun and immobilize the fish, allowing fishermen to make a quick, easy catch.

Though the seed pulp appears to stupefy fish without causing damage to the fish’s flesh, this method of fishing is now illegal in most places, the center reports.

Apart from fishing, the fruits and leaves of **Wōp** can help stop women’s post-partum bleeding and also alleviate boils and other skin ailments.

*The information for this Manit Minute was obtained from the University of Hawaii’s Center for Pacific Islands Studies  
Photos: Jordan Vinson*

# View from Kwaj



From Bob Greene



From Jordan Vinson



From Judy McGuire

**HOURGLASS REPORTS**

This magenta wrasse (*Pseudocheilinus ocellatus*; other common names: white-barred wrasse; mystery wrasse; tail spot wrasse) was photographed by Scott Johnson in ocean-side waters of Kwajalein Atoll.

The species is known for its bulbous, fire-orange eyes; magenta-colored scale tone; white stripes; and conspicuous black and white dot adorning its tail. While the magenta wrasse's striking appearance has given it a following in the aquarium trade, the fish is currently on the International Union for the Conservation of Nature's species of least concern list.

The magenta wrasse lives in rather deep water for its size, growing to a maximum length of about 10 centimeters and preferring depths of 20-70 meters.

The species is native to the tropical central Pacific region and is found as far west as Australia and as far east as French Polynesia.



Photo of a magenta wrasse by Scott Johnson.

**DISPATCH FROM ROI**



Photos from Jordan Vinson

**HELP WANTED**

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Building 700 and on the USAG-KA webpage under Contractor Information>KRS>Human Resources>Job Opportunities. Job listings for off-island contract positions are available at www.krsjv.com.

A number of positions are available in the Community Services group, including teachers, clubs supervisor, nurses and more. Please see Human Resources for the file of available on-island positions or www.krsjv.com for contract slots.

KRS is searching for available, on island licensed registered nurses, individuals with medical billing and coding experience, and dental hygienists. For more information, please contact HR/Julie Gooch at the Temp Pool at 50777.

MIT Lincoln Laboratory is hiring a full-time Site Administrator. Call the MIT Office at 55100 to inquire. A resume will be required.

Community Bank is searching for a banking center service manager. This is a full-time,

40 hours per week, position. Apply at <http://careers.dodcommunitybank.com>

**WANTED**

Dishwasher and ceiling fan. Please call 51054.

**FOR SALE**

PEAVEY E208 Acoustic guitar Amplifier, mint condition, \$150. Call Dale at 53470.

POLYWOOD EURO 36-inch square patio tables, brand-new in box, aluminum frame with polywood top, one is black frame with blue top, one is white frame with dark green top, \$400 per table. Call 52525 and leave a message.

**COMMUNITY NOTICES**

ENJOY A ROCK AND BOWL extravaganza 6-9:45 p.m., tonight, at the Kwaj Lanes Bowling Alley. Bring your beverages, enjoy some of the best 80s and 90s rock, and get your bowl on. \$2 for shoes and \$2 per game. Adults only please.

AMERICAN LEGION Post #44 will present a special "Mom"golian BBQ in honor of Mother's Day 5-8 p.m., Sunday, at the Vet's Hall. Tickets are \$40 and are available at the Vet's Hall or from legion members. All proceeds benefit the McDiffet family. Questions? Contact Mike Woundy or Stan Edwards.

COME OUT TO SEE the Smells Like Fish live at the Vets Hall at 8:30 p.m., Sunday. You don't have to be a "MOM"GolianBBQ ticket holder to join the fun and hear the band! Come out and have fun! Questions? Contact Jan Abrams or Mike Woundy.

THE 2015 RUSTY-FAMILY "Mini" Triathlon will start at 4:30 p.m., Monday. The event includes a 500-yard swim, a 10-mile bike, and a 2-mile run. For questions, or to volunteer as staff, call Bob and Jane at 51815.

