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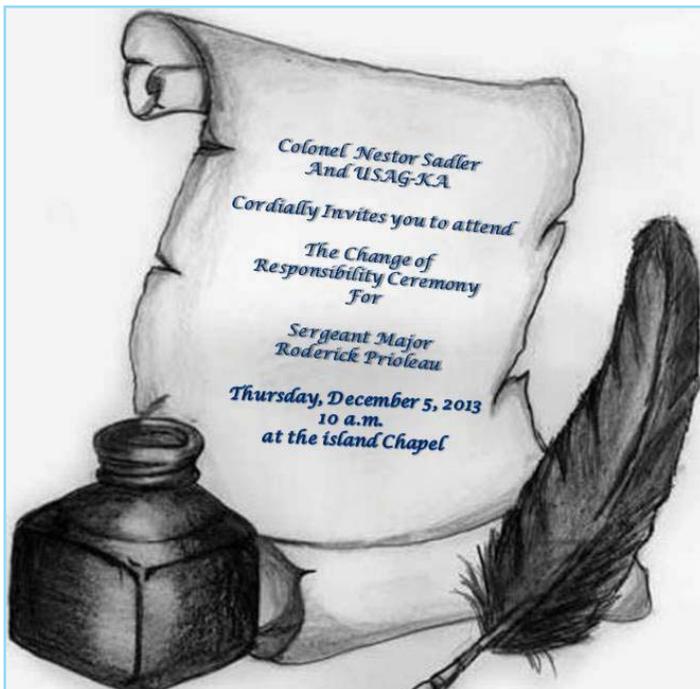
THE KWAJALEIN HOURGLASS



Fire Lt. Carmel Shearerr and Kwajalein Hospital Dr. Kevin Skinner tend to a victim during a mass casualty drill involving first responders and hospital staff Friday.

For more, see page 4.

Photo by Jordan Vinson



Thanksgiving Day Hours of Operation

Friday, Nov. 29

Emon Beach	Buddy System
All other beaches	Buddy system
CRC	Closed
ARC	Open 24 hours
Bowling Center	Closed
Golf Course	Sunrise to sunset
Country Club	Closed
Hobby Shop Kwaj	Closed
Grace Sherwood Library	Closed
Adult pool	Buddy system
Family pool	Closed
Small Boat Marina	Closed
Roi Marina	Closed
Surfway	Closed
Laundry	Closed
Beauty/Barber	Closed
Sunrise Bakery	Check store for hours
Ocean View Club	4:30-11 p.m.
Post Office Kwajalein	Closed
Shoppette Roi	Closed
Shoppette Kwajalein	Check store for hours
Pxtra	Check store for hours
Burger King	Closed
Subway	Closed
Anthony's Pizza	Closed
American Eatery	Closed
Community Bank	Closed
Third Island Store	Closed
Outrigger Snack Bar	Closed
Outrigger Bar	5:30-10 p.m.

MANIT MINUTE

Traditionally, Marshallese were very peaceful and serene and, although initially shy, they were friendly and helpful to the first European visitors. But when black-birders came to stealing people to sell as slave laborers in other countries, the peaceful islanders began taking revenge, attacking foreign ships and their crews. In such a scenario, a fleet of 10-20 large outrigger canoes, referred to in Marshallese as "Jnejin Kopata", would be loaded with warriors, readied to battle.



THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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USAG-KA donates sporting goods, other school items to Guegeegue school



Photos by Michael Sakaio

A community outreach effort consisting of donations of school supplies, chairs and athletic equipment heads off to the Kwajalein Public High School on Guegeegue. Pictured from left to right are Lanny Kabua, RMI Liaison to USAG-KA; Maj. Matt Sova, Director of Host Nation Activities; Carl Jeadrik, Assistant Principal of Kwajalein High School; and Amber Bates, Kwajalein resident. If you have any questions about opportunities for community outreach, contact the Host Nation office at 55325 or 52103.

Need to submit a publication request to the Hourglass or AFN Roller? This is how: If you have access to the global, type in “usarmy” to get to the group email listings. There are three listings. The first two groups are bolded. When you scroll past those, the last group is unbolded – this is the listing you want to choose. Make sure it says “mailbox” before Hourglass or AFN Roller and NOT “List” or “MBXOWNER” If you do not have access to the global, here are the email addresses:

usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil

usarmy.bucholz.311-sig-cmd.mbx.afn-roller@mail.mil



Thumbs Up!

... to Jerry Baxter for making sure child-friendly programming was available at the Roi Tradewinds Theater and on the island’s movie channel during Veterans Day weekend. Children and their parents who came up for the Rib Festival appreciated the gesture. ... to Jim Friedenstab, Hesbon Jokas and Tedrik Tidik for volunteering to set up the drive net on Roi’s golf course.