IF ANYONE NEEDS FLOWERS for graduation, please see Linda or David at AAFES. The deadline to have orders in is Tuesday.

THE NEXT KWAJALEIN SCUBA CLUB monthly meeting will be held at 7 p.m., Wednesday, at the MP Room. This meeting serves as the mandatory safety meeting for club members who did not attend in April.

Election of club officers will also take place at this meeting. Remember to bring your dive certification card and, if applicable, your nitrox certification card. IMPORTANT: Wear the oldest KSC shirt you have for the chance to win \$100 in swag at the KSC Dive Locker; the person with the oldest shirt wins.

COME OUT TO BINGO at the Vet's Hall Thursday. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Windfall completion at 28 numbers, \$2,100 payout; blackout completion at 50 numbers, \$1,500. Payout Packet price, \$25. There will be no shuttle service this week. No outside alcoholic beverages permitted. Must be 21 to enter and play; bring your ID.

Loosen up those pipes and join us for Karaoke at 7:30 p.m., May 17, at the Vet's Hall. Questions? Contact Jan Abrams or Mike Woundy.

Island Memorial Chapel is an inter-denominational and diverse community of "non-know-it-all's" who are all in-process when it come to faith. Come check it out and contact Pastor Kevin at 53505.

SPARROWS: It is against Department of Defense policy to feed wild animals on a military installation. Violators of this policy are subject to disciplinary action. The sparrows are an invasive species to Kwajalein. They build their nests in exhaust fans, in the ventilation holes of the electrical vaults and in the aircraft hangars. Please do not feed these birds. For further information contact the Installation Pest Management Department.

EAP CLASSES: Smoking Cessation classes are ongoing. Call 55362 for information.

E-Talk: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are NOT allowed without consent from USAG-KA.

Safely Speaking: KRS is dedicated to the concept that all accidents are preventable. The company is committed to achieving and sustaining Zero Accident Performance through continuous improvement practices.

**Religious Services**

Catholic

- 5:30 p.m., Saturday, Small Chapel
- 9:15 a.m., Sunday, Island Memorial Chapel
- Roi-Namur service, 4:45 p.m., second and fourth Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

- 8 a.m., Sunday, Island Memorial Chapel
- 9:15-10:15 a.m., REB, Sunday School
- 11 a.m., Sunday, Island Memorial Chapel
- 6 p.m., Thursday, Christianity Explored, quarters 203-A (Robinson's).
- 6:30 p.m., Friday, Roi Chapel

Latter-day Saints

- 10 a.m., Sunday, CRC Room 3
- Contact the chaplain's office at 53505 for more information.

*Captain Louis S. Zamperini Dining Facility*

**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 16
Oriental salmon	BBQ spare ribs	Country fried chicken	Grilled cheese sandwich	Boneless chik. w/ salsa	Chili dogs	Chicken parmesan
Spicy coconut shrimp	Chicken cordon bleu	Braised steak w/ peppers	Baked meatloaf	Beef tacos	Beef bourguignon	Hawaiian pizza
Mussels	Quiche lorraine	Corn bread	Mashed potatoes	Spanish rice	Fish du jour	Steamed potatoes

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 16
BBQ chicken	Sliced roast beef	Italian sausage lasagna	Carved glazed ham	Pork adobo	Citrus roast chicken	Beef ragout
Mac and cheese	Three-cheese tortellini	Chicken cacciatore	Garlic-roasted chicken	Chick. peapod stir-fry	Sloppy joes	Chicken nuggets
Beef stew	Mashed potatoes	Garlic bread	Scalloped Potatoes	Parslied potatoes	Alfredo pasta	Egg noodles

# READY AND RESILIENT WELLNESS CALENDAR

Events are sponsored by the Community Health Promotional Council and are free of charge to the community.