Kwajalein first responders, hospital staff execute mass casualty exercise Nov. 15

Article and photos by Jordan Vinson
Associate Editor

Doctored up with fake wounds and groaning in pain, nine students from Kwajalein Jr./Sr. High School played the roles of “victims” in a drill during the morning of Nov. 15 designed to simulate the chaotic conditions of a mass casualty accident on the island.

Described as pedestrians having been struck by a large truck, the teens lay scattered among the palm trees off Pacific Drive near the high school in an exercise meant to test the abilities of first responders and Kwajalein Hospital staff in responding to an incident leaving more victims than the hospital has beds for.

The first phase of the exercise put Kwajalein’s Fire and Emergency Services personnel to the test, forcing them to scramble to the aid of victims and organize their transportation to the hospital as quickly as possible while U.S. Army Garrison-Kwajalein Atoll and Pacific Regional Medical Command officials looked on.

“Essentially, you’re inflicting chaos through this scenario,” said Army Lt. Col. John Miller, who was on-island with MEDCOM officials



Ken Martin, with the Fire and Emergency Services team, takes a breath in the late-morning heat Nov. 15 after helping carry a gurney-bound victim into an ambulance.

to help evaluate the outcome of the mass casualty exercise and Kwajalein Hospital’s overall quality of care.

While Fire Prevention personnel attended to injured individuals on the ground, firefighters worked to triage and carry victims on gurneys to whatever mode of transportation that was available to run to the hospital. Fire and Emergency Services

personnel even commandeered a panel van at one point, tossing tools and other equipment aside and asking the unwitting work crew to help load victims into the back. Volunteer victims who yelled for help and cried in pain added to the urgency of the situation.

Carmel Shearer, a lieutenant with Fire and Emergency Services’ Fire Prevention branch, helped organize first responders’ actions in the exercise’s first phase. Having been assigned the triage officer—triage is French for “sort”—by the incident commander at the scene, Shearer was in charge of separating the victims based on the severity of their injuries and getting them into vehicles. Pulling on color-coded tags placed around victims’ necks, she and three other firefighters classified the injured from highest to lowest priority for treatment before they were rushed off to the hospital.

“Once triage was complete and transportation activated, it was time to stabilize and treat the patients until they were turned over to the hospital for more definitive care,” Shearer said. Waiting for transportation, she and other firefighters dressed and bandaged open



Army Lt. Col. John Miller, an official with Pacific Medical Command, helps Fire Lt. Carmel Shearer and firefighter Bobby Backey secure a victim to a gurney.



Kwajalein Hospital nurses remove a “red” patient from an ambulance, rushing her up a long ramp along the west side of the hospital to the second floor where Dr. Paulette Galbraith had set up to treat seriously injured victims during the exercise.

wounds, made splints for broken bones, provided airway management and oxygen therapy and more.

After transporting the injured, the second phase of the drill took place at Kwajalein Hospital, where a score of nurses worked with firefighters to pull victims out of whatever vehicle they came in, delivering them to the appropriate area of the hospital set up for their treatment. Nurses rushed those with the most severe injuries, denoted by Shearer’s crew with red tags, upstairs on gurneys for surgery with Dr. Paulette Galbraith. Meanwhile, “yellow” patients were carried into a makeshift treatment room set up in the hospital lobby where Dr. Gil Ghearing, Dr. Kevin Skinner and their teams provided further care. There were no black tags, Ghearing said. Those individuals are taken to the morgue.

“Three went to surgery; one or two are in intensive care,” the doctor said. “The others are all cared for and are going to be released.”

Kwajalein Hospital Administrator Christine deJongh-Lewis called the drill a success and expressed appreciation for the work Director of Nursing Jackie Jones put into preparing everyone involved.

“We believe that the entire drill could have been termed a ‘shining moment,’” she said. “Jackie coordinated with the management of the Fire Department, KPD, and

KRS to ensure that they were prepared and ready to drill. The team members from all departments performed very well on the execution of the drill.”

There were some issues, however, identified in a post-drill debriefing by the MEDCOM representatives and leaders within both the first responder and the hospital sides of the drill. The ways in which teams communicate internally, the functionality of Fire and Emergency

Services radio communications and the way teams identify patients on the scene would be addressed deJongh-Lewis noted.

Miller reminded that, while he was pleased with the drill’s results, there was certainly room for improvement. It’s simply the nature of the emergency medical response world.

“There’s always going to be little things that you could retrospectively analyze and say, ‘Hey, they could have done this, and they could have done that,’” he said. “But the reality is each person is integral to the team.”