<p>1. Spiritual Resilience, see Page 10. All welcome.</p> <p>2. Smoking Cessation classes ongoing. Call 55362.</p>	<p>1. Circuit Training, 8 a.m., at Ivey Gym.</p> <p>2. Kwajalein For Christ, 3:30 p.m., at the Youth Center.</p> <p>3. Rusty-Family Mini Triathlon, 4:30 p.m., at Emon Beach</p> <p>4. Pick-up ultimate frisbee, 5 p.m., near the soccer fields.</p> <p>5. Pick-up soccer, 6 p.m., at Brandon Field.</p>	<p>1. Cross Fit, 5:15 a.m., at the Adult Pool.</p> <p>2. Pick-up tennis, 5:30 p.m., at the tennis courts.</p>	<p>1. Circuit Training, 5 a.m., at Ivey Gym.</p>	<p>1. Cross Fit, 5:15 a.m., at Ivey Gym.</p> <p>2. Interval Training, 5:15 p.m., at Emon Beach.</p> <p>4. Pick-up tennis, 5:30 p.m., at the tennis courts</p> <p>5. AA Program, 7 p.m., at the REB.</p>	<p>1. Circuit Training, 5 a.m., at Ivey Gym.</p>	<p>1. Cross Fit, 5:15 a.m., at Ivey Gym.</p> <p>2. Family Swim Time, 9:30 a.m., at the Family Pool</p> <p>3. Pick-up tennis, 5:30 p.m., at the tennis courts.</p>
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**WHEN MOTHER'S DAY AND STIR-FRY'S COLLIDE IT'S A MOM-GOLIAN BBQ!**

**SMELLS LIKE FISH!**  
**8:30 P.M., SUNDAY, AT THE VET'S HALL**

**ALL PROCEEDS GO TO HELP THE MCDIFFETT FAMILY!**

<i>Café Roi</i>						
<b>Lunch</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>May 16</b>
Baked ham	Beej fajitas	Grilled chicken breast	Beef stew	Char siu pork sandwich	Tuna casserole	Lasagna
Fruit pancakes	Chick. w/ orange sauce	Hot roast beef	Fried chicken strips	Beef stir-fry	Yankee pot roast	Spaghetti
Au gratin potatoes	Breakfast burrito	Wild rice pilaf	Hot spiced apples	Veggie fried rice	Mashed potatoes w/ gravy	Cheesy garlic bread
<b>Dinner</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>May 16</b>
Jambalaya	BBQ pork ribs	Chicken fried steak	Char-grilled pork chop	Fried chicken	Mongolian Grill Night	Breaded pork chop
Cajun roast beef	Smoke sausage	Chicken curry	Herb-baked fish	Chili mac	Egg rolls	Chicken hekka
Mashed potatoes	Baked beans	Mashed potatoes	Baked potatoes	Mashed potatoes		Sweet potato wedges



**NEXT WEEK'S SCHEDULE**

# SOFTBALL

**B LEAGUE**

**TUESDAY, APRIL 28**  
 Spartan Men def. SJC X-Pats 14-7  
 Mon Kubok def. Auto 27-6

**THURSDAY, APRIL 30**  
 Jikalum def. Team Disciple 28-10  
 Spartan Men vs. Mon Kubok 7-0

**Tuesday, May 12**  
 5:15 p.m., Dally: B League Seed 3 vs Seed 6  
 6 p.m., Brandon: B League Seed 4 vs Seed 5  
 7:15 p.m., Brandon: Lolleygaggers vs RF Hazards

**Wednesday, May 13**  
 5:15 p.m., Ragan: Women's Seed 2 vs Seed 3  
 6 p.m., Brandon: Bakai-Arma vs. Yokwe  
 7:15 p.m., Brandon: USAG-KA vs. Lucky Eleven

**Thursday, May 14**  
 5:15 p.m., Dally: B League Seed 2 vs Winner G 1  
 6 p.m., Brandon: B League Seed 1 vs Winner G 2  
 7:15 p.m., Brandon: Jellyfish vs. USAG-KA

**Friday, May 15**  
 5:15 p.m., Ragan: Women's Championship Game  
 6 p.m., Brandon: A League Seed 3 vs. Seed 6  
 7:15 p.m., Brandon: A League Seed 4 vs. Seed 5