Miller, Army Lt. Col. Bill White and Navy Capt. Andrew Findley were on Kwajalein as part of MEDCOM’s biannual assessment of Kwajalein Hospital’s overall performance in providing healthcare and meeting the emergency service needs of the island community. Sheralyn Zeto, Kwajalein Hospital’s evaluator, coordinated their visit. This was the first time the MEDCOM team had come to Kwajalein to observe a mass casualty exercise.

Pacific Regional MEDCOM has jurisdictional oversight over military installations throughout the Pacific Rim from Australia to Alaska and sends evaluators on regular trips out to MEDCOM facilities in Japan, Korea and other areas of the Pacific.



David Lucero helps dress the wound a victim suffered on her face as part of the mass casualty exercise.

Military celebrates Native Americans' contributions to defense, society

NATIVE AMERICAN

★★ HERITAGE MONTH 2013 ★★

For this year's commemoration of Native American Heritage Month, Lt. Gen. David Mann SMDC/ARSTRAT Commanding General shared the following in his proclamation:

"American Indians have participated with distinction in United States military actions for more than 200 years. It's important that we pause to honor the contributions of our Native American Soldiers, Sailors, Airmen, Marines and civilians to the defense of our great nation.

Many tribes fought in the War of 1812, and Indians served on both sides as auxiliary troops during the Civil War. It's estimated that more than 12,000 American Indians served in the United States military in World War I.

During World War II more than 44,000 American Indians, out of a total Native American population of less than 350,000, served with distinction between 1941 and 1945 in both European and Pacific theaters of war.

During the Vietnam conflict, more than 42,000 Native Americans—more than 90 percent of them volunteers—fought in Vietnam. Native American service in military combat continues today, with distinguished service in Grenada, Panama, Somalia and the Persian Gulf.

Beyond an outstanding commitment to public service as members of the Armed forces, Native Americans have contributed significantly to America's rich cultural heritage, its pioneering scientific community and the nation's world-class athletic programs.

We've been blessed with a senator, Pulitzer Prize and Oscar winning writers, an Olympic hero, and numerous actors, singers and civic leaders.

Native Americans are a vital part of the diverse culture that makes up the United States and the military that defends it. I encourage you to attend community and installation observances this month and to learn more about the contributions of Native Americans to our military."

Native American Medal of Honor recipients

Awarded "for conspicuous gallantry and intrepidity at the risk of life, above and beyond the call of duty, in actual combat against an armed enemy force."

WORLD WAR II

- ★ Van T. Barfoot
- ★ Ernest L. Childers
- ★ Ernest E. Evans
- ★ Jack C. Montgomery
- ★ John N. Reese, Jr.

KOREAN WAR

- ★ Charles George
- ★ Raymond Harvey
- ★ Woodrow W. Keeble
- ★ Mitchell Red Cloud, Jr.



Childers, left

A Muscogee (Creek) Indian, Ernest Childers joined the Oklahoma National Guard in 1937. Assigned to the 45th Infantry Division, he was sent to European theater of operations and fought extensively in Italy. On Sept. 22, 1943 he single-handedly eliminated two enemy snipers that were attempting to kill him, destroyed an enemy machine gun nest and captured a hostile mortar observer. Childers was the first Native American to receive the Medal of Honor since the culmination of the Indian Wars.



Mitchell Red Cloud, Jr., a member of the Ho-Chunk tribe, received the Medal of Honor for his actions during the Korean War in

North Korean territory on Nov. 5, 1950. Being the first to detect an advancing Chinese attack unit, he exposed himself to enemy fire, maintaining his firing position until being fatally wounded. His defensive action allowed his company time to consolidate a counterattack.



Evans

Half-Cherokee and one-quarter Creek, Ernest E. Evans was the commander of the U.S.S. Johnston on Oct. 25, 1944. Under a hail of gunfire from a quickly-approaching Japanese naval contingent that day, Evans repeatedly placed his vessel between the attacking Japanese and U.S. aircraft carriers, launching salvo after salvo against the enemy until the Johnston lay burning on the water. His action turned back the Japanese.



Keeble

A veteran of both World War II and the Korean War, Woodrow W. Keeble was a full-blooded Sisseton Wahpeton Oyate, a Sioux Native American tribe residing on Lake Traverse Reservation in S.D. Having reached the rank of master sergeant, he operated as platoon leader on Oct. 20, 1951 in the 19th Infantry during an attack on Hill 765, a rugged, heavily-fortified position near Sangsan-ni, Korea. Moving forward during a one-man assault against torrents of enemy fire that day, Keeble destroyed three machine gun emplacements that had pinned down the vanguard of a U.S. attack contingent. Acting in complete disregard for his own safety, he drew enemy fire on himself on several occasions, lobbing grenades and using small-arms fire to eliminate the hostile gun nests and free his comrades from near-certain death.

Kwajalein Swim Team's fall season ends with a splash

Article and photos by Molly Premo
Media Services Intern

The Kwajalein Swim Team's fall 2013 season concluded with a championship meet Monday afternoon.

Since the beginning of the season Aug. 23, swimmers practiced three times a week to develop their skills in the pool and improve their times during a total of four swim meets this season.

Because there is no other swim team that Kwajalein Swim Team can compete against, the squad splits itself up into two teams at the beginning of the season: the Barracudas and the Makos.

As it had been in previous meets, the two teams found themselves face-to-face, gunning for the gold in the championship. The meet began with both the Barracudas and the Makos shouting cheers to motivate teammates and intimidate the opposing team, and the playing of both the American and the Marshallese national anthems came afterward.

A 200-yard medley relay kicked off the meet, followed by many other events scattered out throughout the day.

Waiting for their own events, the younger kids spent time with one another in the bull pit, while



The older Kwajalein swimmers pose for a group photo during Monday's championship meet.

volunteer adults organized them into their heats and timed the races. The older swimmers, on the other hand, spent their free time in places where they could shelter themselves from the sun.

The final event of the championship meet was the 200-yard freestyle relay. The last swim for the entire fall season, the older swimmers took advantage of the opportunity to goof off and break as many rules as possible. They switched lanes in the middle of their swim, performed back flips and belly flops off the block

and purposely messed up their strokes.

At the tail end of the event, the teams got hold of their coaches and pushed the pool as a way of getting back at them for the practice time and tough workouts the swimmers endured during the season.

"It was a fun season," said Colleen Ferguson, a Kwaj swimmer who broke six pool records this season. "And although I am ready to take a break, I look forward to the spring season."



Colleen Ferguson and Dominic Leines, all smiles in the sun, embrace during the meet.



Swimmers pounce off the wall to start an event during the Monday's 2013 fall swim season closer.

DISPATCH FROM ROI



From Jordan Vinson



From Jordan Vinson



From Jordan Vinson



From Jordan Vinson



From Jordan Vinson

View from Kwaj

We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



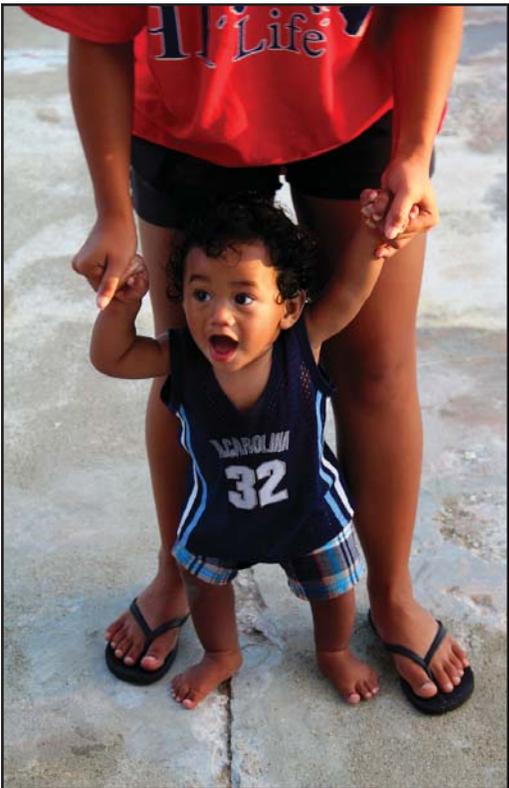
From Jordan Vinson



From Jordan Vinson



From Molly Premo



From Molly Premo



From Molly Premo

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

LOST

BLUE OCEANIC MASK with prescription inserts and blue Oceanic snorkel, Nov. 13 somewhere between the ski boat launch area, tank house and Surf BQ. If found, contact Tim Dralle at 52222.

SILVER NECKLACE with star-shaped pendant, sentimental value. Call 51875 if found.

IPHONE in blue speaker case at the Kwaj golf course on Monday afternoon. Call 52084 with any information.

WANTED

QUEEN-SIZE BED. Call 51915.

GIVEAWAY

NEUTERED MALE CAT on Roi, playful and affectionate, needs home with someone who has time to spend with it. Call Paul at 56815 between 7-9 p.m.

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 7 p.m., Second and Fourth

Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

7 p.m., First and third Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

PATIO SALE

MONDAY, 8 a.m.-noon, quarters 135-C. Electronics, poker set, scuba gear, ladies clothes, men's shorts, swimming trunks and tropical shirts. Early birds welcome.

FOR SALE

GIANT CT 102 18-SPEED BIKE, great condition, \$250. Call Steven at 54526.

NEW KINDLE PAPERWHITE E-reader, 6-inch display with no screen glare, \$100. Call 51838.