**A LEAGUE**

**WEDNESDAY, APRIL 29**  
 Old Fat Ugly def. Bakai-Arma 21-1  
 Yokwe def. Old Fat Ugly 7-5  
 Criminals def. Lucky Eleven 22-2

**FRIDAY, MAY 1**  
 Games rained out

**SATURDAY, MAY 2**  
 Criminals def. USAG-KA forfeit

**WOMEN'S LEAGUE**

**TUESDAY, APRIL 28**  
 Spartan Women def. Spartan Co-ed 11-2

**WEDNESDAY, APRIL 29**  
 Scrubs def. Spartan Co-ed 17-8

**COED LEAGUE**

**TUESDAY, APRIL 28**  
 Lolleygaggers def. Jellyfish 11-0

**FRIDAY, APRIL 30**  
 USAG-KA def. RF Hazards 12-8

**TEAM STANDINGS**

<b>A League</b>		<b>B League</b>	
Yokwe	7-1	Jikalum	8-0
Old, Fat and Ugly	6-1-1	Mon-Kubok	6-4
Criminals	5-2-1	Spartans Men	7-3
USAG-KA	2-5	Team Disciple	4-5
Bakai-Arma	2-5	Auto	*no data
Lucky Eleven	0-8	SJC X-Pats	0-9
<b>Women's League</b>		<b>Coed League</b>	
Spartans I Women	6-0	Lollygaggers	6-0
Scrubs	3-3	Jellyfish	3-3
Spartans Coed II W.	0-6	RF Hazards	2-3
		USAG-KA	0-5



## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	10%	ESE-SE at 10-15 knots
Monday	Partly Sunny	10%	NE-ENE at 11-16 knots
Tuesday	Partly Sunny	10%	E-SE at 16-21 knots
Wednesday	Partly Sunny	20%	ENE-E at 15-20 knots
Thursday	Mostly Cloudy	30%	ENE-E at 16-21 knots
Friday	Mostly Cloudy	30%	ENE-E at 12-17 knots

Yearly rainfall total: 47.24 inches  
 Yearly rainfall deviation: +28.88 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	Low Tide	High Tide
<b>Sunday</b>	6:31 a.m. 7 p.m.	----- 11:34 a.m.	1:27 a.m. 0.4' 2:36 p.m. 0.4'	7:56 a.m. 3.7' 8:41 p.m. 2.7'
<b>Monday</b>	6:31 a.m. 7 p.m.	12:21 a.m. 12:30 p.m.	2:30 a.m. 0.8' 3:56 p.m. 0.6'	9:05 a.m. 3.4' 10:15 p.m. 2.6'
<b>Tuesday</b>	6:31 a.m. 7 p.m.	1:13 a.m. 1:25 p.m.	4:06 a.m. 1.0' 5:29 pm. 0.6'	10:38 a.m. 3.2' 11:56 p.m. 2.8'
<b>Wednesday</b>	6:30 a.m. 7:01 p.m.	2:03 a.m. 2:21 p.m.	5:55 a.m. 0.9' 6:46 p.m. 0.3'	12:12 p.m. 3.3' -----
<b>Thursday</b>	6:30 a.m. 7:01 p.m.	2:53 a.m. 3:17 p.m.	7:16 a.m. 0.5' 7:43 p.m. 0.0'	1:09 a.m. 3.3' 1:24 p.m. 3.6'
<b>Friday</b>	6:30 a.m. 7:01 p.m.	3:43 a.m. 4:13 p.m.	8:15 a.m. 0.1' 8:30 p.m. -0.3'	2:03 a.m. 3.9' 2:19 p.m. 3.8'
<b>May 16</b>	6:30 a.m. 7:01 p.m.	4:33 a.m. 5:10 p.m.	9:03 a.m. -0.3' 9:11 p.m. -0.5'	2:48 a.m. 4.3' 3:06 p.m. 4.0'