HOOVER STEAM VACUUM, new, \$130; Frigidare 70-pint dehumidifier, new, \$175; Eureka Optima vacuum, extra filter, \$45; Queen-size bed, \$150; Sony Bravia 32-inch LED TV, \$280; Behringer 15-watt guitar amp, \$55; Sharp Blu-Ray player, \$55; Hyundai 17-inch LCD computer monitor, \$25; rocking chair, \$70; office chair, \$20; high swivel chair, \$20; Ashley Durapella sofa, \$200; Canon 7.1MP camera, new, waterproof case, \$200; Fuji 9MP camera, Ikelite waterproof housing, \$150; two XS SCUBA Steel 108 ft3 tanks, \$400; two XS SCUBA Steel 95 ft3, \$250. Call Brian at 51081 or 51433.

SHERWOOD DIVE GEAR, two sets, only used a few times, one large and one medium Avid BC, Brut regulator, Insight dive computer, Dual Octo and holder, \$850 each set, or best offer. Call evenings, 51915, or days, 54421.

ALL ITEMS AVAILABLE ON ROI: set of curlers, \$10; king-size comforter, two small pillows, \$35; cross stitching lap table, needles and cloth, \$5; men's snorkeling set, size large, \$20; small box of kitchen items, \$10; towels, \$10; like-new box of DVDs, \$20; duvet cover, \$10; Zumba DVD set with weights, \$20; large Skull Crusher headphones, \$10; small and medium women's clothing, \$10; Sony CD and iPod speaker, remote, \$25; women's Nike Shox, \$30; size 9 and 9.5 water shoes, \$5; HTC cellphone, \$25; Sony camera, memory card, \$50; curtains, curtain rod, \$10. Call 56410 and leave a message.

COMMUNITY NOTICES

THE FAMILY POOL is closed for construction on the concrete, pipes and decking. Pool closure will be for an extended period of time. Reopening is slated for mid-January, but will be dependent upon construction processes. For questions, call 51275.

MUSTACHE BASH will be at 7 p.m., tonight, at the Country Club. Join us for 'stache festivities including best mustache(s) contest, win a free shave, fun photobooth and general mustache awesomeness! Must be 21 years or older. Call Community Activities at 53331 for more information.

ATTENTION LADIES! Not to worry. Join the 'stache festivities by "coaching" a 2-3 man team. Make sure they're growing their mustaches, con-

ditioning and strengthening them for the contest at Mustache Bash! Prizes awarded! No pre-registration required. Questions? Call Community Activities at 53331.

KWAJALEIN SCUBA CLUB is hosting the Underwater Turkey Hunt on Monday. Grab a tank and come down to Emon Beach to hunt down a turkey, ham or other great prizes. All participants will receive a Turkey Hunt T-shirt. Sign in at 10 a.m., mandatory safety briefing at 10:30 a.m. Questions, call Doug Hepler at 52681.

THE CHRISTIAN WOMEN'S Fellowship is hosting a Thanksgiving dinner at 1 p.m., Friday, in the Religious Education Building, for members of the community. Thanksgiving is a time to be with family and friends; don't eat alone! Come and share fellowship with us. Turkey, gravy, drinks and desserts provided. If possible, bring a side dish to share, but don't worry if you can't. RSVP with Amy at 52681 so she knows how many turkeys to cook.

JOIN US FOR OUR Thanksgiving Buffet at the Zamparini Dining Facility on Friday. Meal card holders are welcome from 11 a.m.-3 p.m.; all other residents welcome from 12:30-3 p.m. Cost for adults is \$24.95 and children under 12 is \$11.95. Menu will include a carving station with slow roasted prime ribs of beef and Virginia hickory smoked ham, scallops alfredo served over linguini, roast turkey, sage stuffing, potatoes, yams, gravy, green bean casserole, vegetables, salad, fruit and dessert. There will be a chilled seafood bar with peel-and-eat shrimp, mussels on the half shell and smoked salmon. Menu subject to change due to availability. Why cook when you can come and enjoy without the cleanup?

BLESSED SACRAMENT Thanksgiving Mass will be at 9 a.m., Friday. Questions? Contact Fr. Vic at 53505.

VENDOR AND CLUB SALES will be offered Dec. 7, in the Downtown Center, in conjunction with the Tree Lighting event. Sign up to sell by contacting Community Activities by Nov. 30. Vendors will be provided two complimentary tables in a covered area.

"ROCKY HORROR PICTURE SHOW" Birthday Bash will be at 8 p.m., Nov. 30, at the Ocean View Club. Movie starts at 8:30 p.m. Dress as your favorite character and get ready for a wild ride! Bring your K-badge to present to the bartender. Must be 21 years old. Complimentary drinks and cake for registered November birthdays. Contact Barbara Hutchins at 58228 with questions.

THE KWAJALEIN YACHT CLUB will meet on Nov. 30 at the Yacht Club. Happy hour is at 5:30 p.m., meeting and election of next year's officers are at 6:30 p.m., dinner is at 7 p.m. Bring your Thanksgiving leftovers to share. Entree provided. Questions, contact Mark at Yeoman@kwajyachtclub.com.

Captain Louis S. Zamparini Dining Facility

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 30
Pork Loin	Beef Tips Burgundy	Vegetarian Quesadillas	Roast Beef/Gravy	Picante Chicken	Thanksgiving Brunch	Tropical Pork Chops
Soyu Chicken	Chicken Cordon Bleu	Kwaj Fried Chicken	Kung Pao Chicken	Cajun Beef Stew	Seafood Bar	Pizzas
Ham/Cheddar Quiche	Eggs Florentine	Hawaiian Chopped Steak	Grilled Cheese	Rice Jambalaya	Turkey & Fixings	Chili Mac

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 30
BBQ Chicken	Chicken Fried Steak	Spaghetti/Meatballs	Top Sirloin Steak	Szechuan Roast Pork	Chef's Choice	Braised Short Ribs
Mac and Cheese	Parslied Potatoes	Spinach Fettuccine	Chicken Monterrey	Chicken Adobo	Limited Menu	Chicken Nuggets
Beef Stew	Beans in Broth	Vegetarian Stir-fry	Baked Potatoes	Vegetarian Chow Fun		Oven Roast Potatoes

TIE-DYE FUNDRAISER for Operation: Science Stuff, a project created to purchase science equipment for the high school on Guegeegue, will be from 3-5 p.m., Dec. 1, at Emon Beach. Bring shirts, socks, etc., to tie-dye for \$5 per item. Contact Amber Bates for questions.

CHRISTIAN WOMEN'S Fellowship annual Christmas luncheon is at noon, Dec. 1, at the Religious Education Building. All Kwajalein women are welcome to share in this fun event. Luncheon will be followed by a fun gift exchange! Bring a wrapped ornament or holiday decoration to exchange. A great time will be had by all.

WOODSHOP SAFETY Orientation will be at 6 p.m., Dec. 2, at the Hobby Shop. The cost is \$10. Wear closed-toe shoes. Call 51700 to sign up.

DO YOU KNOW anyone currently deployed in Afghanistan? The American Legion will be sending care packages to troops downrange for the holidays. Please provide an address via e-mail or in person to the American Legion (Vet's Hall) by Dec. 3. Questions, contact Mike Woundy.

MAKE-UP SESSIONS for the mandatory Cyber Awareness Training are being offered on Kwajalein and Roi. Visit the USAG-KA intranet homepage for the link to sign up for a session. Failure to complete this training is not an option.

EAP-SPONSORED SMOKING cessation classes begin on Dec. 4 for the Roi community, and Dec. 7 for the Kwajalein community. Schedule your free physical at the Kwajalein Hospital or Roi Dispensary prior to the first class. Call EAP at 55362 for registration.

BASIC BOATING CLASS will be held from 6-8:30 p.m., Dec. 4-5, at CRC Room 1. Cost is \$40. Stop by the Small Boat Marina to sign up.

WEIGHT MANAGEMENT group will meet from 4:45-5:30 p.m., Dec. 5, in the hospital conference room. Weigh-in and topic of discussion: "Why not drop a few pounds before the New Year?"

THE COMMUNITY ACTIVITIES and Grace Sherwood Library will be closed on Dec. 7 in support of the Tree Lighting.

DOWNTOWN ROAD CLOSURE will begin at 9 a.m. until the end of the day, Dec. 7, in the downtown area, to support the Tree Lighting. Plan an alternate route and ensure your bikes or personal property are removed from the downtown bike racks prior to that time; they will be relocated if necessary.

WHEEL WALKERS WANTED at 5 p.m., Dec. 7, to escort Santa's parade downtown. Sign up by calling Community Activities or e-mailing Midori Hobbs. Wear a red top, khaki bottoms and closed-toe shoes.

46TH ANNUAL SANTA'S Arrival and Tree Lighting will be Dec. 7. Santa will arrive at 5:45 p.m. at the

Small Boat Marina; his parade to downtown begins shortly thereafter. The Tree Lighting Ceremony begins at 6 p.m. in the Downtown Center. Vendor sales, photo ops, crafts and more will be offered beginning at 7:30 p.m.

VISIT WITH SANTA from 12:30-3 p.m., Dec. 8, at the Grace Sherwood Library. Come take a picture with Santa, enjoy a festive craft and get into the holiday spirit. Parents, don't forget your cameras!

HOBBY SHOP HOLIDAY Open House is from 5-8 p.m., Dec. 12. Mark your calendars and join us for a fun-filled evening with food, drinks, music and prizes!

ELEMENTARY STUDENT Council is collecting gently used toys to be donated to Bargain Bazaar for the annual Holiday Sale on Dec. 21. Donations can be dropped off at student classrooms, the elementary school office, teen center or the Shopette up through Dec. 14. Call Karen Brady with questions.

2ND ANNUAL CHRISTMAS ISLAND "Light Up the Night" will be Dec. 14 at the MP Room. Have you ever watched "National Lampoon's Christmas Vacation" and envied Clark Griswold's amazing spectacle of lights? Well, now it is your turn. Quality of Life in conjunction with Community Activities, National Honor Society, Student Council and Spartan Expresso are sponsoring a holiday decorating contest. Decorate "your" quarters to be visible from the outside. Make sure your residence numbers are visible (i.e. 455-A or Coral 201). Register with Community Activities by Dec. 4, with your name, quarters and street (we want to ensure all participating residents are included on the caroling route). Pick up your ballot from your Post Office box on Dec. 8 (one vote per household). Return your ballot to CA by close of business on Dec. 14 or at the caroling event. Winners will be announced at the Caroling Event. Cash prizes will be awarded in two categories: BQ and Family Housing.

ISLAND MUSICIANS: The YYWC will present Kaleidoscope of Music Jan. 26. This is an island event where the proceeds are contributed to the YYWC scholarship fund. Here's your chance to perform for an appreciative audience and support a great cause. Contact Jane Premo at jane@premo.org or 52379, or Sarah Stepchew at Stepchew2@hotmail.com or 53500 by Dec. 15 to be included in this wonderful night.

LIVE PINE CHRISTMAS WREATHS still available for purchase from Cub Scouts Pack 135. Delivered to your door in early December. Call Angela at 52084 or email angelamitchellspl@att.net to reserve one now.

New bike racks for the BQs have been purchased by Quality of Life Funds. We are looking for volunteers to help assemble the bike racks. For information, contact Tim Roberge at 52790 or timothy.f.roberge.ctr@mail.mil.

Military Casualties

Staff Sgt. Alex A. Viola, 29, of Keller, Texas, died Nov. 17, in Kandahar, Afghanistan, of wounds suffered when his unit was attacked with an improvised explosive device while on dismounted patrol. He was assigned to the 3rd Battalion, 7th Special Forces Group (Airborne), Eglin Air Force Base, Fla.

Staff Sgt. Richard L. Vazquez, 28, of Seguin, Texas, died Nov. 13, in Kandahar, Afghanistan, of wounds suffered when his unit was attacked with an improvised explosive device while on dismounted patrol in Panjwai, Afghanistan. He was assigned to the 3rd Battalion, 7th Special Forces Group (Airborne), Eglin Air Force Base, Fla.

SURFSIDE SALON is now offering manicure and pedicure services. We also have extended hours until 8 p.m. on Wednesday and Thursday nights.

WATER IS OUR most valuable resource. To waste the least amount of water in the kitchen, operate your automatic dishwasher only when it's fully loaded. When handwashing dishes, fill the sink instead of running water in order to save an average of 25 gallons of water.

DUE TO REGULATORY requirements, Pharmacy hours have changed to the following: Kwajalein Pharmacy is open from 1:30-4:30 p.m., Tuesday through Saturday, but closed on Friday; Roi Dispensary is open 8:30-11:30 a.m. on Saturday. Thank you for your patience with us as we continue to make every effort to meet your needs.

E-TALK: When working with drums that contain hazardous material, knowledge of their safe handling is crucial. Proper work practices will not only minimize your risk of injury, but it will also protect your coworkers and the surrounding environment.

SAFELY SPEAKING: Asbestos can be found in various facilities throughout USAG-KA. Only trained workers should handle asbestos materials. Asbestos materials are treated as a hazardous material, therefore it cannot be disposed of in regular trash.

Café Roi

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 30
Pasta Primavera	Roast Cornish Hens	Monterrey Chicken	Roast Beef Sandwich	BBQ Chicken Sandwich	Thanksgiving Brunch	Chicken Quesadillas
Italian Grilled Chicken	Chorizo Casserole	Southwestern Roast	Honey Mustard Chicken	Beef Stroganoff	Turkey & Fixings	Beef Tacos
Breakfast Frittata	Southern Benedict	Corn on the Cob	Stir-fry Vegetables	Roasted Potatoes	Seafood Bar	Pinto Beans

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 30
BBQ Ribs	Chicken Pasta	Char-grilled Burgers	Steak Night	Roi Fried Chicken	Chef's Choice	BLT Sandwich
Fried Fish	Olivetti Marinara	Homemade Chili	Huli Huli Chicken	London Broil	Limited Menu	Italian Sandwich
Baked Beans	Fresh Bread	Three-Cheese Pasta	Baked Potatoes	Mashed Potatoes		Hamburgers



VOLLEYBALL RESULTS

A LEAGUE

WEDNESDAY, NOV. 13

We Can Dig It def. Spartans 1: 25-23, 25-22
Older Than School def. Some Spike It Hot: 25-8, 25-10

B LEAGUE

THURSDAY, NOV. 14

Sets On The Beach def. Island Warrior: 25-18, 15-25, 15-12
Jokers def. Outsiders: 27-25, 18-25, 15-12

TUESDAY, NOV. 19

Jokers def. Sets On The Beach: 16-25, 25-22, 15-8
The Outsiders def. Island Warriors: 25-15, 25-21

SCHOOL LEAGUE

WEDNESDAY, NOV. 13

Grade 11 def. Grade 9: 25-23, 25-18
Grade 12 def. Jr. High 2: 25-16, 25-11

THURSDAY, NOV. 14

Jr. High 2 def. Jr. High 3: 26-27, 25-20, 15-9
Grade 10 def. Jr. High 1: 25-10, 22-25, 15-6

TUESDAY, NOV. 19

Grade 9 def. Jr. High 1: 22-25, 25-22, 15-2
Grade 11 def. Jr. High 2: 25-13, 25-8

TEAM STANDINGS (WIN-LOSS)

A LEAGUE

Older Than School	2-0
Spartans I	1-1
We Can Dig It	1-1
Some Spike It Hot	0-2

B LEAGUE

Jokers	3-0
Sets On The Beach	2-1
The Outsiders	1-2
Island Warriors	0-3

SCHOOL LEAGUE

Grade 9	3-1
Grade 12	2-0
Grade 11	2-1
Grade 10	1-1
Jr. High 1	1-2
Jr. High 2	1-3
Jr. High 3	0-2

NEXT WEEK'S SCHEDULE: COME CHEER ON YOUR TEAM!

Tuesday

4:30 p.m.: Grade 11 vs. Jr. High 1
5:30 p.m.: Grade 12 vs. Grade 10
6:30 p.m.: Jokers vs. The Outsiders
7:30 p.m.: Island Warriors vs. Sets On The Beach

Wednesday

6:30 p.m.: Some Spike It Hot vs. Older Than School
7:30 p.m.: Spartans I vs. We Can Dig It

Thursday

No Games--Thanksgiving Holiday

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	20%	NE-E at 13-20 knots
Monday	Mostly Cloudy	40%	ENE-E at 13-20 knots
Tuesday	Mostly Cloudy	20%	ENE-E at 13-20 knots
Wednesday	Mostly Cloudy	40%	ENE-E at 13-18 knots
Thursday	Mostly Cloudy	20%	ENE-E at 12-17 knots
Friday	Mostly Cloudy	30%	NE-ESE at 5-15 knots

Yearly total: 55.85 inches
Yearly deviation: -26.05 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:45 a.m. 6:26 p.m.	11:43 p.m. 11:35 a.m.	7:36 a.m. 2.6' 7:46 p.m. 3.3'	1:38 a.m. 0.4' 1:19 p.m. 0.8'
Monday	6:46 a.m. 6:26 p.m.	----- 12:16 p.m.	8:33 a.m. 2.4' 8:42 p.m. 3.0'	2:27 a.m. 0.7' 2:14 p.m. 1.1'
Tuesday	6:46 a.m. 6:26 p.m.	12:29 a.m. 12:57 p.m.	10:01 a.m. 2.4' 10:08 p.m., 2.7'	3:35 a.m. 0.9' 3:46 p.m. 1.4'
Wednesday	6:46 a.m. 6:27 p.m.	1:15 a.m. 1:39 p.m.	11:40 a.m. 2.6' 11:44 p.m. 2.8'	5:01 a.m. 0.9' 5:41 p.m. 1.3'
Thursday	6:47 a.m. 6:27 p.m.	2:03 a.m. 2:22 p.m.	12:49 p.m. 3.0' -----	6:16 a.m. 0.7' 7:00 p.m., 0.9'
Friday	6:47 a.m. 6:27 p.m.	2:52 a.m. 3:06 p.m.	12:58 a.m. 3.0' 1:39 p.m. 3.6'	7:12 a.m. 0.4' 7:56 p.m. 0.4'
Nov. 30	6:48 a.m. 6:27 p.m.	3:44 a.m. 3:55 p.m.	1:53 a.m. 3.2' 2:22 p.m. 4.1'	7:58 a.m. 0.0' 8:42 p.m. 0.1'